

VIDA SHEFFIELD

England & Wales · Charity number 1092661

Details

Other names SHEFFIELD DOMESTIC ABUSE FORUM

Status Registered

Legal form Charitable company

Company number [04405173](#)

Registered 2002-06-28

Register [View on the Charity Commission register](#)

Contact

Address Knowle House
4 Norfolk Park Road
Sheffield
S2 3QE

Phone 01142750101

Email admin@vidasheffield.org.uk

Website www.vidasheffield.org.uk

Activities

Objects: TO PROMOTE FOR THE PUBLIC BENEFIT AND WITH A VIEW TO PUBLIC PROTECTION AND THE PRESERVATION OF ORDER, THE PROVISION OF SERVICES DIRECTED TOWARDS THE PREVENTION OF DOMESTIC ABUSE AND THE RELIEF AND SUPPORT OF PERSONS (AND IN PARTICULAR WOMEN AND CHILDREN) WHO HAVE SUFFERED OR WHO ARE IN DANGER OF SUFFERING ABUSE FROM PERPETRATORS KNOWN TO THEM AND TO ADVANCE THE EDUCATION OF VOLUNTARY AND STATUTORY AGENCIES AND THE PUBLIC IN ALL ASPECTS OF DOMESTIC ABUSE, ITS CAUSES, REMEDIES AND PREVENTION.

Activities: Vida Sheffield deliver specialist services, training and awareness raising, and work with partners to bring an end to domestic and sexual abuse, and in particular violence against women and girls. We specialise in trauma focused therapy for women and girls affected by any form of abuse.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- Sheffield City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£230,518	£208,932	-	-
2024-03-31	£151,126	£224,260	-	-
2023-03-31	£214,130	£213,399	-	-
2022-03-31	£243,989	£209,959	-	-
2021-03-31	£206,783	£188,047	-	-

Trustees

Name	Role	Appointed
MARILYN GREGORY	Chair	
CLAIRE SYKES		2012-02-09
Chloe Cheeseman		2023-03-14
Joanne Louise Jackson		2016-04-08
Joseph Curran		2023-03-14
Lucy Rodgers		2014-11-14

VIDA SHEFFIELD

England & Wales - Charity number 1092661

Accounts

REGISTERED COMPANY NUMBER: 04405173 (England and Wales)
REGISTERED CHARITY NUMBER: 1092661

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2025
for
Vida Sheffield

C J Woodhead & Co Ltd
158 Hemper Lane
Greenhill
Sheffield
South Yorkshire
S8 7FE

Contents of the Financial Statements
for the Year Ended 31 March 2025

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Report of the Trustees
for the Year Ended 31 March 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019). Vida is a women's organisation with a proud 30-year history and a strong reputation in Sheffield. Our work is city-wide, and our community of interest are women and girls, from age 16, whose lives and mental health are affected by their experiences of abuse and trauma.

In the past we have delivered a range of domestic abuse services, but since 2015 we have focused our work on developing free and life-changing therapeutic services to support the longer-term recovery and empowerment of women and girls who have experienced any form of abuse.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The original objectives & aims of the charity were: To promote for the public benefit, and with a view to public protection and the preservation of order, the provision of services directed towards the prevention of domestic abuse and the relief and support of persons (and in particular women and children) who have suffered or are in danger of suffering abuse from perpetrators known to them; to advance the education of voluntary and statutory agencies and the public in all aspects of domestic abuse, its causes, remedies and prevention.

Vision: [what we want to achieve - see Strategic Plan 2021-25] To bring hope, recovery and resilience to every woman whose mental health is affected by abuse.

Mission: [how we will work to achieve our vision see Strategic Plan 2021-25] Vida will provide gender-sensitive, trauma-focused therapeutic services to women whose mental health and well-being are affected by past experiences of abuse.

Report of the Trustees
for the Year Ended 31 March 2025

OBJECTIVES AND ACTIVITIES

Activities - Vida's day to day activities include:

Eva Therapy Service: specialist trauma focused and gender sensitive therapy for women whose mental health is affected by their experiences of abuse and trauma: 1-1 therapy and innovative group work programmes, developed in response to the lived experiences of survivors. Our pathway continues to evolve in consultation with our service users and we offer 4 groups that focus on psychoeducation; safety planning & emotional support; pain & fatigue and building resilience as part of the recovery pathway.

Eva Peer Support Group: this meets fortnightly, has a social media presence and is an informal support group focused on craft activities and building relationships to help reduce the isolation of women survivors; longstanding members can also engage in their Women's Voices service user involvement group; our Vida website has a self-help page developed with members of Women's Voices. No other services need to be accessed to benefit from this group.

Online sessions for individual and groups are offered routinely as part of the service.

Partnership working and strategic influence: Vida are often looked to for a coordinating role in strategic work; we were lead partner in the Women & Girls Recovery & Empowerment Partnership [funded by a Big Lottery Women & Girls' Initiative grant]; we are committed to working with partners to share learning and resources. Staff routinely attend the WAVES, VAWG and DACT groups established in the sector for Sheffield and the Yorkshire region. Representatives attend from the providers and the statutory sector. Vida is also a member of Synergy the Mental Health Alliance for Sheffield.

Vida Staff & Volunteers: during 2024-25 Vida's staff team consisted of 7 part-time staff [3.5 full time equivalents over the 12 months]. Our therapy service is supported by an excellent team of 15-20 volunteer therapists and trainees on placement. Qualified Associate Therapist Practitioners also enable the delivery of the service and this can be scaled up or down depending on the funding available. Volunteer work is unpaid, but all volunteers are offered expenses.

Vida Management Committee includes 4 long standing Trustees, an additional member, appointed early 2023, had retired as a Senior Manager in the NHS Mood Anxiety Post traumatic Stress Psychotherapy Service (MAPPS). There is also a service user representative from Women's Voices to ensure Vida's users are properly heard.

Vida Service Delivery 2024-25

Beneficiaries: during the year 2024-25 we worked therapeutically with close to 111 beneficiaries, of which 89 engaged with our therapy and groups service with 55 benefiting from the informal peer support.

The difference we make: our Eva Therapy Service clients give us excellent feedback about the life-changing impact of their movement through the service pathway, which can take up to a year with waiting time. The outcomes and feedback from women engaging in both our peer support group and therapeutic group-work programmes show that they experience significant improvements in their mental health, self-worth, relationships and resilience to future harm.

Progress is measured using quantitative tools designed to assess the mental health and emotional wellbeing of clients.

Training & Awareness:

Report of the Trustees
for the Year Ended 31 March 2025

OBJECTIVES AND ACTIVITIES

Vida has a strong track record in developing and delivering specialist training on issues related to domestic and sexual abuse. We continue to engage in campaigns to raise public and professional awareness, and work towards the culture change needed to reduce future levels of violence against women and girls.

The Trustees recognise that the performance of the charity during the year to March 2025 in service delivery, was impacted by the uncertainty of continuing the service as described in the 2023/24 report because there became a need to limit referrals due to lack of funding. The need to close the service was averted as explained in the Financial Review below.

FINANCIAL REVIEW

Financial position

The accounts have been prepared to comply with current statutory requirements, the requirements of the charity's Memorandum & Articles of Association and the requirements of the Statement of Recommended Practice: Accounting and Reporting by Charities. The financial statements have been prepared on the going concern basis, as the Trustees take steps to reduce costs and maximise income.

Services were funded through a number of charitable grants, and no Government funding was received during the year.

2024/2025

The voluntary and community sector experienced an increasingly challenging time in obtaining grants according to The Centre for Social Justice in their report 'Supercharging Philanthropy' [March 2025]. In 2024 grant giving fell as did corporate giving along with the number of grants available from central and some local government. This made grant applications highly competitive with some grant making bodies reporting a 30% to 50% increase in applications - Association of Charitable Foundations [Oct 2024]. A qualification was therefore, included in the last set of accounts because at the time of signing (September 2024) it appeared necessary to wind up the charity as funds would run out at the end of March 2025.

Fortunately, Vida secured funds through the initial match-funding offer of the Brelms Trust as both Lloyds Foundation, and the Synergy MHA approved grants to be delivered during 2025/26 along with the multi-year funds already awarded by Henry Smith. Vida has certainty of funding to March 2026 and beyond with the aim of securing further funds during 2025.

Vida continues to promote the need for specialist services and will continue to focus on the opportunities for funding such services through the Home Office, Ministry of Justice, SYMCA and NHS Mental Health in general. It partnered with Women's Trust and others in the sector to lobby the government (unsuccessfully) to consider long term mental health recovery as part of the spending review to ensure that proper financial backing for specialist services to support women that have experienced abuse is available.

At the signing of these accounts, the charity is confident that a balanced budget for the coming year can be achieved.

Report of the Trustees
for the Year Ended 31 March 2025

FINANCIAL REVIEW

Reserves policy

Vida's reserves policy states that the organisation should maintain reserves at a level equivalent to 3 months' operational costs and any financial liabilities of the organisation at that time, to bridge any funding gap following a rapid shortfall in the level of funding received. The Trustees have established that from April 2024 the minimum level of reserves that must be retained to meet any financial obligations upon the closure of the Charity, excluding fixed assets, is £40,000. The actual level of reserves at 31st March 2025 was £68,657 (2024 - £47,071).

Going concern

The Trustees confirm that the current level of the charity's reserves is to meet the minimum for winding up processes. The amount brought forward from 2024/25 will cover the minimum required and it is the aim to achieve 3 months operational costs (£75k) in line with the reserves policy to ensure services continue.

The charity has reviewed its fundraising strategy and is actively fundraising, with some modest assumptions about fundraising income included in the budget and cash flow forecast for 2025-26. The charity will continue to maintain vigorous cost control and to seek cost reductions where possible.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Vida is managed by a voluntary Management Committee of Trustees, with paid staff undertaking the work of the organisation and dealing with the day-to-day administration. The Management Committee meets at least 6 times per annum. Task groups which report to the Management Committee, meet in between as necessary. The Management Committee considers Quarterly Management Accounts, and the Trustees, staff team and service user representatives together agree the forward strategy for the organisation, set out in the Vida Strategic Plan and risk register, and policies and procedures are reviewed in a regular cycle.

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. The document is the Memorandum & Articles of Association of the charity.

Recruitment and appointment of new trustees

All members of the Management Committee are elected each year at the Annual General Meeting and members may be re-elected or re-appointed. Positions on the Management Committee are advertised externally and appointed after informal interview. Some are reserved for specific specialist roles. The Charity must have a minimum of 3 trustees to be quorate but there are no restrictions upon the maximum number of trustees.

Report of the Trustees
for the Year Ended 31 March 2025

STRUCTURE, GOVERNANCE AND MANAGEMENT

Induction and training of new trustees

The CEO is responsible for the induction of new Trustees and identifying additional training needs, in consultation with the Chair of the Management Committee. The induction process for new Management Committee members involves the Chair, or another Committee member appointed by her, ensuring that copies of the documentation listed below is made available and explained to the new member:

- The Memorandum & Articles of Association
- Supporting documentation: Strategic Plan, Policies & Procedures etc.

Remuneration policy for key management personnel

Vida use local and national benchmarking against similar organisations and roles to ensure that salaries for key managers are fair and reflect the level of responsibility they hold.

Decisions and Authority

All decisions undertaken by trustees are minuted and they monitor the finance and funding matters through a subcommittee. Operational matters are delegated to staff and extraordinary expenditure of more than £500 is submitted to trustees for approval.

Related parties and relationships with other organisations

There are no related parties.

Related parties and relationships with other organisations

There are no related parties.

Report of the Trustees
for the Year Ended 31 March 2025

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The Strategic Plan and risk register identify the strategic objectives, structure, activities, challenges, resources required and major risks to which the organisation is exposed. The risk register is approved by the Management Committee annually. It is the policy of the charity to maintain unrestricted funds, which are the free reserves of the charity, at a level that equates to approximately 3 months unrestricted expenditure. This provides sufficient funds to cover management and administration support costs and to respond to emergency applications for grants, should the need arise. Risk assessment and management is undertaken and recorded in relation to specific services delivered and in response to changes in legislation and funding available. The Finance Policy & Procedures outline those authorised to make payments, place orders and take other actions with financial consequences.

During the year to 31 March 2025, all major risks were reviewed, assessed and managed. Efforts to secure funding have continued and we wish to express thanks to the following for responding to support Vida along with all of the media outlets that have promoted our cause:

Julie Kenny DL (deceased)

Louise Haigh MP

The 27,483 supporters that signed the petition and donors

The support received has been crucial to ensuring services continued to be delivered and we want to take the opportunity to thank Officers and Trustees at:

National Lottery, Reaching Communities fund;
Henry Smith Foundation;

Peoples Lottery;

The Society for the Holy Child Jesus;

Lloyds Foundation;

Synergy Mental Health Alliance

with a special mention to The Brelms Trust

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

04405173 (England and Wales)

Registered Charity number

1092661

Vida Sheffield

Report of the Trustees
for the Year Ended 31 March 2025

Registered office

Knowle House
4 Norfolk Park Road
Sheffield
South Yorkshire
S2 3QE

Trustees

Marilyn Gregory - chair
Claire Sykes - Treasurer
Lucy Rodgers
Joanne Jackson
Chloe Cheeseman (resigned 19.4.24)
J Curran

Company Secretary

Karen Hague MBE

Independent Examiner

C J Woodhead & Co Ltd
158 Hemper Lane
Greenhill
Sheffield
South Yorkshire
S8 7FE

Approved by order of the board of trustees on  and signed on its behalf by:


.....
Claire Sykes - Treasurer - Trustee

Independent Examiner's Report to the Trustees of
Vida Sheffield

Independent examiner's report to the trustees of Vida Sheffield ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Christopher John Woodhead

C J Woodhead & Co Ltd
158 Hemper Lane
Greenhill
Sheffield
South Yorkshire
S8 7FE

Date: 3.10.2025

Statement of Financial Activities
for the Year Ended 31 March 2025

	Notes	Unrestricted funds £	Restricted fund £	31.3.25 Total funds £	31.3.24 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		25,988	-	25,988	26,469
Charitable activities					
Lloyds Bank Foundation		-	-	-	17,589
Brelms Trust		-	2,475	2,475	6,000
Small Grants		-	44,724	44,724	27,000
National Lottery Community Fund		-	131,500	131,500	74,000
Henry Smith		-	24,953	24,953	-
Investment income	3	-	-	-	68
Other income		878	-	878	-
Total		<u>26,866</u>	<u>203,652</u>	<u>230,518</u>	<u>151,126</u>
EXPENDITURE ON					
Charitable activities					
Salary		-	129,641	129,641	138,430
Pensions		-	14,123	14,123	14,413
Recruitment		-	-	-	14
Staffing costs		176	499	675	755
Travel		-	11	11	17
Rent, heat, light		-	21,500	21,500	21,500
Telephone		-	1,726	1,726	1,699
Equipment		1,224	(1,078)	146	107
Depreciation		-	3,987	3,987	3,816
Interpreters		-	-	-	1,071
Sundry		244	3,550	3,794	3,708
Insurance		-	1,549	1,549	1,429
Postage, Packaging and Stationery		-	273	273	1,192
Publicity & Copying		254	861	1,115	1,169
Subscriptions		-	1,166	1,166	1,096
Accountancy		-	1,566	1,566	1,404
Womens Group		-	3,066	3,066	3,731
Computer software & repairs		-	7,386	7,386	6,562
Volunteer expenses		-	58	58	477
Consultants		-	16,550	16,550	20,875
Project Supervisors (Clinical Supervision)		-	600	600	795
Total		<u>1,898</u>	<u>207,034</u>	<u>208,932</u>	<u>224,260</u>
NET INCOME/(EXPENDITURE)		24,968	(3,382)	21,586	(73,134)

The notes form part of these financial statements

Statement of Financial Activities
for the Year Ended 31 March 2025

	Notes	Unrestricted funds £	Restricted fund £	31.3.25 Total funds £	31.3.24 Total funds £
RECONCILIATION OF FUNDS					
Total funds brought forward		27,302	19,769	47,071	120,205
TOTAL FUNDS CARRIED FORWARD		<u>52,270</u>	<u>16,387</u>	<u>68,657</u>	<u>47,071</u>

Balance Sheet
31 March 2025

	Notes	Unrestricted funds £	Restricted fund £	31.3.25 Total funds £	31.3.24 Total funds £
FIXED ASSETS					
Tangible assets	8	544	-	544	4,019
CURRENT ASSETS					
Cash at bank and in hand		53,401	54,959	108,360	44,820
CREDITORS					
Amounts falling due within one year	9	(1,675)	(38,572)	(40,247)	(1,768)
NET CURRENT ASSETS		<u>51,726</u>	<u>16,387</u>	<u>68,113</u>	<u>43,052</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>52,270</u>	<u>16,387</u>	<u>68,657</u>	<u>47,071</u>
NET ASSETS		<u><u>52,270</u></u>	<u><u>16,387</u></u>	<u><u>68,657</u></u>	<u><u>47,071</u></u>
FUNDS					
	10			52,270	27,302
Unrestricted funds				16,387	19,769
Restricted funds				<u>68,657</u>	<u>47,071</u>
TOTAL FUNDS				<u><u>68,657</u></u>	<u><u>47,071</u></u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.


The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

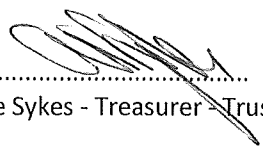
The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

Balance Sheet - continued
31 March 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on
 and were signed on its behalf by:

.....

Claire Sykes - Treasurer - Trustee

Notes to the Financial Statements
for the Year Ended 31 March 2025

1. GRANTS RECEIVED

This year small grants amounted to £44,724. These included grants from Yorkshire Building Society, Postcode Neighbourhoods and Society of Holy Child Jesus.

All grants received in 2023/24 were utilised and therefore no grants were carried forward for use in 2024/25.

At 31 March 2025 two grants had not been fully utilised and these have therefore been carried forward to form part of the charity's income in the year ended 31 March 2026. The amounts carried forward are Brems Trust: £28,525 and Henry Smith: £10,047.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Costs are allocated to appropriate funds according to usage as determined by the Trustees.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 10% on cost
Computer equipment	- 33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

2. ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

3. INVESTMENT INCOME

	31.3.25	31.3.24
	£	£
Deposit account interest	-	68
	<u> </u>	<u> </u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.25	31.3.24
	£	£
Depreciation - owned assets	3,987	3,816
	<u> </u>	<u> </u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.25	31.3.24
Service providers	7	7
	<u>7</u>	<u>7</u>

No employees received emoluments in excess of £60,000.

No staff members were seconded from or provided by an agency during the year.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES TO 31ST MARCH 2022

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	26,470	(1)	26,469
Charitable activities			
Lloyds Bank Foundation	-	17,589	17,589
Brelms Trust	-	6,000	6,000
Small Grants	-	27,000	27,000
National Lottery Community Fund	-	74,000	74,000
Investment income	68	-	68
Total	<u>26,538</u>	<u>124,588</u>	<u>151,126</u>
EXPENDITURE ON			
Charitable activities			
Salary	69,937	68,493	138,430
Pensions	9,492	4,921	14,413
Recruitment	-	14	14
Staffing costs	176	579	755
Travel	-	17	17
Rent, heat, light	10,000	11,500	21,500
Telephone	189	1,510	1,699
Equipment	107	-	107
Depreciation	-	3,816	3,816
Interpreters	-	1,071	1,071
Sundry	3,681	27	3,708
Insurance	-	1,429	1,429
Postage, Packaging and Stationery	130	1,062	1,192
Publicity & Copying	158	1,011	1,169
Subscriptions	440	656	1,096
Accountancy	-	1,404	1,404
Womens Group	-	3,731	3,731
Computer software & repairs	3,182	3,380	6,562

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES TO 31ST MARCH 2022 - continued	Unrestricted funds £	Restricted fund £	Total funds £
Volunteer expenses	110	367	477
Consultants	-	20,875	20,875
Project Supervisors (Clinical Supervision)	-	795	795
Total	<u>97,602</u>	<u>126,658</u>	<u>224,260</u>
NET INCOME/(EXPENDITURE)	(71,064)	(2,070)	(73,134)
RECONCILIATION OF FUNDS			
Total funds brought forward	98,366	21,839	120,205
TOTAL FUNDS CARRIED FORWARD	<u><u>27,302</u></u>	<u><u>19,769</u></u>	<u><u>47,071</u></u>
8. TANGIBLE FIXED ASSETS			
	Plant and machinery £	Computer equipment £	Totals £
COST			
At 1 April 2024	19,847	21,860	41,707
Additions	-	512	512
At 31 March 2025	<u>19,847</u>	<u>22,372</u>	<u>42,219</u>
DEPRECIATION			
At 1 April 2024	19,549	18,139	37,688
Charge for year	98	3,889	3,987
At 31 March 2025	<u>19,647</u>	<u>22,028</u>	<u>41,675</u>
NET BOOK VALUE			
At 31 March 2025	<u>200</u>	<u>344</u>	<u>544</u>
At 31 March 2024	<u>298</u>	<u>3,721</u>	<u>4,019</u>

All items relating to fixed asset categories are capitalised irrespective of cost.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25	31.3.24
	£	£
Trade creditors	1,675	1,768
Deferred grants	38,572	-
	<u>40,247</u>	<u>1,768</u>

10. MOVEMENT IN FUNDS

	At 1.4.24	Net movement in funds	At 31.3.25
	£	£	£
Unrestricted funds			
General fund	27,302	24,968	52,270
Restricted funds			
General fund	19,769	(3,382)	16,387
	<u>47,071</u>	<u>21,586</u>	<u>68,657</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	26,866	(1,898)	24,968
Restricted funds			
General fund	203,652	(207,034)	(3,382)
	<u>230,518</u>	<u>(208,932)</u>	<u>21,586</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	98,366	(71,064)	27,302
Restricted funds			
General fund	21,839	(2,070)	19,769
TOTAL FUNDS	<u>120,205</u>	<u>(73,134)</u>	<u>47,071</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	26,538	(97,602)	(71,064)
Restricted funds			
General fund	124,588	(126,658)	(2,070)
TOTAL FUNDS	<u>151,126</u>	<u>(224,260)</u>	<u>(73,134)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	At 31.3.25 £
Unrestricted funds			
General fund	98,366	(46,096)	52,270
Restricted funds			
General fund	21,839	(5,452)	16,387
TOTAL FUNDS	<u>120,205</u>	<u>(51,548)</u>	<u>68,657</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

10. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	53,404	(99,500)	(46,096)
Restricted funds			
General fund	328,240	(333,692)	(5,452)
TOTAL FUNDS	<u>381,644</u>	<u>(433,192)</u>	<u>(51,548)</u>

11. RELATED PARTY DISCLOSURES

It should be noted that the charity receives some small donations from its Local Giving page. From time to time some of these donations may be from family members or friends of trustees or staff who work at the Charity. These are small in value in the context of the overall income of the charity (usually less than £50).

Detailed Statement of Financial Activities
for the Year Ended 31 March 2025

	31.3.25 £	31.3.24 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	19,975	18,326
Donated services and facilities	6,013	8,143
	<u>25,988</u>	<u>26,469</u>
Investment income		
Deposit account interest	-	68
Charitable activities		
Grants	203,652	124,589
Other income		
Other income	878	-
	<u>230,518</u>	<u>151,126</u>
Total incoming resources		
EXPENDITURE		
Charitable activities		
Wages	161,058	174,981
Rates and water	27,359	27,122
Sundries	18,676	19,561
	<u>207,093</u>	<u>221,664</u>
Support costs		
Management		
Postage and stationery	273	1,192
Governance costs		
Accountancy and legal fees	1,566	1,404
	<u>208,932</u>	<u>224,260</u>
Total resources expended		
	<u>208,932</u>	<u>224,260</u>
Net income/(expenditure)	<u>21,586</u>	<u>(73,134)</u>

VIDA SHEFFIELD

England & Wales - Charity number 1092661

Accounts

REGISTERED COMPANY NUMBER: 04405173 (England and Wales)
REGISTERED CHARITY NUMBER: 1092661

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2024
for
Vida Sheffield

C J Woodhead & Co Ltd
158 Hemper Lane
Greenhill
Sheffield
South Yorkshire
S8 7FE

Vida Sheffield

Contents of the Financial Statements
for the Year Ended 31 March 2024

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Vida Sheffield

Report of the Trustees
for the Year Ended 31 March 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Vida is a women's organisation with a proud 29 year history and a strong reputation in Sheffield. Our work is city-wide, and our community of interest are women and girls, from age 16, whose lives and mental health are affected by their experiences of abuse and trauma.

In the past we have delivered a range of domestic abuse services, but since 2015 we have focused our work on developing free and life-changing therapeutic services to support the longer term recovery and empowerment of women and girls who have experienced any form of abuse.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The original objectives & aims of the charity were:

To promote for the public benefit, and with a view to public protection and the preservation of order, the provision of services directed towards the prevention of domestic abuse and the relief and support of persons (and in particular women and children) who have suffered or are in danger of suffering abuse from perpetrators known to them; to advance the education of voluntary and statutory agencies and the public in all aspects of domestic abuse, its causes, remedies and prevention.

Vision: [what we want to achieve - see Strategic Plan 2021-25] To bring hope, recovery and resilience to every woman whose mental health is affected by abuse.

Mission: [how we will work to achieve our vision see Strategic Plan 2021-25] Vida will provide gender-sensitive, trauma-focused therapeutic services to women whose mental health and well-being are affected by past experiences of abuse.

Report of the Trustees
for the Year Ended 31 March 2024

OBJECTIVES AND ACTIVITIES

Activities - Vida's day to day activities include:

Eva Therapy Service: specialist trauma focused and gender sensitive therapy for women whose mental health is affected by their experiences of abuse and trauma: 1-1 therapy and innovative group work programmes, developed in response to the lived experiences of survivors;

Eva Peer Support Group: a fortnightly informal support group focused on craft activities and building relationships to help reduce the isolation of women survivors; longstanding members can also engage in their Women's Voices service user involvement group; our Vida website has a self-help page developed with members of Women's Voices.

Online sessions for individual and groups are offered routinely as part of the service.

Partnership working and strategic influence: Vida are often looked to for a coordinating role in strategic work; we were lead partner in the Women & Girls Recovery & Empowerment Partnership [funded by a Big Lottery Women & Girls' Initiative grant]; we are committed to working with partners to share learning and resources. Staff routinely attend the WAVES, VAWG and DACT groups established in the sector for Sheffield and the Yorkshire region. Representatives attend from the providers and the statutory sector.

Vida Staff & Volunteers : during 2023-24 Vida's staff team consisted of 7 part-time staff [4.8 full time equivalents]. The service is managed by the CEO with over 25 years experience in the voluntary sector along with the Clinical Manager who is highly experienced in both private and NHS settings. Our therapy service is supported by an excellent team of 15-20 volunteer therapists and trainees on placement. Qualified Associate Therapist Practitioners also enable the delivery of the service and this can be scaled up or down depending on the funding available. Volunteer work is unpaid, and all volunteers are offered expenses.

Vida Management Committee includes 4 long standing Trustees, an additional member, appointed early 2023, had retired as a Senior Manager in the NHS Mood Anxiety Post traumatic Stress Psychotherapy Service (MAPPS). There is also a service user representation from Women's Voices to ensure Vida's users are properly heard.

Vida Service Delivery 2023/24

Beneficiaries : during the year 2023-24 we worked therapeutically with close to 265 beneficiaries, of which 210 engaged with our therapy service and 55 with the more informal peer support group.

The difference we make: our Eva Therapy Service clients give us consistently excellent feedback about the life-changing impact of their movement through the service pathway, which can take up to a year with waiting time. The outcomes and feedback from women engaging in both our peer support group and therapeutic group-work programmes show that they experience significant improvements in their mental health, self-worth, relationships and resilience to future harm.

Report of the Trustees
for the Year Ended 31 March 2024

OBJECTIVES AND ACTIVITIES

Training & Awareness : Vida have a strong track record in developing and delivering specialist training on issues related to domestic and sexual abuse. We continue to engage in campaigns to raise public and professional awareness, and work towards the culture change needed to reduce future levels of violence against women and girls.

The Trustees were very satisfied with the performance of the charity during the year to March 2024, in service delivery.

FINANCIAL REVIEW

Financial position

The accounts have been prepared to comply with current statutory requirements, the requirements of the charity's Memorandum & Articles of Association and the requirements of the Statement of Recommended Practice: Accounting and Reporting by Charities. The financial statements have been prepared on the going concern basis, as the Trustees take steps to reduce costs and maximise income.

Services were funded through a number of charitable grants and no Government funding was received during the year. Although some funding opportunities had been advertised through the Home Office for Suicide Prevention and Specialist Services for Domestic Abuse, the criteria meant Vida could not apply and in the case of Suicide Prevention, were unsuccessful due the fund being heavily oversubscribed. Vida launched an appeal, therefore, during December and January which resulted in a review of the National Lottery Funding ensuring the service would continue for another 12 months and other grant funds were secured.

Vida continues to promote the need for specialist services and will continue to focus on the opportunities for funding such services through the Home Office, Ministry of Justice and NHS mental health in general. At the signing of these accounts, the charity has announced that a balanced budget for the coming year is threatened since there is no prospect of tendering for commissioned services as expected and has identified the risk of closure highlighting risk to current funders and to the statutory agencies.

Reserves policy

Vida's reserves policy states that the organisation should maintain reserves at a level equivalent to 3 months' operational costs and any financial liabilities of the organisation at that time, to bridge any funding gap following a rapid shortfall in the level of funding received. The Trustees have established that from April 2024 the minimum level of reserves that must be retained to meet any financial obligations upon the closure of the Charity, excluding fixed assets, is £30,000. The actual level of reserves at 31st March 2024 was £47,071 (2023 - £120,205).

Going concern

The Trustees confirm that the level of the charity's reserves is to meet the minimum for winding up processes. Reserves brought forward to 2023/24 have been used to support the charity's activities. As there is currently, no prospect of ongoing multi-year funding from key funders the charity has announced its closure at the end of March 2025. The only prospect of continuance is to secure significant core funding of circa £120k per year on top of grant application and regular donations.

The charity will continue to maintain vigorous cost control and to seek cost reductions where possible.

Report of the Trustees
for the Year Ended 31 March 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Vida is managed by a voluntary Management Committee of Trustees, with paid staff undertaking the work of the organisation and dealing with the day to day administration. The Management Committee meets at least 6 times per annum. Task groups which report to the Management Committee, meet in between as necessary. The Management Committee considers Quarterly Management Accounts, and the Trustees, staff team and service user representatives together agree the forward strategy for the organisation, set out in the Vida Strategic Plan and risk register, and policies and procedures are reviewed in a regular cycle.

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. The document is the Memorandum & Articles of Association of the charity.

Recruitment and appointment of new trustees

All members of the Management Committee are elected each year at the Annual General Meeting and members may be re-elected or re-appointed. Positions on the Management Committee are advertised externally, and appointed after informal interview. Some are reserved for specific specialist roles. The Charity must have a minimum of 3 trustees to be quorate but there are no restrictions upon the maximum number of trustees.

Induction and training of new trustees

The CEO is responsible for the induction of new Trustees and identifying additional training needs, in consultation with the Chair of the Management Committee.

The induction process for new Management Committee members involves the Chair, or another Committee member appointed by her, ensuring that copies of the documentation listed below is made available and explained to the new member:

- The Memorandum & Articles of Association

- Supporting documentation: Strategic Plan, Policies & Procedures etc.

Remuneration policy for key management personnel

Vida use local and national benchmarking against similar organisations and roles to ensure that salaries for key managers are fair and reflect the level of responsibility they hold.

Decisions and Authority

All decisions undertaken by trustees are minuted and they monitor the finance and funding matters through a subcommittee. Operational matters are delegated to staff and extraordinary expenditure of more than £500 is submitted to trustees for approval.

Related parties and relationships with other organisations

There are no related parties.

Report of the Trustees
for the Year Ended 31 March 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The Strategic Plan and risk register identify the strategic objectives, structure, activities, challenges, resources required and major risks to which the organisation is exposed. The risk register is approved by the Management Committee annually. It is the policy of the charity to maintain unrestricted funds, which are the free reserves of the charity, at a level that equates to approximately 3 months unrestricted expenditure. This provides sufficient funds to cover management and administration support costs and to respond to emergency applications for grants, should the need arise. Risk assessment and management is undertaken and recorded in relation to specific services delivered and in response to changes in legislation and funding available. The Finance Policy & Procedures outline those authorised to make payments, place orders and take other actions with financial consequences.

During the year to 31 March 2024, all major risks were reviewed, assessed and managed. Efforts to secure funding have continued and we wish to express thanks to the following for responding to support Vida:

The National Lottery Community Fund 'Reaching Communities'

Over 27,000 members of the public that signed the petition

Her Majesty Queen Camilla

Louise Haig MP

Dame Julie Kenny DBE DL

Nicole Jacobs, Domestic Abuse Commissioner

Womens Aid

The British Association of Counselling & Psychotherapy

BBC Radio

ITV Calendar

The Sheffield Star

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
04405173 (England and Wales)

Registered Charity number
1092661

Registered office
Knowle House
4 Norfolk Park Road
Sheffield
South Yorkshire
S2 3QE

Vida Sheffield

Report of the Trustees
for the Year Ended 31 March 2024

Trustees

Marilyn Gregory - chair
Claire Sykes - Treasurer
Lucy Rodgers
Joanne Jackson
Chloe Cheeseman
Joe Curran

Company Secretary

Karen Hague MBE

Independent Examiner

C J Woodhead & Co Ltd
158 Hemper Lane
Greenhill
Sheffield
South Yorkshire
S8 7FE

Approved by order of the board of trustees on 8th November 2024 and signed on its behalf by:



.....

Claire Sykes - Treasurer - Trustee

Independent Examiner's Report to the Trustees of
Vida Sheffield

Independent examiner's report to the trustees of Vida Sheffield ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

However, the Trustees have noted on page 3 of their report, that unless multi-year funding can be obtained from key funders, the Charity will be unable to continue and will therefore announce its closure. Whilst acknowledging that such funding may still be found, the Trustees currently believe that this is unlikely and therefore the Charity would no longer be a going concern.



Christopher John Woodhead

C J Woodhead & Co Ltd
158 Hemper Lane
Greenhill
Sheffield
South Yorkshire
S8 7FE

Date: 8 November 2024

Vida Sheffield

Statement of Financial Activities
for the Year Ended 31 March 2024

	Notes	Unrestricted funds £	Restricted fund £	31.3.24 Total funds £	31.3.23 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		26,470	(1)	26,469	21,909
Charitable activities					
Lloyds Bank Foundation		-	17,589	17,589	32,573
SCC - Supporting People		-	-	-	35,000
Small Grants		-	33,000	33,000	15,600
National Lottery Community Fund		-	74,000	74,000	108,962
Investment income	3	68	-	68	86
Total		<u>26,538</u>	<u>124,588</u>	<u>151,126</u>	<u>214,130</u>
EXPENDITURE ON					
Charitable activities					
Salary		69,937	68,493	138,430	119,171
Pensions		9,492	4,921	14,413	14,630
Recruitment		-	14	14	99
Staffing costs		176	579	755	733
Travel		-	17	17	125
Rent, heat, light		10,000	11,500	21,500	17,914
Telephone		189	1,510	1,699	1,918
Equipment		107	-	107	-
Depreciation		-	3,816	3,816	4,696
Room Hire		-	-	-	720
Interpreters		-	1,071	1,071	611
Sundry		3,681	27	3,708	9,982
Insurance		-	1,429	1,429	1,352
Postage, Packaging and Stationery		130	1,062	1,192	527
Publicity & Copying		158	1,011	1,169	2,169
Subscriptions		440	656	1,096	1,250
Accountancy		-	1,404	1,404	1,308
Womens Group		-	3,731	3,731	5,733
Computer software & repairs		3,182	3,380	6,562	5,389
Staff training		-	-	-	440
Volunteer expenses		110	367	477	619
Consultants		-	20,875	20,875	22,730
Project Supervisors (Clinical Supervision)		-	795	795	1,283
Total		<u>97,602</u>	<u>126,658</u>	<u>224,260</u>	<u>213,399</u>
NET INCOME/(EXPENDITURE)		(71,064)	(2,070)	(73,134)	731

The notes form part of these financial statements

Vida Sheffield

Statement of Financial Activities
for the Year Ended 31 March 2024

	Notes	Unrestricted funds £	Restricted fund £	31.3.24 Total funds £	31.3.23 Total funds £
RECONCILIATION OF FUNDS					
Total funds brought forward		98,366	21,839	120,205	119,474
TOTAL FUNDS CARRIED FORWARD		<u>27,302</u>	<u>19,769</u>	<u>47,071</u>	<u>120,205</u>

The notes form part of these financial statements

Vida Sheffield

Balance Sheet
31 March 2024

	Notes	Unrestricted funds £	Restricted fund £	31.3.24 Total funds £	31.3.23 Total funds £
FIXED ASSETS					
Tangible assets	8	4,019	-	4,019	7,835
CURRENT ASSETS					
Cash at bank and in hand		25,051	19,769	44,820	146,368
CREDITORS					
Amounts falling due within one year	9	(1,768)	-	(1,768)	(33,998)
NET CURRENT ASSETS		<u>23,283</u>	<u>19,769</u>	<u>43,052</u>	<u>112,370</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>27,302</u>	<u>19,769</u>	<u>47,071</u>	<u>120,205</u>
NET ASSETS		<u>27,302</u>	<u>19,769</u>	<u>47,071</u>	<u>120,205</u>
FUNDS					
	10				
Unrestricted funds				27,302	98,366
Restricted funds				19,769	21,839
TOTAL FUNDS				<u>47,071</u>	<u>120,205</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

Vida Sheffield

Balance Sheet - continued
31 March 2024

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 8 November 24 and were signed on its behalf by:



.....
Claire Sykes - Treasurer - Trustee

The notes form part of these financial statements

Notes to the Financial Statements
for the Year Ended 31 March 2024

1. GRANTS RECEIVED

This year small grants amounted to £33,000. These included grants from Talbot Trust, Albert Hunt, Liz & Terry Bramall, Freshgate and Brelms Trust. In addition small grants were carried forward from 2022/23 from Westfield, Church Burgesses, Henry Bottom and J G Graves as noted below.

The balance of grants received from some funders in 2022/23 have been carried forward to 2023/24 and therefore they form part of the charity's income in the year ended 31 March 2024. These are Lloyds Bank Foundation: £17,589, and Small Grants £13,000.

All grants received in 2023/24 have been utilised and therefore no grants have been carried forward for use in 2024/25.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Costs are allocated to appropriate funds according to usage as determined by the Trustees.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 20% on reducing balance
Computer equipment	- 50% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

2. ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

3. INVESTMENT INCOME

	31.3.24	31.3.23
	£	£
Deposit account interest	68	86
	<u> </u>	<u> </u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.24	31.3.23
	£	£
Depreciation - owned assets	3,816	4,696
	<u> </u>	<u> </u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.24	31.3.23
Service providers	7	7
	<u>7</u>	<u>7</u>

No employees received emoluments in excess of £60,000.

No staff members were seconded from or provided by an agency during the year.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES TO 31ST MARCH 2022

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	21,209	700	21,909
Charitable activities			
Lloyds Bank Foundation	-	32,573	32,573
SCC - Supporting People	-	35,000	35,000
Small Grants	-	15,600	15,600
National Lottery Community Fund	-	108,962	108,962
Investment income	86	-	86
Total	<u>21,295</u>	<u>192,835</u>	<u>214,130</u>
EXPENDITURE ON			
Charitable activities			
Salary	8,779	110,392	119,171
Pensions	1,502	13,128	14,630
Recruitment	-	99	99
Staffing costs	-	733	733
Travel	-	125	125
Rent, heat, light	600	17,314	17,914
Telephone	227	1,691	1,918
Depreciation	-	4,696	4,696
Room Hire	-	720	720
Interpreters	-	611	611
Sundry	3,966	6,016	9,982
Insurance	-	1,352	1,352
Postage, Packaging and Stationery	-	527	527
Publicity & Copying	259	1,910	2,169
Subscriptions	111	1,139	1,250
Accountancy	-	1,308	1,308
Womens Group	5,702	31	5,733
Computer software & repairs	-	5,389	5,389

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES TO 31ST MARCH 2022 - continued

	Unrestricted funds £	Restricted fund £	Total funds £
Staff training	-	440	440
Volunteer expenses	-	619	619
Consultants	4,635	18,095	22,730
Project Supervisors (Clinical Supervision)	-	1,283	1,283
Total	<u>25,781</u>	<u>187,618</u>	<u>213,399</u>
NET INCOME/(EXPENDITURE)	(4,486)	5,217	731
RECONCILIATION OF FUNDS			
Total funds brought forward	102,852	16,622	119,474
TOTAL FUNDS CARRIED FORWARD	<u>98,366</u>	<u>21,839</u>	<u>120,205</u>

8. TANGIBLE FIXED ASSETS

	Plant and machinery £	Computer equipment £	Totals £
COST			
At 1 April 2023 and 31 March 2024	<u>19,847</u>	<u>21,860</u>	<u>41,707</u>
DEPRECIATION			
At 1 April 2023	19,451	14,421	33,872
Charge for year	98	3,718	3,816
At 31 March 2024	<u>19,549</u>	<u>18,139</u>	<u>37,688</u>
NET BOOK VALUE			
At 31 March 2024	<u>298</u>	<u>3,721</u>	<u>4,019</u>
At 31 March 2023	<u>396</u>	<u>7,439</u>	<u>7,835</u>

All items relating to fixed asset categories are capitalised irrespective of cost.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24	31.3.23
	£	£
Trade creditors	1,768	3,409
Deferred government grants	-	30,589
	<u>1,768</u>	<u>33,998</u>

10. MOVEMENT IN FUNDS

	At 1.4.23	Net movement in funds	At 31.3.24
	£	£	£
Unrestricted funds			
General fund	98,366	(71,064)	27,302
Restricted funds			
General fund	21,839	(2,070)	19,769
TOTAL FUNDS	<u>120,205</u>	<u>(73,134)</u>	<u>47,071</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	26,538	(97,602)	(71,064)
Restricted funds			
General fund	124,588	(126,658)	(2,070)
TOTAL FUNDS	<u>151,126</u>	<u>(224,260)</u>	<u>(73,134)</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	102,852	(4,486)	98,366
Restricted funds			
General fund	16,622	5,217	21,839
TOTAL FUNDS	<u>119,474</u>	<u>731</u>	<u>120,205</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	21,295	(25,781)	(4,486)
Restricted funds			
General fund	192,835	(187,618)	5,217
TOTAL FUNDS	<u>214,130</u>	<u>(213,399)</u>	<u>731</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	102,852	(75,550)	27,302
Restricted funds			
General fund	16,622	3,147	19,769
TOTAL FUNDS	<u>119,474</u>	<u>(72,403)</u>	<u>47,071</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

10. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	47,833	(123,383)	(75,550)
Restricted funds			
General fund	317,423	(314,276)	3,147
TOTAL FUNDS	<u>365,256</u>	<u>(437,659)</u>	<u>(72,403)</u>

11. RELATED PARTY DISCLOSURES

It should be noted that the charity receives some small donations from its Local Giving page. From time to time some of these donations may be from family members or friends of trustees or staff who work at the Charity. These are small in value in the context of the overall income of the charity (usually less than £50).

Vida Sheffield

Detailed Statement of Financial Activities
for the Year Ended 31 March 2024

	31.3.24 £	31.3.23 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	18,326	15,612
Other income	8,143	6,297
	<u>26,469</u>	<u>21,909</u>
Investment income		
Deposit account interest	68	86
Charitable activities		
Grants	124,589	192,135
	<u>151,126</u>	<u>214,130</u>
Total incoming resources		
	151,126	214,130
EXPENDITURE		
Charitable activities		
Staff and volunteer costs	174,981	158,107
Premises & equipment costs	27,122	25,248
Other costs	19,561	28,209
	<u>221,664</u>	<u>211,564</u>
Support costs		
Management		
Advertising	1,192	527
Governance costs		
Accountancy and legal fees	1,404	1,308
	<u>224,260</u>	<u>213,399</u>
Total resources expended		
	224,260	213,399
Net (expenditure)/income	<u>(73,134)</u>	<u>731</u>

This page does not form part of the statutory financial statements

VIDA SHEFFIELD

England & Wales - Charity number 1092661

Accounts

REGISTERED COMPANY NUMBER: 04405173 (England and Wales)
REGISTERED CHARITY NUMBER: 1092661

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2023
for
Vida Sheffield



C J Woodhead & Co Ltd
158 Hemper Lane
Greenhill
Sheffield
South Yorkshire
S8 7FE

Contents of the Financial Statements
for the Year Ended 31 March 2023

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Balance Sheet	11 to 12
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Chair's Report
for the Year Ended 31 March 2023

As Vida's chair I want to commend the work of both staff and volunteers in what has been a transition year from working in the very restricted conditions of the pandemic, to a more flexible way of working. During the pandemic, all one-to-one therapy and group work had to take place over zoom by necessity, but as society returned to normal again, staff realised that for some service users, working over zoom was still favourable, and therefore the option has been offered to service users who want to work in this way. This is an example of the ingenuity of a team of women who are totally committed to providing the best possible service they can for women and girls affected by domestic abuse. In addition, staff and volunteers have been inventive again in fundraising strategies, with the beginning of our Everest Challenge (to climb in relay the over 8,000 meters of Mount Everest with sponsorship), as well as the new online store where volunteers are selling clothes and accessories to raise funds. This is alongside the hard work of our CEO in making grant funding applications. Once again, I want to thank both staff and volunteers for their incredible commitment which is always second to none. I am very proud to be Vida's chair.

Marilyn Gregory - Chair

Report of the Trustees
for the Year Ended 31 March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Vida is a women's organisation with a proud 29 year history and a strong reputation in Sheffield. Our work is city-wide, and our community of interest are women and girls, from age 16, whose lives and mental health are affected by their experiences of abuse and trauma.

In the past we have delivered a range of domestic abuse services, but since 2015 we have focused our work on developing free and life-changing therapeutic services to support the longer term recovery and empowerment of women and girls who have experienced any form of abuse.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives & aims of the charity are:

To promote for the public benefit, and with a view to public protection and the preservation of order, the provision of services directed towards the prevention of domestic abuse and the relief and support of persons (and in particular women and children) who have suffered or are in danger of suffering abuse from perpetrators known to them; to advance the education of voluntary and statutory agencies and the public in all aspects of domestic abuse, its causes, remedies and prevention.

Vision: [what we want to achieve - see Strategic Plan 2021-25] To bring hope, recovery and resilience to every woman whose mental health is affected by abuse.

Mission: [how we will work to achieve our vision see Strategic Plan 2021-25] Vida will provide gender-sensitive, trauma-focused therapeutic services to women whose mental health and well-being are affected by past experiences of abuse.

Report of the Trustees
for the Year Ended 31 March 2023

OBJECTIVES AND ACTIVITIES

Activities - Vida's day to day activities include:

Eva Therapy Service: specialist trauma focused and gender sensitive therapy for women whose mental health is affected by their experiences of abuse and trauma: 1-1 therapy and innovative group work programmes, developed in response to the lived experiences of survivors;

Eva Peer Support Group: a fortnightly informal support group focused on craft activities and building relationships to help reduce the isolation of women survivors; longstanding members can also engage in their Women's Voices service user involvement group; our Vida website has a self-help page developed with members of Women's Voices.

Online sessions for individual and groups continued beyond the blended working approach offered during the Covid 19 Pandemic and these are now offered routinely as part of the service.

Partnership working and strategic influence: Vida are often looked to for a coordinating role in strategic work; we were lead partner in the Women & Girls Recovery & Empowerment Partnership [funded by a Big Lottery Women & Girls' Initiative grant]; we are committed to working with partners to share learning and resources. Staff routinely attend the WAVES, VAWG and DACT groups established in the sector for Sheffield and the Yorkshire region. There is representation from providers and the statutory sector including the Police and Crime Commissioners Office. The Charity contributed to a needs assessment carried out by the South Yorkshire Police & Crime Commissioner's office during 2022. It was highlighted that one of the four priorities 'Supporting Victims', that providers are impacted by short term funding which creates a lack of ability to sustain approaches and capability to develop services. Vida will continue to lobby alongside Womens Aid and others to improve this situation.

Vida Staff & Volunteers: during 2022-23 Vida's staff team consisted of 6 part-time staff [3.5 full time equivalents]. The service is managed by the CEO with over 25 years experience in the voluntary sector along with the Clinical Manager who is highly experienced in both private and NHS settings. Our therapy service is supported by an excellent team of 15-20 volunteer therapists and trainees on placement. Qualified Associate Therapist Practitioners also enable the delivery of the service and this can be scaled up or down depending on the funding available. Volunteer work is unpaid, and all volunteers are offered expenses.

Vida Management Committee includes 4 long standing Trustees and one newer member who is experienced in the field of DA. An additional member, appointed early 2023, had retired as a Senior Manager in the NHS Mood Anxiety Post traumatic Stress Psychotherapy Service (MAPPS). There is also a service user representation from Women's Voices to ensure Vida's users are properly heard.

Vida Service Delivery 2022-23

Beneficiaries: during the year 2022-23 we worked therapeutically with close to 240 beneficiaries, of which 200 engaged with our therapy service and 59 with the more informal peer support group.

The difference we make: our Eva Therapy Service clients give us consistently excellent feedback about the life-changing impact of their movement through the service pathway, which can take up to a year with waiting time. The outcomes and feedback from women engaging in both our peer support group and therapeutic group-work programmes show that they experience significant improvements in their mental health, self-worth, relationships and resilience to future harm.

Report of the Trustees
for the Year Ended 31 March 2023

OBJECTIVES AND ACTIVITIES

Training & Awareness: Vida have a strong track record in developing and delivering specialist training on issues related to domestic and sexual abuse. We continue to engage in campaigns to raise public and professional awareness, and work towards the culture change needed to reduce future levels of violence against women and girls.

The Trustees were very satisfied with the performance of the charity during the year to March 2023, in delivery and fundraising.

FINANCIAL REVIEW

Financial position

The accounts have been prepared to comply with current statutory requirements, the requirements of the charity's Memorandum & Articles of Association and the requirements of the Statement of Recommended Practice: Accounting and Reporting by Charities. The financial statements have been prepared on the going concern basis, as the Trustees take steps to reduce costs and maximise income.

Our services are funded through a number of charitable grants, sadly there was no funding during the financial year for the service through national or local government, including the Ministry of Justice. It seems that generic services, locally, offering therapy were favoured and Vida will continue to promote the need for specialist services. The charity is focussing on the opportunities for funding such services through the Domestic Abuse Commissioners Office and NHS mental health in general. The charity has a balanced budget for the coming year and has improved the level of unrestricted reserves to mitigate the risk associated with relying on grant funding.

Reserves policy

Vida's reserves policy states that the organisation should maintain reserves at a level equivalent to 3 months' operational costs and any financial liabilities of the organisation at that time, to bridge any funding gap following a rapid shortfall in the level of funding received.

The Trustees have established that from April 2023 the minimum level of reserves that must be retained to meet any financial obligations upon the closure of the Charity, excluding fixed assets, is £30,000. The actual level of reserves at 31st March 2023 was £120,205 (2022 - £119,474).

Going concern

The Trustees confirm that the level of the charity's reserves is equivalent to more than three months' expenditure in line with its stated Reserves Policy. They consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The charity has a fundraising strategy in place, and is actively fundraising, with no assumptions about fundraising income included in the budget and cash flow forecasts for 2023-24. The charity will continue to maintain vigorous cost control and to seek cost reductions where possible.

Report of the Trustees
for the Year Ended 31 March 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Vida is managed by a voluntary Management Committee of Trustees, with paid staff undertaking the work of the organisation and dealing with the day to day administration. The Management Committee meets at least 4 times per annum. Task groups which report to the Management Committee, meet in between as necessary. The Management Committee considers Quarterly Management Accounts, and the Trustees, staff team and service user representatives together agree the forward strategy for the organisation, set out in the Vida Strategic Plan and risk register, and policies and procedures are reviewed in a regular cycle.

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. The document is the Memorandum & Articles of Association of the charity.

Recruitment and appointment of new trustees

All members of the Management Committee are elected each year at the Annual General Meeting and members may be re-elected or re-appointed. Positions on the Management Committee are advertised externally, and appointed after informal interview. Some are reserved for specific specialist roles. The Charity must have a minimum of 3 trustees to be quorate but there are no restrictions upon the maximum number of trustees.

Induction and training of new trustees

The CEO is responsible for the induction of new Trustees and identifying additional training needs, in consultation with the Chair of the Management Committee.

The induction process for new Management Committee members involves the Chair, or another Committee member appointed by her, ensuring that copies of the documentation listed below is made available and explained to the new member:

- The Memorandum & Articles of Association
- Supporting documentation: Strategic Plan, Policies & Procedures etc.

Remuneration policy for key management personnel

Vida use local and national benchmarking against similar organisations and roles to ensure that salaries for key managers are fair and reflect the level of responsibility they hold.

Decisions and Authority

All decisions undertaken by trustees are minuted and they monitor the finance and funding matters through a subcommittee. Operational matters are delegated to staff and extraordinary expenditure of more than £500 is submitted to trustees for approval.

Related parties and relationships with other organisations

There are no related parties.

Report of the Trustees
for the Year Ended 31 March 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The Strategic Plan and risk register identify the strategic objectives, structure, activities, challenges, resources required and major risks to which the organisation is exposed. The risk register is approved by the Management Committee annually. It is the policy of the charity to maintain unrestricted funds, which are the free reserves of the charity, at a level that equates to approximately 3 months unrestricted expenditure. This provides sufficient funds to cover management and administration support costs and to respond to emergency applications for grants, should the need arise. Risk assessment and management is undertaken and recorded in relation to specific services delivered and in response to changes in legislation and funding available. The Finance Policy & Procedures outline those authorised to make payments, place orders and take other actions with financial consequences.

During the year to 31 March 2023, all major risks were reviewed, assessed and managed.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

04405173 (England and Wales)

Registered Charity number

1092661

Registered office

Knowle House
4 Norfolk Park Road
Sheffield
South Yorkshire
S2 3QE

Trustees

Marilyn Gregory - chair

Claire Sykes - Treasurer

Lucy Rodgers

Joanne Jackson

Michaela Rogers (resigned 14.3.23)

Chloe Cheeseman (appointed 14.3.23)

J Curran (appointed 14.3.23)

Company Secretary

Karen Hague MBE

Independent Examiner

C J Woodhead & Co Ltd

158 Hemper Lane

Greenhill

Sheffield

South Yorkshire

S8 7FE

Report of the Trustees
for the Year Ended 31 March 2023

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Trustees [who are also directors of Vida Sheffield for the purposes of company law] are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

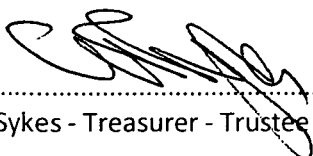
Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime of the Companies Act 2006.

Approved by order of the board of trustees on 15/4/23 and signed on its behalf by:


.....
Claire Sykes - Treasurer - Trustee

Independent Examiner's Report to the Trustees of
Vida Sheffield

Independent examiner's report to the trustees of Vida Sheffield ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

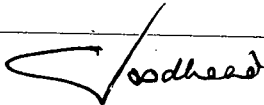
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Christopher John Woodhead

C J Woodhead & Co Ltd
158 Hemper Lane
Greenhill
Sheffield
South Yorkshire
S8 7FE

Date: 16.11.2023

Statement of Financial Activities
for the Year Ended 31 March 2023

	Notes	Unrestricted funds £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		21,209	700	21,909	42,867
Charitable activities					
Lloyds Bank Foundation		-	32,573	32,573	43,811
SCC - Supporting People		-	35,000	35,000	-
Small Grants		-	15,600	15,600	-
Peoples Health Trust		-	-	-	18,759
National Lottery Community Fund		-	108,962	108,962	84,220
MoJ - Police & Crime Commissioner		-	-	-	53,000
Other trading activities	3	-	-	-	1,246
Investment income	4	86	-	86	86
Total		21,295	192,835	214,130	243,989
EXPENDITURE ON					
Charitable activities					
Salary		8,779	110,392	119,171	117,127
Pensions		1,502	13,128	14,630	20,160
Recruitment		-	99	99	1,122
Staffing costs		-	733	733	685
Travel		-	125	125	135
Rent, heat, light		600	17,314	17,914	12,600
Telephone		227	1,691	1,918	1,805
Equipment		-	-	-	1,714
Depreciation		-	4,696	4,696	978
Room Hire		-	720	720	2,587
Interpreters		-	611	611	528
Sundry		3,966	6,016	9,982	4,316
Insurance		-	1,352	1,352	1,269
Postage, Packaging and Stationery		-	527	527	1,339
Publicity & Copying		259	1,910	2,169	2,749
Subscriptions		111	1,139	1,250	776
Accountancy		-	1,308	1,308	1,272
Womens Group		5,702	31	5,733	9,966
Computer software & repairs		-	5,389	5,389	6,347
Staff training		-	440	440	350
Volunteer expenses		-	619	619	458
Consultants		4,635	18,095	22,730	21,676
Project Supervisors (Clinical Supervision)		-	1,283	1,283	-
Total		25,781	187,618	213,399	209,959

The notes form part of these financial statements

Statement of Financial Activities
for the Year Ended 31 March 2023

	Notes	Unrestricted funds £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
NET INCOME/(EXPENDITURE)		(4,486)	5,217	731	34,030
RECONCILIATION OF FUNDS					
Total funds brought forward		102,852	16,622	119,474	85,444
TOTAL FUNDS CARRIED FORWARD		<u>98,366</u>	<u>21,839</u>	<u>120,205</u>	<u>119,474</u>

The notes form part of these financial statements

Balance Sheet
31 March 2023

	Notes	Unrestricted funds £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
FIXED ASSETS					
Tangible assets	9	7,835	-	7,835	1,378
CURRENT ASSETS					
Debtors	10	-	-	-	30,174
Cash at bank and in hand		124,529	21,839	146,368	154,903
		<u>124,529</u>	<u>21,839</u>	<u>146,368</u>	<u>185,077</u>
CREDITORS					
Amounts falling due within one year	11	(33,998)	-	(33,998)	(66,981)
		<u>90,531</u>	<u>21,839</u>	<u>112,370</u>	<u>118,096</u>
NET CURRENT ASSETS					
		<u>98,366</u>	<u>21,839</u>	<u>120,205</u>	<u>119,474</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>98,366</u>	<u>21,839</u>	<u>120,205</u>	<u>119,474</u>
NET ASSETS					
		<u>98,366</u>	<u>21,839</u>	<u>120,205</u>	<u>119,474</u>
FUNDS					
	12				
Unrestricted funds				98,366	102,852
Restricted funds				21,839	16,622
TOTAL FUNDS				<u>120,205</u>	<u>119,474</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

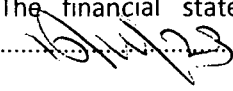
The trustees acknowledge their responsibilities for

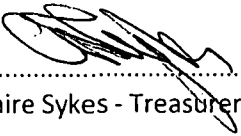
- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

Balance Sheet - continued
31 March 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on  and were signed on its behalf by:


.....
Claire Sykes - Treasurer - Trustee

Notes to the Financial Statements
for the Year Ended 31 March 2023

1. GRANTS RECEIVED

Last year no small grants were received. This year small grants amounted to £28,600. These included grants from Awards for All, Cloth Workers, Local Giving, Little Gems, Westfield Health, Church Burgesses, Henry Bottom and J G Graves Trust. The amount of each grant is shown on page 8.

The balance of grants received from some funders in 2022/23 have been carried forward to 2023/24 and therefore they do not form part of the charity's income in the year ended 31 March 2023. These are Lloyds Bank Foundation: £17,589 (2022:£14,579), and Small Grants £13,000 (2022: nil). No grants were carried forward this year for Lottery Community Fund: (2022:£14,962), Sheffield City Council (Covid Recovery) (2022: £35,000) and The Big Give (2022: £700)

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Costs are allocated to appropriate funds according to usage as determined by the Trustees.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 10% on reducing balance
Computer equipment	- 33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

2. ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

3. OTHER TRADING ACTIVITIES

	31.3.23	31.3.22
	£	£
Training fees	-	1,246
	<u> </u>	<u> </u>

4. INVESTMENT INCOME

	31.3.23	31.3.22
	£	£
Deposit account interest	86	86
	<u> </u>	<u> </u>

5. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.23	31.3.22
	£	£
Depreciation - owned assets	4,696	978
	<u> </u>	<u> </u>

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

7. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.23	31.3.22
Service providers	7	6
	<u>7</u>	<u>6</u>

No employees received emoluments in excess of £60,000.

No staff members were seconded from or provided by an agency during the year.

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES TO 31ST MARCH 2022

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	42,867	-	42,867
Charitable activities			
Lloyds Bank Foundation	-	43,811	43,811
Peoples Health Trust	-	18,759	18,759
National Lottery Community Fund	-	84,220	84,220
MoJ - Police & Crime Commissioner	-	53,000	53,000
Other trading activities	1,246	-	1,246
Investment income	86	-	86
Total	<u>44,199</u>	<u>199,790</u>	<u>243,989</u>
EXPENDITURE ON			
Charitable activities			
Salary	(989)	118,116	117,127
Pensions	3,319	16,841	20,160
Recruitment	-	1,122	1,122
Staffing costs	-	685	685
Travel	99	36	135
Rent, heat, light	-	12,600	12,600
Telephone	-	1,805	1,805
Equipment	1,714	-	1,714
Depreciation	-	978	978
Room Hire	-	2,587	2,587
Interpreters	-	528	528
Sundry	3,047	1,269	4,316
Insurance	-	1,269	1,269
Postage, Packaging and Stationery	-	1,339	1,339
Publicity & Copying	1,446	1,303	2,749
Subscriptions	96	680	776
Accountancy	-	1,272	1,272

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES TO 31ST MARCH 2022 - continued

	Unrestricted funds £	Restricted fund £	Total funds £
Womens Group	93	9,873	9,966
Computer software & repairs	-	6,347	6,347
Staff training	-	350	350
Volunteer expenses	-	458	458
Consultants	-	21,676	21,676
Total	<u>8,825</u>	<u>201,134</u>	<u>209,959</u>
NET INCOME/(EXPENDITURE)	35,374	(1,344)	34,030
RECONCILIATION OF FUNDS			
Total funds brought forward	67,478	17,966	85,444
TOTAL FUNDS CARRIED FORWARD	<u><u>102,852</u></u>	<u><u>16,622</u></u>	<u><u>119,474</u></u>

9. TANGIBLE FIXED ASSETS

	Plant and machinery £	Computer equipment £	Totals £
COST			
At 1 April 2022	19,847	10,707	30,554
Additions	-	11,153	11,153
At 31 March 2023	<u>19,847</u>	<u>21,860</u>	<u>41,707</u>
DEPRECIATION			
At 1 April 2022	19,353	9,823	29,176
Charge for year	98	4,598	4,696
At 31 March 2023	<u>19,451</u>	<u>14,421</u>	<u>33,872</u>
NET BOOK VALUE			
At 31 March 2023	<u><u>396</u></u>	<u><u>7,439</u></u>	<u><u>7,835</u></u>
At 31 March 2022	<u><u>494</u></u>	<u><u>884</u></u>	<u><u>1,378</u></u>

All items relating to fixed asset categories are capitalised irrespective of cost.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23	31.3.22
	£	£
Trade debtors	-	30,174
	<u> </u>	<u> </u>

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23	31.3.22
	£	£
Trade creditors	3,409	1,740
Deferred government grants	30,589	65,241
	<u> </u>	<u> </u>
	<u>33,998</u>	<u>66,981</u>

12. MOVEMENT IN FUNDS

	At 1.4.22	Net movement in funds	At 31.3.23
	£	£	£
Unrestricted funds			
General fund	102,852	(4,486)	98,366
Restricted funds			
General fund	16,622	5,217	21,839
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>119,474</u>	<u>731</u>	<u>120,205</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	21,295	(25,781)	(4,486)
Restricted funds			
General fund	192,835	(187,618)	5,217
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>214,130</u>	<u>(213,399)</u>	<u>731</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	67,478	35,374	102,852
Restricted funds			
General fund	17,966	(1,344)	16,622
TOTAL FUNDS	<u>85,444</u>	<u>34,030</u>	<u>119,474</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	44,199	(8,825)	35,374
Restricted funds			
General fund	199,790	(201,134)	(1,344)
TOTAL FUNDS	<u>243,989</u>	<u>(209,959)</u>	<u>34,030</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	67,478	30,888	98,366
Restricted funds			
General fund	17,966	3,873	21,839
TOTAL FUNDS	<u>85,444</u>	<u>34,761</u>	<u>120,205</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

12. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	65,494	(34,606)	30,888
Restricted funds			
General fund	392,625	(388,752)	3,873
TOTAL FUNDS	<u>458,119</u>	<u>(423,358)</u>	<u>34,761</u>

13. RELATED PARTY DISCLOSURES

It should be noted that the charity receives some small donations from its Local Giving page. From time to time some of these donations may be from family members or friends of trustees or staff who work at the Charity. These are small in value in the context of the overall income of the charity (usually less than £50).

Detailed Statement of Financial Activities
for the Year Ended 31 March 2023

	31.3.23 £	31.3.22 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	15,612	33,293
Other income	6,297	9,574
	<u>21,909</u>	<u>42,867</u>
Other trading activities		
Training fees	-	1,246
Investment income		
Deposit account interest	86	86
Charitable activities		
Grants	192,135	199,790
	<u>214,130</u>	<u>243,989</u>
Total incoming resources		
EXPENDITURE		
Charitable activities		
Staff and volunteer costs	158,107	161,362
Premises & equipment costs	25,248	19,684
Other costs	28,209	26,302
	<u>211,564</u>	<u>207,348</u>
Support costs		
Management		
Support costs	-	1,339
Advertising	527	-
	<u>527</u>	<u>1,339</u>
Governance costs		
Accountancy and legal fees	1,308	1,272
	<u>1,308</u>	<u>1,272</u>
Total resources expended	<u>213,399</u>	<u>209,959</u>
Net income	<u>731</u>	<u>34,030</u>

VIDA SHEFFIELD

England & Wales - Charity number 1092661

Accounts

REGISTERED COMPANY NUMBER: 04405173 (England and Wales)
REGISTERED CHARITY NUMBER: 1092661

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2022
for
Vida Sheffield

C J Woodhead & Co Ltd
158 Hemper Lane
Greenhill
Sheffield
South Yorkshire
S8 7FE

Contents of the Financial Statements
for the Year Ended 31 March 2022

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Report of the Trustees
for the Year Ended 31 March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Vida is a women's organisation with a proud 28 year history and a strong reputation in Sheffield. Our work is city-wide, and our community of interest are women and girls, from age 16, whose lives and mental health are affected by their experiences of abuse and trauma.

In the past we have delivered a range of domestic abuse services, but since 2015 we have focused our work on developing free and life-changing therapeutic services to support the longer term recovery and empowerment of women and girls who have experienced any form of abuse.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The original objectives & aims of the charity were:

To promote for the public benefit, and with a view to public protection and the preservation of order, the provision of services directed towards the prevention of domestic abuse and the relief and support of persons (and in particular women and children) who have suffered or are in danger of suffering abuse from perpetrators known to them; to advance the education of voluntary and statutory agencies and the public in all aspects of domestic abuse, its causes, remedies and prevention.

Vision: [what we want to achieve - see Strategic Plan 2021-25] To bring hope, recovery and resilience to every woman whose mental health is affected by abuse.

Mission: [how we will work to achieve our vision see Strategic Plan 2021-25] Vida will provide gender-sensitive, trauma-focused therapeutic services to women whose mental health and well-being are affected by past experiences of abuse.

Report of the Trustees
for the Year Ended 31 March 2022

OBJECTIVES AND ACTIVITIES

Activities - Vida's day to day activities include:

Eva Therapy Service: specialist trauma focused and gender sensitive therapy for women whose mental health is affected by their experiences of abuse and trauma: 1-1 therapy and innovative group work programmes, developed in response to the lived experiences of survivors;

Eva Peer Support Group: a fortnightly informal support group focused on craft activities and building relationships to help reduce the isolation of women survivors; longstanding members can also engage in their Women's Voices service user involvement group; our Vida website has a self-help page developed with members of Women's Voices;

Specialist training: Vida have a strong track record as a training provider, specialising in mental health impacts of abuse and coercive control, and promoting trauma informed responses.

Partnership working and strategic influence: Vida are often looked to for a coordinating role in strategic work; we were lead partner in the Women & Girls Recovery & Empowerment Partnership [funded by a Big Lottery Women & Girls' Initiative grant]; we are committed to working with partners to share learning and resources. Staff routinely attend the WAVES, VAWG and DACT groups established in the sector for Sheffield and the Yorkshire region. Representatives attend from the providers and the statutory sector including the Police and Crime Commissioners Office.

Vida Staff & Volunteers: during 2021-22 Vida's staff team consisted of 6 part-time staff [3.5 full time equivalents]. Trustees undertook an open recruitment process when the Director gave notice of her retirement and a CEO was appointed at 22.5 hours per week towards the end of 2021-22. Our therapy service is supported by an excellent team of 15-20 volunteer therapists and trainees on placement. Qualified Associate Therapist Practitioners also enable the delivery of the service and this can be scaled up or down depending on the funding available. Volunteer work is unpaid, but all volunteers are offered expenses.

Vida Management Committee includes 4 long standing Trustees and one newer member, and the place for a service user representative from Women's Voices is filled.

Vida Service Delivery 2021-22

Beneficiaries: during the year 2021-22 we worked therapeutically with close to 265 beneficiaries, of which 210 engaged with our therapy service and 55 with the more informal peer support group.

The difference we make: our Eva Therapy Service clients give us excellent feedback about the life-changing impact of their movement through the service pathway, which can take up to a year with waiting time. The outcomes and feedback from women engaging in both our peer support group and therapeutic group-work programmes show that they experience significant improvements in their mental health, self-worth, relationships and resilience to future harm. Progress is measured using quantitative tools designed to assess the mental health and emotional wellbeing of clients.

Training & Awareness: Vida have a strong track record in developing and delivering specialist training on issues related to domestic and sexual abuse. We continue to engage in campaigns to raise public and professional awareness, and work towards the culture change needed to reduce future levels of violence against women and girls.

The Trustees were very satisfied with the performance of the charity during the year to March 2022, in service delivery and fundraising.

Report of the Trustees
for the Year Ended 31 March 2022

FINANCIAL REVIEW

Financial position

The accounts have been prepared to comply with current statutory requirements, the requirements of the charity's Memorandum & Articles of Association and the requirements of the Statement of Recommended Practice: Accounting and Reporting by Charities. The financial statements have been prepared on the going concern basis, as the Trustees take steps to reduce costs and maximise income.

Our services are funded through a number of charitable grants and we were fortunate to benefit from multiple year funding due to COVID-19 and the emphasis the government placed on supporting violence against women and girls (VAWG). The charity has a balanced budget for the coming year and has improved the level of unrestricted reserves to mitigate the risk associated with relying on grant funding..

Reserves policy

Vida's reserves policy states that the organisation should maintain reserves at a level equivalent to 3 months' operational costs and any financial liabilities of the organisation at that time, to bridge any funding gap following a rapid shortfall in the level of funding received.

The Trustees have established that from April 2022 the minimum level of reserves that must be retained to meet any financial obligations upon the closure of the Charity, excluding fixed assets, is £30,000. The actual level of reserves at 31st March 2022 was £119,474 (2021 - £85,444).

Going concern

The Trustees confirm that the level of the charity's reserves is equivalent to more than three months' expenditure in line with its stated Reserves Policy. They consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The charity has a fundraising strategy in place, and is actively fundraising, with no assumptions about fundraising income included in the budget and cash flow forecasts for 2021-22. The charity will continue to maintain vigorous cost control and to seek cost reductions where possible.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Vida is managed by a voluntary Management Committee of Trustees, with paid staff undertaking the work of the organisation and dealing with the day to day administration. The Management Committee meets at least 6 times per annum. Task groups which report to the Management Committee, meet in between as necessary. The Management Committee considers Quarterly Management Accounts, and the Trustees, staff team and service user representatives together agree the forward strategy for the organisation, set out in the Vida Strategic Plan and risk register, and policies and procedures are reviewed in a regular cycle.

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. The document is the Memorandum & Articles of Association of the charity.

Recruitment and appointment of new trustees

All members of the Management Committee are elected each year at the Annual General Meeting and members may be re-elected or re-appointed. Positions on the Management Committee are advertised externally, and appointed after informal interview. Some are reserved for specific specialist roles. The Charity must have a minimum of 3 trustees to be quorate but there are no restrictions upon the maximum number of trustees.

Report of the Trustees
for the Year Ended 31 March 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Induction and training of new trustees

The CEO is responsible for the induction of new Trustees and identifying additional training needs, in consultation with the Chair of the Management Committee.

The induction process for new Management Committee members involves the Chair, or another Committee member appointed by her, ensuring that copies of the documentation listed below is made available and explained to the new member:

- The Memorandum & Articles of Association
- Supporting documentation: Strategic Plan, Policies & Procedures etc.

Remuneration policy for key management personnel

Vida use local and national benchmarking against similar organisations and roles to ensure that salaries for key managers are fair and reflect the level of responsibility they hold.

Decisions and Authority

All decisions undertaken by trustees are minuted and they monitor the finance and funding matters through a subcommittee. Operational matters are delegated to staff and extraordinary expenditure of more than £500 is submitted to trustees for approval.

Related parties and relationships with other organisations

There are no related parties.

Risk management

The Strategic Plan and risk register identify the strategic objectives, structure, activities, challenges, resources required and major risks to which the organisation is exposed. The risk register is approved by the Management Committee annually. It is the policy of the charity to maintain unrestricted funds, which are the free reserves of the charity, at a level that equates to approximately 3 months unrestricted expenditure. This provides sufficient funds to cover management and administration support costs and to respond to emergency applications for grants, should the need arise. Risk assessment and management is undertaken and recorded in relation to specific services delivered and in response to changes in legislation and funding available. The Finance Policy & Procedures outline those authorised to make payments, place orders and take other actions with financial consequences.

Report of the Trustees
for the Year Ended 31 March 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

During the year to 31 March 2022, all major risks were reviewed, assessed and managed.

Coronavirus Response

The Covid-19 pandemic impacted on the charity for a second year though there was a gradual transition to re-establishing face to face meetings in groups and individually adhering to the government guidance and testing. We found that our clients were inclined to meet in person since they have missed the contact. Online sessions continued and these are now offered routinely as part of the service - remote working enabled staff to be flexible which they valued. Staff and Trustees ensured that the risks were well managed during the pandemic and clients told us that they felt safe.

The Trustees are grateful to those funders who gave us support during this difficult phase to maintain our activities. Sadly, we were unable to meet all of the demand when we opened our waiting list to new referrals. This demonstrates an ongoing need for our service that supports survivors once they are living safely after the initial abuse and trauma.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
04405173 (England and Wales)

Registered Charity number
1092661

Registered office
Knowle House
4 Norfolk Park Road
Sheffield
South Yorkshire
S2 3QE

Trustees

Marilyn Gregory - chair
Claire Sykes - Treasurer
Elizabeth Lucas (resigned 15.4.21)
Lucy Rodgers
Joanne Jackson
Michaela Rogers (appointed 15.4.21)
Chloe Cheeseman (appointed 1.8.22)

Company Secretary
Karen Hague MBE

Independent Examiner
C J Woodhead & Co Ltd
158 Hemper Lane
Greenhill
Sheffield
South Yorkshire
S8 7FE

Report of the Trustees
for the Year Ended 31 March 2022

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Vida Sheffield for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Report of the Trustees
for the Year Ended 31 March 2022

STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued

The Trustees [who are also directors of Vida Sheffield for the purposes of company law] are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime of the Companies Act 2006.

Approved by order of the board of trustees on 20 September 2022 and signed on its behalf by:



Claire Sykes - Treasurer - Trustee

Independent Examiner's Report to the Trustees of
Vida Sheffield

Independent examiner's report to the trustees of Vida Sheffield ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Christopher John Woodhead
BA (Hons) FCA
C J Woodhead & Co Ltd
158 Hemper Lane
Greenhill
Sheffield
South Yorkshire
S8 7FE

Date: 29/9/22.....

Statement of Financial Activities
for the Year Ended 31 March 2022

	Notes	Unrestricted funds £	Restricted fund £	31.3.22 Total funds £	31.3.21 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		42,867	-	42,867	13,767
Charitable activities					
Lloyds Bank Foundation		-	43,811	43,811	31,825
Brelms Trust		-	-	-	5,000
Peoples Health Trust		-	18,759	18,759	-
National Lottery Community Fund		-	84,220	84,220	90,818
J G Graves Trust		-	-	-	2,000
The People's Health Trust		-	-	-	15,792
MoJ - Police & Crime Commissioner		-	53,000	53,000	31,756
Women's Aid Federation		-	-	-	10,350
Other trading activities	3	1,246	-	1,246	5,400
Investment income	4	86	-	86	75
Total		44,199	199,790	243,989	206,783
EXPENDITURE ON					
Charitable activities					
Salary		(989)	118,116	117,127	116,638
Pensions		3,319	16,841	20,160	11,306
Recruitment		-	1,122	1,122	-
Staffing costs		-	685	685	615
Travel		99	36	135	674
Rent, heat, light		-	12,600	12,600	12,600
Telephone		-	1,805	1,805	1,724
Equipment		1,714	-	1,714	5,807
Depreciation		-	978	978	978
Room Hire		-	2,587	2,587	-
Interpreters		-	528	528	-
Supervisors		-	-	-	750
Sundry		3,047	1,269	4,316	2,441
Insurance		-	1,269	1,269	877
Postage, Packaging and Stationery		-	1,339	1,339	1,646
Publicity & Copying		1,446	1,303	2,749	1,096
Subscriptions		96	680	776	351
Accountancy		-	1,272	1,272	1,224
Womens Group		93	9,873	9,966	12,918
Computer software & repairs		-	6,347	6,347	2,210
Staff training		-	350	350	302
Volunteer expenses		-	458	458	705
Consultants		-	21,676	21,676	13,185

The notes form part of these financial statements

Total

8,825

201,134

209,959

188,047

The notes form part of these financial statements

Statement of Financial Activities
for the Year Ended 31 March 2022

	Notes	Unrestricted funds £	Restricted fund £	31.3.22 Total funds £	31.3.21 Total funds £
NET INCOME/(EXPENDITURE)		35,374	(1,344)	34,030	18,736
RECONCILIATION OF FUNDS					
Total funds brought forward		67,478	17,966	85,444	66,708
TOTAL FUNDS CARRIED FORWARD		<u>102,852</u>	<u>16,622</u>	<u>119,474</u>	<u>85,444</u>

The notes form part of these financial statements

Balance Sheet
31 March 2022

	Notes	Unrestricted funds £	Restricted fund £	31.3.22 Total funds £	31.3.21 Total funds £
FIXED ASSETS					
Tangible assets	9	1,378	-	1,378	2,356
CURRENT ASSETS					
Debtors	10	30,174	-	30,174	2,211
Cash at bank and in hand		<u>138,281</u>	<u>16,622</u>	<u>154,903</u>	<u>122,921</u>
		168,455	16,622	185,077	125,132
CREDITORS					
Amounts falling due within one year	11	(66,981)	-	(66,981)	(42,044)
NET CURRENT ASSETS					
		<u>101,474</u>	<u>16,622</u>	<u>118,096</u>	<u>83,088</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>102,852</u>	<u>16,622</u>	<u>119,474</u>	<u>85,444</u>
NET ASSETS					
		<u>102,852</u>	<u>16,622</u>	<u>119,474</u>	<u>85,444</u>
FUNDS					
Unrestricted funds	12			102,852	67,478
Restricted funds				<u>16,622</u>	<u>17,966</u>
TOTAL FUNDS					
				<u>119,474</u>	<u>85,444</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

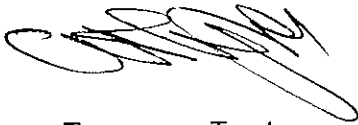
The notes form part of these financial statements

Vida Sheffield

Balance Sheet - continued
31 March 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20 September 2022 and were signed on its behalf by:

A handwritten signature in black ink, appearing to read 'Claire Sykes', written in a cursive style.

Claire Sykes - Treasurer - Trustee

The notes form part of these financial statements

Notes to the Financial Statements
for the Year Ended 31 March 2022

1. GRANTS RECEIVED

Last year small grants amounting to £7,000 were received from Brelms Trust and J G Graves Trust. No small grants were received this year. The amount of each grant is shown on page 7.

The balance of grants received from some funders in 2021/22 have been carried forward to 2022/23 and therefore they do not form part of the charity's income in the year ended 31 March 2022. These are Lottery Community Fund £14,962 (2021 - nil), Lloyds Bank Foundation: (2021:£28,389), Sheffield City Council £35,000 (2021 - nil) and The Big Give £700. No grants were carried forward this year for Peoples Health Trust: (2021:£2,599) and National Lottery Community Fund: (2021:£9,182).

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Costs are allocated to appropriate funds according to usage as determined by the Trustees.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery - 10% on reducing balance
Computer equipment - 33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

2. ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

3. OTHER TRADING ACTIVITIES

	31.3.22	31.3.21
	£	£
Training fees	<u>1,246</u>	<u>5,400</u>

4. INVESTMENT INCOME

	31.3.22	31.3.21
	£	£
Deposit account interest	<u>86</u>	<u>75</u>

5. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.22	31.3.21
	£	£
Depreciation - owned assets	<u>978</u>	<u>978</u>

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

7. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.22	31.3.21
Service providers	<u>6</u>	<u>6</u>

No employees received emoluments in excess of £60,000.

No staff members were seconded from or provided by an agency during the year.

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES TO 31ST MARCH 2020

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	13,767	-	13,767
Charitable activities			
Lloyds Bank Foundation	-	31,825	31,825
Brelms Trust	5,000	-	5,000
National Lottery Community Fund	-	90,818	90,818
J G Graves Trust	2,000	-	2,000
The People's Health Trust	-	15,792	15,792
MoJ - Police & Crime Commissioner	-	31,756	31,756
Women's Aid Federation	-	10,350	10,350
Other trading activities	5,400	-	5,400
Investment income	<u>75</u>	<u>-</u>	<u>75</u>
Total	26,242	180,541	206,783
EXPENDITURE ON			
Charitable activities			
Salary	3,353	113,285	116,638
Pensions	65	11,241	11,306
Staffing costs	-	615	615
Travel	571	103	674
Rent, heat, light	3,150	9,450	12,600
Telephone	-	1,724	1,724
Equipment	415	5,392	5,807
Depreciation	-	978	978
Supervisors	-	750	750
Sundry	1,638	803	2,441
Insurance	-	877	877
Postage, Packaging and Stationery	-	1,646	1,646
Publicity & Copying	-	1,096	1,096
Subscriptions	96	255	351
Accountancy	-	1,224	1,224

Womens Group

- 12,918 12,918

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES TO 31ST MARCH 2020 - continued

	Unrestricted funds £	Restricted fund £	Total funds £
Computer software & repairs	23	2,187	2,210
Staff training	-	302	302
Volunteer expenses	-	705	705
Consultants	-	13,185	13,185
	<hr/>	<hr/>	<hr/>
Total	9,311	178,736	188,047
	<hr/>	<hr/>	<hr/>
NET INCOME	16,931	1,805	18,736
 RECONCILIATION OF FUNDS			
Total funds brought forward	50,547	16,161	66,708
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS CARRIED FORWARD	<u>67,478</u>	<u>17,966</u>	<u>85,444</u>

9. TANGIBLE FIXED ASSETS

	Plant and machinery £	Computer equipment £	Totals £
COST			
At 1 April 2021 and 31 March 2022	<u>19,847</u>	<u>10,707</u>	<u>30,554</u>
DEPRECIATION			
At 1 April 2021	19,255	8,943	28,198
Charge for year	<u>98</u>	<u>880</u>	<u>978</u>
At 31 March 2022	<u>19,353</u>	<u>9,823</u>	<u>29,176</u>
NET BOOK VALUE			
At 31 March 2022	<u>494</u>	<u>884</u>	<u>1,378</u>
At 31 March 2021	<u>592</u>	<u>1,764</u>	<u>2,356</u>

All items relating to fixed asset categories are capitalised irrespective of cost.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		31.3.22	31.3.21
		£	£
Trade debtors		<u>30,174</u>	<u>2,211</u>
11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		31.3.22	31.3.21
		£	£
Trade creditors		1,740	42,044
Deferred government grants		<u>65,241</u>	<u>-</u>
		<u>66,981</u>	<u>42,044</u>
12. MOVEMENT IN FUNDS			
	At 1.4.21	Net movement	At
	£	in funds	31.3.22
		£	£
Unrestricted funds			
General fund	67,478	35,374	102,852
Restricted funds			
General fund	17,966	(1,344)	16,622
	<u>85,444</u>	<u>34,030</u>	<u>119,474</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	44,199	(8,825)	35,374
Restricted funds			
General fund	199,790	(201,134)	(1,344)
	<u>243,989</u>	<u>(209,959)</u>	<u>34,030</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

12. MOVEMENT IN FUNDS - continued**Comparatives for movement in funds**

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	50,547	16,931	67,478
Restricted funds			
General fund	16,161	1,805	17,966
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>66,708</u>	<u>18,736</u>	<u>85,444</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	26,242	(9,311)	16,931
Restricted funds			
General fund	180,541	(178,736)	1,805
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>206,783</u>	<u>(188,047)</u>	<u>18,736</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	50,547	52,305	102,852
Restricted funds			
General fund	16,161	461	16,622
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>66,708</u>	<u>52,766</u>	<u>119,474</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

12. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	70,441	(18,136)	52,305
Restricted funds			
General fund	380,331	(379,870)	461
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>450,772</u>	<u>(398,006)</u>	<u>52,766</u>

13. RELATED PARTY DISCLOSURES

It should be noted that the charity receives some small donations from its Local Giving page. From time to time some of these donations may be from family members or friends of trustees or staff who work at the Charity. These are small in value in the context of the overall income of the charity (usually less than £50).

Detailed Statement of Financial Activities
for the Year Ended 31 March 2022

	31.3.22 £	31.3.21 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	33,293	5,605
Other income	<u>9,574</u>	<u>8,162</u>
	42,867	13,767
Other trading activities		
Training fees	1,246	5,400
Investment income		
Deposit account interest	86	75
Charitable activities		
Grants	<u>199,790</u>	<u>187,541</u>
Total incoming resources	243,989	206,783
EXPENDITURE		
Charitable activities		
Staff and volunteer costs	161,362	129,938
Premises & equipment costs	19,684	21,109
Other costs	<u>26,302</u>	<u>34,130</u>
	207,348	185,177
Support costs		
Management		
Support costs	1,339	1,646
Governance costs		
Accountancy and legal fees	<u>1,272</u>	<u>1,224</u>
Total resources expended	<u>209,959</u>	<u>188,047</u>
Net income	<u><u>34,030</u></u>	<u><u>18,736</u></u>

This page does not form part of the statutory financial statements

VIDA SHEFFIELD

England & Wales - Charity number 1092661

Accounts

REGISTERED COMPANY NUMBER: 04405173 (England and Wales)
REGISTERED CHARITY NUMBER: 1092661

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2021
for
Vida Sheffield

C J Woodhead & Co Ltd
158 Hemper Lane
Greenhill
Sheffield
South Yorkshire
S8 7FE

Contents of the Financial Statements
for the Year Ended 31 March 2021

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Statement of Trustees' Responsibilities	6
Independent Examiner's Report	7
Statement of Financial Activities	8 to 9
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Notes to the Financial Statements	12 to 18
Detailed Statement of Financial Activities	19

Report of the Trustees
for the Year Ended 31 March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Vida is a women's organisation with a proud 27-year history and a strong reputation in Sheffield. Our work is city-wide, and our community of interest are women and girls, from age 16, whose lives and mental health are affected by their experiences of abuse and trauma. In the past we have delivered a range of domestic abuse services, but since 2015 we have focused our work on developing free and life-changing therapeutic services to support the longer term recovery and empowerment of women and girls who have experienced any form of abuse.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The original objectives & aims of the charity were:

To promote for the public benefit, and with a view to public protection and the preservation of order, the provision of services directed towards the prevention of domestic abuse and the relief and support of persons (and in particular women and children) who have suffered or are in danger of suffering abuse from perpetrators known to them; to advance the education of voluntary and statutory agencies and the public in all aspects of domestic abuse, its causes, remedies and prevention.

Early in 2021 Vida undertook a consultation process involving Trustees, staff, volunteer reps and service user reps to review the charity's vision, mission and strategic objectives. We have developed a new Strategic Plan for 2021-25 which includes a new set of strategic objectives and action planning to achieve them.

Vision: [what we want to achieve] To bring hope, recovery and resilience to every woman whose mental health is affected by abuse.

Mission: [how we will work to achieve our vision] Vida will provide gender-sensitive, trauma-focused therapeutic services to women whose mental health and well-being are affected by past experiences of abuse.

Report of the Trustees
for the Year Ended 31 March 2021

OBJECTIVES AND ACTIVITIES

Significant activities

Eva Therapy Service: specialist trauma focused and gender sensitive therapy for women whose mental health is affected by their experiences of abuse and trauma: 1-1 therapy and innovative group work programmes, developed in response to the lived experiences of survivors;

Eva Peer Support Group: a fortnightly informal support group focused on craft activities and building relationships to help reduce the isolation of women survivors; longstanding members can also engage in their Women's Voices service user involvement group; our Vida website has a self-help page developed with members of Women's Voices;

Specialist training: Vida have a strong track record as a training provider, specialising in mental health impacts of abuse and coercive control, and promoting trauma informed responses.

Partnership working and strategic influence: Vida are often looked to for a coordinating role in strategic work; we were lead partner in the Women & Girls Recovery & Empowerment Partnership [funded by a Big Lottery Women & Girls' Initiative grant]; we are committed to working with partners to share learning and resources.

Vida Staff & Volunteers: during 2020-21 Vida grew our staff team, thanks to additional Covid-related funding, to 6 part-time staff [3.5 full time equivalents]. We have always extended our therapy service by working with an excellent team of 15-20 volunteer therapists and trainees on placement. We have also used Covid funding to create a new sessional role of Associate Therapist to increase the capacity of the therapy service in the face of a surge in referrals as the lockdowns were eased - the Associates can be scaled up or down depending on funding available. Volunteer work is unpaid, but all volunteers are offered expenses.

Vida Management Committee includes 4 long standing Trustees and one newer member, and we have a reserved place for the service user representative from Women's Voices

Vida Service Delivery 2020-21

Beneficiaries: during the year 2020-21 we worked therapeutically with close to 250 beneficiaries, of which 200 engaged with our therapy service and 50 with the more informal peer support group.

The difference we make: our Eva Therapy Service clients give us excellent feedback about the life-changing impact of their movement through the service pathway, which can take up to a year with waiting time. The outcomes and feedback from women engaging in both our peer support group and therapeutic group-work programmes show that they experience significant improvements in their mental health, self-worth, relationships and resilience to future harm.

Training & Awareness: Vida have a strong track record in developing and delivering specialist training on issues related to domestic and sexual abuse. We continue to engage in campaigns to raise public and professional awareness, and work towards the culture change needed to reduce future levels of violence against women and girls.

The Trustees were very satisfied with the performance of the charity during the year to March 2021, in service delivery and fundraising.

Report of the Trustees
for the Year Ended 31 March 2021

FINANCIAL REVIEW

Financial position

The accounts have been prepared to comply with current statutory requirements, the requirements of the charity's Memorandum & Articles of Association and the requirements of the Statement of Recommended Practice: Accounting and Reporting by Charities. The financial statements have been prepared on the going concern basis, as the Trustees take steps to reduce costs and maximise income.

Our services are funded through a number of charitable grants and considerable fundraising activity took place during this financial year, including additional Covid related funding which enabled the charity to increase the capacity of our services. The charity has a balanced budget for the coming year and is looking at ways to improve the level of unrestricted reserves.

Reserves policy

Vida's reserves policy states that the organisation should maintain reserves at a level equivalent to 3 months' operational costs and any financial liabilities of the organisation at that time, to bridge any funding gap following a rapid shortfall in the level of funding received.

The Trustees have established that from April 2021 the minimum level of reserves that must be retained to meet any financial obligations upon the closure of the Charity, excluding fixed assets, is £30,000. The actual level of reserves at 31st March 2021 was £85,444 (2020 - £66,708).

Going concern

The Trustees confirm that the level of the charity's reserves is equivalent to more than three months' expenditure in line with its stated Reserves Policy. They consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. The charity has a fundraising strategy in place, and is actively fundraising, with no assumptions about fundraising income included in the budget and cash flow forecasts for 2021-22. The charity will continue to maintain vigorous cost control and to seek cost reductions where possible.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Vida is managed by a voluntary Management Committee of Trustees, with paid staff undertaking the work of the organisation and dealing with the day to day administration. The Management Committee meets at least 6 times per annum. Task groups which report to the Management Committee, meet in between as necessary. The Management Committee considers Quarterly Management Accounts, and the Trustees, staff team and service user representatives together agree the forward strategy for the organisation, set out in the Vida Strategic Plan and risk register, and policies and procedures are reviewed in a regular cycle.

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. The document is the Memorandum & Articles of Association of the charity.

Recruitment and appointment of new trustees

All members of the Management Committee are elected each year at the Annual General Meeting and members may be re-elected or re-appointed. Positions on the Management Committee are advertised externally, and appointed after informal interview. Some are reserved for specific specialist roles. The Charity must have a minimum of 3 trustees to be quorate but there are no restrictions upon the maximum number of trustees.

Report of the Trustees
for the Year Ended 31 March 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Induction and training of new trustees

The Director/CEO is responsible for the induction of new Trustees and identifying additional training needs, in consultation with the Chair of the Management Committee.

The induction process for new Management Committee members involves the Chair, or another Committee member appointed by her, ensuring that copies of the documentation listed below is made available and explained to the new member:

" The Memorandum & Articles of Association.

" Supporting documentation: Strategic Plan, Policies & Procedures etc.

Key management remuneration

Vida use local and national benchmarking against similar organisations and roles to ensure that salaries for key managers are fair and reflect the level of responsibility they hold.

Wider network

All decisions other than those involving day to day transactions (of £500 or less) are submitted to the trustees for approval.

Related parties

There are no related parties.

Risk management

The Strategic Plan and risk register identify the strategic objectives, structure, activities, challenges, resources required and major risks to which the organisation is exposed. The risk register is approved by the Management Committee annually. It is the policy of the charity to maintain unrestricted funds, which are the free reserves of the charity, at a level that equates to approximately 3 months unrestricted expenditure. This provides sufficient funds to cover management and administration support costs and to respond to emergency applications for grants, should the need arise. Risk assessment and management is undertaken and recorded in relation to specific services delivered and in response to changes in legislation and funding available. The Finance Policy & Procedures outline those authorised to make payments, place orders and take other actions with financial consequences.

STRUCTURE, GOVERNANCE AND MANAGEMENT

During the year to 31 March 2021, all major risks were reviewed, assessed and managed. These included additional risks related to the coronavirus pandemic.

Coronavirus Response

The Covid-19 pandemic created an impact for the charity from an operational and governance perspective, with increased risks that required assessing, managing and monitoring to mitigate or minimise. IT systems required a rapid change to enable remote working, which the organisation had not previously adopted for all staff. Increased oversight from Trustees was needed during this period to ensure risks were understood and managed, with revisions to systems and business continuity plans to keep pace with the changes.

Vida Sheffield

Report of the Trustees
for the Year Ended 31 March 2021

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
04405173 (England and Wales)

Registered Charity number
1092661

Registered office
Knowle House
4 Norfolk Park Road
Sheffield
South Yorkshire
S2 3QE

Trustees

Marilyn Gregory - chair
Claire Sykes - Treasurer
Elizabeth Lucas (resigned 15.4.21)
Lucy Rodgers
Joanne Jackson
Michaela Rogers (appointed 15.4.21)

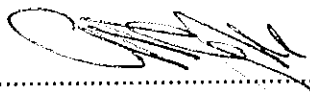
Company Secretary

Maureen Storey

Independent Examiner

C J Woodhead & Co Ltd
158 Hemper Lane
Greenhill
Sheffield
South Yorkshire
S8 7FE

Approved by order of the board of trustees on 20/12/2021 and signed on its behalf by:



.....
Claire Sykes - Treasurer - Trustee

Statement of Trustees' Responsibilities
for the Year Ended 31 March 2021

The trustees (who are also the directors of Vida Sheffield for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner's Report to the Trustees of
Vida Sheffield

Independent examiner's report to the trustees of Vida Sheffield ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

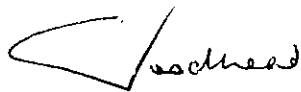
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Christopher John Woodhead
BA (Hons) FCA
C J Woodhead & Co Ltd
158 Hemper Lane
Greenhill
Sheffield
South Yorkshire
S8 7FE

Date: 20.12.21

Statement of Financial Activities
for the Year Ended 31 March 2021

	Notes	Unrestricted funds £	Restricted fund £	31.3.21 Total funds £	31.3.20 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		13,767	-	13,767	13,968
Charitable activities					
Lloyds Bank Foundation		-	31,825	31,825	19,406
Brelms Trust		5,000	-	5,000	-
Comic Relief Grant		-	-	-	40,000
The Big Lottery Grant		-	-	-	166,180
Santander Grant		-	-	-	2,800
Tesco's Bags of Help Grant		-	-	-	3,500
Lush Charity Pot Grant		-	-	-	763
Newmans Own Foundation		-	-	-	19,051
National Lottery Community Fund		-	90,818	90,818	-
J G Graves Trust		2,000	-	2,000	-
The People's Health Trust		-	15,792	15,792	1,363
MoJ - Police & Crime Commissioner		-	31,756	31,756	-
Women's Aid Federation		-	10,350	10,350	-
Other trading activities	3	5,400	-	5,400	567
Investment income	4	75	-	75	50
Total		26,242	180,541	206,783	267,648
EXPENDITURE ON					
Charitable activities					
Salary		3,353	113,285	116,638	88,262
Pensions		65	11,241	11,306	9,343
Recruitment		-	-	-	93
Training delivery		-	-	-	127
Staffing costs		-	615	615	523
Travel		571	103	674	90
Rent, heat, light		3,150	9,450	12,600	12,600
Telephone		-	1,724	1,724	1,608
Equipment		415	5,392	5,807	1,759
Depreciation		-	978	978	2,537
Room Hire		-	-	-	72
Interpreters		-	-	-	37
Supervisors		-	750	750	750
Sundry		1,638	803	2,441	2,149
Insurance		-	877	877	877
Postage, Packaging and Stationery		-	1,646	1,646	1,421
Publicity & Copying		-	1,096	1,096	1,767
Subscriptions		96	255	351	83
Accountancy		-	1,224	1,224	1,200
Womens Group		-	12,918	12,918	5,960
Computer software & repairs		23	2,187	2,210	974
Staff training		-	302	302	521

The notes form part of these financial statements

Statement of Financial Activities
for the Year Ended 31 March 2021

	Notes	Unrestricted funds £	Restricted fund £	31.3.21 Total funds £	31.3.20 Total funds £
Volunteer expenses		-	705	705	54
Consultants		-	13,185	13,185	2,993
The Big Lottery Grant - payments to WAGI partners		-	-	-	121,808
		<hr/>	<hr/>	<hr/>	<hr/>
Total		9,311	178,736	188,047	257,608
		<hr/>	<hr/>	<hr/>	<hr/>
NET INCOME		16,931	1,805	18,736	10,040
RECONCILIATION OF FUNDS					
Total funds brought forward		50,547	16,161	66,708	56,668
		<hr/>	<hr/>	<hr/>	<hr/>
TOTAL FUNDS CARRIED FORWARD		<u>67,478</u>	<u>17,966</u>	<u>85,444</u>	<u>66,708</u>

Balance Sheet
31 March 2021

	Notes	Unrestricted funds £	Restricted fund £	31.3.21 Total funds £	31.3.20 Total funds £
FIXED ASSETS					
Tangible assets	9	2,356	-	2,356	694
CURRENT ASSETS					
Debtors	10	2,211	-	2,211	14,006
Cash at bank and in hand		<u>104,955</u>	<u>17,966</u>	<u>122,921</u>	<u>83,819</u>
		107,166	17,966	125,132	97,825
CREDITORS					
Amounts falling due within one year	11	(42,044)	-	(42,044)	(31,811)
NET CURRENT ASSETS					
		<u>65,122</u>	<u>17,966</u>	<u>83,088</u>	<u>66,014</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>67,478</u>	<u>17,966</u>	<u>85,444</u>	<u>66,708</u>
NET ASSETS					
		<u>67,478</u>	<u>17,966</u>	<u>85,444</u>	<u>66,708</u>
FUNDS					
Unrestricted funds	12			67,478	50,547
Restricted funds				<u>17,966</u>	<u>16,161</u>
TOTAL FUNDS					
				<u>85,444</u>	<u>66,708</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for


- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

Vida Sheffield

Balance Sheet - continued
31 March 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on20.12.21..... and were signed on its behalf by:



.....
Claire Sykes - Treasurer - Trustee

The notes form part of these financial statements

Notes to the Financial Statements
for the Year Ended 31 March 2021

1. GRANTS RECEIVED

Small grants were received during the year amounting to £7,000 (2019/20: £0). This year the small grants were received from Brelms Trust and J G Graves Trust. The amount of each grant is shown on page 4.

The balance of grants received from some funders in 2020/21 have been carried forward to 2021/22 and therefore they do not form part of the charity's income in the year ended 31 March 2021. These are Lloyds Bank Foundation: £28,389, Peoples Health Trust: £2,599 and National Lottery Community Fund: £9,182.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Allocation and apportionment of costs

Costs are allocated to appropriate funds according to usage as determined by the Trustees.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery - 10% on reducing balance
Computer equipment - 33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

2. ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

3. OTHER TRADING ACTIVITIES

	31.3.21	31.3.20
	£	£
Training fees	<u>5,400</u>	<u>567</u>

4. INVESTMENT INCOME

	31.3.21	31.3.20
	£	£
Deposit account interest	<u>75</u>	<u>50</u>

5. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.21	31.3.20
	£	£
Depreciation - owned assets	<u>978</u>	<u>2,537</u>

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

7. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.21	31.3.20
Service providers	<u>6</u>	<u>6</u>

No employees received emoluments in excess of £60,000.

No staff members were seconded from or provided by an agency during the year.

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES TO 31ST MARCH 2020

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	13,968	-	13,968
Charitable activities			
Lloyds Bank Foundation	-	19,406	19,406
Comic Relief Grant	-	40,000	40,000
The Big Lottery Grant	-	166,180	166,180
Santander Grant	2,800	-	2,800
Tesco's Bags of Help Grant	3,500	-	3,500
Lush Charity Pot Grant	763	-	763
Newmans Own Foundation	19,051	-	19,051
The People's Health Trust	-	1,363	1,363
Other trading activities	567	-	567
Investment income	<u>50</u>	<u>-</u>	<u>50</u>
Total	40,699	226,949	267,648
EXPENDITURE ON			
Charitable activities			
Salary	14,525	73,737	88,262
Pensions	1,519	7,824	9,343
Recruitment	-	93	93
Training delivery	127	-	127
Staffing costs	-	523	523
Travel	7	83	90
Rent, heat, light	5,250	7,350	12,600
Telephone	209	1,399	1,608
Equipment	-	1,759	1,759
Depreciation	-	2,537	2,537
Room Hire	72	-	72
Interpreters	-	37	37
Supervisors	300	450	750
Sundry	1,371	778	2,149
Insurance	264	613	877

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

**8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES TO 31ST MARCH
2020 - continued**

	Unrestricted funds £	Restricted fund £	Total funds £
Postage, Packaging and Stationery	-	1,421	1,421
Publicity & Copying	1,082	685	1,767
Subscriptions	-	83	83
Accountancy	-	1,200	1,200
Womens Group	4,053	1,907	5,960
Computer software & repairs	-	974	974
Staff training	305	216	521
Volunteer expenses	-	54	54
Consultants	-	2,993	2,993
The Big Lottery Grant - payments to WAGI partners	-	121,808	121,808
	<hr/>	<hr/>	<hr/>
Total	29,084	228,524	257,608
	<hr/>	<hr/>	<hr/>
NET INCOME/(EXPENDITURE)	11,615	(1,575)	10,040
 RECONCILIATION OF FUNDS			
Total funds brought forward	38,932	17,736	56,668
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS CARRIED FORWARD	<u>50,547</u>	<u>16,161</u>	<u>66,708</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

9. TANGIBLE FIXED ASSETS

	Plant and machinery £	Computer equipment £	Totals £
COST			
At 1 April 2020	19,847	8,067	27,914
Additions	<u>-</u>	<u>2,640</u>	<u>2,640</u>
At 31 March 2021	<u>19,847</u>	<u>10,707</u>	<u>30,554</u>
DEPRECIATION			
At 1 April 2020	19,157	8,063	27,220
Charge for year	<u>98</u>	<u>880</u>	<u>978</u>
At 31 March 2021	<u>19,255</u>	<u>8,943</u>	<u>28,198</u>
NET BOOK VALUE			
At 31 March 2021	<u>592</u>	<u>1,764</u>	<u>2,356</u>
At 31 March 2020	<u>690</u>	<u>4</u>	<u>694</u>

All items relating to fixed asset categories are capitalised irrespective of cost.

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21	31.3.20
	£	£
Trade debtors	<u>2,211</u>	<u>14,006</u>

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21	31.3.20
	£	£
Trade creditors	<u>42,044</u>	<u>31,811</u>

12. MOVEMENT IN FUNDS

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	50,547	16,931	67,478
Restricted funds			
General fund	<u>16,161</u>	<u>1,805</u>	<u>17,966</u>
TOTAL FUNDS	<u>66,708</u>	<u>18,736</u>	<u>85,444</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

12. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	26,242	(9,311)	16,931
Restricted funds			
General fund	180,541	(178,736)	1,805
TOTAL FUNDS	<u>206,783</u>	<u>(188,047)</u>	<u>18,736</u>

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
Unrestricted funds			
General fund	38,932	11,615	50,547
Restricted funds			
General fund	17,736	(1,575)	16,161
TOTAL FUNDS	<u>56,668</u>	<u>10,040</u>	<u>66,708</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	40,699	(29,084)	11,615
Restricted funds			
General fund	226,949	(228,524)	(1,575)
TOTAL FUNDS	<u>267,648</u>	<u>(257,608)</u>	<u>10,040</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

12. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	38,932	28,546	67,478
Restricted funds			
General fund	17,736	230	17,966
TOTAL FUNDS	<u>56,668</u>	<u>28,776</u>	<u>85,444</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	66,941	(38,395)	28,546
Restricted funds			
General fund	407,490	(407,260)	230
TOTAL FUNDS	<u>474,431</u>	<u>(445,655)</u>	<u>28,776</u>

13. RELATED PARTY DISCLOSURES

It should be noted that the charity receives some small donations from its Local Giving page. From time to time some of these donations may be from family members or friends of trustees or staff who work at the Charity. These are small in value in the context of the overall income of the charity (usually less than £50).

Detailed Statement of Financial Activities
for the Year Ended 31 March 2021

	31.3.21 £	31.3.20 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	5,605	4,320
Other income	<u>8,162</u>	<u>9,648</u>
	13,767	13,968
Other trading activities		
Training fees	5,400	567
Investment income		
Deposit account interest	75	50
Charitable activities		
Grants	<u>187,541</u>	<u>253,063</u>
Total incoming resources	206,783	267,648
EXPENDITURE		
Charitable activities		
Staff and volunteer costs	129,938	98,492
Premises & equipment costs	21,109	18,576
Other costs	34,130	16,111
Grant to partners (Big Lottery Fund)	<u>-</u>	<u>121,808</u>
	185,177	254,987
Support costs		
Management		
Support costs	1,646	1,421
Governance costs		
Accountancy and legal fees	<u>1,224</u>	<u>1,200</u>
Total resources expended	<u>188,047</u>	<u>257,608</u>
Net income	<u>18,736</u>	<u>10,040</u>

