

REGISTERED COMPANY NUMBER: 04362851 (England and Wales)

REGISTERED CHARITY NUMBER: 1094146

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 October 2021
for
Walk Tall

Walk Tall
Contents of the Financial Statements
for the year ended 31 October 2021

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Walk Tall
Report of the Trustees
For the year ended 31 October 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 October 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Charity's aim is to advance the education of young people under the age of 25, by raising awareness and by imparting knowledge, skills and strategies which reduce and manage conflict and promote concord, respect and positive behaviour between individuals, within society and community,

The charity also seeks to advance the education of the general public as well as promoting awareness of the Charity's values and ideals and conducts research into the best delivery of these objectives.

Over the period of the Covid-19 pandemic we were able to continue most of our services in some way. The only activities we were unable to provide at all were performing arts. The continuing restrictions on face-to-face mixing during the pandemic necessitated several new ways of working. As we gradually emerged from the pandemic throughout 2021, some of these changes have proven, in the longer term, to be beneficial, both to Walk Tall organizationally and to our service users. We have, therefore, retained some of these changes where appropriate. It has resulted in our ability to work more flexibly, effectively and efficiently across our operational strands, as well as increasing our reach in some areas of operation such as adult online tuition and online counselling.

The Year's Activities:

Supporting Young People in Education:

We were able to continue with online lessons throughout the lockdowns with most young people engaging successfully. After a sharp decline in young people being referred to the provision in the summer of 2020, numbers gradually increased and by the end of October 2021 were again at the maximum ceiling of 20 young people in education at any one time, with a throughput of 29. We also provided 1:1 therapy for 69% of students in education.

Counselling Service:

We were extremely proud to have been awarded BACP Accredited Service Status – one of only 4 adult services and the only under 18s counselling service in Kent! This is due to the expertise, commitment and professionalism of Emma Farrell, Walk Tall's Counselling Service Manager. Our grateful thanks go to her.

Over the year there was a 59 % increase in referrals from agencies and from self-referrals of clients from all age groups suffering from anxiety and stress related conditions. During periods of lockdown, we were able to work with adult and teenage clients via online counselling but unable to work with children below the age of 11 for whom face-to-face therapy was the only viable option. We returned to face-to-face counselling in April 2021. The year saw 111 new clients come into the service. The service – and our excellent reputation, continues to grow.

Walk Tall
Report of the Trustees
For the year ended 31 October 2021

Counselling Tuition:

We were successful in gaining accredited status with CPCAB awarding body to run a Level 6 specialist course in Counselling Children and Young People and the first course began in September 2021. Tuition at Levels 2, 3 are to continue via Zoom classrooms and Level 4 is now delivered as a blended course of online and face-to-face tuition. Over the year a total of 47 students engaged with counsellor training. This high quality tuition is essential in order for us to ensure the highest standards in counselling provision.

Grants and Community Support:

We were fortunate to receive grants which have helped us to continue our core work as well as enable us to provide special projects to support our community through this difficult period. Such projects include therapeutic support groups to help young people cope with anxiety, loss and bereavement.

Our thanks to:

Our funders:

BBC Children in Need, Co-op Foundation, Persimmons, Colyer Fergusson, KCC Reconnect, ASDA Foundation

Our supporters;

Aspirations Accountancy, Sealeys Estate Agency, Gullands Solicitors, P&P Hub, and Swanscombe & Greenhithe Residents Association.

FINANCIAL REVIEW

Reserves policy

The trustees have examined the charity's requirements for reserves in light of the main risks to the organisation. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be between 9 and 12 months of the expenditure.

The reserves are needed to meet the working capital requirements of the charity, at the balance sheet date the available reserves were £169,678 (2020: £158,859) which represents eleven months of expenditure, so within our target range. This gives the charity a base from which to grow and expand its reach in the community and to meet increasing costs until a permanent home is found. The CEO has put forward plans for the coming financial year to maintain the unrestricted reserve position whilst delivering more services to our new and existing users. The charity is working closely with local funders and delivery partners to provide a good quality education within strict budget lines. It is anticipated that this will maintain the Charity's reserves in line with its target range and improve our reach.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

For the year ended 31 October 2021

Recruitment and appointment of new trustees

New trustees are introduced to the charity by either their work in the local community or by the Chief Executive as part of her work to promote the activities of the charity.

Trustees are invited and encouraged to attend performances that the charity produces and to meet the actors and volunteers in the rehearsal sessions so that they understand the context of the charitable work undertaken.

The charity also produces a guide to the legal responsibilities of being a trustee plus sign postings from the various Charity Commission publications through the Commission's guide "the Essential Trustee".

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

04362851 (England and Wales)

Registered Charity number

1094146

Registered office

Heritage Hall
Craylands lane
Swanscombe
Kent
DA10 0LP

Trustees

Reverend D Scott - Retired Parish Priest (Chairman)
A B Kensington - Accountant
M Sears - Commercial Agent
Ms J Crocker - Solicitor
Mrs S Aldridge - HR Professional

Independent Examiner

Blue Rocket Accounting
8 Twisleton Court
Dartford
Kent
DA1 2EN

A WORD FROM OUR CHAIRMAN

Trustees:

We have a small, but gifted band of trustees who have contributed to Walk Tall's welfare through their diverse gifts and specialities. We met several times by zoom and once face to face. We also enjoy an end of the year get together at a restaurant. We are blessed in having a first-class accountant keeping a watchful eye on our cash flow, in having an expert in the property market guiding us in finding and assessing new locations – an ongoing challenge and in having a fully qualified lawyer keeping an eye on legal issues and our newest and youngest, an HR expert. The trustees work well together each contributing their skills to Walk Tall's life. Thank you, all you wonderful people.

CEO:

Walk Tall depends very heavily on the skills of our extremely busy CEO, Dr Ann Duke. Ann has also proved to be a first-rate fund raiser which, although making more demand on her time, has proved very valuable for the Walk Tall finances. She often comes out with new visions and ideas for the charity. The challenge for her and trustees is to create and maintain capacity for fulfilling the visions and ideas.

Activities:

Counselling: This department is proving to be Walk Tall's major success story. With several training courses and counselling sessions going on; the income has been climbing steadily with Emma Farrell at the head. Walk Tall depends very heavily on part time employees and we are grateful for them. So much of the training and even the counselling now operates by zoom. The counselling department used all three of our rented premises in Dartford, Swanscombe and Gravesend.

School: The school operated by zoom over the covid era, even being closed at certain times. It is now operating successfully in the new premises, i.e. the Heritage Hall in Swanscombe.

Drama: The drama program has been waiting for a suitable time, post covid, to reopen, especially for children. The vision of holding children's drama classes is on its way to a reawakening in 2022.

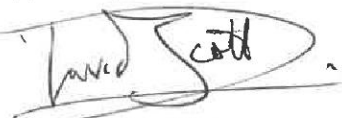
Volunteers:

Walk Tall has always depended heavily on its volunteers. Unfortunately most of them don't seem to last long. Of course we are very grateful to the ones who are active with us and give of their time generously. Walk Tall has had young people from the Kickstart programme with mixed success depending on the suitability of the young people for the tasks.

The future:

The future of Walk Tall is secure not least because of our healthy finances and also because it is constantly reviewing and renewing its vision. There is a high standard of efficiency on the part of the CEO, the trustees, employees and volunteers. May we go from strength to strength overcoming all obstacles.

Approved by order of the board of trustees on 20 July 2022 and signed on its behalf by:



Reverend D Scott - Chairman

DAVID SCOTT.

For the year ended 31 October 2021

Independent examiner's report to the trustees of Walk Tall ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 October 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1 accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Miguel Calabrese
FCCA
Blue Rocket Accounting
8 Twisleton Court
Dartford
Kent
DA1 2EN

20/07/2022

for the year ended 31 October 2021

	Note	Unrestricted Funds 2021	Restricted Funds 2021	TOTAL FUNDS 2021	TOTAL FUNDS 2020
INCOMING RESOURCES					
Donations and legacies		87,330	32,676	120,006	82,682
Charitable activities					
Resources		42,883	-	42,883	70,160
Other trading activities		24,735	-	24,735	54,815
Investment income		10,931	-	10,931	1,929
TOTAL INCOMING REOURCES		165,879	32,676	198,555	209,586
RESOURCES EXPENDED					
Cost of generating funds:					
Project delivery		51,622	28,452	80,074	80,769
Charitable activities					
Resources		17,881	-	17,881	13,709
Bought in professional services		9,982	2,250	12,232	13,823
Rent of facilities and equipment		45,844	-	45,844	34,854
Other expenses		3,825	1,398	5,223	3,996
Advertising and promotion expenses		153	576	729	1,974
TOTAL RESOURCES EXPENDED		129,307	32,676	161,983	149,125
NET INCOMING/(OUTGOING) RESOURCES FOR THE YEAR					
		36,572	-	36,572	60,461
RECONCILIATION OF FUNDS					
Transfer between funds		(25,753)	25,753	-	-
Total funds brought forward		158,859	-	158,859	98,398
TOTAL FUNDS CARRIED FORWARD		169,678	25,753	195,431	158,859

31 October 2021

	Note	Unrestricted Fund 2021	Restricted Fund 2021	TOTAL FUNDS 2021	TOTAL FUNDS 2020
FIXED ASSETS					
Tangible Assets	1	140	3,752	3,892	186
CURRENT ASSETS	2				
Debtors & Prepayments		22,175	-	22,175	18,499
Cash at Bank & in hand		154,530	45,499	200,029	147,320
TOTAL INCOMING RESOURCES		<u>176,705</u>	<u>45,499</u>	<u>222,204</u>	<u>165,819</u>
CREDITORS: Amounts due within one year	3	<u>7,167</u>	<u>23,498</u>	<u>30,665</u>	<u>7,146</u>
NET CURRENT ASSETS		<u>169,678</u>	<u>25,753</u>	<u>195,431</u>	<u>158,859</u>
CREDITORS: Amounts falling due after more than one year	4	-	-	-	-
NET ASSETS		<u>169,678</u>	<u>25,753</u>	<u>195,431</u>	<u>158,859</u>
FUNDED BY					
Accumulated Income funds		169,678	25,753	195,431	158,859
TOTAL FUNDS CARRIED FORWARD		<u>169,678</u>	<u>25,753</u>	<u>195,431</u>	<u>158,859</u>
		-	-	-	-

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

31 October 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20 July 2022 and were signed on its behalf by:

A handwritten signature in dark ink, appearing to be 'M Sears', written over a horizontal line.

M Sears - Trustee

A handwritten signature in dark ink, appearing to be 'J Crocker', written in a cursive style.

J Crocker - Trustee

for the year ended 31 October 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the company has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the company to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery - 25% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the company. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

for the year ended 31 October 2021

2 OTHER TRADING ACTIVITIES

	2021	2020
	£	£
Fundraising events	-	-
Counselling Courses	24,442	54,815
	24,442	46,464

3 INVESTMENT INCOME

	2021	2020
	£	£
Rent received	10,915	1,890
Deposit amount interest	16	39
	10,931	1,929

4 PROJECT DELIVERY

Investment management costs

	2021	2020
	£	£
Property repairs	1,529	878
	1,529	878

5 NET INCOME/(EXPENDITURE)

Net income / (expenditure) is stated after charging / (crediting):

	2021	2020
	£	£
Depreciation - owned assets	652	62
Other operating leases	45,246	34,795

6 TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 October 2021 nor for the year ended 31 October 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 October 2021 nor for the year ended 31 October 2020.

for the year ended 31 October 2021

7 STAFF COSTS

The average monthly number of employees during the year was as follows

	2021	2020
	£	£
Charitable activities	8	8
Support team	3	3
	<u>11</u>	<u>11</u>

No employee received emoluments in excess of £60,000

8 COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	82,682		82,682
Charitable activities			
Resources	70,160	-	70,160
Other trading activities	54,815	-	54,815
Investment income	1,929	-	1,929
Total	209,586	-	209,586
EXPENDITURE ON			
Project delivery	80,769	-	80,769
Charitable activities			
Resources	13,709	-	13,709
Bought in professional services	13,823	-	13,823
Rent of facilities and equipment	34,854	-	34,854
Other expenses	3,996	-	3,996
Advertising and promotion expenses	1,974	-	1,974
Total	149,125	-	149,125
NET INCOME/(EXPENDITURE)	60,461	-	60,461
RECONCILIATION OF FUNDS			
Total funds brought forward	98,398	-	98,398
TOTAL FUNDS CARRIED FORWARD	158,859	-	158,859

for the year ended 31 October 2021

9	TANGIBLE FIXED ASSETS	Plant and machinery £	Computer equipment £	Total £
	COST			
	At 1 November 2020	905	782	1,687
	Additions	-	4,358	4,358
	At 31 October 2021	905	5,140	6,045
	DEPRECIATION			
	At 1 November 2020	862	639	1,501
	Charge for the year	11	641	652
	At 31 October 2021	873	1,280	2,153
	NET BOOK VALUE			
	At 1 November 2020	32	3,860	3,892
	At 31 October 2021	43	4,501	4,544
10	DEBTORS		2021 £	2020 £
	Trade Debtors		18,925	15,249
	Prepayments		-	-
	Other Debtors		3,250	3,250
			22,175	18,499
11	CREDITORS: Amounts falling due within one year		2021 £	2020 £
	Accruals		4,346	4,705
	Deferred grant income		23,498	-
	Social securities and other taxes		380	-
	Other creditors		2,441	2,441
			30,665	7,146

for the year ended 31 October 2021

12 MOVEMENT IN FUNDS

	At 31/10/2020	Funds Transfer	Net movement in fund	At 31/10/2021
	£	£	£	£
Unrestricted funds				
General fund	158,859	(25,753)	36,572	169,678
Restricted funds				
Children in Need	-	-	-	-
Other agencies	-	25,753	-	25,753
TOTAL FUNDS	158,859	-	36,572	195,431

Net movement in funds, included in the above are as follows:

	Income resources	Income resources	Resources expended	Movement in funds
	£	£	£	£
Unrestricted funds				
General fund	168,552	179,583	(131,980)	36,572
Restricted funds				
Children in Need	29,003	29,003	(29,003)	-
Other agencies	1,000	1,000	(1,000)	-
TOTAL FUNDS	169,552	180,583	(132,980)	36,572

13 RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 October 2021.

for the year ended 31 October 2021

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Counselling service	49,861	39,570
Other Income	70,145	43,112
	<u>120,006</u>	<u>82,682</u>
Other trading activities		
Fundraising events	293	-
Counselling courses	24,442	54,815
	<u>24,735</u>	<u>54,815</u>
Investment income		
Rents received	10,915	1,890
Deposit account interest	16	39
	<u>10,931</u>	<u>1,929</u>
Charitable activities		
Government Grant	-	42,934
Grants	42,883	27,226
	<u>42,883</u>	<u>70,160</u>
TOTAL INCOMING RESOURCES	<u>198,555</u>	<u>209,586</u>
EXPENDITURE		
Other trading activities		
Wages	79,520	78,290
Social securities	-	-
Pensions	554	633
Bad Debts	-	968
	<u>80,074</u>	<u>79,891</u>
Investment management costs		
Property repairs	1,331	878
	<u>1,331</u>	<u>878</u>
Charitable activities		
Resources	11,358	7,987
Counselling fees	12,232	13,823
	<u>23,590</u>	<u>21,810</u>
Support costs Management		
Training	-	-
Rent payable	45,246	34,795
Rates and water	598	59
Insurance	2,302	2,395
Printing, postage and stationery	810	711
Advertising and promotion	729	1,974
	<u>49,685</u>	<u>39,934</u>

for the year ended 31 October 2021

	2021 £	2020 £
Support costs Management - Continue		
Light and Heat	2,462	599
Computer software and consumables	1,353	1,039
Telephone	2,058	1,577
	<u>55,558</u>	<u>43,149</u>
Finance		
Legal and professional costs	-	1,824
Subscriptions and donations	275	586
Bank Charges	-	5
Plant and machinery	11	14
Computer equipment	641	48
	<u>927</u>	<u>2,477</u>
Other		
Travel and subsistence	64	0
Governance costs		
Accountancy and legal fees	439	920
Total resources expended	<u>161,983</u>	<u>149,125</u>
Net expenditure	<u>36,572</u>	<u>60,461</u>

