

HARROW FAMILY LEARNING NETWORK

England & Wales · Charity number 1091703

Details

Other names H.O.P.E. (HARROW)

Status Registered

Legal form Other

Registered 2002-04-23

Register [View on the Charity Commission register](#)

Contact

Address The Lodge
64 Pinner Road
Harrow
HA1 4HZ

Phone 02088637319

Email info@hopeharrow.org.uk

Website www.hopeharrow.org.uk

Activities

Objects: A. TO ADVANCE THE EDUCATION OF THE PUBLIC IN HARROW AND THE SURROUNDING AREA, PARTICULARLY WITH A VIEW TO ADVANCING THE EDUCATION OF FAMILIES.B. TO SAFEGUARD, PROTECT AND PRESERVE THE GOOD HEALTH, BOTH MENTAL AND PHYSICAL OF CHILDREN AND THE PARENTS OF CHILDREN.C. THE PREVENTION OF CRUELTY OR MALTREATMENT OF CHILDREN.D. THE RELIEF OF SICKNESS, POVERTY AND NEED AMONGST CHILDREN AND THEIR PARENTS.

Activities: Provide courses and workshops for parents: Effective Parenting, Living with a Teenager, Anger Management, Sibling Rivalry, Internet Safety, Bullying, Parenting Pre-teens, Setting limits. Training for volunteers. Work in partnership with local schools and other organisations in the community. Parent Mentoring for parents and carers. Mother Tongue Parent Support.

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Economic/community Development/employment, Other Charitable Purposes
- **Who:** Children/young People, People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** GREATER LONDON - HARROW
- Barnet
- Brent
- Ealing
- Harrow
- Hillingdon

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£74,350	£73,744	-	-
2024-03-31	£83,110	£67,303	-	-
2023-03-31	£67,186	£51,231	-	-
2022-03-31	£56,584	£50,076	-	-
2021-03-31	£58,949	£48,134	-	-

Trustees

Name	Role	Appointed
Parul Patel	Chair	2015-09-17
Anika Donkor		2023-10-11
Bharti Vyas		2018-02-21
Miran Shah		2014-08-20

Accounts

Charity registration number: 1091703

Harrow Family Learning Network

Annual Report and Financial Statements

for the Year Ended 31 March 2025

Community Accounting Plus
Unit 1 & 2 Northwest
41 Talbot Street
Nottingham
NG1 5GL

Harrow Family Learning Network

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Harrow Family Learning Network

Reference and Administrative Details

Organisation Name

Harrow Family Learning Network (trading as) HOPE (Harrow)

Trustees

Parul Patel
Miran Shah
Bharti Vyas
Anika Donkor

Senior Management Team

Jane Jaroudi, Director

Principal Office

The Lodge
64 Pinner Road
Harrow
Middlesex
HA1 4HZ

Charity Registration Number

1091703

Independent Examiner

Eva Stevens, employee of
Community Accounting Plus
Unit 1 & 2 Northwest
41 Talbot Street
Nottingham
NG1 5GL

HOPE STAFF AND FACILITATORS

Director (Part time): Jane Jaroudi
Project Manager (Part time): Vera Hart
Bookkeeper (Part time): Diana Frost

Facilitators and Mentors:

Julie Browne, Vera Hart, Jane Jaroudi, Illa Nakarja, Hassiba Rahmoune, Shanthi Sivanathan, Sonya Moledina.

Volunteer Parent Mentors:

Ayesha Khan, Aisha Barikzay, Farzaneh Hooshiari, Razia Zarrien, Rahma Haji, Sabrina Bouhouhou, Yusuf Yusuf.

Harrow Family Learning Network

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2025.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Parul Patel
	Miran Shah
	Bharti Vyas
	Anika Donkor

Structure, governance and management

Nature of governing document

Declaration of trust executed on the 20th day of August 2001 and amended on the 15th November 2001.

Recruitment and appointment of trustees

Trustees are recruited in line with the declaration of trust.

Induction and training of trustees

All trustees receive an induction pack and relevant training.

Trustees attended the following courses:

- Charity Trustees: Role Introduction & Refresher course;
- Trustees Roles & Responsibilities;
- The new Charity Commission Governance code and what it means for your organisation;
- Safeguarding Level 1.

Major risks and management of those risks

Not securing funding to maintain staffing levels and to support our activities linked to our charitable aims.

Harrow Family Learning Network

Trustees' Report (continued)

Objectives and activities

Objects and aims

- a) To advance the education of the public of Harrow and surrounding areas with a view to enhancing the education of families.
- b) To safeguard, protect and preserve the good health, both mental and physical, of children and parents of children.
- c) Prevention of cruelty or maltreatment of children.
- d) Relief of sickness, poverty and need amongst children and their parents.

The aims of the charity are:

- a) To ensure access to parenting support that meets their needs.
- b) Achieve excellence in service delivery through partnership working and continuous service improvement.
- c) To improve relationships between young people and their families.
- d) To stimulate family learning in local community and to cooperate with other agencies in sharing resources, experience and information to promote good practice in family learning.
- e) To deliver high quality, specialised services accessible to individuals and the local community.

Objectives, strategies and activities

We want to make the following practical differences:

- To improve parenting skills where there is a need;
- To increase parental confidence and resilience;
- To enrich the home lives of parents and children;
- To give children the best start in life.

We have worked tirelessly with parents, and health and educational professional to ensure our engagement level is high. We continue to be impressed with the number of parents, from a wide range of cultural groups and speaking a wide variety of languages, who engage enthusiastically to support their families. For the whole community, the willingness of parents from a range of cultural backgrounds and faiths, to come together in our courses and workshops to discuss their parenting issues, is not only to be regarded as a strength but also as an opportunity to forge understanding and friendship between them and between them and their neighbours.

Harrow Family Learning Network

Trustees' Report (continued)

Public benefit

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

The charity's range of supporting activities includes:

- Parenting courses and workshops focusing on specific groups including young children and teenagers and workshops with topics such as anger management motivating teens to learn, motivating children to learn and positive discipline.

Different workshop topics are offered each year selected by reviewing feedback and requests from parents and professionals and in response to identified needs. Participants are introduced to a range of skills to improve their confidence, including positive discipline strategies, reflection, effective communication skills, understanding why Teens do what they do and how to recognise the needs behind the behaviour their children exhibit.

During the pandemic these were all successfully moved to on-line. Due to increased engagement from parents with a preference for this mode of delivery we have moved to delivering both options of on-line and face to face.

Funding was secured to deliver much needed to support to families of children and young people on the Child and adolescent mental health services waiting list. Struggling with parenting a child/young person with mental health concerns is a stressful and anxious time for both parents and their children. This project aimed to offer a lifeline during this difficult and worrying time. The project gave parents access to Monthly peer support groups, themed workshop, a family support worker and 1-2-1 parent mentoring. We successfully supported 217 parents who attended 308 support session.

Feedback from parents receiving support

'I have learnt different methods of communicating when enforcing boundaries which has made my Teen more cooperative and more likely to listen.'

'Finding out strategies to help get to the root of the emotions behind the anger to better understand my child.'

'Helping me to remember how my reactions to situations can change the outcome.'

'Understanding ways to manage my son's anger and ways to approach his triggers to support him and reduce escalation of conflict.'

'It was very useful with practical tips which we could embed immediately. It contained useful self-reflection exercises which helped us understand why we often react the way that we do in certain situations.'

'This course helped me to improve my parenting skills and get better cooperation from all family members.'

'The course and workshops have given me knowledge and information. I have learnt strategies and techniques to support my child as well as better understand her condition and the challenges she faces.'

'Isolation is very common in this world at the moment especially if you have a child who is struggling. The support I received means less problems for my child and the family long term'

- One-to-One Parent Mentoring supports the parent around the issues they are most concerned about, helping them to increase their awareness of their needs, their child's needs and find solutions and strategies to achieve the best outcomes for their family. Most of the parents are concerned about the relationships they have with their children, their children's mental health, setting limits and boundaries and the behaviours they are struggling with at home.

Harrow Family Learning Network

Trustees' Report (continued)

Sessions are parent led and child focused, and take place in the home or a community venue increasing access to support. During the pandemic this service was successfully delivered on-line and is currently moving back to face to face.

As with the courses and workshops, participants are introduced to a range of positive parenting skills to increase their confidence and resilience;

Annual Activity Data

Parenting courses and workshops are delivered in partnership with Harrow Council Adult Community Learning AKA LearnHarrow funded/subsidised by the Education Skills Funding Agency,

The following courses and workshops were delivered during the academic year 2024-2025.

HOPE (Harrow) receives enquiries from parents, foster carers and professionals interested in parenting courses and workshops. Parents and carers either self-refer or are referred by social services, health and educational professionals, and other statutory and community organisations.

Anger management for parents of Teens & children 3-11yrs

Motivating children to learn

Motivating teens to learn

Introduction to CBT

Sibling Rivalry

Setting limits for parents of children aged 3-11yrs

Positive Discipline for parents of children aged 3-11yrs & Teens

Gaining family cooperation

Understanding Teen stress

Let's get cooking healthy food on a budget

Anger management for parents of children aged 3-11yrs

Managing Social media and screen time for parents of Teens

Understanding Pre-Teens

Course for Separated Parents

Introduction to CBT Next steps

Communication and Teens

Additional workshops were delivered to a school; in Harrow to support parents of children with special educational needs Cooking healthy food on a budget HOPE has supported and delivered different intervention to families throughout the year and has seen a significant increase in attendance from fathers, accounting for 25% of attendees.

Harrow Family Learning Network

Trustees' Report (continued)

Achievements and performance

During April 2024 to March 2025 HOPE supported close to 400 parents and 560 children and young people who have benefited from their parents receiving support.

One of HOPE's overarching aims is to remain a financially viable organisation.

The Director has successfully bought in funding to maintain services and provide an increase in much needed services to support families.

This funding has provided stability for HOPE to ensure we continue to support the parents and caregivers navigate these ongoing turbulent times.

The charity secured funding to deliver a Project 'Breathe Parent support' for parents and caregivers of children and young people on the Child and Adolescent Mental Health Service waiting list. This included Monthly Parent support groups, themed workshops, access to a family support worker and 1-2-1 parenting support, plus weekly drop in sessions for parents of children awaiting a diagnosis of ADHD and Autism.

HOPE secured funding to deliver 22 parenting and personal development courses and workshops totalling 108 hours.

We are particularly pleased with the number of male learners who have engaged in our services. Historically the Mothers attend parenting support however this year an unprecedented number of Fathers attended which is crucial to ensure consistency in parenting and avoids creating mixed parenting messages.

HOPE has extended its reach to include more schools and additional collaboration with likeminded organisations such as CAAS The Centre for ADHD & Autism.

Purpose and Impact

The support services we deliver ensures we enhance parental engagement and meet their needs by assessing previous experiences, celebrate existing skills and encourage future aspirations.

Our services are culturally sensitive, non-judgmental and non-prescriptive and allows mentors and facilitators to respond creatively as different situations and opportunities emerge. We ensure the content is inclusive and relevant to meet the needs of the parents and families we work with to enhance recruitment, participation, retention and success.

The choice of courses and workshops delivered are based on Parents and Teens evaluation of our services and feedback from past and present participants.

The programme of courses and workshops we offered covered the age range from preschool to 18 years; split into two age ranges, 3-11 and 12 years+.

The areas of most concern highlighted to us were Anger Management, understanding teenagers challenging often destructive behaviours, the children and Teens mental health and stressors, including communication breakdown and challenges to parental boundaries; challenging behaviours in primary aged children, how to support children with academic induced stress. Some learners requested individual workshops whilst others preferred a full 8-week course of which both were provided to ensure we captured as many parents as possible.

Harrow Family Learning Network

Trustees' Report (continued)

As a result of attending a parenting course or workshops parents stated it has made a significant difference in a number of areas. They had gained additional skills and knowledge, improved health and well-being, felt more assertive and felt more confident. They also stated they had an increased awareness of British Values, and increased interaction with people from different cultures both of which are very positive outcomes. Parents highlighted improving their parenting skills had increased their enjoyment of parenting and the family home was a much calmer, nicer place to be.

Partnerships

The Director of HOPE (Harrow) attended forums, steering groups and networking opportunities via Zoom or Teams, where they promoted the work of HOPE (Harrow) and the support available to parents/carers and families. This continues to be an effective way of bringing relevant organisations together to exchange ideas, discuss best practice and share information and resources.

These include:

1. Harrow Parenting Forum - Elected Co Chair from October 2018.
2. Harrow Voluntary and Community Sector Forum.
3. Harrow Safeguarding Children Forum.
4. Young Harrow Foundation.
5. Schools and Community Organisations.
6. LearnHarrow Adult Education.
7. The Centre for ADHD and Autism Support.
8. Breathe support group for parents of children and young people with mental health concerns. Or on the CAMHS (Child and Adolescent Mental Health Services) waiting list.
9. Harrow Primary and Secondary Schools and early years.
10. Alternative education provisions - The Helix and the Virtual school.

Financial review

- i) Commissioned workshops and parenting programmes - Part of our funding strategy is to work in partnership with school and local organisations.
- ii) Commissioned One to one Parenting support Social Services and self-funded.
- iii) LearnHarrow via Harrow Council funded by the Educational Skills Funding Agency Learning commissioning of parenting programmes and workshops.
- iv) John Lyon's Foundation – 3 Year funding secured for Director Salary 2022-25.
- v) Harrow Wins Lottery.
- vi) Subsidised parent fees to attend courses and workshops.
- vii) Give as you live donations.
- viii) CNWL 'Breathe parenting' support for parents of children and young people on the Child and adolescent mental health services waiting list.

HOPE (Harrow) remains unique as a user led community organisation where local parents train, develop and mentor other local parents in the community and lived experienced parents volunteer.

The current economic climate will put further pressure on HOPE (Harrow) in terms of remaining a financially viable organisation. The Director devotes time to fund raising, writing funding bids and securing partnership bids whilst promoting the services of the charity to the wider community. The budget for the following year of 2025 through to 2026 is stable. HOPE has secured funding to deliver parenting courses and workshops from Sept 2025-July 2026.

Harrow Family Learning Network

Trustees' Report (continued)

Policy on reserves

HOPE needs reserves to:

- Meet contractual liabilities should the organisation have to close. This includes redundancy pay, amounts due to creditors and commitments under leases.
- To meet unexpected costs like break down of essential office machinery, staff cover re illness, maternity leave, parental leave, and legal costs defending the charities interest.
- To replace equipment as it wears out.
- Ensure that the charity can continue to provide a stable and quality service to those who need them. Within this context to minimise recruitment, staff training, staff induction and marketing costs by avoiding the need for redundancies caused by financial crisis.
- To provide working capital when funding is paid in arrears and place the charity in a position where it could bid for external funding which can be paid up to 12 months in arrears.
- From time to time funding has certain restrictions, which means that by law, it must be held in restricted reserves until it is spent in line with the funding agreement.

Level of reserves:

- HOPE aims to have reserves of unrestricted funds sufficient to sustain the organisation for 6 months and or to cover the cost of organisation closure.
- The Trustees are mindful about the difficulties with securing sufficient and sustainable funding in the current economic climate, but will continue their efforts to ensure a solid financial future for HOPE.
- The trustees have examined the charity's requirements for reserves after consideration of the main risks to the organisation.

Monitoring and reviewing of reserves policy:

- The Trustees will consider current costs of closure and examine the level of reserves each year when setting the following year's budget.
- This reserves policy will be reviewed every two years.

Harrow Family Learning Network

Statement of Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on 23/01/2026 and signed on its behalf by:


.....
Parul Patel
Trustee

Harrow Family Learning Network

Independent Examiner's Report to the trustees of Harrow Family Learning Network

Independent examiner's report to the trustees of Harrow Family Learning Network

I report to the trustees on my examination of the accounts of Harrow Family Learning Network (the Charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

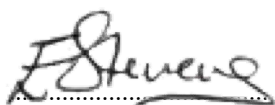
I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Eva Stevens, BSc, CPFA, employee of Community Accounting Plus
member of the Chartered Institute of Public Finance and Accountancy (CIPFA)

Unit 1 & 2 Northwest
41 Talbot Street
Nottingham
NG1 5GL

Date: 23/01/2026

Harrow Family Learning Network

Statement of Financial Activities for the Year Ended 31 March 2025

	Note	Unrestricted £	Restricted £	Total 2025 £	Total 2024 £
Income and Endowments from:					
Donations and legacies	2	297	-	297	1,151
Charitable activities	3	1,237	72,176	73,413	81,360
Investment income	4	640	-	640	599
Total Income		<u>2,174</u>	<u>72,176</u>	<u>74,350</u>	<u>83,110</u>
Expenditure on:					
Charitable activities	6	<u>-</u>	<u>(73,744)</u>	<u>(73,744)</u>	<u>(67,303)</u>
Total Expenditure		<u>-</u>	<u>(73,744)</u>	<u>(73,744)</u>	<u>(67,303)</u>
Net movement in funds		2,174	(1,568)	606	15,807
Reconciliation of funds					
Total funds brought forward		<u>38,085</u>	<u>51,022</u>	<u>89,107</u>	<u>73,300</u>
Total funds carried forward	16	<u><u>40,259</u></u>	<u><u>49,454</u></u>	<u><u>89,713</u></u>	<u><u>89,107</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 16.

The notes on pages 14 to 23 form an integral part of these financial statements.

Harrow Family Learning Network

Statement of Financial Activities for the Year Ended 31 March 2025 (continued)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted £	Restricted £	Total 2024 £
Income and Endowments from:				
Donations and legacies	2	1,151	-	1,151
Charitable activities	3	2,023	79,337	81,360
Investment income	4	599	-	599
Total Income		<u>3,773</u>	<u>79,337</u>	<u>83,110</u>
Expenditure on:				
Charitable activities	6	<u>(6,294)</u>	<u>(61,009)</u>	<u>(67,303)</u>
Total Expenditure		<u>(6,294)</u>	<u>(61,009)</u>	<u>(67,303)</u>
Net movement in funds		(2,521)	18,328	15,807
Reconciliation of funds				
Total funds brought forward		<u>40,606</u>	<u>32,694</u>	<u>73,300</u>
Total funds carried forward	16	<u><u>38,085</u></u>	<u><u>51,022</u></u>	<u><u>89,107</u></u>

The notes on pages 14 to 23 form an integral part of these financial statements.

Harrow Family Learning Network

(Registration number: 1091703)
Balance Sheet as at 31 March 2025

	Note	2025 £	2024 £
Current assets			
Debtors	12	5,690	227
Cash at bank and in hand	13	<u>93,965</u>	<u>93,650</u>
		99,655	93,877
Creditors: Amounts falling due within one year	14	<u>(9,942)</u>	<u>(4,770)</u>
Net assets		<u>89,713</u>	<u>89,107</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	16	49,454	51,022
Unrestricted income funds			
Unrestricted funds		<u>40,259</u>	<u>38,085</u>
Total funds	16	<u>89,713</u>	<u>89,107</u>

The financial statements on pages 11 to 23 were approved by the trustees, and authorised for issue on 23/01/2026 and signed on their behalf by:



Miran Shah
Trustee

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2025

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Harrow Family Learning Network meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Exemption from preparing a cash flow statement

Under the exemption available to smaller charities the Board of Trustees has chosen not to include a Statement of Cash Flows within the financial statements.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method
Computer equipment	25% straight line

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

2 Income from donations and legacies

	Unrestricted General £	Total 2025 £	Total 2024 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	-	-	1,151
Donations from individuals	297	297	-
	<u>297</u>	<u>297</u>	<u>1,151</u>

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2025 £	Total 2024 £
Grants, contracts & service level agreements	-	72,176	72,176	79,337
Services & fees	832	-	832	-
Other income	405	-	405	2,023
	<u>1,237</u>	<u>72,176</u>	<u>73,413</u>	<u>81,360</u>

4 Investment income

	Unrestricted funds General £	Total 2025 £	Total 2024 £
Interest receivable and similar income;			
Interest receivable on bank deposits	640	640	599

5 Grants and donations

	Unrestricted funds £	Restricted funds £	Total funds £
ACL	-	15,176	15,176
John Lyon	-	27,500	27,500
Breathe Project	-	9,000	9,000
Breathe Stride	-	3,000	3,000
Breathe Chnage maker	-	7,500	7,500
Breathe ITF	-	10,000	10,000
General donations	297	-	297
	<u>297</u>	<u>72,176</u>	<u>72,473</u>

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2025 £	Total 2024 £
Salaries	9,613	37,023	46,636	46,457
Facilitators/mentors fees	550	5,075	5,625	5,710
Telephone	356	-	356	404
Printing, postage & stationery	551	-	551	-
Insurance	548	-	548	958
Travel	-	9	9	38
Professional fees	912	-	912	2,316
Office rent & services	2,725	-	2,725	2,636
Computer web costs	550	-	550	844
Training	9	35	44	56
Sundry expense	88	-	88	303
Fundraising and publicity	-	1,704	1,704	64
Sharing Funds	-	13,056	13,056	6,590
Room hire	-	270	270	180
DBS check	-	60	60	88
Admin expense	-	374	374	-
Subscription & membership	35	156	191	-
Refreshments	-	45	45	-
Management fee	(15,937)	15,937	-	-
Office costs	-	-	-	506
Repairs & maintenance	-	-	-	5
Depreciation	-	-	-	148
	<u>-</u>	<u>73,744</u>	<u>73,744</u>	<u>67,303</u>

7 Staff costs

The aggregate payroll costs were as follows:

	2025 £	2024 £
Staff costs during the year were:		
Wages and salaries	<u>46,636</u>	<u>46,457</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

	2025	2024
	No	No
Average Number of Employees	<u>3</u>	<u>3</u>

No employee received emoluments of more than £60,000 during the year

The total employee benefits of the key management personnel of the charity were £37,368 (2024 - £36,963).

8 Independent examiner's fees

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2025	2024
	£	£
Independent examination	<u>760</u>	<u>730</u>
	<u>760</u>	<u>730</u>

9 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

10 Related party transactions

There were no related party transactions in the year.

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

11 Taxation

The charity is a registered charity and is therefore exempt from corporation taxation.

12 Debtors

	2025	2024
	£	£
Prepayments	590	227
Accrued income	5,100	-
	<u>5,690</u>	<u>227</u>

13 Cash and cash equivalents

	2025	2024
	£	£
Cash on hand	16	8
Cash at bank	93,949	93,642
	<u>93,965</u>	<u>93,650</u>

14 Creditors: amounts falling due within one year

	2025	2024
	£	£
Trade creditors	488	240
Other taxation and social security	2,060	2,214
Other creditors	7,394	2,316
	<u>9,942</u>	<u>4,770</u>

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

15 Obligations under leases and hire purchase contracts

Operating lease commitments

Total future minimum lease payments under non-cancellable operating leases are as follows:

	2025 £	2024 £
Land and buildings		
Within one year	1,075	1,075
Between one and five years	<u>1,075</u>	<u>2,150</u>
	<u>2,150</u>	<u>3,225</u>

16 Funds

	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2025 £
Unrestricted funds					
<i>General</i>					
General Funds	38,085	2,174	-	-	40,259
Restricted funds					
ACL	15,535	15,176	(11,322)	-	19,389
John Lyon Fund	24,375	27,500	(31,325)	-	20,550
YHF- Breathe	11,112	9,000	(17,914)	(2,198)	-
Breathe- Change makers	-	7,500	(4,990)	-	2,510
Breathe- Stride	-	3,000	(2,120)	-	880
Breathe- ITF	-	10,000	(6,073)	-	3,927
Breathe 1-2-1	<u>-</u>	<u>-</u>	<u>-</u>	<u>2,198</u>	<u>2,198</u>
Total restricted funds	<u>51,022</u>	<u>72,176</u>	<u>(73,744)</u>	<u>-</u>	<u>49,454</u>
Total funds	<u>89,107</u>	<u>74,350</u>	<u>(73,744)</u>	<u>-</u>	<u>89,713</u>

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

The specific purposes for which the funds are to be applied are as follows:

Support Services enables the charity to offer a wide range of activities to support our users.

ACL- This funding was recieved to fund the delivery of parenting courses and workshops to advance the education of the families in Harrow and surrounding areas with a particular view to enhancing the education of parents, to safeguard, protect and preserve the good health both mental and physical of children and the parents of children, the prevention of cruelty or maltreatment of children and the relief of sickness, poverty and need amongst children and their parents in line with our charitable objectives.

John Lyon- This funding was received for the Director's salaries and the grant was to be used to support the organisation to fund and deliver projects which supports the parents and caregivers of children and young people up to the age of 30 for disabled young people) in the Beneficial area of John Lyons charity, to give children the best start and enhance their opportunities in life.

YHF- Breathe- This funding was recieved to support parents and caregivers of children and young people on the CAMHS waiting list (Child and Adolescent Mental Health Services). It provided parents with practical tips and advice to navigate these difficult times and help promote positive and cooperative behaviour within their families. It provided a pathway to confident and effective parenting that helped to reduce conflict, encourage good behaviour and reduce the worsening of existing mental health issues. This intervention is valuable for all parents dealing with the pressures of raising a child with mental health difficulties.

Breathe All (expect Stride) - In partnership with CAAS Centre for ADHD & Autism, Supporting Parents and caregivers of children/young people on the CAMHS (Child and Adolescent Mental Health Services) waiting list. Monthly Peer support groups, Family support worker 3 hours a week, 1-2-1 parent mentoring, Parenting workshops, Psychoeducational courses for parents of neurodivergent children/Young people.

Stride – Raising awareness of eating disorders.

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £
Unrestricted funds					
<i>General</i>					
General Funds	40,606	3,773	(6,294)	-	38,085
Restricted					
Support Services	32,694	-	-	(32,694)	-
ACL	-	19,837	(12,621)	8,319	15,535
John Lyon Fund	-	32,500	(32,500)	24,375	24,375
YHF- Breathe	-	27,000	(15,888)	-	11,112
Total restricted funds	<u>32,694</u>	<u>79,337</u>	<u>(61,009)</u>	<u>-</u>	<u>51,022</u>
Total funds	<u>73,300</u>	<u>83,110</u>	<u>(67,303)</u>	<u>-</u>	<u>89,107</u>

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

17 Analysis of net assets between funds

	Unrestricted		2025
	General £	Restricted £	Total funds £
Current assets	50,201	49,454	99,655
Current liabilities	(9,942)	-	(9,942)
Total net assets	<u>40,259</u>	<u>49,454</u>	<u>89,713</u>

	Unrestricted		2024
	General £	Restricted £	Total funds £
Current assets	42,855	51,022	93,877
Current liabilities	(4,770)	-	(4,770)
Total net assets	<u>38,085</u>	<u>51,022</u>	<u>89,107</u>

Accounts

Charity registration number: 1091703

Harrow Family Learning Network

Annual Report and Financial Statements

for the Year Ended 31 March 2024

Community Accounting Plus
Unit1 and 2 Northwest
41 Talbot Street
Nottingham
NG1 5GL

Harrow Family Learning Network

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Harrow Family Learning Network

Reference and Administrative Details

Organisation Name

Harrow Family Learning Network (trading as) HOPE (Harrow)

Trustees

Parul Patel
Miran Shah
Bharti Vyas
Anika Donkor

Senior Management Team

Jane Jaroudi, Director

Principal Office

The Lodge
64 Pinner Road
Harrow
Middlesex
HA1 4HZ

Charity Registration Number

1091703

Independent Examiner

John O'Brien, employee of
Community Accounting Plus
Unit1 and 2 Northwest
41 Talbot Street
Nottingham
NG1 5GL

HOPE STAFF AND FACILITATORS

Director (Part time): Jane Jaroudi
Project Manager (Part time): Vera Hart
Bookkeeper (Part time): Diana Frost

Facilitators and Mentors:

Julie Browne, Vera Hart, Jane Jaroudi, Illa Nakarja, Hassiba Rahmoune, Shanthi Sivanathan, Sonya Moledina.

Volunteer Parent Mentors:

Ayesha Khan, Aisha Barikzay, Farzaneh Hooshiari, Razia Zarrien, Rahma Haji, Sabrina Bouhouhou, Yusuf Yusuf.

Harrow Family Learning Network

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2024.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Parul Patel
	Miran Shah
	Bharti Vyas
	Seru Nainoca (resigned 14 July 2023)
	Anika Donkor (appointed 11 October 2023)

Structure, governance and management

Nature of governing document

Declaration of trust executed on the 20th day of August 2001 and amended on the 15th November 2001.

Recruitment and appointment of trustees

Trustees are recruited in line with the declaration of trust.

Induction and training of trustees

All trustees receive an induction pack and relevant training.

Trustees attended the following courses:

- Charity Trustees: Role Introduction & Refresher course;
- Trustees Roles & Responsibilities;
- The new Charity Commission Governance code and what it means for your organisation;
- Safeguarding Level 1.

Major risks and management of those risks

Decline in income: The current economic climate will put further pressure on HOPE (Harrow) in terms of remaining a financially viable organisation. This could include funders and a reduced budget by the local authority Harrow Council.

The Director devotes time to fund raising, writing funding bids and securing partnership bids whilst promoting the services of the charity to the wider community.

Harrow Family Learning Network

Trustees' Report (continued)

Objectives and activities

Objects and aims

- a) To advance the education of the public of Harrow and surrounding areas with a view to enhancing the education of families.
- b) To safeguard, protect and preserve the good health, both mental and physical, of children and parents of children.
- c) Prevention of cruelty or maltreatment of children.
- d) Relief of sickness, poverty and need amongst children and their parents.

The aims of the charity are:

- a) To ensure access to parenting support that meets their needs.
- b) Achieve excellence in service delivery through partnership working and continuous service improvement.
- c) To improve relationships between young people and their families.
- d) To stimulate family learning in local community and to cooperate with other agencies in sharing resources, experience and information to promote good practice in family learning.
- e) To deliver high quality, specialised services accessible to individuals and the local community.

Objectives, strategies and activities

We want to make the following practical differences:

- To improve parenting skills where there is a need;
- To increase parental confidence and resilience;
- To enrich the home lives of parents and children;
- To give children the best start in life.

Our interventions offer struggling parents a lifeline of non-judgmental, culturally sensitive support, fostering self-esteem, confidence, and effective parenting skills.

The Breathe project is a prime example of how supporting parents can benefit children and young people. This project specifically aims to empower parents to be able to support their children whilst on the Child and Adolescent Mental Health Service waiting list, waiting for a diagnosis or treatment which is a time full of anxiety and worry for both the child and the parents.

The Project supports reduced isolation, eliminates potential crisis flash points for the children/young people whilst waiting for mental health services. It reduces parents' feelings of hopelessness and fear about their child's mental health and increases effective parenting to promote positive and cooperative behaviour.

This results in parents feeling more confident with understanding their child's/young person mental health issues/condition, feeling less anxious and more equipped with a toolbox of strategies and tools to use to support their child.

Harrow Family Learning Network

Trustees' Report (continued)

Public benefit

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

The charity's range of supporting activities includes:

- Parenting courses and workshops focusing on specific groups including young children and teenagers and workshops with topics such as anger management motivating teens to learn, motivating children to learn and positive discipline.

Different workshop topics are offered each year selected by reviewing feedback and requests from parents and professionals and in response to identified needs. Participants are introduced to a range of skills to improve their confidence, including positive discipline strategies, reflection, effective communication skills, understanding why Teens do what they do and how to recognise the needs behind the behaviour their children exhibit.

- One-to-One Parent Mentoring supports the parent around the issues they are most concerned about, helping them to increase their awareness of their needs, their child's needs and find solutions and strategies to achieve the best outcomes for their family. Most of the parents are concerned about the relationships they have with their children, their children's mental health, setting limits and boundaries and the behaviours they are struggling with at home.

Sessions are parent led and child focused and take place on-line and in the family home or a community venue

As with the courses and workshops, participants are introduced to a range of positive parenting skills to increase their confidence and resilience.

Mother Tongue Parenting supports families new to the UK helping to help them feel less isolated and integrate into the local community. Trained mentors help parents to understand cultural expectations, particularly in the school setting and to understand the needs and behaviour of their children through positive parenting strategies. This service is provided in a range of community languages and dialects.

- Volunteer Parent Mentor Project: Volunteer parent mentors assist other parents, particularly when English is not their first language - to support the emotional health and well-being of their children, to understand and manage challenging behaviour, to adjust to life in the UK, and understand expectations to support their children's learning. The mentors help the parent to explore effective parenting strategies to meet their family's needs. This service is provided in a range of community languages and dialects. The majority of the trained parent mentors have gone onto support parents in the community in partnership with local organisations.

Harrow Family Learning Network

Trustees' Report (continued)

Achievements and performance

During April 2023 to March 2024 HOPE supported close to 400 parents and 560 children and young people who have benefited from their parents receiving support. One of HOPE's overarching aims is to remain a financially viable organisation. The Director has successfully bought in funding to maintain services and provide an increase in much needed services to support families. This funding has provided stability for HOPE to ensure we continue to support the parents and caregivers navigate these ongoing turbulent times post-pandemic and during the Cost-of-Living Crisis.

The charity secured funding to deliver a Project 'Breathe Parent support' for parents and caregivers of children and young people on the Child and adolescent Mental Health Service waiting list. This included Monthly parent support groups, themed workshops, access to a family support worker and 1-2-1 parenting support, psychoeducational courses and weekly drop in sessions for parents of children awaiting a diagnosis of ADHD and Autism.

HOPE has extended its reach to include more schools, additional collaboration with likeminded organisations such as CAAS The Centre for ADHD & Autism.

HOPE's fundamental aim is to offer struggling parents a lifeline to non-judgmental, culturally sensitive support, fostering self-esteem, confidence, and effective parenting skills to ensure their children have the best start in life.

The challenges HOPE is supporting

The pandemic and cost of living crisis has thrown up unexpected challenges for both the charity and parents.

The cost of living crisis and the pandemic have significantly impacted families in Harrow and neighbouring boroughs. Parents face increased financial stress due to rising prices and job insecurity, while children are recovering from disrupted education and social isolation. Mental health issues have surged, with more parents and children experiencing anxiety and depression. Access to essential services is limited, exacerbating vulnerabilities and widening inequalities. This dual crisis has intensified family tensions and reduced overall well-being, making our parenting support services more crucial than ever.

HOPE's parenting courses and workshops reflect these challenges family's face. HOPE, for instance, weaves financial support into its content. Such as 'How to talk to children about money and the lack of it, without children feeling deprived or different from their peers,. How to deal with pester power and the guilt which may ensue, understanding teen stress and delivering a cooking course 'Cooking healthy food on a budget'.

Key areas of support we intended to focus on were mental health of both parents and their children, under represented group such as Black/Caribbean parents and caregivers and those at a socio-economic disadvantage and we exceeded expectations.

We supported the parents of children identified with a mental health concern and/or disability

Successfully engaged with Black/Caribbean parents and caregivers and exceeded a government led target, linked to funding by 44%

Successfully engaged parents identified as socially deprived and exceeded government targets, linked to funding by 437%

These testimonies speak volumes

'I have been able to provide improved parenting to my son adjusted to his individual needs'.

'I am not making numerous appointments with the GP to gain support.'

'I am feeling less overwhelmed and more supported.'

'I feel heard and understood and less isolated.'

HOPE is eternally grateful to all our funders and supporters. In these challenging times when parents and their children are at their most vulnerable it is humbling to have our hard work supporting these families recognised and validated. HOPE would not be able to make a difference to the lives of so many families and continue to meet our charitable aims without this funding.

Harrow Family Learning Network

Trustees' Report (continued)

Financial review

The charity has maintained stability and sourced funding to secure services to support the aims of the charity.

Policy on reserves

HOPE needs reserves to:

- Meet contractual liabilities should the organisation have to close. This includes redundancy pay, amounts due to creditors and commitments under leases.
- To meet unexpected costs like break down of essential office machinery, staff cover re illness, maternity leave, parental leave, and legal costs defending the charities interest.
- To replace equipment as it wears out.
- Ensure that the charity can continue to provide a stable and quality service to those who need them. Within this context to minimise recruitment, staff training, staff induction and marketing costs by avoiding the need for redundancies caused by financial crisis.
- To provide working capital when funding is paid in arrears and place the charity in a position where it could bid for external funding which can be paid up to 12 months in arrears.
- From time to time funding has certain restrictions, which means that by law, it must be held in restricted reserves until it is spent in line with the funding agreement.

Level of reserves:

- HOPE aims to have reserves of unrestricted funds sufficient to sustain the organisation for 6 months and or to cover the cost of organisation closure.
- The Trustees are mindful about the difficulties with securing sufficient and sustainable funding in the current economic climate, but will continue their efforts to ensure a solid financial future for HOPE.
- The trustees have examined the charity's requirements for reserves after consideration of the main risks to the organisation.

Monitoring and reviewing of reserves policy:

- The Trustees will consider current costs of closure and examine the level of reserves each year when setting the following year's budget.
- This reserves policy will be reviewed every two years.

Harrow Family Learning Network

Statement of Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on 9/01/2025 and signed on its behalf by:



.....
Parul Patel
Trustee

Harrow Family Learning Network

Independent Examiner's Report to the trustees of Harrow Family Learning Network

Independent examiner's report to the trustees of Harrow Family Learning Network

I report to the trustees on my examination of the accounts of Harrow Family Learning Network (the Charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

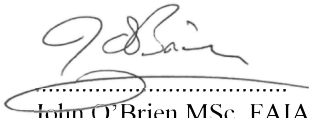
I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



John O'Brien MSc, FAIA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Unit1 and 2 Northwest
41 Talbot Street
Nottingham
NG1 5GL

14/01/2025
Date:.....

Harrow Family Learning Network

Statement of Financial Activities for the Year Ended 31 March 2024

	Note	Unrestricted £	Restricted £	Total 2024 £	Total 2023 £
Income and Endowments from:					
Donations and legacies	2	1,151	-	1,151	817
Charitable activities	3	2,023	79,337	81,360	66,154
Investment income	4	599	-	599	215
Total Income		<u>3,773</u>	<u>79,337</u>	<u>83,110</u>	<u>67,186</u>
Expenditure on:					
Charitable activities	6	<u>(6,294)</u>	<u>(61,009)</u>	<u>(67,303)</u>	<u>(51,231)</u>
Total Expenditure		<u>(6,294)</u>	<u>(61,009)</u>	<u>(67,303)</u>	<u>(51,231)</u>
Net movement in funds		(2,521)	18,328	15,807	15,955
Reconciliation of funds					
Total funds brought forward		<u>40,606</u>	<u>32,694</u>	<u>73,300</u>	<u>57,345</u>
Total funds carried forward	17	<u><u>38,085</u></u>	<u><u>51,022</u></u>	<u><u>89,107</u></u>	<u><u>73,300</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 17.

The notes on pages 12 to 20 form an integral part of these financial statements.

Harrow Family Learning Network

Statement of Financial Activities for the Year Ended 31 March 2024 (continued)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted £	Restricted £	Total 2023 £
Income and Endowments from:				
Donations and legacies	2	817	-	817
Charitable activities	3	20,154	46,000	66,154
Investment income	4	215	-	215
Total Income		<u>21,186</u>	<u>46,000</u>	<u>67,186</u>
Expenditure on:				
Charitable activities	6	<u>(15,629)</u>	<u>(35,602)</u>	<u>(51,231)</u>
Total Expenditure		<u>(15,629)</u>	<u>(35,602)</u>	<u>(51,231)</u>
Net movement in funds		5,557	10,398	15,955
Reconciliation of funds				
Total funds brought forward		<u>35,049</u>	<u>22,296</u>	<u>57,345</u>
Total funds carried forward	17	<u><u>40,606</u></u>	<u><u>32,694</u></u>	<u><u>73,300</u></u>

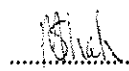
The notes on pages 12 to 20 form an integral part of these financial statements.

Harrow Family Learning Network

(Registration number: 1091703)
Balance Sheet as at 31 March 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible assets	12	-	148
Current assets			
Debtors	13	227	802
Cash at bank and in hand	14	93,650	75,712
		93,877	76,514
Creditors: Amounts falling due within one year	15	(4,770)	(3,362)
Net current assets		89,107	73,152
Net assets		89,107	73,300
Funds of the charity:			
Restricted income funds			
Restricted funds	17	51,022	32,694
Unrestricted income funds			
Unrestricted funds		38,085	40,606
Total funds	17	89,107	73,300

The financial statements on pages 9 to 20 were approved by the trustees, and authorised for issue on and signed on their behalf by:


.....
Miran Shah
Trustee

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2024

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Harrow Family Learning Network meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Exemption from preparing a cash flow statement

Under the exemption available to smaller charities the Board of Trustees has chosen not to include a Statement of Cash Flows within the financial statements.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method
Computer equipment	25% straight line

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

2 Income from donations and legacies

	Unrestricted General £	Total 2024 £	Total 2023 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	1,151	1,151	817
	<u>1,151</u>	<u>1,151</u>	<u>817</u>

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Grants, contracts & service level agreements	-	79,337	79,337	46,000
Services & fees	-	-	-	20,154
Other income	2,023	-	2,023	-
	<u>2,023</u>	<u>79,337</u>	<u>81,360</u>	<u>66,154</u>

4 Investment income

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Interest receivable and similar income;			
Interest receivable on bank deposits	599	599	215
	<u>599</u>	<u>599</u>	<u>215</u>

5 Grants and donations

	Unrestricted funds £	Restricted funds £	Total funds £
John Lyon	-	32,500	32,500
Learn Harrow	-	10,472	10,472
Harrow District Council	-	9,365	9,365
YHF	-	27,000	27,000
VAH	1,000	-	1,000
Sundry donations	151	-	151
	<u>1,151</u>	<u>79,337</u>	<u>80,488</u>

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Salaries	10,082	36,375	46,457	36,422
Facilitators/mentors fees	535	5,175	5,710	7,701
Telephone	404	-	404	351
Office costs	506	-	506	925
Insurance	958	-	958	889
Professional fees	876	1,440	2,316	1,056
Office rent & services	2,636	-	2,636	2,427
Room hire	-	180	180	-
Sundry expense	99	204	303	124
Computer web costs	844	-	844	341
Travel	2	36	38	-
Repairs & maintenance	5	-	5	-
Training	-	56	56	646
Case study fee	-	-	-	200
Depreciation	148	-	148	149
Fundraising and publicity	-	64	64	-
Sharing Funds	1	6,589	6,590	-
Management fee	(10,890)	10,890	-	-
DBS check	88	-	88	-
	6,294	61,009	67,303	51,231

7 Staff costs

The aggregate payroll costs were as follows:

	2024 £	2023 £
Staff costs during the year were:		
Wages and salaries	46,457	36,422

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2024 No	2023 No
Average Number of Employees	3	3

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

No employee received emoluments of more than £60,000 during the year

The total employee benefits of the key management personnel of the charity were £36,963 (2023 - £27,711).

8 Independent examiner's fees

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2024	2023
	£	£
Independent examination	730	660
	<u>730</u>	<u>660</u>

9 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

10 Related party transactions

There were no related party transactions in the year.

11 Taxation

The charity is a registered charity and is therefore exempt from taxation.

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

12 Tangible fixed assets

	Computer equipment £	Total £
Cost		
At 1 April 2023	2,596	2,596
At 31 March 2024	2,596	2,596
Depreciation		
At 1 April 2023	2,448	2,448
Charge for the year	148	148
At 31 March 2024	2,596	2,596
Net book value		
At 31 March 2024	-	-
At 31 March 2023	148	148

13 Debtors

	2024 £	2023 £
Trade debtors	-	601
Prepayments	227	201
	227	802

14 Cash and cash equivalents

	2024 £	2023 £
Cash on hand	8	8
Cash at bank	93,642	75,704
	93,650	75,712

15 Creditors: amounts falling due within one year

	2024 £	2023 £
Trade creditors	240	1,088
Other taxation and social security	2,214	1,482
Other creditors	2,316	792
	4,770	3,362

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

16 Obligations under leases and hire purchase contracts

Operating lease commitments

Total future minimum lease payments under non-cancellable operating leases are as follows:

	2024 £	2023 £
Land and buildings		
Within one year	1,075	-
Between one and five years	<u>1,075</u>	<u>-</u>
	<u>2,150</u>	<u>-</u>

17 Funds

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £
Unrestricted funds					
<i>General</i>					
General Funds	40,606	3,773	(6,294)	-	38,085
Restricted funds					
Support Services	32,694	-	-	(32,694)	-
ACL	-	19,837	(12,621)	8,319	15,535
John Lyon Fund	-	32,500	(32,500)	24,375	24,375
YHF- Breathe	<u>-</u>	<u>27,000</u>	<u>(15,888)</u>	<u>-</u>	<u>11,112</u>
Total restricted funds	<u>32,694</u>	<u>79,337</u>	<u>(61,009)</u>	<u>-</u>	<u>51,022</u>
Total funds	<u>73,300</u>	<u>83,110</u>	<u>(67,303)</u>	<u>-</u>	<u>89,107</u>
	Balance at 1 April 2022 £	Incoming resources £	Resources expended £		Balance at 31 March 2023 £
Unrestricted funds					
<i>General</i>					
General Funds	35,049	21,186	(15,629)		40,606
Restricted					
Support Services	<u>22,296</u>	<u>46,000</u>	<u>(35,602)</u>		<u>32,694</u>
Total funds	<u>57,345</u>	<u>67,186</u>	<u>(51,231)</u>		<u>73,300</u>

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

The specific purposes for which the funds are to be applied are as follows:

Support Services enables the charity to offer a wide range of activities to support our users.

ACL- This funding was recieved to fund the delivery of parenting courses and workshops to advance the education of the families in Harrow and surrounding areas with a particular view to enhancing the education of parents, to safeguard, protect and preserve the good health both mental and physical of children and the parents of children, the prevention of cruelty or maltreatment of children and the relief of sickness, poverty and need amongst children and their parents in line with our charitable objectives.

John Lyon- This funding was received for the Director's salaries and the grant was to be used to support the organisation to fund and deliver projects which supports the parents and caregivers of children and young people up to the age of 30 for disabled young people) in the Beneficial area of John Lyons charity, to give children the best start and enhance their opportunities in life.

YHF- Breathe- This funding was recieved to support parents and caregivers of children and young people on the CAMHS waiting list (Child and Adolescent Mental Health Services). It provided parents with practical tips and advice to navigate these difficult times and help promote positive and cooperative behaviour within their families. It provided a pathway to confident and effective parenting that helped to reduce conflict, encourage good behaviour and reduce the worsening of existing mental health issues. This intervention is valuable for all parents dealing with the pressures of raising a child with mental health difficulties.

The transfers from the Support Services restricted fund to the ACL and John Lyon funds represents the opening balances on these funds, which were not split out last year.

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

18 Analysis of net assets between funds

	Unrestricted		2024
	General	Restricted	Total funds
	£	£	£
Current assets	42,855	51,022	93,877
Current liabilities	(4,770)	-	(4,770)
Total net assets	<u>38,085</u>	<u>51,022</u>	<u>89,107</u>

	Unrestricted		2023
	General	Restricted	Total funds
	£	£	£
Tangible fixed assets	148	-	148
Current assets	43,820	32,694	76,514
Current liabilities	(3,362)	-	(3,362)
Total net assets	<u>40,606</u>	<u>32,694</u>	<u>73,300</u>

Accounts

Charity registration number: 1091703

Harrow Family Learning Network

Annual Report and Financial Statements

for the Year Ended 31 March 2023

Community Accounting Plus
Unit1 and 2 Northwest
41 Talbot Street
Nottingham
NG1 5GL

Harrow Family Learning Network

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Harrow Family Learning Network

Reference and Administrative Details

Organisation Name

Harrow Family Learning Network (trading as) HOPE (Harrow)

Trustees

Parul Patel

Miran Shah

Bharti Vyas

Anika Donkor

Senior Management Team

Jane Jaroudi, Director

Principal Office

The Lodge
64 Pinner Road
Harrow
Middlesex
HA1 4HZ

Charity Registration Number

1091703

Independent Examiner

John O'Brien, employee of
Community Accounting Plus
Unit1 and 2 Northwest
41 Talbot Street
Nottingham
NG1 5GL

HOPE STAFF AND FACILITATORS

Director (Part time): Jane Jaroudi

Project Manager (Part time): Vera Hart

Bookkeeper (Part time): Diana Frost

Facilitators and Mentors:

Julie Browne, Vera Hart, Jane Jaroudi, Rosemary Lamaison, Jane McLeod, Illa Nakarja, Hassiba Rahmoune, Shanthi Sivanathan, Seru Nainoca.

Volunteer Parent Mentors:

Ayesha Khan, Aisha Barikzay, Farzaneh Hooshiari,
Carole Thompson, Hana Ali, Joanne Campbell, Leigh Gower, Razia Zarrien, Rahma Haji, Sabrina Bouhouhou, Shuming Chen, Sonya Moledaina, Seru Nainoca, Yusuf Yusuf.

Harrow Family Learning Network

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2023.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Parul Patel
	Miran Shah
	Bharti Vyas
	Janet Mote (resigned 11 May 2022)
	Seru Nainoca (resigned 14 July 2023)
	Anika Donkor (appointed 11 October 2023)

Structure, governance and management

Nature of governing document

Declaration of trust executed on the 20th day of August 2001 and amended on the 15th November 2001.

Recruitment and appointment of trustees

Trustees are recruited in line with the declaration of trust.

Induction and training of trustees

All trustees receive an induction pack and relevant training.

Trustees attended the following courses:

- Charity Trustees: Role Introduction & Refresher course;
- Trustees Roles & Responsibilities;
- The new Charity Commission Governance code and what it means for your organisation;
- Safeguarding Level 1.

Major risks and management of those risks

Decline in income: The current economic climate will put further pressure on HOPE (Harrow) in terms of remaining a financially viable organisation. This could include funders and a reduced budget by the local authority Harrow Council.

The Director devotes time to fund raising, writing funding bids and securing partnership bids whilst promoting the services of the charity to the wider community.

Harrow Family Learning Network

Trustees' Report (continued)

Objectives and activities

Objects and aims

- a) To advance the education of the public of Harrow and surrounding areas with a view to enhancing the education of families.
- b) To safeguard, protect and preserve the good health, both mental and physical, of children and parents of children.
- c) Prevention of cruelty or maltreatment of children.
- d) Relief of sickness, poverty and need amongst children and their parents.

The aims of the charity are:

- a) To ensure access to parenting support that meets their needs.
- b) Achieve excellence in service delivery through partnership working and continuous service improvement.
- c) To improve relationships between young people and their families.
- d) To stimulate family learning in local community and to cooperate with other agencies in sharing resources, experience and information to promote good practice in family learning.
- e) To deliver high quality, specialised services accessible to individuals and the local community.

We want to make the following practical differences:

- To improve parenting skills where there is a need;
- To increase parental confidence and resilience;
- To enrich the home lives of parents and children;
- To enhance the employability of those who train and practice as group facilitators and mentors.

Our Strengths and Opportunities

We have worked tirelessly with parents, and health and educational professional to ensure our engagement level is high. We continue to be impressed with the number of parents, from a wide range of cultural groups and speaking a wide variety of languages, who engage enthusiastically to support their families. For the whole community, the willingness of parents from a range of cultural backgrounds and faiths, to come together in our courses and workshops to discuss their parenting issues, is not only to be regarded as a strength but also as an opportunity to forge understanding and friendship between them and between them and their neighbours.

Public benefit

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Harrow Family Learning Network

Trustees' Report (continued)

The charity's range of supporting activities includes:

- Parenting courses and workshops focusing on specific groups including young children and teenagers and workshops with topics such as anger management motivating teens to learn, motivating children to learn and positive discipline.

Different workshop topics are offered each year selected by reviewing feedback and requests from parents and professionals and in response to identified needs. Participants are introduced to a range of skills to improve their confidence, including positive discipline strategies, reflection, effective communication skills, understanding why Teens do what they do and how to recognise the needs behind the behaviour their children exhibit.

- One-to-One Parent Mentoring supports the parent around the issues they are most concerned about, helping them to increase their awareness of their needs, their child's needs and find solutions and strategies to achieve the best outcomes for their family. Most of the parents are concerned about the relationships they have with their children, their children's mental health, setting limits and boundaries and the behaviours they are struggling with at home.

Sessions are parent led and child focused, and take place in the home or a community venue increasing access to support. During the pandemic this service was successfully delivered on-line and is currently moving back to face to face.

As with the courses and workshops, participants are introduced to a range of positive parenting skills to increase their confidence and resilience.

- Mother Tongue Parenting supports families new to the UK helping to help them feel less isolated and integrate into the local community. Trained mentors help parents to understand cultural expectations, particularly in the school setting and to understand the needs and behaviour of their children through positive parenting strategies. Mentors work with parents in their first language including Tamil, Gujarati, Punjabi, Urdu, Hindi, Cantonese, Mandarin, Farsi, Kurdish, Pashto, Dari, Surani, Marathi, Somali, Marwari, Greek, French, Dutch, German, and Arabic, plus other dialects.

- Volunteer Parent Mentor Project: Volunteer parent mentors assist other parents, particularly when English is not their first language - to support the emotional health and well-being of their children, to understand and manage challenging behaviour, to adjust to life in the UK, and understand expectations to support their children's learning. The mentors help the parent to explore effective parenting strategies to meet their family's needs. This service is provided in a range of community languages and dialects. The majority of the trained parent mentors have gone onto support parents in the community in partnership with local organisations.

Harrow Family Learning Network

Trustees' Report (continued)

Annual Activity Data

1. Started to deliver a project supporting parents of children/young people on the Child & Adolescent Mental Health Service waiting List. Working in collaboration with the Centre for ADHD & Autism Services (CAAS) Project name 'Breathe Parenting Support' Target number of parents we hope to support 100.

This project will deliver monthly parent support group meetings, parenting courses and workshops, and 1-2-1 parent mentoring or the services of a family support worker. Support group meetings will be a mixture of themed workshops and general meetings with coffee and a chat, with professionals on hand.

2. Delivered a successful calendar of 10 parenting courses and 11 parenting workshops to over 200 parent/carers.

3. Delivered bespoke workshops to foster carers to support reducing placement break downs and to increase the understanding of ACE's - Adverse childhood experiences and how these can impact on a child/young person's development, mental health and behaviour.

4. Successfully obtained funding to deliver 9 parenting courses and 10 parenting workshops from Sept 2023 - July 2024

5. Started a new project to support parents of children/young people at risk of exclusion from school. A parent is offered 1-2-1 parent mentoring when a child/young person is identified as 'at risk of being excluded from school'. This project is currently running until Dec 2023. If deemed effective at reducing exclusions, further funding will be sought.

6 Staff, facilitator & mentors completed an extensive range of CPD to increase our offer of support to meet the changing needs of the families we are privileged to support.

7 Increased our pool of parent group facilitators and parent mentors by 2, through training and development. One has undertaken a teaching qualification 'Award in Education and Training'. We will be able to offer courses, workshops and parent mentoring in Dari, Pashto and Farsi and will be working with the Afghani community.

Purpose and Impact

The support services we deliver ensures we enhance parental engagement and meet their needs by assessing previous experiences, celebrate existing skills and encourage future aspirations.

Our services are culturally sensitive, non-judgmental and non-prescriptive and allows mentors and facilitators to respond creatively as different situations and opportunities emerge. We ensure the content is inclusive and relevant to meet the needs of the parents and families we work with to enhance recruitment, participation, retention and success.

The choice of courses and workshops delivered are based on Parents and Teens evaluation of our services and feedback from past and present participants.

The programme of courses and workshops we offered covered the age range from preschool to 18 years; split into two age ranges, 3-11 and 12 years+.

The areas of most concern highlighted to us were Anger Management, understanding teenagers challenging often destructive behaviours, the children and Teens mental health and stressors, including communication breakdown and challenges to parental boundaries; challenging behaviours in primary aged children, how to support children with academic induced stress. Some learners requested individual workshops whilst others preferred a full 8-week course of which both were provided to ensure we captured as many parents as possible.

Harrow Family Learning Network

Trustees' Report (continued)

Financial review

The trustees are please with the financial position at the year end.

Policy on reserves

HOPE needs reserves to:

Meet contractual liabilities should the organisation have to close. This includes redundancy pay, amounts due to creditors and commitments under leases.

To meet unexpected costs like break down of essential office machinery, staff cover re illness, maternity leave, parental leave, and legal costs defending the charities interest.

To replace equipment as it wears out.

Ensure that the charity can continue to provide a stable and quality service to those who need them. Within this context to minimise recruitment, staff training, staff induction and marketing costs by avoiding the need for redundancies caused by financial crisis.

To provide working capital when funding is paid in arrears and place the charity in a position where it could bid for external funding which can be paid up to 12 months in arrears.

From time to time funding has certain restrictions, which means that by law, it must be held in restricted reserves until it is spent in line with the funding agreement.

Level of reserves:

HOPE aims to have reserves of unrestricted funds sufficient to sustain the organisation for 6 months and or to cover the cost of organisation closure.

The Trustees are mindful about the difficulties with securing sufficient and sustainable funding in the current economic climate, but will continue their efforts to ensure a solid financial future for HOPE.

The trustees have examined the charity's requirements for reserves after consideration of the main risks to the organisation.

Monitoring and reviewing of reserves policy:

The Trustees will consider current costs of closure and examine the level of reserves each year when setting the following year's budget.

This reserves policy will be reviewed every two years.

Harrow Family Learning Network

Statement of Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

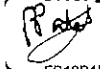
The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on^{15/12/2023} and signed on its behalf by:

DocuSigned by:



FB18B1EC0198437.....

Parul Patel
Trustee

Harrow Family Learning Network

Independent Examiner's Report to the trustees of Harrow Family Learning Network

Independent examiner's report to the trustees of Harrow Family Learning Network

I report to the trustees on my examination of the accounts of Harrow Family Learning Network (the Charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

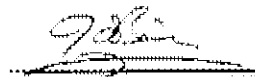
I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



John O'Brien MSc, FAIA, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Unit1 and 2 Northwest
41 Talbot Street
Nottingham
NG1 5GL

22/12/2023
Date:.....

Harrow Family Learning Network

Statement of Financial Activities for the Year Ended 31 March 2023

	Note	Unrestricted £	Restricted £	Total 2023 £	Total 2022 £
Income and Endowments from:					
Donations and legacies	2	817	-	817	73
Charitable activities	3	20,154	46,000	66,154	56,506
Investment income	4	215	-	215	5
Total Income		<u>21,186</u>	<u>46,000</u>	<u>67,186</u>	<u>56,584</u>
Expenditure on:					
Charitable activities	6	<u>(15,629)</u>	<u>(35,602)</u>	<u>(51,231)</u>	<u>(50,076)</u>
Total Expenditure		<u>(15,629)</u>	<u>(35,602)</u>	<u>(51,231)</u>	<u>(50,076)</u>
Net movement in funds		5,557	10,398	15,955	6,508
Reconciliation of funds					
Total funds brought forward		<u>35,049</u>	<u>22,296</u>	<u>57,345</u>	<u>50,837</u>
Total funds carried forward	16	<u>40,606</u>	<u>32,694</u>	<u>73,300</u>	<u>57,345</u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 16.

Harrow Family Learning Network

Statement of Financial Activities for the Year Ended 31 March 2023 (continued)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted £	Restricted £	Total 2022 £
Income and Endowments from:				
Donations and legacies	2	73	-	73
Charitable activities	3	10,987	45,519	56,506
Investment income	4	5	-	5
Total Income		<u>11,065</u>	<u>45,519</u>	<u>56,584</u>
Expenditure on:				
Charitable activities	6	<u>(20,538)</u>	<u>(29,538)</u>	<u>(50,076)</u>
Total Expenditure		<u>(20,538)</u>	<u>(29,538)</u>	<u>(50,076)</u>
Net (expenditure)/income		(9,473)	15,981	6,508
Gross transfers between funds		<u>11,925</u>	<u>(11,925)</u>	<u>-</u>
Net movement in funds		2,452	4,056	6,508
Reconciliation of funds				
Total funds brought forward		<u>32,597</u>	<u>18,240</u>	<u>50,837</u>
Total funds carried forward	16	<u>35,049</u>	<u>22,296</u>	<u>57,345</u>

The notes on pages 12 to 19 form an integral part of these financial statements.

Harrow Family Learning Network

(Registration number: 1091703)
Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	12	148	297
Current assets			
Debtors	13	802	140
Cash at bank and in hand	14	<u>75,712</u>	<u>59,286</u>
		76,514	59,426
Creditors: Amounts falling due within one year	15	<u>(3,362)</u>	<u>(2,378)</u>
Net current assets		<u>73,152</u>	<u>57,048</u>
Net assets		<u>73,300</u>	<u>57,345</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	16	32,694	22,296
Unrestricted income funds			
Unrestricted funds		<u>40,606</u>	<u>35,049</u>
Total funds	16	<u>73,300</u>	<u>57,345</u>

The financial statements on pages 9 to 19 were approved by the trustees, and authorised for issue on 15/12/2023 and signed on their behalf by:

DocuSigned by:



39B7263F2ED3434

.....
Miran Shah
Trustee

The notes on pages 12 to 19 form an integral part of these financial statements.

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2023

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Harrow Family Learning Network meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method
Computer equipment	25% straight line

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

2 Income from donations and legacies

	Unrestricted General £	Total 2023 £	Total 2022 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	817	817	73
	<u>817</u>	<u>817</u>	<u>73</u>

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Grants, contracts & service level agreements	-	46,000	46,000	45,519
Services & fees	20,154	-	20,154	5,450
Other income	-	-	-	5,537
	<u>20,154</u>	<u>46,000</u>	<u>66,154</u>	<u>56,506</u>

4 Investment income

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Interest receivable and similar income;			
Interest receivable on bank deposits	215	215	5
	<u>215</u>	<u>215</u>	<u>5</u>

5 Grants and donations

	Unrestricted funds £	Restricted funds £	Total funds £
John Lyon	-	32,500	32,500
Harrow District Council	-	13,500	13,500
Sundry donations	817	-	817
	<u>817</u>	<u>46,000</u>	<u>46,817</u>

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Salaries	8,521	27,901	36,422	34,179
Facilitators/mentors fees	-	7,701	7,701	8,953
Telephone	351	-	351	358
Office costs	925	-	925	182
Insurance	889	-	889	856
Professional fees	1,056	-	1,056	834
Office rent & services	2,427	-	2,427	2,479
Sundry expense	124	-	124	181
Computer web costs	341	-	341	810
Travel	-	-	-	14
Training	646	-	646	60
Case study fee	200	-	200	520
Depreciation	149	-	149	650
	<u>15,629</u>	<u>35,602</u>	<u>51,231</u>	<u>50,076</u>

7 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
Staff costs during the year were:		
Wages and salaries	<u>36,422</u>	<u>34,179</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2023 No	2022 No
Average Number of Employees	<u>3</u>	<u>3</u>

No employee received emoluments of more than £60,000 during the year

The total employee benefits of the key management personnel of the charity were £27,711 (2022 - £23,423).

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

8 Independent examiner's fees

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2023 £	2022 £
Independent examination	660	625
	<u>660</u>	<u>625</u>

9 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

10 Related party transactions

There were no related party transactions in the year.

11 Taxation

The charity is a registered charity and is therefore exempt from taxation.

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

12 Tangible fixed assets

	Computer equipment £	Total £
Cost		
At 1 April 2022	2,596	2,596
At 31 March 2023	2,596	2,596
Depreciation		
At 1 April 2022	2,299	2,299
Charge for the year	149	149
At 31 March 2023	2,448	2,448
Net book value		
At 31 March 2023	148	148
At 31 March 2022	297	297

13 Debtors

	2023 £	2022 £
Trade debtors	601	140
Prepayments	201	-
	802	140

14 Cash and cash equivalents

	2023 £	2022 £
Cash on hand	8	1
Cash at bank	75,704	59,285
	75,712	59,286

15 Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	1,088	146
Other taxation and social security	1,482	1,482
Other creditors	792	750
	3,362	2,378

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

16 Funds

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 31 March 2023 £
Unrestricted funds				
<i>General</i>				
General Funds	35,049	21,186	(15,629)	40,606
Restricted funds				
Support Services	<u>22,296</u>	<u>46,000</u>	<u>(35,602)</u>	<u>32,694</u>
Total funds	<u>57,345</u>	<u>67,186</u>	<u>(51,231)</u>	<u>73,300</u>

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
Unrestricted funds					
<i>General</i>					
General Funds	32,597	11,065	(20,538)	11,925	35,049
Restricted					
Support Services	<u>18,240</u>	<u>45,519</u>	<u>(29,538)</u>	<u>(11,925)</u>	<u>22,296</u>
Total funds	<u>50,837</u>	<u>56,584</u>	<u>(50,076)</u>	<u>-</u>	<u>57,345</u>

The specific purposes for which the funds are to be applied are as follows:

Support Services enables the charity to offer a wide range of activities to support our users.

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

17 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2023 £
Tangible fixed assets	148	-	148
Current assets	43,820	32,694	76,514
Current liabilities	(3,362)	-	(3,362)
Total net assets	<u>40,606</u>	<u>32,694</u>	<u>73,300</u>
	Unrestricted		2022
	General £	Restricted £	Total funds £
Tangible fixed assets	297	-	297
Current assets	37,130	22,296	59,426
Current liabilities	(2,378)	-	(2,378)
Total net assets	<u>35,049</u>	<u>22,296</u>	<u>57,345</u>

Accounts

Charity registration number: 1091703

Harrow Family Learning Network

Annual Report and Financial Statements

for the Year Ended 31 March 2022

Harrow Family Learning Network

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Harrow Family Learning Network

Reference and Administrative Details

Organisation Name

Harrow Family Learning Network (trading as) HOPE (Harrow)

Trustees

Parul Patel
Miran Shah
Seru Nainoca
Bharti Vyas

Senior Management Team

Jane Jaroudi, Director

Principal Office

The Lodge
64 Pinner Road
Harrow
Middlesex
HA1 4HZ

Charity Registration Number

1091703

Independent Examiner

John O'Brien, employee of
Community Accounting Plus
Unit1 and 2 Northwest
41 Talbot Street
Nottingham
NG1 5GL

HOPE STAFF AND FACILITATORS

Director (Part time): Jane Jaroudi

Project Manager (Part time): Vera Hart

Bookkeeper (Part time): Diana Frost

Facilitators and Mentors:

Julie Browne, Vera Hart, Jane Jaroudi, Rosemary Lamaison, Jane McLeod, Illa Nakarja, Hassiba Rahmoune, Shanthi Sivanathan, Seru Nainoca.

Volunteer Parent Mentors:

Ayesha Khan, Aisha Barikzay, Farzaneh Hooshiari,
Carole Thompson, Hana Ali, Joanne Campbell, Leigh Gower, Razia Zarrien, Rahma Haji, Sabrina Bouhouhou, Shuming Chen, Sonya Moledeina, Seru Nainoca, Yusuf Yusuf.

Harrow Family Learning Network

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2022.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Parul Patel
	Miran Shah
	Seru Nainoca
	Bharti Vyas
	Janet Mote, until 11/05/22

Structure, governance and management

Nature of governing document

Declaration of trust executed on the 20th day of August 2001 and amended on the 15th November 2001.

Recruitment and appointment of trustees

Trustees are recruited in line with the declaration of trust.

Induction and training of trustees

All trustees receive an induction pack and relevant training.

Trustees attended the following courses:

- Charity Trustees: Role Introduction & Refresher course;
- Trustees Roles & Responsibilities;
- The new Charity Commission Governance code and what it means for your organisation;
- Safeguarding Level 1.

Objectives and activities

Objects and aims

- a) To advance the education of the public of Harrow and surrounding areas with a view to enhancing the education of families.
- b) To safeguard, protect and preserve the good health, both mental and physical, of children and parents of children.
- c) Prevention of cruelty or maltreatment of children.
- d) Relief of sickness, poverty and need amongst children and their parents.

The aims of the charity are:

- a) To ensure access to parenting support that meets their needs.
- b) Achieve excellence in service delivery through partnership working and continuous service improvement.
- c) To improve relationships between young people and their families.
- d) To stimulate family learning in local community and to cooperate with other agencies in sharing resources, experience and information to promote good practice in family learning.
- e) To deliver high quality, specialised services accessible to individuals and the local community.

Harrow Family Learning Network

Trustees' Report

We want to make the following practical differences:

- To improve parenting skills where there is a need;
- To increase parental confidence and resilience;
- To enrich the home lives of parents and children;
- To enhance the employability of those who train and practice as group facilitators and mentors.

Our Strengths and Opportunities

We have worked tirelessly with parents, and health and educational professional to ensure our engagement level is high. We continue to be impressed with the number of parents, from a wide range of cultural groups and speaking a wide variety of languages, who engage enthusiastically to support their families. For the whole community, the willingness of parents from a range of cultural backgrounds and faiths, to come together in our courses and workshops to discuss their parenting issues, is not only to be regarded as a strength but also as an opportunity to forge understanding and friendship between them and between them and their neighbours.

Public benefit

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

The charity's range of supporting activities includes:

- Parenting courses and workshops focusing on specific groups including young children and teenagers and workshops with topics such as anger management motivating teens to learn, motivating children to learn and positive discipline.

Different workshop topics are offered each year selected by reviewing feedback and requests from parents and professionals and in response to identified needs. Participants are introduced to a range of skills to improve their confidence, including positive discipline strategies, reflection, effective communication skills, understanding why Teens do what they do and how to recognise the needs behind the behaviour their children exhibit.

During the pandemic these were successfully moved to on-line. Due to increased engagement from parents with a preference for this mode of delivery we are moving to deliver both options of on-line and face to face.

- One-to-One Parent Mentoring supports the parent around the issues they are most concerned about, helping them to increase their awareness of their needs, their child's needs and find solutions and strategies to achieve the best outcomes for their family. Most of the parents are concerned about the relationships they have with their children, their children's mental health, setting limits and boundaries and the behaviours they are struggling with at home.

Sessions are parent led and child focused, and take place in the home or a community venue increasing access to support. During the pandemic this service was successfully delivered on-line and is currently moving back to face to face.

As with the courses and workshops, participants are introduced to a range of positive parenting skills to increase their confidence and resilience.

- Mother Tongue Parenting supports families new to the UK helping to help them feel less isolated and integrate into the local community. Trained mentors help parents to understand cultural expectations, particularly in the school setting and to understand the needs and behaviour of their children through positive parenting strategies. Mentors work with parents in their first language including Tamil, Gujarati, Punjabi, Urdu, Hindi, Cantonese, Mandarin, Farsi, Kurdish, Pashto, Dari, Surani, Marathi, Somali, Marwari, Greek, French, Dutch, German, and Arabic, plus other dialects.

Harrow Family Learning Network

Trustees' Report

• Volunteer Parent Mentor Project: Volunteer parent mentors assist other parents, particularly when English is not their first language - to support the emotional health and well-being of their children, to understand and manage challenging behaviour, to adjust to life in the UK, and understand expectations to support their children's learning. The mentors help the parent to explore effective parenting strategies to meet their family's needs. This service is provided in a range of community languages and dialects. The majority of the trained parent mentors have gone on to support parents in the community in partnership with local organisations.

Annual Activity Data

Parenting courses and workshops are delivered in partnership with Harrow Council Adult Community Learning AKA LearnHarrow funded/subsidised by the Education Skills Funding Agency.

The following courses and workshops were delivered during the academic year 2021-2022.

HOPE (Harrow) receives enquiries from parents, carers and professionals interested in parenting courses and workshops. Parents and carers either self-refer or are referred by social services, health and educational professionals, and other statutory and community organisations.

- Effective Parenting 8-week Course; x 2
- Living with Teens 8-week Course; x 1
- Course for Separated Parent; 5 weeks course
- Motivating children to learn; workshops
- Motivating Teens to learn; workshops
- Anger Management Workshop for Parents of children aged 3-11 yrs;
- Anger Management Workshop for Parents of children aged 12yrs plus;
- Setting limits defining boundaries; workshop
- Positive Discipline Workshop;
- Conflict resolution for parents of Teenagers; workshop
- Understanding stress for parents of Teens; 2-part workshops

Additional workshops were delivered to Council staff as part of their staff wellbeing project and a workshop was delivered to parents as part of the HAF scheme, Holiday and Food for family's initiative.

HOPE has supported and delivered different intervention to families throughout the year and has seen an increase in attendance from fathers, accounting for 37% of attendees, up from 23% the previous year.

Purpose and Impact

The support services we deliver ensures we enhance parental engagement and meet their needs by assessing previous experiences, celebrate existing skills and encourage future aspirations.

Our services are culturally sensitive, non-judgmental and non-prescriptive and allows mentors and facilitators to respond creatively as different situations and opportunities emerge. We ensure the content is inclusive and relevant to meet the needs of the parents and families we work with to enhance recruitment, participation, retention and success.

The choice of courses and workshops delivered are based on Parents and Teens evaluation of our services and feedback from past and present participants.

The programme of courses and workshops we offered covered the age range from preschool to 18 years; split into two age ranges, 3-11 and 12 years+.

The areas of most concern highlighted to us were Anger Management, understanding teenagers challenging often destructive behaviours, the children and Teens mental health and stressors, including communication breakdown and challenges to parental boundaries; challenging behaviours in primary aged children, how to support children with academic induced stress. Some learners requested individual workshops whilst others preferred a full 8-week course of which both were provided to ensure we captured as many parents as possible.

Harrow Family Learning Network

Trustees' Report

As a result of attending a parenting course or workshops parents stated it has made a significant difference in a number of areas. They had gained additional skills and knowledge, improved health and well-being, felt more assertive and felt more confident. They also stated they had an increased awareness of British Values, and increased interaction with people from different cultures both of which are very positive outcomes. Parents highlighted improving their parenting skills had increased their enjoyment of parenting and the family home was a much calmer, nicer place to be.

Partnerships

The Director of HOPE (Harrow) attended forums, steering groups and networking opportunities via Zoom or Teams, where they promoted the work of HOPE (Harrow) and the support available to parents/carers and families. This continues to be an effective way of bringing relevant organisations together to exchange ideas, discuss best practice and share information and resources.

These include:

1. Harrow Parenting Forum - Elected Co Chair from October 2018.
2. Harrow Voluntary and Community Sector Forum.
3. Harrow Safeguarding Children Forum.
4. Young Harrow Foundation.
5. Schools and Community Organisations.
6. LearnHarrow Adult Education.
7. The Centre for ADHD and Autism Support.
8. Breathe support group for parents of children and young people with mental health concerns. Or on the CAMHS (Child and Adolescent Mental Health Services) waiting list.
9. Harrow Primary and Secondary Schools and early years.
10. Alternative education provisions - The Helix and the Virtual school.

FUNDING

- i) Commissioned workshops and parenting programmes - Part of our funding strategy is to work in partnership with school and local organisations.
- ii) Commissioned One to One Parenting support Social Services and self-funded.
- iii) LearnHarrow via Harrow Council funded by the Educational Skills Funding Agency Learning commissioning of parenting programmes and workshops.
- iv) John Lyon's Foundation - 3 Year funding secured for Director Salary.
- v) Harrow Wins Lottery.
- vi) Subsidised parent fees to attend courses and workshops.
- vii) Give as you live donations.
- viii) Amazon Smile donations.

HOPE (Harrow) remains unique as a user led community organisation where local parents train, develop and mentor other local parents in the community.

The current economic climate will put further pressure on HOPE (Harrow) in terms of remaining a financially viable organisation. The Director devotes time to fund raising, writing funding bids and securing partnership bids whilst promoting the services of the charity to the wider community. The budget for the following year of 2022 through to 2023 is stable. HOPE has secured funding to deliver parenting courses and workshops from September 2022 - July 2023.

We are currently submitting bids to maintain the staffing and core elements of the organisation and working in partnership with like-minded organisations to widen our offer of services.

During financial year 2021-2022 HOPE has successfully navigated its way through a challenging and difficult time due to the pandemic and national and local lock-downs.

Harrow Family Learning Network

Trustees' Report

HOPE is now working to a recovery plan and starting to bring services back to face to face. The focus is on supporting families through this transition working to help parents support themselves and their children with the additional challenges brought about by the pandemic, lockdowns and reduced educational opportunities. We are pleased to report that no service has been unduly affected by this pandemic.

LearnHarrow continues to fund HOPE (Harrow) to deliver parenting courses and workshops and schools commission HOPE to deliver workshops to parents and staff.

The One to One Parent Mentoring Project is delivered on a full cost recovery basis to families with complex needs being supported by Social Services and the Together with Families Project. We have the invaluable support from the staff within other organisations we have trained who are supporting families in their communities.

HOPE (Harrow) will continue to widen its scope for attracting financial support. Going forward, HOPE (Harrow) is in a fortunate position to be able to continue to support families with complex needs through commissioning. HOPE will be seeking funding to be able to offer universal parenting support for FREE. The increase in demand for our services is unprecedented and we work very hard to ensure we are able to meet the needs of the families in Harrow. As the demand for our services increases so does the need to secure funding, a top priority for year 2022-2023 and beyond.

Financial review

Policy on reserves

HOPE needs reserves to:

Meet contractual liabilities should the organisation have to close. This includes redundancy pay, amounts due to creditors and commitments under leases.

To meet unexpected costs like break down of essential office machinery, staff cover re illness, maternity leave, parental leave, and legal costs defending the charities interest.

To replace equipment as it wears out.

Ensure that the charity can continue to provide a stable and quality service to those who need them. Within this context to minimise recruitment, staff training, staff induction and marketing costs by avoiding the need for redundancies caused by financial crisis.

To provide working capital when funding is paid in arrears and place the charity in a position where it could bid for external funding which can be paid up to 12 months in arrears.

From time to time funding has certain restrictions, which means that by law, it must be held in restricted reserves until it is spent in line with the funding agreement.

Level of reserves:

HOPE aims to have reserves of unrestricted funds sufficient to sustain the organisation for 6 months and or to cover the cost of organisation closure.

The Trustees are mindful about the difficulties with securing sufficient and sustainable funding in the current economic climate, but will continue their efforts to ensure a solid financial future for HOPE.

The trustees have examined the charity's requirements for reserves after consideration of the main risks to the organisation.

Monitoring and reviewing of reserves policy:

The Trustees will consider current costs of closure and examine the level of reserves each year when setting the following year's budget.

This reserves policy will be reviewed every two years.

Harrow Family Learning Network

Trustees' Report

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The annual report was approved by the trustees of the charity on 08 Dec 2022 and signed on its behalf by:



.....
Parul Patel
Trustee

Harrow Family Learning Network

Independent Examiner's Report to the trustees of Harrow Family Learning Network

Independent examiner's report to the trustees of Harrow Family Learning Network

I report to the trustees on my examination of the accounts of Harrow Family Learning Network (the Charity) for the year ended 31 March 2022.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

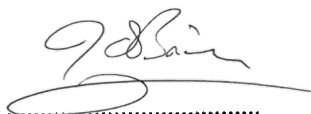
I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



John O'Brien MSc, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Unit1 and 2 Northwest
41 Talbot Street
Nottingham
NG1 5GL

Date: 03/01/2023

Harrow Family Learning Network

Statement of Financial Activities for the Year Ended 31 March 2022

	Note	Unrestricted £	Restricted £	Total 2022 £	Total 2021 £
Income and Endowments from:					
Donations and legacies	2	73	-	73	10,065
Charitable activities	3	10,987	45,519	56,506	48,870
Investment income	4	5	-	5	14
Total Income		<u>11,065</u>	<u>45,519</u>	<u>56,584</u>	<u>58,949</u>
Expenditure on:					
Charitable activities	6	<u>(20,538)</u>	<u>(29,538)</u>	<u>(50,076)</u>	<u>(48,134)</u>
Total Expenditure		<u>(20,538)</u>	<u>(29,538)</u>	<u>(50,076)</u>	<u>(48,134)</u>
Net (expenditure)/income		(9,473)	15,981	6,508	10,815
Gross transfers between funds		<u>11,925</u>	<u>(11,925)</u>	-	-
Net movement in funds		2,452	4,056	6,508	10,815
Reconciliation of funds					
Total funds brought forward		<u>32,597</u>	<u>18,240</u>	<u>50,837</u>	<u>40,022</u>
Total funds carried forward	16	<u>35,049</u>	<u>22,296</u>	<u>57,345</u>	<u>50,837</u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 16.

Harrow Family Learning Network

Statement of Financial Activities for the Year Ended 31 March 2022

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted £	Restricted £	Total 2021 £
Income and Endowments from:				
Donations and legacies	2	10,065	-	10,065
Charitable activities	3	10,558	38,312	48,870
Investment income	4	14	-	14
Total Income		<u>20,637</u>	<u>38,312</u>	<u>58,949</u>
Expenditure on:				
Charitable activities	6	<u>(19,500)</u>	<u>(28,634)</u>	<u>(48,134)</u>
Total Expenditure		<u>(19,500)</u>	<u>(28,634)</u>	<u>(48,134)</u>
Net income		1,137	9,678	10,815
Gross transfers between funds		<u>14,273</u>	<u>(14,273)</u>	<u>-</u>
Net movement in funds		15,410	(4,595)	10,815
Reconciliation of funds				
Total funds brought forward		<u>17,187</u>	<u>22,835</u>	<u>40,022</u>
Total funds carried forward	16	<u>32,597</u>	<u>18,240</u>	<u>50,837</u>

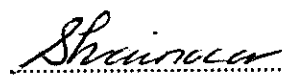
The notes on pages 12 to 19 form an integral part of these financial statements.

Harrow Family Learning Network

(Registration number: 1091703)
Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	12	297	947
Current assets			
Debtors	13	140	201
Cash at bank and in hand	14	59,286	52,183
		59,426	52,384
Creditors: Amounts falling due within one year	15	(2,378)	(2,494)
Net current assets		57,048	49,890
Net assets		57,345	50,837
Funds of the charity:			
Restricted income funds			
Restricted funds	16	22,296	18,240
Unrestricted income funds			
Unrestricted funds		35,049	32,597
Total funds	16	57,345	50,837

The financial statements on pages 9 to 19 were approved by the trustees, and authorised for issue on 9th Dec 2022 and signed on their behalf by:


Seru Nainoca
Trustee

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2022

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Harrow Family Learning Network meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Exemption from preparing a cash flow statement

The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2022

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method
Computer equipment	25% straight line

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2022

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

2 Income from donations and legacies

	Unrestricted General £	Total 2022 £	Total 2021 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	73	73	65
Grants, including capital grants;			
Government grants	-	-	10,000
	73	73	10,065

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Grants, contracts & service level agreements	-	45,519	45,519	38,312
Services & fees	5,450	-	5,450	9,710
Other income	5,537	-	5,537	848
	10,987	45,519	56,506	48,870

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2022

4 Investment income

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Interest receivable and similar income:			
Interest receivable on bank deposits	5	5	14

5 Grants and donations

	Unrestricted funds £	Restricted funds £	Total funds £
John Lyon	-	28,000	28,000
Harrow District Council	-	17,519	17,519
Sundry donations	73	-	73
	73	45,519	45,592

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Salaries	10,756	23,423	34,179	34,240
Facilitators/mentors fees	2,898	6,055	8,953	5,365
Telephone	348	10	358	906
CRB checks	-	-	-	90
Printing, postage & stationery	151	31	182	279
Insurance	856	-	856	1,605
Professional fees	834	-	834	1,091
Office rent & services	2,479	-	2,479	2,625
Room hire	-	-	-	61
Sundry expense	162	19	181	290
Computer web costs	810	-	810	273
Travel	14	-	14	-
Repairs & maintenance	-	-	-	8
Training	60	-	60	72
Case study fee	520	-	520	580
Depreciation	650	-	650	649
	20,538	29,538	50,076	48,134

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2022

7 Staff costs

The aggregate payroll costs were as follows:

	2022	2021
	£	£
Staff costs during the year were:		
Wages and salaries	<u>34,179</u>	<u>34,240</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2022	2021
	No	No
Average Number of Employees	<u>3</u>	<u>3</u>

No employee received emoluments of more than £60,000 during the year

The total employee benefits of the key management personnel of the charity were £23,423 (2021 - £23,587).

8 Independent examiner's fees

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2022	2021
	£	£
Independent examination	625	610
	<u>625</u>	<u>610</u>

9 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

10 Related party transactions

There were no related party transactions in the year.

11 Taxation

The charity is a registered charity and is therefore exempt from taxation.

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2022

12 Tangible fixed assets

	Computer equipment £	Total £
Cost		
At 1 April 2021	2,596	2,596
At 31 March 2022	2,596	2,596
Depreciation		
At 1 April 2021	1,649	1,649
Charge for the year	650	650
At 31 March 2022	2,299	2,299
Net book value		
At 31 March 2022	297	297
At 31 March 2021	947	947

13 Debtors

	2022 £	2021 £
Trade debtors	140	201

14 Cash and cash equivalents

	2022 £	2021 £
Cash on hand	1	1
Cash at bank	59,285	52,182
	59,286	52,183

15 Creditors: amounts falling due within one year

	2022 £	2021 £
Trade creditors	146	270
Other taxation and social security	1,482	1,492
Other creditors	750	732
	2,378	2,494

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2022

16 Funds

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
Unrestricted funds					
<i>General</i>					
General Funds	32,597	11,065	(20,538)	11,925	35,049
Restricted funds					
Support Services	<u>18,240</u>	<u>45,519</u>	<u>(29,538)</u>	<u>(11,925)</u>	<u>22,296</u>
Total funds	<u>50,837</u>	<u>56,584</u>	<u>(50,076)</u>	<u>-</u>	<u>57,345</u>
	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
Unrestricted funds					
<i>General</i>					
General Funds	17,187	20,637	(19,500)	14,273	32,597
Restricted					
Support Services	<u>22,835</u>	<u>38,312</u>	<u>(28,634)</u>	<u>(14,273)</u>	<u>18,240</u>
Total funds	<u>40,022</u>	<u>58,949</u>	<u>(48,134)</u>	<u>-</u>	<u>50,837</u>

The specific purposes for which the funds are to be applied are as follows:

Support Services enables the charity to offer a wide range of activities to support our users.

The transfer from the Support fund to the General fund is to cover management costs.

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2022

17 Analysis of net assets between funds

	Unrestricted		2022
	General	Restricted	Total funds
	£	£	£
Tangible fixed assets	297	-	297
Current assets	37,130	22,296	59,426
Current liabilities	(2,378)	-	(2,378)
Total net assets	<u>35,049</u>	<u>22,296</u>	<u>57,345</u>
	Unrestricted		2021
	General	Restricted	Total funds
	£	£	£
Tangible fixed assets	947	-	947
Current assets	34,144	18,240	52,384
Current liabilities	(2,494)	-	(2,494)
Total net assets	<u>32,597</u>	<u>18,240</u>	<u>50,837</u>

Accounts

Charity registration number: 1091703

Harrow Family Learning Network

Annual Report and Financial Statements

for the Year Ended 31 March 2021

Community Accounting Plus
Unit1 and 2 Northwest
41 Talbot Street
Nottingham
NG1 5GL

Harrow Family Learning Network

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Harrow Family Learning Network

Reference and Administrative Details

Senior Management Team Jane Jaroudi, Director

Organisation Name

Harrow Family Learning Network (trading as) HOPE (Harrow)

Principal Office

The Lodge
64 Pinner Road
Harrow
Middlesex
HA1 4HZ

Charity Registration Number

1091703

Independent Examiner

John O'Brien, employee of
Community Accounting Plus
Unit1 and 2 Northwest
41 Talbot Street
Nottingham
NG1 5GL

Trustees

Parul Patel
Janet Mote
Miran Shah
Seru Nainoca
Bharti Vyas

HOPE STAFF AND FACILITATORS

Director (Part time): Jane Jaroudi

Project Manager (Part time): Vera Hart

Bookkeeper (Part time): Diana Frost

Facilitators and Mentors:

Julie Browne, Vera Hart, Jane Jaroudi, Rosemary Lamaison, Jane McLeod, Illa Nakarja, Hassiba Rahmoune, Shanthi Sivanathan, Seru Nainoca.

Volunteer Parent Mentors:

Ayesha Khan, Aisha Barikzay, Farzaneh Hooshiari,
Carole Thompson, Hana Ali, Joanne Campbell, Leigh Gower, Razia Zarrien, Rahma Haji, Sabrina Bouhouhou, Shuming Chen, Sonya Moledeina, Seru Nainoca, Yusuf Yusuf.

Harrow Family Learning Network

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2021.

Objectives and activities

Objects and aims

- a) To advance the education of the public of Harrow and surrounding areas with a view to enhancing the education of families.
- b) To safeguard, protect and preserve the good health, both mental and physical, of children and parents of children.
- c) Prevention of cruelty or maltreatment of children.
- d) Relief of sickness, poverty and need amongst children and their parents.

The aims of the charity are:

- a) To ensure access to parenting support that meets their needs.
- b) Achieve excellence in service delivery through partnership working and continuous service improvement.
- c) To improve relationships between young people and their families.
- d) To stimulate family learning in local community and to cooperate with other agencies in sharing resources, experience and information to promote good practice in family learning.
- e) To deliver high quality, specialised services accessible to individuals and the local community.

We want to make the following practical differences:

- To improve parenting skills where there is a need;
- To increase parental confidence and resilience;
- To enrich the home lives of parents and children;
- To enhance the employability of those who train and practice as group facilitators and mentors.

Our Strengths and Opportunities

We have worked tirelessly with parents, and health and educational professionals to ensure our engagement level is high. We continue to be impressed with the number of parents, from a wide range of cultural groups and speaking a wide variety of languages, who have engaged enthusiastically to support families to ensure we contact the hardest to reach parents and support them in their communities. For the whole community, the willingness of parents from a range of cultural backgrounds and faiths, to come together in our courses and workshops to discuss their parenting issues, is not only to be regarded as a strength but also as an opportunity to forge understanding and friendship between them and between them and their neighbours.

Harrow Family Learning Network

Trustees' Report

Public benefit

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

The charity's range of supporting activities includes:

- Parenting courses and workshops focusing on specific groups including young children and teenagers and workshops with topics such as anger management, sibling rivalry, helping children learn bullying and internet safety. Different workshop topics are offered each year selected by reviewing feedback and requests from parents and professionals and in response to identified needs. Participants are introduced to a range of skills to improve their confidence, including positive discipline strategies, reflection, effective communication skills, and how to recognise the needs behind the behaviour their children exhibit;
- One-to-One Parent Mentoring supports the parent around the issues they are most concerned about, helping them to increase their awareness of their needs, their child's needs and find solutions and strategies to achieve the best outcomes for their family. Most of the parents are concerned about the relationships they have with their children and around the behaviours they are struggling with at home. Sessions are parent led and child focused, and take place in the home or a community venue increasing access to support. As with the courses and workshops, participants are introduced to a range of positive parenting skills to increase their confidence and resilience;
- Mother Tongue Parenting supports families new to the UK helping to help them feel less isolated and integrate into the local community. Trained mentors help parents to understand cultural expectations, particularly in the school setting and to understand the needs and behaviour of their children through positive parenting strategies. Mentors work with parents in their first language including Tamil, Gujarati, Punjabi, Urdu, Hindi, Cantonese, Mandarin, Farsi, Kurdish, Pashto, Dari, Surani, Marathi, Somali, Marwari, Greek, French, Dutch, German, and Arabic, plus other dialects;
- Volunteer Parent Mentor Project: Volunteer parent mentors assist other parents, particularly when English is not their first language - to support the emotional health and well-being of their children, to understand and manage challenging behaviour, to adjust to life in the UK, and understand expectations to support their children's learning. The mentors help the parent to explore effective parenting strategies to meet their family's needs. This service is provided in a range of community languages and dialects. The majority of the trained parent mentors have gone onto support parents in the community in partnership with local organisations.

Harrow Family Learning Network

Trustees' Report

Annual Activity Data

Parenting courses and workshops are delivered in partnership with Harrow Council Adult Community Learning AKA LearnHarrow funded/subsidised by the Education Skills Funding Agency,

The following courses and workshops were delivered during the academic year 2020-2021.

HOPE (Harrow) receives enquiries from parents, carers and professionals interested in parenting courses and workshops. Parents and carers either self-refer or are referred by social services, health and educational professionals, and other statutory and community organisations.

- Effective Parenting 8-week Course;
- Living with Teens 8-week Course;
- Course for Separated Parent;
- Preparing for Teens workshop;
- Gaining family cooperation;
- Anger Management Workshop for Parents;
- Surviving Parenthood during the pandemic Workshop;
- Positive Discipline Workshop;
- Motivating Children to Learn Workshop;
- Motivating Teens to Learn Workshop.

Additional workshops were delivered to Council staff as part of their staff wellbeing project and a workshop was delivered to parents as part of the HAF scheme, Holiday and Food for family's initiative.

HOPE have supported and delivered different intervention to 193 families an increase of 20%.

Purpose and Impact

The support services we deliver ensures we enhance parental engagement and meet their needs by assessing previous experiences, celebrate existing skills and encourage future aspirations.

Our services are culturally sensitive, non-judgmental and non-prescriptive and allows mentors and facilitators to respond creatively as different situations and opportunities emerge. We ensure the content is inclusive and relevant to meet the needs of the parents and families we work with to enhance recruitment, participation, retention and success.

The choice of courses and workshops delivered are based on Parents and Teens evaluation of our services and feedback from past and present participants.

The programme of courses and workshops we offered covered the age range from preschool to 18 years; split into two age ranges, 3-11 and 12 years+.

The areas of most concern highlighted to us were Anger Management, coping with teenagers, their mental health and stressors, including communication breakdown and challenges to parental boundaries; challenging behaviours in primary aged children, how to support children with academic induced stress. Some learners requested individual workshops whilst others preferred a full 8-week course of which both were provided to ensure we captured as many parents as possible.

As a result of attending a parenting course or workshops parents stated it has made a significant difference in a number of areas. They had gained additional skills and knowledge, improved health and well-being, felt more assertive and felt more confident. They also stated they had an increased awareness of British Values, and increased interaction with people from different cultures both of which are very positive outcomes. Parents highlighted improving their parenting skills had increased their enjoyment of parenting and the family home was a much calmer, nicer place to be.

Harrow Family Learning Network

Trustees' Report

PARTNERSHIPS

The Director of HOPE (Harrow) attended forums, steering groups and networking opportunities via Zoom or Teams, where they promoted the work of HOPE (Harrow) and the support available to parents/carers and families. This continues to be an effective way of bringing relevant organisations together to exchange ideas, discuss best practice and share information and resources.

These include:

1. Harrow Parenting Forum - Elected Co Chair from October 2018.
2. Harrow Voluntary and Community Sector Forum.
3. Harrow Safeguarding Children Forum.
4. Young Harrow Foundation.
5. Schools and Community Organisations.
6. LearnHarrow.
7. The Centre for ADHD and Autism Support.
8. Home-Start Barnet and Harrow.
9. Breathe support group for parents of children and young people on the CAMHS waiting list.
10. Harrow Primary and Secondary Schools and early years.

FUNDING

- i) Commissioned workshops and parenting programmes - Part of our funding strategy is to work in partnership with school and local organisations.
- ii) Commissioned One to one Parenting support Social Services and self-funded.
- iii) LearnHarrow via Harrow Council funded by the Educational Skills Funding Agency Learning commissioning of parenting programmes and workshops.
- iv) John Lyon's Foundation - 3 Year funding secured for Director Salary.
- v) Covid 19 Rapid response fund to deliver One to One mentoring to families in crisis.

HOPE (Harrow) remains unique as a user led community organisation where local parents train, develop and mentor other local parents in the community.

The current economic climate will put further pressure on HOPE (Harrow) in terms of remaining a financially viable organisation. The Director devotes time to fund raising, writing funding bids and securing partnership bids whilst promoting the services of the charity to the wider community. The budget for the following year of 2021 through to 2023 is stable. HOPE has secured funding to deliver parenting courses and workshops from Sept 2021-July 2022.

We are currently submitting bids to maintain the staffing and core elements of the organisation and working in partnership with like-minded organisations to widen our offer of services.

During financial year 2020-2021 HOPE has successfully navigated its way through a challenging and difficult time due to the pandemic and national and local lock-downs.

The Director quickly and efficiently closed down the office, ensured all staff were able to work from home and set-up remote links so the charity could continue to perform as usual. All courses, workshops and One-2-One parent mentoring went on-line and staff were trained to use Zoom the preferred platform. We are pleased to report that no service has been unduly affected by this pandemic.

LearnHarrow continues to fund HOPE (Harrow) to deliver parenting courses and workshops and schools commission HOPE to deliver workshops to parents. The One to One Parent Mentoring Project is delivered on a full cost recovery basis to families with complex needs being supported by Social Services and the Together with Families Project. We have the invaluable support from our volunteers supporting families in their communities.

Harrow Family Learning Network

Trustees' Report

HOPE (Harrow) will continue to widen its scope for attracting financial support. Going forward, HOPE (Harrow) is in a fortunate position to be able to continue to support families with complex needs through commissioning. HOPE will be seeking funding to be able to offer universal parenting support for FREE. The increase in demand for our services is unprecedented and we work very hard to ensure we are able to meet the needs of the families in Harrow. As the demand for our services increases so does the need to secure funding, a top priority for year 2021-2022.

Financial review

Policy on reserves

HOPE needs reserves to:

Meet contractual liabilities should the organisation have to close. This includes redundancy pay, amounts due to creditors and commitments under leases.

To meet unexpected costs like break down of essential office machinery, staff cover re illness, maternity leave, parental leave, and legal costs defending the charities interest.

To replace equipment as it wears out.

Ensure that the charity can continue to provide a stable and quality service to those who need them. Within this context to minimise recruitment, staff training, staff induction and marketing costs by avoiding the need for redundancies caused by financial crisis.

To provide working capital when funding is paid in arrears and place the charity in a position where it could bid for external funding which can be paid up to 12 months in arrears.

From time to time funding has certain restrictions, which means that by law, it must be held in restricted reserves until it is spent in line with the funding agreement.

Level of reserve

HOPE aims to have reserves of unrestricted funds sufficient to sustain the organisation for 6 months and or to cover the cost of organisation closure.

The Trustees are mindful about the difficulties with securing sufficient and sustainable funding in the current economic climate, but will continue their efforts to ensure a solid financial future for HOPE.

The trustees have examined the charity's requirements for reserves after consideration of the main risks to the organisation.

Monitoring and reviewing of reserves policy.

The Trustees will consider current costs of closure and examine the level of reserves each year when setting the following year's budget.

This reserves policy will be reviewed every two years.

Structure, governance and management

Nature of governing document

Declaration of trust executed on the 20th day of August 2001 and amended on the 15th November 2001.

Recruitment and appointment of trustees

Trustees are recruited in line with the declaration of trust.

Induction and training of trustees

All trustees receive an induction pack and relevant training.

Trustees attended the following courses:

- Charity Trustees: Role Introduction & Refresher course;
- Trustees Roles & Responsibilities;
- The new Charity Commission Governance code and what it means for your organisation;
- Safeguarding Level 1.

Harrow Family Learning Network

Trustees' Report

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The annual report was approved by the trustees of the charity on ~~25/11/2021~~ 25/11/2021 and signed on its behalf by:

Parul Patel

.....
Parul Patel
Trustee

Harrow Family Learning Network

Independent Examiner's Report to the trustees of Harrow Family Learning Network

Independent examiner's report to the trustees of Harrow Family Learning Network

I report to the trustees on my examination of the accounts of Harrow Family Learning Network (the Charity) for the year ended 31 March 2021.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

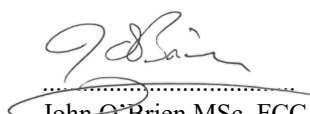
I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



John O'Brien MSc, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Unit1 and 2 Northwest
41 Talbot Street
Nottingham
NG1 5GL

Date: 29/11/2021

Harrow Family Learning Network

Statement of Financial Activities for the Year Ended 31 March 2021

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Income and Endowments from:					
Donations and legacies	2	10,065	-	10,065	-
Charitable activities	3	10,558	38,312	48,870	52,646
Investment income	5	14	-	14	-
Total Income		<u>20,637</u>	<u>38,312</u>	<u>58,949</u>	<u>52,646</u>
Expenditure on:					
Charitable activities	6	<u>(19,500)</u>	<u>(28,634)</u>	<u>(48,134)</u>	<u>(49,904)</u>
Total Expenditure		<u>(19,500)</u>	<u>(28,634)</u>	<u>(48,134)</u>	<u>(49,904)</u>
Net income		1,137	9,678	10,815	2,742
Gross transfers between funds		<u>14,273</u>	<u>(14,273)</u>	-	-
Net movement in funds		15,410	(4,595)	10,815	2,742
Reconciliation of funds					
Total funds brought forward		<u>17,187</u>	<u>22,835</u>	<u>40,022</u>	<u>37,280</u>
Total funds carried forward	13	<u><u>32,597</u></u>	<u><u>18,240</u></u>	<u><u>50,837</u></u>	<u><u>40,022</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 13.

Harrow Family Learning Network

Statement of Financial Activities for the Year Ended 31 March 2021

These are the figures for the previous accounting period and are included for comparative purposes

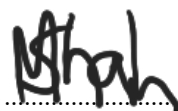
	Note	Unrestricted funds £	Restricted funds £	Total 2020 £
Income and Endowments from:				
Charitable activities	3	11,821	40,825	52,646
Expenditure on:				
Charitable activities	6	<u>(24,651)</u>	<u>(25,253)</u>	<u>(49,904)</u>
Total Expenditure		<u>(24,651)</u>	<u>(25,253)</u>	<u>(49,904)</u>
Net (expenditure)/income		(12,830)	15,572	2,742
Gross transfers between funds		<u>11,039</u>	<u>(11,039)</u>	<u>-</u>
Net movement in funds		(1,791)	4,533	2,742
Reconciliation of funds				
Total funds brought forward		<u>18,978</u>	<u>18,302</u>	<u>37,280</u>
Total funds carried forward	13	<u><u>17,187</u></u>	<u><u>22,835</u></u>	<u><u>40,022</u></u>

Harrow Family Learning Network

(Registration number: 1091703)
Balance Sheet as at 31 March 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	10	947	999
Current assets			
Debtors	11	201	80
Cash at bank and in hand		<u>52,183</u>	<u>40,076</u>
		52,384	40,156
Creditors: Amounts falling due within one year	12	<u>(2,494)</u>	<u>(1,133)</u>
Net current assets		<u>49,890</u>	<u>39,023</u>
Net assets		<u><u>50,837</u></u>	<u><u>40,022</u></u>
Funds of the charity:			
Restricted funds		18,240	22,835
Unrestricted income funds			
Unrestricted funds		<u>32,597</u>	<u>17,187</u>
Total funds	13	<u><u>50,837</u></u>	<u><u>40,022</u></u>

The financial statements on pages 9 to 20 were approved by the trustees, and authorised for issue on 25/11/2021.... and signed on their behalf by:



.....
Miran Shah
Trustee

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2021

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Harrow Family Learning Network meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Exemption from preparing a cash flow statement

The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2021

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method
Computer equipment	25% straight line

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2021

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

2 Income from donations and legacies

	Unrestricted funds		
	General	Total	Total
	£	2021	2020
		£	£
Donations and legacies;			
Donations from companies, trusts and similar proceeds	65	65	-
Grants, including capital grants;			
Government grants	10,000	10,000	-
	<u>10,065</u>	<u>10,065</u>	<u>-</u>

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2021

3 Income from charitable activities

	Unrestricted funds			
	General £	Restricted funds £	Total 2021 £	Total 2020 £
Grants, contracts & service level agreements	-	38,312	38,312	40,825
Services & fees	9,710	-	9,710	7,018
Other Income	848	-	848	4,803
	<u>10,558</u>	<u>38,312</u>	<u>48,870</u>	<u>52,646</u>

4 Grants and donations

	Unrestricted funds £	Restricted funds £	Total funds £
John Lyon	-	28,000	28,000
Harrow Giving	-	4,600	4,600
Sundry	65	5,712	5,777
Harrow District Council	10,000	-	10,000
	<u>10,065</u>	<u>38,312</u>	<u>48,377</u>

5 Investment income

	Unrestricted funds General £	Total 2021 £
Interest receivable and similar income;		
Interest receivable on bank deposits	<u>14</u>	<u>14</u>

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2021

6 Expenditure on charitable activities

	Unrestricted funds			
	General	Restricted	Total	Total
	£	funds £	2021 £	2020 £
Salaries	10,674	23,566	34,240	34,569
Facilitators/mentors fees	1,185	4,180	5,365	5,941
Telephone	451	455	906	446
CRB checks	90	-	90	-
Printing, postage & stationery	279	-	279	620
Insurance	1,605	-	1,605	1,530
Professional fees	1,091	-	1,091	995
Office rent & services	2,625	-	2,625	2,565
Room hire	-	61	61	1,070
Sundry expense	290	-	290	403
Computer web costs	273	-	273	295
Travel	-	-	-	102
Repairs & maintenance	8	-	8	99
Training	-	72	72	-
Case study fee	280	300	580	769
Depreciation	649	-	649	500
	19,500	28,634	48,134	49,904

7 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

8 Staff costs

The aggregate payroll costs were as follows:

	2021 £	2020 £
Staff costs during the year were:		
Wages and salaries	34,240	33,435
Social security costs	-	1,134
	34,240	34,569

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2021

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2021	2020
	No	No
Average Number of Employees	<u>3</u>	<u>3</u>

No employee received emoluments of more than £60,000 during the year

The total employee benefits of the key management personnel of the charity were £23,587 (2020 - £22,978).

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2021

9 Taxation

The charity is a registered charity and is therefore exempt from taxation.

10 Tangible fixed assets

	Computer equipment £	Total £
Cost		
At 1 April 2020	1,999	1,999
Additions	597	597
At 31 March 2021	2,596	2,596
Depreciation		
At 1 April 2020	1,000	1,000
Charge for the year	649	649
At 31 March 2021	1,649	1,649
Net book value		
At 31 March 2021	947	947
At 31 March 2020	999	999

11 Debtors

	2021 £	2020 £
Trade debtors	201	80

12 Creditors: amounts falling due within one year

	2021 £	2020 £
Trade creditors	270	311
Other taxation and social security	1,492	-
Other creditors	732	822
	2,494	1,133

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2021

13 Funds

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
Unrestricted funds					
<i>General</i>					
General Funds	17,187	20,637	(19,500)	14,273	32,597
Restricted funds					
Support Services	<u>22,835</u>	<u>38,312</u>	<u>(28,634)</u>	<u>(14,273)</u>	<u>18,240</u>
Total funds	<u>40,022</u>	<u>58,949</u>	<u>(48,134)</u>	<u>-</u>	<u>50,837</u>
	Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2020 £
Unrestricted funds					
<i>Unrestricted general funds</i>					
General Funds	18,978	11,821	(24,651)	11,039	17,187
Restricted funds					
Support Services	<u>18,302</u>	<u>40,825</u>	<u>(25,253)</u>	<u>(11,039)</u>	<u>22,835</u>
Total funds	<u>37,280</u>	<u>52,646</u>	<u>(49,904)</u>	<u>-</u>	<u>40,022</u>

The specific purposes for which the funds are to be applied are as follows:

Support Services enables the charity to offer a wide range of activities to support our users.

The transfer from the Support fund to the General fund is to cover management costs.

Harrow Family Learning Network

Notes to the Financial Statements for the Year Ended 31 March 2021

14 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total funds
	General £	£	£
Tangible fixed assets	947	-	947
Current assets	34,144	18,240	52,384
Current liabilities	(2,494)	-	(2,494)
Total net assets	<u>32,597</u>	<u>18,240</u>	<u>50,837</u>

	Unrestricted funds		Total funds at 31 March 2020
	General £	Restricted funds £	£
Tangible fixed assets	999	-	999
Current assets	17,311	22,845	40,156
Current liabilities	(1,123)	(10)	(1,133)
Total net assets	<u>17,187</u>	<u>22,835</u>	<u>40,022</u>

15 Independent examiner's fees

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2021 £	2020 £
Independent examination	610	610
	<u>610</u>	<u>610</u>

16 Related party transactions

There were no related party transactions in the year.