

Keighley Healthy Living Network

Charity number 1090543

A company limited by guarantee number 04190566

Annual Report and Financial Statements for the year ended 31 March 2022



Keighley Healthy Living

t: 01535 677177

e: admin@khl.org.uk

www.khl.org.uk



West Yorkshire Community Accounting Service

Keighley Healthy Living Network

Annual Report and Financial Statements for the year ended 31 March 2022

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Prepared by West Yorkshire Community Accountancy Service CIO

Keighley Healthy Living Network

Trustees' report for the year ended 31 March 2022

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Pam Essler	Chair	
Susan Bartlett	Treasurer	
Sharon Orr		
Gary Hodgson		
Francine Setter		
Jean Hahn		
John Hartley		
James Drury		Appointed August 2021
Charity number	1090543	Registered in England and Wales
Company number	04190566	Registered in England and Wales
Registered and principal address	Bankers	
13 Scott Street	Yorkshire Bank	CCLA Investment Management Ltd
Keighley	73 North Street	COIF Charity Funds
West Yorkshire	Keighley	80 Cheapside
BD21 2JH	BD21 3SD	London EC2V 6DZ

Independent examiner

Simon Bostrom FCIE

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity is a company limited by guarantee and was formed on 30 March 2001. It is governed by a memorandum and articles of association as amended by special resolution dated 14 January 2002. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £1.

Method of recruitment and appointment of trustees

The trustees of the charity are also the directors for the purpose of company law and are appointed by the members at the AGM. We have made changes to our Trustee recruitment methods including the use of Reach Volunteering and this has resulted in the successful recruitment of new Trustees over the last 2 years. We have a strong effective board with a good skill mix and range of experience.

Organisational decision making

The Managers report on the work of the organisation to the Board of Trustees at least quarterly. The Managers also report on the state of the finances of Keighley Healthy Living Network. Any trustee can ask for further information from staff members.

Day to day management of funds, staff buildings, work programmes and development of new initiatives is delegated to the Manager/s.

Keighley Healthy Living Network

Trustees' report (continued) for the year ended 31 March 2022

Staff and volunteers

Keighley Healthy Living Network currently employs 13 staff that deliver projects within the centre and in out-reach settings. We have an excellent staff team who are highly committed to the charity. Keighley Healthy Living Network is also supported by a range of volunteers who support our projects such as our social groups, activities and reception. In addition, we contract freelance staff to deliver a number of our specialised projects such as exercise classes, art groups, menopause support and digital hubs.

Membership of wider network

Keighley Healthy Living Network is a member of Airedale, Wharfedale and Craven Clinical Commissioning Group Health & Wellbeing Hub, Airedale Community Partnerships, the National Council for Voluntary Organisations, Community Action Bradford and District and Locality. These memberships have no impact on the day to day operations of Keighley Healthy Living Network.

Relationships with other organisations

Keighley Healthy Living Network has no subsidiaries. Keighley Healthy Living Network works in partnership with a range of other voluntary, community and statutory agencies in order to deliver its key work programmes.

Major risks to Keighley Healthy Living Network

The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks. The major risk to which Keighley Healthy Living Network is non-renewal of grants and loss of income streams. Keighley Healthy Living Network has taken action and developed a funding plan and diversified our funding streams. Throughout the year we experienced the impact of COVID and needed to be flexible and work with constant changes in terms of a loss of income, staff changes, Covid restrictions and refurbishing the building.

Insurance and other risks

Keighley Healthy Living Network carries buildings, public liability, employer's liability and contents insurance through Towergate Insurance.

Objectives and activities

The charity's objects

To promote for the benefit of the public in and around Keighley (the area of benefit) good practice in public health and health care

To relieve poverty, hardship and distress associated with poor health for all those living or working within the area of benefit.

To advance education relating to the benefits of good health and social well being and its implications for all those living or working within the area of benefit.

Our Vision:

A strong and thriving local community that is resilient, capable and healthy and where people are well connected to each other.

Our Mission:

- To support people to take ownership of their own health and wellbeing.
- To create an environment for friendships to develop and where people can support each other and connect to their community.
- To build personal growth and confidence, resilience and capability through providing opportunities to thrive.

Keighley Healthy Living Network

Trustees' report (continued) for the year ended 31 March 2022

The charity's main activities

Keighley Healthy Living Network is a charity based in central Keighley which is dedicated to improving the health and wellbeing of the local population.

We offer a range of activities with a focus on

- improving physical and mental health and well-being
- tackling health inequalities
- working towards a strong integrated community where people from different backgrounds live, work and socialise together, based on shared rights, responsibilities and opportunities
- providing inclusive and accessible community health services (support & delivery)
- reducing social isolation and loneliness
- co-designing innovative interventions for individuals and our community's health
- having a test-and-learn, iterative approach
- sharing learning and insights that support local and national strategic health outcomes

To support our key areas of work we offer a wide range of activities based in our centre and various out-reach settings and include:

Lifestyle Change – Community projects including cooking courses, healthy lifestyle courses, dancing classes, walks, weight management classes, Staying Steady - falls prevention course, Fitstart - Introduction to Exercise and outdoor play, Digital Hubs and our MSK project for people with musculo-skeletal conditions.

Young Parents – A bespoke project to support Young Parents with parenting skills, postnatal group and one to one support for a range of areas including housing, relationships and debt.

Social Groups– A variety of weekly groups and short courses such as Art 4 All, The Shed, patchwork, exercise groups and wellbeing, games and conversation cafes with a focus on people who are experiencing loneliness and/or with mild dementia/mental health problems.

Building Connections – working in partnership with the community and other organisations to build on communities' strengths and develop projects as needed by the community.

Enabling – we support a local partnership project, Keighley Pathways to offer support during crisis and when needing immediate support with accessing food banks and benefit advice. We signpost and support people to access resources, equipment as needed.

We also offer volunteering opportunities and student placements. We have strong partnerships and links across Keighley and Bradford District. Keighley Healthy Living Network works with local people across all age, ethnicity and ability ranges; we frequently consult with local people to identify what will be the most effective way that we can work with them to improve their own health through lifestyle changes. We aim to tackle social isolation, inequalities in health and build confidence and capacity in the local population by delivering outreach sessions and working in other community centres.

Achievements and performance

Due to the ongoing restrictions of the pandemic this has been a challenging year with many changes and impact on the community. We have demonstrated that we are agile and have responded well to these challenges.

Keighley Healthy Living Network

Trustees' report (continued) for the year ended 31 March 2022

Achievements and performance continued

We have continued to provide an active service to the community in a range of formats including online groups and activities, phone calls, outdoor activities, food and activity packs, navigating and signposting to appropriate support. We have also strengthened our infrastructure and embedded new staff and roles including a Marketing and Communications officer and a Project Lead for Lifestyle Change. During this year we have also undertaken major refurbishment of our community building including installing new windows and a new roof. We have increased our Trustee board and strengthened its skill mix.

In Summary

We have increased our income through grants and contracts and expanded our delivery to reach more people within the community.

We have increased our outreach activities, delivering in a range of local community centres across Keighley.

We worked with the local Primary Care Networks to improve systems of connecting patients from the local GP to community health activities. This has increased referral of people seeing the GP for their health conditions such as MSK to attend community activities such as exercise, cooking and peer support. This pilot project has been expanded and funded for the next year.

We have improved data collection and management and are starting to use our new database.

We have continued to refurbish the building and replaced flooring and redecorated.

We have grown as an organisation in terms of reach, projects delivered and impact.

Please see our website www.khl.org.uk for additional information and our Impact reports, case studies and project reports.

Public benefit statement

In setting our objectives and planning our activities all trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the advancement of health, wellbeing and citizenship.

Fundraising

Keighley Healthy Living Network raises funds through grant applications to charitable trusts and securing commissions for work from statutory agencies including the local authority. Our main funders are The National Lottery Communities Fund, the Lloyds Bank Foundation for England & Wales, Bradford Metropolitan District Council, Keighley Community Health Care, West Yorkshire & Harrogate Health and Care Partnership. Other funders are shown in the annual accounts including, Power to Change, Leeds Community Foundation, Sport England, the players of the People's Postcode Lottery, Leeds Hospitals Charity - NHS Charities Together, Versus Arthritis – Sport England Grants, Morrison's Foundation, The Brelm's Trust and Equality Together.

Financial review

The net income for the year was £76,511, including net income of £18,957 on unrestricted funds and net income of £57,554 on restricted funds.

Keighley Healthy Living Network

Trustees' report (continued) for the year ended 31 March 2022

Reserves policy

In conjunction with our Financial Procedures Policy the Reserves Policy forms part of our commitment to ensure the management and allocation of funds is carried out responsibly to enable Keighley Healthy Living Network to continue to provide its core services and to secure the viability of the organisation beyond the immediate future.

The need to provide for medium to long term will ensure that we can absorb setbacks and take advantage of change and opportunity.

It is the view that we should have sufficient funds to enable Keighley Healthy Living Network to exist for a period of time (not less than three months and no more than six months), to enable the development of alternative funding streams.

The charity's free reserves, excluding fixed assets, at the year end were £96,765.

Going concern

As stated earlier, the major risk to which Keighley Healthy Living Network is exposed is the non-renewal of existing funding and loss of income due to the current crisis. Keighley Healthy Living Network is actively seeking to secure alternative future funding and ensuring the organisation is ready to be able to apply for tenders/contracts relevant to our work. We have also diversified our funding streams and are applying for new grants. The pandemic and subsequent restrictions had an impact on the charity and created a loss of rental income from our building. However, as the charity has considerable financial resources, the trustees/directors believe that the charity is well placed to manage its financial risks successfully despite the current uncertain economic outlook. The trustees/directors have a reasonable expectation that the charity will adapt to the current environment and respond to the needs of the community and look at measures to ensure ongoing sustainability of the organisation. Over the last two years we have also increased the number of members on our Board, bringing in expertise in HR, health and safety and links with local healthcare.

Plans for the future

Keighley Healthy Living Network intends to build on its progress and its established programme and will continue to build on partnerships to strengthen projects and communities working together. Building a resilient organisation, securing funding for its core delivery and continuing to meet the needs of the community will be its key focus.

We are building on our role in lifestyle change and aiming to increase our work in partnerships with GP practices and community centres to provide a consistent service across the area. We are looking to increase contracts from the health care system and working with people living with a long-term health condition and providing a strong community offer to support the community to improve their health and wellbeing.

We have continued to refurbish our building and create an excellent health and wellbeing centre in the heart of Keighley. We will respond to the demands of the current climate and adapt to meet the challenges ahead.

We have once again had a challenging year but in many ways this has helped us to grow as an organisation. We have had to learn new ways of working and we will maintain some of these methods going forward along with our face to face activities. The expansion of our Board means that we have strengthened the expertise we have. This will be used to update our strategic framework and in turn will give confidence and support to staff who have worked hard during the challenging time.

Keighley Healthy Living Network

Trustees' report (continued) for the year ended 31 March 2022

Statement of trustees' responsibilities

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees report and the financial statements in accordance with the applicable law and UK Accounting Standards.

Company law requires the trustees to prepare financial accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;

- observe the methods and principles in the Charities SORP;

- make judgements and estimates that are reasonable and prudent;

- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;

- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS102)), and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Approved by the board of trustees on 21/11/2022

Pam Essler (Trustee)

Keighley Healthy Living Network

Independent examiner's report to the trustees of Keighley Healthy Living Network

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2022, which are set out on pages 9 to 20.

Responsibilities and basis of report

As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charitable company's gross income exceeded £250,000 your examiner must be a fellow of a body listed in section 145 of the 2011 Act.

I confirm that I am qualified to undertake the examination because I am a fellow of ACIE which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Simon Bostrom FCIE

28/11/2022

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Keighley Healthy Living Network
Statement of Financial Activities
(including summary income and expenditure account)
for the year ended 31 March 2022

	Notes	2022 Unrestricted funds £	2022 Restricted funds £	2022 Total funds £	2021 Total funds £
Income from:					
Donations and legacies		4,626	5,400	10,026	5,923
Charitable activities	(2)	20,358	430,986	451,344	529,092
Other trading activities - room hire		20,451	250	20,701	5,787
Other income		22,756	-	22,756	-
Investments		68		68	90
Total income		68,259	436,636	504,895	540,892
Expenditure on:					
Charitable activities	(3)	60,862	367,522	428,384	259,705
Total expenditure		60,862	367,522	428,384	259,705
Net income / (expenditure)		7,397	69,114	76,511	281,187
Transfers between funds		11,560	(11,560)	-	-
Net movement in funds		18,957	57,554	76,511	281,187
Fund balances brought forward		254,687	148,330	403,017	121,830
Fund balances carried forward	(6)	273,644	205,884	479,528	403,017

All incoming resources and resources expended derive from continuing activities.

Keighley Healthy Living Network

Balance sheet

as at 31 March 2022

		2022	2022	2022	2021
		Unrestricted	Restricted	Total	Total
		£	£	£	£
Fixed assets					
Tangible assets	(7)	176,879	-	176,879	175,709
Total fixed assets		<u>176,879</u>	<u>-</u>	<u>176,879</u>	<u>175,709</u>
Current assets					
Debtors and prepayments	(8)	77,519	-	77,519	53,684
Cash at bank and in hand	(9)	21,046	206,134	227,180	175,424
Total current assets		<u>98,565</u>	<u>206,134</u>	<u>304,699</u>	<u>229,108</u>
Current liabilities:					
amounts falling due within one year					
Creditors and accruals	(10)	1,800	250	2,050	1,800
Total current liabilities		<u>1,800</u>	<u>250</u>	<u>2,050</u>	<u>1,800</u>
Net current assets / (liabilities)		<u>96,765</u>	<u>205,884</u>	<u>302,649</u>	<u>227,308</u>
Net assets		<u>273,644</u>	<u>205,884</u>	<u>479,528</u>	<u>403,017</u>
Funds					
Unrestricted funds		273,644	-	273,644	254,687
Restricted funds		-	205,884	205,884	148,330
Total funds		<u>273,644</u>	<u>205,884</u>	<u>479,528</u>	<u>403,017</u>

For the year ending 31 March 2022 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476. The trustees (who also the directors for the purposes of company law) acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and with FRS 102 (effective January 2019).

The financial statements were approved by the board of trustees on 21/11/2022

Pam Essler (Trustee)

Keighley Healthy Living Network
Statement of cash flows
for the year ended 31 March 2022

	2022 £	2021 £
Cash flows from operating activities:		
Net cash provided by (used in) operating activities	<u>58,383</u>	<u>240,160</u>
Cash flows from investing activities:		
Dividends and interest	68	90
Purchase of tangible fixed assets	<u>(6,695)</u>	<u>(180,011)</u>
Net cash provided by (used in) investing activities	<u>(6,627)</u>	<u>(179,921)</u>
 Change in cash and cash equivalents in the reporting period	 51,756	 60,239
Cash and cash equivalents at the beginning of the reporting period	<u>175,424</u>	<u>115,185</u>
Cash and cash equivalents at the end of the reporting period	<u>227,180</u>	<u>175,424</u>
 Reconciliation of net movement in funds to net cash flow from operating activities	 2022	 2021
	£	£
Net movement in funds for the reporting period (as per the statement of financial activities)	76,511	281,187
Adjustments for:		
Depreciation charges	5,525	4,920
Dividends and interest from investments	(68)	(90)
(Increase) / decrease in debtors	(23,835)	(45,938)
Increase / (decrease) in creditors	<u>250</u>	<u>81</u>
Net cash provided by (used in) operating activities	<u>58,383</u>	<u>240,160</u>
 Analysis of cash and cash equivalents	 2022	 2021
	£	£
Cash in hand	972	149
Notice deposits (less than 30 days)	<u>226,208</u>	<u>175,275</u>
Total cash and cash equivalents	<u>227,180</u>	<u>175,424</u>

Keighley Healthy Living Network

Notes to the accounts

for the year ended 31 March 2022

1 Accounting policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

Expenditure and liabilities

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

Grants payable without performance conditions

Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Tangible fixed assets

Tangible fixed assets costing more than £500 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost over their expected useful economic lives as follows:

Leasehold property: 10 years straight line

Office furniture: 25% reducing balance

Fixtures and fittings: 25% reducing balance

Computer equipment: over 3 years straight line

Keighley Healthy Living Network

Notes to the accounts

for the year ended 31 March 2022

1 Accounting policies continued

Pensions

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Leases

Rents under operating leases are charged on a straight line basis over the lease term or to an earlier date if the lease can be determined without financial penalty.

Keighley Healthy Living Network

Notes to the accounts continued

for the year ended 31 March 2022

2 Charitable activities income	2022	2022	2022	2021
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
City of Bradford Met.District Council (CBMDC)	-	81,665	81,665	54,745
Community First Yorkshire	-	2,000	2,000	1,500
Leeds Community Foundation (LCF)	-	37,814	37,814	27,156
Leeds Hopsital Charity	-	25,000	25,000	-
Lloyds Bank Foundation	-	32,818	32,818	38,014
Mencap	-	2,200	2,200	-
Modality Partnerships	-	7,222	7,222	43,830
Morrisons Foundation	-	15,300	15,300	-
NHS Bradford District & Craven CCG	-	61,861	61,861	-
Peoples Postcode Trust	-	19,838	19,838	-
Play Bradford	-	4,500	4,500	7,000
Power to Change	-	77,866	77,866	155,000
Project 6	-	10,517	10,517	5,517
Sangat Community Centre	-	7,140	7,140	-
Sovereign Health	-	2,988	2,988	-
Sport England	-	7,440	7,440	-
The Brelms Trust	-	5,000	5,000	-
The National Lottery Community Fund	-	16,275	16,275	53,057
The Thornbury Centre	-	3,430	3,430	3,445
Versus Arthritis	-	10,000	10,000	-
Allan Clark	-	-	-	4,000
Bernard Sunley	-	-	-	5,000
Bradford VCS Alliance	-	-	-	4,000
Charities Aid Foundation	-	-	-	1,500
Clothworkers Foundation	-	-	-	30,000
Community Action Bradford and Dist. (CABAD)	-	-	-	7,500
Croft Cargo	-	-	-	1,000
Duke of Devonshire	-	-	-	3,000
Groundwork	-	-	-	500
Hainworth Wood Community Centre	-	-	-	7,310
HMRC Job Retention Scheme Grant	-	-	-	7,784
Keighley Big Local	-	-	-	3,200
Keighley Town Council	-	-	-	8,828
NHS Wakefield CCG	-	-	-	49,902
The Leap	-	-	-	2,350
Transforming Lives for Good	-	-	-	1,880
Participant fees	7,613	112	7,725	2,074
Other fee income	12,745	-	12,745	-
	<u>20,358</u>	<u>430,986</u>	<u>451,344</u>	<u>529,092</u>

Keighley Healthy Living Network

Notes to the accounts continued

for the year ended 31 March 2022

3 Charitable activities expenditure	2022	2022	2022	2021
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
Charitable activities	34,262	162,666	196,928	133,515
Project expenses	10,138	69,641	79,779	76,696
Administrative expenses	8,101	12,223	20,324	17,431
Premises costs	1,036	109,019	110,055	23,468
Depreciation	5,525	-	5,525	4,920
Grants payable	-	13,973	13,973	1,875
Independent examination	1,800	-	1,800	1,800
	<u>60,862</u>	<u>367,522</u>	<u>428,384</u>	<u>259,705</u>

4 Staff costs and numbers	2022	2021
	£	£
Gross salaries	184,772	122,252
Social security costs	8,159	8,256
Pensions	2,865	2,022
Payroll charges	1,132	985
	<u>196,928</u>	<u>133,515</u>

The average number of employees during the year was 11.5, being an average of 7.3 full time equivalent (2021: 6.7, 4.3 FTE). There were no employees with emoluments above £60,000.

Defined contribution pension scheme	2022	2021
	£	£
Costs of the scheme to the charity for the year	2,865	2,022
Amount of any contributions outstanding at the year end	-	-

5 Grant making

Project or activity	2022	2021
	Grants to	Grants to
	institutions	institutions
	£	£
Bracken Bank & District Community Association	4,477	1,375
Highfield Community Association	5,500	-
Lion's Den Shed	3,996	-
Salvation Army	-	500
Total	<u>13,973</u>	<u>1,875</u>

Keighley Healthy Living Network

Notes to the accounts continued

for the year ended 31 March 2022

6 Restricted funds	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
CBMDC Digital Hubs	-	12,480	-	-	12,480
NHS Bfd Dist & Craven CCG	-	61,861	-	-	61,861
Mencap	-	2,200	940	-	1,260
Sangat Community Centre	-	7,140	3,500	-	3,640
Give Bradford	-	10,000	-	-	10,000
LCF Digital Hubs	-	9,886	-	-	9,886
The Brelms Trust	-	5,000	2,518	-	2,482
CBMDC Kickstart 2021	-	7,298	5,289	-	2,009
Versus Arthritis	-	10,000	5,860	(320)	3,820
Morrisons Foundation	-	15,300	6,334	(900)	8,066
Leeds Hospitals Charity	-	25,000	14,327	(600)	10,073
Power to Change	-	7,866	3,817	-	4,049
LCF Healthy Heart (Act as One)	3,000	3,073	-	-	6,073
CBMDC Living well	1,415	29,214	28,993	-	1,636
Healthy Holidays	(263)	11,065	9,747	(1,800)	(745)
Wakefield CCG/ Modality	19,235	-	13,270	-	5,965
Co-op Tackling Food Poverty	2,553	-	2,437	-	116
Thornbury Centre	3,445	3,680	6,943	-	182
Play Bradford	102	4,500	2,710	-	1,892
LCF Keighley Com. Health	11,733	14,855	17,701	(1,000)	7,887
The Leap	862	-	805	-	57
WY&H Health Inequalities	41,210	-	41,210	-	-
Keighley Town Council	739	-	739	-	-
CBMDC COVID 19 Emergency	-	2,671	180	-	2,491
Greggs Foundation	1,852	-	172	-	1,680
KHL Building Fund	3,942	94,099	94,003	-	4,038
Modality Partnerships	21,781	7,222	2,843	-	26,160
CBMDC Lion's den	5,477	2,350	7,827	-	-
BVCS Alliance Sunshine proj.	500	-	500	-	-
Peoples Postcode Lottery	-	19,838	10,062	-	9,776
Sport England	47	7,440	4,987	(2,500)	-
Lloyds Bank Foundation	3,044	32,818	32,522	(2,840)	500
National Lottery Com. Fund	19,979	16,275	33,381	(1,600)	1,273
Project 6	324	10,517	6,797	-	4,044
CBMDC Kickstart	4,106	-	4,106	-	-
Sovereign Healthcare	2,165	2,988	2,988	-	2,165
Young parents' emergency fund	1,082	-	14	-	1,068
	<u>148,330</u>	<u>436,636</u>	<u>367,522</u>	<u>(11,560)</u>	<u>205,884</u>

Keighley Healthy Living Network

Notes to the accounts continued

for the year ended 31 March 2022

6 Restricted funds continued

Fund name	Purpose of restriction
CBMDC Digital Hubs	Towards 1:1 community digital support
NHS Bfd Dist & Craven CCG	Airedale Community Partnership project
Mencap	Mencap Round the World physical activity challenge
Sangat Community Centre	Towards exercise classes at Sangat Community Centre
Give Bradford	Towards strategic development costs
LCF Digital Hubs	Connect Digital Health and Wellbeing Programme (Digital Hubs)
The Brelms Trust	Salary Contribution core/support staff
CBMDC Kickstart 2021	Funding from Bradford Council towards breastfeeding, healthy weight and young parents activities
Versus Arthritis	Sport England Grant for MSK exercise delivery and peer support
Morrisons Foundation	Healthy cooking classes
Leeds Hospitals Charity	Tackling health inequalities exacerbated by C-19. Working with Project 6, Carers Resource and Roshni Ghar
Power to Change	Towards business development costs
LCF Healthy Heart (Act as One)	Healthy Hearts Programme/Act As One
CBMDC Living well	Towards older peoples activities including Living well, Connecting Communities and Skill share projects
Healthy Holidays	Funding from HAFP and Leeds Community Foundation for Healthy Holidays
Wakefield CCG/ Modality	MSK Connect – a pilot health and care pathway for people with long term or evolving musculoskeletal conditions
Co-op Tackling Food Poverty	Cooking club for children
Thornbury Centre	Integrated Communities Programme/Community Engagement Project
Play Bradford	Outdoor Play project
LCF Keighley Com. Health	Lifestyle Change Programme
The Leap	Art engagement and consultation
WY&H Health Inequalities	Digital Inclusion – Digital Hubs
Keighley Town Council	COVID Response Digital Inclusion – Resources
CBMDC COVID 19 Emergency	Infection Control linked to COVID-19.
Greggs Foundation	For the Bumps, Babies, Breastfeeding and Beyond project
KHL Building Fund	Funding from CBMDC and Power to Change along with other individual donations towards the refurbishment of Scott Street.
Modality Partnerships	Health coaching
CBMDC Lion's den	Towards the Lion's Den Shed project
BVCS Alliance Sunshine proj.	Towards the Sunshine Project
Peoples Postcode Lottery	Healthy Lifestyles & Co-design Project Manager
Sport England	Returning to Exercise – additional exercise classes
Lloyds Bank Foundation	Young parents health and wellbeing project
National Lottery Com. Fund	CONNECT Keighley – project to reduce loneliness and increase community connection.
Project 6	Keighley Pathways
CBMDC Kickstart	Funding from Bradford Council towards breastfeeding, healthy weight and young parents activities
Sovereign Healthcare	Towards young chef classes
Young parents' emergency fund	Donation to make funds available to young parents in need of assistance

All of the transfers relate to room hire charges.

Keighley Healthy Living Network
Notes to the accounts continued
for the year ended 31 March 2022

7 Tangible assets	Land and buildings	Office furniture	Fixtures and fittings	Computer equipment	Total
Cost	£	£	£	£	£
At 1 April 2021	177,010	10,665	598	7,778	196,051
Additions	-	-	-	6,695	6,695
At 31 March 2022	177,010	10,665	598	14,473	202,746
Depreciation					
At 1 April 2021	3,540	10,427	598	5,777	20,342
Charge for year	3,540	60	-	1,925	5,525
At 31 March 2022	7,080	10,487	598	7,702	25,867
Net book value					
At 31 March 2022	169,930	178	-	6,771	176,879
At 31 March 2021	173,470	238	-	2,001	175,709
8 Debtors and prepayments				2022	2021
				£	£
Debtors				77,519	30,087
Prepayments				-	426
Accrued income				-	23,171
				77,519	53,684
9 Cash at bank and in hand				2022	2021
				£	£
Cash at bank				226,208	175,275
Cash in hand				972	149
				227,180	175,424
10 Creditors and accruals				2022	2021
				£	£
Accruals				1,800	1,800
Other creditors				250	-
				2,050	1,800

Keighley Healthy Living Network **Notes to the accounts continued** **for the year ended 31 March 2022**

11 Related party transactions

Trustee expenses

No trustee received any remuneration or benefit during this year (previous year: 1 trustee and £11 in respect of travel).

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

Remuneration and benefits received by key management personnel

The total employee benefits received by key management personnel were £33,907 (previous year: £34,457).

12 Operating leases

Expected future minimum lease payments over the remaining life of the lease, analysed into the period in which the commitment falls due:

	2022	2021
	£	£
Within one year	144	864
In the second to fifth years inclusive	-	144
Over five years from the balance sheet date	-	-
	<u>144</u>	<u>1,008</u>

Keighley Healthy Living Network

Statement of Financial Activities including comparatives for all funds (including summary income and expenditure account) for the year ended 31 March 2022

	2022 Unrestricted funds £	2021 Unrestricted funds £	2022 Restricted funds £	2021 Restricted funds £	2022 Total funds £	2021 Total funds £
Income						
Donations and legacies	4,626	611	5,400	5,312	10,026	5,923
Charitable activities	20,358	33,164	430,986	495,928	451,344	529,092
Other trading activities - room hire	20,451	5,787	250	-	20,701	5,787
Other income	22,756	-	-	-	22,756	-
Investments	68	90	-	-	68	90
Total income	68,259	39,652	436,636	501,240	504,895	540,892
Expenditure						
Charitable activities	60,862	41,229	367,522	218,476	428,384	259,705
Total expenditure	60,862	41,229	367,522	218,476	428,384	259,705
Net income / (expenditure)	7,397	(1,577)	69,114	282,764	76,511	281,187
Transfers between funds	11,560	179,210	(11,560)	(179,210)	-	-
Net movement in funds	18,957	177,633	57,554	103,554	76,511	281,187
Fund balances brought forward	254,687	77,054	148,330	44,776	403,017	121,830
Fund balances carried forward	273,644	254,687	205,884	148,330	479,528	403,017