

THE BURDETT TRUST FOR NURSING
REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 DECEMBER 2020

Registered Charity Number: 1089849
Registered Company Number: 4306248

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THE BURDETT TRUST FOR NURSING

REFERENCE AND ADMINISTRATIVE INFORMATION

TRUSTEES

Alan Gibbs - Chairman
Andrew Martin Smith
Dame Christine Beasley DBE
Evy Hambro
Professor David Sines CBE
Dr Michael Gormley
Andrew Gibbs
Professor Charles Anthony Butterworth
Professor Mary Joy Lovegrove OBE
Professor Ursula Maire Gallagher (deceased 25 July 2021)
Audrey Ardern-Jones

CHIEF EXECUTIVE

Shirley Baines

REGISTERED CHARITY NUMBER

1089849

REGISTERED COMPANY NUMBER

4306248

REGISTERED ADDRESS

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COMPANY SECRETARY

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AUDITORS

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BANKERS

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INVESTMENT MANAGERS

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THE BURDETT TRUST FOR NURSING

TRUSTEES' REPORT

YEAR ENDED 31 DECEMBER 2020

The Trustees, who are also directors of the Trust for the purposes of the Companies Act, present their annual report and audited consolidated financial statements of the charity for the year ended 31 December 2020. These accounts consolidate the accounts of the Trust and the Junius S Morgan Benevolent Fund which is referred to as a subsidiary charity in the report and accounts. The financial statements have been prepared under the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (SORP 2019) (Second Edition, effective 1 January 2019), and the accounting policies set out on pages 20 and 21. The financial statements comply with all other statutory requirements and the requirements of the Trust's governing document.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Constitution

The Burdett Trust for Nursing (the Trust) is a charitable company limited by guarantee without a share capital. The company is governed by a Memorandum and Articles of Association.

The initial funding for the Trust arose when the Royal National Pension Fund for Nurses, a company limited by guarantee, without a share capital, agreed to transfer all of its property, rights, assets, liabilities and obligations to Liverpool Victoria Life Company Limited (LVLC), a wholly owned subsidiary of Liverpool Victoria Friendly Society Limited.

Organisation

The administration of the charity was carried out by the Company Secretary, Rathbone Trust Company Limited during the year. The Trustees, who have four main meetings a year, have appointed two sub-committees; the Investment Committee which meets twice a year and the Grants Committee which meets regularly. All matters agreed at either sub-committee are reported to the main Trustee meetings and final approval for decisions is given as necessary.

The Trustees consider that the Board of Trustees and the Chief Executive (CEO) are the key management personnel of the charity. In the year no Trustee was paid for their time and details of their expenses and related party transactions are disclosed in note 15 to these accounts. Trustees are required to disclose all relevant interests and register them with the Chief Executive prior to Trustee meetings. In accordance with the Trust's policy, Trustees must withdraw from decisions where a conflict of interest arises.

The charity's CEO is paid via a service level agreement with Rathbone Trust Company Limited, who are responsible for the management of the Trust's day-to-day administrative and financial operations. The agreement is reviewed annually and subject to inflationary increases. The CEO's salary is not within the direct control of the Trustees and the service level agreement reflects the need for a senior officer to manage the day-to-day running of the charity. The Trustees are mindful of the demanding workload of the charity and the scale of its grant-making operations; and whilst the CEO's salary is not within their direct control, the service level agreement reflects the need for a senior officer to manage the day-to-day running of the charity with remuneration that is fair and not out of line with that generally paid for similar roles within the sector.

Appointment of Trustees

Trustees are appointed by existing Trustees after reviewing the skills required at board level and the suitability of proposed candidates. New Trustees are given copies of the Memorandum and Articles of Association, recent copies of the Trust's annual report and accounts and documents explaining the Trust's history and its key policies and procedures. In addition all new Trustees are given guidance material published by the Charity Commission on the responsibilities of being a trustee. The Trustees are kept informed about the Trust and relevant developments in the charity sector when appropriate.

The Trustees who acted during the year are shown in the reference and administration section.

Subsidiary charities

The charity is also parent of the Junius S Morgan Benevolent Fund, which was established to provide financial and other relief for needy practising and former members of the nursing profession.

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TRUSTEES' REPORT (continued)

YEAR ENDED 31 DECEMBER 2020

OBJECTS AND ACTIVITIES FOR THE PUBLIC BENEFIT

The objects of the charity are to:

- Promote and advance education, research and training within the nursing and other healthcare professions for the benefit of the public and to promote public awareness of nursing and health issues;
- Provide for the relief of hardship and mental or physical ill-health among nurses and other health-care professionals, and their dependants; and
- Promote and advance the provision of nursing and other health services for the benefit of the public.

The Trustees have referred to the Charity Commission's guidance on public benefit when reviewing their aims and objectives and planning their future activities and they believe that their strategic grants meet the objective of benefiting a wide cross-section of the community. The following sections of this report relating to the Trust's grant-making and related activities set out how the Trust furthers its charitable purposes for public benefit. To establish the benefit derived from their funding and in order that they can be confident of meeting their obligations the Trustees have developed a robust monitoring and evaluation system for each of their grant programmes.

Grant-making policies and procedures

The Trustees target their grants at projects that are nurse-led and focused on supporting the nursing contribution to healthcare. The Trust aims to use its funds to empower nurses and through this to make significant improvements to the patient care environment. The Trustees review their grant-making policies and procedures regularly and in 2020 they continued to focus their funding on three key areas:

- **Building Nursing Research Capacity:** supporting clinical nursing research and research addressing policy, leadership development and delivery of nursing care.
- **Building Nurse Leadership Capacity:** supporting nurses in their professional development to create a cadre of excellent nursing and allied health professionals who will become leaders of the future and foster excellence and capacity-building in advancing the nursing profession.
- **Supporting Local Nurse-led Initiatives:** supporting nurse-led initiatives that make a difference at local level and are focused explicitly on improving care for patients and users of services.

The Trust's grant policies are published and explained clearly on its website where grant applicants can download detailed grant guidance material and access the online application form. To make the process as user-friendly as possible, applicants can download the application questions and prepare their answers in advance of completing the online form.

The Trustees wish to make a difference with their grants and therefore they give priority to applications that:

- involve partnership and co-operation between organisations where this is feasible;
- demonstrate a strong patient-centred engagement narrative;
- lever in other funds;
- offer maximum impact for the money spent and can demonstrate that impact.

The Trust is concerned that not only is its money spent for the intended purpose, but that the impact of its funding is maximised. Applicants are expected to include details of the intended impact of their project and the evaluation process that will be used to demonstrate that impact. Each year the Trust receives many more applications than it can support with its limited funds. For this reason, the Trustees try to be as specific as possible about what they will and will not fund. The Trust's grant guidance material explains that it is not able to make grants for:

- general appeals;
- existing posts, although the Trust will consider supporting new posts directly associated with a project/initiative;
- overhead costs of academic institutions or statutory agencies;

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- organisations closely aligned to government departments where funding should properly be provided from statutory sources, (i.e. Primary Care Trusts in the NHS);
- retrospective funding i.e. funding for an activity that has already taken place;
- funding in lieu of statutory funding or as a replacement when it has run out or been withdrawn;
- significant capital appeals e.g. building costs or equipment.

The Trustees continued to meet their objective of providing relief of hardship among nurses and other allied health-care professionals by making a further grant to the Junius S. Morgan Benevolent Fund, a charity that makes small hardship grants to individual registered nurses and auxiliaries in financial need.

ACHIEVEMENTS AND PERFORMANCE

In recognition of Florence Nightingale's bicentennial year, the World Health Organisation designated 2020 as the first ever global Year of the Nurse and Midwife. Far from being a year of celebration, 2020 proved to be a year of unprecedented challenges for nurses and healthcare workers as they worked tirelessly to care for those affected by the Covid-19 pandemic. It was a year that shone a light on the incredible work that they do, often putting themselves at risk to help others.

In 2020, the Trustees approved eighty-eight grants totalling £4,305,833 bringing the overall total of grants approved by the Trust to £48,708,213. 2020 grants were made within four key programme areas:

Grant Programme	Grants £	No.
Funding Partnerships	865,785	5
Small Grants Programme [awards of £2,000 to £8,000]	274,897	38
Proactive Funding Awards	1,022,180	11
Empowerment – Reducing Restrictive Interventions	874,533	14
Empowerment – Covid-19 Supporting Resilience	1,268,438	20
Grand Total	4,305,833	88

Covid-19 Response

In March 2020, the Trustees held urgent meetings over Zoom to discuss ways in which they could realign their grant programmes and develop new ones to help the nursing workforce at this difficult time. Throughout the year, Trust staff strived to be as responsive and flexible as possible, assuring grant recipients that they were there to support them and recognising that many funded projects would experience unavoidable delays. In response to the global pandemic, the Trustees increased the maximum size of grants available through their small grants programme from £8,000 to £10,000; and they launched an 'empowerment programme' strategically targeted at the mental health, wellbeing and resilience of the nursing workforce.

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TRUSTEES' REPORT (continued)

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Funding Partnerships

Since 2009 the Trust has worked collaboratively with carefully selected organisations, each well-placed to deliver grant programmes on Burdett's behalf. Burdett's funding partners enable the Trust to distribute its funds strategically and widely for the health and well-being of patients. In 2020 the Trust awarded £865,785 in funding partnership grants:

Burdett Funding Partnerships 2020	Grants £
C3 Collaborating for Health	94,065
C3 Collaborating for Health & QNIS	97,500
University of Edinburgh – IGNITE programme	299,220
Junius S. Morgan Benevolent Fund	300,000
ICN Nightingale Challenge - Nursing Now Legacy	75,000
Grand Total	865,785

C3 Collaborating for Health

In 2020 Burdett Trust awarded two funding partnership grants totalling £191,565 to C3 Collaborating for Health:

- a grant of £94,065 for a project responding to escalating evidence of mental health-related sickness absence amongst UK nurses, made timelier by the Covid-19 pandemic. The project will be overseen by a steering group of experts and will build upon evidence produced in the Society of Occupational Medicine/RCN Foundation report *'The Mental Health and Wellbeing of Nurses and Midwives in the UK'*. The project will cover two areas: a toolkit designed with and for individual nurses; and changes to the policy environment by consulting key leaders who can make changes to better understand the barriers and make evidence-based improvements.
- a grant of £97,500 for a community engagement project run in partnership with QNIS¹ in which expert community nurses will work with residents of some of Scotland's most disadvantaged communities, to help them improve the healthiness of their environments and better understand the challenges faced in the poorest areas of Scotland. Five Queen's Nurses (QNs) will be selected to work for two years on the project supported by their employer and C3. Although the QNs will lead the project, a local manager will be appointed and community members identified to ensure there is local ownership. C3 will analyse the data and provide a report for the QNs to run insight sessions and work with community members to develop action plans.

University of Edinburgh – IGNITE programme

A grant of £299,220 was awarded to support the University of Edinburgh (UoE) IGNITE programme. The programme will act as a catalyst to strengthen support for pioneering nursing and midwifery clinical practice, accelerating progress towards the Sustainable Development Goals (SDGs). The IGNITE programme will provide three nursing and midwifery led projects in extremely low resourced settings, with a particular focus on Africa. Together Burdett Trust and the Nursing Studies and Global Health Academy at UoE will deliver a shared ambition to empower nurses and midwives to make significant improvements in the care and health of global populations. The benefits of the programme are far-reaching. For example, it includes the provision of clinical obstetrics training in Liberia for a cohort of nine midwives, to address skills shortage in the local community. A task-sharing approach will redistribute duties usually reserved for higher-qualified medical professionals, to those who are more likely to be performing the day-to-day care. The IGNITE programme is also supporting the provision of specialist training for nurses who are treating and caring for women who have experienced complex sexual trauma in war in the Democratic Republic of Congo. In Uganda, IGNITE will support work between the UoE, The Ugandan Ministry of Health and the Uganda Chief Nurse to train nurses in the clinical skills to deliver quality palliative care to reduce suffering experienced by those at the end of their life. The root of the programme is to develop projects that invest in nurses and midwives and build meaningful partnerships to grow sustainable in-country capacity that is scalable and able to address the needs of patients and people who use care services.

¹ Queens Nursing Institute Scotland

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TRUSTEES' REPORT (continued)

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ICN – Nursing Now Legacy

In 2020, Burdett trust awarded a grant of £75,000 to support the amalgamation of the Nursing Now groups under the ICN banner.

Junius S. Morgan Benevolent Fund

In 2020 the Trust made a further grant of £300,000 and through this it met one of its key charitable objectives, providing relief of hardship among nurses and other allied health-care professionals. The Junius S. Morgan Benevolent Fund makes charitable grants to members of the nursing profession who are in hardship for a variety of reasons. Since its inception, the Fund has made thousands of small grants to nurses, former nurses and nursing auxiliaries. Burdett Trust and Junius S. Morgan Benevolent Fund have worked in close partnership for many years, sharing their history as well as their strong commitment to the nursing workforce; both charities were named after founders of the Royal National Pension Fund for Nurses. The Fund is a lifeline to many nurses in hardship and never has this been more important than during the coronavirus pandemic when Burdett's additional funding enabled the Fund to increase its reach to support even more nurses in need.

Small Grants Programme

The Burdett Small Grants Programme funds smaller nurse-led projects in the UK and internationally that involve clinical care, environment of care, social care, leadership and/or education. The application process aims to be user-friendly offering an online application form and 'fast-track' decision making, with most applications processed in less than four weeks. In previous years, the programme made grants of up to £8,000 but in 2020, in recognition of the challenges faced by nursing charities as a result of the pandemic, the trustees raised this to £10,000.

In 2020, the Trust received sixty-one small grant applications and made thirty-eight grants totalling £274,897: bringing the total approved within the programme to date to £1,080,913.

The small grants programme was established to ensure that Burdett Trust's funding would support not only large transformational and knowledge-generating projects, but also smaller scale projects more likely to be developmental in nature and to have an impact at local, grassroots level. The Trustees are pleased to report that small grants have continued to reach most parts of the UK as well as funding small international initiatives, as the following table demonstrates:

Small Grants Awarded 2014-2020 by Region

Region of benefit	Grants Approved £	No. of awards
East Midlands	79,354	19
Eastern	22,438	4
London	136,966	21
North East	27,964	6
North West	55,229	11
South East	116,930	27
South West	137,125	23
West Midlands	47,305	8
Yorkshire and Humber	58,045	12
Northern Ireland	31,075	5
Scotland	55,333	10
Wales	13,855	2
National	173,727	27
International	125,567	18
Total	1,080,913	193

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All grants made by the Trust are subject to monitoring and evaluation. Recipients of small grants are asked to provide a short report on their use of Trust funds and its impact on patient care. The process is kept intentionally 'light-touch' reflecting the scale of the awards.

Proactive Grants

Burdett Trust aims to be a catalyst for change and an active player in improving the health and well-being of patients. In addition to making grants in response to funding applications, the Trust '*proactively*' seeks out ways of engaging with nursing stakeholders and invites proposals to further its long-term plans. The Trustees participate in dialogue and share new ideas with nursing organisations, service providers and other funders and engage in collaborative problem-solving and project development. All proactive grants are initiated by the Trust. Unsolicited applications are not accepted within this programme.

In 2020, the Trustees supported eleven organisations proactively with grants totalling £1,022,180 in furtherance of the Trust's charitable objectives.

Barts Health NHS Trust

A grant of £30,000 was awarded for a study into the health and social impact of the COVID-19 pandemic on the nursing workforce in the UK. It is widely accepted that the NHS workforce is already under significant pressure with around one-third of nurses being eligible for retirement in the next ten-years, high attrition, and over 40,000 current NHS vacancies. The funded study will provide real-time information about the challenges facing the nursing workforce and examine changes over time in relation to their wellbeing. It will identify predictors of nursing wellbeing and inform policy on key interventions to support it. The survey will capture the widest perspective of views of the UK nursing workforce (*registered nurses, healthcare assistants, students and nursing associates providing frontline delivery of healthcare*) and act as a platform for further research.

Birmingham Women's and Children's NHS Foundation Trust

A grant of £50,000 was awarded towards Birmingham Women's and Children's Emergency COVID-19 appeal. The appeal was launched to support nurses and healthcare workers on the frontline and the women, children and families in their care. Burdett's funds will help ensure that the Foundation Trust has what it needs to continue its vital work.

Children's Hospital Trust- Child Nurse Practice Development Initiative

A grant of £150,000 to the Children's Hospital Trust to enable its Child Nurse Practice Development Initiative (CNPDI) to establish and support four 'Best Practice Units' for children's nursing in South Africa. The CNPDI's long-term goal is a strengthened children's nursing workforce, working to best possible effect in Africa's health care systems. Specialist children's nurses are an extremely scarce resource in most African countries, where they account for less than 1% of the nursing workforce. The four Best Practice Units for children's nursing will produce a suite of context-aligned tools and resources to enable nurses to assess, reflect on and improve practice in their units.

CW+ (Charity of Chelsea and Westminster Hospital NHS Foundation)

A grant of £287,650 over three years was awarded to CW+ to fund and recruit the first Nursing Innovation Fellow. The role of the Fellow will be to work with senior nursing leadership, the CW Innovation team and the wider nursing workforce to proactively seek out and build a cohort of clinical nurse entrepreneurs and novel ideas. Working alongside the CW Innovation Business Partners, the Fellow will draw on the existing innovation, improvement and R&D infrastructure within the organisation and will work with an external network of partners and advisors to help navigate new opportunities and ensure that identified projects align with the real-time clinical and operational challenges faced by teams on the ground. The Fellow will be supported to drive and deliver a series of pop-up engagement events and lead on CW+'s successful annual Nurses Call. Now entering its fourth year, the Nurses Call has been central to raising the profile of nurse-led innovation across the organisation. Culminating in a 'Dragons Den' judging session, finalists receive coaching, funding and project management support to help deliver their projects. The Fellow will play an

integral role in expanding this programme and helping to evaluate the impact of projects in their clinical settings.

De Montfort University

A grant of £67,641 was awarded for an Evaluation of evidence-based health visitor services to support the mental health and coping of parents with excessively crying babies. The study will consider whether health visitors providing routine services can deliver the “Surviving Crying” website and booklet materials successfully. It will also review whether senior health visitors can be recruited and trained to deliver CBT sessions to parents and whether their involvement is maintained and do parents show the same benefits as in the exploratory study.

Harvard Global Nursing Leadership Program

A grant of £150,000 was awarded to support the launch and first virtual leadership workshop of the Harvard Global Nursing Leadership Program (HGNLP). The HGNLP aims to enhance the executive leadership capacity of ministerial-level government chief nurse and midwifery officers, regulators, and national nursing associations to support integrated population health management and primary care institutions devoted to disease prevention, health promotion and the provision of quality health care. The program’s educational components will include didactic courses, interactive case-based learning exercises, action-learning activities in leadership and management, population health management, innovation science, analytics, finance, technology and digital health.

King’s College London

A grant of £60,000 over three years was awarded to King’s College London towards an ambitious project to enable nurses to deliver the best possible care at the Connaught Hospital, Sierra Leone. The project will concentrate on three key areas: on-the-job skills development; systems change and continuous professional development. Across these areas it will focus on critically unwell patients, working across the wards and with the emergency care team to build the skills and systems to help the sickest patients. The project will work to ensure that nurses have the skills, confidence and environment they need to provide the best care, for the long term.

London South Bank University

A grant of £99,129 for an evaluation of the “Swans and Cygnets” model of end-of-life and bereavement care during the Covid-19 pandemic. The Swan model of care was established as a means of aligning end of life and bereavement care and organ donation in order to enable everyone to access equitable treatment and care, regardless of diagnosis or circumstances. Recently, the Swan team responded to the pandemic through the development of the Cygnet programme. The vision for the cygnets is that people do not die alone due to the restrictions on visiting in hospitals during the COVID19 pandemic. The evaluation study would evaluate the impact of the Swan and Cygnet service and identify what worked and what did not and draw conclusions about the transferability of this model of care to other clinical settings.

Malawi Nightingale Challenge

A grant of £30,000 was awarded to support the Malawi Nightingale Challenge. Established in 2019 it aims to support nurses and midwives aged 35 years and younger to become leaders, innovators, and advocates within the multi-disciplinary teams in which they operate. The mentorship programme will assist approximately fifty nurse and midwife mentees to develop their leadership skills.

Western Health and Social Care Trust

A grant of £97,760 towards Health Action Training (HAT) an innovative and proven programme that uses techniques drawn from actor training and puppetry to teach health professionals how to improve interpersonal communication skills through authentic role play and simulation. HAT will be used across a 14-month period to achieve enhanced competency in interpersonal communication in a range of challenging health-care environments. Course content will be influenced by nurses and service users with the end-goal

of increasing resilience and social capital of the organisation by developing in-house trainers who will continue to use HAT methods to address future communication problems.

2020 Empowerment Programmes

Burdett Trust's 'empowerment programme' was established in 2011 to enable the Trust to fund a cohort of projects with a common focus using a proactive, programmatic approach. Each empowerment programme is advertised widely to ensure that relevant organisations are aware of the call for proposals. In 2020 Burdett Trust launched and delivered two empowerment programmes:

Safeguarding Service Users from Abuse and Harm: Reducing Restrictive Interventions

The Burdett Trust shares the nursing workforce's commitment to the future elimination of restrictive interventions, and believes that this is possible through preventative, evidence-based interventions that can help minimise aggression and challenging behaviour and promote safety and personal dignity when behavioural emergencies occur. The Trust believes nurses are well-placed to take a leadership role in designing, modelling and implementing more appropriate forms of non-intrusive crisis intervention and behavioural management. More evidence is needed to establish what works safely and effectively, supported by measures such as reduced stimulation, active listening, diversionary techniques, de-escalation interventions, boundary setting and the use of appropriate medication. With this in mind, the Trustees invited proposals for innovative, nurse-led initiatives that would promote the reduction and potential elimination of restraint, isolative and restrictive interventions, whilst keeping the focus sharply on improving the safety and well-being of service users who may occasionally present with unpredictable and concerning behaviours.

The Trust received thirty-two grant applications and approved fourteen grants totalling £874,533.

Case study: Edge Hill University – Grant of £46,783

Funding was awarded for a multi-phased, nurse-led project that will lead to the co-production of an evidenced-based, child-centred toolkit to increase the use of positive behavioural support (PBS) and reduce the use of restrictive practices (RP) with children with intellectual disabilities and/or autism spectrum conditions (ID/ASC) attending hospital. The use of RP in challenging and stressful encounters can result in poor short-term outcomes, distress, injury and long-term trauma. The Trust believes that the preventative toolkit will be a 'good fit' to practice and have wide applicability.

Covid-19: Supporting Resilience in the Nursing Workforce

The Covid-19 pandemic has created unprecedented challenges for the Nursing workforce. They have been at the forefront of responding rapidly and safely to the challenges posed by Covid-19. Some of their responses have seen a step change in moving niche ideas and projects forward. This has given nurses the opportunity to implement significantly different improvements to the care of patients and support for communities. However, the pandemic has also threatened nurses mental health and wellbeing. This programme invited nurse-led proposals for evidence-based strategies and interventions which could demonstrate innovative and sustainable changes to clinical practice and service redesign, as a result of learning gained through the pandemic. The programme also sought proposals for evidence-based support for nurse's mental health and psychological wellbeing, both in the immediate and long term. The Trust recognises that nursing is part of a workforce team and evidence submitted as part of grant proposals was expected to reference that. The Trust was keen to receive proposals that reflected a wide range of settings, in particular those outside of hospital and those covering both prevention and care in both health and social care.

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Case study: Queen's University Belfast – Grant of £85,316

Nurses in care homes have had to contend with increasing deaths of residents, limited clinical support and a reduced workforce placing them at greater risk of poor mental health and wellbeing. This funded project will explore how nurses in care homes developed resilience during the COVID-19 pandemic outbreak and codesign a digital resource to build future coping and adaptation strategies fostering increasing resilience. The findings of the project will be shared regionally, nationally and internationally and reported in a peer-reviewed, open-access, international journal.

The 2020 programmes brought the total approved within the empowerment programme over nine years to £17,686,884 as shown below:

Empowerment Grants Approved 2011 - 2019

Year - Programme	Grants Approved £	No. of awards
2011 - Nurse Empowerment	2,255,728	20
2013 - Delivering Dignity	1,850,670	20
2014 - Young Minds	801,184	10
2014 - Transitional Care	1,345,432	12
2015 - Maternal and Childhood Obesity	1,081,173	10
2016 - Men's Health & Emergent Conditions	951,851	8
2016 - Improving Nurse Retention	1,987,254	13
2016 - Strengthening Nursing Leadership	471,975	13
2017 - Strengthening Nursing Leadership (2)	786,108	18
2018 - People Living with Frailty	1,507,691	18
2019 - Learning Disability Nursing	1,639,104	24
2019 - Complex Needs in Primary Care	865,743	13
2020 - Reducing Restrictive Interventions	874,533	14
2020 - Covid-19: Supporting resilience	1,268,438	20
Total	17,686,884	213

Nursing Now

Nursing Now was developed as a three-year global campaign launched in 2018 in response to the findings of the 'Triple Impact' report, which concluded that as well as improving health globally, empowering nurses would contribute to improved gender equality and stronger economies. Run in collaboration with the World Health Organisation and the International Council of Nurses, the campaign has focused on five core areas: ensuring that nurses and midwives have a more prominent voice in health policy-making; encouraging greater investment in the nursing workforce; advocating for more nurses in leadership positions; encouraging research that helps determine where nurses can have the greatest impact, and sharing examples of best nursing practice.

2020 was to be the pinnacle year for *Nursing Now* as it marked the 200th anniversary of Florence Nightingale's birth and celebrated nurses worldwide in the Year of the Nurse and the Midwife. The year started with tremendous energy as *Nursing Now* reached out to all heads of state to stress the importance of investing in and supporting nurses and midwives on a global scale to achieve health for all. In the early months of 2020 regional meetings were held in Uganda, Fiji and the Bahamas but on 11 March 2020 Covid-19 was declared a pandemic by WHO. *Nursing Now* rose to the unprecedented challenges facilitating the global sharing of experience and support for nurses and midwives virtually through webinars, case studies and its Poetry Portal and marking

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International Nurses Day through the powerful medium of film. *Nursing Now* also was one of the signatories to an open letter to G20 leaders which brought together the global voices of 40 million health professionals to call Covid-19. It also created the 'Nightingale Challenge Partnerships Platform', a global community and opportunity to share knowledge and learn from health employers around the world. At the end of the year, 31,210 nurses and midwives from 802 countries had accepted the Nightingale Challenge.

Burdett Trustees and the Chief Executive Shirley Baines sit on the board of *Nursing Now* to support the campaign and oversee its good governance.

MEASURING IMPACT

During the year, the Trustees continued to monitor and review all grants, with the aim of establishing their impact on the nursing contribution to healthcare. Periodically, the Trustees meet to consider the overall impact of their grant-making programmes and make strategic plans. In addition, when possible the Chief Executive organises seminars and workshops to share and disseminate good practice resulting from the Trust's grant programmes. This was not possible in 2020 due to the global pandemic, but the Chief Executive kept in touch with grant recipients through virtual meetings to ensure that grants were on track to deliver their intended outcomes.

The Trustees are pleased to report once again this year that grant recipients successfully achieved the outputs and outcomes they set out to deliver and any shortcomings were explicable and defensible. All grant recipients are asked to provide a detailed 'final report' at the end of their grant period sharing any learning resulting from their project.

To find out more about the funding programmes and the Trust's current grant policy criteria, applicants are asked to visit the Trust's website at www.btfm.org.uk

FUTURE PLANS

The Trustees' key objective is to use its funds to empower nurses and through this, to make significant improvements to the patient-care environment. Working together with its funding partners, the Trust will support projects that are nurse-led and focused on the nursing contribution to healthcare. In addition, the Trustees will continue to support nurses through targeted grant programmes, their fast-track small grants and they will use their experience and networks to make further 'proactive' grants, all designed to make significant long-term improvements to the patient-care environment. They will continue to monitor the performance of their funding partners and grant recipients to ensure that their funds are being used for maximum benefit in furtherance of their charitable aims and objectives.

The Trustees look forward to revisiting the strategic events and projects originally planned for 2020 to celebrate the bicentenary of Florence Nightingale's birth and the Year of the Nurse and the Midwife. The Florence Nightingale Chelsea Flower Show garden, planned for 2020 and sponsored by Burdett Trust, will be carried forward to the 2021 Chelsea Flower Show. After the event, the Trust hopes to relocate this unique garden to a national hospital that has an association with Florence Nightingale where it will benefit both staff and patients. The Trust will continue to work in partnership with the *Nursing Now* campaign, due to finish in May 2021, and support its legacy through its funding of the Nightingale Challenge as it becomes the "*Nursing Now* Challenge" in June 2021.

THE BURDETT TRUST FOR NURSING

TRUSTEES' REPORT (continued)

YEAR ENDED 31 DECEMBER 2020

FINANCIAL REVIEW

Income and expenditure

The year to 31 December 2020 produced consolidated income for the Trust of £1,268,131 (2019: £2,084,370). The consolidated results for the year to 31 December 2020 show net expenditure of £4,372,589 before investment gains of £462,811. The results for the previous period showed net expenditure of £3,630,746 before investment gains of £9,224,833. Funds at 31 December 2020 totalled £82,190,460 (2018: £86,100,237).

Subsidiary charities

The Junius S Morgan Benevolent Fund made grants during the year totalling £412,080 (2019: £250,414) to help recipients meet a variety of household expenses. All grants were given to individuals, and the maximum given to any individual did not exceed £1,500.

Reserves policy

The Trustees have reviewed the reserves of the Trust. The review concluded that there were sufficient reserves to allow the charity to be managed efficiently. This policy will be reviewed on an annual basis. The general free reserves of the charity as at 31 December 2020 were £80,138,300 (2019: £84,283,258).

The charity will maintain its level of free reserves by continuing its policy of operating effectively and efficiently, maximising income and controlling expenditure.

The Trustees have also reviewed the reserves of its subsidiary charity. The free reserves of the Junius S Morgan Benevolent Fund, before transfer, amounted to £3,778,969 at 31 December 2019 (2019: £3,639,334). These reserves are considered to be at a suitable level given the aim to strike a sensible balance between the needs of the present and the future.

Details of the purpose of each of the funds are shown in note 13.

The spending policy of the Trust is to spend at least 4% or more of an average of the previous 12 quarter end market values of the portfolio. Each year the Trustees agree the budget and spending rule percentage depending on certain circumstances and investment performance.

The year-to-year fluctuations in spending can be adjusted by including more years (or quarters) in the calculation of the average market values. The long term objective is that the spending rate is less than or equal to the portfolio's real return, so that the portfolio's purchasing power will be maintained.

Fundraising

In 2020 Burdett Trust for Nursing did not engage in fundraising with the general public and did not undertake any fundraising campaigns via email or direct mail or engage in cold-calling, the charity received no complaints from the public. As a registered charity, Burdett Trust can accept donations from those wishing to support its work, but in 2020 it did not actively seek these. All offers of financial support for the Trust's work are initiated by the donor and the Trust will not share information about any donors or potential donors and never put anyone under pressure to donate funds. Any donations are controlled by the Trust's stringent 'Donations Acceptance and Refusal Policy', 'Conflicts of Interest Policy' and 'Anti-Bribery and Corruption Policy'. These policies are proportionate and include the verification of the source of the donation and other due diligence measures to protect the Trust from being unwittingly involved in a fraudulent transaction.

Nursing Now is a programme of the Burdett Trust for Nursing. Like its parent charity, Nursing Now did not engage in active fundraising with the general public in 2020, but it received funds from other grant-making bodies to support its campaign work. Nursing Now is subject to the same policies and high standards of good practice as Burdett Trust in relation to its acceptance of donations from third party organisations..

THE BURDETT TRUST FOR NURSING

TRUSTEES' REPORT (continued)

YEAR ENDED 31 DECEMBER 2020

Key management personnel remuneration

The Trustees consider that the Board of Trustees and the Chief Executive (CEO) are the key management personnel of the charity. In the year, no Trustee was paid for their time and details of their expenses and related party transactions are disclosed in the notes to these accounts. Trustees are required to disclose all relevant interests and register them with the Chief Executive prior to Trustee meetings. In accordance with the Trust's policy, Trustees must withdraw from decisions where a conflict of interest arises.

The charity's Chief Executive is paid via a service level agreement with Rathbone Trust Company, who are responsible for the management of the Trust's day-to-day administrative and financial operations. The agreement is reviewed annually and subject to inflationary increases. The Trustees are mindful of the demanding workload of the charity and the scale of its grant-making operations; and whilst the CEO's salary is not within their direct control, the service level agreement reflects the need for a senior officer to manage the day-to-day running of the charity with remuneration that is fair and not out of line with that generally paid for similar roles within the sector.

Investment policy

The overall financial and investment objectives of the Trust investment portfolio are to provide a stream of spending in support of the Trust's mission, while preserving and enhancing the real (inflation-adjusted) purchasing power of the invested assets. In formulating investment objectives for the Trust the Investment Committee was mindful of the responsibility to strike a sensible balance between the needs of the present (reflected in current spending) and the needs of the future (reinvestment). The Trust's overall investment objective is therefore to seek a total return over time large enough to provide a result equal to or greater than spending requirements and inflation.

Investment performance

The Burdett Trust investment portfolio returned +1.8% in 2020. The main contributors to performance were global equity (+9.4%) and absolute return (+7.3%), whilst UK equities (-15.2%) and property (-3.7%) were the main detractors. This performance reflects a mixed year for risk assets following the major market falls of the first quarter, with most asset classes returning to positive territory by year-end, but with a few notable exceptions including UK equities, which remained firmly in the negative. Over the longer-term, the performance of the portfolio continues to be strong, returning +6.9% on an annualised basis since inception in 2002. The portfolio was valued at £79.6m as at 31 December 2020. In addition to the Burdett Trust investment portfolio the Junius S Morgan Benevolent Fund held investments amounting to £3.7m at 31 December 2020.

TRUSTEES' RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS

The Trustees, who are also the directors for the purposes of company law, are responsible for preparing their Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company and the group and of the incoming resources and resources expended of the group for that period. In preparing these financial statements the Trustees are required to:

- Select suitable accounting policies and apply them consistently
- Observe methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charitable company will continue in operation

The Trustees are also responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and the group and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and the group and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

THE BURDETT TRUST FOR NURSING

TRUSTEES' REPORT (continued)

YEAR ENDED 31 DECEMBER 2020

So far as each of the Trustees is aware at the time the report is approved:

- there is no relevant audit information of which the company's auditors are unaware; and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Haysmacintyre LLP, will be proposed for reappointment in accordance with Section 485 of the Companies Act 2006.

In preparing this report, the Trustees have taken the exemption available to small companies and have not prepared a strategic report.

Approved by the Trustees on 1 September 2021 and signed on their behalf by:



Alan Gibbs
Chairman

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF THE BURDETT TRUST FOR NURSING

Opinion

We have audited the financial statements of The Burdett Trust for Nursing for the year ended 31 December 2020 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the group's and of the parent charitable company's affairs as at 31 December 2020 and of the group's and parent charitable company's net movement in funds, including the income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the group in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustee's use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the group's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Trustees' Annual Report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the strategic report and the directors' report included within the Trustees' Annual Report have been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the group and the parent charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Annual Report (which incorporates the strategic report and the directors' report).

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept by the parent charitable company, or returns adequate for our audit have not been received from branches not visited by us; or
- the parent charitable company financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF THE BURDETT TRUST FOR NURSING

Responsibilities of trustees for the financial statements

As explained more fully in the trustees' responsibilities statement set out on pages 13-14, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the group's and the parent charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the group or the parent charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Based on our understanding of the group and the sector in which it operates, we identified that the principal risks of non-compliance with laws and regulations related to regulatory requirements of the Charity Commission, and we considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the preparation of the financial statements such as the Charities Act 2011, Companies Act 2006 and the taxation environment.

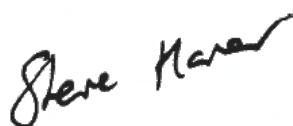
We evaluated management's opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls), and determined that the principal risks were related to posting inappropriate journal entries and management bias in certain accounting estimates and judgements. Audit procedures performed by the engagement team included:

- Inspecting correspondence with appropriate regulators and tax authorities;
- Discussions with management including consideration of known or suspected instances of non-compliance with laws and regulation and fraud;
- Evaluating management's controls designed to prevent and detect irregularities;
- Identifying and testing journals, in particular journal entries posted with unusual account combinations, postings by unusual users or with unusual descriptions; and
- Challenging assumptions and judgements made by management in their critical accounting estimates.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an Auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Steven Harper (Senior Statutory Auditor)
For and on behalf of Haysmacintyre LLP, Statutory Auditors
Date: 28 September 2021

10 Queen Street Place
London
EC4R 1AG

THE BURDETT TRUST FOR NURSING

CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES
(incorporating Consolidated Income and Expenditure Account)

FOR THE YEAR ENDED 31 DECEMBER 2020

	Notes	Unrestricted Funds 2020 £	Restricted Funds 2020 £	Total 2020 £	Total 2019 £
Income from					
Investments	2	1,105,732	102,522	1,208,254	1,552,643
Donations - Nursing Now	3	155	56,577	56,732	508,294
Donations - Burdett	3				15,316
Charitable activities – Burdett Awards					-
Bank interest		3,145		3,145	8,117
Total income		1,109,032	159,099	1,268,131	2,084,370
Expenditure on raising funds:					
Investment management fees	4	266,819	-	266,819	261,481
Net income available for charitable expenditure		824,213	159,099	1,001,312	1,822,889
Expenditure on charitable activities					
Grant making	5	3,839,239	412,080	4,251,319	3,927,274
Nursing Now	6	-	383,749	383,749	703,988
Support costs	6	662,598	76,235	738,333	822,373
Total expenditure on charitable activities		4,501,837	872,064	5,373,901	5,453,635
Total expenditure		4,768,656	872,064	5,640,720	5,715,116
Net (expenditure) before net gains/(losses) on investments		(3,659,624)	(712,965)	(4,372,589)	(3,630,746)
Net gain / (loss) on investments	8	243,960	218,851	462,811	9,224,833
Net income/(expenditure)		(3,415,664)	(494,114)	(3,909,778)	5,594,087
Transfers		(633,749)	633,749	-	-
Net movement in funds		(4,049,413)	139,635	(3,909,778)	5,594,087
Total funds brought forward		82,460,904	3,639,334	86,100,237	80,506,150
Total funds carried forward as at 31 December 2020	13	78,411,491	3,778,969	82,190,460	86,100,237

All of the above results relate to continuing activities.

All gains and losses recognised in the year are included above.

A full comparative Statement of Financial Activities is presented within Note 17.

The notes on pages 17 to 27 and the appendix form part of these financial statements.

CONSOLIDATED AND CHARITY BALANCE SHEETS

AT 31 DECEMBER 2020

FIXED ASSETS	Notes	Group		Charity	
		2020 £	2019 £	2020 £	2019 £
Investments	8	83,349,030	85,813,939	79,607,999	82,290,976
Investment in subsidiary charity	9	-	-	1,822,357	1,822,357
		<u>83,349,030</u>	<u>85,813,939</u>	<u>81,430,356</u>	<u>84,113,333</u>
CURRENT ASSETS					
Debtors	10	122,451	215,791	98,187	191,525
Cash at bank and in hand		2,571,197	4,002,264	2,527,245	3,876,124
		<u>2,693,648</u>	<u>4,218,055</u>	<u>2,625,432</u>	<u>4,067,649</u>
CURRENT LIABILITIES					
Creditors: amounts falling due within one year	11	(3,782,218)	(3,566,757)	(3,751,940)	(3,532,724)
Net current (liabilities) / assets		<u>(1,088,570)</u>	<u>651,298</u>	<u>(1,126,508)</u>	<u>534,295</u>
Total assets less current liabilities		<u>82,260,460</u>	<u>86,465,237</u>	<u>80,303,849</u>	<u>84,648,258</u>
Creditors: amounts falling due after one year	12	(70,000)	(365,000)	(70,000)	(365,000)
Total net assets		<u><u>82,190,460</u></u>	<u><u>86,100,237</u></u>	<u><u>80,233,849</u></u>	<u><u>84,283,258</u></u>
Represented by:					
<i>Unrestricted Funds</i>					
(Revaluation reserve 2021: £31,392,832 2020: £33,237,483)					
		78,315,942	82,031,605	78,315,943	82,031,603
<i>Designated funds</i>					
<i>Restricted Funds</i>					
(Revaluation reserve 2021: £1,506,448 2020: £1,287,597)					
		95,549	429,298	95,549	429,298
		<u>3,778,969</u>	<u>3,639,334</u>	<u>1,822,357</u>	<u>1,822,357</u>
	13, 14	<u><u>82,190,460</u></u>	<u><u>86,100,237</u></u>	<u><u>80,233,849</u></u>	<u><u>84,283,258</u></u>

The deficit of the Burdett Trust for Nursing before consolidation was £ 4,014,258,409 (2019 surplus of £4,947,474).

The Financial Statements were approved and authorised for issue by the Trustees on 1 September 2021 and signed on their behalf by:

Alan Gibbs
Trustee

The notes on pages 20 to 29 and the appendix form part of these financial statements.

THE BURDETT TRUST FOR NURSING

CONSOLIDATED CASH FLOW STATEMENT

FOR THE YEAR ENDED 31 DECEMBER 2020

	2020	2019
	£	£
Net cash used in operating activities (Note 16)	(5,303,367)	(4,658,266)
Cash flows from investing activities		
Dividends and interest from investments	1,211,400	1,560,760
Investment management fees payable	(266,819)	(261,481)
Purchase of investments	(10,730,669)	(18,155,299)
Proceeds from sale of investments	11,569,777	23,389,069
Movement in investment cash	2,088,611	(1,908,010)
Net cash provided by investing activities		4,625,039
Change in cash in the reporting period	(1,431,067)	(33,227)
Cash and cash equivalents at the beginning of the reporting period	4,002,264	4,035,491
Cash and cash equivalents at the end of the reporting period	2,571,197	4,002,264

Analysis of net funds

	2019 £	Movements in the year	2020 £
Cash at bank and in hand	4,002,264	1,431,067	2,571,197
	4,002,264	1,431,067	2,571,197

THE BURDETT TRUST FOR NURSING

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 DECEMBER 2020

1. PRINCIPAL ACCOUNTING POLICIES

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Second Edition, effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Burdett Trust for Nursing meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Consolidated financial statements

These financial statements consolidate the results of the Trust and its subsidiary charity, The Junius S Morgan Benevolent Fund (charity registration number 1131892) for the twelve months to 31 December 2020. A separate Statement of Financial Activities for the Trust itself is not presented because the Trust has taken advantage of the exemption afforded by section 408 of the Companies Act 2006.

The investment in the subsidiary charity is stated in the Trust balance sheet as the net assets of the charity at the date that the Trust became a controlling trustee.

Company status

The Trust is a company limited by guarantee registered in England and Wales. The members of the company are the Trustees named on page 1. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

Preparation of accounts on a going concern basis

The trustees consider there are no material uncertainties about the Charity's ability to continue as a going concern. The review of our financial position, cashflow forecasts, reserves levels and future plans, taking into account the impact of the COVID-19 pandemic, gives Trustees confidence the charity remains a going concern for the foreseeable future.

Critical accounting judgements and estimates

In preparing these financial statements, the Trustees have made judgements, estimates and assumptions that affect the application of the charities accounting policies and the reported assets, liabilities, income and expenditure and the disclosures made in the financial statements. Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. The Trustees consider that there are no critical estimates or judgements.

Donations and gifts

Donations and gifts are recognised when there is entitlement to the income, probability of receipt and the amounts can be measured.

Grants

Grants are included in the financial statements when approved by the Trustees and notified to recipients. The value of committed grants unpaid at the year end is accrued. Grants offered that are subject to conditions that have not been met at the year end are noted as a commitment but not accrued as expenditure. Long term grant creditors, defined as those which are expected to be settled in more than one year from the balance sheet date, have not been discounted on the basis that the trustees consider the effect of any discounting would be immaterial.

Other expenditure

Other expenditure is accounted for on accruals basis in the year to which it relates. Other expenditure includes governance costs. Governance costs consist of those costs associated with the overall running of the charity and meeting statutory and regulatory requirements.

THE BURDETT TRUST FOR NURSING

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 DECEMBER 2020

1. PRINCIPAL ACCOUNTING POLICIES (CONTINUED)

Investment income

Investment income is accounted for on an accruals basis in the year to which it relates.

Listed investments and investments in pooled funds

Fixed assets investments represent listed investments which are stated at market valuation, where market value represents the bid value on the last trading day before the year end. Any unrealised or realised gains arising from investments are accounted for in the Statement of Financial Activities.

Investments in subsidiaries

Investments in subsidiary undertakings are the net asset value at the point of acquisition. See note 9 for further details.

Other unlisted investments

Where a reliable basis cannot be determined for the fair value of the investment, the investment is held at cost in line with the provision of section 11 of FRS 102.

Foreign currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction. Monetary assets and liabilities are retranslated at the rate of exchange ruling at the balance sheet date. All differences are taken to the Statement of Financial Activities.

Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes. The Burdett Trust for Nursing earmarked funding of £500,000 for three years to be spent on the Nursing Now project. The designated fund at 31 December reflects the funding earmarked, less the excess of restricted expenditure over restricted income.

Restricted funds consist of:

- The funds of the connected charities, which has narrower objects than the Burdett Trust; and
- Funds received in connection with the Nursing Now project which are restricted to that project.

Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments, including other debtors and creditors are initially recognised at transaction value and subsequently measured at their settlement value.

Debtors

Debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

THE BURDETT TRUST FOR NURSING

NOTES TO THE FINANCIAL STATEMENTS (continued)

YEAR ENDED 31 DECEMBER 2020

2. INVESTMENT INCOME	2020	2019
	£	£
Dividends and interest on fixed interest securities	1,205,110	1,544,526
Interest on cash deposits	3,145	8,117
	<u>1,208,255</u>	<u>1,552,643</u>
Investment income		
3. DONATIONS AND GIFTS	2020	2019
	£	£
Donations – Nursing Now	50,000	466,494
Donated services – Nursing Now	-	41,800
Other donations	6,732	15,316
	<u>56,732</u>	<u>523,610</u>
4. COSTS OF RAISING FUNDS	2020	2019
	£	£
Investment management fees	<u>266,819</u>	<u>261,481</u>
<p>This figure includes the investment management fees charged by Olim Limited, Smith & Williamson Investment Management and Waverton Investment Management. Fees in respect of funds managed by other investment managers are charged directly to the overall managed funds and details of charges in respect of the individual holdings are not available.</p>		
5. GRANTS PAYABLE	2020	2019
	£	£
Reconciliation of grants payable:		
Outstanding commitments at 1 January	3,644,314	3,375,725
Grant commitments made in the year	4,003,833	3,918,974
Grants returned	(200,719)	(44,048)
Grant support costs	36,125	52,348
Other adjustments	152,986	(258,303)
Paid during the year	<u>(4,035,221)</u>	<u>(3,400,382)</u>
Outstanding commitments at 31 December	<u>3,601,319</u>	<u>3,644,314</u>

In addition to the above grants, Burdett Trust made a grant of £300,000 to the Junius S Morgan Benevolent Fund (2019: £300,000). This is eliminated on consolidation within the consolidated Statement of Financial Activities, and shown as a transfer from unrestricted to restricted funds.

Details of grant commitments are shown in the Appendix from page 30 to 39.

Included above are hardship grants to 549 (2019:208) former nurses totalling £412,080 (2019: £250,414).

THE BURDETT TRUST FOR NURSING

NOTES TO THE FINANCIAL STATEMENTS (continued)

YEAR ENDED 31 DECEMBER 2020

6. OTHER COSTS	2020 £	2019 £
a) Nursing Now Direct costs	<u>383,749</u>	<u>703,988</u>
b) Support costs		
Secretarial and administration fees	412,958	359,856
Other expenditure	242,806	346,476
	<u>655,764</u>	<u>706,332</u>
c) Governance costs		
Auditor's fees for audit services	22,620	19,550
Auditor's fees for taxation services	1,140	5,400
Professional fees	52,171	64,651
Legal fees	7,138	17,467
Trustees' expenses	-	8,973
	<u>83,069</u>	<u>116,041</u>
Total support costs	<u>738,833</u>	<u>822,373</u>

The Burdett Trust for Nursing and its subsidiary do not employ any staff (2019: nil). The trustees consider that the Board of Trustees and the Chief Executive Officer are the key management personnel of the charity and group. No trustee received any remuneration during the year (2019: nil). The arrangements regarding the remuneration of the charity's Chief Executive Officer are set out within the Trustees' Report.

7. TRUSTEES' REMUNERATION

The trustees neither received nor waived any emoluments during the year. Travel and out of pocket expenses of £nil were reimbursed to 0 trustees (2019: £8,973 to 4 trustees).

The Trust purchased indemnity insurance cover of £10 million on behalf of the Trustees during the year for a premium of £12,096 (2019: £12,096).

8. INVESTMENTS	Group		Charity	
	2020 £	2019 £	2020 £	2019 £
Market value of investments at 1 January	80,619,031	76,627,968	77,096,068	73,617,842
Additions at cost	10,730,668	18,155,299	10,730,668	18,155,302
Sales proceeds from disposals	(11,569,777)	(23,389,069)	(11,568,994)	(23,389,069)
Gain / (loss) in the year	462,811	9,224,833	243,960	8,711,993
	<u>80,242,733</u>	<u>80,619,031</u>	<u>76,501,702</u>	<u>77,096,068</u>
Market value of investments at 31 December	80,242,733	80,619,031	76,501,702	77,096,068
Cash held by investment managers	3,106,297	5,194,908	3,106,297	5,194,908
	<u>£83,349,030</u>	<u>£85,813,939</u>	<u>£79,607,999</u>	<u>£82,290,976</u>
Total market value at 31 December	£83,349,030	£85,813,939	£79,607,999	£82,290,976
Historical cost as at 31 December	£50,499,750	£51,288,859	£48,215,167	£49,053,493
	<u>£1,566,719</u>	<u>£135,501</u>	<u>£1,566,719</u>	<u>£135,501</u>
Realised (loss)/gain on disposals	£1,566,719	£135,501	£1,566,719	£135,501

THE BURDETT TRUST FOR NURSING

NOTES TO THE FINANCIAL STATEMENTS (continued)

YEAR ENDED 31 DECEMBER 2020

8. INVESTMENTS (continued)

Market value of investments at 31 December comprises:

	Group		Charity	
	2020	2019	2020	2019
	£	£	£	£
Listed equities	61,233,955	62,535,046	64,974,966	62,535,046
Listed pooled funds	14,005,477	12,595,167	10,264,466	9,072,204
Listed property funds	4,703,340	4,906,640	4,703,340	4,906,640
Other property funds	299,961	582,178	299,961	582,178
Cash held by investment managers	3,106,297	5,194,908	3,106,297	5,194,908
	<u>83,349,030</u>	<u>85,813,939</u>	<u>79,607,999</u>	<u>82,290,976</u>

	Group		Charity	
	2020	2019	2020	2019
	£	£	£	£
Revaluation reserve (difference between historic cost and market value of investments)	<u>32,899,280</u>	<u>34,525,080</u>	<u>31,392,832</u>	<u>33,237,483</u>

	Group		Charity	
	2020	2019	2020	2019
	£	£	£	£
Financial assets shown at fair value through profit and loss	<u>79,942,772</u>	<u>80,036,853</u>	<u>76,201,741</u>	<u>76,513,890</u>

9. INVESTMENT IN SUBSIDIARY CHARITY

The Junius S Morgan Benevolent Fund, a registered charity, became a subsidiary charity on 1 August 2003 when the Trust became corporate trustee. The Junius S Morgan Benevolent Fund was transferred into a new charitable company of the same name, which is also a subsidiary charity, on 31 December 2009.

The Nurses' Memorial to King Edward VII, a registered charity, became a subsidiary charity on 4 December 2003 when the Trust became corporate trustee. On 27 January 2010, its net assets were transferred to The Junius S Morgan Benevolent Fund.

The net assets of the Junius S Morgan Benevolent Fund at 1 August 2003 of £1,251,364 plus the net assets of the Nurses' Memorial to King Edward VII at 4 December 2003 of £570,993 are deemed to be the investment by the Trust.

THE BURDETT TRUST FOR NURSING

NOTES TO THE FINANCIAL STATEMENTS (continued)

YEAR ENDED 31 DECEMBER 2020

9. INVESTMENTS IN SUBSIDIARY CHARITY (continued)

A summary of the statement of financial activities and the balance sheet of the subsidiary charity for the year ended 31 December 2020 are set out below. The registered address of the subsidiary is 8 Finsbury Circus, London, EC2M 7AZ and its company number is 06565087:

	Junius S Morgan	
	2020	2019
	£	£
Income from:		
Donations and legacies	306,577	314,918
Investments	102,522	103,570
	<u>409,099</u>	<u>418,488</u>
Expenditure on:		
Charitable activities	488,315	326,514
Net income / (expenditure) before investment gains	<u>(79,216)</u>	<u>91,974</u>
Net investment gains / (losses)	218,851	512,840
Net income	<u>139,635</u>	<u>604,814</u>
Fund balances brought forward	3,639,334	3,034,520
Fund balances carried forward	<u><u>3,778,969</u></u>	<u><u>3,639,334</u></u>
Balance sheet		
Investments	3,741,031	3,522,963
Debtors	24,264	24,265
Bank	43,952	126,139
Creditors	(30,278)	(34,033)
	<u><u>3,778,969</u></u>	<u><u>£3,639,344</u></u>

10. DEBTORS

	Group		Charity	
	2020	2019	2020	2019
	£	£	£	£
Due from subsidiary charity	-	-	5,750	5,750
Prepayments and accrued income	122,451	215,791	92,437	185,775
	<u>122,451</u>	<u>£215,791</u>	<u>98,187</u>	<u>£191,525</u>

11. CREDITORS: amounts falling due within one year

	Group		Charity	
	2020	2019	2020	2019
	£	£	£	£
Grants payable	3,531,319	3,279,314	3,531,319	3,279,314
Other creditors	250,899	287,443	220,621	253,410
	<u>3,782,218</u>	<u>3,566,757</u>	<u>3,751,940</u>	<u>3,532,724</u>

THE BURDETT TRUST FOR NURSING

NOTES TO THE FINANCIAL STATEMENTS (continued)

YEAR ENDED 31 DECEMBER 2020

12.	CREDITORS: amounts falling due after one year	Group		Charity	
		2020 £	2019 £	2020 £	2019 £
	Grants payable	70,000	365,000	70,000	365,000

13.	STATEMENT OF FUNDS					
	1 January 2020 £	Income £	Expenditure £	Transfers £	Investment Gains £	31 December 2020 £
<i>Unrestricted</i>						
Burdett						
General funds	82,031,605	1,109,032	(4,768,656)	(300,000)	243,960	78,315,942
<i>Designated</i>						
Nursing Now	429,298	-	-	(333,749)	-	95,549
<i>Restricted</i>						
Burdett						
Nursing Now	-	50,000	(383,749)	333,749	-	-
Junius S Morgan	3,639,334	109,099	(488,315)	300,000	218,851	3,778,969
Total Group	£86,100,237	1,001,312	(5,640,720)	-	462,811	82,190,460

	1 January 2019 £	Income £	Expenditure £	Transfers £	Investment Gains £	31 December 2019 £
<i>Unrestricted</i>						
Burdett						
General funds	77,096,638	1,457,588	(4,684,614)	(550,000)	8,711,993	82,031,605
<i>Designated</i>						
Nursing Now	374,992	-	-	54,306	-	429,298
<i>Restricted</i>						
Burdett						
Nursing Now	-	508,294	(703,988)	195,694	-	-
Junius S Morgan	3,034,520	118,488	(326,514)	300,000	512,840	3,639,334
Total Group	80,506,150	2,084,370	(5,715,116)	-	9,224,833	86,100,237

The General fund represents the free funds of the Trust which have not been designated for particular purposes. This principally represents monies received as a donation from Liverpool Victoria Life Company Limited and will be used in accordance with the intentions of the Trustees to achieve the objects of the charity.

The Nursing Now funds reflect restricted funds raised in connection with this project. As described below, a fund has also been designated to reflect the support provided by the Burdett Trust for Nursing for this project.

The Junius S Morgan Benevolent Fund provides financial relief for needy practising and former members of the nursing profession. This is classified as a restricted fund in the consolidated accounts.

Transfers represent:

- A grant of £300,000 from the Trust to the Junius S Morgan Benevolent Fund (2019: £300,000). The grant was eliminated on consolidation, however a transfer is required to show that the funds, once granted, are restricted.

THE BURDETT TRUST FOR NURSING

NOTES TO THE FINANCIAL STATEMENTS (continued)

YEAR ENDED 31 DECEMBER 2020

13. STATEMENT OF FUNDS (Continued)

Transfers represent (continued):

- In 2017, the Trustees of the Burdett Trust for Nursing agreed to support the Nursing Now Project in the amount of £500,000 for three years. Further support of £250,000 was agreed during the year ended 31 December 2019. At the 2020 year end a transfer of £333,749 was made from designated funds to restricted funds to reimburse restricted funds for the excess of expenditure over income.

14. NET ASSETS BY FUND

	Unrestricted funds £	Restricted Funds £	2020 Total funds £
Group			
Investments	79,607,999	3,741,031	83,349,030
Current assets	2,625,432	68,216	2,693,648
Liabilities	(3,821,940)	(30,278)	(3,852,218)
Total net assets	78,411,491	3,778,969	82,190,460
Charity			
Investments	79,607,999	-	79,607,999
Investment in subsidiary charities	-	1,822,357	1,822,357
Current assets	2,625,432	-	2,625,432
Liabilities	(3,821,940)	-	(3,821,940)
Total net assets	78,411,492	1,822,357	80,233,849
	Unrestricted funds £	Restricted Funds £	2019 Total funds £
Group			
Investments	82,290,976	3,522,963	85,813,939
Current assets	4,067,651	150,404	4,218,055
Liabilities	(3,897,724)	(34,033)	(3,931,757)
Total net assets	£82,460,903	£3,639,334	£86,100,237
Charity			
Investments	82,290,976	-	82,290,976
Investment in subsidiary charities	-	1,822,357	1,822,357
Current assets	4,061,774	-	4,067,649
Liabilities	(3,891,849)	-	(3,897,724)
Total net assets	£82,460,901	£1,822,357	£84,283,258

THE BURDETT TRUST FOR NURSING

NOTES TO THE FINANCIAL STATEMENTS (continued)

YEAR ENDED 31 DECEMBER 2020

15. RELATED PARTY TRANSACTIONS

In addition to the transactions between the Burdett Trust and the connected charity described above, Rathbone Trust Company Limited acted in the capacity of company secretary for the Trust and the connected charity. A total of £337,862 was paid to Rathbone Trust Company Limited in the year for secretarial and administration fees (2019: £290,747). £182,524 was due to Rathbone Trust Company Limited at the year-end (2019: £155,852).

Any potential conflicts of interest are declared before Board decisions are made and interested parties do not take part in the decision making process.

16. RECONCILIATION OF NET INCOME TO NET CASH USED IN OPERATING ACTIVITIES	2020 £	2019 £
Net (expenditure)/income for the reporting period	(3,909,777)	5,594,087
Investment income and interest receivable	(1,211,400)	(1,560,760)
Investment management fees	266,819	261,481
(Gain)/Loss on investments	(462,811)	(9,224,833)
Decrease/(Increase) in debtors	93,341	34,615
Increase/(Decrease) in creditors	(79,539)	237,144
Net cash used in operating activities	<u>(5,303,367)</u>	<u>(4,658,266)</u>

THE BURDETT TRUST FOR NURSING

NOTES TO THE FINANCIAL STATEMENTS (continued)

YEAR ENDED 31 DECEMBER 2020

17. COMPARATIVE STATEMENT OF FINANCIAL ACTIVITIES (31 DECEMBER 2019)

		Unrestricted Funds 2019 £	Restricted Funds 2019 £	Total 2019 £
	Notes			
Income from				
Investments	2	1,449,073	103,570	1,552,643
Donations - Nursing Now	3	-	508,294	508,294
Donations - Burdett	3	398	14,918	15,316
Charitable activities – Burdett Awards		-	-	-
Bank interest		8,117	-	8,117
Total income		1,457,588	626,782	2,084,370
Expenditure on raising funds:				
Investment management fees	4	261,481	-	261,481
Net income available for charitable expenditure		1,196,107	626,782	1,822,889
Expenditure on charitable activities				
Grant making	5	3,676,860	250,414	3,927,274
Burdett Awards - grants	5	-	-	-
Nursing Now	6	-	703,988	703,988
Support costs	6	746,273	76,100	822,373
Total expenditure on charitable activities		4,423,133	1,030,502	5,453,635
Total expenditure		4,684,614	1,030,502	5,715,116
Net (expenditure) before net gains/(losses) on investments		(3,227,026)	(403,720)	(3,630,746)
Net gain / (loss) on investments	8	8,711,993	512,840	9,224,833
Net income/(expenditure)		5,484,967	109,120	5,594,087
Transfers		(495,694)	495,694	-
Net movement in funds		4,989,273	604,814	5,594,087
Total funds brought forward		77,471,630	3,034,520	80,506,150
Total funds carried forward as at 31 December 2019	13	£82,460,903	£3,639,334	£86,100,237

THE BURDETT TRUST FOR NURSING

GRANTS PAYABLE

YEAR ENDED 31 DECEMBER 2019

COVID-19: Supporting Resilience in the Nursing Workforce

Barts Health NHS Trust <i>A nurse-led programme to support resilience and clinical excellence in inherited cardiac diseases nurses based in the hospital and charity sector during the COVID-19 pandemic and beyond.</i>	24,156
Birmingham Community Health Care Trust (On behalf of West Midlands LD Provider Alliance) <i>To develop web-based digital technologies to share BME nurses COVID19, racism, inequality & invisibility survival strategies thereby promoting a resilience based network.</i>	73,416
Bradford Teaching Hospitals NHS Foundation <i>On-line adaption and evaluation of the RE-BOOT (REcovery-BOOsting Training) intervention, to prepare critical care nurses for, and aid recovery after, stressful clinical events.</i>	82,699
C3 Collaborating for Health <i>Documenting the experience of BAME nurses and HCAs who are working and living through COVID-19 in NW London to develop recommendations for their managers.</i>	46,633
Great Ormond Street Hospital For Children NHS Trust <i>To explore with a community of practice, and nurses, the responsive and creative changes made to the delivery of care in four clinical services at a specialist children's hospital during COVID-19: maintaining compassionate, family centred and safe care.</i>	83,408
National Nurses Association of Kenya (NNAK) <i>Supporting well-being and Resilience in the Nursing Workforce during and Post COVID-19 Pandemic for quality health care delivery and improved populations' health outcomes in Kenya.</i>	79,877
Northern Ireland Hospice <i>Providing Northern Ireland Hospice's Care Team with tools and resources to help maintain and nurture their mental health and wellbeing.</i>	86,025
Northumbria Healthcare NHS Foundation Trust <i>Towards the SafeTeam Project which seeks to develop resilience, psychological safety and team effectiveness in times of uncertainty. Combining staff training and research, the project seeks to evaluate methods of supporting staff to provide critical care.</i>	37,811
Northumbria University <i>To maximise understanding and learning about the conduct of mental health risk assessment in a rapidly implemented telenursing model during COVID-19.</i>	38,157
Oxford Brookes University <i>Enhancing resilience in the nursing workforce in the COVID-19 environment: transitioning from face-to face to online learning.</i>	45,667
Paintings in Hospitals <i>Improve nurses' mental health and wellbeing through on line learning that utilises portraits of nurses painted during the pandemic to explore image and insight.</i>	20,000
Queens University Belfast <i>To co-design resources to promote resilience and wellbeing with nurses in care homes for nurses in care homes.</i>	85,316
School of Healthcare Sciences, Cardiff University <i>To investigate COVID-19 related moral distress among Registered Nurses in Wales, assess the acceptability of an accessible, tiered psychological intervention, Health for Health Professionals Wales and co-develop brief guidance for moral distress.</i>	82,026

THE BURDETT TRUST FOR NURSING

GRANTS PAYABLE

YEAR ENDED 31 DECEMBER 2020

St Christopher's Hospice <i>Creating a new digital platform to increase resilience, support professional development and sustain impact of senior nurses providing palliative care during and beyond COVID-19.</i>	97,115
Tavistock and Portman NHS Foundation Trust <i>To develop nurse champions as facilitators of Resilience Based Clinical Supervision, who will then cascade it to health and social care staff & teams.</i>	95,906
The Clatterbridge Cancer Centre NHS Foundation Trust <i>Exploring the impact of the COVID-19 pandemic on the psychological well-being of nurses working in the cancer setting across Cheshire and Mersey.</i>	62,750
The University of Chester <i>Using appreciative enquiry to co-produce a toolkit for nursing staff in the care sector, supporting delivery of excellent person-centred care during a pandemic.</i>	75,212
The University of Manchester <i>Impact of the rapid adoption of health technologies on nurses and nursing care during the COVID-19 pandemic.</i>	96,655
University of East Anglia <i>To explore the experiences of NMC-registered nurses working in care homes during COVID-19 and identify ongoing support to sustain resilience, mental health and well-being.</i>	55,609
Sub Total	1,268,438

Safeguarding Service Users from Abuse and Harm: Reducing Restrictive Interventions

Cheshire & Wirral Partnership NHS Trust <i>Learning Disability Nurse led multi agency project to develop a person centred peninsular; which actively embraces the principles and values of Positive Behaviour Support. (PBS)</i>	31,610
Cumbria Northumberland Tyne and Wear <i>The introduction of the Six Core Strategies for the Reduction of Seclusion and Restraint Use within the largest Secure Children Home in the United Kingdom.</i>	47,449
Edge Hill University <i>Co-producing an evidenced-based child-centred toolkit to increase the use of positive behavioural support and reduce the use of restrictive practices with children with ID/ASC attending hospital.</i>	46,783
Greater Manchester Mental Health NHS Foundation Trust <i>To understand what works effectively and safely to reduce the use of restrictive practices for children who self-harm in a mental health inpatient setting, and to explore potential alternatives to the use of restrictive interventions by staff.</i>	59,763
Institute of Health Visiting <i>Safeguarding young children with disabilities rights to appropriate care, using the least restrictive approach, raising awareness for health visitors to promote best practice with families.</i>	64,787
Kings College London <i>To investigate whether Body Worn Cameras (BWCs) increase patient and staff safety, and whether BWCs have wider impacts on patients' subjective experiences of respect, dignity and compassion, on therapeutic relationships, and ward atmosphere.</i>	98,503
Oxford Health NHS Foundation Trust <i>To create a Mindfulness Room that patients who are getting stressed can access to explore tactile objects and enjoy sensory calming pleasurable experiences.</i>	24,400

THE BURDETT TRUST FOR NURSING

GRANTS PAYABLE

YEAR ENDED 31 DECEMBER 2020

Queen's University of Belfast <i>Co-Development of a Digital Intervention to Reduce Restrictive Practices in Care Homes.</i>	75,701
Restraint Reduction Network (RRN) <i>An exploration of the implementation of the Restraint Reduction Network (RRN) Training Standards 2019 in mental health Trusts in England using a nurse led, co-produced, case study design.</i>	84,348
South London and Maudsley NHS Foundation Trust <i>To develop, pilot and evaluate a co-produced virtual reality de-escalation training programme that delivers sustainable, scalable and empathy-building learning to frontline clinical staff, empowering them to reduce restrictive practices.</i>	92,176
South West London and St Georges MH NHS Trust <i>Using BAME nurse expertise to prevent and reduce coercive practices in a mental health NHS Trust.</i>	94,900
Southern Health NHS Foundation Trust <i>To develop co-produced interventions to reduce restrictive practice and grow confidence and skills in staff leading teams that are supporting patients in crisis.</i>	56,000
Tees Esk and Wear Valleys NHS Foundation Trust and National Institute of Health Research (NIHR) <i>To enable diverse support for people effective support for people.</i>	22,708
University Hospitals Birmingham NHS Foundation Trust <i>Supporting the provision of personalised care for vulnerable patients and reducing the use of restraint.</i>	75,405
Subtotal	874,533
Small Grants	
Abertay University <i>Expressions of gratitude, nursing wellbeing and patient care: Strategies in strengthening resilience in working within CAMHS inpatient units.</i>	7,928
Anthony Nolan <i>Anthony Nolan's Clinical Nurse Specialist programme supports patients throughout their transplant journey, helping them understand their treatment and be better-prepared to deal with side effects.</i>	7,500
C3 Collaborating for Health <i>Sponsorship of the International seminars series.</i>	1,000
Cheshire and Wirral Partnership NHS Foundation Trust <i>To develop a multi-professional post diagnostic service for people with a learning disability and dementia.</i>	9,929
Children's Hospice South West <i>Towards Nursing Leadership for a new and innovative Hospice Community Hub project in response to COVID, reliant on strong, capable nursing leadership.</i>	10,000
Clinical Research Nursing Group <i>Secondary analysis of 64 interviews with people with Heart Failure preserved Ejection Fraction and nurses who care for them to establish experiences, needs and challenges.</i>	7,884

THE BURDETT TRUST FOR NURSING

GRANTS PAYABLE

YEAR ENDED 31 DECEMBER 2020

Croydon Training Hub <i>Leadership Workshops is a highly engaging, experiential exercise which helps nurse participants see new possibilities for increasing their influence and effectiveness as well as how to increase the vitality and success of their organisation.</i>	10,000
De Montfort University <i>STaRS project (Siblings Together are Really Stronger) Learning from the siblings of LLC children, by using participatory methods, how nurses can promote sibling wellbeing and enhance the quality of whole family support.</i>	6,940
Greenwich & Bexley Community Hospice <i>A Hospice-based Nurse-led well-being activities group for those with dementia who are terminally ill and their carers.</i>	7,977
Haemochromatosis UK <i>Dissemination of RCN-Endorsed Venesection Best Practice Guidelines for Nurses & Healthcare Practitioners.</i>	8,000
Jaya Mental Health (previously Unity in Health) <i>A capacity building project for school-based nurses across Nepal. The project will be completed in partnership with the Ministry of Health (Nursing Division), Nepal.</i>	8,000
London Network of Nurses and Midwives Homelessness Group <i>The completion, validation and national distribution of guidelines for health related street outreach, providing clinical guidance for clinicians supporting people experiencing homelessness.</i>	4,732
London South Bank University <i>A qualitative study exploring the experiences and rehabilitation needs of people recovering in the community following critical illness related to COVID-19.</i>	10,000
Mesothelioma UK <i>To establish an All Wales Mesothelioma Multi-Disciplinary Team and hub-and-spoke approach to mesothelioma care across Wales. The project will be led by the existing CNS in Wales.</i>	10,000
Middlesex University Higher Education Corporation <i>A pilot study exploring healthcare assistants' knowledge, attitude, experiences in preventing pressure ulcer (PrU), and identifying barriers /facilitators for effective contribution to PrU prevention.</i>	6,540
Midwife-led Community Transformation (MILCOT) Uganda. <i>MILCOT Nightingale Challenge project aims to build the resilience of Midwives and Nurses in providing effective and efficient preventive and response health service delivery.</i>	8,000
National Health Care Conferences (NHCC) Uganda <i>Annual training conferences designed for nurses and midwives to promote universal health through sharing knowledge. The skills, competencies and tools shared at the conferences will enhance standardised care and improve care delivery.</i>	3,500
National University of Lesotho <i>The Department of Nursing in realization of the outbreak of COVID 19 aims to train nurses and midwives in ten districts about the coronavirus, its modes of transmission, prevention and control as well as the proper use of personal protective equipment.</i>	11,151
Nature Therapy CIC <i>To evaluate a programme of Drum Therapy for people with a dementia and their carers.</i>	8,000

THE BURDETT TRUST FOR NURSING

GRANTS PAYABLE

YEAR ENDED 31 DECEMBER 2020

North Staffordshire combined healthcare NHS trust <i>Towards the Learning Disability Champion Scheme Our to help reduce healthcare inequalities and improve health outcomes across local Healthcare services.</i>	5,600
Oxford School of Nursing and Midwifery <i>Organise a free student leadership conference for nurses, midwives and AHP's with the aim of inspiring students to embrace their leadership qualities and become the leaders of tomorrow.</i>	2,000
Queen's University of Belfast <i>To co-produce an educational intervention about the nursing profession, for post primary school children, to increase recruitment of males.</i>	10,000
Royal Devon and Exeter NHS Foundation Trust <i>Empowering nurses to improve patient care through new opportunities as Chief Nurse Research Fellows with training/mentoring to develop/undertake projects to address clinical problems.</i>	10,000
School and Public Health Nurses Association (SAPHNA) <i>To skill up the school and public health nursing workforce to better support post COVID anticipated school refusal/phobia in children and young people.</i>	10,000
St Christopher's Hospice <i>Dissemination and refinement of a contemporary model of end of life nursing, in celebration of the unique contribution of nurses to this aspect of care.</i>	10,000
Tees Esk and Wear Valleys NHS Foundation Trust and National Institute of Health Research (NIHR) <i>To understand the experiences of community mental health service users and nurses in relation to helpful care received and provided during the COVID19 pandemic lockdown.</i>	9,985
The Prince & Princess of Wales Hospice <i>To pilot a nurse led transition clinic for young adults aged from 14 years who are living with a life limiting condition to improve their outcomes.</i>	7,213
The Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust <i>Nurse use of point of care ultrasound to increase the success and accuracy of arterial radial puncture to obtain blood gas analysis samples.</i>	2,843
The Royal Marsden NHS Foundation Trust <i>Health and well-being roadshow for teenagers and young people with cancer, covering South Thames, Surrey, Sussex and Kent.</i>	10,000
The University of Manchester <i>Investigation of nursing coping strategies around end-of-life care during COVID-19 pandemic.</i>	5,300
The University of Sheffield <i>Development of resource package for community healthcare professionals to address isolation and loneliness among the Black Asian Minority Ethnic (BAME) communities living in the UK.</i>	7,969
University of Brighton <i>Capturing Clinical Experience in Episiotomy. A mixed methods study with experienced midwives to inform the development of clinical judgment resources to guide junior colleagues.</i>	4,700
University of Essex <i>To explore how nurses manage menopause in the workplace and investigate digital health solutions to facilitate coping and alleviate discomfort.</i>	6,816

THE BURDETT TRUST FOR NURSING

GRANTS PAYABLE

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University of Nottingham <i>Exploring midwives and mothers' perceptions on the implementation of a video call service during early labour using a qualitative methodology.</i>	7,983
University of West London <i>To explore the hypothesis: Vlogs and drama performance improve student nurses' holistic assessment skills in year 1 of undergraduate studies.</i>	3,750
West Hertfordshire Hospitals NHS Trust <i>Provision of virtual breastfeeding support to women in hospital or those isolated at home.</i>	3,657
White Ribbon Alliance <i>Understanding how women perceive respect, disrespect and abuse in their experiences during childbirth to enable nurses and midwives to provide women-centered care in India.</i>	10,000
Sub total	274,897
Partnership Grants total	865,785
Proactive Grants total	1,022,180
Grand total	4,305,833

THE BURDETT TRUST FOR NURSING**GRANTS PAYABLE****YEAR ENDED 31 DECEMBER 2020**

	Grants 2020	Grants 2019
	£	£
Abertay University	7,928	-
Alder Hey NHS Foundation Trust	-	76,558
Anthony Nolan	7,500	-
Barts Health NHS Trust	54,156	-
Birmingham and Solihull TB Service	-	5,000
Birmingham Community Health Care Trust	73,416	-
Birmingham Women's and Children's Hospital	50,000	-
Bournemouth University	-	59,000
Bradford Teaching Hospitals NHS Foundation	82,699	-
Bright (Voluntary Sector Communications)	-	7,950
Bury Hospice	-	8,000
C3 Collaborating for Health	239,198	-
Cheshire & Wirral Partnership NHS Trust	41,539	-
Chester University	-	44,962
Children's Hospice South West	10,000	-
Children's Hospital Trust UK, South Africa	150,000	-
Clatterbridge Cancer Centre NHS Foundation Trust	62,750	-
Clinical Research Nursing Group	7,884	-
College of Healthcare Information Management Executives	-	75,000
Cornwall Accessible Activities Program	-	27,500
Cornwall Air Ambulance Trust	-	8,000
Coventry University	-	44,800
Crohn's & Colitis UK	-	8,000
Croydon Training Hub	10,000	-
Cumbria Northumberland Tyne and Wear	47,449	-
CW+ Charity of Chelsea and Westminster Hospital NHS Foundation	287,650	-
De Montfort University	74,581	-
DEBRA	-	6,000
Dementia UK	-	73,741
Devon Partnership NHS Trust	-	5,000
Dorset Healthcare University NHS Foundation Trust	-	21,041
Edge Hill University	46,783	-
Edinburgh University	-	87,962
Epsom & St Helier NHS Trust	-	6,000
Essex Partnership University NHS Foundation Trust	-	7,500
Family Links	-	8,000
Florence Nightingale Foundation	-	99,548
Foundation of Nursing Studies	-	120,150
Global Health Network	-	300,000
Great Ormond Street Hospital For Children NHS Trust	83,408	-
Great Ormond Street Hospital NHS Foundation Trust	-	92,553
Greater Manchester Mental Health NHS Foundation Trust	59,763	-

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GRANTS PAYABLE

YEAR ENDED 31 DECEMBER 2020

Greenwich & Bexley Community Hospice	7,977	-
Guy's & St Thomas' NHS Foundation Trust	-	8,000
Haemochromatosis UK	8,000	7,600
Home Assessment Reablement Team (HART) at Oxford University Hospitals	-	6,234
Harvard T.H. Chan School of Public Health	150,000	-
Hertfordshire University	-	56,835
Hope for Tomorrow	-	7,740
Institute of Health Visiting	64,787	88,378
International Council of Nurses	75,000	369,000
Jaya Mental Health (previously Unity in Health)	8,000	-
Junius S Morgan Benevolent Fund	300,000	300,000
King's College London	158,503	99,860
King's College London and Lambeth Diabetes Intermediate Care Team	-	98,681
LGBTQ - Queen's University Belfast	-	68,000
London Network of Nurses and Midwives Homelessness Group	4,732	-
London South Bank University	109,129	144,454
Malawi Nightingale Challenge	30,000	-
Mesothelioma UK	10,000	-
Middlesex University Higher Education Corporation	6,540	-
Midwife-led Community Transformation (MILCOT) Uganda.	8,000	-
National Health Care Conferences (NHCC) Uganda	3,500	-
National Nurses Association Kenya (NNAK)	79,877	-
National University of Lesotho	11,151	-
Nature Therapy CIC	8,000	-
Newcastle upon Tyne Hospitals NHS Foundation Trust	-	31,953
NHS Devon Clinical Commissioning Group	-	72,168
NHS Lothian	-	17,173
North Staffordshire Combined Healthcare NHS Trust	5,600	-
Northern Ireland Hospice	86,025	-
Northumbria Healthcare NHS Foundation Trust	37,811	-
Northumbria University	38,157	-
Nottingham University	-	46,013
Open University	-	7,917
Over the Wall	-	8,000
Oxford Brookes University	45,667	-
Oxford Health NHS Foundation Trust	24,400	-
Oxford School of Nursing and Midwifery	2,000	-
Oxford University	-	5,000
Paintings in Hospitals	20,000	-
Parents 1st	-	7,760
PHASE Worldwide	-	7,700
Portsmouth Hospital NHS Trust	-	8,000
Prince & Princess of Wales Hospice	7,213	-
Public Health Agency for Northern Ireland	-	46,972
Queen's University Belfast	-	70,883

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YEAR ENDED 31 DECEMBER 2020

Queen's Nursing Institute	-	102,662
Queen's Nursing Institute -QNI	-	102,662
Queen's Nursing Institute Scotland	-	99,700
Queen's Nursing Institute Scotland - QNIS	-	91,400
Queen's University Belfast	171,017	102,697
Restraint Reduction Network (RRN)	84,348	-
Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust	2,843	-
Royal Devon and Exeter NHS Foundation Trust	10,000	-
Royal Marsden NHS Foundation Trust	10,000	-
RVS Health & Wellbeing Community Hub	-	8,000
School and Public Health Nurses Association (SAPHNA)	10,000	-
School of Healthcare Sciences, Cardiff University	82,026	-
SeeAbility	-	8,000
Sheffield Hallam University	-	7,992
Shooting Star Children's Hospice, Kingston University & St George's	-	30,000
Somerset Partnership NHS Foundation Trust Learning Disabilities	-	25,555
South London and Maudsley NHS Foundation Trust	92,176	-
South West London and St Georges MH NHS Trust	94,900	-
Southern Health & Social Care Trust	-	84,292
Southern Health NHS Foundation Trust	56,000	-
Spina Bifida Hydrocephalus Scotland (SBH Scotland)	-	57,781
St Christopher's Hospice	107,115	90,000
St John Ambulance	-	28,500
St Luke's Hospice	-	8,000
St Nicholas hospice Care	-	7,843
St Peter's Hospice	-	5,250
Sue Ryder	-	30,000
Tavistock and Portman NHS Foundation Trust	95,906	-
Tees Esk & Wear Valleys NHS Trust & National Institute of Health Research	32,693	-
University Hospitals Birmingham NHS Foundation Trust	75,405	15,800
University Hospitals Plymouth NHS Trust	-	30,144
University of Brighton	4,700	-
University of Chester	75,212	-
University of East Anglia	55,609	-
University of Edinburgh	299,220	-
University of Essex	6,816	-
University of Manchester	101,955	-
University of Nottingham	7,983	-
University of Sheffield	7,969	-
University of Stirling	-	7,600
University of Surrey	-	7,745
University of West London	3,750	-
West Hertfordshire Hospitals NHS Trust	3,657	-
Western Health and Social Care Trust	97,760	-
White Ribbon Alliance	10,000	-

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GRANTS PAYABLE

YEAR ENDED 31 DECEMBER 2020

White Ribbon Alliance for Safe Motherhood	-	8,000
Whittington Health	-	82,349
Winston Churchill Memorial Trust	-	150,000
	4,305,833	3,968,558
Grants to individuals	412,080	250,414
Grants payable (Note 5)	<u>4,717,913</u>	<u>4,218,972</u>
Grants returned (Note 5)	(200,719)	(44,048)
Total grants payable	<u>4,517,194</u>	<u>4,174,924</u>
Less: Amounts payable to Junius S Morgan Benevolent Fund	(300,000)	(300,000)
Add: Consultancy costs (allocated against grants in the Statement of Financial Activities)	36,125	52,348
Less: Other adjustments	(2,000)	2
Total grant expenditure per the Statement of Financial Activities	<u>£4,251,319</u>	<u>£3,927,274</u>