

Registered Company Number: 4284605 (England and Wales)

Registered Charity Number: 1091052

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED
31 MAY 2021
FOR**

FISHGUARD AND GOODWICK YOUNG PERSONS TRUST LTD

Prepared by:

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FISHGUARD AND GOODWICK YOUNG PERSONS TRUST LTD

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FOR THE YEAR ENDED 31 MAY 2021**

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FISHGUARD AND GOODWICK YOUNG PERSON'S TRUST LTD REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31st MAY 2021

The trustees are pleased to present their annual directors' report together with the consolidated financial statements of the charity for the year ending 31st May 2021 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st May 2021. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Statement applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and Aims

As set out in the Articles, the purposes of the charity are the advancement of young persons, aged 11-25 who are resident in the stated areas of North Pembrokeshire, through the promotion of their spiritual, social, moral, cultural and physical development. The charity's mission statement is:

"This project will help young people to acquire the self-esteem, skills and self-confidence to cope with the personal and social problems of the transition from childhood to adulthood and to enable them to play an active role in the community where they live."

In shaping our objectives for the year and planning our activities, the trustees have considered the Charity Commission's guidance on public benefit, including the guidance 'public benefit: running a charity (PB2)'. Affordability and universal access for all young people aged 11-25 from the North Pembrokeshire area is extremely important to us. The majority of young people we support are from families who are marginalised due to living in a highly rural location with very limited access to services and good quality public transport. Many are also highly economically deprived; therefore, affordability is essential to ensure that all young people have equal access to services. Engaging young people positively in their local community forms a large part of our work with young people and is reflected in the aims and objectives.

The strategies employed to achieve the charity's aims and objectives are:

- To provide a drop-in service where young people can access non-discriminatory, non-judgemental, high-quality support and information in a warm, safe and welcoming environment. Where they can enhance their life skills, develop their interests and socialise with their peers and positive role models.
- To empower young people to make decisions and explore options and opportunities. To develop a sense of place for themselves within their community, society and the local environment.
- To deliver accredited and vocational training in an informal setting and at a pace that suits each individual, particularly for those young people who struggle in a school environment or who are either NEET (not in education, employment or training) or vulnerable to becoming (NEET).
- To inspire young people to take on the challenge of adventure activities with the aim of developing interests, enhancing confidence, self-esteem and team skills.
- To represent the needs and views of young people within their community and to work in partnership with them to action ideas.

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Putting these strategies into action we have 3 major areas of activity which are

- 1) 6 day per week drop in provision with a focus on wellbeing and physical activity, creativity and reaching potential, adventure, the outdoors sporting activities, intergenerational connections with the community, community activities.
- 2) educational and employability programmes;
- 3) more recently we are into year 1 of a 3-year programme that focuses on young people's emotional health and well-being, in particular a plan to provide in-house specialist low level mental health support including the plan to provide a counselling service, continuation of our intergenerational mentoring service for young people and group support for young people experiencing emotional health issues such as self-harm, anxiety exam stress, depression etc.

SIGNIFICANT ACTIVITIES

The Charity provides a youth drop-in centre, "The Popworks" which is a building leased (40-year lease) from Pembrokeshire County Council at a peppercorn rent, where young people aged 11-25, can meet in a safe environment, play, get involved in fun activities and obtain help and advice from the youth development workers. The centre acts as the base for a large range of activities which serves to fulfill its objectives (with recreational facilities, computer suite, kitchen, information on emotional, sexual and physical health etc.). The drop-in centre service is provided through Government funded Families First money, People and Places funding via National Lottery Community Fund, The Co-op Community Fund and Children in Need funding. The other building, "The Old Printworks" (private lease) houses our drop in employability skills for young people project. The Printworks also houses part of our Nurturing the Future emotional health and wellbeing project that provides a professional counselling service, mentoring from older members of the community who have been trained, Youth Mental Health First Aid training delivered by POINT staff who are trained facilitators in partnership with Mental Health Wales. The Popworks building houses part of the Nurturing the Future project activities including physical activities for wellbeing and the Mind Matters group support sessions for young people struggling with low level mental health issues who benefit from facilitated group support where they can be with other peers in similar situations.

A sample of the organisational activities that fits with the aims and objectives of these funding streams include: -

- Sport sessions, Fit Friday's local walking challenges and team building activities
- Discussion groups and structured workshops covering topics such as bullying, grief and loss, body image, substance misuse antisocial behaviour etc.
- Employability workshops, training and weekly drop-ins, opportunities for voluntary work and enterprise initiatives.
- One to one mentoring for young people by older members of the community around areas of a young person's life they may want some additional help and support with for instance, wellbeing support, employability skills, life skills, development of hobbies or interests, befriending.
- Alternative education for those young people who struggle in a more formal environment such as school, college etc. and who are at risk of exclusion or who have been identified as being in need of nurturing education.
- Accredited sessions which provide young people with evidence-based learning opportunities such as Duke of Edinburgh, John Muir, ASDAN accredited training delivered at a pace suitable for young people of all abilities.
- Fundraising activities such as cake and coffee mornings, car wash for Children in Need, Syrian Refugees and support with local events such as the RNLI fun day.
- The promotion of healthy lifestyles including the provision of C Card which is a local authority scheme which provides young people with sexual health advice alongside the provision of condoms.

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- Healthy living activities that involve cookery sessions and learning to grow produce in the youth centre garden and out in the community with the Fishguard and Goodwick Greening group who work to plant and maintain plants and flowers in public areas of the towns.
- Homemade healthy cooked meals at highly subsidized prices 5 days per week
- Theatre Forum sessions at the youth drop-in centre and the local primary and secondary schools on issues such as "celebrating difference" "Anti Bullying", "healthy relationships"
- "Sound of the Youth" youth forum where young people have the chance to have a voice about POINT and how it is run; also, about wider issues such as mental health, working with older people in the community. Sound of the Youth feeds into the Pembrokeshire Youth Forum.
- In-house access to external specialized services such as social services, Team Around the Family, "Choices" Drugaid's young people's substance misuse services.
- Arts and crafts and opportunities to develop and implement creative enterprise ideas.
- Engaging young people in outdoor and adventure activities such as coasteering, kayaking, surfing, mountain biking, adventure parks, outward bound residential activities etc.

ACHIEVEMENTS and PERFORMANCE

- **Formal/informal qualifications attained**

Formal Training

Mentoring training – During Sept 2020 to May 2021, we recruited and trained 4 mentors in our Nurturing the Future wellbeing and mental health support focused project. This training included "Becoming a Mentor", Safeguarding Level 1 and Youth Mental Health First Aid training.

Youth Mental Health First Aid – As part of the Nurturing the Future project 2 members of staff completed facilitator training in Youth Mental Health First Aid with Mental Health Wales and then went on to train / plan training for 41 participants from varying organisations. We have delivered to members of the community and the public, private and voluntary sector. The training has developed into a professional and accessible varied learning style delivery which includes online modules and 2 facilitated online 'webinars'. These webinars consolidate the learning of the online modules and give opportunity for learners to discuss their concerns and enthusiasm around supporting young people with a varied range of mental health related issues.

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Certificated awards

In order for young people to continue their learning in an informal way and on subjects and life skills that appeal to them, we enrol young people on the ASDAN awards where they can gain certificates in these subjects. This year we have enrolled 10 young people on the Football ASDAN course and 9 young people on the Sex and Relationship ASDAN (these have currently been paused due to COVID-19) Before we had to pause this work the young people showed an increase in team working with the football ASDAN and a greater understanding of communication. The boys taking part in the Sex and Relationship ASDAN had increased in awareness of their rights and self-esteem. Both groups were offered online zoom sessions to continue this but wanted to pause it until they can come into the centre.

We were due to offer the Foodwise ASDAN but due to lockdown we have been unable to do this, we have kept the young people's interest in cooking and food alive by providing 52 young people with 'recipe of the week' as part of our POINT on Your Doorstep scheme (see Popworks Drop in Stats)

Informal training

8 young people have taken part in the John Muir Award this year and are due to complete this by the end of September. The John Muir Award encourages awareness and responsibility for the natural environment through a structured yet adaptable scheme, in the spirit of fun, adventure, exploration and sharing. This year we have been focusing on "Nature in Towns"

11 young people have taken part in our lockdown walking challenge of the three peaks, great ocean road, the Grand Canyon and the length of Britain.

19 young people have taken part in our live digital cooking sessions (ingredients are delivered to the door of young people where possible so the staff have a chance to do welfare check ins with targeted young people who are vulnerable under the guise of delivering the ingredients for the cookery sessions). These have been very popular during the Tier 4 lockdown in January and February.

14 young people teamed up to help make a new picnic bench for the youth centre, with a Ranger from the National Park. The young people helped lay the pieces out and with guidance from staff and the Ranger (for safety purposes while using power tools), put together the whole bench by themselves.

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8 young people helped maintain their youth centres garden by taking part in a garden day. All the young people who took part were new members and work extremely hard to clear the flower beds, weed around the building and plant some new plants. This was our most successful garden day that has been held with everyone working extremely hard.

8 young people took part in a Junior Bake off. Over the course of 4 weeks, the young people paired up and were given a recipe card and ingredients for them to try their hand at baking. This was the first time the young people had cooked in the centre as they were all new members. They really enjoyed this, especially the competition aspect. Once the dishes were served, the other members of the drop in had to score the baked goods on the following categories: Taste, appearance, smell, texture and overall score.

- **Statistics**

Nurturing the Future project

OUTCOME 1 - 200 young people will have increased access to specialised mental health support

Indicator: Year 1 Target: 50 young people ('clients') taking up 1:1 /group counselling support.

Achieved: 29 young people

Challenges: Pandemic restrictions and nervousness in engaging in services, renovations, length of counselling, staff changes and Summer low referrals (more information below)

OUTCOME 2 - 300 young people will feel more confident, resilient and healthy

1.Indicator: Year 1 Target: 5 young people taking part in youth forum

Achieved: 3 young people (plus 36 being a part of key community decision making at local theatre)

Challenges: Pandemic restrictions and nervousness in engaging in services, other commitments of older young people (employment, university, college).

2.Indicator: Year 1 Target: 25 young people taking part in new activities

Achieved: 108 young people

Challenges: Accommodating all the interest fairly! Young people have been so enthusiastic in engaging in the wide variety of activities.

3.Indicator: Year 1 Target: 20 young people reporting and increase in Physical Health

Achieved: 100 young people

Challenges: Accommodating all the interest fairly! Young people have been so enthusiastic in engaging in the wide variety of activities.

4.Indicator: Year 1 Target: 40 young people reporting improvement in emotional wellbeing and coping strategies.

Achieved: 30 young people (plus engagement with online activities – e.g., 19 young people cooking along live) - see below

Cooking "Lovely Rice" - <https://youtu.be/-IJD5yAu3mc>

Challenges: Engagement of those young people who are 'hard to reach', adapting to online activity (although this had turned out really positively for a lot of activities).

OUTCOME 3 - 180 community members / parents / professionals engaged in YMHFA

Indicator: Target Year 1: 30 participants

Achieved: 41 participants engaged in YMHFA

Challenges: Facilitator training, training delivery and modules moved from planned face to face delivery to 100% online delivery.

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OUTCOME 4 – 90 Young People and 90 Older People will report an increase in connections with and understanding of different generations.

Indicator: Target Yr 1: 30 older people and 30 younger young people

Achieved: 20 older people and 41 young people

Challenges: Nervousness in engaging in activities, volunteering and access to 'usual' places we can conduct intergenerational activity.

Employ, Educate and Grow Employability programme

This was a 6-month project running from November 2020 to May 2021, funded via the Moondance Foundation to over young people coming out of lock down with some support to get back into work/ develop skills to get them closer to the job market.

Project Outcomes:

- The number of individual young people accessing POINT for employment support (target – 12) **Achieved 13 young people**
- The number of young people sessions (target 24) **Achieved: 42**
- The number of young people accessing further training after attending POINT (target 2) **Achieved: 8**
- The number of young people entering employment (target 6) **Achieved: 6**
- The number of young people who acquire new skills as a result of support e.g., time keeping, reliability, personal hygiene, emotional resilience (target 6) **Achieved: 9**

The number of young people who report improved confidence. **Achieved:** The Survey Monkey questionnaire showed that after attending their sessions with POINT, 33% reported more confidence in general, 19% reported confidence to apply for a job and attend an interview, 16% had more skills to update their CV, 16% had the skills and knowledge to set up a business and 16% reported other skills.

Children in Need Youth Drop in Project

BBC Children in Need funds part of the Popworks drop-in centre which provides a 6 day per week youth club provision for children and young people from a rural and low-income area.

Outcomes

- Young people will feel better about themselves **Achieved: 33 young people**
- Young people will have a stronger sense of pride in themselves **Achieved: 55 young people**
- Young people will have a greater belief that they can achieve **Achieved: 60 young people**

Mind Matters (mental health project funded by Waterloo Foundation which provides structured group support to young people in the form of fun games, and using theatre forum techniques to build resilience

We have worked with **25 young people** this year as part of our Mind Matters group. These groups were firstly held online with a group of 5 young people. A new in person group was then put together with 19 young people in year 6 who were struggling with the prospect of moving to high school. Each session starts with an opening circle where the young people can put a number from 1-10 on how they are feeling. This is repeated at the end of the session. 100% of young people increased their numbers by the end of the session, explaining that the group had made them feel better. The average starting number in the circles was 7.3 and the average number at the end of the session was 9.8. Forum Theatre techniques are used in these sessions to improve wellbeing, resilience, confidence and self-esteem and looking at ways to change situations where you have felt oppressed. One young person who has attended these workshops was exceedingly shy and would not take part in the opening or closing circles or talk to staff. Flash cards were

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made for this young person so they were still able to participate and by the end of the 6 sessions, the young person was having 1-1 conversations with staff, which was a great achievement.

Other Youth Drop in Statistics

Statistics from May 2020 – May 2021

Online Quizzes – 11 provided

Online Gaming - 28 Gaming sessions provided

Lockdown walking Challenges – 9 weeks – 13 young people took part

Instagram live cooking – 11 online sessions – 16 young people took part

Doorstep Visits – 246 visits conducted, a total of 346 interventions

Food Packages – 182 given out

Online 1:1 support – 22 sessions

Face to face EHWP appointments: 18

- **Promotion of services**

There have been a large number of publications in the local newspapers that have promoted some of the work we do with young people and older members of the community. These articles have helped to promote POINT in a positive light within the community. We also have a huge presence on our public social media pages such as 2 x Facebook pages one for young people and parents and one for the community, Twitter, TiK Tok and Instagram which we use as platforms to communicate with young people and members of the community to let them know what opportunities we have coming up and they can get involved. During the lock down period, our social media pages were absolutely crucial in assisting us to be able to adapt our services to become digital and to continue to ability to be able to connect with young people remotely.

- **Evaluation**

In order to ensure that young people are having their say about how the POINT services are being run and to make any suggestions for improvement, we conduct surveys to gain the views of young people. We also have a "suggestions box" that we have at a central point within the building so young people have the opportunity to make suggestions at any time of year. We also routinely collect evaluations from young people in various and creative ways following every trip or organized activity. Below is a summary of some of the questions asked and the results from the "Your Views" survey conducted in the Spring of 2021 where 71 young people answered the following questions:

Out of 71 young people, 65% said that if it were not for the activities that POINT put on, they would not have been active that day - when asked what activities they would have been doing instead - 57% said they would have spent the day on some sort of device (phone, Xbox, ps4 etc)

- 61% of young people said that POINT has raised their confidence
- 94% said that their sense of pride has improved since attending POINT activities
- 54% felt they had pushed themselves out of their comfort zone
- 10/25 certificated awards have been completed - please see above.
- 100% reported that POINT makes them happy
- 96% reported that they felt POINT was a user led service

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- 89% reported they had gained a new skill through attending POINT
- 93% reported an improvement in their resilience
- 93% reported an improvement in their emotional wellbeing
- 86% reported they were healthier since attending POINT
- 100% reported an improvement in the way they communicate with others
- 93% reported they could make positive changes to their lifestyles and behaviours since attending POINT
- 96% felt POINT was their safe place
- 100% reported the youth workers were easy to talk to
- 100% felt that through attending the targeted workshops they learnt something new and gained new knowledge
- 67% who attended the environmental workshops reported that they reflected on their own impact on the environment

PUBLIC BENEFIT

The charity has referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing its aims and objectives and in planning its future activities. In particular, the Trustees consider how planned activities will contribute to the aims and objectives they have set. The charity meets the public benefit requirement of relief of those in need by reason of youth, financial hardship or another disadvantage.

FINANCIAL REVIEW

We are now coming towards the end of year 1 of our National Lottery funding Nurturing the Future project and our Children in Need drop in provision funding. Both of these projects are our major funders and the projects are for 3 years taking us to August 2023.

We receive £31,000 per year of local authority Children and Families funding (formerly known as Families First) to assist with staffing costs and structured activities for our drop-in service, plus our Saturday evening provision. This funding is reviewed yearly and often we do not hear until after the April deadline as to whether we will continue to receive this funding for the year. We have been told that the funding is likely to continue in 2021.

A Fundraising Committee meeting held every 3 months with the General Manager, 3 Trustees and the PAC and Drop in Managers to look at the strategy for future funding for the different projects we have with POINT. All the Trustees and the General Manager are committed to seeking alternative funding for the various drop-in projects we have and the committee's regular meetings ensure that applications are made in plenty of time to replace a stream of funding when it is due to run out.

RESERVES POLICY AND GOING CONCERN

We currently have reserves of £102,395 which allow us approx. 6 months of operating costs. We also have a separate pot of money which currently stands at £17,755 which is money that has been put aside to cover the possibility of a redundancy process should we ever be in a position where we lose all funding and have to dissolve as a charity.

The trustees have reviewed the circumstances of Fishguard and Goodwick Young Person's Trust and consider that adequate resources continue to be available to fund the activities of the trust for the foreseeable future. The Trustees are of the view that the Trust is a going concern.

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FUTURE DEVELOPMENTS

Plans for the Future include: -

Our current strategy is to look at ways that our health and wellbeing project can continue beyond the 3 years. It is very clear that Covid 19 has affected young people's emotional wellbeing and their ability to be resilient. We will seek some core funding through the Hywel Dda NHS Trust or through Public Health Wales or the Welsh Government. In addition to this we are seeking to look for continuation funding for our health and wellbeing project via funders such as the National Lottery People and Places large grants and via Children in Need. We are also working in partnership with organizations such as Area 43, other charity youth drop in provisions in Pembroke shire and the Pembs County Council Youth Service, Pembrokeshire Care Society to develop a large region wide project that addresses the health and wellbeing of young people throughout Pembrokeshire (e.g., Mind Our Future and End Homelessness Fund, National Lottery funded grant opportunities).

We plan to gain feedback from as many young people in the North Pembrokeshire community to find out from them what they think POINT does well and what they would like to see from POINT services in the future. This valuable feedback will then form the focus of our Strategy Day which we plan to hold with staff, trustees, volunteers, and young people in the autumn of 2021.

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REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number 4284605 (England and Wales)

Registered Charity Number 1091052

Registered Office Popworks, Parc-y-Shwt, Fishguard, Pembs. SA65 9AP

Trustees

P. Worth, **Chair of Trustees**

P. Thomas, **Secretary**

P. Morgan, **Treasurer**

Prof. T. Care

K. Davies

E. Evans

R. Kedward

P. Davies

Reverend J. Spencer (newly appointed in AGM on 3rd Dec 2020)

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Key management personnel:

General Manager

Z. Davies

Chair of Trustees

P. Worth

Company Secretary

P. Thomas

Independent Examiner

Pritchard's Accountants
Ffynnoddofn
74 High Street
Fishguard
SA65 9AU

Banker

HSBC
41 High Street
Haverfordwest
Pembs
SA61 2BU

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STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

The Charity is a charitable company limited by guarantee as defined by the Companies Act 2006, governed by its Memorandum and Articles of Association. It was incorporated on 10 September 2001 and is governed by its articles as amended by special resolution on 31 May 2010. It is registered as a charity with the Charity Commission.

Wider Network

The Charity, which is otherwise known as POINT, has in the past year been actively seeking to develop good relationships within the community in order to develop the long-term future of the project by raising community awareness of POINT and its activities. It recognizes that it is important for the project to continue to develop a good working relationship with the public sector. It also regularly consults with the community to gain feedback on performance and also with future plans. We work closely with other similar organizations such as Pembrokeshire Youth Service and other charity youth provisions in North and South Pembrokeshire and are part of a charity youth service consortium. We are members of the Council for Wales Voluntary Youth Services (CWVYS) and also Pembrokeshire Association of Voluntary Services (PAVS). We also have very close partnerships working in place with other agencies working in the area such as Pembrokeshire Coast National Park, Transition Bro Gwaun, Pembrokeshire County Council Youth Outreach Team, Gwalia, substance misuse services - Drugaid, Workways, Futureworks, the local Community Safety Police and other local groups and fellowships including The Soroptimists, The Friendship Circle, The Good Neighbors' Club, The Rotary, The Lions, the Sea Trust etc.

Appointment of Trustees

The Trustees constitute directors of the charity for the purposes of the Companies Act 2006 and Trustees of the charity for the Charities Act 2006 and have complied with the duty in section 4 of the 2006 Charities Act to have due regard to guidance published by the Charity Commission. Details of appointment of trustees are cited in the Articles of Association. Please see excerpt from the Articles of Association below:

6. *No person other than a trustee retiring by rotation shall be appointed or reappointed a trustee at any general meeting unless:*
 - (1) he is recommended by the trustee; or*
 - (2) not less than fourteen nor more than thirty-five clear days before the date appointed for the meeting, notice executed by a member qualified to vote at the meeting has been given to the Charity of the intention to propose that person for appointment or reappointment stating the particulars which would, if he were so appointed or reappointed, be required to be included in the Charity's register of trustees together with a notice executed by that person of his willingness to be appointed or reappointed.*
7. *No person may be appointed as a trustee:*
 - (1) if they are under the age of 18 years unless the charity is a registered company;*
 - (2) in circumstances such that, had he already been a trustee, he would have been disqualified from acting under the provisions of Article 38.*
8. *Not less than seven nor more than twenty-eight clear days before the date appointed for holding a general meeting notice shall be given to all persons who are entitled to receive notice of the meeting of any person (other than a trustee retiring by rotation at the meeting) who is recommended by the trustees for appointment or reappointment as a trustee at the meeting or in respect of whom notice has been duly given to the Charity of the intention to propose him at the meeting for appointment or reappointment as a trustee. The notice shall give the particulars of that person which would, if he were so appointed or reappointed, be required to be included in the Charity's register of trustees.*
9. *Subject as aforesaid, the Charity may by ordinary resolution appoint a person who is willing to act to be a trustee either to fill a vacancy or as an additional trustee and may also determine the rotation in which any additional trustees are to retire.*

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10. *The trustees may appoint a person who is willing to act to be a trustee either to fill a vacancy or as an additional trustee provided that the appointment does not cause the number of trustees to exceed any number fixed by or in accordance with the articles as the maximum number of trustees. A trustee so appointed shall hold office only until the following annual general meeting and shall not be taken into account in determining the trustees who are to retire at the meeting. If not reappointed at such general meeting, he shall vacate office at the conclusion thereof.*

TRUSTEE INDUCTION AND TRAINING

The trustees seek to ensure that the community of Fishguard and Goodwick is represented on the Board and that trustees are well trained in the governance of a charity. The Board ensures that there are no interests which may cause a conflict in the role of a trustee or senior staff member including any related party transactions. Trustees are selected by personal contact and are subject to election to the Board. The maximum number of Board members remains at nine. All newly appointed trustees undergo an orientation day to brief them on: Their legal obligations under charity and company law, the Charity Commission guidance on public benefit. They are informed of the content of the Memorandum and Articles of Association, the committee and decision-making processes, the business plan and financial performance of the charity. During their induction day they meet key employees and other trustees. Trustees are encouraged to attend appropriate external training events which help to facilitate the undertaking of their role.

ORGANISATION

The number of trustees shall not be less than three (unless otherwise determined by ordinary resolution) and shall not be subject to any maximum. The Board meets every 8 weeks and there is a subcommittee covering funding and finance that also meets 3 monthly. A General Manager is appointed by the trustees to manage the day-to-day operations of the charity. To facilitate operations, the General Manager has delegated authority for some operational matters including finance and young people's activities and projects.

RELATED PARTIES AND CO-OPERATION WITH OTHER ORGANISATIONS

None of the trustees receive remuneration or other benefit for their work with the charity. Any connection between a trustee or senior manager of the charity and a related organisation or party must be disclosed to the full board of trustees in the same way as any other contractual with a related party. Over the past year, no such connections were reported.

PAY POLICY FOR SENIOR STAFF

The Board of Trustees, who are the POINT's Trustees, and the General Manager make up the key management personnel of the charity in charge of directing and controlling, running and operating the Trust on a day-to-day basis. All trustees give of their time freely and no trustees received remuneration this year. The Articles of Association states the following with regards to director expenses:

39. *The trustees may be paid all reasonable travelling, hotel and other expenses properly incurred by them in connection with their attendance at meetings of trustees or committees of trustees or general meetings or otherwise in connection with the discharge of their duties but shall otherwise be paid no remuneration.*

The pay of the General Manager is reviewed annually and increased in accordance with average senior management earnings in the area. In view of the nature of the charity, the Trustees benchmark against pay levels in other Pembrokeshire charity youth centres of a similar size.

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RISK MANAGEMENT

In accordance with best practice, the major risks to the charity, as identified by the Trustees, have been reviewed and the Trustees confirm that systems and/or procedures are in place to manage those risks and provide reasonable assurance against fraud and error.

RESPONSIBILITIES OF THE TRUSTEES

Company law required the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the trustees should follow best practice and select suitable accounting policies and then apply them consistently; observe the methods and principles in the charities SORP; make judgments and estimates that are reasonable and prudent; and prepare the financial statements on the going concern basis unless it is inappropriate to assume that the company will continue on that basis.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to Small Companies.

Approved by the Executive Committee on 6/12/21.

Signed on its behalf by:
Chairperson/Director/Trustee

..... 

Ms. Perys Worth

Chairperson of the Board of Trustees

ON BEHALF OF THE BOARD

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
FISHGUARD AND GOODWICK YOUNG PERSONS TRUST LTD**

I report on the account for the year ending 31 May 2021 set out on pages 19 to 29.

Respective Responsibilities of Trustees and Examiner

As the trustees (who are also the directors for the purpose of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not subject to required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102)

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



I R Williams FCA FCCA
Pritchard & Co
Ffynnonddofn
74 High Street
Fishguard
Pembrokeshire
SA65 9AU

05 November 2021

FISHGUARD AND GOODWICK YOUNG PERSONS TRUST LTD

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MAY 2021**

		Unrestricted funds £	Restricted funds £	Total 2021 funds £	Total 2020 funds £
	Notes				
INCOMING RESOURCES					
Donations and legacies		3,239	-	3,239	2,008
Incoming resources from charitable activities:					
Big Lottery Fund		-	109,568	109,568	150,036
Children in Need		-	25,902	25,902	37,070
Co-op Community Fund		-	3,998	3,998	4,774
Dulverton Fund		-	10,000	10,000	-
Enhancing Pembrokeshire		-	-	-	4,737
Families First		-	26,020	26,020	16,000
Families First Saturdays		-	22,000	22,000	16,425
Magic Little Grant		-	-	-	500
Masonic Fund		-	5,000	5,000	5,000
Moondance Foundation		-	13,955	13,955	-
Pembrokeshire County Council		-	1,000	1,000	5,000
Street Games		-	-	-	1,000
SVP Project		-	-	-	5,000
Waterloo Foundation		-	10,000	10,000	25,000
YOPS		-	-	-	400
Other trading activities	2	25,609	-	25,609	3,311
Investments	3	33	-	33	282
Total incoming resources		28,881	227,443	256,324	276,543

FISHGUARD AND GOODWICK YOUNG PERSONS TRUST LTD

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MAY 2021**

	Notes	Unrestricted funds £	Restricted funds £	Total 2021 funds £	Total 2020 funds £
RESOURCES EXPENDED					
Charitable activities					
Be Postive		-	-	-	1,501
Big Lottery Fund		-	129,322	129,322	147,473
Charitable activity		20,429	-	20,429	(415)
Children in Need		-	30,720	30,720	29,273
Co-op Community Fund		-	692	692	2,981
Crime Commissioner's Fund		-	-	-	-
Enhancing Pembrokeshire		-	-	-	4,023
Families First		-	14,259	14,259	15,508
Families First Saturdays		-	13,171	13,171	15,241
Henry Smith		-	-	-	23,650
Masonic Fund		-	4,179	4,179	4,448
Moondance Foundation		-	7,935	7,935	-
Pembrokeshire County Council		-	-	-	2,097
Street Games		-	-	-	300
SVP Project		-	-	-	4,324
Waterloo Foundation		-	20,778	20,778	3,405
YOPS		-	-	-	1,048
Governance costs		1,020	-	1,020	945
Total resources expended		21,449	221,056	242,505	255,802
Net income/(expenditure) for the year		7,433	6,387	13,819	20,741
Transfers between funds	10	4,586	(4,586)	-	-
Net movement in funds		12,019	1,801	13,819	20,741
RECONCILIATION OF FUNDS					
Total funds brought forward		65,073	136,764	201,837	181,096
TOTAL FUNDS CARRIED FORWARD		77,092	138,565	215,656	201,837

FISHGUARD AND GOODWICK YOUNG PERSONS TRUST LTD

**BALANCE SHEET
AT 31 MAY 2021**

	Notes	Unrestricted funds £	Restricted funds £	Total 2021 funds £	Total 2020 funds £
FIXED ASSETS					
Tangible assets	7	1,736	6,285	8,021	8,237
CURRENT ASSETS					
Debtors	8	-	-	-	190
Cash at bank and in hand		75,356	136,105	211,461	195,462
Total current assets		75,356	136,105	211,461	195,652
LIABILITIES					
Creditors: amounts falling due within one year	9	(3,826)	-	(3,826)	(2,052)
NET CURRENT ASSETS		71,530	136,105	207,635	193,600
TOTAL ASSETS LESS CURRENT LIABILITIES		73,266	142,390	215,656	201,837
TOTAL NET ASSETS		73,266	142,390	215,656	201,837
THE FUNDS OF THE CHARITY	10				
Restricted income funds				138,565	136,764
Unrestricted funds				77,092	65,073
TOTAL CHARITY FUNDS				215,656	201,837

FISHGUARD AND GOODWICK YOUNG PERSONS TRUST LTD

**BALANCE SHEET
AT 31 MAY 2021**

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 May 2021.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 May 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

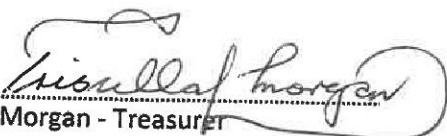
These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The notes at pages 22 to 27 form part of these accounts.

The financial statements were approved by the Board of Trustees on the 5 November 2021 and were signed on behalf by:


P.Worth - Chair


P.Thomas - Company Secretary


P.Morgan - Treasurer

FISHGUARD AND GOODWICK YOUNG PERSONS TRUST LTD

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2021

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Small Entities (effective April 2008), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	20% on cost
Fixtures and fittings	20% on cost
Computer equipment	25% on cost

Items below £150 are not capitalised

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

FISHGUARD AND GOODWICK YOUNG PERSONS TRUST LTD

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2021

2. ACTIVITIES FOR GENERATING FUNDS

	2021	2020
	£	£
Fundraising events	3,671	1,286
Tuition	1,938	2,025
	<u>5,609</u>	<u>3,311</u>

3. INVESTMENT INCOME

	2021	2020
	£	£
Deposit account interest	<u>33</u>	<u>282</u>

4. NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting):

	2021	2020
	£	£
Depreciation - owned assets	3,602	4,511
Accountancy	<u>1,020</u>	<u>1,194</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 May 2021 nor for the year ended 31 May 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 May 2021 nor for the year ended 31 May 2020.

6. STAFF COSTS

	2021	2020
	£	£
Wages and salaries	155,832	181,110
Pension contributions	12,507	14,024
	<u>168,339</u>	<u>195,134</u>

The average number of employees during the year was as follows:

	2021	2020
Charitable activities	<u>11</u>	<u>13</u>

No employee was paid over £60,000.

FISHGUARD AND GOODWICK YOUNG PERSONS TRUST LTD

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2021

7. TANGIBLE FIXED ASSETS

	Plant & machinery £	Fixtures & fittings £	Computer equipment £	Totals £
Cost				
At 1 June 2020	18,150	15,686	23,716	57,552
Additions	1,454	-	1,932	3,386
At 31 May 2021	<u>19,604</u>	<u>15,686</u>	<u>25,648</u>	<u>60,938</u>
Depreciation				
At 1 June 2020	14,647	15,686	18,982	49,315
Charge for year	1,134	-	2,468	3,602
At 31 May 2021	<u>15,781</u>	<u>15,686</u>	<u>21,450</u>	<u>52,917</u>
Net book value				
At 31 May 2021	<u>3,823</u>	<u>-</u>	<u>4,198</u>	<u>8,021</u>
At 31 May 2020	<u>3,503</u>	<u>-</u>	<u>4,734</u>	<u>8,237</u>

Items above £150 are capitalised and accounted for as a fixed asset additions. Impairment reviews are carried out where necessary

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade debtors	-	-
Prepayments	-	190
	<u>-</u>	<u>190</u>

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade creditors	-	40
Other creditors	2,501	875
Credit card	1,325	1,137
	<u>3,826</u>	<u>2,052</u>

FISHGUARD AND GOODWICK YOUNG PERSONS TRUST LTD

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MAY 2021**

10. MOVEMENT IN FUNDS

	At 01/06/20	Net movement in funds	Transfer between funds	At 31/05/21
Unrestricted funds				
General fund	65,073	7,433	4,586	77,092
Restricted funds				
Be Positive	2,710	-	(2,710)	-
Big Lottery Fund	54,826	(19,754)	-	35,072
Children in Need	20,375	(4,818)	-	15,557
Co-op Community Fund	7,565	3,306	-	10,871
Dulverton Fund	-	10,000	-	10,000
Enhancing Pembrokeshire	714	-	-	714
Families First	12,092	11,761	-	23,853
Families First Saturdays	7,587	8,829	-	16,416
Magic Little Grant	500	-	(500)	-
Masonic Fund	552	821	-	1,373
Moondance Foundation	-	6,020	-	6,020
Pembrokeshire County Council	2,903	1,000	-	3,903
Street Games	700	-	(700)	-
SVP Project	676	-	(676)	-
Waterloo Foundation	25,564	(10,778)	-	14,786
	<u>136,764</u>	<u>6,387</u>	<u>(4,586)</u>	<u>138,565</u>
Total funds	<u>201,837</u>	<u>13,819</u>	<u>-</u>	<u>215,656</u>

FISHGUARD AND GOODWICK YOUNG PERSONS TRUST LTD

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MAY 2021**

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
Unrestricted funds			
General fund	28,881	(21,449)	7,433
Restricted funds			
Big Lottery Fund	109,568	(129,322)	(19,754)
Children in Need	25,902	(30,720)	(4,818)
Co-op Community Fund	3,998	(692)	3,306
Dulverton Fund	10,000	-	10,000
Families First	26,020	(14,259)	11,761
Families First Saturdays	22,000	(13,171)	8,829
Masonic Fund	5,000	(4,179)	821
Moondance Foundation	13,955	(7,935)	6,020
Pembrokeshire County Council	1,000	-	1,000
Waterloo Foundation	10,000	(20,778)	(10,778)
	<u>227,443</u>	<u>(221,056)</u>	<u>6,387</u>
Total funds	<u><u>256,324</u></u>	<u><u>(242,505)</u></u>	<u><u>13,819</u></u>

FISHGUARD AND GOODWICK YOUNG PERSONS TRUST LTD

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2021

11. RESERVES

	At 1 June 2019	Incoming resources	Resources expended	Transfers	At 31 May 2020
General reserves	62,764	28,881	(21,449)	4,586	74,783
Total unrestricted reserves	62,764	28,881	(21,449)	4,586	74,783
Restricted reserves	118,330	227,443	(221,056)	(4,586)	120,131
	181,094	256,324	(242,505)	-	194,913

Restricted reserves

Restricted reserves have arisen due to grant funding received in advance of the related expenditure.

Designated reserves

The Trustees have designated funds of £120,150 (£102,395 for reserves and £17,755 for redundancies) (2020 - £118,036) representing approximately 6 months (2020 - 6 months) of operating costs to provide time to seek alternative funding should the necessity arise; and to cover payments to staff in the event that the charity has to close. Details are given in the trustees report under Reserves Policy and Going Concern.

12. CHARITY STATUS

The charity is a private company limited by guarantee and consequently does not have share capital. The liability of the members in the event of liquidation is limited to £10 per member.

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MAY 2021**

This page does not form part of the statutory financial statements

FISHGUARD AND GOODWICK YOUNG PERSONS TRUST LTD

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MAY 2021**

	2021	2020
	£	£
RESOURCES EXPENDED		
Charitable activities		
Project development salaries	155,832	181,110
Pension contributions	12,507	14,024
Insurance	1,187	994
Light and heat	2,406	4,291
Telephone	2,778	2,475
Office expenses	3,580	3,594
Advertising	2,111	641
Rent	13,711	12,792
Rates	-	158
Activities	15,153	15,221
Travel and subsistence	156	158
Equipment leasing	861	2,493
Repairs and renewals	1,561	2,601
Building repairs and renewals	9,154	1,685
Subscriptions	1,206	305
Cleaning	4,602	3,250
Training	11,032	4,260
Accountancy	1,020	1,194
Bank Charges	33	32
Companies House	13	13
Plant and machinery depreciation	1,134	1,503
Fixtures and fittings depreciation	-	640
Computer equipment depreciation	2,468	2,368
Total	242,505	255,802
Net income/(expenditure)	13,819	20,741