

Company Registration Number: 04421138
Charity Registration Number: 1094458

ST MARTINS CENTRE FOR HEALTH AND HEALING
COMPANY LIMITED BY GUARANTEE
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2023

St Martins Centre for Health and Healing
Company Limited by Guarantee
Financial Statements
For the year ended 31 December 2023

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St Martins Centre for Health and Healing
Company Limited by Guarantee
Trustees' Annual Report (Incorporating the Directors' Report)
For the year ended 31 December 2023

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 December 2023.

Objectives and activities

The principal activity of the company continued to be promoting, for the benefit of the public good, physical, mental, spiritual and emotional health in accordance with Christian principles. The trustees have, as a result of carrying out this activity, complied with the duty in section 17(5) of the Charities Act 2011 to have due regard to the guidance published by the Charity Commission.

Through the provision of professional, Counselling & Psychotherapy the Centre for Health and Healing aims to alleviate the suffering and distress of people experiencing a mental health issue.

Our Vision

We seek a world everyone of any age affected by mental health concerns receives timely, effective and accessible counselling and psychotherapy provided by professional therapists.

Our Mission

Our mission is twofold - to provide accessible free and low-cost therapy to people of all ages affected by poor mental health and to develop a workforce of highly qualified, skilled and accredited therapists able to respond to the changing mental health needs of the people of Birmingham.

The Impact

To make a real, lasting difference to the lives of our clients: equipping them with the insight, skills and resilience to maintain positive mental health and wellbeing.

Context

Mental health problems lie at the heart of some of our greatest social challenges and whilst every section of society is affected, certain groups of people are disproportionately at risk; children and young people (CYP), people from minority communities, those with long-term health conditions & disabilities and people living in poverty - groups that the service actively seeks to support.

And what is not commonly understood is that if you live with a long-term untreated mental health issue it significantly increases the risk of a disability and premature mortality from other diseases, including cardiovascular disease, diabetes, and other chronic diseases. Fortunately, counselling & psychotherapy can be highly effective in preventing, supporting recovery from and helping people live with mental health.

Achievements performance

Counselling & Psychotherapy Service

St Martin's Centre for Health and Healing Therapy Service has been working to improve the mental health and well-being of Birmingham residents for over 20 years. The service has doubled in size since 2021 - offering online, telephone & face to face adult therapy and a specialist Children's' and Young Person's service delivering face to face therapy in schools.

In 2023 over 27,628 appointments were offered to 2,971 vulnerable people. The therapy we offer is designed to support people in developing the insight, resilience and self-management skills to improve their mental health and make a positive contribution to their overall quality of life.

St Martins Centre for Health and Healing
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Trustees' Annual Report (Incorporating the Directors' Report)
For the year ended 31 December 2023

Achievements performance (Continued)

Counselling & Psychotherapy Services (Continued)

The workforce of trainee, volunteer and employed BACP/UKCP/BABCP/BPS therapist continued to grow and at the end of 2023 stood at 157 therapists and 14 staff offering a predominately free (10% of longer-term sessions where low cost) comprehensive range of therapeutic approaches, including CBT, counselling psychology, counselling & psychotherapy. The diversity of the workforce enables the service to offer therapy in 17 different languages.

In 2023 the service entered into a formal partnership with the Birmingham Refugee and Migrant Centre who fund our charity via Birmingham City Council money to deliver specialist therapy for both children and adults who have recently arrived in the UK. The majority of this work will focus on dealing with trauma related mental health issues.

Services Offered

The Centre for Health and Healing is committed to offering therapy to people of all ages and provides two distinct services - adult therapy open to the public aged 18 and above and a specialist Children and Young People's service delivered in schools for children aged 5 to 18.

Adult therapy

Therapy can be accessed face to face from our purpose-built premises In the Bullring in Birmingham, online and over the telephone. Interventions offered include:

Wellbeing Session's - emotional support, guided self-help, and psychoeducation. This support is primarily designed to treat low level anxiety and depression.

Counselling - a mix of short & long - term, multi-modality interventions designed to resolve a wide range of emotional, psychological issues and mental health concerns.

Psychotherapy - in-depth long-term psychotherapy was offered to vulnerable people experiencing a wide range of complex emotional, psychological and mental health conditions.

Cognitive Behavioural Therapy (CBT) - practical techniques to identify and challenge negative thinking patterns and behaviour.

Outcomes

<i>Resilience - better able to manage difficult situations</i>	69%
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<i>Improvement in mental health and wellbeing</i>	72%
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<i>Improvement in presenting issues</i>	69%
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<i>Development of coping skills and strategies</i>	77%
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<i>Satisfaction rate</i>	92%
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St Martins Centre for Health and Healing
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Trustees' Annual Report (Incorporating the Directors' Report)
For the year ended 31 December 2023

Achievements performance (Continued)

Financial review

Principal funding sources are Birmingham Integrated Care Board (ICB), the Living Well Consortium, the Training of CBT therapists under sub-contract to Health Education England via the Living Well Consortium and Birmingham Refugee and Migrant Centre.

Additional income was generated through the generous support of a number of charitable Trusts and the City Council. The charity also received fees direct from our clients for long-term therapy.

Reserves

The calculation of the required level of reserves is an integral part of planning, budget and forecast cycle.

The charity considers:

- Risks associated with each stream of income and expenditure being different from that budgeted.
- Planned activity level
- Organization commitments
- Future funding requirements

During the year, the trustees have reviewed their reserves policy as follows:

Reserves are maintained at a level which ensures that a minimum of 6 months of the organization's core activity and continuity of client care could continue during a period of unforeseen difficulty. Clients may be undertaking long-term therapy, and it would be both unethical from an organisational perspective and potentially detrimental to a client's mental health if therapy was to come to a premature end.

This policy will be reviewed annually or more frequently if necessary. St Martin's Centre for Health and Healing unrestricted reserves at the end of the year amount to £689,904.

The trustees recognise that a continuous process of fundraising is required to ensure that reserves can be maintained at a level that is in line with the reserves policy and reflects the organization's continued desire to Increase service delivery and activity. They regularly informally review the level of reserves during the year and feel it prudent to maintain at a higher level at present given the current economic climate, increased competition for funding and continued high demand for our services.

Volunteers

The charity is extremely pleased and grateful for the ongoing support of the many counsellors who volunteer their time to provide the support for the vulnerable people we seek to help. Whilst not formally included In the financial statements it has been calculated that if the charity had to pay for this service it would have cost an additional £726,000.

St Martins Centre for Health and Healing
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Trustees' Annual Report (Incorporating the Directors' Report)
For the year ended 31 December 2023

Reference and administrative details

Registered charity name	St Martins Centre for Health and Healing
Charity registration number	1094458
Company registration number	04421138
Principal office and registered office	St Martin's Church Edgbaston Street Birmingham B5 5BB

The Trustees

J Barber - Co-opted
S A Ferris - Co-opted
Revd J Allcock
Revd E Blair Chappell
S Blair Chappell
M C Evans - Appointed by PCC
M J Woodward – Appointed by PCC

Trustees during the year

There were no changes in trustees during the year and with and all trustees were still in place at the date of signing the report.

Company secretary

M J Woodward

Independent examiner

Mr J Carty
Thomas and Young Limited
Chartered Accountants & Registered Auditors
Carleton House
266-268 Stratford Road
Shirley
Solihull
West Midlands B90 3AD

Events after the end of the reporting period

The trustees are not aware of any events occurring since the balance sheet date that need to be disclosed.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Directors' Report)

For the year ended 31 December 2023

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on 20 August 2024 and signed on behalf of the board of trustees by:

A handwritten signature in blue ink, appearing to be 'J Allcock', written over a faint horizontal line.

Revd J Allcock
Trustee

St Martins Centre for Health and Healing
Company Limited by Guarantee
Independent Examiner's Report to the Trustees
For the year ended 31 December 2023

I report to the trustees on my examination of the financial statements of St Martins Centre for Health and Healing ('the charity') for the year ended 31 December 2023.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purpose of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts, as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the directions given by the Charity Commission under Section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in Section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by Section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

James Carty FCA FCCA
Independent Examiner



Thomas and Young Chartered Accountants
Carleton House
266-268 Stratford Road
Shirley, Solihull
West Midlands B90 3AD

Date: 23 August 2024

St Martins Centre for Health and Healing

Company Limited by Guarantee

Statement of Financial Activities (Including Income and Expenditure Account)

For the year ended 31 December 2023

		2023	2022
	Note	Unrestricted Funds £	Total funds £
Income and endowments			
Donations and legacies	5	68,810	3,219
Charitable activities	6	-	500
Other trading activities	7	731,031	614,429
Investment income	8	9,611	1,463
Total income		<u>809,452</u>	<u>619,611</u>
Expenditure			
Expenditure on raising funds:			
Costs of raising donations and legacies	9	-	36
Expenditure on charitable activities	10 & 11	593,982	546,323
Total Expenditure		<u>593,982</u>	<u>546,359</u>
Net income and net movement in funds		<u>215,470</u>	<u>73,252</u>
Reconciliation of funds			
Total funds brought forward		474,434	401,182
Total funds carried forward		<u>689,904</u>	<u>474,434</u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derived from continuing activities.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Statement of Financial Position

For the year ended 31 December 2023

	Note	2023 £	2022 £
Current assets			
Debtors	18	85,026	46,678
Cash at bank and in hand		686,310	443,820
		<u>771,336</u>	<u>490,498</u>
Creditors: amounts falling due within one year	19	81,432	16,064
Net current assets		<u>689,904</u>	<u>474,434</u>
Total assets less current liabilities		<u>689,904</u>	<u>474,434</u>
Net assets		<u>689,904</u>	<u>474,434</u>
Funds of the charity			
Unrestricted funds		689,904	474,434
Total charity funds	20	<u>689,904</u>	<u>474,434</u>

For the year ended 31 December 2023 the charity was entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with Section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

These financial statements were approved by the board of trustees and authorised for issue on 20 August 2024 and are signed on behalf of the board by:



Revd J Allcock
Trustee

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes of the Financial Statement

For the year ended 31 December 2023

1. General information

The charity is a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is St Martin's Church, Edgbaston Street, Birmingham, B5 5BB.

The charity is a public benefit entity.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis. The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

The charity satisfies the criteria of being a qualifying entity as defined in FRS 102. As such, advantage has been taken of the following disclosure exemptions available under FRS 102:

No cashflow statement has been presented for the company.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Significant judgements

The trustees consider there are no judgements (apart from those involving estimations) that management has made in the process of applying the entity's accounting policies and that have a significant effect on the amounts recognised in the financial statements.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Management Information

For the year ended 31 December 2023

3. Accounting policies (Continued)

Key sources of estimation uncertainty

Accounting estimates and assumptions are made concerning the future and, by their nature, will rarely equal the related actual outcome. There are no key assumptions or other sources of estimation uncertainty that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes. Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal and may fall into one of two sub-classes: restricted income funds or endowment funds. At present there are no endowment funds.

Incoming resources

All income is included in the statement of financial activities when entitlement has passed to the charity, it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- income from room hire is recognised when the booking has taken place.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes VAT as this cannot be recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events and non-charitable trading activities.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Management Information

For the year ended 31 December 2023

3. Accounting policies (Continued)

Resources expended (Continued)

- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.
- all costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Operating leases

Lease payments are recognised as an expense over the lease term on a straight-line basis. Any aggregate benefit of lease incentives is recognised as a reduction to expense over the lease term, on a straight-line basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. There are no tangible assets carried at revalued amounts.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Fixtures and fittings	25% straight-line
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Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

4. Limited by guarantee

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding-up is limited to £1.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Management Information

For the year ended 31 December 2023

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Donations			
Donations	17,310	-	17,310
Dignity CMG	12,000	-	12,000
Gifts			
Edward and Dorothy Cadbury Trust	5,000	-	5,000
William A Cadbury Trust	25,000	-	25,000
Grants			
Joan Lamb Charitable Trust	1,000		1,000
The W.E.D. Charitable Trust	-	-	-
Eveson Trust	-	-	-
Deritend Chapel Endowment	-	-	-
Sundry grants <£500	-	-	-
Covid 19 Funds	8,500	-	8,500
	<u>68,810</u>	<u>-</u>	<u>68,810</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Donations			
Donations	819	-	819
Gifts			
Edward and Dorothy Cadbury Trust	-	-	-
Grants			
Joan Lamb Charitable Trust	1,000	-	1,000
The W.E.D. Charitable Trust	-	-	-
Eveson Trust	-	-	-
Deritend Chapel Endowment	900	-	900
Sundry grants <£500	500	-	500
	<u>3,219</u>	<u>-</u>	<u>3,219</u>

6. Charitable activities

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Other income from charitable activities	-	-	500	500
	<u>-</u>	<u>-</u>	<u>500</u>	<u>500</u>

St Martins Centre for Health and Healing

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Management Information

For the year ended 31 December 2023

7. Other trading activities

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Room bookings	5,690	5,690	5,610	5,610
Counselling fees - individual	95,723	95,723	78,811	78,811
Living Well Consortium Contract				
Counselling delivery: IAPT/FTB	380,481	380,481	422,013	422,013
Childrens & Young Persons Service	118,030	118,030	-	-
Birmingham & Solihull CCG				
Community Contract	24,172	24,172	23,583	23,583
Living Well Consortium Contract				
Counselling delivery: Covid Triage	-	-	530	530
Living Well Consortium Contract				
Counselling delivery: CBT Training				
Contract	100,785	100,785	83,882	83,882
Migrant Centre	6,150	6,150	-	-
	<u>731,031</u>	<u>731,031</u>	<u>614,429</u>	<u>614,429</u>

8. Investment income

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Bank interest received	<u>9,611</u>	<u>9,611</u>	<u>1,463</u>	<u>1,463</u>

9. Costs of raising donations and legacies

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Costs of raising donations and				
Legacies - Donations	<u>-</u>	<u>-</u>	<u>36</u>	<u>36</u>

St Martins Centre for Health and Healing

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For the year ended 31 December 2023

10. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Counselling and room hire	520,779	-	520,779
Support costs	73,203	-	73,203
	<u>593,982</u>	<u>-</u>	<u>593,982</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Counselling and room hire	474,567	-	474,567
Support costs	71,756	-	71,756
	<u>546,323</u>	<u>-</u>	<u>546,323</u>

11. Expenditure on charitable activities by activity type

	Activities Undertaken Directly £	Support Costs £	Total Funds 2023 £	Total Funds 2022 £
Counselling and room hire	520,779	70,723	591,502	542,563
Governance costs	2,480	-	2,480	3,760
	<u>523,259</u>	<u>70,723</u>	<u>593,982</u>	<u>546,323</u>

12. Analysis of support costs

	Counselling and room hire £	Total 2023 £	Total 2022 £
Staff costs	70,723	70,723	66,446
General office	-	-	1,550
Governance costs	2,480	2,480	3,760
	<u>73,203</u>	<u>73,203</u>	<u>71,756</u>

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For the year ended 31 December 2023

13. Net income

Net income is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation of tangible fixed assets	-	-

14. Independent examination fees

	2023	2022
	£	£
Fees payable to the independent examiner for:		
Independent examination of the financial statements	1,500	700
Other financial services	-	2,550
	<u>1,500</u>	<u>3,250</u>

Fees payable for other services include payroll costs over two years.

15. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2023	2022
	£	£
Wages and salaries	443,767	391,294
Social security costs	36,216	32,777
Employer contributions to pension plans	9,890	9,085
	<u>489,873</u>	<u>433,156</u>

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For the year ended 31 December 2023

15. Staff costs (Continued)

The average head count of employees during the year was 18 (2022: 15). The average number of full-time equivalent employees during the year is analysed as follows:

	2023 £	2022 £
Director	1	1
Service Manager	1	1
Admin Manager	1	1
Administrator (Data Entry)	1	1
Administrators and marketing officer	2	2
Assessment and Triage 3 full-time equivalent	1	1
CBT Trainees	6	4
Wellbeing Practitioner	-	-
CBT qualified staff and clinical lead	5	4
	<u>18</u>	<u>15</u>

1 employee received employee benefits of more than £60,000 during the year (2022: Nil).

Key Management Personnel

The charity considers the key management personnel to be the trustees and the Chief Executive. The trustees receive no remuneration and the total employee benefits are £60,588 (2022: £56,761).

16. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

17. Tangible fixed assets

	Fixture and fittings £
Cost	
At 1 January 2023 and 31 December 2023	<u>16,648</u>
Depreciation	
At 1 January 2023 and 31 December 2023	<u>16,648</u>
Carrying amount	
At 31 December 2023	<u>-</u>
At 31 December 2022	<u>-</u>

St Martins Centre for Health and Healing
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For the year ended 31 December 2023

18. Debtors

	2023	2022
	£	£
Trade debtors	85,026	46,678

19. Creditors: amounts falling due within one year

	2023	2022
	£	£
Trade creditors	20,746	127
Accruals and deferred income	55,343	10,150
Social security and other taxes	3,689	4,295
Other creditors	1,654	1,492
	<u>81,432</u>	<u>16,064</u>

20. Analysis of charitable funds

	At 1 January 2023 £	Income £	Expenditure £	Transfers £	At 31 December 2023 £
General funds	364,434	809,452	(593,982)		579,904
Database development					
Website development					
Room refurbishment					
and service enhancement					
Clinical management-					
enhancement					
HR and H&S consultancy					
Young Persons' Therapy					
service-property					
Young Persons' Therapy					
service-project costs					
New IT Equipment					
Service development	110,000				110,000
	<u>474,434</u>	<u>809,452</u>	<u>(593,982)</u>	<u></u>	<u>689,904</u>

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For the year ended 31 December 2023

20. Analysis of charitable funds (Continued)

	At 1 January 2022 £	Income £	Expenditure £	Transfers £	At 31 December 2022 £
General funds	255,182	619,611	(546,359)	36,000	364,434
Database development	18,000	-	-	(18,000)	-
Website development	12,000	-	-	(12,000)	-
Room refurbishment and service enhancement	27,000	-	-	(27,000)	-
Clinical management- enhancement	51,000	-	-	(51,000)	-
HR and H&S consultancy	-	-	-	-	-
Young Persons' Therapy service-property	-	-	-	-	-
Young Persons' Therapy service-project costs	22,000	-	-	(22,000)	-
New IT Equipment	16,000	-	-	(16,000)	-
Service development	-	-	-	110,000	110,000
	<u>401,182</u>	<u>619,611</u>	<u>(546,359)</u>	<u>-</u>	<u>474,434</u>

21. Analysis of net assets between funds

	Unrestricted Funds £	Total Funds 2023 £
Current assets	771,336	771,336
Creditors less than 1 year	(81,432)	(81,432)
Net assets	<u>689,904</u>	<u>689,904</u>

	Unrestricted Funds £	Total Funds 2022 £
Current assets	490,498	490,498
Creditors less than 1 year	(16,064)	(16,064)
Net assets	<u>474,434</u>	<u>474,434</u>

St Martins Centre for Health and Healing

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Management Information

For the year ended 31 December 2023

22. Operating lease commitments

The total future minimum lease payments under non-cancellable operating leases are as follows:

	2023	2022
	£	£
Less than 1 year	<u>25,275</u>	<u>-</u>

23. Related parties

During the year the charity entered into the following transactions with related parties:

	Transaction value		Balance owed by/(owed to)	
	2023	2022	2023	2022
	£	£	£	£
St Martin's Parochial Church Council	<u>55,214</u>	<u>48,484</u>	<u>20,746</u>	<u>-</u>

There are transactions with the Parochial Church Council of St Martin in the Bull Ring.

- (a) The Rector of the church has the power to appoint the chair of trustees and the PCC has the power to appoint up to five trustees of the charity.
- (b) The building in which the charity operates is leased from the PCC and in previous years the PCC also made recharges to the charity in respect of a number of services provided; telephone, heat and light, photocopying, and a staff service charge. The amounts charged in the year were £29,939 including £23,212 in respect of 2022. No charges were invoiced during 2022.
- (c) Annual rent payable is currently £25,275. A new lease is in the process of being agreed with a likely term of seven years.

In addition, the charity employed a relative of two of the trustees, on normal market terms and not connected to their position as trustees.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Detailed Statement of Financial Activities

For the year ended 31 December 2023

	2023 £	2022 £
Income and endowments		
Donations and legacies		
Donations	17,310	819
Dignity CMG	12,000	-
Edward and Dorothy Cadbury Trust	5,000	-
William A Cadbury Trust	25,000	-
Joan Lamb Charitable Trust	1,000	1,000
The W.E.D. Charitable Trust	-	-
Eveson Trust	-	-
Deritend Chapel Endowment	-	900
Sundry grants <£500	-	500
Covid 19 Funds	8,500	-
	<u>68,810</u>	<u>3,219</u>
Charitable activities		
Other income from charitable activities	-	500
	<u>-</u>	<u>500</u>
Other trading activities		
Room bookings	5,690	5,610
Counselling fees - individual	95,723	78,811
Living Well Consortium Contract Counselling delivery: IAPT/FTB	380,481	422,013
Childrens & Young Persons Service	118,030	-
Birmingham and Solihull CCG Community Contract	24,172	23,583
Living Well Consortium Contract Counselling delivery: Covid Triage	-	530
Living Well Consortium Contract Counselling delivery: CBT Training Contract	100,785	83,882
Migrant Centre	6,150	-
	<u>731,031</u>	<u>614,429</u>
Investment income		
Bank interest receivable	9,611	1,463
	<u>9,611</u>	<u>1,463</u>
Total income	<u>809,452</u>	<u>619,611</u>

St Martins Centre for Health and Healing

Company Limited by Guarantee

Detailed Statement of Financial Activities (Continued)

For the year ended 31 December 2023

	2023	2022
	£	£
Expenditure		
Costs of raising donations and legacies		
Other office costs	-	36
	<u> </u>	<u> </u>
 Expenditure on charitable activities		
Purchases	15,662	25,859
Wages and salaries	443,767	391,294
Employer's NIC	36,216	32,777
Pension costs	9,890	9,085
Rent	25,275	25,375
Light and heat	9,030	3,796
Repairs and maintenance	13,872	11,356
Insurance	6,517	3,979
Other establishment	-	1,115
Other motor/travel costs	32	-
Legal and professional fees	2,480	3,760
Telephone	1,930	2,195
Other office costs	15,857	16,882
Depreciation	-	-
Management charges	8,848	9,404
Counselling and volunteer expenses	385	4,970
Bookkeeping	-	1,550
Publicity	1,975	2,926
Staff cost payroll exp's DBS	2,246	-
	<u>593,982</u>	<u>546,323</u>
 Total expenditure	<u>593,982</u>	<u>546,359</u>
 Net income	<u>215,470</u>	<u>73,252</u>

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Detailed Statement of Financial Activities

For the year ended 31 December 2023

	2023 £	2022 £
Costs of raising donations and legacies		
Costs of raising donations and legacies - Donations		
Fund raising costs	-	36
	<u>-</u>	<u>36</u>
Costs of raising donations and legacies	<u>-</u>	<u>36</u>
Expenditure on charitable activities		
Counselling and room hire		
<i>Activities undertaken directly</i>		
Service provision and delivery	15,662	25,859
Salaries	383,179	334,378
Employer's NIC	29,110	26,092
Pension costs	6,861	6,240
Rent	25,275	25,375
Light and heat	9,030	3,796
Repairs and maintenance	13,872	11,356
Insurance	6,517	3,979
Other establishment costs	-	1,115
Travel costs	32	-
Counselling supervision	-	-
Telephone	1,930	2,195
Other office costs	15,857	16,882
Depreciation	-	-
Management charges	8,848	9,404
Counselling and volunteer expenses	385	4,970
Publicity	1,975	2,926
Staff cost payroll DBS	2,246	-
	<u>520,779</u>	<u>474,567</u>
Support costs		
Salaries	60,588	56,916
Employer's NIC	7,106	6,685
Pension costs	3,029	2,845
Bookkeeping	-	1,550
	<u>70,723</u>	<u>67,996</u>
Governance costs		
Legal and other professional fees	<u>2,480</u>	<u>3,760</u>
Expenditure on charitable activities	<u>593,982</u>	<u>546,323</u>