

Company registration number: 04310724

Charity registration number: 1092938

C.A.S.Y.

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2022

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

C.A.S.Y.

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Reference and Administrative Details

Trustees	Jill Oakham, Chair
	Rebecca Johnson, Secretary
	Ian Lund
	Tim Parker
Senior Management Team	Mick Mason, Chief Executive
Charity Registration Number	1092938
Company Registration Number	04310724
Registered Office	23 Millgate Newark Nottinghamshire NG24 4TR
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

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Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2022.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Jill Oakham, Chair
	Rebecca Johnson, Secretary
	Ian Lund
	Tim Parker (appointed 6 December 2021)
	Clive Goode (resigned 2 April 2022)
	James Smith (resigned 10 December 2021)

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 25 October 2001 and most recently amended 9 December 2003. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Recruitment and appointment of trustees

New trustees are appointed through an application to the Chair and then approval by all trustees at a trustee meeting. New trustees are generally found through recommendation or advertising on local volunteering websites.

Objectives and activities

Objects and aims

The promotion and preservation of good emotional and mental health among young people, irrespective of their sex, race, political or religious beliefs primarily through the provision of a confidential counselling service within the East Midlands (hereinafter referred to as the Area of Benefit) to young people but also to those who work with, or support them, including family members.

To improve awareness and understanding of emotional and mental health within the area of benefit, primarily through, but not limited to, the delivery of workshops and talks aimed at supporting young people and all those who work with, or support, them.

Our Mission: CASY exists to reduce and relieve the suffering and distress, and to improve the emotional wellbeing, of young people and their families throughout the East Midlands.

Our Vision: is that all children and young people in Nottinghamshire and Lincolnshire have the best possible chance of a mentally and emotionally healthy future.

Our Aims: are to deliver emotional and mental health services and support to children & young people, their families and all who support and care for them.

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Trustees' Report

Objectives, strategies and activities

Our counselling service consists of:

- Your Space in the community – a counselling service for young people, aged 6 to 25, delivered from our office in Newark.
- Your Space in Schools – we provide a counselling service within schools throughout Lincolnshire and Nottinghamshire this enables pupils work on a one to one basis with our counsellors in a safe space within the educational setting. We also offer support for pastoral teams, SENCO leads and teachers, this enables the educational team to be in a better place to support the young people within the school.

We are a placement provider to trainee counsellors who are currently participating in a level 4 and above course in a range of counselling approaches. Over the last 12 months we have provided over 40 places for new trainees together with over 20 new qualified counsellors who have started on school's contacts, our bespoke services and offering volunteer hours within our community venues. For all of our counsellors we offer monthly continuous professional development (CPD) sessions on a range of topics which include, Self-Harm, Low self-esteem, Anger, Anxiety etc.

Public benefit

Good mental and emotional health is essential for young people to grow and mature into adulthood. The effects of poor emotional health in young people when carried through to adulthood are severely damaging and can lead to poor relationships, erratic employment, chaotic lifestyles and possible imprisonment. It is estimated that the cost of public support for adults with mental and emotional health difficulties is ten times higher than those with stable emotional health. The services that CASY delivers are essential for providing young people with the best possible chance for a stable and healthy future.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance

Counselling Services

During 2021-22 we have seen a total of 2,568 clients which equates to over 18,000 counselling hours delivered. This is an increase of 30% from the previous year when we supported 1,960 clients. Whilst the COVID pandemic and lockdowns have increased the need for support, we had already experienced a rise in demand for our services of 20% in 2019-20 before the pandemic hit and expect this demand to continue to increase in 2022/23.

The presenting issues have remained consistent over the last 3 years with anxiety, low mood, suicidal ideation, and self-harm the top 4 issues.

Trusts and Foundations Income

We would like to thank the following trusts and foundations for their support during the year we have secured over £45,000 in grants and donations.

Masonic Charitable Foundation
Global Make Some Noise
Arnold Clarke
Souter Trust
The Helen Jean Cope Charity
Chetwode Foundation
Weatcroft Foundation
J N Derbyshire Trust
Thoresby Trust
Newby Trust

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Trustees' Report

Schools

During 2021-22 our schools' contracts have grown again, and we continued to have a waiting list for both school contracts and our bespoke services. We secured a total of 69 school contracts delivering 416 hours per week (over 15,808 annually) of one-to-one counselling. During the same period, we delivered over 115 bespoke contracts. After consultation we have decided to increase our contract price by a 11% this will enable us to increase the hourly rate for our school counsellors.

Over the last 12 months we have had an average attendance rate 77% within the community setting, whilst this is an improvement from the previous year this is still something we are constantly monitoring and keen to improve.

Training

During 2021-22 we have delivered a range of training including our core training, safeguarding, beginnings, and endings and children and young people (CYP) core competencies. Over the later part of the year BACP and NCS have produced there CYP core competencies framework which counsellors will need to work toward to sign up to the register. Our training has been based on the BACP competencies, we are currently looking at NCS and working with them to gain their quality mark. We will not know until the end of 2022 early 2023 if we have achieved this, it will give CASY a large foundation to work from once the final information is sent out. We will also be working toward getting the monthly CPD workshops quality marked by NCS as well.

Community Fundraising

We would like to thank all of the individuals who have supported us over the last 12 months and raised over £9,600 from one off donations to the groups who have raised sponsorship money on behalf of CASY.

Volunteers

We would also like to say a huge thank you to all the counsellors who offer volunteer hours in the community setting and who work on our school contracts, without them we would not be able to deliver the services we do.

Financial review

Again this year we have managed to end the year in a positive position, having made a surplus of £37,916 (2021: £48,215).

Policy on reserves

Reserves policy is three months operating costs plus six months committed counsellor costs in schools. This is currently £80,000.

Principal risks and uncertainties

Financial Risks

CASY faces no immediate financial risks as we continue to improve and move forward. Fundraising is ongoing and includes; trusts and foundations, corporate giving and individual support.

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Trustees' Report

Statement of Trustees' Responsibilities

The trustees (who are also the directors of C.A.S.Y. for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities ~~SORP~~;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 12 October 2022 and signed on its behalf by:



Jill Oakham
Trustee

C.A.S.Y.

Independent Examiner's Report to the trustees of C.A.S.Y.

Independent examiner's report to the trustees of C.A.S.Y. ('the Company')

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

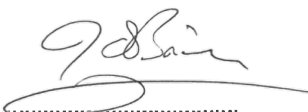
Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



John O'Brien MSc, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 8/11/2022.....

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**Statement of Financial Activities for the Year Ended 31 March 2022
(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)**

	Note	Unrestricted £	Restricted £	Total 2022 £	Total 2021 £
Income and Endowments from:					
Donations and legacies	2	36,010	-	36,010	7,373
Charitable activities	3	423,852	19,300	443,152	367,811
Other income	4	435	-	435	1,074
Total Income		<u>460,297</u>	<u>19,300</u>	<u>479,597</u>	<u>376,258</u>
Expenditure on:					
Charitable activities	9	<u>(422,553)</u>	<u>(19,128)</u>	<u>(441,681)</u>	<u>(328,043)</u>
Total Expenditure		<u>(422,553)</u>	<u>(19,128)</u>	<u>(441,681)</u>	<u>(328,043)</u>
Net income		37,744	172	37,916	48,215
Transfers between funds		<u>1,731</u>	<u>(1,731)</u>	<u>-</u>	<u>-</u>
Net movement in funds		39,475	(1,559)	37,916	48,215
Reconciliation of funds					
Total funds brought forward		<u>171,612</u>	<u>1,559</u>	<u>173,171</u>	<u>124,956</u>
Total funds carried forward	18	<u>211,087</u>	<u>-</u>	<u>211,087</u>	<u>173,171</u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 18.

The notes on pages 10 to 18 form an integral part of these financial statements.

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**Statement of Financial Activities for the Year Ended 31 March 2022
(Including Income and Expenditure Account and Statement of Total Recognised Gains
and Losses)**

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £
Income and Endowments from:				
Donations and legacies	2	7,373	-	7,373
Charitable activities	3	305,153	62,658	367,811
Other income	4	1,074	-	1,074
Total income		<u>313,600</u>	<u>62,658</u>	<u>376,258</u>
Expenditure on:				
Charitable activities	9	<u>(266,944)</u>	<u>(61,099)</u>	<u>(328,043)</u>
Total expenditure		<u>(266,944)</u>	<u>(61,099)</u>	<u>(328,043)</u>
Net income		<u>46,656</u>	<u>1,559</u>	<u>48,215</u>
Net movement in funds		46,656	1,559	48,215
Reconciliation of funds				
Total funds brought forward		<u>124,956</u>	<u>-</u>	<u>124,956</u>
Total funds carried forward	18	<u><u>171,612</u></u>	<u><u>1,559</u></u>	<u><u>173,171</u></u>

The notes on pages 10 to 18 form an integral part of these financial statements.

C.A.S.Y.

**(Registration number: 04310724)
Balance Sheet as at 31 March 2022**

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	12	2,143	-
Current assets			
Debtors	13	1,791	5,588
Cash at bank and in hand	14	209,050	168,735
		210,841	174,323
Creditors: Amounts falling due within one year	15	(1,897)	(1,152)
Net current assets		208,944	173,171
Net assets		211,087	173,171
Funds of the charity:			
Restricted income funds			
Restricted funds	18	-	1,559
Unrestricted income funds			
Unrestricted funds		211,087	171,612
Total funds	18	211,087	173,171

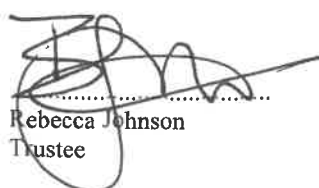
For the financial year ending 31 March 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 7 to 18 were approved by the trustees, and authorised for issue on 12 October 2022 and signed on their behalf by:


Rebecca Johnson
Trustee

The notes on pages 10 to 18 form an integral part of these financial statements.

C.A.S.Y.

Notes to the Financial Statements for the Year Ended 31 March 2022

1 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

C.A.S.Y. meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement

The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

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Notes to the Financial Statements for the Year Ended 31 March 2022

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
IT equipment	33.3% on a straight line basis

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

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Notes to the Financial Statements for the Year Ended 31 March 2022

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	25,724	25,724	1,000
Donations from individuals	9,694	9,694	5,189
Grants, including capital grants;			
Government grants	592	592	1,184
	<u>36,010</u>	<u>36,010</u>	<u>7,373</u>

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
DBS applications	1,535	-	1,535	395
Grants & donations	-	19,300	19,300	62,658
School fees	373,030	-	373,030	280,336
Training fees	360	-	360	290
Parent fees	48,927	-	48,927	24,132
	<u>423,852</u>	<u>19,300</u>	<u>443,152</u>	<u>367,811</u>

C.A.S.Y.

Notes to the Financial Statements for the Year Ended 31 March 2022

4 Other income

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Rental income	435	435	1,074

5 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Global Make Some Noise	-	16,400	16,400
Nottinghamshire CM - Wheatcroft	-	2,900	2,900
Newby Trust	7,500	-	7,500
Masonic Charitable Trust	5,000	-	5,000
Chetwode Foundation	2,944	-	2,944
Municipal General Charity	2,500	-	2,500
Thoresby Charitable Trust	1,500	-	1,500
J N Derbyshire	1,500	-	1,500
The Souter Trust	1,280	-	1,280
The Lady Hind Trust	1,000	-	1,000
Arnold Clark	1,000	-	1,000
Helen Jean Cope Charity	750	-	750
Jesse Spencer Trust	750	-	750
HMRC JRS Grant	592	-	592
Sundry donations	9,694	-	9,694
	<u>36,010</u>	<u>19,300</u>	<u>55,310</u>

6 Taxation

The charity is a registered charity and is therefore exempt from taxation.

7 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

8 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

C.A.S.Y.

Notes to the Financial Statements for the Year Ended 31 March 2022

9 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Advertising	1,848	-	1,848	-
Cleaning	1,308	-	1,308	928
Counsellor fees	219,613	12,318	231,931	156,063
DBS Checks	1,962	-	1,962	-
Dilapidation costs	-	-	-	2,000
Equipment & IT	1,423	450	1,873	2,270
Furniture & fittings	110	-	110	2,383
Depreciation	207	865	1,072	-
Insurance	2,496	-	2,496	2,476
Legal & professional	2,106	-	2,106	2,727
Membership	463	-	463	350
Refreshments & hospitality	62	-	62	-
Maintenance	6,377	-	6,377	148
Rent & services	25,249	-	25,249	20,611
Staff expenses	950	1,097	2,047	232
Stationery & photocopying	915	242	1,157	2,206
Supervision	2,240	2,472	4,712	3,713
Telephone, internet & postage	2,485	121	2,606	2,268
Training	480	160	640	1,313
Utilities	3,806	-	3,806	3,739
Volunteer expenses	2,460	1,403	3,863	1,128
Wages, NI & pension - service delivery	82,548	-	82,548	57,433
Wages, NI & pension - operational management	63,445	-	63,445	66,055
	<u>422,553</u>	<u>19,128</u>	<u>441,681</u>	<u>328,043</u>

10 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2022 £	2021 £
Independent examination	930	900
Other financial services	855	670
	<u>1,785</u>	<u>1,570</u>

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Notes to the Financial Statements for the Year Ended 31 March 2022

11 Staff costs

The aggregate payroll costs were as follows:

	2022 £	2021 £
Staff costs during the year were:		
Wages and salaries	138,023	116,040
Social security costs	6,038	5,617
Pension costs	1,932	1,831
	<u>145,993</u>	<u>123,488</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2022 No	2021 No
Average number of employees	<u>8</u>	<u>5</u>

5 (2021 - 4) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £1,932 (2021 - £1,831).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £34,333 (2021 - £34,891).

12 Tangible fixed assets

	IT equipment £	Total £
Cost		
Additions	<u>3,215</u>	<u>3,215</u>
At 31 March 2022	<u>3,215</u>	<u>3,215</u>
Depreciation		
Charge for the year	<u>1,072</u>	<u>1,072</u>
At 31 March 2022	<u>1,072</u>	<u>1,072</u>
Net book value		
At 31 March 2022	<u>2,143</u>	<u>2,143</u>

C.A.S.Y.

Notes to the Financial Statements for the Year Ended 31 March 2022

13 Debtors

	2022	2021
	£	£
Prepayments	1,791	1,588
Other debtors	-	4,000
	<u>1,791</u>	<u>5,588</u>

14 Cash and cash equivalents

	2022	2021
	£	£
Cash at bank	<u>209,050</u>	<u>168,735</u>

15 Creditors: amounts falling due within one year

	2022	2021
	£	£
Other taxation and social security	716	-
Other creditors	<u>1,181</u>	<u>1,152</u>
	<u>1,897</u>	<u>1,152</u>

16 Commitments

Capital commitments

At 31 March 2019 the charity had non-cancellable commitments under a five year operating lease for the premises expiring 21 November 2023.

The total amount contracted for but not provided in the financial statements was £37,500 (2021 - £61,500).

17 Related party transactions

There were no related party transactions in the year.

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Notes to the Financial Statements for the Year Ended 31 March 2022

18 Funds

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
Unrestricted funds					
<i>General</i>					
General fund	171,612	460,297	(422,553)	1,731	211,087
Restricted funds					
Self-harm project (Global Make Some Noise)	(1,719)	16,400	(12,950)	(1,731)	-
Sessional Counsellors (Nottinghamshire CM)	-	2,900	(2,900)	-	-
Sessional Counsellors (Evan Cornish)	3,278	-	(3,278)	-	-
Total restricted funds	<u>1,559</u>	<u>19,300</u>	<u>(19,128)</u>	<u>(1,731)</u>	<u>-</u>
Total funds	<u>173,171</u>	<u>479,597</u>	<u>(441,681)</u>	<u>-</u>	<u>211,087</u>

The specific purposes for which the funds are to be applied are as follows:

The Global Make Some Noise funding was used for sessional workers to counsel young people with Suicidal ideation and self-harming issues;

Nottinghamshire CM funding from Wheatcroft was for counsellors' costs and supervision;

The Evan Cornish Foundation was also used to help with the costs of sessional workers to counsel young people.

In previous years there were also the following funds:

The Awards for All funding was used to help with our running costs and was put towards rent, telephone and utilities costs;

The funding from Nottinghamshire County Council was also for running costs.

The transfer from the Self-harm project (Global Make Some Noise funding) to the General fund represents the net book value of fixed assets, the use of which is not subject to any restriction.

C.A.S.Y.

Notes to the Financial Statements for the Year Ended 31 March 2022

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Balance at 31 March 2021 £
Unrestricted funds				
<i>General</i>				
General fund	124,956	313,600	(266,944)	171,612
Restricted				
Running costs (Nottinghamshire County Council)	-	5,000	(5,000)	-
Self-harm project (Global Make Some Noise)	-	32,900	(34,619)	(1,719)
Sessional Counsellors (Nottinghamshire CM)	-	9,400	(9,400)	-
Sessional Counsellors (Evan Cornish)	-	5,358	(2,080)	3,278
Running costs (Awards for All)	-	10,000	(10,000)	-
Total restricted funds	-	62,658	(61,099)	1,559
Total funds	124,956	376,258	(328,043)	173,171

19 Analysis of net assets between funds

	Unrestricted		2022 Total funds £
	General £		
Tangible fixed assets	2,143		2,143
Current assets	210,841		210,841
Current liabilities	(1,897)		(1,897)
Total net assets	211,087		211,087

	Unrestricted		2021 Total funds £
	General £	Restricted £	
Current assets	172,764	1,559	174,323
Current liabilities	(1,152)	-	(1,152)
Total net assets	171,612	1,559	173,171