

Private and Confidential

Victoria Park Harriers and Tower Hamlets AC
St Augustine's Hall
Cadogan Terrace
London
England
E9 5EG

MHA
910 The Crescent
Colchester Business Park
Colchester
Essex
CO4 9YQ

To Whom it may concern

CONFIRMATION OF REPRESENTATIONS

We confirm to the best of our knowledge and belief that the following representations are made on the basis of having made appropriate enquiries of other trustees and officials of the charity with relevant knowledge and experience and, where appropriate, of inspection of supporting documentation sufficient to satisfy ourselves that, the following representations can be properly made to you in connection with your independent examiner's report on the charity's financial statements for the year ended 31st March 2024:

1. General

We have fulfilled our responsibilities as trustees as set out in the terms of your engagement letter dated 22nd February 2024 under the Charities Act 2011 for preparing financial statements which give a true and fair view in accordance with United Kingdom Accounting Standards (UK Generally Accepted Accounting Practice) (UK GAAP), including the Statement of Recommended Practice, 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102), issued by the joint SORP making body, and for making accurate representations to you.

2. The charity is entitled to exemption from audit and at no time during the year fell into an excluded category. We confirm that the members have not required the charity to obtain an audit of its financial statements for the financial year.
3. We acknowledge that the work performed by you is substantially less in scope than an audit performed in accordance with International Standards on Auditing (UK) and that you do not express an audit opinion.
4. We have made available to you all documents, including minutes of management meetings, necessary for your report. All the charity's transactions have been properly reflected and recorded in the accounting records produced to you. We have not withheld any information, the knowledge of which would cause you to take a different view in your report.
5. The financial statements are free of material misstatements, including omissions.

6. Internal control and fraud

We acknowledge our responsibility for the design, implementation and maintenance of internal control systems to prevent and detect fraud and error. We have disclosed to you the results of our assessment of the risk that the financial statements may be materially misstated as a result of fraud.

We are not aware of any actual, suspected or alleged instances of fraud or irregularities affecting the charity involving management, employees who have a significant role in internal control, volunteers or anyone else where the fraud or irregularities could have a material effect on the financial statements.

7. We confirm we have disclosed to you all information in relation to allegations of fraud or suspected fraud affecting the charity's financial statements communicated by current or former employees, analysts, regulators or others.

8. Going concern

We believe that the charity's financial statements should be prepared on a going concern basis on the grounds that current and future sources of funding or support will be adequate for the charity's needs. We also confirm our plans for future action(s) required to enable the charity to continue as a going concern are feasible. We have considered a period of twelve months from the date of approval of the financial statements. We believe that no further disclosures relating to the charity's ability to continue as a going concern need to be made in the financial statements. We are not aware of any material uncertainties or doubts about the ability of the charity to continue as a 'going concern' for the foreseeable future.

9. Laws and regulations

We are not aware of any events which involve possible non-compliance with statute, regulations, contracts, agreements or the charity's constitution which might prejudice the charity's going concern status or that might result in the charity suffering significant penalties or other loss.

10. Assets and liabilities

The charity has satisfactory title to all assets and there are no liens or encumbrances on the charity's assets, except for those that are disclosed in the notes to the financial statements.

11. We have recorded, as appropriate, all liabilities, both actual and contingent and have disclosed in the notes to the financial statements all guarantees that we have given to third parties.
12. We have no plans or intentions that may materially alter the carrying value and where relevant the fair value measurements or classification of assets and liabilities reflected in the financial statements.

13. Accounting estimates

The methods, data and significant assumptions used by us in making accounting estimates, and their related disclosures, are appropriate to achieve recognition, measurement and disclosure that is reasonable in the context of the UK GAAP financial reporting framework, including the Statement of Recommended Practice 'Charities SORP (FRS102) (second edition – October 2019), issued by the joint SORP making body.

14. Loans and arrangements with officers

The charity has not granted any advances or credit facilities or made guarantees on behalf of directors or trustees other than those disclosed in the financial statements.

15. Legal claims

All claims in connection with litigation that have been, or are expected to be, received have been properly accrued for in the financial statements.

16. Ultimate controlling party

There is no ultimate controlling party.

17. Transactions with related parties

Related party relationships and transactions have been appropriately accounted for and disclosed in the financial statements. We have disclosed to you all relevant information concerning such relationships and transactions and are not aware of any other matters which require disclosure in order to comply with the requirements of the Charities Act 2011 or accounting standards.

18. Subsequent Events

All events subsequent to the date of the financial statements which require adjustment or disclosure have been properly accounted for and disclosed.

19. Grants and donations

All grants, donations and other income, the receipt of which is subject to specific terms or conditions, have been notified to you. There have been no breaches of terms or conditions during the period in the application of such income.

20. Electronic publication of accounts

We do not intend to distribute or publish the financial statements in electronic form,

21. Expenditure recognition

We confirm the following explanations provided in relation to expenditure recognition:
Travel and subsistence expenditure increased by a material amount in the year, and this is due to the closure of Tower Hamlets Community which supplied minibuses. As a result, coaches and other private providers had to be used as an alternative.
Light and heat expenditure increased by a material amount in the year, and this is due to price increases from suppliers for gas and electricity, as well as the introduction of Wi-Fi costs not previously recognised within this category.

Yours faithfully

David Robinson

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Signed on behalf of the trustees:

March 28, 2025

Date of approval of accounts by Board:

Company registration number: 04324630
Charity registration number: 1091712

VICTORIA PARK HARRIERS AND TOWER HAMLETS AC
(A company limited by guarantee and registered charity)

UNAUDITED

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

VICTORIA PARK HARRIERS AND TOWER HAMLETS AC
(A company limited by guarantee and registered charity)

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REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2024

| | |
|----------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Trustees | David Robinson, Chair Cornelia Abe-Minale Simon Wharton (appointed 28 November 2024) Matthew Dawson Jade Dos Santos (appointed 5 September 2023) James Hirst (appointed 22 June 2023) Alan Macdonald (appointed 22 June 2023) Nathaniel Rowland (appointed 22 June 2023) Elizabeth Venables Alf Vickers Valerie Wong Vendula Dohnalova (resigned 28 November 2024) Lily Zechmann (resigned 28 November 2024) |
| Company registered number | 04324630 |
| Charity registered number | 1091712 |
| Registered office | 24 Blackberry Court Woodmill Road London E5 9GE |
| Independent Examiner | MHA Chartered Accountants 910 The Crescent Colchester Business Park Colchester Essex CO4 9YQ |
| Bankers | HSBC Plc 20-21 Electric Parade George Lane London E18 2LX |

VICTORIA PARK HARRIERS AND TOWER HAMLETS AC
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**CHAIRMAN'S STATEMENT
FOR THE YEAR ENDED 31 MARCH 2024**

The chairman presents his statement for the year:

It's been another very successful year for the club and its members and with a steady stream of new members training and racing with us both Track & Field and Road & XC. This new XC season has started really well both in the Chingford and Met Leagues and in 'one off races. Throughout the year many members have also competed in ultra marathons, marathons, half marathons and Fell races. Locally, again we had a significant club presence in both the Hackney Half and Big Half. The captains reports will cover racing in detail. We are particularly pleased to have been able to add a Thursday middle distance training group at the track promoted by Alan as a supplement to the existing track training sessions on Tuesdays. This group was originally coached by Rachel McDonald who still designs the sessions which are now coordinated by Lily Zechmann.

Thanks

On behalf of all club members, it's a privilege for me to thank so many club members who have devoted so much of their time and energy over the past year to support the club and assist athletes in achieving new goals. Most of these Volunteers and Coaches are listed below:

Board Members

A huge thanks to all board members who have served throughout the year Cornelia, Alf, Bessie, Alan, Valerie, Lily, Jade, James Hirst and Nat, both in their appointed roles and also for their numerous other responsibilities and contributions to the club.

Thanks to Vendy who stood down as club secretary and moved to Reading but has remained a club member.

We are pleased to welcome Simon Wharton who took over from Vendy in March and to Matthew Dawson - Club Welfare Officer representative on the Board.

Club Coaches and Leaders

Thanks to all our coaches, leaders and the growing number of volunteers who have joined teams and been appointed into new roles. Thanks to:

- Cornelia Abe-Minale (Athletics Coach Endurance)
- Tony Bunbury (Jumps, Speed, Throws, Endurance)
- Kelvin Richards (Level 2 coach - Jumps, Assistant Coach)
- Margaret Nelson (Attendance secretary - Mile End Track Juniors)
- Alf Vickers (Level 3 coach, Hurdles, Speed)
- Claudine Vickers (Level 2 speed, Level 1 Assistant Coach)
- Mick Cairns (Leadership in Running Fitness) Lead coach for Tuesday structured speed work at the community track), Membership Admin
- Steve Hobbs (Coach in Running Fitness) Lead coach for the Thursday Project V Sessions and additional informal training groups. Road Race organiser
- Ammaarah (Mara) Hafezi (First, Aid, Leadership in Running Fitness, Safeguarding in Athletics for the new 'Couch to 5k sessions
- Simon Wharton. Membership Admin
- Joe Dale (First Aid, Leadership in Running Fitness, Safeguarding in Athletics), Support coach for Tuesday community track sessions and 'Couch to 5k' sessions
- Annie Gammon. (Leadership in Running Fitness, Safeguarding in Athletics, 'Couch to 5k.
- Simeon Bennet - Support leader for Tuesday community track sessions & Project 'V'
- Lydia Briggs – Women's Met League Team Manager,
- David Jones – Men's Met League Team Manager
- Helen Goddard - 3 Bridges Race Organiser

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**CHAIRMAN'S STATEMENT
FOR THE YEAR ENDED 31 MARCH 2024**

- Captains Lily, James & Jade and Volunteers Miry, Lydia, Anna, & all those leading and pacing the different Thursday Tempo runs
- Joyce Berry - Chingford League Team manager with support from Lydia, Sim and numerous other volunteers.
- Anna Fielderova - Track Judge, Handicap Team Organiser with Timekeepers Major &
- Richard and numerous other volunteers marshals
- Gigi Giannella - Welcome Run organiser

Welfare Officers:

- Matthew Dawson and Eilidh Wagstaff - Lead Welfare Officers
- Erica Brown and Joe Dale - Back-up Welfare officers

The many Volunteers, Parents and Carers who helped organise, marshal & assist at Track and Road & XC Races

Membership Admin Team: Mick Cairns, Aminah Francois & Simon Wharton and Neil Cook, previous Membership Admin

The Bar & Social Events Team: Paul Turley, Susan Leese, Sophie Critchlow & Marlis Hasse assisted by numerous Volunteer helpers and Thursday evening cooks.

Clubhouse - facilities operated by 'partner' organisations / individuals.

Following significant improvements and alterations carried out during 2022, we have continued to extend and expand the use of the clubhouse as a fitness centre both for club members and also for a wider section of our local community. These activities include:

- Member-led Gym sessions on Wednesdays and Fridays
- Fabien Lassonde (Victoria Park Fitness) Strength and Conditioning coaching for runners and triathletes
- Pilates / Yoga studio with Sam White (Victoria Park Pilates), Gail Wilkinson (Yoga for runners),
- Duncan Orrock (Pilates classes) and others.
- Joe Dale (Victoria Park Sports Medicine)
- Mums Fit - postnatal exercise classes to improve strength, fitness and posture.

Mile End

Mile End Stadium is now managed Tower Hamlets. Previously it was managed by Better on behalf of Tower Hamlets. Junior club members and club coaches running junior sessions have free access to the track at club training times.

We have a Gym at the track which is partially back in use and we are in ongoing discussion with Tower Hamlets assisted by England Athletics Club Support Manager (London/South East) Amy Murtagh to bring this back into full use, which will require some investment on improvements and continuing maintenance of fitness machines and equipment.

Club Website

The club website is managed by Lee Butler and with input from Club Captains, Adam Millbery with fixtures updates and a number of race report writers. We are aware that it is not always up to date and this is an area where we do need to make some further improvements.

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CHAIRMAN'S STATEMENT
FOR THE YEAR ENDED 31 MARCH 2024

Len Williams

In March this year, very sadly we said goodbye to Len Williams, a long standing club member whose running career with the club stretched back to the early fifties. He was a good quality distance runner who right from a young age competed at County standard. He also met his wife at the club. More recently many club members will have got to know him as a volunteer, and particularly timekeeping with Major at handicaps and a variety of club races. A lovely, perennially cheerful man, we all miss him.

Vphthac

On behalf of the Board, I wish you all safe and well over the coming club year and many thanks to all existing and our many new club members for the value and enthusiasm you all bring to the club, for your achievements big and small that we all enjoy and celebrate. We are committed to our ethos of maintaining a strong, caring, inclusive and supportive club, and to build on our achievements and reputation as one of the leading athletics clubs in the London area and increasingly recognised regionally and nationally.

David Robinson
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David Robinson
Chairman
Date: March 28, 2025

VICTORIA PARK HARRIERS AND TOWER HAMLETS AC
(A company limited by guarantee and registered charity)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2024

The Trustees present their annual report together with the financial statements of the Charity for the year ended 31 March 2024. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Constitution:

Victoria Park Harriers & Tower Hamlets AC is a company limited by guarantee which is also registered as a charity and is under the management of a Board of Trustees. Victoria Park Harriers & Tower Hamlets AC was registered as a charity with the UK Charity Commission on 23 April 2002.

Purposes:

The purpose of the Charity, as per its Memorandum and Articles of Association, is the provision of facilities for public recreation or other leisure time occupation and in particular athletics in the interest of social welfare, with the object of improving the conditions of life of those who reside and work within East London. The main activities undertaken in relation to the purposes of the Charity, as per its governing document, have been described further in the Activities and Achievements section of this report.

Public Benefit:

In setting objectives and planning for current and future activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to Public benefit, including the guidance 'Public benefit: running a charity (PB2)'. All activities have been undertaken for the furtherance of Public Benefit.

Method of appointment or election of Trustees:

The articles of the Charity state there should be a minimum of three trustees. At every annual general meeting one third of the trustees who are subject to retirement by rotation or, if their number is not three or a multiple of three, the number nearest to one third retire from office.

No person other than a trustee retiring by rotation shall be appointed or reappointed a trustee at any general meeting unless he is recommended by the trustees, or a notice proposed by a member eligible to vote at the meeting, and executed by the proposed person, has been given to the trustees within set time limits before the AGM as prescribed in the articles of the Charity.

Organisational structure and decision making:

The business of the Charity is managed by the trustees who may exercise all powers of the Company.

ACTIVITIES AND ACHIEVEMENTS

Women's Road & XC Report 2024 (Jade Dos Santos and Lily Zechmann)

The past year has been a brilliant one for VPH&THAC women. There has been a real sense of team spirit and camaraderie, which has resulted in some amazing performances, achievements, and memories.

Met League 2023/4

Starting off with the Met League 2023/4 season—an amazing season—we were so close to securing the Howard Williams Trophy for the most points from combined men's and women's teams, with only a few points separating us from 1st place. There was much to celebrate:

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- **Kelly Clark** – 1st Vet Woman
- **Jade Dos Santos** – 4th Overall
- **Women's Vet A** – Win
- **Women's A Team** – 2nd place
- **Lydia Briggs** – 9th place
- **Lily Zechmann** – 17th place

It was a brilliant season, with a real team ethos evident throughout. There was a collective drive to represent the club and support one another. The 2023/4 season felt like the culmination of many years of hard work, encouragement, and league promotion. Just a few years ago, we struggled to field full teams in the Met League...

As always, post-race analysis was provided by Neil Cook, a die-hard Met League fan. For the women, this was the 4th season out of the last 5 that we finished 2nd to Heathside. The men scored their highest-ever points total this year, surpassing the previous total by over 300 points. The women lost to Heathside by a mere 48 points across the 5 races.

Met League 2024/5

We got off to a strong start in the first Met League fixture of 2024. We had a clean sweep, with victories in both the senior men's and women's races. The women won by a total of 20 points, with a standout team performance. A total of 31 women made the trip to Claybury to compete, compared to just 19 in the 2022/3 fixture. This was the first-ever Met League fixture where both the women's and men's teams took the win, giving us a great start to secure the Howard Williams Trophy.

Strong individual performances from Claybury included:

- **Jade Dos Santos** – 5th
- **Laura Kaye** – 7th
- **Cat O'Shea** – 14th
- **Lydia Briggs** – 15th
- **Laura Thompson** – 18th
- **Kelly Clark** – 1st V40 Woman, 16th Overall

Following Claybury, a new course at Horsenden Hill for the second fixture of the season saw 34 women travel to West London to compete. More women competing at these events is something we hope to continue seeing grow throughout this season and beyond. Of the 93 athletes making the trip to West London, women accounted for approximately a third. Despite the higher women's attendance compared to Claybury, we narrowly missed out on the top spot to Thames Valley Harriers by only seven points. However, we extended our lead by 34 points.

Strong individual performances from Horsenden Hill included:

- **Ciara Boyd-Squires-Long** – Fantastic debut, 2nd place, staying close to the lead throughout
- **Jade Dos Santos** – 6th
- **Laura Thompson** – 14th
- **Lydia Briggs** – 15th
- **Kelly Clark** – 1st V40 Athlete, 20th Overall

Currently, both our Women's A Team and Vets A Team are in 1st place, while our Women's B Team is in 5th and our Vets B Team is in 9th. This shows the strength and depth of our women's teams. We hope to continue this trend of growing women's participation alongside strong team performances. We're aiming for a historic year.

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North London XC Championships

The North London XC Championships saw some brilliant results, reflecting the strength and depth of running at VPH. Our women's team brought home the 1st Women's Team trophy, and our B Team came 3rd overall. Not only did four VPH women place within the top 10, but for some, this was their first foray into cross-country racing, including **Olivia Nugent**, who took up running in May this year and placed 35th overall.

Road Achievements

Over the past year, we've witnessed some amazing achievements on the road from VPH&THAC women. Marathons and half-marathons continue to be key events for many of our runners. Here are a few noteworthy achievements and personal bests:

- **Laura Thompson** – 79:52 at the Cambridge Half Marathon
- **Molly Bryan** – 80:08 at the Balf Half
- A number of our women have secured sub-85-minute half-marathons, including **Lydia Briggs**, **Cat O'Shea**, **Hannah Somani**, and **Emily Seagar**.

While the club marathon record remains intact—held by **Mandy Dohren** with an impressive 2:52:44—we've had some athletes break the 3-hour barrier this past year:

- **Lydia Briggs** – 2:57:38
- **Cat O'Shea** – 2:58:11
- **Valerie Wong** – Exactly 3:00:00

Katrin Flikschuh ran an incredible 3:14:27, which ranks her 2nd in the UK for V60 in the marathon distance. This is an incredible achievement from Katrin.

We've also seen several women, through hard work and determination, improve on their marathon PB, including **Miry Mayer**, who knocked 21 minutes off her previous marathon PB at the Berlin Marathon, securing 3:56:06, and **Jess Hannah**, who took 13 minutes off her previous PB to secure 3:24 at the London Marathon 2024. Speaking to Miry about her Berlin experience, it is evident that she felt the VPH support in the air during her Berlin Marathon experience, feeling assured that VPH members were diligently tracking and supporting her from afar.

We've also witnessed impressive performances in both 5k and 10k road races, with our women continuing to improve on their PBs.

Several women competed in the Friday Night Under the Lights event at Battersea Park in September, with PBs across the board. Here, **Jade Dos Santos** broke the club 5k record (previously set by **Rachel Thomas** in 2019) with a time of 17:24. Other strong performances came from **Mia Wenchy** (18:06), **Emily Seagar** (18:29), **Clare Hartley-Majoran** (18:39), and **Valerie Wong** (19:14), who is currently ranked 148th V35 in the UK. Many women are working hard to beat their previous bests, and I hope to see this record broken again in the coming months and years with the support of our coaches.

We have also witnessed continued hard work and progression from **Honor Sharp**, who has brought her 5k PB down from 28 minutes to 19:55. I am excited to see what's to come from Honor!

Katrin Flikschuh is currently ranked 4th for the 5k distance for V60 women, with a time of 20:14.

Over the past year, **Hannah Somani** set a new 10k PB with a time of 37:15 at the Trafford 10k, improving from her previous best of 37:37. We have also witnessed many athletes continually improve on their personal bests. **Ruby James**, U17 Junior, secured 39:50. **Hazel Norton Hale**, V40, also secured an impressive PB of 40:52, being ranked 205th V40 in the UK for this distance. Additionally, we had a great team of attendees at the Pride

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10k in September, held in Victoria Park. Here, many VPH women secured PBs in this distance—**Aoife Murray**, **Honor Sharp**, and **Josselin Polini**—and VPH women won the team prize.

We also fielded a team for the ERRA National Road Relays held in Sutton Park on October 5th, where we placed 28th out of 69 teams. The team included **Emily Seager**, **Mia Wenchy**, **Laura Kaye**, and **Jade Dos Santos**. The sense of team spirit amongst athletes was evident, with the team making the journey up to Manchester to compete.

The sense of community is evident with many solo endeavors from VPH&THAC athletes, continuing to raise the club's profile and achievement record. Most notably:

- **Crews to Coast - Robin Norton Hale**, **Valerie Wong**, **Cat O'Shea**, and **Jess Hannah** took part in a 160km relay race from City to Seaside in July. Their strategy was safetyfirst, meaning they ran a longer route than other competitors. If we take distance into account, they would have been the quickest all-women team of the day. Nonetheless, an impressive show of endurance from this team on the day.
- **Isle of Wight Fell Running Championships**, September 2024 - **Cat O'Shea** took the overall Women's win, making this the second year in a row that the women's title was won by a VPH&THAC woman, with **Hazel Norton Hale** taking the win in 2023. This marked the 6th time since 2008 that VPH&THAC women won the team event, with strong racing from **Hazel**, **Cat**, and **Erica Brown**. **Hazel** took home the V40 gold, **Cat** the overall win, and **Elaine Battson** took silver in the V50 category!

Track Achievements

- **Molly Bryan** secured an impressive 17:35 in the 5000m.
- Both **Lydia Briggs** and **Jade Dos Santos** qualified for the Night of the 10,000m PBs, where they raced alongside some elite competition.

Thank You

A huge thank you to everyone who has contributed to the success of these women's performances. To name a few:

- **Adam Millbery**, who has provided invaluable support in his role as Fixtures Secretary, providing comprehensive information for all upcoming fixtures.
- **Lydia Briggs** and **David Jones**, who have led the Met League administration, promotion, and logistics, supporting the team to its current league positioning.
- **Lily Zechmann**, Women's Club Captain, who has provided steadfast support throughout her role over the past few years, fostering and facilitating a positive women's team ethos and building participation rates. It has been a pleasure collaborating with Lily to support women's performance.
- We extend our heartfelt gratitude to numerous club members who have contributed tirelessly to sustain and nurture our club, including Chairman **Dave** and the entire Board, as well as individuals like **Major Carr**, **Simeon Bennett**, and everyone on the membership team.
- Thank you to all of the coaches who continually support our athletes to improve.

Outlook for 2024

As 2023 draws to a close, we have much to celebrate. Our membership continues to expand, and our commitment to fostering participation in both weekly runs at the clubhouse and races remains unwavering. Our goal for the upcoming year is to further increase women's participation in race events, including Cross Country and Athletics, build a formidable women's team, and continue our efforts to promote diversity and welcome new members into our club.

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Middle Distance Training Group Highlights in 2024 - Lily Zechmann

In May, the **Middle Distance Training Group** took off under the guidance of Coach Rachel McDonald. Created for athletes specialising in 800m, 1500m, 3000m, and even 5000m, the group aimed to provide dedicated training for senior members focusing on these distances, particularly those interested in track racing. Now largely member-led, the group continues to meet every Thursday at Mile End, offering a valuable alternative for those not focused on longer races like 10K or beyond.

The group's members have enjoyed a strong season of performances. **Samantha Lamb** ran a solid **2:34 in the 800m** at the Watford Meet in September and followed it up with a strong effort in the 1500m at the Masters Open Track and Field Championships. **Adam Lacey** returned to the 800m after years away from the distance, clocking an impressive **2:00** at the Mile End SAL. Laura Hindley, another returnee to middle-distance racing, shone at the SAL events, delivering strong performances in the 800m and 1500m at Mile End—her first time racing these distances since 2012!

There were personal bests too—**Matthew Dawson** achieved a **17:03** in the 5000m at the Dartford SAL. Meanwhile, **David Jones**, a consistent attendee, made strides in both middle-distance races and the steeplechase, which he took on for the first time this year. David has returned to middle-distance running after competing in these events back in 2017, showing great progress this season.

The Middle Distance Training Group has become a valuable resource for athletes keen to compete in these distances or work on their speed. It continues to offer an encouraging space for those looking to challenge themselves and improve on the track.

Men's Road & XC Report 2024 (James Hirst and Nat Rowland)

A positive year for the men's side of the club with progress made across all major events. Starting on our two main focus points from the year:

Met League 2023/24

A second placed finish for our Men's squad behind Highgate (again!). An increase in our points from 2022 wasn't enough as Highgate also increased their points total. We hoped our consistent second place finishes would be enough to help the club achieve the Howard Williams trophy, unfortunately we needed a victory on the final fixture where we couldn't quite overcome a depleted Highgate squad.

Highest individual point scorers across the Met League season from:

Alex Lawrence – 4th
James Hotham – 6th
Paul Martelletti – 12th
Julien Lepretre – 19th
Dom Howarth – 23rd
Nat Rowland – 30th
David Jones – 36th

Success followed across our B & C squads as well as our Vets performances:

- Men's B won Division 2 and promoted
- Men's C won Division 3 and promoted
- Men's Vets won Division 1
- Men's Vets B won Division 2 and promoted

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- Men's Vets C won Division 3 and promoted

On an individual level:

- Paul Martelletti top Vet
- David Jones 6th
- Alex Douglas 9th
- Neil Cook 10th

We go again in 2024/25

Road Relays

12 Stage Road Relays – Spring 2024

An impressive set of results for the men's squad with our highest results ever at both Southern and National Road Relay events. At Milton Keynes we finished 6th ahead of some more traditionally prestigious clubs. Alex Lawrence a star performer on the day coming back 2nd on the first leg.

Onto Nationals at Sutton Coldfield and another all-time highest finish of 18th. Alex Lawrence again the standout performance coming back in 3rd place at the end of our first leg.

What stood out across both Southern and National events is that the depth within our men's squad is really deep. 17 different VPH members turned out with no noticeable drop-off in performance.

6 Stage Road Relays – Autumn 2024

At Southern Road Relays, we fielded 2 teams. Our A team finishing 13th and our B team finishing 39th. The A team were 15 seconds away from a top 10 finish which is amazing with a race that lasts just under 2 hours. The margins are minimal. A returning John Payne produced the performance of the day with an incredibly impressive 16th place on a difficult second leg.

Notwithstanding an impressive pair of performances at Southern, it was disappointing that we were unable to field a team at National Road Relays a couple of weeks later. Reasons included availability and prioritising met league the week before. Work around our calendar planning needs to improve which we've discussed and put plans in place for next year. Beyond Met League and Road Relays, other notable performances and events across the year:

Chingford League

Another victory for the VPHTHAC Men's team, consistently finishing 1st or 2nd at each event. A win in the Seniors individual for Jamie Cornuauud. A win in the Masters category for Joe Dale.

Summer 5k Ladder

Again, we ran our summer 5k ladder to create a bit of competition across the group over the distance. Top 10:

1. Luca Minale – 14:07:02 (2nd claim)
2. Alex Lawrence – 14:17:25
3. Paul Martelletti – 14:45:50
4. Rich Bartram – 14:48:07
5. John Payne – 14:49:20
6. Adam Millbery – 14:55:30

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TRUSTEES' REPORT
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- 7. Dom Howarth – 15:03:50
- 8. Tom Holliday – 15:05:00
- 9. James Hotham – 15:08:50
- 10. Seb Lewis – 15:11:00

Half Marathons/Marathons

Another year of stellar performances on the road with VPH contingent at big half marathon and major marathon events. Standout performances:

HM

- Alex Lawrence – Bath Half – 65:37
- Paul Martelletti – Wokingham Half – 68:38
- James Hotham – Manchester Half – 69:00 (PB)
- John Payne – Big Half – 69:18 (PB)
- Joe Walker – Paddock Wood Half – 69:24 (PB)

Marathon

- Alex Lawrence – London Marathon – 2:17:41 (PB)
- Tom Holliday – London Marathon – 2:24:56 (PB)
- Dave Prosser – Berlin Marathon – 2:26:47 (PB)
- Dom Baxter – Berlin Marathon – 2:28:22 (PB)
- Seb Lewis – London Marathon – 2:30:37 (PB)

2025

For 2025, we've set goals as a men's squad for what we want to try and achieve:

- Win Met League Division 1
- 2 teams participating at Southern 12-Stage Road Relays
- 2 team qualified for National 12-Stage Road Relays
- Top 15 finish at National 12-Stage Road Relays

2024 has been a great year for progress across the majority of our Men's Squad, building depth at the same time. With Met League, getting two teams in Division 1 will enable our strength in depth to hopefully allow us to be even more competitive. The season has started well so far, 1st after Claybury and Horsenden with a rampaging Highgate keeping us honest. Our B team is currently in 5th place which demonstrates the depth this club has. Our C team is top of Division 2.

As a Men's squad, there is going to be a more concerted effort to prioritise Road Relays in the Spring with teams confirmed shortly after the turn of the year.

2025 is hopefully the year for some rewards following a number of years of setting strong foundations and building a real community within our Men's Road and XC squads.

Track and Field (Alan MacDonald)

2024 was a good year for our Senior athletes on the track, showing healthy progress in both Participation levels and Performances, with strong momentum in middle distance events and among our Masters athletes.

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Participation

A similar numbers of athletes, competing in more events

According to PO10, eighty three of our Senior athletes competed in licensed Track & Field competitions (not including our Track Mile Champs) in 2024, down slightly vs 2023, as an increase in women was offset by a fall in men. However, the aggregate number of events entered was up 5.9%, as the individuals competing typically attended more meetings. Notable increases came in middle distances (800, 1500m, 3000m) and 400m. Also Throwing events (albeit off low levels), partially offset by falls in Sprints and in Men's longer distances.

We aim to continue or expand the following initiatives to encourage more members to give Track & Field a try and further boost participation:

Middle Distance Training Group - established to supplement existing coaching sessions that typically focus more on longer distances for Road/XC. As noted in Lily's report, these sessions, planned by Rachel McDonald, have had a noticeably positive effect on T&F participation and performances.

Taster Coaching Sessions – providing opportunities for athletes to (re-)discover hidden talents for Jumps, Throws and Hurdling! As the season progressed, we became more competitive in these events at SAL meetings and we want to maintain positive momentum.

Track Mile Championship – Following a concerted campaign led by **Mick Cairns** to restore it, this was a very successful event. 53 athletes (42 seniors, 11 juniors) took part in seeded races, with **Lyra MacDonald** and **Rich Bartram** winning the trophies as Women's and Men's Club Mile Champions. It was great fun, providing many with their first track race in years (or ever)! We aim to obtain a licence and increase participation next year.

T&F Fixture List – With the help of Fixtures Secretary **Adam Millbery**, we'll continue to compile and publicise a wider list of fixtures for all, including multiple open meetings and masters events, as well as League meetings and Championships. The club was regularly well represented at Wimbledon, Battersea, Watford and Finsbury Park meetings this year, with several athletes recording PBs over multiple distances from 800 to 5000m. Meanwhile, our sprinters enjoyed great success at Stratford and Lee Valley.

Performance

Club Record Breakers in 2024

| Athlete | Event | Record | Prev Hldr | Prev Perf | Date |
|-------------------|-------|----------|------------------|-----------|------|
| Yusuf Bizimana | 800m | 1:44.80 | Yusuf Bizimana | 1:45.74 | 2023 |
| Michael Shonibare | 400m | 47.02 | Adrien Coulibaly | 47.22 | 2017 |
| Luca Minale * | 5000m | 14:07.02 | Paul Martelletti | 14:19.20 | 2018 |

* nb as a second claim member (but still one of our own!), Luca's time may not be credited as an official club record. Both **Yusuf Bizimana** (14.12.70 in 2021) and **Alex Lawrence** (14:17.25 this year) have also broken the previous 5000m record. We will thoroughly update and showcase all our Club T&F records in the new year.

Increased Number of Top UK Rankings

Many more of our athletes had great seasons, reflected in numerous PBs and a very strong increase in the number achieving high UK rankings. Even in the ultra-competitive Senior rankings, we saw an uplift, as our club record breakers, Yusuf, Michael and Luca, were joined in the UK Top 100 by **William Andoh** and **Michelvi Wamba** (our standout sprinters in the SAL), **Sam Hitchings** (Hammer), **Joshua Barrett-Mowatt** (Long Jump), **Rebecca Williams** (400m) and all four of our 10,000m finishers at Parliament Hill – **Lydia Briggs**, **Jade Dos Santos**, **Adam Millbery** and **Joe Walker**, who all ran PBs, with times high in the club's alltime rankings - bringing us up to twelve senior athletes ranked in the UK Top 100 in seventeen events vs five athletes in seven events last year.

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TRUSTEES' REPORT
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| | 2024 | | | | 2023 | | | |
|---------|---------|--------|----------|--------|---------|--------|----------|--------|
| | Events | | Athletes | | Events | | Athletes | |
| | Top 100 | Top 20 | Top 100 | Top 20 | Top 100 | Top 20 | Top 100 | Top 20 |
| Seniors | 17 | 2 | 12 | 2 | 7 | 1 | 5 | 1 |
| Masters | 72 | 28 | 25 | 14 | 55 | 18 | 20 | 12 |

Masters Athletes Success

The uplift in rankings among our Masters athletes (over 35s, bracketed in five year age categories), was even more remarkable. See our [website story](#) for details. Notable Masters Championship successes and Top 10 UK rankings included:

| Athlete | Cat. | Top 10 Rankings & Events | Masters Championships |
|-------------------|---------|------------------------------|--------------------------------------|
| Andre Dahlkamp | V50M | Pentathlon (5) | British 4th (Pentathlon), 5th (1500) |
| Joe Dale | V40M | 2000SC (5) | |
| Steve Garrett (*) | V35M | 400mH (1) | World Champs 2nd (400H) |
| Sam Hitchings | V35M | Hammer (9) | |
| David Jones | V40M | 2000mSC (10) | |
| Sam Lamb | V50W | 800m (7), 1500m (9) | VAC London 1st (800, 1500), World |
| Paul Martelletti | V40/45M | 3000m (4/3), 5000m (3/2) | |
| Alan MacDonald | V55M | 800m (6), 1500m (9) | British Indoor 2nd (800, 1500) |
| David Shortridge | V50M | 100mH (9), 400mH (10) | British Indoor 2nd (400), World |
| Rebecca Williams | V35W | 400m (2), 200m (4), 100m (6) | British Champs 1st (400) |

(* Second Claim member)

Southern Athletics League – A strong finish after a difficult start

Our primary Senior T&F performance goal as a club is to push for promotion in the SAL. We ask all our athletes to prioritise SAL fixtures if possible (with consideration for preparing for major championships etc). This year, we under-achieved relative to our potential, as school exams, fixture clashes and injuries severely depleted our squad in our first two meetings. We bounced back, with a resounding victory at Mile End and the strongest showing of the season for our women at Hemel Hempstead, with Captains **Jade Dos Santos** and **Lily Zechmann**, both coordinating and leading from the front, and lifting us out of the relegation zone.

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TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2024

Top 10 SAL Points Winners

| Athlete | Mtngs | Points |
|-----------------|-------|--------|
| Laura Hindley | 3 | 47 |
| William Andoh | 3 | 30 |
| Rich Bartram | 2 | 30 |
| Jade Dos Santos | 3 | 28 |
| Sam Hitchings | 3 | 27 |
| Jesse Katabazi | 3 | 27 |
| Emily Robinson | 2 | 25 |
| Lyra MacDonald | 4 | 24 |
| Edgar Wetherall | 4 | 20 |
| Michelvi Wamba | 2 | 20 |

(* excludes contribution to relay results)

The SAL is not just for our top athletes. Anybody willing to have a go at some of the less populated events can help us fill slots and gain points. And all participants in all events, scorers and non-scorers, benefit from licenced timekeeping and officials. In total, 61 athletes scored points for us in 2024, with 12 more competing exclusively as non-scorers. And we had a lot of fun along the way! With better coordination and consistency, we can make a more sustained push for promotion next year. **Please mark your diaries with next year's fixtures now!**

1. Saturday 17th May: Stevenage
2. Sunday 22nd June: Luton
3. Sunday 13th July: Mile End
4. Saturday 30th August: Hemel Hempstead

Nominees for Athletes of the Year

Male

William Andoh - Our top male sprinter in the SAL, especially important after Ezekiel Lowe's injury, twice secured sprint double victories (100 and 200m). 4th in the SEAA Southern Champs. Ran a 100m PB of 10.51 (and a wind assisted 10.38) at Lee Valley.

Rich Bartram - Over a very active summer, ran PBs in 800m (1:54.28), 1500m (3:50.65), 3000m and 5000m, with times that rank in the club's all-time top 10 in at least three of the events. Scored maximum points for us in three events at two SAL meetings. Club Track Mile Champion.

Kai Fellows - Ran 49.58, finishing 6th in the EA English National U17 400m final. Finished 3rd in the SEAA Southern final, 6th in the English Schools final and was 12th ranked U17M in the UK.

Paul Martelletti - SBs of 8:41.80 over 3000m and 14:58.42 over 5000m ranked him 3rd and 4th V40M in the UK in 2024. After turning 45, Paul then ran the 3rd fastest 3000m (winning for us at the SAL) and 2nd fastest 5000m by a V45M in 2024 (and 7th fastest of all time)!

Michael Shonibare - equalled and then broke the Club Senior 400m record twice, cutting it to 47.02. 7th in the Senior EA English National Champs final, Middlesex County Champion and 35th ranked Senior Man in the UK. Male Athlete of the Match at the Mile End SAL.

Female

Betsy Agboola - PB of 40.39, when winning the SEAA Southern Champs, ranked her 9th U15W in the UK. Middlesex Champion, 5th at the EA English National Championships and finalist at English Schools Champs. Also ranked 37th over 200m.

Nereci Da Silva - Her Triple Jump PB of 11.91, winning the SEAA Southern Champs, ranked her 4th U17W and in the top 50 of all women in the UK in 2024. EA English National U17 Champion and Middlesex Indoor

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TRUSTEES' REPORT
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Champion.

Sam Lamb - Won V50W Gold over 800 and 1500m at the VAC London Champs. Competed at the World Masters in Gothenburg, only very narrowly missing out on the final. Ranked 7th in the UK over 800m and 9th over 1500m (and demonstrating her range, 28th over Half Marathon, with a PB of 86:49).

Michelvi Wamba - PBs of 11.91 over 100m and 24.32 over 200m rank her 18th and 13th U20W and 73rd and 80th among all women in the UK. Twice won sprint doubles at SALs and was female athlete of the match at Mile End. Missed our final SAL after receiving her first International call up for England, in a Home Countries international.

Rebecca Williams - Took gold in the 400m at the British Masters Champs, having recently turned 35. Her time of 56.74 ranks her 2nd V35W and top 100 among all women in the UK. She also ranks 4th V35W for 200m and 6th for 100m, running her fastest time since 2016.

Junior athletes report 2023-24 (Cornelia Abe-Minale)

The development of junior athletes is continuing to gain momentum. We are working hard to achieve strength and depth of performance in the individual trainings groups.

The club achieved 4th place in the **Youth Development League**, this is a strong result for us as we still do not have many field event specialists and U13 and U15 male sprinters. 4 athletes achieved qualification for **English Schools Track and Field Champs**:

Betsy Agboola Junior girls 300m , finalist

Kai Fellows, Inter boys 400m, finalist

Khalid Hussein Junior boys 800m

Lyra MacDonald Inter girls 1500m

Stand out athletes of the year:

Betsy Agboola, U15G 300m 40.39s , Gold SE Champs, Final in EA champs and English Schools, new club record

Kai Fellows U17B 400m 49.58s, 3rd SE champs, final in EA and English Schools champs

Nereci Da Silva U17G Triple jump 11.91m, 4th in the National ranking, Gold SE champs, Silver EA champs

Cross Country:

Our junior squad finished 3rd overall in the **Metleague** behind Shaftesbury Barnet and Woodford. Aidan Wolpert individually winning the U13B standings. 4 athletes qualified for the London team for **English Schools XC** champs in Pontefract, Khalid Hussein, Aneirin Lessard, Lyra MacDonald and Ruby James. 5 athletes achieved Middlesex County selection for the **CAU National Inter-county** champs in Nottingham Khalid Hussein, Aneirin Lessard, Aidan Wolpert, Lyra MacDonald, Ruby James

Current Cross country season went of to a strong start in the Metleague and Cross country relays.

National Cross country relays in Mansfield;

8th U13B Matteo Cinesi, Leo Togher, Herbie Dimmock

11th U15B Khalid Hussein, Aneirin Lessard, Aidan Wolpert

11th U17G Lyra MacDonald, Ruby James, Monika Panoutsou

FINANCE REVIEW

Going concern

After making appropriate enquiries, the trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the Accounting Policies.

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TRUSTEES' REPORT
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Overview

Cash flow was positive this year with higher utilisation of the clubhouse as a fitness centre by our partners (HQ hire), partially offset by club activities and races, as well as the maintenance and renovation we were able to complete.

Investment in assets

The following investments have been made in the current year:

- Maintenance work at the cottage that is rented out;
- Repainting of the hallway and stairway next to the bar;
- A treatment room to be created in the small gym room on the ground floor following consultation with Victoria Park Sports Medicine, providing additional capacity for sports treatment to club members and the local community.

The following investment is planned in the next 12-18 months:

- Purchase of new track equipment including a starter system (this has already taken place in July 2024 with a cost of £5,940);
- Hall & Men's changing room - wood floor sand and re-seal (estimate £7k)
- Bar store room - Groundworks externally, roof/guttering/flashings (estimate £5/6k)
- West Elevation Hall Windows - timber repairs, decorations, ease and refurbish high level opening windows (estimate £7k)

Financial highlights

Income

A breakdown of the last 4 years recurring income streams is provided below.

Recurring income (£)

| | 2021 | 2022 | 2023 | 2024 |
|---------------|--------|--------|----------|---------|
| Donations | 0 | 308 | 300 | 340 |
| Subscriptions | 37,308 | 43,443 | 47,207 | 45,056 |
| Cottage rent | 19,260 | 19,260 | 19,260* | 19,260 |
| HQ hire | 4,740 | 23,878 | 30,256 | 40,277 |
| Club kit | 195 | 1,281 | 387 | 130 |
| | 61,503 | 88,170 | 99,015** | 105,062 |

* 2023 Cottage rent figure updated from £20,865 as the tenants prepaid a month's rent of £1,605 in March 2023. Cottage rent has been consistently £19,260 per annum for the last three years.

**2023 Total figure updated to reflect change to the Cottage rent.

Membership subscriptions – a slight decrease in subscription of 4.5%.

Cottage rent – Cottage rent income has consistently been £19,260 per annum for the last four years.

HQ Hire – the increased utilisation of the clubhouse for fitness and wellbeing services as well as the creation of a new treatment room resulted in an increase in the revenue from HQ hire.

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TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2024

HQ hire (£)

| | 2022/23 | 2023/24 |
|-------------------------------|----------------|----------------|
| Victoria Park Sports Medicine | 7,835* | 11,203*** |
| Personal training | 3,230 | 5,250 |
| Pilates studio | 19,491 | 23,287 |
| Other | 353* | 1,085 |
| Total | 30,909 | 40,825 |

*Figures updated to reflect additional payments of £600 (Victoria Park Sports Medicine) and £52.5 (Other) made post-YE 2022/23 for rental in the 2022/23 financial year.

**Figure updated to reflect change to HQ hire amount from Victoria Park Sports Medicine and Other

***Includes payment of £1,200 (Victoria Park Sports Medicine) made post-YE 2023/24 for rental in the 2023/24 financial year.

Expenditure

Travel and subsistence costs were almost doubled of the previous year and exceeded precovid level. (£13,947 in 2023/24 vs £7,446 in 22/23)

Utility costs have substantially increased, reflecting the increase in energy costs (£28,440 in 23/24 vs £5,092 in 22/23).

Maintenance costs have also increased noticeably, primarily driven by the work done in the cottage for rent and the creation of a new treatment room.

There were some coaching fees incurred for the Come and Try Athletics events that were able to take place. These are funded either by schools providing income or by specific grants (i.e. LBTH mainstream grant).

Affiliation, track and race entry fees increased from prior year as we fielded more athletes across various events (£20,640 in 23/24 vs £18,947 in 22/23).

Cash Flows

The table below gives the closing cash position at the last two financial year-ends and also at end September 2023. The club benefited from increased HQ hire income from higher utilisation of the clubhouse for external partner services in 23/24. The club's calculated minimum cash reserve is 6 months expenditure, approximately £45,000.

| Cash position | Closing 31/03/2024 | Closing 31/03/2023 | Movement 2023-24 | Current 01/11/2024 |
|-------------------------------------------|-----------------------|-----------------------|---------------------|-----------------------|
| Current account | 125,411 | 101,395 | 24,016 | 126,841 |
| Deposit | 66,976 | 66,747 | 229 | 66,976 |
| Development account | 10,533 | 11,407 | 23,141 | 220,290 |
| Total Cash | 221,729 | 198,587 | 23,141 | 220,290 |
| <i>Cash excluding development account</i> | <i>211,196</i> | <i>187,180</i> | <i>24,016</i> | <i>212,626</i> |

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TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2024

Reserves policy

The trustees consider that an appropriate level of reserves in respect of unrestricted funds is an amount to generate a working capital to cover approximately six months of the charity's annual costs excluding expenditure chargeable against the restricted income and funds and designated reserves. Based on the charity's level of activity it is considered that a minimum appropriate level of unrestricted funds would be £45,000.

Future plans

- The following investments are in process or planned for the current year:
- Fitness equipment in the gym at Mile End track
 - IT Investments on membership management system.
 - Maintenance works at the clubhouse as noted above under Investment in assets

This report has been prepared taking advantage of the small companies' exemption of the Companies Act 2006.

Approved by order of the members of the board of Trustees and signed on their behalf by:

David Robinson
.....
David Robinson
Chairman
Date: March 28, 2025

VICTORIA PARK HARRIERS AND TOWER HAMLETS AC
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STATEMENT OF TRUSTEES' RESPONSIBILITIES
FOR THE YEAR ENDED 31 MARCH 2024

The Trustees (who are also the directors of the Charity for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees and signed on its behalf by:

David Robinson
.....
David Robinson
Chair

Date: March 28, 2025

VICTORIA PARK HARRIERS AND TOWER HAMLETS AC
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INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2024

Independent examiner's report to the Trustees of Victoria Park Harriers and Tower Hamlets AC
('the Charity')

I report to the charity Trustees on my examination of the accounts of the Charity for the year ended 31 March 2024.

Responsibilities and basis of report

As the Trustees of the Charity (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: *MHA*

Dated: March 28, 2025

Cara Miller

ACCA

MHA

Chartered Accountants, 910 The Crescent, Colchester Business Park, Colchester, Essex, CO4 9YQ

VICTORIA PARK HARRIERS AND TOWER HAMLETS AC
(A company limited by guarantee and registered charity)

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2024

| | Note | Unrestricted funds 2024 £ | Restricted funds 2024 £ | Total funds 2024 £ | Total funds 2023 £ |
|---------------------------------------------------------------------|------|------------------------------------|----------------------------------|-----------------------------|-----------------------------|
| Income from: | | | | | |
| Donations | 4 | 340 | - | 340 | 300 |
| Charitable activities | 5 | 54,746 | - | 54,746 | 55,053 |
| Other trading activities | 6 | 68,159 | - | 68,159 | 55,701 |
| Bank interest receivable | | 634 | - | 634 | 229 |
| Total income | | 123,879 | - | 123,879 | 111,283 |
| Expenditure on: | | | | | |
| Charitable activities | | 142,753 | - | 142,753 | 111,501 |
| Total expenditure | | 142,753 | - | 142,753 | 111,501 |
| Net expenditure before net gains/(losses) on investments | | (18,874) | - | (18,874) | (218) |
| Net gains/(losses) on investments | | 713 | - | 713 | (1,029) |
| Net movement in funds | | (18,161) | - | (18,161) | (1,247) |
| Reconciliation of funds: | | | | | |
| Total funds brought forward | | 1,243,156 | 5,084 | 1,248,240 | 1,249,487 |
| Net movement in funds | | (18,161) | - | (18,161) | (1,247) |
| Total funds carried forward | | 1,224,995 | 5,084 | 1,230,079 | 1,248,240 |

All income and expenditure derive from continuing activities.

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 23 to 39 form part of these financial statements.

VICTORIA PARK HARRIERS AND TOWER HAMLETS AC
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REGISTERED NUMBER: 04324630

BALANCE SHEET
AS AT 31 MARCH 2024

| | Note | 2024 £ | 2023 £ |
|----------------------------------------|------|-------------------------|-------------------------|
| Fixed assets | | | |
| Tangible assets | 10 | 1,008,632 | 1,049,452 |
| Investments | 11 | 19,749 | 19,036 |
| | | <u>1,028,381</u> | <u>1,068,488</u> |
| Current assets | | | |
| Debtors | 12 | 4,604 | 5,634 |
| Cash at bank and in hand | | 203,325 | 179,549 |
| | | <u>207,929</u> | <u>185,183</u> |
| Creditors: amounts due within one year | 13 | (6,231) | (5,431) |
| Net current assets | | <u>201,698</u> | <u>179,752</u> |
| Total net assets | | <u><u>1,230,079</u></u> | <u><u>1,248,240</u></u> |
| Charity funds | | | |
| Restricted funds | 14 | 5,084 | 5,084 |
| Unrestricted funds | 14 | 1,224,995 | 1,243,156 |
| Total funds | | <u><u>1,230,079</u></u> | <u><u>1,248,240</u></u> |

The Charity was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:

David Robinson

.....
David Robinson
Chair

Date: March 28, 2025

VICTORIA PARK HARRIERS AND TOWER HAMLETS AC
(A company limited by guarantee and registered charity)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

1. General information

Victoria Park Harriers and Tower Hamlets AC is a charitable company limited by guarantee and is registered with the Charity Commission (Charity Registered Number 1091712) and Registrar of Companies (Company Registration Number 04324630) in England and Wales.

In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the Charity. The address of the registered office is given in the Charity information on page 1 of these financial statements.

The nature of the Charity's operations and principal activities are detailed in the Trustees' Annual Report.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Victoria Park Harriers and Tower Hamlets AC meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value.

The financial statements are presented in sterling which is the functional currency of the Charity and rounded to the nearest pound.

2.2 Going concern

The financial statements have been prepared on a going concern basis. The Trustees have considered relevant information, including the annual budget and forecast future cash flows in making their assessment. Based on these assessments and having regard to the resources available to the entity, the Trustees have concluded that there is no material uncertainty and that they can continue to adopt the going concern basis in preparing the annual report and accounts.

VICTORIA PARK HARRIERS AND TOWER HAMLETS AC
(A company limited by guarantee and registered charity)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

2. Accounting policies (continued)

2.3 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

For donations to be recognised the Charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the Charity and it is probable that they will be fulfilled.

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the Charity. Income is received in exchange for supplying goods and services in order to raise funds and is recognised when entitlement has occurred.

The Charity receives grants in respect of furthering its charitable objectives. Income from grants are recognised at fair value when the Charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

Investment income is earned through holding assets for investment purposes such as shares and property. Where it is not practicable to identify investment management costs incurred within a scheme with reasonable accuracy the investment income is reported net of these costs. It is included when the amount can be measured reliably.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the Bank.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

VICTORIA PARK HARRIERS AND TOWER HAMLETS AC
(A company limited by guarantee and registered charity)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

2. Accounting policies (continued)

2.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

Support costs are those that assist the work of the Charity but do not directly represent charitable activities and include office costs, governance costs and administrative costs. They are incurred directly in support of expenditure on the objects of the Charity. Where support costs cannot be directly attributed to particular headings they have been allocated to expenditure on charitable activities on a basis consistent with use of the resources. Governance costs are those incurred in connection with the running of the Charity and compliance with constitutional and statutory requirements.

All expenditure is inclusive of irrecoverable VAT.

2.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.6 Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

2.7 Tangible fixed assets and depreciation

Tangible fixed assets costing £500 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

VICTORIA PARK HARRIERS AND TOWER HAMLETS AC
(A company limited by guarantee and registered charity)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

2. Accounting policies (continued)

2.7 Tangible fixed assets and depreciation (continued)

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following bases:

| | |
|---------------------|-----------------|
| Freehold property | - 10 - 50 years |
| Athletics equipment | - 5 years |

2.8 Investments

Fixed asset investments are a form of financial instrument and are initially recognised at their transaction cost and subsequently measured at fair value at the Balance sheet date, unless the value cannot be measured reliably in which case it is measured at cost less impairment. Investment gains and losses, whether realised or unrealised, are combined and presented as 'Gains/(Losses) on investments' in the Statement of financial activities.

2.9 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.10 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.11 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

VICTORIA PARK HARRIERS AND TOWER HAMLETS AC
(A company limited by guarantee and registered charity)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

2. Accounting policies (continued)

2.12 Financial instruments

The Charity only holds basic Financial Instruments. The financial assets and financial liabilities of the Charity are as follows:

Debtors - trade and other debtors (including accrued income) are basic financial instruments and are debt instruments measured at amortised cost as detailed in Note 12. Prepayments are not financial instruments.

Cash at bank – is classified as a basic financial instrument and is measured at face value.

Liabilities – trade creditors, accruals and other creditors will be classified as financial instruments, and are measured at amortised cost as detailed in Note 13. Deferred income is not deemed to be a financial liability, as in the cash settlement has already taken place and there is simply an obligation to deliver charitable services rather than cash or another financial instrument.

2.13 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

VICTORIA PARK HARRIERS AND TOWER HAMLETS AC
(A company limited by guarantee and registered charity)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

3. Critical accounting estimates and areas of judgment

Estimates and judgments are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The Charity makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

- Allocation of support costs
- Depreciation rates for tangible fixed assets

4. Income from donations

| | Unrestricted funds 2024 £ | Total funds 2024 £ | Total funds 2023 £ |
|------------|------------------------------------|-----------------------------|-----------------------------|
| Donations | 340 | 340 | 300 |
| | | | |
| Total 2023 | 300 | 300 | |

VICTORIA PARK HARRIERS AND TOWER HAMLETS AC
(A company limited by guarantee and registered charity)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

5. Income from charitable activities

| | Unrestricted funds 2024 £ | Total funds 2024 £ | <i>Total funds 2023 £</i> |
|--------------------------|----------------------------------------------|---------------------------------------|---------------------------------------|
| Coaching income | 9,560 | 9,560 | 7,200 |
| Open 5 | - | - | 259 |
| Membership subscriptions | 45,056 | 45,056 | 47,207 |
| Sale of club kit | 130 | 130 | 387 |
| Total 2024 | <u>54,746</u> | <u>54,746</u> | <u>55,053</u> |
| <i>Total 2023</i> | <u>55,053</u> | <u>55,053</u> | |

Coaching income represents the provision of coaching to local schools, which is funded directly by London Borough of Tower Hamlets and / or the schools involved in the programmes.

6. Income from other trading activities

Income from fundraising events

| | Unrestricted funds 2024 £ | Total funds 2024 £ | <i>Total funds 2023 £</i> |
|-----------------------|----------------------------------------------|---------------------------------------|---------------------------------------|
| Cottage rental income | 17,655 | 17,655 | 20,248 |
| Hall hire | 39,007 | 39,007 | 32,066 |
| Bar sales | 11,497 | 11,497 | 3,387 |
| Total 2024 | <u>68,159</u> | <u>68,159</u> | <u>55,701</u> |
| <i>Total 2023</i> | <u>55,701</u> | <u>55,701</u> | |

VICTORIA PARK HARRIERS AND TOWER HAMLETS AC
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

7. Analysis of expenditure by activities

| | Activities undertaken directly 2024 £ | Support costs 2024 £ | Total funds 2024 £ |
|--------------------------------------------|---------------------------------------------------|-------------------------------|-----------------------------|
| Providing facilities for public recreation | 43,794 | 98,959 | 142,753 |

| | Activities undertaken directly 2023 £ | Support costs 2023 £ | Total funds 2023 £ |
|--------------------------------------------|---------------------------------------------------|-------------------------------|-----------------------------|
| Providing facilities for public recreation | 37,240 | 74,261 | 111,501 |

VICTORIA PARK HARRIERS AND TOWER HAMLETS AC
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

7. Analysis of expenditure by activities (continued)

Analysis of direct costs

| | Total funds 2024 £ | Total funds 2023 £ |
|-----------------------------------|---------------------------------------|---------------------------------------|
| Coaching fees | 5,170 | 6,840 |
| Awards | 1,487 | 925 |
| Club Kit | 4,948 | 5,689 |
| Travel and subsistence | 13,947 | 7,446 |
| Affiliation, entry and track fees | 17,040 | 15,580 |
| Medical cover | - | 462 |
| Athletics equipment | 199 | 298 |
| Training | 1,003 | - |
| | 43,794 | 37,240 |

Analysis of support costs

| | Total funds 2024 £ | Total funds 2023 £ |
|-------------------------|---------------------------------------|---------------------------------------|
| Depreciation | 40,820 | 41,706 |
| Rates and utilities | 31,019 | 16,477 |
| Insurance | 4,364 | 4,986 |
| Repairs and Maintenance | 14,348 | - |
| Sundry expenses | 925 | 1,258 |
| Governance | 2,551 | 4,020 |
| Website expenses | 4,932 | 5,814 |
| | 98,959 | 74,261 |

All governance costs relate to independent examiners fees, further details of which can be found in Note 8.

VICTORIA PARK HARRIERS AND TOWER HAMLETS AC
(A company limited by guarantee and registered charity)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

8. Independent examiner's remuneration

| | 2024 £ | 2023 £ |
|---------------------------------------------------------------------------------------------------------------------|-----------|-----------|
| Fees payable to the Charity's independent examiner for the independent examination of the Charity's annual accounts | 4,380 | 4,020 |

9. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2023 - £NIL).

The Charity has no employees (2023 - Nil) and the Trustees are considered to be the Key Management Personnel.

During the year ended 31 March 2024, travel and subsistence expenses totalling £16,134 were reimbursed or paid directly to 8 Trustees (2023 - £2,510 to 3 Trustees).

VICTORIA PARK HARRIERS AND TOWER HAMLETS AC
(A company limited by guarantee and registered charity)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

10. Tangible fixed assets

| | Freehold property £ | Athletics equipment £ | Total £ |
|--------------------------|------------------------------------|--------------------------------------|--------------------|
| Cost or valuation | | | |
| At 1 April 2023 | 1,750,450 | 71,230 | 1,821,680 |
| At 31 March 2024 | 1,750,450 | 71,230 | 1,821,680 |
| Depreciation | | | |
| At 1 April 2023 | 700,998 | 71,230 | 772,228 |
| Charge for the year | 40,820 | - | 40,820 |
| At 31 March 2024 | 741,818 | 71,230 | 813,048 |
| Net book value | | | |
| At 31 March 2024 | 1,008,632 | - | 1,008,632 |
| At 31 March 2023 | 1,049,452 | - | 1,049,452 |

The land and buildings were purchased by a club trust in 1961, which preceded the incorporation of the Charitable Company and was transferred to the Charity in 2003. The land and buildings were revalued by the Trustees in 2008. This revaluation (original value - £nil) is matched by a designated fund which reduces by the amount of depreciation each year.

VICTORIA PARK HARRIERS AND TOWER HAMLETS AC
(A company limited by guarantee and registered charity)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

11. Fixed asset investments

| | Listed investments £ |
|--------------------------|----------------------------|
| Cost or valuation | |
| At 1 April 2023 | 19,036 |
| Revaluations | 713 |
| | |
| At 31 March 2024 | 19,749 |
| | |
| Net book value | |
| At 31 March 2024 | 19,749 |
| | |
| At 31 March 2023 | 19,036 |

All fixed asset investments are held in the UK.

12. Debtors

| | 2024 £ | 2023 £ |
|--------------------------------|-----------|-----------|
| Due within one year | | |
| Prepayments and accrued income | 4,604 | 5,634 |
| | | |
| | 4,604 | 5,634 |

VICTORIA PARK HARRIERS AND TOWER HAMLETS AC
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

13. Creditors: Amounts falling due within one year

| | 2024 £ | 2023 £ |
|------------------------------|--------------|--------------|
| Other creditors | 1,851 | 1,851 |
| Accruals and deferred income | 4,380 | 3,580 |
| | <u>6,231</u> | <u>5,431</u> |

VICTORIA PARK HARRIERS AND TOWER HAMLETS AC
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

14. Statement of funds

Statement of funds - current year

| | Balance at 1 April 2023 £ | Income £ | Expenditure £ | Transfers in/out £ | Gains/ (Losses) £ | Balance at 31 March 2024 £ |
|---------------------------------|---------------------------------|-----------------------|-------------------------|--------------------------|-------------------------|-------------------------------------|
| Unrestricted funds | | | | | | |
| Designated funds | | | | | | |
| Building improvements | 73,455 | - | - | (12,820) | - | 60,635 |
| Revalued property fund | 975,997 | - | - | (28,000) | - | 947,997 |
| Gym refurbishment | 3,000 | - | - | - | - | 3,000 |
| | <u>1,052,452</u> | <u>-</u> | <u>-</u> | <u>(40,820)</u> | <u>-</u> | <u>1,011,632</u> |
| General funds | | | | | | |
| General Funds | <u>190,704</u> | <u>123,879</u> | <u>(142,753)</u> | <u>40,820</u> | <u>713</u> | <u>213,363</u> |
| Total Unrestricted funds | <u>1,243,156</u> | <u>123,879</u> | <u>(142,753)</u> | <u>-</u> | <u>713</u> | <u>1,224,995</u> |
| Restricted funds | | | | | | |
| Fitness for Sport Project | 4,443 | - | - | - | - | 4,443 |
| Other minor projects | 641 | - | - | - | - | 641 |
| | <u>5,084</u> | <u>-</u> | <u>-</u> | <u>-</u> | <u>-</u> | <u>5,084</u> |
| Total of funds | <u><u>1,248,240</u></u> | <u><u>123,879</u></u> | <u><u>(142,753)</u></u> | <u><u>-</u></u> | <u><u>713</u></u> | <u><u>1,230,079</u></u> |

VICTORIA PARK HARRIERS AND TOWER HAMLETS AC
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

14. Statement of funds (continued)

Statement of funds - prior year

| | <i>Balance at 1 April 2022 £</i> | <i>Income £</i> | <i>Expenditure £</i> | <i>Transfers in/out £</i> | <i>Gains/ (Losses) £</i> | <i>Balance at 31 March 2023 £</i> |
|---------------------------------|------------------------------------------|-----------------------|--------------------------|-----------------------------------|----------------------------------|-----------------------------------------------|
| Unrestricted funds | | | | | | |
| Designated funds | | | | | | |
| Building improvements | 73,455 | - | - | - | - | 73,455 |
| Revalued property fund | 1,008,000 | - | - | (32,003) | - | 975,997 |
| Gym refurbishment | 3,000 | - | - | - | - | 3,000 |
| | <u>1,084,455</u> | <u>-</u> | <u>-</u> | <u>(32,003)</u> | <u>-</u> | <u>1,052,452</u> |
| General funds | | | | | | |
| General Funds | 159,948 | 111,283 | (111,501) | 32,003 | (1,029) | 190,704 |
| Total Unrestricted funds | <u>1,244,403</u> | <u>111,283</u> | <u>(111,501)</u> | <u>-</u> | <u>(1,029)</u> | <u>1,243,156</u> |
| Restricted funds | | | | | | |
| Fitness for Sport Project | 4,443 | - | - | - | - | 4,443 |
| Other minor improvements | 641 | - | - | - | - | 641 |
| | <u>5,084</u> | <u>-</u> | <u>-</u> | <u>-</u> | <u>-</u> | <u>5,084</u> |
| Total of funds | <u><u>1,249,487</u></u> | <u><u>111,283</u></u> | <u><u>(111,501)</u></u> | <u><u>-</u></u> | <u><u>(1,029)</u></u> | <u><u>1,248,240</u></u> |

VICTORIA PARK HARRIERS AND TOWER HAMLETS AC
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

14. Statement of funds (continued)

Designated funds

Building Improvements

Funds have been set aside to match the net book value of the building improvements with funds being transferred each year to general funds to match the depreciation charge less additions in the period.

Revalued Property Fund

Similarly a fund has been set aside to match the net book value of the revalued property with funds being transferred each year to general funds to match the depreciation charge.

Gym Refurbishment

A sum has been set aside by the Trustees to cover the refurbishment of Mile End Gym where costs are not covered by grants received.

Restricted Funds

Tower Hamlets Fitness for Sport Grant

The Tower Hamlets Council Fitness for Sport Grant was received by the Charity in 2016. This fund is being used to fund wheelchair coaching and the provision of coaching in local schools.

Other minor projects

This was funding received for the summer scheme and satellite clubs.

VICTORIA PARK HARRIERS AND TOWER HAMLETS AC
(A company limited by guarantee and registered charity)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

15. Analysis of net assets between funds

Analysis of net assets between funds - current period

| | Unrestricted funds 2024 £ | Restricted funds 2024 £ | Total funds 2024 £ |
|-------------------------------|----------------------------------------------|--------------------------------------------|---------------------------------------|
| Tangible fixed assets | 1,008,632 | - | 1,008,632 |
| Fixed asset investments | 19,749 | - | 19,749 |
| Current assets | 202,845 | 5,084 | 207,929 |
| Creditors due within one year | (6,231) | - | (6,231) |
| Total | 1,224,995 | 5,084 | 1,230,079 |

Analysis of net assets between funds - prior period

| | <i>Unrestricted funds 2023 £</i> | <i>Restricted funds 2023 £</i> | <i>Total funds 2023 £</i> |
|-------------------------------|----------------------------------------------|--------------------------------------------|---------------------------------------|
| Tangible fixed assets | 1,049,452 | - | 1,049,452 |
| Fixed asset investments | 19,036 | - | 19,036 |
| Current assets | 180,099 | 5,084 | 185,183 |
| Creditors due within one year | (5,431) | - | (5,431) |
| Total | 1,243,156 | 5,084 | 1,248,240 |

16. Related party transactions

There were no related party transactions in the year (2023 - £NIL).

Certificate Of Completion

| | | |
|--------------------------------------------------------------------------------------------|---------------|----------------------------|
| Envelope Id: 157C0DD9-E60E-467A-8E0F-04331FC24ACF | | Status: Completed |
| Subject: LCVIC02-CH Ursus Property Limited Final Accounts for the year ended 31 March 2024 | | |
| Source Envelope: | | |
| Document Pages: 44 | Signatures: 6 | Envelope Originator: |
| Certificate Pages: 5 | Initials: 0 | Belinda Moore |
| AutoNav: Enabled | | 2 London Wall Place |
| Envelopeld Stamping: Enabled | | London, London EC2Y 5AU |
| Time Zone: (UTC) Dublin, Edinburgh, Lisbon, London | | Belinda.Moore@mha.co.uk |
| | | IP Address: 51.145.127.214 |

Record Tracking

| | | |
|-----------------------|-------------------------|--------------------|
| Status: Original | Holder: Belinda Moore | Location: DocuSign |
| 3/28/2025 10:07:49 AM | Belinda.Moore@mha.co.uk | |

Signer Events

| Signature | Timestamp |
|------------------------------------------------------|-------------------------------|
| David Robinson | Sent: 3/28/2025 10:24:03 AM |
| Davidrobinson@vphthac.org.uk | Viewed: 3/28/2025 10:43:41 AM |
| Security Level: Email, Account Authentication (None) | Signed: 3/28/2025 10:55:37 AM |
| Signature Adoption: Pre-selected Style | |
| Using IP Address: 92.29.249.84 | |
| Signed using mobile | |

Electronic Record and Signature Disclosure:

Accepted: 3/28/2025 10:43:41 AM
ID: b6d058ea-3818-4c3a-a681-7dcfd11fd3cf

| | | |
|------------------------------------------------------|-----|-------------------------------|
| MHA | | Sent: 3/28/2025 10:55:39 AM |
| cara.miller@mha.co.uk | MHA | Viewed: 3/28/2025 10:56:38 AM |
| Security Level: Email, Account Authentication (None) | | Signed: 3/28/2025 10:57:13 AM |
| Signature Adoption: Pre-selected Style | | |
| Using IP Address: 86.177.27.25 | | |

Electronic Record and Signature Disclosure:

Accepted: 3/28/2025 10:56:38 AM
ID: b5038338-1d2c-40ac-91d9-2a104f7f214c

In Person Signer Events

| Signature | Timestamp |
|-----------|-----------|
|-----------|-----------|

Editor Delivery Events

| Status | Timestamp |
|--------|-----------|
|--------|-----------|

Agent Delivery Events

| Status | Timestamp |
|--------|-----------|
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Intermediary Delivery Events

| Status | Timestamp |
|--------|-----------|
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Certified Delivery Events

| Status | Timestamp |
|--------|-----------|
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Carbon Copy Events

| Status | Timestamp |
|--------|-----------|
|--------|-----------|

| | | |
|------------------------------------------------------|-------------------|-------------------------------|
| Alice Pettigrove | <div>COPIED</div> | Sent: 3/28/2025 10:57:15 AM |
| alice.pettigrove@mha.co.uk | | Viewed: 3/28/2025 10:57:28 AM |
| Security Level: Email, Account Authentication (None) | | |
| Electronic Record and Signature Disclosure: | | |
| Not Offered via Docusign | | |

| Carbon Copy Events | Status | Timestamp |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|-----------------------------|
| Valerie Wong valeriewong@vphthac.org.uk Security Level: Email, Account Authentication (None) Electronic Record and Signature Disclosure: Accepted: 9/13/2024 12:50:23 PM ID: c71df739-b76d-40ec-9e28-cd51fb5f12ba | <div>COPIED</div> | Sent: 3/28/2025 10:57:15 AM |

| Witness Events | Signature | Timestamp |
|----------------|-----------|-----------|
|----------------|-----------|-----------|

| Notary Events | Signature | Timestamp |
|---------------|-----------|-----------|
|---------------|-----------|-----------|

| Envelope Summary Events | Status | Timestamps |
|-------------------------|------------------|-----------------------|
| Envelope Sent | Hashed/Encrypted | 3/28/2025 10:24:03 AM |
| Certified Delivered | Security Checked | 3/28/2025 10:56:38 AM |
| Signing Complete | Security Checked | 3/28/2025 10:57:13 AM |
| Completed | Security Checked | 3/28/2025 10:57:15 AM |

| Payment Events | Status | Timestamps |
|----------------|--------|------------|
|----------------|--------|------------|

| Electronic Record and Signature Disclosure |
|--------------------------------------------|
|--------------------------------------------|

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