

**REGISTERED COMPANY NUMBER: 04190566 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1090543**

**Report of the Trustees and  
Unaudited Financial Statements  
for the Year Ended 31st March 2023  
for  
KEIGHLEY HEALTHY LIVING NETWORK**

BK Plus Limited  
52 St Johns Lane  
Halifax  
West Yorkshire  
HX1 2BW

# KEIGHLEY HEALTHY LIVING NETWORK

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**Report of the Trustees  
for the Year Ended 31st March 2023**

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The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

To promote for the benefit of the public in and around Keighley good practice in public health and health care.

To relieve poverty, hardship and distress associated with poor health for all those living or working within the area of benefit.

To advance education relating to the benefits of good health and social wellbeing and its implications for all those living or working within the area of benefit.

Our Vision: A strong, connected and thriving community that is resilient, capable and healthy.

Our Mission:

- To support people to take ownership of their own health and wellbeing.
- To create an environment for friendships to develop and where people can support each other and connect to their community.
- To build personal growth and confidence, resilience and capability through providing opportunities to thrive.

**Public benefit**

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

**Report of the Trustees  
for the Year Ended 31st March 2023**

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**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

Keighley Healthy Living Network is a charity based in central Keighley which is dedicated to improving the health and wellbeing of the local population.

We offer a range of activities with a focus on

- improving physical and mental health and well-being
- tackling health inequalities
- working towards a strong integrated community where people from different backgrounds live, work and socialise together, based on shared rights, responsibilities and opportunities
- providing inclusive and accessible community health services (support & delivery)
- reducing social isolation and loneliness
- co-designing innovative interventions for individuals and our community's health
- having a test-and-learn, iterative approach
- sharing learning and insights that support local and national strategic health outcomes

To support our key areas of work we offer a wide range of activities based in our centre and various out-reach settings and include:

**Lifestyle Change projects** - Community projects including cooking courses, healthy lifestyle courses, a variety of exercise classes, such as dancing classes, yoga, core and floor, walks, weight management classes and one to one health coaching sessions.

**Skill and confidence building** - IT one to one support to improve digital skills, a range of courses including managing pain, menopause awareness and British Sign language.

**Young Parents** - A bespoke project to support young parents with parenting skills, a postnatal group and one to one support for a range of areas including housing, relationships and debt.

**Social Groups** - A variety of weekly groups and short courses such as Art 4 All, The Shed, singing, games and Conversation Cafes with a focus on people who are experiencing loneliness and/or living with physical and / or mental health conditions.

**Building Connections** - working in partnership with the community and other organisations to build on communities' strengths and develop projects as needed by the community.

**Enabling** - we work in partnership on a range of projects, such Keighley Pathways, MAST and Achieve to offer support during crisis and when needing immediate support with issues such as accessing food banks and benefit advice. We signpost and support people to access resources, equipment as needed.

**Rethinking Pain** - a new innovative district wide service to support people living with pain and helping them manage their pain through community interventions.

**Mental Health Transformation** - a new project to help people navigate mental health service and access support to improve their health and well being.

We also offer volunteering opportunities and student placements. We have strong partnerships and links across Keighley and Bradford District. Keighley Healthy Living Network works with local people across all age, ethnicity and ability ranges; we frequently consult with local people to identify what will be the most effective way that we can work with them to improve their own health through lifestyle changes. We aim to tackle social isolation, inequalities in health and build confidence and capacity in the local population by delivering outreach sessions and working in other community centres.

**Report of the Trustees  
for the Year Ended 31st March 2023**

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**Achievements and performance**

KHL have grown significantly over the last few years and in the period have secured two significant contracts. Rethinking Pain which is a partnership project supporting people living with pain to improve their health and wellbeing and the Mental Health Transformation project to support people facing mental health challenges. In both of these projects we are also developing clear community health pathways that enable people to have more control over their health and wellbeing. We have continued to strengthen our Keighley Connect project and Lifestyle Change project and increased our outreach activities by working across the area and working in partnerships.

**In Summary**

- We have increased our income through grants and contracts and expanded our delivery to reach more people within the community.
- We have increased our outreach activities, delivering in a range of local community centres across Keighley and Bradford.
- We worked with the local Primary Care Networks to improve systems of connecting patients from the local GP to community health activities.
- We are working with Leeds University to evaluate our Rethinking Pain model.
- We have improved data collection and management systems in place helping us to measure our impact.
- We have secured additional funding to update the community space and include a new café style space and improve our garden facilities.
- We have increased our community engagement activities and set up a new user engagement group.

Please see our website [www.khl.org.uk](http://www.khl.org.uk) for additional information. Full details of our work can be seen in our impact reports, case studies and project reports.

**Fundraising activities**

Keighley Healthy Living Network raises funds through grant applications to charitable trusts and securing commissions for work from statutory agencies including the local authority. We are registered with the Fundraising Regulator and have a few small fundraising activities such as collection boxes.

**FINANCIAL REVIEW**

**Financial position**

Income for the year was £926,624 (2022 : £504,895), expenditure for the year was £632,120 (2022 : £428,385). The net income for the year was £294,504 (2022 : £76,510), including net income of £270,196 on unrestricted funds and net income of £24,308 on restricted funds before transfers.

Transfers between funds total £106,280 and recognise projects that have ended within the year where excess funds have been released to unrestricted funds.

**Report of the Trustees  
for the Year Ended 31st March 2023**

**FINANCIAL REVIEW****Reserves policy**

In conjunction with our Financial Procedures Policy the Reserves Policy forms part of our commitment to ensure the management and allocation of funds is carried out responsibly to enable Keighley Healthy Living Network to continue to provide its core services and to secure the viability of the organisation beyond the immediate future. The need to provide for the medium to long term will ensure that we can absorb setbacks and take advantage of change and opportunity.

It is the view that we should have sufficient funds to enable Keighley Healthy Living Network to exist for a period of time (not less than three months and no more than six months), to enable the development of alternative funding streams.

The charity's free reserves, excluding restricted funds and fixed assets, at the year-end were £129,487. This represents approximately 1.4 months cover based on budgeted income of £1.15m.

This is calculated as below:

	31.3.23
	£
Total funds at 31/3/23	774,031
Less : Designated funds	(349,777)
Less : Restricted funds	(123,913)
Less : Fixed assets	(170,854)
	<u>129,487</u>

With the Charity going through an unprecedented growth in turnover and service provision, it has not been possible to increase the Reserve Funds in such a short period (this financial year). We therefore aim to hold reserves levels as to cover the immediate Liabilities of the Organisation (Minimal Level) to include - Redundancies, Statutory and Legal costs, any Lease or Hire Agreements, etc, but will work towards holding the optimum levels required within a period of 3-5 years. Optimum Levels (3+ months of Annual Turnover)

**Going concern**

As stated earlier, the major risk to which Keighley Healthy Living Network is exposed is the non-renewal of existing funding and loss of income. Keighley Healthy Living Network is actively seeking to secure alternative future funding and ensuring the organisation is ready to be able to apply for tenders/contracts relevant to our work. We have also diversified our funding streams and are applying for new grants. However, as the charity has considerable financial resources, the trustees/directors believe that the charity is well placed to manage its financial risks successfully despite the current uncertain economic outlook. The trustees/directors have a reasonable expectation that the charity will adapt to the current environment and respond to the needs of the community and look at measures to ensure ongoing sustainability of the organisation. Over the last two years we have also increased the number of members on our Board, bringing in expertise in HR, health and safety and links with local healthcare.

**Report of the Trustees  
for the Year Ended 31st March 2023**

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**FUTURE PLANS**

Keighley Healthy Living Network intends to build on its progress and its established programme and will continue to build on partnerships to strengthen projects and communities working together. Building a resilient organisation, securing funding for its core delivery and continuing to meet the needs of the community will be its key focus.

We are building on our lifestyle change projects to support people to make changes to improve their health and wellbeing and working with people living with a long-term health condition and providing a strong community offer to support the community to improve their health and wellbeing. We are aiming to increase our work in partnerships with Primary Care Networks and community centres to provide a consistent service across the area. We are looking to ensure sustainability of contracts by securing funding from the health care system alongside grants.

We have continued to refurbish our building and create an excellent health and wellbeing centre in the heart of Keighley. We will respond to the demands of the current climate and adapt to meet the challenges ahead.

We have been strengthening our infra structure and updating policies and procedures as we grow into a larger organisation to enable us to sustain our growth and most importantly ensure that we deliver excellent services with good outcomes.

We are updating our strategic plan and will have a key focus on impact and how we measure impact for the future.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is a company limited by guarantee and was formed on 30 March 2001. It is governed by a memorandum and articles of association as amended by special resolution dated 14 January 2002. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £1.

**Recruitment and appointment of new trustees**

The trustees of the charity are also the directors for the purpose of company law and are appointed by the members at the AGM. We have made changes to our Trustee recruitment methods including the use of Reach Volunteering and this has resulted in the successful recruitment of new Trustees over the last 2 years. We have a strong effective board with a good skill mix and range of experience.

**Organisational structure**

The Managers report on the work of the organisation to the Board of Trustees at least quarterly. The Managers also report on the state of the finances of Keighley Healthy Living Network. Any trustee can ask for further information from staff members.

Day to day management of funds, staff buildings, work programmes and development of new initiatives is delegated to the Manager/s.

**Staff and volunteers**

Keighley Healthy Living Network currently employs 22 staff that deliver projects within the centre and in out-reach settings. We have an excellent staff team who are highly committed to the charity. Keighley Healthy Living Network is also supported by a range of volunteers who support our projects such as our social groups, activities and reception. In addition, we contract freelance staff to deliver several of our specialised projects such as exercise classes, art groups, menopause support and digital hubs.

**Wider network**

Keighley Healthy Living Network support the work of the Airedale Community Partnerships, the National Council for Voluntary Organisations, Community Action Bradford and District and Locality. These memberships have no impact on the day-to-day operations of Keighley Healthy Living Network.

**Report of the Trustees  
for the Year Ended 31st March 2023**

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**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Relationships with other organisations**

Keighley Healthy Living Network has no subsidiaries. Keighley Healthy Living Network works in partnership with a range of other voluntary, community and statutory agencies to deliver its key work programmes.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

04190566 (England and Wales)

**Registered Charity number**

1090543

**Registered office**

13 Scott Street  
Keighley  
West Yorkshire  
BD21 2JH

**Trustees**

S Bartlett  
J Drury  
P M Essler  
J Hahn  
J Hartley  
G Hodgson (resigned 11/1/23)  
S S F Orr  
F E Setter

The following trustees hold the office of:

Chair	- P Essler
Vice Chair	- S Bartlett
Treasurer	- S Bartlett

**Company Secretaries**

M Hey

**Independent Examiner**

BK Plus Limited  
52 St Johns Lane  
Halifax  
West Yorkshire  
HX1 2BW

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees (who are also the directors of Keighley Healthy Living Network for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).



**Report of the Trustees  
for the Year Ended 31st March 2023**

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**STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued**

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 25/01/24 and signed on its behalf by:



P M Essler - Trustee

**Independent Examiner's Report to the Trustees of  
Keighley Healthy Living Network (Registered number: 04190566)**

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**Independent examiner's report to the trustees of Keighley Healthy Living Network ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2023.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

V J Atkinson FCA  
The Institute of Chartered Accountants in England and Wales

BK Plus Limited  
52 St Johns Lane  
Halifax  
West Yorkshire  
HX1 2BW

*BK Plus Limited*

Date: *29 January 2024*

# KEIGHLEY HEALTHY LIVING NETWORK

## Statement of Financial Activities (Incorporating an Income and Expenditure Account) for the Year Ended 31st March 2023

	Notes	Unrestricted funds £	Restricted funds £	31/3/23 Total funds £	31/3/22 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	4,859	2,897	7,756	10,027
<b>Charitable activities</b>	4				
General charitable activities		558,306	320,351	878,657	451,344
Investment income	3	10,126	-	10,126	68
Other income		30,085	-	30,085	43,456
<b>Total</b>		<u>603,376</u>	<u>323,248</u>	<u>926,624</u>	<u>504,895</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>	5				
General charitable activities		<u>333,180</u>	<u>298,940</u>	<u>632,120</u>	<u>428,385</u>
<b>NET INCOME</b>		270,196	24,308	294,504	76,510
Transfers between funds	16	<u>106,280</u>	<u>(106,280)</u>	-	-
<b>Net movement in funds</b>		376,476	(81,972)	294,504	76,510
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		273,643	205,884	479,527	403,017
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>650,119</u>	<u>123,912</u>	<u>774,031</u>	<u>479,527</u>

The notes form part of these financial statements

**KEIGHLEY HEALTHY LIVING NETWORK (REGISTERED NUMBER: 04190566)**

**Balance Sheet  
31st March 2023**

	Notes	31/3/23 £	31/3/22 £
<b>FIXED ASSETS</b>			
Tangible assets	12	170,854	176,879
<b>CURRENT ASSETS</b>			
Debtors	13	44,641	77,519
Cash at bank and in hand		636,231	227,179
		<u>680,872</u>	<u>304,698</u>
<b>CREDITORS</b>			
Amounts falling due within one year	14	(77,695)	(2,050)
<b>NET CURRENT ASSETS</b>		<u>603,177</u>	<u>302,648</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>774,031</u>	<u>479,527</u>
<b>NET ASSETS</b>		<u>774,031</u>	<u>479,527</u>
<b>FUNDS</b>	16		
Unrestricted funds		650,118	273,643
Restricted funds		123,913	205,884
<b>TOTAL FUNDS</b>		<u>774,031</u>	<u>479,527</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

Balance Sheet - continued  
31st March 2023

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These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 25/01/24 and were signed on its behalf by:

P. M. Essler

P M Essler - Trustee

The notes form part of these financial statements

KEIGHLEY HEALTHY LIVING NETWORK

Cash Flow Statement  
for the Year Ended 31st March 2023

	Notes	31/3/23 £	31/3/22 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	398,926	58,382
Net cash provided by operating activities		398,926	58,382
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		-	(6,695)
Interest received		10,126	68
Net cash provided by/(used in) investing activities		10,126	(6,627)
<b>Change in cash and cash equivalents in the reporting period</b>		409,052	51,755
<b>Cash and cash equivalents at the beginning of the reporting period</b>		227,179	175,424
<b>Cash and cash equivalents at the end of the reporting period</b>		636,231	227,179

The notes form part of these financial statements

KEIGHLEY HEALTHY LIVING NETWORK

Notes to the Cash Flow Statement  
for the Year Ended 31st March 2023

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31/3/23 £	31/3/22 £
<b>Net income for the reporting period (as per the Statement of Financial Activities)</b>	294,504	76,510
<b>Adjustments for:</b>		
Depreciation charges	6,025	5,525
Interest received	(10,126)	(68)
Decrease/(Increase) in debtors	32,878	(23,835)
Increase in creditors	75,645	250
<b>Net cash provided by operations</b>	<u>398,926</u>	<u>58,382</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/22 £	Cash flow £	At 31/3/23 £
<b>Net cash</b>			
Cash at bank and in hand	<u>227,179</u>	<u>409,052</u>	<u>636,231</u>
	<u>227,179</u>	<u>409,052</u>	<u>636,231</u>
<b>Total</b>	<u>227,179</u>	<u>409,052</u>	<u>636,231</u>

The notes form part of these financial statements

Notes to the Financial Statements  
for the Year Ended 31st March 2023

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1. ACCOUNTING POLICIES

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- Straight line over 50 years
Plant and machinery	- 25% on cost
Fixtures and fittings	- 25% on cost
Computer equipment	- Straight line over 3 years

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of any restricted fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.



**KEIGHLEY HEALTHY LIVING NETWORK**

**Notes to the Financial Statements - continued  
for the Year Ended 31st March 2023**

**2. DONATIONS AND LEGACIES**

	31/3/23	31/3/22
	£	£
Donations	7,756	10,027
	<u>7,756</u>	<u>10,027</u>

**3. INVESTMENT INCOME**

	31/3/23	31/3/22
	£	£
Deposit account interest	10,126	68
	<u>10,126</u>	<u>68</u>

**4. INCOME FROM CHARITABLE ACTIVITIES**

	31/3/23	31/3/22
	General charitable activities £	Total activities £
Charitable activities	878,657	451,344
	<u>878,657</u>	<u>451,344</u>

**5. CHARITABLE ACTIVITIES COSTS**

	Direct Costs (see note 6) £	Grant funding of activities (see note 7) £	Totals £
General charitable activities	630,723	1,397	632,120
	<u>630,723</u>	<u>1,397</u>	<u>632,120</u>

**6. DIRECT COSTS OF CHARITABLE ACTIVITIES**

	31/3/23	31/3/22
	£	£
Staff costs	364,377	195,795
Rates and water	1,504	1,943
Insurance	3,955	5,050
Light and heat	17,779	12,085
Telephone	2,697	3,094
Postage and stationery	5,485	4,259
Advertising	2,573	907
Sundries	5,752	2,110
Rent	3,352	1,390
Repairs and maintenance	35,138	95,422
Cleaning	1,020	606
Computer repairs and maintenance	21,096	3,477
Subscriptions	1,057	732
Training	3,091	1,185
DBS fees	956	162
	<u>469,832</u>	<u>328,217</u>
Carried forward	469,832	328,217

**KEIGHLEY HEALTHY LIVING NETWORK**

**Notes to the Financial Statements - continued  
for the Year Ended 31st March 2023**

**6. DIRECT COSTS OF CHARITABLE ACTIVITIES - continued**

	31/3/23	31/3/22
	£	£
Brought forward	469,832	328,217
Payroll fees	1,285	1,132
Motor and travel expenses	-	12
Staff expenses	4,506	806
Volunteer expenses	1,921	470
Tutors	90,465	52,134
Sub Contractors	40,020	10,488
Bad debts	835	-
Food / Activity materials	3,979	4,803
Resources	6,931	8,725
Professional fees	4,924	2,100
Depreciation	6,025	5,525
	<u>630,723</u>	<u>414,412</u>

**7. GRANTS PAYABLE**

	31/3/23	31/3/22
	£	£
General charitable activities	<u>1,397</u>	<u>13,973</u>

The total grants paid to institutions during the year was as follows:

	31/3/23	31/3/22
	£	£
Bracken Bank & District Community Association	500	4,477
Highfield Community Association	-	5,500
Lion's Den Shed	-	3,996
People First Keighley and Craven	797	-
The Shed Oakworth	100	-
	<u>1,397</u>	<u>13,973</u>

**8. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31/3/23	31/3/22
	£	£
Depreciation - owned assets	<u>6,025</u>	<u>5,525</u>

**KEIGHLEY HEALTHY LIVING NETWORK**

**Notes to the Financial Statements - continued  
for the Year Ended 31st March 2023**

**9. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31st March 2023 nor for the year ended 31st March 2022.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31st March 2023 nor for the year ended 31st March 2022.

**10. STAFF COSTS**

	31/3/23	31/3/22
	£	£
Wages and salaries	335,268	184,771
Social security costs	20,803	8,159
Other pension costs	8,306	2,865
	<u>364,377</u>	<u>195,795</u>

The average monthly number of employees during the year was as follows:

	31/3/23	31/3/22
	20	12
Charitable staff	<u>20</u>	<u>12</u>

No employees received emoluments in excess of £60,000.

The exact average number of employees during the year was 19.5 (2022: 11.5), being an average of 14.5 full time equivalent (2022 : 7.3).

**11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	4,627	5,400	10,027
<b>Charitable activities</b>			
General charitable activities	20,357	430,987	451,344
Investment income	68	-	68
Other income	43,206	250	43,456
<b>Total</b>	<u>68,258</u>	<u>436,637</u>	<u>504,895</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
General charitable activities	60,863	367,522	428,385
<b>NET INCOME</b>	7,395	69,115	76,510

**KEIGHLEY HEALTHY LIVING NETWORK**

**Notes to the Financial Statements - continued  
for the Year Ended 31st March 2023**

**11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>Transfers between funds</b>	11,560	(11,560)	-
<b>Net movement in funds</b>	18,955	57,555	76,510
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	254,687	148,330	403,017
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>273,642</u>	<u>205,885</u>	<u>479,527</u>

**12. TANGIBLE FIXED ASSETS**

	Freehold property £	Plant and machinery £	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>					
At 1st April 2022 and 31st March 2023	<u>177,010</u>	<u>10,665</u>	<u>598</u>	<u>14,473</u>	<u>202,746</u>
<b>DEPRECIATION</b>					
At 1st April 2022	7,080	10,487	598	7,702	25,867
Charge for year	<u>3,540</u>	<u>178</u>	<u>-</u>	<u>2,307</u>	<u>6,025</u>
At 31st March 2023	<u>10,620</u>	<u>10,665</u>	<u>598</u>	<u>10,009</u>	<u>31,892</u>
<b>NET BOOK VALUE</b>					
At 31st March 2023	<u>166,390</u>	<u>-</u>	<u>-</u>	<u>4,464</u>	<u>170,854</u>
At 31st March 2022	<u>169,930</u>	<u>178</u>	<u>-</u>	<u>6,771</u>	<u>176,879</u>

**13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31/3/23 £	31/3/22 £
Trade debtors	40,878	77,519
Prepayments and accrued income	<u>3,763</u>	<u>-</u>
	<u>44,641</u>	<u>77,519</u>

KEIGHLEY HEALTHY LIVING NETWORK

Notes to the Financial Statements - continued  
for the Year Ended 31st March 2023

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31/3/23	31/3/22
	£	£
Other creditors	-	250
Accruals and deferred income	5,902	1,800
Deferred income	71,793	-
	<u>77,695</u>	<u>2,050</u>

15. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds	Restricted funds	31/3/23 Total funds	31/3/22 Total funds
	£	£	£	£
Fixed assets	170,854	-	170,854	176,879
Current assets	553,333	127,539	680,872	304,698
Current liabilities	(74,069)	(3,626)	(77,695)	(2,050)
	<u>650,118</u>	<u>123,913</u>	<u>774,031</u>	<u>479,527</u>

# KEIGHLEY HEALTHY LIVING NETWORK

## Notes to the Financial Statements - continued for the Year Ended 31st March 2023

### 16. MOVEMENT IN FUNDS

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
<b>Unrestricted funds</b>				
General fund	273,643	47,491	(20,793)	300,341
Airedale Community Partnership MSK project	-	(41,542)	61,861	20,319
ARF Council Digi Hubs	-	(14,025)	12,480	(1,545)
Art 4 All Project 2020	-	6,479	-	6,479
Hainworth Wood CC	-	(5,082)	5,082	-
Healthy Heart (Act as One)	-	(2,759)	6,073	3,314
Lifestyle Change Project 2023 & 2024	-	258	15,751	16,009
Morrisons Cook and Eat	-	(4,957)	8,066	3,109
MSK Project	-	-	5,965	5,965
Power to Change - Resilience Funding	-	4,355	-	4,355
Rethinking Pain	-	236,108	-	236,108
System Connector Wellbeing Hubs	-	10,596	-	10,596
Warm Spaces	-	1,000	-	1,000
Wharfe Valley Pathways	-	7,223	-	7,223
Young Parent Project 2023-2025	-	25,050	11,795	36,845
	273,643	270,195	106,280	650,118
<b>Restricted funds</b>				
CBMDC - Covid 19 Emergency	2,491	-	(2,491)	-
CBMDC - Digital Hubs	12,480	-	(12,480)	-
CBMDC - Kickstart 2021	2,009	1,110	(3,119)	-
CBMDC - Living Well	1,636	(231)	-	1,405
Co-op - Tackling Food Poverty	116	-	(116)	-
Give Bradford	10,000	(9,943)	(57)	-
Greggs Foundation	1,680	-	(1,680)	-
Healthy Holidays	(745)	(1,269)	3,064	1,050
Keighley Town Fund	-	1,982	-	1,982
KHL Building Fund	4,038	(26,015)	21,977	-
LCF Digital Hubs	9,886	(7,402)	-	2,484
LCF Healthy Heart	6,073	-	(6,073)	-
LCF Keighley Com. Health	7,887	7,408	-	15,295
Leeds Hospital Charity	10,073	3,410	-	13,483
Lloyds Bank Foundation	500	(1,835)	1,335	-
Mencap	1,260	(1,260)	-	-
Mental Health Transformation	-	88,589	-	88,589
Modality Partnerships	26,160	(408)	(25,752)	-
Morrisons Foundation	8,066	-	(8,066)	-
National Lottery Community Fund (ID: 20180631)	1,273	(1,453)	594	414
NHS Bradford District & Craven CCG	61,861	-	(61,861)	-
Peoples Postcode Lottery	9,776	(9,775)	(1)	-
Play Bradford	1,892	-	(1,892)	-
Power to Change	4,049	(4,049)	-	-
Project 6	4,044	(7,660)	-	(3,616)
Sangat Community Centre	3,640	-	(3,640)	-
Sovereign Healthcare	2,165	(2,165)	-	-

KEIGHLEY HEALTHY LIVING NETWORK

Notes to the Financial Statements - continued  
for the Year Ended 31st March 2023

**16. MOVEMENT IN FUNDS - continued**

The Breims Trust	2,482	(2,492)	-	(10)
The Leap	57	-	(57)	-
Thornbury Centre	182	-	-	182
Versus Arthritis	3,820	(2,233)	-	1,587
Wakefield CCG / Modality	5,965	-	(5,965)	-
Young Parents' Emergency Fund	1,068	-	-	1,068
	<u>205,884</u>	<u>24,309</u>	<u>(106,280)</u>	<u>123,913</u>
<b>TOTAL FUNDS</b>	<u>479,527</u>	<u>294,504</u>	<u>-</u>	<u>774,031</u>

**KEIGHLEY HEALTHY LIVING NETWORK**

**Notes to the Financial Statements - continued  
for the Year Ended 31st March 2023**

**16. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	127,289	(79,798)	47,491
Airedale Community Partnership MSK project	-	(41,542)	(41,542)
ARF Council Digi Hubs	-	(14,025)	(14,025)
Art 4 All Project 2020	6,487	(8)	6,479
Hainworth Wood CC	24	(5,106)	(5,082)
Healthy Heart (Act as One)	5,433	(8,192)	(2,759)
Lifestyle Change Project 2023 & 2024	315	(57)	258
Morrisons Cook and Eat	-	(4,957)	(4,957)
Power to Change - Resilience Funding	10,000	(5,645)	4,355
Rethinking Pain	390,277	(154,169)	236,108
System Connector Wellbeing Hubs	30,000	(19,404)	10,596
Warm Spaces	1,000	-	1,000
Wharfe Valley Pathways	7,500	(277)	7,223
Young Parent Project 2023-2025	25,050	-	25,050
	<u>603,375</u>	<u>(333,180)</u>	<u>270,195</u>
<b>Restricted funds</b>			
CBMDC - Kickstart 2021	6,163	(5,053)	1,110
CBMDC - Living Well	31,207	(31,438)	(231)
Give Bradford	-	(9,943)	(9,943)
Healthy Holidays	-	(1,269)	(1,269)
Keith Thompson Centre	435	(435)	-
Keighley Town Fund	4,250	(2,268)	1,982
KHL Building Fund	4,552	(30,567)	(26,015)
LCF Digital Hubs	2,472	(9,874)	(7,402)
LCF Keighley Com. Health	15,000	(7,592)	7,408
Leeds Hospital Charity	50,000	(46,590)	3,410
Lloyds Bank Foundation	32,647	(34,482)	(1,835)
Mencap	-	(1,260)	(1,260)
Mental Health Transformation	100,000	(11,411)	88,589
Modality Partnerships	-	(408)	(408)
National Lottery Community Fund (ID: 20180631)	54,151	(55,604)	(1,453)
Peoples Postcode Lottery	-	(9,775)	(9,775)
Power to Change	-	(4,049)	(4,049)
Project 6	15,000	(22,660)	(7,660)
Sovereign Healthcare	-	(2,165)	(2,165)
The Brelms Trust	2,500	(4,992)	(2,492)
Versus Arthritis	4,872	(7,105)	(2,233)
	<u>323,249</u>	<u>(298,940)</u>	<u>24,309</u>
<b>TOTAL FUNDS</b>	<u>926,624</u>	<u>(632,120)</u>	<u>294,504</u>



**KEIGHLEY HEALTHY LIVING NETWORK**

**Notes to the Financial Statements - continued  
for the Year Ended 31st March 2023**

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**16. MOVEMENT IN FUNDS - continued**

**KEIGHLEY HEALTHY LIVING NETWORK**

**Notes to the Financial Statements - continued  
for the Year Ended 31st March 2023**

**16. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
<b>Unrestricted funds</b>				
General fund	254,687	7,396	11,560	273,643
<b>Restricted funds</b>				
BVCS Alliance Sunshine Project	500	(500)	-	-
CBMDC - Covid 19 Emergency	-	2,491	-	2,491
CBMDC - Digital Hubs	-	12,480	-	12,480
CBMDC - Kickstart 2021	-	2,009	-	2,009
CBMDC - Kickstart	4,106	(4,106)	-	-
CBMDC - Lion's Den	5,477	(5,477)	-	-
CBMDC - Living Well	1,415	221	-	1,636
Co-op - Tackling Food Poverty	2,553	(2,437)	-	116
Give Bradford	-	10,000	-	10,000
Greggs Foundation	1,852	(172)	-	1,680
Healthy Holidays	(263)	1,318	(1,800)	(745)
Keighley Town Council	739	(739)	-	-
KHL Building Fund	3,942	96	-	4,038
LCF Digital Hubs	-	9,886	-	9,886
LCF Healthy Heart	3,000	3,073	-	6,073
LCF Keighley Com. Health	11,733	(2,846)	(1,000)	7,887
Leeds Hospital Charity	-	10,673	(600)	10,073
Lloyds Bank Foundation	3,044	296	(2,840)	500
Mencap	-	1,260	-	1,260
Modality Partnerships	21,781	4,379	-	26,160
Morrison's Foundation	-	8,966	(900)	8,066
National Lottery Community Fund (ID: 20180631)	19,979	(17,106)	(1,600)	1,273
NHS Bradford District & Craven CCG	-	61,861	-	61,861
Peoples Postcode Lottery	-	9,776	-	9,776
Play Bradford	102	1,790	-	1,892
Power to Change	-	4,049	-	4,049
Project 6	324	3,720	-	4,044
Sangat Community Centre	-	3,640	-	3,640
Sovereign Healthcare	2,165	-	-	2,165
Sport England	47	2,453	(2,500)	-
The Brelms Trust	-	2,482	-	2,482
The Leap	862	(805)	-	57
Thornbury Centre	3,445	(3,263)	-	182
Versus Arthritis	-	4,140	(320)	3,820
Wakefield CCG / Modality	19,235	(13,270)	-	5,965
WY&H Health Inequalities	41,210	(41,210)	-	-
Young Parents' Emergency Fund	1,082	(14)	-	1,068
	<u>148,330</u>	<u>69,114</u>	<u>(11,560)</u>	<u>205,884</u>

KEIGHLEY HEALTHY LIVING NETWORK

Notes to the Financial Statements - continued  
for the Year Ended 31st March 2023

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16.	MOVEMENT IN FUNDS - continued				
	TOTAL FUNDS	<u>403,017</u>	<u>76,510</u>	<u>-</u>	<u>479,527</u>

KEIGHLEY HEALTHY LIVING NETWORK

Notes to the Financial Statements - continued  
for the Year Ended 31st March 2023

16. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	68,259	(60,863)	7,396
<b>Restricted funds</b>			
BVCS Alliance Sunshine Project	-	(500)	(500)
CBMDC - Covid 19 Emergency	2,671	(180)	2,491
CBMDC - Digital Hubs	12,480	-	12,480
CBMDC - Kickstart 2021	7,298	(5,289)	2,009
CBMDC - Kickstart	-	(4,106)	(4,106)
CBMDC - Lion's Den	2,350	(7,827)	(5,477)
CBMDC - Living Well	29,214	(28,993)	221
Co-op - Tackling Food Poverty	-	(2,437)	(2,437)
Give Bradford	10,000	-	10,000
Greggs Foundation	-	(172)	(172)
Healthy Holidays	11,065	(9,747)	1,318
Keighley Town Council	-	(739)	(739)
KHL Building Fund	94,099	(94,003)	96
LCF Digital Hubs	9,886	-	9,886
LCF Healthy Heart	3,073	-	3,073
LCF Keighley Com. Health	14,855	(17,701)	(2,846)
Leeds Hospital Charity	25,000	(14,327)	10,673
Lloyds Bank Foundation	32,818	(32,522)	296
Mencap	2,200	(940)	1,260
Modality Partnerships	7,222	(2,843)	4,379
Morrisons Foundation	15,300	(6,334)	8,966
National Lottery Community Fund (ID: 20180631)	16,275	(33,381)	(17,106)
NHS Bradford District & Craven CCG	61,861	-	61,861
Peoples Postcode Lottery	19,838	(10,062)	9,776
Play Bradford	4,500	(2,710)	1,790
Power to Change	7,866	(3,817)	4,049
Project 6	10,517	(6,797)	3,720
Sangat Community Centre	7,140	(3,500)	3,640
Sovereign Healthcare	2,988	(2,988)	-
Sport England	7,440	(4,987)	2,453
The Brelms Trust	5,000	(2,518)	2,482
The Leap	-	(805)	(805)
Thornbury Centre	3,680	(6,943)	(3,263)
Versus Arthritis	10,000	(5,860)	4,140
Wakefield CCG / Modality	-	(13,270)	(13,270)
WY&H Health Inequalities	-	(41,210)	(41,210)
Young Parents' Emergency Fund	-	(14)	(14)
	436,636	(367,522)	69,114
<b>TOTAL FUNDS</b>	504,895	(428,385)	76,510

KEIGHLEY HEALTHY LIVING NETWORK

Notes to the Financial Statements - continued  
for the Year Ended 31st March 2023

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16. MOVEMENT IN FUNDS - continued

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**KEIGHLEY HEALTHY LIVING NETWORK**

**Notes to the Financial Statements - continued  
for the Year Ended 31st March 2023**

**16. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
<b>Unrestricted funds</b>				
General fund	254,687	54,887	(9,233)	300,341
Airedale Community Partnership MSK project	-	(41,542)	61,861	20,319
ARF Council Digi Hubs	-	(14,025)	12,480	(1,545)
Art 4 All Project 2020	-	6,479	-	6,479
Hainworth Wood CC	-	(5,082)	5,082	-
Healthy Heart (Act as One)	-	(2,759)	6,073	3,314
Lifestyle Change Project 2023 & 2024	-	258	15,751	16,009
Morrisons Cook and Eat	-	(4,957)	8,066	3,109
MSK Project	-	-	5,965	5,965
Power to Change - Resilience Funding	-	4,355	-	4,355
Rethinking Pain	-	236,108	-	236,108
System Connector Wellbeing Hubs	-	10,596	-	10,596
Warm Spaces	-	1,000	-	1,000
Wharfe Valley Pathways	-	7,223	-	7,223
Young Parent Project 2023-2025	-	25,050	11,795	36,845
	<u>254,687</u>	<u>277,591</u>	<u>117,840</u>	<u>650,118</u>
<b>Restricted funds</b>				
BVCS Alliance Sunshine Project	500	(500)	-	-
CBMDC - Covid 19 Emergency	-	2,491	(2,491)	-
CBMDC - Digital Hubs	-	12,480	(12,480)	-
CBMDC - Kickstart 2021	-	3,119	(3,119)	-
CBMDC - Kickstart	4,106	(4,106)	-	-
CBMDC - Lion's Den	5,477	(5,477)	-	-
CBMDC - Living Well	1,415	(10)	-	1,405
Co-op - Tackling Food Poverty	2,553	(2,437)	(116)	-
Give Bradford	-	57	(57)	-
Greggs Foundation	1,852	(172)	(1,680)	-
Healthy Holidays	(263)	49	1,264	1,050
Keighley Town Council	739	(739)	-	-
Keighley Town Fund	-	1,982	-	1,982
KHL Building Fund	3,942	(25,919)	21,977	-
LCF Digital Hubs	-	2,484	-	2,484
LCF Healthy Heart	3,000	3,073	(6,073)	-
LCF Keighley Com. Health	11,733	4,562	(1,000)	15,295
Leeds Hospital Charity	-	14,083	(600)	13,483
Lloyds Bank Foundation	3,044	(1,539)	(1,505)	-
Mental Health Transformation	-	88,589	-	88,589
Modality Partnerships	21,781	3,971	(25,752)	-
Morrisons Foundation	-	8,966	(8,966)	-
National Lottery Community Fund (ID: 20180631)	19,979	(18,559)	(1,006)	414
NHS Bradford District & Craven CCG	-	61,861	(61,861)	-

KEIGHLEY HEALTHY LIVING NETWORK

Notes to the Financial Statements - continued  
for the Year Ended 31st March 2023

16. MOVEMENT IN FUNDS - continued

Peoples Postcode Lottery	-	1	(1)	-
Play Bradford	102	1,790	(1,892)	-
Project 6	324	(3,940)	-	(3,616)
Sangat Community Centre	-	3,640	(3,640)	-
Sovereign Healthcare	2,165	(2,165)	-	-
Sport England	47	2,453	(2,500)	-
The Brelms Trust	-	(10)	-	(10)
The Leap	862	(805)	(57)	-
Thornbury Centre	3,445	(3,263)	-	182
Versus Arthritis	-	1,907	(320)	1,587
Wakefield CCG / Modality	19,235	(13,270)	(5,965)	-
WY&H Health Inequalities	41,210	(41,210)	-	-
Young Parents' Emergency Fund	1,082	(14)	-	1,068
	<u>148,330</u>	<u>93,423</u>	<u>(117,840)</u>	<u>123,913</u>
<b>TOTAL FUNDS</b>	<u>403,017</u>	<u>371,014</u>	<u>-</u>	<u>774,031</u>

# KEIGHLEY HEALTHY LIVING NETWORK

## Notes to the Financial Statements - continued for the Year Ended 31st March 2023

### 16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	195,548	(140,661)	54,887
Airedale Community Partnership MSK project	-	(41,542)	(41,542)
ARF Council Digi Hubs	-	(14,025)	(14,025)
Art 4 All Project 2020	6,487	(8)	6,479
Hainworth Wood CC	24	(5,106)	(5,082)
Healthy Heart (Act as One)	5,433	(8,192)	(2,759)
Lifestyle Change Project 2023 & 2024	315	(57)	258
Morrisons Cook and Eat	-	(4,957)	(4,957)
Power to Change - Resilience Funding	10,000	(5,645)	4,355
Rethinking Pain	390,277	(154,169)	236,108
System Connector Wellbeing Hubs	30,000	(19,404)	10,596
Warm Spaces	1,000	-	1,000
Wharfe Valley Pathways	7,500	(277)	7,223
Young Parent Project 2023-2025	25,050	-	25,050
	<u>671,634</u>	<u>(394,043)</u>	<u>277,591</u>
<b>Restricted funds</b>			
BVCS Alliance Sunshine Project	-	(500)	(500)
CBMDC - Covid 19 Emergency	2,671	(180)	2,491
CBMDC - Digital Hubs	12,480	-	12,480
CBMDC - Kickstart 2021	13,461	(10,342)	3,119
CBMDC - Kickstart	-	(4,106)	(4,106)
CBMDC - Lion's Den	2,350	(7,827)	(5,477)
CBMDC - Living Well	60,421	(60,431)	(10)
Co-op - Tackling Food Poverty	-	(2,437)	(2,437)
Give Bradford	10,000	(9,943)	57
Greggs Foundation	-	(172)	(172)
Healthy Holidays	11,065	(11,016)	49
Keighley Town Council	-	(739)	(739)
Keith Thompson Centre	435	(435)	-
Keighley Town Fund	4,250	(2,268)	1,982
KHL Building Fund	98,651	(124,570)	(25,919)
LCF Digital Hubs	12,358	(9,874)	2,484
LCF Healthy Heart	3,073	-	3,073
LCF Keighley Com. Health	29,855	(25,293)	4,562
Leeds Hospital Charity	75,000	(60,917)	14,083
Lloyds Bank Foundation	65,465	(67,004)	(1,539)
Mencap	2,200	(2,200)	-
Mental Health Transformation	100,000	(11,411)	88,589
Modality Partnerships	7,222	(3,251)	3,971
Morrisons Foundation	15,300	(6,334)	8,966
National Lottery Community Fund (ID: 20180631)	70,426	(88,985)	(18,559)



KEIGHLEY HEALTHY LIVING NETWORK

Notes to the Financial Statements - continued  
for the Year Ended 31st March 2023

**16. MOVEMENT IN FUNDS - continued**

NHS Bradford District & Craven CCG	61,861	-	61,861
Peoples Postcode Lottery	19,838	(19,837)	1
Play Bradford	4,500	(2,710)	1,790
Power to Change	7,866	(7,866)	-
Project 6	25,517	(29,457)	(3,940)
Sangat Community Centre	7,140	(3,500)	3,640
Sovereign Healthcare	2,988	(5,153)	(2,165)
Sport England	7,440	(4,987)	2,453
The Brelms Trust	7,500	(7,510)	(10)
The Leap	-	(805)	(805)
Thornbury Centre	3,680	(6,943)	(3,263)
Versus Arthritis	14,872	(12,965)	1,907
Wakefield CCG / Modality	-	(13,270)	(13,270)
WY&H Health Inequalities	-	(41,210)	(41,210)
Young Parents' Emergency Fund	-	(14)	(14)
	<u>759,885</u>	<u>(666,462)</u>	<u>93,423</u>
<b>TOTAL FUNDS</b>	<u><u>1,431,519</u></u>	<u><u>(1,060,505)</u></u>	<u><u>371,014</u></u>

# KEIGHLEY HEALTHY LIVING NETWORK

## Notes to the Financial Statements - continued for the Year Ended 31st March 2023

### 16. MOVEMENT IN FUNDS - continued

Fund Name	Purpose of restriction
Art 4 All Project 2020	- Income received to support continuation of the Art 4 All groups
BVCS Alliance Sunshine Project	- Towards the Sunshine Project.
CBMDC - Covid 19 Emergency	- Infection control linked to Covid 19.
CBMDC - Digital Hubs / ARF Council	- Towards 1:1 community digital support.
Digi Hubs	
CBMDC Kickstart 2021	- Funding from Bradford Council towards breastfeeding, healthy weight and young parents' activities.
CBMDC - Lion's Den	- Towards the Lion's Den Shed project.
CBMDC - Living Well	- Towards older peoples activities including Living Well, Connecting Communities and Skill Share projects.
Co-op Tackling Poverty	- Cooking club for children
Give Bradford	- Towards strategic development costs.
Greggs Foundation	- For Bumps, Babies, Breastfeeding and Beyond project.
Hainworth Wood CC	- Delivery of cooking classes and social activities
Healthy Holidays	- Funding from HAFP and Leeds Community Foundation for Healthy Holidays.
Keighley Town Council	- Covid Response Digital Inclusion - Resources.
Keighley Town Fund	- Capital funding for refurbishment of part of the building
KHL Building Fund	- Funding from CBMDC and Power to Change along with other individual donations towards to refurbishment of Scott Street.
LCF Digital Hubs	- Connect Digital Health and Wellbeing Programme (Digital Hubs).
LCF Healthy Heart (Act as One)	- Healthy Heart Programme / Act as One.
LCF Keighley Com. Health	- Lifestyle Change Programme.
Leeds Hospital Charity	- Tackling health inequalities exacerbated by Covid 19. Working with Project 6, Carers Resource and Roshni Ghar.
Lifestyle Change Project 23 & 24	- Delivery of food and exercise activities across Keighley
Lloyds Bank Foundation	- Young parents' health and wellbeing project.
Mencap	- Mencap 'Round the World' physical activity challenge.
Mental Health Transformation	- A partnership project providing community mental health support as part of the wider mental health transformation programme
Modality Partnerships	- Health coaching.
Morrisons Foundation (Cook and Eat)	- Healthy cooking classes.
National Lottery Community Fund	- CONNECT Keighley - project to reduce loneliness and increase community connection.
NHS Bradford District & Craven CCG / Airedale Community Partnership Host Fund	- Airedale Community Partnership project.
Peoples Postcode Lottery	- Healthy Lifestyle and Co-design project manager.
Play Bradford	- Outdoor play project.
Power to Change	- Towards business development costs.
Power to Change Resilience Fund	- Support with increased energy costs and improving energy efficiency of the building
Project 6	- Keighley Pathways.
Rethinking Pain	- Community based chronic pain service connecting people from clinical care with community health services and support
Sangat Community Centre	- Towards exercise classes at Sangat Community Centre.
Sovereign Healthcare	- Towards young chef classes.

## KEIGHLEY HEALTHY LIVING NETWORK

### Notes to the Financial Statements - continued for the Year Ended 31st March 2023

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#### 16. MOVEMENT IN FUNDS - continued

Sport England	-	Returning to Exercise - additional exercise classes.
System Connector Wellbeing Hubs	-	Supporting development of a wellbeing network and connecting projects together
The Brelms Trust	-	Salary Contribution for core/support staff.
The Leap	-	Art engagement and consultation.
Thornbury Centre	-	Integrated Communities Programme/Community Engagement Project.
Versus Arthritis	-	Sport England grant for MSK exercise delivery and peer support.
Wakefield CCG / Modality / MSK Project	-	MSK Connect - a pilot health and care pathway for people with long term or evolving musculoskeletal conditions.
Warm Space	-	Offering weekly sessions for the community to access warm space and refreshments
Wharfe Valley Pathways	-	Delivery of weekly sessions and one to one support the Wharfe Valley pathways
WY&H Health Inequalities	-	Digital inclusion - Digital Hubs.
Young Parents Emergency Fund	-	Donation to make funds available to young parents in need of assistance.
Young Parents Project 2023-25	-	Delivery of a bespoke project to support young parents in pregnancy and with parenting

#### 17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st March 2023.

#### 18. ULTIMATE CONTROLLING PARTY

The charity is under the control of the board of trustees.