



United for needy in Sri Lanka since 1996
Hela Sarana
UK Registered Charity No: 1093504

55 Herent Drive
Clayhall, Essex IG5 0HE
United Kingdom
Tel: 02085543387
E-mail: secretary@helasarana.org
Website: www.helasarana.org

Minutes of the Hela Sarana 26th Annual General meeting held on 12.11.2022.

The 26th Annual General Meeting of Hela Sarana (UK CHARITY - NO. 1093504) was held on the 12th of November 2022 between 2.00-4.00 pm on a virtual platform.

The guest of honour was Mr. Aruna Fernando, Minister Administration and Consular, High Commission of Sri Lanka.

The keynote address was by Dr. Udana Ratnapala, Secretary of The College of Nephrologists of Sri Lanka on Chronic Kidney disease, and its impact in Sri Lanka's wellbeing.

Distinguished members from the Association of Professionals of Sri Lanka (APSL),

Sri Lanka Leukemia Foundation UK (SLLFUK), Sri Lanka Medical And Dental Association (SLMDA), Friends Of Sri Lanka United Kingdom (FOSLUK), Council of SriLankan Muslim Organisations UK (COSMOS UK), Medical Aid to Sri Lanka, President Of The Peradeniya Kidney Protection society, Executive members of Hela Sarana members and well-wishers of Hela Sarana all logged in via circulated digital links.

The President Mr Jayantha Silva welcomed the virtual audience with the traditional greeting of “Ayubowan” in Sinhala and “a very good afternoon, good morning / evening in English” to all the participants who joined us from different time zones.

One minute silence was observed as a mark of respect to **Her late Majesty Queen Elizabeth II** and to honour our most respected founder & the visionary leader late Mr Raja Meehitiya, and other departed executive committee members, friends, supporters, & victims of the pandemic.

Mr. Jayantha Silva accorded a very warm welcome to Mr. Aruna Fernando (Minister Administration & Consular) representing her Excellency Mrs. Saroja Sirisena the High Commissioner for the Democratic Socialist Republic of Sri Lanka in the UK, our Guest Speaker Dr Udana Ratnapala, our Honorary Patron Mrs. Lalitha Meehitiya, representatives from well-respected Charity and other Organisations, all our sponsors, donors, fund raisers, supporters, and the executive committee members past & present.

Minutes of the 25th Anniversary Annual General meeting was presented by Dr. Jayantha Perera, General Secretary of Hela Sarana. This long report covered the Portfolio projects such as the Education Grants/Scholarships and the Breakfast project for renal dialysis patients at Anuradhapura

hospital but also the humanitarian projects covered during the phase one and phase two covid 19 projects, the emergency medical aid to hospitals, financial support to schools and the 25th Anniversary milestone project- Promoting Sustainable Development through the Solar Village concept. Dr. Jayantha Perera thanked the entire Executive committee of Hela Sarana and Fundraisers for their magnanimous effort during the challenging times and said without which the array of completed projects could not have been possible.

The minutes was adopted.



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The Treasurer's report was presented by Mr. Methsiri Wijeratna which included the certified audited accounts report completed by Mr. Sylvien Pinto and was adopted.

Education Grant Committee report was then presented by Mrs Irie Perera on behalf of the committee to update on the activities in the AGM year. Mrs Irie Perera described the challenges the Education Grant Committee is facing during the post pandemic situation. She emphasised to the audience the effort the Sri Lankan Coordinators took to deliver the grants to the recipients.

The Emotive video messages from several of them expressing the difference the grants made to their quality of life by supporting their education was a great message to the audience and the donors to this esteemed programme.

It was emphasised that the cost and the number of children needing the Education Grants may go up. Mrs Irie Perera thanked the Present Committee and the Sri Lankan Coordinators for all the hard work they have done during the AGM year.

The next item on the agenda was to appoint the new committee. The entire Committee for 2021-2022 resigned enbloc.

Mr. John Kern (Past President Srilanka Leukemia Foundation UK) acted as the returning Officer to oversee the appointment of the new Committee. The new committee below was elected unopposed.

President -Mr. Jayantha Silva

Vice President -Dr. Saman Perera

Secretary- Dr. Jayantha Perera

Joint Treasurers - Mr. Methsiri Wijeratna and Mr. Felix de Alwis Jayasinghe

General committee

Mr. Leslie Dep, Mr. Asoka Bollegala, Dr. Palitha Serasinghe,

Mrs. Irie Perera, Dr. Jeevanee Jayawardena, Mr. Aruna Perera,

Dr. Kanthi Jayawardana, Mr. Ruwan Wijeratne, Miss. Sayuri

Serasinghe, Mr. Nevomal Fernando.

Mr. Jayantha Silva the incoming President of Hela Sarana delivered his speech to the audience in his eloquent best.

He mentioned "Whilst it is important to capture our humanitarian & charitable endeavors over the last 12 months, being very conscious of the time frame to convey the relevant information and facts which he considered vital he will only touch upon our achievements over the last 12 months, the portfolio projects, and the sustainable community development project.

He went on to say, *"Please allow me to elucidate on the work we had undertaken over the last twelve months. With a gradual lifting of lockdown measures and moving towards a relative degree of normality with optimism and confidence following the pandemic, the Island nation was struck by an unprecedented financial tragedy of cataclysmic proportion and dived into an economic nadir leading to unimaginable strain on every spectrum and*



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aspect of society & public life to face an uncertain future. Island's national health service was one of the main casualties bearing the brunt as one of the worst hit areas without essential & vital life-saving drugs and medicine to treat hundred and thousands of seriously ill patients. With the desperate appeals for help emanating from the medical profession and the health ministry for immediate assistance to save lives, Helasarana, like many other Sri Lankan Charity organisations here in the UK and across the world, rose to the challenge and leapt into action by committing £10,000 from our general reserves with immediate effect. The unanimous EXCO resolution and a decision to launch "MedAid 22" Appeal followed raising almost £10,000."

The following is a list of our medical relief measures in support of some of the hospitals & other institutions who had contacted us directly.

Medical Relief to Hospitals

- Essential Medicine for Intensive Care & Vital injections for Cardiac & Diabetic
- Patients, and urinary Catheters to Negombo Hospital for at a total Cost of £4800
- Peritoneal Dialysis Solution Bags to Peradeniya Teaching Hospital a Cost of £2500
- Peritoneal Dialysis Solution Bags to Badulla General Hospital a Cost of £2500
- Peritoneal Dialysis Solution Bags to Anuradhapura Teaching Hospital at a Cost of £2500
- Reagents for Cancer Diagnosis to the College of Pathology at a Cost of £2050
- Clinical Diagnostic Equipment for Paediatric Cardiac Care to Lady Ridgeway

- Hospital at a Cost of £3710.
- Drugs & Medicine requested by Teldeniya Base Hospital at a Cost of £1550
- Vital Injections to Badulla Hospital (specifically requested by the donor Dr Abhaya Perera) at a cost of £500
- Vital Cancer Treatment Injections to Apeksha Cancer Hospital (In collaboration with Sri Lanka Leukaemia Foundation) at a Cost of £1500
- Donation to YMBA Maharagama Branch for their ongoing welfare & Care provision to Cancer Patients and immediate families & Other Programme £500

Our total Medical Aid Expenditure for 2022 is more than £22,500.

Additional Projects: Flood Relief & Educational Projects

- Provision of Dry Ration to Flood Victims in Beligodapitiya - Rambukkana
Via Beligodapitiya Baptist Church at a cost of £900
- Refurbishment and Upgrade of Computer / Media Room at S De S Jayasinghe
Central College-Dehiwala at a cost of £800

Mr Jayantha Silva said, "We are indebted to Mr Gamini & Mrs Nalini Jayasinghe for fully funding this project and for their continued assistance to Hela Sarana over the years".



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Breakfast Programme: For patients undergoing dialysis treatment at Anuradhapura Teaching Hospital.

This is one of the most deserving humanitarian projects in our calendar.

"Though the project commenced as a pilot programme just for one year following a request from the then Head of the Nephrology unit at the hospital, 10 years on, the programme continues to this day in view of the immense benefit to the patients who are some of the poorest in the region." **Entering the 11th year in 2023 the annual cost of the project will exceed £10,000 due the prevailing economic climate.**

The President of Hela Sarana appealed to the audience stating, "Whilst we are desperate to continue despite the financial challenges, this is only tenable with your continued support."

I, therefore, continue to appeal most earnestly as on every previous occasion and urge your assistance and make a plea to our existing sponsors to continue, and everyone present here to come forward to support the scheme. It costs just £20/ day or Rs 4000 /day to provide a

meal & clean water to 30+ patients, the rate which has been maintained throughout the entire time. Please consider the value & benefits of this programme to the most vulnerable patients and get involved & promote the essence of the programme among your family and friends to elicit much needed support. Every EXCO member is at hand to assist you in any aspect of the programme.

Community Development Solar Project at Tissapura Kanishta Vidyalaya in Monaragala

Mr Jayantha Silva provided a progress report and a performance summary of the project which was completed last year. He Thanked all participants and recognised the roles played by the project sponsor Mr Gamini & Mrs Nalini Jayasinghe, project initiator Professor IM Dharmadasa, and the coordinator of the project in Sri Lanka Dr Hansika Atapattu Head of Dept, Faculty of Technology- University of Colombo who attended the AGM. He mentioned *"Despite very difficult & trouble times during 2nd & 3rd quarters of this year, this project had generated a revenue of Rs103,000 during the first 12 months of its operation (up to 31st Oct 2022) from the CEB net plus scheme, offering Rs 30,000 and Rs 79,000 for school & community development project respectively (based on the agreed 30 / 70 criteria adopted by the VMC). Rs 9,900 had been expended for the school prize giving as a school development project, leaving a balance of Rs 20,100 to be utilised for other related project(s).*

A drinking water filtration unit is planned for the school and will to be installed shortly subject to prevailing condition. The Village Management Committee will consider viable community development projects from Rs 79,000 available and a project report is expected in the coming months. The details presented herein clearly demonstrates the value of "Sustainable Community Development Projects" to bring much needed stability, empower and encourage members of the community to take decisions to improve their living standard, acquire long term benefits, promote togetherness for the welfare of the village and live in harmony. He said "I hope you are convinced as we are at Hela Sarana this is a success story and a way.



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Mr.

Jayantha Silva touched on the £15,000 donation from Mrs. Aruni De Alwis's for education projects from late Mrs. Florence De Silva's estate. The extremely difficult operating environment we encountered over the last 12 months made it near impossible *possible* to undertake any tangible educational projects from the remaining funds. *On behalf of HS, he extended his sincere apologies to Mrs. Aruni De Alwis. He Concluded However, I am delighted to confirm that new educational projects have been identified for 2023."*

Dr. Jayantha Perera Listed the New educational projects under the new project proposals for 2022-2023.

Health Projects

- Medical Aid 2023- ongoing medical needs
- Hela Vision Cataract Project

New educational projects -Improving IT skills

- 15 Computers Tables and Chairs for Mahallupallama Maha Vidyalaya Mahallupallama. (Government has just provided 10 computers to add on to the current 5) – quotations received- Bid analysis done.
- Computer, monitor and photocopier for the Apostolic Carmel School, Maharagama. Total of Rs 237000/ including delivery.
- Food aid to school children
- Fund raising

Dr Jayantha Perera Invited *Minister* Administration and Consular Mr Aruna Fernando who represented her excellency Mrs. Saroja Sirisena Our High Commissioner in the UK to address the AGM.

Mr Aruna Fernando was delighted to convey the appreciation of the Sri Lankan High Commission of our activities once again. He mentioned Hela Sarana was leading light in the sphere of upliftment of wellbeing.

Mr. Jayantha Silva invited Dr Ratnapala Consultant Nephrologist at Badulla Provincial Hospital the incumbent Secretary for Sri-Lanka Society of Nephrology & the President of UVA Clinical Society and member of The National Transplant Advisory Council – Ministry of Health, The International Society of Nephrology, Sri-Lanka Medical Association, Ceylon College of Physicians, Badulla General Hospital Ethical Review Committee, and a Reviewer for UVA University Ethical review Committee to Give his **Key Note Address Chronic Kidney disease, and its impact in Sri Lanka's wellbeing.**

The Keynote address was well received and generated lots of thought and ideas which helped to seamlessly move to the Q& A sessions on the Virtual platform.

This was the first instance Hela Sarana members, Donors, and recipients of donations engaged in a live interacting forum in our AGM. The Q&A gave a boost to our quest to uplift the quality of life of the deprived and the destitute.



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Mr.

Jayantha Silva in his vote of thanks on behalf of Hela sarana EXCO conveyed our appreciation and gratitude to all our sponsors, numerous donors, supporters, well-wishers, and several Key contributors to Hela Sarana cause over the last 12 months and everyone who helped to raise funds for “Medaid 22” Appeal.

In this regard the significant financial contributions made by Anil Kurukulasuriya & Mr Alex McHardy of West Essex Golf Club from their annual golf day fund-raising event, Mrs Mrs. Mala and Mr. Wije Polpitiya for nominating Hela Sarana to receive donation in their golden wedding anniversary event, Dr Saman Perera (HS Vice President) and his family for donation in memory of their late mother Mrs. Kalyani Princey Perera, Mrs Enoka Amendra for her tireless efforts to raise money through Barclays Bank charity arm was acknowledged.

Mr. Jayantha Silva also thanked Srini Nisar President Sri Lanka Leukaemia Foundation for the collaborative work for Apeksha Cancer Hospital, APSL(UK), President Mr. Thushara Madurusinghe and the executive committee for their continued cooperation, all other Sri-Lankan charity organisations in the UK supporting our initiatives, Mr Bandula Manage of (Sesatha web publications), and our accountant Mr Ranjan Pinto of Actar Ellis Brown.

Mr Jayantha Silva said, " I am truly indebted and extend my appreciation, gratitude, and special thanks to the unparalleled dedication, wholehearted commitment, & the continued support of the EXCO and our team in SL headed by Mr Lucky & Mrs Kanthi Wijesekera & and the coordinators, Mr Wickremasinghe, Mr Chandrasiri Liyanage, Mrs Hema Amerakone, and Mrs Devaki Gomez.

He thanked Mr. Aruna Fernando representing her excellency Mrs. Saroja Sirisena Our High Commissioner in the UK and wish to mention that we shall continue to work with the High Commission to support all important initiatives of the Mission to serve the interest of our treasured motherland.

And finally, a very special "thank you" to all participants from the UK, Sri Lanka, USA & Canada at this virtual gathering to mark our 26th AGM and making it a huge success.

The Meeting concluded after the National Anthems of Sri Lanka and Great Britain.

Dr. Jayantha Perera
Secretary Hela Sarana

Report of the Trustees and
Unaudited Financial Statements For The Year Ended 30 September 2022
for
Hela Sarana

Actar Ellis Brown & Co
Security House
7-8 Sevenways Parade,
Woodford Avenue, Gants Hill,
Ilford
Essex
IG2 6XH

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Hela Sarana

Report of the Trustees

For The Year Ended 30 September 2022

The trustees present their report with the financial statements of the charity for the year ended 30 September 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1093504

Principal address

55 Herent Drive

Clayhall

Ilford

Essex

IG2 0HE

Trustees

A J Bollegala

Mrs M Polpitiye

Dr S D Perera

W L P Dep

M Wijeratna

R J Silva

Dr P Serasinghe

Mrs I Perera

Dr. S Perera

G A Perera

Dr. J Jayawardene

Independent Examiner

Actar Ellis Brown & Co

Security House

7-8 Sevenways Parade,

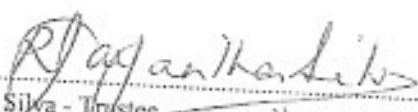
Woodford Avenue, Gants Hill,

Ilford

Essex

IG2 6XH

Approved by order of the board of trustees on 25th Oct 2022 and signed on its behalf by:


R J Silva - Trustee

**Independent Examiner's Report to the Trustees of
Hela Sarana**

Independent examiner's report to the trustees of Hela Sarana

I report to the charity trustees on my examination of the accounts of Hela Sarana (the Trust) for the year ended 30 September 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Sylvain Pinto FCCA, ACMA
Actar Ellis Brown & Co
Security House
7-8 Sevenways Parade,
Woodford Avenue, Gants Hill,
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Date: 23.10.2022

HELA SARANA

Statement of Income & Expenditure for the Year Ending 30th September 2022

Income	£	£
Regular Donations via Standing Orders	13,315.00	
Other (ad-hoc) Donations	585.37	
Share Foundation	3,000.00	
Donations in Memory of Late Mrs. Kalyani Perera	967.00	
Barclays Charity Giving Program	750.00	
Gift Collection from Mala & Wije Polpitiya Wedding Anniversary	1,100.00	
Just Giving (Alex and Anil - Golf Fundraiser)	856.35	
CKDU - Breakfast Programme	2,200.00	
Virgin Money Giving	1,557.44	
Bank Interest	93.23	
Med-Aid Appeal	9,042.26	

Total Income for Year 2021- 2022 33,466.65

Expenditure

Accountancy Fees 2020-2021	480.00
Web Maintenance Charges	187.10
Zoom Licence Fee	143.88
Donation to Sri Lanka Leukaemia Foundation UK	1,500.00
Donation Return	100.00
Meth Sevana Gampola Teachers Salary	1,544.60
Dry Rations for Flood Victims (Beligodapitiya)	879.06
Transfer to SL Account for Projects (Breakfast & Scholarships)	9,027.50
Monthly Bank Charges (Barclays & BOC)	126.80
Urgent Medical Supplies to Sri Lanka	22,765.76
Dehiwala Central College - Building Renovation Works	738.01

Total Expenditure for the Year 2021-2022 37,492.71

Net Expenditure over Income for the Year -4,026.06

Balance Sheet as at 30th September 2022

Assets	
Barclays Current Account	45,091.14
Barclays Premium Account	3,211.18
BOC Savings Account	2,627.10
BOC Fixed Deposit Account	22,075.77

Total Assets 73,005.19

Funds

Expenditure over Income for the Year	-4,026.06
Balance Brought Forward from 1st October 2021	77,031.25

Total Funds 73,005.19

The Financial Statements were approved by the Board of Trustees on 19 October 2022 and were signed on its behalf by

Methsiri Wijeratna
Trustee and Treasurer

Report of the Trustees and
Unaudited Financial Statements For The Year Ended 30 September 2022
for
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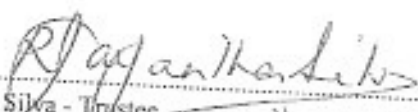
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