



Southampton Family Trust Ltd

(A company limited by guarantee)

Report and Financial Statements

For the Year Ended 31 October 2021

Company Number: 04559853

Charity Number: 1095732

SOUTHAMPTON FAMILY TRUST LTD
(A company limited by guarantee)

Company Registration No. 04559853
Charity Registration No. 1095732

Report and Financial Statements

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Legal and Administrative Details**1****Report of the Trustees for the year ended 31 October 2021**

The trustees present their report and independently examined financial statements for the year ended 31 October 2021.

Reference and Administrative Information

Charity Name: SOUTHAMPTON FAMILY TRUST LTD

Charity registration number: 04559853

Company registration number: 1095732

Registered Office: 93 Ethelburt Avenue
Southampton
Hampshire SO16 3DF

Main operational address: 93 Ethelburt Avenue
Southampton
Hampshire SO16 3DF

Trustees

Graham Salmon -	Chair
Jonathan Paul Sweeney	
Alison Jane Sweeney	
Paul Finn	
Janice Finn	
Ben Clark	

Secretary

Helen Savage

Structure, Governance and Management**Governing Document**

SOUTHAMPTON FAMILY TRUST LTD is a charitable company limited by guarantee, incorporated on 10 Oct 2002 and registered as a charity on 31 Jan 2003.

The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association.

Recruitment and Appointment of Trustees

Trustees are normally, but not exclusively, recruited from supporters of the charity who are all supportive of our aims and practically involved in the work of the charity. We try to keep a balance of skills and backgrounds to enable the efficient functioning of the group.

Report of the Trustees**2****Objectives and Activities****Our objectives:**

1. The advancement in the Unitary Authority area known as Southampton and the surrounding area ("the area of benefit") of public education in matters concerning interpersonal relationship and life skills and strengthening and enriching family life marriage parenting and relationships and the doing of all such things being charitable in law as are incidental or conducive to the attainment of these Objects and without prejudice to the generality of the foregoing.
2. By developing long term cultural changes to raise public awareness of the importance of life skills and thus promoting better relationships in the community generally.
3. By offering every couple contemplating marriage or committed relationship, preparation and short courses that give them help with such issues as communication conflict resolution agreeing personal values and budgeting.
4. By giving on-going support for marriage and relationships generally including (but not exclusively) mentoring, step-family support and specialist sources of help when needed.
5. By conducting dialogue with local schools and those involved with post-16 education to help children and adults to learn life skills and values to empower them to make better relationship decisions.
6. By parenting networks so that every parent has the opportunity of relevant parenting support for children from baby to toddler stages acquiring and/or improving skills through the primary school age group and up to and including teenage years.
7. By creating a directory of support services for couples in difficulty and families in crisis so that people are enabled to know where they can go to obtain help with their relationship.

Our methods

- Selection of facilitators (parenting and couple support) on criteria linked to experience, openness to continuous enrichment, interpersonal skills, and a specified level of availability
- Training of facilitators, (which is carried out by qualified trainers and teachers or by experienced qualified volunteers in the use of inventories and facilitation of effective couple dialogue)
- Delivery of evidence based parenting courses.
- Highlighting opportunities for the community to support family stability and health
- Identifying initiatives and agencies currently operating in this field
- Resourcing current gaps (e.g. parenting children with additional needs like ASD or ADD)
- Preparing and delivering courses in a group format and in couple to couple sessions.
- Developing healthy relationship and parenting programmes
- Developing partnerships with other agencies
- Providing information and access to key services
- Exchanging information with other groups
- Advertising and publicity
- Development in the application of Prepare Enrich Inventories
- Partnership with local churches

Public Benefit**3**

Southampton Family Trust continues to meet the public benefit requirement and has regard to the Charities Commission guidance on public benefit where relevant.

Southampton Family Trust continues to grow in terms of influence and activity. A significant proportion of work remains in the areas of couple support and parenting. The trust continues to build up its work in other relationship areas, including domestic abuse awareness and the impact of mental health and trauma. Over the year Southampton Family Trust's work has reached about 250 Southampton residents, with additional indirect benefit to their extended families. This is a reduction from previous years due to the impact of the pandemic.

Summary and Main Achievements 2020/21

Southampton Family Trust has continued to deliver parenting courses and couple support throughout 2020/21.

Southampton Family Trust has adapted to the restrictions imposed by covid/lockdown and continued to provide services to Southampton families.

The charity is very thankful for continued support from its funders during this difficult period. Regular giving has been sustained. Larger funders have readily and generously accepted the time and costs required to adapt delivery models.

Southampton Family Trust is part of the Love Southampton partnership, helping to support the isolated and vulnerable in the city during lockdown.

Couple support has continued and been delivered online.

During the first lockdown, the Feelings Affect Behaviour (FAB) course was adapted for online delivery via a mixture of pre-recorded YouTube videos and group Zoom meet ups. Six online FAB courses were subsequently delivered in 2020/21. The online course remains popular and well attended. It is exciting that online groups appear to have reduced some boundaries to attendance, with higher numbers on each course and better retention rates. Some parents with social anxiety/mental health issues, who would not have considered face to face, have been able to attend online. Online courses are less resource intensive than face to face courses, so we have been able to deliver double the number of FAB courses than in previous (pre-covid) years.

Our funders, Children in Need, kindly supported us in adapting the Strengthening Families course to run online which is now completed. This financial year we have also received further funding from Children in Need to deliver another 9 Strengthening Families courses (a mixture of online and face to face covid permitting) over the next three years. The first online course has just started.

Yellow Door (Southampton based charity providing support to anyone at risk from or affected by domestic abuse and/or sexual violence) and Southampton Family Trust (in partnership), have been granted funding from the Office of the Police and Crime Commissioner to train and co-deliver Building Respectful Families. This is a course designed to support families where there is child and adolescent to parent violence. This application for funding was designed to help fill a gap in local provision. The first course has just started.

We were also delighted to receive funding from the National Lottery which will enable us to provide support for parents of children with additional needs over the next year.

Southampton Family Trust has continued to benefit from being a member of PIPPA (Prevention and Intervention and Public Protection Alliance) and receives referrals onto parenting courses from domestic abuse agencies.

All courses at Princess Anne Maternity Hospital continue not to take place due to hospital covid restrictions.

Financial Review

Southampton Family Trust raised £67,569.59 (2020: £53,201) and spent £42,982.08 (2020: £42,932). We have continued to be able to meet all our financial commitments throughout the year and we are very grateful for the regular and faithful giving of our donors, our funders and the agencies which commission our services. Our reserves are sufficient to meet liabilities.

Funding was received this year from:

- i. Children in Need
- ii. Yellow Door
- iii. Office Police and Crime Commissioner
- iv. National Lottery.

Serious Incidents

There were no serious incidents to report. Discussion by the trustees has been built into our annual calendar and will also be addressed on an as needs basis. There is a Serious Incident Policy.

Reserves Policy

The management committee has examined the charity's requirements for reserves in the light of the main risks to the organisation.

SFT's Reserves Policy provides that SFT will maintain reserves of £12,000 (unrestricted funds). This amount is set on the basis that SFT wishes to have 3 months "running costs" in reserve. In the event of an unexpected significant drop in unrestricted income, we can run the office for a further 3 months, make redundancy payments and finish off all courses which have already started in order to provide continuity of support for parents. Restricted income in respect of courses not yet started will be returned to the funder if the charity cannot continue.

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The Trustees declare that they have approved the Report and Financial Statements above.

Signed on behalf of the Charity's trustees

Name: Graham Salmon

Position: Chair

Signature:


A handwritten signature in black ink that reads "Graham Salmon". The signature is written in a cursive style with a clear, legible font.

Date: 20th July 2022

Name: Paul Finn

Position: Trustee

Signature:

A handwritten signature in black ink that reads "Paul Finn". The signature is written in a cursive style with a clear, legible font.

Date: 20th July 2022

Independent Examiner's Report to the Trustees of Southampton Family Trust Ltd on the accounts for the year ended 31 October 2021

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 October 2021 set out on pages 7 to 15.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the directions given by the Charity Commission (under section 145(5)(b)) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Carole Taylor F.C.A.
Independent Examiner
Smith Newmans, Hillview House, Leylands Farm Business Park, Colden Common, Winchester, Hampshire,
SO21 1TH.

Date: 18/07/2022

SOUTHAMPTON FAMILY TRUST LTD

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SOUTHAMPTON FAMILY TRUST LTD

BALANCE SHEET AS AT 31 OCTOBER 2021

	<u>Note</u>	<u>2021</u>	<u>2020</u>
		£	£
<u>Fixed Assets</u>	7	754.20	-
<u>Current Assets</u>			
Inventory stock		60.00	90
Debtors	8	3676.79	7446
Cash at bank and in hand:			
Current Account		1548.51	2413
Deposit Account		33671.08	8777
Direct plus account		15250.86	12221
Petty Cash		16.44	23
		50486.89	23434
		54223.68	30970
<u>Liabilities</u>			
Creditors: Amounts falling due within one year:			
Accruals		1596.21	2176
Payments received on account for contracts or performance related grants		0.00	0
		1596.21	2176
<u>Net Current Assets</u>		52627.47	28794
<u>Total Assets less Current Liabilities</u>		53381.67	28794
<u>Funds of the Charity</u>			
Unrestricted Funds		39361.32	24049
Restricted Funds	6	14020.35	4745
		53381.67	28794
		0.00	

For the year ending 31/10/2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006

The Directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts are prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS 102 SORP.

The notes on pages 4 and 5 form part of these accounts

The above financial statements were approved by the directors on 20th July 2022 and signed on their behalf by:

Signed. *Graham Salmon*

Name. **Graham Salmon**

Director of SCFT

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SOUTHAMPTON FAMILY TRUST LTD									
<u>NOTES FORMING PART OF THE FINANCIAL STATEMENTS</u>									
<u>FOR THE YEAR ENDED 31 OCTOBER 2021</u>									
<u>1) BASIS OF PREPARATION</u>									
a) Basis of Accounting									
The financial statements have been prepared under the historical cost convention and in accordance with the Companies Act 2006.									
The financial statements have also been prepared in accordance with the Statement of Recommended Practice (SORP) : Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and with the Charities Act 2011.									
b) Fund Accounting									
<ul style="list-style-type: none"> Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity. Designated funds are unrestricted funds earmarked by the trustees for particular purposes (there are no such funds to date) Restricted funds are subjected to restrictions on their expenditure imposed by the donor 									
c) Public benefit									
The charity constitutes a public benefit entity as defined by FRS 102									
d) Going Concern									
The Trustees regularly review the financial position of the organisation, and based on the level of reserves, the continuing levels of funding and capacity to manage expenditure, they consider that Southampton Family Trust is a going concern.									
<u>2) ACCOUNTING POLICIES</u>									
The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year.									
a) INCOME									
Recognition of Income									
These are included in the Statement of Financial Activities (SoFA) when:									
<ul style="list-style-type: none"> the charity becomes entitled to the resources: it is more likely than not that the trustees will receive the resources the monetary value can be measured with sufficient reliability 									
Offsetting									
There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.									
Grants and Donations									
Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS 102 SORP)									
In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP)									
Tax reclaims on donations and gifts									
Gift Aid recoverable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.									
Contractual income and performance related grants									
This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.									
Support Costs									
The charity has incurred expenditure on support costs.									
b) EXPENDITURE AND LIABILITIES									
Legal Liability Recognition									
Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.									
Support Costs									
Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, e.g. allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.									
Grants with performance conditions									
Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.									
Grants payable without performance conditions									
Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.									
The redundancy cost									
The charity made no redundancy payments during the reporting period.									
Deferred income									
No material item of deferred income has been included in the accounts									
Creditors									
The charity has creditors which are measured at settlement amounts less any trade discounts.									
c) ASSETS									
Tangible Fixed Assets									
Assets that can be used by the charity for more than one year and costing above £500 are capitalised.									
Assets are valued at cost less depreciation									
Computer Equipment is depreciated on a straight line basis over 4 years.									
Stocks and work in progress									
Stock of inventories used for charitable activities is valued at the lower of cost and net realisable value.									
Debtors									
Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently they are measured at the cash or other consideration expected to be received									

<u>SOUTHAMPTON FAMILY TRUST LTD</u>					
<u>NOTES FORMING PART OF THE FINANCIAL STATEMENTS</u>					
<u>FOR THE YEAR ENDED 31 OCTOBER 2021</u>					
<u>3) PAID EMPLOYEES</u>					
		<u>2021</u>	<u>2020</u>		
		£	£		
Gross Pay		26,640	26,299		
Employers National Insurance		-	-		
		<u>26,640</u>	<u>26,299</u>		
The charity employs 3 part time members of office staff who work across all areas of the charity.					
Helen Savage, as CEO, has responsibility for directing major activities and resources of the charity. During the year to 31 October 2021 she received remuneration of £12,600 and £310 for acting as a course facilitator (2020: £13,395 Total).					
No employee received more than £60,000.					
No redundancy payments were made by the charity during the year .					
<u>4) TAXATION</u>					
As a charity, Southampton Family Trust, is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.					
<u>5) GRANTS RECEIVED</u>					
		<u>2021</u>	<u>2020</u>		
		£	£	£	£
		<u>Unrestricted</u>	<u>Restricted</u>	<u>Unrestricted</u>	<u>Restricted</u>
BBC Children In Need		0.00	8885.00	-	5850.00
Henry Smith Charity		0.00	0.00	-	10000.00
National Lottery Community Fund			6518.00	-	0.00
Garfield Weston Foundation		6000.00	0.00	-	0.00
Hampshire & IOW		3631.00	0.00	-	0.00
		<u>9631.00</u>	<u>15403.00</u>	<u>-</u>	<u>15850.00</u>
<u>6) CHARITY FUNDS</u>					
<u>6.1 Details of material funds held and movements during the CURRENT reporting period</u>					
		<u>At 1 Nov</u>	<u>Incoming</u>	<u>Outgoing</u>	<u>Transfer</u>
		<u>2020</u>	<u>resources</u>	<u>resources</u>	<u>of funds</u>
		£	£	£	£
Restricted funds:					
(i) Children In Need - 3		78	0.00	0.00	78.00
(ii) Children In Need - 4		3000	0.00	3000.00	0.00
(iii) Henry Smith Charity		1667	0.00	1667.00	0
(iv) National lottery		0	6518.00	720.00	5798.00
(v) Children In Need - 5		0	8885.00	740.42	8144.58
Total restricted funds		4745	15403.00	6127.42	0.00
Unrestricted funds:					
General fund		24049	52166.59	36854.66	0.00
Total funds		<u>28794</u>	<u>67569.59</u>	<u>42981.98</u>	<u>53381.51</u>

<u>SOUTHAMPTON FAMILY TRUST LTD</u>							
<u>NOTES FORMING PART OF THE FINANCIAL STATEMENTS</u>							
<u>FOR THE YEAR ENDED 31 OCTOBER 2021</u>							
<u>6.2 Details of material funds held and movements during the PREVIOUS reporting period</u>							
			<u>At 1 Nov</u>	<u>Incoming</u>	<u>Outgoing</u>	<u>Transfer</u>	<u>At 31 Oct</u>
			<u>2019</u>	<u>resources</u>	<u>resources</u>	<u>of funds</u>	<u>2020</u>
			£	£	£		£
Restricted funds:							
(i)	Children In Need - 3		78	0.00	0.00		78.00
(ii)	Children In Need - 4		2,522	5850.00	5372.00		3000.00
(iii)	Henry Smith Charity		1,667	10000.00	10000.00		1667.00
Total restricted funds			4,267	15850.00	15372.00	0.00	4745.00
Unrestricted funds:							
General fund			14,259	37350.00	27560.00	0.00	24049.00
Total funds			18,526	53200.00	42932.00	0.00	28794.00
<p>(i) BBC Children In Need agreed further funding in September 2016 for Strengthening Families work. At the end of the grant period it was agreed that funds could be carried forward to fund future first aid training</p> <p>(ii) BBC Children In Need agreed further funding in September 2017 for Strengthening Families work</p> <p>(iii) A grant from The Henry Smith Charity was awarded in June 2017 to fund one years running costs on projects providing support to families. A second grant for one year was received January 2019.</p> <p>training facilitators for the Care for the Family Course for parents of children with special needs and delivering the course.</p> <p>(v) BBC Children In Need agreed further funding in April 2021 for Strengthening Families work</p>							
<u>7) FIXED ASSETS</u>							
						<u>Computer</u>	
						<u>Equipment</u>	
	Cost					£	
		At 1 November 2020					0.00
		Additions during the year					1005.60
		At 31 October 2021					1005.60
	Depreciation						
		At 1 November 2020					0.00
		Charge for the year					251.40
		At 31 October 2021					251.40
	Net Book Value						
		At 31 October 2021					754.20
		At 31 October 2020					0.00
<u>8) DEBTORS (recoverable within one year)</u>							
					<u>2021</u>	<u>2020</u>	
					£	£	
	Trade Debtors				0.00	0.00	
	Prepayments and accrued Income				762.56	5490.66	
	Other debtors				2914.23	1955.00	
					<u>3676.79</u>	<u>7445.66</u>	

Company number: 04559853

Charity number: 1095732

9) TRUSTEE REMUNERATION AND RELATED PARTY DISCLOSURES										
None of the Trustees have been paid any remuneration or received any other benefits from an employment with the charity. No trustee expenses have been incurred.										
There have been no related party transactions in the year.										
10) POST BALANCE SHEET EVENTS										
There are no material post balance sheet events that need to be disclosed and no contingent liabilities to be disclosed at the year end.										