

Company registration number: 04310724

Charity registration number: 1092938

C.A.S.Y.

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2025

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

C.A.S.Y.

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Reference and Administrative Details

Trustees	Tim Parker, Chair
	Rebecca Johnson, Secretary
	Ian Lund
	Lynda Jones
Senior Management Team	Pauline Renshaw, Chief Executive
Charity Registration Number	1092938
Company Registration Number	04310724
Registered Office	23 Millgate Newark Nottinghamshire NG24 4TR
Independent Examiner	Eva Stevens, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL
Bankers	TSB 37 Castlegate Newark NG24 1BD

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Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2025.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Tim Parker, Chair
	Jill Oakham, Chair (resigned 31 March 2025)
	Rebecca Johnson, Secretary
	Ian Lund
	Lynda Jones

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 25 October 2001 and most recently amended 9 December 2003. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Recruitment and appointment of trustees

New trustees are appointed through an application to the Chair and then approval by all trustees at a trustee meeting. New trustees are generally found through recommendation or advertising on local volunteering websites.

Objectives and activities

Objects and aims

The promotion and preservation of good emotional and mental health among young people, irrespective of their sex, race, political or religious beliefs primarily through the provision of a confidential counselling service within the East Midlands (hereinafter referred to as the Area of Benefit) to young people but also to those who work with, or support them, including family members.

To improve awareness and understanding of emotional and mental health within the area of benefit, primarily through, but not limited to, the delivery of workshops and talks aimed at supporting young people and all those who work with, or support, them.

Our Mission: CASY exists to reduce and relieve the suffering and distress, and to improve the emotional wellbeing, of young people and their families throughout the East Midlands.

Our Vision: is that all children and young people in Nottinghamshire and Lincolnshire have the best possible chance of a mentally and emotionally healthy future.

Our Aims: are to deliver emotional and mental health services and support to children & young people, their families and all who support and care for them.

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Trustees' Report

Objectives, strategies and activities

CASY supports children as young as 6 years old up to 25 years old, from predominantly Nottinghamshire and Lincolnshire and are continuing to expand across the East Midlands area. We offer 9 sessions of one to one confidential counselling sessions, with no judgements, reinforcing they don't have to face life's challenges on their own. Growth isn't a straight line, everyone's journey is different, with ups, downs, and everything in between. Our service is for anyone who needs support no matter where they are on their path. We offer a safe place to talk and reflect, develop a way forward to feel more like themselves again.

At CASY, our commitment lies in providing the children and young people across the East Midlands, access to our support, providing a solid foundation for future well-being through optimal mental health. Recognising that good mental health, forms the bedrock of emotional and intellectual development in young people, it cultivates self-worth, confidence, independence, and resilience. Growing evidence underscores the connection between poor mental health in the young and adverse outcomes later in life. with some issues leading to social exclusion, impaired interpersonal relationships, involvement in offending behaviours and erratic employment. Children and young adults often struggle to identify and access support for mental health challenges.

Here at CASY we are striving to support all children and young people by helping them through some of life's inevitable challenges, giving them tools that will stay with them as they grow. The overall aim is with these tools and coping strategies, they can develop into more resilient, adaptable adults, who are able to deal with whatever life throws at them.

CASY provides a range of different services based in the community and educational settings. Within the community we provide confidential one to one counselling from our office in Newark on Trent, which is delivered by both qualified and student placement counsellors. In educational settings we work with pastoral teams to deliver one to one and group emotional wellbeing sessions to improve the emotional resilience and decision making of children and young people. CASY also support parents with individual counselling and those experiencing child to parent violence through the Non-Violent Resistance programme (NVR). We also support carers and other professionals.

Achievements and performance

Counselling within the community

Over the year 2024-2025 we have seen a total of 271 young people and offered 2,637 counselling hours. Of the children and young people seen:

- 24% were aged 6 to 10 years old
- 67% were aged 11 to 18 years old
- 9% were aged 19 to 25 years old

Our 3 top presenting issues, from a list of 30 areas, were:

- Anxiety @ 26%
- Suicidal Ideation/thoughts or Self Harm @ 22%
- Family Relationships @ 13%

We use a process of continual self and counsellor assessment to measure the effectiveness of sessions had. These assessments are carried out during the first and last sessions, with 15 topics covered relating to how the child or young person feels in certain situations, each one scored out of 10. The average scores between the first and final session and the impact is:

- Average First Assessment score 5.96
- Average Final Assessment score 7.50
- Demonstrating an overall positive improvement of 1.54

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The top 3 areas of positive impact, feedback through this process, were:

- 35% improvement for 'I can make myself feel better when I am upset/I am in control of my feelings'.
- 28% improvement for 'I worry about what people think of me/I feel judged by others'.
- 24% improvement for 'I worry that I will do badly at school/I worry that I will not reach my goals'.

Counselling in School Settings

We offer 2 types of counselling in schools, the first being agreed over the 38 weeks of the academic year and the second, a bespoke service of either 8 or 10 sessions per young person, during term time.

Over the year 2024-2025 we have seen a total of 1,858 young people and offered 17,910 counselling hours. We had 75 main school contracts, (over 38 weeks of term time) and supported 127 bespoke school referrals (over 8 to 10 weeks of term time). Of the children and young people seen:

- 47% were Primary school age
- 53% were Secondary school age

Our top presenting issues from a list of 30 areas, were:

- Anxiety @ 30%
- Suicidal Ideation/thoughts or Self Harm @ 24%
- Behavioural Problems @ 15%

We use the same process of continual self and counsellor assessment to measure the effectiveness of sessions. had, the results were:

- Average First Assessment score 5.79
- Average Final Assessment score 7.60
- Demonstrating an overall positive improvement of 1.81

The top 3 areas of positive impact, feedback through this process, were:

- 28% improvement for 'I can make myself feel better'.
- 23% improvement for 'I have too many bad days'.
- 23% improvement for 'I worry about what people think of me/I feel judged by others'.

In total (schools and community) for the financial year 2024-2025 we held a total of 20,547 counselling hours and engaged with 2,129 children and young people.

Training

We have a rolling training programme with an element of compulsory core training and Continuing Profession Development (CPD). We encourage not only our own counsellors to attend but their supervisors and other professionals. The programme run during 2024-2025 is as follows:-

Core Training

- Safeguarding (internal only)
- Endings and Beginnings (internal only)
- Core Competences for working with children (CCC) - (Quality Marked by the NCPS and available to all)
- Part 1 - Understanding Development
- Part 2 - Law and Ethics
- Part 3 - Skills and Adaptation
- Pre-Trial Therapy (internal only).

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CPD - Available to all Counsellors

- Self Harm (Quality Marked by the NCPS)
- Anxiety (Quality Marked by the NCPS)
- Suicidal ideation and Intent (Quality Marked by the NCPS)
- Intersectionality (Quality Marked by the NCPS)

We are very proud to have achieved the National Counselling and Psychotherapy Society (NCPS) quality mark for our Training material, which meets the standards set out for working with under 18's.

This training supports both Qualified and Trainee Counsellors, whatever stage they are at, looking for affordable CPD opportunities.

Thanks

We would like to say a huge thank you to all the counsellors who volunteered hours in our community setting in Newark and also to our paid counsellors in the school network. They have been nothing but professional and reliable and without them we would not be able to deliver the services we do - Thank you all.

We would also like to acknowledge the team at the centre in Newark, there are 6 people (FTE 4.2), who co-ordinate all community and school work. They have gone above and beyond to support CASY's work, demonstrating incredible flexibility, resilience and professionalism, while supporting the needs of our individual clients and schools. Thank you for all your hard work and dedication.

Public benefit

Good mental and emotional health is essential for young people to grow and mature into adulthood. The effects of poor emotional health in young people when carried through to adulthood are severely damaging and can lead to poor relationships, erratic employment, chaotic lifestyles and possible imprisonment. It is estimated that the cost of public support for adults with mental and emotional health difficulties is ten times higher than those with stable emotional health. The services that CASY delivers are essential for providing young people with the best possible chance for a stable and healthy future.

As a dedicated children's charity offering counselling support, we are plugging a gap in the NHS provision in this area, by supporting referrals from CAMH's, GP's, Social Services and other professionals. Our service focuses on early intervention and our internal monitoring shows significant improvement for the children and young people seen, in areas such as self-esteem, confidence, and reduced rates of self-harm and suicidal thoughts. We empower them to ask for help when they need it and come back for further support as and when they need it. Our goal is always to equip the children and young people with the tools needed to build resilience and strengthen their mental health.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

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Trustees' Report

Financial review

We have ended this year in another positive position, with a surplus of £65,037 (2024: £43,870)

During this financial period our school contracts and contractual hours increased again over the academic year and resulting in an increased school income of £56,588 (2024: an increase of £37,644).

The income from our bid writing reduced this year by £23,714 which directly supports our work here in the community.

Our reported income was £586,169 (2024: £564,745) and our expenditure £521,132 (2024: £520,875), this gave us the surplus of £65,037. The vast majority of this is committed spend for our sessional counsellors, who cover the school contracts running up to the end of the school year, July 2025.

Principal risks and uncertainties

Financial Risks

CASY faces no immediate financial risks as we continue to grow and improve our services. Fundraising is ongoing and includes; trusts and foundations, corporate giving and individual support.

Policy on reserves

Reserves policy is three months operating costs plus six months committed counsellor costs in schools. This is currently £204,000.

Current reserves stand at £115,981 which is just under target but with continued surpluses in another year this is achievable.

We would like to thank the following Charities, Trusts and funders for their fantastic contributions, you have enabled us to reach and support more young people - Thank You.

- Awards for All - Lottery;
- St James Place;
- David Riddell Memorial CIO;
- The Lady Hind Trust;
- The Zobel Charitable Trust;
- Sir John Eastwood Foundation;
- The Mary Robertson Trust;
- The N Smith Charitable Settlement.

We have found fundraising increasing difficult from Trust and Grants sources but have continued our rolling programme of applications, increasing the number submitted.

Our main priority remains the work we do in schools, maintaining the contract relationships and performance, whilst also identifying and developing new opportunities within schools. This also includes our commitment to our counsellors ongoing development through training and general wellbeing through supervision.

Plans for future periods

Aims and key objectives for future periods

With Contract work being the biggest source of income for CASY, we will be working on retaining our current contracts in schools, maintaining and building positive relationships with them, ensuring they have a good relationship with their counsellors. We will be looking to increase the contract numbers and hours, through good relationship management, learning from what's worked well and what could have been better. We will also be continuing to expand our reach into other areas across the East Midlands.

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We will continue to review and update our rolling CPD for both new and existing counsellors. New development topics will continue to be introduced to give our counsellors greater learning opportunities, which in turn can only improve our service to the young people we see, both in the community venue and within the schools. We will be continuing to look at offering school staff with these CPD opportunities too, listening to what they are asking of us.

CASY also needs to improve the local communities awareness of who we are and what we do. We have more capacity than ever here in Newark and therefore need more young people to support. We will be looking at ways in which to increase the numbers seen specifically here in Newark.

Statement of Responsibilities

The trustees (who are also the directors of C.A.S.Y. for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

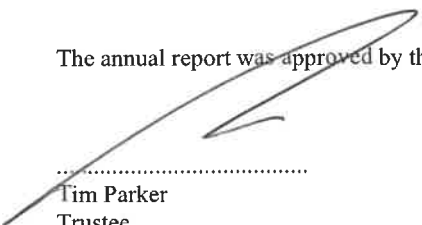
The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on and signed on its behalf by:


.....
Tim Parker
Trustee

C.A.S.Y.

Independent Examiner's Report to the trustees of C.A.S.Y. ('the Company')

Independent examiner's report to the trustees of C.A.S.Y. ('the Company')

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

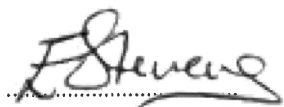
Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Chartered Institute of Public Finance and Accountancy (CIPFA), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Eva Stevens, BSc, CPFA, employee of Community Accounting Plus
member of the Chartered Institute of Public Finance and Accountancy (CIPFA)

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 06/11/2025

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**Statement of Financial Activities for the Year Ended 31 March 2025
(Including Income and Expenditure Account and Statement of Total Recognised Gains
and Losses)**

	Note	Unrestricted £	Restricted £	Total 2025 £	Total 2024 £
Income and Endowments from:					
Donations and legacies	2	14,891	-	14,891	36,445
Charitable activities	3	537,298	33,980	571,278	528,300
Total Income		552,189	33,980	586,169	564,745
Expenditure on:					
Charitable activities	8	(490,887)	(30,245)	(521,132)	(520,875)
Total Expenditure		(490,887)	(30,245)	(521,132)	(520,875)
Net income		61,302	3,735	65,037	43,870
Net movement in funds		61,302	3,735	65,037	43,870
Reconciliation of funds					
Total funds brought forward		54,679	5,875	60,554	16,684
Total funds carried forward	16	115,981	9,610	125,591	60,554

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 16.

The notes on pages 13 to 20 form an integral part of these financial statements.

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Statement of Financial Activities for the Year Ended 31 March 2025
(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
Income and Endowments from:				
Donations and legacies	2	36,445	-	36,445
Charitable activities	3	483,920	44,380	528,300
Total income		520,365	44,380	564,745
Expenditure on:				
Charitable activities	8	(482,370)	(38,505)	(520,875)
Total expenditure		(482,370)	(38,505)	(520,875)
Net income		37,995	5,875	43,870
Net movement in funds		37,995	5,875	43,870
Reconciliation of funds				
Total funds brought forward		16,684	-	16,684
Total funds carried forward	16	54,679	5,875	60,554

The notes on pages 13 to 20 form an integral part of these financial statements.

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**(Registration number: 04310724)
Balance Sheet as at 31 March 2025**

	Note	2025 £	2024 £
Current assets			
Debtors	11	3,222	2,872
Cash at bank and in hand	12	<u>329,532</u>	<u>297,332</u>
		332,754	300,204
Creditors: Amounts falling due within one year	13	<u>(207,163)</u>	<u>(239,650)</u>
Net assets		<u>125,591</u>	<u>60,554</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	16	9,610	5,875
Unrestricted income funds			
Unrestricted funds		<u>115,981</u>	<u>54,679</u>
Total funds	16	<u>125,591</u>	<u>60,554</u>

For the financial year ending 31 March 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 9 to 20 were approved by the trustees, and authorised for issue on ~~29 Oct 2025~~ and signed on their behalf by:


Rebecca Johnson
Trustee

The notes on pages 13 to 20 form an integral part of these financial statements.

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Statement of Cash Flows for the Year Ended 31 March 2025

	Note	2025 £	(As restated) 2024 £
Cash flows from operating activities			
Net cash income		65,037	43,870
Adjustments to cash flows from non-cash items			
Depreciation		-	1,072
		65,037	44,942
Working capital adjustments			
Increase in debtors	11	(350)	(597)
(Decrease)/increase in creditors	13	(340)	50
(Decrease)/increase in deferred income	13	(32,147)	14,055
Net cash flows from operating activities		32,200	58,450
Net increase in cash and cash equivalents		32,200	58,450
Cash and cash equivalents at 1 April		297,332	238,882
Cash and cash equivalents at 31 March		329,532	297,332
Reconciliation of net cash flow to movement in net funds			
Increase in cash		32,200	58,450
Net funds at 1 April 2024		297,332	238,882
Net funds at 31 March 2025		329,532	297,332

All of the cash flows are derived from continuing operations during the above two periods.

The notes on pages 13 to 20 form an integral part of these financial statements.

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Notes to the Financial Statements for the Year Ended 31 March 2025

1 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

C.A.S.Y. meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

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Notes to the Financial Statements for the Year Ended 31 March 2025

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
IT equipment	33.3% on a straight line basis

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

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Notes to the Financial Statements for the Year Ended 31 March 2025

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2025 £	Total 2024 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	5,250	5,250	25,524
Donations from individuals	9,641	9,641	2,881
Grants, including capital grants;			
Government grants	-	-	8,040
	14,891	14,891	36,445

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2025 £	Total 2024 (As restated) £
DBS applications	1,799	-	1,799	1,761
Grants & donations	-	33,980	33,980	44,380
School fees	496,273	-	496,273	439,685
Training fees	3,230	-	3,230	3,109
Parent fees	35,996	-	35,996	39,365
	537,298	33,980	571,278	528,300

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Notes to the Financial Statements for the Year Ended 31 March 2025

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Awards for All	-	13,980	13,980
St James Place	-	10,000	10,000
David Riddell Memorial Charity	-	10,000	10,000
The Mary Robertson Trust	2,000	-	2,000
The Lady Hind Trust	1,000	-	1,000
Sir John Eastwood Foundation	1,000	-	1,000
The N Smith Charitable Settlement	750	-	750
The Zobel Charitable Trust	500	-	500
Other companies and Individuals	9,641	-	9,641
	<u>14,891</u>	<u>33,980</u>	<u>48,871</u>

5 Taxation

The charity is a registered charity and is therefore exempt from corporation taxation.

6 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

7 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

C.A.S.Y.

Notes to the Financial Statements for the Year Ended 31 March 2025

8 Expenditure on charitable activities

The following table presents expenditure using a natural classification. Support costs have not been separately allocated and disclosed as the Trustees believe they are immaterial to the financial statements.

	Unrestricted funds General £	Restricted funds £	Total 2025 £	Total 2024 £
Advertising	1,408	-	1,408	1,633
Cleaning	1,642	-	1,642	1,405
Counsellor fees	300,924	17,818	318,742	301,115
DBS Checks	2,031	-	2,031	1,818
Furniture & fittings	217	-	217	2,846
Equipment & IT	2,601	-	2,601	2,766
Insurance	2,866	845	3,711	3,132
Depreciation	-	-	-	1,072
Legal & professional	9,727	200	9,927	10,076
Membership	384	-	384	827
Refreshments & hospitality	112	-	112	26
Rent & services	25,236	-	25,236	25,440
Maintenance	1,034	-	1,034	6,466
Staff expenses	891	826	1,717	1,918
Stationery & photocopying	2,163	906	3,069	4,077
Supervision	-	3,690	3,690	4,070
Telephone, internet & postage	2,241	85	2,326	4,110
Training	2,386	1,763	4,149	3,773
Utilities	5,554	-	5,554	6,465
Volunteer expenses	-	4,112	4,112	5,199
Wages, NI & pension - service delivery	100,621	-	100,621	104,245
Wages, NI & pension - operational management	28,849	-	28,849	28,396
	<u>490,887</u>	<u>30,245</u>	<u>521,132</u>	<u>520,875</u>

C.A.S.Y.

Notes to the Financial Statements for the Year Ended 31 March 2025

9 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2025 £	2024 £
Independent examination	1,020	1,020
Other financial services	720	790
	<u>1,740</u>	<u>1,810</u>

10 Staff costs

The aggregate payroll costs were as follows:

	2025 £	2024 £
Staff costs during the year were:		
Wages and salaries	123,002	126,761
Social security costs	4,513	4,144
Pension costs	1,955	1,736
	<u>129,470</u>	<u>132,641</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2025 No	2024 No
Average number of employees	<u>6</u>	<u>7</u>

5 (2024 - 4) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £1,955 (2024 - £1,736).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £28,849 (2024 - £28,396).

11 Debtors

	2025 £	2024 £
Prepayments	<u>3,222</u>	<u>2,872</u>

C.A.S.Y.

Notes to the Financial Statements for the Year Ended 31 March 2025

12 Cash and cash equivalents

	2025 £	2024 £
Cash at bank	<u>329,532</u>	<u>297,332</u>

13 Creditors: amounts falling due within one year

	2025 £	2024 £
Other creditors	1,224	1,564
Deferred income	<u>205,939</u>	<u>238,086</u>
	<u>207,163</u>	<u>239,650</u>

14 Commitments

Capital commitments

At 31 March 2019 the charity had non-cancellable commitments under a five year operating lease for the premises expiring 21 November 2025.

The total amount contracted for but not provided in the financial statements was £Nil (2024 - £Nil).

15 Related party transactions

There were no related party transactions in the year.

16 Funds

	Balance at 1 April 2024 £ (As restated)	Incoming resources £	Resources expended £	Balance at 31 March 2025 £
Unrestricted funds				
<i>General</i>				
General fund	54,679	552,189	(490,887)	115,981
Restricted funds				
Suicide & self harm prevention (Awards for All)	-	13,980	(13,980)	-
Suicide & self harm prevention	<u>5,875</u>	<u>20,000</u>	<u>(16,265)</u>	<u>9,610</u>
Total restricted funds	<u>5,875</u>	<u>33,980</u>	<u>(30,245)</u>	<u>9,610</u>
Total funds	<u>60,554</u>	<u>586,169</u>	<u>(521,132)</u>	<u>125,591</u>

C.A.S.Y.

Notes to the Financial Statements for the Year Ended 31 March 2025

The specific purposes for which the funds are to be applied are as follows:

The Awards for All funding was provided specifically to support young people with suicidal thoughts, intent and/or self harm behaviours.

The restricted Suicide & self harm project was funded this year by St James Place and the David Riddell Memorial Charity, last year's funding from Wesleyan Community Grants & The Jones 1986 charity was all spent, this was to help support young people with suicidal thoughts, intent and/or self harm behaviours.

Last year's Equipment fund was funded by The Percy Bilton Charity; The Skipton Building Society; The Thomas Farr Charity & The Vale of Belvoir Rotary Club, which helped with the costs of purchasing new equipment.

	Balance at 1 April 2023 £ (As restated)	Incoming resources £ (As restated)	Resources expended £	Balance at 31 March 2024 £ (As restated)
Unrestricted funds				
<i>General</i>				
General fund	16,684	520,365	(482,370)	54,679
Restricted				
Equipment	-	5,110	(5,110)	-
Suicide & self harm prevention (Awards for All)	-	17,980	(17,980)	-
Suicide & self harm prevention	-	21,290	(15,415)	5,875
Total restricted funds	-	44,380	(38,505)	5,875
Total funds	16,684	564,745	(520,875)	60,554

17 Analysis of net assets between funds

	Unrestricted		2025 Total funds £
	General £	Restricted £	
Current assets	323,144	9,610	332,754
Current liabilities	(207,163)	-	(207,163)
Total net assets	115,981	9,610	125,591
	Unrestricted		2024 Total funds £ (As restated)
	General £	Restricted £	
Current assets	294,329	5,875	300,204
Current liabilities	(239,650)	-	(239,650)
Total net assets	54,679	5,875	60,554