

HELA SARANA

England & Wales · Charity number 1093504

Details

Status Registered

Legal form Other

Registered 2002-08-21

Register [View on the Charity Commission register](#)

Contact

Address 18 Haydon Road
Dagenham
Essex
RM8 2PA

Phone 02085543387

Email secretary@helasarana.org

Website www.helasarana.org

Activities

Objects: THE CHARITY'S OBJECTS ("THE OBJECTS") ARE THE RELIEF OF PERSONS SUFFERING FROM FINANCIAL HARDSHIP, SICKNESS OR DISTRESS OR WHO ARE OTHERWISE IN NEED, IN PARTICULAR THOSE RESIDENT IN RURAL SRI LANKA, AND THE ADVANCEMENT OF EDUCATION OF SUCH PERSONS.

Activities: The relief of persons suffering from financial hardship, sickness or distress or otherwise in need. Promote and advance education opportunities of such persons Promote employment opportunities through micro finance schemes Promote rural agriculture through established and modern technologies Promote harmonious relations between communities Provide clean water for human consumption

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Other Finance, Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Acts As An Umbrella Or Resource Body, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Accommodation/housing, Amateur Sport, Economic/community Development/employment, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups

Geography

- **Area of benefit:** OVERSEAS
- Sri Lanka
- Redbridge

Finances

Period end	Income	Expenditure	Assets	Employees
2024-09-30	£27,278	£20,881	-	-
2023-09-30	£21,206	£14,500	-	-
2022-09-30	£33,466	£37,492	-	-
2021-09-30	£42,887	£50,635	-	-
2020-09-30	£50,969	£47,941	-	-

Trustees

Name	Role	Appointed
ASOKA JINENDRADASA BOLLEGALA		
Dr SAMAN DEVAPRIYA BALASURIYA PERERA		
Dr Senerath Jayanthi Perera		2012-12-12
Dr Vidanage Sirimewan Palitha SERASINGHE		
Dr jeevani Jayawardena		2008-05-17
Gamage Aruna Nayananada Perera		2003-03-22
IRIE PERERA		2011-07-25
KAMALA MESTHRIGE RANJITH JAYANTHA SILVA		
METHSIRI WIJERATNA		
WEWAGE LESLIE PATRICK DEP		

HELA SARANA

England & Wales - Charity number 1093504

Accounts

Hela Sarana

U.K. Registered Charity Number: 1093504

18 Haydon Road, Dagenham, Essex, RM8 2PA

secretary@helasarana.org

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**Minutes of the 28th AGM held on the
of November 2024**

2nd

**Venue: Becket Center, Woodford Green, IG8 0SG
Time -17.30-23.00hrs**

Sri Lankan Government Representation- Mr Sameera Dayasekara, First Secretary on behalf of the Sri Lankan High Commissioner in the UK.

Keynotes Speaker- Professor Samanmali Sumanasena, MBBS, DCH, MSc, MD , FRCPCH (UK)
Professor in Paediatric Disabilities, University of Kelaniya, Sri Lanka

Mr Jayantha Silva incumbent President of Hela Sarana welcomed the distinguished guests, representatives of Sri Lankan Professional organisations, charity organisations, members of Hela Sarana and their guests.

Dr. Jayantha Perera General Secretary of Hela Sarana presented the minutes of the 27th AGM to the audience. The minutes were proposed as correct by Dr Saman Perera and Seconded by Mr Methsiri Wijeratne.

Dr. Jayantha Perera then presented the Secretary's report for 2023-2024 AGM Year.

He highlighted Completed Projects for 2023-2024 AGM year.

- **Infrastructure project.** - Main school hall extension Sariputta Primary School, Matale. Value - £3,043.00 (Rs 1,154,165.00) (money allocated from the Late Mrs. Florence De Silva Memorial Fund)
- **Distribution of Education aids and school shoes.** On the 4th of January 2024, Hela Sarana donated one year's

worth of school exercise books and a DSI shoe voucher to 60 selected needy students (grade 6-13) from Ampara schools. The event was held at Uksiripura Vidyalaya Ampara, organised by the Principal Athimale Ananda Thero and Mrs. Udeshika Gunawardena. The total cost for the books and the shoe vouchers were Rs. **345515 (£842)**.

- **Promoting Emotional Resilience and a Sense of Safety through Music for Children Exposed to ACEs - Singithi Sevana project.** Hela Sarana funded of a Music teacher to teach children music weekly at Singithi Sevana in Kandy. The cost for the year was Rs.97,200.00. Dr. Jayantha Perera shared with the audience the letters of appreciations from the organization and the achievements of these looked after children. The project will continue for another year.
- **Provision of Medical aid in Collaboration with Hospital Services Council Charity Sri Lanka .** Dr Shirmila Withana & Venerable Rajawalle Subhthi Thero . collaborated with Hela Sarana. Freight Charges -at a cost of £2355.00 for Shipment of Medical & Ancillary equipment to Hospital Services Council Charity Sri Lanka in Sri Lanka was born by Hela Sarana .
 - The equipment shipped was delivered to
 - National Respiratory Center Welisara.
 - Hospitals in
 - Colombo
 - Polonnaruwa
 - Kurunegala
 - Puttalama
 - Moneragala
 - Kandy

Photographs of handing over the equipment was shared with the receptive audience.

Hela Sarana Individual Member Projects

- Improving the knowledge base in Paediatric disability among Community Paediatricians in Sri Lanka. (Dr. Jayantha Perera)

- Training Community Paediatricians on how to use Ultrasound guided Botox administrations to reduce spasticity in children with Cerebral palsy. Dr. Saman Perera Hela Sarana Vice President provided the training at Ayati center-The national center for Paediatric disabilities in Sri Lanka.
- Raising funds (Rs 200,000) and providing dry rations for 30 people who were in desperate need at Kuruwita, in the Ratnapura District-(Project was jointly led in the UK by Mrs. Irie Perera at Hela Sarana and Gunnepane Sumanarama Thero head Monk at Edmonton Samanthi Meditation Center.)
- The portfolio projects were presented by the project leads of the respective committees after the election of the new committee which was preceded by the Treasurer's report.

Mr Methsiri Wijeratna the treasurer of Hela Sarana presented his financial report for AGM year 2023-2024. He shared with the audience the audited accounts report by the independent examiner of Actar Ellis Brown & Company. Accounts were adopted. Proposed as correct by Mr. Leslie Dep and seconded by Dr. Jeevane Jayawardena.

The committee resigned enblock.

Mr. Janaka Alahapperuma oversaw the election of the proposed new committee which was elected unopposed.

The New Committee

- President -Mr. Jayantha Silva
- Vice President -Dr. Saman Perera
- Secretary- Dr. Jayantha Perera
- Joint Treasurers - Mr. Methsiri Wijeratna
- General committee
Mr. Leslie Dep, Mr. Asoka Bollegala, Dr. Palitha Serasinghe, Mrs. Irie Perera, Dr. Jeevane Jayawardena, Mr. Aruna Perera, Dr. Kanthi Jayawardana, Miss. Sayuri

Serasinghe, Mr. Nevomal Fernando. Mr. Saman Ranasinghe

Presentations of the Portfolio projects

1. **Education Grants** - Mrs. Irie Perera, Project lead on behalf the Education Grants Committee delivered the statistics and performance update for the AGM year 2023-2024.

This project started in 2024 is coordinated by two teams working together - **The UK team** Mrs.Irie Perera .Dr. Jeevane Jayawardena and Dr Kanthi Jayawardena

SL Team Mr. Lakshman Wijesekara,(Administrator), Mr. Chandrasiri Liyanage and Mrs Devaki Gomez

In 2024 a total of 70 students received educational scholarships under the main programme. 24 secondary education and

pre-OL students, 23 AL Students and 23 university students.

Already plans are drawn to provide grants to 50 more students informed Mrs Irie Perera.

She shared with the audience, the positive feedback from students,

teachers, and parents, and special thank you to Hela Sarana from two female students who graduated this year with a 2nd class honours BA in Education & a second class upper in Psychology respectively.

Mrs Irie Perera explained to the audience how the other group of children with additional needs are sponsored with the individual donors. Meth Sevana Special need school update was discussed separately by Dr. Saman Perera Vice President of Hela Sarana.

A special bouquet of flowers was presented to Mrs Mala Polpitiye, the previous project lead of the Education grants Committee during the AGM as an appreciation of her years of dedicated work for the needy.

2. Breakfast Project- Mr. Jayantha Silva presented the update on our daily breakfast programme at the Anuradhapura Hospital Renal unit for patients undergoing dialysis treatment. The programme is entering its 13th year in 2025. Every day without fail a nutritious meal and a bottle of clean water, at a cost of £20/day with has been provided by Hela Sarana over the last 12 years. The president made a passionate appeal to the audience to come forward not only to support the programme but to promote the immense value & virtues of the programme to many hundreds of most vulnerable patients among friend & relatives.

3. Methsevana Special needs school Project- Dr Saman Perera provided an update on the activities of Methsevana School (Established 2008) @ Kobbawala Sri Priyadharshanaramaya (Nr Gampola). He went on to explain to the audience 15 persons with learning disabilities are enrolled at the school whose learning, vocational training activities are supported by 2 Full time & 1 part time teacher. The current ongoing costs were £220 (LKR 84,000/month) for the salaries of the teachers and transport (school bus) for the children. He appealed to the audience to support the project with the above costs' educational material, clothes and food for majority of children who were very poor.

Individual member projects.

The secretary Dr. Jayantha Perera highlighted the completed projects below.

- Improving the knowledge base in Paediatric disability among Community Paediatricians in Sri Lanka. (Dr. Jayantha Perera). This project is ongoing.

- Training Community Paediatricians on how to use Ultrasound guided Botox administrations to reduce spasticity in children with Cerebral palsy.(Dr. Saman Perera)
- Raising funds (Rs 200,000) and providing dry rations for 30 people who were in desperate need at Kuruwita, in the Ratnapura District-(Project was jointly led in the UK by Mrs Irie Perera at Hela Sarana and Gunnepane Sumanarama thero head Monk at Edmonton Samanthi Meditation Center.)

Keynotes Speaker- Professor Samanmali Sumanasena, MBBS, DCH , MSc, MD , FRCPCH (UK) Professor in Paediatric Disabilities, University of Kelaniya, Sri Lanka delivered the key note speech on **Building Dreams for Children with Learning and Development Challenges in Sri Lanka.**

She explained to the audience the prevalence of Paediatric disability in Sri Lanka, current service structure and provision, gaps in the service. She spoke about the establishment and development of the National Center of Paediatric disability (AYATI), the dedicated multi-disciplinary staff who manage the services and the need for future collaborations.

Dr. Jayantha Perera who visited the center in 2023 expressed the need for provision of material for developmental assessments and requested the audience to come forward to help.

Mr. Jayantha Silva President of Hela Sarana thanked Prof Samanmali for accepting the Invitation of Hela Sarana to enlighten the audience of this area of health.

This was followed by a Buffet dinner.

The Vision for 2024-2025 was delivered by the President of Hela Sarana Mr. Jayantha Silva who identified the following projects for completion in the year 2024-2025.

1. Fund raising for Purchasing two Dialysis Machines for Anamaduwa hospital.
2. To Commemorate the impact of the Tsunami Tragedy-75 children of Tsunami Families will receive Books and other Educational aids worth Rs 6000 each.

3. **Sanitation and Hygiene project 2024-2025**-providing toilets, washbasins and clean water to 200 Children attend the Sunday school at Dharmawardanaramaya, Galana, Gamploa.
4. 75 Educational Packs to children attending schools in a rural Village Community in Ampara -At a cost of Rs 450,000 Rupees/= (equivalent to £1200).
5. Facilitating care of the Elderly
6. 20th year commemoration of the Tsunami Tragedy @ the High Commission of Sri Lanka with their collaboration

Mr Nevomal Fernando who organised the raffle completed the draw with the help of the EXCO and the audience after the President's speech.

The evening was further enriched by musical performances from Mr. Ruchi Perera, Mrs Dilhani Jagodage, Miss Sayuri Serasinghe, Ms Upeksha Wickramaratne, creating a memorable atmosphere of cultural connection and nostalgia.

The event was closed by Mr Jayantha Silva by thanking all committee members and the project team in Sri Lanka, led by Mr. Lucky Lakhi Wijesekera, Mr Chandrasiri Liyanage, and Mrs. Devaki Gomez, for their dedication and tireless efforts. He also expressed deep gratitude to the donors whose support has enabled Hela Sarana to make a lasting impact specially during the challenges of the COVID-19 pandemic and Sri Lanka's subsequent economic crisis.

Mr. Silva highlighted the ongoing commitment of the charity's supporters, which has made these positive changes possible also reached out to other Sri Lankan Charities here in the UK for a collective & a collaborative approach to address many challenges faced by rural communities and for their greater good and requested the audience to come forward with their initiatives for humanitarian projects to develop a constructive dialogue with Hela Sarana to bring many such project to fruition

Minutes of the 28th Annual General Meeting was written by Dr. Jayantha Perera

Secretary of Hela Sarana.
Secretary @helasarana.org
www. Hela sarana.org

signed

CONFIDENTIAL

Report of the Trustees and
Unaudited Financial Statements For The Year Ended 30 September 2024
for
Hela Sarana

Actar Ellis Brown & Co
Security House
7-8 Sevenways Parade,
Woodford Avenue, Gants Hill,
Ilford
Essex
IG2 6XH

Hela Sarana

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Hela Sarana

Report of the Trustees

For The Year Ended 30 September 2024

The trustees present their report with the financial statements of the charity for the year ended 30 September 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1093504

Principal address

18 Haydon Road
Dagenham
Essex
RM8 2PA

Trustees

A J Bollegala
Mrs M Polpitiye (resigned 30.9.24)
Dr S D Perera
W L P Dep
M Wijeratna
R J Silva
Dr P Serasinghe
Mrs I Perera
Dr. S Perera
G A Perera
Dr. J Jayawardene

Independent Examiner

Actar Ellis Brown & Co
Security House
7-8 Sevenways Parade,
Woodford Avenue, Gants Hill,
Ilford
Essex
IG2 6XH

Approved by order of the board of trustees on1st Nov 2024..... and signed on its behalf by:

R Jayantha Silva

.....
R J Silva - Trustee

**Independent Examiner's Report to the Trustees of
Hela Sarana**

Independent examiner's report to the trustees of Hela Sarana

I report to the charity trustees on my examination of the accounts of Hela Sarana (the Trust) for the year ended 30 September 2024.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Sylvain Pinto FCCA, ACMA

Actar Ellis Brown & Co
Security House
7-8 Sevenways Parade,
Woodford Avenue, Gants Hill,
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IG2 6XH

Date:23.10.24.....

HELA SARANA

Statement of Income & Expenditure for the Year Ending 30th September 2024

	£	£
<u>Income</u>		
Regular Donations via Standing Orders	13,712.00	
Other (ad-hoc) Donations	1,740.00	
Just Giving	7,157.05	
CKDU - Breakfast Programme	640.00	
Supply of Dialysis Machine to Anamaduwa Hospital Appeal	3,567.24	
Bank interest	462.22	
Total Income for Year 2023- 2024		<u>27,278.51</u>
<u>Expenditure</u>		
Accountancy Fees 2023	480.00	
Web Maintenance Charges	357.89	
Zoom Licence Fee	143.88	
Euro Traders / 40ft Container Shipment Charges	2,355.00	
Just Giving Subscription Charges	162.00	
Meth Savana Gampolla Teachers Salary	1,516.80	
Maha Nuwara Singithi Sevanna	241.82	
Transfer to SL Account for Projects (Breakfast & Scholarships)	12,020.00	
Monthly Bank Charges (Barclays + BOC)	121.60	
Extension Works to Main Hall Building - Sariputta School, Matale	3,145.77	
AGM Hall Hire 2024	336.25	
Total Expenditure for the Year 2023-2024		<u>20,881.01</u>
Net Income over Expenditure for the Year 2023-2024		<u><u>6,397.50</u></u>

Balance Sheet as at 30th September 2024

Assets

Barclays Current Account	28,377.52	
Barclays Premium Account	34,480.93	
BOC Savings Account	997.02	
BOC Fixed Deposit	22,253.45	
Total Assets		<u><u>86,108.92</u></u>

Funds

Income over Expenditure for the Year	6,397.50	
Balance Brought Forward from 1st October 2023	79,711.42	
Total Funds		<u><u>86,108.92</u></u>

Methsiri Wijeratna
Trustee and Treasurer

Report of the Trustees and
Unaudited Financial Statements For The Year Ended 30 September 2024
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Methsiri Wijeratna
Trustee and Treasurer

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England & Wales - Charity number 1093504

Accounts



United for needy in Sri Lanka since 1996

Hela Sarana

UK Registered Charity No: 1093504

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E-mail: secretary@helasarana.org

Website: www.helasarana.org

Minutes of the Hela Sarana 26th Annual General meeting held on 12.11.2022.

The 26th Annual General Meeting of Hela Sarana (UK CHARITY - NO. 1093504) was held on the 12th of November 2022 between 2.00-4.00 pm on a virtual platform.

The guest of honour was Mr. Aruna Fernando, Minister Administration and Consular, High Commission of Sri Lanka.

The keynote address was by Dr. Udana Ratnapala, Secretary of The College of Nephrologists of Sri Lanka on Chronic Kidney disease, and its impact in Sri Lanka's wellbeing.

Distinguished members from the Association of Professionals of Sri Lanka (APSL),

Sri Lanka Leukemia Foundation UK (SLLFUK), Sri Lanka Medical And Dental Association (SLMDA), Friends Of Sri Lanka United Kingdom (FOSLUK), Council of SriLankan Muslim Organisations UK (COSMOS UK), Medical Aid to Sri Lanka, President Of The Peradeniya Kidney Protection society, Executive members of Hela Sarana members and well-wishers of Hela Sarana all logged in via circulated digital links.

The President Mr Jayantha Silva welcomed the virtual audience with the traditional greeting of "Ayubowan" in Sinhala and "a very good afternoon, good morning / evening in English" to all the participants who joined us from different time zones.

One minute silence was observed as a mark of respect to **Her late Majesty Queen Elizabeth II** and to honour our most respected founder & the visionary leader late Mr Raja Meehitiya, and other departed executive committee members, friends, supporters, & victims of the pandemic.

Mr. Jayantha Silva accorded a very warm welcome to Mr. Aruna Fernando (Minister Administration & Consular) representing her Excellency Mrs. Saroja Sirisena the High Commissioner for the Democratic Socialist Republic of Sri Lanka in the UK, our Guest Speaker Dr Udana Ratnapala, our Honorary Patron Mrs. Lalitha Meehitiya, representatives from well-respected Charity and other Organisations, all our sponsors, donors, fund raisers, supporters, and the executive committee members past & present.

Minutes of the 25th Anniversary Annual General meeting was presented by Dr. Jayantha Perera, General Secretary of Hela Sarana. This long report covered the Portfolio projects such as the Education Grants/Scholarships and the Breakfast project for renal dialysis patients at Anuradhapura

hospital but also the humanitarian projects covered during the phase one and phase two covid 19 projects, the emergency medical aid to hospitals, financial support to schools and the 25th Anniversary milestone project- Promoting Sustainable Development through the Solar Village concept. Dr. Jayantha Perera thanked the entire Executive committee of Hela Sarana and Fundraisers for their magnanimous effort during the challenging times and said without which the array of completed projects could not have been possible.

The minutes was adopted.



United for needy in Sri Lanka since 1996

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United Kingdom

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The Treasurer's report was presented by Mr. Methsiri Wijeratna which included the certified audited accounts report completed by Mr. Sylvien Pinto and was adopted.

Education Grant Committee report was then presented by Mrs Irie Perera on behalf of the committee to update on the activities in the AGM year. Mrs Irie Perera described the challenges the Education Grant Committee is facing during the post pandemic situation. She emphasised to the audience the effort the Sri Lankan Coordinators took to deliver the grants to the recipients.

The Emotive video messages from several of them expressing the difference the grants made to their quality of life by supporting their education was a great message to the audience and the donors to this esteemed programme.

It was emphasised that the cost and the number of children needing the Education Grants may go up. Mrs Irie Perera thanked the Present Committee and the Sri Lankan Coordinators for all the hard work they have done during the AGM year.

The next item on the agenda was to appoint the new committee. The entire Committee for 2021-2022 resigned enbloc.

Mr. John Kern (Past President Srilanka Leukemia Foundation UK) acted as the returning Officer to oversee the appointment of the new Committee. The new committee below was elected unopposed.

President -Mr. Jayantha Silva

Vice President -Dr. Saman Perera

Secretary- Dr. Jayantha Perera

Joint Treasurers - Mr. Methsiri Wijeratna and Mr. Felix de Alwis Jayasinghe

General committee

Mr. Leslie Dep, Mr. Asoka Bollegala, Dr. Palitha Serasinghe,

Mrs. Irie Perera, Dr. Jeevanee Jayawardena, Mr. Aruna Perera,

Dr. Kanthi Jayawardana, Mr. Ruwan Wijeratne, Miss. Sayuri

Serasinghe, Mr. Nevomal Fernando.

Mr. Jayantha Silva the incoming President of Hela Sarana delivered his speech to the audience in his eloquent best.

He mentioned "Whilst it is important to capture our humanitarian & charitable endeavors over the last 12 months, being very conscious of the time frame to convey the relevant information and facts which he considered vital he will only touch upon our achievements over the last 12 months, the portfolio projects, and the sustainable community development project.

He went on to say, *"Please allow me to elucidate on the work we had undertaken over the last twelve months. With a gradual lifting of lockdown measures and moving towards a relative degree of normality with optimism and confidence following the pandemic, the Island nation was struck by an unprecedented financial tragedy of cataclysmic proportion and dived into an economic nadir leading to unimaginable strain on every spectrum and*



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aspect of society & public life to face an uncertain future. Island's national health service was one of the main casualties bearing the brunt as one of the worst hit areas without essential & vital life-saving drugs and medicine to treat hundred and thousands of seriously ill patients. With the desperate appeals for help emanating from the medical profession and the health ministry for immediate assistance to save lives, Helasarana, like many other Sri Lankan Charity organisations here in the UK and across the world, rose to the challenge and leapt into action by committing £10,000 from our general reserves with immediate effect. The unanimous EXCO resolution and a decision to launch "MedAid 22" Appeal followed raising almost £10,000."

The following is a list of our medical relief measures in support of some of the hospitals & other institutions who had contacted us directly.

Medical Relief to Hospitals

- Essential Medicine for Intensive Care & Vital injections for Cardiac & Diabetic
- Patients, and urinary Catheters to Negombo Hospital for at a total Cost of £4800
- Peritoneal Dialysis Solution Bags to Peradeniya Teaching Hospital a Cost of £2500
- Peritoneal Dialysis Solution Bags to Badulla General Hospital a Cost of £2500
- Peritoneal Dialysis Solution Bags to Anuradhapura Teaching Hospital at a Cost of £2500
- Reagents for Cancer Diagnosis to the College of Pathology at a Cost of £2050
- Clinical Diagnostic Equipment for Paediatric Cardiac Care to Lady Ridgeway

- Hospital at a Cost of £3710.
- Drugs & Medicine requested by Teldeniya Base Hospital at a Cost of £1550
- Vital Injections to Badulla Hospital (specifically requested by the donor Dr Abhaya Perera) at a cost of £500
- Vital Cancer Treatment Injections to Apeksha Cancer Hospital (In collaboration with Sri Lanka Leukaemia Foundation) at a Cost of £1500
- Donation to YMBA Maharagama Branch for their ongoing welfare & Care provision to Cancer Patients and immediate families & Other Programme £500

Our total Medical Aid Expenditure for 2022 is more than £22,500.

Additional Projects: Flood Relief & Educational Projects

- Provision of Dry Ration to Flood Victims in Beligodapitiya - Rambukkana
Via Beligodapitiya Baptist Church at a cost of £900
- Refurbishment and Upgrade of Computer / Media Room at S De S Jayasinghe
Central College-Dehiwala at a cost of £800

Mr Jayantha Silva said, “We are indebted to Mr Gamini & Mrs Nalini Jayasinghe for fully funding this project and for their continued assistance to Hela Sarana over the years”.



United for needy in Sri Lanka since 1996

Hela Sarana

UK Registered Charity No: 1093504

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Breakfast Programme: For patients undergoing dialysis treatment at Anuradhapura Teaching Hospital.

This is one of the most deserving humanitarian projects in our calendar.

“Though the project commenced as a pilot programme just for one year following a request from the then Head of the Nephrology unit at the hospital, 10 years on, the programme continues to this day in view of the immense benefit to the patients who are some of the poorest in the region.” **Entering the 11th year in 2023 the annual cost of the project will exceed £10,000 due the prevailing economic climate.**

The President of Hela Sarana appealed to the audience stating, “Whilst we are desperate to continue despite the financial challenges, this is only tenable with your continued support.”

I, therefore, continue to appeal most earnestly as on every previous occasion and urge your assistance and make a plea to our existing sponsors to continue, and everyone present here to come forward to support the scheme. It costs just £20/ day or Rs 4000 /day to provide a

meal & clean water to 30+ patients, the rate which has been maintained throughout the entire time. Please consider the value & benefits of this programme to the most vulnerable patients and get involved & promote the essence of the programme among your family and friends to elicit much needed support. Every EXCO member is at hand to assist you in any aspect of the programme.

Community Development Solar Project at Tissapura Kanishta Vidyalaya in Monaragala

Mr Jayantha Silva provided a progress report and a performance summary of the project which was completed last year. He Thanked all participants and recognised the roles played by the project sponsor Mr Gamini & Mrs Nalini Jayasinghe, project initiator Professor IM Dharmadasa, and the coordinator of the project in Sri Lanka Dr Hansika Atapattu Head of Dept, Faculty of Technology- University of Colombo who attended the AGM. He mentioned *“Despite very difficult & trouble times during 2nd & 3rd quarters of this year, this project had generated a revenue of Rs103,000 during the first 12 months of its operation (up to 31st Oct 2022) from the CEB net plus scheme, offering Rs 30,000 and Rs 79,000 for school & community development project respectively (based on the agreed 30 / 70 criteria adopted by the VMC). Rs 9,900 had been expended for the school prize giving as a school development project, leaving a balance of Rs 20,100 to be utilised for other related project(s).*

A drinking water filtration unit is planned for the school and will to be installed shortly subject to prevailing condition. The Village Management Committee will consider viable community development projects from Rs 79,000 available and a project report is expected in the coming months. The details presented herein clearly demonstrates the value of “Sustainable Community Development Projects” to bring much needed stability, empower and encourage members of the community to take decisions to improve their living standard, acquire long term benefits, promote togetherness for the welfare of the village and live in harmony. He said “I hope you are convinced as we are at Hela Sarana this is a success story and a way.



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Mr.

Jayantha Silva touched on the £15,000 donation from Mrs. Aruni De Alwis's for education projects from late Mrs. Florence De Silva's estate. The extremely difficult operating environment we encountered over the last 12 months made it near impossible *possible* to undertake any tangible educational projects from the remaining funds. *On behalf of HS, he extended his sincere apologies to Mrs. Aruni De Alwis. He Concluded However, I am delighted to confirm that new educational projects have been identified for 2023.*

Dr. Jayantha Perera Listed the New educational projects under the new project proposals for 2022-2023.

Health Projects

- Medical Aid 2023- ongoing medical needs
- Hela Vision Cataract Project

New educational projects -Improving IT skills

- 15 Computers Tables and Chairs for Mahallupallama Maha Vidyalaya Mahallupallama. (Government has just provided 10 computers to add on to the current 5) – quotations received- Bid analysis done.
- Computer, monitor and photocopier for the Apostolic Carmel School, Maharagama. Total of Rs 237000/ including delivery.
- Food aid to school children
- Fund raising

Dr Jayantha Perera Invited *Minister* Administration and Consular Mr Aruna Fernando who represented her excellency Mrs. Saroja Sirisena Our High Commissioner in the UK to address the AGM.

Mr Aruna Fernando was delighted to convey the appreciation of the Sri Lankan High Commission of our activities once again. He mentioned Hela Sarana was leading light in the sphere of upliftment of wellbeing.

Mr. Jayantha Silva invited Dr Ratnapala Consultant Nephrologist at Badulla Provincial Hospital the incumbent Secretary for Sri-Lanka Society of Nephrology & the President of UVA Clinical Society and member of The National Transplant Advisory Council – Ministry of Health, The International Society of Nephrology, Sri-Lanka Medical Association, Ceylon College of Physicians, Badulla General Hospital Ethical Review Committee, and a Reviewer for UVA University Ethical review Committee to Give his **Key Note Address Chronic Kidney disease, and its impact in Sri Lanka's wellbeing.**

The Keynote address was well received and generated lots of thought and ideas which helped to seamlessly move to the Q& A sessions on the Virtual platform.

This was the first instance Hela Sarana members, Donors, and recipients of donations engaged in a live interacting forum in our AGM. The Q&A gave a boost to our quest to uplift the quality of life of the deprived and the destitute.



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Mr.

Jayantha Silva in his vote of thanks on behalf of Hela sarana EXCO conveyed our appreciation and gratitude to all our sponsors, numerous donors, supporters, well-wishers, and several Key contributors to Hela Sarana cause over the last 12 months and everyone who helped to raise funds for “Medaid 22” Appeal.

In this regard the significant financial contributions made by Anil Kurukulasuriya & Mr Alex McHardy of West Essex Golf Club from their annual golf day fund-raising event, Mrs Mrs. Mala and Mr. Wije Polpitiya for nominating Hela Sarana to receive donation in their golden wedding anniversary event, Dr Saman Perera (HS Vice President) and his family for donation in memory of their late mother Mrs. Kalyani Princey Perera, Mrs Enoka Amendra for her tireless efforts to raise money through Barclays Bank charity arm was acknowledged.

Mr. Jayantha Silva also thanked Srini Nisar President Sri Lanka Leukaemia Foundation for the collaborative work for Apeksha Cancer Hospital, APSL(UK), President Mr. Thushara Madurusinghe and the executive committee for their continued cooperation, all other Sri-Lankan charity organisations in the UK supporting our initiatives, Mr Bandula Manage of (Sesatha web publications), and our accountant Mr Ranjan Pinto of Actar Ellis Brown.

Mr Jayantha Silva said, " I am truly indebted and extend my appreciation, gratitude, and special thanks to the unparalleled dedication, wholehearted commitment, & the continued support of the EXCO and our team in SL headed by Mr Lucky & Mrs Kanthi Wijesekera & and the coordinators, Mr Wickremasinghe, Mr Chandrasiri Liyanage, Mrs Hema Amerakone, and Mrs Devaki Gomez.

He thanked Mr. Aruna Fernando representing her excellency Mrs. Saroja Sirisena Our High Commissioner in the UK and wish to mention that we shall continue to work with the High Commission to support all important initiatives of the Mission to serve the interest of our treasured motherland.

And finally, a very special "thank you" to all participants from the UK, Sri Lanka, USA & Canada at this virtual gathering to mark our 26th AGM and making it a huge success.

The Meeting concluded after the National Anthems of Sri Lanka and Great Britain.

Dr. Jayantha Perera
Secretary Hela Sarana

Report of the Trustees and
Unaudited Financial Statements For The Year Ended 30 September 2022
for
Hela Sarana

Actar Ellis Brown & Co
Security House
7-8 Sevenways Parade,
Woodford Avenue, Gants Hill,
Ilford
Essex
IG2 6XH

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Statement of Financial Activities	3
Balance Sheet	3

Hela Sarana

Report of the Trustees

For The Year Ended 30 September 2022

The trustees present their report with the financial statements of the charity for the year ended 30 September 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1093504

Principal address

55 Herent Drive

Clayhall

Ilford

Essex

IG2 0HE

Trustees

A J Bollegala

Mrs M Polpitiye

Dr S D Perera

W L P Dep

M Wijeratna

R J Silva

Dr P Serasinghe

Mrs J Perera

Dr. S Perera

G A Perera

Dr. J Jayawardene

Independent Examiner

Actar Ellis Brown & Co

Security House

7-8 Sevenways Parade,

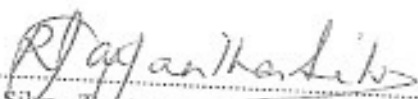
Woodford Avenue, Gants Hill,

Ilford

Essex

IG2 6XH

Approved by order of the board of trustees on 25th Oct 2022 and signed on its behalf by:


R J Silva - Trustee

**Independent Examiner's Report to the Trustees of
Hela Sarana**

Independent examiner's report to the trustees of Hela Sarana

I report to the charity trustees on my examination of the accounts of Hela Sarana (the Trust) for the year ended 30 September 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Sylvain Pinto FCCA, ACMA
Actar Ellis Brown & Co
Security House
7-8 Sevenways Parade,
Woodford Avenue, Gants Hill,
Ilford
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IG2 6XH

Date: 23.10.2022

HELA SARANA**Statement of Income & Expenditure for the Year Ending 30th September 2022**

<u>Income</u>	£	£
Regular Donations via Standing Orders	13,315.00	
Other (ad-hoc) Donations	585.37	
Share Foundation	3,000.00	
Donations in Memory of Late Mrs. Kalyani Perera	967.00	
Barclays Charity Giving Program	750.00	
Gift Collection from Mala & Wije Polpitiya Wedding Anniversary	1,100.00	
Just Giving (Alex and Anil - Golf Fundraiser)	856.35	
CKDU - Breakfast Programme	2,200.00	
Virgin Money Giving	1,557.44	
Bank Interest	93.23	
Med-Aid Appeal	9,042.26	
	<hr/>	

Total Income for Year 2021- 2022 33,466.65

Expenditure

Accountancy Fees 2020-2021	480.00
Web Maintenance Charges	187.10
Zoom Licence Fee	143.88
Donation to Sri Lanka Leukaemia Foundation UK	1,500.00
Donation Return	100.00
Meth Sevana Gampola Teachers Salary	1,544.60
Dry Rations for Flood Victims (Beligodapitiya)	879.06
Transfer to SL Account for Projects (Breakfast & Scholarships)	9,027.50
Monthly Bank Charges (Barclays & BOC)	126.80
Urgent Medical Supplies to Sri Lanka	22,765.76
Dehiwala Central College - Building Renovation Works	738.01
	<hr/>

Total Expenditure for the Year 2021-2022 37,492.71

Net Expenditure over Income for the Year -4,026.06

Balance Sheet as at 30th September 2022

<u>Assets</u>	
Barclays Current Account	45,091.14
Barclays Premium Account	3,211.18
BOC Savings Account	2,627.10
BOC Fixed Deposit Account	22,075.77
	<hr/>

Total Assets 73,005.19

<u>Funds</u>	
Expenditure over Income for the Year	-4,026.06
Balance Brought Forward from 1st October 2021	77,031.25
	<hr/>

Total Funds 73,005.19

The Financial Statements were approved by the Board of Trustees on 19 October 2022 and were signed on its behalf by

Methsiri Wijeratna
Trustee and Treasurer

Report of the Trustees and
Unaudited Financial Statements For The Year Ended 30 September 2022
for
Hela Sarana

Actar Ellis Brown & Co
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Hela Sarana

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G A Perera

Dr. J Jayawardene

Independent Examiner

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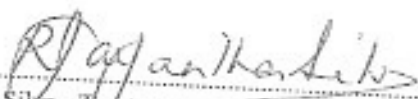
Woodford Avenue, Gants Hill,

Ilford

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IG2 6XH

Approved by order of the board of trustees on 25th Oct 2022 and signed on its behalf by:


R J Silva - Trustee

**Independent Examiner's Report to the Trustees of
Hela Sarana**

Independent examiner's report to the trustees of Hela Sarana

I report to the charity trustees on my examination of the accounts of Hela Sarana (the Trust) for the year ended 30 September 2022.

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Total Assets 73,005.19

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The Financial Statements were approved by the Board of Trustees on 19 October 2022 and were signed on its behalf by

Methsiri Wijeratna
Trustee and Treasurer

HELA SARANA

England & Wales - Charity number 1093504

Accounts



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Minutes of the Hela Sarana 25th Annual General meeting -13th of November 2021 via Zoom

The 25th Annual General Meeting took place virtually via a zoom platform at 15.00 hours London time on the 13th of November. The executive committee, members of Hela Sarana, invited guests, donors, friends, and well-wishers logged in via the pre circulated link emailed or shared through media platforms.

Mr. Jayantha Silva welcomed the audience with the traditional greeting of “Ayubowan” in Sinhala and “a very good afternoon, good morning / evening to participants who may be joining us from other time Zones in English”.

A two-minute silence was observed as a mark of respect in honour of Our Founder late Mr. Raja Meehitiya, our First General Secretary Mr. Shelton Ranasinghe, and other departed colleagues Mr. Vish Vedage, Mrs. Chandrani Amendra, Dr Mrs. Geetha Sathialingam & Mr. Daya Meethiya (Our Principal Coordinator -SL) who served this institution with much distinction. The Loss of Dr Miss Thirushika Sathialingam an ardent supporter of HS over the years who passed away few months ago under tragic circumstances and all our friends, supporters & all victims of the pandemic were remembered, reflected.

Mr. Jayantha Silva accorded a very warm welcome to Mr. Aruna Fernando (Minister Administration & Consular) representing her Excellency Mrs. Saroja Sirisena the High Commissioner for the Democratic Socialist Republic of Sri Lanka in the UK, our Guest Speaker an eminent scholar, a pioneer in the field of Solar Energy Professor IM Dharmadasa, our Honorary Patron Mrs. Lalitha Meehitiya, representatives from well-respected Charity and other Organisations, all our sponsors, donors, fund raisers, supporters, and the executive committee members past & present to this milestone 25th anniversary Annual General Meeting.

Mr. Jayantha Silva went on to say *‘As we celebrate 25 years, I look upon my lifelong friend late Raja Meehitiya “the farsighted visionary” the founder and the inspirational Leader of this esteemed institution who led from the front for nearly 2 decades until his untimely death to gain the recognition and respect of the wider Sri Lankan Community here in the UK to be what we are today. I dedicate this 25th Anniversary as a tribute in his memory for setting this organization on unbelievably strong foundation to withstand every potential pitfall.*

We are an extremely active, dynamic, hardworking and I fervently believe a well- recognized, respected charity organisation today because of his lifelong commitment and dedication to serve humanity and his incessant desire to help the underprivileged, the disadvantaged, deprived, and oppressed communities in some of the remotest regions of Sri Lanka

As a fitting tribute to late Raja's and in recognition of his incomparable service & to commemorate our 25 year existence, the EXCO unanimously agreed to invest in a project with a significant sustainable development in a rural area of Sri Lanka to benefit the community at large. The primary objective of the project is to ensure it served the chosen community in the long term, unify and promote togetherness for the welfare of the village, encourage the community to build trust among families to live in harmony, generate continuous revenue to be utilized for the development of the



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villag

e community, schools & education, empower the members of the community to take decisions to improve their living standard and acquire long term benefits. More importantly promote accountability and create a cohesive & a conducive environment for the younger generation to work with the elders to generate greater prosperity to the entire community. Ladies & Gentlemen, the selected Solar Project at Tissapura Kanishta Vidyalaya in Monaragala was a perfect fit in satisfying the criteria thus set forth for the project.'

The President Mr. Jayantha Silva invited Dr Jayantha Perera, General Secretary of Hela Sarana to continue with the Formal proceedings of the 25th AGM.

Dr Jayantha Perera presented the minutes of the 24th Annual General meeting to the virtual audience in a format designed to capture the attention to detail. The minutes were proposed by Mr. Leslie Dep and Seconded by Dr Saman Perera as an accurate reflection of the events that took place on the 17th of October 2020 and was adopted.

The Secretary's report for the AGM year 2020-2021 was presented to the virtual audience by Dr. Jayantha Perera who thanked the entire Executive committee of Hela Sarana at the outset for their magnanimous effort through during the arduous times and said without which the array of completed projects could not have been possible.

He highlighted the Portfolio projects such as the Education Grants/Scholarships and the Breakfast project for renal dialysis patients at Anuradhapura hospital continued despite the pandemic.

The main thrust of the 2020-2021 Hela Sarana charity's humanitarian efforts was focussed on providing emergency relief to the evolving COVID 19 pandemic requirements which were multi-faceted.

The relief provided in Phase one (2020) included provision of dry rations and food to meet the urgent nutritional needs of 100 families who lived off the beaten track in Baddgama in the Galle district. This could not have been possible without the omnipresent Rev Erdely Mendis and the Local Pastors, the late Rev Baddegama Samitha Venerable Monk, and his support.

The phase one also consisted of collaboration with the Association of Professional Sri Lankans in the UK (APSL) to provide KN95 masks to five hospitals (work in partnership with Sri Lanka medical and Dental Association (SLMDA-UK) to provide pulse oximeters and respiratory masks to hospitals (Hela Sarana contribution £2500 + additional £1000 by Friends of Sri Lanka -UK (FOSL-UK).

The completion of the reroofing of the IDH hospital ancillary quarters at a cost of £5100 was the last project completed in year 2020 Phase one covid relief. This intervention was made possible thanks to the EXCO members and well-wishers who raised the money through a Walkathon/Marathon.

The covid phase 2 relief projects for emergency care consisted of providing vital equipment for delivery of medical care for the following hospitals.



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- Teaching Hospital -Colombo North -Ragama- 5 Syringe Pumps (Graceby C9) at a total cost of £2200
- Teaching Hospital -Colombo South -Kalubowila - 02 Syringe pumps and one High flow nasal Cannula unit (total cost of £5800)
- Lady Ridgeway Children's Hospital -Colombo-Cardiothoracic Unit-Video Laryngoscope- cost £5500
- District Hospital Gampaha- two BiPAP units- £4200
- Base Hospital Theldeniya- 07 syringe pumps ,04 infusion pumps -cost £4000

Hela Sarana joint hands with other organisations to do multiple collaborative projects

- We worked collaboratively with Medical AID for Sri Lanka to help their vision to provide Covid 19 relief equipment to the hospitals. Hela Sarana provided **£3000** to their joint initiatives.
- Hela Sarana donated **£1250 to the** Sandalankawa Divisional hospital to provide Piped oxygen to the hospital wards. This project was the brainchild of Venerable Mangala of East London Buddhist Viharaya.

The next project during the Covid 19 pandemic was to provide financial support to schools.

- Teachers at the Methsevana special needs school in Gampola needed financial assistance. As an ongoing measure £1500 annual funding is

provided by Hela Sarana for salaries to the two teachers employed by Meth Sevana.

- Hela Sarana provided £360 to help with daily running of the Apostolic Carmel School Maharagama

The 25th Anniversary milestone project- Promoting Sustainable Development through the Solar Village concept

Solar village project at the Tissapura Kanishta Vidyalaya in Monaragala was selected to commemorate our 25th Anniversary. Prof I. M. Dharmadasa a global solar energy expert discussed the project with the Hela Sarana Committee who appointed Mr. Leslie Dep as the Hela Sarana coordinator. The project was completed in October 2021 with the help of Sri Lanka Advancement of Science, and the Faculty of Technology at Sri Jayawardenapura University. The project coordinator in Sri Lanka was Dr. Hansika Attapattu. The Cost was entirely funded by Mr. Gamini and Mrs. Nalini Jayasinghe former EXCO members Of Hela Sarana at a cost of £4500.



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Dr. Jayantha Perera informed the audience the main portfolio projects will be discussed by Mrs. Irie Perera (Education Grants/Scholarship) and Mr. Jayantha Silva (Breakfast project).

Fund raising

Mr. Anil Kulakulasuriya and Mr. Alex McHardy raised £1335 through their Annual Golf Day. Dr. Jayantha Perera thanked them on behalf of Hela Sarana for this Fund raising through sports Initiative year after year.

Mrs. Enoka Amendra raised funds through Barclays matched accounts in the 2020-2021 year too. Her Fundraising role was very much appreciated.

Treasurer's report- Mr. Methsiri Wijeratne presented the treasurer's report for the AGM year 2020-2021 to the Virtual audience. He provided the certified audited accounts report completed by Mr. Sylvien Pinto. This included the independent Examiner's report, statement of income and expenditure and a balance sheet.

The income for the AGM year was £42,887. The expenditure £50,635. income over expenditure was- £7,747.

The certified accounts will be available for scrutiny on the charity commission website.

The Treasurer's report was adopted.

Proposed by Mr. Asoka Bollegala and seconded by Dr Palitha Serasinghe.

The committee resigned enbloc. Mrs Ruvenie de Alwis Jayasinghe interim President over saw the election of the new committee.

President -Mr. Jayantha Silva

Vice President -Dr. Saman Perera

Secretary- Dr. Jayantha Perera

Joint Treasurers- Mr. Methsiri Wijeratna and Mr. Felix de Alwis Jayasinghe
General committee

Mr. Leslie Dep, Mrs. Mala Polpitiye, Mr. Asoka Bollegala, Dr. Palitha Serasinghe, Mrs. Irie Perera, Dr. Jeevani Jayawardena, Mr. Aruna Perera, Dr. Daya Perera, Dr. Kanthi Jayawardana, Dr. Uditha Bopitiya, Ruwan Wijeratna Mr. Nevomal Fernando.

The Youth committee members posts were not for election. The Youth committee will continue as 2020-2021 apart from Mrs Hiranya de Alwis Jayasinghe who for personal reasons will not be able to continue but pledged her continued support for the charity for the foreseeable future.

Mrs Irie Perera described the challenges the Education Grant Committee faced due to the pandemic situation. She emphasised to the audience the effort the Sri Lankan Coordinators took to deliver the grants to the recipients. The heartfelt video messages from several of them highlighting the difference the grants made to their quality of life by supporting their education was a great message to the audience and the donors to this esteemed programme. It was emphasised that the cost and the number of children needing the Education Grants may go up.



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She thanked the Current Committee and the Sri Lankan Coordinators for all the hard work they have done during the AGM year.

The Incoming President's speech by Mr. Jayantha Silva Followed.

He stated "I want to provide a brief insight into our operations, the importance of this occasion not only relates to our overall contribution to humanitarian activities and other charitable sectors over the last 12 months, specifically supporting the unprecedented global pandemic and participation in other charitable causes, but to recognise the landmark 25year Anniversary milestone and what we have achieved during this period. Whilst the primary objective of any AGM is to fulfill the constitutional protocols, it also remains the only rostrum to showcase our successes & achievements over the last 12 months and our plans for the year ahead to everyone present and particularly to those who may be attending a HS AGM for the first time. I consider this is vital for any charity organisation not only to extend its appeal but to enhance support and gain wider exposure & recognition for our overall achievements, and what we stand for.

In this context, I consider it a great injustice not to touch upon the extent of our humanitarian & charitable endeavors over the last 25 yrs. No doubt I would be

standing here for the rest of the AGM if I were to provide a comprehensive coverage of the spectrum of vast and varied projects we had successfully completed during this period. I believe however, "As the saying goes; picture paints a thousand things & actions Speak Louder than Words" the photographs and the video clips in the background will provide a flavour of our engagements, undertakings and accomplishments throughout the 25year history. I say this with utmost humility, when I utter, we take pride as a charity, which is miniscule in proportion by any estimation to have been able to support our treasured motherland in her hour of need during major island-wide emergencies, natural disasters and numerous other causes over this timeline. Though arduous at times and having encountered numerous obstacles the product had been absolutely rewarding & fulfilling.

At this 25th Milestone event today, it is incredibly satisfying to announce that, our overall financial contribution towards humanitarian & charitable aid to our cherished motherland is in the order £ ¾ Million and to date and have provided over 1000 scholarships to children across the board via our education programme.

I believe that all present, will acknowledge that our journey to date is a success story and it's in no small measure to 2 decades of selfless dedication & commitment of our Founder late Raja Meehitiya.

Let me now provide a glimpse of the work & Projects we had undertaken over this period. This is not in order of monetary value or year of completion, and I start with

- **Restoration of irrigation tanks to benefit rural farming communities**
- **Moderate new-built housing with water / toilet facilities for rural farming families**



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- **Flagship Tsunami housing project with over115 houses completed for families of Tsunami Victims**
- **Medical aid and Cataract Operations**
- **Thalassemia support**
- **Emergency relief programmes during Major Floods**

- **Solar Village Projects**
- **Health & Hygiene projects Provision of toilets with water supplies and conducting workshops**
- **Clean Water projects for rural communities**
- **Erection of nursery schools, School library buildings, school buildings (including one for children with special needs),**
- **Bana / Dana Sala for temples in remote regions (to conduct classes for village children)**
- **Provision of books & Teaching materials for libraries**
- **Miro finance Schemes**
- **Conducting CKDU Workshops and Seminars organised by Dr Saman Perera & Dr Palitha Serasinghe, Dialysis training for nursing staff in Anuradhapura Hospital - Conducted by Mrs. Mala Polpitiya**
- **Additional education support in English, Math's & Science for Children in Kabithigollawa village cluster.**
- **Computer training and English classes for school children in Padaviya conducted by late Vish Vedage)**
- **Supporting an entire village community of 142 Families in Magamthota (Polonnaruwa) engaged in manufacture of Bricks who had lost their livelihood due to sudden change in local authority governance**
- **Emergency Relief for victims of 2019 Easter Sunday Terror Attack**
- **Ongoing Breakfast Programme for patients undergoing dialysis treatment at Anuradhapura Main Hospital**



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- **Scholarships for children of families from remote village communities affected by CKDu and ongoing scholarship programme for children in Primary & Secondary education including (O/L & A/L) and university students. Education programme will be covered by our Education Coordinators**

Mrs. Irie Perera & Dr Mrs. Jeevane Jayawardene in their presentation

As many of you are aware, we had been working & collaborating with Association of Professional Sri Lankans in the UK during the first wave in 2020 and I confirm, that HS EXCO unanimously agreed to release £25,000 from our general reserves to support hospitals treating victims of the 2nd & 3rd wave. Following the initial release of funds, HS also ran a successful appeal among its supporters which generated nearly £6000. In all, HS supported various hospitals during this period in excess of £30,000 - Project details was Covered by Dr Jayantha Perera in the secretary's report

It is with great pleasure I wish to mention here, that the Solar Project at Tissapura Kanishta Vidyalaya in Monaragala selected to commemorate our 25th Anniversary was successfully completed at a cost of £ 4500, with funds exclusively provided by former Hela Sarana EXCO members Mr. Gamini & Mrs. Nalini Jayasinghe & family now living LA. On behalf of all at Hela Sarana, I take this opportunity to extend our sincere thanks & appreciation to Gamini and family for their magnanimous donation towards this great humanitarian project.

I am in no doubt that participants at today's event will fully understand and recognize the continued scourge of the pandemic, it's devastating impact and the suffering inflicted on almost every community across the island and its adverse impact on our operations throughout the year. I also wish to stress that the continued lock down measures and inter regional travel restrictions in place made our tasks in fulfilling our obligation to carry out any educational related projects during the last 12 months, expected from the remaining (£9000) from Mrs. Aruni De Alwis's £15,000 donation from late Mrs. Florence De Silva's estate all but impossible and I wish to extend my sincere apologies to Mrs. De Alwis on behalf of HS.

This now brings me to highlight few salient features of the much-heralded breakfast programme at Anuradhapura main Hospital which is entering its 10th year in 2022. This remains one of the most deserving humanitarian projects in our calendar and one of its kind in SL. With an annual budget of £8000 Breakfast & clean water is provided to every patient (average 40 patients) attending dialysis treatment every morning 365 days / year. It is important to stress that the programme was only fully subscribed for the first time this year in its 9year history. Whilst the annul expenditure is set to increase beyond £9000 in 2022 due escalating prices in the current climate and despite funding constraints, we will endeavor to support the scheme. Any thought of withdrawal is unimaginable in the context of the patients, who are some of the most deprived and poorest in the society. I once again make this earnest plea and urge everyone present to come forward &

support the scheme as its continuation is only tenable with your sponsorship. I also implore that you spread the merits of this scheme among your friends and relatives.



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It costs just £20 per/day to feed average 40 patients and despite the projected price hike, we will continue at the current rate to encourage and attract more sponsors to the scheme. I trust the vast majority of us living here in the UK would be able to support the scheme & sponsor just one day in the year to a feed 40 patients. Your support will no doubt benefit every single patient and I also encourage current and would be sponsors to visit Anuradhapura Hospital when in SL next time and speak to the patients to get to know how they are benefitting from the service. Dr Palitha Serasinghe & I are available to provide any information on the B/F programme.

Now in the context of the last 12 months, I would not be surprised to be asked as to how & what did we achieve during this period. It is certainly the case that, during these extraordinary & unprecedented times, Helasrana was supported by extraordinary people, organisations, and other institutions. In turn, I hope that HS continually demonstrated that it understood what is expected of them in supporting & promoting their charitable endeavors even in this turbulent and unpredictable environment. To say it has been a challenging time is an understatement and it has of course been Challenging in terms of fund- raising activities (None) and delivering special projects except for our extensive involvement supporting COVID 19 Emergency measure and the 25year special project. Following many discussions, every EXCO member took it upon themselves to maintain a continuous dialogue with both medical & administrative staff of the selected hospitals to identify their specific requirements and to work with numerous medical equipment suppliers in SL and negotiate the best deals possible whilst the demand was high & stocks were dwindling to enable us to source the necessary items for the hospitals from total funds available. It had been a huge success overall, supporting 5 Hospitals for COVID measures and other Life-saving medical equipment. It is important to highlight this was all achieved without the involvement of our local coordinators whose health & safety we were not prepared to compromise. We were also fortunate to have been able to collaborate with other charities on COVID emergency measures.

I also need to touch upon what exactly is in store for us in the immediate few years and our vision for the future. It is obvious that a level of uncertainty will continue to prevail over the next few years, the nature &

unpredictability of any residual impact of the pandemic that has engulfed us over the last two years remains to be seen. However, we must be prepared to develop strategies to work within such an environment.

Whilst outdoor fund-raising events may be possible in the medium to long term, it is imperative we examine other potent avenues to raise funds without resorting to appeals which has reached a saturation point during the pandemic. This is very important considering the global impact of the pandemic on livelihood of communities, families & individuals. Needless to emphasise that our operating landscape has changed through our experience over the last two years, and we have grown accustomed to working from home and



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conducting all major activities in a virtual environment. I recognise that each organization continue to operate with its specific modus operandi, however, the fundamental reality remains that we all strive to support our motherland not only in her hour of need but many other activities across all latitudes. Given the current climate and the future uncertainties, it is vital that we continue to work together, develop a collective approach and pool our resources both here in the UK and our networks / teams on the ground in SL during major emergencies to achieve significantly more in our humanitarian endeavors. It is also imperative we create a positive environment for the younger generation to work shoulder to shoulder with the established seniors & propel the organisations to greater heights supporting ever increasing humanitarian aid programmes & other charitable causes for the next 25 years. As demonstrated over the last 25 years, it is my greatest desire to see the new generation carry that beacon of light to fulfill the hope & aspirations of those very communities we serve and whose cries hitherto gone unnoticed. My ultimate wish is to see HS flourish in the hands of the next generation, with far greater success, achieve and accomplish significantly more in the next 25 year for everyone to be proud of.

On behalf of HS EXCO, I now take this opportunity to convey my appreciation to all our sponsors, donors including very many on the breakfast programme for making it the most successful campaign in 9years, fund raisers and key contributors to Helasarana cause over the last 12 months. To Friends of Sri Lanka for their collaboration on COVID emergency medical relief, generous donations from Mr. Sunil Subasinghe

(Aus), Mr. Ajith De Silva & Mr. Gamini Jayasinghe (US) for the COVID appeal. I also place on record our appreciations to Dr Thushara Rodrigo SLMDA & Dr Nalini Ranasinghe Medical Aid Sri Lanka & Ven Mangala Thero of Newham-Lumbini Vihara for giving us the opportunity to collaborate with Covid 19 emergency relief measures, to Professor Dharmadasa for giving us the opportunity to work with him to advance and continue the Solar Village concept, Dr Mrs Hansika Atapattu of Sri Lanka Association for the Advancement of Science (SLAAS) for her exceptional professionalism in her coordinating role on the Solar project and to our own Mr Leslie Dep for undertaking the sole responsibility for the successful completion of the Solar Project and his continued commitment and finally to our accountant Mr Ranjan Pinto for swift return of our completed accounts.

Finally, as we celebrate 25 years, we are very conscious & recognise the fact that all our achievements, accomplishments & successes would not have been possible if not for the collective participation of many fellow charity organisations, other institutions & individuals who shared the same vision. Today, I stand here with great hope & expectation for the future of this organisation & bow my head in respect, admiration and appreciation to the SL High commission in the UK, LBV, APSL, SLMDA, Friends of Sri-Lanka, Medical Aid Sri Lanka, SLLF (UK), other Sri-Lankan organisations in the UK, many hundred donors, sponsors, numerous fundraisers, supporters, well-wishers, Tissa Madawala for coverage of our events over many years, Mr Bandula Manage for the exposure



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provided via various Sesatha web publications, Anil & Alex from West Essex Golf Club for their annual golf day fund raising event over many years, various caterers who assisted us at previous AGMs and other events and everyone concerned, for their continued and unreserved support and encouragement over these 25 wonderful years. I also recognise the extraordinary & unparalleled dedication; commitment, exceptional professionalism & the unconditional backing offered by every single EXCO member over the last 25 years & our unique team in SL headed by Lucky & Kanthi Wijesekera and our coordinators late Mr Daya Meethiya, Mr Wickremasinghe, Mr Chandrasiri Liyanage, Mrs Hema Amarakone and Mrs Devaki Gomez who served Hela Sarna with such distinction & determination enabling us to complete many hundred projects successfully with much credit & recognition. I extend my special thanks & appreciation to each and every one and suffice to say I am truly indebted to all

Mr. Daya Meehitiya who passed away few months ago has left a void and his unwavering enthusiasm, ever-present smile and his yeomen service over 20+ years will be sorely missed by us all in the coming years.

It has been a great privilege to be an integral part & serve this hallowed organization over the last 25 years and the last 6 years as the president. I will continue to serve this organization in any capacity & support the EXCO to bring every honour it richly deserves. – Thank You

Mr. Aruna Fernando Minister (Administration & Consular) of the High Commission of Sri Lanka delivered the message on behalf of her Excellency Mrs. Saroja Sirisena the High Commissioner for the Democratic Socialist Republic of Sri Lanka in the UK acknowledging the role of Hela Sarana over the last 25 years and thanked the organisation for being a beacon of light.

The Keynote address **“Solar Village Projects for Sustainability and Reduction of Poverty”** by Prof. I. M. Dharmadasa BSc, PhD, CPhys, CEng, FInstP, FWIF followed.

- He mentioned how the Hela Sarana-APSL first solar village in Nochchiya (2016) now aptly named as the ‘Raja Meehitiya Solar village was doing well, by water purification, selling to seven neighbouring villages suffering from kidney problems and re-investing those savings via “Micro-Loans” to villagers. Generating money by selling the electricity to the national grid
- He said we should pass these ideas to other village communities for them to develop similar models for Sustainability and Reduction of Poverty.
- He described the how the collaborative efforts of Hela Sarana, with the Sri Lanka Advancement of Science, and the Faculty of Technology at Sri Jayawardenapura University made the Solar village project at the Tissapura Kanishta Vidyalaya in Monaragala possible in time for the Hela Sarana 25th Anniversary.
- He said our projects were shared with the COPE committee 2022 in the UK (Through the Sri Lankan Government representatives.)



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Vote

Of Thanks by Dr. Jayantha Perera, Secretary Hela Sarana was followed by the singing of national anthems to conclude the 25th Anniversary AGM.

The Minutes were approved by the Trustees

Dr. Jayantha Perera

Jayantha Perera

Secretary Hela Sarana



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HELA SARANA

Statement of Income & Expenditure For the Year Ending 30th September 2021

	£	£
Income		
Regular Donations by Standing Orders	13,670.00	
Other Donations	6,533.61	
Funds Returned by Barclays Bank	5,000.00	
CKDU - Breakfast Programme	3,563.59	
Virgin Money Giving	7,403.64	
Bank Interest	90.33	
Charities Trust	1,000.00	
Covid 19 Appeal	4,626.40	
Donations from Friends of Sri Lanka	1,000.00	
Total Income for the Year		42,887.57
Expenditure		
Accountancy Fees 2019 and 2020	960.00	
Web Maintenance and Zoom Charges	360.49	
Rev. Eardly Mendis Project	392.17	
Donation to Medical and Dental Association in UK	3,500.00	
Donation to Sri Lanka Leukemia Foundation (SLLF) UK	250.00	
Transfer to Sri Lanka Account for Various Projects	9,540.00	
Bank Charges	124.00	
Meth Sevana Gampola Teachers Salary	1,461.81	
IDH Hospital Roof Project	5,010.00	
Covid 19 - Donation to ELBCC	1,250.00	
Covid 19 - Medical Aid to Sri Lanka	3,000.00	
Covid 19 - Medical Equipment's to Five Hospitals in Sri Lanka	15,735.21	
Solar Project at Tissapura Vidyalaya Monaragala	3,363.01	
Apostolic Carmel School at Maharagama	358.98	
Video Laryngoscope to Lady Reidgeway Hospital Colombo	5,329.44	
Total Expenditure for the Year		50,635.11
Income over Expenditure for the Year		<u>-7,747.54</u>
Balance Sheet as at 30th September 2021		
Assets		
Barclays Current Account	52,454.02	
Barclays Savings Account	2,334.62	
BOC Savings Account	254.79	
BOC Fixed Deposit Account	21,987.82	
Total Assets		<u>77,031.25</u>
Expenditure over Income for the Year	-7,747.54	
Balance brought forward from 1st October 2020	84,778.79	
Total Funds		<u>77,031.25</u>

The financial statements were approved by the Board of Trustees on 13 October 2021 and were signed on its behalf by:

Methsiri Wijeratna
Trustee and Treasurer

REGISTERED CHARITY NUMBER: 1093504

Report of the Trustees and
Unaudited Financial Statements For The Year Ended 30 September 2021
for
Hela Sarana

Actar Ellis Brown & Co
Security House
7-8 Sevenways Parade,
Woodford Avenue, Gants Hill,
Ilford
Essex
IG2 6XII

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Contents of the Financial Statements
For The Year Ended 30 September 2021

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Balance Sheet	3

Hela Sarana

Report of the Trustees
For The Year Ended 30 September 2021

The trustees present their report with the financial statements of the charity for the year ended 30 September 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1093504

Principal address

55 Herent Drive
Clayhall
Hford
Essex
IG2 0HE

Trustees

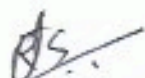
A J Bollegala
Mrs M Polpitiye
Dr S D Perera
W L P Dep
M Wijeratna
R J Silva
Dr P Serasinghe
Mrs I Perera
Dr. S Perera
G A Perera
Dr. J Jayawardene

Independent Examiner

Actar Ellis Brown & Co
Security House
7-8 Sevenways Parade,
Woodford Avenue, Gants Hill,
Hford
Essex
IG2 6XH

Approved by order of the board of trustees on 8th Dec 2021 and signed on its behalf by:


R J Silva - Trustee



Independent Examiner's Report to the Trustees of
Hela Sarana

Independent examiner's report to the trustees of Hela Sarana

I report to the charity trustees on my examination of the accounts of Hela Sarana (the Trust) for the year ended 30 September 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Sylvain Pinto FCCA, ACMA
Actar Ellis Brown & Co
Security House
7-8 Sevenways Parade,
Woodford Avenue, Gants Hill,
Ilford
Essex
IG2 6XH

Date: 11.11.2021



HELA SARANA

Statement of Income & Expenditure For the Year Ending 30th September 2021

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<u>Income</u>		
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Balance Sheet as at 30th September 2021

Assets

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Balance brought forward from 1st October 2020	84,778.79	
Total Funds		<u>77,031.25</u>

The financial statements were approved by the Board of Trustees on 13 October 2021 and were signed on its behalf by:

Methsiri Wijeratna
Trustee and Treasurer

HELA SARANA

England & Wales - Charity number 1093504

Accounts



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UK Registered Charity No: 1093504

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Minutes of the Hela Sarana 24th Annual General Meeting 17.10.2020 via ZOOM

Agenda

- 15. 45 hrs-16.00- meeting room - view Selected Hela Sarana projects over the last 20 years
- **16.00 hrs meeting called to order**
 1. 16.05 Welcome Address: Mr. Jayantha Silva-President
 2. 16.10 Two minutes silence to remember the friends, colleagues, key workers, and others who passed away
 3. 16.14 Minutes of the 23rd Annual General Meeting held on 12th October 2019: Dr. Jayantha Perera- General Secretary
 4. 16. 25 Adoption of the 23rd AGM Minutes
 5. 16.27 Treasurer's report: Mr. Methsiri Wijeratne- Treasurer
 6. 16.32 Adoption of the Treasurer's report
 7. 16.33 Election of Office Bearers for the year 2020-2021
 8. Presiding officer to be interim chair –Mrs Ruvenie de Alwis Jayasinghe
 9. Appointment of the New committee
 10. 16.40 Presidents report – Mr. Jayantha Silva
 11. 17.00 Student Scholarship programme –Mrs Irie Perera
 12. 17.10 Fund raising- Mr. Anil Kurukulasooriya and Mr. Alex McHardy
 13. 17. 15 Future projects –Dr Jayantha Perera
 14. 17.20 Keynote address: H. E. Mrs Saroja Sirisena, The High Commissioner of SriLanka to the United Kingdom.
 15. 17. 35 Q&A sessions
 16. 17. 45 Vote of thanks by the Secretary
- **18.00 END**



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Minutes of the Hela Sarana 24th Annual General Meeting -17.10.2020 via Zoom

The 24th Annual General Meeting was called to order by Dr. Jayantha Perera, secretary of Hela Sarana at 16.00 hours to begin the first ever Hela Sarana virtual AGM.

The President of Hela Sarana Mr. Jayantha Silva commenced his welcome address as follows "Ayubowan and a very good evening. With your permission I take this brief departure from the traditional welcome to announce that whilst today's event is held under a virtual environment, it will remain traditional in every sense and in accordance with the protocols and the constitutional requirement. As with many other institutions & organizations faced with the reality of the present unprecedented circumstances and a unique environment in the new world order today, we have gone virtual for the 1st time in our 25year history (the 24th AGM). Needless to emphasize that every institution without exception is compelled to adopt a virtual platform to fulfill its obligations and we are keeping pace with the new order. It is however, our fervent wish that we will be able to create that very traditional environment to feel we are all under one roof.

Though we are making every endeavor for a very smooth passage throughout the event, on the very onset I most humbly request your patience & understanding for any inadvertent shortcomings on our part and / or any IT glitches that we may encounter."

He then extended a very warm welcome on behalf of the executive committee and the membership to her Excellency Mrs. Saroja Sirisena, the High Commissioner for the Democratic Socialist Republic of Sri Lanka to the UK and to the Honorary Patron of Hela Sarana Mrs Lalitha Meehitiya, distinguished and valued guests, our sponsors, donors, fund raisers, well-wishers, friends, Helasarana Executive Committee, the membership, and the youth group to the 24th AGM.

in keeping with our tradition of the last five years, we observed a 2 minute silence as a mark of respect and tribute in honour of our most respected founder and our inspirational leader late Mr Raja Meehitiya, late Mr Shelton Ranasinghe (our 1st general Secretary), and our other departed colleagues Dr Geetha Sathiyalingam, Mr Vish Vedage & Mrs Chandrani Amendra who served the hallowed institution with distinction. The silence was also extended as a mark of respect to the recently departed members, families, and keyworkers from the Covid 19 Pandemic.

Dr. Jayantha Perera presented the minutes of the 23rd Annual General meeting which was proposed as correct by Mr. Methsiri Wijeratna and seconded by Dr. Saman Perera.



United for needy in Sri Lanka since 1996
Hela Sarana
UK Registered Charity No: 1093504

55 Herent Drive
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Website: www.helasarana.org

The treasurers report by Mr. Methsiri Wijeratne was presented to the audience using PowerPoint through the shared screen facility. Dr. Jayantha Perera proposed the treasurers report as correct seconded by Dr. Kanthi Jayawardana.

The election of the new committee for the year 2020-2021 took place under the supervision of presiding officer and interim chair Mrs. Ruvenie de Alwis Jayasinghe after the executive committee for the year 2019 – 2020 resigned on mass as per constitution.

The newly elected executive committee is as follows.

President -Mr. Jayantha Silva

Vice President -Dr. Saman Perera

Secretary- Dr. Jayantha Perera

Joint Treasurers- Mr. Methsiri Wijeratna and Mr. Felix de Alwis Jayasinghe

General committee- Mr. Leslie Dep, Mrs. Mala Polpitiye, Mr. Asoka Bollegala, Dr. Palitha Serasinghe, Mrs. Irie Perera, Dr. Jeevani Jayawardana, Mr. Aruna Perera, Dr. Daya Perera, Dr. Kanthi Jayawardana, Mr. Mangala Ranchagoda. Uditha Bopitiya

Information Technology and Digital media-Mr. Ruwan Wijeratne

Youth Committee

Miss Sayuri Serasinghe, Dr. Sachintha Perera, Dr. Hiroki Serasinghe. Ms Hiranya de Alwis Jayasinghe

The President's Project report was presented by Mr. Jayantha Silva who stated at the outset "it is crucial to demonstrate the transparency and openness of the organization, but also to ensure all our sponsors, donors, the wider memberships and those who are present for the first time are provided with an accurate account of our successes & achievements over the last 12 months and enlighten everyone present with our plans for the year ahead & future direction. I consider this vital to the well-being of the organisation insofar as its future lies in the hands of our existing sponsors, donors, new members, and extending this organisation appeal to wider Sri Lankan and other communities not only to enhance our support base but gain wider long-term recognition for what we do, and we stand for. It is in this context we endeavor to provide information of value and substance to facilitate your participation in many aspects of our work." "To retain the audience involvement, participation & focus during the time frame there will only be two presentations pertaining to two major areas of our work covering the ongoing Education and CKDu related Breakfast programme now entering its 9th year."



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He was keen to emphasise that Our Coordinators in Sri Lanka have been extremely active over the first 5 months of our accounting year (from Nov 19 up to middle of March 2020) before the Pandemic and ensured the completion of few key projects.

a) Meth Sevana School building project in Gampola for Physically Disabled Children /adults

Completion of this important project has ensured a long-term future for the children, adults, teachers, trainers, and everyone involved in running the school.

Approximately Cost: £3,000.00/=

This project was partly funded from donation received from Imperial College SL-society

b) Kantale Mahaveli Raja Maha Vihara Dharmasala Project

This project has been successfully completed and the Dharma Salama is now available for teaching facilities benefiting children in the village cluster and other religious events for the local community

Approximate Cost £4,000.00/=

c) Four (04) specific Educational Projects

3 in Piliyandala Area & 1 in Gampaha district were completed from the £15,000 Donation made by (Mrs. Aruni De Alwis from late Mrs. Florence De Silva's estate) at a total cost of approximately £5,500, leaving further £9500 for further educational related projects for the coming year. Projects completed as follows:

i. Batuwandara Vidyalaya, Piliyandala

Infrastructure development (Power supply and complete upgrade of electrical system for standard compliance & acoustic insulation).

Total approximate cost: £ 875.00/=

ii. Mampe Vidyalaya - Piliyandala

Complete School building upgrade & refurbishment

Total approximate cost: £ 2250.00/=

iii. Hermann Gmeiner School -Piliyandala

Infrastructure development & complete upgrade of electrics & power supplies for standard compliance.

Total approximate cost: £1350.00/



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Sivralumulla Primary School, Nedungamuwa. Gampaha.

One desk top computer including a screen and a laptop computer with necessary software for both computers were provided to enhance computer usage to benefit all students

Total approximate cost: £950.00/=

COVID EMERGENCY RELIEF

1) COVID 19 Emergency Relief – Phase 1

Provision of Dry Food Rations to families affected by the pandemic and subsequent lockdown measure, in collaboration with APSL.

Helasarana contribution £2400

2) COVID 19 Emergency Relief – Phase 2

Provision of N95 Masks to five hospitals in collaboration with APSL

Helasarana contribution: £700

APSL emergency relief team had been fully responsible for all activity led by Dr Leshan Uggalla, working with their coordinators operating across many regions of the country for both Emergency relief Phase 1 & 2

3) COVID 19 Emergency Relief initiated by Dr Saman Perera with great assistance from Dr Palitha Serasinghe and coordinated by Pastor Eardley Mendis and his team in SL

Provision of Dry Food Rations to over 100 families affected by COVID 19 in Baddegama area in Galle district & to renovate a kitchen to cook meals to families affected by floods in the area.

Total approximate cost: Rs 700,00/=

4) Support to Apeksha Cancer Hospital

Another collaborative project this time with Sri Lanka Leukemia Foundation to procure 3 x 24 port network devices for network upgrade & improvement

Helasarana Contribution: £ 2000



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Key Portfolio projects

1. Breakfast Project for patients undergoing Renal Dialysis at Anuradhapura Hospital

The breakfast programme which is entering its 9th year is one of the most deserving humanitarian projects in our calendar and only tenable with your continued support. Annual expenditure for this programme **currently exceeds £8000**. (Only costs just £20 per/day to feed 40 patients per session)

Every patient (average 40 patients / session) attending dialysis treatment in the morning is provided with a wholesome breakfast and clean water every day 365 day / year. Even though the programme was not fully subscribed in any one of the 8 years and despite lack of sponsorship we continued to finance which has impacted our general reserves which is maintained for major emergencies and other humanitarian projects. Irrespective of funding constraints for all our activities, we have continued to support the scheme as this remains the only meal for many of the patients, who are some of the most deprived and poorest of our society. Mr. Jayantha Silva made an earnest plea to all present at the AGM to come forward & support the scheme and spread the merits of this scheme among friends and relatives for them to come forward.

2. Education Scholarships

Hela Sarana Student Education Grant Programme -presented by Mrs. Irie Perera

Please sponsor a child and make a difference

The UK Committee: Mrs. Irie Perera, Dr Jeevani Jayawardena, Dr Kanthi Jayawardana, Mrs. Mala Polpitiye

Worked tirelessly with the 3 coordinators **In Sri Lanka**, led by Mr. Lucky Wijesekera to deliver the education scholarship programme for the deserving students. Since 2004 nearly 600 students have benefited from this programme. All coordinators are volunteers who give their time free of charge to the project to make it a success and keep the costs to a minimum

The current cost of Sponsorship

£5/month for a school child

£10/ month for an A/L student

£15/month for a university student

Mrs. Irie Perera informed the audience that Hela Sarana sponsored students from Anuradhapura, Colombo, Galle, Gampola, Hambanthota, Kandy, Kurunegala, Matara, Monaragala, Polonnaruwa, Ratnapura, Vavuniya. In the 2019-2020 year 107 Students were sponsored. She said “We select students who are academically able from low income families. The head teachers and class teachers



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help us to select deserving students. Successful students are checked and approved by Lucky and the team. “

How do we monitor the project?

The team in Sri Lanka visit schools once a year. They collect progress reports of the students. Lucky checks the progress of every student. If they are not doing well Lucky contacts them individually to advise and encourage them to do well in their exams. The school students write thank you letters to their sponsors once a year. University students provide yearly progress letters to Lucky until completion of their degree course.

UK coordinators meet at least twice a year to monitor the student database, check donations from sponsors and look for new sponsors. We forward the letters from students to their sponsors.

The UK committee informed the virtual audience, “In 2019-2020 academic year we have 91 school children and 16 university undergraduates receiving grants. The total cost for the student grant programme is £820/month. We currently have 110 sponsors. “

“It is very easy to sponsor a child. You can set up a standing order through Virgin money. The information is on our website; www.helasarana.org. You can also contact the coordinators. “

Improving social cohesion through community participation

Fund raising events

Walkathon to raise money for the Infectious Disease Hospital (Improvement of Living quarters) - members and well-wishers ran/walked and raised almost £6000 in the UK and Rs.160,000/= in Sri Lanka

Annual Golf event

Mr. Anil Kurukulasooriya and Mr. Alex McHardy spoke about how they raised £2700 for Hela Sarana projects in 2020 with their annual golf event. Their boundless enthusiasm to raise money for the charity year after year was well appreciated by the membership.

Baila Night – The Youth Committee led by Mr. Ruwan Wijeratne raised £1600 from their six to eight Baila night.

Back to the 70-2-The second edition of the popular back to the 70’s musical show organised by Hela Sarana raised over £5000 for Charity projects. Dr. Daya Perera (EXCO) member, once again choreographed the whole event with the help of a dedicated group of musicians who gave their time and effort to raise money for the charity ably supported by the exco and membership.



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Projects Planned for 2021

Hela Sarana Secretary Dr. Jayantha Perera presented the project plan for 2021 “With the country getting back to a degree of controlled normality following sustained and incessant COVID 19 control and containment measures, our coordinator had planned visits to various remote areas where numerous humanitarian needs had been identified and come to light. The first of these visits were to be made towards the middle to end of Oct. However, with the 2nd wave returning with a vengeance all visits are now on hold and difficult to estimate the time frame when we can resume our work to identify projects for 2021” he said.

The few specific projects identified for the next financial year were:

- 1) IDH hospital living quarters / Accommodation block Roof reconstruction (Charity Walkathon which has raised almost £6000 here in the UK and further Rs 160,000/= in SL)
- 2) Reconstruction of Kitchen destroyed by recent floods in Baddegama
- 3) Financial aid to two families in Baddegama area who had lost their livelihood following the pandemic and the subsequent Major floods.
- 4) Possibility of resurrecting Dr the Hela Vision Cataract project

Keynote address by HE Mrs Saroja Sirisena, Sri Lanka High commissioner to the UK, a followed. Her Excellency acknowledged the role played by Hela Sarana over the years to improve the quality of lives in the needy and was very thankful for our disaster relief programmes over the years.

Vote of Thanks

Mr. Jayantha Silva- President of Hela Sarana delivered the vote of thanks as follows

“I now take this opportunity on behalf of the EXCO to convey my appreciation and gratitude to all our sponsors, donors including very many on the CKDu breakfast programme, supporters, membership base and to several Key contributors to Helasarana cause over the last 12 months which had enabled us to undertake number of community and Emergency Relief projects that would not have been possible otherwise. In this context it is important to note the significant financial contributions made by Anil & Alex from West Essex Golf Club through their annual golf day fund raising event and Imperial College SL Society.

I also place on record our profound appreciations to APSL & SLLF for giving us the opportunity to collaborate with Covid 19 emergency relief and Apeksha Cancer Hospital network upgrade projects respectively. Special thanks to APSL President Dr Mahesh De Silva & the then General Secretary Dr Leshan Uggala for their tremendous efforts & dedication for Covid 19 Emergency relief measures and Mr. Nihal Perera President SLLF leading the way on Apeksha Cancer Hospital network upgrade.

I recognise the tremendous workload undertaken by all our sponsors, donors, supporters, fund raisers and well-wisher to promote Helasarana activities, their continued commitment, support, &



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encouragement to Helasarana EXCO over the last 12 months and on behalf of the EXCO my sincere thanks and appreciation.

We have worked with passion and greater commitment to successfully complete many projects and I am truly indebted to everyone for our achievements over the last 12 months particularly to our dedicated team in SL headed by Lucky & Kanthi Wijesekera and the 3 coordinators in Mr Daya Meethiya (Daya aiya), Mr. Wickremasinghe and Mr. Chandrasiri Liyanage for their sterling work throughout this period despite the Pandemic

it is a great honour to serve this passionate organization and I could not have asked for greater support, backing and solidarity from EXCO members and everyone involved. It has been an inspiring experience working with a team of professionals with unparalleled enthusiasm & commitment. To the EXCO, our invaluable team in SL, the wider membership and the youth group, my profound gratitude and appreciation for all their encouragement and guidance always.

Now allow me to thank your Excellency and all present at the virtual gathering most sincerely for your participation at this year's event. This organization relies on your continued backing to extend our charitable endeavors to reach far & wide. Thank you all for listening"

The virtual audience were very appreciative of the Helasarana portfolio, the work showcased, opportunities provided to interact albeit via zoom but yearned to have the delectable cuisine, toe tapping music and face to face interaction made impossible by the Pandemic.

The meeting concluded on time.

Minutes prepared By Dr. Jayantha Perera, Secretary Hela Sarana.

The minutes were approved as correct by the Board of Trustees of Hela Sarana

Mr. A. j. Bollegala

Mr. G. A. Perera

Mrs M. Polpitiye

D.J. Jayawardane

Dr. S.D. Perera

Mr. W.L.P. Dep

Mr. M. Wijeratne

Mr. R. J. Silva

Dr. P. Serasinghe

Mrs. I Perera

Dr. S. J. Perera

Report of the Trustees and
Unaudited Financial Statements For The Year Ended 30 September 2020
for
Hela Sarana

Actar Ellis Brown & Co
Security House
7-8 Sevenways Parade,
Woodford Avenue, Gants Hill,
Ilford
Essex
IG2 6XH

Hela Sarana

Report of the Trustees

For The Year Ended 30 September 2020

The trustees present their report with the financial statements of the charity for the year ended 30 September 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1093504

Principal address

55 Herent Drive
Clayhall
Ilford
Essex
IG2 0HE

Trustees

A J Bollegala
Mrs M Polpitiye
Dr S D Perera
W L P Dep
M Wijeratna
R J Silva
Dr P Serasinghe
Mrs I Perera
Dr. S Perera
G A Perera
Dr. J Jayawardene

Independent Examiner

Actar Ellis Brown & Co
Security House
7-8 Sevenways Parade,
Woodford Avenue, Gants Hill,
Ilford
Essex
IG2 6XH

Approved by order of the board of trustees on and signed on its behalf by:

.....
R J Silva - Trustee

**Independent Examiner's Report to the Trustees of
Hela Sarana**

Independent examiner's report to the trustees of Hela Sarana

I report to the charity trustees on my examination of the accounts of Hela Sarana (the Trust) for the year ended 30 September 2020.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Sylvein Pinto FCCA, ACMA
Actar Ellis Brown & Co
Security House
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Date: 11.03.21

HELA SARANA

Statement of Income & Expenditure For the Year Ending 30th September 2020

	£	£
<u>Income</u>		
Regular Donations by Standing Orders	13,950.00	
Other Donations	2,869.75	
AGM 2019	2,110.95	
CKDU - Breakfast Programme	1,580.00	
Virgin Money Giving	5,956.75	
Bank Interest	220.54	
Charities Trust	44.65	
Youth Project (Bila Night)	1,606.91	
Back 2 70`s Concert	22,630.00	
	<hr/>	
Total Income for the Year		50,969.55
 <u>Expenditure</u>		
Cost for Mr. Shelton Ranasinghe`s Alms Giving	630.00	
Web Maintenance Charges	320.00	
AGM 2019 Catering Cost	660.00	
Hall Hire AGM 2019	400.00	
Donation to APSL for Covid 19 Projects	2,800.00	
Covid 19 Project in Sri Lanka	445.00	
Donation to SLLF UK	2,000.00	
Transfer to Sri Lanka Account for Various Projects	23,507.00	
Bank Charges	310.40	
DHL Cost to Sri Lanka	38.95	
Total Expenditure for Back 2 70` Concert	16,830.01	
Total Expenditure for the Year 2019-2020		<hr/> 47,941.36
Income over Expenditure for the Year		<hr/> 3,028.19 <hr/>

Balance Sheet as at 30th September 2020

Assets

Barclays Current Account	60,869.44	
Barclays Savings Account	1,334.41	
BOC Savings Account	674.72	
BOC Fixed Deposit Account	21,900.22	
Total Assets		<hr/> 84,778.79 <hr/>
Income over Expenditure for the Year	3,028.19	
Balance brought forward from 1st October 2019	81,750.60	
Total Funds		<hr/> 84,778.79 <hr/>

The financial statements were approved by the Board of Trustees on 04 October 2020 and were signed on its behalf by:

Methsiri Wijeratna
Trustee and Treasurer