

AMBER VALLEY STROKE GROUP

England & Wales · Charity number 1093663

Details

Status Registered

Legal form Other

Registered 2002-09-02

Register [View on the Charity Commission register](#)

Contact

Address 5 Beech Close
Belper
Derbyshire
DE56 1LQ

Phone 07498956811

Email tc.shiels@avsg.co.uk

Website www.avsg.co.uk

Activities

Objects: TO RELIEVE PERSONS SUFFERING FROM STROKE BY THE PROVISION OF SUPPORT, ADVICE AND RECREATIONAL FACILITIES TO SUCH PERSONS AND THEIR CARERS, IN THE INTEREST OF SOCIAL WELFARE SO THAT THEIR CONDITIONS OF LIFE MAY BE IMPROVED.

Activities: to hold meetings fortnightly with entertainment and occasional outings to local venues to promote a convivial and friendly atmosphere for local stroke victims

Classification

- **How:** Provides Human Resources
- **What:** Disability
- **Who:** Elderly/old People, People With Disabilities

Geography

- **Area of benefit:** AMBER VALLEY, DERBYSHIRE
- Derbyshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£5,545	£23,041	-	-
2024-03-31	£26,925	£18,647	-	-
2023-03-31	£13,738	£13,686	-	-
2022-03-31	£16,316	£10,369	-	-
2021-03-31	£1,440	£1,850	-	-

Trustees

Name	Role	Appointed
MARY ROBINSON		
Terry Charles Shiels		2022-05-20
ian grundy		2013-10-01

AMBER VALLEY STROKE GROUP

England & Wales - Charity number 1093663

Accounts



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

Trustees' Annual Report for the period

From 01/04/2023 period start date. To 31/03/2024 period end date.

Charity name: Amber Valley Stroke Group

Charity registration number: 1093663

Objectives and Activities

Summary of the purposes of the charity as set out in its governing document		The Charity's objects are to relieve persons suffering from stroke by the provision of support advice and recreational facilities to such persons and their carers, in the interests of social welfare so that their conditions of life may be improved.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.		<p>Our main activities are the bi-weekly meetings for our stroke survivor members and their carers, to socialise with like-minded people and where we provide a variety of activities from speakers and entertainers to crafting sessions of different sorts, general knowledge and music quizzes to karaoke.</p> <p>We also arrange monthly outings for them to places like the pantomime, a canal or train trip. Museums and the theatre.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit		Our trustees are kept abreast of any new guidance issued by the commission by the secretary as and when it arises.

Achievements and Performance

<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>		<p>We have achieved our objectives with the various activities and services provided and greatly improved the general wellbeing and mental health of members and their carers. We regularly get told by members how coming to the group meetings and on te outings has changed their lives for the better.</p> <p>We regularly publicise our meetings and outings on social media, which gives society a window into how we are benefiting our members. This in turn creates a positive vibe in those that follow us on social media, and they pass that on to family and friends in the wider community.</p>
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Additional information

<p>Performance of fundraising activities against objectives set</p>		<p>We don't have fundraising objectives set, but if we did, our performance in this area would prove very successful.</p>
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Financial Review

<p>Review of the charity's financial position at the end of the period</p>		<p>We are in a good position financially at the end of this financial year due to the successful application for funding from the national lottery local community fund to the value of £20,000 plus existing funds of £2884.17</p>
<p>Statement explaining the policy for holding reserves stating why they are held</p>		<p>We have always tried to hold decent reserves to cover at least 3 to 4 months of operations until new grants or fundraising ha completed.</p>
<p>Amount of reserves held</p>		<p>The reserves usually are around £4000, but this year we are down to just under £3000 which we could just cope with</p>
<p>Reasons for holding zero reserves</p>	<p>Para 1.22</p>	<p>N/a</p>
<p>Details of fund materially in deficit</p>	<p>Para 1.24</p>	<p>N/a</p>
<p>Explanation of any uncertainties about the charity continuing as a going concern</p>	<p>Para 1.23</p>	<p>None</p>

Additional information

		<p>Our main source of funding for our outing activities is the national lottery. Other</p>
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The charity's principal sources of funds (including any fundraising)		funding is through membership and our own fundraising activities
Investment policy and objectives including any social investment policy adopted		We don't have sufficient income to consider investments. All we have is a basic charity savings account where we keep the bulk of our funds to gain maximum interest possible, especially on the lottery funding. Funds are transferred to the current account on an as needed basis as bills arise.
A description of the principal risks facing the charity		The main risk would be loss of funding from the lottery as this allows us to run the outings program. However, they are not the only funding provider, so we would endeavour to find another similar to carry on our current program of activities.

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)		Constitution
How is the charity constituted? (e.g. unincorporated association , CIO)		Unincorporated institution
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees		Trustees are canvassed by the executive management committee prior to our AGM and then voted in to office by the membership

Reference and Administrative details

Charity name	Amber Valley Stroke Group
Other name the charity uses	
Registered charity number	1093663
Charity's principal address	5 Beech Close Belper Derbyshire DE56 1LQ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mr Ian Grundy	Chairman		Management committee
2	Mrs Mary Robinson			“ “ “ “ “ “
3	Mr Terry Shiels	Treasurer		“ “ “ “ “ “
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Corporate trustees – names of the directors at the date the report was approved

Director name		
None		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
None		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	None
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	None

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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	None	

Name of chief executive or names of senior staff members (Optional information)

None

Exemptions from disclosure

Reason for non-disclosure of key personnel details

None



Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Mr I Grundy	Mr T Shiels
Position (eg Secretary, Chair, etc)	Chair	Treasurer
Date	25/01/2025	

Receipts	£	£	£
Balance at 1st April 2023	£	196.73	
Cash in hand	£	385.50	
Current account	£	14,023.54	
Savings account	£	14,605.77	
Interest received on savings account	£	83.98	
Members' contribution/Deposits to outings	£	534.50	
Members' subscriptions	£	459.00	
Members' transport money collected	£	346.00	
Raffles at meetings etc	£	501.50	
Tea and biscuits	£	429.00	
Miscellaneous items (sale of cabinets)	£	105.00	
GRANTS, DONATIONS & FUNDRAISING:	£	2,375.00	£ 2,458.98
Collections this	£	178.35	
collections/Hamper Raffle	£	327.19	
Lottery grants & donations, Paypal, Google, Amazon	£	23,959.95	
	£		£ 24,465.49
			Total Receipts £ 26,924.47

All records relating to this balance sheet have been checked by a member of the executive management committee and an independent person in all respects, with assistance of the treasurer.

Date: 25/11/24 Date: 24/11/24
 Signed 1: *Mr Penny* Signed 2: *Mr T Shields*
 Name: Mrs. C. Penny Name: Mr. T. Shields
 Date: Date:
 Signed 3:

Name: Mrs C Watson *Watson* Receipts Ttl £ 41,530.24
 Group Assets £1,780.00 Group finances

Expenses	£	£	£
Catering	£	246.83	
Christmas & Birthday party	£	119.71	
Coronation Party	£		
Outings refunds	£		
Rent	£	504.00	
Website Fees	£	575.37	
Advertising Fees	£		
Secretary's expenses	£	279.49	
Mobile Phones	£	96.00	
General Transport	£	3,720.00	
Outings Transport	£	4,340.00	
Outings Meals	£	1,604.10	
Outings Venue	£	3,237.56	
Misc Inc Stroke Association	£	1,336.77	
Mileage claims T Shields	£	258.02	
Insurance & License Fee's	£	526.04	
Training	£	594.00	
Entertainers /Speakers	£	474.00	
Postage/Printing	£	187.48	
Activity Materials etc	£	209.36	
Taxis for members	£	137.34	
Access Cards	£	200.00	
			Total expenses £ 18,279.53

At 31st March 2024
 Cash in hand £ 152.02
 Current account £ 219.53
 Savings Account £ 22,512.62
 Ttl Income including grant monies £ 26,924.47
 Ttl expenses £ 18,646.07
 Difference £ 8,278.40
 Total Lottery Spend 23/24 **£ 12,901.66** overspent by £2901.66
 Expenses Ttl £ 41,530.24
Total Assets £ 24,664.17

Diff £0.00



Section A Independent Examiner's Report

Report to the trustees	The Amber Valley Stroke Group		
On accounts for the year ended	31 st March 2024	Charity no (if any)	1093663
	Set out on pages		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 03 / 2024**.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £25,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete [] if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* *Please delete the words in the brackets if they do not apply.*

Signed:  **Date:** 28/01/2025

Name: Kevyn Meegan

Relevant professional qualification(s) or body (if any):

Address: 49 Cleveland Road, Stonebroom, Alferton, Derbyshire, DE55 6JF

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

There is a discrepancy of £194.60 between the opening balance for the Current Account (Lloyds Bank) within the AVSG Account 23-24 spreadsheet and the Lloyds Bank Account Statement for the 1st April 2024. On further inspection, I can see that this is made up of 3 transactions from the previous financial year, £50 paid to Derby Museums (shown as a debit on the 3rd April 2023), £100 for cheque number 000678 (shown as a debit on the 3rd April 2023) and a £50 Paypal payment (debited on the 4th April 2023). This leaves a balance of £5.40 which is dealt with via a correction to the account balance on the 12th May 2023 (in the cashbook).