



**REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023  
FOR  
TUMBLE FAMILY CENTRE**

REGISTERED CHARITY NUMBER: 1092188

**TUMBLE FAMILY CENTRE**  
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**FOR THE YEAR ENDED 31 MARCH 2023**

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**TUMBLE FAMILY CENTRE  
REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2023**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of the Accounting and Reporting by Charities: Statement of Recommended Practice Charities (SORP) 2005.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity Number**

1092188

**Registered Office**

Portacabin, rear of Mynydd Mawr  
Woodland Park  
Heol Y Neuadd  
Tumble  
Llanelli  
Carmarthenshire  
SA14 6EL

**Trustees**

Jade Davies	Chairperson
Anna Durran	Treasurer
Brenda Rigg	Secretary
Tina Taylor	Trustee

**Bankers**

Lloyds  
18 Heol-y-Neuadd  
Tumble, Llanelli  
SA14 6EL

**TUMBLE FAMILY CENTRE  
REPORT OF THE TRUSTEES - continued  
FOR THE YEAR ENDED 31 MARCH 2023**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

Tumble Family Centre is a charity governed by a constitution as adopted February 2002 It is registered as a charity with the Charity Commission.

The aims and objects of the charity are "to develop at a local level the skills and nurturing capacity of families, parents and carers so that the well-being and life chances of their children are enhanced."

Plant Dewi are appointed by the Family Centre Management Committee to manage and advise the Co-ordinator.

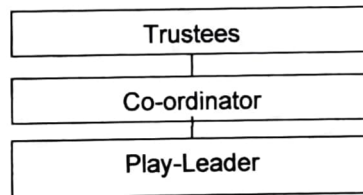
**Appointment of Trustees**

Trustees are appointed as set out in the constitution of the company. Professionals and service users within the community, who have a personal interest in the charity, are invited to join the management committee. Nomination forms are completed and applicants are voted onto the committee as appropriate. Committee members can also be co-opted when appropriate.

**Trustee Induction and Training**

As part of induction all trustees are DBS checked and shown the relevant documentation regarding the running of the family centre.

**Organisation Structure**



Trustees are consulted on all aspects of accounting, policies and procedures. The Co-ordinator is responsible for keeping order of files, office work and over-seeing all day-to-day activities at the centre.

**Related Parties**

Plant Dewi are appointed by the Family Centre Management Committee to manage and advise the Co-ordinator.

**Risk Management**

The trustees have carried out a review of the major risks to the organisation and believe that the level of reserves aimed for in the reserves policy is sufficient to cover adverse conditions that the organisation may face. In addition the organisation has in place financial, personnel and health & safety controls to limit the likelihood and impact of risks. All activities and events are risk assessed prior to commencement. Appropriate DBS checks are done of all staff and volunteers. The trustees will actively monitor risk and review their policies at least annually.

**TUMBLE FAMILY CENTRE  
REPORT OF THE TRUSTEES - continued  
FOR THE YEAR ENDED 31 MARCH 2023**

**OBJECTIVES AND ACTIVITIES**

The object of the charity is about prevention and early intervention.

The constitution states the two objects as "I. The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills. II. The provision of facilities for recreation and other leisure time activities for families with young children in the interests of social welfare with a view to improving conditions of life"

The charity works in partnership with parents and carers. It empowers them in order to better cope with family life and therefore gives their children a better start in life.

The Aims of the Family Centre is to ensure children:-

- Have a flying start in life
- Have a range of education and learning opportunities
- Enjoy the best possible health, free from abuse
- Have access to play, leisure and cultural activities
- Are listened to and respected and have their identity recognised
- Have a safe home and community
- Are not disadvantaged by poverty

The objectives for the next year are to continue to:-

- provide a safe, warm and welcoming environment
- provide access to various play equipment and activities
- offer training and support to families
- provide opportunities to go on trips and outings
- provide open-door policy where everyone is welcomed
- continue outreach work to identify isolated families

The changes we have noticed are that children are better prepared for school life. Also some parents have gone back to employment, gained certificates with our training, learned new skills and children have developed better social skills. Parents and children interact much more freely and enjoy their experiences together.

At the Family Centre Staff provide a safe quality service. Staff provide an opportunity to access information and other services that they may require in order to meet their individual needs. We offer support to parents while caring for their children and try to relieve stress and anxiety within the family. Through questionnaires and evaluation forms parents have told us that through attending the Family Centre their families have gained:-

- improved social and support networks
- improved skills on positive parenting
- improved relationships
- improved resilience
- increased confidence and self-esteem
- increased access to community resources

**Public Benefit**

The public benefit through having a service that provides families with children aged 0-4 years (0-11 school holidays) with free access to a wide variety of play activities, free accredited training/courses on parenting skills, free trips and outings, and an open door policy promoting equal opportunities for all families. The centre also works closely with other like-minded organisations and therefore are able to sign-post families in need to other professionals. By providing this service we preserve and protect health and relieve stress within family relationships.



**TUMBLE FAMILY CENTRE  
REPORT OF THE TRUSTEES - continued  
FOR THE YEAR ENDED 31 MARCH 2023**

**ACHIEVEMENT AND PERFORMANCE**

This year has seen families return to the family centre in numbers similar to those that we saw pre covid. We took the opportunity to facilitate more face-to-face drop-in play sessions, using both the family centre, but also utilising the local community hall to run play sessions on a much larger scale to accommodate the large numbers of families attending. Regular sessions include baby group, active play, language and play, walking group and summer holiday clubs. We developed a sensory room and ran baby massage and baby sensory sessions from there which proved to be very popular especially with new parents. Over the summer holidays we arranged a number of trips and outings including Tenby Dinosaur park, Pembrey country park, Wetlands in Llanelli and local woodland park. These outings were very important to our families as many of them were experiencing financial difficulties as the country entered into the cost of living crisis.

We also facilitated a community fun day to coincide with the Jubilee; we arranged entertainment, games and fun activities for families within the local community to enjoy for free, or at very low cost. This was a great success, and allowed us to reach a number of new families who had not used the family centre previously.

The start of 2023 proved to be difficult as we experienced trouble with the family centre building and we had to find new premises; we were extremely fortunate to be offered to move into the community warm space and social supermarket run by the community council and we have remained there since. This move has proved to be very successful; we have continued to work closely with the community council, and we are able to refer families to the other services within the community hub. We have also maintained our close relationship with Plant Dewi and the Early Years Integration team; we have facilitated joint play sessions and supported families together over the past year. We are looking forward to another year of supporting families within our community and we are hoping to expand and develop our service from our new premises.

**FINANCIAL REVIEW**

**Reserves Policy**

The trustees have reviewed the charity's needs for reserves in line with the guidance issued by the Charity Commission. The greatest area of risk to the effectiveness of the charity is loss of grant income. The trustees feel that given their responsibilities to both the paid workers and the families who benefit from the services a reserve of 3 - 6 months running costs (currently equivalent to £11,506 - £23,012) should be held. This will allow the scheme to function for this period whilst additional funding is raised. The current level of reserves (i.e. £5,316) is below this level and slightly down on the previous year. Steps are being taken to increase unrestricted donations and to increase fee income where possible in order to build up the reserves to the required level.

This level of reserves has been determined taking into account the fact that income is obtained from a range of sources, the extent of protective measures (such as insurance), commitments it has to staff, and other obligations under agreements with third parties.

This policy will be reviewed annually.

**STATEMENT OF TRUSTEES RESPONSIBILITIES**

The trustees are responsible for preparing the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**TUMBLE FAMILY CENTRE  
REPORT OF THE INDEPENDENT EXAMINER  
FOR THE YEAR ENDED 31 MARCH 2023**

**Independent examiner's report to the trustees of Tumble Family Centre**

I report on the accounts of the charity for the year ended 31 March 2023, which are set out on pages 7 to 11.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) or under Regulation 10(1)(a) to (c) of the Charities Accounts (Scotland) Regulations 2006 (the 2006 Regulations) and that an independent examination is needed. The charity is preparing accrued accounts.

It is my responsibility to:

- examine the accounts under section 43 of the Charities 1993 Act and under section 44(1) (c) of the Charities and Trustee Investment (Scotland) Act 2005 (the 2005 Act);
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 43(7)(b) of the 1993 Act; and
- to state whether particular matters have come to my attention.

**Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission and is in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with section 41 of the 1993 Act and section 44 (1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 1993 Act and section 44(1) (b) of the 2005 Act and Regulation 8 of the 2006 Accounts Regulations have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: Mrs Sharon Williams

Date: 23<sup>rd</sup> October 2023

Signed:



**TUMBLE FAMILY CENTRE  
RECEIPTS AND PAYMENTS ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2023**

	Notes	Unrestricted	Restricted	Totals 22/23	Totals 21/22
<b>Receipts</b>					
Gifts and Donations Income		382	0	382	215
Grants		0	34,330	34,330	47,560
Fundraising		325	0	325	525
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Total Receipts</b>		<b>707</b>	<b>34,330</b>	<b>35,037</b>	<b>48,300</b>
<b>Payments</b>					
<b>Charitable Activities</b>					
Bus Hire		0	0	0	640
Cleaning Products		0	129	129	590
Craft Activities		0	1,848	1,848	3,470
Food		0	557	557	1,040
Garden Development		0	0	0	1,650
General Equipment		0	0	0	2,300
Kitchen Accessories		35	0	35	270
Maintenance general		120	0	120	560
Marketing and Publicity		0	0	0	120
Membership Fees		85	0	85	282
Office Equipment		58	0	58	127
Office Supplies/Stationary		0	169	169	68
Printing and Reproduction		0	130	130	120
Refurbishment		0	0	0	0
Reimbursed grants		0	0	0	0
Sessional Wages		0	880	880	3,300
Software Expense		0	90	90	0
Telephone/broadband		0	560	560	480
Toys		0	1,207	1,207	342
Training For Beneficiaries		0	0	0	0
Trips and Events		0	509	509	2,500
Maintenance other		0	0	0	0
Salaries, Tax and NI		0	23,830	23,830	25,480
Staff Training		158	68	226	620
Travel Expenses		0	0	0	242
Utilities		0	2,842	2,842	1,470
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Total Charitable Activities</b>		<b>456</b>	<b>32,819</b>	<b>33,275</b>	<b>45,671</b>



**TUMBLE FAMILY CENTRE  
RECEIPTS AND PAYMENTS ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2023**


	Notes	Unrestricted	Restricted	Totals 22/23	Totals 21/22
Capital costs		0	0	0	0
Governance					
Insurance		0	650	650	625
Professional Fees		0	1,570	1,570	1,880
Total Governance		0	2,220	2,220	2,505
Total Payments		456	35,039	35,495	48,176
Net funds		251	-709	-458	124
B/F Balance Previous Year End		5,065	5,932	10,997	10,873
C/F Balance Current Year End		5,316	5,223	10,539	10,997

**TUMBLE FAMILY CENTRE  
STATEMENT OF ASSETS AND LIABILITIES  
FOR THE YEAR ENDED 31 MARCH 2023**

	<u>31 March 23</u>	31 March 22
<b>ASSETS</b>		
<b>Current Assets</b>		
Cash at bank and in hand		
Lloyds current	5,759	8,972
Lloyds savings	4,780	2,025
<b>Total Cash at bank and in hand</b>	<u>10,539</u>	<u>10,997</u>
<b>Total Current Assets</b>	10,539	10,997
<b>Current Liabilities</b>		
Accounts Payable		
Accounts Payable	<u>0</u>	<u>0</u>
<b>Total Accounts Payable</b>	<u>0</u>	<u>0</u>
<b>Total Current Liabilities</b>	0	0
<b>NET CURRENT ASSETS</b>	<u>10,539</u>	<u>10,997</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>	<u>10,539</u>	<u>10,997</u>
<b>NET ASSETS</b>	<u>10,539</u>	<u>10,997</u>
<b>Fund Breakdown</b>		
Unrestricted reserves	5,316	5,065
Restricted funds	<u>5,223</u>	<u>5,932</u>
<b>Total Funds</b>	<u>10,539</u>	<u>10,997</u>

Signed on behalf of the trustees

Name A DURRAN

Signature 

Date 5/12/23

**TUMBLE FAMILY CENTRE  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023**

**1. Accounting Policies**

The accounts have been prepared on a Receipts and Payments basis and in accordance with the Accounting and Reporting by Charities - Statement of Recommended Practice SORP 2005 and applicable accounting standards.

The principal accounting policies adopted in the preparation of the accounts are as follows:

Incoming Resources

Recognition of incoming resources: These are included in the Statement of Financial Activities (SoFA) when received.

Where incoming resources have related expenditure (as with fundraising and contract income) the incoming resources and related expenditure are reported gross in the SoFA.

The value of any volunteer help received is not included in the accounts but is described in the trustee's annual report.

Expenditure

Governance costs include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters.

Restricted funds are to be used for specified purposes as specified by the donor. Expenditure that meets these criteria is identified to the fund.

Unrestricted funds are donations and other income received or generated, for the objects of the charity, without further specified purpose and is available as general funds.

## 2. Restricted Receipts

Restricted funds are received for a specific purpose within the objects of the charity and must be accounted for separately. All income has therefore been shown as restricted where the donor has stated that the income can only be used for a specified purpose or where it has been raised through an appeal for a specified purpose.

Fund movements were as follows:

<b>Fund</b>	<b>B/F</b>	<b>Income</b>	<b>Expenditure</b>	<b>C/F</b>
Moondance Foundation	3,908	0	3,908	0
Awards for all	2,024	0	2,024	0
CCG Fund (L/A)	0	6,240	6,240	0
Families First (L/A)	0	7,941	7,941	0
Garfield Weston	0	7,500	7,500	0
Tesco bags for help	0	1,000	1,000	0
Waterloo Foundation	0	7,500	4,149	3,351
Community Foundation	0	2,000	128	1,872
HMRC	0	2,149	2,149	0
<b>Total Funds</b>	<b>5,932</b>	<b>34,330</b>	<b>35,039</b>	<b>5,223</b>



**TUMBLE FAMILY CENTRE  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022**

**3. Staffing Costs**

**Total staff costs comprised:**

Wages and salaries	£22,004
Tax, National insurance and NEST	£ 2,706
<b>Wage and Salary Staff Costs</b>	<b>£24,710</b>

<b>Payroll fees</b>	<b>£ 150</b>
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<b>Total Staff Costs</b>	<b>£24,860</b>
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The average number of employees in the year, calculated on a full time equivalent basis, was 2

The number of higher paid (including benefits) employees was:

£50,000 - £59,999	Nil
£60,000 to £69,999	Nil

**4. Governance Costs**

There was no trustee remuneration. Governance costs were as follows:

Professional Fees	£1,230
Accounts	£ 340
Insurance	£ 650
<b>Total</b>	<b><u>£2,220</u></b>