

Company registration number: 04310724

Charity registration number: 1092938

C.A.S.Y.

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2024

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

C.A.S.Y.

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Reference and Administrative Details

Trustees	Jill Oakham, Chair Rebecca Johnson, Secretary Ian Lund Tim Parker Lynda Jones
Senior Management Team	Mick Mason, Chief Executive, until Dec 2023 Pauline Renshaw
Charity Registration Number	1092938
Company Registration Number	04310724
Registered Office	23 Millgate Newark Nottinghamshire NG24 4TR
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL
Bankers	TSB 37 Castlegate Newark NG24 1BD

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Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2024.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Jill Oakham, Chair
	Rebecca Johnson, Secretary
	Ian Lund
	Tim Parker
	Lynda Jones (appointed 13 February 2024)

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 25 October 2001 and most recently amended 9 December 2003. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Recruitment and appointment of trustees

New trustees are appointed through an application to the Chair and then approval by all trustees at a trustee meeting. New trustees are generally found through recommendation or advertising on local volunteering websites.

Objectives and activities

Objects and aims

The promotion and preservation of good emotional and mental health among young people, irrespective of their sex, race, political or religious beliefs primarily through the provision of a confidential counselling service within the East Midlands (hereinafter referred to as the Area of Benefit) to young people but also to those who work with, or support them, including family members.

To improve awareness and understanding of emotional and mental health within the area of benefit, primarily through, but not limited to, the delivery of workshops and talks aimed at supporting young people and all those who work with, or support, them.

Our Mission: CASY exists to reduce and relieve the suffering and distress, and to improve the emotional wellbeing, of young people and their families throughout the East Midlands.

Our Vision: is that all children and young people in Nottinghamshire and Lincolnshire have the best possible chance of a mentally and emotionally healthy future.

Our Aims: are to deliver emotional and mental health services and support to children & young people, their families and all who support and care for them.

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Trustees' Report

Objectives, strategies and activities

At CASY, our commitment lies in providing the children and young people across the East Midlands, access to our support, providing a solid foundation for future well-being through optimal mental health. Recognising that good mental health forms the bedrock of emotional and intellectual development in young people, it cultivates self-worth, confidence, independence, and resilience. Growing evidence underscores the connection between poor mental health in the young and adverse outcomes later in life, with some issues leading to social exclusion, impaired interpersonal relationships, involvement in offending behaviours and erratic employment. Children and young adults often struggle to identify and access support for mental health challenges.

CASY provides a range of different services based in the community and educational settings. Within the community we provide confidential one to one counselling from our office in Newark on Trent, which is delivered by both qualified and student placement counsellors. In educational settings we work with pastoral teams to deliver one to one and group emotional wellbeing sessions to improve the emotional resilience and decision making of children and young people. CASY also support parents, carers and other professionals.

Achievements and performance

Counselling within the community

Over the year 2023-2024 we have seen a total of 354 young people and offered 3,159 counselling hours. There are 30 presenting issue categories, of which we capture 2 for each young person. The top 5 being:-

- 50% of young people seen presented with Anxiety
- 16% of young people seen presented with Depression/Low Mood
- 12% of young people seen presented with Self Harm
- 10% of young people seen presented with Suicidal thoughts/intent
- 10% of young people seen presented with Family Relationship problems.

Counselling in School Settings

We offer 2 types of counselling in schools, the first being agreed over the 38 weeks of the academic year and the second, a bespoke service of either 8 or 10 sessions per young person, again during term time.

Over the year 2023-2024 we have seen a total of 1,625 young people and offered 14,187 counselling hours. We had 68 main school contracts, (over 38 weeks of term time) and supported 48 bespoke schools (over 8 to 10 weeks of term time).

The top 5 presenting issues were:-

- 50% of young people seen presented with Anxiety
- 14% of young people seen presented with Behaviour Problems
- 14% of young people seen presented with Depression/Low Mood
- 14% of young people seen presented with Anger
- 12% of young people seen presented with Family Relationship problems

In total (schools and community) for the period we held a total of 17,346 counselling hours and engaged with 1,979 young people.

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Trustees' Report

Training

We now have a consistent rolling training programme with an element of compulsory core training and Continuing Professional Development (CPD). We encourage not only our own counsellors to attend but their supervisors and other professionals. The programme is as follows:-

Core Training

- Safeguarding
- Endings and Beginnings
- Core Competences for working with children (CCC)
- Part 1 - Understanding Development
- Part 2 - Law and Ethics
- Part 3 - Skills and Adaptation
- Pre-Trial Therapy.

CPD

- Self Harm
- Anxiety
- Attachment 101
- Suicidal ideation and Intent
- Online Lives.

Last year we were extremely pleased to have achieved the National Counselling and Psychotherapy Society (NCPS) quality mark for our Core Competencies For Working With Under 18's training. Over the next 12 months we have achieved the same recognition for our CPD webinars - Self Harm - Anxiety - Suicidal Ideation and Intent.

Thanks

We would like to say a huge thank you to all the counsellors who volunteered hours in our community setting in Newark and also to our paid counsellors in the school network. They have been nothing but professional and reliable and without them we would not be able to deliver the services we do - Thank you all.

We would also like to acknowledge the team at the centre in Newark who co-ordinate all community and school work. They have gone above and beyond to support CASY's work, demonstrating incredible flexibility, resilience and professionalism, while supporting the needs of our individual clients and schools. Thank you for all your hard work and dedication.

Public benefit

Good mental and emotional health is essential for young people to grow and mature into adulthood. The effects of poor emotional health in young people when carried through to adulthood are severely damaging and can lead to poor relationships, erratic employment, chaotic lifestyles and possible imprisonment. It is estimated that the cost of public support for adults with mental and emotional health difficulties is ten times higher than those with stable emotional health. The services that CASY delivers are essential for providing young people with the best possible chance for a stable and healthy future.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

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Trustees' Report

Financial review

We have ended this year in another positive position, having made a surplus of £43,870 (2023: £17,072)

During this financial period our school contracts and contractual hours increased again over the academic year. This resulted in an increased school income of £37,644. We have also had great results from our bid writing, receiving a staggering £62,944 in grant funding, plus an additional £17,881 from other companies and individuals, supporting our work here in the community. With our highest ever reported income at £564,745 and our expenditure at £520,875, this gave us the surplus of £43,870. The vast majority of this is committed spend for our sessional counsellors, who cover the school contracts running up to the end of the school year, July 2024.

We would like to thank the following Charities, Trusts and funders for their fantastic contributions, you have enabled us to reach and support more young people - Thank You.

- Awards for All - Lottery
- St James Place
- Wesleyan Community Grants
- Schroder Charity Trust
- The Williamson Benevolent Trust
- The Forman Hardy Trust
- The Mary Robertson Trust
- The Jones 1986 Charity
- Groundwork UK
- Nottingham Local Community Fund
- Newark Council Local Community Fund
- Souter Charitable Trust
- The Percy Bilton Charity
- Skipton Building Society
- Thomas Farr Charity
- Vale of Belvoir Rotary Club

We are continuing our rolling programme of fundraising ensuring applications are submitted regularly.

Our main priority remains the work we do in schools, maintaining the contract relationships and performance, whilst also identifying and developing new opportunities within schools. This also includes our commitment to our counsellors ongoing development through training and general wellbeing through supervision.

Principal risks and uncertainties

Financial Risks

CASY faces no immediate financial risks as we continue to grow and improve our services. Fundraising is ongoing and includes; trusts and foundations, corporate giving and individual support.

Policy on reserves

Reserves policy is three months operating costs plus six months committed counsellor costs in schools. This is currently £210,000.

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Trustees' Report

Plans for future periods

Aims and key objectives for future periods

The next 12 months - We will continue to work with our Schools, maintaining and building positive relationships with them and between them and their allocated counsellors. We will be looking to increase the contract numbers and hours, learning from what's worked well and what could have been better.

School contracts were almost always commissioned on an individual basis by the Head Teacher. This year we have seen a change, with the Trusts they are aligned to approaching us to cover the cluster of schools they have. To meet such a demand in a timely fashion, we need to build a bank of counsellors that we can call upon. This will be a primary focus as we move forward.

We will continue to review and update our rolling CPD for both new and existing counsellors. New development topics will be introduced to give our counsellors greater learning opportunities, which in turn can only improve our service to the young people we see, both in the community venue and within the schools. We will be looking at offering school staff with these CPD opportunities too, listening to what they are asking of us.

Statement of Responsibilities

The trustees (who are also the directors of C.A.S.Y. for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

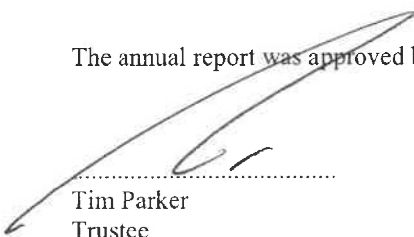
Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

C.A.S.Y.

Trustees' Report

The annual report was approved by the trustees of the charity on 31 July 2024 and signed on its behalf by:



.....
Tim Parker
Trustee

C.A.S.Y.

Independent Examiner's Report to the trustees of C.A.S.Y. ('the Company')

Independent examiner's report to the trustees of C.A.S.Y. ('the Company')

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

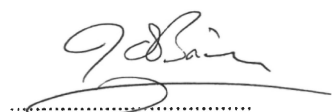
Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



John O'Brien MSc, FAIA, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 29/08/2024

C.A.S.Y.

**Statement of Financial Activities for the Year Ended 31 March 2024
(Including Income and Expenditure Account and Statement of Total Recognised Gains
and Losses)**

				(As restated)
		Unrestricted	Restricted	Total
	Note	£	£	2024
				£
Income and Endowments from:				Total
Donations and legacies	2	36,445	-	36,445
Charitable activities	3	483,920	44,380	528,300
Other income	4	-	-	-
		<u>520,365</u>	<u>44,380</u>	<u>564,745</u>
Total Income				519,817
Expenditure on:				
Charitable activities	9	(482,370)	(38,505)	(520,875)
Total Expenditure		<u>(482,370)</u>	<u>(38,505)</u>	<u>(520,875)</u>
Net income		<u>37,995</u>	<u>5,875</u>	<u>43,870</u>
Net movement in funds		37,995	5,875	43,870
Reconciliation of funds				
Total funds brought forward		<u>16,684</u>	-	<u>16,684</u>
Total funds carried forward	18	<u>54,679</u>	<u>5,875</u>	<u>60,554</u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 18.

The notes on pages 13 to 21 form an integral part of these financial statements.

C.A.S.Y.

**Statement of Financial Activities for the Year Ended 31 March 2024
(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)**

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2023 £ (As restated)
Income and Endowments from:				
Donations and legacies	2	63,033	-	63,033
Charitable activities	3	447,609	9,000	456,609
Other income	4	175	-	175
Total income		<u>510,817</u>	<u>9,000</u>	<u>519,817</u>
Expenditure on:				
Charitable activities	9	<u>(493,745)</u>	<u>(9,000)</u>	<u>(502,745)</u>
Total expenditure		<u>(493,745)</u>	<u>(9,000)</u>	<u>(502,745)</u>
Net income		<u>17,072</u>	<u>-</u>	<u>17,072</u>
Net movement in funds		17,072	-	17,072
Reconciliation of funds				
Total funds brought forward		<u>(388)</u>	<u>-</u>	<u>(388)</u>
Total funds carried forward	18	<u><u>16,684</u></u>	<u><u>-</u></u>	<u><u>16,684</u></u>

The notes on pages 13 to 21 form an integral part of these financial statements.

C.A.S.Y.

**(Registration number: 04310724)
Balance Sheet as at 31 March 2024**

	Note	2024 £	2023 £ (As restated)
Fixed assets			
Tangible assets	12	-	1,072
Current assets			
Debtors	13	2,872	2,275
Cash at bank and in hand	14	<u>297,332</u>	<u>238,882</u>
		300,204	241,157
Creditors: Amounts falling due within one year	15	<u>(239,650)</u>	<u>(225,545)</u>
Net current assets		<u>60,554</u>	<u>15,612</u>
Net assets		<u>60,554</u>	<u>16,684</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	18	5,875	-
Unrestricted income funds			
Unrestricted funds		<u>54,679</u>	<u>16,684</u>
Total funds	18	<u>60,554</u>	<u>16,684</u>

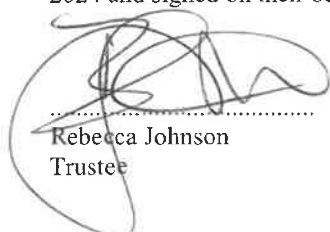
For the financial year ending 31 March 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 9 to 21 were approved by the trustees, and authorised for issue on 31 July 2024 and signed on their behalf by:


.....
Rebecca Johnson
Trustee

The notes on pages 13 to 21 form an integral part of these financial statements.

C.A.S.Y.

Statement of Cash Flows for the Year Ended 31 March 2024

	Note	2024 £	(As restated) 2023 £
Cash flows from operating activities			
Net cash income		43,870	17,072
Adjustments to cash flows from non-cash items			
Depreciation		1,072	1,071
		44,942	18,143
Working capital adjustments			
Increase in debtors	13	(597)	(484)
Increase/(decrease) in creditors	15	50	(383)
Increase in deferred income	15	14,055	12,556
Net cash flows from operating activities		58,450	29,832
Net increase in cash and cash equivalents		58,450	29,832
Cash and cash equivalents at 1 April		238,882	209,050
Cash and cash equivalents at 31 March		297,332	238,882
Reconciliation of net cash flow to movement in net funds			
Increase in cash		58,450	29,832
Net funds at 1 April 2023		238,882	209,050
Net funds at 31 March 2024		297,332	238,882

All of the cash flows are derived from continuing operations during the above two periods.

C.A.S.Y.

Notes to the Financial Statements for the Year Ended 31 March 2024

1 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

C.A.S.Y. meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

C.A.S.Y.

Notes to the Financial Statements for the Year Ended 31 March 2024

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class
IT equipment

Depreciation method and rate
33.3% on a straight line basis

C.A.S.Y.

Notes to the Financial Statements for the Year Ended 31 March 2024

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	25,524	25,524	43,770
Donations from individuals	2,881	2,881	12,723
Grants, including capital grants;			
Government grants	8,040	8,040	6,540
	<u>36,445</u>	<u>36,445</u>	<u>63,033</u>

C.A.S.Y.

Notes to the Financial Statements for the Year Ended 31 March 2024

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 (As restated) £
DBS applications	1,761	-	1,761	1,912
Grants & donations	-	44,380	44,380	9,000
School fees	439,685	-	439,685	402,041
Training fees	3,109	-	3,109	2,710
Parent fees	39,365	-	39,365	40,946
	<u>483,920</u>	<u>44,380</u>	<u>528,300</u>	<u>456,609</u>

4 Other income

	Total 2024 £	Total 2023 £
Rental income	<u>-</u>	<u>175</u>

5 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Awards for All	-	17,980	17,980
St James Place	-	10,000	10,000
Nottingham Local Community Fund	8,040	-	8,040
Weslyan Community Grants	-	6,490	6,490
The Jones 1986 Charity	-	4,800	4,800
Schroder Charity Trust	4,000	-	4,000
Thomas Farr Charity	-	2,860	2,860
The Williamson Benevolent Fund	2,500	-	2,500
The Mary Robertson Trust	2,000	-	2,000
Souter Charitable Trust	1,024	-	1,024
Skipton Building Society	-	1,000	1,000
The Percy Bilton Charity	-	750	750
Vale of Belvoir Rotary Club	-	500	500
Groundwork Uk	500	-	500
The Forman Hardy Trust	500	-	500
Other companies and Individuals	<u>17,881</u>	<u>-</u>	<u>17,881</u>
	<u>36,445</u>	<u>44,380</u>	<u>80,825</u>

6 Taxation

The charity is a registered charity and is therefore exempt from taxation.

C.A.S.Y.

Notes to the Financial Statements for the Year Ended 31 March 2024

7 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

8 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

9 Expenditure on charitable activities

The following table presents expenditure using a natural classification. Support costs have not been separately allocated and disclosed as the Trustees believe they are immaterial to the financial statements.

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Advertising	-	1,633	1,633	2,176
Cleaning	1,405	-	1,405	1,288
Counsellor fees	288,805	12,310	301,115	277,353
DBS Checks	1,818	-	1,818	1,947
Furniture & fittings	-	2,846	2,846	-
Equipment & IT	2,446	320	2,766	10,019
Insurance	3,132	-	3,132	2,596
Depreciation	1,072	-	1,072	1,071
Legal & professional	5,476	4,600	10,076	2,756
Membership	827	-	827	694
Refreshments & hospitality	26	-	26	131
Rent & services	25,440	-	25,440	24,476
Maintenance	6,466	-	6,466	1,392
Staff expenses	-	1,918	1,918	2,073
Stationery & photocopying	521	3,556	4,077	2,606
Supervision	-	4,070	4,070	4,577
Telephone, internet & postage	4,110	-	4,110	2,691
Training	-	3,773	3,773	4,250
Utilities	6,465	-	6,465	7,131
Volunteer expenses	1,720	3,479	5,199	6,444
Wages, NI & pension - service delivery	104,245	-	104,245	91,474
Wages, NI & pension - operational management	28,396	-	28,396	55,600
	<u>482,370</u>	<u>38,505</u>	<u>520,875</u>	<u>502,745</u>

C.A.S.Y.

Notes to the Financial Statements for the Year Ended 31 March 2024

10 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2024 £	2023 £
Independent examination	1,020	975
Other financial services	790	735
	<u>1,810</u>	<u>1,710</u>

11 Staff costs

The aggregate payroll costs were as follows:

	2024 £	2023 £
Staff costs during the year were:		
Wages and salaries	126,761	139,051
Social security costs	4,144	5,992
Pension costs	<u>1,736</u>	<u>2,031</u>
	<u>132,641</u>	<u>147,074</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2024 No	2023 No
Average number of employees	<u>7</u>	<u>7</u>

4 (2023 - 5) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £1,736 (2023 - £2,031).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £28,396 (2023 - £24,442).

C.A.S.Y.

Notes to the Financial Statements for the Year Ended 31 March 2024

12 Tangible fixed assets

	IT equipment £	Total £
Cost		
At 1 April 2023	3,215	3,215
At 31 March 2024	3,215	3,215
Depreciation		
At 1 April 2023	2,143	2,143
Charge for the year	1,072	1,072
At 31 March 2024	3,215	3,215
Net book value		
At 31 March 2024	-	-
At 31 March 2023	1,072	1,072

13 Debtors

	2024 £	2023 £
Prepayments	2,872	2,275

14 Cash and cash equivalents

	2024 £	2023 £
Cash at bank	297,332	238,882

15 Creditors: amounts falling due within one year

	2024 £	2023 £ (As restated)
Other creditors	1,564	1,514
Deferred income	238,086	224,031
	239,650	225,545

16 Commitments

Capital commitments

At 31 March 2019 the charity had non-cancellable commitments under a five year operating lease for the premises expiring 21 November 2025.

The total amount contracted for but not provided in the financial statements was £Nil (2023 - £Nil).

C.A.S.Y.

Notes to the Financial Statements for the Year Ended 31 March 2024

17 Related party transactions

There were no related party transactions in the year.

18 Funds

	Balance at 1 April 2023 £ (As restated)	Incoming resources £	Resources expended £	Balance at 31 March 2024 £
Unrestricted funds				
<i>General</i>				
General fund	16,684	520,365	(482,370)	54,679
Restricted funds				
Equipment	-	5,110	(5,110)	-
Suicide & self harm prevention (Awards for All)	-	17,980	(17,980)	-
Suicide & self harm prevention	-	21,290	(15,415)	5,875
Total restricted funds	-	44,380	(38,505)	5,875
Total funds	16,684	564,745	(520,875)	60,554

The specific purposes for which the funds are to be applied are as follows:

The Awards for All funding was provided specifically to support young people with suicidal thoughts, intent and/or self harm behaviours.

The restricted Suicide & self harm project was funded by St James Place; Wesleyan Community Grants & The Jones 1986 charity, this was to help support young people with suicidal thoughts, intent and/or self harm behaviours.

The Equipment fund was funded by The Percy Bilton Charity; The Skipton Building Society; The Thomas Farr Charity & The Vale of Belvoir Rotary club, this was to help with the costs of purchasing new equipment.

C.A.S.Y.

Notes to the Financial Statements for the Year Ended 31 March 2024

	Balance at 1 April 2022 £ (As restated)	Incoming resources £ (As restated)	Resources expended £	Balance at 31 March 2023 £ (As restated)
Unrestricted funds				
<i>General</i>				
General fund	(388)	510,817	(493,745)	16,684
Restricted				
Training Staff Project (Awards for All)	-	9,000	(9,000)	-
Total funds	<u>(388)</u>	<u>519,817</u>	<u>(502,745)</u>	<u>16,684</u>

19 Analysis of net assets between funds

	Unrestricted		2024
	General	Restricted	Total funds
	£	£	£
Current assets	294,329	5,875	300,204
Current liabilities	(239,650)	-	(239,650)
Total net assets	<u>54,679</u>	<u>5,875</u>	<u>60,554</u>
	Unrestricted		2023
	General		Total funds
	£		£ (As restated)
Tangible fixed assets	1,072		1,072
Current assets	241,157		241,157
Current liabilities	(225,545)		(225,545)
Total net assets	<u>16,684</u>		<u>16,684</u>