

MAINSTAY

England & Wales · Charity number 1093355

Details

Status Registered

Legal form Other

Registered 2002-08-08

Register [View on the Charity Commission register](#)

Contact

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York
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Activities

Objects: TO PROMOTE THE PROVISION OF HIGH QUALITY CARE FOR PEOPLE WITH MENTAL HEALTH PROBLEMS LIVING IN OR RECEIVING SERVICES IN YORK AND THE SURROUNDING AREAS AND OTHER REGIONS WITHIN THE UK IN ANY WAY THAT IS CHARITABLE IN LAW, IN PARTICULAR BUT NOT EXCLUSIVELY BY:A PROVIDING A FORUM FOR CURRENT AND FORMER USERS OF MENTAL HEALTH SERVICES;B PROMOTING THE INTERESTS OF CURRENT AND FORMER USERS OF MENTAL HEALTH SERVICES;C PROMOTING A MORE POSITIVE AND UNDERSTANDING ATTITUDE TOWARDS PEOPLE WITH MENTAL HEALTH PROBLEMSD CONTRIBUTE TO THE PLANNING AND DEVELOPMENT OF MENTAL HEALTH SERVICES.E. THE DELIVERY OF SERVICES TO PROMOTE POSITIVE MENTAL HEALTH

Activities: Mainstay works with vulnerable adults who have mental health issues. Mainstay works to raise awareness about mental health issues and provides community hub social support and advice, mentoring, short courses, skills for work, counselling services to enable service users to engage with their community. Mainstay works with people to build stronger communities.

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty
- **Who:** Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- **Area of benefit:** YORK
- City Of York
- North Yorkshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£18,003	£8,792	-	-
2024-03-31	£3,295	£7,033	-	-
2023-03-31	£6,074	£7,685	-	-
2022-03-31	£6,074	£7,685	-	-
2021-03-31	£24,578	£11,289	-	-

Trustees

Name	Role	Appointed
David de Silva	Chair	2016-02-09
Kathryn Smith		2017-11-23
Kevin Butler		2020-05-29
Shirley Duff		2014-06-30