

**REGISTERED COMPANY NUMBER: 04433988 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1093140**

**Report of the Trustees and**  
**Audited Financial Statements**  
**for the Year Ended 31 March 2023**  
**for**  
**DARLINGTON MIND LIMITED**

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**DARLINGTON MIND LIMITED**

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**for the Year Ended 31 March 2023**

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## **DARLINGTON MIND LIMITED**

### **Report of the Trustees** **for the Year Ended 31 March 2023**

The Trustees who are also directors of the Charity for the purposes of the Companies Act 2006, present their report with the financial statements of the Charity for the year ended 31 March 2023. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **DARLINGTON MIND MISSION STATEMENT**

To promote good mental health and wellbeing and to offer high quality care, support and recovery services within our local communities.

#### **OBJECTIVES AND ACTIVITIES**

The Charity's principal objective is to assist people with mental health issues to regain their full potential in life and work. In setting our objectives and planning our activities, Trustees have considered the Charities Commission's general guidance on public benefit. When reviewing our aims and objectives and in planning our future services, the Trustees consider how planned activities will contribute to the aims and objectives they have set. All that Darlington Mind Limited does as a charity is for public benefit and most of its activities fulfil The Charity Commissions category (j) purpose of "the relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage". The Charity also works for "the advancement of health or the saving of lives" where this relates to mental health.

The Charity works tirelessly to ensure its services are of 'public benefit' and its Trustees ensure there is free and open access to any person who lives and works within the Darlington, South of County Durham, Hambleton and Richmondshire area who are dealing with mental health distress. The Charity seeks to realise this objective by providing the support and services detailed below.

##### **Service Delivery**

During the year the Charity supported 2361 people in Darlington, South of County Durham, Hambleton and Richmondshire through a range of interventions. We strive to support more people each year across our local communities to meet the ever growing demand for help.

We continue to deliver services including hybrid approaches as well as in person support which has been fully re-established post Covid-19 pandemic. The legacy of the pandemic is a lasting effect on the mental health of many local people, including the trauma of isolation and loneliness, reduction in confidence and lack of social skills and with the limitations on people accessing NHS appointments during lockdowns physical health conditions have worsened widely with a knock-on impact on mental health.

Since Covid-19 people have had to contend with the advent of the cost of living crisis, rising utility costs and increased interest rates, unease about conflicts in Europe and further afield, relationship and job worries, a rise in reports of domestic violence, eating disorders, homelessness plus more people becoming alcohol and drug dependent. This has seen a big increase in people reaching out for help.

However, we are also aware that a great many people, feeling unwell and struggling to cope but do not ask for help, with social and self-stigma, being barriers to engagement.

##### **Supported Housing Services**

Saint Hildas House has a 10 Bed Housing Project specifically for people with mental health issues which is managed by the Charity on behalf of the North Star Housing Group. Housing staff offer tenancy support and alongside our Adult Mental Health Team emotional and practical help is available to residents and everyone is charged rent for their accommodation. The Charity are also managing agents on behalf of North Star Housing for 6 separate single person flats for individuals who have progressed from Saint Hildas House into independent living but who still require continuing long-term support. The charity also has 10 single person units and rents a further unit from a private landlord. We offer good quality accommodation for people with mental health issues and work closely with a range of agencies that assist with re-settlement of people into a community setting as part of their rehabilitation process. The charity continues to seek development of a range of other partnerships to extend its housing offer.

## **DARLINGTON MIND LIMITED**

### **Report of the Trustees** **for the Year Ended 31 March 2023**

#### **OBJECTIVES AND ACTIVITIES**

##### **Rehabilitation:**

**The Computer Therapy Project** remains popular with service users and continues to help develop online and digital skills, which are essential in fulfilling for so many domestic, financial and social needs.

**The Social Drop-in** is a day service for adults with mental health issues and offers recreational and community activities for people by assessing needs and helping service users to move through a process of rehabilitation, therapy, and peer support.

##### **Positivity Through Activity (PTA), Art, Cooking and Horticulture**

Therapies account for a significant part of the work of the Charity's support for adults. The Positivity Through Activity project encourages physical activity including walking groups (walk and talk), cook and eat (cooking skills) and first aid skills training. We also provide a monthly support group for people dealing with anxiety and depression, regular art and creative craft sessions in our dedicated Arts Studio, and Horticulture Project.

##### **Rapid Response Suicide Prevention**

The NHS North East and North Cumbria Integrated Care Board has continued to fund the Rapid Response Suicide Prevention service covering County Durham and Darlington. The Charity continues to work with Let's Connect (the former Hartlepool and East Durham Mind). Working with the Crisis, ACCESS and GP Teams, we ensure each new referral is assessed within 24 hours and sees a Counsellor within 5 working days. Demand has increased to a high level.

##### **Hambleton and Richmondshire**

We offer a range of services including the North Yorkshire Council (NYC) commissioned service called 'Mind Matters' providing a range of low-level advice, information, and peer support services. We also provide a NYC funded day service for people with enduring mental health issues.

In addition, we provide ongoing support to local people in this area through a wide range of projects including creative writing, relaxation, arts and crafts, social groups and knit and natter.

Also available throughout this area we offer emotional resilience and mental health awareness training.

##### **General Counselling**

We have a bank of volunteer Counsellors, who provide their time free of charge which enables the Charity to provide some of its counselling at very low rates. The Counsellors provide an invaluable service to people with mental health issues who need access to talking therapies. In addition, we offer paid counselling for those who can pay. The demand for this service is again at record levels.

##### **Recovery and Wellbeing Training**

We continued to offer a range of self-help courses from our bases in Darlington and Northallerton, including emotional resilience classes. We continue to focus on providing training in local companies and we have supported a range of employers to provide mental health awareness, mindfulness, and other bespoke training. Durham County Council have provided a grant to enable us to deliver CREW courses (Creating Resilience and Emotional Wellness) free across South Durham. During the year we continued with a project to support local people in Darlington to train as Mental Health Champions, enabling them to support their neighbours, friends, colleagues and loved ones with a listening ear and with information about where to access help when its needed.

## **DARLINGTON MIND LIMITED**

### **Report of the Trustees** **for the Year Ended 31 March 2023**

#### **OBJECTIVES AND ACTIVITIES**

##### **Children's Services:**

##### **Young People's Self Harm Project**

We have now completed the four-year BBC Children in Need funded project. This included providing specialist support and awareness raising sessions for children who are at risk of self-harm. We have secured new Big Lottery funding to maintain our support for children and young people to continue to meet high demands and identified needs. We continue to seek funding opportunities to grow our capacity for this type of support.

##### **Children and Young People's Counselling in Darlington Schools**

This programme, now in its fourth year, is funded by Darlington Education Trust (County Durham Community Development Foundation) which provides counselling support to children in 10 Darlington secondary schools, with which we work very closely. The programme aims to support those children with the most priority mental health conditions with substantive levels of counselling geared to their needs.

##### **Other funding, projects and Volunteer Support**

The Charity is an integral part of mental health service delivery in Darlington, South of County Durham, Hambleton and Richmondshire. We continue to raise funds to assist with our work and have benefited from small donations from a variety of organisations and individuals. A large proportion of funds received by the Charity currently come from the purchase of services by statutory bodies for delivery to service users, which continue to fall. We continue to look for other diverse sources of funds to assist with our charitable aims and objectives.

##### **Volunteer support**

The Charity depends on a strong force of more than 25 volunteers to supplement the work of paid staff. The mixed workforce is a valuable part of our organisation. We would like to thank all our volunteers who collectively make a huge difference to our work.

##### **Staff**

The Trustees would like to extend a huge thank you to the staff for their hard work, support and loyalty in what continued to be extreme and difficult conditions during this financial year.

## **DARLINGTON MIND LIMITED**

### **Report of the Trustees** **for the Year Ended 31 March 2023**

#### **ACHIEVEMENT AND PERFORMANCE**

##### **Charitable Activities**

The Charity has performed reasonably well financially during the year. With second year funding from Lloyds Bank Foundation and Garfield Weston Trust and a careful management of costs. All these resulted in a small operational surplus for the Charity in the year ended 31 March 2023. The Charity faces significant cost increases on utilities, general operating costs and wages, and reduced income moving into 2023/24 however.

Trustees are satisfied with the extent to which the Charity's services have been taken up and its financial performance for the year. Trustees and Senior Managers regularly review the relevance and effectiveness of the services the Charity provides to ensure that its objectives and obligations to its users are met.

#### **FINANCIAL REVIEW**

##### **Financial position**

The Charity is committed to continually reviewing the efficiency and effectiveness of services being delivered and to discontinue any service which can no longer be delivered in an efficient and effective manner. However, the Charity continues to connect with current and potential service users and other stakeholders to best understand needs and to respond by developing new projects to meet those needs. Trustees regularly review and amend the Financial Regulations and will continue to ensure good governance.

Investment income arises from capital and interest-bearing deposit accounts as well as from investment properties which have been purchased over recent years. Income is used to invest in restricted and unrestricted funds that are not expected to be required during the deposit period. Interest received on our reserves has been low due to the present market position but this is improving due to rises in interest rates. The Charity's Trustees will seek to use its reserves appropriately whilst still reducing our risk profile in the future where prudence and careful consideration justify it, including the development of joint ventures and the purchase of additional capital assets which might generate unrestricted income.

We will continue to consider new housing development opportunities where we feel they will strengthen our overall financial position and meet local need.

##### **Investment policy and objectives**

The Trustees, having regard to the reserves policy, have operated a policy of retaining available funds in interest bearing deposit accounts.

## **DARLINGTON MIND LIMITED**

### **Report of the Trustees** **for the Year Ended 31 March 2023**

#### **FINANCIAL REVIEW**

##### **Reserves policy**

The Executive acting as Trustees have reviewed the Charity's needs for reserves in line with the guidance issues by the Charity Commission and have agreed that financial reserves (the "Emergency Operating Reserve" - EOR) should be held for the following purposes:

- Income from statutory bodies is from a 'call off' contract. This inevitably presents cash-flow issues and income from these sources will need to be carefully monitored to ensure it does not result in the Charity experiencing serious liquidity issues in the future. In addition, the Charity is conscious of reducing local authority budgets and a squeeze on funding for adult social care. This has resulted in a considerable loss of income over a number of years, and we predict further falls in the future.
- Income from our Integrated Care Board contract with the Suicide Prevention Project, has not increased in real terms for more than six years - they are therefore worth considerably less and yet demand of the services has considerably increased over the same period and continues to reach record levels.
- The Charity receives rental and housing benefit premium from the local authority for its 27 housing units which are occupied by people with mental health issues. Due to the inevitable fluctuation of occupancy the Charity must retain funds to bridge the payment of operating costs at times when rent income is not forthcoming due to interim voids.
- We receive 'ad hoc' donations and structured grant aid from charitable trusts including Darlington Education Trust, County Durham Community Foundation, and others. In addition, we receive donations and the results of fund-raising opportunities, but these payments are irregular in rate. Reserves are needed to smooth out this fluctuation.
- Some income is generated for 'charged for' services including charging service users for attending projects, from their personal social care or individual service contracts.
- The Charity also generates some limited income from a variety of other sources including investments and a generated surplus at the year-end.
- The Charity requires protection against and the ability to continue operating despite damaging events or unforeseen circumstances which are outside the scope of the normal budgeting process. This might also include damaged property that cannot be used.
- The target level for the EOR has been set at 3 months operating costs - a sum of approximately £208,306 plus £73,256 specifically set aside to cover redundancy obligations on a forced closure basis is £281,562.

##### **General Reserves**

Is held to sustain operations during periods when there is an unanticipated shortfall in income resources or to cover unanticipated significant expenditure, the general reserve as at 31 March 2023 is £377,558 which sufficiently covers the EOR.

##### **Fixed Asset Reserves**

Including the EOR, it was agreed that a Fixed Assets reserve should be held to accommodate those funds which are required to cover project costs outside the current operating budget and/or outside the current financial year. The level of this reserve will be the accumulated sum of all such funds in the accounts of the Charity at each year end.

Capital Purchase Scheme - The Charity spent £185,000 for the purchase and renovation of three new properties in 2019. £165,000 was borrowed in 2019-20 from NatWest, secured by way of first charges and debentures on property already owned by the Charity. These funds were used to purchase a further three properties in 2019-20.

Funds received for future work are recoded under accruals and deferred income.

##### **Designated Reserves**

£313,887 is held in a designated reserve of which £303,887 is to cover fixed assets commitments and the balance of £10,000 has been allocated to cover capital repairs and maintenance on Saint Hildas Hall.

##### **Freehold Property**

The Charity owns the freehold interest in Saint Hildas Hall, 80 Borough Road (2 flats), 20 Eastbourne Road, 88 Yarm Road, 56 Thirlmere Road, 41 Pensbury Street and 39 Hargreaves Terrace. The Charity also owns a leasehold interest in 8 Falstaff Court, 264 Hundens Lane and 63 Quaker Lane. These properties are all located in Darlington and listed on the balance sheet.

## **DARLINGTON MIND LIMITED**

### **Report of the Trustees** **for the Year Ended 31 March 2023**

#### **FUTURE PLANS**

Year ending 31st March 2024 will be another exciting and challenging year for the Charity. There are financial challenges due to the increase in utilities, general running and wages costs and the reduction in statutory income. Some reorganisation will be needed to offset this. However we are hoping to grow financially and geographically, developing new services, supporting more people, and meeting increasing demand.

Any surpluses generated from housing provision will be used to fund other mental health services in the future for those in most need. The charity looks forward to continuing to be the largest charity providing specialist mental health services for the people of Darlington, South Durham, Hambleton and Richmondshire.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. In the event of the company being wound up, members are required to contribute an amount not exceeding £1.

Darlington Mind Limited is an independent registered charity, registered with the Charity Commission in England and is a member of the national Mind Federation.

The charity was formed on 9th May 2002 to continue the activities of its predecessor unincorporated entity, Darlington Mind, and commenced its operations on 1st October 2002. The charity exists to promote and preserve good mental health and to assist those experiencing mental distress to regain their full potential in life and work.

Darlington Mind was formed on 5th December 1979 and as it works through its 43rd year of operation, the Charity is well placed to deliver a range of vitally important mental health services to those who live and work in Darlington, South Durham, Hambleton and Richmondshire.

##### **Recruitment and appointment of new trustees**

Membership of the Charity is open to anybody with an interest in its work who is not a member of staff. Appointment to the Board of Trustees is by nomination from the members followed by election at the Annual General Meeting. The Board of Trustees consists of up to 13 members with the primary office holders being the Chair (currently 2 co-chairs, Vice Chair, Treasurer/Chair of Finance and Risk Committee and Chair of Welfare and Management Committee. The Chief Executive Officer acts as Company Secretary but is a non-voting member of the Board. The Treasurer and Chair of Finance roles are held by the same officer. The charity is committed to ensuring full-service user involvement in its decision making at all levels. The Board also seeks to fill any skills gap on the Board by recruiting new Trustees to help the Charity meet its strategic objectives.

##### **Key management remuneration**

Remuneration is reviewed annually by the Board of Trustees by reviewing rates of inflation, industry factor, real living wage. Any pay awards for all staff including SMT are reviewed and approved by the Board of Trustees.

##### **Organisational structure**

The Chief Executive and staff carry out the day-to-day administration of the company on behalf of the Board of Trustees. Honorary officers and other volunteers also give valuable assistance in both expertise and time to facilitate the smooth running and management of the organisation.

##### **Induction and training of new trustees**

New trustees are provided with induction training including core training in safeguarding adults, safeguarding children, equality and diversity, health and safety, data protection and range of other issues. New Trustees are also issued with copies of the Charities Constitution, Articles of Association and Charity Commission publications including details of their responsibilities as trustees and working rules. In addition, we have provided a Trustee Handbook to all Trustees.

A skills audit is undertaken of the Trustees on a regular basis and appropriate training is organised for individuals thereafter. The Chair of Trustees (currently two co-chairs) also carry appraisals with the CEO and seeks the views of all Trustees via a questionnaire.

## **DARLINGTON MIND LIMITED**

### **Report of the Trustees** **for the Year Ended 31 March 2023**

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Risk management and financial regulations**

The Trustees have a duty to identify and review the risks to which the Charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The Trustees have examined the major strategic, business, and operational risks which the Charity faces and assembled a Risk Register which confirms that systems and controls have been established to enable regular reports to be produced, so that the necessary steps can be taken to lessen these risks. The charity has taken out a variety of insurances to cover its work, to ensure its Trustees and provide support in Health and Safety and personnel related issues. In addition, the Trustees have reviewed its financial regulations for operational staff, amended its reserves policy and updated its business plan during the financial year.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Company number**

04433988 (England and Wales)

##### **Registered Charity number**

1093140

##### **Registered office**

Saint Hildas House  
11 Borough Road  
Darlington  
County Durham  
DL1 1SQ

##### **Trustees**

P Freitag MBE (resigned 1/8/22)  
L Gillespie (resigned 20/4/23)  
M Pears  
Dr R Langrick  
S Porteus (resigned 28/3/23)  
C Walters (resigned 26/9/22)  
C Doolan  
E Green (resigned 28/3/23)  
N Sullivan  
J Chapman  
C Hodgson  
D Dalton  
K Hunter (appointed 28/3/23)  
T Manners (appointed 28/3/23)  
K Bennett (appointed 30/5/23)

##### **Company Secretary**

S Davidson

##### **Auditors**

Mitchell Gordon LLP  
Accountants and Statutory Auditor  
43 Coniscliffe Road  
Darlington  
Co. Durham  
DL3 7EH

## **DARLINGTON MIND LIMITED**

### **Report of the Trustees** **for the Year Ended 31 March 2023**

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Solicitors**

Close Thornton, 2 Duke Street, Darlington, DL3 7AB

##### **Bankers**

Natwest, 25 High Row, Darlington, DL3 7QP

Charities Aid Foundation, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent. ME19 4JQ

The Charity Bank Limited, Fosse House, 182 High Street, Tonbridge, TN9 1BE

Virgin Money Bank, Jubilee House, Gosforth, Newcastle Upon Tyne, NE3 4PL

##### **Chief Executive Officer**

S Davidson

#### **STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The Trustees (who are also the directors of Darlington Mind Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the Trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

#### **AUDITORS**

The auditors, Mitchell Gordon LLP, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on 6 December 2023 and signed on its behalf by:



D Dalton - Trustee

**Report of the Independent Auditors to the Trustees of**  
**Darlington Mind Limited**

**Opinion**

We have audited the financial statements of Darlington Mind Limited (the 'charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

**Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

**Other information**

The Trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

**Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

**Report of the Independent Auditors to the Trustees of**  
**Darlington Mind Limited**

**Responsibilities of trustees**

As explained more fully in the Statement of Trustees' Responsibilities, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

**Our responsibilities for the audit of the financial statements**

We have been appointed as auditors under Section 145 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- the engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- we identified the laws and regulations applicable to the company through discussions with directors and other management, and from our commercial knowledge and experience of the sectors in which the company operates;
- we focused on specific laws and regulations which we considered may have a direct material effect on the financial statements or the operations of the company, including the Companies Act 2006, taxation legislation, data protection compliance, anti-bribery, employment, environmental and health and safety legislation;
- we assessed the extent of compliance with the laws and regulations identified above through making enquiries of management and inspecting legal correspondence; and
- identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

These procedures did not identify any potentially material actual or suspected non-compliance.

We assessed the susceptibility of the company's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud;
- considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

To address the risk of fraud through management bias and override of controls, we:

- performed analytical procedures to identify any unusual or unexpected relationships;
- reviewed material journal entries to identify unusual transactions or posting by unusual users;
- assessed whether judgements and assumptions made in determining the accounting estimates were indicative of potential bias;
- investigated the rationale behind significant or unusual transactions.

**Report of the Independent Auditors to the Trustees of**  
**Darlington Mind Limited**

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation;
- reading the minutes of meetings of those charged with governance;
- enquiring of management as to actual and potential litigation and claims;
- reviewing correspondence with HMRC and the company's legal advisors.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. For example, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely the inherently limited procedures required by auditing standards would identify it.

In addition, as with any audit, there remains a higher risk of non-detection of fraud, as these may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal controls. Our audit procedures are designed to detect material misstatement. We are not responsible for preventing non-compliance of fraud and cannot be expected to detect non-compliance with all laws & regulations.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Report of the Independent Auditors.

**Use of our report**

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



Mr N Vassilounis FCCA (Senior Statutory Auditor)  
for and on behalf of Mitchell Gordon LLP  
Accountants and Statutory Auditor  
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006  
43 Coniscliffe Road  
Darlington  
Co. Durham  
DL3 7EH

Date: 6 December 2023

**DARLINGTON MIND LIMITED**

**Statement of Financial Activities**  
**(Incorporating an Income and Expenditure Account)**  
**for the Year Ended 31 March 2023**

|                                        | Notes | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | 31/3/23<br>Total<br>funds<br>£ | 31/3/22<br>Total<br>funds<br>£ |
|----------------------------------------|-------|----------------------------|--------------------------|--------------------------------|--------------------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>      |       |                            |                          |                                |                                |
| Donations and legacies                 | 2     | 38,008                     | -                        | 38,008                         | 46,437                         |
| <b>Charitable activities</b>           | 5     |                            |                          |                                |                                |
| Charitable activities                  |       | 588,931                    | 187,339                  | 776,270                        | 730,671                        |
| Other trading activities               | 3     | 2,355                      | -                        | 2,355                          | 11,834                         |
| Investment income                      | 4     | <u>689</u>                 | <u>-</u>                 | <u>689</u>                     | <u>-</u>                       |
| <b>Total</b>                           |       | <u>629,983</u>             | <u>187,339</u>           | <u>817,322</u>                 | <u>788,942</u>                 |
| <br><b>EXPENDITURE ON</b>              |       |                            |                          |                                |                                |
| Raising funds                          | 6     | 189                        | -                        | 189                            | -                              |
| <b>Charitable activities</b>           | 7     |                            |                          |                                |                                |
| Charitable activities                  |       | <u>621,077</u>             | <u>167,585</u>           | <u>788,662</u>                 | <u>741,442</u>                 |
| <b>Total</b>                           |       | <u>621,266</u>             | <u>167,585</u>           | <u>788,851</u>                 | <u>741,442</u>                 |
| <br><b>NET INCOME</b>                  |       |                            |                          |                                |                                |
| Transfers between funds                | 23    | 8,717<br><u>4,806</u>      | 19,754<br><u>(4,806)</u> | 28,471<br><u>-</u>             | 47,500<br><u>-</u>             |
| <b>Net movement in funds</b>           |       | 13,523                     | 14,948                   | 28,471                         | 47,500                         |
| <br><b>RECONCILIATION OF FUNDS</b>     | 23    |                            |                          |                                |                                |
| Total funds brought forward            |       | <u>677,922</u>             | <u>38,189</u>            | <u>716,111</u>                 | <u>668,611</u>                 |
| <br><b>TOTAL FUNDS CARRIED FORWARD</b> |       | <u><u>691,445</u></u>      | <u><u>53,137</u></u>     | <u><u>744,582</u></u>          | <u><u>716,111</u></u>          |

The notes form part of these financial statements

**DARLINGTON MIND LIMITED**

**Balance Sheet**  
**31 March 2023**

|                                              | Notes | 31/3/23<br>£   | 31/3/22<br>£   |
|----------------------------------------------|-------|----------------|----------------|
| <b>FIXED ASSETS</b>                          |       |                |                |
| Intangible assets                            | 14    | 10,188         | 11,557         |
| Tangible assets                              | 15    | <u>651,242</u> | <u>664,985</u> |
|                                              |       | 661,430        | 676,542        |
| <b>CURRENT ASSETS</b>                        |       |                |                |
| Debtors                                      | 16    | 11,038         | 68,101         |
| Cash at bank and in hand                     |       | <u>317,669</u> | <u>296,651</u> |
|                                              |       | 328,707        | 364,752        |
| <b>CREDITORS</b>                             |       |                |                |
| Amounts falling due within one year          | 17    | (48,787)       | (74,771)       |
| <b>NET CURRENT ASSETS</b>                    |       | <u>279,920</u> | <u>289,981</u> |
| <b>TOTAL ASSETS LESS CURRENT LIABILITIES</b> |       | 941,350        | 966,523        |
| <b>CREDITORS</b>                             |       |                |                |
| Amounts falling due after more than one year | 18    | (127,085)      | (134,630)      |
| <b>ACCRUALS AND DEFERRED INCOME</b>          | 21    | (69,683)       | (115,782)      |
| <b>NET ASSETS</b>                            |       | <u>744,582</u> | <u>716,111</u> |
| <b>FUNDS</b>                                 | 23    |                |                |
| Unrestricted funds                           |       | 691,445        | 677,922        |
| Restricted funds                             |       | <u>53,137</u>  | <u>38,189</u>  |
| <b>TOTAL FUNDS</b>                           |       | <u>744,582</u> | <u>716,111</u> |

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not deposited notice, pursuant to Section 476 of the Companies Act 2006 requiring an audit of these financial statements.

The Trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been audited under the requirements of Section 145 of the Charities Act 2011.

The notes form part of these financial statements

**DARLINGTON MIND LIMITED**

**Balance Sheet - continued**

**31 March 2023**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 6 December 2023 and were signed on its behalf by:



.....  
D Dalton - Trustee

**DARLINGTON MIND LIMITED****Cash Flow Statement  
for the Year Ended 31 March 2023**

|                                                                           | Notes | 31/3/23<br>£    | 31/3/22<br>£   |
|---------------------------------------------------------------------------|-------|-----------------|----------------|
| <b>Cash flows from operating activities</b>                               |       |                 |                |
| Cash generated from operations                                            | 1     | 40,722          | 23,049         |
| Interest paid                                                             |       | <u>(6,368)</u>  | <u>(5,385)</u> |
| Net cash provided by operating activities                                 |       | <u>34,354</u>   | <u>17,664</u>  |
| <br><b>Cash flows from investing activities</b>                           |       |                 |                |
| Purchase of tangible fixed assets                                         |       | (798)           | -              |
| Interest received                                                         |       | <u>689</u>      | <u>-</u>       |
| Net cash (used in)/provided by investing activities                       |       | <u>(109)</u>    | <u>-</u>       |
| <br><b>Cash flows from financing activities</b>                           |       |                 |                |
| Loan repayments in year                                                   |       | (9,277)         | (8,634)        |
| Provision                                                                 |       | <u>(3,950)</u>  | <u>3,950</u>   |
| Net cash used in financing activities                                     |       | <u>(13,227)</u> | <u>(4,684)</u> |
| <br><b>Change in cash and cash equivalents in the reporting period</b>    |       | <br>21,018      | <br>12,980     |
| <b>Cash and cash equivalents at the beginning of the reporting period</b> |       | <u>296,651</u>  | <u>283,671</u> |
| <br><b>Cash and cash equivalents at the end of the reporting period</b>   |       | <u>317,669</u>  | <u>296,651</u> |

The notes form part of these financial statements

**DARLINGTON MIND LIMITED**

**Notes to the Cash Flow Statement**  
**for the Year Ended 31 March 2023**

**1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES**

|                                                                                           | 31/3/23<br>£  | 31/3/22<br>£  |
|-------------------------------------------------------------------------------------------|---------------|---------------|
| <b>Net income for the reporting period (as per the Statement of Financial Activities)</b> | 28,471        | 47,500        |
| <b>Adjustments for:</b>                                                                   |               |               |
| Depreciation charges                                                                      | 15,910        | 18,830        |
| Interest received                                                                         | (689)         | -             |
| Interest paid                                                                             | 6,368         | 5,385         |
| Decrease/(increase) in debtors                                                            | 57,063        | (39,837)      |
| Decrease in creditors                                                                     | (66,401)      | (8,829)       |
| <b>Net cash provided by operations</b>                                                    | <u>40,722</u> | <u>23,049</u> |

**2. ANALYSIS OF CHANGES IN NET FUNDS**

|                                 | At 1/4/22<br>£   | Cash flow<br>£ | At 31/3/23<br>£  |
|---------------------------------|------------------|----------------|------------------|
| <b>Net cash</b>                 |                  |                |                  |
| Cash at bank and in hand        | <u>296,651</u>   | <u>21,018</u>  | <u>317,669</u>   |
|                                 | <u>296,651</u>   | <u>21,018</u>  | <u>317,669</u>   |
| <b>Debt</b>                     |                  |                |                  |
| Debts falling due within 1 year | (13,160)         | 5,682          | (7,478)          |
| Debts falling due after 1 year  | <u>(134,630)</u> | <u>7,545</u>   | <u>(127,085)</u> |
|                                 | <u>(147,790)</u> | <u>13,227</u>  | <u>(134,563)</u> |
| <b>Total</b>                    | <u>148,861</u>   | <u>34,245</u>  | <u>183,106</u>   |

## **DARLINGTON MIND LIMITED**

### **Notes to the Financial Statements** **for the Year Ended 31 March 2023**

#### **1. ACCOUNTING POLICIES**

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, as modified by the revaluation of certain assets.

The financial statements are prepared under the going concern basis of accounting.

The presentational currency of the financial statements is the Pound Sterling (£).

##### **Income**

All income is included on the Statement of Financial Activities when the Charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Income from charitable activities where related to performance and specific deliverables are accounted for as the Charity earns the right to consideration by its performance. Where income is received in advance of its recognition it is deferred and included in creditors. Where entitlement occurs before income being received the income is accrued. For legacies, the executive committee made a policy decision that funds will not be included in the SOFA until the legacy has been received.

Gifts in kind donated for distribution are included at valuation and recognised as income when they are distributed to the projects. Gifts donated for resale are included as income when they are sold. Donated facilities are included at the value to the Charity where this can be quantified and a third party is bearing the cost. No amounts are included in the financial statements for services donated by volunteers.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the Charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Allocation and apportionment of costs**

Cost allocation includes an element of judgement and the Charity has had to consider the cost benefit of detailed calculations and record keeping. To ensure full cost recovery on projects the Charity adopts a policy of allocating costs to the respective cost headings throughout the year.

##### **Intangible fixed assets**

Computer equipment is being depreciated 10% on cost.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

|                       |                           |
|-----------------------|---------------------------|
| Fixtures and fittings | - 20% on cost             |
| Minibus               | - 25% on reducing balance |

The properties (excluding Saint Hildas Hall) are deemed to all hold a residual value of £40,000 in 20 years time from year ending 31 March 2020, therefore, the depreciation will be provided over 20 years on a straight line from this date to the residual value.

The depreciation policy for Saint Hildas Hall will be depreciated at 2% on cost until its residual value of £141,000 is reached.

## **DARLINGTON MIND LIMITED**

### **Notes to the Financial Statements - continued** **for the Year Ended 31 March 2023**

#### **1. ACCOUNTING POLICIES - continued**

##### **Tangible fixed assets**

Freehold Property and Leasehold Property include supported housing and Saint Hildas Hall. The cost of these properties includes the following:

- Cost of acquiring land and buildings
- Development expenditure

All expenditure on items of fixtures and equipment used for the training, education, and welfare of tenants and beneficiaries is treated as repairs and renewal expenditure and written off as incurred. The expected useful life of such items are very short and the expenditure is not capitalised.

##### **Taxation**

The Charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the Trustees.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes.

Restricted funds can only be used for particular restricted purposes within the objects of the Charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

##### **Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

##### **Irrecoverable vat**

All resources expended are classified under activity headings that aggregate all costs related to the category. Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

#### **2. DONATIONS AND LEGACIES**

|           | 31/3/23       | 31/3/22       |
|-----------|---------------|---------------|
|           | £             | £             |
| Donations | 32,008        | 46,109        |
| Gift aid  | -             | 328           |
| Legacies  | <u>6,000</u>  | <u>-</u>      |
|           | <u>38,008</u> | <u>46,437</u> |

Income from donations and legacies in both the current and prior year relate to unrestricted funds.

#### **3. OTHER TRADING ACTIVITIES**

|                                  | 31/3/23      | 31/3/22       |
|----------------------------------|--------------|---------------|
|                                  | £            | £             |
| Fundraising events               | 2,218        | -             |
| Coronavirus Job Retention Scheme | <u>137</u>   | <u>11,834</u> |
|                                  | <u>2,355</u> | <u>11,834</u> |

Income from other trading activities in both the current and prior year relate to unrestricted funds.

**DARLINGTON MIND LIMITED**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2023**

**4. INVESTMENT INCOME**

|                          | 31/3/23    | 31/3/22  |
|--------------------------|------------|----------|
|                          | £          | £        |
| Deposit account interest | <u>689</u> | <u>-</u> |

Income from investment income in both the current and prior year relate to unrestricted funds.

**5. INCOME FROM CHARITABLE ACTIVITIES**

|                                   | 31/3/23               | 31/3/22          |
|-----------------------------------|-----------------------|------------------|
|                                   | Charitable activities | Total activities |
|                                   | £                     | £                |
| Housing benefit and rental income | 305,772               | 286,924          |
| Miscellaneous                     | 5,663                 | -                |
| Fees for services provided        | 88,861                | 98,626           |
| Grants                            | <u>375,974</u>        | <u>345,121</u>   |
|                                   | <u>776,270</u>        | <u>730,671</u>   |

Income from charitable activities was £776,270 (2022: £730,671) of which £187,339 (2022: £318,342) was restricted and £588,931 (2022: £412,329) was unrestricted.

**6. RAISING FUNDS**

**Raising donations and legacies**

|          | 31/3/23    | 31/3/22  |
|----------|------------|----------|
|          | £          | £        |
| Sundries | <u>189</u> | <u>-</u> |

Expenditure from raising funds in both the current and prior year relate to unrestricted funds.

**7. CHARITABLE ACTIVITIES COSTS**

|                       | Direct Costs (see note 8) | Support costs (see note 9) | Totals         |
|-----------------------|---------------------------|----------------------------|----------------|
|                       | £                         | £                          | £              |
| Charitable activities | <u>691,426</u>            | <u>97,236</u>              | <u>788,662</u> |

Expenditure on charitable activities and raising funds was £788,851 (2022: £741,442) of which £621,266 (2022: £490,475) was unrestricted and £167,585 (2022: £250,967) was restricted.

**8. DIRECT COSTS OF CHARITABLE ACTIVITIES**

|                               | 31/3/23        | 31/3/22        |
|-------------------------------|----------------|----------------|
|                               | £              | £              |
| Staff costs                   | 453,128        | 474,187        |
| Staff and volunteer costs     | 15,813         | 14,170         |
| MHSOP Meals for service users | 1,577          | 265            |
| Equipment purchases           | 14,671         | 6,958          |
| Premises costs                | 161,560        | 133,874        |
| Office running costs          | 28,848         | 19,546         |
| Sundries                      | <u>15,829</u>  | <u>26,875</u>  |
|                               | <u>691,426</u> | <u>675,875</u> |

Cost allocation includes an element of judgement and the Charity has had to consider the cost benefit of detailed calculations and record keeping. To ensure full cost recovery on projects the Charity adopts a policy of allocating costs to the respective cost headings through the year.

**DARLINGTON MIND LIMITED**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2023**

**9. SUPPORT COSTS**

|                       | Finance    | Other        | Governance costs | Totals        |
|-----------------------|------------|--------------|------------------|---------------|
|                       | £          | £            | £                | £             |
| Charitable activities | <u>161</u> | <u>1,369</u> | <u>95,706</u>    | <u>97,236</u> |

Support costs, included in the above, are as follows:

|                                         | 31/3/23<br>Charitable<br>activities<br>£ | 31/3/22<br>Total<br>activities<br>£ |
|-----------------------------------------|------------------------------------------|-------------------------------------|
| Bank charges                            | 161                                      | -                                   |
| Amortisation of intangible fixed assets | 1,369                                    | 1,369                               |
| Wages and salaries                      | 18,916                                   | 26,081                              |
| Social security                         | 1,205                                    | 2,240                               |
| Pensions                                | 252                                      | 254                                 |
| Management and administration           | 41,924                                   | 12,777                              |
| Bad debts                               | 12,500                                   | -                                   |
| Depreciation of tangible fixed assets   | 14,541                                   | 17,461                              |
| Interest payable and similar charges    | <u>6,368</u>                             | <u>5,385</u>                        |
|                                         | <u>97,236</u>                            | <u>65,567</u>                       |

**10. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

|                                | 31/3/23<br>£ | 31/3/22<br>£ |
|--------------------------------|--------------|--------------|
| Depreciation - owned assets    | 14,541       | 17,461       |
| Computer software amortisation | 1,369        | 1,369        |
| Auditors' remuneration         | 3,250        | 3,250        |
| Accountancy services           | <u>2,250</u> | <u>3,250</u> |

**11. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

**Trustees' expenses**

Trustees' expenses totalling £46 were reimbursed for the year ended 31 March 2023 (2022: £nil). These were incurred wholly, exclusively and necessarily in performance of their duties.

**DARLINGTON MIND LIMITED**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2023**

**12. STAFF COSTS**

|                       | 31/3/23               | 31/3/22               |
|-----------------------|-----------------------|-----------------------|
|                       | £                     | £                     |
| Wages and salaries    | 446,166               | 466,610               |
| Social security costs | 22,433                | 30,379                |
| Other pension costs   | <u>4,902</u>          | <u>5,773</u>          |
|                       | <u><u>473,501</u></u> | <u><u>502,762</u></u> |

The average monthly number of employees during the year was as follows:

|                               | 31/3/23          | 31/3/22          |
|-------------------------------|------------------|------------------|
| Charitable activities         | 34               | 28               |
| Management and administration | <u>1</u>         | <u>3</u>         |
|                               | <u><u>35</u></u> | <u><u>31</u></u> |

There were no employees whose emoluments as defined for taxation purposes amounted to over £60,000 in the year.

**13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

|                                    | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | Total<br>funds<br>£   |
|------------------------------------|----------------------------|--------------------------|-----------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>  |                            |                          |                       |
| Donations and legacies             | 46,437                     | -                        | 46,437                |
| <b>Charitable activities</b>       |                            |                          |                       |
| Charitable activities              | 412,329                    | 318,342                  | 730,671               |
| Other trading activities           | <u>11,834</u>              | <u>-</u>                 | <u>11,834</u>         |
| <b>Total</b>                       | <u><u>470,600</u></u>      | <u><u>318,342</u></u>    | <u><u>788,942</u></u> |
| <b>EXPENDITURE ON</b>              |                            |                          |                       |
| <b>Charitable activities</b>       |                            |                          |                       |
| Charitable activities              | <u>490,475</u>             | <u>250,967</u>           | <u>741,442</u>        |
| <b>NET INCOME/(EXPENDITURE)</b>    |                            |                          |                       |
| Transfers between funds            | (19,875)                   | 67,375                   | 47,500                |
|                                    | <u>29,186</u>              | <u>(29,186)</u>          | <u>-</u>              |
| <b>Net movement in funds</b>       | 9,311                      | 38,189                   | 47,500                |
| <b>RECONCILIATION OF FUNDS</b>     |                            |                          |                       |
| Total funds brought forward        | <u>668,611</u>             | <u>-</u>                 | <u>668,611</u>        |
| <b>TOTAL FUNDS CARRIED FORWARD</b> | <u><u>677,922</u></u>      | <u><u>38,189</u></u>     | <u><u>716,111</u></u> |

**DARLINGTON MIND LIMITED**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2023**

**14. INTANGIBLE FIXED ASSETS**

|                                   |                           |
|-----------------------------------|---------------------------|
|                                   | Computer<br>software<br>£ |
| <b>COST</b>                       |                           |
| At 1 April 2022 and 31 March 2023 | <u>13,692</u>             |
| <b>AMORTISATION</b>               |                           |
| At 1 April 2022                   | 2,135                     |
| Charge for year                   | <u>1,369</u>              |
| At 31 March 2023                  | <u>3,504</u>              |
| <b>NET BOOK VALUE</b>             |                           |
| At 31 March 2023                  | <u>10,188</u>             |
| At 31 March 2022                  | <u>11,557</u>             |

**15. TANGIBLE FIXED ASSETS**

|                       | Freehold<br>property<br>£ | Long<br>leasehold<br>£ | Fixtures<br>and<br>fittings<br>£ | Minibus<br>£  | Totals<br>£    |
|-----------------------|---------------------------|------------------------|----------------------------------|---------------|----------------|
| <b>COST</b>           |                           |                        |                                  |               |                |
| At 1 April 2022       | 555,499                   | 135,490                | 41,542                           | 34,055        | 766,586        |
| Additions             | <u>-</u>                  | <u>-</u>               | <u>798</u>                       | <u>-</u>      | <u>798</u>     |
| At 31 March 2023      | <u>555,499</u>            | <u>135,490</u>         | <u>42,340</u>                    | <u>34,055</u> | <u>767,384</u> |
| <b>DEPRECIATION</b>   |                           |                        |                                  |               |                |
| At 1 April 2022       | 38,003                    | 5,142                  | 30,461                           | 27,995        | 101,601        |
| Charge for year       | <u>8,725</u>              | <u>737</u>             | <u>3,562</u>                     | <u>1,517</u>  | <u>14,541</u>  |
| At 31 March 2023      | <u>46,728</u>             | <u>5,879</u>           | <u>34,023</u>                    | <u>29,512</u> | <u>116,142</u> |
| <b>NET BOOK VALUE</b> |                           |                        |                                  |               |                |
| At 31 March 2023      | <u>508,771</u>            | <u>129,611</u>         | <u>8,317</u>                     | <u>4,543</u>  | <u>651,242</u> |
| At 31 March 2022      | <u>517,496</u>            | <u>130,348</u>         | <u>11,081</u>                    | <u>6,060</u>  | <u>664,985</u> |

Freehold Property and Leasehold Property held by the Charity was valued on 16 May 2017 by Dodds Brown LLP, Chartered Surveyors and AC Surveys Ltd on an open market value.

If Freehold Property and Leasehold Property had not been revalued it would have been included at the historical Net Book Value of £725,226 (2022: £729,241).

**DARLINGTON MIND LIMITED**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2023**

**16. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|                                | 31/3/23              | 31/3/22              |
|--------------------------------|----------------------|----------------------|
|                                | £                    | £                    |
| Trade debtors                  | 10,526               | 5,892                |
| Prepayments and accrued income | <u>512</u>           | <u>62,209</u>        |
|                                | <u><u>11,038</u></u> | <u><u>68,101</u></u> |

**17. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|                                         | 31/3/23              | 31/3/22              |
|-----------------------------------------|----------------------|----------------------|
|                                         | £                    | £                    |
| Bank loans and overdrafts (see note 19) | 7,478                | 9,210                |
| Other loans (see note 19)               | -                    | 3,950                |
| Trade creditors                         | 13,910               | 21,384               |
| Social security and other taxes         | 5,843                | 7,217                |
| Other creditors                         | 12,997               | 18,339               |
| Accrued expenses                        | <u>8,559</u>         | <u>14,671</u>        |
|                                         | <u><u>48,787</u></u> | <u><u>74,771</u></u> |

**18. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR**

|                          | 31/3/23        | 31/3/22        |
|--------------------------|----------------|----------------|
|                          | £              | £              |
| Bank loans (see note 19) | <u>127,085</u> | <u>134,630</u> |

**19. LOANS**

An analysis of the maturity of loans is given below:

|                                                 | 31/3/23             | 31/3/22              |
|-------------------------------------------------|---------------------|----------------------|
|                                                 | £                   | £                    |
| Amounts falling due within one year on demand:  |                     |                      |
| Bank loans                                      | 7,478               | 9,210                |
| Provision                                       | <u>-</u>            | <u>3,950</u>         |
|                                                 | <u><u>7,478</u></u> | <u><u>13,160</u></u> |
| Amounts falling between one and two years:      |                     |                      |
| Bank loans                                      | <u>8,852</u>        | <u>8,635</u>         |
| Amounts falling due between two and five years: |                     |                      |
| Bank loans                                      | <u>30,196</u>       | <u>25,905</u>        |
| Amounts falling due in more than five years:    |                     |                      |
| Repayable by instalments:                       |                     |                      |
| Bank loans                                      | 88,037              | 100,090              |

**DARLINGTON MIND LIMITED**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2023**

**20. SECURED DEBTS**

The following secured debts are included within creditors:

|            | 31/3/23        | 31/3/22        |
|------------|----------------|----------------|
|            | £              | £              |
| Bank loans | <u>134,563</u> | <u>143,840</u> |

Bank loans are secured against Saint Hildas Hall, 8 Falstaff Court, 80 Borough Road and all assets of the Charitable Company.

**21. ACCRUALS AND DEFERRED INCOME**

Deferred income comprises of amounts funders have paid Darlington Mind Limited in advance for work that either had not yet started or was intended for future years. This includes:

|                            | 31/3/23       | 31/3/22        |
|----------------------------|---------------|----------------|
|                            | £             | £              |
| Balance as at 1st April    | 115,782       | 115,364        |
| Amounts released to income | (95,782)      | (95,364)       |
| Amounts deferred           | <u>49,683</u> | <u>95,782</u>  |
| Balance as at 31st March   | <u>69,683</u> | <u>115,782</u> |

**22. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

|                              | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | 31/3/23<br>Total<br>funds<br>£ | 31/3/22<br>Total<br>funds<br>£ |
|------------------------------|----------------------------|--------------------------|--------------------------------|--------------------------------|
| Fixed assets                 | 661,430                    | -                        | 661,430                        | 676,542                        |
| Current assets               | 275,570                    | 53,137                   | 328,707                        | 364,752                        |
| Current liabilities          | (48,787)                   | -                        | (48,787)                       | (74,771)                       |
| Long term liabilities        | (127,085)                  | -                        | (127,085)                      | (134,630)                      |
| Accruals and deferred income | <u>(69,683)</u>            | <u>-</u>                 | <u>(69,683)</u>                | <u>(115,782)</u>               |
|                              | <u>691,445</u>             | <u>53,137</u>            | <u>744,582</u>                 | <u>716,111</u>                 |

**DARLINGTON MIND LIMITED**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2023**

**23. MOVEMENT IN FUNDS**

|                                                                        | At 1/4/22<br>£ | Net<br>movement<br>in funds<br>£ | Transfers<br>between<br>funds<br>£ | At<br>31/3/23<br>£ |
|------------------------------------------------------------------------|----------------|----------------------------------|------------------------------------|--------------------|
| <b>Unrestricted funds</b>                                              |                |                                  |                                    |                    |
| General funds                                                          | 357,465        | 8,717                            | 11,376                             | 377,558            |
| Designated funds                                                       | <u>320,457</u> | <u>-</u>                         | <u>(6,570)</u>                     | <u>313,887</u>     |
|                                                                        | 677,922        | 8,717                            | 4,806                              | 691,445            |
| <b>Restricted funds</b>                                                |                |                                  |                                    |                    |
| NHS County Durham Clinical<br>Commissioning Group - Suicide Prevention | 1,904          | -                                | (1,904)                            | -                  |
| Darlington Borough Council – Suicide<br>Prevention                     | -              | (521)                            | 521                                | -                  |
| North Yorkshire County Council – Suicide<br>Prevention                 | 1,754          | 4,480                            | -                                  | 6,234              |
| Darlington Education Trust                                             | 6,225          | 14,623                           | -                                  | 20,848             |
| Domestic abuse                                                         | -              | (668)                            | 668                                | -                  |
| Durham County Council - CREW                                           | -              | 1,080                            | -                                  | 1,080              |
| Children in Need                                                       | -              | 2,488                            | (4)                                | 2,484              |
| North Yorkshire County Council - Mind<br>matters                       | 17,881         | (5,147)                          | -                                  | 12,734             |
| £10 counselling                                                        | 2,572          | 428                              | (3,000)                            | -                  |
| Private counselling                                                    | -              | 667                              | (667)                              | -                  |
| Sale of courses                                                        | 420            | -                                | (420)                              | -                  |
| Darlington Borough Council -<br>Bereavement                            | -              | 3,333                            | -                                  | 3,333              |
| Co-op Resilience Programme                                             | 6,906          | (1,009)                          | -                                  | 5,897              |
| Darlington Borough Council - Carers<br>breaks                          | 527            | -                                | -                                  | 527                |
|                                                                        | <u>38,189</u>  | <u>19,754</u>                    | <u>(4,806)</u>                     | <u>53,137</u>      |
| <b>TOTAL FUNDS</b>                                                     | <u>716,111</u> | <u>28,471</u>                    | <u>-</u>                           | <u>744,582</u>     |

**DARLINGTON MIND LIMITED**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2023**

**23. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

|                                                                     | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|---------------------------------------------------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b>                                           |                            |                            |                           |
| General funds                                                       | 629,983                    | (621,266)                  | 8,717                     |
| Designated funds                                                    | -                          | -                          | -                         |
|                                                                     | 629,983                    | (621,266)                  | 8,717                     |
| <b>Restricted funds</b>                                             |                            |                            |                           |
| Darlington Borough Council – Suicide<br>Prevention                  | -                          | (521)                      | (521)                     |
| North Yorkshire County Council – Suicide<br>Prevention              | 5,000                      | (520)                      | 4,480                     |
| Darlington Education Trust                                          | 38,000                     | (23,377)                   | 14,623                    |
| Domestic abuse                                                      | -                          | (668)                      | (668)                     |
| Durham County Council - CREW                                        | 5,000                      | (3,920)                    | 1,080                     |
| Children in Need                                                    | 31,789                     | (29,301)                   | 2,488                     |
| North Yorkshire County Council - Mind<br>matters                    | 80,307                     | (85,454)                   | (5,147)                   |
| £10 counselling                                                     | 3,720                      | (3,292)                    | 428                       |
| Private counselling                                                 | 1,520                      | (853)                      | 667                       |
| Darlington Borough Council -<br>Bereavement                         | 3,333                      | -                          | 3,333                     |
| Co-op Resilience Programme                                          | 9,670                      | (10,679)                   | (1,009)                   |
| County Durham Community Foundation<br>(CDCF) - NHS Improvement Fund | 9,000                      | (9,000)                    | -                         |
|                                                                     | <u>187,339</u>             | <u>(167,585)</u>           | <u>19,754</u>             |
| <b>TOTAL FUNDS</b>                                                  | <u>817,322</u>             | <u>(788,851)</u>           | <u>28,471</u>             |

**DARLINGTON MIND LIMITED**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2023**

**23. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

|                                          | At 1/4/21<br>£ | Net<br>movement<br>in funds<br>£ | Transfers<br>between<br>funds<br>£ | At<br>31/3/22<br>£ |
|------------------------------------------|----------------|----------------------------------|------------------------------------|--------------------|
| <b>Unrestricted funds</b>                |                |                                  |                                    |                    |
| General funds                            | 341,237        | (19,875)                         | 36,103                             | 357,465            |
| Designated funds                         | <u>327,374</u> | <u>-</u>                         | <u>(6,917)</u>                     | <u>320,457</u>     |
|                                          | 668,611        | (19,875)                         | 29,186                             | 677,922            |
| <b>Restricted funds</b>                  |                |                                  |                                    |                    |
| NHS County Durham Clinical               |                |                                  |                                    |                    |
| Commissioning Group - Suicide Prevention | -              | 55,651                           | (53,747)                           | 1,905              |
| Darlington Borough Council – Suicide     |                |                                  |                                    |                    |
| Prevention                               | -              | (330)                            | 330                                | -                  |
| North Yorkshire County Council – Suicide |                |                                  |                                    |                    |
| Prevention                               | -              | 1,473                            | 281                                | 1,754              |
| Darlington Education Trust               | -              | 9,689                            | (3,464)                            | 6,225              |
| Domestic abuse                           | -              | (4,415)                          | 4,418                              | -                  |
| Durham County Council - CREW             | -              | (1,876)                          | 1,876                              | -                  |
| Children in Need                         | -              | (17,052)                         | 17,051                             | -                  |
| North Yorkshire County Council - Mind    |                |                                  |                                    |                    |
| matters                                  | -              | 17,269                           | 611                                | 17,881             |
| £10 counselling                          | -              | 2,517                            | 55                                 | 2,572              |
| Private counselling                      | -              | (836)                            | 836                                | -                  |
| Sale of courses                          | -              | 420                              | -                                  | 420                |
| Darlington Borough Council -             |                |                                  |                                    |                    |
| Bereavement                              | -              | (2,107)                          | 2,106                              | -                  |
| Co-op Resilience Programme               | -              | 6,499                            | 407                                | 6,906              |
| Darlington Borough Council - Carers      |                |                                  |                                    |                    |
| breaks                                   | -              | 473                              | 55                                 | 527                |
|                                          | <u>-</u>       | <u>67,375</u>                    | <u>(29,186)</u>                    | <u>38,189</u>      |
| <b>TOTAL FUNDS</b>                       | <u>668,611</u> | <u>47,500</u>                    | <u>-</u>                           | <u>716,111</u>     |

**DARLINGTON MIND LIMITED**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2023**

**23. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

|                                          | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|------------------------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b>                |                            |                            |                           |
| General funds                            | 470,600                    | (490,475)                  | (19,875)                  |
| Designated funds                         | -                          | -                          | -                         |
|                                          | 470,600                    | (490,475)                  | (19,875)                  |
| <b>Restricted funds</b>                  |                            |                            |                           |
| NHS County Durham Clinical               |                            |                            |                           |
| Commissioning Group - Suicide Prevention | 125,071                    | (69,420)                   | 55,651                    |
| Darlington Borough Council – Suicide     |                            |                            |                           |
| Prevention                               | 4,627                      | (4,957)                    | (330)                     |
| North Yorkshire County Council – Suicide |                            |                            |                           |
| Prevention                               | 6,287                      | (4,814)                    | 1,473                     |
| Darlington Education Trust               | 34,639                     | (24,950)                   | 9,689                     |
| Domestic abuse                           | 1,462                      | (5,877)                    | (4,415)                   |
| Durham County Council - CREW             | 13,750                     | (15,626)                   | (1,876)                   |
| Children in Need                         | 43,235                     | (60,287)                   | (17,052)                  |
| North Yorkshire County Council - Mind    |                            |                            |                           |
| matters                                  | 62,218                     | (44,949)                   | 17,269                    |
| £10 counselling                          | 2,810                      | (293)                      | 2,517                     |
| Private counselling                      | 2,133                      | (2,969)                    | (836)                     |
| Sale of courses                          | 420                        | -                          | 420                       |
| Darlington Borough Council -             |                            |                            |                           |
| Bereavement                              | 6,000                      | (8,107)                    | (2,107)                   |
| Co-op Resilience Programme               | 13,690                     | (7,191)                    | 6,499                     |
| Darlington Borough Council - Carers      |                            |                            |                           |
| breaks                                   | 2,000                      | (1,527)                    | 473                       |
|                                          | 318,342                    | (250,967)                  | 67,375                    |
| <b>TOTAL FUNDS</b>                       | <b>788,942</b>             | <b>(741,442)</b>           | <b>47,500</b>             |

**Unrestricted funds**

**General fund**

Funds are available for use at the discretion of the Trustee to further any of the Charity's purposes.

**Designated funds**

Funds earmarked by the Trustees for future projects or commitments.

## **DARLINGTON MIND LIMITED**

### **Notes to the Financial Statements - continued** **for the Year Ended 31 March 2023**

#### **23. MOVEMENT IN FUNDS - continued**

##### **Restricted funds**

Funds are subjected to restrictions on their expenditure as declared by the donor.

- |                                                                       |                                                                                                                                                    |
|-----------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|
| - County Durham Community Foundation (CDCF) - NHS Improvement Fund    | To improve mental and physical health in Darlington.                                                                                               |
| - NHS County Durham Clinical Commissioning Group - Suicide Prevention | To provide a rapid response support to service users experiencing suicidal thoughts, promote wellbeing and to reduce suicidal thoughts and intent. |
| - Darlington Borough Council – Suicide Prevention                     | To provide support to improve mental health wellbeing.                                                                                             |
| - North Yorkshire County Council – Suicide Prevention                 | To provide a suicide prevention programme.                                                                                                         |
| - Darlington Education Trust (DET)                                    | To provide mental health support in schools.                                                                                                       |
| - Domestic Abuse                                                      | To provide support to improve mental health wellbeing.                                                                                             |
| - Durham County Council - CREW                                        | To deliver a series of self-help courses and raise awareness of the service.                                                                       |
| - Children in Need - Young Person                                     | To improve mental wellbeing, reduce levels of self-harm and increasing social action for children and young people at risk of self-harming.        |
| - North Yorkshire County Council -Mind matters                        | To provide community based adults mental health support.                                                                                           |
| - £10 counselling                                                     | To improve mental health.                                                                                                                          |
| - Private counselling                                                 | To improve mental health.                                                                                                                          |
| - Sale of courses                                                     | To improve mental and physical health.                                                                                                             |
| - Darlington Borough Council - Bereavement                            | To provide postvention support and to provide ongoing implementation and development of inclusive pathways.                                        |
| - Co-op Resilience Programme                                          | To be mental health champions                                                                                                                      |
| - Darlington Borough Council - Carers Break funding                   | To provide a range of flexible and personalised ways of enabling carers to take a break from their caring role.                                    |

##### **Transfers between funds**

Transfers from the un-restricted fund to restricted funds occurred in order to maintain the level of restricted funds held within the Charitable Company.

#### **24. RELATED PARTY DISCLOSURES**

During the year rent was paid to P Freitag MBE, one of our Trustees, in the sum of £1,700 (2022: £2,550). This property forms part of our portfolio for Supported Housing Services and is currently let to a service user. The rent received is paid through Housing Benefit.

They key management personnel of the Charity comprise of the Trustees and the Chief Executive Officer. The total employee benefits of the key management personnel of the Charity were £53,646 (2022: £49,225).