

Working to create lives  
without fear and free from  
abuse and violence

# ANNUAL REPORT

1<sup>ST</sup> April 2021 – 31<sup>st</sup> March 2022

East Surrey Domestic Abuse Services acronym ESDAS



## VISION

To work toward the eradication of domestic abuse and violence



## MISSION

To deliver domestic abuse support that serves the needs of survivors across East Surrey through individual outreach, community engagement and partnerships



## CORE VALUES

- Focus intently on the holistic recovery of all survivors including women, men, the LGBTQ+ community and minoritised groups and understand and fulfil their individual needs
- Tirelessly raise awareness of domestic abuse and its impact on communities
- Actively challenge injustice and discrimination
- Build rewarding and meaningful partnerships with corporate, public and third sector organisation

## LETTER FROM THE CHAIR OF THE BOARD

Recent years have been some of the most difficult in living memory and as the cost-of-living crisis continues to hit we expect to see a sustained and significant increase in referrals, and we know that the impact of the crisis directly impacts survivors' ability to free themselves from abuse. The effect on the level of referrals to us has been considerable and we experienced a 13% increase in contacts with survivors over the past year and a 22% increase in our liaison with other professionals to advocate for survivors.

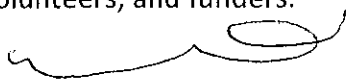
The Trustees are incredibly grateful and proud of the hard work, commitment, and empathy shown by every member of the ESDAS team, admirably led by our CEO Michelle, in responding to these unprecedented levels. They have shown great resilience and compassion supporting survivors and dealing with aftershock of the pandemic whilst experiencing, both professionally and personally, the impact of the cost-of-living crisis. On behalf of everyone on the Board Trustees I would like to send a heartfelt thank you to all staff and volunteers.

We were also able to meet these increased demands due to the continued success and strength of our partnerships across Surrey in particular our partnerships with our partner specialist domestic abuse services. Despite the challenges and increased demand across all services the partnership has delivered a high standard of care and compassion to survivors, developed new and much needed specialist services for survivors.

During the year there have been some changes to the Trustee Board. We have added legal and governance expertise with the welcome addition of Jonathan Swain and Michael Maloney. Rebecca Berry has joined bringing her extensive safeguarding knowledge to the Board. Charlotte Matier has provided invaluable charitable fundraising and communications experience.

I joined the Board of Trustees in 2021 with a focus on marketing and communications and became Chair in 2022. I would like to take the opportunity to thank Nicole James for her support and dedication as Chair as she helped steer ESDAS through the pandemic. Finally, a huge thank you for the long-time support, dedication and hard work of Janet Hails who retired as Secretary to the Board of Trustees this year.

The challenges of recent years are not over, and we will continue to be aware of the extra risks and pressures survivors will experience. ESDAS is well positioned to continue to support and advocate for survivors with the dedication and commitment of our staff, volunteers, and funders.



Michelle Arnold  
Chair of the Board of Trustees

## LETTER FROM THE CHIEF EXECUTIVE

As I write this letter we, as a service and country, are still recovering from the impact of the global pandemic. The last two years has seen demand for our services grow more rapidly than ever before and the increasingly significant cost of living crisis continues to bear down on all of us. We know that women and in particular female survivors of domestic abuse have been disproportionately impacted by the pandemic and emerging cost of living crisis. Existing inequalities are exacerbated by the current economic and social environment. Perpetrators of abuse continue to exploit these conditions as a means for further abuse and control.

More than ever, we need to ensure that services like ESDAS can reach out and meet the needs of those who need us the most, of those who feel not only invisible to services and support but also their communities. Perpetrators aim to limit a survivor's space for action and impinge upon their freedoms to achieve control and further increase survivors' entrapment.

The ESDAS staff and volunteer team have risen to the challenges we faced in the last few years. Their commitment, passion and resilience are inspiring. I would like to thank each of them for all they have done to ensure our services continue to thrive and develop in a way that meets survivors individual needs. When the work feels overwhelming and the injustice endless it is easy to think that the fight is helpless, but they continue to champion survivors' voices and advocate for their rights and needs each day.

We are grateful to our amazing specialist domestic abuse services partners who join us to amplify the voices of survivors. Each day they, like the ESDAS team, go above and beyond to create change on an individual and collective level.

We greatly appreciate the many people and organisations who support us with their time, goods and money. This support means that we can provide survivors with safe travel to refuges, food, self-care items and essentials they are otherwise deprived of. To our funders who continue to value the contributions made by local specialist services such as ESDAS, thank you. Your support and work mean that we continue to offer our vital core services whilst developing new essential services for survivors facing multiple disadvantages including stalking, mental ill health, and homelessness.

A special thanks to our Surrey Survivor Steering Group who compassionately and strongly guided by survivor Kerry, have created a safe space to explore experiences and challenged agencies in Surrey on culture and practice. Beyond the Steering Group we value and acknowledge the many survivors who have allowed us to amplify their voices so others can learn from their experiences.

In the coming year ESDAS will continue to push for cultural and practice change in Surrey and beyond. We welcome the increased focused on the behaviour of perpetrators with the promise of a Perpetrator Strategy. However, we want to see a true shift in focus from the dominant victim blaming narratives we see to ones that centre on the perpetrator and their behaviour as the cause of harm to survivors and children.

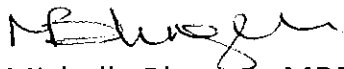
We welcome the Domestic Abuse Act 2022 and commit to working with partners to realise the full potential of the Act but will continue to highlight its shortcomings. Most notably the lack of commitment and protection for victims and survivors of domestic abuse with insecure immigration status who still face significant barriers to accessing the support and protection they vitally need.

It continues to be the greatest privilege of my life to lead ESDAS and provide services for survivors of domestic abuse. Although I wish our services were not needed, I am forever grateful to everyone involved in ensuring that we continue to be able to run these lifesaving services.

**Be kind and stay safe,**

Much love,

Michelle

A handwritten signature in black ink, appearing to read 'Michelle Blunsom', written in a cursive style.

Michelle Blunsom MBE, ESDAS Chief Executive Officer

## OUR VALUES AND PURPOSE

ESDAS is an independent charity delivering domestic abuse support that serves the needs of survivors and their children in the Borough of Reigate & Banstead and the Districts of Mole Valley and Tandridge through individual outreach, community engagement and partnerships.

We are the lead provider in the Surrey Domestic Abuse Partnership, funded by Surrey County Council, Surrey Police and Office of the Police & Crime Commissioner for Surrey to work with other service providers in the county to provide support to those experiencing or at risk of experiencing domestic abuse.

We have both paid staff and volunteers working for us. Day-to-day operations are led by our Management Team and overall governance is exercised through our Board of Trustees who are elected at our Annual General Meeting. Most importantly, those with lived experience of domestic abuse are central to our own service delivery and development and aid us in holding other agencies to account for their response to those experiencing abuse.

We are a needs-led, trauma informed service and our fundamental values are:

- to focus intently on the holistic recovery of all survivors of domestic abuse including women, children, men, the LGBTQ+ community and minoritised groups
- to understand and fulfil the individual needs of every survivor
- to tirelessly raise awareness of domestic abuse and its impact on our communities
- to actively challenge injustice and discrimination
- to build rewarding and meaningful partnerships with corporate, public and third sector organisations to achieve our purpose

Survivors deserve us championing their needs, acting as their voice where they can't and supporting them to live free from fear and abuse with the delivery of a service that is tailored to their needs.

Our funders and partners have the right to expect us to provide strong governance, leadership and competence, to be knowledgeable in our field, to operate with kindness, professionalism and integrity and deliver a high-quality service that makes a difference to society.

There is detailed information about the referrals and enquiries we received during the year later in this report illustrating how we have lived these values and strived to achieve our purpose to deliver a service that meets the requirements of our survivors, funders and partners.

## Our Promise

We believe that everyone has a right to live without fear and free from abuse and violence. We promise to:

- challenge injustice and discrimination
- challenge misconceptions, stigma and stereotypes around domestic abuse
- help to empower individuals to have a voice and reach their full potential
- respect and value an individual's right to make choices and decisions
- work with integrity, honesty and respect
- strive to be innovative and pro-active to meet individual needs in a changing world
- create and take advantage of opportunities to raise awareness of domestic abuse and promote healthy relationships
- actively promote equality and diversity

## Our Approach

We take an approach that is:

### **Holistic**

Our holistic approach understands and responds to individuals, considering their physical, mental, emotional and spiritual needs, and is able to understand the whole picture of an individual's experience.

### **Intersectional**

Our intersectional approach is one that understands and responds to an individual's intersecting identities and experiences; for example, considering interacting experiences of race, ethnicity, biological sex, sexuality, gender identity, disability, age, class, immigration status, nationality, indigeneity, and faith. This intersectional approach recognises that historic and ongoing experiences of discrimination will impact individuals and is at the heart of anti-discriminatory practice.

### **Person-centred**

Our person-centred approach places the individual at the centre of all decisions made and processes carried out. The individuals are seen as "equal partners in planning, developing and monitoring care to make sure it meets their needs" (Source: Health Innovation Network).

### **Trauma-informed**

Our trauma-informed approach is based on one that takes a "strengths-based framework that is grounded in an understanding of and responsiveness to the impact of trauma, that emphasises physical, psychological, and emotional safety for both providers and survivors, and that creates opportunities for survivors to rebuild a sense of control and empowerment" (Source: Hopper et al 2010) (Pathfinder Survivor Consultation, Standing Together et al, 2020).

## Summary of Our Year

This has been another challenging year for everyone at ESDAS, but we are proud of what we have achieved in this time. Following a 57% increase in contacts with survivors last year, we have seen a further rise of 13% on top of that this year.

Between 1st April 2021 and 31st March 2022:

- We received 2,958 adult referrals.
- We dealt with 21,210 contacts with survivors via emails, texts, face to face meetings, phone calls and video calls
- We worked with 549 survivors identified as High Risk by MARAC (Multi Agency Risk Assessment Conference).
- Our Sanctuary Scheme benefitted 66 survivors and 128 children.
- We worked with 23 children on a one-to-one basis with 8 receiving play therapy

In January 2022, we were very proud to pass stage one of the Women's Aid National Quality Standard accreditation for services supporting women and children.



We also held a Strategy Away Day allowing staff and trustees to come together and celebrate ESDAS' achievements and plan for our future. During the first quarter of 2021 – 22, our trustees, management and staff embarked upon a detailed strategic review and planning process, to define a clear plan for bringing together our strategic aims with a roadmap for meeting the changing needs of survivors and the wider communities we serve. This culminated in a Strategy Away Day allowing staff and trustees to come together and celebrate ESDAS' achievements and the publishing of our new Strategic Plan.

From this review, five fundamental Strategic Enablers became the focus of our performance and achievements this year:

### **1) increased community engagement**

This year we continued to increase awareness of the nature of all aspects of domestic abuse, including coercive control, in all the communities that we serve. Over the coming years we want to raise this awareness further and we are therefore recruiting a new Community Engagement and Volunteer Manager to progress this.



During the year, as well as our local services in East Surrey, we also continued our work at a national level, influencing policy and practice and raising awareness about domestic abuse and coercive control through contributions to television and radio programmes, national press articles, social media coverage and video blogs.

We are aware of the need to respond appropriately to under-represented communities (e.g., migrant women, disabled survivors, minoritised survivors, men and LGBTQ+ survivors). Locally, we became involved with the Gypsy, Roma and Traveller (GRT) Forum, the Whitebushes and Woodhatch Community Group and connected with the Surrey Minority Ethnic Forum.

We are designing an improved online and social media marketing and communications strategy that increases awareness of domestic abuse and the ESDAS and ensures that survivors know how to access our services.

We successfully secured funding for a LGBTQ+ specialist worker and a minoritized survivor outreach worker based within a partner organisation.

## **2) building more and stronger partnerships**

ESDAS continues to hold overall responsibility to Surrey County Council, Surrey Police and the OPCC for the provision of domestic abuse services across Surrey as lead provider of a partnership including Your Sanctuary, South West Surrey Domestic Abuse Service and North Surrey Domestic Abuse Service, collectively known as the Surrey Domestic Abuse Partnership (SDAP). Our CEO co-chairs the Domestic Abuse Management Board and represents SDAP on the Domestic Abuse Executive and the VAWG Executive.

We strongly believe in the value of a coordinated community response to domestic abuse and therefore engage with individuals, community groups, faith and voluntary sector partners, businesses and statutory services in order to reduce trauma and reach survivors where they are and in a way that meets their needs

We have seen our work with GPs prevent, identify and address domestic abuse at an earlier stage enabling appropriate interventions for survivors. We have secured funding to expand this partnership with local GPs further next year into Banstead.

We are proud to be piloting a two-year project to partner with our local acute hospital trust for the early identification and intervention of survivors attending hospital. One of our specialist trained outreach workers is based at the hospital supporting hospital staff and patients.

This year we have built on our relationships with the banking and finance community recognising the damage that financial abuse can cause for survivors and their families even after they have left an abusive relationship. We have formed a new partnership with PayPlan and delivered awareness sessions to Metro Bank.

Our new Young Person's Outreach service (16 – 24 year olds) has forged stronger links with local secondary schools and colleges to offer Healthy Relationships assemblies. We have also written training guidance for designated safeguarding leads for schools in Surrey.

For next year and beyond, we will increase our engagement with employers by offering training to support their domestic abuse response strategies. We will also offer open webinars and training to increase professional organisations' awareness of the nature, impact and appropriate responses to domestic abuse.

### **3) meeting the distinct needs of all survivors**

We recognise that survivors have distinct needs, including those based on age, sex, gender, ethnicity, sexual orientation, religion, mental health issues, drug or alcohol misuse, refugee and immigration status and ex-offenders.

We now have specialised outreach workers providing services tailored to survivors needs including a new Young Personal Outreach Worker (supporting young people aged 16 – 24), an Anti-Stalking Advocate and Mental Health and Complex Needs Outreach Workers.

Staff training has been expanded to cover Honour Based Abuse, Extra Familial Harm, Mental Health First Aid, Race Equality, Intersectionality and Trauma-Informed Care training.

We utilised technology to ensure that we reached as many members of the community as possible via channels that they want to use such as social media. We have adapted our outreach work to new social norms created because of the pandemic: using Zoom / MS Teams and WhatsApp / texts to allow us to be more flexible in the way support is delivered. We have made increasing use of telephone translations services particularly to support survivors identified by our Hospital IDVA.

We are proud to have supported the set up of a Surrey wide Survivor Steering Group who, as experts by experience, have carried out very valuable work as the voice of survivors. They have provided feedback on issues such as their experience of interacting with statutory agencies and with family courts and their views on the prevalence of serious financial and economic abuse. This work has already had an impact on domestic abuse services in Surrey and has been presented at the Domestic Abuse Executive and Early Help Partnership Meetings.

### **4) building a resilient organisation**

As a small independent charity that has grown substantially both last year and this, we are working to build our organisational resilience. Following the formalisation of our Strategic Plan and objectives, our internal communications strategy ensures that these guiding principles permeate all that we do at every level of the organisation with individuals' objectives set in line with the strategy.

We are aware that developing the leadership skills and specialist knowledge of all levels of management and staff is key to building organisational resilience and we are proud of the upskilling of our staff this year as they have undertaken a wide range of specialist training and qualifications. We have also continued our clinical therapeutic mentoring and counselling sessions to support staff, weekly staff wellness sessions and training in Sustaining Resilience at Work, and Healthy Coping Strategies for Compassion Fatigue.

To develop our financial sustainability, we are investing ongoing time and resources in fundraising to maximise funding opportunities. Sustaining our financial position remains a key challenge for ESDAS and the wider Surrey Domestic Abuse Partnership as it continues to achieve above and beyond for survivors.

#### **5) living our commitment to race equality**

ESDAS is committed to actively championing race equality in the wider community, as well as within our Board, staff and for our survivors.

We have signed up to the Race Equality Matters Magnificent Seven principles and the Violence Against Women and Girls anti-racism strategy. We have also joined the Black and Minoritised VAWG Improvement Group and have worked closely with the Surrey-wide specialist Black and Minoritised Women's Outreach worker.

Multi-agency working with specialist organisations (e.g. Southall Black Sisters and Turkish Women's Aid) has been effective in supporting staff to deliver racially and culturally sensitive services. We have successfully increased diversity amongst our staff team, trustees and the survivors that we reach this year and will continue to prioritise this next year.

#### **Public Benefit**

Our vision, purpose and promise are all founded in the principle of public benefit. Delivering our service, strategy and goals will benefit the public and we follow the Charity Commission's guidance on this.

Our work provides a clear and measurable benefit to those experiencing or fearing domestic abuse. The benefits to the wider society are significant and meaningful. Effective and prompt intervention at an early stage reduce the need for expensive interventions later.

**Our work promotes a society where people can live free from the fear of domestic abuse and where domestic abuse is unacceptable.**

## OUR YEAR AT A GLANCE



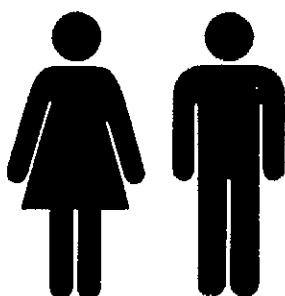
We handled **21,210** contacts with survivors compared to **18,785** in the previous year (**which was a 13% increase**)

We contacted other professionals **13,516** times to advocate for survivors compared to **11,069** times last year (**which was a 22% increase**)

We received **2,958 referrals** this year



We found that **81% of survivors** were classified as at either **high or medium risk of harm** compared to 75% last year



**95% of survivors were female** and 5% were male

# ADULT OUTREACH

Our community outreach service provides emotional and practical support to those experiencing domestic abuse who live or work in the boroughs of Reigate and Banstead, Tandridge and Mole Valley. We use a needs-led, strengths-based and trauma-informed approach to provide a safe space for survivors to talk about their experiences and understand what options are available to them. We believe that freedom is a fundamental need and right that should be enjoyed by all, this belief informs all our work.

Our clients are referred to us through a variety of agencies: the police, health professionals, children's centres and other statutory and voluntary agencies. Survivors also self-refer through our website and telephone helplines and we actively encourage friends and family to seek our support if they are concerned about a loved one.

During 2021/2022 we received 2,958 referrals and had 21,210 contacts with survivors (which represents an increase of 13% compared to the level of contact in the previous year). Although last year the service was partly delivered remotely because of the pandemic, this year we have been able to meet survivors face-to-face as well as continuing to support them by phone, video call, text and email where safe to do so.

*"I'm so truly grateful for your help and support"*  
*"Just knowing you were there made me feel safe"*  
*"A huge thank you for all you have done for me"*

We offer a wide range of services:

- Risk and needs assessments
- Safety planning
- One to one support and group work
- Emotional and practical support
- Advocacy
- Referral or signposting to other agencies
- Support through court (family or criminal)

We represented and advocated for clients at the MARAC (Multi Agency Risk Assessment Conference) 549 times during the year. This regular meeting brings together both statutory and voluntary agencies to discuss the highest risk survivors so that a safety plan can be created for them using the knowledge and resources of all the different agencies supporting the survivor.



# CHILDREN'S SERVICES

The aims of the children's service are to:

- build trusting relationships;
- develop social skills;
- provide opportunities for children to be listened to and guide them to express their emotions appropriately;
- help them to make sense of their experiences as part of their reparation process;
- build resilience to face life's adversities; and
- offer parenting support to the non-abusive parent to open-up communication to help rebuild relationships within the home.

The service is provided through two posts and focuses on listening to and acting on children's needs. The aims of the service are delivered through groupwork, one-to-one work and play therapy.

We ran the Children Overcoming Domestic Abuse programme for children alongside a mothers' group. 83% of the children reported an improvement in their emotional wellbeing and mental health. These groups were facilitated in collaboration with Welcare Children's Centre and a Primary School.

For one-to-one work, our staff trained as Healing Together practitioners to enable them to deliver the 6 weeks Healing Together programme as an initial intervention for children. This programme focuses on understanding the connection between trauma and body responses. From this, children were offered a variety of child-led work meeting their individual needs. This includes Drawing and Talking programme and engagement in activities to make sense of their experience and improve their emotional wellbeing.

23 children received one-to-one support and funds were raised to finance therapeutic Play Therapy sessions, with external counsellors, which were delivered to a further 8 children.

Furthermore, we have developed our service to offer family work to non-abusive parents. By providing a safe space to discuss the issues being faced and offering guidance and strategies, achievable goals are explored. This has empowered and validated their parenting role leading to improved confidence in managing challenging behaviour and understanding the impact of DA on them and their children. This has often involved working in partnership with internal and external services to provide holistic interventions and improved outcomes for the whole family.

ESDAS also connected with Children's Centres to provide a safe space to offer therapeutic intervention work when a school setting was not appropriate.

Specific achievements of the Children's Service during the year 2021-22 were:

- Directly supporting 35 individual children during the year through the Children's Service and 14 children (aged 7 – 11 years) and 9 mothers through the CODA group
- Holding 220 one-to-one sessions with children and young people via video calls, phone calls and some face-to-face in school settings.
- Holding 344 consultations with non-abusive parents, via video calls and phone calls, to advise on identified parenting issues and to understand children's needs from the child's perspective. These also included family sessions with siblings to explore dynamics in the home and the use of appropriate responses.

Our Children's Services advocated children's voices at professional network meetings (including at Case Conferences, Core Groups, Educational Review meetings and CAMHS) and advocated in relation to family court issues in particular child arrangement orders.

In addition, the Children's Service increased community engagement and built more and stronger partnerships by:

- delivering the revised online version of DA training 'Impact on Children and Parenting Capacity' to multiple agencies across Surrey
- delivering school assemblies to years 10 & 11 during the National 16 Days of Action Against Domestic Abuse and bespoke training to individual schools in relation to recognising and managing children's trauma responses
- raising awareness around information sharing and safeguarding in educational settings resulting in a guidance letter being issued by the Education Safeguarding Team to all Designated Safeguarding Leads in Surrey
- being part of the 3<sup>rd</sup> sector Safeguarding Network to offer increased awareness of all aspects of DA, including attending subgroups specifically recognising subject matter expertise
- being part of the Surrey Alliance Reference Group to offer increased awareness of all aspects of DA within the new Mindworks services. The included speaking at an online meeting of all their practitioners on the impact of domestic abuse and being able to recognise the subtle behaviours of coercive control
- holding sessions at the local police station with officers working in the Child Abuse Team to inform best practice about the impact of domestic abuse on children

## GROUP WORK

Following disruption to our group work programme during the pandemic, we have subsequently gone from strength to strength in terms of delivering groups to our clients this year. To ensure that we meet the distinct needs of survivors in our community who work full time, do not have childcare or cannot leave their home due to physical and / or mental health issues, we adapted our service to deliver our group work programme online as well as face-to-face, daytime and evening. This has given us the flexibility to enable more clients to access the programmes.

### Community Freedom Programmes

The Freedom Programme is a domestic abuse programme which was created by Pat Craven and evolved from her work with perpetrators of domestic abuse.

The Freedom Programme examines the roles played by attitudes and beliefs on the actions of abusive men and the responses of survivors. The aim is to help them to make sense of and understand what has happened to them, decrease isolation and self-blame and increase self-esteem. Four programmes were delivered to a total of 33 women. Two programmes were delivered online and two as face-to-face, 3 in the daytime and 1 in the evening.

*"Thank you so much, you have given me so much knowledge, strength and support.  
This is the start of a new way of thinking and living my life"*

### Fortnightly Drop-in Support Group

We have restarted our Drop-in Sessions. These continue to have a theme of well-being, covering topics such as sleep, stress, trauma, breathwork, meditation, self-esteem, as well as celebrating what has gone well and allowing time for the women to chat together. During the year, 22 sessions were delivered (6 face-to-face and 17 online) to a total of 22 women.

### The Recovery Toolkit

This is a 12-week programme, written by Sue Penna & Associates, designed to assist women affected by domestic abuse to develop positive lifestyle coping strategies and is designed along psycho-education lines including basic Cognitive Behavioural Therapy principles. It is aimed specifically at women who are separated from the perpetrator.

One programme was delivered online during the evening and was attended by 9 women. Once again feedback was excellent with the women bonding very well and starting a WhatsApp group to continue their friendships and support. Two of the women set up a buddy system with each other and now speak most days.



## Hope2Recovery

The Hope2Recovery Programme is a 6-week programme, written by the authors of the Recovery Toolkit, for any adult that is experiencing / or has experienced domestic abuse and is their first step towards Recovery.

The overall aims of the programme are to develop sufficient safety, trust and motivation in the individual to engage them, so they:

- Develop an understanding of the tactics that perpetrators of domestic abuse and coercive control use
- Develop a better understanding of the difference between healthy / unhealthy and abusive relationships.
- Develop a better understanding of their parenting role and the challenge of being a nurturing parent while in an abusive relationship
- Consolidate this learning to enable future life plans to be based on the safety of themselves and their children

This is a new programme for us, and we delivered a pilot group online and one further online group to a total of 12 women. It is proving to be a useful first-step programme for survivors.

*"The course was lovely and clear and has increased my insight. I realised how much more my son had been impacted and both of us are on a healing journey together"*

## Own My Life

This is a new 12-week programme written by Natalie Collins of the Women's Liberation Collective. It aims to educate and empower women who have been subjected to abuse to regain ownership of their own lives, to equip and resource practitioners with the most up to date research and understanding about male violence and to provide a replicable, easy to use resource for working with women.

The course uses multimedia content to explain complex concepts about trauma and abuse in easy-to-understand video clips, along with videos which evidence how popular culture reinforces or perpetuates: sexism, rape culture, violence, misogyny, disrespect in relationships and abusive behaviour.

This is a pilot course for ESDAS being delivered online during the daytime to 7 women. We are currently ¾ of the way through the course which is being received very well and feedback to date is very promising.

*"For myself it's a game changer, it has so much to look at and really carried you through, it really deals with everything. So, thank you."*

# VOLUNTEERS

As Covid lockdown restrictions have eased, volunteers have been able to restart face-to-face client support and to get more involved in a variety of volunteer roles again.

We have recruited and trained 12 new members for our volunteer team. Induction training has taken place both online and face-to-face, which has enabled the new team to get to know each other more easily. Currently we have a total of 28 volunteers, some of whom have specialist roles e.g., volunteer counsellors.

We are extending the role of Volunteer Manager to incorporate community engagement, to specifically focus on reaching and engaging with different groups within the local community and are currently in the process of recruiting for this enhanced role.

During the period of this annual report, volunteers gave just under 1,000 hours of their time.

Having to work within the constraints of the pandemic showed us that our service could be extended and enhanced by reaching out to clients in different ways. Hence our counselling service is now offered via telephone and video call, as well as face-to-face sessions.

Volunteers worked with 12 clients, offering 1:1 support programmes and befriending support, and extended the timings offered to include evenings & weekends. This has enabled working women and those clients who have no childcare, to access services in a way they couldn't previously.

Ad hoc support restarted with 10 clients being supported at a variety of appointments, including court support & sanctuary scheme assessments.

7 volunteers co-facilitated a total of 8 recovery groups of between 6-12 weeks' duration each and 22 wellbeing sessions over the year both online and face-to-face.

Volunteers have continued to support clients in financial need through deliveries from food banks and from our local "COOK" frozen food shop who donated a range of frozen meals.

Christmas was once again a particularly difficult time of year and volunteers stepped up to sort out the many donations we had kindly received from individuals, companies and local organisations. They delivered gifts and hampers to 26 clients and their families.

Volunteers have been out in the community at publicity events in Merstham, Tadworth and Redhill and 2 volunteers gave a talk at a Breakfast with Santa Event at a local church.

Volunteers also undertook a wide range of internal and external training as detailed in the staff and volunteers' section of this report. We are extremely indebted to the many volunteers who gave up their time to support others and whose input is so valuable to ESDAS.

## OTHER SERVICES

### Specialist Domestic Abuse Courts (SDAC)

The Surrey SDAC sits within the Co-ordinated Community Response to domestic abuse melding criminal justice, statutory and voluntary sector services and interventions into a holistic multiagency response that puts victims and their safety at the heart of the Criminal Justice System and holds perpetrators to account.

ESDAS continues to lead Surrey Domestic Abuse Partnership Independent Domestic Violence Advisers in delivering a survivor focused service at Guildford Magistrates Court. The aim of the IDVA service is to contribute to increased victim safety and satisfaction. This results in reductions in repeat victimisation, maintaining victim engagement with the criminal justice system and increasing future reporting and support for children at risk of harm.

In 2021 - 22 we continued to play a vital part in ensuring 336 survivors entering the SDAC as victims/witnesses were supported and protected appropriately. The key challenge to our IDVA service in 2021 - 22 has undoubtedly been the readjustment from virtual hearings and modified forms of communication due to Covid 19, to returning to hearings in person and re-establishing a more personalised service to both survivors and other professionals.

### Legal Advice Surgeries

ESDAS has continued to organise and facilitate valuable legal advice surgeries with family law solicitors who offer pro-bono advice to survivors in need of counsel. These sessions continue to run via telephone consultations, after switching from face-to-face meetings during the pandemic, to allow for greater flexibility and client coverage.

In addition to complying with COVID guidance, the telephone consultations continue to be invaluable for clients who are being monitored, or who are hampered by childcare and work commitments.

This pro-bono legal support includes reviewing survivors' court orders and forms, offering specific advice on the administration processes and information on general legal topics or position statements. This service is crucial for survivors who fall into the frequent and unjust cracks in the system that can prevent them from accessing Legal Aid particularly where they are or have been subjected to financial and economic abuse.

## Hospital Independent Domestic Violence Advisor (“HIDVA”)

An important new area of our work this year was providing a specialist domestic abuse support service at our local Sussex and Surrey Hospital (“SaSH”) after securing two-year funding for a pilot scheme. Since the launch of the scheme in May 2021, the HIDVA has already assisted over 525 survivors of domestic abuse identified at the hospital.

Domestic abuse has previously been missed in the healthcare setting and the role of the new HIDVA has been:

- to provide immediate empathic support and advice to those who come to hospital because of domestic abuse which can include physical assaults, poor mental health, substance misuse, attempted suicide, or self-harm
- to build a link for the survivor and their children to support they will need in the community to reduce the risk of harm and homicide when they are discharged
- to deliver expert training advice and support to hospital staff about domestic abuse to enable staff to ask patients about domestic abuse safely

This specialist HIDVA service provides emotional support, practical support and safety planning for survivors and builds a bridge to community support to ensure that they can access support services and remain safe after leaving the hospital. This can include liaising with police over bail conditions, engaging with housing and refuge providers and working with hospital and community mental health, drug and alcohol services. Since its launch, the HIDVA has seen survivors from both Sussex and Surrey with over 108 directly referred to ESDAS for ongoing outreach support.

*“They were supported by the HIDVA and the survivor pointed at the fact that the service was always respectful of her choices. She felt this was very new and empowering from her perspective.”*

To ensure appropriate staff training, the HIDVA provides specialist knowledge to staff covering the dynamics of domestic abuse, the relationship between domestic abuse and complex needs (including drug and alcohol, mental health, disabilities and pregnancy), how to ask about domestic abuse effectively and safely and how to respond to disclosures of abuse and assess risk.

*“The HIDVA provides a wealth of specialist knowledge to our multidisciplinary team and is an intrinsic part of SaSH’s dedication to ensuring the safety of our vulnerable clients”*

## Identification & Referral to Improve Safety (IRIS)

We have been delighted with the continued progress of IRIS East Surrey which has enabled us to increase our community engagement. Following the constraints imposed by the pandemic last year, the IRIS programme has been adapted this year to give clinicians, receptionists and administration staff at GP surgeries the option of receiving training in person or online.

This year 92 clinicians have been trained through the IRIS project with 16 clinicians completing both clinical 1 & 2 training. Reception and administration staff at six GP surgeries have completed training to better understand domestic abuse. Since the launch of IRIS in 2015, the number of clinicians trained is 391.

During 2021 - 22, we received 44 patient referrals which brings the total referrals to 302 since the project began. IRIS meets the needs of survivors in our community through being a direct referral pathway for clinicians referring patients and also offers long-term support according to patient needs and the safety of themselves and their children to facilitate improved wellbeing and positive mental health.

We have particularly strengthened our relationship with a local GP surgery which has made a commitment to join the IRIS project with training due to commence next year. We are also delighted to have been successful in receiving funding to develop partnerships with new surgeries in the Banstead area next year.

As part of our commitment to race equality and to meet the distinct needs of survivors in our community, our IRIS Advocate Educator has received training on Cultural Betrayal Trauma, raising awareness of the impact, accessibility, and barriers for some ethnic groups in receiving the help that they need. This understanding of potential barriers has been passed on in the training for clinicians.

*"As a GP we come into contact with a lot of professionals. The ESDAS advocator and team have been wonderful to work with. ESDAS is a true lifeline. It is also crucial to highlight how flexible the ESDAS team can be and what an asset this is especially over the last two years of the pandemic."*

## Counselling Service

Survivors are offered between 6 and 12 sessions by our two Service Counsellors and three volunteer Counsellors. During the year, clients were offered face-to-face counselling and continued accessing counselling via audio and video calls. We are still providing flexible times for clients including evening sessions if possible. In 2021 - 22, our Counselling Service saw 93 survivors over 1,116 sessions.

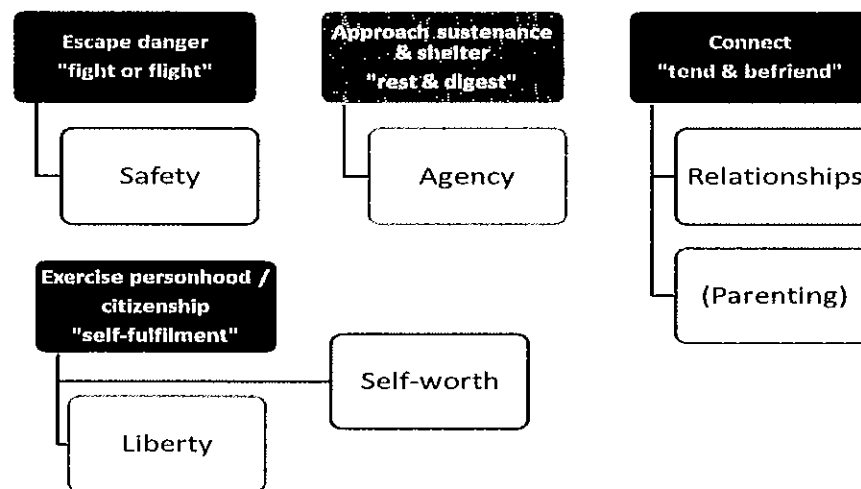
*"I'm feeling more positive and able to cope with tools learnt through counselling"*

## Surrey Survivors Steering Group

ESDAS works with a Survivor Steering Group ("SSG") which comprises those with lived experience of domestic abuse who meet regularly to provide a voice to the views of survivors on key issues that affect them.

The SSG have produced a "Framework of Human Needs" which will be adopted across Surrey's domestic abuse partnership.

### Framework of Human Needs



They have also set out clear guidance about what survivors deserve which is being circulated to statutory agencies to embed into their culture when considering how survivors should be supported.

### Survivors deserve:

- To be in control of our own lives
- To be treated as human
- To be treated with empathy
- To be believed
- To be listened to
- To have our own voice
- To have our voice heard
- To heal at our own speed
- To feel safe
- To be safe
- To be treated with respect
- To be treated with an understanding that we have experienced real trauma
- To be treated with an understanding that the impacts of trauma last
- To be treated without judgement

## The Sanctuary Scheme

This scheme is run in collaboration with Reigate & Banstead Borough Council, Mole Valley District Council, Tandridge District Council, Surrey Police, Raven Housing Trust and housing associations including Clarion, Transform, Mount Green and Guinness Trust to provide free security measures to high-risk survivors.

The scheme is fundamental in the prevention of homelessness and managing risk. This year 66 survivors and 128 children were helped by these measures which was a significant increase from the previous year due to escalating need. Security measures included new video doorbells, installing a sanctuary room, providing lock changes, additional locks to windows and doors, installation of alarms and security lighting.

## Staff and Volunteer Development & Well-Being

It is central to ESDAS' values to have a strong and robust commitment to the personal and professional development of paid staff and volunteers. Their wellbeing is equally as important; therefore, we channel self-care and a trauma-informed approach to the very core of our day-to-day work.

We strive to keep our team up to date with current issues and changes in legislation which affect our survivors and partner agencies which ensures we are offering the best level of support and guidance.

During the last financial year, the staff and volunteers have taken part in many internal and external training sessions which have contributed to their development and well-being, this included: Trauma-Informed Care training, Self-Care webinars, coaching for our senior staff members, trauma risk management training and sustaining resilience at work.

All staff receive clinical therapy sessions which are vital for their wellbeing due to the nature of the work that they deal with. These sessions offer them a safe space to reflect and offload the emotional pressures.

Upholding our commitment to race equality has also been a focal point of our work where we have joined the Joined Black and Minoritised VAWG Improvement Group, attended the Gypsy, Roma & Traveller Forum, made connections with the Surrey Ethnic Minority Group, participated in multi-agency work with specialist organisations such as Southall Black Sisters and Turkish Women's aid. We have also taken part in training with H.O.P.E who held various webinars ranging from FGM, Traveller communities, witchcraft and spiritual abuse as well as race equality and intersectionality training. Broadening our understanding of different communities has allowed us to offer a more informed service and intersectional approach.

Dealing with trauma and abuse is something we cannot underestimate and ESDAS is aware of the long-term effects the pandemic continues to have, therefore we have ensured to invest in both specific training and continuous encouragement of self-care in our work and personal lives. Our hard work and achievements this year is a testament to the bravery, strength and commitment of all our staff, volunteers and survivors.

## RAISING AWARENESS AND DELIVERING TRAINING

We are committed to raising awareness within the community about Domestic Abuse and its far-reaching impacts. We are using social media to continue to raise the public's understanding that domestic abuse can be controlling, coercive or threatening behaviour, as well as violence, is more widespread than many people realise and can happen to anyone of any gender, age, ethnicity, orientation or income.

We believe that with the right training for professionals, they can offer more appropriate support and interventions for survivors. Therefore, throughout 2021 - 22, we have continued our online delivery of training to professionals across Surrey. This has included courses such as:

- DA: Understanding Coercive Control and the Multi-agency Framework
- Legal Frameworks
- DA: Safely Engaging with Perpetrators
- DASH and MARAC Awareness Training
- DA: Impact on Children and Parenting Capacity
- DA: Dynamics Within the LGBTQ+ Population
- DA Matters

## FUNDRAISING

Despite lockdown restrictions last year limiting our fundraising activities, our staff, trustees, partner agencies and local community have been active in raising awareness and funds for ESDAS.

With an increasingly difficult financial climate, we are overwhelmed by the generosity of our supporters who have given both time and money to help us continue to provide services to survivors in need.

In 2021 - 22 we have been fortunate to receive numerous donations from individuals, community groups, organisations and charitable trusts as well as being beneficiaries of sponsored events such as marathons and campaigns through social media.

These contributions not only enable us to continue delivering vital services but, equally importantly, the awareness raising and community spirit essential in these efforts truly reflects the compassion and commitment shown by all involved.



Some examples of help that fundraising has enabled us to provide include:

- Removal costs for a families moving from emergency accommodation to a safer location and transport costs to refuges
- Security sensor lights and the purchase of ring doorbells which provide reassurance and additional safety.
- B&B emergency accommodation for survivors fleeing a perpetrator
- Essential items for children such as school shoes, uniform and books
- Supermarket vouchers for food and other essential items
- Make-up and skincare products from Tropic Skincare
- Christmas gifts for survivors and their children
- Items to aid in recovery and support through our Amazon wishlist

The trustees declare that they have approved the trustees' report above. Signed on behalf of the charity's trustees.



Michelle Arnold

Chair of the Board of Trustees

13<sup>th</sup> September 2022

Thank you to all our supporters below who through their generosity have enabled us to support so many survivors of domestic abuse. Our thanks also goes out to all our individual donors, local organisations and trust who make such a wonderful contribution to support our work.



# STRUCTURE, GOVERNANCE AND MANAGEMENT

## Governing Document

ESDAS is a charitable company limited by guarantee, incorporated in June 1998 and registered as a charity in 2002. The company was established under a Memorandum of Association and is governed under its Articles of Association. During the year, ESDAS passed a special resolution to update this governing document so that it reflected the importance to the charity of the involvement of survivors with lived experience in its governance and management.

The annual report of the trustees also constitutes the report of the directors under company law.

## Reference and Administrative Details

Charity Name	East Surrey Domestic Abuse Services – acronym ESDAS
Charity Number	1092643
Company Number	3585674
Principal Address & Registered Office	Redhill Chambers, 2D High Street, Redhill, RH1 1RJ
Telephone	01737 771350
Email	<a href="mailto:support@esdas.org.uk">support@esdas.org.uk</a>
Website	<a href="http://www.esdas.org.uk">www.esdas.org.uk</a>
Twitter/Instagram	@Esdas1
Directors / Trustees	Michelle Arnold - Chair (appointed 11 June 2021) Bryony Neale Ian Vinall Charlotte Matier (appointed 22 June 2021) Rebecca Berry (appointed 28 September 2021) Jonathan Swain (appointed 28 September 2021) Michael Moloney (appointed 28 September 2021) Olaakanwa Ugwu (appointed 15 November 2021, resigned 15 August 2022) Caroline Smith (appointed 11 July 2022) Joanna Jeffrey (resigned 15 May 2021) Janet Hails (resigned 15 December 2021) Nicole James (resigned 17 May 2022)
Consultant To Trustees	Kerry
Chief Executive	Michelle Blunsom MBE
External Examiner	David Wheeler F.C.C.A Cheeld Wheeler & Co Redhill Chambers, 2D High Street, Redhill, RH1 1RJ
Principal Bankers	Lloyds Bank plc, 1 London Road, Redhill, RH1 1ND

## Organisation Structure

The directors of the company are also charity trustees for the purposes of charity law and under the company's articles are known as members of the Management Committee. Members of the Management Committee are elected by members to serve for a period of three years after which they must be re-elected at the next AGM. In addition, one third of the places on the Management Committee should come up for election at each AGM. The Management Committee meets at least 8 times a year and is responsible for the strategic direction and policy of the organisation.

ESDAS has a Recruitment and Code of Conduct Policy and tries to ensure its Management Committee is representative of the community and survivors it serves and has the necessary skills mix to carry out its duties. We aim to have service user and volunteer participation.

All members of the Management Committee give their time voluntarily and receive no benefits from the charity.

ESDAS has a Board Induction Programme based on recommended good practice and supplemented by the distribution of relevant material appertaining to Management Committees and our activities.

Periodic individual skills analysis and Board self-assessment is undertaken, and all Committee members are kept informed of training courses which they may wish to access. Self-development is actively encouraged particularly on Governance training each year.

The Chief Executive and Finance Manager attend all Committee Meetings in a non-voting capacity and a scheme of delegation is in place for the post holder to assume day-to-day responsibility for the provision of services and meeting the monitoring and evaluation requirements of stakeholders. There are clearly established lines of accountability, support and supervision for all staff and volunteers. Those with lived experience also provide vital input as valued advisors to the Management Committee.

## Risk Management

A Risk Management Policy is in place and the Management Committee has assessed the major risks to which the charity is exposed and is satisfied that systems are in place to mitigate exposure to the major risks. In common with most charities, the loss of funding is always a significant risk. As a partner of choice for our statutory funders we remain totally committed to meeting the requirements of the funders in an effective and efficient manner with full accountability for the service that we provide and so reduce any risks to our future funding.

Internal risks are minimised through policies, procedures and training for financial controls and health and safety monitoring. ESDAS strives to achieve best practice in respect of its safeguarding responsibilities.

# FINANCIAL REVIEW

## FINANCIAL REVIEW OF THE YEAR

We continue to work with the Surrey DA Joint Commissioning Group to ensure that adult and child survivors receive the right services at the right time wherever they are in the county even with the rise in demand for our services during and following the pandemic. This group represents the Office of the Police & Crime Commissioner for Surrey (OPCC), Surrey County Council (SCC) and Surrey Police as main partners.

Last year we successfully secured vital COVID-19 support grants to enable us to continue to provide specialist DA Outreach services to survivors within East Surrey during the pandemic. This year, we were able to secure more long-term funding to replace those grants and strengthen our financial resilience. Our principal funding sources were Surrey County Council, Office of the Police & Crime Commissioner for Surrey, Surrey Police, Surrey County Council, Ministry of Justice, East Surrey NHS Heartlands Group, Community Foundation for Surrey, the local authorities of Reigate & Banstead, Tandridge and Mole Valley and the Lloyds Foundation for England & Wales.

With this financial support we expanded our services to more adults, children and young people in our communities than ever before and were able to provide an increased range of specialist services to young people.

Furthermore, Tandridge District Council and Reigate & Banstead Borough Council continue to support the innovative development and delivery of the Identification & Referral to Improve Safety (IRIS) scheme which provides us with an opportunity to work with GPs to assist survivors at the point of disclosure. Funding has been secured to expand this service further into the Reigate and Banstead area next year.

We are pleased that we have managed to maintain a successful and efficient service for our beneficiaries despite the challenges brought by the pandemic period. This was thanks to the funding outlined above and the generosity of numerous Trusts, Foundations and individuals. We are indebted to all those who support our work and not least individuals and local groups who have made donations for direct survivor support.

The net surplus for the year amounted to £72,537 (2021- £79,966) and as at the year end the charity held unrestricted funds of £353,538 (2021- £273,048) and restricted funds of £13,463 (2021 - £21,416). Further detail can be found on page 39.

### Investment Policy

The Management Committee has adopted a policy for the management of the Charity's funds which limits the amount placed with any one financial institution and further attempts to limit risk by seeking to place funds on deposit in a way which they feel is prudent in the prevailing economic climate.

The Charity's income is received by various payments in an uneven pattern over the financial year and careful management of the funds available ensures that whilst sufficient funds are always on hand to meet expected expenditure, further funds may always be withdrawn from deposit to cater for any unforeseen expenditure.

The return on funds held by ESDAS is determined by the very low rates of interest that are available; the charity has no plans to increase its return on funds by increasing the current level of risk or changing its current policies.

## Reserves Policy

ESDAS' Reserves Policy reflects the guidance of the Charity Commission. It is the policy of ESDAS that unrestricted funds which have not been designated for a specific use should aim to be maintained at or above a level of 3 months expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised or survivors assisted in finding alternative sources of support. This level of reserves is reviewed annually. Additionally, funds are held in reserve to cover contractual commitments in respect of lease commitments and potential staff redundancies.

## Financial Statements

Company law requires the Management Committee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year.

In preparing these financial statements, the management committee has followed best practice and: selected suitable accounting policies and applied them consistently, made judgements and estimates that are reasonable and prudent and prepared the financial statements on a going concern basis.

The Management Committee has been responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of ESDAS thereby enabling them to ensure that financial statements comply with the Companies Act 2006. The Committee has also been responsible for safeguarding the assets of ESDAS and taking reasonable steps for the prevention and detection of fraud and other irregularities.

The accountants Cheeld Wheeler & Co were re-appointed as the charitable company's independent examiners at the 2021 - 22 Annual General Meeting and have expressed their willingness to continue to act as the company's independent examiners.

# FINANCIAL ACCOUNTS

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF

### EAST SURREY DOMESTIC ABUSE SERVICES (ESDAS)

*For the Period 1st April 2021 to 31st March 2022*

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I report to the trustees on my examination of the accounts of the charitable company for the year ended 31<sup>st</sup> March 2022 which are set out on pages 32 to 42.

#### Responsibilities and basis of report

As the charity trustees (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act") and the Charities Act 2011 (the Act).

The charity's trustees consider that an audit is not required for this year under Part 16 of the 2006 Act and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Association of Chartered Certified Accountants.

I report in respect of my examination of the charitable company's accounts as required under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charities Commission under section 145(5)(b) of the Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. That accounts do not accord with those records
3. That accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than the requirement that the accounts give a "true and fair view" which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*David Wheeler*



David Wheeler F.C.C.A.  
Cheeld Wheeler & Co  
Chartered Certified Accountants  
Redhill Chambers  
2d High Street  
Redhill, Surrey  
RH1 1RJ

Date 13<sup>th</sup> September 2022

## EAST SURREY DOMESTIC ABUSE SERVICES (ESDAS)

### STATEMENT OF FINANCIAL ACTIVITIES (including Income and Expenditure Account) FOR THE YEAR ENDED 31<sup>st</sup> MARCH 2022

	Notes	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
<b>Income from:</b>					
Donations including gift aid	3	54,732	-	<b>54,732</b>	53,638
Charitable activities	2	55,412	692,611	<b>748,023</b>	656,892
Investment income	1.3	876	-	<b>876</b>	999
Other	2	10,656	-	<b>10,656</b>	9,790
<b>Total</b>		<b>121,676</b>	<b>692,611</b>	<b>814,287</b>	<b>721,319</b>
<b>Expenditure on:</b>					
Costs of generating funds	4	670	-	<b>670</b>	-
Charitable activities	4	40,516	700,564	<b>741,080</b>	641,353
<b>Total</b>	11	<b>41,186</b>	<b>700,564</b>	<b>741,750</b>	<b>641,353</b>
<b>Net income/(expenditure)</b>		<b>80,490</b>	<b>(7,953)</b>	<b>72,537</b>	<b>79,966</b>
Transfers between funds		-	-	-	-
<b>Net movement in funds</b>		<b>80,490</b>	<b>(7,953)</b>	<b>72,537</b>	<b>79,966</b>
<b>Reconciliation of funds:</b>					
Fund balances brought forward		273,048	21,416	<b>294,464</b>	214,498
<b>Fund balances carried forward at 31st March 2022</b>		<b>353,538</b>	<b>13,463</b>	<b>367,001</b>	<b>294,464</b>

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities



# EAST SURREY DOMESTIC ABUSE SERVICES (ESDAS)

**BALANCE SHEET**  
**AS AT 31st MARCH 2022**

Company registration No. 3585674

	Notes	2022 £	£	2021 £	£
<b>Current assets:</b>					
Debtors and prepayments	8	62,315		32,595	
Cash at bank and in hand		630,138		319,979	
<b>Total current assets</b>			<b>692,453</b>		<b>352,574</b>
<b>Liabilities:</b>					
Creditors: amounts falling due within one year		51,373		3,628	
Grants received in advance		274,079		54,482	
<b>Net current liabilities</b>	9		<b>325,452</b>		<b>58,110</b>
<b>Total net assets</b>			<b>367,001</b>		<b>294,464</b>
<b>The funds of the charity</b>					
<b>Restricted income funds</b>	10		<b>13,463</b>		<b>21,416</b>
<b>Unrestricted funds</b>	10				
Contingency reserve			351,840		270,840
General purposes fund			1,698		2,208
<b>Total charity funds</b>			<b>367,001</b>		<b>294,464</b>

The directors consider that the company is entitled to exemption from the requirement to have an audit under the provisions of section 477 of the Companies Act 2006 ("the Act") and have confirmed that no notice has been deposited under Section 476 of the Act. The directors have acknowledged their responsibilities for ensuring that the company keeps accounting records which comply with Section 386 of the Act and for preparing accounts which give a true and fair view of the company and of its profit for the year then ended in accordance with the requirements of Section 396 of the Act and which otherwise comply with the requirements of the Companies Act 2006 relating to the accounts, so far as applicable to the company.

The accounts are prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to smaller entities and were approved and authorised for issue by the management committee on 13<sup>th</sup> September 2022 and signed on its behalf by



**Bryony Neale**

Bryony Neale (Trustee & Finance Director)

# EAST SURREY DOMESTIC ABUSE SERVICES (ESDAS)

## CASH FLOW STATEMENT

FOR THE YEAR ENDED 31st MARCH 2022

	2022 £	2021 £
Cash flows from operating activities:	309,283	113,320
Net cash provided by (used in) operating activities		
Interest received	876	999
Change in cash and cash equivalents in the year	310,159	114,319
Cash and cash equivalents at the beginning of the year	319,979	205,660
Cash and cash equivalents at the end of the year	630,138	319,979

## Reconciliation of net income / (expenditure) to net cash flow from operating activities

	2022 £	2021 £
Net Income/(expenditure) for the year	72,537	79,966
Adjustments for:		
Interest received	(876)	(999)
Increase in debtors	(29,721)	(21,295)
Increase/(decrease) in grants in advance	219,598	54,482
Increase/(decrease) in creditors	47,745	1,166
Net cash provided by (used in) operating activities	309,283	113,320

# EAST SURREY DOMESTIC ABUSE SERVICES (ESDAS)

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st MARCH 2022

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### STATUTORY INFORMATION

The charitable company is registered in England and Wales as a company limited by guarantee. Its registered office is at Redhill Chambers, 2d High Street, Redhill, Surrey, RH1 1RJ. The registration numbers are shown on page 5.

#### **1 Accounting policies**

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding year.

##### **1.1 Basis of preparation**

The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with Financial Reporting Standard 102 (FRS 102) and the Companies Act 2006.

##### **1.2 Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.

Restricted funds are subject to restrictions on their expenditure imposed by the donor.

##### **1.3 Income**

Income is accounted for as and when received, with the exception of certain income which is recognised in the period specified by the donor.

Where it is clear that a donor has specified a grant to be related to a fixed period for a specified use, these funds will be treated as deferred income and released to the Statement of Financial Activities to match the related expenditure.

Investment income is included when receivable.

##### **1.4 Expenditure**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include accounting fees and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resource.

##### **1.5 Fixed assets**

Fixed assets are written off in the year of purchase.

##### **1.6 Public Benefit**

ESDAS is a public benefit entity whose objective is to provide services to specific members of the general public as set out in the Annual Report and does not operate to provide a financial return for its members.

# EAST SURREY DOMESTIC ABUSE SERVICES (ESDAS)

## NOTES TO THE ACCOUNTS - continued FOR THE YEAR ENDED 31st MARCH 2022

2	Income from charitable activities	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
	SCC SDAP Partnership Contract	-	196,596	196,596	196,596
	Ministry of Justice Core Grant	-	114,031	114,031	-
	Public Health complex needs grant	-	29,319	29,319	-
	Local Authority funding: Reigate & Banstead, Mole Valley and Tandridge	-	49,490	49,490	39,490
	SCC SDAP Contract - children's outreach	-	-	-	6,250
	Partner Link outreach grant	-	10,425	10,425	-
	Company of Actuaries Charitable Trust grant	-	5,000	5,000	12,850
	Sanctuary scheme grant	-	20,072	20,072	9,000
	SCC Hospital IDVA grant	-	46,919	46,919	-
	IRIS – RBBC and TDC	-	43,024	43,024	32,000
	NHS Surrey Heartlands Group grant	-	20,324	20,324	20,324
	OPCC counselling grant	-	18,500	18,500	-
	OPCC Stalking Advocate grant	-	22,030	22,030	-
	OPCC Domestic Homicide Review grant	-	4,558	4,558	-
	Community Foundation for Surrey (NHS Charities)	-	25,655	25,655	-
	Richmond Fellowship	-	3,126	3,126	3,126
	Lloyds Bank Foundation	-	30,128	30,128	27,104
	Change That Lasts	-	-	-	50,000
	Surrey Police HHPU grant	-	9,568	9,568	14,352
	Raven Brighter Futures Community grant	-	5,000	5,000	-
	Rotary Club Play Therapy grant	-	3,700	3,700	-
	RBBC Household Support grant	-	6,941	6,941	-
	Hobson Charity grant	-	7,000	7,000	-
	Postcode Community Trust	-	13,337	13,337	4,446
	Clothworkers Capital Emergency Programme	-	-	-	1,130
	Gatwick Airport Community Trust grant	-	3,690	3,690	-
	Tesco Community Trust grant	-	500	500	-
	Other specific use grants	-	3,678	3,678	2,643
	<i>Covid support grants:</i>				
	Ministry of Justice Covid support grant	-	-	-	110,908
	OPCC Covid support grant	-	-	-	25,836
	Community Foundation for Surrey Covid support grant	-	-	-	16,072
	Coronavirus Community Support Fund (The National Lottery Community Fund)	-	-	-	9,155
	MVDC COVID-19 Emergency Grant	-	-	-	5,000
	SCC Hardship Grant	-	-	-	11,203
	The Netherby Trust	-	-	-	10,000
	Other Charitable Trust Covid support grants	-	-	-	4,957
	Earned Income	55,412	-	55,412	44,449
		<u>55,412</u>	<u>692,611</u>	<u>748,023</u>	<u>656,892</u>

Other income of £10,656 (2021 - £9,790 is generated from fund raising activities).

# EAST SURREY DOMESTIC ABUSE SERVICES (ESDAS)

## NOTES TO THE ACCOUNTS - continued FOR THE YEAR ENDED 31st MARCH 2022

### 3 Donations

	Unrestricted funds	Restricted funds	Total 2022	Total 2021
	£	£	£	£
Donations including gift aid	54,532	-	54,532	53,638
Donations from related parties	200	-	200	-
	<u>54,732</u>	<u>-</u>	<u>54,732</u>	<u>53,638</u>

### 4 Expenditure

	Basis of Allocation	Charitable expenditure £	Governance £	Total 2022 £	Total 2021 £
<b>Costs directly allocated to activities</b>					
Salaries, NI and pension costs	Direct	363,665	-	363,665	358,599
Travelling and staff expenses	Staff time	5,362	-	5,362	7,239
Recruitment costs	Direct	1,350	-	1,350	495
Consultancy	Direct	56,419	-	56,419	6,324
Group work and volunteer expenses	Direct	3,815	-	3,815	3,813
Counselling & survivor groups	Direct	20,751	-	20,751	13,778
Client & family support	Direct	41,653	-	41,653	25,141
Children support	Direct	9,237	-	9,237	1,702
Training & supervision	Staff time	18,532	-	18,532	8,684
Examiner's fees	Direct	-	2,340	2,340	2,300
<b>Support costs allocated to activities</b>					
Premises costs	Floor space	36,557	-	36,557	36,871
Office based staff: Salaries, NI and pension costs	Direct	144,163	-	144,163	115,352
General running costs	Staff time	29,447	-	29,447	40,494
Office equipment	Direct	1,337	-	1,337	8,531
Project costs	Direct	6,452	-	6,452	5,350
		<u>738,740</u>	<u>2,340</u>	<u>741,080</u>	<u>641,353</u>
Cost of generating funds				670	-
<b>Total resources expended</b>				<u>741,750</u>	<u>641,353</u>

# EAST SURREY DOMESTIC ABUSE SERVICES (ESDAS)

## NOTES TO THE ACCOUNTS - continued FOR THE YEAR ENDED 31st MARCH 2022

### 5 Employees

#### Number of employees

The average monthly number of employees during the period was:

	2022 Number	2021 Number
Full Time Office based staff	1	1
Part time Office based staff	3	3
Full time Outreach staff	9	7
Part time Outreach staff	4	7
	<u>17</u>	<u>18</u>

#### Employee costs

	2022 £	2021 £
Salaries and wages	452,948	426,148
Employers National Insurance	41,318	36,100
Pension costs	13,561	11,703
	<u>507,827</u>	<u>473,951</u>

No employee received emoluments of more than £60,000 (2021 – nil).

ESDAS operates one pension scheme for its employees and administers contributions to a stakeholder pension scheme for one (2021 - one) member of staff. ESDAS makes the contributions required by the Government to the approved NEST scheme for all salaried employees unless they have opted out.

### 6 Trustee Remuneration and Related Party Transactions

None of the trustees received remuneration for running workshops for the organisation during the year (2021 - £nil).

No expenses including travel costs were reimbursed to members of the management committee in the year (2021 – £nil).

No trustees carried out fund raising activities but one donated monies of £200 to the charity during the year (2021 – £nil).

### 7 Taxation

As a charity, East Surrey Domestic Abuse Services is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

No tax charges have arisen in the charity (2021 - £nil).

# EAST SURREY DOMESTIC ABUSE SERVICES (ESDAS)

## NOTES TO THE ACCOUNTS - continued FOR THE YEAR ENDED 31st MARCH 2022

8	Debtors	2022 £	2021 £
	Debtors	19,934	12,967
	Prepayments and accrued income	42,381	10,239
		<u>62,315</u>	<u>23,206</u>

9	Creditors: amounts falling due within one year	2022 £	2021 £
	Trade creditors	42,000	1,097
	Accruals	9,373	2,531
	Grants received in advance	274,079	54,482
		<u>325,452</u>	<u>58,110</u>

During the year ESDAS acted as intermediary agent for three other Surrey DA Outreach Providers (Your Sanctuary, North Surrey Domestic Abuse Services and South West Surrey Domestic Abuse Services) and it:

- received funds amounting to £1,714,968 (2021 - £930,285),
- paid out funds of £1,317,678 (2021 - £694,093),
- charged lead provider fees of £35,931 (2021 - £18,459)

and owed £nil as at 31<sup>st</sup> March 2022 (2021 - £nil).

### 10 Summary of movement of funds during the year

	General funds £	Designated funds £	Restricted funds £	Total £
Balances at 1 April 2021	2,208	270,840	21,416	294,464
Movement in the year	<u>(510)</u>	<u>81,000</u>	<u>(7,953)</u>	<u>72,537</u>
<b>Balances at 31 March 2022</b>	<u>1,698</u>	<u>351,840</u>	<u>13,463</u>	<u>367,001</u>

# EAST SURREY DOMESTIC ABUSE SERVICES (ESDAS)

## NOTES TO THE ACCOUNTS - continued FOR THE YEAR ENDED 31st MARCH 2022

### 11 Movement of funds (detailed)

	Balance at 1 April 2021	Incoming resources	Resources expended	Transfers	Balance at 31 March 2022
	£	£	£	£	£
<b>Restricted funds</b>					
SCC SDAP Partnership Contract	-	196,596	(196,596)	-	-
Ministry of Justice Core Grant	-	114,031	(114,031)	-	-
Public Health Complex Needs grant	-	29,319	(29,319)	-	-
Local Authority grants (RBBC, MVDC, TDC)	-	49,490	(49,490)	-	-
Partner Link outreach	-	10,425	(10,425)	-	-
Company of Actuaries Charitable Trust	6,308	5,000	(11,308)	-	-
Sanctuary scheme	7,919	20,072	(24,559)	-	3,432
SCC Hospital IDVA	-	46,919	(46,919)	-	-
IRIS – RBBC and TDC	-	43,024	(43,024)	-	-
NHS Surrey Heartlands Group	-	20,324	(20,324)	-	-
OPCC counselling	-	18,500	(18,500)	-	-
OPCC Stalking Advocate	-	22,030	(22,030)	-	-
OPCC Domestic Homicide	-	4,558	(4,558)	-	-
Community Foundation for Surrey (NHS Charities)	-	25,655	(25,655)	-	-
Richmond Fellowship	-	3,126	(3,126)	-	-
Lloyds Bank Foundation	-	30,128	(30,128)	-	-
Surrey Police HHPU	-	9,568	(9,568)	-	-
Raven Brighter Futures	-	5,000	(2,065)	-	2,935
Rotary Club Play Therapy	-	3,700	(1,570)	-	2,130
RBBC Household Support	-	6,940	(6,940)	-	-
Hobson Charity	-	7,000	(4,089)	-	2,911
				-	-
Postcode Community Trust	-	13,337	(13,337)	-	-
Gatwick Airport Community Trust	-	3,690	(2,920)	-	770
				-	-
Other specific use grants	7,189	4,179	(10,109)	-	1,285
<b>Total restricted funds</b>	<b>21,416</b>	<b>692,611</b>	<b>(700,564)</b>	<b>-</b>	<b>13,463</b>
<b>Unrestricted funds</b>					
Contingency reserve	270,840	-	-	81,000	351,840
General purposes fund	2,208	121,676	(41,186)	(81,000)	1,698
<b>Total unrestricted funds</b>	<b>273,048</b>	<b>121,676</b>	<b>(41,186)</b>	<b>-</b>	<b>353,538</b>
<b>Total funds</b>	<b>294,464</b>	<b>814,287</b>	<b>(741,749)</b>	<b>-</b>	<b>367,001</b>



# EAST SURREY DOMESTIC ABUSE SERVICES (ESDAS)

## NOTES TO THE ACCOUNTS - continued FOR THE YEAR ENDED 31st MARCH 2022

### Analysis of funds

	Restricted £	Contingency £	General £	Total £
Debtors	61,902	-	413	62,315
Cash at bank	267,640	351,840	10,658	630,138
Creditors	(42,000)	-	(9,373)	(51,373)
Grants in advance	(274,079)	-	-	(274,079)
	<b>13,463</b>	<b>351,840</b>	<b>1,698</b>	<b>367,001</b>

### 12 Operating Lease Commitments

At 31<sup>st</sup> March 2022 the company had financial commitments under a non-cancellable operating lease of £41,514 (2021: £78,382) which represents the rent up to the lease expiry date.

### 13 Purposes of funds

#### *Purposes of Restricted Funds*

Surrey County Council funded the delivery of the specialist Multi Agency DA Training Framework.

The Ministry of Justice provided financial assistance to support the outreach service.

Public Health supported specialised outreach support to survivors with complex needs.

Reigate & Banstead Borough Council, Mole Valley District Council and Tandridge District Council continued to fund outreach services. They also provided funding for the Sanctuary Scheme to assist survivors who elect to stay in their own home.

A new service was funded by the OPCC through Intervention Alliance to provide the Partner Link support service.

The Company of Actuaries Charitable Trust supported ESDAS' volunteers project and outreach services.

ESDAS managed grants from Community Foundation for Surrey to increase our counselling capacity and support survivors who were presenting with mental health needs and the OPCC also provided a grant to support ESDAS' counselling services.

Reigate & Banstead Borough Council and Tandridge District Council and the OPCC funded the IRIS Advocate Educator to work with General Practitioners within their areas.

NHS Surrey Heartlands Group continued to provide funding for specialist mental health outreach services.

Surrey County Council funded a new service for an IDVA to be based at East Surrey Hospital for early intervention with survivors.

# EAST SURREY DOMESTIC ABUSE SERVICES (ESDAS)

## NOTES TO THE ACCOUNTS - continued FOR THE YEAR ENDED 31st MARCH 2022

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The Ministry of Justice financed the provision of new specialist outreach support for those experiencing stalking.

Funding from The Richmond Fellowship related to improving partnership working for those survivors experiencing mental ill health.

Lloyds Bank Foundation provided funding towards ESDAS core costs.

ESDAS was funded by Surrey Police to aid the High Harm Perpetrator Unit (HHPU) perpetrator work.

The Postcode Community Trust (People's Postcode Lottery) provided a grant to support ESDAS' group work project with survivors and their families.

Reigate and Banstead Borough Council provide a grant to be distributed to survivors in their area in financial hardship to assist them with utility cost and the cost of essential items.

The Hobson Charity provided a grant to assist survivors with the costs of moving to a new secure location and for essential household items and security improvements.

ESDAS received a grant from Raven Brighter Futures Community Trust to provide therapeutic play therapy for the children of survivors living in Raven Housing properties. Donations from local Rotary Clubs were given to support play therapy for children living the RH1 and RH2 postcodes.

The Gatwick Airport Community Trust provided grant funding towards group work projects for mothers and children to support their recovery from domestic abuse.

### *Purposes of Unrestricted Funds*

Donations made by members of the public and organisations which are not Restricted are held for specific use in assisting clients and their families and as such are not treated as general funds of the Services.

In accordance with the guidance of the Charity Commission, ESDAS maintains a Contingency Reserve to provide a resource so that in the event that all income ceased the Charity could administer its affairs in an orderly manner and continue to support existing clients for around 3 or more months. The reserve includes an allowance for the costs of staff redundancy and the charity's contractual commitment in respect of its lease. During the year, a transfer was made from general funds of £81,000 to the contingency reserve to reflect the increased potential liability arising from the increased service of the staff and the increase in full time staff numbers. The Contingency Reserve is deemed necessary due to the financial uncertainty caused by having to re-apply annually for the majority of the grant funding, and the decisions of that process only being known shortly before the beginning of the new financial year. It is essential not only for employees but for our vulnerable client group, whose lives and welfare could be endangered by the sudden curtailment of support.

# GLOSSARY

## ANNUAL REPORT GLOSSARY

<b>AGM</b>	Annual General Meeting
<b>AVA</b>	Against Violence & Abuse
<b>CAFCASS</b>	Children & Family Court Advisory & Support Service
<b>CAMHS</b>	Child & Adolescent Mental Health Services
<b>CMHRT</b>	Community Mental Health Recovery Teams
<b>CODA</b>	Children Overcoming Domestic Abuse
<b>DA</b>	Domestic Abuse
<b>DASH</b>	Domestic Abuse, Stalking, Harassment and Honour Based Violence Risk Assessment
<b>DV</b>	Domestic Violence (used by the Home Office to describe Domestic Abuse)
<b>DVDS</b>	Domestic Violence Disclosure Scheme
<b>DVPN</b>	Domestic Violence Protection Notice
<b>DVPO</b>	Domestic Violence Protection Order
<b>ESDAS</b>	East Surrey Domestic Abuse Services
<b>GP</b>	General Practitioner
<b>HIDVA</b>	Hospital Independent Domestic Violence Advisor
<b>HMIC</b>	Her Majesty's Inspectorate of Constabulary
<b>IDVA</b>	Independent Domestic Violence Advisor
<b>IRIS</b>	Identification & Referral to Improve Safety
<b>MARAC</b>	Multi-Agency Risk Assessment Conference
<b>OPCC</b>	Office of the Police & Crime Commissioner
<b>PCC</b>	Police & Crime Commissioner
<b>SDAP</b>	Surrey Domestic Abuse Partnership
<b>SIU</b>	Safeguarding Investigation Unit
<b>SDAC</b>	Specialist Domestic Abuse Court
<b>SLA</b>	Service Level Agreement
<b>SSCB</b>	Surrey Safeguarding Children Board
<b>SSG</b>	Survivor Steering Group
<b>VAWG</b>	Violence Against Women and Girls

