

SELF INJURY SUPPORT LTD

(Formerly Known As Bristol Crisis Service For Women)

ACCOUNTS

YEAR ENDED 31 MARCH 2025

Charity Number 1092299
Company Registration Number 04429818

SELF INJURY SUPPORT LTD
FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2025

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SELF INJURY SUPPORT LTD

LEGAL AND ADMINISTRATIVE INFORMATION

YEAR ENDED 31 MARCH 2025

Trustees

The directors of the charitable company ("the charity") are its trustees for the purposes of the charity law and throughout this report are collectively referred to as the trustees.

The Trustees who served during the year and since the year end were as follows:

Eilish Sorohan	(Chair)
Charlotte Spires	
Jenny Ablett	resigned July 2024
Lily Wonham	
Eleanor Staples	(Secretary)
Amy Wells	appointed June 2023
Alice Trew	(Treasurer) resigned July 2024
Kathryn Bryne	(Treasurer) appointed March 2025
Dr Courtney Buckler	appointed Sept 2024 resigned June 2025

CEO

Dee lalljee

Company Secretary

Eleanor Staples

Registered Office

PO Box 3240, 14 Upper Maudlin Street, Bristol, England, BS2 8DJ

Independent Examiners

Joanne Trowbridge MAAT
Bristol Community Accountants CIC
The Park,
Daventry Road,
Knowle,
Bristol
BS4 1DQ

Bankers

CAF Bank Ltd,
Kings Hill,
West Malling,
Kent
ME19 4TA

SELF INJURY SUPPORT LTD

TRUSTEES' REPORT

YEAR ENDED 31 MARCH 2025

Introduction

The Trustees are pleased to present the annual report for year ending 31st March 2025 and the unaudited financial statements of the charity for the period therein.

Reference and administrative information set out on page 2 forms part of this report. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Structure, governance and management

Self Injury Support Ltd, originally registered as Bristol Crisis Service for Women in 1992 and incorporated as a company limited by guarantee in 2002, has undergone significant change since. In 2014 the organisation's name was changed to Self Injury Support Ltd.

In 2025 we took an important next step, developing a full rebrand to modernise our public image and align our identity with our updated Memorandum and Articles of Association. These amendments enable us to support people of all genders, not just women and girls, while maintaining a dedicated women-and-girls-only service strand in recognition of gendered patterns of self-injury. Our new brand better reflects our service users' needs and ensures greater reach in today's digital world. More detail is included below.

Self Injury Support Ltd is governed by its Memorandum and Articles of Association. In the event of the company being wound up, members are required to contribute an amount not exceeding £1.

Recruitment and Appointment of Trustees

Recruitment and appointment of trustees continues to follow our established process, with an emphasis on strengthening diversity and ensuring that the Board reflects the communities we serve. Responsibility for day-to-day operations is delegated to the CEO.

Company Directors also function as Charity Trustees. The Board of Trustees, also known as the Management Group, meets on the first Monday of every month wherever possible. The Board are responsible for the governance and strategic direction of the organisation, including approval of strategic changes, critical role development, determining funding priorities in line with strategic objectives and all other such tasks which impact the Charity's ability to achieve its strategic objectives. Responsibility for the day-to-day management of the organisation is delegated to the CEO.

The Board remains largely the same from previous years, reflecting the stability of the organisation at present. The Board continues to recruit for Trustees who may be of strategic benefit to the organisation. Furthermore, the Board continues to evaluate and reflect upon representations of identity, particularly with regards to the diversity of the Board. It is the Board's aim to properly reflect the demographic of service users supported by the Charity, and those demographics we are actively trying to reach.

SELF INJURY SUPPORT LTD

TRUSTEES' REPORT

YEAR ENDED 31 MARCH 2025

Risk management

The Board continues to review regularly the major risks to which the organisation is exposed, establishing and monitoring systems to mitigate those risks. Policies and procedures are reviewed to ensure relevance, compliance with legislation, and alignment with best practice.

Leadership

In 2024, the charity welcomed its new CEO, Dee Lalljee. Dee brings a wealth of leadership experience and has already made a significant impact, professionalising and revitalising the organisation. Dee has been tasked with bringing Self Injury Support's strategy for the next five years to fruition, ensuring that our services remain responsive, sustainable, and inclusive, and broadening our reach. Under Dee's leadership, the organisation has flourished with greater service user reach, staff satisfaction, and a stable but ambitious senior leadership team. We look forward to strengthening our impact and building on the strong foundations established in previous years, and welcome Dee to the team.

Our Activities

Listening Support Services

In February 2024, our Listening Support Services were relaunched. Building on this foundation, during 2024–25 we have gradually expanded opening hours to four nights per week, enabling us to reach significantly more people. Additionally, funding was sourced to begin a dedicated communications campaign with the aim of increasing awareness of the service. This work is currently underway and we look forward to reporting further in the 25/26 report.

From 1 April 2024 – 31 March 2025, volunteers provided:

582 helpline calls answered
136 hours of direct phone support
1415 conversation threads supported
20,718 messages responded to

The service continues to offer a women-and-girls-only helpline service, while now being fully inclusive of all genders across the rest of the week. This ensures both continuity with our roots and accessibility for everyone who self-injures.

Lived Experience Outreach Services

Our outreach team continued to support individuals across Bristol, North Somerset, and South Gloucestershire who present to A&E or urgent care with self-injury but do not meet thresholds for secondary care.

In 2024–25 the service received 131 referrals and supported 79 individuals, offering follow-up appointments to 100% of referrals. Service users rated the service highly, with 100% giving 4 or 5 stars out of 5.

SELF INJURY SUPPORT LTD

TRUSTEES' REPORT

YEAR ENDED 31 MARCH 2025

Group Work

We further developed our group work programme, bringing together 90 participants both online and in person, to share their experiences and reduce stigma, including a performance piece and exhibition about self-injury through time which attracted international attention. All group work is peer led and self-selecting, embedding the core principles of the organisation into the wider communities awareness.

Rainbow Journals

Our most popular resource, the Rainbow Journal, continues to be widely used. In 2024–25 we distributed 68 copies, with strong uptake from under-18s who receive it free of charge.

Website and Digital Resources

Our website continues to serve as a hub for information and access, though evaluation in 2024 determined it was not as effective as it could be. We have identified areas for improvement and have taken the rebrand as an opportunity to rework the structure, allowing for improved navigation and user experience, a more streamlined approach to accessing support, and an enhanced learning area for carers, supporters and those who work with individuals who self harm. We will be launching the new website in the 2025/26 financial year.

Website figures:

In 2024–25 it received 17,339 unique users, with the most accessed pages being:

- Support services/groups 1,554 active users
- Self-help resources – 30,881 page views
- Free downloads - 2,700 Downloads

Evidence of public benefit is clear in outcomes such as:

35% reduction in repeat A&E attendances among outreach service users (as reported by BNSSG ICB)
79% of individuals reported a decrease in their frequency of self-harm

Example of stakeholder feedback:

"Very welcome listening from experienced people who have been unwell in the past. A perfect pace without judgement or remotely patronising. I have to state these sessions to me I feel have been above and beyond and in my case, both life changing and life saving."

"This is such a valuable service for people like me, I didn't know where to turn but because of this service I feel less inclined to self-harm or kill myself"

SELF INJURY SUPPORT LTD

TRUSTEES' REPORT

YEAR ENDED 31 MARCH 2025

Organisational Changes and Opportunities

Change Management

Self Injury Support underwent recruitment for a new CEO in January of 2024 and welcomes Dee Lalljee to the team. The team wish outgoing CEO Naomi Salisbury every success in her new life in America.

Funding

Funding this year has been consistent and steady, owing to the security of two primary contracts: the NHS outreach services contract and the National Lottery bid for the helpline services. This stability and calm have enabled us to take a step back and reflect on the functions of the organisation and the structures we are currently operating within. This in turn has enabled us to better improve our unrestricted cash flow, with the hope of enabling us to be more agile in response to changing service users needs and wider social or political environments.

Strategic Direction

Owing to the funding stability, Self Injury Support has been able to review and consider its strategic direction more comprehensively. Significant work is underway on this and we look forward to reporting further in the 2024-25 annual report.

Operational considerations

Reserves Policy

It is the policy of the charity to work towards a reserve fund level which equates to approximately three months unrestricted expenditure. Free reserves at the end of the year amounted to £58,022, and projects were bolstered with funding carried across the financial year.

Investment policy

As income from funders is utilised a short time after receipt, the Trustees consider that the most appropriate policy for investing funds is to place them on short-term deposit. This will be reviewed annually and investment will be considered if free reserves are substantial enough.

Public Benefit

Self Injury Support aims to reduce stigma and support those who self injure and are emotionally stressed thereby. The public benefits which flow from this are enabling individuals who are struggling with self injury to understand their own feelings and motivations better, often reducing rate or severity of self injury and therefore enabling service users to cope more effectively with their stresses, participate more fully in society and promote stigma-free, health focused, coping mechanisms more widely.

The outreach service also provides vital support for those who self injure. The public benefits from this are evidenced in the alleviated strain on traditional health services who are less well equipped to work with self injury. The outreach support services also offer bespoke support more quickly than many NHS services are able due to their lengthy wait times. Furthermore, estimations from the service indicate that only 3% of those that are referred return to A&E with self injury, further alleviating the pressure on health services while also ensuring specialist support for those that need it.

SELF INJURY SUPPORT LTD

TRUSTEES' REPORT

YEAR ENDED 31 MARCH 2025

Education and training arms of the organisation work to reduce stigma, particularly in the social and third sectors such as schools, hospitals, policing and social work, while promoting compassionate approaches to healthcare and wellness. This empowers members of the public and better equips individuals to work with those who self injure, reducing stress at work and increasing cooperation between existing services and state functions.

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit and consider that the information provided in this report, under the heading 'Public Benefit' and throughout the 'Trustees' Report', fully explains how the charity continues to meet the public benefit requirement

Responsibilities of the Trustees

The trustees (who are also directors of Self Injury Support Ltd for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed by order of the Trustees

Eilish Sorohan
Chair

Signed by:

Eilish Sorohan

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Approved by the Trustees on1/12/2025.....

SELF INJURY SUPPORT LTD

INDEPENDENT EXAMINERS REPORT

YEAR ENDED 31 MARCH 2025

I report on the unaudited accounts for the year ended 31st March 2025 set out on pages 9 to 17.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

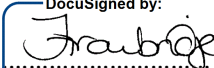
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Association of Accounting Technicians, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Joanne Trowbridge MAAT

DocuSigned by:

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1/12/2025

Bristol Community Accountants CIC
The Park,
Daventry Road,
Knowle,
Bristol,
BS4 1DQ

SELF INJURY SUPPORT LTD**STATEMENT OF FINANCIAL ACTIVITIES (Including Income and Expenditure Account)****YEAR ENDED 31 MARCH 2025**

		Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	Note	£	£	£	£
Incoming and Endowments from:					
Donations and legacies	3	56,007	191,576	247,583	220,285
Charitable activities	4	4,311	-	4,311	5,508
Other trading activities	5	130,513	-	130,513	97,484
Investments	6	3,042	-	3,042	2,919
Total Income		193,873	191,576	385,449	326,196
Expenditure On:					
Raising funds	7	949	4	953	1,247
Charitable activities	8	224,588	186,006	410,594	300,324
Total Expenditure		225,537	186,010	411,547	301,571
Net income		(31,664)	5,566	(26,098)	24,625
Gross transfers between funds		7,821	(7,821)	-	-
Net movement in funds		(23,843)	(2,255)	(26,098)	24,625
Total funds brought forward		81,865	78,194	160,059	135,433
Total funds carried forward	17	58,022	75,939	133,961	160,058

All of the activities of the charity are classed as continuing

The notes on pages 11 to 17 form part of these financial statements

As required by paragraph 4.67 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

** See note 19 for full comparative for 2024

SELF INJURY SUPPORT LTD**BALANCE SHEET****YEAR ENDED 31 MARCH 2025**

	Note	2025 £	2024 £
Fixed Assets	16	3,311	825
Current assets			
Debtors	14	3,177	48,050
Cash at bank and in hand		143,633	163,919
<i>Total current assets</i>		<u>146,810</u>	<u>154,399</u>
Creditors : Amounts falling due within one year	15	(16,160)	(19,791)
<i>Net current assets or liabilities</i>		<u>133,961</u>	<u>135,433</u>
Total net assets or liabilities		<u><u>133,961</u></u>	<u><u>135,433</u></u>
The Funds of the Charity			
Restricted funds	17	75,939	31,467
Unrestricted funds	17	58,022	103,966
		<u>133,961</u>	<u>135,433</u>

The directors are satisfied that the company is entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS102 SORP.

1/12/2025

These financial statements were approved by the trustees on and are signed on their behalf by:

Signed by:


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 Eilish Sorohan - Chair

The notes on pages 11 to 17 form part of these financial statements

SELF INJURY SUPPORT LTD

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

1 Basis of Preparation

- a) These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (issued on 16 July 2014), as amended by Update Bulletin 2 published in October 2018, effective for accounting periods beginning on or after 1 January 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and the Charities Act 2011.

- b) The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern. Given the current state of our funders and funding position, the organisation has no material uncertainties about the charity's ability to continue as a going concern for the foreseeable future.
- c) The charity meets the definition of a public benefit entity as defined by FRS 102.

2 Accounting Policies

- a) Income from donations is included in income when these are receivable, except as follows:
- i) When donors specify that donations given to the charity must be used in future accounting periods, the income is deferred until those periods.
 - ii) When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred until the pre-condition have been met.
- b) Expenditure is recognised in the period in which they are incurred. Expenditure includes attributable VAT which cannot be recovered.
- c) Expenditure is allocated where the costs relate directly to that activity. Support costs have been allocated on the basis of the resources used on the particular activity.
- d) Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:
Computer equipment - 33% p.a. straight line
- e) Rentals applicable to operating lease agreements where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight-line basis over the period of the lease.
- f) Unrestricted funds can be used in accordance with the charitable objects at the discretion of the trustees.
- g) Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.
- h) The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently recognised at amortised cost using the effective interest method.
- i) The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. Pension costs charged in the financial statements represent the contribution payable by the charitable company during the year.

SELF INJURY SUPPORT LTD**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2025****Income and Endowments From:**

3	Donations and Legacies	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
	Grants:				
	Grants	32,000	191,576	223,576	192,630
	Donations	23,203	-	23,203	27,130
	Miscellaneous	804	-	804	525
		<u>56,007</u>	<u>191,576</u>	<u>247,583</u>	<u>220,285</u>

Donations and Legacies prior year

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
<i>Grants</i>	<i>40,000</i>	<i>152,630</i>	<i>192,630</i>
<i>Donations</i>	<i>18,130</i>	<i>9,000</i>	<i>27,130</i>
<i>Miscellaneous</i>	<i>525</i>	<i>-</i>	<i>525</i>
	<u><i>58,655</i></u>	<u><i>161,630</i></u>	<u><i>220,285</i></u>

4	Charitable Activities	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
	Training/Workshops	4,311	-	4,311	5,508
		<u>4,311</u>	<u>-</u>	<u>4,311</u>	<u>5,508</u>

Charitable Activities prior year - all unrestricted

5	Other Trading Activities	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
	Publications	468	-	468	320
	Contract Services	130,045	-	130,045	97,164
		<u>130,513</u>	<u>-</u>	<u>130,513</u>	<u>97,484</u>

Other Trading Activities prior year

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
<i>Publications</i>	<i>320</i>	<i>-</i>	<i>320</i>
<i>Contract Services</i>	<i>97,164</i>	<i>-</i>	<i>97,164</i>
	<u><i>97,484</i></u>	<u><i>-</i></u>	<u><i>97,484</i></u>

SELF INJURY SUPPORT LTD**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2025**

6 Investments	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
Bank Interest	3,042	-	3,042	2,919
	<u>3,042</u>	<u>-</u>	<u>3,042</u>	<u>2,919</u>

Investments prior year - all unrestricted

Expenditure on:

7 Fundraising Activities	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
Fundraising costs	949	4	953	1,247
	<u>949</u>	<u>4</u>	<u>953</u>	<u>1,247</u>

8 Charitable Activities	Staff costs £	Direct costs £	Support costs £	Total Funds 2025 £	Total Funds 2024 £
Contracted services	-	5,745	-	5,745	2,815
Direct project and service costs	176,721	43,514	-	220,235	170,108
Event costs	-	-	449	449	350
Publications	-	-	913	913	633
Training	-	-	3,195	3,195	1,698
Central Staff	68,857	21,738	19,318	109,913	75,982
Professional fees	-	-	15,332	15,332	5,407
Governance	-	-	1,525	1,525	1,500
Loss on disposal	-	-	942	942	-
Office admin costs	-	-	30,613	30,613	22,766
Premises costs	-	-	21,732	21,732	19,065
	<u>245,578</u>	<u>70,997</u>	<u>94,019</u>	<u>410,594</u>	<u>300,324</u>

SELF INJURY SUPPORT LTD
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2025

Charitable Activities prior year

	<i>Staff</i>	<i>Other direct</i>	<i>Support</i>	<i>Total Funds</i>
	<i>Costs</i>	<i>costs</i>	<i>costs</i>	<i>2024</i>
	<i>£</i>	<i>£</i>	<i>£</i>	<i>£</i>
<i>Contracted services</i>	-	2,816	-	2,816
<i>Direct project and service costs</i>	129,271	40,836	-	170,107
<i>Event costs</i>	-	-	350	350
<i>Publications</i>	-	-	633	633
<i>Training</i>	-	-	1,177	1,177
<i>Central Staff</i>	72,514	3,468	-	75,982
<i>Governance</i>	-	-	7,428	7,428
<i>Office admin costs</i>	-	-	22,766	22,766
<i>Premises costs</i>	-	-	19,065	19,065
	<u>201,785</u>	<u>47,120</u>	<u>51,419</u>	<u>300,324</u>

9 Net incoming resources for the year

This is stated after charging:

	2025	2024
	£	£
Independent Examiner's Fees	<u>756</u>	<u>671</u>

10 Staff costs and numbers

The aggregate payroll costs were:

	2025	2024
	£	£
Wages and salaries	224,494	189,510
Social security costs	20,397	14,177
Less Employment allowance	(5,000)	(5,000)
Pension contribution	5,687	3,097
	<u>245,578</u>	<u>201,784</u>

No employee received emoluments of more than £60,000 (2024: £Nil)

The average monthly head count was 11 staff (2024: 11 staff)

The key management personnel of the charity comprise the board of trustees & senior staff members. The total employee benefits of key management personnel, during the year, total £48,167 (2024: £32,365).

11 Taxation

The charity is exempt from corporation tax on its charitable activities.

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2024: £nil). No trustees were reimbursed expenses during the year (2024: £358). No charity trustee received payment for professional or other services supplied to the charity (2024: £nil).

There were no related party transactions during the year

15	Accruals	2025	2024
		£	£
	Trade creditors	5,185	6,725
	PAYE & NIC	4,420	4,144
	Pension	5,180	344
	Accruals and deferred income	1,375	8,436
		<u>16,160</u>	<u>19,649</u>

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SELF INJURY SUPPORT LTD**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2025****17 Movement in funds**

	At 01-Apr 2024 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Mar 2025 £
Restricted funds					
National Lottery Community Fund (20213303)	24,747	157,183	(137,983)	-	43,947
Quartet Community Foundation	-	10,000	-	-	10,000
Postcode Community Trust	19,992	3,313	(3,313)	-	19,992
ACTA	8,076	2,000	(8,076)	-	2,000
The Van Neste Foundation	4,485	-	(4,485)	-	-
Small Grants & donations	17,153	9,080	(22,153)	(4,080)	-
Edward Gostling Foundation	3,741	-	-	(3,741)	-
Betty Messenger Foundation	-	10,000	(10,000)	-	-
	<u>78,194</u>	<u>191,576</u>	<u>(186,010)</u>	<u>(7,821)</u>	<u>75,939</u>
Unrestricted funds	64,068	193,873	(207,740)	7,821	58,022
Designated Funds	17,797	-	(17,797)	-	-
Total funds	<u>160,059</u>	<u>385,449</u>	<u>(411,547)</u>	<u>-</u>	<u>133,961</u>

Purpose of restricted funds:

National Lottery Community Fund - relaunch and development of national helpline service

Quartet Community Foundation - Develop self help resources

Postcode Community Trust - Information and sign posting services

ACTA - Peer support community outreach arts project

The Van Neste Foundation - Towards the costs of providing people with experience of self harm to work with their peers.

Small Grants & donations - including Hobson Charity, Merchant Venturers Group, Betty Messenger Foundation

Edward Gostling Foundation - Core costs and expansion of community support

Betty Messenger Foundation - Core costs to support Listening Services

Purpose of designated funds:

Contracted service provision for 2024/2025

Transfer of funds:

Transfer of core cost allocation from service provision contract and grants during the year.

SELF INJURY SUPPORT LTD
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2025

18 Analysis of net assets between funds

	Tangible Fixed assets £	Other Net assets £	Total £
Restricted Funds	-	75,939	75,939
Unrestricted Funds	3,311	54,711	58,022
Designated Funds	-	-	-
	<u>3,311</u>	<u>130,650</u>	<u>133,961</u>

19 Analysis of prior year funds, as required by paragraph 4.2. of the SORP

	Prior Year Unrestricted Funds 2024 £	Prior Year Restricted Funds 2024 £	Prior Year Total Funds 2024 £
Income and Endowments From:			
Donations and legacies	58,655	161,630	220,285
Charitable activities	5,508	-	5,508
Other trading activities	97,484	-	97,484
Investments	2,919	-	2,919
Total	<u>164,566</u>	<u>161,630</u>	<u>326,196</u>
Expenditure On:			
Charitable activities	203,874	90,268	294,142
Other	5,862	1,566	7,428
Total	<u>209,736</u>	<u>91,834</u>	<u>301,570</u>
Net income/(expenditure)	(45,170)	69,796	24,626
Transfers between funds	23,069	(23,069)	-
Net movement in funds	<u>(22,101)</u>	<u>46,727</u>	<u>24,626</u>
Reconciliation of Funds:			
Total funds brought forward	103,966	31,467	135,433
Total funds carried forward	<u>81,865</u>	<u>78,194</u>	<u>160,059</u>

20 Company limited by guarantee

The company is limited by guarantee and as such has no issued share capital. In the event of the company being wound up the liability of the members is limited to £1 each.