

COMPANY REGISTRATION NUMBER: 04421138
CHARITY REGISTRATION NUMBER: 1094458

St Martins Centre for Health and Healing
Company Limited by Guarantee
Unaudited Financial Statements
31 December 2021

ACCUO ACCOUNTING LIMITED

Accuo Accounting Limited
Chartered Accountants
Alvechurch
Birmingham
B48 7JX

St Martins Centre for Health and Healing

Company Limited by Guarantee

Financial Statements

Year ended 31 December 2021

	Page
Trustees' annual report (incorporating the director's report)	1
Independent examiner's report to the trustees	9
Statement of financial activities (including income and expenditure account)	11
Statement of financial position	12
Notes to the financial statements	13
The following pages do not form part of the financial statements	
Detailed statement of financial activities	26
Notes to the detailed statement of financial activities	28

St Martins Centre for Health and Healing

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 December 2021

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 December 2021.

Objectives and activities

The principal activity of the company continued to be promoting, for the benefit of the public good, physical, mental, spiritual and emotional health in accordance with Christian principles. The trustees have, as a result of carrying out this activity complied with the duty in section 17(5) of the Charities Act 2011 to have due regard to the guidance published by the Charity Commission.

Through the provision of professional, accredited Counselling & Psychotherapy the Centre for Health and Healing aims to alleviate the suffering and distress of the most vulnerable and excluded people in and around the city.

Our Impact

Our services equip people struggling with poor mental health with the insight, skills, and resilience to prevent, support recovery from and maintain positive mental health

Mental Health

Mental health problems lie at the heart of some of our greatest social challenges and the Covid-19 crisis has only exacerbated the problem. Whilst every section of society is affected, certain groups of people are disproportionately at risk; in particular children and young people (CYP), people from BAME communities, those living with long-term health conditions & disability and people living in poverty.

And what is not commonly understood is that if you live with a long-term untreated mental health issue it significantly increases the risk of a disability and premature mortality from other diseases, including cardiovascular disease, diabetes and other chronic diseases. Fortunately, counselling & psychotherapy can be highly effective in preventing, supporting recovery from and helping people live with mental health problems.

Achievements and performance

Impact-A theory of Change

The centre believes that we have a duty of care to ensure our services are effective and works hard to ensure our work has a positive impact. The Centre uses a **Theory of Change model**, "mapping backwards" from the desired Impact to identify the Primary & Secondary Outcomes, determine the interventions needed to achieve these Outcomes and develop indicators for each Outcome. This approach enables us to assess overall performance towards achieving the Impact and make changes/modifications to the model as necessary.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 December 2021

Achievements and performance *(continued)*

Outcomes for all therapeutic services-existing and new

	Outcome %
Resilience-better able to manage difficult situations	72
Improvement in mental health and Wellbeing	67
Improvement in presenting issues	69
Development of coping skills and strategies	71
Overall satisfaction rate	78
Greater self-awareness	80
Satisfaction rate	93

Covid-19

The pandemic continued to play a major role in delivery of services in 2021. With the exception of a short period in the Autumn of 2021 our offices remained closed with all therapy being delivered remotely. Demand for services continued to increase however, the charities specific Covid services had all come to an end by March 2021 in favour of more generic counselling, CBT, psychotherapy, and Wellbeing activities.

Existing services

Counselling & Psychotherapy Service

St Martin's Centre for Health and Healing Therapy Service has been working to improve the mental health and wellbeing of Birmingham residents for nearly 20 years. All our clients can be classed as vulnerable, many at risk, often with multiple issues, and predominantly coming from the most marginalised, impoverished parts of our community.

That's over 24,000 vulnerable people supported in developing the insight, resilience and self-management skills to improve their mental health and make a positive contribution to their overall quality of life in often very difficult personal and economic circumstances.

In 2020 the demand for our services was greater than ever and our 80+ BACP/UKCP/BABCP volunteer therapists (all either qualified or accumulating hours after academic studies), and 12 staff offered free, confidential counselling and psychotherapy to over 2,200 vulnerable people predominantly via the telephone and video link.

In anticipation of unprecedented levels of demand at the outbreak of the Covid-19 crisis we restructured the service to offer three distinct but interrelated therapeutic offerings.

In 2021 the demand for our services was greater than ever and our 100+ BACP/UKCP/BABCP volunteer therapists (all either qualified or accumulating hours after academic studies), and 16 staff offered free, and low-cost confidential counselling and psychotherapy to over 2,000 vulnerable people predominantly via the telephone and video link.

Depending on need we provided:

Wellbeing Support-up to 6 sessions. This included emotional support, guided self-help, and psychoeducation. The outcome to address anxiety and depression as a consequence of the Covid crisis.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 December 2021

Achievements and performance *(continued)*

Counselling Support-open ended. This included a mix of short & long - term, multi-modality intentions designed to resolve a wide range of emotional, psychological issues and mental health concerns.

Psychotherapy - 8 to 20 weeks. In-depth psychotherapy was offered to vulnerable people who experiencing a wide range of complex emotional, psychological and mental health conditions.

Cognitive Behavioural Therapy (CBT) - up to 20 weeks. Design to find practical ways to improve a client's state of mind and help identify and challenge any negative thinking patterns and behaviour which may be causing difficulties.

Plans for future periods

Future developments for 2022 include the establishment of a Young Person's therapy service delivered in schools across Birmingham.

St Martin's Centre for Health (CHH) has entered into a partnership with Birmingham City University (BCU) to deliver an MSc in Young People's Counselling (CYP). BCU will deliver the academic component with CHH providing the Clinical Placement all students need to undertake to qualify. 22 MSc students will commence a detailed program of 'familiarisation' training in October 2021 and commence their clinical practice in January 2022.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 December 2021

Financial review

Principal funding sources are Birmingham & Solihull Clinical Commissioning Group (CCG,) the Living Well Consortium, the Training of CBT therapists under sub-contract to Health Education England via the Living Well Consortium.

Additional income was generated through the generous support of numerous charitable Trusts, the City Council and the National Lottery. We also received a small amount of fees direct from our clients for long-term therapy.

During the year the charity's income was made up as follows:

	2021 £
Delivery of therapy services under contract or otherwise	360,167
Training fees	129,179
Grants for general use	2,700
Salary support grants (restricted)	13,501
General donations	1,653
Investment income	15
Other income	3,450
Total income	<u>510,665</u>

Total costs incurred were £395,623 leaving a balance carried forward to 2022 of £401,182 of which £146,000 has been designated for specific uses.

Going Concern

The trustees confirm they have considered all available information about the future for at least 12 months from the date the accounts were approved and have concluded that there is no uncertainty relating to going concern. Accordingly the accounts have been prepared on a going concern basis.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 December 2021

Financial review *(continued)*

Reserves

The trustees' policy is to try and maintain an amount of unrestricted reserves ie those not restricted or designated for specific purposes, equivalent to six months normal operating expenditure. This policy will be reviewed annually or more frequently if necessary. In light of the ongoing increase in demand for the charity's services further additional staff will be employed in the coming period. The estimate of 'normal operating expenditure' has been increased by £65,000 to factor this in.

The Centre for Health and Healing's un-restricted reserves at the end of the year amount to £401,182 and from this Trustees have designated £146,000 to cover the following costs:

- Website redesign £12,000
- New Database/Patient Management System £18,000
- Refurbishment of current property in order to facilitate and enhance new methods of working £27,000
- Development of Clinical & Supervision management structure and staffing £51,000
- Other costs in respect of planned service expansion-Children and Young People £22,000
- Investment in new IT equipment £16,000

Non-designated free reserves are therefore £190,000 for the year being reported representing approximately 6 months budgeted 'core activity' running costs. The Trustees recognise that a continuous process of fundraising is required to ensure that reserves can be maintained at a level that is in line with the reserves policy and reflects the organisation's continued desire to increase service delivery and activity.

Volunteers

The Charity is extremely pleased and grateful for the ongoing support of the many counsellors who volunteer their time to provide the support for the vulnerable people we seek to help. Whilst not formally included in the financial statements it has been calculated that if the charity had had to pay for this service it would have cost an additional £509,400.

Structure, governance and management

The charity is a charitable company, incorporated on 19 April 2002 and is governed by its Memorandum and Articles of Association as amended on 28 July 2008.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 December 2021

Structure, governance and management *(continued)*

Recruitment and induction of new trustees

The body of trustees, who are also directors for the purpose of company law, comprises five trustees appointed by the Parochial Church Council of St Martin in the Bull Ring and up to 10 persons co-opted for a fixed period of two years by the trustees currently in place. The chair of trustees is nominated by the Rector of St Martin in the Bull Ring.

Organisational structure

Day to day management is delegated to the chief executive, Mr Rob Jones.

Induction and training of new trustees

The board ensures that all members are aware of their responsibilities as trustees. Any new trustees are supplied, on their appointment, with appropriate literature issued by Charities Commission detailing their responsibilities.

Related Parties

The charity maintains a close working relationship on all operational matters with the Parochial Church Council of St Martin in the Bull Ring. Transactions with the PCC are disclosed in the accounts.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 December 2021

Reference and administrative details

Registered charity name	St Martins Centre for Health and Healing
Charity registration number	1094458
Company registration number	04421138
Principal office and registered office	St Martin's Church Edgbaston Street Birmingham B5 5BB

The trustees

J Barber
Co-opted
SA Ferris
Co-opted
Revd J Allcock
Revd E Blair Chappell
S Blair Chappell
A Standing
Co-opted
MC Rushen
Appointed by PCC
MJ Woodward
Appointed by PCC

Trustees during the Year

There were no changes in trustees during the year and with the exception of Anne Standing who resigned on 26 January 2022 all trustees were still in place at the date of signing the report.

Company secretary	MJ Woodward
Independent examiner	David Seeley FCA Accuo Accounting Limited Chartered Accountants Alvechurch Birmingham B48 7JX

Events after the end of the reporting period

The trustees are not aware of any events occurring since the balance sheet date that need to be disclosed.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 December 2021

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on 17 May 2022 and signed on behalf of the board of trustees by:

A handwritten signature in black ink, appearing to be 'J Allcock', written over a horizontal line.

Revd J Allcock
Trustee

St Martins Centre for Health and Healing

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of St Martins Centre for Health and Healing

Year ended 31 December 2021

I report to the trustees on my examination of the financial statements of St Martins Centre for Health and Healing ('the charity') for the year ended 31 December 2021.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

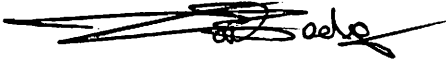
St Martins Centre for Health and Healing

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of St Martins Centre for Health and Healing *(continued)*

Year ended 31 December 2021

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



David Seeley FCA
Independent Examiner

Accuo Accounting Limited
Chartered Accountants
Alvechurch
Birmingham
B48 7JX

1/7/2022

St Martins Centre for Health and Healing

Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account)

Year ended 31 December 2021

		Unrestricted funds £	2021 Restricted funds £	Total funds £	2020 Total funds £
	Note				
Income and endowments					
Donations and legacies	5	4,353	13,501	17,854	87,783
Charitable activities	6	3,450	–	3,450	–
Other trading activities	7	489,346	–	489,346	317,110
Investment income	8	15	–	15	8
Total income		<u>497,164</u>	<u>13,501</u>	<u>510,665</u>	<u>404,901</u>
Expenditure					
Expenditure on raising funds:					
Costs of raising donations and legacies	9	54	–	54	216
Expenditure on charitable activities	10,11	382,067	13,501	395,568	280,752
Total expenditure		<u>382,121</u>	<u>13,501</u>	<u>395,622</u>	<u>280,968</u>
Net income and net movement in funds		<u>115,043</u>	<u>–</u>	<u>115,043</u>	<u>123,933</u>
Reconciliation of funds					
Total funds brought forward		286,139	–	286,139	162,206
Total funds carried forward		<u>401,182</u>	<u>–</u>	<u>401,182</u>	<u>286,139</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 13 to 24 form part of these financial statements.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Statement of Financial Position

31 December 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible fixed assets	17	–	180
Current assets			
Debtors	18	20,061	903
Cash at bank and in hand		406,847	296,538
		426,908	297,441
Creditors: amounts falling due within one year	19	25,726	11,482
Net current assets		401,182	285,959
Total assets less current liabilities		401,182	286,139
Net assets		401,182	286,139
Funds of the charity			
Unrestricted funds		401,182	286,139
Total charity funds	20	401,182	286,139

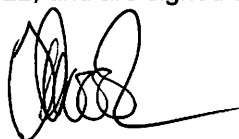
For the year ending 31 December 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 17 May 2022, and are signed on behalf of the board by:



Revd J Allcock
Trustee

The notes on pages 13 to 24 form part of these financial statements.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 December 2021

1. General information

The charity is a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is St Martin's Church, Edgbaston Street, Birmingham, B5 5BB.

The charity is a public benefit entity.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis. The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

The charity satisfies the criteria of being a qualifying entity as defined in FRS 102. As such, advantage has been taken of the following disclosure exemptions available under FRS 102:

No cash flow statement has been presented for the company.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2021

3. Accounting policies *(continued)*

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Significant judgements

The trustees consider there are no judgements (apart from those involving estimations) that management has made in the process of applying the entity's accounting policies and that have a significant effect on the amounts recognised in the financial statements.

Key sources of estimation uncertainty

Accounting estimates and assumptions are made concerning the future and, by their nature, will rarely equal the related actual outcome. There are no key assumptions or other sources of estimation uncertainty that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes. Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and may fall into one of two sub-classes: restricted income funds or endowment funds. At present there are no endowment funds.

Incoming resources

All income is included in the statement of financial activities when entitlement has passed to the charity, it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- income from room hire is recognised when the booking has taken place
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2021

3. Accounting policies *(continued)*

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes VAT as this cannot be recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events and non-charitable trading activities.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.
- All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Operating leases

Lease payments are recognised as an expense over the lease term on a straight-line basis. Any aggregate benefit of lease incentives is recognised as a reduction to expense over the lease term, on a straight-line basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. There are no tangible assets carried at revalued amounts,

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Fixtures and fittings - 25% straight line

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

4. Limited by guarantee

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding-up is limited to £1.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2021

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Donations			
Donations	1,653	–	1,653
Gifts			
Alfred Haines Charitable Trust	–	–	–
National Lottery Community Fund	–	–	–
Botteley Trust	–	–	–
29th May 1961 Trust	–	–	–
Edward and Dorothy Cadbury Trust	–	3,500	3,500
Living Well UK: Childhood Trauma Project	–	–	–
Peoples Postcode Trust	–	–	–
Patrick Trust	–	–	–
Roger and Douglas Trust	–	–	–
Ebenezer Trust	–	–	–
Grants			
Joan Lamb Charitable Trust	1,300	–	1,300
Bite Size Pieces	–	–	–
The W.E.D Charitable Trust	1,000	–	1,000
Eveson Trust	–	10,001	10,001
Birmingham Voluntary Service Council	–	–	–
Westhill Endowment	–	–	–
Deritend Chapel Endowment	–	–	–
William A Cadbury Charitable Trust	–	–	–
Edward Cadbury Charitable Trust	–	–	–
Sundry grants < £500	400	–	400
	<u>4,353</u>	<u>13,501</u>	<u>17,854</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Donations			
Donations	917	–	917
Gifts			
Alfred Haines Charitable Trust	–	750	750
National Lottery Community Fund	–	10,000	10,000
Botteley Trust	500	–	500
29th May 1961 Trust	4,000	–	4,000
Edward and Dorothy Cadbury Trust	–	–	–
Living Well UK: Childhood Trauma Project	–	7,100	7,100
Peoples Postcode Trust	20,000	–	20,000
Patrick Trust	1,000	–	1,000
Roger and Douglas Trust	3,000	–	3,000
Ebenezer Trust	–	1,000	1,000

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2021

5. Donations and legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Grants			
Joan Lamb Charitable Trust	2,365	–	2,365
Bite Size Pieces	–	750	750
The W.E.D Charitable Trust	–	–	–
Eveson Trust	–	10,000	10,000
Birmingham Voluntary Service Council	–	9,652	9,652
Westhill Endowment	–	5,000	5,000
Deritend Chapel Endowment	2,749	–	2,749
William A Cadbury Charitable Trust	–	4,000	4,000
Edward Cadbury Charitable Trust	–	5,000	5,000
Sundry grants < £500	–	–	–
	<u>34,531</u>	<u>53,252</u>	<u>87,783</u>

6. Charitable activities

	Unrestricted Funds £	Total Funds 2021 £	Unrestricted Funds £	Total Funds 2020 £
Other income from charitable activities	<u>3,450</u>	<u>3,450</u>	<u>–</u>	<u>–</u>

7. Other trading activities

	Unrestricted Funds £	Total Funds 2021 £	Unrestricted Funds £	Total Funds 2020 £
Room bookings	–	–	2,899	2,899
Counselling fees- individual	60,447	60,447	31,758	31,758
Living Well Consortium Contract				
Counselling delivery: IAPT/FTB	222,598	222,598	132,235	132,235
Access Clinic	2,530	2,530	4,580	4,580
Birmingham and Solihull CCG				
Community Contract	22,887	22,887	22,871	22,871
Living Well Consortium Contract				
Counselling delivery: Covid Triage	51,705	51,705	44,258	44,258
Living Well Consortium Contract				
Counselling delivery: CBT Training Contract	129,179	129,179	78,509	78,509
	<u>489,346</u>	<u>489,346</u>	<u>317,110</u>	<u>317,110</u>

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2021

8. Investment income

	Unrestricted Funds £	Total Funds 2021 £	Unrestricted Funds £	Total Funds 2020 £
Bank interest receivable	<u>15</u>	<u>15</u>	<u>8</u>	<u>8</u>

9. Costs of raising donations and legacies

	Unrestricted Funds £	Total Funds 2021 £	Unrestricted Funds £	Total Funds 2020 £
Costs of raising donations and legacies - Donations	<u>54</u>	<u>54</u>	<u>216</u>	<u>216</u>

10. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Counselling and room hire	311,044	13,501	324,545
Support costs	<u>71,023</u>	<u>—</u>	<u>71,023</u>
	<u>382,067</u>	<u>13,501</u>	<u>395,568</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Counselling and room hire	160,361	53,252	213,613
Support costs	<u>67,139</u>	<u>—</u>	<u>67,139</u>
	<u>227,500</u>	<u>53,252</u>	<u>280,752</u>

11. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2021 £	Total fund 2020 £
Counselling and room hire	324,545	68,323	392,868	277,992
Governance costs	<u>—</u>	<u>2,700</u>	<u>2,700</u>	<u>2,760</u>
	<u>324,545</u>	<u>71,023</u>	<u>395,568</u>	<u>280,752</u>

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2021

12. Analysis of support costs

	Counselling and room hire £	Total 2021 £	Total 2020 £
Staff costs	64,217	64,217	61,279
General office	4,106	4,106	3,100
Governance costs	2,700	2,700	2,760
	<u>71,023</u>	<u>71,023</u>	<u>67,139</u>

13. Net income

Net income is stated after charging/(crediting):

	2021 £	2020 £
Depreciation of tangible fixed assets	<u>180</u>	<u>–</u>

14. Independent examination fees

	2021 £	2020 £
Fees payable to the independent examiner for:		
Independent examination of the financial statements	600	600
Other financial services	<u>2,160</u>	<u>2,160</u>
	<u>2,760</u>	<u>2,760</u>

Fees payable for other services include payroll costs over two years.

15. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2021 £	2020 £
Wages and salaries	281,840	197,226
Social security costs	21,616	13,298
Employer contributions to pension plans	<u>8,591</u>	<u>6,940</u>
	<u>312,047</u>	<u>217,464</u>

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2021

15. Staff costs *(continued)*

The average head count of employees during the year was 12 (2020: 14). The average number of full-time equivalent employees during the year is analysed as follows:

	2021 No.	2020 No.
Director	1	1
Service Manager	1	1
Admin Manager	1	1
Administrator (Data Entry)	1	1
Administrator	3	1
Assessment and Triage-3 full-time equivalent	2	3
CBT Trainees	2	2
Wellbeing Practitioner	1	1
Project staff	—	2
	<u>12</u>	<u>13</u>

No employee received employee benefits of more than £60,000 during the year (2020: Nil).

Key Management Personnel

The charity considers the key management personnel to be the trustees and the Chief Executive. The trustees receive no remuneration and the total employee benefits are £57,834 (2020: £56,700).

16. Trustee remuneration and expenses

- no remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

17. Tangible fixed assets

	Fixtures and fittings £
Cost	
At 1 January 2021 and 31 December 2021	<u>16,648</u>
Depreciation	
At 1 January 2021	16,468
Charge for the year	180
At 31 December 2021	<u>16,648</u>
Carrying amount	
At 31 December 2021	<u>—</u>
At 31 December 2020	<u>180</u>

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2021

18. Debtors

	2021	2020
	£	£
Trade debtors	20,061	903

19. Creditors: amounts falling due within one year

	2021	2020
	£	£
Trade creditors	6,319	3,137
Accruals and deferred income	13,046	2,423
Social security and other taxes	4,256	3,816
Other creditors	2,105	2,106
	<u>25,726</u>	<u>11,482</u>

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2021

20. Analysis of charitable funds

Unrestricted funds

	At 1 January 2021 £	Income £	Expenditure £	Transfers £	At 31 December 2021 £
General funds	172,139	497,164	(382,121)	(32,000)	255,182
Database development	5,000	—	—	13,000	18,000
Website development	5,000	—	—	7,000	12,000
Room refurbishment and service enhancement	14,000	—	—	13,000	27,000
Clinical management- enhancement	34,000	—	—	17,000	51,000
HR and H&S consultancy	5,000	—	—	(5,000)	—
Young Persons' Therapy service - property	22,000	—	—	(22,000)	—
Young Persons' Therapy service -project costs	29,000	—	—	(7,000)	22,000
New IT Equipment	—	—	—	16,000	16,000
	<u>286,139</u>	<u>497,164</u>	<u>(382,121)</u>	<u>—</u>	<u>401,182</u>

	At 1 January 2020 £	Income £	Expenditure £	Transfers £	At 31 December 2020 £
General funds	162,206	351,649	(227,716)	(114,000)	172,139
Database development	—	—	—	5,000	5,000
Website development	—	—	—	5,000	5,000
Room refurbishment and service enhancement	—	—	—	14,000	14,000
Clinical management- enhancement	—	—	—	34,000	34,000
HR and H&S consultancy	—	—	—	5,000	5,000
Young Persons' Therapy service - property	—	—	—	22,000	22,000
Young Persons' Therapy service -project costs	—	—	—	29,000	29,000
New IT Equipment	—	—	—	—	—
	<u>162,206</u>	<u>351,649</u>	<u>(227,716)</u>	<u>—</u>	<u>286,139</u>

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2021

20. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 January 2021 £	Income £	Expenditure £	Transfers £	At 31 December 2021 £
Covid 19	—	—	—	—	—
Salaries	—	13,501	(13,501)	—	—
	<u>—</u>	<u>13,501</u>	<u>(13,501)</u>	<u>—</u>	<u>—</u>
	—	—	—	—	—
	<u>—</u>	<u>13,501</u>	<u>(13,501)</u>	<u>—</u>	<u>—</u>

	At 1 January 2020 £	Income £	Expenditure £	Transfers £	At 31 December 2020 £
Covid 19	—	53,252	(53,252)	—	—
Salaries	—	—	—	—	—
	<u>—</u>	<u>53,252</u>	<u>(53,252)</u>	<u>—</u>	<u>—</u>
	—	—	—	—	—
	<u>—</u>	<u>53,252</u>	<u>(53,252)</u>	<u>—</u>	<u>—</u>

21. Analysis of net assets between funds

	Unrestricted Funds £	Total Funds 2021 £
Tangible fixed assets	—	—
Current assets	426,908	426,908
Creditors less than 1 year	(25,726)	(25,726)
Net assets	<u>401,182</u>	<u>401,182</u>

	Unrestricted Funds £	Total Funds 2020 £
Tangible fixed assets	180	180
Current assets	297,441	297,441
Creditors less than 1 year	(11,482)	(11,482)
Net assets	<u>286,139</u>	<u>286,139</u>

22. Operating lease commitments

The total future minimum lease payments under non-cancellable operating leases are as follows:

	2021 £	2020 £
Later than 5 years	<u>262,080</u>	<u>282,240</u>

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2021

23. Related parties

During the year the charity entered into the following transactions with related parties:

	Transaction value		Balance owed by/(owed to)	
	2021	2020	2021	2020
	£	£	£	£
St Martin's Parochial Church Council	<u>20,160</u>	<u>28,964</u>	<u>–</u>	<u>(4,292)</u>

There are transactions with the Parochial Church Council of St Martin in the Bull Ring.

(a) The Rector of the church has the power to appoint the chair of trustees and the PCC has the power to appoint up to five trustees to the charity.

(b) The building in which the charity operates is leased from the PCC and in previous years the PCC also made recharges to the charity in respect of a number of services provided; telephone, heat and light, photocopying, and a staff service charge. The amounts charged in the year were £nil (2020: £8,804);

(c) The lease is for a period of 20 years, due to finish in 2035 and the annual rent payable is £20,160.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Management Information

Year ended 31 December 2021

The following pages do not form part of the financial statements.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Detailed Statement of Financial Activities

Year ended 31 December 2021

	2021 £	2020 £
Income and endowments		
Donations and legacies		
Donations	1,653	917
Alfred Haines Charitable Trust	—	750
National Lottery Community Fund	—	10,000
Botteley Trust	—	500
29th May 1961 Trust	—	4,000
Edward and Dorothy Cadbury Trust	3,500	—
Living Well UK: Childhood Trauma Project	—	7,100
Peoples Postcode Trust	—	20,000
Patrick Trust	—	1,000
Roger and Douglas Trust	—	3,000
Ebenezer Trust	—	1,000
Joan Lamb Charitable Trust	1,300	2,365
Bite Size Pieces	—	750
The W.E.D Charitable Trust	1,000	—
Eveson Trust	10,001	10,000
Birmingham Voluntary Service Council	—	9,652
Westhill Endowment	—	5,000
Deritend Chapel Endowment	—	2,749
William A Cadbury Charitable Trust	—	4,000
Edward Cadbury Charitable Trust	—	5,000
Sundry grants < £500	400	—
	<u>17,854</u>	<u>87,783</u>
Charitable activities		
Other income from charitable activities	<u>3,450</u>	<u>—</u>
Other trading activities		
Room bookings	—	2,899
Counselling fees- individual	60,447	31,758
Living Well Consortium Contract Counselling delivery: IAPT/FTB	222,598	132,235
Access Clinic	2,530	4,580
Birmingham and Solihull CCG Community Contract	22,887	22,871
Living Well Consortium Contract Counselling delivery: Covid Triage	51,705	44,258
Living Well Consortium Contract Counselling delivery: CBT Training Contract	<u>129,179</u>	<u>78,509</u>
	<u>489,346</u>	<u>317,110</u>
Investment income		
Bank interest receivable	<u>15</u>	<u>8</u>
Total income	<u><u>510,665</u></u>	<u><u>404,901</u></u>

St Martins Centre for Health and Healing

Company Limited by Guarantee

Detailed Statement of Financial Activities *(continued)*

Year ended 31 December 2021

	2021 £	2020 £
Expenditure		
Costs of raising donations and legacies		
Other office costs	54	216
Expenditure on charitable activities		
Purchases	17,839	16,510
Wages and salaries	281,840	197,226
Employer's NIC	21,616	13,298
Pension costs	8,591	6,940
Rent	20,160	20,160
Repairs and maintenance	—	2,830
Insurance	3,355	2,708
Other establishment	—	216
Other motor/travel costs	89	62
Legal and professional fees	2,713	2,760
Telephone	768	853
Other office costs	14,285	7,637
Depreciation	180	—
Management charges	4,205	3,933
Counselling and volunteer expenses	8,726	2,519
Book-keeping	4,106	3,100
Publicity	7,095	—
	<u>395,568</u>	<u>280,752</u>
Total expenditure	<u>395,622</u>	<u>280,968</u>
Net income	<u>115,043</u>	<u>123,933</u>

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Detailed Statement of Financial Activities

Year ended 31 December 2021

	2021 £	2020 £
Costs of raising donations and legacies		
Costs of raising donations and legacies - Donations		
Fundraising costs	54	216
	<u>54</u>	<u>216</u>
Costs of raising donations and legacies	<u>54</u>	<u>216</u>
Expenditure on charitable activities		
Counselling and room hire		
<i>Activities undertaken directly</i>		
Service provision and delivery	17,839	16,510
Salaries	226,760	145,728
Employer's NIC	15,233	6,600
Pension costs	5,837	3,857
Rent	20,160	20,160
Repairs & maintenance	—	2,830
Insurance	3,355	2,708
Other establishment costs	—	216
Travel costs	89	62
Counselling supervision	13	—
Telephone	768	853
Other office costs	14,285	7,637
Depreciation	180	—
Management charges	4,205	3,933
Counselling and volunteer expenses	8,726	2,519
Publicity	7,095	—
	<u>324,545</u>	<u>213,613</u>
<i>Support costs</i>		
Salaries	55,080	51,498
Employer's NIC	6,383	6,698
Pension costs	2,754	3,083
Book-keeping	4,106	3,100
	<u>68,323</u>	<u>64,379</u>
Governance costs		
Legal and other professional fees	2,700	2,760
	<u>2,700</u>	<u>2,760</u>
Expenditure on charitable activities	<u>395,568</u>	<u>280,752</u>