

Registered charity number  
1091461

Attention Deficit Disorders Uniting Parents (Addup)

Annual Report and Financial Statements

31 March 2022

**Attention Deficit Disorders Uniting Parents (Addup)**  
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**Attention Deficit Disorders Uniting Parents**  
**(Addup)**  
**Management Committee's Annual Report**  
**For the Year Ended 31<sup>st</sup> March 2022**

<b>Full Name</b>	Attention Deficit Disorders Uniting Parents (ADDUP)
<b>Other names the Charity is known by</b>	ADDUP
<b>Registered charity number</b>	1091461
<b>Principal Address</b>	59 Billet Lane, Hornchurch, Essex RM11 1AX

**Management Committee**

Geoff Hartnell	- Chairperson Appointed 29/09/21
Lyndsay Marsh	- Secretary
Michelle Todd	- Treasurer
Debby Reid	- Member
Natasha Hayworth	- Member
Mark Jackson	- Member - resigned 04/03/22
Emma Gordon	- Member
Helen Morgan	- Member
Ann-Marie Stevens	- Member
Fay Kern	- Member
Karen Murphy	- Member - Joined 15/07/21
Linda Trew	- Member - resigned 28/09/21

**Senior Staff Members**

Sheila Keeling	- Chief Executive Officer
Lyndsay Marsh	- Centre Manager

**Governing Document**

The Charity is operated under the rules of its constitution adopted 12<sup>th</sup> July 1999 and more recently amended 8<sup>th</sup> September 2017. Overall management of the Charity is the responsibility of the Management Committee who are elected and co-opted under the terms of the constitution. Day to day project activity is managed and carried out by volunteers and paid staff.

**Bankers**

CAF Bank Ltd, 25 Kings Hill Avenue, Kings Hill West Malling, Kent ME19 4JQ

**Independent Examiner**

R.J. Copeland, Bruce Allen LLP, 3<sup>rd</sup> Floor Scottish Mutual House, 27-29 North Street, Hornchurch, Essex RM11 1RS.

## **Aims and Organisation**

The principal objects of the Charity are:

1. The relief of sickness by the provision of information, advice and treatments to those affected by Attention Deficit Hyperactivity Disorders (and any co-morbidities), their families and carers, particularly in the London Boroughs of Havering, Barking and Dagenham; and surrounding areas.
2. The advancement of public education regarding Attention Deficit Hyperactivity Disorders (and any co-morbidities).

As we enter our 25<sup>th</sup> year of Addup we are finally beginning to feel we are returning to some sort of normality after Covid and our children returning to the fold with the confidence it is not going to be taken away again. We have seen an increase in new members who are joining to participate in our “Monster Inside” parent/child training programme. We are extremely proud of this programme that we created and developed into a successful programme that works for families living with ADHD and challenging children. After completing the course families are realising that we offer so much more and are getting more involved in the activities Addup offers, thus continuing to receive support to maintain the programme.

It has been a difficult year for the staff, the Project Co-ordinator, Becky, left Addup to pursue a career in the ambulance service and, even though she did a six-month hand over, the loss of this member of the team had a huge impact on the staff. What we now realise is that many of our staff were Becky’s “children” who had started at a young age and had grown with her eventually becoming members of staff so, her leaving after sixteen years impacted more than we realised it would. Covid also played a part, the staff had a lot to adapt to when they returned, no Becky and children with even more challenging needs as Covid had impacted on them. It has taken a year to get things in order, but we finally feel we are getting there.

With a new post of Lead Keyworker, Emily has revisited all our projects and as Becky said to Emily, “make them your own” Emily has done this, although the ethos remains the same for the consistency the children need.

Financially Addup has been fortunate to be successful with bids for Covid related support which was a lifeline at a difficult time. Funders that were funding us at the beginning of Covid have been very supportive and helpful, we have had regular contact with them, and they have helped us to maintain our services during lockdown and beyond, we are so grateful for all their support.

We continue to work with the CCG and receive funding for our “Monster Inside” programme. We continue to apply for funding for The Lead Keyworker post and other projects, but we know funding will be harder to access and fundraising and donations may start to fall with the cost of living impacting on people. Also, we need to be aware of our families and ensure they do fall off the radar due to increased costs to them and accessing Addup services.


We start the year with enthusiasm and hope for a stable future for Addup. The CEO is now working towards retirement and is working on a long-term strategy to ensure Addup continues with the same ethos and provides the good services it has for the last 25 years.

**The Charity's Policy on Reserves**

Addup's policy is to keep in reserve approximately six months worth of core running costs.

The Management Committee declare that they have approved the report above.

Signed on behalf of the charity's management committee:

Signed .....  ..... Date ..... 12 July 2022 .....

**Geoff Hartnell, Chairperson**

## **Attention Deficit Disorders Uniting Parents (Addup) Independent Examiners Report**

### **Respective responsibilities of Trustees and Examiner:**

The charities trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act) and that an Independent Examination is needed.

It is our responsibility to :

- Examine the Accounts (under section 145 of the 2011 Act)
- Follow the procedures laid down in the general directions given by the Charity Commission (under Section 145 (5) (b) of the 2011 Act); and to state whether particular matters have come to my attention.

### **Basis of Independent Examiners Report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the Accounting records kept by the Charity and a comparison of the Accounts presented with those records. It also includes consideration of any unusual items or disclosures in the Accounts, and seeking explanations from you as the management committee and the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the Accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

### **Independent Examiners Statement**

In connection with my examination, no matter has come to my attention.

1) Which gives me reasonable cause to believe that in any material respect the requirements to keep:

- Accounting records in accordance with section 130 of the 2011 Act; and to prepare:
- Accounts which accord with the accounting records and comply with the accounting requirements for the 2011 Act have not been met.

Or

2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the Accounts to be reached.

Signed *R J Copeland* Date 12 July 2022

**R J Copeland FFA/FIPA**  
Bruce Allen LLP  
3rd Floor Scottish Mutual House  
27-29 North Street  
Hornchurch Essex  
RM11 1RS

**Attention Deficit Disorders Uniting Parents (Addup)**  
**Receipts and Payments Account**  
**Year Ended 31 March 2022**

	<b>Note</b>	<b>Unrestricted £</b>	<b>Restricted £</b>	<b>2022 £</b>	<b>2021 £</b>
<b>Receipts</b>					
Grants & Donations	2	9,044	186,955	<b>195,998</b>	124,079
Fundraising		6,710	-	<b>6,710</b>	2,681
Membership Fees		3,930	-	<b>3,930</b>	3,000
Bank Interest		11	-	<b>11</b>	9
Generated Income		18,091	-	<b>18,091</b>	2,738
Gift Aid		549	-	<b>549</b>	560
				-	
		<u>38,334</u>	<u>186,955</u>	<u><b>225,289</b></u>	<u><b>133,067</b></u>
<b>Payments</b>					
Wages, NI & Pensions		2,360	122,822	<b>125,182</b> *	98,896
Payroll Services			960	<b>960</b> *	1,014
Staff Travel			268	<b>268</b> *	17
Staff, Committee & Volunteer Expenses		445	1,631	<b>2,076</b> *	73
Rent, Room Hire & Service Charges		258	10,817	<b>11,075</b> *	3,064
Insurance			864	<b>864</b> *	819
Telephone & Postage			447	<b>447</b> *	609
Printing, Stationery & Cards		58	1,569	<b>1,627</b> *	1,360
Publications & Subscriptions			174	<b>174</b> *	336
Equipment, Repairs & Renewal		1,913	1,790	<b>3,703</b>	968
IT Software & Maintenance			302	<b>302</b> *	80
Projects & Trips		4,104	300	<b>4,404</b> *	-
Hospitality & Refreshments		523	667	<b>1,191</b> *	49
Independent Examination			600	<b>600</b>	675
Fundraising Expenses		40		<b>40</b> *	84
Legal & Professional			10,229	<b>10,229</b> *	525
Bank Charges		95	8	<b>103</b> *	75
Card Charges		177		<b>177</b> *	162
Sundry Payments		422	85	<b>507</b> *	
		<u>10,395</u>	<u>153,532</u>	<u><b>163,927</b></u>	<u>108,806</u>
<b>Net Receipts / Payments</b>		<u><u>27,939</u></u>	<u><u>33,423</u></u>	<u><u>61,362</u></u>	<u><u>24,261</u></u>
Funds at the start of this period		38,878	59,536	<b>98,414</b>	<b>74,153</b>
Fund Transfers		9,495			
Funds at the end of this period		<u>76,312</u>	<u>92,959</u>	<u><b>169,271</b></u>	<u>98,414</u>

**Attention Deficit Disorders Uniting Parents (Addup)**  
**Statement of Assets and Liabilities**  
**as at 31 March 2022**

	Notes	31 March 2022		31 March 2021	
		£	£	£	£
<b>Current Assets</b>					
Debtors	4			38	
Cash at bank and in hand		<u>170,471</u>		<u>99,576</u>	
		170,471		99,614	
<b>Current Liabilities</b>					
Creditors	5	1,200		1,200	
<b>Net current assets</b>			169,271		98,414
<b>Net assets</b>			<u>169,271</u>		<u>98,414</u>
<b>Charity Funds</b>					
Unrestricted			76,312		38,878
Restricted			92,959		59,536
			<u>169,271</u>		<u>98,414</u>

**Assets retained for Charities own use**

The charity also retains some general equipment for its own use.



**Geoff Hartnell**  
Signed on its behalf by the chairperson.

Approved by the charity on .....12 July 2022.....



**Attention Deficit Disorders Uniting Parents (Addup)**  
**Notes to the Accounts**

**1 Receipts and Payments Accounts**

Receipts and payments accounts are statements that summarise the movement of cash into and out of the charity during the financial period. In this context 'cash' includes the cash equivalents, for example, bank accounts where cash can be readily withdrawn to pay for debts as they become due.

<b>2 Grants &amp; Donations</b>	<b>Unrestricted £</b>	<b>Restricted £</b>	<b>2022 £</b>	<b>2021 £</b>
CAF Bank Resilience			-	18,384
Clinical Commissioning Group (Havering)	-	50,000	50,000	15,000
Co-op Community Fund	-	1,251	1,251	5,272
Edward Gosling Foundation	-	4,473	4,473	3,000
The Fore Foundation	-	15,000	15,000	5,000
London Funders	-	46,494	46,494	
Tesco	-		-	500
The Essex Youth Trust	-		-	3,000
The National Lottery Fund	-	68,634	68,634	66,791
Yorkshire Building Society	-	1,103	1,103	
Sundry Grants & Donations	9,043		9,043	7,132
	<u>9,043</u>	<u>186,955</u>	<u>195,998</u>	<u>124,079</u>

<b>3 Funds Analysis</b>	<b>Opening Balance £</b>	<b>Income £</b>	<b>Expenditure £</b>	<b>Fund Transfers £</b>	<b>Closing Balance £</b>
<b>Restricted Funds</b>					
Awards for All (life Skills)	4,126		4,126	-	-
Clinical Commissioning	13,844	50,000	23,493		40,351
Co-op Community Fund	2,817	1,251	4,068		-
Edward Gosling Foundation	1,958	4,473	6,431		-
London Funders		46,494	43,151		3,343
The Essex Youth Trust	2,620		1,889		731
The Fore Foundation		15,000	8,941		6,059
The National Lottery Fund	34,170	68,634	60,329	-	42,475
Sundry Grants & Donations					-
Yorkshire Building Society		1,103	1,103		-
Restricted Funds	<u>59,535</u>	<u>186,955</u>	<u>153,531</u>	<u>-</u>	<u>92,959</u>
Unrestricted Funds	<u>38,878</u>	<u>38,334</u>	<u>10,395</u>	<u>9,495.00</u>	<u>76,312</u>

<b>4 Creditors: amounts falling due within one year</b>	<b>2022 £</b>
Accrued Expenses	<u>1,200</u>

**Attention Deficit Disorders Uniting Parents (Addup)**  
**Notes to the Accounts**

**5 Trustees' remuneration and related party transactions**

Members of the management committee and/or their relatives received remuneration amounting to £ 31,720 for the period ended 31 March 2022. (staff wages )