

Charity registration number: 1091703

Harrow Family Learning Network

Annual Report and Financial Statements

for the Year Ended 31 March 2025

Community Accounting Plus
Unit 1 & 2 Northwest
41 Talbot Street
Nottingham
NG1 5GL

Harrow Family Learning Network

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Harrow Family Learning Network

Reference and Administrative Details

Organisation Name

Harrow Family Learning Network (trading as) HOPE (Harrow)

Trustees

Parul Patel
Miran Shah
Bharti Vyas
Anika Donkor

Senior Management Team

Jane Jaroudi, Director

Principal Office

The Lodge
64 Pinner Road
Harrow
Middlesex
HA1 4HZ

Charity Registration Number

1091703

Independent Examiner

Eva Stevens, employee of
Community Accounting Plus
Unit 1 & 2 Northwest
41 Talbot Street
Nottingham
NG1 5GL

HOPE STAFF AND FACILITATORS

Director (Part time): Jane Jaroudi
Project Manager (Part time): Vera Hart
Bookkeeper (Part time): Diana Frost

Facilitators and Mentors:

Julie Browne, Vera Hart, Jane Jaroudi, Illa Nakarja, Hassiba Rahmoune, Shanthi Sivanathan, Sonya Moledina.

Volunteer Parent Mentors:

Ayesha Khan, Aisha Barikzay, Farzaneh Hooshiari, Razia Zarrien, Rahma Haji, Sabrina Bouhouhou, Yusuf Yusuf.

Harrow Family Learning Network

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2025.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Parul Patel
	Miran Shah
	Bharti Vyas
	Anika Donkor

Structure, governance and management

Nature of governing document

Declaration of trust executed on the 20th day of August 2001 and amended on the 15th November 2001.

Recruitment and appointment of trustees

Trustees are recruited in line with the declaration of trust.

Induction and training of trustees

All trustees receive an induction pack and relevant training.

Trustees attended the following courses:

- Charity Trustees: Role Introduction & Refresher course;
- Trustees Roles & Responsibilities;
- The new Charity Commission Governance code and what it means for your organisation;
- Safeguarding Level 1.

Major risks and management of those risks

Not securing funding to maintain staffing levels and to support our activities linked to our charitable aims.

Harrow Family Learning Network

Trustees' Report (continued)

Objectives and activities

Objects and aims

- a) To advance the education of the public of Harrow and surrounding areas with a view to enhancing the education of families.
- b) To safeguard, protect and preserve the good health, both mental and physical, of children and parents of children.
- c) Prevention of cruelty or maltreatment of children.
- d) Relief of sickness, poverty and need amongst children and their parents.

The aims of the charity are:

- a) To ensure access to parenting support that meets their needs.
- b) Achieve excellence in service delivery through partnership working and continuous service improvement.
- c) To improve relationships between young people and their families.
- d) To stimulate family learning in local community and to cooperate with other agencies in sharing resources, experience and information to promote good practice in family learning.
- e) To deliver high quality, specialised services accessible to individuals and the local community.

Objectives, strategies and activities

We want to make the following practical differences:

- To improve parenting skills where there is a need;
- To increase parental confidence and resilience;
- To enrich the home lives of parents and children;
- To give children the best start in life.

We have worked tirelessly with parents, and health and educational professional to ensure our engagement level is high. We continue to be impressed with the number of parents, from a wide range of cultural groups and speaking a wide variety of languages, who engage enthusiastically to support their families. For the whole community, the willingness of parents from a range of cultural backgrounds and faiths, to come together in our courses and workshops to discuss their parenting issues, is not only to be regarded as a strength but also as an opportunity to forge understanding and friendship between them and between them and their neighbours.

Harrow Family Learning Network

Trustees' Report (continued)

Public benefit

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

The charity's range of supporting activities includes:

- Parenting courses and workshops focusing on specific groups including young children and teenagers and workshops with topics such as anger management motivating teens to learn, motivating children to learn and positive discipline.

Different workshop topics are offered each year selected by reviewing feedback and requests from parents and professionals and in response to identified needs. Participants are introduced to a range of skills to improve their confidence, including positive discipline strategies, reflection, effective communication skills, understanding why Teens do what they do and how to recognise the needs behind the behaviour their children exhibit.

During the pandemic these were all successfully moved to on-line. Due to increased engagement from parents with a preference for this mode of delivery we have moved to delivering both options of on-line and face to face.

Funding was secured to deliver much needed to support to families of children and young people on the Child and adolescent mental health services waiting list. Struggling with parenting a child/young person with mental health concerns is a stressful and anxious time for both parents and their children. This project aimed to offer a lifeline during this difficult and worrying time. The project gave parents access to Monthly peer support groups, themed workshop, a family support worker and 1-2-1 parent mentoring. We successfully supported 217 parents who attended 308 support session.

Feedback from parents receiving support

'I have learnt different methods of communicating when enforcing boundaries which has made my Teen more cooperative and more likely to listen.'

'Finding out strategies to help get to the root of the emotions behind the anger to better understand my child.'

'Helping me to remember how my reactions to situations can change the outcome.'

'Understanding ways to manage my son's anger and ways to approach his triggers to support him and reduce escalation of conflict.'

'It was very useful with practical tips which we could embed immediately. It contained useful self-reflection exercises which helped us understand why we often react the way that we do in certain situations.'

'This course helped me to improve my parenting skills and get better cooperation from all family members.'

'The course and workshops have given me knowledge and information. I have learnt strategies and techniques to support my child as well as better understand her condition and the challenges she faces.'

'Isolation is very common in this world at the moment especially if you have a child who is struggling. The support I received means less problems for my child and the family long term'

- One-to-One Parent Mentoring supports the parent around the issues they are most concerned about, helping them to increase their awareness of their needs, their child's needs and find solutions and strategies to achieve the best outcomes for their family. Most of the parents are concerned about the relationships they have with their children, their children's mental health, setting limits and boundaries and the behaviours they are struggling with at home.

Harrow Family Learning Network

Trustees' Report (continued)

Sessions are parent led and child focused, and take place in the home or a community venue increasing access to support. During the pandemic this service was successfully delivered on-line and is currently moving back to face to face.

As with the courses and workshops, participants are introduced to a range of positive parenting skills to increase their confidence and resilience;

Annual Activity Data

Parenting courses and workshops are delivered in partnership with Harrow Council Adult Community Learning AKA LearnHarrow funded/subsidised by the Education Skills Funding Agency,

The following courses and workshops were delivered during the academic year 2024-2025.

HOPE (Harrow) receives enquiries from parents, foster carers and professionals interested in parenting courses and workshops. Parents and carers either self-refer or are referred by social services, health and educational professionals, and other statutory and community organisations.

Anger management for parents of Teens & children 3-11yrs

Motivating children to learn

Motivating teens to learn

Introduction to CBT

Sibling Rivalry

Setting limits for parents of children aged 3-11yrs

Positive Discipline for parents of children aged 3-11yrs & Teens

Gaining family cooperation

Understanding Teen stress

Let's get cooking healthy food on a budget

Anger management for parents of children aged 3-11yrs

Managing Social media and screen time for parents of Teens

Understanding Pre-Teens

Course for Separated Parents

Introduction to CBT Next steps

Communication and Teens

Additional workshops were delivered to a school; in Harrow to support parents of children with special educational needs Cooking healthy food on a budget HOPE has supported and delivered different intervention to families throughout the year and has seen a significant increase in attendance from fathers, accounting for 25% of attendees.

Harrow Family Learning Network

Trustees' Report (continued)

Achievements and performance

During April 2024 to March 2025 HOPE supported close to 400 parents and 560 children and young people who have benefited from their parents receiving support.

One of HOPE's overarching aims is to remain a financially viable organisation.

The Director has successfully bought in funding to maintain services and provide an increase in much needed services to support families.

This funding has provided stability for HOPE to ensure we continue to support the parents and caregivers navigate these ongoing turbulent times.

The charity secured funding to deliver a Project 'Breathe Parent support' for parents and caregivers of children and young people on the Child and Adolescent Mental Health Service waiting list. This included Monthly Parent support groups, themed workshops, access to a family support worker and 1-2-1 parenting support, plus weekly drop in sessions for parents of children awaiting a diagnosis of ADHD and Autism.

HOPE secured funding to deliver 22 parenting and personal development courses and workshops totalling 108 hours.

We are particularly pleased with the number of male learners who have engaged in our services. Historically the Mothers attend parenting support however this year an unprecedented number of Fathers attended which is crucial to ensure consistency in parenting and avoids creating mixed parenting messages.

HOPE has extended its reach to include more schools and additional collaboration with likeminded organisations such as CAAS The Centre for ADHD & Autism.

Purpose and Impact

The support services we deliver ensures we enhance parental engagement and meet their needs by assessing previous experiences, celebrate existing skills and encourage future aspirations.

Our services are culturally sensitive, non-judgmental and non-prescriptive and allows mentors and facilitators to respond creatively as different situations and opportunities emerge. We ensure the content is inclusive and relevant to meet the needs of the parents and families we work with to enhance recruitment, participation, retention and success.

The choice of courses and workshops delivered are based on Parents and Teens evaluation of our services and feedback from past and present participants.

The programme of courses and workshops we offered covered the age range from preschool to 18 years; split into two age ranges, 3-11 and 12 years+.

The areas of most concern highlighted to us were Anger Management, understanding teenagers challenging often destructive behaviours, the children and Teens mental health and stressors, including communication breakdown and challenges to parental boundaries; challenging behaviours in primary aged children, how to support children with academic induced stress. Some learners requested individual workshops whilst others preferred a full 8-week course of which both were provided to ensure we captured as many parents as possible.

Harrow Family Learning Network

Trustees' Report (continued)

As a result of attending a parenting course or workshops parents stated it has made a significant difference in a number of areas. They had gained additional skills and knowledge, improved health and well-being, felt more assertive and felt more confident. They also stated they had an increased awareness of British Values, and increased interaction with people from different cultures both of which are very positive outcomes. Parents highlighted improving their parenting skills had increased their enjoyment of parenting and the family home was a much calmer, nicer place to be.

Partnerships

The Director of HOPE (Harrow) attended forums, steering groups and networking opportunities via Zoom or Teams, where they promoted the work of HOPE (Harrow) and the support available to parents/carers and families. This continues to be an effective way of bringing relevant organisations together to exchange ideas, discuss best practice and share information and resources.

These include:

1. Harrow Parenting Forum - Elected Co Chair from October 2018.
2. Harrow Voluntary and Community Sector Forum.
3. Harrow Safeguarding Children Forum.
4. Young Harrow Foundation.
5. Schools and Community Organisations.
6. LearnHarrow Adult Education.
7. The Centre for ADHD and Autism Support.
8. Breathe support group for parents of children and young people with mental health concerns. Or on the CAMHS (Child and Adolescent Mental Health Services) waiting list.
9. Harrow Primary and Secondary Schools and early years.
10. Alternative education provisions - The Helix and the Virtual school.

Financial review

- i) Commissioned workshops and parenting programmes - Part of our funding strategy is to work in partnership with school and local organisations.
- ii) Commissioned One to one Parenting support Social Services and self-funded.
- iii) LearnHarrow via Harrow Council funded by the Educational Skills Funding Agency Learning commissioning of parenting programmes and workshops.
- iv) John Lyon's Foundation – 3 Year funding secured for Director Salary 2022-25.
- v) Harrow Wins Lottery.
- vi) Subsidised parent fees to attend courses and workshops.
- vii) Give as you live donations.
- viii) CNWL 'Breathe parenting' support for parents of children and young people on the Child and adolescent mental health services waiting list.

HOPE (Harrow) remains unique as a user led community organisation where local parents train, develop and mentor other local parents in the community and lived experienced parents volunteer.

The current economic climate will put further pressure on HOPE (Harrow) in terms of remaining a financially viable organisation. The Director devotes time to fund raising, writing funding bids and securing partnership bids whilst promoting the services of the charity to the wider community. The budget for the following year of 2025 through to 2026 is stable. HOPE has secured funding to deliver parenting courses and workshops from Sept 2025-July 2026.

Harrow Family Learning Network

Trustees' Report (continued)

Policy on reserves

HOPE needs reserves to:

- Meet contractual liabilities should the organisation have to close. This includes redundancy pay, amounts due to creditors and commitments under leases.
- To meet unexpected costs like break down of essential office machinery, staff cover re illness, maternity leave, parental leave, and legal costs defending the charities interest.
- To replace equipment as it wears out.
- Ensure that the charity can continue to provide a stable and quality service to those who need them. Within this context to minimise recruitment, staff training, staff induction and marketing costs by avoiding the need for redundancies caused by financial crisis.
- To provide working capital when funding is paid in arrears and place the charity in a position where it could bid for external funding which can be paid up to 12 months in arrears.
- From time to time funding has certain restrictions, which means that by law, it must be held in restricted reserves until it is spent in line with the funding agreement.

Level of reserves:

- HOPE aims to have reserves of unrestricted funds sufficient to sustain the organisation for 6 months and or to cover the cost of organisation closure.
- The Trustees are mindful about the difficulties with securing sufficient and sustainable funding in the current economic climate, but will continue their efforts to ensure a solid financial future for HOPE.
- The trustees have examined the charity's requirements for reserves after consideration of the main risks to the organisation.

Monitoring and reviewing of reserves policy:

- The Trustees will consider current costs of closure and examine the level of reserves each year when setting the following year's budget.
- This reserves policy will be reviewed every two years.

Harrow Family Learning Network

Statement of Responsibilities


The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on 23/01/2026 and signed on its behalf by:


.....
Parul Patel
Trustee

Harrow Family Learning Network

Independent Examiner's Report to the trustees of Harrow Family Learning Network

Independent examiner's report to the trustees of Harrow Family Learning Network

I report to the trustees on my examination of the accounts of Harrow Family Learning Network (the Charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

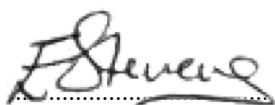
I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Eva Stevens, BSc, CPFA, employee of Community Accounting Plus
member of the Chartered Institute of Public Finance and Accountancy (CIPFA)

Unit 1 & 2 Northwest
41 Talbot Street
Nottingham
NG1 5GL

Date: 23/01/2026

Harrow Family Learning Network

Statement of Financial Activities for the Year Ended 31 March 2025

	Note	Unrestricted £	Restricted £	Total 2025 £	Total 2024 £
Income and Endowments from:					
Donations and legacies	2	297	-	297	1,151
Charitable activities	3	1,237	72,176	73,413	81,360
Investment income	4	640	-	640	599
Total Income		<u>2,174</u>	<u>72,176</u>	<u>74,350</u>	<u>83,110</u>
Expenditure on:					
Charitable activities	6	<u>-</u>	<u>(73,744)</u>	<u>(73,744)</u>	<u>(67,303)</u>
Total Expenditure		<u>-</u>	<u>(73,744)</u>	<u>(73,744)</u>	<u>(67,303)</u>
Net movement in funds		2,174	(1,568)	606	15,807
Reconciliation of funds					
Total funds brought forward		<u>38,085</u>	<u>51,022</u>	<u>89,107</u>	<u>73,300</u>
Total funds carried forward	16	<u><u>40,259</u></u>	<u><u>49,454</u></u>	<u><u>89,713</u></u>	<u><u>89,107</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 16.

The notes on pages 14 to 23 form an integral part of these financial statements.

Harrow Family Learning Network

Statement of Financial Activities for the Year Ended 31 March 2025 (continued)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted £	Restricted £	Total 2024 £
Income and Endowments from:				
Donations and legacies	2	1,151	-	1,151
Charitable activities	3	2,023	79,337	81,360
Investment income	4	599	-	599
Total Income		<u>3,773</u>	<u>79,337</u>	<u>83,110</u>
Expenditure on:				
Charitable activities	6	<u>(6,294)</u>	<u>(61,009)</u>	<u>(67,303)</u>
Total Expenditure		<u>(6,294)</u>	<u>(61,009)</u>	<u>(67,303)</u>
Net movement in funds		(2,521)	18,328	15,807
Reconciliation of funds				
Total funds brought forward		<u>40,606</u>	<u>32,694</u>	<u>73,300</u>
Total funds carried forward	16	<u><u>38,085</u></u>	<u><u>51,022</u></u>	<u><u>89,107</u></u>


The notes on pages 14 to 23 form an integral part of these financial statements.

Harrow Family Learning Network

(Registration number: 1091703)
Balance Sheet as at 31 March 2025

	Note	2025 £	2024 £
Current assets			
Debtors	12	5,690	227
Cash at bank and in hand	13	<u>93,965</u>	<u>93,650</u>
		99,655	93,877
Creditors: Amounts falling due within one year	14	<u>(9,942)</u>	<u>(4,770)</u>
Net assets		<u>89,713</u>	<u>89,107</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	16	49,454	51,022
Unrestricted income funds			
Unrestricted funds		<u>40,259</u>	<u>38,085</u>
Total funds	16	<u>89,713</u>	<u>89,107</u>

The financial statements on pages 11 to 23 were approved by the trustees, and authorised for issue on 23/01/2026 and signed on their behalf by:



Miran Shah
Trustee

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2025

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Harrow Family Learning Network meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Exemption from preparing a cash flow statement

Under the exemption available to smaller charities the Board of Trustees has chosen not to include a Statement of Cash Flows within the financial statements.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method
Computer equipment	25% straight line

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

2 Income from donations and legacies

	Unrestricted General £	Total 2025 £	Total 2024 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	-	-	1,151
Donations from individuals	297	297	-
	<u>297</u>	<u>297</u>	<u>1,151</u>

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2025 £	Total 2024 £
Grants, contracts & service level agreements	-	72,176	72,176	79,337
Services & fees	832	-	832	-
Other income	405	-	405	2,023
	<u>1,237</u>	<u>72,176</u>	<u>73,413</u>	<u>81,360</u>

4 Investment income

	Unrestricted funds General £	Total 2025 £	Total 2024 £
Interest receivable and similar income;			
Interest receivable on bank deposits	640	640	599

5 Grants and donations

	Unrestricted funds £	Restricted funds £	Total funds £
ACL	-	15,176	15,176
John Lyon	-	27,500	27,500
Breathe Project	-	9,000	9,000
Breathe Stride	-	3,000	3,000
Breathe Chnage maker	-	7,500	7,500
Breathe ITF	-	10,000	10,000
General donations	297	-	297
	<u>297</u>	<u>72,176</u>	<u>72,473</u>

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2025 £	Total 2024 £
Salaries	9,613	37,023	46,636	46,457
Facilitators/mentors fees	550	5,075	5,625	5,710
Telephone	356	-	356	404
Printing, postage & stationery	551	-	551	-
Insurance	548	-	548	958
Travel	-	9	9	38
Professional fees	912	-	912	2,316
Office rent & services	2,725	-	2,725	2,636
Computer web costs	550	-	550	844
Training	9	35	44	56
Sundry expense	88	-	88	303
Fundraising and publicity	-	1,704	1,704	64
Sharing Funds	-	13,056	13,056	6,590
Room hire	-	270	270	180
DBS check	-	60	60	88
Admin expense	-	374	374	-
Subscription & membership	35	156	191	-
Refreshments	-	45	45	-
Management fee	(15,937)	15,937	-	-
Office costs	-	-	-	506
Repairs & maintenance	-	-	-	5
Depreciation	-	-	-	148
	<u>-</u>	<u>73,744</u>	<u>73,744</u>	<u>67,303</u>

7 Staff costs

The aggregate payroll costs were as follows:

	2025 £	2024 £
Staff costs during the year were:		
Wages and salaries	<u>46,636</u>	<u>46,457</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

	2025	2024
	No	No
Average Number of Employees	<u>3</u>	<u>3</u>

No employee received emoluments of more than £60,000 during the year

The total employee benefits of the key management personnel of the charity were £37,368 (2024 - £36,963).

8 Independent examiner's fees

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2025	2024
	£	£
Independent examination	<u>760</u>	<u>730</u>
	<u>760</u>	<u>730</u>

9 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

10 Related party transactions

There were no related party transactions in the year.

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

11 Taxation

The charity is a registered charity and is therefore exempt from corporation taxation.

12 Debtors

	2025	2024
	£	£
Prepayments	590	227
Accrued income	5,100	-
	<u>5,690</u>	<u>227</u>

13 Cash and cash equivalents

	2025	2024
	£	£
Cash on hand	16	8
Cash at bank	93,949	93,642
	<u>93,965</u>	<u>93,650</u>

14 Creditors: amounts falling due within one year

	2025	2024
	£	£
Trade creditors	488	240
Other taxation and social security	2,060	2,214
Other creditors	7,394	2,316
	<u>9,942</u>	<u>4,770</u>

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

15 Obligations under leases and hire purchase contracts

Operating lease commitments

Total future minimum lease payments under non-cancellable operating leases are as follows:

	2025 £	2024 £
Land and buildings		
Within one year	1,075	1,075
Between one and five years	1,075	2,150
	<u>2,150</u>	<u>3,225</u>

16 Funds

	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2025 £
Unrestricted funds					
<i>General</i>					
General Funds	38,085	2,174	-	-	40,259
Restricted funds					
ACL	15,535	15,176	(11,322)	-	19,389
John Lyon Fund	24,375	27,500	(31,325)	-	20,550
YHF- Breathe	11,112	9,000	(17,914)	(2,198)	-
Breathe- Change makers	-	7,500	(4,990)	-	2,510
Breathe- Stride	-	3,000	(2,120)	-	880
Breathe- ITF	-	10,000	(6,073)	-	3,927
Breathe 1-2-1	-	-	-	2,198	2,198
Total restricted funds	<u>51,022</u>	<u>72,176</u>	<u>(73,744)</u>	<u>-</u>	<u>49,454</u>
Total funds	<u>89,107</u>	<u>74,350</u>	<u>(73,744)</u>	<u>-</u>	<u>89,713</u>

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

The specific purposes for which the funds are to be applied are as follows:

Support Services enables the charity to offer a wide range of activities to support our users.

ACL- This funding was recieved to fund the delivery of parenting courses and workshops to advance the education of the families in Harrow and surrounding areas with a particular view to enhancing the education of parents, to safeguard, protect and preserve the good health both mental and physical of children and the parents of children, the prevention of cruelty or maltreatment of children and the relief of sickness, poverty and need amongst children and their parents in line with our charitable objectives.

John Lyon- This funding was received for the Director's salaries and the grant was to be used to support the organisation to fund and deliver projects which supports the parents and caregivers of children and young people up to the age of 30 for disabled young people) in the Beneficial area of John Lyons charity, to give children the best start and enhance their opportunities in life.

YHF- Breathe- This funding was recieved to support parents and caregivers of children and young people on the CAMHS waiting list (Child and Adolescent Mental Health Services). It provided parents with practical tips and advice to navigate these difficult times and help promote positive and cooperative behaviour within their families. It provided a pathway to confident and effective parenting that helped to reduce conflict, encourage good behaviour and reduce the worsening of existing mental health issues. This intervention is valuable for all parents dealing with the pressures of raising a child with mental health difficulties.

Breathe All (expect Stride) - In partnership with CAAS Centre for ADHD & Autism, Supporting Parents and caregivers of children/young people on the CAMHS (Child and Adolescent Mental Health Services) waiting list. Monthly Peer support groups, Family support worker 3 hours a week, 1-2-1 parent mentoring, Parenting workshops, Psychoeducational courses for parents of neurodivergent children/Young people.

Stride – Raising awareness of eating disorders.

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £
Unrestricted funds					
<i>General</i>					
General Funds	40,606	3,773	(6,294)	-	38,085
Restricted					
Support Services	32,694	-	-	(32,694)	-
ACL	-	19,837	(12,621)	8,319	15,535
John Lyon Fund	-	32,500	(32,500)	24,375	24,375
YHF- Breathe	-	27,000	(15,888)	-	11,112
Total restricted funds	<u>32,694</u>	<u>79,337</u>	<u>(61,009)</u>	<u>-</u>	<u>51,022</u>
Total funds	<u><u>73,300</u></u>	<u><u>83,110</u></u>	<u><u>(67,303)</u></u>	<u><u>-</u></u>	<u><u>89,107</u></u>

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

17 Analysis of net assets between funds

	Unrestricted		2025
	General £	Restricted £	Total funds £
Current assets	50,201	49,454	99,655
Current liabilities	(9,942)	-	(9,942)
Total net assets	<u>40,259</u>	<u>49,454</u>	<u>89,713</u>

	Unrestricted		2024
	General £	Restricted £	Total funds £
Current assets	42,855	51,022	93,877
Current liabilities	(4,770)	-	(4,770)
Total net assets	<u>38,085</u>	<u>51,022</u>	<u>89,107</u>