

Company number: 4373019  
Charity number: 1091156



**Centre for Mental Health**  
**Report and Financial Statements**  
**5 April 2021**

## Centre for Mental Health

### Reference and administrative details

For the year ended 5 April 2021

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**Company number** 4373019

**Charity number** 1091156

**Registered office and operational address** Office 2D21, South Bank Technopark  
London  
SE1 6LB

**Trustees** Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:

Professor Dame Susan Bailey	Chair
Mr Richard Andrew Fass	Treasurer Retired 21 January 2021
Rt. Hon Lord Bradley of Withington	
Sir Andrew Dillon	
Lady Edwina Grosvenor	
Mr Michael Morley	
Mr Andre Tomlin	
Professor Kamaldeep Singh Bhui	
Poppy Jaman	Appointed 22 July 2020
Christopher Paul Chapman	Treasurer Appointed 28 January 2021

<b>Key management Personnel</b>	Ms Sarah Hughes BA MA DipSW	Chief Executive
	Mr Andrew Bell BA MA	Deputy Chief Executive
	Ms Jan Hutchinson MSc MA DipSW	Director of Programmes
	Ms Agnieszka Dajczak MAcc	Financial Controller

**Bankers** National Westminster Bank  
20 Dean Street  
London  
W1A 1SX

**Solicitors** Russell Cooke  
8 Bedford Row  
London  
WC1R 4BX

**Auditors** Sayer Vincent LLP  
Chartered Accountants and Registered Auditors  
Invicta House  
108-114 Golden Lane  
London EC1Y 0TL

## **Centre for Mental Health**

### **Report of the trustees**

#### **For the year ended 5 April 2021**

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The trustees present their report and the audited financial statements for the year ended 5 April 2021.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association and the Statement of Recommended Practice - Accounting and Reporting by Charities (FRS102, 2015).

#### **Structure, governance & management**

The organisation is a charitable company limited by guarantee, incorporated on 13 February 2002 and registered as a charity on 1 March 1985.

The company was established under a memorandum of association which established the objects and powers of the charitable company and is governed under its articles of association. These objects and powers are now included within the articles of association.

All trustees give their time voluntarily and receive no benefits from the charity. There were no trustee expenses reclaimed from the charity.

Centre for Mental Health is run by a Board of Trustees who are the Directors and Members of the charitable company; their details are set out above. Trustees concern themselves with matters of a strategic nature, deciding broad policy and ensuring good governance and compliance. Trustees meet regularly, both in plenary or in Committee groups to oversee the affairs of the Centre. Trustees are recruited for their expertise and experience in mental health, in charity governance, in fundraising and in financial management as well as their commitment to and enthusiasm for the Centre's aims and objectives.

The Nominations Committee oversees the recruitment, induction and training of all trustees. All trustees participate in external and internal training opportunities covering developments in mental health as well as charity governance and trustee responsibilities.

The Finance and Audit Committee has a special responsibility for issues of financial control, human resources, governance and risk management.

Remuneration Committee decides on staff reward including salaries. Periodically the salaries are benchmark against market conditions for similar posts. Each year consideration is given to changes in job roles, staff performance and cost of living increases, any awarded increases are subject to affordability.

Trustees delegate day to day management to the Executive team lead by the Chief Executive. Trustees are advised of the terms of reference for executive committees and processes for operational management.

## **Centre for Mental Health**

### **Report of the trustees**

**For the year ended 5 April 2021**

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#### **Objectives and activities**

Centre for Mental Health is a charity with over 30 years' experience in providing life changing research, economic analysis and policy influence in mental health. Over the last decade, our work has expanded to include physical health, wellbeing, inequality and multiple disadvantages across the life course. We are international thought leaders contributing to innovation and ground breaking health and social change. By disentangling complex experiences and finding big ideas that can be shared, we have developed a reputation as the people who make sense and can provide evidence that helps and makes a difference in real time and in real life.

#### **Purpose**

To understand Mental Illness, to promote Mental Health and Wellbeing, and to challenge Inequality and Disadvantage throughout the life course.

- We drive through change and improvement to policy and practice
- We amplify the real experiences of those most affected by health inequality and mental health stigma and discrimination
- We shine a light on world class services and innovation through research, consultancy and evaluation

#### **Way**

- We work alongside partners using a side by side consultancy and research model
- We provide the highest quality health economics analysis
- We produce and communicate our world class reports and findings across agencies and communities
- We offer responsive, brave and relevant thought leadership for policy makers and collaborators

#### **Impact**

We will cease to exist when Equality for Mental Health is no longer considered out of our reach and that people receive the best understanding and intervention wherever they live, whenever they need it and without shame.

#### **Beliefs**

- We work across political, health and social boundaries, organisations and constructs
- We are values led and inspired by difference and diversity
- We know that even in the most established status quo change is possible if we make the best case

#### **Achievements and performance in the delivery of public benefit**

The charity's main activities and who it tries to help are described in detail below. All its charitable activities focus on the advancement of learning in the science and practice of mental health care, and are undertaken to further Centre for Mental Health's charitable purposes for the public benefit.

## **Centre for Mental Health**

### **Report of the trustees**

#### **For the year ended 5 April 2021**

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The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

#### **Fundraising**

Centre for Mental Health welcomes voluntary donations but does not engage in direct public fundraising and does not use professional fundraisers or commercial participators. Centre for Mental Health nevertheless observes and complies with the relevant fundraising regulations and codes. During the year there was no non-compliance of these regulations and codes and Centre for Mental Health received no complaints relating to its fundraising practice. Most of our income derives from contracts and grants. We are nonetheless registered with the fundraising regulator and follow their guidance when evaluating potential approaches to grant giving bodies.

#### **Achievement of our objectives for 2020/21**

The Centre's work this year has been at the heart of the mental health response to the Covid-19 pandemic while also retaining a focus on the longer term issues that we face.

#### **To support mental health and reduce inequalities during Covid-19**

The Covid-19 pandemic is a national and international emergency that has profound and far-reaching implications for mental health, both immediately and longer term. Centre for Mental Health has been at the heart of efforts to understand what Covid-19 means for our mental health and to bring evidence to bear on policy and practice.

We published a series of forecasts of the mental health impacts of Covid-19 in the UK: in May, July and October 2020. These papers sifted through relevant research and evidence from numerous sources to make sense of the emerging situation and to help the Government, the NHS and local authorities to plan ahead. They have helped to set the agenda by identifying the nature and scale of the mental health impacts of the pandemic. And by providing a demand modelling toolkit we have enabled national and local planning bodies to predict additional need for mental health support.

The Centre also carried out research on inequalities in mental health during the pandemic, on the impact of the pandemic on maternal mental health (with the Maternal Mental Health Alliance), on the experiences of young Black men (with the Shifting the Dial partnership), and on the role of the voluntary and community sector (with the NHS Confederation and the Association of Mental Health Providers).

We have provided practical tools for local councils, workplaces and community groups to provide them with the necessary information to support people experiencing mental health difficulties as a result of the pandemic. For example, we worked with the City Mental Health Alliance to produce a briefing for employers on managing trauma relating to Covid-19.

We have also provided a platform for people to share their experiences of the crisis through a major initiative to collect and publish stories about Covid-19 and mental health, *A Year in Our Lives*.

**To support more people with mental health difficulties into employment**

We have continued to support the nationwide expansion of Individual Placement and Support (IPS) employment teams in mental health services this year. Our training programme provides vital learning for employment specialists to enable them to offer the best possible support to people using mental health services who want help to find or keep paid work. We adapted our training programme from face-to-face to remote digital learning.

**To tackle inequalities in mental health**

We concluded the vital work of the Commission for Equality in Mental Health in developing a 'system designed for equality' this year. The Commission, chaired by Liz Sayce, published its final report in November 2020. The report, *Mental health for all?*, sets out a practical agenda for change in both national and local systems to make mental health equality a reality.

We continued to evaluate and support the ground-breaking Shifting the Dial project in Birmingham, working alongside young Black men in the city to boost wellbeing and resilience. The project adapted to the year's lockdowns, working in challenging circumstances to continue supporting young men and seeking to address the wider issues they face. As a result of this we published a briefing paper exploring the disproportionate impact of the pandemic on young Black men's mental health.

**To improve the physical health of people living with a mental illness**

Equally Well UK, our collaborative to ensure people with mental health difficulties get the right help for their physical health, has been at the heart of the national response to the Covid-19 pandemic for people living with severe mental illness. We produced and updated a guide to help people with mental health conditions to maintain their physical health during the two major national lockdowns in England.

Working with NHS England, Equally Well UK have supported a major programme of work during the winter to reach out to people with a mental illness to secure access to annual health checks with their GP and flu vaccinations for those who are eligible. This was extended to ensure people with a mental illness got fair access to the Covid-19 vaccination programme when they became eligible in February 2021 as part of priority group six. We published a guide for people living with severe mental illness and their carers on what to expect when they are called to receive their vaccination.

**To ensure more people get effective and timely support for their mental health**

We have focused this year on improving mental health support in primary care, using evidence from innovative services across the country to demonstrate how to meet people's needs close to home. This includes major new reports with the British Psychological Society and with The King's Fund. Following evidence we published, NHS England set out plans to give Primary Care Networks access to additional funding

for mental health practitioners who can work with general practices to meet people's needs. Our work also made the case for GPs to be funded to have an extra appointment with women who have recently given birth to enquire about their mental and physical health.

Our work has explored the need for mental health support among people living with long-term physical illnesses. In May, we published a joint paper with Kidney Research UK about the mental health support needs of people living with chronic kidney disease. And we have been working with National Voices to undertake further research with people living with a wide range of long-term conditions.

We reviewed mental health support in both prison and youth custody this year. Working with NHS England, we carried out a consultation exercise on mental health in prisons and we explored the mental health needs of girls in the young people's secure estate. Both projects have contributed to national plans to improve access to mental health support for people in custody.

We also explored the role and potential benefits of peer support in mental health care. We published a series of briefings with Health Education England focusing on peer support within LGBTQ+ communities, among young people, for older adults and for autistic people and those with learning difficulties.

### **To improve children and young people's mental health**

We continue to host the Children and Young People's Mental Health Coalition, chaired by Sir Norman Lamb. The Coalition this year published a major review of the state of children and young people's mental health in England and brought together organisations responding to the mental health needs of children and young people during Covid-19 to ensure that these were heard by policymakers.

The Centre has been working with Children in Need and with Comic Relief to support and evaluate projects they have been running to support wellbeing and resilience among children and young people. With support from Children in Need, we also reviewed the evidence about the specific mental health challenges faced by children and young people living in rural and coastal areas of the UK.

### **To make the case for change in policies and practices affecting people's mental health**

This year, the focus of national mental health policy has inevitably been on the impact of the pandemic. Working with our partners, we made the case from the outset for additional investment in mental health support, and just as importantly for policies that could help to prevent or mitigate mental health harms resulting from Covid-19. This has helped to unlock additional funding for both NHS and voluntary sector mental health support, and for a cross-government Recovery Action Plan on mental health in the aftermath of the pandemic.

Our work this year has also focused on the essential role of local councils in supporting wellbeing and mental health. In July, we published a review of innovative approaches led by local authorities in England to promote positive mental health and prevent mental illness. Produced with the Local Government Association, the report identifies ways that local councils can bring about change in their communities, often at low cost with limited resources.

## **Centre for Mental Health**

### **Report of the trustees**

**For the year ended 5 April 2021**

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#### **The impact of Covid-19 and other external factors on achieving our objectives**

The Covid-19 pandemic, and the measures taken in response to it in the UK, affected some of the Centre's work in early 2020. We sought to ensure the safety and wellbeing of our staff, volunteers and others we work with during this time through a number of measures. While we were able to complete all of our work for the year on time, we had to postpone face-to-face events from 12 March 2020 onwards and establish home working for all staff from 17 March. Many of the face-to-face activities we planned were moved safely and successfully online. As a result of these steps, we were able to sustain our essential work and achieve our objectives for the year while keeping people safe and well.

The trustees have considered the impact of the pandemic and other major national and international events on the Centre's work and sustainability. The Centre has demonstrated that it can adapt to the pandemic, both in terms of its work programme and its ways of working. We will continue to review the longer term impact on the charity, for example on our need for accommodation and information technology, and on the impact of a deep or prolonged recession on income generation. The impact of the UK leaving the EU on the Centre's work is less clear so far: it may in future affect the charity's regulatory environment and the recruitment and retention of staff. The trustees will continue to monitor these and any other emergent risks to the organisation and take proportionate steps to mitigate any risks.

#### **Financial Review**

Unrestricted income for the year amounted to £835,539 (2019/20 – £1,165,071) whilst unrestricted expenditure amounted to £1,055,005 (2019/20 - £958,614). This resulted with a deficit and decrease in unrestricted funds for the year with amount of £219,466 (2019/20 surplus £206,458), as shown on the Statement of Financial Activities.

Activity within restricted funds has given a deficit in the year of £64,562 due to refund of unused restricted funds in amount of £67,340 to the funder for the project which came to an end with end of March 2020.

Total consolidated funds carried forward as of 5 April 2021 are £880,899 (2019/20: £1,164,927).

#### *Reserves Policy*

Reserves are required to:

- smooth out surpluses and deficits year on year;
- replace equipment or restructure the organisation;
- deal with the effects of any risks that materialise;
- allow the organisation to take on opportunities that may arise in a timely manner;
- deal with the unexpected.

Trustees are required to set an appropriate minimum level of reserves, and in doing so take into account these reasons for holding reserves, as well as current and future financial needs.



## Centre for Mental Health

### Report of the trustees

#### For the year ended 5 April 2021

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The trustees have decided to set minimum reserves set as:

- Winddown reserve— set as 3 months of anticipated core expenditure
- Cash flow reserve – set as 3 months' cycle calculated on 15 months cashflow forecast

As at 5 April 2021, that will require minimum free reserves of £600,000 to be held (2020: £600,000).

Group free reserves held at 5 April 2021 amounted to £770,802 being group net assets of £880,899, less restricted funds of £110,097.

The Trustees consider that the level of reserves held is within an appropriate margin of the minimum level as set, given the need to be able to respond to fundraising opportunities, and that the going concern basis remains appropriate for the preparation of the group's accounts. This policy is reviewed as necessary by Trustees and at least once a year as part of the annual reporting process.

#### *Trading subsidiary*

Centre for Mental Health Training Ltd is a wholly-owned subsidiary of Centre for Mental Health that carries out programme-related trading activity on behalf of the parent charity. During 2020/21 sales income was derived from several sources including IPS training courses and consultancy services limited by Covid-19 pandemic. The subsidiary made a loss of £12,946 (2019/20: profit £49,547). The profit for 2019/20 has been donated via Gift Aid to the charitable parent. Further details are given in Note 11 to the financial statements.

#### *Risk Management*

The Trustees are responsible for the management of the risks faced by the charity. Detailed considerations of risk are delegated to the Finance and Audit Committee, which is assisted by senior charity staff and external experts. Risks are identified, assessed and controls established throughout the year. A formal review of the charity's risk management processes is undertaken on a regular basis.

The key risks faced by the charity include:

- Business Continuity and Disaster Recovery.
- Financial Stability, the context for the Centre are ever changing and therefore is an ongoing primary focus of risk management.
- Lack of diversity, the Centre has identified Diversity as a key element to a successful organisation therefore is also a significant priority for risk management strategies.
- Reputational damage, all charities must maintain the highest standards of practice, however the Centre understand the implications when things go wrong.
- Going concern consideration, both the senior management team and the trustees have considered the assumptions created for the going concern consideration and the resulting conclusions, using different levels of uncertainty over significant amounts income and have agreed appropriate actions should income not materialise as planned. They have concluded that there are currently no material

## **Centre for Mental Health**

### **Report of the trustees**

#### **For the year ended 5 April 2021**

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uncertainties about going concern due to the relatively high percentage of budgeted income that has already been committed for the financial year ending 5 April 2022 and that, should further budgeted income not be secured, robust plans are in place to make any necessary reductions in expenditure to maintain going concern status.

The key controls used by the charity include:

- formal reporting of risk management processes to Trustees' meetings,
- weekly cash flow review,
- regular executive meetings where the risk register is discussed,
- detailed terms of reference for all sub-committees,
- comprehensive strategic planning, budgeting and management accounting,
- established organisational and governance structure and lines of reporting,
- formal written policies,
- hierarchical authorisation and approval levels.

The Centre has a business continuity action plan which Trustees reviewed in March 2021 to ensure we can continue to carry out our work and meet our obligations during the pandemic. The action plan enables all staff to work from home (with necessary equipment and adaptations) and that all our business processes can continue while staff, trustees and other stakeholders are all working remotely.

Through the risk management processes established by the charity, the Trustees are satisfied that the major risks identified have been adequately managed where necessary. It is recognised that systems can only provide reasonable but not absolute assurance that major risks have been adequately managed.

#### **Objectives and activities planned for 2021/22**

We have produced a new five-year strategy setting out the Centre's major aims and objectives from 2021.

The strategy identifies five high level goals for the charity:

1. To secure a whole government strategy for mental health and neurodiversity including housing, welfare, health, business, justice and defence.
2. To ensure that every child has a fair chance in life, and we see an increase in investment into early years support.
3. That people with mental health difficulties and neurodiversity get quality and values-driven health and social care services including physical health, work, housing and other basic needs.
4. That the government deal with the things we know make people ill, including poverty, racism, discrimination, exclusion, poor housing, punitive welfare systems, and systemic pressure.
5. To work within the Criminal Justice System to develop the best evidence for prevention, safe and secure prisons and resettlement to ensure people entering into the pathway have their mental and physical health needs met.

## **Centre for Mental Health**

### **Report of the trustees**

#### **For the year ended 5 April 2021**

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To enable us to achieve these objectives, over the next year we will take steps including:

- We will continue to track the impact of the pandemic on the mental health of the nation.
- We will begin to develop a global network to ensure we can convene the best thinkers and innovators in mental health and social justice and bring vital learning back to the UK.
- We will pursue mental health and social justice through a Health and Justice Policy Lab, to be developed with partners.
- We will develop a Strategic Counsel of Advisors convened by the Executive Team. Members will come from all walks of life, will have lived experience of mental illness and social exclusion, they may have also been through the criminal justice pathway.
- We will develop innovative ways of translation and communication, for example we will enhance and expand our Artist in Residence model. This will build on the very successful Writer in Residence piloted in 2019 and continued throughout 2020/21.
- We will work with partners to pilot and evaluate innovation, with a focus on quality.
- We will use contemporary and innovative digital solutions for research, engagement and communication.
- We will undertake campaigns and programmes of work in pursuit of our mission, this includes Equally Well.
- We will continue to expand our Peer Research portfolio.
- We will work towards becoming an Anti-Racist organisation, building on our anti-racism strategy, published in March 2021.
- We will continue to actively review our financial forecasts, including cash flow projections, to ensure that we operate as a going concern with no material uncertainties but are in a position to identify the need for, and implement, any agreed actions for cost savings should they be needed during the course of the year.

#### **Statement of responsibilities of the trustees**

The trustees (who are also directors of Centre for Mental Health for the purposes of company law) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements

## **Centre for Mental Health**

### **Report of the trustees**

#### **For the year ended 5 April 2021**

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- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and group and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- There is no relevant audit information of which the charitable company's auditor is unaware
- The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of such guarantees at 5 April 2021 was 9 (2020: 8). The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

#### **Auditors**

Sayer Vincent LLP were re-appointed as the charitable company's auditors during the year and have expressed their willingness to continue in that capacity.

The report of the trustees has been prepared in accordance with the special provisions applicable to companies subject to the small companies' regime.

Approved by the trustees on 22 July 2021 and signed on their behalf by

Professor Sue Bailey  
Chairman

## **Independent auditor's report**

### **To the members of**

#### **Centre for Mental Health**

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## **Opinion**

We have audited the financial statements of Centre for Mental Health (the 'parent charitable company') and its subsidiaries (the 'group') for the year ended 5 April 2021 which comprise the consolidated statement of financial activities, the group and parent charitable company balance sheets, the consolidated statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

### **In our opinion, the financial statements:**

- Give a true and fair view of the state of the group's and of the parent charitable company's affairs as at 5 April 2021 and of the group's incoming resources and application of resources, including its income and expenditure, for the year then ended
- Have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice
- Have been prepared in accordance with the requirements of the Companies Act 2006 and the Charities Act 2011

## **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the group financial statements section of our report. We are independent of the group and parent charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

## **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on Centre for Mental Health's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

## **Independent auditor's report**

### **To the members of**

### **Centre for Mental Health**

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## **Other Information**

The other information comprises the information included in the trustees' annual report, other than the group financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the group financial statements does not cover the other information, and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the group financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the group financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

## **Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- The information given in the trustees' annual report, for the financial year for which the financial statements are prepared is consistent with the financial statements
- The trustees' annual report, has been prepared in accordance with applicable legal requirements

## **Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the group and the parent charitable company and their environment obtained in the course of the audit, we have not identified material misstatements in the trustees' annual report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 and Charities Act 2011 requires us to report to you if, in our opinion:

- Adequate accounting records have not been kept by the parent charitable company, or returns adequate for our audit have not been received from branches not visited by us; or
- The parent charitable company financial statements are not in agreement with the accounting records and returns; or
- Certain disclosures of trustees' remuneration specified by law are not made; or
- We have not received all the information and explanations we require for our audit; or
- The directors were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' annual report and from the requirement to prepare a strategic report.

## **Responsibilities of trustees**

As explained more fully in the statement of trustees' responsibilities set out in the trustees' annual report, the trustees (who are also the directors of the parent charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the group's and the parent charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the group or the parent charitable company or to cease operations, or have no realistic alternative but to do so.

## **Auditor's responsibilities for the audit of the financial statements**

We have been appointed auditor under the Companies Act 2006 and section 151 of the Charities Act 2011 and report in accordance with those Acts.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud are set out below.

## **Capability of the audit in detecting irregularities**

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, our procedures included the following:

- We enquired of management and the finance and audit committee, which included obtaining and reviewing supporting documentation, concerning the group's policies and procedures relating to:
- Identifying, evaluating, and complying with laws and regulations and whether they were aware of any instances of non-compliance;
- Detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected, or alleged fraud;
- The internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations.

## **Independent auditor's report**

### **To the members of**

#### **Centre for Mental Health**

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- We inspected the minutes of meetings of those charged with governance.
- We obtained an understanding of the legal and regulatory framework that the group operates in, focusing on those laws and regulations that had a material effect on the financial statements or that had a fundamental effect on the operations of the group from our professional and sector experience.
- We communicated applicable laws and regulations throughout the audit team and remained alert to any indications of non-compliance throughout the audit.
- We reviewed any reports made to regulators.
- We reviewed the financial statement disclosures and tested these to supporting documentation to assess compliance with applicable laws and regulations.
- We performed analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud.
- In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments, assessed whether the judgements made in making accounting estimates are indicative of a potential bias and tested significant transactions that are unusual or those outside the normal course of business.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our auditor's report.

## **Use of our report**

This report is made solely to the charitable company's members as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006 and section 144 of the Charities Act 2011 and regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other



## **Independent auditor's report**

**To the members of**

**Centre for Mental Health**

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than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Judith Miller (Senior statutory auditor)

3 September 2021

for and on behalf of Sayer Vincent LLP, Statutory Auditor

Invicta House, 108-114 Golden Lane, LONDON, EC1Y 0TL

Sayer Vincent LLP is eligible to act as auditor in terms of section 1212 of the Companies Act 2006

Centre for Mental Health

Consolidated statement of financial activities (incorporating an income and expenditure account)

For the year ended 5 April 2021

	Note	Unrestricted £	Restricted £	2021 Total £	Unrestricted £	Restricted £	2020 Total £
<b>Income from:</b>							
Donations and legacies	2	39,208	–	<b>39,208</b>	17,969	–	17,969
Charitable activities							
Employment Support Programme	3	112,396	(67,340)	<b>45,056</b>	233,105	361,213	594,318
Adults Research	3	144,563	84,500	<b>229,063</b>	327,208	48,000	375,208
Children and Young People	3	258,160	130,409	<b>388,569</b>	275,628	152,605	428,233
Economics	3	54,671	–	<b>54,671</b>	122,158	9,842	132,000
Influencing Policy and Practice	3	187,404	30,600	<b>218,004</b>	133,352	20,476	153,828
Other Programmes	3	38,610	–	<b>38,610</b>	53,332	3,684	57,016
Investments – Interest receivable		527	–	<b>527</b>	2,319	–	2,319
<b>Total income</b>		<b>835,539</b>	<b>178,169</b>	<b>1,013,708</b>	<b>1,165,071</b>	<b>595,820</b>	<b>1,760,891</b>
<b>Expenditure on:</b>							
Raising funds	4	167,007	–	<b>167,007</b>	151,000	–	151,000
Charitable activities							
Employment Support Programme	4	181,951	–	<b>181,951</b>	101,870	393,368	495,238
Adults Research	4	127,471	90,617	<b>218,088</b>	194,001	41,883	235,884
Children and Young People	4	236,862	95,176	<b>332,038</b>	167,950	118,238	286,188
Economics	4	119,148	–	<b>119,148</b>	86,891	9,842	96,733
Influencing Policy and Practice	4	199,424	56,938	<b>256,362</b>	167,178	40,555	207,733
Other programmes	4	23,142	–	<b>23,142</b>	89,723	8,409	98,132
<b>Total expenditure</b>		<b>1,055,005</b>	<b>242,731</b>	<b>1,297,736</b>	<b>958,614</b>	<b>612,295</b>	<b>1,570,908</b>
<b>Net income / (expenditure) before transfers between funds</b>	5	<b>(219,466)</b>	<b>(64,562)</b>	<b>(284,028)</b>	<b>206,458</b>	<b>(16,475)</b>	<b>189,983</b>
<b>Transfers between funds</b>		<b>–</b>	<b>–</b>	<b>–</b>	<b>9,542</b>	<b>(9,542)</b>	<b>–</b>
<b>Net movement in funds</b>		<b>(219,466)</b>	<b>(64,562)</b>	<b>(284,028)</b>	<b>216,000</b>	<b>(26,017)</b>	<b>189,983</b>
<b>Reconciliation of funds:</b>							
Total funds brought forward		990,268	174,659	<b>1,164,927</b>	774,268	200,676	<b>974,944</b>
<b>Total funds carried forward</b>		<b>770,802</b>	<b>110,097</b>	<b>880,899</b>	<b>990,268</b>	<b>174,659</b>	<b>1,164,927</b>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in Note 19 to the financial statements.

Further information on the restatement to the figures for the comparative figures is given in note 1 r) to the accounts.

As at 5 April 2021

	Note	The group		The charity	
		2021	2020	2021	2020
		£	£	£	£
<b>Fixed assets:</b>					
Investments	10	–	–	1,000	1,000
		–	–	1,000	1,000
<b>Current assets:</b>					
Debtors	13	187,926	248,649	183,785	314,571
Cash at bank and in hand		1,156,763	1,274,382	937,500	1,019,763
		1,344,689	1,523,031	1,121,285	1,334,334
<b>Liabilities:</b>					
Creditors: amounts falling due within one year	14	463,790	311,534	228,444	173,384
<b>Net current assets</b>		880,899	1,211,497	892,841	1,160,950
<b>Total assets less current liabilities</b>		880,899	1,211,497	893,841	1,161,950
Creditors: amounts falling due after one year	16	–	46,570	–	46,570
<b>Total net assets</b>	18	880,899	1,164,927	893,841	1,115,380
<b>Funds:</b>	19				
Restricted income funds		110,097	174,659	110,097	174,659
Unrestricted income funds:					
Designated funds		–	390,268	12,942	340,721
General funds		770,802	600,000	770,802	600,000
Total unrestricted funds		770,802	990,268	783,744	940,721
<b>Total funds</b>		880,899	1,164,927	893,841	1,115,380

Approved by the trustees on 22 July 2021 and signed on their behalf by

Professor Dame Susan Bailey  
Chairman

Consolidated statement of cash flows

For the year ended 5 April 2021

	2021 £	2020 £
Cash flows from operating activities		
Net cash (used in) / provided by operating activities	(118,146)	266,796
Cash flows from investing activities:		
Dividends, interest and rents from investments	527	2,319
Change in cash and cash equivalents in the year	(117,619)	269,115
Cash and cash equivalents at the beginning of the year	1,274,382	1,005,267
Cash and cash equivalents at the end of the year	1,156,763	1,274,382

Reconciliation of net income / (expenditure) to net cash flow from operating activities

	2021 £	2020 £
Net expenditure for the reporting period (as per the statement of financial activities)	(284,028)	189,983
Depreciation charges	-	-
Dividends, interest and rent from investments	(527)	(2,319)
Decrease in debtors	60,723	61,720
Increase in creditors	105,686	17,412
Net cash provided (used in) operating activities	(118,146)	266,796

**1 Accounting policies**

**a) Statutory information**

Centre for Mental Health is a charitable company limited by guarantee and is incorporated in England & Wales. The registered office address is Technopark, Unit 2d21, 90 London Road, London, England, SE1 6LN.

**b) Basis of preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) – (Charities SORP FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

These financial statements consolidate the results of the charitable company and its wholly-owned subsidiary Centre for Mental Health Training Limited on a line by line basis. Transactions and balances between the charitable company and its subsidiary have been eliminated from the consolidated financial statements. Balances between the two companies are disclosed in the notes of the charitable company's balance sheet. A separate statement of financial activities, or income and expenditure account, for the charitable company itself is not presented because the charitable company has taken advantage of the exemptions afforded by section 408 of the Companies Act 2006.

**c) Public benefit entity**

The charitable company meets the definition of a public benefit entity under FRS 102.

**d) Going concern**

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

In order to arrive at this conclusion, the management and trustees have considered the financial and operating outlook of the charitable company using different levels of uncertainty over significant levels of unsecured income. Based on this assessment they have concluded that even in a worst-case scenario, with appropriate management actions identified should they be needed, the ability of the charitable company to continue operating will not be impacted during the year ahead.

The management and trustees will continue to review cash flow projections on a regular basis during this period and will implement appropriate actions, should they be needed, if cash flow balances were to fall below agreed trigger points.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

**1 Accounting policies (continued)**

**e) Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

**f) Donations of gifts, services and facilities**

Donated professional services and donated facilities are recognised as income when the charity has control over the item or received the service, any conditions associated with the donation have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), volunteer time is not recognised so refer to the trustees' annual report for more information about their contribution.

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

**g) Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

**h) Fund accounting**

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

**i) Expenditure and irrecoverable VAT**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Expenditure is classified under the following activity headings:

- Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose
- Expenditure on charitable activities includes the costs of carrying out research, collating and communicating the findings, being work undertaken to further the purposes of the charity and their associated support costs
- Other expenditure represents those items not falling into any other heading

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

**1 Accounting policies (continued)**

**j) Allocation of support costs**

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the salary and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

Where such information about the aims, objectives and projects of the charity is also provided to potential donors, activity costs are apportioned between fundraising and charitable activities on the basis of area of literature occupied by each activity.

● Employment Support	15%
● Adults Research incl. Prisons and Criminal Justice	18%
● Children and Young People	19%
● Economics	11%
● Influencing policy and practice	20%
● Other	2%
● Costs of raising funds	15%

**k) Operating leases**

Rental charges are charged on a straight line basis over the term of the lease.

**l) Investments in subsidiary**

Investments in the subsidiary are at cost.

**m) Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**n) Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**o) Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

**p) Pensions**

The charity participates in two defined benefit pension schemes, both of which were contracted out of the State Second Pension (S2P) until 31 March 2016. Assets for both schemes are held in separate, trustee-administered funds. Because of the mutual nature of the schemes, the charity is unable to identify and measure its own share of assets and liabilities, and so expenditure related to the pensions is treated as if these were defined contributions schemes. The charity has recognised its committed liability for past service deficits for the USS scheme and these are noted as a liability. Only three employees were active members of the schemes during the year (2 for the USS scheme and 1 for the NHS scheme), and all other employees were eligible to join the company's stakeholder pension scheme. The charity's staging date for pensions auto-enrolment was 1 April 2016, and any relevant staff not previously participating in a pension scheme were auto-enrolled at that date.

**2 Income from donations and legacies**

	Unrestricted £	Restricted £	2021 Total £	Unrestricted £	Restricted £	2020 Total £
Donations	39,208	–	<b>39,208</b>	17,969	–	17,969
	<u>39,208</u>	<u>–</u>	<u><b>39,208</b></u>	<u>17,969</u>	<u>–</u>	<u>17,969</u>

**3 Income from charitable activities**

	Unrestricted £	Restricted £	2021 Total £	Unrestricted £	Restricted £	2020 Total £
Henry Smith Charity	–	–	–	–	(9,087)	(9,087)
City Bridge Trust	–	(67,340)	<b>(67,340)</b>	–	370,300	370,300
IPS training income	90,505	–	<b>90,505</b>	206,825	–	206,825
Other income – Employment Support Programme	21,891	–	<b>21,891</b>	26,280	–	26,280
<b>Sub-total for Employment Support Programme</b>	<b>112,396</b>	<b>(67,340)</b>	<b>45,056</b>	<b>233,105</b>	<b>361,213</b>	<b>594,318</b>
St. Giles Trust	–	48,000	<b>48,000</b>	–	48,000	48,000
Mental Health UK	–	36,500	<b>36,500</b>	–	–	–
NHS England	85,989	–	<b>85,989</b>	114,420	–	114,420
MIND Harringey	7,588	–	<b>7,588</b>	–	–	–
Comic Relief	34,904	–	<b>34,904</b>	–	–	–
MHFA	11,857	–	<b>11,857</b>	62,356	–	62,356
Health Education England	–	–	–	45,444	–	45,444
GMCA	–	–	–	14,898	–	14,898
CLWS West London CCG	–	–	–	17,309	–	17,309
NHS West London CCG	–	–	–	21,636	–	21,636
NSCHT – North Staffordshire	–	–	–	19,740	–	19,740
Oxford Health NHS FT	–	–	–	19,078	–	19,078
Rethink Mental Health	2,875	–	<b>2,875</b>	9,200	–	9,200
Other income	1,350	–	<b>1,350</b>	3,127	–	3,127
<b>Sub-total for Adults</b>	<b>144,563</b>	<b>84,500</b>	<b>229,063</b>	<b>327,207</b>	<b>48,000</b>	<b>375,208</b>



**3 Income from charitable activities (continued)**

University of Oxford	2,100	–	<b>2,100</b>	–	–	–
CYPMHC– various founders	–	74,534	<b>74,534</b>	–	107,806	107,806
Big Lottery Found	–	54,575	<b>54,575</b>	–	44,799	44,799
BBC Children in Needs	43,451	–	<b>43,451</b>	60,646	–	60,646
Bradford Districts CCG	7,500	–	<b>7,500</b>	34,167	–	34,167
University of Glasgow	–	1,300	<b>1,300</b>	–	–	–
Emergings Minds	3,750	–	<b>3,750</b>	–	–	–
The Independent Monitoring Board	3,900	–	<b>3,900</b>	–	–	–
Comic Relief	9,037	–	<b>9,037</b>	8,333	–	8,333
LGA Improvement & Development Agency	12,750	–	<b>12,750</b>	–	–	–
The Youth Endowment Fund	31,910	–	<b>31,910</b>	–	–	–
NHS England	98,412	–	<b>98,412</b>	88,874	–	88,874
The Prudence Trust	6,700	–	<b>6,700</b>	–	–	–
UCL	–	–	–	10,000	–	10,000
Centre 33	11,792	–	<b>11,792</b>	5,896	–	5,896
Health Education England	–	–	–	12,650	–	12,650
MIND	11,200	–	<b>11,200</b>	9,500	–	9,500
University of Reading	–	–	–	30,404	–	30,404
Place2Be	–	–	–	11,667	–	11,667
Student Minds	15,325	–	<b>15,325</b>	–	–	–
Other income – Children and Young People	333	–	<b>333</b>	3,492	–	3,492
<b>Sub-total for Children and Young People</b>	<b>258,160</b>	<b>130,409</b>	<b>388,569</b>	<b>275,628</b>	<b>152,605</b>	<b>428,233</b>

## 3 Income from charitable activities (continued)

	Unrestricted	Restricted	2021 Total	Unrestricted	Restricted	2020 Total
Lankelly Chase	–	20,600	20,600	–	–	–
ACEVO	–	–	–	31,400	–	31,400
AMHP	–	–	–	42,250	–	42,250
British Embassy Bangkok	9,750	–	9,750	–	–	–
Maudsley Charity	–	10,000	10,000	–	–	–
National Voices	28,998	–	28,998	–	–	–
CRH Charitable Trust	–	–	–	8,000	–	8,000
NHS Confederation	24,168	–	24,168	–	–	–
West London NHS FT	–	–	–	5,000	–	5,000
Hertfordshire County Council	4,650	–	4,650	–	–	–
PHE	–	–	–	3,200	–	3,200
MMHA	2,800	–	2,800	–	–	–
Royal College of Nursing	1,000	–	1,000	2,500	–	2,500
UCL	4,500	–	4,500	4,000	–	4,000
Health Education England	10,229	–	10,229	5,174	–	5,174
Greater London Authority	6,617	–	6,617	–	–	–
Various	13,868	–	13,868	5,128	20,476	25,604
LGA Improvement & Barnet, Enfield and Haringey Mental Health NHS FT	12,750	–	12,750	6,650	–	6,650
NHS England	–	–	–	5,000	–	5,000
Oxford Health NHS FT	61,524	–	61,524	5,000	–	5,000
Surrey County Council	–	–	–	2,600	–	2,600
Kingston University	4,050	–	4,050	–	–	–
Royal College of Psychiatrists	–	–	–	1,000	–	1,000
Homeless Link	2,500	–	2,500	2,500	–	2,500
	–	–	–	3,950	–	3,950
<b>Sub-total for Influencing policy and practice</b>	<b>187,404</b>	<b>30,600</b>	<b>218,004</b>	<b>133,352</b>	<b>20,476</b>	<b>153,828</b>
NHS Confederation	35,850	–	35,850	110,713	–	110,713
XenZone	–	–	–	5,500	–	5,500
PETALS	–	–	–	–	9,842	9,842
Rushcliffe CCG	–	–	–	5,945	–	5,945
NHS England	3,500	–	3,500	–	–	–
Penine NHS FT	5,521	–	5,521	–	–	–
Zurich Community Trust	9,800	–	9,800	–	–	–
<b>Sub-total for Economics</b>	<b>54,671</b>	<b>–</b>	<b>54,671</b>	<b>122,158</b>	<b>9,842</b>	<b>132,000</b>
Forces in Mind Trust	23,940	–	23,940	51,357	–	51,357
NIHR	–	–	–	–	3,684	3,684
JRS Gov.uk	6,287	–	6,287	–	–	–
Other income	8,383	–	8,383	1,975	–	1,975
<b>Sub-total for Other</b>	<b>38,610</b>	<b>–</b>	<b>38,610</b>	<b>53,332</b>	<b>3,684</b>	<b>57,016</b>
<b>Total income from charitable</b>	<b>795,804</b>	<b>178,169</b>	<b>973,973</b>	<b>1,144,783</b>	<b>595,820</b>	<b>1,740,603</b>

## 4a

	Charitable activities								2021 Total £	2020 Total £
	Cost of raising funds £	Employment Support Programme £	Adults Research incl. PCJ £	Children and Young People £	Economics	Influencing Policy and Practice £	Other Programmes £	Support and governance costs £		
Staff costs (Note 6)	127,628	124,004	150,339	159,995	92,239	179,670	15,729	143,252	<b>992,856</b>	1,040,466
Direct project costs	1,890	21,672	22,662	121,820	530	25,913	2,617	3,846	<b>200,950</b>	392,826
Travel and subsistence	-	-	-	-	-	-	-	-	-	31,273
Printing, postage and stationery	-	-	32	51	-	33	-	1,838	<b>1,954</b>	3,126
IT costs	835	-	1,297	2,935	-	1,707	-	23,550	<b>30,324</b>	26,507
Communication and events	-	-	-	-	-	-	-	-	-	6,094
Establishment costs	682	303	592	1,673	-	1,078	-	56,411	<b>60,739</b>	58,946
Legal, finance and other	-	-	-	-	-	-	-	13	<b>13</b>	970
Audit	-	-	-	-	-	-	-	10,900	<b>10,900</b>	10,700
	<b>131,035</b>	<b>145,979</b>	<b>174,922</b>	<b>286,474</b>	<b>92,769</b>	<b>208,401</b>	<b>18,346</b>	<b>239,810</b>	<b>1,297,736</b>	1,570,908
Support and governance costs	35,972	35,972	43,166	45,564	26,379	47,961	4,796	(239,810)	-	-
<b>Total expenditure 2021</b>	<b>167,007</b>	<b>181,951</b>	<b>218,088</b>	<b>332,038</b>	<b>119,148</b>	<b>256,362</b>	<b>23,142</b>	-	<b>1,297,736</b>	
Total expenditure 2020	151,000	495,238	235,884	286,188	96,733	207,733	98,132	-	<b>1,570,908</b>	

Of the total expenditure £1,055,005 was unrestricted (2020: £958,614) and £242,731 was restricted (2020: £612,295).

4b

	Charitable activities								
	Cost of raising funds £	Employment Support Programme £	Adults Research incl. PCJ £	Children and Young People £	Economics	Influencing Policy and Practice £	Other Programmes £	Support and governance costs £	2020 Total £
Staff costs (Note 6)	109,024	217,429	156,556	142,094	73,279	107,848	69,844	164,392	1,040,466
Direct project costs	3,905	195,556	27,061	90,069	543	59,951	3,710	12,031	392,826
Travel and subsistence	296	6,693	478	3,015	402	3,899	1,306	15,184	31,273
Printing, postage and stationery	–	49	14	36	–	112	–	2,915	3,126
IT costs	–	2,514	1,076	2,950	–	509	637	18,821	26,507
Communication and events	–	743	54	2,050	–	283	–	2,964	6,094
Establishment costs	1,198	1,913	–	956	–	1,368	126	53,385	58,946
Legal, finance and other	–	–	–	–	–	–	–	970	970
Audit	–	–	–	–	–	–	–	10,700	10,700
	<u>114,423</u>	<u>424,897</u>	<u>185,239</u>	<u>241,170</u>	<u>74,224</u>	<u>173,970</u>	<u>75,623</u>	<u>281,362</u>	<u>1,570,908</u>
Support and governance costs	<u>36,577</u>	<u>70,341</u>	<u>50,645</u>	<u>45,018</u>	<u>22,509</u>	<u>33,763</u>	<u>22,509</u>	<u>(281,362)</u>	<u>–</u>
<b>Total expenditure 2020</b>	<b><u>151,000</u></b>	<b><u>495,238</u></b>	<b><u>235,884</u></b>	<b><u>286,188</u></b>	<b><u>96,733</u></b>	<b><u>207,733</u></b>	<b><u>98,132</u></b>	<b><u>–</u></b>	<b><u>1,570,908</u></b>

Of the total expenditure £958,614 was unrestricted (2019: £813,534) and £612,295 was restricted (2019: £722,356).

**5 Net income/(expenditure) for the year**

This is stated after charging:

	2021 £	2020 £
Operating lease rentals:		
Other	1,607	1,607
Auditors' remuneration (excluding VAT):		
Audit	10,900	10,700
	<b>10,900</b>	<b>10,700</b>

**6 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel**

Staff costs were as follows:

	2021 £	2020 £
Salaries and wages	812,223	860,463
Social security costs	85,640	81,812
Employer's contribution to defined contribution pension schemes	43,027	41,727
Operating costs of defined benefit pension schemes	51,966	56,464
	<b>992,856</b>	<b>1,040,466</b>

The following number of employees received employee benefits (excluding employer pension costs and employer's national insurance) during the year between:

	2021 No.	2020 No.
£60,000 – £69,999	2	2
£70,000 – £79,999	–	1
£80,000 – £89,999	1	1
£90,000 – £99,999	1	–

The total employee benefits (including pension contributions and employer's national insurance) of the key management personnel were £366,791 (2020: £358,634).

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2020: £nil). No charity trustee received payment for professional or other services supplied to the charity (2020: £nil). No trustees' expenses were reimbursed during the financial year (£2020: £nil).

## 7 Staff numbers

The average number of employees (head count based on number of staff employed) during the year was as follows: 20.9 (2020: 23.1)

	2021 No.	2020 No.
Raising funds	2.0	1.0
Employment Support Programme	2.0	5.9
Prisons and Criminal Justice Programme	2.2	1.4
Children and Young People	3.7	3.8
Influencing Policy and Practice	4.0	4.0
Economics	2.0	2.0
Other programmes	–	1.0
Support	4.0	3.0
Governance	1.0	1.0
	<b>20.9</b>	<b>23.1</b>

## 8 Related party transactions

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

## 9 Taxation

The charity is exempt from corporation tax as all its income is charitable and is applied for charitable purposes. The charity's trading subsidiary Centre for Mental Health Training Limited gift aids available profits to the parent charity. Its charge to corporation tax in the year was:

	2021 £	2020 £
UK corporation tax at 19% (2020: 19%)	–	–

## 10 Investments

Investments comprise:

	The group 2021 £	2020 £	The charity 2021 £	2020 £
Unlisted shares in UK registered companies	–	–	1,000	1,000
	<b>–</b>	<b>–</b>	<b>1,000</b>	<b>1,000</b>

The investments comprise the whole of the issued ordinary share capital of Centre for Mental Health Training Ltd and are shown at par.

**11 Subsidiary undertaking**

The charitable company owns the whole of the issued ordinary share capital of Centre for Mental Health Training Limited, a company registered in England. The subsidiary is used solely for primary purpose trading activities. All activities have been consolidated on a line by line basis in the statement of financial activities. Available profits are gift aided to the charitable company. A summary of the results of the subsidiary is shown below:

	2021	2020
	£	£
Turnover	391,985	540,063
Cost of sales	(405,047)	(490,740)
Gross profit	(13,062)	49,323
Administrative expenses	–	(402)
Other operating income	–	–
Operating profit / (loss)	(13,062)	48,921
Interest receivable	116	626
Profit / (loss) on ordinary activities	(12,946)	49,547
Donation under gift aid to parent undertaking	(49,547)	(89,135)
Profit / (loss) for the financial year	(62,493)	(39,588)
The aggregate of the assets, liabilities and funds was:		
Assets	337,924	425,503
Liabilities	(349,871)	(374,956)
Funds	(11,947)	50,547

**12 Parent charity**

The parent charity's gross income and the results for the year are disclosed as follows:

	2021	2020
	£	£
Gross income	965,098	1,629,938
Result for the year	(221,535)	230,197

**13 Debtors**

	The group		The charity	
	2021	2020	2021	2020
	£	£	£	£
Fees and charges	166,829	228,968	48,474	58,084
Other debtors	14,530	9,298	14,530	9,298
Prepayments	6,567	10,383	6,261	10,383
Inter-company debtor	–	–	114,520	236,806
	187,926	248,649	183,785	314,571

**14 Creditors: amounts falling due within one year**

	The group		The charity	
	2021	2020	2021	2020
	£	£	£	£
Trade creditors	59,067	40,849	52,367	22,285
Taxation and social security	29,729	23,886	29,729	23,886
VAT creditor	87,932	101,426	51,985	73,025
Accruals	37,096	35,611	32,096	19,405
Deferred income	249,966	109,762	62,267	34,783
	<b>463,790</b>	<b>311,534</b>	<b>228,444</b>	<b>173,384</b>

**15 Deferred income**

Deferred income comprises income invoiced for training and consultancy services in advance.

	The group		The charity	
	2021	2020	2021	2020
	£	£	£	£
Balance at the beginning of the year	109,762	96,390	34,783	-
Amount released to income in the year	(202,151)	(340,836)	(43,683)	(75,228)
Amount deferred in the year	342,359	354,208	71,166	110,011
Balance at the end of the year	<b>249,970</b>	<b>109,762</b>	<b>62,266</b>	<b>34,783</b>

**16 Creditors: amounts falling due after one year**

	The group		The charity	
	2021	2020	2021	2020
	£	£	£	£
Accruals – pension obligations	-	46,570	-	46,570
	<b>-</b>	<b>46,570</b>	<b>-</b>	<b>46,570</b>



## 17 Pension scheme

Employees of Centre for Mental Health and its subsidiary who joined the organisation on 1 December 2009 or thereafter have access to a flexible contributory group personal pension scheme. Employer contributions to the scheme during the year amounted to £50,728 (2019/20 £55,207).

### NHS Pension Scheme

One employee remained a member of the NHS Pension Scheme throughout the financial year.

Details of the benefits payable under these provisions can be found on the NHS Pensions website at [www.pensions.nhsbsa.nhs.uk](http://www.pensions.nhsbsa.nhs.uk). The Scheme is an unfunded, defined benefit scheme that covers NHS employers, General Practitioners and other bodies, allowed under the direction of the Secretary of State, in England and Wales. As with the USS, the scheme is not designed to be run in a way that would enable the Centre to identify its share of the underlying Scheme assets and liabilities. Therefore, the Scheme is accounted for as if it were a defined contribution scheme and the amount of £8,726 (2019/20: £8,726) charged to the Statement of Financial Activities represents employers' contributions payable to the scheme in respect of the accounting period. The rate of employer's contributions during the year remained constant at 14.38 % of pensionable salaries. The rates for employees' contributions have remained unchanged since last year at 9.60% of pensionable earnings.

A valuation of scheme liability is carried out annually by the scheme actuary (currently the Government Actuary's Department) as at the end of the reporting period. This utilises an actuarial assessment for the previous accounting period in conjunction with updated membership and financial data for the current reporting period, and is accepted as providing suitably robust figures for financial reporting purposes. The valuation of the scheme liability as at 31 March 2021, is based on valuation data as 31 March 2020, updated to 31 March 2021 with summary global member and accounting data. In undertaking this actuarial assessment, the methodology prescribed in IAS 19, relevant FReM interpretations, and the discount rate prescribed by HM Treasury have also been used.

The latest assessment of the liabilities of the scheme is contained in the report of the scheme actuary, which forms part of the annual NHS Pension Scheme Accounts. These accounts can be viewed on the NHS Pensions website and are published annually. Copies can also be obtained from The Stationery Office.

The purpose of this valuation is to assess the level of liability in respect of the benefits due under the schemes (taking into account recent demographic experience), and to recommend contribution rates payable by employees and employers.

The latest actuarial valuation undertaken for the NHS Pension Scheme was completed as at 31 March 2016. The results of this valuation set the employer contribution rate payable from April 2019 to 20.6% of pensionable pay. The 2016 funding valuation was also expected to test the cost of the Scheme relative to the employer cost cap that was set following the 2012 valuation. In January 2019, the Government announced a pause to the cost control element of the 2016 valuations, due to the uncertainty around member benefits caused by the discrimination ruling relating to the McCloud case.

The Government subsequently announced in July 2020 that the pause had been lifted, and so the cost control element of the 2016 valuations could be completed. The Government has set out that the costs of remedy of the discrimination will be included in this process. HMT valuation directions will set out the technical detail of how the costs of remedy will be included in the valuation process. The Government has also confirmed that the Government Actuary is reviewing the cost control mechanism (as was originally announced in 2018). The review will assess whether the cost control mechanism is working in line with original government objectives and reported to Government in April 2021. The findings of this review will not impact the 2016 valuations, with the aim for any changes to the cost cap mechanism to be made in time for the completion of the 2020 actuarial valuations.

Access to the NHS pension scheme is restricted to staff members who have retained the benefit as an element of authorised transfers in from other employments.

**Universities Superannuation Scheme (USS)**

USS is a defined benefit scheme, which is contracted out of the State Second Pension (S2P). The assets are held in a separate fund administered by the USS pension trustee who is the Universities Superannuation Scheme Limited. Because of the mutual nature of the scheme, Centre for Mental Health is unable to identify its share of the underlying assets and liabilities of the scheme on a consistent and reasonable basis and therefore accounts for the scheme as if it were a defined contribution scheme. FRS 102 requires for a multi-employer scheme that where the employer has entered into an agreement with the scheme that determines how the employer will fund a deficit, this results in the recognition of a liability for the contributions payable that arise from the agreement (to the extent that they relate to the deficit) and the resulting expense is recognised in profit or loss. The trustees have therefore recognised the discounted fair value of the contractual contributions under the funding plan in existence at the date of approving the financial statements.

As a result, the amount charged to the Statement of Financial Activities of £34,301 (2019/20: £33,000) represents employer's contributions payable to this scheme during the accounting period. The rate of employer's contributions was for period April 2020 to March 2021 at 21.1 % of pensionable salaries. Further increase is planned from 30 September 2021 in relation to employee and employer's contributions; increasing to 11% and 23.7% respectively. As at 31 March 2021, Centre for Mental Health had two active members in the scheme (2020: two).

Last actuarial valuation of the scheme took place valuing the scheme's assets and liabilities as at 31 March 2018. The valuation was carried out using the projected unit method and found that the scheme's assets were sufficient to cover 95% of the scheme's liabilities – a shortfall of £3.6 bn. This compares favourably with the previous triennial valuation as at 31 March 2017 (89% funding, a deficit of £7.5bn). In the years that the scheme do not do an actuarial valuation, they produce an actuarial report called a funding update. The results of the funding update, as at 31 March 2019, showed that the scheme's liabilities have increased faster than assets since the 2018 valuation, causing the deficit to increase to £5.4bn and the funding level to fall to 93%. The valuation on 31 March 2020 is being carried out and shall be completed by 30 June 2021. Recent updates show that the deficit has depend and the pension contributions will need to raise sharply if existing benefits are to be maintained.

The final salary element of the scheme has been closed, and pension rights accrues on a Retirement Income Builder basis from 1 April 2016. For those Members who earned benefits before April 2016 on a Career Revalued Benefits basis, these will be recalculated as final salary benefits built up to 31 March 2016 and added as a service credit onto any further benefits accrued under the scheme from April 2016 onwards. Furthermore, an income when the member retire is based on how long they have been in the scheme and their salary, up to annual threshold of £59,585.72 for 2020/21. Salary threshold is set each year. For those earning above this annual salary amount, contributions will be made into a USS Investment Builder.

**\* Post balance sheet event**

In November 2015 Centre for Mental Health's trustees commissioned Cartwrights, a firm of actuarial advisers, to update advice regarding Section 75 debt which would be triggered at a future date when there are no more active scheme members. Since July 2018, Centre for Mental Health's trustees have been in discussions with USS pension and our guarantor Gatsby Charitable Foundation to withdraw the Centre from the scheme. Formal letter requesting approval to exit the scheme has been submitted to USS trustees for their decision at May 2021 board meeting, which was approved. The Centre has written to USS Trustees to exit the scheme with 31 May 2021 effectively triggering section 75 debt. Gatsby Charitable Foundation as our guarantor has agreed to pay the liability directly to the USS on behalf of Centre for Mental Health when final invoice is issued by USS. The charity considers that it is appropriate to acknowledge that a contingent asset is highly likely to exist, however we are unable to quantify the value of this until USS advises of the total liability. A provision for a liability of £46,570 exists in our accounts that would be settled by the contingent assets in the next accounting period.

**18a Analysis of group net assets between funds (current year)**

	General unrestricted £	Designated funds £	Restricted funds £	Total funds £
Net current assets	770,802	-	110,097	880,899
Long term liabilities	-	-	-	-
<b>Net assets at the end of the year</b>	<b>770,802</b>	<b>-</b>	<b>110,097</b>	<b>880,899</b>

## 18b Analysis of group net assets between funds (prior year)

	General unrestricted £	Designated funds £	Restricted funds £	Total funds £
Net current assets	646,570	390,268	174,659	1,211,497
Long term liabilities	(46,570)	–	–	(46,570)
<b>Net assets at the end of the year</b>	<b>600,000</b>	<b>390,268</b>	<b>174,659</b>	<b>1,164,927</b>

## 19a Movements in funds (current year)

	At the start of the year £	Income & gains £	Expenditure & losses £	Transfers £	At the end of the year £
<b>Restricted funds:</b>					
<b>Employment Support</b>					
City Bridge Trust	67,340	(67,340)	–	–	–
<b>Adults Research incl. Prisons and Criminal Justice</b>					
St. Giles Trust evaluation	6,117	48,000	(54,117)	–	–
Evaluation of Clic	–	36,500	(36,500)	–	–
<b>Children and Young People</b>					
Shifting the Dial	6,262	54,575	(17,224)	–	43,613
Culturally sensitive approaches to MH education (CESAME)	–	1,300	(1,300)	–	–
CYPMHC	67,702	74,534	(76,652)	–	65,584
<b>Influencing Policy and Practice</b>					
Elliot Simmons CT	1,744	–	(1,744)	–	–
Crisis Care Commission	25,494	–	(25,494)	–	–
MHRG –Maudsley Charity's Grant	–	10,000	(9,100)	–	900
Synergi– advice and support around	–	20,600	(20,600)	–	–
<b>Total restricted funds</b>	<b>174,659</b>	<b>178,169</b>	<b>(242,731)</b>	<b>–</b>	<b>110,097</b>
<b>Unrestricted funds:</b>					
<b>Designated funds:</b>					
Core funding reserve	390,268	–	–	(390,268)	–
<b>Total designated funds</b>	<b>390,268</b>	<b>–</b>	<b>–</b>	<b>(390,268)</b>	<b>–</b>
<b>General funds</b>	<b>600,000</b>	<b>835,539</b>	<b>(1,055,005)</b>	<b>390,268</b>	<b>770,802</b>
<b>Total unrestricted funds</b>	<b>990,268</b>	<b>835,539</b>	<b>(1,055,005)</b>	<b>–</b>	<b>770,802</b>
<b>Total funds</b>	<b>1,164,927</b>	<b>1,013,708</b>	<b>(1,297,736)</b>	<b>–</b>	<b>880,899</b>

Restricted funds of £67,340 were refunded to City Bridge Trust

## 19b Movements in funds (prior year)

	At the start of the year £	Income & gains £	Expenditure & losses £	Transfers £	At the end of the year £
<b>Restricted funds:</b>					
<b>Employment Support</b>					
Employment of Offenders	18,174	(9,087)	–	(9,087)	–
IESD Regional Trainer	455	–	–	(455)	–
City Bridge Trust	90,408	370,300	(393,368)	–	<b>67,340</b>
<b>Adults Research incl. Prisons and</b>					
St. Giles Trust evaluation	–	48,000	(41,883)	–	<b>6,117</b>
<b>Children and Young People</b>					
CYPMHC	39,597	107,806	(79,701)	–	<b>67,702</b>
<b>Other</b>					
Liaison Psychiatry – Maestro	–	3,684	(3,684)	–	–
Psychology in Primary Care (BPS)	4,725	–	(4,725)	–	–
<b>Economics</b>					
Baby Loss Counselling	–	9,842	(9,842)	–	–
<b>Influencing Policy and Practice</b>					
Elliot Simmons CT	11,000	–	(9,256)	–	<b>1,744</b>
Crisis Care Commission	36,317	20,476	(31,299)	–	<b>25,494</b>
<b>Total restricted funds</b>	<b>200,676</b>	<b>595,820</b>	<b>(612,295)</b>	<b>(9,542)</b>	<b>174,659</b>
<b>Unrestricted funds:</b>					
Designated funds:					
Core funding reserve	174,268	–	–	216,000	<b>390,268</b>
<b>Total designated funds</b>	<b>174,268</b>	<b>–</b>	<b>–</b>	<b>216,000</b>	<b>390,268</b>
<b>General funds</b>	<b>600,000</b>	<b>1,165,071</b>	<b>(958,613)</b>	<b>(206,458)</b>	<b>600,000</b>
<b>Total unrestricted funds</b>	<b>774,268</b>	<b>1,165,071</b>	<b>(958,613)</b>	<b>9,542</b>	<b>990,268</b>
<b>Total funds</b>	<b>974,944</b>	<b>1,760,891</b>	<b>(1,570,908)</b>	<b>–</b>	<b>1,164,927</b>

## 19 Purposes of restricted funds

### Employment funding

The Employment of Offenders fund was a three-year project to evaluate the effectiveness of the Individual Placement and Support model within a prison setting. It was funded by three major grant making trusts came to an end in August 2016. Final report was written during 2017/18.

The Regional Trainer project was a three year pilot funded by Department of Health IESD grant money to set up regional trainers across 6 regional mental health trusts to enhance delivery of IPS and improve employment outcomes for their service users. Funding is confirmed annually and the project came to an end in June 2017.

The City Bridge Trust found is a two and half year project to establish 6 sites of new IPS services in London to enhance delivery of IPS in capital. Founding is confirmed annually and reviewed after each Quarter of delivery, the project is due to complete in July 2020.

### Influencing Policy and Practice

Elliot Simmons Charitable Trust is funding our lasting legacy for mental health work for a period of two years, where we are determined to bring lasting change and create a legacy for mental health beyond the two year. Funds is used to support the Commission for Equality in Mental Health, a policy vehicle for challenging inequality and supporting marginalised groups.

Crisis Care Commission –donations have been received towards a restricted fund for a crisis care research project, where we will work with charities and other partners to find ways to provide better support for people in mental health emergencies. This will begin in Summer 2019 and last up to three years, dependent on future funding.

The Mental Health Research Group (MHRG) – founded by the Centre and The Royal Foundation, was picked up by Maudsley Charity for phase 1 funding. This entailed forming a working group of prominent names and organisations within mental health research with the aim of influencing change in mental health research, this culminated in a paper with recommendations.

Synergi– advice and support around policy work – The Centre have partnered with The Synergi Collaborative to retrospectively review the first three years of their five-year programme of work around policy change for inequality and multiple disadvantage. The project is funded by Lankelly Chase.

### Children and Young People funding

Shifting the Dial is project founded by Big Lottery Fund (now National Lottery Community Fund). This is a partnership working to find ways to improve the resilience of young African Caribbean men. Four organisations have been funded over three years by National Lottery Community Fund: the Centre, Birmingham Repertory Theatre, First Class Legacy and Birmingham and Solihull Mental Health Foundation Trust.

### CESAME: Culturally Engaged and Sensitive Approaches to Mental health Education

The project is a collaboration between Glasgow School of Art, DeMontford University and the Centre, funding by UKRI's Emerging Minds network. The aim is to develop an approach that schools can use to promote good mental health that is tailored, culturally sensitive and inclusive.

Children and Young People Mental Health Coalition (CYPMHC) a membership body that brings together leading charities to campaign jointly on the mental health and wellbeing of children and young people. It is hosted by Centre for Mental Health.

### Adults Research incl. Prisons and Criminal Justice

St Giles Trust Evaluation–This project will evaluate an intervention of St Giles Trust and Project Future that aims to bridge people who receive this intervention into a range of supportive services that can address their health and social needs. The project began in July 2019 and will last for 2 years.

Evaluation of Clic –The Centre evaluated Clic UK, an online intervention in the form of a mental health support platform as an emergency response to the Covid-19 pandemic. The evaluation seeks to determine the effectiveness of the platform for those who visit the site and are experiencing poor mental health.

## 19 Purposes of restricted funds (continued)

### Economics

Baby Loss Counselling– the Centre has conducted an economic evaluation of the therapeutic support delivered by PETALS, the baby loss counselling charity. This was completed and published in July 2019.

### Other restricted funding

The Liaison Psychiatry (Maestro) project was funded by NIHR and led by Leeds University that will describe, classify and evaluate a number of models for the provision of Liaison Psychiatry services. The final report was produced and published in February 2020.

Psychology in Primary Care – British Psychological Society has grant-funded an evaluation of three services delivering psychological support in primary care Bradford, Catterick, Shrewsbury.

### Purposes of designated funds

The core funding reserve represents funds designated by the trustees to meet shortfalls arising while the organisation builds its capacity and experience in fundraising.

## 20 Operating lease commitments

The charity and group's total future minimum lease payments under non-cancellable operating leases is as follows for each of the following periods:

	Property 2021 £	2020 £	Equipment 2021 £	2020 £
Less than one year	–	–	938	1,607
One to five years	–	–	–	938
	–	–	938	2,545

## 21 Legal status of the charity

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.