

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 October 2022
for
Walk Tall

Aspirations Accountancy Limited

Walk Tall
Contents of the Financial Statements
for the year ended 31 October 2022

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Walk Tall
Report of the Trustees
For the year ended 31 October 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 October 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Charity's aim is to advance the education of young people under the age of 25, by raising awareness and by imparting knowledge, skills and strategies which reduce and manage conflict and promote concord, respect and positive behaviour between individuals, within society and community,

The charity also seeks to advance the education of the general public as well as promoting awareness of the Charity's values and ideals and conducts research into the best delivery of these objectives.

Summary of the year

The year has been an incredibly busy one. With Covid restrictions over we have started service and counselling tuition continue to be strong and demand for these services continues to grow. Restoring arts provision, however, has proven to be more challenging

Despite implementing hybrid working and continuing to deliver some services online, we find ourselves in need of more space – especially for education, training and arts provision. Our board members are proactively seeking suitable premises.

Our county reach is also growing. We are now delivering young peoples' counselling to locations outside Gravesham and Dartford. This also requires us to urgently rebuild our staffing capacity.

Supporting Young People in Education:

This has been our first full year of education provision without being interrupted by periods of lockdown and online learning. I'm very pleased and proud of our young learners who initially struggled to attend as a result of their isolation during lockdown and increasing attendance was reflected in exam success. Key Stage 4 referral numbers began to increase with a demand to take Key Stage 3 students. We exceeded our subcontracted allocation by 25 % and it's clear that we need to build capacity to cater for more students. The number of students coming through the service over the year was 31.60 % of students engaged in 1:1 therapy, all had exam success and 89 % positive progression destinations.

Counselling Service:

We now receive referrals from outside Kent. Although small in number we are able to support those needing counselling from far afield due to our decision to continue with the option to work online. Our counselling rooms are fully operational again. Thanks to a Children in Need grant in March we were able to refurbish our rooms to cater for even

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For the year ended 31 October 2022

OBJECTIVES AND ACTIVITIES

Significant activities (Counselling Service continued)

the youngest child requiring therapy. Our challenge has been to recruit sufficient therapists of sufficient calibre – that is those who have had adequate training and who hold proper qualifications. As such, recruitment has become an ongoing process. This year saw 190 clients through the service, 30 % of them under 18 years old.

Counselling Tuition:

The courses continue to be popular as our reputation for excellence in counselling tuition spreads. We continue to run all levels of training from Level 2 through to specialists at level 6. In addition to 12 continuing students, 39 new students joined throughout the year

Arts:

This has been the most challenging of our services to re-establish. Lockdown and the national direction towards STEM subjects have resulted in a drop in popularity to engage in arts. Thanks to KCCs Reconnect Grant we were able to run weekly young people's groups and although numbers are still small, we are continuing them.

The major success has been the establishment of an adult community choir started in May 2022 and saw its inaugural performance at Her Late Majesty's Platinum Jubilee celebration in June 2022! The choir goes from strength to strength and, thanks to a grant from Involve Kent, is able to attract many members from seniors in the community.

Other Projects

An aspect of Walk Tall's uniqueness is the ability to blend and integrate our three primary modalities. These are, perhaps most clearly illustrated by some of our community projects such as 'Wibberly Wobberly Worries' which saw groups of primary age children using expressive arts, education and therapy to examine and calm anxiety following lockdown and our young people peer support project for children and young people who had suffered bereavement following the Covid Pandemic.

Funders and Support:

We were fortunate to be in receipt of grants which have helped us to continue our work and enable us to provide special projects to support our community as we respond to changing needs.

Our thanks to:

Our funders:

BBC Children in Need,

Co-op Foundation

ASDA Foundation

Involve Kent

Philip and Connie Foundation

Our supporters:

Aspirations Accountancy, Sealeys Estate Agency, Gullands Solicitors, P&P Hub,

Swanscombe & Greenhithe Residents Association.

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Report of the Trustees
For the year ended 31 October 2022

FINANCIAL REVIEW

Reserves policy

The trustees have examined the charity's requirements for reserves in light of the main risks to the organisation. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be between 9 and 12 months of the expenditure.

The reserves are needed to meet the working capital requirements of the charity, at the balance sheet date the available reserves were £171,996 (2021: £169,678) which represents thirteen months of expenditure, a month more than our target range. This gives the charity a base from which to grow and expand its reach in community and to meet increasing costs until a permanent home is found.. The CEO has put forward plans for the coming financial year to maintain the unrestricted reserve position whilst delivering more services to our new and existing users. The charity is working closely with local funders and delivery partners to provide a good quality education within strict budget lines. It is anticipated that this will maintain the Charity's reserves in line with its target range and improve our reach.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

New trustees are introduced to the charity by either their work in the local community or by the Chief Executive as part of her work to promote the activities of the charity.

Trustees are invited and encouraged to attend performances that the charity produces and to meet the actors and volunteers in the rehearsal sessions so that they understand the context of the charitable work undertaken.

The charity also produces a guide to the legal responsibilities of being a trustee plus sign postings from the various Charity Commission publications through the Commission's guide "the Essential Trustee".

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

04362851 (England and Wales)

Registered Charity number

1094146

Registered office

Heritage Hall
Craylands Lane
Swanscombe
Kent
DA10 0LP

Walk Tall
Report of the Trustees
For the year ended 31 October 2022

Trustees

Reverend D Scott - Retired Parish Priest
A B Kensington - Accountant
M Sears - Commercial Agent
Ms J Crocker - Solicitor

Independent Examiner

Blue Rocket Accounting
8 Twisleton Court
Dartford
Kent
DA1 2EN

A WORD FROM OUR CHAIRMAN

Trustees: We have a small, but gifted band of trustees who have contributed to Walk Tall's welfare through their diverse gifts and specialities. We met several times either by zoom or face to face. We are blessed in having a first-class accountant keeping a watchful eye on our cash flow, in having an expert in the property market guiding us in finding and assessing new locations – an ongoing challenge and in having a fully qualified lawyer keeping an eye on legal issues. Recently, not in the time period covered by this report, we have added a new trustee, good news after we lost a young lady who left the Board after giving birth to her first child. The trustees work well together, each contributing their skills to Walk Tall's life. Thank you, all you wonderful people

CEO: Walk Tall depends very heavily on the skills of our extremely busy CEO, Dr Ann Duke. Ann has continued to be a first-rate fund raiser which, although making more demand on her time, has proved very valuable for the Walk Tall finances. She guided the charity through the challenges of the covid era with wisdom and skill and she often comes out with new visions and ideas for the charity. She is supported by a small staff, the numbers of which were greatly reduced after the move from Northfleet. This shortage of staff is being closely watched by the trustees and the hope is that staff support for Ann will be increased in the near future. The challenge for her and trustees is to create and maintain capacity for fulfilling the visions and ideas.

Activities:

Counselling: This department is proving to be Walk Tall's major success story. With several training courses and counselling sessions going on; the income has been climbing steadily with Emma Farrell at the head. Walk Tall depends very heavily on part time employees and we are grateful for them. So much of the training and even the counselling now operates by zoom. The counselling department used all three of our rented premises in Dartford, Swanscombe and Gravesend.

School: The school operated by zoom over the covid era, even being closed at certain times. It is now operating successfully in the new premises, i.e. the Heritage Hall in Swanscombe.

Walk Tall
Report of the Trustees
For the year ended 31 October 2022

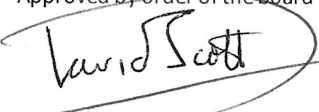
Activities: (continued)

Drama and Choir: The drama program was still planned for recovery but progress in this has been very slow. However the Catzout choir under Tamara Gummer is making steady progress.

Volunteers: Walk Tall has always depended heavily on its volunteers. Unfortunately most of them don't seem to last long. Of course we are very grateful to the ones who active with us and give of their time generously

The future: The future of Walk Tall is secure not least because of our healthy finances and also because it is constantly reviewing and renewing its vision. There is a high standard of efficiency on the part of the CEO, the trustees, employees and volunteers. May we go from strength to strength overcoming all obstacles.

Approved by order of the board of trustees on 5th July 2023 and signed on its behalf by:



Reverend D Scott-Trustee

Report of the Trustees and INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF Walk Tall

Independent examiner's report to the trustees of Walk Tall ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 October 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination, I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1 accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Miguel Calabrese
FCCA
Blue Rocket Accounting
8 Twisleton Court
Dartford
Kent
DA1 2EN

6th July 2023

Walk Tall
STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 October 2022

	Note	Unrestricted Funds 2022	Restricted Funds 2022	TOTAL FUNDS 2022	TOTAL FUNDS 2021
INCOMING RESOURCES					
Donations and legacies		95,360	-	95,360	120,006
Charitable activities					
Grants		-	59,848	59,848	42,883
Other trading activities		51,694	113	51,807	24,735
Investment income		40	-	40	10,931
TOTAL INCOMING REOURCES		147,094	59,961	207,055	198,555
RESOURCES EXPENDED					
Cost of generating funds:					
Project delivery		80,274	12,355	92,629	80,074
Charitable activities					
Resources		11,410	25,040	36,450	11,357
Bought in professional services		7,981	4,451	12,432	12,232
Rent of facilities and equipment		32,232	6,863	39,095	45,844
Other expenses		16,807	5,752	22,559	11,746
Advertising and promotion expenses		1,480	-	1,480	729
TOTAL RESOURCES EXPENDED		150,184	54,461	204,645	161,982
NET INCOMING/(OUTGOING) RESOURCES FOR THE YEAR					
		(3,090)	5,500	2,410	36,573
RECONCILIATION OF FUNDS					
Transfer between funds		5,408	(5,408)	-	-
Total funds brought forward		169,678	25,753	195,431	158,858
TOTAL FUNDS CARRIED FORWARD		171,996	25,845	197,841	195,431

Walk Tall
Balance Sheet
31 October 2022

	Note	Unrestricted Fund 2022	Restricted Fund 2022	TOTAL FUNDS 2022	TOTAL FUNDS 2021
FIXED ASSETS					
Tangible Assets	1	105	2,814	2,919	3,892
CURRENT ASSETS	2				
Debtors & Prepayments		35,073	-	35,073	22,175
Cash at Bank & in hand		159,337	58,925	218,262	200,029
TOTAL INCOMING RESOURCES		194,410	58,925	253,335	222,204
CREDITORS: Amounts due within one year	3	22,519	35,894	58,413	30,665
NET CURRENT ASSETS		171,996	25,845	197,841	195,431
CREDITORS: Amounts falling due after more than one year		-	-	-	-
NET ASSETS		171,996	25,845	197,841	195,431
FUNDED BY					
Accumulated Unrestricted Income funds		171,996	25,845	197,841	195,431
TOTAL FUNDS CARRIED FORWARD		171,996	25,845	197,841	195,431

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2020 in accordance with Section 476 of the Companies Act 2006.

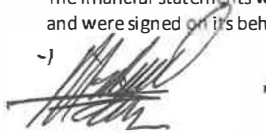
The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

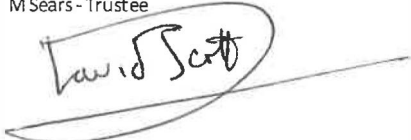
Walk Tall
Balance Sheet - Continued
31 October 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 5th July 2023 and were signed on its behalf by:



Name of Trustee
M Sears - Trustee



Name of Trustee
D Scott - Trustee

Walk Tall
Notes to the Financial Statements
for the year ended 31 October 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the company has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the company to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery - 25% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the company. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Walk Tall
Notes to the Financial Statements
for the year ended 31 October 2022

2 OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Fundraising events	-	-
Counselling Courses	51,122	24,442
	51,122	24,442

3 INVESTMENT INCOME

	2022	2021
	£	£
Rent received	-	10,915
Deposit amount interest	40	16
	40	10,931

4 PROJECT DELIVERY

Investment management costs

	2022	2021
	£	£
Property repairs	4,867	1,331
	4,867	1,331

5 NET INCOME/(EXPENDITURE)

Net income / (expenditure) is stated after charging / (crediting):

	2022	2021
	£	£
Depreciation - owned assets	965	641
Other operating leases	38,587	45,246

6 TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 October 2021 nor for the year ended 31 October 2022.

Trustees' expenses

There were no trustees' remuneration or other benefits for the year ended 31 October 2021 nor for the year ended 31 October 2022.

7 STAFF COSTS

The average monthly number of employees during the year was as follows

	2022	2021
	£	£
Charitable activities	8	8
Support team	3	3
	11	11

No employee received emoluments in excess of £60,000

Walk Tall
Notes to the Financial Statements - continued
for the year ended 31 October 2022

8 COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	87,330	32,676	120,006
Charitable activities			
Resources	42,883	-	42,883
Other trading activities	24,735	-	24,735
Investment income	10,931	-	10,931
Total	165,879	32,676	198,555
EXPENDITURE ON			
Project delivery	51,622	28,452	80,074
Charitable activities			
Resources	17,881	-	17,881
Bought in professional services	9,982	2,250	12,232
Rent of facilities and equipment	45,844	-	45,844
Other expenses	3,825	1,398	5,223
Advertising and promotion expenses	153	576	729
Total	129,307	32,676	161,983
NET INCOME/(EXPENDITURE)	36,572	-	36,572
RECONCILIATION OF FUNDS			
Transfer between funds	(25,753)	25,753	-
Total funds brought forward	158,859	-	158,859
TOTAL FUNDS CARRIED FORWARD	169,678	25,753	195,431

Walk Tall
Notes to the Financial Statements - continued
for the year ended 31 October 2022

9	TANGIBLE FIXED ASSETS	Plant and machinery £	Computer equipment £	Total £
	COST			
	At 1 November 2021	905	5,140	6,045
	Additions	-	-	-
	At 31 October 2022	905	5,140	6,045
	DEPRECIATION			
	At 1 November 2021	873	1,280	2,153
	Charge for the year	8	965	973
	At 31 October 2022	881	2,245	3,126
	NET BOOK VALUE			
	At 1 November 2021	32	3,860	3,892
	At 31 October 2022	24	2,895	2,919
10	DEBTORS	2022 £	2022 £	2021 £
		Unrestricted	Restricted	Total
	Trade debtors	31,823	-	18,925
	Other debtors	3,250	-	3,250
		35,073	-	22,175
11	CREDITORS: Amounts falling due within one year	2022 £	2022 £	2021 £
		Unrestricted	Restricted	Total
	Accruals	18,338	-	4,346
	Pension	108	-	-
	Social securities and other taxes	205	-	380
	Deferred grant income	-	35,894	23,498
	Other creditors	3,868	-	2,441
		22,519	35,894	30,665

Walk Tall
Notes to the Financial Statements - continued
for the year ended 31 October 2022

12 MOVEMENT IN FUNDS

	At 31/10/2021 £	Net movement in fund £	At 31/10/2022 £
Unrestricted funds			
General fund	169,678	(3,090)	166,588
Restricted funds			
Children in Need			
Other agencies	25,753	5,500	20,253
TOTAL FUNDS	195,431	2,410	186,841

Net movement in funds, included in the above are as follows:

	Income resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	147,094	(150,184)	(3,090)
Restricted funds			
Children in Need	48,776	(48,776)	-
Other agencies	11,185	(5,685)	5,500
TOTAL FUNDS	158,279	(155,869)	2,410

13 RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 October 2022.

Walk Tall
Detailed Statement of Financial Activities
for the year ended 31 October 2022

	2022 £ Restricted	2022 £ Unrestricted	2021 £ Total
INCOME AND ENDOWMENTS			
Donations and legacies			
Counselling service	-	36,559	49,861
Admissions	-	-	-
Donation income	-	1,103	-
Other income	-	57,698	70,145
	-	95,360	120,006
Other trading activities			
Fundraising events	113	572	293
Counselling courses	-	51,122	24,442
	113	51,694	24,735
Investment income			
Rents received	-	-	10,915
Deposit account interest	-	40	16
	-	40	10,931
Charitable activities			
Government grant	-	-	-
Grants	59,848	-	42,883
	59,848	-	42,883
TOTAL INCOMING RESOURCES	59,961	147,094	198,555
EXPENDITURE			
Other trading activities			
Wages	12,102	74,884	79,520
Staff training	-	464	
Pensions	253	350	554
Bad debts	-	4,576	-
	12,355	80,274	80,074
Investment management costs			
Property repairs	3,258	1,609	1,331
	3,258	1,609	1,331
Charitable activities			
Resources	25,040	11,410	11,358
Counselling fees	4,451	7,981	12,232
	29,491	19,391	23,590
Support costs Management			
Vehicle Running cost	683	486	-
Rent payable	6,863	31,724	45,246
Rates and water	-	508	598
Insurance	718	2,511	2,302
Printing, postage and stationery	155	1,536	810
Advertising and promotion	-	1,480	729
Sundries	-	-	
	8,419	38,245	49,685

Walk Tall
Detailed Statement of Financial Activities
for the year ended 31 October 2022

	2022 £ Restricted	2022 £ Unrestricted	2021 £ Total
Support costs Management - Continue			
Light and heat	-	4,760	2,462
Computer software and consumables	-	1,529	1,353
Telephone	-	2,346	2,058
	8,419	46,880	55,558
Finance			
Legal and professional costs	-	276	-
Subscriptions and donations	-	959	275
Sundry expenses	-	41	-
Depreciation: Plant and machinery	-	8	11
Depreciation: Computer equipment	938	27	641
	938	1,311	927
Other			
Travel and subsistence	-	95	64
Governance costs			
Accountancy and legal fees	-	624	439
Total resources expended	54,461	150,184	161,983
Net expenditure	5,500	(3,090)	36,572