

**Charity Registration No. 1090851
Company Registration No. 03735375**

**ROSETTA LIFE
(A Company Limited By Guarantee)**

**Annual Report and Unaudited Financial Statements
for the year ended
31 March 2025**

**Wenn Townsend
Chartered Accountants
Oxford**

Rosetta Life
(A company limited by guarantee)

Legal and Administrative Information

Trustees	Ms S Bazin Dr D Stanley-Chard Mr G Jones Professor N Ward Ms Pauline Boye Ms O Dix
Charity Number	1090851
Company Number	03735375
Registered Office	3 Brook End Chadlington Near Chipping Norton Oxon OX7 3NF
Independent Examiner	Wenn Townsend 30 St Giles Oxford OX1 3LE

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Trustees' Report (including Directors' Report)
for the year ended 31 March 2025

Foreword by Sarah Bazin, Rosetta Life Trustee and Chair

Once again it has been my privilege to serve on the Board of Trustees during another year of exciting growth and recognition for Rosetta Life. As a Trustee, I am ensuring that the board is aware of the Charity Commission's latest Charity Governance Code as it applies to the good governance of Rosetta Life.

This year, I am delighted that Rosetta Life has been able to disseminate the outcomes of our research carried out with King's College London research project commissioned by the Wellcome Trust to research the scaling up of arts-in-health interventions across the NHS.

Key headline findings showed that the programme evidenced significant improvement in the cognitive health and physical, psychological and social well-being of people who have experienced stroke, together with noteworthy improvement in emotional well-being, including enabling the ability to thrive; through the medium of performance. I am delighted that we are able to celebrate the medium of performance as a mechanism for transformative change for people living with stroke and brain injury.

Key partnerships have grown and thrived through the year and we particularly celebrate our work across Camden and the partnership with The Place, London.

Significant funding from The Wellcome Trust has enabled us to pilot our youth leadership programme for climate justice through cultural programming and we are delighted that we were able to celebrate this at Climate Action Week in New York as part of the Wellcome Trust's Canopy Programme.

Our innovation continues with the new programme for young carers, creating a new strand of work dedicated to peer to peer working and programming. Over 40 young carers in England and South Africa have been recruited for the pilot phase and I look forward to seeing the impact of this work and our other programmes next year.

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Trustees' Report (including Directors' Report)
for the year ended 31 March 2025

The trustees present the Charity's report for the year ended 31 March 2025

Legal and administrative information set out on page 2 forms part of this report. The financial statements comply with current statutory requirements, the Memorandum & Articles of Association and the Statement of Recommended Practice – Accounting and Reporting by Charities (March 2005).

OBJECTS OF THE CHARITY

The Charity's objects ("The Objects") are: -

- a) The relief of the emotional suffering of persons living with life-limiting illnesses or facing serious loss by providing a creative service that enables individuals to document their lives in whatever form is appropriate to each individual's creative and psychological needs.
- b) To advance the recovery of those who have faced or are facing a life-limiting illness or experiencing loss by providing them with access to creative skills that will restore their self-confidence and self-esteem within the micro- and macro- levels of their communities.
- c) To advance the education of the public:
 - 1) By presenting exhibitions, performances and screenings of the creative work of those living with life-limiting illness and promoting the significance of the life experiences of those living with life-limiting illness or loss/es to the wider community.
 - 2) By providing training packages for artists, medical and nursing staff.

PURPOSE AND VALUES

Rosetta Life is a registered charity established by a group of artists in 1997 with a mission to transform the stigma of ill health and change the perception of disability through the performing arts.

The charity is a community of artists, activists, technologists with experience of life-altering health conditions and care. In collaborations with participants, we co-design creative programmes and make artworks that drive social change. The charity is groundbreaking in its vision for arts-in-health, embracing a participatory approach to synthesizing traditional and digital art forms.

Rosetta Life has devised a range of creative approaches aimed at restoring self-confidence and challenging the stigma of newly acquired disabilities. Our emphasis is mainly, but not exclusively, on the performance arts. The charity is recognised for its policy of developing co-design, co-production and co-creation arts practices. Participants and partners engage fully in the creative and public presentation process and own the authorship of the works they make.

The charity is dedicated to working through the arts to enable the vulnerable and frail who are living with life-limiting illnesses and loss to recover the confidence and agency that illness so often takes away. Public performances ensue from these processes, enabling people to become advocates for the Rosetta Life creative model and the issues that are important to them – forming our expanding team of Stroke Ambassadors.

The graduates of our programmes are offered progression pathways to join leadership groups and advise on the development of our core programmes. Our core programmes are Stroke and Brain Odysseys, an evidenced performance arts programme to support recovery from brain injury; Heart of Care, a public facing digital programme to render visible the complex challenges facing those who work in family and community caring roles; and Place4Hope, a youth leadership programme driving climate action.

Over the course of this operating year Rosetta Life has continued to drive innovation in arts-in-health programmes and policies, acting as a catalyst for innovation in change in the arts-and-health sectors. The charity has had a string of recent successes in promoting the model for Stroke Odysseys and exploring ways to replicate and widen access to this beyond London and is now extending this vision to include young carers and young people experiencing anxieties about the future of the planet

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for the year ended 31 March 2025

PURPOSE AND VALUES (CONTINUED)

Rosetta Life will invest in organisational development, in our board of trustees, and also in our communication strategies to raise the profile of the work of the charity.

ORGANISATIONAL STRUCTURE

The Charity is a company limited by guarantee and a registered charity. The Charity is UK based with its registered office in West Oxfordshire. We operate out of a shared working space in Lambeth, South London where Stroke and Brain Odysseys has a base in a community centre.

The Charity's governing body is the Board of Trustees, which comprises not less than three members who are elected by the existing trustees. New trustees are invited to the board by the trustees and approved by the governing body. Induction of trustees is provided by a training pack and training is offered as requested.

The trustees oversee the work of the Charity, consider future projects and approve strategic decisions for the organisation.

The major risks to which the Charity are exposed, as identified by the trustees, are regularly reviewed, and where appropriate, professional advisors are sought to mitigate those risks.

The organisation operates as a network of associate artists. All artists have a contract with Rosetta Life defining their role in specific projects. In addition, all who graduate from our programmes are offered further progression routes to become ambassadors or join leadership advisory groups to support the development of the programmes

The artistic director of Rosetta Life is Lucinda Jarrett. Executive Producer is Jennie Sweeney, Karen Warner is Finance & Operations Manager and we appointed an international programme producer, Dina Ntziora, to lead the youth leadership climate action programme in May 2024.

The Trustees, who are also directors for the purpose of company law, and who served during the year were:

Mrs.Sarah Bazin
Pauline Boye
Olivia Dix
Gareth Jones
Denise Stanley-Chard
Professor Nick Ward

None of the Trustees has any beneficial interest in the company. All of the Trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Under the memorandum and articles of association, the trustees have the power to make any investment that they see fit.

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Trustees' Report (including Directors' Report)
for the year ended 31 March 2025

DEVELOPING THE ORGANISATION OBJECTIVES 2024 - 2025

Our key objectives were:

1. To explore the upscaling of Stroke and Brain Odysseys.
2. Develop the global creative programme for young people by nurturing the youth leadership programme and focussing the new programme on our shared concerns for the planet
3. Pioneer a new programme for young carers, meeting an identified need to create a peer-to-peer creative learning programme
4. Explore the possibilities of immersive 360filmmaking with adult carers developing access to new technologies for older groups.

PARTNERSHIPS

Health Partnerships

Hospitals, hospices, and community health care organisations remain affiliated to the Rosetta Life network and strong partnership working means that cross regional and national projects thrive.

We continue to support the development of dance practices for people living with Lymphoedema through our partnership with Accelerate CIC.

New partnerships were forged with Headway Thames Valley, Plymouth Young Carers and Young Carers Programme Leads from Kingston Carers Networks.

Climate and Health Partnerships

New international partnerships were formed to bring a network of 18 international partners participating in the new youth leadership network for climate action.

New partnerships were formed with UNFCCC, United Nations Framework Convention for Climate Change to make links between our new youth leadership programme for climate change and the youth presidency.

Higher Education Partnerships

Partnerships were maintained with Kings College London as we continue to deliver and disseminate outcomes from SHAPER, the arts and health research impact award funded by The Wellcome Trust.

An honorary research fellowship was awarded to Lucinda Jarrett to enable us to strengthen partnerships with UCL

New partnerships were formed with the University of Plymouth and School of Arts University of Sydney.

Arts Funding Partnerships

Strong partnerships are essential to enable small arts organisations to deliver projects professionally and on budget. For example, continuing partnerships with The Cultural Programming Team at Kings College London, The Wellcome Trust, The Global Strategy Lab, South Street Arts Centre, Reading, The Place, London's Centre for Contemporary Dance, London Voluntary Arts in England and Ireland, and Wall2Wall Music, Derry/Londonderry.

In addition, we have nurtured new arts partnership with Real Ideas, Plymouth to work with Plymouth Young Carers as local delivery partners and with Academy of Contemporary Music, London to support student placements for music composition.

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ARTISTIC ACTIVITIES 2024 – 2025

I. Stroke and Brain Odysseys

In 2024 the four year research programme, SHAPER, Scaling-up Health-Arts Programmes: Implementation and Effectiveness Research that we had been part of culminated with the dissemination of our research at two research conferences.

In June Rosetta Life collaborated with our arts partners, The National Centre for Creative Health and our research partners Kings College London to explore how we work together to celebrate our practices, scale and grow them nationwide.

In August 2024 SHAPER took part in Healing Arts Scotland, the first ever national festival of arts and healthcare. Alongside SHAPER programme managers and our partner arts organisations English National Ballet and Breathe Arts Research, Lucinda Jarrett led conference presentations and seminars about the impact of SHAPER on our communities.

In November 2024 a national conference at The Science Gallery shared the outcomes of our participatory action research, our digital engagement and our mixed methods research.

Dr Jean Harrington, Honorary Research Fellow, Kings College London and Maya Caan, Occupational Therapist, Kings College London led the evaluation of a community-based performance arts programme for people that have experienced stroke in the UK – protocol for the SHAPER-Stroke Odysseys study

Below we list the headline outcomes from Stroke and Brain Odysseys evaluations.

- significant improvement in the cognitive health and physical, psychological

and social well-being of people who have experienced stroke, together with noteworthy improvement in emotional well-being, including enabling the notion to thrive; through the medium of performance.

- the concept of SO, including mechanisms of delivery and interactions between

participants, is acceptable, feasible to undertake and appropriate to survivors, stroke ambassadors, artists, and clinician referrers to the programme.

- the successful broad implementation of the low-risk, cost-effective intervention

requires that we divert resources upstream and downstream to effectively reduce challenges embedded in present social/community infra-structure.

Dr Caroline Ellis Hill, a participatory action researcher from Bournemouth University, led a co-produced research programme exploring what Participatory Performance Arts Education offers the Acquired Brain Injury rehabilitation pathway?

Three topline findings

- The participants reported how the Stroke and Brain Odysseys programme transformed their lives from feeling lost and invisible to feeling safe, part of something amazing, feeling able to make things happen and wanting to help others in the pathway. They changed from being service users to becoming service providers.
- As Ambassadors, following the programme, they were able to provide Participatory Performance Arts Education early in the pathway on Acquired brain Injury hospital wards alongside artists. These were unique powerful interventions which only they could provide due to being 'insiders' and sharing diagnoses and lived experience. They helped people early in the pathway look beyond the shock of their diagnosis to see that they could live a full life.
- The Ambassadors work to support themselves and others to lead a full creative life through performance arts by exploration and expression of themselves and their lives. This is made possible through a complex network of caring, trusting relationships and contributions. These include supporting future Stroke and Brain Odysseys programmes, supporting service users, educating service providers and clinical academics, alongside developing their own creative work.

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Learn from Us

We plan to upscale Odysseys through 2025 – 2026. We decided to produce a studio art work that could tour the country to inspire communities to engage with creative health.

Working with emerging artists - lived experience ambassadors who have been devising work with us for the last five years – we plan to tour a new piece of dance theatre nationwide. The story explores the impact on family of brain injury, how people thrive after brain injury, and what life skills they might offer our wider communities.

With funding from Arts Council of England we collaborated with Headway Thames Valley to explore the stories, songs and dances of people living with brain injury. The performance was developed at South Street Arts Studio in Reading. We devised the work with three people living with brain injury, composer Jules Maxwell, singer Melanie Pappenheim and dancer Filip Kijowski. We held a scratch performance 7th July 2024 and hope to develop a full length performance work in 2025.

London Odysseys Ambassadors

In London the ambassadors of our creative health programmes grow from strength to strength and in the Summer they performed a new work, Butterfly Time, exploring their relationship to time while living with a disability. 20 people living with stroke and brain injury performed outside in a site specific location outside in Queen Square, London WC1 to original music composition created by Orlando Gough. With funding from The National Lottery Community Fund we brought together people from across Camden and North London to participate in the new performance work.

South London: Social Prescribing: Monthly masterclasses

Our social prescribing initiative continued with the drop in monthly masterclass offering stagecraft, dance and voice and singing skills for people living with stroke and brain injury.

Reading

Our Odysseys programme became an embedded service on the wards of Royal Berkshire Hospital. A commissioned programme supported by ambassadors of the Stroke and Brain Odysseys. 225 attendants at weekly sessions on the wards

Partnerships:

Highlights include the collaboration and partnership with The Place, London. Rosetta Life secured another community commission, and the company of Stroke Odysseys Ambassadors developed their confidence and movement skills working with a group of 8 BA Undergraduate Students who were given placements to work with the company.

The collaboration extended to the MA Students where we articulated our practice of "Dance as a creative act of care"

London Contemporary Dance School wrote of the collaboration:

"At London Contemporary Dance School, we want to enable our students to become versatile, lifelong dance artists and practitioners. Crucially, the dance skills and creative knowledge they acquire isn't limited to performing on stage.

"Our second year BA students and MA Dance: Participation, Communities, Activism students have the opportunity to work with the charity **Rosetta Life** on a performance arts programme for people living with the effects of stroke or brain injury."

Dance connects us with each other. Getting involved with our work enables students to look at their own career and professional journey, and think about what dance might mean to society at large, and how an applied dance practice might contribute to social change." - **Dr. Lucinda Jarrett**, Co-Founder and Creative Director of Rosetta Life

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Let's Dance

We collaborated with Angela Rippon's Campaign, Let's Dance. March 8th 2025 we supported the launch of the campaign at The Guildhall. Driven by Angela Rippon, Let's Dance is a national campaign to encourage the nation to dance to improve our health.

The Odysseys ambassadors performed an extract of Butterfly Time at the launch and were delighted to mix with the stars for the day.

II. Place4Hope and Canopy

In April we secured funding from The Wellcome Trust to complement our Arts Council of England funding, enabling us to deliver a Climate Literacy Summer School for our youth leadership cultural advocacy programme for climate justice. The programme was launched in recognition that 75% of young people across England express anxiety about the future of the planet and that there is a need to address poor mental health experiences through positive programmes that advocate for hope.

"I felt that attending this summer school was a great opportunity for me as a young climate advocate. It provided me with the tools and unique perspectives to advocate for climate action more effectively. I also had the chance to network with like-minded individuals and experts, fostering collaboration and enhancing my impact. Above all, it helped amplify my voice and strengthen my commitment as a passionate advocate for a sustainable future."

Praise, Nigeria (participant)

The Pillars of Place4Hope encompass five key areas:

- Health, recognizing the climate crisis as a fundamental healthcare emergency;
- Science, emphasising knowledge and evidence-based approaches to tackle complex challenges;
- Art, using creative expression to communicate climate justice and empower youth, as exemplified by the UN Climate Change's Entertainment & Culture for Climate Action Alliance;
- Climate Justice & Advocacy, promoting environmental equity and empowering individuals to combat climate change;
- Young People & Leadership, fostering leadership skills and empowering the next generation to lead climate action.

22 young leaders were nominated by 18 partners from 18 countries to join an online Summer School from 5th – 11th July 2024. They developed climate literacy skills and learnt about the impact of climate change on our waters, rivers and oceans. We shared simple storyboarding and filmmaking skills so that the youth leadership team could co-create a shared film, Life Hope Water. We ran poetry and song-making workshops enabling participants to co-create a shared song that was composed and set by Syrian composer, Marwan Nakhleh and by UK emerging artist, Asha Parkinson.

Collaboration and Inclusivity Esmé, 15, from England, reflected on the inclusive and collaborative nature of the summer school.

"Everyone was so full of incredible ideas, and inclusive – no matter who I was put with to discuss ideas with each day, it was always fascinating!"

Esme also noted, *"Though I don't live in a country with dire water scarcity, I have noticed issues related to our water increasing over the years – more polluted rivers, more stories about aquatic species becoming endangered and at risk."*

The final film is accessible here:

<https://vimeo.com/1019515490?fl=pl&fe=sh>

More details about the programme are accessible here:

<https://rosettalife.org/current-programmes/place4hope/>

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The film was part of the programming by the Wellcome Trust for CANOPY at New York Climate Action Week in September 2024. CANOPY is Wellcome's citizen art, science and policy festival and a cross-sector collaborative network launching for Climate Week NYC's first ever health theme, in September 2024. CANOPY's aim is to democratize public conversations about climate through the lens of health, and create a large, open and inclusive atmosphere where everyone is welcome to have a say and where equitable approaches to adaptation and mitigation are celebrated.

Micro-grant funding was offered to the young leaders to enable them to lead and deliver local dissemination events. In addition, Young leaders held local screenings of Life, Hope, Water at climate action events from August 2024 – February 2025 in Myanmar, Syria, Nigeria, Uganda, India, Greece, England and Scotland UK reaching 1060 people.

Throughout the summer school, participants shared their reflections, offering a powerful glimpse into the global climate challenges they face in their communities and how the program impacted them and the response from partners regarding their interest in participating in the Summer School again has been overwhelmingly positive, with 100% expressing a desire to join next year.

III. Heart of Care

Our programme of work for unpaid carers received seed funding for young carers and adult carers. We initiated a peer-to-peer mentored programme, A World and More, for young carers. We brought together a group of young carers from Plymouth, Kingston on Thames and South Africa and initiated a series of online poetry workshops to begin to share stories. The programme will grow throughout 2025.

We also assembled a group adult carers in Kingston on Thames, initiating a series of poetry workshops

IV. AMR Immersive Storytelling Workshop at the Wellcome Trust.

In mid November Lucinda Jarrett was invited to attend an immersive storytelling workshop at The Wellcome Trust led by the Global Strategy Lab.. A group of scientists, artists, community engagement specialists and researchers came together to explore ways to communicate the challenges faced by antibiotic resistance. We formed a group of people interested in exploring the stories of people who have experienced the challenges of antibiotic resistance. Seed Funding was offered to develop these stories through 2025.

PUBLIC HEALTH AND MEDIA ADVOCACY

Film/Video output of Rosetta Life which is led by Chris Rawlence, continues to expand the online record of all Rosetta Life projects with the addition of many new films, which can be found at www.rosettalife.org

Making short films of the shared Stroke Odysseys performances has made a significant contribution to recovery. We have found that the social sharing of image, online or at screenings is vital to the recognition of selfhood and the growth of new confidence in our participants. By going beyond a live theatre audience, Rosetta Life performance films have been advocating more widely and effectively for the creativity, voice and presence of the stroke community in our society.

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FINANCE AND FUNDRAISING

Funders

Key partnership funding from The Wellcome Trust awarded to Kings College London, SHAPER, has enabled us to continue to explore how the intervention might be embedded and upscaled in the NHS. SHAPER is the world's largest ever study into the impact and scalability of arts interventions on physical and mental health. In this financial operating year we shared the outcomes of our research at two key conferences held at English National Ballet and at The Science Gallery, London.

The Rayne Foundation and City Bridge Trust have supported programme development for Stroke and Brain Odysseys, enabling us to explore progression pathways.

A renewed partnership with The Place, London's leading centre for contemporary dance, enables us to explore avenues for intergenerational practice development and opportunities for teaching and expanding practice development.

Arts Council of England continues to support us with programme and project development and seed funding for Learn from Us enables us to explore new ways to upscale Stroke and Brain Odysseys.

Finance

Risk

The Trustees keep funding risk under constant review and mitigate this with planning, performance monitoring, policies and procedures.

Activities are only undertaken once funding is secured. Wherever possible all project funding has core costs built into the budgets to ensure these costs are covered. Additional core funding is also sought to ensure the running costs are fully met.

Un-restricted reserves to cover these will only be used when absolutely necessary.


Reserves policy

The policy is to hold 3 months salaries and associated national insurance and pension costs in unrestricted funds. During the pandemic our free reserves were depleted to enable the charity to continue its work. Since then the aim has been to rebuild these reserves but it has proven to be particularly challenging to do so. We ended the financial year - 31 March 2025 with unrestricted reserves of £40,809 which meets the reserves policy.

Funds Available

At 31 March 2025 total funds held totalled £ 73,118 of which £32,309 are restricted funds and £40,809 are unrestricted funds.

The trustees' report was approved by the Board of Trustees.



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Mrs S Bazin OBE FCSP
Trustee

Dated: 3 November 2025

Rosetta Life
(A company limited by guarantee)

Independent Examiner's Report
to the Trustees of Rosetta Life (A company limited by guarantee)

I report to the trustees on my examination of the financial statements of Rosetta Life (a company limited by guarantee) (the Charity) for the year ended 31 March 2025 which are set out on pages 11 to 22.

Responsibilities and basis of report

As the trustees of the Charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

A Rodzynski

Andrew Rodzynski FCA
Wenn Townsend
30 St Giles
Oxford
OX1 3LE

..... 3 November **2025**

Rosetta Life
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Statement of Financial Activities
including Income and Expenditure Account
for the year ended 31 March 2025

	Notes	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
Income from:							
Donations and legacies	3	77,705	-	77,705	1,562	15,000	16,562
Investments	4	440	-	440	392	-	392
Earned income		1,459	118,347	119,806	4,493	180,518	185,011
Total income		<u>79,604</u>	<u>118,347</u>	<u>197,951</u>	<u>6,447</u>	<u>195,518</u>	<u>201,965</u>
Expenditure on:							
Raising funds	5	-	10,580	10,580	427	10,437	10,865
Charitable activities	6	46,682	148,080	194,762	(593)	187,021	186,428
Total resources expended		<u>46,682</u>	<u>158,660</u>	<u>205,342</u>	<u>(166)</u>	<u>197,458</u>	<u>197,292</u>
Net income/(expenditure)		32,922	(40,313)	(7,391)	6,313	(1,940)	4,673
Transfers between funds		4,587	(4,587)	-	-	-	-
Net income for the year/net movement in funds		<u>37,509</u>	<u>(44,900)</u>	<u>(7,391)</u>	<u>6,613</u>	<u>(1,940)</u>	<u>4,673</u>
Fund balances at 1 April 2024		<u>3,300</u>	<u>77,209</u>	<u>80,509</u>	<u>(3,313)</u>	<u>79,149</u>	<u>75,836</u>
Fund balances at 31 March 2025		<u><u>40,809</u></u>	<u><u>32,309</u></u>	<u><u>73,118</u></u>	<u><u>3,300</u></u>	<u><u>77,209</u></u>	<u><u>80,509</u></u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

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Statement of Financial Position
as at 31st March 2025

	Notes	£	2025	£	£	2024	£
Fixed assets							
Tangible assets	9			3,058			-
Current assets							
Debtors	10	14,490			25,604		
Cash at bank and in hand		61,293			59,224		
				75,783			84,828
Creditors: amounts falling due within one year	11			(5,723)			(4,319)
Net current assets				70,060			80,509
Total assets less current liabilities				73,118			80,509
Income funds							
Restricted funds	13			32,309			77,208
Unrestricted funds				40,809			3,301
				73,118			80,509

For the year ended 31 March 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

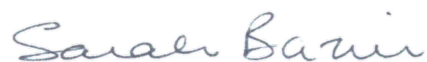
The trustees' responsibilities:

- The directors have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the Trustees on3 November.... 2025.



Ms S Bazin
Trustee

Company Registration No. 03735375

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Notes to the financial statements
for the year ended 31 March 2025

1 Accounting policies

Charity information

Rosetta Life (a company limited by guarantee) is a private company limited by guarantee incorporated in England and Wales. The registered office is 3 Brook End, Chadlington, Near Chipping Norton, Oxon, OX7 3NF.

1.1 Accounting convention

The accounts have been prepared in accordance with the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The Charity is a Public Benefit Entity as defined by FRS 102.

The Charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.3 Income

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

Rosetta Life
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Notes to the financial statements (continued)
for the year ended 31 March 2025

1 Accounting policies (continued)

Expenditure is accounted for on an accruals basis and includes any VAT that cannot be recovered. Where possible costs are allocated directly to the activities to which they relate.

Governance costs are those that relate to the general running of the charity and its infrastructure.

1.5 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures, fittings & equipment	3 years straight line/life of project
--------------------------------	---------------------------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.6 Impairment of fixed assets

At each reporting end date, the Charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.7 Cash and cash equivalents

Cash and cash equivalents include cash at bank.

1.8 Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors, are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

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Notes to the financial statements (continued)
for the year ended 31 March 2025

1 Accounting policies (continued)

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the Charity's contractual obligations expire or are discharged or cancelled.

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.10 Funds accounting

Funds held by the Charity are:

Unrestricted general funds - these are funds that can be used in accordance with the charitable objects at the discretion of the Board.

Restricted funds - these are funds that can only be used for particular restricted purposes within the objects of the Charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2 Critical accounting estimates and judgements

In the application of the Charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

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Notes to the financial statements (continued)
for the year ended 31 March 2025

3. Donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Donations and gifts	77,705	-	77,705	1,562	15,000	16,562
Project Income	1,459	118,347	119,806	4,493	180,518	185,011
	<u>79,164</u>	<u>118,347</u>	<u>197,511</u>	<u>6,055</u>	<u>195,518</u>	<u>201,573</u>

Gifts are recognised as an asset upon receipt and valued at the market rate. All gifts are recognised in the SOFA.

4. Investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Interest receivable	<u>440</u>	<u>392</u>

5. Raising funds

	Fundraising 2025 £	Fundraising 2024 £
Fundraising and publicity		
Staging fundraising event	-	564
Staff costs	8,102	8,965
Administrative	2,478	1,336
	<u>10,580</u>	<u>10,865</u>
 Analysis by fund		
Unrestricted funds	-	427
Restricted funds	10,580	10,437
	<u>10,580</u>	<u>10,865</u>

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Notes to the financial statements (continued)
for the year ended 31 March 2025

6. Charitable activities

	Productions 2025 £	Productions 2024 £
Staff costs	77,417	85,253
Production costs	99,541	89,154
	<u>176,958</u>	<u>174,407</u>
Support costs	17,804	12,021
	<u>194,762</u>	<u>186,428</u>
Analysis by fund		
Unrestricted funds	42,095	(593)
Restricted funds	152,667	187,021
	<u>194,762</u>	<u>186,428</u>

7. Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the Charity during the year. During the year donations from trustees totalled £25,000 (2024: £nil).

8. Employees

The average monthly number of employees during the year was:

	2025 Number	2024 Number
Charitable activities and administration	<u>3</u>	<u>4</u>
	2025 £	2024 £
Employment costs		
Wages and salaries	76,453	80,643
Social security costs	9,078	8,729
	<u>85,531</u>	<u>89,372</u>

There were no employees whose annual remuneration was more than £60,000.

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Notes to the financial statements (continued)
for the year ended 31 March 2025

9. Tangible fixed assets

	Fixtures, fittings & equipment £
Cost	
At 1 April 2024	19,341
Additions	4,587
	<hr/>
At 31 March 2025	23,928
	<hr/>
Depreciation and impairment	
At 1 April 2024	19,341
Depreciation charged in the year	1,529
	<hr/>
At 31 March 2025	20,870
	<hr/>
Carrying amount	
At 31 March 2025	3,058
	<hr/> <hr/>
At 31 March 2024	-
	<hr/> <hr/>

10. Debtors: amounts falling due within one year

	2025 £	2024 £
Trade debtors	11,500	2,970
Prepayments and accrued income	2,990	22,634
	<hr/>	<hr/>
	14,490	25,604
	<hr/> <hr/>	<hr/> <hr/>

11. Creditors: amounts falling due within one year

	2025 £	2024 £
Other taxation and social security	1,338	603
Trade creditors	1,165	1,196
Other creditors	-	-
Accruals and deferred income	3,220	2,520
	<hr/>	<hr/>
	5,723	4,319
	<hr/> <hr/>	<hr/> <hr/>

12. Retirement benefit schemes

The Charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the Charity in an independently administered fund.

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Notes to the financial statements (continued)
for the year ended 31 March 2025

13. Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

Movement in funds

	Balance at 1 April 2024 £	Income	Expenditure	Transfer between funds	Balance at 31 March 2025 £
Royal Berkshire NHS Foundation					
- Stroke Odysseys Reading	2,193	7,000	(7,492)	-	1,701
University College London Hospitals Foundation					
- Stroke Odysseys	2,670	-	(2,670)	-	-
Kings College London					
- Let Silence Speak Tour/Conference	6,853	7,000	(13,853)	-	-
Footworks/Harriets Trust					
- Room 2 Dream Evaluation	5,100	-	(5,100)	-	-
City Bridge Trust					
- Ambassadors Development Programme	2,447	30,000	(21,773)	-	10,674
The Rayne Foundation					
- Ambassadors Development Programme	2,660	15,565	(12,832)	-	5,393
Arts Council England					
- Room 2 Dream Tour & Summer School	4,727	2,990	(7,717)	-	-
Arts Council England - Learn from Us	19,395	2,802	(17,610)	(4,587)	-
National Lottery Community Fund					
- Ambassadors Butterfly Time	19,450	-	(19,450)	-	-
The Wellcome Trust					
- Place 4 Hope R&D phase	6,000	-	(6,000)	-	-
The Big Give - Masterclasses/Training	5,714	80	(4,789)	-	1,005
Headway Thames Valley					
- Learn from Us	-	500	(500)	-	-
London School of Contemporary Dance					
- Ambassadors Butterfly Time	-	3,260	(3,260)	-	-
The Wellcome Trust – Place4Hope	-	35,000	(30,549)	-	4,451
Plymouth City Council – Young Carers	-	5,000	(1,390)	-	3,610
Royal Borough of Kingston Upon Thames					
Young Carers	-	8,000	(2,525)	-	5,475
London School of Contemporary Dance					
- Community Commission	-	1,150	(1,150)	-	-
	77,209	118,347	(158,660)	(4,587)	32,309

Funds Transfer - Part of the 'Arts Council England - Learn from Us' fund was used to purchase fixed assets for the project, as such, a funds transfer has been posted as the restriction is deemed to be met upon purchase.

Rosetta Life
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Notes to the financial statements (continued)
for the year ended 31 March 2025

13. Restricted funds (continued)

Movement in funds

	Balance at 1 April 2023 £	Income	Expenditure	Transfer between funds	Balance at 31 March 2024 £
Royal Berkshire NHS Foundation					
- Stroke Odysseys Reading	2,280	7,000	(7,088)	-	2,193
Buckinghamshire NHS					
- Stroke Odysseys High Wycombe	-	1,800	(1,800)	-	-
Wellcome/Kings College London - Shaper	15,544	-	(15,544)	-	-
Rothschild Foundation					
- Thames Valley Project	5,000	-	(5,000)	-	-
Oxford Health Charity					
- Stroke Odysseys Oxford	-	-	-	-	-
St Joseph's Hospice - Accelerate	180	-	(180)	-	-
University College London Hospitals					
Foundation - Stroke Odysseys	5,475	8,445	(11,250)	-	2,670
Kings College London					
- Let Silence Speak Tour/Conference	14,450	-	(7,597)	-	6,853
Arts Council England - Heart of Care	26,550	2,950	(29,500)	-	-
James Cowper Foundation					
- Healing Landscapes	3,170	-	(3,170)	-	-
Footworks/Harriets Trust					
- Room 2 Dream Evaluation	6,500	-	(1,400)	-	5,100
Kingston Carers Network					
- Heart of Care	-	500	(500)	-	-
London Community Foundation					
- Lambeth Wellbeing Fund - Masterclasses	-	3,683	(3,683)	-	-
City Bridge Trust					
- Ambassadors Development Programme	-	20,000	(17,553)	-	2,447
The Rayne Foundation					
- Ambassadors Development Programme	-	16,000	(13,340)	-	2,660
Wiltshire Council - Wiltshire Carers	-	29,940	(29,940)	-	-
Foyle Foundation - Core Costs	-	15,000	(15,000)	-	-
Arts Council England					
- Room 2 Dream Tour & Summer School	-	26,910	(22,183)	-	4,727
Arts Council England - Learn from Us	-	25,216	(5,821)	-	19,395
Royal Borough of Kingston - Heart of Care	-	2,910	(2,910)	-	-
National Lottery Community Fund					
- Ambassadors Butterfly Time	-	19,450	-	-	19,450
The Wellcome Trust					
- Place 4 Hope R&D phase	-	10,000	(4,000)	-	6,000
The Big Give - Masterclasses/Training	-	5,714	-	-	5,714
	79,149	195,518	(197,458)	-	77,209

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Notes to the financial statements (continued)
for the year ended 31 March 2025

Let Silence Speak conference - A symposium in partnership with the National Centre for Creative Health. Collaborative approaches to scaling and implementing established arts in health programmes. Funded by Kings College London.

Heart of Care - an Arts Council England funded programme working with Bristol Black Carers, Helix Arts and Kingston Carers Network working together to raise awareness of the role of carers in our societies.

Ambassador Development Programme - a 2 year funded programme from The Rayne Foundation and City Bridge Trust to work with our ambassadors to shape and implement future developments.

Wiltshire Carers - a commission from Wiltshire Council to lead a 3 month creative engagement programme with carers from the county to better understand the challenges, needs and hands-on reality of caring.

Learn From Us - funded by the Arts Council England, our Reading Ambassadors and Headway Thames Valley join to produce a new performance piece to include people who are housebound as a result of a brain injury and exploring new approaches to projection on stage.

Butterfly Time - an outdoor summer dance programme, showcasing the talents of our Brain Odysseys Ambassadors and building relationships with the London School of Contemporary Dance and their students. Supported by The National Lottery Community Fund.

Place 4 Hope - Following on from our first project Room 2 Dream, this is our second project we are creating with a global community of young people addressing issues that are important to them. This project will focus on social change and climate justice.

Room 2 Dream – A project with various funders to enable partnerships with children and young people facing loss, conflict and mental health conditions from England, Scotland and various worldwide locations to produce an immersive 360 film together.

Wellcome Shaper – A research project in collaboration with Kings College London that explores the viability of upscaling Rosetta Life work across the NHS.

Wellcome AHRC/Brainwaves – As a response to the pandemic, the development of online & digital learning working with those impacted by stroke and brain injury

St Joseph's Hospice/Accelerate – A project working with people living with Lymphoedema to create a dance performance event, with further events planned for the future.

Rothschild Foundation/Thames Valley Project – A new Stroke Odysseys group in Buckinghamshire to deliver a series of creative workshops leading to a performance

Young Carers – A project with young carers coming together to co-design an interdisciplinary arts programme

London School of Contemporary Dance – A community commission engaging our artistic director to deliver workshops for London School of Contemporary Dance students

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Notes to the financial statements (continued)
for the year ended 31 March 2025

14. Analysis of net assets between funds

	Unrestricted funds 2025	Restricted funds 2025	Total funds 2025
Fund balances at 31 March 2025 are represented by:			
Tangible assets	3,058	-	3,058
Current assets/(liabilities)	37,751	32,309	70,060
	<u>40,809</u>	<u>32,309</u>	<u>73,118</u>
	Unrestricted funds 2024	Restricted funds 2024	Total funds 2024
Fund balances at 31 March 2024 are represented by:			
Tangible assets	-	-	-
Current assets/(liabilities)	3,301	77,208	80,509
	<u>3,301</u>	<u>77,208</u>	<u>80,509</u>

15. Related party transactions

There were no related party transactions during the period