

# Hela Sarana

**U.K. Registered Charity Number: 1093504**

18 Haydon Road, Dagenham, Essex, RM8 2PA

secretary@helasarana.org

[www.helasarana.org](http://www.helasarana.org)



**Minutes of the 28<sup>th</sup> AGM held on the  
of November 2024**

**2<sup>nd</sup>**

**Venue: Becket Center, Woodford Green, IG8 0SG**  
**Time -17.30-23.00hrs**

**Sri Lankan Government Representation-** Mr Sameera Dayasekara, First Secretary on behalf of the Sri Lankan High Commissioner in the UK.

**Keynotes Speaker-** Professor Samanmali Sumanasena, MBBS, DCH, MSc, MD , FRCPCH (UK)  
Professor in Paediatric Disabilities, University of Kelaniya, Sri Lanka

Mr Jayantha Silva incumbent President of Hela Sarana welcomed the distinguished guests, representatives of Sri Lankan Professional organisations, charity organisations, members of Hela Sarana and their guests.

Dr. Jayantha Perera General Secretary of Hela Sarana presented the minutes of the 27<sup>th</sup> AGM to the audience. The minutes were proposed as correct by Dr Saman Perera and Seconded by Mr Methsiri Wijeratne.

Dr. Jayantha Perera then presented the Secretary's report for 2023-2024 AGM Year.

He highlighted Completed Projects for 2023-2024 AGM year.

- **Infrastructure project.** - Main school hall extension Sariputta Primary School, Matale. Value - £3,043.00 (Rs 1,154,165.00) (money allocated from the Late Mrs. Florence De Silva Memorial Fund)
- **Distribution of Education aids and school shoes.** On the 4th of January 2024, Hela Sarana donated one year's

worth of school exercise books and a DSI shoe voucher to 60 selected needy students (grade 6-13) from Ampara schools. The event was held at Uksiripura Vidyalaya Ampara, organised by the Principal Athimale Ananda Thero and Mrs. Udeshika Gunawardena. The total cost for the books and the shoe vouchers were Rs. **345515 (£842)**.

- **Promoting Emotional Resilience and a Sense of Safety through Music for Children Exposed to ACEs - Singithi Sevana project.** Hela Sarana funded of a Music teacher to teach children music weekly at Singithi Sevana in Kandy. The cost for the year was Rs.97,200.00. Dr. Jayantha Perera shared with the audience the letters of appreciations from the organization and the achievements of these looked after children. The project will continue for another year.
- **Provision of Medical aid in Collaboration with Hospital Services Council Charity Sri Lanka .** Dr Shirmila Withana & Venerable Rajawalle Subhthi Thero . collaborated with Hela Sarana. Freight Charges -at a cost of £2355.00 for Shipment of Medical & Ancillary equipment to Hospital Services Council Charity Sri Lanka in Sri Lanka was born by Hela Sarana .
- The equipment shipped was delivered to
- National Respiratory Center Welisara.
- Hospitals in
- Colombo
- Polonnaruwa
- Kurunegala
- Puttalama
- Moneragala
- Kandy

Photographs of handing over the equipment was shared with the receptive audience.

### **Hela Sarana Individual Member Projects**

- Improving the knowledge base in Paediatric disability among Community Paediatricians in Sri Lanka. (Dr. Jayantha Perera)

- Training Community Paediatricians on how to use Ultrasound guided Botox administrations to reduce spasticity in children with Cerebral palsy. Dr. Saman Perera Hela Sarana Vice President provided the training at Ayati center-The national center for Paediatric disabilities in Sri Lanka.
- Raising funds (Rs 200,000) and providing dry rations for 30 people who were in desperate need at Kuruwita, in the Ratnapura District-(Project was jointly led in the UK by Mrs. Irie Perera at Hela Sarana and Gunnepane Sumanarama Thero head Monk at Edmonton Samanthi Meditation Center.)
- The portfolio projects were presented by the project leads of the respective committees after the election of the new committee which was preceded by the Treasurer's report.

Mr Methsiri Wijeratna the treasurer of Hela Sarana presented his financial report for AGM year 2023-2024. He shared with the audience the audited accounts report by the independent examiner of Actar Ellis Brown & Company. Accounts were adopted. Proposed as correct by Mr. Leslie Dep and seconded by Dr. Jeevanee Jayawardena.

The committee resigned enblock.

Mr. Janaka Alahapperuma oversaw the election of the proposed new committee which was elected unopposed.

### **The New Committee**

- President -Mr. Jayantha Silva
- Vice President -Dr. Saman Perera
- Secretary- Dr. Jayantha Perera
- Joint Treasurers - Mr. Methsiri Wijeratna
- General committee  
Mr. Leslie Dep, Mr. Asoka Bollegala, Dr. Palitha Serasinghe, Mrs. Irie Perera, Dr. Jeevanee Jayawardena, Mr. Aruna Perera, Dr. Kanthi Jayawardana, Miss. Sayuri

Serasinghe, Mr. Nevomal Fernando. Mr. Saman Ranasinghe

### **Presentations of the Portfolio projects**

1. **Education Grants** - Mrs. Irie Perera, Project lead on behalf the Education Grants Committee delivered the statistics and performance update for the AGM year 2023-2024.

This project started in 2024 is coordinated by two teams working together - **The UK team** Mrs. Irie Perera .Dr. Jeevanee Jayawardena and Dr Kanthi Jayawardena

**SL Team** Mr. Lakshman Wijesekara,( Administrator), Mr. Chandrasiri Liyanage and Mrs Devaki Gomez

In 2024 a total of 70 students received educational scholarships under the main programme. 24 secondary education and

pre-OL students, 23 AL Students and 23 university students.

Already plans are drawn to provide grants to 50 more students informed Mrs Irie Perera.

She shared with the audience, the positive feedback from students,

teachers, and parents, and special thank you to Hela Sarana from two female students who graduated this year with a 2nd class honours BA in Education & a second class upper in Psychology respectively.

Mrs Irie Perera explained to the audience how the other group of children with additional needs are sponsored with the individual donors. Meth Sevana Special need school update was discussed separately by Dr. Saman Perera Vice President of Hela Sarana.

A special bouquet of flowers was presented to Mrs Mala Polpitiye, the previous project lead of the Education grants Committee during the AGM as an appreciation of her years of dedicated work for the needy.

**2.Breakfast Project-** Mr. Jayantha Silva presented the update on our daily breakfast programme at the Anuradhapura Hospital Renal unit for patients undergoing dialysis treatment. The programme is entering its 13th year in 2025. Every day without fail a nutritious meal and a bottle of clean water, at a cost of £20/day with has been provided by Hela Sarana over the last 12 years. The president made a passionate appeal to the audience to come forward not only to support the programme but to promote the immense value & virtues of the programme to many hundreds of most vulnerable patients among friend & relatives.

**3.Methsevana Special needs school Project-** Dr Saman Perera provided an update on the activities of Methsevana School (Established 2008) @ Kobbawala Sri Priyadharshanaramaya (Nr Gampola). He went on to explain to the audience 15 persons with learning disabilities are enrolled at the school whose learning, vocational training activities are supported by 2 Full time & 1 part time teacher. The current ongoing costs were £220 (LKR 84,000/month) for the salaries of the teachers and transport (school bus) for the children. He appealed to the audience to support the project with the above costs' educational material, clothes and food for majority of children who were very poor.

### **Individual member projects.**

The secretary Dr. Jayantha Perera highlighted the completed projects below.

- Improving the knowledge base in Paediatric disability among Community Paediatricians in Sri Lanka. (Dr. Jayantha Perera). This project is ongoing.

- Training Community Paediatricians on how to use Ultrasound guided Botox administrations to reduce spasticity in children with Cerebral palsy.(Dr. Saman Perera)
- Raising funds (Rs 200,000) and providing dry rations for 30 people who were in desperate need at Kuruwita, in the Ratnapura District-(Project was jointly led in the UK by Mrs Irie Perera at Hela Sarana and Gunnepane Sumanarama thero head Monk at Edmonton Samanthi Meditation Center.)

**Keynotes Speaker-** Professor Samanmali Sumanasena, MBBS, DCH , MSc, MD , FRCPCH (UK)Professor in Paediatric Disabilities, University of Kelaniya, Sri Lanka delivered the key note speech on **Building Dreams for Children with Learning and Development Challenges in Sri Lanka.**

She explained to the audience the prevalence of Paediatric disability in Sri Lanka, current service structure and provision, gaps in the service. She spoke about the establishment and development of the National Center of Paediatric disability (AYATI), the dedicated multi-disciplinary staff who manage the services and the need for future collaborations.

Dr. Jayantha Perera who visited the center in 2023 expressed the need for provision of material for developmental assessments and requested the audience to come forward to help.

Mr. Jayantha Silva President of Hela Sarana thanked Prof Samanmali for accepting the Invitation of Hela Sarana to enlighten the audience of this area of health.

This was followed by a Buffet dinner.

The Vision for 2024-2025 was delivered by the President of Hela Sarana Mr. Jayantha Silva who identified the following projects for completion in the year2024-2025.

1. Fund raising for Purchasing two Dialysis Machines for Anamaduwa hospital.
2. To Commemorate the impact of the Tsunami Tragedy-75 children of Tsunami Families will receive Books and other Educational aids worth Rs 6000 each.

3. **Sanitation and Hygiene project 2024-2025**-providing toilets, washbasins and clean water to 200 Children attend the Sunday school at Dharmawardanaramaya, Galana, Gamploa.
4. 75 Educational Packs to children attending schools in a rural Village Community in Ampara -At a cost of Rs 450,000 Rupees/= (equivalent to £1200.
5. Facilitating care of the Elderly
6. 20<sup>th</sup> year commemoration of the Tsunami Tragedy @ the High Commission of Sri Lanka with their collaboration

Mr Nevomal Fernando who organised the raffle completed the draw with the help of the EXCO and the audience after the President's speech.

The evening was further enriched by musical performances from Mr. Ruchi Perera, Mrs Dilhani Jagodage, Miss Sayuri Serasinghe,

Ms Upeksha Wickramaratne, creating a memorable atmosphere of cultural connection and nostalgia.

The event was closed by Mr Jayantha Silva by thanking all committee members and the project team in Sri Lanka, led by Mr. Lucky Lakhi Wijesekera, Mr Chandrasiri Liyanage, and Mrs. Devaki Gomez, for their dedication and tireless efforts.

He also expressed deep gratitude to the donors whose support has enabled Hela Sarana to make a lasting impact specially during the challenges of the COVID-19 pandemic and Sri Lanka's subsequent economic crisis.

Mr. Silva highlighted the ongoing commitment of the charity's supporters, which has made these positive changes possible also reached out to other Sri Lankan Charities here in the UK for a collective & a collaborative approach to address many challenges faced by rural communities and for their greater good and requested the audience to come forward with their initiatives for humanitarian projects to develop a constructive dialogue with Hela Sarana to bring many such project to fruition

Minutes of the 28<sup>th</sup> Annual General Meeting was written by Dr. Jayantha Perera

Secretary of Hela Sarana.  
Secretary @helasarana.org  
**www. Hela sarana.org**

**signed**

CONFIDENTIAL



**Report of the Trustees and**  
**Unaudited Financial Statements For The Year Ended 30 September 2024**  
**for**  
**Hela Sarana**

Actar Ellis Brown & Co  
Security House  
7-8 Sevenways Parade,  
Woodford Avenue, Gants Hill,  
Ilford  
Essex  
IG2 6XH

**Contents of the Financial Statements**  
**For The Year Ended 30 September 2024**

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## **Hela Sarana**

### **Report of the Trustees**

#### **For The Year Ended 30 September 2024**

The trustees present their report with the financial statements of the charity for the year ended 30 September 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

#### **Governing document**

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

### **REFERENCE AND ADMINISTRATIVE DETAILS**

#### **Registered Charity number**

1093504

#### **Principal address**

18 Haydon Road  
Dagenham  
Essex  
RM8 2PA

#### **Trustees**

A J Bollegala  
Mrs M Polpitiye (resigned 30.9.24)  
Dr S D Perera  
W L P Dep  
M Wijeratna  
R J Silva  
Dr P Serasinghe  
Mrs I Perera  
Dr. S Perera  
G A Perera  
Dr. J Jayawardene

#### **Independent Examiner**

Actar Ellis Brown & Co  
Security House  
7-8 Sevenways Parade,  
Woodford Avenue, Gants Hill,  
Ilford  
Essex  
IG2 6XH

Approved by order of the board of trustees on .....1st Nov 2024..... and signed on its behalf by:

R Jayantha Silva

.....  
R J Silva - Trustee

**Independent Examiner's Report to the Trustees of  
Hela Sarana**

**Independent examiner's report to the trustees of Hela Sarana**

I report to the charity trustees on my examination of the accounts of Hela Sarana (the Trust) for the year ended 30 September 2024.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Sylvein Pinto FCCA, ACMA

Actar Ellis Brown & Co  
Security House  
7-8 Sevenways Parade,  
Woodford Avenue, Gants Hill,  
Ilford  
Essex  
IG2 6XH

Date: .....23.10.24.....

## HELA SARANA

### Statement of Income & Expenditure for the Year Ending 30th September 2024

	£	£
<b><u>Income</u></b>		
Regular Donations via Standing Orders	13,712.00	
Other (ad-hoc) Donations	1,740.00	
Just Giving	7,157.05	
CKDU - Breakfast Programme	640.00	
Supply of Dialysis Machine to Anamaduwa Hospital Appeal	3,567.24	
Bank interest	462.22	
<b>Total Income for Year 2023- 2024</b>		<b>27,278.51</b>
<b><u>Expenditure</u></b>		
Accountancy Fees 2023	480.00	
Web Maintenance Charges	357.89	
Zoom Licence Fee	143.88	
Euro Traders / 40ft Container Shipment Charges	2,355.00	
Just Giving Subscription Charges	162.00	
Meth Savana Gampolla Teachers Salary	1,516.80	
Maha Nuwara Singithi Sevanna	241.82	
Transfer to SL Account for Projects (Breakfast & Scholarships)	12,020.00	
Monthly Bank Charges (Barclays + BOC)	121.60	
Extension Works to Main Hall Building - Sariputta School, Matale	3,145.77	
AGM Hall Hire 2024	336.25	
<b>Total Expenditure for the Year 2023-2024</b>		<b>20,881.01</b>
<b>Net Income over Expenditure for the Year 2023-2024</b>		<b>6,397.50</b>

### Balance Sheet as at 30th September 2024

#### **Assets**

Barclays Current Account	28,377.52
Barclays Premium Account	34,480.93
BOC Savings Account	997.02
BOC Fixed Deposit	22,253.45
<b>Total Assets</b>	<b>86,108.92</b>

#### **Funds**

Income over Expenditure for the Year	6,397.50
Balance Brought Forward from 1st October 2023	79,711.42
<b>Total Funds</b>	<b>86,108.92</b>

Methsiri Wijeratna  
Trustee and Treasurer

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