

REGISTERED COMPANY NUMBER: 04405173 (England and Wales)  
REGISTERED CHARITY NUMBER: 1092661

Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2022  
for  
Vida Sheffield

C J Woodhead & Co Ltd  
158 Hemper Lane  
Greenhill  
Sheffield  
South Yorkshire  
S8 7FE

Contents of the Financial Statements  
for the Year Ended 31 March 2022

	Page
Report of the Trustees	1 to 7
Independent Examiner's Report	8
Statement of Financial Activities	9 to 10
Balance Sheet	11 to 12
Notes to the Financial Statements	13 to 19
Detailed Statement of Financial Activities	20

Report of the Trustees  
for the Year Ended 31 March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Vida is a women's organisation with a proud 28 year history and a strong reputation in Sheffield. Our work is city-wide, and our community of interest are women and girls, from age 16, whose lives and mental health are affected by their experiences of abuse and trauma.

In the past we have delivered a range of domestic abuse services, but since 2015 we have focused our work on developing free and life-changing therapeutic services to support the longer term recovery and empowerment of women and girls who have experienced any form of abuse.

## **OBJECTIVES AND ACTIVITIES**

### **Objectives and aims**

The original objectives & aims of the charity were:

To promote for the public benefit, and with a view to public protection and the preservation of order, the provision of services directed towards the prevention of domestic abuse and the relief and support of persons (and in particular women and children) who have suffered or are in danger of suffering abuse from perpetrators known to them; to advance the education of voluntary and statutory agencies and the public in all aspects of domestic abuse, its causes, remedies and prevention.

**Vision:** [what we want to achieve - see Strategic Plan 2021-25] To bring hope, recovery and resilience to every woman whose mental health is affected by abuse.

**Mission:** [how we will work to achieve our vision see Strategic Plan 2021-25] Vida will provide gender-sensitive, trauma-focused therapeutic services to women whose mental health and well-being are affected by past experiences of abuse.

Report of the Trustees  
for the Year Ended 31 March 2022

## OBJECTIVES AND ACTIVITIES

### Activities - Vida's day to day activities include:

**Eva Therapy Service:** specialist trauma focused and gender sensitive therapy for women whose mental health is affected by their experiences of abuse and trauma: 1-1 therapy and innovative group work programmes, developed in response to the lived experiences of survivors;

**Eva Peer Support Group:** a fortnightly informal support group focused on craft activities and building relationships to help reduce the isolation of women survivors; longstanding members can also engage in their Women's Voices service user involvement group; our Vida website has a self-help page developed with members of Women's Voices;

**Specialist training:** Vida have a strong track record as a training provider, specialising in mental health impacts of abuse and coercive control, and promoting trauma informed responses.

**Partnership working and strategic influence:** Vida are often looked to for a coordinating role in strategic work; we were lead partner in the Women & Girls Recovery & Empowerment Partnership [funded by a Big Lottery Women & Girls' Initiative grant]; we are committed to working with partners to share learning and resources. Staff routinely attend the WAVES, VAWG and DACT groups established in the sector for Sheffield and the Yorkshire region. Representatives attend from the providers and the statutory sector including the Police and Crime Commissioners Office.

**Vida Staff & Volunteers:** during 2021-22 Vida's staff team consisted of 6 part-time staff [3.5 full time equivalents]. Trustees undertook an open recruitment process when the Director gave notice of her retirement and a CEO was appointed at 22.5 hours per week towards the end of 2021-22. Our therapy service is supported by an excellent team of 15-20 volunteer therapists and trainees on placement. Qualified Associate Therapist Practitioners also enable the delivery of the service and this can be scaled up or down depending on the funding available. Volunteer work is unpaid, but all volunteers are offered expenses.

**Vida Management Committee** includes 4 long standing Trustees and one newer member, and the place for a service user representative from Women's Voices is filled.

### Vida Service Delivery 2021-22

**Beneficiaries:** during the year 2021-22 we worked therapeutically with close to 265 beneficiaries, of which 210 engaged with our therapy service and 55 with the more informal peer support group.

**The difference we make:** our Eva Therapy Service clients give us excellent feedback about the life-changing impact of their movement through the service pathway, which can take up to a year with waiting time. The outcomes and feedback from women engaging in both our peer support group and therapeutic group-work programmes show that they experience significant improvements in their mental health, self-worth, relationships and resilience to future harm. Progress is measured using quantitative tools designed to assess the mental health and emotional wellbeing of clients.

**Training & Awareness:** Vida have a strong track record in developing and delivering specialist training on issues related to domestic and sexual abuse. We continue to engage in campaigns to raise public and professional awareness, and work towards the culture change needed to reduce future levels of violence against women and girls.

The Trustees were very satisfied with the performance of the charity during the year to March 2022, in service delivery and fundraising.

Report of the Trustees  
for the Year Ended 31 March 2022

## **FINANCIAL REVIEW**

### **Financial position**

The accounts have been prepared to comply with current statutory requirements, the requirements of the charity's Memorandum & Articles of Association and the requirements of the Statement of Recommended Practice: Accounting and Reporting by Charities. The financial statements have been prepared on the going concern basis, as the Trustees take steps to reduce costs and maximise income.

Our services are funded through a number of charitable grants and we were fortunate to benefit from multiple year funding due to COVID-19 and the emphasis the government placed on supporting violence against women and girls (VAWG). The charity has a balanced budget for the coming year and has improved the level of unrestricted reserves to mitigate the risk associated with relying on grant funding..

### **Reserves policy**

Vida's reserves policy states that the organisation should maintain reserves at a level equivalent to 3 months' operational costs and any financial liabilities of the organisation at that time, to bridge any funding gap following a rapid shortfall in the level of funding received.

The Trustees have established that from April 2022 the minimum level of reserves that must be retained to meet any financial obligations upon the closure of the Charity, excluding fixed assets, is £30,000. The actual level of reserves at 31st March 2022 was £119,474 (2021 - £85,444).

### **Going concern**

The Trustees confirm that the level of the charity's reserves is equivalent to more than three months' expenditure in line with its stated Reserves Policy. They consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The charity has a fundraising strategy in place, and is actively fundraising, with no assumptions about fundraising income included in the budget and cash flow forecasts for 2021-22. The charity will continue to maintain vigorous cost control and to seek cost reductions where possible.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing document**

Vida is managed by a voluntary Management Committee of Trustees, with paid staff undertaking the work of the organisation and dealing with the day to day administration. The Management Committee meets at least 6 times per annum. Task groups which report to the Management Committee, meet in between as necessary. The Management Committee considers Quarterly Management Accounts, and the Trustees, staff team and service user representatives together agree the forward strategy for the organisation, set out in the Vida Strategic Plan and risk register, and policies and procedures are reviewed in a regular cycle.

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. The document is the Memorandum & Articles of Association of the charity.

### **Recruitment and appointment of new trustees**

All members of the Management Committee are elected each year at the Annual General Meeting and members may be re-elected or re-appointed. Positions on the Management Committee are advertised externally, and appointed after informal interview. Some are reserved for specific specialist roles. The Charity must have a minimum of 3 trustees to be quorate but there are no restrictions upon the maximum number of trustees.

Report of the Trustees  
for the Year Ended 31 March 2022

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Induction and training of new trustees**

The CEO is responsible for the induction of new Trustees and identifying additional training needs, in consultation with the Chair of the Management Committee.

The induction process for new Management Committee members involves the Chair, or another Committee member appointed by her, ensuring that copies of the documentation listed below is made available and explained to the new member:

- The Memorandum & Articles of Association
- Supporting documentation: Strategic Plan, Policies & Procedures etc.

### **Remuneration policy for key management personnel**

Vida use local and national benchmarking against similar organisations and roles to ensure that salaries for key managers are fair and reflect the level of responsibility they hold.

### **Decisions and Authority**

All decisions undertaken by trustees are minuted and they monitor the finance and funding matters through a subcommittee. Operational matters are delegated to staff and extraordinary expenditure of more than £500 is submitted to trustees for approval.

### **Related parties and relationships with other organisations**

There are no related parties.

### **Risk management**

The Strategic Plan and risk register identify the strategic objectives, structure, activities, challenges, resources required and major risks to which the organisation is exposed. The risk register is approved by the Management Committee annually. It is the policy of the charity to maintain unrestricted funds, which are the free reserves of the charity, at a level that equates to approximately 3 months unrestricted expenditure. This provides sufficient funds to cover management and administration support costs and to respond to emergency applications for grants, should the need arise. Risk assessment and management is undertaken and recorded in relation to specific services delivered and in response to changes in legislation and funding available. The Finance Policy & Procedures outline those authorised to make payments, place orders and take other actions with financial consequences.

Report of the Trustees  
for the Year Ended 31 March 2022

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

During the year to 31 March 2022, all major risks were reviewed, assessed and managed.

### **Coronavirus Response**

The Covid-19 pandemic impacted on the charity for a second year though there was a gradual transition to re-establishing face to face meetings in groups and individually adhering to the government guidance and testing. We found that our clients were inclined to meet in person since they have missed the contact. Online sessions continued and these are now offered routinely as part of the service - remote working enabled staff to be flexible which they valued. Staff and Trustees ensured that the risks were well managed during the pandemic and clients told us that they felt safe.

The Trustees are grateful to those funders who gave us support during this difficult phase to maintain our activities. Sadly, we were unable to meet all of the demand when we opened our waiting list to new referrals. This demonstrates an ongoing need for our service that supports survivors once they are living safely after the initial abuse and trauma.

## **REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**  
04405173 (England and Wales)

**Registered Charity number**  
1092661

**Registered office**  
Knowle House  
4 Norfolk Park Road  
Sheffield  
South Yorkshire  
S2 3QE

**Trustees**  
Marilyn Gregory - chair  
Claire Sykes - Treasurer  
Elizabeth Lucas (resigned 15.4.21)  
Lucy Rodgers  
Joanne Jackson  
Michaela Rogers (appointed 15.4.21)  
Chloe Cheeseman (appointed 1.8.22)

**Company Secretary**  
Karen Hague MBE

**Independent Examiner**  
C J Woodhead & Co Ltd  
158 Hemper Lane  
Greenhill  
Sheffield  
South Yorkshire  
S8 7FE

Report of the Trustees  
for the Year Ended 31 March 2022

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees (who are also the directors of Vida Sheffield for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



Report of the Trustees  
for the Year Ended 31 March 2022

**STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued**

The Trustees [who are also directors of Vida Sheffield for the purposes of company law] are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

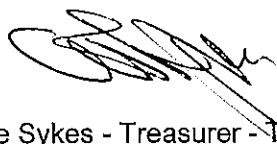
Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime of the Companies Act 2006.

Approved by order of the board of trustees on 20 September 2022 and signed on its behalf by:



Claire Sykes - Treasurer - Trustee

Independent Examiner's Report to the Trustees of  
Vida Sheffield

**Independent examiner's report to the trustees of Vida Sheffield ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Christopher John Woodhead  
BA (Hons) FCA  
C J Woodhead & Co Ltd  
158 Hemper Lane  
Greenhill  
Sheffield  
South Yorkshire  
S8 7FE

Date: 29/9/22

Statement of Financial Activities  
for the Year Ended 31 March 2022

	Notes	Unrestricted funds £	Restricted fund £	31.3.22 Total funds £	31.3.21 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		42,867	-	42,867	13,767
<b>Charitable activities</b>					
Lloyds Bank Foundation		-	43,811	43,811	31,825
Brelms Trust		-	-	-	5,000
Peoples Health Trust		-	18,759	18,759	-
National Lottery Community Fund		-	84,220	84,220	90,818
J G Graves Trust		-	-	-	2,000
The People's Health Trust		-	-	-	15,792
MoJ - Police & Crime Commissioner		-	53,000	53,000	31,756
Women's Aid Federation		-	-	-	10,350
Other trading activities	3	1,246	-	1,246	5,400
Investment income	4	86	-	86	75
<b>Total</b>		<b>44,199</b>	<b>199,790</b>	<b>243,989</b>	<b>206,783</b>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Salary		(989)	118,116	117,127	116,638
Pensions		3,319	16,841	20,160	11,306
Recruitment		-	1,122	1,122	-
Staffing costs		-	685	685	615
Travel		99	36	135	674
Rent, heat, light		-	12,600	12,600	12,600
Telephone		-	1,805	1,805	1,724
Equipment		1,714	-	1,714	5,807
Depreciation		-	978	978	978
Room Hire		-	2,587	2,587	-
Interpreters		-	528	528	-
Supervisors		-	-	-	750
Sundry		3,047	1,269	4,316	2,441
Insurance		-	1,269	1,269	877
Postage, Packaging and Stationery		-	1,339	1,339	1,646
Publicity & Copying		1,446	1,303	2,749	1,096
Subscriptions		96	680	776	351
Accountancy		-	1,272	1,272	1,224
Womens Group		93	9,873	9,966	12,918
Computer software & repairs		-	6,347	6,347	2,210
Staff training		-	350	350	302
Volunteer expenses		-	458	458	705
Consultants		-	21,676	21,676	13,185

The notes form part of these financial statements

**Total**

8,825

201,134

209,959

188,047

The notes form part of these financial statements

Statement of Financial Activities  
for the Year Ended 31 March 2022

	Notes	Unrestricted funds £	Restricted fund £	31.3.22 Total funds £	31.3.21 Total funds £
<b>NET INCOME/(EXPENDITURE)</b>		35,374	(1,344)	34,030	18,736
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		67,478	17,966	85,444	66,708
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>102,852</u>	<u>16,622</u>	<u>119,474</u>	<u>85,444</u>

The notes form part of these financial statements

Balance Sheet  
31 March 2022

	Notes	Unrestricted funds £	Restricted fund £	31.3.22 Total funds £	31.3.21 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	9	1,378	-	1,378	2,356
<b>CURRENT ASSETS</b>					
Debtors	10	30,174	-	30,174	2,211
Cash at bank and in hand		<u>138,281</u>	<u>16,622</u>	<u>154,903</u>	<u>122,921</u>
		168,455	16,622	185,077	125,132
<b>CREDITORS</b>					
Amounts falling due within one year	11	(66,981)	-	(66,981)	(42,044)
<b>NET CURRENT ASSETS</b>		<u>101,474</u>	<u>16,622</u>	<u>118,096</u>	<u>83,088</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>102,852</u>	<u>16,622</u>	<u>119,474</u>	<u>85,444</u>
<b>NET ASSETS</b>		<u>102,852</u>	<u>16,622</u>	<u>119,474</u>	<u>85,444</u>
<b>FUNDS</b>	12				
Unrestricted funds				102,852	67,478
Restricted funds				<u>16,622</u>	<u>17,966</u>
<b>TOTAL FUNDS</b>				<u>119,474</u>	<u>85,444</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

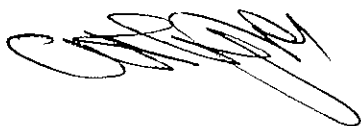
The notes form part of these financial statements

Vida Sheffield

Balance Sheet - continued  
31 March 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20 September 2022 and were signed on its behalf by:

A handwritten signature in black ink, appearing to read 'Claire Sykes', with a long, sweeping flourish extending from the bottom right.

Claire Sykes - Treasurer - Trustee

The notes form part of these financial statements

Notes to the Financial Statements  
for the Year Ended 31 March 2022

**1. GRANTS RECEIVED**

Last year small grants amounting to £7,000 were received from Brelms Trust and J G Graves Trust. No small grants were received this year. The amount of each grant is shown on page 7.

The balance of grants received from some funders in 2021/22 have been carried forward to 2022/23 and therefore they do not form part of the charity's income in the year ended 31 March 2022. These are Lottery Community Fund £14,962 (2021 - nil), Lloyds Bank Foundation: (2021:£28,389), Sheffield City Council £35,000 (2021 - nil) and The Big Give £700. No grants were carried forward this year for Peoples Health Trust: (2021:£2,599) and National Lottery Community Fund: (2021:£9,182).

**2. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Allocation and apportionment of costs**

Costs are allocated to appropriate funds according to usage as determined by the Trustees.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery - 10% on reducing balance  
Computer equipment - 33% on cost

**Taxation**

The charity is exempt from corporation tax on its charitable activities.



Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**2. ACCOUNTING POLICIES - continued**

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**3. OTHER TRADING ACTIVITIES**

	31.3.22	31.3.21
	£	£
Training fees	<u>1,246</u>	<u>5,400</u>

**4. INVESTMENT INCOME**

	31.3.22	31.3.21
	£	£
Deposit account interest	<u>86</u>	<u>75</u>

**5. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.3.22	31.3.21
	£	£
Depreciation - owned assets	<u>978</u>	<u>978</u>

**6. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**7. STAFF COSTS**

The average monthly number of employees during the year was as follows:

	31.3.22	31.3.21
Service providers	<u>6</u>	<u>6</u>

No employees received emoluments in excess of £60,000.

No staff members were seconded from or provided by an agency during the year.

**8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES TO 31ST MARCH 2020**

	Unrestricted funds £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	13,767	-	13,767
<b>Charitable activities</b>			
Lloyds Bank Foundation	-	31,825	31,825
Brelms Trust	5,000	-	5,000
National Lottery Community Fund	-	90,818	90,818
J G Graves Trust	2,000	-	2,000
The People's Health Trust	-	15,792	15,792
MoJ - Police & Crime Commissioner	-	31,756	31,756
Women's Aid Federation	-	10,350	10,350
Other trading activities	5,400	-	5,400
Investment income	<u>75</u>	<u>-</u>	<u>75</u>
<b>Total</b>	26,242	180,541	206,783
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Salary	3,353	113,285	116,638
Pensions	65	11,241	11,306
Staffing costs	-	615	615
Travel	571	103	674
Rent, heat, light	3,150	9,450	12,600
Telephone	-	1,724	1,724
Equipment	415	5,392	5,807
Depreciation	-	978	978
Supervisors	-	750	750
Sundry	1,638	803	2,441
Insurance	-	877	877
Postage, Packaging and Stationery	-	1,646	1,646
Publicity & Copying	-	1,096	1,096
Subscriptions	96	255	351
Accountancy	-	1,224	1,224

Womens Group

- 12,918 12,918

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES TO 31ST MARCH 2020 - continued**

	Unrestricted funds £	Restricted fund £	Total funds £
Computer software & repairs	23	2,187	2,210
Staff training	-	302	302
Volunteer expenses	-	705	705
Consultants	-	13,185	13,185
<b>Total</b>	<b>9,311</b>	<b>178,736</b>	<b>188,047</b>
<b>NET INCOME</b>	<b>16,931</b>	<b>1,805</b>	<b>18,736</b>
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	<b>50,547</b>	<b>16,161</b>	<b>66,708</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b><u>67,478</u></b>	<b><u>17,966</u></b>	<b><u>85,444</u></b>

**9. TANGIBLE FIXED ASSETS**

	Plant and machinery £	Computer equipment £	Totals £
<b>COST</b>			
At 1 April 2021 and 31 March 2022	<u>19,847</u>	<u>10,707</u>	<u>30,554</u>
<b>DEPRECIATION</b>			
At 1 April 2021	19,255	8,943	28,198
Charge for year	<u>98</u>	<u>880</u>	<u>978</u>
At 31 March 2022	<u>19,353</u>	<u>9,823</u>	<u>29,176</u>
<b>NET BOOK VALUE</b>			
At 31 March 2022	<u>494</u>	<u>884</u>	<u>1,378</u>
At 31 March 2021	<u>592</u>	<u>1,764</u>	<u>2,356</u>

All items relating to fixed asset categories are capitalised irrespective of cost.

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.22 £	31.3.21 £
Trade debtors	<u>30,174</u>	<u>2,211</u>

**11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.22 £	31.3.21 £
Trade creditors	1,740	42,044
Deferred government grants	<u>65,241</u>	<u>-</u>
	<u>66,981</u>	<u>42,044</u>

**12. MOVEMENT IN FUNDS**

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	67,478	35,374	102,852
<b>Restricted funds</b>			
General fund	17,966	(1,344)	16,622
	<u>85,444</u>	<u>34,030</u>	<u>119,474</u>
<b>TOTAL FUNDS</b>			

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	44,199	(8,825)	35,374
<b>Restricted funds</b>			
General fund	199,790	(201,134)	(1,344)
	<u>243,989</u>	<u>(209,959)</u>	<u>34,030</u>
<b>TOTAL FUNDS</b>			

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**12. MOVEMENT IN FUNDS - continued****Comparatives for movement in funds**

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	50,547	16,931	67,478
<b>Restricted funds</b>			
General fund	16,161	1,805	17,966
<b>TOTAL FUNDS</b>	<u>66,708</u>	<u>18,736</u>	<u>85,444</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	26,242	(9,311)	16,931
<b>Restricted funds</b>			
General fund	180,541	(178,736)	1,805
<b>TOTAL FUNDS</b>	<u>206,783</u>	<u>(188,047)</u>	<u>18,736</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	50,547	52,305	102,852
<b>Restricted funds</b>			
General fund	16,161	461	16,622
<b>TOTAL FUNDS</b>	<u>66,708</u>	<u>52,766</u>	<u>119,474</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**12. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	70,441	(18,136)	52,305
<b>Restricted funds</b>			
General fund	380,331	(379,870)	461
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>450,772</u>	<u>(398,006)</u>	<u>52,766</u>

**13. RELATED PARTY DISCLOSURES**

It should be noted that the charity receives some small donations from its Local Giving page. From time to time some of these donations may be from family members or friends of trustees or staff who work at the Charity. These are small in value in the context of the overall income of the charity (usually less than £50).

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2022

	31.3.22 £	31.3.21 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	33,293	5,605
Other income	<u>9,574</u>	<u>8,162</u>
	42,867	13,767
<b>Other trading activities</b>		
Training fees	1,246	5,400
<b>Investment income</b>		
Deposit account interest	86	75
<b>Charitable activities</b>		
Grants	<u>199,790</u>	<u>187,541</u>
<b>Total incoming resources</b>	243,989	206,783
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Staff and volunteer costs	161,362	129,938
Premises & equipment costs	19,684	21,109
Other costs	<u>26,302</u>	<u>34,130</u>
	207,348	185,177
<b>Support costs</b>		
<b>Management</b>		
Support costs	1,339	1,646
<b>Governance costs</b>		
Accountancy and legal fees	<u>1,272</u>	<u>1,224</u>
<b>Total resources expended</b>	<u>209,959</u>	<u>188,047</u>
<b>Net income</b>	<u><u>34,030</u></u>	<u><u>18,736</u></u>

This page does not form part of the statutory financial statements