

Registered charity number
1091461

Attention Deficit Disorders Uniting Parents (Addup)

Annual Report and Financial Statements

31 March 2021

Attention Deficit Disorders Uniting Parents (Addup)
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Attention Deficit Disorders Uniting Parents
(Addup)
Management Committee's Annual Report
For the Year Ended 31st March 2021

Full Name Attention Deficit Disorders Uniting Parents (ADDUP)

Other names the Charity is known by ADDUP

Registered charity number 1091461

Principal Address 59 Billet Lane, Hornchurch, Essex RM11 1AX

Management Committee

Linda Trew	- Chairperson Appointed
Lyndsay Marsh	- Secretary
Michelle Todd	- Treasurer
Debby Reid	- Member
Geoff Hartnell	- Member
Natasha Hayworth	- Member
Mark Jackson	- Member
Emma Gordon	- Member
Helen Morgan	- Member
Ann-Marie Stevens	- Member
Fay Kern	- Member

Senior Staff Members

Sheila Keeling	- Chief Executive Officer
Lyndsay Marsh	- Centre Manager

Governing Document

The Charity is operated under the rules of its constitution adopted 12th July 1999 and more recently amended 8th September 2017. Overall management of the Charity is the responsibility of the Management Committee who are elected and co-opted under the terms of the constitution. Day to day project activity is managed and carried out by volunteers and paid staff.

Bankers

CAF Bank Ltd, 25 Kings Hill Avenue, Kings Hill West Mallings, Kent ME19 4JQ

Independent Examiner

R.J. Copeland, Bruce Allen LLP, 3rd Floor Scottish Mutual House, 27-29 North Street, Hornchurch, Essex RM11 1RS.

Aims and Organisation

The principal objects of the Charity are:

1. The relief of sickness by the provision of information, advice and treatments to those affected by Attention Deficit Hyperactivity Disorders (and any co-morbidities), their families and carers, particularly in the London Boroughs of Havering, Barking and Dagenham; and surrounding areas.
2. The advancement of public education regarding Attention Deficit Hyperactivity Disorders (and any co-morbidities).

What an unpredictable and difficult year this has been. The country went into lockdown just as we were looking forward to a good, and profitable, financial year with sponsorship and pending funding applications, we were starting the year on a good footing but then COVID changed that.

We needed to change our plans with little notice. The children were our main focus as we knew all these sudden changes, being taken out of school, being isolated from family and friends, was going to have a huge impact on them and their families. Suddenly parents had to find new ways to entertain their children for longer periods of time and deliver home schooling, which proved very difficult and, as our children pointed out quite clearly, "schoolwork is done in school by my teachers not at home by my parents". Parents were concerned about the impact on their child's education, and how far behind they would get, the longer the lockdown went on. So many concerns but no clear answers.

We realised the importance of maintaining contact with the children, so the staff stepped up with online workshops of fun and games, one to one's continued for the children and parents when needed but no summer programme of activities this year which was so disappointing for everyone.

As September approached it was about preparing the children for the return to school, some were starting senior school without really finishing junior school, this was difficult for some. Then November came and once again we were in lockdown. This time it was more difficult to engage the children on social media, they really had enough of the uncertain world they were living in. On a positive note, we have learnt so much during this time, parents have enjoyed the precious time they have had with their children and have found new ways to entertain them. The children told us they enjoyed spending time with their parents and the new adventures as they explored together. So much has changed for families coping with the difficulties of living through a pandemic but we intend to build on the good points and develop new projects including, a sibling's programme and a family project to maintain the good relationships that have been built during the pandemic.

As we look forward to the beginning of the new financial year things appear to be improving with hope on the horizon. Financially Addup is in a good position after successes with funding applications and funding from the CCG. We also have staff changes to adapt to, our Project Co-ordinator is working her notice as she takes a step into a new career, although she will remain a part of Addup as a Consultant in the future. Staff roles and responsibilities will change which will build resilience and confidence in staff to take on challenges that they have not faced before, this will ultimately enhance the work of Addup.

We now look forward to the challenges coming our way, our work continues to support our special families with new and exciting projects for new and different world.

The Charity's Polity on Reserves

Addup's policy is to keep in reserve approximately three months worth of core running costs.

The Management Committee declare that they have approved the report above.

Signed on behalf of the charity's management committee:

Signed Date

Linda Trew, Chairperson

Attention Deficit Disorders Uniting Parents (Addup) Independent Examiners Report

Respective responsibilities of Trustees and Examiner:

The charities trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act) and that an Independent Examination is needed.

It is our responsibility to :

- Examine the Accounts (under section 145 of the 2011 Act)
- Follow the procedures laid down in the general directions given by the Charity Commission (under Section 145 (5) (b) of the 2011 Act); and to state whether particular matters have come to my attention.

Basis of Independent Examiners Report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the Accounting records kept by the Charity and a comparison of the Accounts presented with those records. It also includes consideration of any unusual items or disclosures in the Accounts, and seeking explanations from you as the management committee and the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the Accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent Examiners Statement

In connection with my examination, no matter has come to my attention.

1) Which gives me reasonable cause to believe that in any material respect the requirements to keep:

- Accounting records in accordance with section 130 of the 2011 Act; and to prepare:
- Accounts which accord with the accounting records and comply with the accounting requirements for the 2011 Act have not been met.

Or

2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the Accounts to be reached.

Signed *R J Copeland* Date 13/7/2021

R J Copeland FFA/FIPA
Bruce Allen LLP
3rd Floor Scottish Mutual House
27-29 North Street
Hornchurch Essex
RM11 1RS

Attention Deficit Disorders Uniting Parents (Addup)
Receipts and Payments Account
Year Ended 31 March 2021

	Note	Unrestricted £	Restricted £	2021 £	2020 £
Receipts					
Grants & Donations	2	4,996	119,083	124,079	111,501
Fundraising		2,681	-	2,681	11,608
Membership Fees		3,000	-	3,000	3,840
Bank Interest		9	-	9	35
Generated Income		2,738	-	2,738	31,977
Gift Aid		560	-	560	398
		<u>13,984</u>	<u>119,083</u>	<u>133,067</u>	<u>159,359</u>
Payments					
Wages, NI & Pensions		197	98,698	98,896	116,098
Payroll Services			1,014	1,014	1,332
Staff Travel			17	17	632
Staff, Committee & Volunteer Expenses			73	73	1,668
Rent, Room Hire & Service Charges			3,064	3,064	9,202
Insurance			819	819	817
Telephone & Postage			609	609	714
Printing, Stationery & Cards		19	1,342	1,360	2,485
Publications & Subscriptions		77	259	336	1
Equipment, Repairs & Renewal			968	968	252
IT Software & Maintenance			80	80	105
Projects & Trips				-	4,091
Hospitality & Refreshments			49	49	767
Independent Examination			675	675	600
Fundraising Expenses		84		84	221
Legal & Professional			525	525	975
Bank Charges		6	69	75	242
Card Charges			162	162	
Sundry Payments				-	1
		<u>383</u>	<u>108,423</u>	<u>108,806</u>	<u>140,203</u>
Net Receipts / Payments		<u>13,601</u>	<u>10,660</u>	<u>24,262</u>	<u>19,156</u>
Funds at the start of this period		25,277	48,876	74,153	54,997
Fund Transfers					
Funds at the end of this period		<u>38,878</u>	<u>59,536</u>	<u>98,415</u>	<u>74,153</u>

Attention Deficit Disorders Uniting Parents (Addup)
Statement of Assets and Liabilities
as at 31 March 2019

	Notes	31 March 2021		31 March 2020	
		£	£	£	£
Current Assets					
Debtors	4	38		38	
Cash at bank and in hand		<u>99,576</u>		<u>75,315</u>	
		99,614		75,353	
Current Liabilities					
Creditors	5	1,200		1,200	
Net current assets			98,414		74,153
Net assets			<u>98,414</u>		<u>74,153</u>
Charity Funds					
Unrestricted			38,878		25,277
Restricted			59,536		48,876
			<u>98,414</u>		<u>74,153</u>

Assets retained for Charities own use

The charity also retains some general equipment for its own use.

..... Linda Trew

Signed on its behalf by the chairperson.

Approved by the chairty on

Attention Deficit Disorders Uniting Parents (Addup)
Notes to the Accounts

1 Receipts and Payments Accounts

Receipts and payments accounts are statements that summarise the movement of cash into and out of the charity during the financial period. In this context 'cash' includes the cash equivalents, for example, bank accounts where cash can be readily withdrawn to pay for debts as they become due.

2 Grants & Donations	Unrestricted £	Restricted £	2021 £	2020 £
Awards for All	-	-	-	9,972
Austin Hope Pilkington	-	-	-	1,000
BBC Children in need	-	-	-	10,000
CAF Bank Resilience	-	18,384	18,384	-
Clinical Commissioning Group (Havering)	-	15,000	15,000	11,620
Clinical Commissioning Group (Redbridge)	-	-	-	5,000
Co-op Community Fund	-	5,272	5,272	-
Day Trippers	-	-	-	870
Edward Gosling Foundation	-	3,000	3,000	-
The Fore Foundation	-	5,000	5,000	-
Happy Days	-	-	-	1,500
Mrs Smith & Mount	-	-	-	2,848
Shire Pharmaceuticals	-	-	-	-
Tesco	-	500	500	-
The Essex Youth Trust	-	3,000	3,000	-
The National Lottery Fund	-	66,791	66,791	65,219
Woodward Trust	-	-	-	500
Sundry Grants & Donations	4,996	2,136	7,132	12,092
	<u>4,996</u>	<u>119,083</u>	<u>124,079</u>	<u>120,621</u>

3 Funds Analysis	Opening Balance £	Income £	Expenditure £	Fund Transfers £	Closing Balance £
Restricted Funds					
Awards for All (life Skills)	9,972	-	5,846	-	4,126
BBC Children In Need	3,138	-	3,138	-	-
CAF Bank Resilience	-	18,384	18,384	-	-
Clinical Commissioning	3,319	15,000	4,475	-	13,844
Co-op Community Fund	-	5,272	2,455	-	2,817
Edward Gosling Foundation	-	3,000	1,042	-	1,958
Tesco	-	500	500	-	-
The Essex Youth Trust	-	3,000	380	-	2,620
The Fore Foundation	-	5,000	5,000	-	-
The National Lottery Fund	32,447	66,791	65,068	-	34,170
Sundry Grants & Donations	-	2,136	2,136	-	-
Restricted Funds	<u>48,876</u>	<u>119,083</u>	<u>108,424</u>	<u>-</u>	<u>59,535</u>
Unrestricted Funds	<u>25,277</u>	<u>13,984</u>	<u>383</u>	<u>-</u>	<u>38,878</u>

Attention Deficit Disorders Uniting Parents (Addup)
Notes to the Accounts

4 Debtors	2021
	£
NOW Pensions	<u>38</u>

5 Creditors: amounts falling due within one year	2021
	£
Accrued Expenses	<u>1,200</u>

6 Trustees' remuneration and related party transactions

Members of the management committee and/or their relatives received remuneration amounting to £34,316 for the period ended 31 March 2021.