

opnocs

Registered Charity No. 1095932

older people's new opportunities consortium



TRUSTEE ANNUAL REPORT

1st October 2023
30th September 2024

Opnocs Aims

- To tackle loneliness by providing community activities.
- To support older lonely citizens to forge new friendships
- To support citizens in achieving an enhanced quality of life.
- To promote new opportunities for social interaction and a sense of well being
- To support older people in developing healthy lifestyles
- To assist older people to maintain independent living in their own homes.
- To offer advice and information on access to benefits and other services.

Volunteer contributions

A big thank you to our team of 5 dedicated volunteers, 4 of whom have helped out at coffee morning and events and another who is in regular contact by phone with a lady who is virtually housebound.

One of the volunteers contributes many hours researching trips and events, liaising with coach companies, collating responses and balancing cash/cheque payments.

Newsletter

A Newsletter was circulated three times during the year, providing valuable up to date information on issues that affect older people particularly in respect of scams, safeguarding and safety in the home.

Activities during the Year

2023

October: Health and Well-Being event

December: Xmas meal

2024

March: A meal at Haigs Balsall Common
The AGM

April: Visit to the Black Country Museum

May: Visit to Cadbury World

June: Llandudno

August: A meal at the Lakes Barston

September: Shrewsbury

Yoga

Weekly seated yoga sessions were provided throughout the year and have continued to be popular.

Coffee Morning

The coffee morning was well supported throughout the year. Attendances varied between 20 and 30 members.

Members enjoyed a special Christmas buffet in December as a thank you to our regular attendees of the weekly coffee morning.

Partnerships

During the year we have worked with the following organisations:

Birmingham City Council Adult Social Care
Birmingham City Council Commissioners.

Birmingham Voluntary Services Council (BVSC)

Hall Green Neighbourhood Network Scheme

Thanks

A big thank you to Birmingham City Council for providing and extending financial support. Also, thank you to staff at BVSC who are always available to provide help and advice. Finally, a big thank you to our members who supported us throughout the year.

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Receipts and payments accounts

For the year ended

30/09/2024

Receipts and payments

	Unrestricted funds	Restricted funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £
Receipts				
B'ham City Co Ads & Ctities		20,000	20,000	18,963
Incoming payments for services	7,198		7,198	3,366
Fundraising & Membership	415		415	305
Gregg			-	-
Donations	19		19	50
Sub total (Gross income for AR)	7,632	20,000	27,632	22,684
Asset and investment sales				
			-	-
Sub total	-	-	-	-
Total receipts	7,632	20,000	27,632	22,684
Payments				
Salary and sessional costs		12,688	12,688	12,268
Office costs and insurance		1,764	1,764	1,893
Training		-	-	-
Travel and Vol costs		202	202	-
Event and trip costs		12,155	12,155	6,018
Other management		-	-	176
Equipment and materials		-	-	-
Greggs		-	-	-
HE		-	-	-
Sub total	-	26,808	26,808	20,355
Asset and investment purchases				
			-	-
Sub total	-	-	-	-
Total payments	-	26,808	26,808	20,355
Net of receipts/(payments)	7,632	- 6,808	824	2,329
Transfers between funds	- 3,089	3,089	-	
Cash funds last year end	31,583	3,719	35,302	32,972
Cash funds this year end	36,126	-	36,126	35,302

Restricted funds

	B/F	Income	Expenditure	C/F
BCC	3,719	20,000	23,719	-
Greggs	-			-
Total	3,719	20,000	23,719	-

Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds
		to nearest £	to nearest £
Cash funds	Bank current account	39,399	-
	Petty cash	4	-
	Unpresented cheques	- 3,277	
	Cash not yet deposited		-
	Total cash funds	36,126	-

Signed on behalf of all the trustees

Signature

Name

Date of approval

mt Hughes

MELANIE
HUGHES

16/3/2025



Section A

Independent Examiner's Report

Report to the trustees

Charity Name

Older People's New Opportunities Consortium (OPNOCS)

On accounts for the year
ended

30th September 2024

Charity no
(if any)

1095932

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/09/2024.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

the accounting records were not kept in accordance with section 130 of the Charities Act; or

the accounts did not accord with the accounting records; or

the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Andy Hopkins

Date: 23/07/2025

Name:

Andrew Hopkins

Address:

BVSC

Latham House, 33-34 Paradise Street

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