

**Safe And Sound Group**

Trustees' report and financial statements

For the year ended 31 March 2021

**Safe And Sound Group**  
**(A Company Limited by Guarantee)**

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**Safe And Sound Group**  
**(A Company Limited by Guarantee)**

**Reference and administrative details of the Charity, its Trustees and advisers**  
**For the year ended 31 March 2021**

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**Trustees**

Mr Allen Graham, (Chair)  
Mrs Sonia Rafferty, (Vice Chair)  
Mr Grahame Gilbert, (Treasurer)  
Mr Stephen Edgeley  
Mr Adam Lloyd Buss  
Ms Laura Richmond (Appointed 1 April 2020)  
Mr Russell Lipscombe (Appointed 1 April 2020)  
Mr Mark Richardson (Appointed 1 April 2020)  
Mr Ellis Pugh (Appointed 1 April 2020)

**Company registered number** 04411425

**Charity registered number** 1093936

**Registered office**

Charlotte House  
Stanier Way  
The Wyvern Business Park  
Derby  
Derbyshire  
DE21 6BF

**Principal operating office**

First Floor  
East Mill  
Darley Abbey Mills  
Derby  
DE22 1DZ

**Chief executive officer** Tracy Harrison

**Accountants**

Dains LLP  
Charlotte House  
Stanier Way  
The Wyvern Business Park  
Derby  
DE21 6BF

**Bankers**

Barclays Bank Plc  
Sir Frank Whittle Way  
Derby  
DE21 4RX

**Chair's Statement**  
**For the year ended 31 March 2021**

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The chair presents his statement for the year.

Following the completion of my first full year as Chair of Safe and Sound I am proud and honoured to be part of a remarkable team of trustees, staff and volunteers who are all focussed upon supporting young people and their families against the evils of exploitation.

Despite the continuing restrictions and disruption to everyday ordinary life I am delighted to be able to report that Safe and Sound has continued to function, thrive and excel in supporting more and more young people, whilst also ceasing the opportunity to work in collaboration with key partners in and around Derby and Derbyshire

The global pandemic has increased the risk of those in our society who wish to cease upon the vulnerability of young people to carry out sexual exploitation, county lines and gang activities. It is with great credit to our staff, trustees and funders that we have continued to maintain our income streams, provide innovative and remote services and grown our partnership networks. As a result, our dedicated staff have ensured our ability to interact with many of the young people who are at risk of being exploited by criminal gangs or manipulative adults has been maintained and promoted and as a result we have successfully increased the number of young people we have supported through our one to one support from 100 to 150.

It remains a significant concern to us all that as a result of the Covid 19 restrictions that the impact of "children slipping from view" has significantly increased – never has it been more important to ensure that the services of the safe and sound charity are maintained, grown and diversified, so as to protect as many of the vulnerable young people as possible. We have continued to re-position ourselves to be ready to collaborate, partner and adapt to maximise our capacity to support the victims of both sexual and wider exploitation. This has resulted in some clear signs of new activity in the areas of family and young adult's support.

We are extra proud that due to our remarkable and passionate staff and volunteers that we have continued to expand both our activities and outreach programmes. This was made possible by the decision to purchase a new mini bus thanks to the support of the office of the Police and Crime commissioner and our corporate sponsors Colleague Box.

As a result of our investment and financial performance our staff have continued to deliver innovative and hands-on programmes which are now informing, alerting and recovering young people from the risks of exploitation. Our work continues to develop into new areas, in particular we are now increasingly supporting the victims of organised crime groups and our work at grass root levels is making a difference to many individual children/young people as well as families and carers. The evidence of our work is documented throughout this report, we make no apologies for emphasising the emotional impact and damage caused by exploitation, but we are also proud of the young people we support, who often are extremely brave and determined and become inspiring young adults, who are a credit to their generation and once unshackled and undefined by their experiences are enabled to reach their full potential.

The impact of child exploitation is devastating not only for the young person but also their family and friends. It is both shocking and sad that often victims and survivors are at risk of serious sexual violence, sexually transmitted infections, mental ill health, physical harm and wider exploitation. Sadly, their family relationships, positive friendships and education are all likely to suffer as their abuser(s) seek to distance them from the positive influences in their lives. Our ultimate aim is to support these young people to a place of physical, mental and emotional safety.


The challenge for Safe and Sound over the last two years and going forward, is to continue to diversify its income sources to ensure sustainability, develop growth paths and maximise our influence upon future policies and working practices. During the year we have been delighted that the charity has received external recognition and validation for its fundraising campaigns, motivated staff and talented young people.

**Safe And Sound Group**  
**(A Company Limited by Guarantee)**

**Chair's Statement (continued)**  
**For the year ended 31 March 2021**

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The trustees wish to thank and acknowledge the contribution of all those involved with Safe and Sound including staff, volunteers and supporters. On behalf of the trustees, we thank everyone for their contribution; together we can continue to transform young lives, whilst shining a light on the dark corners of society who prey on the vulnerable.

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Mr Allen Graham  
Chair

Date: 8 December 2021

**Trustees' Report**  
**For the year ended 31 March 2021**

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The Trustees present their annual report together with the financial statements of the Charity for the 1 April 2020 to 31 March 2021. The Annual Report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual Report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the Charity qualifies as small under section 382 of the Companies Act 2006, the Strategic Report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

**Objectives and activities**

**a. Policies and objectives**

**Our aims are:**

- To provide high-quality services for children, young people, families and carers affected by child exploitation
- To empower children and young people who are survivors of exploitation to have a voice and be advocates for change
- To campaign and influence for change
- To provide education and awareness of child exploitation
- To access and contribute to research, using this to inform and shape practice

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

**b. Strategies for achieving objectives**

The articles of association state that the objects of the charitable company are to advance the education, preserve and protect the mental and physical health and relieve sickness and poverty of children, young people and adults.

**c. Activities undertaken to achieve objectives**

**About Safe and Sound**

Safe and Sound's purpose is to transform the lives of children and young people in Derbyshire affected by child exploitation.

With 19 years' experience of supporting young people affected by child sexual exploitation, Safe and Sound is the only community-based organisation in Derbyshire working in this field. We have supported thousands of victims of child sexual exploitation to understand what has happened to them, rebuild their confidence, and move to a place of emotional safety, protecting themselves from further harm.

Child exploitation is growing nationally and has a devastating impact on the individual child or young person, as well as their wider family and the community. We work within government policy and national programmes to empower children and young people who are survivors of exploitation to have a voice, be advocates for change and to raise awareness of child exploitation and its impact. This is achieved following one-to-one and group support for children affected by child exploitation, empowering them and enabling them to move on in their lives.

### **Objectives and activities (continued)**

We have recognised that child sexual exploitation is interlinked with other forms of exploitation such as the growing and worrying cases of county lines, trafficking and radicalisation. Intelligence sharing between different organisations locally is essential to identify "hot spot" areas, reach young people who are being exploited and prevent problems from escalating. In 2019 we expanded our services to include children and young people affected by all types of criminal exploitation and we have built up sound professional skills and materials in this area.

#### **d. Main activities undertaken to further the Charity's purposes for the public benefit**

The charity's trustees have complied with their duty to have due regard to the guidance on public benefit published by the Charity Commission in exercising their powers or duties.

### **Achievements and performance**

#### **a. Overall Strategic Approach and Direction**

Child sexual exploitation is devastating for victims and for the people close to them, and it is a growing problem. It is difficult to determine the actual scale and prevalence of CSE due to under-reporting and under-recording. The Crime Survey for England and Wales estimates that 76% of adults who experienced rape or assault by penetration as children did not tell anyone about their experience at the time. Looking at police-recorded crime, nonrecent cases (i.e. those where the offence was a year or more before it was reported to the police) accounted for 34% of all sexual offences against children recorded by the police in the year to March 2019.

Over recent years, we have seen steep increases in the reporting of child sexual abuse offences to the police. In the year to March 2020, Office for National Statistics (2020), over 83,300 child sexual abuse offences were recorded by police, an increase of nearly 270% since 2013. In the same period there were approximately 8,200 charges for CSA offences but it remains difficult to identify (group-based) CSE offences within these data sources, in part due to the categorisation and classification of offences. Those perpetrating group-based CSE are charged and convicted with a whole range of offences, from rape and other sexual assault, to indecent imagery offences, through to trafficking offences.

In 2019 within the National Crime Agency briefing on County Lines, Violence, Exploitation and Drug Supply, two in three police forces reported that the exploitation of children and young people was identified in relation to county lines activity. The number of "deal lines" used by city gangs to sell drugs around the UK has nearly tripled from 720 to approximately 2,000 over the past year. One in four police forces reported that children and young people involved in county lines were experiencing sexual abuse. However, the latest report also acknowledged that, although the exploitation of children and young people continues to be reported, the true scale of abuse remains an intelligence gap in many parts of the country.

Criminal exploitation interlinks with a number of multiple vulnerabilities and offences, including the child or young person being exposed to, and/or being victim of, physical and emotional violence, neglect, sexual abuse and exploitation, modern day slavery, radicalisation and human trafficking, domestic abuse and missing episodes.

Covid-19 had increased the risks of exploitation and the number of children and young people affected is rising. In April, the National Crime Agency said its most recent intelligence showed there were at least 300,000 people in the UK who posed a sexual threat to children, either through physical contact abuse or online. The agency revealed that during the Covid-19 crisis offenders were discussing opportunities over online chat forums to abuse children. The NSPCC's recent review of the impact of Covid-19 on child abuse concluded *"The combined impact of increased stressors on caregivers, increased child vulnerability, and reduced safeguards increases the potential for new and recurring cases of abuse in all its forms."*

**Trustees' Report (continued)**  
**For the year ended 31 March 2021**

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**Achievements and performance (continued)**

Our work and expertise with child sexual exploitation has identified just how much different forms of exploitation are linked and that children and young people at risk of different forms of exploitation share the same vulnerabilities. Children who are sexually exploited are trafficked across different geographical areas. Girls who are radicalised are often sexually exploited or subject of an arranged or illegal marriage. Online grooming through the internet accounted for over 80% of sexual exploitation last year in Derbyshire. Isolated, lonely, and homeless young people get involved in gangs and are often forced to commit acts of criminality/drug trafficking. We have identified locally and nationally that there is work to do to break down the barriers and misconceptions around wider exploitation which can prevent children receiving support as victims. For example, young people who are victims of exploitation, such as County Lines, being seen as and treated as offenders. This is similar to the historic approach to child sexual exploitation victims who were seen as and labelled "child prostitutes" rather than victims. This led to children not being taken seriously, not being protected and abuse continuing when it could have been stopped. We can only change this culture collectively.

Our work is underpinned by the principles for effective practice set out in the regional "See Me Hear Me" framework. We have increased our training and resources in respect of wider exploitation. Rather than have a separate plan for each strand of exploitation our approach is to work with the vulnerabilities of children and young people at the earliest opportunity. In 2020 17% of children referred to us were at risk of criminal exploitation, 14% were at risk of all forms of exploitation. We have seen an increase in the number of boys and young men we have supported. A large proportion of those at risk of criminal exploitation have special educational needs, primarily ADHD and autism, and are often at risk of exclusion, or already excluded, from mainstream school.

All forms of exploitation have a hugely damaging impact on all aspects of a child's life, including on their physical and mental health, relationships with family and friends, and their education. Whilst we will retain our expertise in child sexual exploitation, we are expanding our work to include other forms of child exploitation. This will enable us to take a coordinated approach to supporting children who are vulnerable to exploitation, working in partnership with services and organisations across our community.

We know from our data that Safe and Sound is doing great work, and having a positive impact on the lives of children and young people who are being, or are at risk of being exploited. We have increased our presence in Derbyshire and we are currently the only local organisation focusing solely on improving the response to all forms of child exploitation in this county. This work provides solid foundations on which to grow and develop services to meet the needs of more people affected by child exploitation. However, to achieve this, Safe and Sound must meet the challenges of increasing its income and managing its resources effectively.

A study looking at the Social Return on Investment (SROI) of interventions for young people who have been sexually exploited estimated that there is a potential cost saving of up to £12 for every £1 spent, as well as a substantial (non-costed) reduction in the risk of sexual exploitation.

Safe and Sound is part of a network of specialist national and regional agencies tackling the exploitation of children in the UK. Safe and Sound works alongside the National Working Group for exploited children and young people, as well as being a member of local and regional strategic exploitation groups.

Over the next three years, Safe and Sound will use its knowledge and expertise and increase its resources to support people affected by all child exploitation, and their families, whilst also working to improve the response to these victims and survivors. We recognise that we cannot do this by ourselves. We will continue to work in partnerships across the UK with local authorities, health services, the Police and the many other organisations which play a part in providing support for people affected by exploitation.

**Where**

We operate across Derby and Derbyshire providing direct support to children and young people and families affected or at risk of being exploited and provide training nationally. We also provide some exploitation training nationally.



## **Achievements and performance (continued)**

### **The local picture: Derby and Derbyshire**

Derbyshire has a mixture of heavily built up areas and large rural areas and a population of 1.053 million. Over 25% of Derbyshire's population (257,000 people) live in the City of Derby.

Derby is a small, culturally diverse city with a population representing 182 nationalities, speaking 71 languages and 83 distinct dialects. Approximately 25% of Derby's population are from BME communities, with its largest ethnic group comprised of the Asian/ Asian British community. Derby's ethnic diversity is mirrored by its great variations in levels of deprivation. Overall, the city is within the 25% most deprived areas in the country with many wards falling within the top 10% most deprived areas in England. These wards are characterised by poor health, high rates of unemployment and households with a lower than average annual income. 21% of children live in low-income families.

NEET rates in Derby are high, anti-social behaviour and first-time entrants to the Youth Justice System are significantly higher than national averages. Derby also has a major issue with social mobility for young people, ranking 316 of 324 for overall social mobility in the 2017 Social Mobility Index.

Erewash and South Derbyshire both have wards with areas that fall within the 10 or 20% most deprived LSOAs in the country, e.g., Swadlincote, Newhall, Cotmanhay and Kirk Hallam. These wards have high levels of child poverty, above county averages, and issues with absenteeism at Primary levels in Erewash and Secondary in South Derbyshire. There are high levels of adults with no qualifications and low attainment levels, high levels of youth and long-term unemployment (significantly higher than national averages) and problems with violent crime.

Mental health and wellbeing are significant issues at county and city level. Self-harm is significantly worse than national average as is alcohol related harm and prevalence of children's mental and emotional disorders is higher than national averages.

Whilst we know exploitation can and does happen to any child anywhere at any time, these statistics show that children and young people in Derby and Derbyshire have specific vulnerability factors which increase their risk of exploitation.

Children and young people supported by Safe and Sound in the last 12 months reported feeling isolated and lacking in purpose, in addition to experiencing the trauma of exploitation. Young people, families and communities are involved from the start ensuring a bottom up, needs led, co-designed approach, demonstrating true engagement and real consultation and we continually consult with them to identify ways of developing better services and outcomes. We have established participation and peer group for young people and parents. Through our monitoring all those receiving support have opportunities give feedback about our services every six weeks.

Some parents attended our AGM in November and young people are also invited. We are getting young people involved in our recruitment process. Young people have come up with interview questions and, once the pandemic is over, some will be on our interview panels.

Young people in the city influence our work through the Derby Youth Alliance which we are part of. Following a recent engagement activity, we identified that most young people do not know where to go if they feel they are in danger or are at risk.

## **Achievements and performance (continued)**

### **Our Activities**

- Intensive one-to-one and group support for children affected by child exploitation
- Youth participation activities to help children to recover from their experiences and regain their confidence
- Support for children from the Roma community in Derby and their families
- Support for families affected by exploitation
- Transition support for young people to move on in their lives
- Education sessions in schools and colleges of further education
- Training and awareness for professionals in statutory services, community organisations and care homes
- Collaborative working with partners to learn from and shape best practice and research

### **Our Values**

- We are empowering: Safe and Sound empowers children and young people, families, carers, staff and volunteers to work together to transform young lives affected by child exploitation.
- We take the initiative: Safe and Sound takes a leading role in transforming young lives affected by child exploitation.
- We challenge others: Safe and Sound is unafraid of challenging the status quo and giving a voice to victims of child exploitation.
- We are always learning: Safe and Sound shares learning and builds on its knowledge, experience and on evidence to influence change.

### **Our Work**

Safe and Sound charity have supported 150 children, young people, and vulnerable adults and 21 families affected by exploitation. Our work with young people is preventative or assessed as low risk of exploitation. Individual support includes children and young people aged 7-24 years. (over 18 with special educational needs and disability). Our family support works across all areas of vulnerability and concern.

- Our work supporting children, young people, and young adults with SEND accounts for 30% of our support.
- Children and young people not identifying as White British account for 29%.
- Our work with males continues to increase. This correlates with our increased work within wider exploitation.
- Also of note is our work with vulnerable young adults with disability.

### **b. Review of activities**

We have seen an increase of 50% of children and young people receiving our support for the whole year with the largest increase being seen as we came out of first lockdown from July onward. We have also increased our presence in Erewash and South Derbyshire during the latter half of the year. We have also been able to increase resources to meet this demand with a new case worker from July 2020 specifically to raise awareness and support children and young people with SEND. Inevitably this awareness has led to direct referrals from those organisations we have worked with including referrals for vulnerable adults with SEND.

### **Prevention and awareness**

Our education and awareness workshops have reduced in numbers as our face-to-face work has reduced significantly. That said we have explored and developed new areas of work through our SEND funding and through online opportunities addressing a wide range of issues including exploitation, online safety and health relationships using different platforms including Microsoft Teams and Zoom.

### **Achievements and performance (continued)**

We have worked with the Royal School for the Deaf, local care homes, Umbrella charity for disabled children and young adults, universities, Community Action members, scouts, and guides. We also have delivered some bespoke education for an out of area social care in November. We have completed eight local NCS awareness sessions in August reaching 120 16-18-year olds.

During Covid-19 we have run live chat sessions and online contact through our Facebook page. We have publicised our contact details to ensure children, young people and parents can contact us if they have concerns or need support. We have updated all our resources to ensure the latest information is available on our website and through virtual platforms. We have resources developed in a number of languages. Our new website, launched in December, is easier to navigate and more interactive. In 2020 we have seen a 20% increase in website activity. We have an average of 100 visitors each day.

Our social media presence has increased significantly with weekly updates and messages of awareness. Overall, we have directly reached 724 people through awareness and education presentation and workshops.

- ✓ 19 parents through six sessions
- ✓ 167 professionals through fifteen sessions
- ✓ 538 children and young people through 31 sessions

Additionally, we have delivered 595 children and young people awareness interventions within our one-to-one support.

### **Outreach**

Our new outreach service has focused on awareness and prevention through engagement with young people, support where necessary and signposting to other organisations. This work in communities is focussed on those areas identified as at risk or in greatest need. Between June and December 2020, we engaged with 746 children and young people. On nine occasions we shared information and intelligence with partner agencies, some of which has resulted in a police investigation into county lines and we dealt with three safeguarding issues of immediate concern. We have also asked those we have engaged with for their thoughts and feedback on how they feel. They have told us they have felt isolated and with little to do or focus on. They haven't felt they know where to go to for help. They have asked for us to support more activities in the area.

### **Early Intervention**

Our approach is child centred and enabling; allowing young people to be in control of their journey. We are not time bound and will support our young people for as long as they need. We impart information, support and guidance using a variety of techniques. We help children understand the risks and what has happened to them through our one-to-one support.

Each child has a designated Support Worker. Meetings take place as often as required, typically once a week or once a fortnight, and usually in locations where the child feels safest and most comfortable.

Once the risks are lowered sufficiently, the one-to-one support comes to an end and children can receive further support through our Youth Work or Transition programmes. Our support for a young person averages six -eight months.

Our work is underpinned by the principles for effective practice set out in the regional "See Me Hear Me" framework. We have increased our training and resources in respect of wider exploitation. Rather than have a separate plan for each strand of exploitation our approach is to work with the vulnerabilities of children and young people at the earliest opportunity.

### **Achievements and performance (continued)**

This year 17% of children referred to us were at risk of criminal exploitation, 14% were at risk of all forms of exploitation. We have seen an increase in the number of boys and young men we have supported. A large proportion of those at risk of criminal exploitation have special educational needs, primarily ADHD and autism, and are often at risk of exclusion, or already excluded, from mainstream school.

We know that early intervention has the most opportunity for success with all exploitation but particularly with criminal exploitation. By the time children are identified as being at high risk, they are already ensnared by exploitation and it is very difficult to gain trust and get the engagement needed to break the cycle. We have had fantastic results from early intervention with one-to-one support and then diversion into youth activities, such as sport and creative arts.

### **Our work with New Communities**

The Roma community have engaged extremely well with our project and the awareness of exploitation is now greater for both professionals and the community. Our work has been pivotal in providing a link between professionals, the families we supported and within the wider community.

We have helped both professionals, young people and their families engage better with one another. We learnt that it is important for the Roma community to have a 'trusted person' they can communicate with around the services engaging with them. We were able to provide better translation and understanding of the situations they were in. We learnt that our support has a greater impact if we support the whole family.

The vulnerabilities around the young person are often isolation, trust, confusion, and poverty. We are now working with other organisations in relation to reduce the risk of Roma Children being taken into care and to identify where Special Educational Needs and or Disability (SEND) support is needed.

Our focus in 2021 is to build on our experience within Roma communities and work more with other new communities and refugees.

### **Impact of Covid-19**

As COVID-19 developed, the risk of child exploitation had never been greater with children not in school, changes to their routine, increased stress, and isolation. We reviewed our work and the way we deliver it to make sure that we can respond effectively, despite the restrictions on interaction. We supported 50% more children and young people. We have recruited new staff to meet the additional demand. We are keeping in contact with children through virtual and face to face one to one support. 58% of our support in 2020 was face to face with 36% virtual and 6% in groups.

We are acutely aware that Covid-19 has created additional pressure on everyone, but the most vulnerable are now even more vulnerable than before. Of note also - we are working for longer with our children, young people, and families during this challenging time. We have supported young people with wellbeing and mental health, bereavement, and schoolwork. We have provided resources to work through online and purchased appropriate tablets and internet support.

During the pandemic, our New Communities Worker has provided a range of additional support to families. For example, helping them to understand news updates, securing funding for children's home learning needs and setting up a system to enable families to get direct support from foodbanks and other agencies. She has used her languages to update families about the ever-changing guidance and restrictions, minimising the risk of the virus spreading across a community already feeling isolated. She has been able to create a positive feel across the community that they are not on their own, they can support each other and obtain external support where necessary.

## **Achievements and performance (continued)**

### **Youth participation activities**

Our youth team provides one-to-one, group support and diversionary activities for children and young people either those coming through our one-to-one support or referred directly from another agency as a prevention opportunity.

Weekly activities build teamwork, confidence, and self-esteem e.g., trampolining, climbing wall, music, cycling and football. We now have a team of ten volunteers who help to deliver activities.

We have an established virtual youth club and have been able to continue some activities through Covid-19 including weekly boxing and table tennis.

*"Everything is the best bit – helping me learn ping pong so I can be better and make me feel like the master. My sisters are loving it, but I definitely love it the most."*

*"I'm really looking forward to the baking next week it's going to be the best session, I'm making a 2 tier 5 nights at Freddie's cake and excited to tell everyone how I've made it. Everyone is really chatty just like me so I really enjoy it."*

*"Really looking forward to going back to boxing after not being able to the past 2 weeks, I enjoy the whole session with Alex"*

This year we have provided 100 youth participation activities.

We have helped with transition through life skills; cooking, financial support and transition to college or training.

In November 2020 we purchased a minibus to support our youth and outreach work. This will enable us to be more visible and accessible in communities.

Our participation group supports our work and gives us a youth voice. They are currently supporting a national participation project on the rights of young people sexually abused or exploited for the Association for Young People's Health.

*"I didn't know about all the rights and it was a shock to see how many rights children have. When you hear about people's rights you never hear about the rights for children, it's always the rights for adults."*

### **Support for Special educational needs and or with a disability**

In July 2020 we started a two-year project focused specifically to support children and young people with SEND and their families who were affected by exploitation. We know statistically children and young people are three or four times more likely to be exploited and whilst we have supported children with SEND, we wanted to do more.

This project is allowing us to focus our awareness with specific hard to reach groups including charities, schools and organisations who focus on disability. We are developing new and adapting the resources we use and being able to increase the support we can give in this arena. We have support from the University of Derby with research, monitoring and evaluation.

Within the first six months we have identified that all support has to be adaptable and each young person (even with the same disability) needs a very different approach. We know that the support is often longer for trust and relationships to be established. We have had some great success with our early intervention work and established good relationships with partner organisations.

### **Achievements and performance (continued)**

What has been an unexpected outcome is the need for support for vulnerable adults with SEND. We have commenced this work and supported three young adults two of which have been groomed online and repeatedly taken to hotels for sexual activities. A police investigation is ongoing and we continue to support the family.

### **Family work**

Our family work also commenced in July to provide specialist support for the whole family (child, siblings and parents/carers) where any form of child exploitation is the primary issue. Our caseworker offers independent, consistent support to engage, advocate and support families to work with agencies more effectively.

Many families are bewildered by statutory services as they are already struggling to cope and experiencing extreme disadvantage, a single agency point of contact can relieve the pressure and stress on families whilst supporting them to engage meaningfully with services. As we help the family move on and deal with other issues affecting them, we have a greater likelihood of success long term.

We have achieved all of its intended outcomes and more. We have increased awareness, kept children and young people safe, improved family lives, broken down barriers and improved relationships between families and partner organisations and agencies. Demand was such that we increased capacity through a second family worker in November 2020.

We have also, through a student placement been able to support families with creative arts therapy. This has made a huge difference helping families rebuild their relationship and become one again.

### **Volunteering**

Of all of our great successes in 2020/21 the growing number of volunteers is a clear indicator of our growing success. One of the priorities within Safe and Sound operational plan was to establish a volunteer programme from a zero position in the summer of 2019. This programme started and in April 2020 we had six volunteers. In June Of 2020 through the National Lottery Covid-19 emergency grant we were able fund a part time volunteer coordination role to support our volunteer programme for six months. This has been invaluable. Our volunteer number have increased to a position of 16 active volunteers. Our volunteers support every area of our work and include administration and fundraising support functions, awareness, outreach, transition and youth workers. We are piloting one volunteer providing low level one to one support work at this time.

All of our volunteers receive a full recruitment, induction and training plan to ensure they are fully equipped for their respective volunteer role. Our coordinators have linked in with local businesses, voluntary organisations and universities working well in partnership to support our programme.

We have identified businesses that allocate time for their staff to volunteer, students for placements and helped secure four graduates to join the organisation under a funded graduate employment scheme. This has secured an additional income of £4,000 for Safe and Sound which has helped fund the training and expenses of volunteers.

We have also supported four student placements from the Universities of Derby and Nottingham.

*"I volunteer on their Outreach Program whilst doing my degree in youth work and have enjoyed meeting a variety of young people and helping to engage with the local community."*

*"It's great to get know the young people and see them excitedly getting involved in activities and expressing how much they have enjoyed it. I'm really looking forward to getting back to more group participation activities when COVID restrictions allow, particularly developing the Safe and Sound allotment with our young people and families."*

## **Achievements and performance (continued)**

### **Partnership working**

Partnership working brings additional skills, resources and specialist experience and enhances and extends the services we can provide. Feedback from partners provides us with valuable insights into the thinking and assumptions that are made relating to young people. We have worked in partnership with various departments within Derby City and Derbyshire County Councils including Neighbourhood Management Teams, Councillors, Youth Offending Service and the Social Care teams. We work on support of various schools in the city.

Our partnership has inclusion at its core, working towards ensuring a consistent approach. Through This is Derby, Youth Alliance and the Opportunities Area Inclusion Programme we collaborate with dozens of local organisations and services to collectively support thousands of children and young people across Derby City who have the odds stacked against them for a variety of reasons. We actively lead within the youth alliance with other voluntary sector organisations and have secured funding to work together to tackle youth violence in the city. This project is underpinned by contextual safeguarding offering support for young people, families and focussing activities in places identified as at risk.

Our partnership has a vast understanding of the needs of young people in the city who are the most vulnerable and includes many small organisations like ours, rooted in communities that need us most.

These collaborations have strengthened our understanding of the issues now facing Derby and Derbyshire and our partners value our services and positive activities for young people.

*"Tracy has quickly established herself as a strong leader within the community and voluntary sector both in the city and the county and is linked into a number of high-level strategic frameworks and notably has played a pivotal role in the development of the city's new Contextual Safeguarding implementation. I am delighted the city has both retained and can continue to draw upon Tracy's extensive knowledge and experience in strengthening safeguarding arrangements for our children and young people."*

Carl Tring-Willis, Community Development Manager, Derby City Council

*"Tracy has always played an active role within the Community and Voluntary sector within Derby and has been strong advocate for partnership working...Since Tracy has taken up her position at Safe and Sound, she has played a pivotal role in the development of the Stronger Communities Board and the Youth Alliance. Tracy has actively developed partnerships with other local charities and developed networks to allow collaboration on projects. Tracy has brought a wealth of knowledge in the Safeguarding arena to the sector and has acted as an advisor to other organisations in relation to this subject matter."*

Helen Faulconbridge, Community Development Officer, Derby Homes Ltd

### **Our Impact**

A Practitioners Assessment of Risk Tool (APART) enables us to capture the outcomes of one-to-one support and demonstrate change over the period of support. The Support Worker ranks how the child is getting on in each area from 1-5 with 5 being the best outcome (i.e., no drug abuse, no exploitation, engaged with school, high self-esteem, etc). Repeating the assessment at three-monthly intervals and at the end of support, enables us to monitor the extent of change in each area for each child and across groups of children. It looks at 13 areas of resilience and risk.

**Trustees' Report (continued)**  
**For the year ended 31 March 2021**

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**Achievements and performance (continued)**

Our outcomes were:

- 100% had a reduced risk of exploitation
- 96% said they were listened to, treated with respect, and could rely on staff.
- 90% had increased confidence
- 85% improved their sexual and or mental health
- 88% said we made a difference to their overall lives
- 70% had improved relationships with peers, family or school.

*"The one-to-one support sessions made me think about what was 'normal'...I now realise that what was happening to me was wrong, because of what Safe and Sound has taught me."*

A 15-year-old girl supported by Safe and Sound

*"Something like this can tear your family apart and you feel like you have nowhere to turn. I am so grateful to Safe and Sound for their support"*

A parent

*"Safe and Sound has been working with one of our most vulnerable children for approximately 6 weeks. We are grateful for taking the time to carry out this work and adopting a multi-agency approach. I believe that the input has not only helped the child to understand the traumatic experience in the child's past; but has also assisted in preparing the child mentally and emotionally for what we hope will be a successful future."*

Derbyshire teacher

We have been nominated for a number of awards.

Finalists and winners of several awards including

- ✓ East Midlands Charity awards; winners of special recognition of the year for our Butterfly Campaign
- ✓ The University of Derby; Winners of community engagement and volunteer of the year
- ✓ The Derby Youth Awards ; Our young ambassador Louise Murphy -Fairclough won Inspirational young person of the year
- ✓ National working group for exploitation Unsung hero awards finalist for two awards under the categories of Campaign of the year and Prevention and Disruption.

**Case Studies**

Names have been changed in all case studies.

Jane lives with her siblings and adoptive parents having previously experienced abuse. She has post-traumatic stress disorder and development delay.

When referred to Safe and Sound's Special Educational Needs - Education and Awareness Officer the family were in crisis. There were real concerns as Jane had been groomed online and this had escalated into sexual exploitation which was putting a severe strain on family relationships.

Safe and Sound's Education and Awareness Officer used specially adapted resources to help Jane understand about staying safe online, boundaries, relationships, risk taking, the danger of online grooming, reporting abuse and privacy settings.

This patient and appropriate approach helped Jane to build her confidence, recognise the risks she faces and open up about her experiences.



**Achievements and performance (continued)**

Jane's mum said: *"We absolutely thought we had lost our lovely special daughter which has been hard to come to terms with and has caused us so much emotional and mental pain.*

*"Safe and Sound has been our lifeline and started to breakdown our daughter's destructive cycle, making her feel good about herself, so she was less reliant on inappropriate chat rooms. The fact that she didn't flinch when her phone was broken and said she wasn't worried how long it took to replace, showed less dependency on the vehicle to the person who has been grooming her online.*

*"Safe and Sound's expertise with young adults with learning difficulties has shone in helping her accept what has previously happened to her and that it is just a small part of who she is. She has more of her life ahead of her than behind her and we hope it is as full and healthy in every way as possible.*

*"With Safe and Sound's help we hope she can help her see this herself. She can now better recognise unsafe contacts online, tell us if she is uncomfortable with conversations and unwanted interest, and we have reported particularly dangerous activity to the police who have taken our concerns seriously and are investigating.*

*"Without Safe and Sound's support for the whole family, I believe, she would have packed her bags and gone off with her groomer.*

*"As her parents, it's been a privilege to watch her become aware of the subtle manipulative strategies that online stranger dangers presents to all vulnerable individuals and we are grateful that Safe and Sound's awareness programme was there for our young adult."*

The Smith family were referred to Safe and Sound over fears from police and social workers that the two older daughters aged 14 and 12 were being groomed by older men. The ten-year-old youngest daughter was also regularly engaging with strangers on social media with little or no privacy settings.

The parents did not know about the dangers facing their younger daughters so the first task was to raise awareness amongst the whole families of the dangers of grooming and exploitation.

Once they knew more about exploitation and the dangers, the parents were far more confident to set boundaries around where the girls go and who they meet both in person and online.

The family support worker has also helped the family start to get back on their feet: addressing rent and bills arrears, clearing years of hoarded rubbish out of the house and agreeing to the social housing landlord doing vital repairs.

She has ensured the children have new beds, uniforms and toiletries to overcome the stigma and isolation they were experiencing at school and that the family had proper furniture such as a table and chairs where online schoolwork could be done and family meals enjoyed.

The mother, who suffers from anxiety and depression, has also been supported to improve her confidence and take responsibility for her own health and that of her family such as dental appointments.

Safe and Sound have also helped mediate more positive communications between the family and social care to reduce the risk of these children being placed in care as has previously happened with other siblings in the past.

All three girls have engaged in positive activities with Safe and Sound ranging from baking to table tennis and are doing much better at school – resulting in improved behaviour.

Simple things have also made a huge difference. Rather than going out and potentially falling prey to perpetrators, the girls now play board games and enjoy spending quality time as a family – making them far less likely to forge unhealthy relationships outside the home.

There is a much calmer atmosphere at home and family therapy has helped them to better communicate.

**Trustees' Report (continued)**  
**For the year ended 31 March 2021**

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**Achievements and performance (continued)**

A Roma family being supported by Safe and Sound is turning a corner in a number of ways thanks to the patience and perseverance of the charity's specialist New and Emerging Communities support worker.

The single-parent family was first referred to Safe and Sound following reports that one of the three girls in the family was being targeted and groomed by older men. The support worker helped the 17-year-old girl to recognise that she was being groomed and to raise awareness amongst the whole family of the dangers.

Their younger brother, who is 13 and struggles to make friends, was also very vulnerable to getting involved in gangs who have started to lure him in with promises of money, gifts and a sense of belonging.

The family were trapped in sub-standard housing – which Safe and Sound is trying to rectify - and exist on a very low income.

Language and cultural barriers as well as a chaotic home life have meant that the young people's attendance at school has been very poor.

During the pandemic, Safe and Sound and partner agencies have ensured that they have the computers and wifi needed to engage in virtual learning and the support worker has brokered better communications with their schools and training providers.

This combined approach has led to the family's better engaging with education as they feel more positive and comfortable with where and when they can do their online lessons and course work.

The younger teenagers have also welcomed the chance to do positive activities with Safe and Sound - such as boxing and table tennis – which has given them a focus and reduced their vulnerabilities to grooming gangs.

Wider family support has included accessing benefits and legal advice and supporting the mother to receive a learning disability assessment which have all contributed to building the family's trust and improving relationships with authorities.

There is still a long way to go but their support worker is building up trust with the family and are starting to better recognise the dangers that they all face from perpetrators looking to exploit them for their own gains.

## Achievements and performance (continued)

### c. Our Strategic Objectives

To meet need and respond to the opportunities and challenges identified through our consultations and analysis, the following six strategic objectives have been set.

Achieving success against these will ensure that Safe and Sound is working towards a world where children and young people are free from exploitation (vision), whilst realising its mission of tackling child exploitation through the provision of support services, awareness raising, campaigning, influencing, and education.

<b>Support</b>	To provide high quality, tailored support to children and young people to move them to a place of emotional, physical and mental safety, and to the families of victims of child exploitation. We will focus on early intervention and provide wider support for parents and siblings.
<b>Education</b>	Using relevant research together with our learning from our support work, from our partnerships with National Working Group (NWG) and other agencies, we will provide programmes that educate professionals, parents, carers, families, children, and young people about the signs, symptoms, impact of child exploitation, and the actions to be taken to enable children and young people to be safe from harm. This will include the development of clearly targeted awareness and information resources for the online community.
<b>Voice and Influence</b>	To provide an effective voice for children, young people and adults who were exploited in childhood, and campaign to influence change, policies and attitudes, and support individuals to express their own voice and influence change. We will access and contribute to research, using this to inform and shape practice.
<b>Awareness and Information</b>	To provide effective information to create greater awareness of child exploitation amongst the public, corporate sector, and other relevant organisations and bodies.
<b>Fundraising</b>	We will provide a mechanism to generate funds from a range of sources to deliver the strategic objectives. We will aim to diversify income streams with 70% from grants and contracts and the rest from other sources.
<b>Resource Management</b>	To provide a strong resource programme to enable the organisation to deliver upon its strategic objectives. This will include the development of our volunteer programme. We will work in partnership to deliver a collaborative service and respond to the needs of our communities.

### d. Fundraising activities and income generation

Our fundraising strategy is to:

- diversify income by raising unrestricted funds from businesses, individuals and the community
- apply to charitable trusts for core grants to ensure we have the right management resources in place to deliver and develop our services
- apply to charitable trusts and other grant-makers for specific services
- work in partnership to maximise funding opportunities

**Trustees' Report (continued)**  
**For the year ended 31 March 2021**

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**Achievements and performance (continued)**

Due to Covid-19 we were unable to hold any events. Despite this we have had a year with great support. This year our work has been funded by a range of sources, including grants from BBC Children in Need, the Big Lottery Fund, Leathersellers, Esmee, Garfield Weston, Henry Smith, Toyota, Porticus, Derby City and Derbyshire County Councils and the Office of the Police and Crime Commissioner for Derbyshire and donations from community groups, corporate's and individuals.

We have been supported locally by:

Calm In A Box, Colleague Box, Creationz Marketing, Dains Accountants, Derby County Football Club, Family Comforts, Indigo drum, Derby Express Couriers, Little Black Dog, Loates HR Consultancy, JJ Public Relations, Motion Vehicles, Nelsons Solicitors, Pilotlight, Mercia Image Print, RBS Kegworth, Rotary Club of Derby, NWG, Think3, Simply Uniform, Wathall's, Utilita, Repton Security.

**Financial review**

**a. Going concern**

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

The trustees aim to rebuild unrestricted reserves over the next three years to reach and maintain their target level of six months' operating costs. This will be achieved through increased fundraising activities; adopting a full cost recovery model; active cost management; and restructuring as necessary.

**b. Reserves policy**

Trustees are aware that the Charity has unpredictable incoming resources during each year and as such needs to retain adequate reserves to deal with such fluctuations. In the opinion of the Trustees, six months of operational costs should ideally be maintained as unrestricted reserves in order to meet the Charity's objectives of supporting those affected by child sexual exploitation as and when the need arises.

The unrestricted reserves held at 31 March 2021 (£160,247) equate to six months of operational costs based on the average expenditure for 2020/21.

**c. Financial Review**

The Trustees have reviewed the finances and reserves of the Charity. This review encompassed the nature of the Income and Expenditure Accounts, the need to match variable income with fixed commitments and the nature of the reserves.

After a number of years where Safe and Sound faced several challenges including extended periods without a CEO, the sudden death of a staff member, and decreasing unrestricted reserves Safe and Sound have had a positive year financially and have made a funding surplus.

## **Structure, governance and management**

### **a. Constitution**

Safe And Sound Group was incorporated under the Companies Act 1985 on 8 April 2002 as a Company Limited by Guarantee and is governed by its Memorandum and Articles of Association, amended by Special Resolution on 23 April 2013. It was registered as a Charity with the Charity Commission on 26 September 2002. The trustees are the directors and only members of the charity and every member undertakes to contribute a maximum of £1 towards the cost of dissolution and the liabilities incurred by the charity in the event it is wound up.

### **b. Methods of appointment or election of Trustees**

New Trustees are recruited for their experience and expertise by the Board of Trustees and are appointed under the terms of the Articles of Association. The appointment of new Trustees must be approved by a quorum of current Trustees, which comprises of not less than one third of their number or two Trustees, whichever is greater.

### **c. Organisational structure and decision-making policies**

Safe and Sound Group is governed by a Board of Trustees which is responsible for the overall management and performance of the organisation. The Board meets quarterly. The Board is supported in its corporate governance role by three subgroups which aim to meet quarterly. Membership of these committees consists of trustees and staff. The subgroups are:

#### **• Finance and Governance Subgroup**

The key purpose of this group is to review financial activity and make recommendations to the Board of Trustees, review all finance policies and recommend all drafts and amendments to the Board of Trustees and subsequently ensure the implementation, understanding and application of amended or new policies are effective and report back to the Board of Trustees accordingly.

In respect of Governance, the group's purpose is to guide and advise the Board of Trustees on all aspects of corporate governance.

#### **• Performance and People Subgroup**

The key purpose of this group is to develop, evaluate and monitor performance metrics to maximise the outcomes for agreed objectives. The Performance Sub-Group focuses on ensuring performance is related to the overall strategy and is identified and monitored in associated documents in particular: Operational Plan, Communication strategy and Budget documents

The Sub-Group will also have a role in assessing and agreeing processes to attract, retain and motivate the executive management of the highest caliber who have the skills needed to achieve the Safe & Sound objectives year on year and which balances the interests of the stakeholders, the Charity and its employees.

#### **• Fundraising, Marketing and Communications Sub-group**

The key purpose of this group is to review fundraising, communications and marketing activities within the charity and advise and make recommendations to the Board on all aspects pertaining to Safe & Sound's fundraising, communications and marketing programmes, their development and any aspects of governance relating to fundraising, marketing and communications activity.

## **Structure, governance and management (continued)**

### **Leadership**

The Trustees give executive management and leadership responsibilities, day to day control and the running and operation of the Charity to a suitably experienced Chief Executive, who is supported by a senior management team. Tracy Harrison joined Safe and Sound on 13th May 2019 as Chief Executive Officer with an initial focus on ensuring the sustainability of the charity and developing relationships with key stakeholders. Mrs Harrison brought a wealth of experience following a 32-year career with Derbyshire Constabulary where she progressed from Constable to the rank of Superintendent - leading on several high-profile investigations, being the force lead on children and young people and receiving several awards including five Chief Constable's commendations.

In 2020 Tracy received recognition receiving East Midlands Charity awards, Rising star Director of the year award and Derbyshire Live Heroes Awards Lifetime Achievement award.

She is supported by a business manager and a project manager as the senior leadership team.

Some communications and financial management activity is handled on a consultancy basis. Other business support is provided Pro bono by local companies.

The system of internal controls is designed to provide reasonable, but not absolute assurance against material misstatement or loss. They include:

- An annual budget approved by the Trustees.
- Regular consideration by the Trustees of financial results non-financial performance indicators and benchmarking reviews.
- Delegation of authority and segregation of duties.
- Identification and management of risk through an organisational risk register with quarterly reviews.

The charity's offices are based in Derby in rented accommodation.

### **d. Policies adopted for the induction and training of Trustees**

New Trustees are recruited for their experience and expertise by the Board of Trustees and are appointed under the terms of the Articles of Association. The appointment of new Trustees must be approved by a quorum of current Trustees, which comprises of not less than one third of their number or two Trustees, whichever is greater.

In early 2020 we appointed a new Chair of trustees and five new trustees to join our established and experienced members on the board.

Allen Graham, Chair, retired from Rushcliffe Borough Council in 2019 and was instrumental in the local authority being recognised as one of the best performing districts in the UK. With more than 30 years' experience in the public and private sectors, his working life is now focused on organisational development and he is using his skills to help develop Safe and Sound's work with young people.

Other new board members are: Laura Richmond who has expertise in criminal and wider exploitation; commercial property agent Mark Richardson; business analyst Russell Lipscombe; solicitor Ellis Pugh who is specialises in charity law and Jay Gill who works in education with a lead in supporting under performing schools and children with special educational needs and disability. Longstanding trustees are commissioning and partnership expert Sonia Rafferty, Vice Chair; chartered accountant Graham Gilbert, Treasurer; chief executive of QUAD Adam Buss; and health and social care practitioner Stephen Edgeley. There is a HR gap on the board due to two experienced trustees finishing their tenure. This risk is mitigated by a HR company supporting us with pro bono HR work.

**Structure, governance and management (continued)**

**e. Financial risk management**

The Trustees have a risk management process and quarterly assess business risk and implement risk management strategies. This involves identification of the types of risks the Charity faces, prioritising them in terms of potential impact and likelihood of occurrence and identifying means to mitigate the risks. The Trustees have assessed the major risks to which the Charity is exposed, in particular those related to the operations and finances of the Charity and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks.

**Plans for 2021/22**

- More focus on prevention for SEND and hard to reach groups
- Work with refugees and new communities
- Increase our support for vulnerable adults
- Increase our support for recovery including therapy and more transition
- Support the Derby Opportunity Inclusion Project
- Expand our work wider across the county
- Support the delivery of Place based risk in the city
- Collaboratively develop the Youth Alliance

**Funds held as custodian**

There are no funds held as custodian.

**Members' liability**

The Members of the Charity guarantee to contribute an amount not exceeding £1 to the assets of the Charity in the event of winding up.

**Trustees' Report (continued)**  
**For the year ended 31 March 2021**

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**Statement of Trustees' responsibilities**

The Trustees (who are also the directors of the Charity for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees on 8 December 2021 and signed on their behalf by:

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**Mr Allen Graham**  
Chair of Trustees



**Safe And Sound Group**  
**(A Company Limited by Guarantee)**

**Independent examiner's report**  
**For the year ended 31 March 2021**

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**Independent examiner's report to the Trustees of Safe And Sound Group ('the Charity')**

I report to the charity Trustees on my examination of the accounts of the Charity for the year ended 31 March 2021.

**Responsibilities and basis of report**

As the Trustees of the Charity (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent examiner's statement**

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an Independent Examiner's Report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my work or for this report.

Signed:

Lisa Richards FCGA

Dated: 8 December 2021

**Dains LLP**

Charlotte House, Derby

**Safe And Sound Group**  
**(A Company Limited by Guarantee)**

**Statement of financial activities (incorporating income and expenditure account)**  
**For the year ended 31 March 2021**

	Note	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
<b>Income from:</b>					
Donations and legacies	3	269,890	221,672	491,562	148,047
Charitable activities	4	4,750	-	4,750	130,752
Other trading activities		-	-	-	13,100
Investments	5	261	-	261	507
<b>Total income</b>		<b>274,901</b>	<b>221,672</b>	<b>496,573</b>	<b>292,406</b>
<b>Expenditure on:</b>					
Raising funds	6	25,133	-	25,133	64,335
Charitable activities	7	173,035	157,629	330,664	322,661
<b>Total expenditure</b>		<b>198,168</b>	<b>157,629</b>	<b>355,797</b>	<b>386,996</b>
<b>Net movement in funds</b>		<b>76,733</b>	<b>64,043</b>	<b>140,776</b>	<b>(94,590)</b>
<b>Reconciliation of funds:</b>					
Total funds brought forward	16	83,514	60,484	143,998	238,588
Net movement in funds		76,733	64,043	140,776	(94,590)
<b>Total funds carried forward</b>	16	<b>160,247</b>	<b>124,527</b>	<b>284,774</b>	<b>143,998</b>

The notes on pages 26 to 43 form part of these financial statements.

**Safe And Sound Group**  
**(A Company Limited by Guarantee)**  
**Registered number: 04411425**

**Balance Sheet**  
**As at 31 March 2021**

	Note	2021 £	2020 £
<b>Fixed assets</b>			
Tangible assets	12	23,843	4,447
Investments	13	1	1
		<u>23,844</u>	<u>4,448</u>
<b>Current assets</b>			
Debtors	14	13,172	21,906
Cash at bank and in hand		298,608	146,938
		<u>311,780</u>	<u>168,844</u>
Creditors: amounts falling due within one year	15	(50,850)	(29,294)
<b>Net current assets</b>		<u>260,930</u>	<u>139,550</u>
<b>Total net assets</b>		<u><u>284,774</u></u>	<u><u>143,998</u></u>
<b>Charity funds</b>			
Restricted funds	16	124,527	60,484
Unrestricted funds	16	160,247	83,514
<b>Total funds</b>		<u><u>284,774</u></u>	<u><u>143,998</u></u>

The Charity was entitled to exemption from audit under section 477 of the Companies Act 2006.


The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on 8 December 2021 and signed on their behalf by:

  
**Mr Allen Graham**  
Chair of Trustees

  
**Mr Grahame Gilbert**  
Treasurer

The notes on pages 26 to 43 form part of these financial statements.

**1. General information**

Safe and Sound Group is a private company limited by guarantee, registered in England and Wales and registered as a Charity with the Charity Commission for England and Wales. Its company and charity registered numbers and registered office address are shown on page 1 of these financial statements. The principal activity of the company in the year under review is given in the Trustees' Report.

**2. Accounting policies**

**2.1 Basis of preparation of financial statements**

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Safe And Sound Group meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

**2.2 Going concern**

After making appropriate enquiries, the Trustees have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

**2.3 Income**

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Gifts in kind donated for distribution are included at valuation and recognised as income when they are distributed to the projects. Gifts donated for resale are included as income when they are sold.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

## **2. Accounting policies (continued)**

### **2.4 Expenditure**

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the Charity to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

### **2.5 Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

### **2.6 Tangible fixed assets and depreciation**

Tangible fixed assets costing £500 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

At each reporting date the Charity assesses whether there is any indication of impairment. If such indication exists, the recoverable amount of the asset is determined to be the higher of its fair value less costs to sell and its value in use. An impairment loss is recognised where the carrying amount exceeds the recoverable amount.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following bases:

Motor vehicles	- 25% straight-line
Office equipment	- 15% straight-line

### **2.7 Investments**

Investments in subsidiaries are valued at cost less provision for impairment.

## **2. Accounting policies (continued)**

### **2.8 Debtors**

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

### **2.9 Cash at bank and in hand**

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

### **2.10 Liabilities and provisions**

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of Financial Activities as a finance cost.

### **2.11 Financial instruments**

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

### **2.12 Pensions**

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity to the fund in respect of the year.

### **2.13 Fund accounting**

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Notes to the Financial Statements  
For the year ended 31 March 2021

3. Income from donations and legacies

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Donations	146,670	-	146,670
Grants	120,720	221,672	342,392
Donated Independent Examination Fee	2,500	-	2,500
	<u>269,890</u>	<u>221,672</u>	<u>491,562</u>

	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
Donations	65,933	-	65,933
Grants	4,100	75,514	79,614
Donated Independent Examination Fee	2,500	-	2,500
	<u>72,533</u>	<u>75,514</u>	<u>148,047</u>

Notes to the Financial Statements  
For the year ended 31 March 2021

4. Income from charitable activities

	Unrestricted funds 2021 £	Total funds 2021 £
Learning and Training	4,750	4,750
Provision of service	-	-
	<u>4,750</u>	<u>4,750</u>

	Unrestricted funds 2020 £	Total funds 2020 £
Learning and Training	13,080	13,080
Provision of service	117,672	117,672
	<u>130,752</u>	<u>130,752</u>

5. Investment income

	Unrestricted funds 2021 £	Total funds 2021 £
Interest receivable	261	261
	<u>261</u>	<u>261</u>

	Unrestricted funds 2020 £	Total funds 2020 £
Interest receivable	507	507
	<u>507</u>	<u>507</u>



**Notes to the Financial Statements**  
**For the year ended 31 March 2021**

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**6. Expenditure on raising funds**

**Costs of raising voluntary income**

	<b>Unrestricted funds 2021 £</b>	<b>Total funds 2021 £</b>
Direct fundraising costs	3,200	<b>3,200</b>
Fundraising wages and salaries	21,933	<b>21,933</b>
	<u>25,133</u>	<u><b>25,133</b></u>

	<b>Unrestricted funds 2020 £</b>	<b>Total funds 2020 £</b>
Direct fundraising costs	39,077	39,077
Fundraising wages and salaries	25,258	25,258
	<u>64,335</u>	<u>64,335</u>

Notes to the Financial Statements  
For the year ended 31 March 2021

7. Analysis of expenditure on charitable activities

Summary by fund type

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Learning and Training	3,659	-	3,659
Provision of service	169,376	157,629	327,005
	<u>173,035</u>	<u>157,629</u>	<u>330,664</u>

	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
Learning and Training	53,287	-	53,287
Provision of service	160,649	108,725	269,374
	<u>213,936</u>	<u>108,725</u>	<u>322,661</u>

8. Analysis of expenditure by activities

	Activities undertaken directly 2021 £	Support costs 2021 £	Total funds 2021 £
Learning and Training	3,659	-	3,659
Provision of service	320,678	6,327	327,005
	<u>324,337</u>	<u>6,327</u>	<u>330,664</u>

8. Analysis of expenditure by activities (continued)

	Activities undertaken directly 2020 £	Support costs 2020 £	Total funds 2020 £
Learning and Training	45,574	7,713	53,287
Provision of service	269,374	-	269,374
	<u>314,948</u>	<u>7,713</u>	<u>322,661</u>

Analysis of direct costs

	Learning and Training 2021 £	Provision of service 2021 £	Total funds 2021 £
Staff costs	-	263,591	263,591
Depreciation	3,659	-	3,659
Direct training and running costs	-	49,507	49,507
Service user travel and consumables	-	7,580	7,580
	<u>3,659</u>	<u>320,678</u>	<u>324,337</u>

	Learning and Training 2020 £	Provision of service 2020 £	Total funds 2020 £
Staff costs	7,094	230,063	237,157
Depreciation	2,106	-	2,106
Direct training and running costs	36,374	21,529	57,903
Service user travel and consumables	-	17,782	17,782
	<u>45,574</u>	<u>269,374</u>	<u>314,948</u>

Notes to the Financial Statements  
For the year ended 31 March 2021

8. Analysis of expenditure by activities (continued)

Analysis of support costs

	Learning and Training 2021 £	Provision of service 2021 £	Total funds 2021 £
Legal and professional	-	6,327	6,327

	Learning and Training 2020 £	Provision of service 2020 £	Total funds 2020 £
Legal and professional	7,713	-	7,713

9. Independent examiner's remuneration

	2021 £	2020 £
Fees payable to the Charity's independent examiner for the independent examination of the Charity's annual accounts	2,500	2,500

**Notes to the Financial Statements**  
**For the year ended 31 March 2021**

**10. Staff costs**

	<b>2021</b> <b>£</b>	<b>2020</b> <b>£</b>
Wages and salaries	<b>260,726</b>	252,730
Social security costs	<b>17,068</b>	7,655
Pension costs	<b>7,730</b>	2,030
	<u><b>285,524</b></u>	<u>262,415</u>

The average number of persons employed by the Charity during the year was as follows:

	<b>2021</b> <b>No.</b>	<b>2020</b> <b>No.</b>
Costs of Generating Funds/Governance	<b>3</b>	3
Charitable Activities	<b>11</b>	11
	<u><b>14</b></u>	<u>14</u>

No employee received remuneration amounting to more than £60,000 in either year.

The total remuneration received by key management personnel is £104,388 (2020 - £38,103).

**11. Trustees' remuneration and expenses**

During the year, no Trustees received any remuneration or other benefits (2020 - £Nil).

During the year ended 31 March 2021, expenses totalling £62 were reimbursed to Trustees (2020 - £Nil).

Notes to the Financial Statements  
For the year ended 31 March 2021

12. Tangible fixed assets

	Motor vehicles £	Office equipment £	Total £
<b>Cost</b>			
At 1 April 2020	-	33,348	33,348
Additions	8,950	14,105	23,055
At 31 March 2021	8,950	47,453	56,403
<b>Depreciation</b>			
At 1 April 2020	-	28,901	28,901
Charge for the year	932	2,727	3,659
At 31 March 2021	932	31,628	32,560
<b>Net book value</b>			
At 31 March 2021	8,018	15,825	23,843
At 31 March 2020	-	4,447	4,447

13. Fixed asset investments

	Investments in subsidiary companies £
<b>Cost</b>	
At 1 April 2020	1
At 31 March 2021	<u>1</u>

**Principal subsidiaries**

The following was a subsidiary undertaking of the Charity:

Name	Company number	Principal activity	Class of shares	Holding
Just Whistle Limited (Dissolved 7 September 2021)	07399438	Dormant company	Ordinary	100%

The financial results of the subsidiary for the year were:

Name	Net assets £
Just Whistle Limited (Dissolved 7 September 2021)	1

**Notes to the Financial Statements**  
**For the year ended 31 March 2021**

**14. Debtors**

	<b>2021</b> £	<b>2020</b> £
Trade debtors	5,820	2,100
VAT repayable	1,703	-
Prepayments and accrued income	5,649	19,806
	<u>13,172</u>	<u>21,906</u>

**15. Creditors: Amounts falling due within one year**

	<b>2021</b> £	<b>2020</b> £
Trade creditors	3,999	2,175
Other taxation and social security	6,919	10,156
Other creditors	2,510	786
Accruals and deferred income	37,422	16,177
	<u>50,850</u>	<u>29,294</u>

Deferred income included in creditors was as follows:

	<b>2021</b> £	<b>2020</b> £
Deferred income at 1 April	14,099	-
Resources deferred during the year	36,352	14,099
Amounts released from previous periods	(14,099)	-
	<u>36,352</u>	<u>14,099</u>



16. Statement of funds

Statement of funds - current year

	Balance at 1 April 2020 £	Income £	Expenditure £	Balance at 31 March 2021 £
<b>Unrestricted funds</b>				
Unrestricted funds	83,514	274,901	(198,168)	160,247
<b>Restricted funds</b>				
BBC Children in Need	19,182	42,538	(29,462)	32,258
Henry Smith Charity	-	16,667	(16,667)	-
Big Lottery Fund	12,487	9,100	(21,100)	487
DCC New & Emerging Communities	25,650	25,801	(22,268)	29,183
Tom Carey Fund	3,165	6,667	(3,165)	6,667
CiN Youth Worker	-	17,421	(14,177)	3,244
DCC/PCC Family Work	-	38,718	(26,435)	12,283
Porticus	-	41,500	(24,355)	17,145
Derbyshire County Council - Erewash Outreach	-	8,980	-	8,980
Toyota Charitable Trust	-	4,960	-	4,960
Derbyshire Community Health City and County	-	5,820	-	5,820
Active Partners Trust	-	2,500	-	2,500
PCC Vulnerability Grant	-	1,000	-	1,000
	60,484	221,672	(157,629)	124,527
<b>Total of funds</b>	143,998	496,573	(355,797)	284,774

Notes to the Financial Statements  
For the year ended 31 March 2021

16. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2019 £	Income £	Expenditure £	Balance at 31 March 2020 £
<b>Unrestricted funds</b>				
Unrestricted funds	144,893	216,892	(278,271)	83,514
<b>Restricted funds</b>				
BBC Children in Need	22,982	28,301	(32,101)	19,182
Big Lottery Fund	46,452	-	(33,965)	12,487
DCC New & Emerging Communities	24,261	37,718	(36,329)	25,650
Tom Carey Fund	-	9,495	(6,330)	3,165
	93,695	75,514	(108,725)	60,484
<b>Total of funds</b>	238,588	292,406	(386,996)	143,998

**16. Statement of funds (continued)**

Restricted funds were set up for the following purposes:

**BBC Children in Need**

Full-time worker, associated resources and travel expenses to support young people affected by child sexual exploitation.

**Big Lottery Fund**

Youth work pilot for twelve months including youth worker and project costs.

**DCC New & Emerging Communities**

Full-time worker, associated resources and travel expenses to support young people in Derby City affected by child sexual exploitation.

**Tom Carey Fund**

To support prevention, awareness and intervention in Abbey Ward, Derby.

**PCC/DCC Family Work**

The project funds a Family Worker for a year to provide specialist support for the whole family (child, siblings, and parents) where any form of child exploitation is the primary issue. The Family Worker offers independent, consistent support to engage, advocate and support families to work with agencies more effectively.

**Porticus**

Education and support for children at risk of exploitation. Focussed work on special educational needs and disability.

**Toyota Charitable Trust grant**

Our new outreach service has focused on awareness and prevention through engagement with young people, support where necessary and signposting to other organisations.

**Derbyshire Community Health City and County**

Provision of sexual health awareness and support in Derby and Derbyshire.(April 2021 onwards)

**Active Partners Trust**

Provision of youth activities and workshops for young people affected by child exploitation.

**PCC Vulnerability Grant**

Funding to support the safe places initiative in Derby city

Notes to the Financial Statements  
For the year ended 31 March 2021

17. Summary of funds

Summary of funds - current year

	Balance at 1 April 2020 £	Income £	Expenditure £	Balance at 31 March 2021 £
General funds	83,514	274,901	(198,168)	160,247
Restricted funds	60,484	221,672	(157,629)	124,527
	<u>143,998</u>	<u>496,573</u>	<u>(355,797)</u>	<u>284,774</u>

Summary of funds - prior year

	Balance at 1 April 2019 £	Income £	Expenditure £	Balance at 31 March 2020 £
General funds	144,893	216,892	(278,271)	83,514
Restricted funds	93,695	75,514	(108,725)	60,484
	<u>238,588</u>	<u>292,406</u>	<u>(386,996)</u>	<u>143,998</u>

18. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Tangible fixed assets	23,843	-	23,843
Fixed asset investments	1	-	1
Current assets	187,253	124,527	311,780
Creditors due within one year	(50,850)	-	(50,850)
<b>Total</b>	<u>160,247</u>	<u>124,527</u>	<u>284,774</u>

**18. Analysis of net assets between funds (continued)**

**Analysis of net assets between funds - prior year**

	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
Tangible fixed assets	4,447	-	4,447
Fixed asset investments	1	-	1
Current assets	108,360	60,484	168,844
Creditors due within one year	(29,294)	-	(29,294)
<b>Total</b>	<b>83,514</b>	<b>60,484</b>	<b>143,998</b>

**19. Pension commitments**

The company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the group in an independently administered fund. The pension cost charge represents contributions payable by the group to the fund and amounted to £7,730 (2020 - £2,030). £1,232 (2020 - £674) was payable to the fund at the balance sheet date and is included in other creditors.

**20. Members' liability**

Each member of the charitable company undertakes to contribute to the assets of the company in the event of it being wound up while he/she is a member, or within one year after he/she ceases to be a member, such amount as may be required, not exceeding £1 for the debts and liabilities contracted before he/she ceases to be a member.

**21. Related party transactions**

The Charity has not entered into any related party transaction during the year, nor are there any outstanding balances owing between related parties and the Charity at 31 March 2021.

