

**Disability Advice
and
Support Hillingdon**
(A company limited by guarantee)

**Annual Report
&
Accounts
2023-2024**



**Registered Charity Number: 1093818
Company Registration Number: 04204456**

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Legal & Administrative Information

Registered Charity Name: Disability Advice & Support Hillingdon
Registered Charity Number: 1093818
Company Registration Number: 4204456
Date of Incorporation: 8th November 2010
Start of Financial Year: 1st April 2023
End of Financial Year: 31st March 2024
Directors (as of 31st March 2024) Jonathan Say (Chair)
Angela Parkins (appointed 12/07/23)
Grace Adjekum
Ian Diamant
Peter Shackleton
Rajiv Cahannac

Company Secretary: Vanessa Bonner

Governing Document: Memorandum and articles incorporated 24/04/2001, as amended by special resolution registered at Companies House on 19/12/2011, as amended on 11/04//2022

Registered Office Address: Wood End Centre, Judge Heath Lane, Hayes, UB3 2PB

Independent Examiner: Independent Examiners Ltd.
Unit 2, The Broadbridge Business Centre
Delling Lane
Bosham
West Sussex
PO18 8NF

Bankers: HSBC, 28 High Street, Uxbridge, UB8 1JN

Our Mission:

DASH aims to promote independence and provide individuals with the skills to become more confident in everyday life. At the same time allowing them to be healthier in body and mind and appropriately informed so they can make the right choice to enable them to live their life to the full.

Our Vision:

DASH strives to empower, inspire and motivate disabled people of any age to reach their full potential every day and in every situation.

Our Objectives:

DASH believes in promoting and championing the Social Model of Disability. We believe that disability is caused by the way in which society is organised and run. Disability is not caused by a person's impairment, but by a lack of access to equipment, services, opportunities in employment and education and the provision of an appropriately designed environment.

**DISABILITY DOES NOT MEAN
INABILITY**

Structure, Governance & Management

Nature of Governing Document: DASH is a registered charity (number 1093818) as of September 16th 2002 and is constituted under its Memorandum and Articles of Association.

Recruitment and Appointment of Trustees: The management of the charity is the responsibility of the Trustees who are appointed under the terms of the Articles of Association.

Organisational Structure: the charity is governed by its Trustees who take legal responsibility for the financial and statutory compliance of the Charity. New Trustees are appointed in accordance with Charity Commission guidelines.

Related Party Relationships: The charity works closely with a number of voluntary sector organisations in the London Borough of Hillingdon, which enhances the ability of this charity to further its charitable objects.

Risk Management: The Trustees have assessed the major risks to which the Charity is exposed, in particular those related to the operations and finances of the Charity, and are satisfied that systems and procedures are in place to mitigate exposure to the major risks.

Public Benefit: The Trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Going Concern: After making appropriate enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason they continue to adopt the going concern basis in preparing the financial statements.

Chair's Statement

It is my privilege to introduce the annual report of 'DASH'. Our aim is to provide advice, support and activities, to disabled people in Hillingdon enabling them to take control of their lives and become more independent, confident, and part of their communities.

Through sound financial management and the continued, and vital, support of donors and funders we came into this year in a healthy financial position. We are completely dependent on funders and donors and , even in, what have sometimes been, difficult financial times , I am delighted that so many of you have helped us deliver our essential services to so many people. I send my heartfelt thanks to each and every contributor and I am particularly grateful to the London Borough of Hillingdon and the National Lottery Community Fund for their continuing support.

The demand for our services continues unabated. The number of people to whom we have given advice and practical assistance this year has reached new levels as has the number of people using our activities centre, 'The Hub' in Uxbridge. With the generous financial assistance of The London Marathon Foundation we have been able to replace the flooring , and thanks to the generosity of Coca Cola we have been able to equip a sensory room at The Hub, a very welcome additional facility opened by His Worship the Mayor of Hillingdon.

We have already seen more progress in our strategy to deliver much needed, high quality, frontline support to more people than ever before by working closely with our local partner third sector agencies. Increased joint activities have allowed us to access new venues, new funding, and reach more individuals needing assistance. Going forward we will include even more cooperative working and joint funding bids.

Finally, I would like to thank our CEO and all our hard working staff. We value their expertise, flexibility and creativity. I would also like to thank all our volunteers who give their time freely to assist us in so many ways. And the Board of Trustees for their contribution and dedication over the last year. Without the backing of all of these people we would not be able to continue our crucial delivery of service to disabled people in Hillingdon.

Services: Advice & Information, including Equalities Act related issues

How we help:

- Advice & information over the phone, via email or face-to-face appointments
- Circulation of newsletter to **875** subscribers
- Signposting to appropriate services

Outcomes:

- Greater knowledge & understanding to be able to make informed choices
- Increased independence to access services in the community



Services:

Support to claim disability-related benefits

How we help:

- We are able to support clients all the way through the claims process, up to challenging decisions at the First Tier Tribunal



Outcomes:

- Increased financial gains of **£1,859,152.06** for disabled people, in Hillingdon, in the last year
- Improved knowledge & understanding
- Increased life choices
- **95%** of cases overturned in clients favour at First Tier Tribunal

Services: Help4Hillingdon

How we help:

- Maximise income and reduce debt for users who may not have access to traditional advice provisions.
- As of April 2023, we now provide advice and information in GP surgeries.
- DASH's service delivery of this project continues in 6 special schools in Hillingdon, 2 foodbanks in the North of the borough and 1 GP surgery.

Outcomes:

- **£452,830** financial gains
- **734** clients supported
- **66.66%** accessed advice for the first time
- **176** grants applied for



Services: The Hub

How we help:

- At the DASH Hub we offer a wide range of sporting and recreational activities for people with a disability. These include: bingo, boxing, arts & crafts etc.
- We provide a safe and fun environment to socialise and make new friends while engaging and learning new skills. We have recently added dance therapy, a sensory room, walking group and a reading corner.
- We work with individuals to ensure they get the most out of our sessions and reach their individual goals and feel part of a welcoming community. We also regularly evaluate the effectiveness of programs and services through committee meetings and surveys, implementing changes to improve outcomes for participants.

Outcomes:

- Increased knowledge and understanding
- Improved physical health
- Increased confidence & independence
- Increased physical and mental wellbeing
- Increased social connections
- Independent living in the community
- Feeling included and supported by social network



Service users - 458
Sessions attended - 9893
Contact hours - 29679

Services: Transitions Project

How we help:

DASH offers support for people with a disability aged between 16 and 25 years, including:

- 1:1 advice & support sessions with the young person and their family (includes benefit form support and form filling). Explaining the Personal Independence Plan (PIP) and Universal Credit (UC) forms in a way a person with a learning disability or mental illness would understand.
- Attending medical assessments or Tribunals with young disabled people regarding PIP and UC, as well as supporting an individual when appealing decisions before, prior and post appeal.
- Outreach work to organisations within the borough to enable them to signpost disabled young people to DASH and vice versa. This allows us to signpost individuals to services they need, that we do not provide.



Outcomes:

- Improved Financial Stability
- Improved mental health and decreased anxiety
- Increased confidence and empowerment
- Increased independence
- Improved signposting and referrals

Services:

Neuro Wellbeing Support Service

How we help:

- Supporting patients at Hillingdon Hospital's Alderbourne and Daniels Rehabilitation Wards to improve their transition from ward to home. This reduces their need for re-admissions & improves their quality of care.
- The team consists of a Wellbeing Support Officer and an Information, Advice & Benefits Worker (IABW), both DASH employees.

Outcomes:

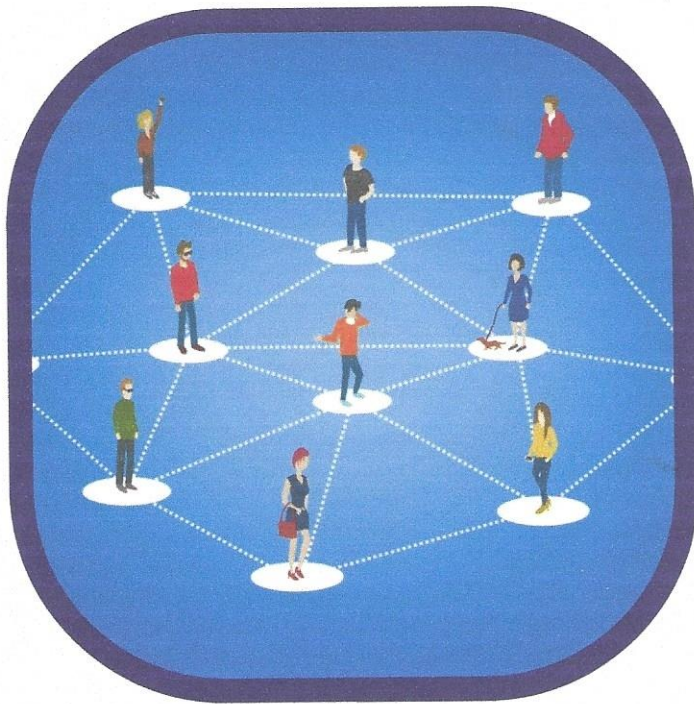
- **50** new clients
- **80** clients accessing the service (overall)
- **57** Alderbourne Ward clients
- **23** Daniels Ward clients
- **105** Benefit I&A Contacts
- **885** Contacts with the IABW
- **540 hours 30 minutes** the IAWB spent supporting clients



Services: Business Development & Fundraising

How we help:

- Bring together & facilitate a network of Disabled Person's Organisations in Hillingdon to share information, resources & foster partnership bids for funding, as well as increase the unrestricted funds available to our organisation.
- The organisations involved are DASH, Hillingdon Mind, Middlesex Association for the Blind, Hillingdon Stroke Group, Centre for ADHD & Autism Support, People Connex, Hillingdon Brain Injury and Tumour Group, & Joy Wellbeing Centre.



Outcomes:

- Formation of the Hillingdon Disability Network
- Monthly meetings of the Network to catch up
- More sustainable funding for the organisations involved
- Sharing of information and resources

Services: Volunteering

How we help:

- Members of the public getting involved in a wide range of activities, helping at our activities hub and working within our main office.

Outcomes:

- 41 local events attended
- 21 new volunteers
- 2,950.5 hours volunteered between April 2023 & March 2024
- Several volunteers have won awards for their time volunteering at DASH.



Achievement & Performance

85.7% of clients felt their knowledge & understanding of their rights and entitlement to disability-related benefits increased because of the support provided by DASH.

4133 clients accessed our services during the 2023-2024 period.

Increased financial gains for disabled people in Hillingdon (**£1,859,152.06** in the last year)

90.5% of clients said they would come back in the future if they needed help again.

95.2% of clients found our services easy to use

REPORT OF THE DIRECTORS FOR THE YEAR ENDED 31ST MARCH 24

"I was very happy with the service and support given to me at DASH. They made a big difference to the outcome of my claim and I will always be grateful for that."

"Talking to someone today has helped me realise my problems are solvable. DASH has been so helpful and supportive to me in my time of need. The advice and support I received has made a difficult day manageable."

"Thank you for the kindness and professional help you gave me. I am so happy with this success and wish loads and loads of further success."

"Thank you so much for helping me to get the result in my benefit case. it had taken a huge toll on me, over a year of struggling to get the right people to listen."

Policy on Reserves

It is the policy of the charity to maintain unrestricted funds, which are free reserves of the charity to cover: – meet financial commitments when they arise – administration and support costs for the charity – sufficient promotion of its objects. The trustees consider that it is appropriate that free reserves that are undesignated should be sufficient to cover 3 months administration and support costs. The reserves policy is kept under periodic review and reserves levels will be adjusted as perceptions of risk and other factors change.

Statement of Trustees' Responsibilities

The Charities Act and the Companies Act require the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing the financial statements the Board is required to: select suitable accounting policies and then apply them consistently; make judgements and estimates that are reasonable and prudent; prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business and; state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements.

The Trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with the Companies Act 2006 and comply with regulations made under the Charities Act. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

REPORT OF THE DIRECTORS FOR THE YEAR ENDED 31ST MARCH 24

The Trustees are also responsible for the contents of the trustees' report, and the responsibility of the independent examiner in relation to the trustees' report is limited to examining the report and ensuring that on the face of the report, there are no inconsistencies with the figures disclosed in the financial statements. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

I approve the attached statement of financial activities and balance sheet for the year ended 31st March 2024 and confirm that I have made available all information necessary for its preparation.

Approved by the Directors on the 6th December 2024

Signed on their behalf by Director:



Printed Name:

JONATHAN SAY

Independent Examiners Report

Report to the Trustees of Disability Advice & Support Hillingdon on the accounts for the year ended 31st March 2024 set out on pages 3 to 16.

Respective responsibilities of trustees and examiner: The Charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). Having satisfied myself that the accounts of Disability Advice & Support Hillingdon are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement: Since Disability Advice & Support Hillingdon gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a fellow member of the Association of Charity Independent Examiners, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Signed: 

Date: 11.12.24

**K Gomes FCIE MAAT
Independent Examiners Ltd
Unit 2
The Broadbridge Business Centre
Delling Lane, Bosham PO18 8NF**

DISABILITY ADVICE AND SUPPORT HILLINGDON
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED
31ST MARCH 24

(Incorporating Income and Expenditure Account)

		Unrestricted funds	Restricted funds	Total 31-Mar-24	Total 31-Mar-23
	Notes	£	£	£	£
INCOMING RESOURCES					
Incoming Resources from Generated Funds					
Donations & Legacies	3a	11,545	-	11,545	33,031
Investments Income	3b	5,005	-	5,005	571
Charitable Activities	3c	240,609	149,351	389,960	328,631
Other Income	3d	39,387	-	39,387	35,635
TOTAL INCOMING RESOURCES		296,546	149,351	445,897	397,868
RESOURCES EXPENDED					
Costs of Generating Funds					
Charitable Activities	4a	244,372	179,050	423,422	395,182
TOTAL RESOURCES EXPENDED		244,372	179,050	423,422	395,182
NET INCOMING/ (OUTGOING) RESOURCES		52,173 -	29,699	22,474	2,686
Transfers Between Funds		5,914 -	5,914	-	-
Total Funds Brought Forward		80,732	83,040	163,772	161,086
TOTAL FUNDS CARRIED FORWARD		138,819	47,427	186,247	163,772

Movements on all reserves and all recognised gains and losses are shown above. All of the organisation's operations are classed as continuing.

The notes on pages 22 to 28 form part of these financial statements.

DISABILITY ADVICE AND SUPPORT HILLINGDON
(A COMPANY LIMITED BY GUARANTEE)
BALANCE SHEET: AS AT 31ST MARCH 2024
Registration Number 04204456

		Unrestricted funds	Restricted funds	Total 31-Mar-24	Total 31-Mar-23
		£	£	£	£
	Note				
Fixed Assets					
Tangible Assets	2	-	1	1	1
Total Fixed Tangible Assets		-	1	1	1
Current Assets					
Debtors & Prepayments	7	47,985	-	47,985	15,937
Cash at bank and in hand	6	174,742	47,427	222,169	216,373
Total Current Assets		222,727	47,427	270,154	232,310
Creditors: Amounts falling due in one year	8	83,908	-	83,908	68,539
NET CURRENT ASSETS		138,819	47,427	186,246	163,771
Long Term Liabilities	9	-	-	-	-
NET ASSETS		138,819	47,427	186,247	163,772
Funds of the Charity					
General Funds		138,819	-	138,819	80,732
Restricted Funds	5	-	47,427	47,428	83,040
Total Funds		138,819	47,427	186,247	163,772

Director's Responsibilities:

For the financial year ending 31 March 24 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 19 to 28 were approved by the trustees, and authorised for issue and signed on their behalf by:

Approved by the Directors on the: 6th December 2024

Signed on their behalf by Director: 

Printed Name: JONATHAN SAY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 24

1. ACCOUNTING POLICIES

Basis of Preparation & Assessment of Going Concern

Basis of Preparation

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) - (Charities SORP - FRS102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

Assessment of Going Concern

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Incoming Resources

Recognition of Incoming Resources

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the Directors are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Incoming Resources with Related Expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

Grants and Donations

Grants and Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Tax Reclaims on Donations and Gifts

Incoming resources from tax reclaims are included in the SOFA in the same financial period as the gift to which they relate.

1. ACCOUNTING POLICIES (Continued)

Contractual Income and Performance Related Grants

This is only included in the SOFA once the related goods or services has been delivered.

Gifts in Kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable.

Donated Services and Facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer Help

The value of any voluntary help received is not included in the accounts but is described in the Directors' annual report.

Investment Income

This is included in the accounts when receivable.

Investment Gains and Losses

This included any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

Expenditure and Liabilities

Liability Recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance Costs

Include costs of the preparation and examination of statutory accounts, the costs of the Directors' meetings and cost of any legal advice to Directors on governance or constitutional matters.

Grants with Performance Conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

1. ACCOUNTING POLICIES (Continued)

Grants Payable without Performance Conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to a grant which remain in control of the charity.

Support Costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of the resources, e.g. allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Investments

Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at Directors' best estimate of market value.

Pensions

The Charity operates a define contribution pension scheme and the pension charge represents the amounts payable by the company to the fund in respect of the financial period. Pension contributions are charged to the Statement of Financial Activities as they become payable.

Taxation

The charity is exempt from tax on its charitable activities.

Legal Status of the Charity

The charity is a company limited by guarantee and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

Fixed Tangible Assets

It is the policy of the charitable company to write off the cost of small fixed asset investments in the period of acquisition costing less than £1,500.

These are written off in the year of purchase. They are valued at cost or, if gifted, at the value to the charitable company on receipt.

No depreciation is charged to freehold property as the property is maintained to such a standard that the estimated residual value is not less than the original cost.

2. TANGIBLE FIXED ASSETS

		Fixtures & Fittings £	Computer Equipment £	Total 31-Mar-24 £
Cost	01-Apr-23	4,826	6,697	11,523
Additions		-	-	-
Cost at	31-Mar-24	4,826	6,697	11,523
Depreciation	01-Apr-23	4,825	6,697	11,522
Charge		-	-	-
Depreciation at	31-Mar-24	4,825	6,697	11,522
Net Book Value	31-Mar-24	1	-	1
Net Book Value	31-Mar-24	1	-	1

The annual commitments under non-cancelling operating leases and capital commitments are as follows:

31st March 2023 : None

3. INCOMING RESOURCES

	Note	Unrestricted Funds £	Restricted Funds £	Total 31-Mar-24 £	Total 31-Mar-23 £
a) Donations & Legacies					
Gifts, Tithes & Offerings	5	11,545	-	11,545	33,031
Income Tax Recovered	5		-	-	-
		11,545	-	11,545	33,031
b) Investment Income					
Bank Interest	5	5,005	-	5,005	571
		5,005	-	5,005	571
c) Activities for Generating Funds					
Grants		240,609	149,351	389,960	317,182
Support Services					11,449
		240,609	149,351	389,960	328,631
d) Other Incoming Resources					
Services		38,735	-	38,735	35,635
Sundry Income		652	-	652	-
		39,387	-	39,387	35,635

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 24

4. RESOURCES EXPENDED

		Unrestricted Funds	Restricted Funds	Total 31-Mar-24	Total 31-Mar-23
	Note	£	£	£	£
a) Charitable Activities					
Administrative Expenses		612	180	792	1,084
Advertising & Publicity		-	158	158	-
Bank Charges		494	-	494	319
Direct Sporting Costs		26,338	606	26,944	518
Independent Examiners Fee		2,160	-	2,160	3,626
Other Operating Lease		-	-	-	30,000
Furniture & Equipment Hire		8,064	406	8,470	5,641
Welfare Costs		1,977	-	1,977	3,289
Insurance Costs		4,160	-	4,160	4,476
IT Costs		8,110	104	8,214	5,890
Office Costs		5,110	202	5,312	2,425
Professional Fees		7,470	-	7,470	3,633
Staff Costs	10	162,256	171,988	334,244	310,316
Staff Welfare		1,767	1	1,768	902
Subcontractor Costs		560	4,400	4,960	1,900
Subscriptions & Licenses		1,209	192	1,401	4,439
Sundry Expenses		1,015	42	1,057	1,045
Travel & Subsistence		1,930	428	2,358	1,366
Training		120	343	463	767
Utilities		11,020	-	11,020	13,546
		244,372	179,050	423,422	395,182

5. RESTRICTED FUNDS CURRENT FINANCIAL YEAR

	Balance 01-Apr-23	Income	Expenditure	Transfers	Balance 31-Mar-24
Advocate, Advice, Empower	69,451	61,435	112,360	(5,914)	12,612
Sport England	4,322	-	-	-	4,322
The City Bridge Trust	4,831	37,750	42,303	-	278
AFA Lotto	-	19,633	-	-	19,633
CRS 3 Lottery	-	16,155	6,931	-	9,224
Peoples Trust	-	10,038	17,456	-	(7,418)
TFL Walking & Cycling	-	4,340	-	-	4,340
Other	4,436	-	-	-	4,436
	83,040	149,351	179,050	(5,914)	47,427

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 24
PREVIOUS FINANCIAL YEAR

	Balance 01-Apr-22	Income	Expenditure	Transfers	Balance 31-Mar-23
Advocate, Advice, Empower	51,288	63,683	45,520	-	69,451
Sport England	4,322		-	-	4,322
The City Bridge Trust	4,034	21,583	20,786	-	4,831
Other	4,436		-	-	4,436
	64,080	85,266	66,306	-	83,040

6. CASH AT BANK AND IN HAND

	Unrestricted Funds	Restricted Funds	Total 31-Mar-24	Total 31-Mar-23
	£	£	£	£
Cash at Bank and in Hand	174,742	47,427	222,169	216,373
	174,742	47,427	222,169	216,373

7. DEBTORS & PREPAYMENTS

	Unrestricted Funds	Restricted Funds	Total 31-Mar-24	Total 31-Mar-23
	£	£	£	£
Trade Debtors	17,022	-	17,022	5,316
Accrued Income	30,963	-	30,963	10,621
Pension	-	-	-	-
	47,985	-	47,985	15,937

8. CREDITORS & ACCRUALS

	Unrestricted Funds	Restricted Funds	Total 31-Mar-24	Total 31-Mar-23
	£	£	£	£
Creditors	500	-	500	1,531
Ni and Paye	5,524	-	5,524	1,562
Independent Examination	2,160	-	2,160	3,626
Deferred Income	69,002	-	69,002	61,195
Accruals	6,722	-	6,722	625
	83,908	-	83,908	68,539

9. CREDITORS: AMOUNTS FALLING DUE IN MORE THAN ONE YEAR

Nil 2024, Nil 2023

10. STAFF COSTS AND NUMBERS

	31-Mar-24 £	31-Mar-23 £
Gross Wages and Salaries	303,448	286,917
Employer's National Insurance Costs	24,482	18,483
Pension Contributions	6,314	4,916
	334,244	310,316

Average number of employees for the year:

	31-Mar-24 Total	31-Mar-23 Total
Activity Leaders	3	3
Advice and Information	10	10
Management, Finance and Admin	2	2
	15	15

The Charity operates a PAYE scheme to pay all employed members of staff and no employees received emoluments of over £60,000. (2023:None)

11. RECONCILIATION OF MOVEMENT ON CAPITAL AND RESERVES

The Company is Limited by Guarantee (04204456) and is a Charity registered with the Charity Commission (1093818) and does not have a Share capital and has no income subject to Corporation Tax.

	31-Mar-24 £	31-Mar-23 £
Profit / Deficit for the financial year	22,474	2,686
Other Recognised Gains	-	-
	22,474	2,686
Balance Brought Forward	163,772	161,086
Closing Funds at 31st March 2024	186,246	163,772

12. DIRECTORS AND OTHER RELATED PARTIES

No payments were made to directors or any persons connected with them during this financial period. No material transaction took place between the organisation and a trustee or any person connected with them.

Partnerships




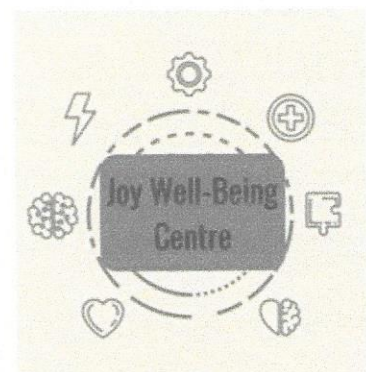
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