

WALK TALL

England & Wales · Charity number 1094146

Details

Other names WALK TALL LIMITED, WALK TALL

Status Registered

Legal form Charitable company

Company number [04362851](#)

Registered 2002-10-11

Register [View on the Charity Commission register](#)

Contact

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Craylands Lane
Swanscombe
Kent
Kent
DA10 0LP

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Website www.walk-tall.org.uk

Activities

Objects: 1. TO ADVANCE THE EDUCATION OF CHILDREN AND YOUNG PEOPLE WITHIN SCHOOLS AND WITHOUT BY THE PROVISION OF TEACHING AIMED AT REDUCING AND MANAGING CONFLICT, PROMOTING CONCORD, RESPECT AND POSITIVE BEHAVIOUR THAT SUCH PERSONS MAY GROW TO FULL MATURITY AS INDIVIDUALS AND MEMBERS OF SOCIETY.2. TO ADVANCE THE EDUCATION OF ADULTS, IN PARTICULAR THOSE WHO ARE VULNERABLE OR AT RISK AND THOSE WITH WHOM THEY HAVE CLOSE RELATIONSHIPS, SO AS TO DEVELOP THEIR VOCATIONAL AND LIFE SKILLS IN ORDER THAT THEY MAY INTEGRATE MORE CONFIDENTLY INTO MAINSTREAM SOCIETY, AND IN PARTICULAR THE DEVELOPMENT OF SKILLS RELEVANT TO PARTICIPATION IN COMMUNITY, EDUCATION OR EMPLOYMENT.3. TO ADVANCE PUBLIC EDUCATION BY CONDUCTING RESEARCH WHICH WILL AID DELIVERY OF OBJECTS ABOVE AND TO DISSEMINATE THE USEFUL RESULTS OF THAT RESEARCH.

Activities: Services to children, young people & adults which build self-esteem, confidence , mental wellness, vocational & life skills so that they develop & maintain positive relationships with self, others &

environment and so live successful, happy lives & will integrate more confidently into mainstream society. To advance public education by conducting research to aid delivery of the above

Classification

- **How:** Provides Services, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Arts/culture/heritage/science, Amateur Sport, Recreation, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Defined Groups, The General Public/mankind

Geography

- Kent

Finances

Period end	Income	Expenditure	Assets	Employees
2024-10-31	£234,140	£192,518	-	-
2023-10-31	£218,074	£167,524	-	-
2022-10-31	£207,055	£204,645	-	-
2021-10-31	£198,555	£161,983	-	-
2020-10-31	£209,586	£149,125	-	-

Trustees

Name	Role	Appointed
Rev DAVID SCOTT	Chair	
MS Julie Hobson		2017-08-21
Michael Alan Sears		2015-09-01

WALK TALL

England & Wales - Charity number 1094146

Accounts

REGISTERED COMPANY NUMBER: 04362851 (England and Wales)
REGISTERED CHARITY NUMBER: 1094146

**Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 October 2024
Walk Tall**

Walk Tall
Contents of the Financial Statements
for the year ended 31 October 2024

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Walk Tall
Report of the Trustees
For the year ended 31 October 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the Financial Statements of the charity for the year ended 31 October 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Charity's aim is to advance the education of young people under the age of 25, by raising awareness and by imparting knowledge, skills and strategies which reduce and manage conflict and promote concord, respect and positive behaviour between individuals, within society and the community.

The charity also seeks to advance the education of the general public as well as promoting awareness of the Charity's values and ideals and conducts its activities into the best delivery of these objectives.

Summary of the year

This year has demonstrated how stretched our already small staff team has been. One of our key aims this year has been to rebuild staffing capacity, in core administration. During the year to 31 October 2024, two new part time members admin staff joined the team providing support for the counselling tuition services and a general administrator with a focus on rebuilding our volunteer base, although we still have further to go to restore our previous administration capacity.

There has been steady growth in counselling provision and tuition as well as demand for post-16 education. Our challenge, again, is one of careful capacity building, both in terms of staffing and resources, in order to cater for the demand going forwards.

Due to changes in government and government policy, capital funding has been radically cut both for revenue and capital expenditure. This has impacted our projects. However, despite this we have been fortunate to receive support for our work from grant funders for which we are extremely grateful.

Supporting Young People in Education:

The academic year ending 31 August 2024 resulted in 96% examination success and a progression to further learning and apprenticeships or into employment for 79% of students.

Key Stage 4 referral numbers continue to provide for only those with the most severe needs as school budgets have experienced cuts. Again, applying our post-16 allocation which resulted in the need to implement a waiting list. The number of students coming through the education service over the year was 47 % engaging in 1:1 therapy.

Counselling Service and Tuition:

We delivered 3532 counselling sessions across 288 clients through our counselling service. In addition, we have delivered 1:1 counselling to 3 Kent schools, 1 post-16 provider and a young persons sheltered residence, and we are now providing young people's specialist counselling to 3 GP partnerships.

Counsellor training was delivered to 26 students across Levels 2 to specialist post-graduate diploma at Level 6.

Arts

Continues to be the most challenging of our services to grow. In line with the national trend, interest in the arts has declined. However our community continues to attract members and is in demand to sing at various community events. During the year ending 31 October 2024 the choir performed 7 times including 2 performances at elderly care homes and at a celebration of the 80th anniversary of the D-Day landings.

Walk Tall
Report of the Trustees
For the year ended 31 October 2024

OBJECTIVES AND ACTIVITIES

Grants and Community Support:

We were fortunate to be in receipt of grants which have helped us to continue our work and enable us to provide special projects to support our community as we respond to changing needs.

Our thanks to:

Our funders:

ASDA Foundation

Involve Kent

Kent County Council

7 Stars Foundation

Mrs Smith & Mount

Our supporters;

Aspirations Accountancy, Sealeys Estate Agency, Gullands Solicitors, Student Chambers.

My most grateful thanks to Walk Tall's trustees for their dedication and patient support to me personally. My thanks also to Walk Tall staff and volunteers who have given so much and worked tirelessly to support our vulnerable service users.

FINANCIAL REVIEW

Reserves policy

The trustees have examined the charity's requirements for reserves in light of the main risks to the organisation. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be between 9 and 12 months of the expenditure.

The reserves are needed to meet the working capital requirements of the charity, at the balance sheet date the available reserves were £269,965 (2023: £224,335) which represents seventeen months of expenditure, five months more than our target range. This gives the charity a base from which to grow and expand its reach in the community and to meet increasing costs and demands. The CEO has put forward plans for the coming financial year to maintain the unrestricted reserve position whilst delivering more services to our new and existing users. The charity is working closely with local funders and delivery partners to provide a good quality education within strict bud lines. It is anticipated that this will maintain the Charity's reserves within its target range and improve our reach.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

New trustees are introduced to the charity by either their work in the local community or by the Chief Executive as part of her work to promote the activities of the charity.

Trustees are invited and encouraged to attend performances that the charity produces and to meet the actors and volunteers in the rehe sessions so that they understand the context of the charitable work undertaken.

The charity also produces a guide to the legal responsibilities of being a trustee plus sign postings from the various Charity Commission publications through the Commission's guide "the Essential Trustee".

Walk Tall
Report of the Trustees
For the year ended 31 October 2024

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
04362851 (England and Wales)

Registered Charity number
1094146

Registered office

Heritage Hall
Craylands Lane
Swanscombe
Kent
DA10 0LP

Trustees

Mr. K Chauhan. -
Ms. J Crocker - Solicitor
Mr. A B Kensington - Accountant
Reverend D Scott - Retired Parish Priest
Mr. M Sears - Commercial Agent

Independent Examiner

Blue Rocket Accounting
8 Twisleton Court
Dartford
Kent
DA1 2EN

A WORD FROM OUR CHAIRMAN

Trustees: We have a small, but gifted band of trustees who have contributed to Walk Tall's welfare through their diverse gifts and specialities. We met several times either by zoom or face to face. We are blessed in having a first-class accountant keeping a watchful eye on our cash flow, in having an expert in the property market guiding us in finding and assessing new locations – an ongoing challenge and in having a fully qualified lawyer keeping an eye on legal issues. Add to that, we have a newish trustee who is involved in education. The trustees work well together, each contributing their skills to Walk Tall's life. Thank you, all you wonderful people.

CEO: Walk Tall depends very heavily on the skills of our extremely busy CEO, Dr Ann Duke. This past year she has had a much heavier burden of work as she was Mayor of Swanscombe and Greenhithe as well as being our CEO. As I write this she has recently finished her term as Mayor and will continue as a councillor – a much lighter load. The trustees are hoping that she can now concentrate on advancing the Walk Tall vision and appointing help for Ann as she is definitely overworked. The trustees have been concerned with her health.

FINANCES: Thanks to Ann's expertise as a fund raiser and the actions of some of our trustees who are excellent businesspeople and who are experts in putting pressure on organisations which are in debt to Walk Tall. We have a first-class treasurer who keeps an eye on our financial situation. She is supported by a small staff which is being watched by the trustees with the hope that Ann will receive more support and be able to concentrate on the CEO essentials.

Walk Tall
Report of the Trustees
For the year ended 31 October 2024

A WORD FROM OUR CHAIRMAN (continued)

Activities:

Counselling: This department is proving to be Walk Tall's major success story. With several training courses and counselling sessions going on; the income has been climbing steadily with Emma Farrell at the head. Walk Tall depends very heavily on part time employees and we are grateful for them. So much of the training and even the counselling now operates by zoom. The counselling department used all of our rented premises in Dartford, Swanscombe, Maidstone and Gravesend. This expansion emphasizes the need for increased help for our CEO.

School: The school has continued successfully to prepare students, who have challenges attending larger schools, to write their GCSEs. This has continued for some years. The school is regularly checked by educational authorities and the reports are consistently positive.

Drama and Choir: The drama program – aiming at both children and adults – is struggling to resurrect itself. Finding the right person to take charge of drama is proving rather challenging. There have been some events involving young people through the year. The Catzout choir under Tamara Gummer is making steady progress and has performed in many venues over the year.

Volunteers: Walk Tall has always depended heavily on its volunteers. Unfortunately most of them don't seem to last long. Of course we are very grateful to the ones who are active with us and give of their time generously

The future: The future of Walk Tall is secure not least because of our healthy finances and also because it is constantly reviewing and renewing its vision. There is a high standard of efficiency on the part of the CEO, the trustees, employees and volunteers.

Approved by order of the board of trustees on 2nd July 2025 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'David Scott', written over a horizontal line. The signature is cursive and somewhat stylized.

Reverend D Scott-Trustee

**Report of the Trustees and
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF Walk Tall**

Independent examiner's report to the trustees of Walk Tall ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 October 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination, I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1 accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Miguel Calabrese
FCCA
Blue Rocket Accounting
8 Twisleton Court
Dartford
Kent
DA1 2EN

14/7/..... 2025

Walk Tall
STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 October 2024

	Unrestricted Funds	Restricted Funds	TOTAL FUNDS	TOTAL FUNDS
Note	2024	2024	2024	2023
INCOMING RESOURCES				
Donations and legacies	147,333	-	147,333	142,492
Charitable activities				
Grants	7,718	28,752	36,470	29,614
Other trading activities	47,986	-	47,986	44,421
Investment income	2,351	-	2,351	1,547
TOTAL INCOMING RECOURCES	205,388	28,752	234,140	218,074
RESOURCES EXPENDED				
Cost of generating funds:				
Project delivery	79,943	10,122	90,065	92,631
Charitable activities				
Resources	7,219	4,326	11,545	20,861
Bought in professional services	5,411	9,360	14,771	2,089
Rent of facilities and equipment	41,471	5,070	46,541	26,132
Other expenses	22,650	3,882	26,532	18,822
Advertising and promotion expenses	3,064	-	3,064	6,989
TOTAL RESOURCES EXPENDED	159,758	32,760	192,518	167,524
NET INCOMING/(OUTGOING) RESOURCES FOR THE YEAR	45,630	(4,008)	41,622	50,550
RECONCILIATION OF FUNDS				
Transfer between funds			-	-
Total funds brought forward	224,335	24,056	248,391	197,841
TOTAL FUNDS CARRIED FORWARD	269,965	20,048	290,013	248,391

**Walk Tall
Balance Sheet
31 October 2024**

	Note	Unrestricted Fund 2024	Restricted Fund 2024	TOTAL FUNDS 2024	TOTAL FUNDS 2023
FIXED ASSETS					
Tangible Assets	1	728	2,814	3,542	4,173
CURRENT ASSETS					
Debtors & Prepayments	2	39,525	-	39,525	46,296
Cash at Bank & in hand		234,660	33,862	268,522	237,943
TOTAL INCOMING RESOURCES		274,185	33,862	308,047	284,239
CREDITORS: Amounts due within one year	3	4,948	16,628	21,576	40,021
NET CURRENT ASSETS		269,965	20,048	290,013	248,391
CREDITORS: Amounts falling due after more than one year		-	-	-	-
NET ASSETS		269,965	20,048	290,013	248,391
FUNDED BY					
Accumulated Unrestricted Income funds		269,965	20,048	290,013	248,391
TOTAL FUNDS CARRIED FORWARD		269,965	20,048	290,013	248,391

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2024.

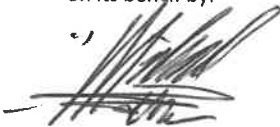
The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 2nd July 2025 and were signed on its behalf by:



Name of Trustee
M Sears - Trustee



Name of Trustee
J Crocker - Trustee

Walk Tall
Notes to the Financial Statements
for the year ended 31 October 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the company has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the company to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated

Plant and machinery	- 25% on reducing balance
Computer Equipment	- 25% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the company. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Further explanations of the nature and purpose of each fund is included in the notes to the Financial Statements

Walk Tall
Notes to the Financial Statements
for the year ended 31 October 2024

2 OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Fundraising events	3,250	100
Counselling Courses	44,736	44,321
	47,986	44,421

3 INVESTMENT INCOME

	2024	2023
	£	£
Rent received	-	-
Deposit amount interest	2,351	1,547
	2,351	1,547

4 PROJECT DELIVERY

Investment management costs

	2024	2023
	£	£
Property repairs	5,452	4,136
	5,452	4,136

5 NET INCOME/(EXPENDITURE)

Net income / (expenditure) is stated after charging / (crediting):

	2024	2023
	£	£
Depreciation - owned assets	1,180	1,391
Other operating leases		25,769
		25,769

6 TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 October 2024 nor for the year ended 31 October 2023.

Trustees' expenses

There were no trustees' remuneration or other benefits for the year ended 31 October 2023 nor for the year ended 31 October 2024.

7 STAFF COSTS

The average monthly number of employees during the year was as follows

	2024	2023
	£	£
Charitable activities	3	3
Support team	3	4
	6	7

No employee received emoluments in excess of £60,000

Walk Tall
Notes to the Financial Statements - continued
for the year ended 31 October 2024

8 COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	142,492	29,614	172,106
Charitable activities			
Resources	100	-	100
Other trading activities	44,321	-	44,321
Investment income	1,547	-	1,547
Total	188,460	29,614	218,074
EXPENDITURE ON			
Project delivery	80,336	12,295	92,631
Charitable activities			
Resources	17,820	3,041	20,861
Bought in professional services	-	2,089	2,089
Rent of facilities and equipment	16,080	10,052	26,132
Other expenses	14,896	3,926	18,822
Advertising and promotion expenses	6,989	-	6,989
Total	136,121	31,403	167,524
NET INCOME/(EXPENDITURE)	52,339	(1,789)	50,550
RECONCILIATION OF FUNDS			
Transfer between funds	-	-	-
Total funds brought forward	171,996	25,845	197,841
TOTAL FUNDS CARRIED FORWARD	224,335	24,056	248,391

Walk Tall
Notes to the Financial Statements - continued
for the year ended 31 October 2024

9	TANGIBLE FIXED ASSETS	Plant and machinery	Computer equipment	Total
		£	£	£
	COST			
	At 1 November 2023	3,550	5,140	8,690
	Additions	-	549	549
	At 31 October 2024	<u>3,550</u>	<u>5,689</u>	<u>9,239</u>
	DEPRECIATION			
	At 1 November 2023	1,548	2,969	4,517
	Charge for the year	500	680	1,180
	At 31 October 2024	<u>2,048</u>	<u>3,649</u>	<u>5,697</u>
	NET BOOK VAULE			
	At 1 November 2023	<u>2,002</u>	<u>2,171</u>	<u>4,173</u>
	At 31 October 2024	<u>1,502</u>	<u>2,040</u>	<u>3,542</u>
10	DEBTORS	2024	2024	2023
		£	£	£
		Unrestricted	Restricted	Total
	Trade debtors	36,275	-	43,046
	Other debtors	3,250	-	3,250
		<u>39,525</u>	<u>-</u>	<u>46,296</u>
11	CREDITORS: Amounts falling due within one year	2024	2024	2023
		£	£	£
		Unrestricted	Restricted	Total
	Trade Creditors	1,012	-	7,930
	Accruals	3,410	-	-
	Pension	208	-	206
	Social securities and other taxes	318	-	341
	Deferred grant income	-	16,628	29,016
	Other creditors	-	-	2,528
		<u>4,948</u>	<u>16,628</u>	<u>40,021</u>

Walk Tall
Notes to the Financial Statements - continued
for the year ended 31 October 2024

12 MOVEMENT IN FUNDS

	At 31/10/2023 £	Net movement in fund £	At 31/10/2024 £
Unrestricted funds			
General fund	224,335	45,630	269,965
Restricted funds			
Children in Need			
Other agencies	24,056	(4,008)	20,048
TOTAL FUNDS	<u><u>248,391</u></u>	<u><u>41,622</u></u>	<u><u>290,013</u></u>

Net movement in funds, included in the above are as follows:

	Income resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	205,388	(159,758)	45,630
Restricted funds			
Children in Need	-	-	-
Other agencies	28,752	(32,760)	(4,008)
TOTAL FUNDS	<u><u>234,140</u></u>	<u><u>(192,518)</u></u>	<u><u>41,622</u></u>

13 RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 October 2024.

Walk Tall
Detailed Statement of Financial Activities
for the year ended 31 October 2024

	2024 £ Restricted	2024 £ Unrestricted	2023 £ Total
INCOME AND ENDOWMENTS			
Donations and legacies			
Counselling service	-	90,867	88,156
Donation income	-	-	-
Other income	-	56,466	54,336
	<u>-</u>	<u>147,333</u>	<u>142,492</u>
Other trading activities			
Fundraising events	-	3,250	100
Counselling courses	-	44,736	44,321
	<u>-</u>	<u>47,986</u>	<u>44,421</u>
Investment income			
Deposit account interest	-	2,351	1,547
	<u>-</u>	<u>2,351</u>	<u>1,547</u>
Charitable activities			
Government grant	-	-	-
Grants	28,752	7,718	29,614
	<u>28,752</u>	<u>7,718</u>	<u>29,614</u>
TOTAL INCOMING RESOURCES	<u>28,752</u>	<u>205,388</u>	<u>218,074</u>
EXPENDITURE			
Other trading activities			
Wages	10,122	78,352	89,653
Staff training	-	208	1,907
Pensions	-	1,064	1,071
Bad debts	-	319	-
	<u>10,122</u>	<u>79,943</u>	<u>92,631</u>
Investment management costs			
Property repairs and cleaning	2,638	2,814	4,136
	<u>2,638</u>	<u>2,814</u>	<u>4,136</u>
Charitable activities			
Resources	4,326	7,219	20,861
Counselling fees	9,360	5,411	2,089
	<u>13,686</u>	<u>12,630</u>	<u>22,950</u>
Support costs Management			
Vehicle Running cost	-	-	-
Rent payable	5,070	39,257	25,769
Rates and water	-	2,214	363
Insurance	-	2,807	2,696
Printing, postage and stationery	628	3,558	1,678
Advertising and promotion	-	3,064	6,989
Sundries	-	345	297
	<u>5,698</u>	<u>51,245</u>	<u>37,792</u>

Walk Tall
Detailed Statement of Financial Activities
for the year ended 31 October 2024

	2024 £ Restricted	2024 £ Unrestricted	2023 £ Total
Support costs Management - Continue			
Light and heat	-	5,123	3,381
Computer software and consumables	-	903	1,409
Telephone	-	2,133	1,947
	5,698	59,404	44,529
Finance			
Legal and professional costs	-	1,040	146
Subscriptions and donations	-	632	364
Sundry expenses	-	-	-
Depreciation: Plant and machinery	-	500	667
Depreciation: Computer equipment		680	724
	-	2,852	1,901
Other			
Travel and subsistence	616	1,539	801
Governance costs			
Accountancy and legal fees	-	576	576
Total resources expended	32,760	159,758	167,524
Net surplus	(4,008)	45,630	50,550

WALK TALL

England & Wales - Charity number 1094146

Accounts

REGISTERED COMPANY NUMBER: 04362851(England and Wales)
REGISTERED CHARITY NUMBER: 1094146

**Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 October 2023
Walk Tall**

Walk Tall
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Walk Tall
Report of the Trustees
For the year ended 31 October 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the Financial Statements of the charity for the year ended 31 October 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Charity's aim is to advance the education of young people under the age of 25, by raising awareness and by imparting knowledge, skills and strategies which reduce and manage conflict and promote concord, respect and positive behaviour between individuals, within society and the community.

The charity also seeks to advance the education of the general public as well as promoting awareness of the Charity's values and ideals and conducts research into the best delivery of these objectives.

Summary of the year

This year has taken the first real steps towards recovery from the double blow of relocation and the Covid-19 pandemic. Demand for all services has further increased, especially in education and all things counselling.

However, it has highlighted the massive need to rebuild staffing and volunteering capacity, at least to our pre-pandemic levels, to do this requires a 60% increase in our current capacity. The need has been exacerbated by the need to relocate our asset storage facility to two locations – Gravesend and Medway. The positive in this is that we now have the opportunity to begin to utilise these assets

Supporting Young People in Education:

The academic year ending 31 August 2023 resulted in 98 % examination success and a progression to further learning and apprenticeships or into employment.

The start of the 2023-24 academic year saw Key Stage 4 referral numbers decline with only those most severely in need of our services being referred. Again, applications exceeded our post-16 allocation which resulted in the need to implement a waiting list. The number of students coming through the education service over the year was 40 with 38 % engaging in 1:1 therapy.

Counselling Service and Tuition:

208 clients came through the service this year - 100 children/young people and 108 adults. In addition, we have delivered 1:1 counselling to 3 Kent schools, 1 post-16 provider and a young persons sheltered residence.

In October 2023 we began steps to expand our counselling service into the centre of Maidstone. Counsellor training was delivered to 40 students across Levels 2 to specialist post-graduate diploma at Level 6. Our first home-grown counsellors qualified as therapists and 2 of them are in teacher training to be able to teach at Levels 2 and 3.

Arts

Continues to be the most challenging of our services to re-establish due to falling interest in arts participation, largely driven by advances in technology.

Our adult community choir started in May 2022 continues to flourish and performed to public audiences three times during the year, including at a local event in celebration of the King's Coronation. Delivery of children's drama is restricted due to lack of staffing capacity. The granting of an entertainment license has resulted in plans to reinstate Open Talent Nights in 2024.

Walk Tall
Report of the Trustees
For the year ended 31 October 2023

OBJECTIVES AND ACTIVITIES

Grants and Community Support:

We were fortunate to be in receipt of grants which have helped us to continue our work and enable us to provide special projects to support our community as we respond to changing needs.

Our thanks to:

Our funders:

Co-op Foundation

ASDA Foundation

Involve Kent

Arnold Clarke

Tesco Bags for Life

Our supporters;

Aspirations Accountancy, Sealeys Estate Agency, Gullands Solicitors, Student Chambers, Swanscombe & Greenhithe Residents Association.

My most grateful thanks to Walk Tall's trustees for their dedication and patient support to me personally. My thanks also to Walk Tall staff and volunteers who have given so much and worked tirelessly to support our vulnerable service users.

FINANCIAL REVIEW

Reserves policy

The trustees have examined the charity's requirements for reserves in light of the main risks to the organisation. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be between 9 and 12 months of the expenditure.

The reserves are needed to meet the working capital requirements of the charity, at the balance sheet date the available reserves were £224,335 (2022: £171,996) which represents sixteen months of expenditure, four months more than our target range. This gives the charity a base from which to grow and expand its reach in the community and to meet increasing costs and demands. The CEO has put forward plans for the coming financial year to maintain the unrestricted reserve position whilst delivering more services to our new and existing users. The charity is working closely with local funders and delivery partners to provide a good quality education within strict budget lines. It is anticipated that this will maintain the Charity's reserves within its target range and improve our reach.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

New trustees are introduced to the charity by either their work in the local community or by the Chief Executive as part of her work to promote the activities of the charity.

Trustees are invited and encouraged to attend performances that the charity produces and to meet the actors and volunteers in the rehearsal sessions so that they understand the context of the charitable work undertaken.

The charity also produces a guide to the legal responsibilities of being a trustee plus sign postings from the various Charity Commission publications through the Commission's guide "the Essential Trustee".

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

04362851 (England and Wales)

Registered Charity number

1094146

Walk Tall
Report of the Trustees
For the year ended 31 October 2023

REFERENCE AND ADMINISTRATIVE DETAILS (continued)

Registered office

Heritage Hall
Craylands Lane
Swanscombe
Kent
DA10 0LP

Trustees

Mr. K Chauhan - Education Professional
Ms. J Crocker - Solicitor
Mr. A B Kensington - Accountant
Reverend D Scott - Retired Parish Priest
Mr. M Sears - Commercial Agent

Independent Examiner

Blue Rocket Accounting
8 Twisleton Court
Dartford
Kent
DA1 2EN

A WORD FROM OUR CHAIRMAN

Trustees: We have a small, but gifted band of trustees who have contributed to Walk Tall's welfare through their diverse gifts and specialities. We met several times either by zoom or face to face. We are blessed in having a first-class accountant keeping a watchful eye on our cash flow, in having an expert in the property market guiding us in finding and assessing new locations—an ongoing challenge and in having a fully qualified lawyer keeping an eye on legal issues. Add to that, we have a newish trustee who is involved in education. The trustees work well together, each contributing their skills to Walk Tall's life. Thank you, all you wonderful people.

CEO: Walk Tall depends very heavily on the skills of our extremely busy CEO, Dr Ann Duke. Ann has continued to be a first-rate fund raiser which, although making more demand on her time, has proved very valuable for the Walk Tall finances. She guided the charity through the challenges of the covid era with wisdom and skill and she often comes out with new visions and ideas for the charity. She is supported by a small staff, the numbers of which were greatly reduced after the move from Northfleet. This shortage of staff is being closely watched by the trustees and the hope is that staff support for Ann will be increased. This has become urgent partly because of the hours Ann puts into the charity plus her Council work. The challenge for her and trustees is to create and maintain capacity for fulfilling the visions and ideas.

Activities:

Counselling: This department is proving to be Walk Tall's major success story. With several training courses and counselling sessions going on; the income has been climbing steadily with Emma Farrell at the head. Walk Tall depends very heavily on part time employees and we are grateful for them. So much of the training and even the counselling now operates by zoom. The counselling department used all three of our rented premises in Dartford, Swanscombe and Gravesend. Properties which are under the Walk Tall aegis are growing, we have recently added an office for counselling in Maidstone - thus emphasizing the need for increased help for our CEO.
School: The school has continued successfully to prepare students, who have challenges attending larger schools, to write their GCSEs.

Drama and Choir: The drama program – aiming at both children and adults – is struggling to resurrect itself. Efforts are being made in that direction. However the Catzout choir under Tamara Gummer is making steady progress and has performed in many venues over the year.

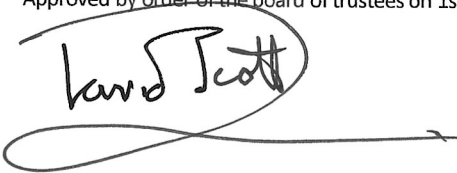
Volunteers: Walk Tall has always depended heavily on its volunteers. Unfortunately most of them don't seem to last long. Of course we are very grateful to the ones who are active with us and give of their time generously

Walk Tall
Report of the Trustees
For the year ended 31 October 2023

A WORD FROM OUR CHAIRMAN (continued)

The future: The future of Walk Tall is secure not least because of our healthy finances and also because it is constantly reviewing and renewing its vision. There is a high standard of efficiency on the part of the CEO, the trustees, employees and volunteers. May we go from strength to strength overcoming all obstacles. The aim is to enable growth to happen by increasing the staff at the top level, thus providing additional resource to increase the number of service users.

Approved by order of the board of trustees on 1st July 2024 and signed on its behalf by:

A handwritten signature in black ink that reads "David Scott". The signature is written in a cursive style and is enclosed within a large, hand-drawn oval. A long horizontal line extends from the bottom of the oval to the right.

Reverend D Scott-Trustee

**Report of the Trustees and
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF Walk Tall**

Independent examiner's report to the trustees of Walk Tall ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 October 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination, I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1 accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Miguel Calabrese
FCCA
Blue Rocket Accounting
8 Twisleton Court
Dartford
Kent
DA1 2EN

18/7/..... 2024

Walk Tall
STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 October 2023

	Unrestricted Funds	Restricted Funds	TOTAL FUNDS	TOTAL FUNDS
Note	2023	2023	2023	2022
INCOMING RESOURCES				
Donations and legacies	142,492	-	142,492	95,360
Charitable activities				
Grants	-	29,614	29,614	59,848
Other trading activities	44,421	-	44,421	51,807
Investment income	1,547	-	1,547	40
TOTAL INCOMING RECOURCES	188,460	29,614	218,074	207,055
RESOURCES EXPENDED				
Cost of generating funds:				
Project delivery	80,336	12,295	92,631	92,629
Charitable activities				
Resources	17,820	3,041	20,861	36,450
Bought in professional services	-	2,089	2,089	12,432
Rent of facilities and equipment	16,080	10,052	26,132	39,095
Other expenses	14,896	3,926	18,822	22,559
Advertising and promotion expenses	6,989	-	6,989	1,480
TOTAL RESOURCES EXPENDED	136,121	31,403	167,524	204,645
NET INCOMING/(OUTGOING) RESOURCES FOR THE YEAR	52,339	(1,789)	50,550	2,410
RECONCILIATION OF FUNDS				
Transfer between funds	-	-	-	-
Total funds brought forward	171,996	25,845	197,841	195,431
TOTAL FUNDS CARRIED FORWARD	224,335	24,056	248,391	197,841

Walk Tall
Balance Sheet
31 October 2023

	Unrestricted Fund	Restricted Fund	TOTAL FUNDS	TOTAL FUNDS
Note	2023	2023	2023	2022
FIXED ASSETS				
Tangible Assets	1,359	2,814	4,173	2,919
CURRENT ASSETS				
Debtors & Prepayments	46,296	-	46,296	35,073
Cash at Bank & in hand	213,886	24,057	237,943	218,262
TOTAL INCOMING RESOURCES	260,182	24,057	284,239	253,335
CREDITORS: Amounts due within one year	11,005	8,028	19,033	58,413
NET CURRENT ASSETS	250,536	18,843	269,379	197,841
CREDITORS: Amounts falling due after more than one year	-	-	-	-
NET ASSETS	250,536	18,843	269,379	197,841
FUNDED BY				
Accumulated Unrestricted Income funds	224,335	24,056	248,391	197,841
TOTAL FUNDS CARRIED FORWARD	224,335	24,056	248,391	197,841

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

Walk Tall
Balance Sheet - Continued
31 October 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 1st July 2024 on its behalf by:



Name of Trustee
M Sears - Trustee



Name of Trustee
J Crocker - Trustee

Walk Tall
Notes to the Financial Statements
for the year ended 31 October 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the company has entitlement to the fund it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the company to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful

Plant and machinery - 25% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the company. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Further explanation of the nature and purpose of each fund is included in the notes to the Financial Statements

Walk Tall
Notes to the Financial Statements
for the year ended 31 October 2023

2 OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Fundraising events	100	685
Counselling Courses	44,321	51,122
	44,421	51,807

3 INVESTMENT INCOME

	2023	2022
	£	£
Rent received	-	-
Deposit amount interest	1,547	40
	1,547	40

4 PROJECT DELIVERY

Investment management costs

	2023	2022
	£	£
Property repairs	4,136	4,867
	4,136	4,867

5 NET INCOME/(EXPENDITURE)

Net income / (expenditure) is stated after charging / (crediting):

	2023	2022
	£	£
Depreciation - owned assets	1,391	973
Other operating leases	25,769	38,587
	25,769	38,587

6 TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 October 2023 nor for the year ended 31 October 2022.

Trustees' expenses

There were no trustees' remuneration or other benefits for the year ended 31 October 2023 nor for the year ended 31 October 2022.

7 STAFF COSTS

The average monthly number of employees during the year was as follows

	2023	2022
	£	£
Charitable activities	3	8
Support team	4	3
	7	11

No employee received emoluments in excess of £60,000

Walk Tall
Notes to the Financial Statements - continued
for the year ended 31 October 2023

8 COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	95,360	-	95,360
Charitable activities			
Resources	-	59,848	59,848
Other trading activities	51,694	113	51,807
Investment income	40	-	40
Total	147,094	59,961	207,055
EXPENDITURE ON			
Project delivery	80,274	12,355	92,629
Charitable activities			
Resources	11,410	25,040	36,450
Bought in professional services	7,981	4,451	12,432
Rent of facilities and equipment	31,724	6,863	38,587
Other expenses	17,315	5,752	23,067
Advertising and promotion expenses	1,480	-	1,480
Total	150,184	54,461	204,645
NET INCOME/(EXPENDITURE)	(3,090)	5,500	2,410
RECONCILIATION OF FUNDS			
Transfer between funds	-	-	-
Total funds brought forward	169,678	25,753	195,431
TOTAL FUNDS CARRIED FORWARD	166,588	31,253	197,841

Walk Tall
Notes to the Financial Statements - continued
for the year ended 31 October 2023

9	TANGIBLE FIXED ASSETS	Plant and machinery	Computer equipment	Total
		£	£	£
	COST			
	At 1 November 2022	905	5,140	6,045
	Additions	2,645	-	2,645
	At 31 October 2023	3,550	5,140	8,690
	DEPRECIATION			
	At 1 November 2022	881	2,245	3,126
	Charge for the year	667	724	1,391
	At 31 October 2023	1,548	2,969	4,517
	NET BOOK VALUE			
	At 1 November 2022	24	2,895	2,919
	At 31 October 2023	2,002	2,171	4,173
10	DEBTORS	2023	2023	2022
		£	£	£
		Unrestricted	Restricted	Total
	Trade debtors	43,046	-	31,823
	Other debtors	3,250	-	3,250
		46,296	-	35,073
11	CREDITORS: Amounts falling due within one year	2023	2023	2022
		£	£	£
		Unrestricted	Restricted	Total
	Trade Creditors	7,930	-	-
	Accruals	-	-	18,338
	Pension	206	-	108
	Social securities and other taxes	341	-	205
	Deferred grant income	-	8,028	35,894
	Other creditors	2,528	-	3,868
		11,005	8,028	58,413

Walk Tall
Notes to the Financial Statements - continued
for the year ended 31 October 2023

12 MOVEMENT IN FUNDS

	At 31/10/2022 £	Net movement in fund £	At 31/10/2023 £
Unrestricted funds			
General fund	171,996	52,339	224,335
Restricted funds			
Children in Need			
Other agencies	25,845	(1,789)	24,056
TOTAL FUNDS	<u><u>197,841</u></u>	<u><u>50,550</u></u>	<u><u>248,391</u></u>

Net movement in funds, included in the above are as follows:

	Income resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	188,460	(136,121)	52,339
Restricted funds			
Children in Need	-	-	-
Other agencies	29,614	(31,403)	(1,789)
TOTAL FUNDS	<u><u>218,074</u></u>	<u><u>(167,524)</u></u>	<u><u>50,550</u></u>

13 RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 October 2023.

Walk Tall
Detailed Statement of Financial Activities
for the year ended 31 October 2023

	2023 £	2023 £	2022 £
	Restricted	Unrestricted	Total
INCOME AND ENDOWMENTS			
Donations and legacies			
Counselling service	-	88,156	36,559
Donation income	-	-	1,103
Other income	-	54,336	57,698
	<u>-</u>	<u>142,492</u>	<u>95,360</u>
Other trading activities			
Fundraising events	-	100	685
Counselling courses	-	44,321	51,122
	<u>-</u>	<u>44,421</u>	<u>51,807</u>
Investment income			
Deposit account interest	-	1,547	40
	<u>-</u>	<u>1,547</u>	<u>40</u>
Charitable activities			
Government grant	-	-	-
Grants	29,614	-	59,848
	<u>29,614</u>	<u>-</u>	<u>59,848</u>
TOTAL INCOMING RESOURCES	<u>29,614</u>	<u>188,460</u>	<u>207,055</u>
EXPENDITURE			
Other trading activities			
Wages	12,295	77,358	86,986
Staff training	-	1,907	464
Pensions	-	1,071	603
Bad debts	-	-	4,576
	<u>12,295</u>	<u>80,336</u>	<u>92,629</u>
Investment management costs			
Property repairs	2,345	1,791	4,867
	<u>2,345</u>	<u>1,791</u>	<u>4,867</u>
Charitable activities			
Resources	3,041	17,820	36,450
Counselling fees	2,089	-	12,432
	<u>5,130</u>	<u>17,820</u>	<u>48,882</u>
Support costs Management			
Vehicle Running cost	-	-	1,169
Rent payable	10,052	15,717	38,587
Rates and water	-	363	508
Insurance	-	2,696	3,229
Printing, postage and stationery	780	898	1,691
Advertising and promotion	-	6,989	1,480
Sundries	-	297	-
	<u>10,832</u>	<u>26,960</u>	<u>46,664</u>

Walk Tall
Detailed Statement of Financial Activities
for the year ended 31 October 2023

	2023 £ Restricted	2023 £ Unrestricted	2022 £ Total
Support costs Management - Continue			
Light and heat	-	3,381	4,760
Computer software and consumables	-	1,409	1,529
Telephone	-	1,947	2,346
	10,832	33,697	55,299
Finance			
Legal and professional costs	-	146	276
Subscriptions and donations	-	364	959
Sundry expenses	-	-	41
Depreciation: Plant and machinery	-	667	8
Depreciation: Computer equipment	-	724	965
	-	1,901	2,249
Other			
Travel and subsistence	801	-	95
Governance costs			
Accountancy and legal fees	-	576	624
Total resources expended	31,403	136,121	204,645
Net surplus	(1,789)	52,339	2,410

WALK TALL

England & Wales - Charity number 1094146

Accounts

REGISTERED COMPANY NUMBER: 04362851(England and Wales)
REGISTERED CHARITY NUMBER: 1094146

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 October 2022
for
Walk Tall

Aspirations Accountancy Limited

Walk Tall
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for the year ended 31 October 2022

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Walk Tall
Report of the Trustees
For the year ended 31 October 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 October 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Charity's aim is to advance the education of young people under the age of 25, by raising awareness and by imparting knowledge, skills and strategies which reduce and manage conflict and promote concord, respect and positive behaviour between individuals, within society and community,

The charity also seeks to advance the education of the general public as well as promoting awareness of the Charity's values and ideals and conducts research into the best delivery of these objectives.

Summary of the year

The year has been an incredibly busy one. With Covid restrictions over we have started service and counselling tuition continue to be strong and demand for these services continues to grow. Restoring arts provision, however, has proven to be more challenging

Despite implementing hybrid working and continuing to deliver some services online, we find ourselves in need of more space – especially for education, training and arts provision. Our board members are proactively seeking suitable premises.

Our county reach is also growing. We are now delivering young peoples' counselling to locations outside Gravesham and Dartford. This also requires us to urgently rebuild our staffing capacity.

Supporting Young People in Education:

This has been our first full year of education provision without being interrupted by periods of lockdown and online learning. I'm very pleased and proud of our young learners who initially struggled to attend as a result of their isolation during lockdown and increasing attendance was reflected in exam success. Key Stage 4 referral numbers began to increase with a demand to take Key Stage 3 students. We exceeded our subcontracted allocation by 25 % and it's clear that we need to build capacity to cater for more students. The number of students coming through the service over the year was 31.60 % of students engaged in 1:1 therapy, all had exam success and 89 % positive progression destinations.

Counselling Service:

We now receive referrals from outside Kent. Although small in number we are able to support those needing counselling from far afield due to our decision to continue with the option to work online. Our counselling rooms are fully operational again. Thanks to a Children in Need grant in March we were able to refurbish our rooms to cater for even

Walk Tall
Report of the Trustees
For the year ended 31 October 2022

OBJECTIVES AND ACTIVITIES

Significant activities (Counselling Service continued)

the youngest child requiring therapy. Our challenge has been to recruit sufficient therapists of sufficient calibre – that is those who have had adequate training and who hold proper qualifications. As such, recruitment has become an ongoing process. This year saw 190 clients through the service, 30 % of them under 18 years old.

Counselling Tuition:

The courses continue to be popular as our reputation for excellence in counselling tuition spreads. We continue to run all levels of training from Level 2 through to specialists at level 6. In addition to 12 continuing students, 39 new students joined throughout the year

Arts:

This has been the most challenging of our services to re-establish. Lockdown and the national direction towards STEM subjects have resulted in a drop in popularity to engage in arts. Thanks to KCCs Reconnect Grant we were able to run weekly young people's groups and although numbers are still small, we are continuing them.

The major success has been the establishment of an adult community choir started in May 2022 and saw its inaugural performance at Her Late Majesty's Platinum Jubilee celebration in June 2022! The choir goes from strength to strength and, thanks to a grant from Involve Kent, is able to attract many members from seniors in the community.

Other Projects

An aspect of Walk Tall's uniqueness is the ability to blend and integrate our three primary modalities. These are, perhaps most clearly illustrated by some of our community projects such as 'Wibberly Wobberly Worries' which saw groups of primary age children using expressive arts, education and therapy to examine and calm anxiety following lockdown and our young people peer support project for children and young people who had suffered bereavement following the Covid Pandemic.

Funders and Support:

We were fortunate to be in receipt of grants which have helped us to continue our work and enable us to provide special projects to support our community as we respond to changing needs.

Our thanks to:

Our funders:

BBC Children in Need,

Co-op Foundation

ASDA Foundation

Involve Kent

Philip and Connie Foundation

Our supporters:

Aspirations Accountancy, Sealeys Estate Agency, Gullands Solicitors, P&P Hub,

Swanscombe & Greenhithe Residents Association.

Walk Tall
Report of the Trustees
For the year ended 31 October 2022

FINANCIAL REVIEW

Reserves policy

The trustees have examined the charity's requirements for reserves in light of the main risks to the organisation. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be between 9 and 12 months of the expenditure.

The reserves are needed to meet the working capital requirements of the charity, at the balance sheet date the available reserves were £171,996 (2021: £169,678) which represents thirteen months of expenditure, a month more than our target range. This gives the charity a base from which to grow and expand its reach in community and to meet increasing costs until a permanent home is found.. The CEO has put forward plans for the coming financial year to maintain the unrestricted reserve position whilst delivering more services to our new and existing users. The charity is working closely with local funders and delivery partners to provide a good quality education within strict budget lines. It is anticipated that this will maintain the Charity's reserves in line with its target range and improve our reach.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

New trustees are introduced to the charity by either their work in the local community or by the Chief Executive as part of her work to promote the activities of the charity.

Trustees are invited and encouraged to attend performances that the charity produces and to meet the actors and volunteers in the rehearsal sessions so that they understand the context of the charitable work undertaken.

The charity also produces a guide to the legal responsibilities of being a trustee plus sign postings from the various Charity Commission publications through the Commission's guide "the Essential Trustee".

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

04362851 (England and Wales)

Registered Charity number

1094146

Registered office

Heritage Hall
Craylands Lane
Swanscombe
Kent
DA10 0LP

Walk Tall
Report of the Trustees
For the year ended 31 October 2022

Trustees

Reverend D Scott - Retired Parish Priest
A B Kensington - Accountant
M Sears - Commercial Agent
Ms J Crocker - Solicitor

Independent Examiner

Blue Rocket Accounting
8 Twisleton Court
Dartford
Kent
DA1 2EN

A WORD FROM OUR CHAIRMAN

Trustees: We have a small, but gifted band of trustees who have contributed to Walk Tall's welfare through their diverse gifts and specialities. We met several times either by zoom or face to face. We are blessed in having a first-class accountant keeping a watchful eye on our cash flow, in having an expert in the property market guiding us in finding and assessing new locations – an ongoing challenge and in having a fully qualified lawyer keeping an eye on legal issues. Recently, not in the time period covered by this report, we have added a new trustee, good news after we lost a young lady who left the Board after giving birth to her first child. The trustees work well together, each contributing their skills to Walk Tall's life. Thank you, all you wonderful people

CEO: Walk Tall depends very heavily on the skills of our extremely busy CEO, Dr Ann Duke. Ann has continued to be a first-rate fund raiser which, although making more demand on her time, has proved very valuable for the Walk Tall finances. She guided the charity through the challenges of the covid era with wisdom and skill and she often comes out with new visions and ideas for the charity. She is supported by a small staff, the numbers of which were greatly reduced after the move from Northfleet. This shortage of staff is being closely watched by the trustees and the hope is that staff support for Ann will be increased in the near future. The challenge for her and trustees is to create and maintain capacity for fulfilling the visions and ideas.

Activities:

Counselling: This department is proving to be Walk Tall's major success story. With several training courses and counselling sessions going on; the income has been climbing steadily with Emma Farrell at the head. Walk Tall depends very heavily on part time employees and we are grateful for them. So much of the training and even the counselling now operates by zoom. The counselling department used all three of our rented premises in Dartford, Swanscombe and Gravesend.

School: The school operated by zoom over the covid era, even being closed at certain times. It is now operating successfully in the new premises, i.e. the Heritage Hall in Swanscombe.

Walk Tall
Report of the Trustees
For the year ended 31 October 2022

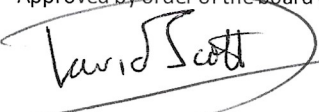
Activities: (continued)

Drama and Choir: The drama program was still planned for recovery but progress in this has been very slow. However the Catzout choir under Tamara Gummer is making steady progress.

Volunteers: Walk Tall has always depended heavily on its volunteers. Unfortunately most of them don't seem to last long. Of course we are very grateful to the ones who active with us and give of their time generously

The future: The future of Walk Tall is secure not least because of our healthy finances and also because it is constantly reviewing and renewing its vision. There is a high standard of efficiency on the part of the CEO, the trustees, employees and volunteers. May we go from strength to strength overcoming all obstacles.

Approved by order of the board of trustees on 5th July 2023 and signed on its behalf by:



A handwritten signature in black ink that reads "David Scott". The signature is written in a cursive style and is enclosed within a large, hand-drawn oval scribble.

Reverend D Scott-Trustee

**Report of the Trustees and
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF Walk Tall**

Independent examiner's report to the trustees of Walk Tall ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 October 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination, I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1 accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Miguel Calabrese
FCCA
Blue Rocket Accounting
8 Twisleton Court
Dartford
Kent
DA1 2EN

..... 6th July 2023

Walk Tall
STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 October 2022

	Unrestricted Funds 2022	Restricted Funds 2022	TOTAL FUNDS 2022	TOTAL FUNDS 2021
INCOMING RESOURCES				
Donations and legacies	95,360	-	95,360	120,006
Charitable activities				
Grants	-	59,848	59,848	42,883
Other trading activities	51,694	113	51,807	24,735
Investment income	40	-	40	10,931
TOTAL INCOMING RECOURCES	147,094	59,961	207,055	198,555
RESOURCES EXPENDED				
Cost of generating funds:				
Project delivery	80,274	12,355	92,629	80,074
Charitable activities				
Resources	11,410	25,040	36,450	11,357
Bought in professional services	7,981	4,451	12,432	12,232
Rent of facilities and equipment	32,232	6,863	39,095	45,844
Other expenses	16,807	5,752	22,559	11,746
Advertising and promotion expenses	1,480	-	1,480	729
TOTAL RESOURCES EXPENDED	150,184	54,461	204,645	161,982
NET INCOMING/(OUTGOING) RESOURCES FOR THE YEAR	(3,090)	5,500	2,410	36,573
RECONCILIATION OF FUNDS				
Transfer between funds	5,408	(5,408)	-	-
Total funds brought forward	169,678	25,753	195,431	158,858
TOTAL FUNDS CARRIED FORWARD	171,996	25,845	197,841	195,431

Walk Tall
Balance Sheet
31 October 2022

	Note	Unrestricted Fund 2022	Restricted Fund 2022	TOTAL FUNDS 2022	TOTAL FUNDS 2021
FIXED ASSETS					
Tangible Assets	1	105	2,814	2,919	3,892
CURRENT ASSETS					
Debtors & Prepayments	2	35,073	-	35,073	22,175
Cash at Bank & in hand		159,337	58,925	218,262	200,029
TOTAL INCOMING RESOURCES		194,410	58,925	253,335	222,204
CREDITORS: Amounts due within one year	3	22,519	35,894	58,413	30,665
NET CURRENT ASSETS		171,996	25,845	197,841	195,431
CREDITORS: Amounts falling due after more than one year		-	-	-	-
NET ASSETS		171,996	25,845	197,841	195,431
FUNDED BY					
Accumulated Unrestricted Income funds		171,996	25,845	197,841	195,431
TOTAL FUNDS CARRIED FORWARD		171,996	25,845	197,841	195,431

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

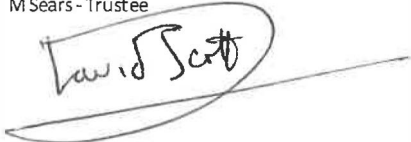
Walk Tall
Balance Sheet - Continued
31 October 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 5th July 2023 and were signed on its behalf by:



Name of Trustee
M Sears - Trustee



Name of Trustee
D Scott - Trustee

Walk Tall
Notes to the Financial Statements
for the year ended 31 October 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the company has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the company to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery - 25% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the company. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Walk Tall
Notes to the Financial Statements
for the year ended 31 October 2022

2 OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Fundraising events	-	-
Counselling Courses	51,122	24,442
	51,122	24,442
	51,122	24,442

3 INVESTMENT INCOME

	2022	2021
	£	£
Rent received	-	10,915
Deposit amount interest	40	16
	40	10,931
	40	10,931

4 PROJECT DELIVERY

Investment management costs

	2022	2021
	£	£
Property repairs	4,867	1,331
	4,867	1,331
	4,867	1,331

5 NET INCOME/(EXPENDITURE)

Net income / (expenditure) is stated after charging / (crediting):

	2022	2021
	£	£
Depreciation - owned assets	965	641
Other operating leases	38,587	45,246
	38,587	45,246
	38,587	45,246

6 TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 October 2021 nor for the year ended 31 October 2022.

Trustees' expenses

There were no trustees' remuneration or other benefits for the year ended 31 October 2021 nor for the year ended 31 October 2022.

7 STAFF COSTS

The average monthly number of employees during the year was as follows

	2022	2021
	£	£
Charitable activities	8	8
Support team	3	3
	11	11
	11	11

No employee received emoluments in excess of £60,000

Walk Tall
Notes to the Financial Statements - continued
for the year ended 31 October 2022

8 **COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	87,330	32,676	120,006
Charitable activities			
Resources	42,883	-	42,883
Other trading activities	24,735	-	24,735
Investment income	10,931	-	10,931
Total	165,879	32,676	198,555
EXPENDITURE ON			
Project delivery	51,622	28,452	80,074
Charitable activities			
Resources	17,881	-	17,881
Bought in professional services	9,982	2,250	12,232
Rent of facilities and equipment	45,844	-	45,844
Other expenses	3,825	1,398	5,223
Advertising and promotion expenses	153	576	729
Total	129,307	32,676	161,983
NET INCOME/(EXPENDITURE)	36,572	-	36,572
RECONCILIATION OF FUNDS			
Transfer between funds	(25,753)	25,753	-
Total funds brought forward	158,859	-	158,859
TOTAL FUNDS CARRIED FORWARD	169,678	25,753	195,431

Walk Tall
Notes to the Financial Statements - continued
for the year ended 31 October 2022

9	TANGIBLE FIXED ASSETS	Plant and machinery	Computer equipment	Total
		£	£	£
	COST			
	At 1 November 2021	905	5,140	6,045
	Additions	-	-	-
	At 31 October 2022	905	5,140	6,045
	DEPRECIATION			
	At 1 November 2021	873	1,280	2,153
	Charge for the year	8	965	973
	At 31 October 2022	881	2,245	3,126
	NET BOOK VALUE			
	At 1 November 2021	32	3,860	3,892
	At 31 October 2022	24	2,895	2,919
10	DEBTORS	2022	2022	2021
		£	£	£
		Unrestricted	Restricted	Total
	Trade debtors	31,823	-	18,925
	Other debtors	3,250	-	3,250
		35,073	-	22,175
11	CREDITORS: Amounts falling due within one year	2022	2022	2021
		£	£	£
		Unrestricted	Restricted	Total
	Accruals	18,338	-	4,346
	Pension	108	-	-
	Social securities and other taxes	205	-	380
	Deferred grant income	-	35,894	23,498
	Other creditors	3,868	-	2,441
		22,519	35,894	30,665

Walk Tall
Notes to the Financial Statements - continued
for the year ended 31 October 2022

12 MOVEMENT IN FUNDS	At 31/10/2021 £	Net movement in fund £	At 31/10/2022 £
Unrestricted funds			
General fund	169,678	(3,090)	166,588
Restricted funds			
Children in Need			
Other agencies	25,753	5,500	20,253
TOTAL FUNDS	<u>195,431</u>	<u>2,410</u>	<u>186,841</u>

Net movement in funds, included in the above are as follows:

	Income resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	147,094	(150,184)	(3,090)
Restricted funds			
Children in Need	48,776	(48,776)	-
Other agencies	11,185	(5,685)	5,500
TOTAL FUNDS	<u>158,279</u>	<u>(155,869)</u>	<u>2,410</u>

13 RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 October 2022.

Walk Tall
Detailed Statement of Financial Activities
for the year ended 31 October 2022

	2022 £	2022 £	2021 £
	Restricted	Unrestricted	Total
INCOME AND ENDOWMENTS			
Donations and legacies			
Counselling service	-	36,559	49,861
Admissions	-	-	-
Donation income	-	1,103	-
Other income	-	57,698	70,145
	-	95,360	120,006
Other trading activities			
Fundraising events	113	572	293
Counselling courses	-	51,122	24,442
	113	51,694	24,735
Investment income			
Rents received	-	-	10,915
Deposit account interest	-	40	16
	-	40	10,931
Charitable activities			
Government grant	-	-	-
Grants	59,848	-	42,883
	59,848	-	42,883
TOTAL INCOMING RESOURCES	59,961	147,094	198,555
EXPENDITURE			
Other trading activities			
Wages	12,102	74,884	79,520
Staff training	-	464	-
Pensions	253	350	554
Bad debts	-	4,576	-
	12,355	80,274	80,074
Investment management costs			
Property repairs	3,258	1,609	1,331
	3,258	1,609	1,331
Charitable activities			
Resources	25,040	11,410	11,358
Counselling fees	4,451	7,981	12,232
	29,491	19,391	23,590
Support costs Management			
Vehicle Running cost	683	486	-
Rent payable	6,863	31,724	45,246
Rates and water	-	508	598
Insurance	718	2,511	2,302
Printing, postage and stationery	155	1,536	810
Advertising and promotion	-	1,480	729
Sundries	-	-	-
	8,419	38,245	49,685

Walk Tall
Detailed Statement of Financial Activities
for the year ended 31 October 2022

	2022 £ Restricted	2022 £ Unrestricted	2021 £ Total
Support costs Management - Continue			
Light and heat	-	4,760	2,462
Computer software and consumables	-	1,529	1,353
Telephone	-	2,346	2,058
	8,419	46,880	55,558
Finance			
Legal and professional costs	-	276	-
Subscriptions and donations	-	959	275
Sundry expenses	-	41	-
Depreciation: Plant and machinery	-	8	11
Depreciation: Computer equipment	938	27	641
	938	1,311	927
Other			
Travel and subsistence	-	95	64
Governance costs			
Accountancy and legal fees	-	624	439
Total resources expended	54,461	150,184	161,983
Net expenditure	5,500	(3,090)	36,572

WALK TALL

England & Wales - Charity number 1094146

Accounts

REGISTERED COMPANY NUMBER: 04362851 (England and Wales)
REGISTERED CHARITY NUMBER: 1094146

**Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 October 2021
for
Walk Tall**

Walk Tall
Contents of the Financial Statements
for the year ended 31 October 2021

CONTENTS	PAGE
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Independent examiner's report to the trustees	5
Statement of financial activities	6
Balance Sheet	7 to 8
Notes to the accounts	9 to 13
The following pages do not form part of the accounts	
Detailed statement of financial activities	14 to 15

Walk Tall
Report of the Trustees
For the year ended 31 October 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 October 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Charity's aim is to advance the education of young people under the age of 25, by raising awareness and by imparting knowledge, skills and strategies which reduce and manage conflict and promote concord, respect and positive behaviour between individuals, within society and community,

The charity also seeks to advance the education of the general public as well as promoting awareness of the Charity's values and ideals and conducts research into the best delivery of these objectives.

Over the period of the Covid-19 pandemic we were able to continue most of our services in some way. The only activities we were unable to provide at all were performing arts. The continuing restrictions on face-to-face mixing during the pandemic necessitated several new ways of working. As we gradually emerged from the pandemic throughout 2021, some of these changes have proven, in the longer term, to be beneficial, both to Walk Tall organizationally and to our service users. We have, therefore, retained some of these changes where appropriate. It has resulted in our ability to work more flexibly, effectively and efficiently across our operational strands, as well as increasing our reach in some areas of operation such as adult online tuition and online counselling.

The Year's Activities:

Supporting Young People in Education:

We were able to continue with online lessons throughout the lockdowns with most young people engaging successfully. After a sharp decline in young people being referred to the provision in the summer of 2020, numbers gradually increased and by the end of October 2021 were again at the maximum ceiling of 20 young people in education at any one time, with a throughput of 29. We also provided 1:1 therapy for 69% of students in education.

Counselling Service:

We were extremely proud to have been awarded BACP Accredited Service Status – one of only 4 adult services and the only under 18s counselling service in Kent! This is due to the expertise, commitment and professionalism of Emma Farrell, Walk Tall's Counselling Service Manager. Our grateful thanks go to her.

Over the year there was a 59 % increase in referrals from agencies and from self-referrals of clients from all age groups suffering from anxiety and stress related conditions. During periods of lockdown, we were able to work with adult and teenage clients via online counselling but unable to work with children below the age of 11 for whom face-to-face therapy was the only viable option. We returned to face-to-face counselling in April 2021. The year saw 111 new clients come into the service. The service – and our excellent reputation, continues to grow.

Walk Tall
Report of the Trustees
For the year ended 31 October 2021

Counselling Tuition:

We were successful in gaining accredited status with CPCAB awarding body to run a Level 6 specialist course in Counselling Children and Young People and the first course began in September 2021. Tuition at Levels 2, 3 are to continue via Zoom classrooms and Level 4 is now delivered as a blended course of online and face-to-face tuition. Over the year a total of 47 students engaged with counsellor training. This high quality tuition is essential in order for us to ensure the highest standards in counselling provision.

Grants and Community Support:

We were fortunate to receive grants which have help us to continue our core work as well as enable us to provide special projects to support our community through this difficult period. Such projects include therapeutic support groups to help young people cope with anxiety, loss and bereavement.

Our thanks to:

Our funders:

BBC Children in Need, Co-op Foundation, Persimmons, Colyer Fergusson, KCC Reconnect, ASDA Foundation

Our supporters;

Aspirations Accountancy, Sealeys Estate Agency, Gullands Solicitors, P&P Hub, and Swanscombe & Greenhithe Residents Association.

FINANCIAL REVIEW

Reserves policy

The trustees have examined the charity's requirements for reserves in light of the main risks to the organisation. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be between 9 and 12 months of the expenditure.

The reserves are needed to meet the working capital requirements of the charity, at the balance sheet date the available reserves were £169,678 (2020: £158,859) which represents eleven months of expenditure, so within our target range. This gives the charity a base from which to grow and expand its reach in the community and to meet increasing costs until a permanent home is found. The CEO has put forward plans for the coming financial year to maintain the unrestricted reserve position whilst delivering more services to our new and existing users. The charity is working closely with local funders and delivery partners to provide a good quality education within strict budget lines. It is anticipated that this will maintain the Charity's reserves in line with its target range and improve our reach.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

For the year ended 31 October 2021

Recruitment and appointment of new trustees

New trustees are introduced to the charity by either their work in the local community or by the Chief Executive as part of her work to promote the activities of the charity.

Trustees are invited and encouraged to attend performances that the charity produces and to meet the actors and volunteers in the rehearsal sessions so that they understand the context of the charitable work undertaken.

The charity also produces a guide to the legal responsibilities of being a trustee plus sign postings from the various Charity Commission publications through the Commission's guide "the Essential Trustee".

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04362851 (England and Wales)

Registered Charity number

1094146

Registered office

Heritage Hall
Craylands lane
Swanscombe
Kent
DA10 0LP

Trustees

Reverend D Scott - Retired Parish Priest (Chairman)
A B Kensington - Accountant
M Sears - Commercial Agent
Ms J Crocker - Solicitor
Mrs S Aldridge - HR Professional

Independent Examiner

Blue Rocket Accounting
8 Twisleton Court
Dartford
Kent
DA1 2EN

For the year ended 31 October 2021

A WORD FROM OUR CHAIRMAN

Trustees:

We have a small, but gifted band of trustees who have contributed to Walk Tall's welfare through their diverse gifts and specialities. We met several times by zoom and once face to face. We also enjoy an end of the year get together at a restaurant. We are blessed in having a first-class accountant keeping a watchful eye on our cash flow, in having an expert in the property market guiding us in finding and assessing new locations – an ongoing challenge and in having a fully qualified lawyer keeping an eye on legal issues and our newest and youngest, an HR expert. The trustees work well together each contributing their skills to Walk Tall's life. Thank you, all you wonderful people.

CEO:

Walk Tall depends very heavily on the skills of our extremely busy CEO, Dr Ann Duke. Ann has also proved to be a first-rate fund raiser which, although making more demand on her time, has proved very valuable for the Walk Tall finances. She often comes out with new visions and ideas for the charity. The challenge for her and trustees is to create and maintain capacity for fulfilling the visions and ideas.

Activities:

Counselling: This department is proving to be Walk Tall's major success story. With several training courses and counselling sessions going on; the income has been climbing steadily with Emma Farrell at the head. Walk Tall depends very heavily on part time employees and we are grateful for them. So much of the training and even the counselling now operates by zoom. The counselling department used all three of our rented premises in Dartford, Swanscombe and Gravesend.

School: The school operated by zoom over the covid era, even being closed at certain times. It is now operating successfully in the new premises, i.e. the Heritage Hall in Swanscombe.

Drama: The drama program has been waiting for a suitable time, post covid, to reopen, especially for children. The vision of holding children's drama classes is on its way to a reawakening in 2022.

Volunteers:

Walk Tall has always depended heavily on its volunteers. Unfortunately most of them don't seem to last long. Of course we are very grateful to the ones who are active with us and give of their time generously. Walk Tall has had young people from the Kickstart programme with mixed success depending on the suitability of the young people for the tasks.

The future:

The future of Walk Tall is secure not least because of our healthy finances and also because it is constantly reviewing and renewing its vision. There is a high standard of efficiency on the part of the CEO, the trustees, employees and volunteers. May we go from strength to strength overcoming all obstacles.

Approved by order of the board of trustees on 20 July 2022 and signed on its behalf by:



Reverend D Scott - Chairman

DAVID SCOTT.

For the year ended 31 October 2021

Independent examiner's report to the trustees of Walk Tall ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 October 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1 accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Miguel Calabrese
FCCA
Blue Rocket Accounting
8 Twisleton Court
Dartford
Kent
DA1 2EN

20/07/2022

for the year ended 31 October 2021

	Note	Unrestricted Funds 2021	Restricted Funds 2021	TOTAL FUNDS 2021	TOTAL FUNDS 2020
INCOMING RESOURCES					
Donations and legacies		87,330	32,676	120,006	82,682
Charitable activities					
Resources		42,883	-	42,883	70,160
Other trading activities		24,735	-	24,735	54,815
Investment income		10,931	-	10,931	1,929
TOTAL INCOMING REOURCES		165,879	32,676	198,555	209,586
RESOURCES EXPENDED					
Cost of generating funds:					
Project delivery		51,622	28,452	80,074	80,769
Charitable activities					
Resources		17,881	-	17,881	13,709
Bought in professional services		9,982	2,250	12,232	13,823
Rent of facilities and equipment		45,844	-	45,844	34,854
Other expenses		3,825	1,398	5,223	3,996
Advertising and promotion expenses		153	576	729	1,974
TOTAL RESOURCES EXPENDED		129,307	32,676	161,983	149,125
NET INCOMING/(OUTGOING) RESOURCES FOR THE YEAR					
		36,572	-	36,572	60,461
RECONCILIATION OF FUNDS					
Transfer between funds		(25,753)	25,753	-	-
Total funds brought forward		158,859	-	158,859	98,398
TOTAL FUNDS CARRIED FORWARD		169,678	25,753	195,431	158,859

31 October 2021

	Note	Unrestricted Fund 2021	Restricted Fund 2021	TOTAL FUNDS 2021	TOTAL FUNDS 2020
FIXED ASSETS					
Tangible Assets	1	140	3,752	3,892	186
CURRENT ASSETS					
Debtors & Prepayments	2	22,175	-	22,175	18,499
Cash at Bank & in hand		154,530	45,499	200,029	147,320
TOTAL INCOMING RESOURCES		176,705	45,499	222,204	165,819
CREDITORS: Amounts due within one year	3	7,167	23,498	30,665	7,146
NET CURRENT ASSETS		169,678	25,753	195,431	158,859
CREDITORS: Amounts falling due after more than one year	4	-	-	-	-
NET ASSETS		169,678	25,753	195,431	158,859
FUNDED BY					
Accumulated Income funds		169,678	25,753	195,431	158,859
TOTAL FUNDS CARRIED FORWARD		169,678	25,753	195,431	158,859
		-	-	-	-

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2020 in accordance with Section 476 of the Companies Act 2006.

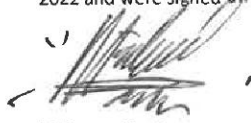
The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

31 October 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20 July 2022 and were signed on its behalf by:

A handwritten signature in black ink, appearing to read 'M Sears', with a stylized flourish at the end.

M Sears - Trustee

A handwritten signature in black ink, appearing to read 'J Crocker', with a stylized flourish at the end.

J Crocker - Trustee

for the year ended 31 October 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the company has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the company to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery - 25% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the company. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

for the year ended 31 October 2021

2 OTHER TRADING ACTIVITIES

	2021	2020
	£	£
Fundraising events	-	-
Counselling Courses	24,442	54,815
	<u>24,442</u>	<u>46,464</u>

3 INVESTMENT INCOME

	2021	2020
	£	£
Rent received	10,915	1,890
Deposit amount interest	16	39
	<u>10,931</u>	<u>1,929</u>

4 PROJECT DELIVERY

Investment management costs

	2021	2020
	£	£
Property repairs	1,529	878
	<u>1,529</u>	<u>878</u>

5 NET INCOME/(EXPENDITURE)

Net income / (expenditure) is stated after charging / (crediting):

	2021	2020
	£	£
Depreciation - owned assets	652	62
Other operating leases	45,246	34,795
	<u>45,246</u>	<u>34,795</u>

6 TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 October 2021 nor for the year ended 31 October 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 October 2021 nor for the year ended 31 October 2020.

for the year ended 31 October 2021

7 STAFF COSTS

The average monthly number of employees during the year was as follows

	2021	2020
	£	£
Charitable activities	8	8
Support team	3	3
	11	11

No employee received emoluments in excess of £60,000

8 COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	82,682		82,682
Charitable activities			
Resources	70,160	-	70,160
Other trading activities	54,815	-	54,815
Investment income	1,929	-	1,929
Total	209,586	-	209,586
EXPENDITURE ON			
Project delivery	80,769	-	80,769
Charitable activities			
Resources	13,709	-	13,709
Bought in professional services	13,823	-	13,823
Rent of facilities and equipment	34,854	-	34,854
Other expenses	3,996	-	3,996
Advertising and promotion expenses	1,974	-	1,974
Total	149,125	-	149,125
NET INCOME/(EXPENDITURE)	60,461	-	60,461
RECONCILIATION OF FUNDS			
Total funds brought forward	98,398	-	98,398
TOTAL FUNDS CARRIED FORWARD	158,859	-	158,859

for the year ended 31 October 2021

9	TANGIBLE FIXED ASSETS	Plant and machinery	Computer equipment	Total
		£	£	£
	COST			
	At 1 November 2020	905	782	1,687
	Additions	-	4,358	4,358
	At 31 October 2021	905	5,140	6,045
	DEPRECIATION			
	At 1 November 2020	862	639	1,501
	Charge for the year	11	641	652
	At 31 October 2021	873	1,280	2,153
	NET BOOK VALUE			
	At 1 November 2020	32	3,860	3,892
	At 31 October 2021	43	4,501	4,544
10	DEBTORS		2021	2020
			£	£
	Trade Debtors		18,925	15,249
	Prepayments		-	-
	Other Debtors		3,250	3,250
			22,175	18,499
11	CREDITORS: Amounts falling due within one year		2021	2020
			£	£
	Accruals		4,346	4,705
	Deferred grant income		23,498	-
	Social securities and other taxes		380	-
	Other creditors		2,441	2,441
			30,665	7,146

for the year ended 31 October 2021

12 MOVEMENT IN FUNDS

	At 31/10/2020	Funds Transfer	Net movement in fund	At 31/10/2021
	£	£	£	£
Unrestricted funds				
General fund	158,859	(25,753)	36,572	169,678
Restricted funds				
Children in Need	-	-	-	-
Other agencies	-	25,753	-	25,753
TOTAL FUNDS	<u><u>158,859</u></u>	<u><u>-</u></u>	<u><u>36,572</u></u>	<u><u>195,431</u></u>

Net movement in funds, included in the above are as follows:

	Income resources	Income resources	Resources expended	Movement in funds
	£	£	£	£
Unrestricted funds				
General fund	168,552	179,583	(131,980)	36,572
Restricted funds				
Children in Need	29,003	29,003	(29,003)	-
Other agencies	1,000	1,000	(1,000)	-
TOTAL FUNDS	<u><u>169,552</u></u>	<u><u>180,583</u></u>	<u><u>(132,980)</u></u>	<u><u>36,572</u></u>

13 RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 October 2021.

for the year ended 31 October 2021

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Counselling service	49,861	39,570
Other Income	70,145	43,112
	<u>120,006</u>	<u>82,682</u>
Other trading activities		
Fundraising events	293	-
Counselling courses	24,442	54,815
	<u>24,735</u>	<u>54,815</u>
Investment income		
Rents received	10,915	1,890
Deposit account interest	16	39
	<u>10,931</u>	<u>1,929</u>
Charitable activities		
Government Grant	-	42,934
Grants	42,883	27,226
	<u>42,883</u>	<u>70,160</u>
TOTAL INCOMING RESOURCES	<u>198,555</u>	<u>209,586</u>
EXPENDITURE		
Other trading activities		
Wages	79,520	78,290
Social securities	-	-
Pensions	554	633
Bad Debts	-	968
	<u>80,074</u>	<u>79,891</u>
Investment management costs		
Property repairs	1,331	878
	<u>1,331</u>	<u>878</u>
Charitable activities		
Resources	11,358	7,987
Counselling fees	12,232	13,823
	<u>23,590</u>	<u>21,810</u>
Support costs Management		
Training	-	-
Rent payable	45,246	34,795
Rates and water	598	59
Insurance	2,302	2,395
Printing, postage and stationery	810	711
Advertising and promotion	729	1,974
	<u>49,685</u>	<u>39,934</u>

for the year ended 31 October 2021

	2021	2020
	£	£
Support costs Management - Continue		
Light and Heat	2,462	599
Computer software and consumables	1,353	1,039
Telephone	2,058	1,577
	<u>55,558</u>	<u>43,149</u>
Finance		
Legal and professional costs	-	1,824
Subscriptions and donations	275	586
Bank Charges	-	5
Plant and machinery	11	14
Computer equipment	641	48
	<u>927</u>	<u>2,477</u>
Other		
Travel and subsistence	64	0
Governance costs		
Accountancy and legal fees	439	920
Total resources expended	<u>161,983</u>	<u>149,125</u>
Net expenditure	<u>36,572</u>	<u>60,461</u>

WALK TALL

England & Wales - Charity number 1094146

Accounts

REGISTERED COMPANY NUMBER: 04362851 (England and Wales)
REGISTERED CHARITY NUMBER: 1094146

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 October 2020
for
Walk Tall

Walk Tall
Contents of the Financial Statements
for the year ended 31 October 2020

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Independent examiner's report to the trustees	5
Statement of financial activities	6
Balance Sheet	7
Notes to the accounts	8 to 12
The following pages do not form part of the accounts	
Detailed statement of financial activities	13 to 14

Walk Tall
Report of the Trustees
For the year ended 31 October 2020

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 October 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Charity's aim is to advance the education of young people under the age of 25, by raising awareness and by imparting knowledge, skills and strategies which reduce and manage conflict and promote concord, respect and positive behaviour between individuals, within society and community,

The charity also seeks to advance the education of the general public as well as promoting awareness of the Charity's values and ideals and conducts research into the best delivery of these objectives.

Significant activities

The year started just a few months prior to the start of the Covid-19 pandemic. In common with everyone else, this brought severe disruption and necessitated radical adjustment to our ways of working. The positives are that some of our new protocols will remain in place and provide new, efficient and more desirable ways of working for both service users and staff. It is a testament to the staff team that we were able to adapt rapidly and are able to continue all our services, with the exception of performing arts which remain dormant. We are fortunate to have received support as a result of funding applications which have allowed us to continue with a good many services and support those who have suffered due to the Covid-19 pandemic.

The Year's Activities:

Position at 1 November 2019:

Walk Tall's counselling service was continuing to grow and deliver face to face counselling in Gravesend and Dartford offices, operating 6-7 days a week. We were waiting to be granted a 15 year lease on our own activity premises in Swanscombe which would give us the opportunity to re-establish our arts provision, increase capacity and flexibility in alternative education support as well as extend counselling tuition.

In March 2020, we were swift in adjusting our services to the impact of the global pandemic. Our long awaited lease was signed on the morning of March 23rd 2020 as the government announced national lockdown that evening! As a result, our premises remained unused until we opened to provide education in September 2020.

In anticipation of the national restrictions we had prepared to continue with as many of our services as was possible remotely, either by audio-visual or by phone.

Walk Tall
Report of the Trustees
For the year ended 31 October 2020

OBJECTIVES AND ACTIVITIES

Impact:

Counselling Service: We were unable to provide face-to-face therapy. We provided training (via Zoom) to all counsellors to upskill them in providing remote therapy and offered this option to all clients except children under the age 11. There were also clients for whom remote counselling was not a safe or desirable option. The net result was that two-thirds of our clients did not engage with counselling during the first few months of the lockdown. Since then clients have gradually returned to therapy to 75 % of the pre-lockdown levels. In addition the pandemic resulted in increased demand for therapy by all ages, including from NHS staff. Fifty six new clients began therapy between 1st April and 31 October 2020. The rate of new clients has also accelerated since then.

We have been fortunate to have received Covid 19 funding from National Lottery, Kent Community Foundation Community Fund and from Children-in-Need which has allowed us to provide free services to people of all ages

Counselling Tuition:

We were able to continue to deliver remote counselling tuition but with a high initial attrition rate. Awarding Bodies and BACP issued regularly updated guidance on both tuition and counselling services. As such we have continued with our remote teaching. This has worked extremely well. It's interesting that most students prefer it and student progress is enhanced by new teaching and learning strategies. It is also interesting to note, even during the pandemic, that our student numbers are increasing across all levels. A full programme of courses is planned, including a new Level 6 Specialist Course in Counselling Children and Young People which starts in September 2021.

Alternative Education:

The remaining terms between April and July 2020 were very difficult, especially for our GCSE students. Despite tutor assessed grades and the extreme reluctance as well as technology issues of our vulnerable students to attend Zoom lessons, all our students managed to achieve at least GCSEs in mathematics and English Language. Due to the lockdown we were concerned because we received no referrals to the Education programme during those final terms. This put the future of the programme in jeopardy. We decided to go ahead and open face to face at our new centre in September 2020, with just 5 Year 11 students. This quickly grew with new referrals to 20 which included 10 students at Key Stage 5 on a broadened curriculum. We also delivered English and Maths GCSE and functional skills to an additional 35 students by remote learning only. Results for all student grades are still pending at the time of writing this report.

Arts:

In February 2020, we secured a small grant from Ebbsfleet Development Corporation to establish an adult community choir and performance group. We managed our first session prior to the March 2020 lockdown and have been unable to deliver any arts provision since then. We would hope to re-establish this core element of our services once it is safe to do so.

Funders and Support:

Our thanks to our funders:

BBC Children in Need, Clothworkers Foundation, Tesco Bags for Life, Co-op Foundation, National Lottery.

Our supporters;

Sealeys Estate Agency, Gullands Solicitors, Aspirations Accountancy, P&P Hub, and Swanscombe & Greenhithe Residents Association.

My personal and grateful thanks to Walk Tall's trustees, staff and volunteers who have worked tirelessly to support the charity and its vulnerable service users during this time.

Walk Tall
Report of the Trustees
For the year ended 31 October 2020

FINANCIAL REVIEW

Reserves policy

The trustees have examined the charity's requirements for reserves in light of the main risks to the organisation. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be between 10 and 15 months of the expenditure.

The reserves are needed to meet the working capital requirements of the charity, at the balance sheet date the available reserves were £163,772 (2019:£105,048) which represents fourteen months of expenditure, so within our target range. This gives the charity a base from which to grow and expand its reach in the community and to meet increasing costs until a permanent home is found.. The CEO has put forward plans for the coming financial year to maintain the unrestricted reserve position whilst delivering more services to our new and existing users. The charity is working closely with local funders and delivery partners to provide a good quality education within strict budget lines. It is anticipated that this will maintain the Charity's reserves in line with its target range and improve our reach.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

New trustees are introduced to the charity by either their work in the local community or by the Chief Executive as part of her work to promote the activities of the charity.

Trustees are invited and encouraged to attend performances that the charity produces and to meet the actors and volunteers in the rehearsal sessions so that they understand the context of the charitable work undertaken.

The charity also produces a guide to the legal responsibilities of being a trustee plus sign postings from the various Charity Commission publications through the Commission's guide "the Essential Trustee".

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number: 04362851 (England and Wales)

Registered Charity number: 1094146

Registered office

Heritage Hall
Craylands Avenue
Swanscombe
Kent, DA10 0LP

Trustees

Mrs S Aldridge appointed 2nd June 2020
Ms J Crocker Solicitor
A B Kensington Certified Accountant
Reverend D Scott Retired Parish Priest
M Sears Commercial Agent

Independent Examiner

Blue Rocket Accounting
8 Twisleton Court
Dartford
Kent, DA1 2EN

Walk Tall
Report of the Trustees
For the year ended 31 October 2020

A WORD FROM OUR CHAIRMAN

Trustees:

We have a small, but gifted band of trustees who have contributed to Walk Tall's welfare through their diverse gifts and specialities. We met several times by zoom and the trustees were wonderfully helpful in times of crisis. We have a new, young lady trustee who is already contributing of her time and expertise to Walk Tall matters. We are blessed in having a first-class accountant keeping a watchful eye on our cash flow, in having an expert in the property market guiding us in finding and assessing new locations – an ongoing challenge and in having a fully qualified lawyer keeping an eye on legal issues. Our CEO, Dr Ann Duke is still on the watch for a marketing expert to join the team. Thank you, all you wonderful people.

CEO:

Walk Tall depends very heavily on the skills of our extremely busy CEO, Dr Ann Duke. She, supported especially by our property trustee, have found a new HQ which is located in Swanscombe. It is being rented from the Swanscombe/Greenhithe Town Council. Walk Tall can rent it out to other users to help cover the rent. This adds to our rented properties in Dartford and Gravesend.

Ann has also proved to be a first-rate fund raiser which, although making more demand on her time, has proved very valuable for the Walk Tall finances.

Activities:

Counselling: After big changes in staffing in the counselling department, the counselling department is proving to be Walk Tall's major success story. With several training courses and counselling sessions going on; the income has been climbing steadily with Emma Farrell at the head. Walk Tall depends very heavily on part time employees and we are grateful for them. So much of the training and even the counselling now operates by zoom.

School: The school has continued to operate by zoom as well but was also closed down through much of the covid era. It has now reopened in the new premises, i.e. the Heritage Hall in Swanscombe.

Drama: The drama department has been struggling somewhat after the decline of the children's work after the loss of the Northfleet premises and the scattering of our drama/panto team to other spheres, following Robbie Humphries' illness and death.

Walk Tall managed to present a much diminished version of its year end pantomime in a much smaller venue in Gravesend. Sadly, the days of our having a pantomime season have now ended.

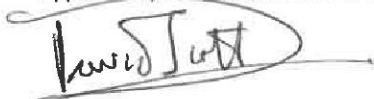
Volunteers:

Walk Tall has always depended heavily on its volunteers. Unfortunately most of them don't seem to last long. Of course we are very grateful to the ones who are active with us and give of their time generously.

The future:

I believe that better times lie ahead of us partly because of the new hall premises which give us scope for new ideas. Our CEO is never short of new ideas which keep her busy – too busy in fact. I look forward to seeing more staff appointed to help alleviate the overload that sits with our CEO.

Approved by order of the board of trustees on 24 June 2021 and signed on its behalf by:



Reverend D Scott - Trustee

**Report of the Trustees and
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF WALK TALL**

Independent examiner's report to the trustees of Walk Tall ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 October 2020.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1 accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act;
or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Miguel Calabrese
FCCA
Blue Rocket Accounting
8 Twisleton Court
Dartford
Kent
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24/06/2021

Walk Tall
STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 October 2020

	Note	Unrestricted Funds 2020	Restricted Funds 2020	TOTAL FUNDS 2020	TOTAL FUNDS 2019
INCOMING RESOURCES					
Donations and legacies		82,682	-	82,682	92,222
Charitable activities					
Resources		70,160	-	70,160	12,661
Other trading activities		54,815	-	54,815	46,464
Investment income		1,929	-	1,929	3,100
TOTAL INCOMING REOURCES		209,586	-	209,586	154,447
RESOURCES EXPENDED					
Cost of generating funds:					
Project delivery		80,769	-	80,769	94,382
Charitable activities					
Resources		13,709	-	13,709	6,082
Bought in professional services		13,823	-	13,823	39,245
Rent of facilities and equipment		34,854	-	34,854	37,122
Other expenses		3,996	-	3,996	4,234
Advertising and promotion expenses		1,974	-	1,974	1,846
TOTAL RESOURCES EXPENDED		149,125	-	149,125	182,911
NET INCOMING/(OUTGOING) RESOURCES FOR THE YEAR		60,461	-	60,461	(28,464)
RECONCILIATION OF FUNDS					
Total funds brought forward		98,398	-	98,398	126,862
TOTAL FUNDS CARRIED FORWARD		158,859	-	158,859	98,398

**Walk Tall
Balance Sheet
31 October 2020**

	Note	Unrestricted Fund 2020	Restricted Fund 2020	TOTAL FUNDS 2020	TOTAL FUNDS 2019
FIXED ASSETS					
Tangible Assets	1	186		186	248
CURRENT ASSETS					
Debtors & Prepayments	2	18,499		18,499	21,386
Cash at Bank & in hand		147,320	-	147,320	86,916
TOTAL INCOMING RESOURCES		165,819	-	165,819	108,302
CREDITORS: Amounts due within one year	3	7,146	-	7,146	10,152
NET CURRENT ASSETS		158,859	-	158,859	98,398
CREDITORS: Amounts falling due after more than one year	4	-	-	-	-
NET ASSETS		158,859	-	158,859	98,398
FUNDED BY					
Accumulated Unrestricted Income funds		158,859	-	158,859	98,398
TOTAL FUNDS CARRIED FORWARD		158,859	-	158,859	98,398
		-	-	-	-

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 24 June 2021 and were signed on its behalf by:

M Sears - Trustee



J Crocker - Trustee



Walk Tall
Notes to the Financial Statements
for the year ended 31 October 2020

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the company has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the company to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery - 25% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the company. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Walk Tall
Notes to the Financial Statements
for the year ended 31 October 2020

2 OTHER TRADING ACTIVITIES

	2020	2019
	£	£
Fundraising events	-	2
Counselling Courses	54,815	46,462
	54,815	46,464

3 INVESTMENT INCOME

	2020	2019
	£	£
Rent received	1,890	3,047
Deposit amount interest	39	53
	1,929	3,100

4 PROJECT DELIVERY

Investment management costs

	2020	2019
	£	£
Property repairs	878	1,869
	878	1,869

5 NET INCOME/(EXPENDITURE)

Net income / (expenditure) is stated after charging / (crediting):

	2020	2019
	£	£
Depreciation - owned assets	62	135
Other operating leases	34,795	36,830
	34,857	36,965

6 TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 October 2020 nor for the year ended 31 October 2019.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 October 2020 nor for the year ended 31 October 2019.

Walk Tall
Notes to the Financial Statements - continued
for the year ended 31 October 2020

7 STAFF COSTS

The average monthly number of employees during the year was as follows

	2020	2019
Charitable activities	8	8
Support team	3	3
	11	11

No employee received emoluments in excess of £60,000

8 COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	92,222		92,222
Charitable activities			
Resources	9,661	3,000	12,661
Other trading activities	46,464	-	46,464
Investment income	3,100	-	3,100
Total	151,447	3,000	154,447
EXPENDITURE ON			
Project delivery	90,569	3,813	94,382
Charitable activities			
Resources	5,003	1,079	6,082
Bought in professional services	37,957	1,288	39,245
Rent of facilities and equipment	37,122	-	37,122
Other expenses	4,234	-	4,234
Advertising and promotion expenses	1,846	-	1,846
Total	176,731	6,180	182,911
NET INCOME/(EXPENDITURE)	(25,284)	(3,180)	(28,464)
RECONCILIATION OF FUNDS			
Total funds brought forward	98,398	-	98,398
TOTAL FUNDS CARRIED FORWARD	73,114	-	69,934

Walk Tall
Notes to the Financial Statements - continued
for the year ended 31 October 2020

9	TANGIBLE FIXED ASSETS	Plant and machinery £	Computer equipment £	Total £
	COST			
	At 1 November 2019	905	782	1,687
	Additions	-	-	-
	At 31 October 2020	905	782	1,687
	DEPRECIATION			
	At 1 November 2019	848	591	1,439
	Charge for the year	14	48	62
	At 31 October 2020	862	639	1,501
	NET BOOK VALUE			
	At 1 November 2019	43	143	186
	At 31 October 2020	57	191	248
10	DEBTORS		2020	2019
			£	£
	Trade Debtors		15,249	21,228
	Prepayments		-	-
	Other Debtors		3,250	158
			18,499	21,386
11	CREDITORS: Amounts falling due within one year		2020	2019
			£	£
	Accruals		4,705	6,131
	Trade Creditors		-	-
	Social securities and other taxes		-	299
	Other creditors		2,441	3,722
			7,146	10,152

Walk Tall
Notes to the Financial Statements - continued
for the year ended 31 October 2020

12 MOVEMENT IN FUNDS	At	Net	At
	31/10/2019	movement in	31/10/2020
	£	fund	£
		£	
Unrestricted funds			
General fund	98,398	60,461	158,859
Restricted funds			
Other agencies	-	-	-
TOTAL FUNDS	<u><u>98,398</u></u>	<u><u>60,461</u></u>	<u><u>158,859</u></u>
Net movement in funds, included in the above are as follows:			
	Income	Resources	Movement
	resources	expended	in funds
	£	£	£
Unrestricted funds			
General fund	209,586	(149,125)	60,461
Restricted funds			
Other agencies	-	-	-
TOTAL FUNDS	<u><u>209,586</u></u>	<u><u>(149,125)</u></u>	<u><u>60,461</u></u>

13 RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 October 2020.

Walk Tall
Detailed Statement of Financial Activities
for the year ended 31 October 2020

	2020	2019
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Counselling service	39,570	47,456
Admissions	-	-
Other Income	<u>43,112</u>	<u>44,766</u>
	82,682	92,222
Other trading activities		
Fundraising events	-	2
Counselling courses	<u>54,815</u>	<u>46,462</u>
	54,815	46,464
Investment income		
Rents received	1,890	3,047
Deposit account interest	<u>39</u>	<u>53</u>
	1,929	3,100
Charitable activities		
Government Grant	42,934	-
Grants	<u>27,226</u>	<u>12,661</u>
	70,160	12,661
TOTAL INCOMING RESOURCES	<u>209,586</u>	<u>154,447</u>
EXPENDITURE		
Other trading activities		
Wages	78,290	89,391
Social securities	-	1,970
Pensions	633	1,152
Bad Debts	968	-
	<u>79,891</u>	<u>92,513</u>
Investment management costs		
Property repairs	<u>878</u>	<u>1,869</u>
	878	1,869
Charitable activities		
Resources	7,987	4,616
Counselling fees	<u>13,823</u>	<u>39,245</u>
	21,810	43,861
Support costs Management		
Training	-	207
Rent payable	34,795	36,830
Rates and water	59	292
Insurance	2,395	727
Office expenses	-	1,547
Printing, postage and stationery	711	1,805
Advertising and promotion	1,974	1,846
Sundries	<u>-</u>	<u>190</u>
	39,934	43,444

Walk Tall
Detailed Statement of Financial Activities
for the year ended 31 October 2020

	2020	2019
	£	£
Support costs Management - Continue		
Light and Heat	599	-
Computer software and consumables	1,039	-
Telephone	1,577	-
	<u>43,149</u>	<u>-</u>
Finance		
Legal and professional costs	1,824	35
Subscriptions and donations	586	312
Bank Charges	5	-
Plant and machinery	14	4
Computer equipment	48	130
	<u>2,477</u>	<u>481</u>
Other		
Travel and subsistence	-	258
Governance costs		
Accountancy and legal fees	920	485
Total resources expended	<u>149,125</u>	<u>7,594</u>
Net expenditure	<u>60,461</u>	<u>(6,442)</u>