

ANNUAL REPORT AND FINANCIAL STATEMENTS

April 2020 to March 2021



Solihull Carers Centre is a company limited by guarantee
and a Registered Charity operating as Carers Trust Solihull.

Registered Company in England No. 04378042
Registered Charity No. 1092613

**CARERS
TRUST**
Solihull

COMPANY INFORMATION

The Directors and Trustees are pleased to present their report together with the financial statements of the charity for the year ended 31 March 2021.

The Organisation

Solihull Carers Centre (SCC) is a company limited by guarantee and a Registered Charity operating as Carers Trust Solihull (CTS). The Directors of the charitable company ('the charity') are its Trustees for the purpose of charity law and within this report are collectively referred to as the Trustees.

Company Information

Registered Company in England No. 04378042
Registered Charity No. 1092613

Directors and Trustees 2020-2021

Selina Westwood	Chair
Debbie E Taylor	Deputy Chair
Graham Thompson	Treasurer
David Brown	
Christine Grace	(appointed 12 Oct 2020)
Steve Halliday	
J Malcolm Hamilton	(resigned 15 February 2021)
David Heaselgrave	(appointed 12 Oct 2020)
Sue Jeynes	
Elaine McPherson	
Janice Price	(appointed 20 Dec 2020)
Carol Shiel	
Melanie Stewart	(appointed 14 Dec 2020)

Registered Office & Operational Address

The Carers Centre
Solihull Fire Station Annexe
620 Streetsbrook Road
Solihull
B91 1QY

Independent Examiner

Hannah Justice ACA FCCA
BSN Associates Limited
Chartered Accountants
3B Swallowfield Courtyard
Wolverhampton Road
Oldbury
West Midlands
B69 2JG



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OUR WORK AT A GLANCE 2020-21

There are approx.

27,000
carers in
Solihull

and this number is
predicted to rise each
year



**118 EVENTS &
ACTIVITIES**

**47 YC events &
activities**

**71 adult events &
activities**



**619 ADULT CARER
ASSESSMENTS,
REVIEWS & PLANS:**

41 contingency plans
95 assessment and
reviews

80 support plans

387 Covid-19
assessments (50%+ in
high risk group)

16 standalone hardship
fund assessments

**3,876 CARERS
REGISTERED WITH
CARERS TRUST
SOLIHULL (CTS),
OVER 4,000 BY
OCTOBER 2021**

**307 PARENT
CARER REVIEWS &
ASSESSMENTS:**

52 SEND* carers
assessments

83 carers reviews

147 Covid-19
assessments

25 hardship fund
assessments



**261 CARERS
SUPPORTED WITH
IT OR EQUIPMENT
TO ACCESS ONLINE
SERVICES, SUPPORT
AND / OR SOCIAL
CONTACT**

**2,006 VOLUNTEER
HOURS**

**42 VOLUNTEERS
INCLUDING:**

15 new volunteers

7 new befrienders

12 peer mentors

**CARERS REGISTERED
WITH CTS:**

2,909 carers aged 26+
including 330 parent
carers

671 young carers (YCs)

296 young adult carers
(YACs)

**130 YOUNG CARERS
ACCESSED CLUBS**

**42 MONTHLY GROUP
SESSIONS**



**614 YC & YAC
ASSESSMENTS:**

63 young carer
assessments

27 YAC assessments

369 YC Covid-19
assessments

81 YAC Covid-19
assessments

55 YC hardship fund
assessments

19 YAC hardship fund
assessments



**222,163 FACEBOOK
REACH**

**15,557 FACEBOOK
PAGE VIEWS**

50 BLOG POSTS



NOTE: Young carers are 5-25 years old; young adult carers are 18-25 years old; and adult carers are 26 years and over.

*Special educational needs and disability.

INTRODUCTION FROM OUR CHAIR

This report highlights the tremendous volume of work carried out by Carers Trust Solihull to provide opportunities and support for our carers over this last year. Whilst the capacity to reach as many carers as possible matters it is a real pleasure to note the innovative, adaptable and enhanced offer that has taken place too.

Inevitably Covid-19 has continued to impact all our lives. Delivery of services and the introduction of new support and respite measures has principally relied on telephone and digital communication with carers. Developing their online presence has been of benefit not least with the requirement to shield, stay at home or follow various social distancing regimes. We have given heightened priority to protecting both the physical and mental wellbeing of everyone associated with our Trust.

Under the leadership of CEO, Brandon Scott-Omenka, the organisation has continued to grow. His calm and considered approach, coupled with quality strategic planning and financial management has been vital throughout some difficult times. The full staff and volunteer team have risen to the task of new ways of working and we regularly have been able to hear about and acknowledge their superb, often innovative, work to support carers and each other. They are exceptional, hold closely to the Trust's vision and values and we are proud of the team.

The advice, financial support and guidance provided by a range of partners has been key to allowing the work of the organisation to thrive. Our thanks to Solihull Metropolitan Borough Council (SMBC), Carers Trust national, Children In Need, Triangle Trust 1949, Quilter, the National Lottery and to the many other local and national funders. We have particularly welcomed partnership working with SMBC and other third sector organisations. For example, Birmingham and Solihull commissioners have ensured that we were able to facilitate at-risk carers receiving early access to Covid-19 vaccination.

We will need to adapt to the huge increase in the number of carers we work with: over 4,000 registered carers, up from half that number seven years ago. Whilst overall numbers matter it remains a core principle that it is individual carer wellbeing, support and assistance that guides our work.

Looking forwards we will return to more face-to-face styles of interaction as well as retaining the appreciated, newer avenues of communication. We will need to adapt to the huge increase in the number of carers we work with: over 4,000 registered carers, up from half that number seven years ago. Whilst overall numbers matter it remains a core principle that it is individual carer wellbeing, support and assistance that guides our work.

It has been a real pleasure to lead the Trustee Board. Each member contributes rigorously to the discussion, debate and decision-making to keep the organisation on a path of continuous improvement. Board members' enthusiasm, skills and commitment to the Trust deserve high praise and a resounding thank you. All of us remain determined to improve the lives of carers. We recognise that the number of carers is likely to keep growing. This will guide much of our strategic planning if we are to continue to provide a quality service.

Selina Westwood

Selina Westwood
Chair of Trustees



ADAPTING FOR CARERS OUR CEO

As I write we are in October 2021 looking back at a year of service to Solihull carers during two lockdowns and often periods of major restrictions.

2020-21 was a deeply challenging time for Carers Trust Solihull, its Trustees, staff and volunteers and the many carers that we support. We have lost loved ones, sometimes tragically, and lived through a period where our normal working lives have been severely disrupted. I can only thank all staff and volunteers for their flexibility and hard work far beyond the call of duty.

This was a year, where despite the challenges, we were still able to launch new services. With assistance from Carers Trust national, we were able to reach out to carers and enable them to access a range of digital communication channels and make use of online opportunities.

With the support of Carers Trust national and Solihull Metropolitan Borough Council (SMBC), we were able to run a hardship fund and raised over £15,000 to target multiple individual grants to the very young and older carers in need, particularly during the start of the Covid-19 outbreak.

SMBC should also be thanked for supporting us in developing new ways of working, particularly enhancing our digital reach and website development.

We are especially grateful to the Triangle Trust 1949 for their financial support at the start of the outbreak and others at various times including Balsall Common Lions, Tesco-Bags of Help, Ecclesiastical: Movement for Good and Eversfield School, who have particularly supported our younger carers.

Despite being limited by Covid restrictions, and struggling to fill some staff vacancies in a challenging recruitment market, we still managed to reach a record number of carers.

We currently have over 4,000 registered carers on our books. That's a 35% rise in two and half years. Incoming calls rose from 3 calls a day in

2017 to 10 calls a day by March 2020 and then 18.6 calls a day during 2020-21. We played a key role in the vaccination drive to reach vulnerable carers, which saw incoming calls top 40 per day!

Many of our services had to be adapted to work over the phone or via Zoom. During 2020-21 we took over nearly 5,000 incoming calls, and made or received a further 55,000 calls, following up and addressing carers concerns. Often our staff and volunteers were juggling work with support to their shielding families. We can safely say that we reached and supported far more carers than before the lockdowns.

Our staff increased contacts to registered carers from 15,354 in 2019-20 to 15,973 contacts in 2020-21. By targeting our efforts we contacted 81% of our registered carers in 2020-21 up from 65% in 2019-20.

On a sad note, I would like to acknowledge the loss of Dave Henry who was taken by the virus. Dave was a loyal supporter of the Trust, and very popular with carers and staff. A proud Saint Alphege's Rotarian and a volunteer who particularly liked to support young carers with job interview skills; he will be sorely missed.

Lastly, I want to thank our Volunteer Trustees who provided much-needed support and a calming influence despite equally experiencing all the travails of the wider community. Those new Trustees joining the Board have already made a difference whilst our experienced Trustees continue to anchor the organisation.

Brandon Scott-Omenka

Brandon Scott-Omenka
CEO Carers Trust Solihull



OUR WORK

DIGITAL CARERS WEEK 2020

Carers Week 2020 was a series of digital events with 10 Zoom sessions, 67 illustrated Tweets, 33 Facebook posts and 26 Instagram posts.



We shared: 20 website blogs including stories from adult carers, parent carers and young carers.

The most well attended activities were the Young Carers Meet and Greet and the Parent Carers Coffee Morning. Thanks are due to staff and volunteers who had to master a different means of communication within a very short timescale.



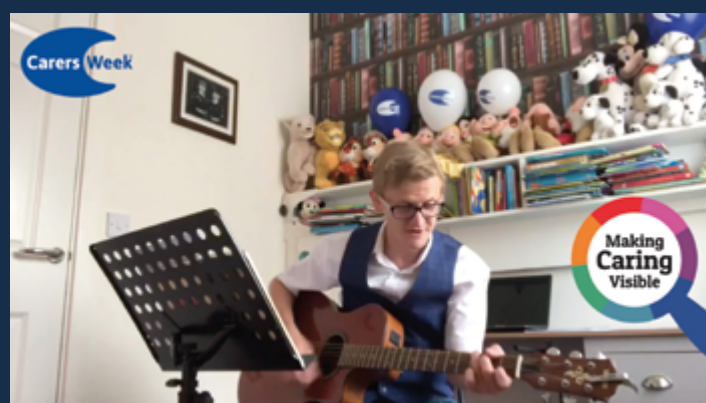
A PARENT CARER'S STORY REACHED 1,001 PEOPLE



ADULT CARERS VIRTUAL MEET UP



CHRIS BEEBEE MUSIC EVENT REACHED 1,500 PEOPLE



KATIE, A YOUNG CARER'S STORY REACHED 914 PEOPLE



Links to the above activities are at: www.solihullcarers.org/category/carers-week/

OUR WORK

CARERS RIGHTS DAY 2020

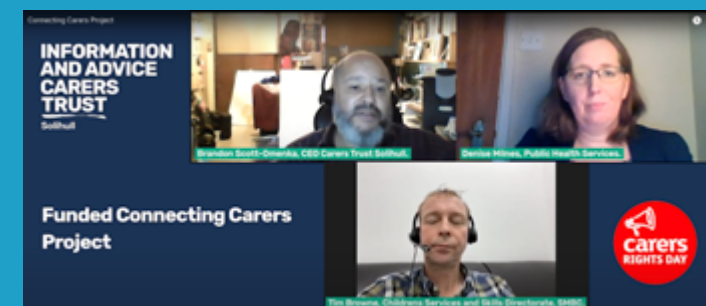


We made a splash for Carers Rights Day this year with a range of interactive activities, workshops and discussions; we also launched our first set of films made with carers.

We changed how we delivered Carers Rights Day this year and used the opportunity to improve what we offer our carers online. Our team problem solved their way to making sure carers could connect and take part in events and activities together. For interactive workshops carers received what they needed in advance; for example, for the T-shirt activity they received a design pack containing all the materials needed; and for those who couldn't get online our special Connecting Carers project equipped them with equipment or knowledge to take part.



Each right was shared by young adult carers in a series of short films on the day.



A live public event was out of the question but we shared carers rights throughout the day via social media and our own films featuring young adult carers.

Carers felt connected and were able to talk about issues that affect them with others while enjoying themselves.

All our films and recordings of Zoom Q&As and discussions are available to view at your leisure on our Solihull Carers YouTube channel.





“Thank you for all your help. It’s really nice to finally have my side of things heard without any judgement. You’ve been so friendly and kind throughout.

Parent carer assessment feedback.



HIGHLIGHTS PARENT CARERS

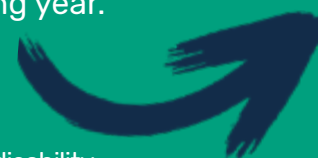
We saw a rise in requests for parent carer assessments and support plans demonstrating that carers feel there is a real benefit to having one.

Our reviews with parent carers revealed that overall, there has been an improvement in health, time for themselves and how they feel. They have also felt better about the quality of care they provide and their management of finances.

To expand our support for parent carers we introduced coffee mornings, more activities and online workshops such as Transitioning to Adult Services and Stress Management as well as Relaxation Techniques and Pilates.

We have developed a closer partnership with the SEND** team which helps us to provide more comprehensive support.

Parent carers received COVID assessments alongside their main assessments which gave them additional access to a COVID hardship fund during this challenging year.



**Special educational needs and disability.

JUDITH A PARENT CARER

Judith* cares for her son who has Global Development Delay (GDD). An assessment identified needs such as peer support and technology to connect with others. She was referred to our own Connecting Carers Project (giving IT support and equipment to carers), after which Judith was able to confidently access Zoom for a parent carers meeting and coffee morning registered for other training. She is now able to access support and meet with others online. She recorded improved outcomes in her ‘health’ and ‘how she feels’. She also received a Christmas shopping voucher.

“The staff at Carers Trust really care. To have someone outside of family and friends who listens and understands is invaluable. They have supported me to find myself again and I am finally starting to make steps towards putting myself first. I was nervous and exhausted when I initially contacted the Carers Trust but I knew I couldn’t carry on as I was. [...] I no longer feel a failure or alone. I was able to offload to someone who “gets it” and it’s surprising how powerful that is. A parent carer.

“It feels like a weight has been lifted off my shoulders. A parent carer.

OUR WORK WITH ADULT CARERS



OVER 100 BEFRIENDING SESSIONS WERE CARRIED OUT

Despite the many challenges due to the pandemic, our team worked incredibly hard to support over 600 carers with assessments, reviews and plans to help their situation.

We have completely adapted our way of working: we focused on getting our peer support groups, training and live and recorded workshops all online to ensure carers have access to the support when they need it.

ANNA AN ADULT CARER

Anna* cares for her adult child, Rosa* who has complex conditions and disabilities such as Cerebral Palsy, Epilepsy, ASD and uses a wheelchair. During lockdown, all the care and support package was suspended and Rosa struggled to understand why she was unable to attend her groups and activities. This added to Anna’s already stressful caring role making it difficult to cope with. We applied to the hardship fund to buy sensory toys for them. Anna was able to use the toys to support Rosa, helping her remain occupied and more content whilst they were at home. This was just one way that we were able to support Anna to cope a little better.

*Not real names.

VACCINATION PROGRAMME

It was important for us to be a vital part of the national programme to get adult and vulnerable carers vaccinated. We contacted all our adult carers and ensured that they were able to access their vaccinations helping to reduce some of their anxieties when supporting the most vulnerable people.



BEFRIENDING PROJECT



Our COVID-19 assessments with carers highlighted that there was some confusion around government guidance and the status of care packages in particular was causing much frustration, stress and draining their mental resources. To respond to this situation we developed a new befriending programme, including a telephone befriending service. This programme provides general support and regular contact to carers who need a little extra human contact, especially through difficult and isolating periods.

It is a huge success with over 100 sessions having taken place during 2020-21.

Visit **YouTube** and search **Solihull Carers** to watch our young adult carers film and others on our channel.



“I am a young adult carer”

HIGHLIGHTS YOUNG ADULT CARERS

In 2020-21 young adult carer (YAC) registrations rose as did services. They had their voices heard through an awareness raising film (above). YAC Ambassadors improved college life for other students who are caring and made a splash with their skills on YCYAC Action Day**.

New funding for a Peer Mentoring and Befriending project for YAC's extended

our services to them with provision of IT equipment, driver hours and coaching opportunities. Carers Rights Day created a great opportunity for information exchange amongst YACs who attended a Transition Workshop and Quiz night. Our Young Carers in Schools Scheme supported local colleges to identify-engage-support-refer YACs in their own settings and is a great example of a growing carer friendly community in Solihull.

SARAH A YOUNG ADULT CARER



Sarah*, 17, had been caring for three family members since she was 10. She juggled this with college and work and at times, experiences that had impacted on her own emotional wellbeing. Valuing her own experience and achievements, Sarah became a peer mentor helping other young carers improve their self-esteem and reduce loneliness.

Sarah has also become a Young Leader, assisting with trips and residentials and a Student Ambassador for carers at her college. She speaks about issues affecting young carers in local and national media and raises awareness wherever and whenever she can. Sarah has won several awards including the district and national Lions Young Ambassador Award, and she achieved runner up in international finals. Sarah used her winnings to fund the creation of a very successful young carers book club.

Sarah's role as leader in the community has received recognition at the highest levels across the region. Currently, she is studying criminology at university.

*Not real names. **Young Carers and Young Adult Carers Action Day.

“Thank you so much, anything is a help and this will really make a difference, and to just hear a friendly voice on the end of the phone was lovely. Family who received a Christmas food voucher.”

“Thank you for letting me join the Decision-making Group. I was scared at first but it was better than I thought. I liked helping other young carers, choosing what things young carers need to go back to school and giving ideas on the newsletter and leaflets. A young carer.”

OUR WORK WITH YOUNG CARERS

Innovative and creative teamwork enabled us to adapt 90% of our services and continue during the pandemic, followed by a return to working in the community in December.

We saw new faces during online activities, created fresh partnerships, distributed hardship funds plus gifts and shopping vouchers for 175 people in families—all this helped provide much needed relief and helped to spread the spirit of Christmas to young carers' homes.



ERIN IS A YOUNG CARER



Erin* is 12 years old and helps her mum provide significant care to her dad, who has disabilities. Erin told us that she had stopped online dance lessons because her phone had broken. Dance has been a huge part of Erin's life since preschool and it is her main escape from her caring role. She had been feeling down about this. Her mum couldn't afford to replace her phone due to financial difficulties caused by redundancy. As her only means of getting online, it also prevented her from accessing education and other activities. We successfully applied to the hardship fund to purchase a laptop for her. This enabled Erin to have some essential downtime doing what she loves and to keep up with online learning and be with others via digital events and activities.



I count down the days until the next activity.

A young carer.

Throughout, we have kept our carers engaged and supported: young carers demonstrated their campaigning skills during Virtual YCYAC Action Day**; Carers Rights Day was a chance for young carers to connect via letterbox activities such as designing t-shirts; and our Young Carers Decision-making Groups continued to give us ideas around how best to adapt our services going forward.



The changes have had some very positive outcomes: young carers who couldn't engage in activities previously due to their caring roles were able to join in with the fun online activities; with our plans to continue with blended methods for delivering services we intend to keep it that way.



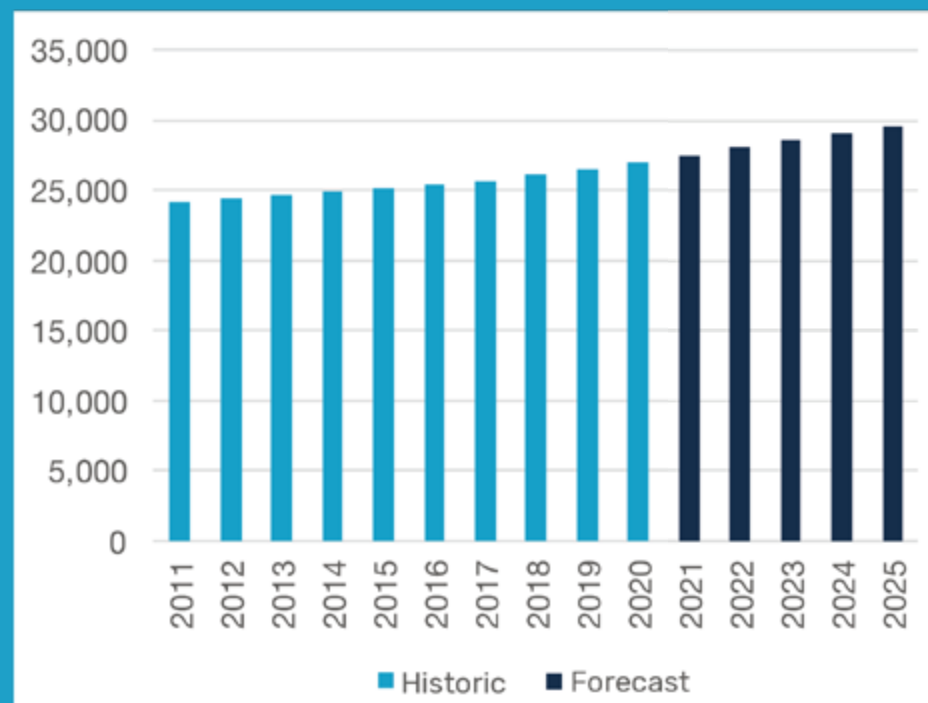
Young Carers Book Group.



OUR WORK RISING DEMAND

From 2016-19 we saw a 40% increase in carer registrations. In the last two years we have seen a further increase of 30% from 3,539 to 4,003; a staggering 1,040 more carers.

NUMBER OF CARERS IN SOLIHULL BASED ON CENSUS, EXCLUDING IMPACT OF COVID



CONTACT ACTIVITY

The number of contacts with registered carers has increased from 15,354 to 15,973 in 2019-2020 and 2020-21.

Contacts per carer have fallen from 7.3 per carer to 5.8 as the number of carers registered have risen and resources have had to be spread further. That said the percentage of those registered with CTS and actively contacted went up from 59% to 71% partly due to proactive Covid-19 assessments, phone, digital and vital mail contact.

OUR WORK COMMUNICATIONS AND DIGITAL



Barry, our Digital Content Creator and Connecting Carers Coordinator, during our trip to the BETT Show before lockdown.

In five short months, we supported 261 carers to get online to participate in digital events, activities, training or to join virtual meet ups with friends and family to reduce isolation and loneliness. We provided a combination of training and/or laptops or tablets.

Our carers were hugely isolated due to social distancing; we responded with a range of support projects called Connecting Carers. We received additional funding for these from the Carers Trust national with further support from SMBC and the Triangle Trust 1949.

We also responded to the huge task of adapting all our office based systems for remote working. Within a matter of a few weeks, we provided all of our 28 staff with equipment, training and resources to work from home.



We moved all our files to cloud storage, equipped our staff to use VOIP at home and made using Zoom a standard way to deliver our services during social distancing. The benefits of doing this, particularly for carers who can't usually attend in person events means that going forward, this will remain a part of our blended approach to service delivery.

During the lockdown year, we also produced countless new designed materials and resources to match the new branding for our network and significantly increased the range of digital and postal communications with our carers.

THANK YOU TO OUR DONORS AND FUNDERS



In these difficult times community fundraising was severely hit as the country locked down twice and schools closed. Many of our supporters were focused on their own caring activities and we were particularly grateful to those volunteer fundraisers and those that still were able to support the trust.

We would like to thank everyone who has helped including:

- **Balsall Common Lions**
- **Ecclesiastical**
- **Groundwork**
- **Plastic Company**
- **Shirley Lions**
- **Eversfield School**



We would also like to thank national funding agencies for vital project support:

- **Children In Need**
- **Triangle Trust 1949**
- **The Lottery**
- **Quilter**
- **Solihull Round Table**
- **Carers Trust national**

Carers Trust national supported us throughout with funding opportunities, advice and assistance.

Lastly, **Solihull Metropolitan Borough Council** assisted us to access temporary Covid funding that has made such a difference. Its support allowed us to develop digital services and other practices to prevent infection transmission and support carers.

THANK YOU TERRY FOR 8 YEARS OF VOLUNTARY SERVICE



It is hard to sum up the breadth and quality of contributions that Terry makes to our charity, she is widely respected within our organisation and her influence is felt throughout.



Having had a highly successful career in IT management within the commercial sector, she uses those skills to help develop our Young Carers Team, supporting them at all levels in and out of work; she regularly hosts social gatherings, team building and planning sessions in her own home.

Terry's role is crucial as she takes on tasks that free up staff to concentrate on face to face work with young carers; she does this at a highly skilled level including administering databases, running meetings, assisting with tasks at management level. Throughout lockdown, she continued to volunteer two days a week without fail and has been known to work at full-time capacity at times. There is no mistaking Terry's immense dedication and focus to supporting young carers in Solihull and our charity; this is only matched by her modesty.

“ I have worked for the Young Carers team for over 8 years now. I volunteered to ‘give back’ after a career in IT. I provide essential office and database ‘management’ for the YC team. This hopefully allows them more time to spend with and support the YC/YAC’s. They are a brilliant team and I find the role so very rewarding.

THANK YOU TO ALL OUR VOLUNTEERS



Our volunteers are a vital part of Carers Trust Solihull. We support our volunteers and listen to what they feel they can offer; we also establish what we can offer to them in return.

During the pandemic, our staff worked to ensure volunteers were supported regardless of whether they were able to work with us.

We ended 2020-21 with 42 volunteers. We recruited 22 new volunteers in the year including 5 adult telephone befrienders.

The turnover of volunteers partly reflects the closure of the office and various other activities to comply with lockdown requirements. The move from in person working to digital working saw some of our volunteers decide to step down during lockdown and then slowly return when in person activities resumed. But by keeping in touch and supporting volunteers during this difficult time many are keen to return to support the charity.

Following the response to our Covid-19 telephone assessments, we introduced a new Telephone Befriending service to offer carers –without access to friends and family and struggling with loneliness and isolation due to shielding or ‘staying home’—support from a volunteer. We recruited experienced volunteers to provide a weekly one hour call. Five volunteers have been supporting a total of 24 carers giving our carers a total of 77 hours of support!

We recruited four new trustees this year, David, Melanie, Janice and Christine who all complement the service in different ways. We are delighted to have their skills and caring experience at the disposal of the Board and the charity.

“ I believe most of us want to help other people—especially those who deserve our help. I volunteer with Solihull Young Carers so that I can raise funds that will help these inspirational young people to make friends, relax, have adventures—or just be themselves. Every day I wake up smiling at the thought of doing this.



THANK YOU PETER FOR 2 YEARS OF VOLUNTARY SERVICE



Peter is a self motivated, tenacious fundraiser who has sought out and secured funding from diverse sources. He has built and developed positive relationships with funders and donors with incredible results. He also ensures donors are part of the journey to see how we have made use of their generosity. With his background in business and marketing management, Peter is an invaluable asset to our charity.

He is the face of young carers to funders as well as being a full member of our Young Carers Team; he is involved at all levels from managing expenditure of funds to organising and delivering presents to carers at Christmas. Our charity and carers are very lucky to have his support.



DIRECTORS AND TRUSTEES ANNUAL REPORT 2020-21

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During 2020-21 Trustees saw a huge effort by the staff to support carers during two major lockdowns in response to the Covid-19 infection. The service also coordinated with SMBC and borough-wide charities to be instrumental in coordinating and delivering support to carers.

We are grateful to our CEO, team managers, staff and volunteers who helped to deliver this support during a particularly difficult year for them and their families. Reviewing the year, we marvel at the changes that were brought into place to re-engineer ways to communicate and support carers.

We note the support of key funding agencies and bodies referred to in this report. We are particularly grateful to Carers Trust national, Solihull Metropolitan Borough Council and Triangle Trust 1949. We are grateful to all those that work for and support our Trust for their valued service to carers in Solihull during these extremely difficult circumstances.

During the year Trustees reviewed their strategic role and received regular reports on performance, risk, planned development and fundraising. Ensuring the retention of high quality strategic governance of the charity has been important in these unprecedented times.

OBJECTIVES AND ACTIVITIES

OUR OBJECTIVES REMAIN:

“To support adult and young carers who are, or were, carrying out a caring role for persons who are disabled, elderly or ill, by the provision of practical help, advice, assistance, service, advocacy and support. Also, to advance education concerning caring amongst carers, professionals and the public.”

Our services are restricted to unpaid carers of family members or friends and neighbours who have physical or mental illness, physical or learning disability, long term or terminal illness or addiction. Carers Trust Solihull (CTS) seeks to support carers regardless of disability, race, gender, age, sexuality, beliefs or social background.

We encourage all people with an unpaid caring role to register with us and receive information, advice and other services or to take an active part in our organisation. The range of services we provide includes:

- Face-to-face support – someone to talk to who understands.
- Events and Activities – a break from caring and a chance to have some fun.
- Information and Advice – an opportunity to find out about services and the help available.
- Adults and young carers clubs and drop-in sessions – meeting other carers.
- Training and Workshops – gain knowledge and skills as you continue to care.
- Carers Assessments – talk about your life as a carer and get help to access support.
- Carers Card – recognising you as an Adult Carer or Young Carer with access to some discounts.
- Exploring the future – supporting you to access education, employment and training opportunities.
- Speak up for adult carers and young carers – tell us what we can do differently and shape future services for carers in Solihull.

CTS provides support for carers across Solihull. There are approximately 27,000 adult carers living within the Borough, according to the latest Census. There are also around 600 young carers although “The lives of young carers in England” (2017) D of E suggests this latter figure could be as high as 4,000.

We recognise that there is a large number of unidentified and “hidden” carers, including those who may not realise that they are in a caring role. To enable these carers to continue their caring role effectively and safely they may need access to information, advice and support.

CTS seeks to address the considerable and on-going needs of carers by the provision of accessible and age-appropriate user-led services. We aim to identify carers as early as possible and support them to prevent their circumstances needlessly deteriorating. We reach out to more carers every year.

Public Benefit Statement: The Trustees consider they have complied with the duty in Section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission.

ACHIEVEMENTS AND PERFORMANCE STRATEGY

In 2020-21 Carers Trust Solihull reviewed and amended its Strategic Objectives and continued to deliver on its targets as set out in the Strategic Plan:

CUSTOMER CARE

WE WILL ENSURE THE PROVISION OF CONSISTENTLY HIGH QUALITY SERVICES TO CARERS

- CTS will develop ‘Carers Interactive’ and a comprehensive web-based service offer.
- CTS will work with education and employers to assist carers in their academic, training and employment goals.
- CTS will ensure Solihull’s carers influence local and national policy, strategy and services.
- CTS will develop Carers Academy training options to support carers in achieving their goals.

LEARNING AND GROWTH

WE WILL WORK WITH HEALTH & SOCIAL CARE & ENABLE OUR STAFF & VOLUNTEERS TO RAISE CARER AWARENESS

- CTS will work with Solihull Safeguarding Boards and carers to safeguard children and adults.
- CTS will develop staff and volunteers’ skills and expertise within their field of interest or CTS priority.
- CTS will ensure staff and volunteer surveys, supervision, training and professional.
- CTS will develop its work with GPs, hospitals, and support carers after hospital discharge.

INTERNAL BUSINESS

WE WILL IMPROVE, DEVELOP AND REDESIGN OUR SERVICE’S EFFICIENCY & EFFECTIVENESS

- CTS will grow collaborations with Carers Trust national’s providers and voluntary projects in order to expand our reach and effectiveness.
- CTS will revise our data security, health and safety, and risks at every level or function.
- CTS will grow volunteer capacity and thereby mentoring, contingency, befriending and other projects.
- CTS will increase fundraising and publicity to expand services that promote carer recognition.

Trustees confirm that overall CTS has made considerable progress on meeting our priorities for 2020-21 including:

- Redesigning our website, developing a social media presence and enabling many new and otherwise isolated carers to access the internet and social media communication.
- New services were established from scratch including a hardship fund for carers in crisis with support from Carers Trust national and Solihull Metropolitan Borough Council.
- As face to face support became impossible due to Covid restrictions to limit infection transmission the Trust moved to telephone and digital communication such as Zoom and Microsoft Teams to communicate with carers.
- Opportunities to contact carers via GP surgeries ended so work was directly undertaken with the Clinical Commissioning Group for Solihull to help Carers to access GPs to locally fast track opportunities for vaccination.
- Working with schools, colleges and employers to assist carers in their academic, training or employment goals.
- Being proactive about fundraising, developing volunteer capacity and delivering mentoring, befriending and other support.
- Setting up new services such as the ‘Time to Talk’ bereavement pilot, and beginning work to launch the volunteer sitting and support service.

During 2021 we:

- Consulted with all our carers on their satisfaction with our services and what if any areas we might improve.
- We supported SMBC in the revision of its Solihull carers strategies and focus groups with carers set up to get “grassroots” views.
- We assisted in the planning and delivery of the 2021 National Carers Survey, a vital tool in assessing carer satisfaction across the country that had had to be delayed by Covid-19.

As we reviewed across 2020-21 we recognised further areas for work. These included:

- Managing an ever-increasing number of registered carers year upon year.
- The need for a major redesign of our website to improve its accessibility for carers.
- The need for more capacity to meet the need for statutory assessments and reviews.

Inevitably the Covid-19 pandemic directly impacted our service delivery model. We redoubled our efforts to secure grants and funding. This has enabled us to ensure services were Covid-19 risk-assured for staff, volunteers, carers and the cared for. Our support for the staff and volunteers has meant improving access to appropriate equipment, resources and facilities. We continue to source funds to adapt support services and meet the needs of carers

STRUCTURE, GOVERNANCE AND MANAGEMENT

Solihull Carers Centre operating as Carers Trust Solihull, (CTS), is a company limited by guarantee and a registered Charity governed by its Memorandum and Articles of Association. The Directors of the charitable company (“the charity”) are its Trustees for the purposes of charity law and within this report are collectively referred to as the Trustees. The Trustees are listed on page 2.

The Board of Trustees has actively sought to recruit new Trustees with appropriate skills and knowledge. The Articles of Association require that at least 50% of Trustees must be current carers. During 2020-21 the Trustee board was stable with the recent recruits to the board fully integrating into its work and participating in joint events with the staff team as appropriate. Various aspects of the Trustee role have been reviewed including:

- Responsibilities of Trustees.
- Trustee / Staff liaison and communication.
- Governance, strategy, management and policymaking.
- Future horizon plans, risk assessments and strategic objectives.

The Trustees have agreed to policies and procedures for the recruitment of trustees and these are followed for every new appointment which includes taking up references. Checks by the Disclosure and Barring Service (DBS) are no longer required for trustees of charities. However, we have decided that all CTS’s Trustees are DBS checked. Trustees have job descriptions and operate within an agreed Code of Conduct.

The Trustees meet at least six times each year and receive a data-rich, “balanced scorecard” of performance as well as supplementary reports covering progress against the overall business strategy, key performance indicators and action plans, detailed fundraising progress, financial reports, risk register audits and an overarching Chief Executive Officer summary.

After an independent annual assessment of CTS’s Quality Management System, we retained our ISO 9001 certification with a consecutive highest score.

STAFFING

At the time of writing, we have a full-time Chief Executive Officer, 10 other full-time posts, 17 part-time staff and 23 sessional staff. (Total non-sessional hours being the equivalent of 23 hours a month). No employee received emoluments in excess of £60,000 during the year or previous year.

At the time of writing, there are 12 Trustees. The Trustees give freely of their time and expertise and do not receive any emoluments or other benefits. In 2020-21 Trustees met four times for a short Executive Meeting, four times for a full Executive Meeting, and convened an Annual General Meeting. A joint workshop with staff, a full Trustee Board strategic away day, and various supplementary meetings have taken place.

The charity is supported by a number of volunteers. At the close of 2020-21, the number of volunteers stood at 42 adult volunteers and 12 young peer mentors. Currently, these numbers have risen to 53 adult volunteers and 11 young peer mentors. CTS did not offer any student placements in 2020-21 due to Covid-19. Some of our valued volunteers have been restricted by stay-at-home, caring functions and have not been able to access the office due to the peak of Covid-19 related workplace restrictions. That said the number of volunteer hours in 2020-21 was 2,006. Without these valued volunteers we would be restricted in the support we can provide to carers.

NETWORKING

During the year we strengthened our links to the Carers Trust national. We accessed various Covid related grants to establish support to carers at the local level as well as support and assistance.

We are members of the National Council for Voluntary Organisations (NCVO) and the Association of Chief Executives of Voluntary Organisations (ACEVO) who connect, represent and support UK charities with consultancy, training, advice, and support on governance issues, toolkits, a support line and more.

We are active in The Voluntary and Community networks and during the Covid lockdowns participated in weekly and fortnightly Zoom meetings with SMBC and a full range of our voluntary sector colleagues. This enhanced joint working was one of the positive features of the year. We are active members of various local partnerships including the Carers Partnership Board, Adult Safeguarding and Children Safeguarding Boards.

During Covid-19 restrictions, we have been key members of weekly or fortnightly video conferencing, conference calls and other liaison with SMBC, Public Health and the principal Third Sector organisations.

FINANCIAL REVIEW

Our finances were significantly impacted throughout the year by the Covid-19 pandemic in two main ways. Firstly, elements of our usual expenditure, in particular on activities and events for carers, were severely curtailed thus reducing spending on normal activities and generating other savings. On the other hand, applications for grants were a major success in raising additional income to fund the exceptional expenditure incurred in supporting carers in many and new ways to cope with the lockdowns and other difficulties imposed by the pandemic. This combination of a sizeable increase in income and yet reductions in normal expenditure has left the year with a surplus of income over expenditure of £96,525.

With the impact of the pandemic continuing well into the current year, this surplus is budgeted to be almost wholly spent by next year-end.

YEAR END FINANCIAL POSITION

We finished the year with total reserves of £304,475 up from £207,950 at the start of the year. An element of the reserves is restricted, deriving from income received to be spent on specific projects with the balance unrestricted, available to be spent as necessary to support the work of the charity. As outlined above, restricted income and restricted expenditure were increased in the year significantly above usual levels.

Restricted Funds

Restricted funds amounted to £46,786 (2020: £24,957). Details of restricted fund balances are shown in Note 11.

Unrestricted Funds

During the year unrestricted funds increased from £182,993 to £257,689 which equates to approximately 5 months of ongoing expenditure. The policy of the Trustees is to maintain sufficient unrestricted funds to provide financial stability and ensure that the work of the charity is not affected by unexpected events, delayed receipts or a short-term lack of incoming funds. Also, to ensure that in the event of a significant and permanent reduction in income, sufficient funds are available to meet all liabilities and provide an acceptable winding down of operations.

The Trustees have reviewed both the reserves policy and the level of reserves as of 31 March 2021 and are satisfied that the reserves are adequate.

INVESTMENT POWERS

The Charity has the power to make any investment which the Directors see fit. Our funds are only invested in deposit facilities protected under the Financial Services Compensation Scheme and within the limits of the Scheme. We aim to maximise interest income using both fixed and variable rate deposits.

RISK MANAGEMENT

The Board regularly considers risks to the organisation and agrees measures to mitigate the identified risks. The Trustees regularly undertake a review of their Risk Management and Opportunity Register which enables the service to plan for and mitigate threats to the service we provide to the public.

During 2020-21 the Trustee Board and CEO established a subgroup to review the service's strategic risk register and a major revision resulted in recognising:

- Ten strategic risks covering Contractual, Customer, Staff and Volunteers, Financial Risk, Health & Safety, Insurance & Security, IT Information Security, Legal & Regulatory, and Market Resilience.
- Six Operational Risks were deemed worthy of Trustee Board oversight.

These risks continue to be reviewed quarterly and written mitigation made available. In addition, the Trustees discussed risks arising from Covid-19 leading to the CEO reviewing the Business Continuity Plan.

The key risk remains the withdrawal of funding to meet ongoing operational costs. Reserves are held to mitigate this risk.

FUNDING

Our funding relies on the secured service level agreement with SMBC. The current agreement expires in March 2022 with a potential 2-year extension available thereafter, subject to a review of costs and outcomes. As we write the contract renewal discussions are proceeding positively and a 30 month extension is being finalised. During the lockdown, there were several grants from Solihull MBC, Carers Trust national, Triangle Trust 1949 and other local funders. We are also very grateful to those who have raised money for the charity, organised special events, sponsored walks and corporate activities.

STATEMENT OF DIRECTORS' RESPONSIBILITIES

The Trustees (who are the Directors of Solihull Carers Centre/Carers Trust Solihull for the purpose of company law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and regulations.

Company law requires the Trustees to prepare financial statements for each financial year. Under that law the Trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and the income and expenditure of the charitable company for that period.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies' regime.

On behalf of the Board

Selina Westwood
Chair of Trustees

3 November 2021

INDEPENDENT EXAMINER’S REPORT TO THE TRUSTEES OF SOLIHULL CARERS CENTRE

I report to the trustees on my examination of the financial statements of Solihull Carers Centre (‘the charity’) for the year ended 31 March 2021.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (‘the 2006 Act’).

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity’s accounts as carried out under section 145 of the Charities Act 2011 (‘the 2011 Act’). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner’s statement

Since the charity’s gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a ‘true and fair’ view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Hannah Justice ACA FCCA
Independent Examiner
On behalf of BSN Associates Limited

3B Swallowfield Courtyard
Wolverhampton Road
Oldbury
West Midlands
B69 2JG

Date: 3 November 2021

STATEMENT OF FINANCIAL ACTIVITIES YEAR ENDED 31 MARCH 2021

(incorporating the Income and Expenditure Account)

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
Income from:					
Grants and donations		4,601	2,500	7,101	20,337
Investments: Bank interest		1,413		1,413	1,946
Charitable activities: Grants	2	511,252	199,571	710,823	603,828
Total income		517,266	202,071	719,337	626,111
Expenditure on:					
Charitable activities	3	442,570	180,242	622,812	588,064
Total expenditure		442,570	180,242	622,812	588,064
Net income/(expenditure) for the year					
		74,696	21,829	96,525	38,047
Net movement in funds		74,696	21,829	96,525	38,047
Reconciliation of funds:					
Total funds brought forward		182,993	24,957	207,950	169,903
Total funds carried forward		257,689	46,786	304,475	£207,950

The Statement of Financial Activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

STATEMENT OF FINANCIAL POSITION

31 MARCH 2021

	Notes	2021 £	2020 £
Fixed assets	6	12,835	18,815
Current assets			
Debtors and prepayments	8	757	715
Investments	7	233,437	216,713
Bank current account		131,058	21,949
Cash balances		147	583
		365,399	239,960
Creditors: amounts falling due within one year	9	73,759	50,825
Net current assets		291,640	189,135
Net assets	10	304,475	207,950
Unrestricted funds		257,689	182,993
Restricted income funds	11	46,786	24,957
Total funds		304,475	207,950

For the year ending 31 March 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Trustees' responsibilities:

- The shareholders have not required the charity to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the Directors on 3 November 2021 and were signed on their behalf by:

Selina Westwood
Chair of Trustees

STATEMENT OF CASH FLOWS

YEAR ENDED 31 MARCH 2021

	2021 £	2020 £
Net cash provided by operating activities	125,397	38,359
Cash flows from investing activities	-	(21,100)
Cash and cash equivalents at the beginning of the reporting period	239,245	221,986
Cash and cash equivalents at the end of the reporting period	364,642	239,245

RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2021 £	2020 £
Net income for the reporting period	96,525	38,047
Adjustments for:		
Depreciation of fixed assets	5,980	2,285
Gain on disposal of fixed assets	-	-
(Increase)/decrease in debtors	(42)	(542)
(Decrease)/increase in creditors	22,934	(1,431)
Net cash provided by operating activities	125,397	38,359

ANALYSIS OF CASH AND CASH EQUIVALENTS

	2021 £	2020 £
Cash in hand	131,205	22,532
Notice deposits (less than 3 months)	233,437	216,713
Total cash and cash equivalents	364,642	239,245

NOTES FORMING PART OF THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

1. Accounting policies

Status

The Charity is a company registered in England and Wales that is limited by guarantee and does not have a share capital. The liability of members is limited to £1. The registered office is shown on page 2. The charity constitutes a public entity as defined by FRS 102.

Statement of compliance, basis of preparation and assessment of going concern

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (SORP FRS 102) issued on 16 July 2014, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Companies Act 2006. The financial statements are prepared under the historical cost convention with items recognised at cost or transaction value.

In common with many charities the organisation is heavily dependent on grant income. Founded over 15 years ago we are a service-led organisation considered as the lead agency supporting carers in the area. The accounts have been prepared on the going concern basis in expectation that there will not be a significant decrease in support from funding bodies.

Income recognition

Income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured accurately.

Voluntary income is recognised as above except where the income is subject to conditions that require a level of performance before the charity is entitled to the funds, when the income is deferred and not recognised until either those conditions are met, or the fulfilment of those conditions is wholly within the control of the Charity and it is probable those conditions will be fulfilled in the reporting period.

Grants specifically for the provision of services to be provided as part of the charitable activities or services to beneficiaries are accounted for on the basis of amounts receivable for the year.

Interest arising on cash balances is included when receivable and the amount can be measured reliably by the Charity. This is normally upon notification of the interest paid or payable by the bank.

Expenditure recognition

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the Charity to that expenditure, it is probable that settlement is required and the amount of the obligation can be measured reliably. All expenditure is accounted for on the accruals basis, inclusive of any value added tax which cannot be recovered.

Tangible fixed assets

Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life, being three years for computers and other equipment and five years for motor vehicles. Items of equipment are capitalised where the purchase price exceeds £2,500.

Taxation

The Charity is exempt from taxation on its charitable activities.

Fund accounting

In order to differentiate the availability of funds they are categorised according to the following definitions:

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure, which meets these criteria, is charged to the fund together with a fair allocation of management and support costs.

Pension costs

The Charity operates a defined contribution pension scheme for many of its employees. The pension charge represents the amount payable by the Charity to the scheme during the year.

Operating leases

Lease payments are recognised as an expense over the lease term on a straight-line basis. The aggregate benefit of lease incentives is recognised as a reduction to expense on a straight-line basis over the lease term.

Functional currency

The financial statements are prepared in sterling which is the functional currency of the entity.

2. Income from charitable activities

	2021 £	2020 £
Unrestricted funds - grants		
Solihull MBC	511,252	511,252
Restricted funds - grants		
Solihull MBC		
Adult carers	40,000	50,000
Carers Trust national		
Young carers	6,748	2500
Children in Need		
Young carers	39,572	40,076
Other grants		
Young carers	8,600	-
Covid relief grants	104,651	-
	199,571	92,576

Incoming resources include amounts receivable after the year end in respect of expenditure incurred by the year end.

NOTES FORMING PART OF THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

3. Expenditure on charitable activities

Direct and support

	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
Carer support and activities	12,024	14,587	26,611	35,629
Staff costs	369,570	115,039	484,609	458,992
Recruitment	1,351	215	1,566	2,412
Premises	13,908	2,227	16,135	22,759
Communications and office costs	22,257	44,703	66,960	35,787
Motor and travel expenses	6,491	96	6,587	11,592
Training and consultancy	334	-	334	3,616
Publicity/information	67	3,375	3,442	2,376
Insurance	2,356	-	2,356	2,301
Professional fees and subscriptions	6,549	-	6,549	4,257
Other	2,166	-	2,166	2,270
	437,073	180,242	617,315	581,991

Governance costs

			2021 £	2020 £
Independent examination	1,800	-	1,800	1,800
Professional fees	3,277	-	3,277	2,017
Other	420	-	420	2,256
	5,497	-	5,497	6,073

Total expenditure on charitable activities

	442,570	180,242	622,812	588,064
2020	476,892	111,172	-	588,064

4. Staff costs

The total staff costs for the year amounted to £484,609 (2020: £458,922). The costs for 2021 include employer national insurance contributions amounting to £28,333 (2020: £29,206) and pension costs of £20,289 (2020: £18,877).

The charity during the year had on average 9 full time employees (2020:9) and 17 part time employees (2020: 14) corresponding to an estimated 19 full time equivalents (2020: 18).

No employee received emoluments in excess of £60,000 during the year or the previous year.

In addition, at the year-end there were 12 directors (2020: 9). The directors all give freely of their time and expertise and did not receive any emoluments or other benefits.

5. Operating lease commitments

The charity has commitments under an operating lease for land and buildings expiring in 2023 amounting to £28,000 (2020: £42,000).

	2021 £	2020 £
Amounts falling due within 1 year	14,000	14,000
Amounts falling due within 2 to 5 years	14,000	28,000

6. Fixed assets

	Motor Cars £	Computer Equipment £	Total £
COST			
At beginning and end of year	17,650	13,200	30,850
ACCUMULATED DEPRECIATION			
Opening balance	10,935	1,100	12,035
Charge for the year	1,580	4,400	5,980
Closing balance	12,515	5,500	8,015
NET BOOK VALUE	5,135	7,700	12,835

There were no capital commitments at the year-end (2020: none).

NOTES FORMING PART OF THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

7. Investments

At cost and valuation

	2021	2020
	£	£
Short term deposits held at UK banks	233,437	216,713

8. Debtors

	2021	2020
	£	£
Prepayments	757	715

9. Creditors: amounts falling due within one year

	2021	2020
	£	£
Accruals	52,930	37,646
Deferred income	10,679	10,387
Pension contributions	10,150	2,792
	73,759	50,825

10. Analysis of net assets by funds

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
Net assets	257,689	46,786	304,475

11. Restricted income funds

The restricted income funds comprise the following unexpired balances of donations and grants to be applied for the following purposes:

	Opening balances	Incoming resources	Outgoing resources	Closing balances
	£	£	£	£
Children in Need project	122	39,572	(37,679)	2,015
Young carers projects	4,127	15,348	(1,964)	17,511
Adult projects	20,708	40,000	(38,668)	22,040
Covid relief funds	-	104,651	(101,931)	2,720
Other funds	-	2,500	-	2,500
	24,957	202,071	(180,242)	46,786

12. Trustees expenses

Trustees received no expense payments during the year or the previous year. In addition, the charity provided indemnity cover for Trustees costing £683 (2020: £670).

13. Related party transactions

No Trustee or other person connected with the charity had any personal interest in any contract or transaction entered into by the charity during the year. The Trustees are not aware of any related party transactions requiring disclosure.

@solihullcarers



**CARERS
TRUST
US TO
MAKE A
CHANGE**

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**CARERS
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Solihull

SUPPORTED BY:



Solihull Carers Centre (SCC) is a company limited by guarantee and a Registered Charity trading as Carers Trust Solihull (CTS). Registered Company in England No. 04378042. Registered Charity No. 1092613.

Registered Office:
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