

BETTER TOGETHER

**GIVE YOUTH A BREAK ANNUAL REPORTS AND ACCOUNTS
YEAR ENDING AUGUST 2023**



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REFERENCES AND ADMINISTRATIVE DETAILS

Registered Charity Name	GIVE YOUTH A BREAK
Registration Number	1092690
Principal Office	9 Woodville Rd. London NW11 9TP
Trustees	Mr. Mordechai Mund Mr. Nathan Ost Mr. Joshua Feiner Mrs. Sarah Bard

MESSAGE FROM THE DIRECTOR

As we consider the objectives we have met in another year gone by, we are humbled and overflowing with appreciation. Once again, we have brought together hundreds of vulnerable youth, and touched their hearts by demonstrating to them what it means to use one's strengths to grow, to accept responsibility for oneself, and to have a positive outlook on life. Concurrently, there has been a remarkable surge in the quantity of volunteers who have come forward to donate their time and efforts to help the neighbourhood.

Parents, schools, the community at large, and of course the young people themselves have all provided rich and positive feedback, reporting many beautiful, wholesome, and growth-filled days together.

Additionally, at times, feedback has been really helpful in guiding us towards progress and posing queries like what more can our young people want to see provided for and how we can better serve them. Towards that goal, we are eager to roll out some exciting new features and expand our methods in which we can serve the community.

We are grateful to our funders and donors for helping us have another successful and enjoyable year- TOGETHER we can be and do BETTER!

On behalf of the Give Youth a Break team, let me personally extend my gratitude to you.

Signed

 Mr. Mordechai Mund

OUR CHARITABLE OBJECTIVES

We are here to improve the quality of life of children suffering from disadvantage in the London borough of Barnet and the surrounding areas.

We aim to improve our youths' confidence and emotional well-being, so that they have the capacity to develop into healthy, stable adults who will be contributing members of society.

MAIN ACTIVITIES

- An after-school and weekend club for disadvantaged youth.
- An annual retreat in a rural setting, where young people relax and have wholesome fun.
- Trips and events that include activities and sports that are otherwise not accessible to the children.
- Parties during festivals where children get to learn social skills and feel that they belong.
- Mentoring and subsidized therapies for acute cases.

OUR MISSION

- To increase access to sports for a reduced/waived charge.
- To increase emotional and physical health of these disadvantaged children.
- To improve social skills of these disadvantaged children.
- To prevent youth becoming at-risk.

SAFEGUARDING

We are dedicated to upholding and following policies and procedures for safeguarding at all times. Volunteers have recently received safeguarding training. Every volunteer knows how to report any concerns they may have about safeguarding, including to the local authorities, and they also know the proper steps to take in the event that they have doubts about a child's safety.

Every volunteer undergoes the necessary screening to ensure they are qualified to work with children. In order to establish a watchful and secure culture within the school, the trustees and the director make sure that safeguarding records, documents, processes, and procedures are successfully implemented.

The parents have expressed their satisfaction with the way their children are treated and kept safe and happy.



ANNUAL COMMUNITY PARTY:

All parents and neighbourhood children were invited to partake in a community party, where they were treated to an evening of inspiration and good food. With 89% of the community members present, the party encouraged a sense of unity, belonging and friendship – and the feedback we received has been outstanding.



ANNUAL WEEKEND RETREAT:

Following last year's success, this year we surpassed our attendance limit of 120 attendees to a full 150 attendees, due in a large part to generous donations and an increase in resources. The weekend retreat aims to give the children a relaxed and pressure-free few days, where they are able to spend time "just being." Schools later reported to have seen the positive difference in their students, post-trip.

GYAB ACTIVITIES 2023

AFTER SCHOOL CLUB:

The after school club was established to provide a haven of security, support and growth for disadvantaged children ranging in ages 5 to 15. The club takes place after school and during lunch breaks. Our goal last year was to increase attendance by 30%, and with our goal partially achieved – a 23% increase – we know we are well on the way. We have purchased £2,000 worth of furniture and games to make the club a fun and appealing place where children are able to occupy themselves in a meaningful way.



LIBRARY:

The opening of a book-lending library, starting with 100 brand-new and exciting books, has been a very successful project. The children decorated together a Buddy Bench which has been placed in the library. The children would like to see an expansion of more books and a more appealing setting.



NEWSLETTER:

While we aim to produce a termly newsletter, to keep the community updated regarding events that have taken place and ones that will take place, this has not been feasible for us this past year, due to the lack of funds necessary to pay the writers, editors, graphic artists, and printing costs. We hope to be able to reclaim this endeavour in the coming year.

EXERCISE CLUB:

The exercise club was held weekly, with an attendance of about 25 children a session. The sessions aim to boost the morale of the children, and be of benefit to their physical image and to their emotional stamina.

LEADERS SUPPORT GROUPS:

Over the past year, three volunteer support groups were arranged. Each one provided invaluable support, encouraged the opportunity for questions and opened the floor for further discussion. At these groups, volunteers were also treated to small gifts to acknowledge their dedication and effort.

THE GROUP LEADERS AND THE CLUB DIRECTOR ARE ALL VOLUNTEERS. THE TRUSTEES WISH TO THANK ALL THE VOLUNTEERS FOR THEIR DEDICATION AND ENTHUSIASM.



DRAMA PLAY:

At the conclusion of another successful year, our primary-school-aged children performed for the wider community in a play that they worked on for over several months. The play depicted the magnificent story of a refugee family arriving to the UK. The play depicted how the family had to tap into their innate strength to rebuild what they had lost. Through this kind of indirect education, our children learnt, in a vivid and real way, about the innate resilience that exists within every human being, and about how to stand up with poise and grace in the face of life's challenges.



PROJECT "GREEN FINGERS":

20 of our children partook in planting and nurturing their own seeds, and watching them come to life. The experience was a highly therapeutic one for the children who were involved, with one ten-year-old commenting, "It's amazing how the seeds become mouldy before growing – that means we can still grow into something beautiful even if we are at a very low point."

TRIPS:

This past spring, we organized a nature-based trip to a park, to inspire and teach our children about the incredible world of nature that we inhabit. In the summer, the children were treated to a day at "Flip Out" where they were able to release energy in a productive and fun-filled way.



FEEDBACK

"I love the library and all the new books that arrived. My favourite books are from the Yael and Dovy Series and the best part is that I can take the books home with me for a week and my brother can read it to me!"

MINDY R, AGE 7

"The play was the best part of the year! I acted as the Father, and I wore a long grey jacket with buttons. I loved how everyone clapped and cheered for me after I finished my part!"

RUCHY F, AGE 10

"My favourite activity of GYAB was the Green Fingers Project. I chose to plant cherry tomatoes and Crythanthemums. The cherry tomatoes tasted so sweet when I tasted them!"

LEAH L, AGE 8

"Being a volunteer for GYAB is one of the most rewarding things I've ever done. There's nothing like watching your charges blossoming. It's only due to the ongoing support and encouragement of the management team, that I can do what I am doing."

SHANI L, 19

WITH GRATITUDE TO OUR FUNDERS FOR ENABLING US TO HELP OUR LOCAL KIDS

The Trustees sincerely acknowledge that the following charitable trusts and foundations, as well as other supporters and community donors, have provided significant and kind support that has allowed for the expansion of services, reach, and create a positive impact on the lives of children in the community.

Many thanks to:

**Souter trust
HDH Wills
Haf Barnet
Awards For All**

for all for their generous generous support,
amongst our other supporters and community donors.

2023 FINANCIAL REVIEW

Give Youth a Break

Statement of Financial Activities for the Year Ended 31 August 2023

	Notes	Unrestricted fund £	Restricted fund £	31.8.23 Total funds £	31.8.22 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	89,223	-	89,223	99,061
Charitable activities	4				
Charitable activities		9,950	-	9,950	-
Other trading activities	3	14,804	-	14,804	15,770
Total		<u>113,977</u>	<u>-</u>	<u>113,977</u>	<u>114,831</u>
EXPENDITURE ON					
Charitable activities	5				
Charitable activities		100,151	-	100,151	113,643
Raising funds		5,555	-	5,555	-
Governance costs		1,795	-	1,795	1,443
Total		<u>107,501</u>	<u>-</u>	<u>107,501</u>	<u>115,086</u>
NET INCOME/(EXPENDITURE)		6,476	-	6,476	(255)
RECONCILIATION OF FUNDS					
Total funds brought forward		1,254	-	1,254	1,509
TOTAL FUNDS CARRIED FORWARD		<u><u>7,730</u></u>	<u><u>-</u></u>	<u><u>7,730</u></u>	<u><u>1,254</u></u>

Give Youth a Break

Balance Sheet 31 August 2023

	Notes	Unrestricted fund £	Restricted fund £	31.8.23 Total funds £	31.8.22 Total funds £
FIXED ASSETS					
Tangible assets	8	8,976	-	8,976	11,968
Investments	9	10,120	-	10,120	10,120
		<u>19,096</u>	<u>-</u>	<u>19,096</u>	<u>22,088</u>
CURRENT ASSETS					
Debtors	10	18,059	-	18,059	19,150
Cash at bank		13,090	-	13,090	2,883
		<u>31,149</u>	<u>-</u>	<u>31,149</u>	<u>22,033</u>
CREDITORS					
Amounts falling due within one year	11	(22,155)	-	(22,155)	(18,012)
NET CURRENT ASSETS		<u>8,994</u>	<u>-</u>	<u>8,994</u>	<u>4,021</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		28,090	-	28,090	26,109
CREDITORS					
Amounts falling due after more than one year	12	(20,360)	-	(20,360)	(24,855)
NET ASSETS		<u><u>7,730</u></u>	<u><u>-</u></u>	<u><u>7,730</u></u>	<u><u>1,254</u></u>
FUNDS	14				
Unrestricted funds				7,730	1,254
TOTAL FUNDS				<u><u>7,730</u></u>	<u><u>1,254</u></u>

The financial statements were approved by the Board of Trustees and authorised for issue on
and were signed on its behalf by:

.....
A Brief - Trustee

Give Youth a Break

Notes to the Financial Statements - continued for the Year Ended 31 August 2023

2. DONATIONS AND LEGACIES

	Unrestricted funds	Restricted funds	31.8.23 Total funds	31.8.22 Total funds
	£	£	£	£
Donations	<u>89,223</u>	<u>-</u>	<u>89,223</u>	<u>99,061</u>

3. OTHER TRADING ACTIVITIES

	Unrestricted funds	Restricted funds	31.8.23 Total funds	31.8.22 Total funds
	£	£	£	£
After school club	<u>14,804</u>	<u>-</u>	<u>14,804</u>	<u>15,770</u>

4. INCOME FROM CHARITABLE ACTIVITIES

	31.8.23 Charitable activities	31.8.22 Total activities
	£	£
Grants	<u>9,950</u>	<u>-</u>

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs	Totals
	£	£	£
Charitable activities	100,151	-	100,151
Raising funds	5,555	-	5,555
Governance costs	-	1,795	1,795
	<u>105,706</u>	<u>1,795</u>	<u>107,501</u>

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 August 2023 nor for the year ended 31 August 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 August 2023 nor for the year ended 31 August 2022.

Give Youth a Break

Notes to the Financial Statements - continued for the Year Ended 31 August 2023

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund	Restricted fund	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	99,061	-	99,061
Other trading activities	<u>15,770</u>	<u>-</u>	<u>15,770</u>
Total	<u>114,831</u>	<u>-</u>	<u>114,831</u>
EXPENDITURE ON			
Charitable activities			
Charitable activities	113,643	-	113,643
Governance costs	<u>1,443</u>	<u>-</u>	<u>1,443</u>
Total	<u>115,086</u>	<u>-</u>	<u>115,086</u>
NET INCOME/(EXPENDITURE)	(255)	-	(255)
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>1,509</u>	<u>-</u>	<u>1,509</u>
TOTAL FUNDS CARRIED FORWARD	<u>1,254</u>	<u>-</u>	<u>1,254</u>

8. TANGIBLE FIXED ASSETS

	Motor vehicles
	£
COST	
At 1 September 2022 and 31 August 2023	<u>28,368</u>
DEPRECIATION	
At 1 September 2022	16,400
Charge for year	<u>2,992</u>
At 31 August 2023	<u>19,392</u>
NET BOOK VALUE	
At 31 August 2023	<u>8,976</u>
At 31 August 2022	<u>11,968</u>

Give Youth a Break

Notes to the Financial Statements - continued for the Year Ended 31 August 2023

9. FIXED ASSET INVESTMENTS

	Listed investments £
COST LESS IMPAIRMENT	
At 1 September 2022 and 31 August 2023	10,120
NET BOOK VALUE	
At 31 August 2023	10,120
At 31 August 2022	10,120

There were no investment assets outside the UK.

Market value as at the balance sheet date was £10,120 (2022: £10,120).

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.8.23	31.8.22
	£	£
Other debtors	18,059	19,150

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.8.23	31.8.22
	£	£
Bank loans and overdrafts (see note 13)	5,159	5,159
Other creditors	16,996	12,853
	22,155	18,012

12. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	31.8.23	31.8.22
	£	£
Bank loans (see note 13)	20,360	24,855

13. LOANS

An analysis of the maturity of loans is given below:

	31.8.23	31.8.22
	£	£
Amounts falling due within one year on demand:		
Bank loans	5,159	5,159
Amounts falling between one and two years:		
Bank loans - 1-2 years	5,159	5,159
Amounts falling due between two and five years:		
Bank loans - 2-5 years	15,201	19,696

Give Youth a Break

Notes to the Financial Statements - continued for the Year Ended 31 August 2023

14. MOVEMENT IN FUNDS

	At 1/9/22 £	Net movement in funds £	At 31/8/23 £
Unrestricted funds			
General fund	1,254	6,476	7,730
TOTAL FUNDS	1,254	6,476	7,730

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	113,977	(107,501)	6,476
TOTAL FUNDS	113,977	(107,501)	6,476

Comparatives for movement in funds

	At 1/9/21 £	Net movement in funds £	At 31/8/22 £
Unrestricted funds			
General fund	1,509	(255)	1,254
TOTAL FUNDS	1,509	(255)	1,254

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	114,831	(115,086)	(255)
TOTAL FUNDS	114,831	(115,086)	(255)

Give Youth a Break

Notes to the Financial Statements - continued for the Year Ended 31 August 2023

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/9/21 £	Net movement in funds £	At 31/8/23 £
Unrestricted funds			
General fund	1,509	6,221	7,730
TOTAL FUNDS	<u>1,509</u>	<u>6,221</u>	<u>7,730</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	228,808	(222,587)	6,221
TOTAL FUNDS	<u>228,808</u>	<u>(222,587)</u>	<u>6,221</u>

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 August 2023.

Give Youth a Break

Detailed Statement of Financial Activities for the Year Ended 31 August 2023

	31.8.23 £	31.8.22 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	89,223	99,061
Other trading activities		
After school club	14,804	15,770
Charitable activities		
Grants	9,950	-
Total incoming resources	<u>113,977</u>	<u>114,831</u>
EXPENDITURE		
Charitable activities		
Fundraising costs	5,555	4,885
Admin and office expenses	4,202	4,231
Events	14,430	10,832
Trips	5,039	13,402
After school club	26,178	23,555
Therapy and consultancy fees	6,369	2,658
Wages and salaries	23,239	50,091
Support and special needs	17,702	-
Motor vehicles	2,992	3,989
	<u>105,706</u>	<u>113,643</u>
Support costs		
Finance		
Bank charges	280	108
Governance costs		
Loan interest	1,515	1,335
Total resources expended	<u>107,501</u>	<u>115,086</u>
Net income/(expenditure)	<u>6,476</u>	<u>(255)</u>