

**FRIENDS OF FORDINGBRIDGE SURGERY
ACCOUNTS
FOR THE YEAR ENDED
31 DECEMBER 2025**

Charity Number 1094882

FRIENDS OF FORDINGBRIDGE SURGERY
ACCOUNTS
YEAR ENDED 31 DECEMBER 2025

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FRIENDS OF FORDINGBRIDGE SURGERY

ACCOUNTS

YEAR ENDED 31 DECEMBER 2025

The trustees have pleasure in presenting their report and the unaudited accounts of the charity for the year ended 31 December 2025.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered charity name & charity address Friends of Fordingbridge Surgery
Fordingbridge Surgery
Bartons Road
Fordingbridge
Hampshire
SP6 1RS

Charity registration number 1094882

The trustees

The trustees who served the charity during the period were as follows:

Jane Marlow (Chair)
Cheryl Trestrail (Deputy Chair)
Michelle Raymond
Dr Toby Wallis
Ruth Croker
Judy Poore (secretary/Treasurer)
Margaret Bellingham
Carol Ann Carmichael
Stephen Darke
Andy Wilson

OBJECTIVES AND ACTIVITIES

The charity is established to relieve sickness and to preserve the health of patients of Fordingbridge Surgery by providing or assisting in the provision of equipment, facilities and services not normally provided by the statutory authorities.

Chairman's Annual Report 15th April 2026

The Year 2025

At the Annual General Meeting Margaret Bellingham, Andy Wilson, Carole Ann Carmichael and Ruth Croker stood down as Trustees and Judy Poore resigned the Secretary post.

The Trustees re-elected were: Jane Marlow, Cheryl Trestrail, Stephen Darke, Judy Poore Treasurer, Michelle Raymond and Dr Toby Wallis.

New Trustees elected in 2026 were: Geoff Stokes, Henri Vale, Kelvin Hinton and Pat Burdon

The Friends of Fordingbridge Surgery/Patients Participation Group Year

The year began with a car boot sale held in the surgery car park in April. We were very fortunate with the weather. Teas, coffees and cakes were sold from the surgery reception, together with books, plants and a tombola. The event raised £543.38.

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In May we joined in with the community spirit by having a stall at Fordingbridge VE Day celebrations. The event raised £160.00.

June brought a cream tea that was held at the Hyde Memorial Hall, Hyde. A lovely day raising £678, topped up with a further £678.00, from £for£ matching by Barclays Bank.

Our next event was at the local Frogham Fair. We had a treasure hunt, which raised £81.00.

September brought a coffee morning at Godshill Village Hall, a venue we'd not used before. Despite a low attendance we raised £361.45.

In October we held a Quiz with ploughman's supper at St Mary's Hall. A great evening raising £821.00.

The last event in 2025 was a stall at Fordingbridge Light Switch On. FoFS had engaged with the local primary schools in designing a Christmas Card. The winners won book tokens and their cards were made into Christmas cards. Schools involved were Breamore, Hyde, Hale, Alderholt and Sandle Forres Manor. Event raised £382.70, with £331.68 in card sales.

A gazebo was purchased for use at the outdoor events and proved very successful. FoFS also supported the first recycling box, £90.00, to enable empty blister packs to be recycled.

The charity has also supported the surgery with specialist communication training for reception, administrative and pharmacy staff at a cost of £5005.95.

The absolute highlight of the year was the purchase of a health pod and pod room for the use of patients and to support the Healthy Heart Programme. The overall cost was £22605.04, which included a grant of £12,000 from the Fordingbridge Town Council.

Quadrant Alms Houses - £200.00

Horse and Groom Quiz Nights - £500.00

Individual Donations - £2694.80

Vaccination Clinics - £4458.22

FoFS – bank interest £496.78

FoFS has continued supporting the patients of the surgery with the following items:

Bereavement Counselling Service - £1869.72

Maintenance of Equipment for blood pressure monitors - £606.96

ECG System - £66.00 software licence

Padua Marketing and Communications - £512.16

Spirometer software - £66.00 + strips £106.50

Pod Maintenance - £4578.00

Christmas Tree - £95.83

Wall Mounted Examination Light - £476.39

Double Noise Cancelling Headsets x 3 £270.00

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Touchscreens x 2 - £1994.78

Staff Training - £5005.95

Pod Room and Health Pod - £22605.04 includes £12,000 grant from Fordingbridge Town Council
FoFS has also supported the surgery, financially to create a video showing the use of the pod Room

Jane Marlow

The Surgery Year

Over the last year, Fordingbridge Surgery has continued to develop the way patients access care and to support people to use services more effectively. The practice has been helping patients manage more of their care digitally, including using the NHS App to request medication, view records, cancel appointments and access self-help information.

The practice has also been working to guide patients to the most appropriate route for care, including use of Anima online consultations, and the surgery's Urgent Care Service.

Through its patient information work and videos on Youtube, the practice has been explaining more clearly how the surgery works and how patients can access the right support without always needing a traditional GP appointment first. These videos have reached far and wide with practices across Hampshire using them as a blueprint for their own communications.

This work was supported with funding by FOFS to work with a media company to produce professional quality videos. These have been shared on Facebook, on our YouTube channel and on the waiting room screens.

As a result, we have seen a greater uptake in the use of anima, our online consultation service, which has led to more efficient and timely response to patients' requests. It has also allowed us to begin the roll out of some self-booking appointments in order that patients can choose their preferred appointment time. We plan to enhance this further over the coming year.

In the last year we introduced a new enhanced phone system with an improved menu system and the availability of call backs for patients. Patients utilise the call back facility well, 1000 callers per month. We feel this call back system enhances the patient experience and receives positive feedback.

Alongside this, the practice has continued to support a broader range of care through the Primary Care Network model, with more proactive, personalised and integrated health and social care for patients. We continue to work well with First Contact Musculoskeletal practitioners, Pharmacists and Mental Health Practitioners as well as Social Prescribers; allowing patients to access local but more specialised care.

We will soon be delivering more focussed Proactive care appointments to support our most frail patients to "live well" which involves proactive, person-centred care focusing on maintaining independence, managing long-term conditions, and preventing crises. Key approaches include frailty assessment, medication optimization, and social prescribing to reduce isolation. The goal is to support people at home, improving quality of life while reducing hospital admissions.

In terms of health promotion, the practice has been encouraging patients to take more ownership of their cardiovascular health, including use of the new POD room and support for blood pressure monitoring as part of our Healthy Hearts program.

On 1st October, we were delighted to officially open our brand-new POD room, a quiet, confidential space in the main waiting area where patients can check their blood pressure and complete health questionnaires using our new POD machine. This fantastic addition was made possible thanks to the incredible generosity of our patients, a successful grant application by our Friends of Fordingbridge Surgery PPG Trustees, and the

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support of the Town Council. We are deeply grateful to everyone who contributed, this really is a community achievement.

As a result of our healthy hearts program and the use of the POD by our patients we improved patients treated to target for blood pressure from approximately 92% up to about 97% this year.

The practice has also continued to promote physical activity and wellbeing, including its ongoing work as a Parkrun Practice, encouraging exercise, wellbeing and social connection as part of a wider approach to health. We work with social prescribers to support patients with non-medical interventions to improve their health. Social prescribing for the elderly via our proactive care team will further enhance this offer for our more elderly clients

Overall, over the last year the practice has been working not only to provide day-to-day GP care, but to improve access, help patients use services appropriately, strengthen prevention, and support people to manage their health more confidently.

As the practice looks to the future we are concerned about new GP contract changes. We feel well set up to meet these challenges but we do feel the changes will affect patient care and put additional pressure on the practice and staff.

One of the biggest changes is the expansion of something called Advice & Guidance (A&G).

What does this mean for you?

Before referring you to a hospital specialist, your GP will now have to ask for advice first — and the specialist can decide whether you're even seen.

The goal is to reduce waiting times. But this process is limiting access to specialists for patients.

A&G can work well in some cases — helping GPs with treatment decisions or avoiding unnecessary referrals. But making it mandatory before every referral raises serious concerns including, delays of months just for a response. Patients being refused specialist care despite GP concerns, more repeat GP appointments with no new treatment options and risk of missed diagnoses

GPs are generalists — They rely on specialists for deeper expertise, advanced investigations, and treatments we simply cannot provide

At the same time, the new contract expects GP practices to:

- Continue to see urgent cases the same day
- Offer routine appointments within 2 weeks
- Increase vaccinations
- Manage more long-term conditions
- Provide effectively unlimited online access

These additional asks come without extra funding or staff. We share concerns with many other practices that this isn't sustainable — and it risks affecting your access to care.

With the continued support of the Friends and the PPG, we will keep doing all we can with the resources available to us. We remain committed to innovating and improving our services so that we can provide efficient, patient-centred care and continue to support our community in the years ahead.

Dr T Wallis.

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Bereavement Counselling Service

- Service administered by Avon Valley Community Matters.
- The service provides support to those who have recently been bereaved.
- Provides one to one support, which is confidential.
- Most referrals come via patient's discussion with the GP.
- FoFS/PPG provides financial support to help run the service.
- In the past year the service has supported thirty-one (31) people.

Andy Wilson

Red Cross

The Power of Kindness is the Red Cross Maxim. The Red Cross service is highly valued by people living locally and some people living further afield. Volunteers running the Fordingbridge service are based in a portakabin in the TA car park near the back of Avonway. Wheelchairs and commodes are often required at short notice, these can often be provided.

Equipment loaned out is cleaned and sterilised in Eastleigh by Red Cross employees. Loans of equipment are free to the user but financial donations are welcome as is any other equipment that can be loaned or sold.

The Red Cross service is a drain on the finances of the Red Cross and for this reason the service has closed in most of Hampshire. It is secure in Fordingbridge until March 2027. We are unlikely to learn until the end of 2026, if funding will be provided for 2027/2028.

Please use the service if you need it and donate if possible. A very useful service is being provided.

Ruth Croker.

Volunteer Team organised by Stephen Darke

I am pleased to report that it has been another successful year for the volunteers. We still have around 100 volunteers on the mailing list. As members of the Patient Participation Group, as well as being there for the Vaccination Clinics, they are a much-valued community for consultations such as surveys.

The roles at the Covid and Covid/Flu clinics in April and October 2025 were all easily filled. Working with the surgery team these clinics run very smoothly. It is also very satisfying to receive positive comments from the public about the efficiency of the operations. Generous donations were given for the FoFS, which also demonstrates the public's satisfaction. As I write this report preparations are underway for the next clinic on Saturday 18th April 2026.

In December last year the volunteers were once again invited by the Mayor of Fordingbridge to a thank you tea at the Town Hall. It was a very enjoyable event and it is good to know that the volunteers are appreciated by our community. The surgery also treated us to a mulled wine and mince pie get-together which was a lovely gathering.

Stephen Darke

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The Year Ahead 2026

FoFS has five fundraising events planned, running alongside a grand draw. The grand draw is sponsored by local businesses, as well as those from further afield. A Gala Dinner, for FoFS 25th anniversary, is being arranged for September, when the Grand Draw will take place. FoFS is trying to raise £2000 from the sale of tickets.

There will be a new Chairman elected and the focus for the coming year, will centre on raising the profile of the Patient Participation Group, along with trying to arrange some local education evenings for patients.

Dates for your diaries.

9th May 2026 – Quiz Night at Alderholt Sports and Social Club

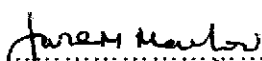
20th June 2026 – Coffee Morning at Hyde Memorial Hall

18th July 2026 – Stall at Alderholt Market

15th August 2026 – Charity Day at Folds Farm

18th September 2026 – FoFS 25th anniversary Gala Dinner, Speaker and Grand Draw

We will be selling draw tickets at our events between April and September.


.....
Ms Jane Marlow
Chairman


.....
Ms Judith Poore
Treasurer

Date ..8./7/26.....

FRIENDS OF FORDINGBRIDGE SURGERY

STATEMENT OF FINANCIAL ACTIVITIES

YEAR ENDED 31 DECEMBER 2025

	Note	Total Funds 2025 £	Total Funds 2024 £
INCOMING RESOURCES			
Donations received		14,884	9,892
Grant income	2	12,000	-
Interest received		497	521
TOTAL INCOMING RESOURCES		<u>27,381</u>	<u>10,413</u>
RESOURCES EXPENDED			
Repairs and Maintenance		112	3,933
Subscriptions		-	643
Venue hire and meeting expenses		968	1,271
Website and Computer Costs for The Fordingbridge Surgery		1,138	2,490
Secretarial Costs		-	5,494
Equipment expenses		30,575	-
Medical sundries		107	-
Counselling		1,897	400
Training		5,006	-
General expenses		70	154
Insurance		122	96
Advertising		-	195
Entertainment		2,403	-
Bank Charges		42	84
TOTAL RESOURCES EXPENDED		<u>42,440</u>	<u>14,760</u>
NET INCOMING / (OUTGOING) RESOURCES FOR THE YEAR		<u>(15,059)</u>	<u>(4,347)</u>
Balances brought forward		29,982	34,329
Transfers		-	-
Balances carried forward		<u>14,923</u>	<u>29,982</u>

All movements are in Unrestricted Funds

The notes on page 9 form part of these accounts.

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BALANCE SHEET

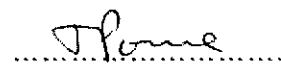
31 DECEMBER 2025

	Note	2025 £	2024 £
CURRENT ASSETS			
Cash at bank		14,923	29,982
NET CURRENT ASSETS		<u>14,923</u>	<u>29,982</u>
CURRENT LIABILITIES			
Other Creditors		-	-
NET CURRENT ASSETS		<u>-</u>	<u>-</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>14,923</u>	<u>29,982</u>
FUNDS			
Unrestricted funds		14,923	29,982
Funds introduced		-	-
TOTAL FUNDS		<u>14,923</u>	<u>29,982</u>

These accounts were completed by Azets Holdings Limited on behalf of Friends of Fordingbridge Surgery.

These accounts were approved and signed by the member of the committee on ...8/7/26


Ms Jane Marlow
Chairman


Ms Judith Poore
Treasurer

The notes on page 9 form part of these accounts.

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NOTES TO THE ACCOUNTS

YEAR ENDED 31 DECEMBER 2025

1. INVESTMENT INCOME

	Total Funds	Total Funds
	2025	2024
	£	£
Bank interest receivable	<u>497</u>	<u>521</u>

2. STAFF COSTS AND EMOLUMENTS

No salaries or wages have been paid to employees, including the member of the committee, during the year.