

REGISTERED COMPANY NUMBER: 04405173 (England and Wales)
REGISTERED CHARITY NUMBER: 1092661

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2024
for
Vida Sheffield

C J Woodhead & Co Ltd
158 Hemper Lane
Greenhill
Sheffield
South Yorkshire
S8 7FE

Vida Sheffield

Contents of the Financial Statements
for the Year Ended 31 March 2024

	Page
Report of the Trustees	1 to 6
Independent Examiner's Report	7
Statement of Financial Activities	8 to 9
Balance Sheet	10 to 11
Notes to the Financial Statements	12 to 18
Detailed Statement of Financial Activities	19

Vida Sheffield

Report of the Trustees
for the Year Ended 31 March 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Vida is a women's organisation with a proud 29 year history and a strong reputation in Sheffield. Our work is city-wide, and our community of interest are women and girls, from age 16, whose lives and mental health are affected by their experiences of abuse and trauma.

In the past we have delivered a range of domestic abuse services, but since 2015 we have focused our work on developing free and life-changing therapeutic services to support the longer term recovery and empowerment of women and girls who have experienced any form of abuse.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The original objectives & aims of the charity were:

To promote for the public benefit, and with a view to public protection and the preservation of order, the provision of services directed towards the prevention of domestic abuse and the relief and support of persons (and in particular women and children) who have suffered or are in danger of suffering abuse from perpetrators known to them; to advance the education of voluntary and statutory agencies and the public in all aspects of domestic abuse, its causes, remedies and prevention.

Vision: [what we want to achieve - see Strategic Plan 2021-25] To bring hope, recovery and resilience to every woman whose mental health is affected by abuse.

Mission: [how we will work to achieve our vision see Strategic Plan 2021-25] Vida will provide gender-sensitive, trauma-focused therapeutic services to women whose mental health and well-being are affected by past experiences of abuse.

Report of the Trustees
for the Year Ended 31 March 2024

OBJECTIVES AND ACTIVITIES

Activities - Vida's day to day activities include:

Eva Therapy Service: specialist trauma focused and gender sensitive therapy for women whose mental health is affected by their experiences of abuse and trauma: 1-1 therapy and innovative group work programmes, developed in response to the lived experiences of survivors;

Eva Peer Support Group: a fortnightly informal support group focused on craft activities and building relationships to help reduce the isolation of women survivors; longstanding members can also engage in their Women's Voices service user involvement group; our Vida website has a self-help page developed with members of Women's Voices.

Online sessions for individual and groups are offered routinely as part of the service.

Partnership working and strategic influence: Vida are often looked to for a coordinating role in strategic work; we were lead partner in the Women & Girls Recovery & Empowerment Partnership [funded by a Big Lottery Women & Girls' Initiative grant]; we are committed to working with partners to share learning and resources. Staff routinely attend the WAVES, VAWG and DACT groups established in the sector for Sheffield and the Yorkshire region. Representatives attend from the providers and the statutory sector.

Vida Staff & Volunteers : during 2023-24 Vida's staff team consisted of 7 part-time staff [4.8 full time equivalents]. The service is managed by the CEO with over 25 years experience in the voluntary sector along with the Clinical Manager who is highly experienced in both private and NHS settings. Our therapy service is supported by an excellent team of 15-20 volunteer therapists and trainees on placement. Qualified Associate Therapist Practitioners also enable the delivery of the service and this can be scaled up or down depending on the funding available. Volunteer work is unpaid, and all volunteers are offered expenses.

Vida Management Committee includes 4 long standing Trustees, an additional member, appointed early 2023, had retired as a Senior Manager in the NHS Mood Anxiety Post traumatic Stress Psychotherapy Service (MAPPS). There is also a service user representation from Women's Voices to ensure Vida's users are properly heard.

Vida Service Delivery 2023/24

Beneficiaries : during the year 2023-24 we worked therapeutically with close to 265 beneficiaries, of which 210 engaged with our therapy service and 55 with the more informal peer support group.

The difference we make: our Eva Therapy Service clients give us consistently excellent feedback about the life-changing impact of their movement through the service pathway, which can take up to a year with waiting time. The outcomes and feedback from women engaging in both our peer support group and therapeutic group-work programmes show that they experience significant improvements in their mental health, self-worth, relationships and resilience to future harm.

Report of the Trustees
for the Year Ended 31 March 2024

OBJECTIVES AND ACTIVITIES

Training & Awareness : Vida have a strong track record in developing and delivering specialist training on issues related to domestic and sexual abuse. We continue to engage in campaigns to raise public and professional awareness, and work towards the culture change needed to reduce future levels of violence against women and girls.

The Trustees were very satisfied with the performance of the charity during the year to March 2024, in service delivery.

FINANCIAL REVIEW

Financial position

The accounts have been prepared to comply with current statutory requirements, the requirements of the charity's Memorandum & Articles of Association and the requirements of the Statement of Recommended Practice: Accounting and Reporting by Charities. The financial statements have been prepared on the going concern basis, as the Trustees take steps to reduce costs and maximise income.

Services were funded through a number of charitable grants and no Government funding was received during the year. Although some funding opportunities had been advertised through the Home Office for Suicide Prevention and Specialist Services for Domestic Abuse, the criteria meant Vida could not apply and in the case of Suicide Prevention, were unsuccessful due the fund being heavily oversubscribed. Vida launched an appeal, therefore, during December and January which resulted in a review of the National Lottery Funding ensuring the service would continue for another 12 months and other grant funds were secured.

Vida continues to promote the need for specialist services and will continue to focus on the opportunities for funding such services through the Home Office, Ministry of Justice and NHS mental health in general. At the signing of these accounts, the charity has announced that a balanced budget for the coming year is threatened since there is no prospect of tendering for commissioned services as expected and has identified the risk of closure highlighting risk to current funders and to the statutory agencies.

Reserves policy

Vida's reserves policy states that the organisation should maintain reserves at a level equivalent to 3 months' operational costs and any financial liabilities of the organisation at that time, to bridge any funding gap following a rapid shortfall in the level of funding received. The Trustees have established that from April 2024 the minimum level of reserves that must be retained to meet any financial obligations upon the closure of the Charity, excluding fixed assets, is £30,000. The actual level of reserves at 31st March 2024 was £47,071 (2023 - £120,205).

Going concern

The Trustees confirm that the level of the charity's reserves is to meet the minimum for winding up processes. Reserves brought forward to 2023/24 have been used to support the charity's activities. As there is currently, no prospect of ongoing multi-year funding from key funders the charity has announced its closure at the end of March 2025. The only prospect of continuance is to secure significant core funding of circa £120k per year on top of grant application and regular donations.

The charity will continue to maintain vigorous cost control and to seek cost reductions where possible.

Report of the Trustees
for the Year Ended 31 March 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Vida is managed by a voluntary Management Committee of Trustees, with paid staff undertaking the work of the organisation and dealing with the day to day administration. The Management Committee meets at least 6 times per annum. Task groups which report to the Management Committee, meet in between as necessary. The Management Committee considers Quarterly Management Accounts, and the Trustees, staff team and service user representatives together agree the forward strategy for the organisation, set out in the Vida Strategic Plan and risk register, and policies and procedures are reviewed in a regular cycle.

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. The document is the Memorandum & Articles of Association of the charity.

Recruitment and appointment of new trustees

All members of the Management Committee are elected each year at the Annual General Meeting and members may be re-elected or re-appointed. Positions on the Management Committee are advertised externally, and appointed after informal interview. Some are reserved for specific specialist roles. The Charity must have a minimum of 3 trustees to be quorate but there are no restrictions upon the maximum number of trustees.

Induction and training of new trustees

The CEO is responsible for the induction of new Trustees and identifying additional training needs, in consultation with the Chair of the Management Committee.

The induction process for new Management Committee members involves the Chair, or another Committee member appointed by her, ensuring that copies of the documentation listed below is made available and explained to the new member:

- The Memorandum & Articles of Association
- Supporting documentation: Strategic Plan, Policies & Procedures etc.

Remuneration policy for key management personnel

Vida use local and national benchmarking against similar organisations and roles to ensure that salaries for key managers are fair and reflect the level of responsibility they hold.

Decisions and Authority

All decisions undertaken by trustees are minuted and they monitor the finance and funding matters through a subcommittee. Operational matters are delegated to staff and extraordinary expenditure of more than £500 is submitted to trustees for approval.

Related parties and relationships with other organisations

There are no related parties.

Report of the Trustees
for the Year Ended 31 March 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The Strategic Plan and risk register identify the strategic objectives, structure, activities, challenges, resources required and major risks to which the organisation is exposed. The risk register is approved by the Management Committee annually. It is the policy of the charity to maintain unrestricted funds, which are the free reserves of the charity, at a level that equates to approximately 3 months unrestricted expenditure. This provides sufficient funds to cover management and administration support costs and to respond to emergency applications for grants, should the need arise. Risk assessment and management is undertaken and recorded in relation to specific services delivered and in response to changes in legislation and funding available. The Finance Policy & Procedures outline those authorised to make payments, place orders and take other actions with financial consequences.

During the year to 31 March 2024, all major risks were reviewed, assessed and managed. Efforts to secure funding have continued and we wish to express thanks to the following for responding to support Vida:

The National Lottery Community Fund 'Reaching Communities'

Over 27,000 members of the public that signed the petition

Her Majesty Queen Camilla

Louise Haig MP

Dame Julie Kenny DBE DL

Nicole Jacobs, Domestic Abuse Commissioner

Womens Aid

The British Association of Counselling & Psychotherapy

BBC Radio

ITV Calendar

The Sheffield Star

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
04405173 (England and Wales)

Registered Charity number
1092661

Registered office
Knowle House
4 Norfolk Park Road
Sheffield
South Yorkshire
S2 3QE

Vida Sheffield

Report of the Trustees
for the Year Ended 31 March 2024

Trustees

Marilyn Gregory - chair
Claire Sykes - Treasurer
Lucy Rodgers
Joanne Jackson
Chloe Cheeseman
Joe Curran

Company Secretary

Karen Hague MBE

Independent Examiner

C J Woodhead & Co Ltd
158 Hemper Lane
Greenhill
Sheffield
South Yorkshire
S8 7FE

Approved by order of the board of trustees on 8th November 2024 and signed on its behalf by:


.....

Claire Sykes - Treasurer - Trustee

Independent Examiner's Report to the Trustees of
Vida Sheffield

Independent examiner's report to the trustees of Vida Sheffield ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

However, the Trustees have noted on page 3 of their report, that unless multi-year funding can be obtained from key funders, the Charity will be unable to continue and will therefore announce its closure. Whilst acknowledging that such funding may still be found, the Trustees currently believe that this is unlikely and therefore the Charity would no longer be a going concern.



Christopher John Woodhead

C J Woodhead & Co Ltd
158 Hemper Lane
Greenhill
Sheffield
South Yorkshire
S8 7FE

Date: 8 November 2024

Statement of Financial Activities
for the Year Ended 31 March 2024

		Unrestricted funds £	Restricted fund £	31.3.24 Total funds £	31.3.23 Total funds £
Notes					
INCOME AND ENDOWMENTS FROM					
	Donations and legacies	26,470	(1)	26,469	21,909
Charitable activities					
	Lloyds Bank Foundation	-	17,589	17,589	32,573
	SCC - Supporting People	-	-	-	35,000
	Small Grants	-	33,000	33,000	15,600
	National Lottery Community Fund	-	74,000	74,000	108,962
	Investment income	3 68	-	68	86
	Total	26,538	124,588	151,126	214,130
EXPENDITURE ON					
Charitable activities					
	Salary	69,937	68,493	138,430	119,171
	Pensions	9,492	4,921	14,413	14,630
	Recruitment	-	14	14	99
	Staffing costs	176	579	755	733
	Travel	-	17	17	125
	Rent, heat, light	10,000	11,500	21,500	17,914
	Telephone	189	1,510	1,699	1,918
	Equipment	107	-	107	-
	Depreciation	-	3,816	3,816	4,696
	Room Hire	-	-	-	720
	Interpreters	-	1,071	1,071	611
	Sundry	3,681	27	3,708	9,982
	Insurance	-	1,429	1,429	1,352
	Postage, Packaging and Stationery	130	1,062	1,192	527
	Publicity & Copying	158	1,011	1,169	2,169
	Subscriptions	440	656	1,096	1,250
	Accountancy	-	1,404	1,404	1,308
	Womens Group	-	3,731	3,731	5,733
	Computer software & repairs	3,182	3,380	6,562	5,389
	Staff training	-	-	-	440
	Volunteer expenses	110	367	477	619
	Consultants	-	20,875	20,875	22,730
	Project Supervisors (Clinical Supervision)	-	795	795	1,283
	Total	97,602	126,658	224,260	213,399
	NET INCOME/(EXPENDITURE)	(71,064)	(2,070)	(73,134)	731

The notes form part of these financial statements

Statement of Financial Activities
for the Year Ended 31 March 2024

	Notes	Unrestricted funds £	Restricted fund £	31.3.24 Total funds £	31.3.23 Total funds £
RECONCILIATION OF FUNDS					
Total funds brought forward		98,366	21,839	120,205	119,474
TOTAL FUNDS CARRIED FORWARD		<u>27,302</u>	<u>19,769</u>	<u>47,071</u>	<u>120,205</u>

The notes form part of these financial statements

Vida Sheffield

Balance Sheet
31 March 2024

	Notes	Unrestricted funds £	Restricted fund £	31.3.24 Total funds £	31.3.23 Total funds £
FIXED ASSETS					
Tangible assets	8	4,019	-	4,019	7,835
CURRENT ASSETS					
Cash at bank and in hand		25,051	19,769	44,820	146,368
CREDITORS					
Amounts falling due within one year	9	(1,768)	-	(1,768)	(33,998)
NET CURRENT ASSETS		<u>23,283</u>	<u>19,769</u>	<u>43,052</u>	<u>112,370</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>27,302</u>	<u>19,769</u>	<u>47,071</u>	<u>120,205</u>
NET ASSETS		<u>27,302</u>	<u>19,769</u>	<u>47,071</u>	<u>120,205</u>
FUNDS	10				
Unrestricted funds				27,302	98,366
Restricted funds				19,769	21,839
TOTAL FUNDS				<u>47,071</u>	<u>120,205</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

Vida Sheffield

Balance Sheet - continued
31 March 2024

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 8 November 24 and were signed on its behalf by:



.....
Claire Sykes - Treasurer - Trustee

The notes form part of these financial statements

Notes to the Financial Statements
for the Year Ended 31 March 2024

1. GRANTS RECEIVED

This year small grants amounted to £33,000. These included grants from Talbot Trust, Albert Hunt, Liz & Terry Bramall, Freshgate and Brelms Trust. In addition small grants were carried forward from 2022/23 from Westfield, Church Burgesses, Henry Bottom and J G Graves as noted below.

The balance of grants received from some funders in 2022/23 have been carried forward to 2023/24 and therefore they form part of the charity's income in the year ended 31 March 2024. These are Lloyds Bank Foundation: £17,589, and Small Grants £13,000.

All grants received in 2023/24 have been utilised and therefore no grants have been carried forward for use in 2024/25.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Costs are allocated to appropriate funds according to usage as determined by the Trustees.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 20% on reducing balance
Computer equipment	- 50% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

2. ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

3. INVESTMENT INCOME

	31.3.24	31.3.23
	£	£
Deposit account interest	<u>68</u>	<u>86</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.24	31.3.23
	£	£
Depreciation - owned assets	<u>3,816</u>	<u>4,696</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.24	31.3.23
Service providers	7	7
	<u>7</u>	<u>7</u>

No employees received emoluments in excess of £60,000.

No staff members were seconded from or provided by an agency during the year.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES TO 31ST MARCH 2022

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	21,209	700	21,909
Charitable activities			
Lloyds Bank Foundation	-	32,573	32,573
SCC - Supporting People	-	35,000	35,000
Small Grants	-	15,600	15,600
National Lottery Community Fund	-	108,962	108,962
Investment income	86	-	86
Total	<u>21,295</u>	<u>192,835</u>	<u>214,130</u>
EXPENDITURE ON			
Charitable activities			
Salary	8,779	110,392	119,171
Pensions	1,502	13,128	14,630
Recruitment	-	99	99
Staffing costs	-	733	733
Travel	-	125	125
Rent, heat, light	600	17,314	17,914
Telephone	227	1,691	1,918
Depreciation	-	4,696	4,696
Room Hire	-	720	720
Interpreters	-	611	611
Sundry	3,966	6,016	9,982
Insurance	-	1,352	1,352
Postage, Packaging and Stationery	-	527	527
Publicity & Copying	259	1,910	2,169
Subscriptions	111	1,139	1,250
Accountancy	-	1,308	1,308
Womens Group	5,702	31	5,733
Computer software & repairs	-	5,389	5,389

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES TO 31ST MARCH 2022 - continued

	Unrestricted funds £	Restricted fund £	Total funds £
Staff training	-	440	440
Volunteer expenses	-	619	619
Consultants	4,635	18,095	22,730
Project Supervisors (Clinical Supervision)	-	1,283	1,283
Total	25,781	187,618	213,399
NET INCOME/(EXPENDITURE)	(4,486)	5,217	731
RECONCILIATION OF FUNDS			
Total funds brought forward	102,852	16,622	119,474
TOTAL FUNDS CARRIED FORWARD	98,366	21,839	120,205

8. TANGIBLE FIXED ASSETS

	Plant and machinery £	Computer equipment £	Totals £
COST			
At 1 April 2023 and 31 March 2024	19,847	21,860	41,707
DEPRECIATION			
At 1 April 2023	19,451	14,421	33,872
Charge for year	98	3,718	3,816
At 31 March 2024	19,549	18,139	37,688
NET BOOK VALUE			
At 31 March 2024	298	3,721	4,019
At 31 March 2023	396	7,439	7,835

All items relating to fixed asset categories are capitalised irrespective of cost.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24	31.3.23
	£	£
Trade creditors	1,768	3,409
Deferred government grants	-	30,589
	<u>1,768</u>	<u>33,998</u>

10. MOVEMENT IN FUNDS

	At 1.4.23	Net movement in funds	At 31.3.24
	£	£	£
Unrestricted funds			
General fund	98,366	(71,064)	27,302
Restricted funds			
General fund	21,839	(2,070)	19,769
TOTAL FUNDS	<u>120,205</u>	<u>(73,134)</u>	<u>47,071</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	26,538	(97,602)	(71,064)
Restricted funds			
General fund	124,588	(126,658)	(2,070)
TOTAL FUNDS	<u>151,126</u>	<u>(224,260)</u>	<u>(73,134)</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	102,852	(4,486)	98,366
Restricted funds			
General fund	16,622	5,217	21,839
TOTAL FUNDS	<u>119,474</u>	<u>731</u>	<u>120,205</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	21,295	(25,781)	(4,486)
Restricted funds			
General fund	192,835	(187,618)	5,217
TOTAL FUNDS	<u>214,130</u>	<u>(213,399)</u>	<u>731</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	102,852	(75,550)	27,302
Restricted funds			
General fund	16,622	3,147	19,769
TOTAL FUNDS	<u>119,474</u>	<u>(72,403)</u>	<u>47,071</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

10. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	47,833	(123,383)	(75,550)
Restricted funds			
General fund	317,423	(314,276)	3,147
TOTAL FUNDS	<u>365,256</u>	<u>(437,659)</u>	<u>(72,403)</u>

11. RELATED PARTY DISCLOSURES

It should be noted that the charity receives some small donations from its Local Giving page. From time to time some of these donations may be from family members or friends of trustees or staff who work at the Charity. These are small in value in the context of the overall income of the charity (usually less than £50).

Vida Sheffield

Detailed Statement of Financial Activities
for the Year Ended 31 March 2024

	31.3.24 £	31.3.23 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	18,326	15,612
Other income	8,143	6,297
	<u>26,469</u>	<u>21,909</u>
Investment income		
Deposit account interest	68	86
Charitable activities		
Grants	124,589	192,135
Total incoming resources	<u>151,126</u>	<u>214,130</u>
EXPENDITURE		
Charitable activities		
Staff and volunteer costs	174,981	158,107
Premises & equipment costs	27,122	25,248
Other costs	19,561	28,209
	<u>221,664</u>	<u>211,564</u>
Support costs		
Management		
Advertising	1,192	527
Governance costs		
Accountancy and legal fees	1,404	1,308
Total resources expended	<u>224,260</u>	<u>213,399</u>
Net (expenditure)/income	<u>(73,134)</u>	<u>731</u>

This page does not form part of the statutory financial statements