

REGISTERED COMPANY NUMBER: 03752333 (England and Wales)
REGISTERED CHARITY NUMBER: 1094702

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 December 2021
for
THE NFSSH CHARITABLE TRUST LIMITED
T/A THE HEALING TRUST

Elsby & Co
Thistledown Barn
Holcot Lane
Sywell
Northampton
Northamptonshire
NN6 0BG

THE NFSSH CHARITABLE TRUST LIMITED
T/A THE HEALING TRUST

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for the year ended 31 DECEMBER 2021

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THE NFSH CHARITABLE TRUST LIMITED
T/A THE HEALING TRUST

Report of the Trustees
for the year ended 31 DECEMBER 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Charity is established to promote public health by the promotion of spiritual healing for the benefit of the public by educating and training healers and by ensuring proper standards in the practice of Spiritual Healing.

The Charity's principal activities continue to be to:

- Promote public health by the promotion of Spiritual Healing and raise awareness of matters associated with healing via the members' newsletter, website, exhibitions, voluntary healing centres and social media presence.
- Promote research continuing to raise the profile of The Healing Trust.
- Educate and train existing Healers and attract new Students.
- Ensure proper standards in the practice of Spiritual Healing are followed and continue to be at the forefront of development strategies.
- Provide workshops and CPD events for members of the public as well as members of the organisation.
- Provide support groups for Healers and Students.
- Provide Spiritual Healing at Healing Trust and the Healing Trust Associated Centres throughout the UK and at exhibitions and other special events.
- Provide advice to Charity members, as well as to members of the public.
- Increase awareness and credibility of Spiritual Healing by attending key exhibitions.
- Improve the content of the Healing Trust training programme and delivering training courses.
- Ensure representation and co-operation with Government approved bodies responsible for the development of Voluntary Self Regulation for Healing, i.e. the Healing Professional Specific Body (PSB) and the Complementary and Natural Healthcare Council (CNHC).
- Contribute to the Regulation work of UK Healers, as a key member of the organisation.

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the Trust should undertake.

THE NFSH CHARITABLE TRUST LIMITED
T/A THE HEALING TRUST

Report of the Trustees
for the year ended 31 DECEMBER 2021

ACHIEVEMENT AND PERFORMANCE

Achievements and performance

Throughout 2021, The Healing Trust has continued to reach out and offer healing to the wider public where needed:

- We are proud that our Healers continued to offer free distant healing and remote support to those in need who have requested healing through our website. We were able to continue this service as it was not disrupted by Covid restrictions.
- Our healing centres throughout the UK have gradually begun re-opening after Covid restrictions and are offering face to face physical healing to the wider public via drop-in sessions. Again, this is offered free of charge to members of the public, although a donation towards the running of our charity is most welcome.
- A weekly 'Facebook live' distant healing meditation, held by our Chair Jennifer Jones, has offered a further opportunity for members, and non-members alike, to request healing for those in need.
- The Healing Trust participated again in Healing Awareness Week from 3rd to 9th May 2021, during which a talk by our Patron, Dr William Bloom, was offered on Zoom. We were delighted that 394 people were able to be present, far more than would probably have been possible in person. Other events held in Healing Awareness Week included several interviews with healers, whether Students or those who have been healing for years. Our social media following jumped significantly during that time.

None of these activities could be achieved without the support of our volunteer healer members, and the Trustees wholeheartedly thank them all for their hard work and commitment to The Healing Trust.

Our tutors have adapted to online teaching, ensuring that our Students have been able to continue their healing training despite Covid restrictions. The Trustees are very grateful for our Tutors' continued support and efforts.

FINANCIAL REVIEW

Financial position

The results for the year are shown on pages 6-8

As a membership organisation our charity's income is reliant on membership fees. Falling membership numbers have continued to result in reduced membership income (2021: £73,855, 2020: £84,846). The Trustees acknowledge that attracting new members must continue to be a priority together with retaining existing members.

Donations and legacies remain an important yet unpredictable source of income and has increased against prior year (2021: £53,886, 2020: £15,361) helped by both the re-opening of healing centres after Covid closures together with £31,292 received in legacies of which none were received in 2020.

Efforts have continued to minimize costs incurred by the Charity, in particular the quarterly 'Spiritus' membership magazine which was a significant cost to the charity. There is now a monthly emailed newsletter, but it is hoped that a new membership magazine will be developed in due course.

Increasing awareness of The Healing Trust will be essential in strengthening donations going forward. The Trustees plan to increase marketing efforts both online via social media presence and in person at relevant exhibitions. The Trustees are also in the early stages of developing a more sophisticated and modern website to increase awareness and functionality.

Reserves policy

Available reserves held at 31st December 2021 amounts to £372,715 (2020: £346,781). The charity continues to require reserves to protect against future income reduction, resulting from uncertain membership numbers and unpredictable donations and legacies. This is vital due to the majority of significant costs incurred by the charity being fixed costs and not variable with income.

THE NFSH CHARITABLE TRUST LIMITED
T/A THE HEALING TRUST

Report of the Trustees
for the year ended 31 DECEMBER 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 14 April 1999 and registered as a charity on 21st November 2002. The company was established under Memorandum and Articles of Association which sets out the objects and powers of the charitable company. In the event of the company being wound up each member is required to contribute an amount not exceeding £10.

Recruitment and appointment of new trustees

The Directors of the company are also charity trustees for the purpose of charity law and under the company's Articles are known as the Board of Trustees of the Charity. Under the terms of the Memorandum and Articles of Association the members of the Board of Trustees are required both to be members of NFSH and elected by members. Candidates for the Board positions of Chair, Vice Chair and Treasurer are nominated by The Healing Trust Council Members. Council members, Healer members and Fellows are eligible to nominate candidates for other positions on the Board of Trustees and if candidates exceed vacancies, election is by postal ballot of all members.

Members of the Board of Trustees are elected to serve for a period of 3 years and retire by rotation. They may stand for re-election at the end of their term on the Board of Trustees. A Trustee who has served for three consecutive terms of office must take a break from office and may not be reappointed until the earlier of the anniversary of the commencement of his or her break from office and if applicable, the annual general meeting following the annual general meeting at which his or her break from office commenced.

A range of relevant skills is represented on the Board of Trustees but, in the event of any perceived gaps in skills, the Articles provide for co-option by the Board of up to two individuals to add to the skills needed.

Induction and training of new trustees

As Trustees are drawn from the Healing Trust membership, Trustees are already familiar with the activities of the charity before they join the Board of Trustees. Potential Trustees normally attend at least one Board Meeting as an observer and meet and speak with at least some of the Charity's employed staff before accepting and taking on Trustee responsibilities. New Trustees routinely receive copies of the latest accounts; Memorandum and Articles of Association; Standing Orders and the Charity Commission booklet "The Essential Trustee" before taking up a Trustee role.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03752333 (England and Wales)

Registered Charity number

1094702

Registered office

Bull End
1 Strixton Manor Business Centre
Strixton Village, Strixton
Wellingborough
Northamptonshire
NN29 7PA

THE NFSSH CHARITABLE TRUST LIMITED
T/A THE HEALING TRUST

Report of the Trustees
for the year ended 31 DECEMBER 2021

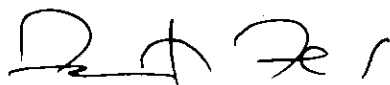
Trustees

J Barley Healer (appointed 25.9.21)
R R L Brewster Company Director
V Chiltonsmith Healer (appointed 25.9.21)
Y Fitzgerald Trustee
P Hockley Trustee
B S Hudson Trustee
J M Jones Trustee
C Newman Trustee
D Stoneham Aromatherapist
L Sumner Trustee

Independent Examiner

Carl Elsby ACA
ICAEW
Elsby & Co
Thistledown Barn
Holcot Lane
Sywell
Northampton
Northamptonshire
NN6 0BG

Approved by order of the board of trustees on 15/7/2022 and signed on its behalf by:



J M Jones - Trustee

**Independent Examiner's Report to the Trustees of
The NFSH Charitable Trust Limited**

Independent examiner's report to the trustees of The NFSH Charitable Trust Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Carl Elsby ACA
ICAEW
Elsby & Co
Thistledown Barn
Hokot Lane
Sywell
Northampton
Northamptonshire
NN6 0BG

Date: 15/7/22

THE NFSSH CHARITABLE TRUST LIMITED
T/A THE HEALING TRUST

Statement of Financial Activities
for the year ended 31 DECEMBER 2021

	Notes	2021 Unrestricted fund £	2020 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		64,001	25,361
Charitable activities			
Memberships		73,855	84,846
Other trading activities	3	10,651	8,058
Investment income	4	130	587
Total		148,637	118,852
EXPENDITURE ON			
Charitable activities			
Memberships		6,086	9,250
Other		116,617	114,498
Total		122,703	123,748
NET INCOME/(EXPENDITURE)		25,934	(4,896)
RECONCILIATION OF FUNDS			
Total funds brought forward		346,781	351,677
TOTAL FUNDS CARRIED FORWARD		372,715	346,781

The notes form part of these financial statements

THE NFSH CHARITABLE TRUST LIMITED
T/A THE HEALING TRUST

Balance Sheet
31 DECEMBER 2021

	Notes	2021 Unrestricted fund £	2020 Total funds £
FIXED ASSETS			
Intangible assets	10	4,574	10,673
Tangible assets	11	274	494
		<hr/> 4,848	<hr/> 11,167
CURRENT ASSETS			
Stocks	12	3,214	3,169
Debtors	13	12,940	7,988
Cash at bank and in hand		382,466	356,344
		<hr/> 398,620	<hr/> 367,501
CREDITORS			
Amounts falling due within one year	14	(30,753)	(31,887)
		<hr/>	<hr/>
NET CURRENT ASSETS		<hr/> 367,867	<hr/> 335,614
TOTAL ASSETS LESS CURRENT LIABILITIES		<hr/> 372,715	<hr/> 346,781
NET ASSETS		<hr/> 372,715	<hr/> 346,781
FUNDS	15		
Unrestricted funds		<hr/> 372,715	<hr/> 346,781
TOTAL FUNDS		<hr/> 372,715	<hr/> 346,781

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

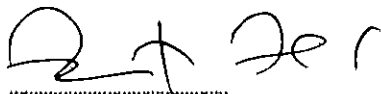
The notes form part of these financial statements

THE NFSSH CHARITABLE TRUST LIMITED
T/A THE HEALING TRUST

Balance Sheet - continued
31 DECEMBER 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 15/7/2022 and were signed on its behalf by:



J M Jones - Trustee

THE NFSH CHARITABLE TRUST LIMITED
T/A THE HEALING TRUST

Notes to the Financial Statements
for the year ended 31 DECEMBER 2021

I. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

Income is recognised when the trust is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received and can be measured reliably.

Donations and Gifts:

Cash donations are recognised on receipt. Other donations are recognised once the trust has been notified of the donation unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the trust has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Grants Receivable:

Revenue grants are credited as incoming resources when they are receivable provided for conditions for receipt have been complied with, unless they relate to specific future periods, in which case they are deferred.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Intangible fixed assets other than goodwill

Intangible assets acquired separately from an entity are recognised at cost and are subsequently measured at cost less accumulated amortisation and accumulated impairment losses.

Amortisation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Website design and development - 5 years

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 33% on cost

Stocks

Stocks are stated at the lower of cost and estimated selling price less costs to complete and sell. Cost comprises direct materials and, where applicable, direct labour costs and those overheads that have been incurred in bringing the stocks to their present location and condition. Items held for distribution at no or nominal consideration are measured the lower of replacement cost and cost.

THE NFSH CHARITABLE TRUST LIMITED
T/A THE HEALING TRUST

Notes to the Financial Statements - continued
for the year ended 31 DECEMBER 2021

I. ACCOUNTING POLICIES - continued

Stocks

Net realisable value is the estimated selling price less all estimated costs of completion and costs to be incurred in marketing, selling and distribution.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

Cash and cash equivalents

Cash and cash equivalents include cash in hand and deposits held at call with banks.

THE NESH CHARITABLE TRUST LIMITED
T/A THE HEALING TRUST

Notes to the Financial Statements - continued
for the year ended 31 DECEMBER 2021

1. ACCOUNTING POLICIES - continued

Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the trust has adequate resources to continue in operational existence for the foreseeable future. Thus, the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

2. CRITICAL ACCOUNTING JUDGEMENTS AND KEY SOURCES OF ESTIMATION UNCERTAINTY

In preparing the financial statements it is necessary to make certain judgements, estimates and assumptions that affect the amounts recognised in the financial statements.

In the view of the trustees in applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

3. OTHER TRADING ACTIVITIES

	2021	2020
	£	£
Other income	10,651	8,058
	<u>10,651</u>	<u>8,058</u>

4. INVESTMENT INCOME

	2021	2020
	£	£
Deposit account interest	130	587
	<u>130</u>	<u>587</u>

5. SUPPORT COSTS

	General running costs £	Information technology £	Charitable costs £	Governance costs £	Totals £
Other resources expended	78,430	25,548	4,969	7,670	116,617
Memberships	6,086	-	-	-	6,086
	<u>84,516</u>	<u>25,548</u>	<u>4,969</u>	<u>7,670</u>	<u>122,703</u>

THE NFSH CHARITABLE TRUST LIMITED
T/A THE HEALING TRUST

Notes to the Financial Statements - continued
for the year ended 31 DECEMBER 2021

5. SUPPORT COSTS - continued

Support costs, included in the above, are as follows:

	Other resources expended £	Memberships £	2021 Total activities £	2020 Total activities £
Wages	51,613	-	51,613	40,074
Payroll costs	114	-	114	(35)
Pensions	820	-	820	693
Rates and water	15,960	-	15,960	17,533
Insurance	3,752	6,086	9,838	12,726
Light and heat	1,056	-	1,056	892
Advertising costs	66	-	66	513
Travel and hotels	146	-	146	587
Sundries	1,065	-	1,065	672
Bank charges	3,838	-	3,838	3,141
Printing and photocopying	9,534	-	9,534	13,012
Telephone costs	1,751	-	1,751	1,859
Computer costs	6,339	-	6,339	5,911
Photocopier rental cost	1,605	-	1,605	2,917
Computer software amortisation	6,099	-	6,099	6,110
Computer equipment depreciation	220	-	220	165
Exhibitions	-	-	-	95
Subscriptions and donations	164	-	164	(1,113)
Spiritus magazine costs	4,805	-	4,805	10,690
Courses and workshop costs	-	-	-	639
Council and meeting	35	-	35	49
Accountancy fees	3,720	-	3,720	4,523
Professional fees	3,915	-	3,915	2,095
	<u>116,617</u>	<u>6,086</u>	<u>122,703</u>	<u>123,748</u>

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021 £	2020 £
Depreciation - owned assets	220	165
Computer software amortisation	<u>6,099</u>	<u>6,110</u>

THE NFSS CHARITABLE TRUST LIMITED
T/A THE HEALING TRUST

Notes to the Financial Statements - continued
for the year ended 31 DECEMBER 2021

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2021 nor for the year ended 31 December 2020.

Trustees' expenses

There were trustees' travel expenses totalling £728 paid for the year ended 31 December 2021 (2020: £0)

8. STAFF COSTS

	2021	2020
	£	£
Wages and salaries	51,613	40,074
Social security costs	114	(35)
Other pension costs	820	693
	<u>52,547</u>	<u>40,732</u>

The average monthly number of employees during the year was as follows:

	2021	2020
	3	3
Support costs	<u>3</u>	<u>3</u>

No employees received emoluments in excess of £60,000.

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	25,361
Charitable activities	
Memberships	84,846
Other trading activities	8,058
Investment income	587
Total	<u>118,852</u>
EXPENDITURE ON	
Charitable activities	
Memberships	9,250
Other	114,498
Total	<u>123,748</u>
NET INCOME/(EXPENDITURE)	<u>(4,896)</u>

THE NFSH CHARITABLE TRUST LIMITED
T/A THE HEALING TRUST

Notes to the Financial Statements - continued
for the year ended 31 DECEMBER 2021

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

Unrestricted
fund
£

RECONCILIATION OF FUNDS

Total funds brought forward 351,677

TOTAL FUNDS CARRIED FORWARD 346,781

10. INTANGIBLE FIXED ASSETS

Computer
software
£

COST

At 1 January 2021 and 31 December 2021 30,550

AMORTISATION

At 1 January 2021 19,877

Charge for year 6,099

At 31 December 2021 25,976

NET BOOK VALUE

At 31 December 2021 4,574

At 31 December 2020 10,673

11. TANGIBLE FIXED ASSETS

Computer
equipment
£

COST

At 1 January 2021 and 31 December 2021 659

DEPRECIATION

At 1 January 2021 165

Charge for year 220

At 31 December 2021 385

NET BOOK VALUE

At 31 December 2021 274

At 31 December 2020 494

THE NFSSH CHARITABLE TRUST LIMITED
T/A THE HEALING TRUST

Notes to the Financial Statements - continued
for the year ended 31 DECEMBER 2021

12. STOCKS

	2021	2020
	£	£
Stocks	3,214	3,169
	<u> </u>	<u> </u>

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Other debtors	1,143	1,000
Gift Aid debtor	5,246	-
Prepayments	6,551	6,988
	<u> </u>	<u> </u>
	12,940	7,988
	<u> </u>	<u> </u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade creditors	4,566	(539)
Amounts owed to group undertakings	4,546	6,716
Social security and other taxes	-	318
Other creditors	5,221	7,381
Accruals and deferred income	16,420	17,922
Accrued expenses	-	89
	<u> </u>	<u> </u>
	30,753	31,887
	<u> </u>	<u> </u>

Deferred income

	2021	2020
	£	£
Deferred income at 1 January 2021	17,922	21,885
Resources deferred during the year	16,421	17,922
Amounts released from prior year	(17,922)	(21,885)
	<u> </u>	<u> </u>
Deferred income at 31 December 2021	<u>16,421</u>	<u>17,922</u>

Deferred income relates to income received in the year specifically relating to performance conditions to be met in the following year.

THE NFSSH CHARITABLE TRUST LIMITED
T/A THE HEALING TRUST

Notes to the Financial Statements - continued
for the year ended 31 DECEMBER 2021

15. MOVEMENT IN FUNDS

	At 1.1.21 £	Net movement in funds £	At 31.12.21 £
Unrestricted funds			
General fund	346,781	25,934	372,715
TOTAL FUNDS	<u>346,781</u>	<u>25,934</u>	<u>372,715</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	148,637	(122,703)	25,934
TOTAL FUNDS	<u>148,637</u>	<u>(122,703)</u>	<u>25,934</u>

Comparatives for movement in funds

	At 1.1.20 £	Net movement in funds £	At 31.12.20 £
Unrestricted funds			
General fund	351,677	(4,896)	346,781
TOTAL FUNDS	<u>351,677</u>	<u>(4,896)</u>	<u>346,781</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	118,852	(123,748)	(4,896)
TOTAL FUNDS	<u>118,852</u>	<u>(123,748)</u>	<u>(4,896)</u>

THE NFSH CHARITABLE TRUST LIMITED
T/A THE HEALING TRUST

Notes to the Financial Statements - continued
for the year ended 31 DECEMBER 2021

15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.20 £	Net movement in funds £	At 31.12.21 £
Unrestricted funds			
General fund	351,677	21,038	372,715
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>351,677</u>	<u>21,038</u>	<u>372,715</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	267,489	(246,451)	21,038
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>267,489</u>	<u>(246,451)</u>	<u>21,038</u>

16. RELATED PARTY DISCLOSURES

The NFSH Charitable Trust Limited has a linked charity, The Harry Edwards (NFSH) Trust.

The Harry Edwards (NFSH) Trust provides grants and bursaries for members of the NFSH Charitable Trust Limited who are facing financial difficulties and would otherwise be unable to meet the cost of their membership. During the year, the Harry Edwards (NFSH) Trust provided membership bursaries totalling £2,170, which is recognised as income within The NFSH Charitable Trust Limited.

As The Harry Edwards (NFSH) Trust is an unincorporated entity with turnover below £5,000, there is no requirement to file consolidated accounts.

THE NFSSH CHARITABLE TRUST LIMITED
T/A THE HEALING TRUST

Detailed Statement of Financial Activities
for the year ended 31 DECEMBER 2021

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	53,886	15,361
Gift aid	10,115	-
Grants	-	10,000
	<hr/> 64,001	<hr/> 25,361
Other trading activities		
Other income	10,651	8,058
Investment income		
Deposit account interest	130	587
Charitable activities		
Memberships subscriptions	73,855	84,846
	<hr/>	<hr/>
Total incoming resources	148,637	118,852
 EXPENDITURE		
Support costs		
General running costs		
Wages	51,613	40,074
Payroll costs	114	(35)
Pensions	820	693
Rates and water	15,960	17,533
Insurance	9,838	12,726
Light and heat	1,056	892
Advertising costs	66	513
Travel and hotels	146	587
Sundries	1,065	672
Bank charges	3,838	3,141
	<hr/> 84,516	<hr/> 76,796
Information technology		
Printing and photocopying	9,534	13,012
Telephone costs	1,751	1,859
Computer costs	6,339	5,911
Photocopier rental cost	1,605	2,917
Computer software amortisation	6,099	6,110
Carried forward	25,328	29,809

This page does not form part of the statutory financial statements

THE NFSH CHARITABLE TRUST LIMITED
T/A THE HEALING TRUST

Detailed Statement of Financial Activities
for the year ended 31 DECEMBER 2021

	2021	2020
	£	£
Information technology		
Brought forward	25,328	29,809
Computer equipment depreciation	220	165
	<hr/> 25,548	<hr/> 29,974
 Charitable costs		
Exhibitions	-	95
Subscriptions and donations	164	(1,113)
Spiritus magazine costs	4,805	10,690
Courses and workshop costs	-	639
	<hr/> 4,969	<hr/> 10,311
 Governance costs		
Council and meeting	35	49
Accountancy fees	3,720	4,523
Professional fees	3,915	2,095
	<hr/> 7,670	<hr/> 6,667
 Total resources expended	<hr/> 122,703	<hr/> 123,748
 Net income/(expenditure)	<hr/> <hr/> 25,934	<hr/> <hr/> (4,896)

This page does not form part of the statutory financial statements