



Southampton Family Trust Ltd

(A company limited by guarantee)

Report and Financial Statements

For the Year Ended 31 October 2020

Company Number: 04559853

Charity Number: 1095732

SOUTHAMPTON FAMILY TRUST LTD
(A company limited by guarantee)

Company Registration No. 04559853
Charity Registration No. 1095732

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Legal and Administrative Details**1****Report of the Trustees for the year ended 31 October 2020**

The trustees present their report and independently examined financial statements for the year ended 31 October 2020.

Reference and Administrative Information

Charity Name: SOUTHAMPTON FAMILY TRUST LTD

Charity registration number: 04559853

Company registration number: 1095732

Registered Office: 93 Ethelburt Avenue
Southampton
Hampshire SO16 3DF

Main operational address: Southampton Voluntary Services
Kingsland Square
St Mary Street
Southampton
Hampshire SO14 1NW

Trustees

Graham Salmon	Chair
Jonathan Paul Sweeney	
Alison Jane Sweeney	
Paul Finn	
Janice Finn	
Ben Clark	

Secretary

Helen Savage

Structure, Governance and Management**Governing Document**

SOUTHAMPTON FAMILY TRUST LTD is a charitable company limited by guarantee, incorporated on 10 Oct 2002 and registered as a charity on 31 Jan 2003.

The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association.

Recruitment and Appointment of Trustees

Trustees are normally, but not exclusively, recruited from supporters of the charity who are all supportive of our aims and practically involved in the work of the charity. We try to keep a balance of skills and backgrounds to enable the efficient functioning of the group.

Report of the Trustees**2****Objectives and Activities****Our objectives:**

1. The advancement in the Unitary Authority area known as Southampton and the surrounding area ("the area of benefit") of public education in matters concerning interpersonal relationship and life skills and strengthening and enriching family life marriage parenting and relationships and the doing of all such things being charitable in law as are incidental or conducive to the attainment of these Objects and without prejudice to the generality of the foregoing.
2. By developing long term cultural changes to raise public awareness of the importance of life skills and thus promoting better relationships in the community generally.
3. By offering every couple contemplating marriage or committed relationship, preparation and short courses that give them help with such issues as communication conflict resolution agreeing personal values and budgeting.
4. By giving on-going support for marriage and relationships generally including (but not exclusively) mentoring, step-family support and specialist sources of help when needed.
5. By conducting dialogue with local schools and those involved with post-16 education to help children and adults to learn life skills and values to empower them to make better relationship decisions.
6. By parenting networks so that every parent has the opportunity of relevant parenting support for children from baby to toddler stages acquiring and/or improving skills through the primary school age group and up to and including teenage years.
7. By creating a directory of support services for couples in difficulty and families in crisis so that people are enabled to know where they can go to obtain help with their relationship.

Our methods

- Selection of facilitators (parenting and couple support) on criteria linked to experience, openness to continuous enrichment, interpersonal skills, and a specified level of availability
- Training of facilitators, (which is carried out by qualified trainers and teachers or by experienced qualified volunteers in the use of inventories and facilitation of effective couple dialogue)
- Delivery of evidence based parenting courses.
- Highlighting opportunities for the community to support family stability and health
- Identifying initiatives and agencies currently operating in this field
- Resourcing current gaps (e.g. couple mentoring, support for parents of children who have suffered trauma, child on parent violence)
- Preparing and delivering courses in a group format and in couple to couple sessions.
- Developing healthy relationship and parenting programmes
- Developing partnerships with other agencies
- Providing information and access to key services
- Exchanging information with other groups
- Advertising and publicity
- Development in the application of Prepare Enrich Inventories
- Ante natal and post natal couple relationship support
- Partnership with local churches

Public Benefit**3**

Southampton Family Trust continues to meet the public benefit requirement and has regard to the Charities Commission guidance on public benefit where relevant.

Southampton Family Trust continues to grow in terms of influence and activity. A significant proportion of work remains in the areas of couple support, parenting and ante natal classes. The trust continues to build up its work in other relationship areas, including domestic abuse awareness and the impact of mental health and trauma. Over the year Southampton Family Trust's work has reached about 250 Southampton residents, with additional indirect benefit to their extended families. This is a reduction from previous years due to the impact of the pandemic.

Summary and Main Achievements 2019/20

Southampton Family Trust has continued to deliver parenting courses and couple support throughout 2019/20.

PRE-LOCKDOWN

Between November 2019 and February 2020, pre-lockdown activities included delivering face to face couple support and parenting support (GroBrain, Strengthening Families, Feelings Affect Behaviour).

Southampton Family Trust's All Change Ante Natal session continued to run at Princess Anne Maternity Hospital from November 2019 to March 2020, with large numbers attending. Sessions ended due to lockdown.

United Parents, a weekly support group for isolated single parents, ran weekly, meeting at Above Bar Church.

LOCKDOWN

Southampton Family Trust has adapted to the restrictions imposed by lockdown and continued to provide services to Southampton families.

The charity is very thankful for continued support from its funders during this difficult period. Regular giving has been sustained. Larger funders have readily and generously accepted the time and costs required to adapt delivery models.

Southampton Family Trust is part of the Love Southampton partnership, helping to support the isolated and vulnerable in the city during lockdown.

United Parents has continued to run online. It has also provided practical support, including food parcels and food vouchers, toys and treats for single parents.

Couple support has continued and been delivered online.

The Feelings Affect Behaviour (FAB) course has been adapted for online delivery via a mixture of pre-recorded You Tube videos and group Zoom meet ups. Two online FAB courses have been delivered so far. The online course has been popular - at one stage there were 60 parents on the waiting list. It is exciting that online groups appear to have reduced some boundaries to attendance, with higher numbers on each course and better retention rates. Some parents with social anxiety/mental health issues, who would not have considered face to face, have been able to attend online.

Our funders, Children in Need, are supporting us to adapt the Strengthening Families course to run online.

Southampton Family Trust has continued to benefit from being a member of PIPPA (Prevention and Intervention and Public Protection Alliance) and has a good number of referrals onto parenting courses from domestic abuse agencies.

Financial Review

Southampton Family Trust raised £53,201 (2019: £46,940) and spent £42,932 (2019: £45,122). We have continued to be able to meet all our financial commitments throughout the year and we are very grateful for the regular and faithful giving of our donors, our funders and the agencies which commission our services. Our reserves are sufficient to meet liabilities.

Continued funding was received this year from:

- i. Children in Need (three-year grant) to deliver Strengthening Families courses across the city;
- ii. Yellow Door to deliver women only FAB parenting courses.

Serious Incidents

There were no serious incidents to report. Discussion by the trustees has been built into our annual calendar and will also be addressed on an as needs basis. A Serious Incident Policy has been drafted and disseminated.

Reserve Policy

The management committee has examined the charity's requirements for reserves in the light of the main risks to the organisation. The established policy, whereby the unrestricted funds not committed or invested in tangible fixed assets ('the free reserves') held by the charity will be used for the charity's objectives, subject to maintaining sufficient funds to confidently plan ahead and provide for any closure liabilities, whilst recognising the intent and purpose of those who donate funds to the charity, will continue.

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The Trustees declare that they have approved the Report and Financial Statements above.

Signed on behalf of the Charity's trustees

Name: Graham Salmon

Position: Chair

Signature:

A handwritten signature in cursive script that reads "Graham Salmon".

Date: 9th July 2021

Name: Paul Finn

Position: Trustee

Signature:

A handwritten signature in cursive script that reads "Paul Finn".

Date: 9th July 2021

Independent Examiner's Report to the Trustees of Southampton Family Trust Ltd on the accounts for the year ended 31 October 2020

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 October 2020 set out on pages 7 to 15.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the directions given by the Charity Commission (under section 145(5)(b)) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Carole Taylor F.C.A.
Independent Examiner

Smith Newmans, Hillview House, Leylands Farm Business Park, Colden Common, Winchester, Hampshire, SO21 1TH.

Date: 23/06/2021

SOUTHAMPTON FAMILY TRUST LTD

Company number: 04559853

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BALANCE SHEET AS AT 31ST OCTOBER 2020

	<u>Note</u>	<u>£</u>	<u>2020</u> <u>£</u>	<u>2019</u> <u>£</u>
<u>Fixed Assets</u>	1	-	-	-
<u>Current Assets</u>				
Inventory stock		90	-	-
Debtors	7	7,446	3,576	3,576
Cash at bank and in hand:				
Current Account		2,413	1,314	1,314
Deposit Account		8,777	4,739	4,739
Direct plus account		12,221	9,681	9,681
Petty Cash		23	92	92
		<u>23,434</u>	<u>15,826</u>	<u>15,826</u>
		30,970	19,402	19,402
<u>Liabilities</u>				
Creditors: Amounts falling due within one year:				877
Accruals		2,176		
Payments received on account for contracts or performance related grants				
		<u>2176</u>	<u>877</u>	<u>877</u>
<u>Net Current Assets</u>		28,794	18,525	18,525
<u>Total Assets less Current Liabilities</u>		<u>28,794</u>	<u>18,525</u>	<u>18,525</u>
<u>Funds of the Charity</u>				
Unrestricted Funds		23,630	14,259	14,259
Restricted Funds	6	5,164	4,266	4,266
		<u>28,794</u>	<u>18,525</u>	<u>18,525</u>

For the year ending 31/10/2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006

The Directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts are prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS 102 SORP.

The notes on the following 4 pages form part of these accounts

The above financial statements were approved by the directors on 9th July 2021 and signed on their behalf by:



Signed

Name **Graham Salmon, Director of SCFT (Chair of Trustees)**

SOUTHAMPTON FAMILY TRUST LTD

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STATEMENT OF FINANCIAL ACTIVITIES
(Including Income and Expenditure Account)
YEAR ENDED 31ST OCTOBER 2020

	<u>Note</u>	<u>Unrestricted</u> <u>£</u>	<u>Restricted</u> <u>£</u>	<u>Total</u> <u>£</u>	<u>2019</u> <u>£</u>
Income					
Income from:					
Donations					
Gifts and Donations Income		11,882	-	11,882	10,052
Fundraising income		-	-	-	166
Gift Aid Tax Recoverable		1,955	-	1,955	2,368
JRS Grant		2,142	-	2,142	-
Charitable Activities					
UP-United parents		3,700	-	3,700	-
Grants	5	-	15,850	15,850	18,262
Commissioned Courses		12,600	-	12,600	10,200
Contributions to office costs		4,917	-	4,917	5,685
Grobrain		18	-	18	82
Other Course Income		99	-	99	100
Investments					
Interest Received		38	-	38	25
		<u>37,350</u>	<u>15,850</u>	<u>53,201</u>	<u>46,940</u>
Expenditure					
Expenditure on:					
Commissioned Course Expenses		5,456	-	5,456	6,122
UP-United parents		2,777	-	2,777	-
Fundraising costs		-	-	-	558
Other Course Expenses		474	2,993	3,467	7,085
Grobrain		243	-	243	850
Gifts and Donations		18	-	18	5
Insurance		310	-	310	297
Payroll Expenses	3	26,640	-	26,640	26,299
Postage and Delivery		-	-	-	8
Printing and Stationery		40	-	40	54
Independent Examination		400	-	400	-
Professional Fees		212	-	212	200
Subscriptions		72	-	72	-
Rent		3,000	-	3,000	3,000
Telephone		80	-	80	63
Training		154	-	154	398
Travel & Entertaining		-	-	-	85
Advertising and promotion		1	-	1	-
Other Office Expenses		61	-	61	99
Materials, admin and support costs		<u>(12,378)</u>	<u>12,378</u>	<u>-</u>	<u>-</u>
		<u>27,560</u>	<u>15,372</u>	<u>42,932</u>	<u>45,122</u>
Net Income/(expenditure) for the year		9,790	479	10,269	1,818
Transfers between funds	6	-	-	-	-
Net movement of funds		9,790	479	10,269	1,818
Reconciliation of funds:					
Total Funds brought forward		14,259	4,266	18,525	16,707
Total Funds carried forward		<u>24,049</u>	<u>4,745</u>	<u>28,794</u>	<u>18,525</u>

**NOTES FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 OCTOBER 2020****1) BASIS OF PREPARATION****Basis of Accounting**

The financial statements have been prepared under the historical cost convention and in accordance with the Companies Act 2006.

The financial statements have also been prepared in accordance with the Statement of Recommended Practice (SORP): Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and with the Charities Act 2011.

Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

(There are no such funds to date)

Restricted funds are subjected to restrictions on their expenditure imposed by the donor.

Public benefit

The charity constitutes a public benefit entity as defined by FRS 102.

Going Concern

The Trustees regularly review the financial position of the organisation, and based on the level of reserves, the continuing levels of funding and capacity to manage expenditure, they consider that Southampton Family Trust is a going concern.

2) ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year.

a) INCOME**Recognition of Income**

These are included in the Statement of Financial Activities (SoFA) when:

- . the charity becomes entitled to the resources:
- . it is more likely than not that the trustees will receive the resources
- . the monetary value can be measured with sufficient reliability

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and Donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS 102 SORP)

In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP)

Tax reclaims on donations and gifts

Gift Aid recoverable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Contractual income and performance related grants

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

Support Costs

The charity has incurred expenditure on support costs.

**NOTES FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 OCTOBER 2020****b) EXPENDITURE AND LIABILITIES****Liability Recognition**

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Support Costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, e.g. allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Grants with performance conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.

Grants payable without performance conditions

Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.

Redundancy cost

The charity made no redundancy payments during the reporting period.

Deferred income

No material item of deferred income has been included in the accounts.

Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

c) ASSETS**Tangible Fixed Assets**

Assets that can be used by the charity for more than one year and costing above £500 are capitalised. The charity does not currently hold any Fixed Assets.

Stocks and work in progress

Stock of inventories used for charitable activities is valued at the lower of cost and net realisable value.

Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently they are measured at the cash or other consideration expected to be received.

3) PAID EMPLOYEES

	<u>2020</u>	<u>2019</u>
	£	£
Gross Pay	26,640	26,299
Employers National Insurance	-	-
	<u>26,640</u>	<u>26,299</u>

The charity employs 3 part time members of office staff who work across all areas of the charity.

Helen Savage, as CEO, has responsibility for directing major activities and resources of the charity. During the year to 31 October 2020, she received remuneration of £12,600 and £795 for acting as a course facilitator (2019: £12,980 Total).

No employee received more than £60,000.

No redundancy payments were made by the charity during the year.

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**NOTES FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 OCTOBER 2020****4) TAXATION**

As a charity, Southampton Community Family Trust, is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

5) GRANTS RECEIVED

	<u>2020</u>		<u>2019</u>	
	<u>Unrestricted</u>	<u>Restricted</u>	<u>Unrestricted</u>	<u>Restricted</u>
	£	£	£	£
BBC Children In Need	-	5,850	-	8,262
Henry Smith Charity	-	10,000	-	10,000
	-	15,850	-	18,262

6) CHARITY FUNDS**6.1 Details of material funds held and movements during the CURRENT reporting period**

	<u>At 1 Nov</u>	<u>Incoming</u>	<u>Outgoing</u>	<u>Transfer</u>	<u>At 31 Oct</u>
	<u>2019</u>	<u>resources</u>	<u>resources</u>	<u>of funds</u>	<u>2020</u>
	£	£	£		£
Restricted funds:					
(i) Children In Need - 3	78	-	-		78
(ii) HIWCF-EFA (Hope School)	-	-	-		-
(iii) Children In Need - 4	2,521	5,850	5,372		3,000
(iv) Henry Smith Charity	1,667	10,000	10,000		1,667
Total restricted funds	4,266	15,850	15,372	-	4,745
Unrestricted funds:					
General fund	14,259	37,350	27,560	-	24,049
Total funds	18,525	53,201	42,932	-	28,794

6.2 Details of material funds held and movements during the PREVIOUS reporting period

	<u>At 1 Nov</u>	<u>Incoming</u>	<u>Outgoing</u>	<u>Transfer</u>	<u>At 31 Oct</u>
	<u>2018</u>	<u>resources</u>	<u>resources</u>	<u>of funds</u>	<u>2019</u>
	£	£	£		£
Restricted funds:					
(i) Children In Need - 3	195	-	117		78
(ii) HIWCF-EFA (Hope School)	365	-	365		-
(iii) Children In Need - 4	4,025	8,262	9,766		2,521
(iv) Henry Smith Charity	-	10,000	8,333		1,667
(v) Seedbed-Omega course	100	-	100		-
Total restricted funds	4,685	18,262	18,681	-	4,266
Unrestricted funds:					
General fund	12,022	28,678	26,441	-	14,259
Total funds	16,707	46,940	45,122	-	18,525

SOUTHAMPTON FAMILY TRUST LTD**Company number: 04559853**

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Charity number: 1095732**NOTES FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 OCTOBER 2020****Fund descriptions:**

(i) BBC Children In Need agreed further funding in September 2016 for Strengthening Families work. At the end of the grant period, it was agreed that funds of £240 could be carried forward to fund future first aid training

(ii) Hampshire & Isle of Wight Community Foundation provided funding in December 2017 for delivering an Emotional First Aid course at Hope school

(iii) BBC Children In Need agreed further funding in September 2017 for Strengthening Families work

(iv) A grant from The Henry Smith Charity was awarded in June 2017 to fund one years running costs on projects providing support to families. A second grant for one year was received January 2019.

(v) A Seedbed grant was awarded in February 2018 to fund the development of the Omega course.

7) DEBTORS (recoverable within one year)

	<u>2020</u>	<u>2019</u>
	£	£
Trade Debtors	-	-
Prepayments and accrued Income	5,491	881
Other debtors	1,955	2,695
	<u>7,446</u>	<u>3,576</u>

8) TRUSTEE REMUNERATION AND RELATED PARTY DISCLOSURES

None of the Trustees have been paid any remuneration or received any other benefits from an employment with the charity. No trustee expenses have been incurred.

There have been no related party transactions in the year.

9) POST BALANCE SHEET EVENTS

There are no material post balance sheet events that need to be disclosed and no contingent liabilities to be made at the year end.