

Charity registration number 1089663 (England and Wales)

Company registration number 04203210

ST HELENS CARERS CENTRE LIMITED
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025



ST HELENS CARERS CENTRE LIMITED

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	E J Dearden MBE DL - Founder Chair A E Sisson Canon G F Almond B.Ed, D.A.S.E., NPQH - Treasurer T A Butler D M Charnock J B Sheffield
Secretary	A E Sisson
Senior management	A Ashton MBE DL LLB(Hons) - Chief Executive
Charity number (England and Wales)	1089663
Company number	04203210
Registered office	31-35 Baldwin Street St Helens Merseyside WA10 2RS
Auditor	Xeinadin Audit Limited 46 Hamilton Square Birkenhead Wirral Merseyside CH41 5AR
Bankers	Barclays Bank Plc 9 Bridge Street St Helens WA10 1NN
Solicitors	Tickle Hall Cross Solicitors 25 Hardshaw Street St Helens Merseyside WA10 1RP

ST HELENS CARERS CENTRE LIMITED

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ST HELENS CARERS CENTRE LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

The Trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)".

Objectives and activities

Principal activities and objects of the Charity - Benefit to the Public

The principal activity of the charity in the year under review was that of the provision of relief and support for Carers of people who are ill, disabled or elderly.

The Charity's objectives are to support Carers living in St Helens and adjoining areas so that they do not reach crisis point. To do this the Charity employs a team of paid staff based at a centrally located 'one stop' Carers centre. Paid employees provide information, advice, emotional support and a range of practical support including the provision of Carers Assessments, Respite Breaks, Benefits Advice and Training.

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities.

Achievements and performance

General

The 2024/25 year was a successful year for the Charity in regard to long term planning but we continued to see a rise in demand for our services whilst fundraising continued to be more difficult.

Once again, the Chair, on behalf of the board would like to acknowledge the dedication and commitment from the staff who continued to work with ever increasing demands making it more difficult to ensure we are able to serve the needs of all local Carers.

The Trustees are also extremely grateful to our funders and those who have given donations which allowed us to exercise our charitable objectives.

Adult Carers & Young Carers

Our support to Adult Carers continued to increase through the year and we also experienced an increase in more complex cases with more Carers requiring support around mental health and financial support due to the cost-of-living crisis.

- The Charity identified and started to deliver services to a further 1,259 Adult Carers, an increase of over 11% from the previous year (1,127 in 23/24). We also started to deliver services to a further 221 Young Carers during the year who were newly identified.
- The amount of work undertaken with each Carer continued to increase, with 3,965 pre-existing registered Carers continuing to return to the service for support. A total of 5,445 unique Carers received one to one support through 41,196 separate support contacts, an increase of 36% (30,448 in 23/24)
- Face to face training, social groups and events at our Carer Clubhouse reached a total of 584 different Carers accessed peer support groups, socials, and training with 4,696 attendances (4,367 in 23/24) giving a total number of 11,740 free respite hours delivered.
- We organised 153 separate respite sessions for Young Carers throughout the year and 3 residential breaks for Young Carers. These sessions allowed a total of 261 different Young Carers (226 in 22/23 – 15% increase) to access a total of 6,324 hours of respite from their caring role.

ST HELENS CARERS CENTRE LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

- From the work we undertook with Carers, a total of 2,139 unique Carers requested support with their entitlement to Welfare Benefits. From this work, it was identified that 943 were not in receipt of correct benefits and 1,535 claims were made.

As a result of our Income Maximisation work, the total annual amount raised in the year on behalf of Carers and the people they care for was £7,011,101 with an additional £114,386 raised in backdated payments. The average family accessing this service was better off by an average of £143 per week.

- We issued a total of £119,450 in personal budget/grants as a result of Statutory Carers Assessments for both Young and Adult Carers. A total of 642 separate carers were able to take a break from this service.
- Following our trial of free holistic therapy sessions to Parent Carers in the previous year, we extended this offer to other adult Carers in the 24/25 year which has been extremely successful. A total of 753 Carers (221 in 23/24) accessed a total of 2,071 therapy sessions (677 in 23/24) giving them additional breaks from the caring role.
- We commenced a new service for Young Adult Carers aged between 18 and 24 with dedicated one-to-one support and social groups to assist this cohort of vulnerable young people transition into adulthood and employment.
- During the year we successfully tendered to remain the provider of Carer Services for St Helens local authority winning a 5 year contract with the possibility of additional 2 x 1 year extensions. The award of this contract will assist us in undertaking more longer term planning and enable us to grow our charitable services.

Financial review

The end of the year saw a surplus of £37,374 (2024 - £22,730 deficit).

The principal funding sources were:

- St Helens Council / St Helens CCG
- The Big Lottery

The Trustees are extremely grateful to all those who have provided funding either directly or via donations.

The Charity is only able to provide excellent support to Carers thanks to the funding it receives.

At the end of the year, the charity had restricted funds of £4,893 (2024 - £4,695).

The freely available reserves of the Charity increased by £41,133 and totalled £409,960 (2024 - £368,827).

Reserves policy

The Trustees have established a policy that the Charity should aim to retain unrestricted reserves that will cover between three to six months of annual expenditure. The unrestricted reserves as at 31 March 2025 were £603,828 (2024 - £566,652) against unrestricted expenditure of £1,011,204 (2024 - £888,648). The Charity's free reserves as at 31 March 2025 were £409,960 (2024 - £368,827), as shown in note 21 of the audited accounts, and cover over three months of direct charitable expenditure.

Reserves are held to cover any delay in receiving funding income whilst allowing the normal business operation of the Charity to continue. In addition the Charity retains reserves to cover possible redundancy payments should the Charity have to reduce the size of operation.

Investment policy

The Trustees whilst retaining their cautious approach to investments have authorised that any surplus funds can be deposited in a suitable interest bearing bank or building society. This approach is revisited at least annually to ensure that maximum returns are being achieved for the Charity.

ST HELENS CARERS CENTRE LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Risk management

The Trustees have a risk management strategy in place and have established systems and procedures designed to reduce or eliminate any risks identified.

On an annual basis the Trustees assess the risks to which the Charity is exposed, in particular those related to the operations and finance of the organisation.

Plans for future periods

The Trustees have identified the following plans for the coming year:

- To ensure our service remains accessible to all Carers throughout St Helens and ensure the service we provide reflects the needs of local Carers.
- To continue to explore our digital offer and explore new ways of working with the introduction of AI technology.
- To introduce a new Rolling Respite Voucher Scheme to enable Carers to access free respite from Care providers following an assessment of need.
- To continue to work with our Statutory and Third Sector partners to develop the Carers Strategy and Partnership Board for the borough of St Helens.
- To continue to protect and diversify our funding base

Structure, governance and management

The Charity is controlled by its governing document, the Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The company was registered as a charity by the Charity Commission for all purposes on 5 December 2001 (Certificate number: 1089663).

The Trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were

E J Dearden MBE DL - Founder Chair

A E Sisson

Canon G F Almond B.Ed, D.A.S.E., NPQH -
Treasurer

T A Butler

D M Charnock

J B Sheffield

Appointment of Trustees

The Trustee Board is made up of between three and nine members. They are elected from members at the Annual General Meeting held each year. The Trustees may at any time co-opt any person *duly qualified to be appointed* as a Trustee to fill a vacancy in their number or as an additional Trustee, but a co-opted Trustee holds office only until the next AGM.

One third (or the number nearest to one third) of the Trustees must retire each year, those longest in the office retiring first and the choice between and of equal service being made by drawing lots. Those who retire are eligible for re-election at the next Annual General Meeting.

None of the Trustees has any beneficial interest in the company. All of the Trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

ST HELENS CARERS CENTRE LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Organisational structure

The Charitable Company is governed by its Memorandum and Articles of Association, and the Board of Trustees administers the Charity. The full Board meets monthly.

The Charity is required to provide monitoring information to its funders including St Helens Council and other grant making bodies. This information comprises fiscal, quality and service standards monitoring information.

The Board employ paid staff including the Chief Executive who is responsible for the day to day management of the Charity and reports direct to the Board of Trustees.

Key management remuneration

The trustees appoint four members to an executive panel - this panel reviews the pay and remuneration of all staff and makes recommendations to the full Board of Trustees. When deciding remuneration of key management, Trustees consider:

- the purpose, aims and values of the Charity and its beneficiaries' needs
- how this affects pay policies for all employees, and for the senior staff in particular, including whether a lower rate of pay compared to similar roles in other sectors is appropriate
- how pay is linked to the skills, experience and competencies that the Charity needs from its senior staff and the scope of their roles
- the Charity's current business plan and how implementing it may affect the number of senior staff the Charity needs to employ or recruit, and the nature of those roles
- the Charity's ability to pay, including the benefit to the Charity that such positions will bring

Fundraising Strategies

The Trustees are committed to using best practise in fundraising for the organisation and monitor all fundraising to ensure this takes place. The Trustees do not use external fundraising organisations or individuals for fundraising.

Relationship with The Carers Trust

The Charity is a Network Member of the Carers Trust throughout a network agreement. The Carers Trust provide national and regional information, advise, support and publicity. The Charity retains its own identity with regard to policies, procedures, contracts and responsibility for generating income, governance and management.

Auditor

In accordance with the company's articles, a resolution proposing that Xeinadin Audit Limited be reappointed as auditor of the company will be put at a General Meeting.

Disclosure of information to auditor

Each of the Trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

The Trustees' report was approved by the Board of Trustees.



E J Dearden MBE DL - Founder Chair
Trustee

11 December 2025

ST HELENS CARERS CENTRE LIMITED

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2025

The Trustees, who are also the directors of St Helens Carers Centre Limited for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

ST HELENS CARERS CENTRE LIMITED

INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS OF ST HELENS CARERS CENTRE LIMITED

Opinion

We have audited the financial statements of St Helens Carers Centre Limited (the 'Charity') for the year ended 31 March 2025 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The Trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the Trustees' report for the financial year for which the financial statements are prepared, which includes the directors' report prepared for the purposes of company law, is consistent with the financial statements; and
- the directors' report included within the Trustees' report has been prepared in accordance with applicable legal requirements.

ST HELENS CARERS CENTRE LIMITED

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE MEMBERS OF ST HELENS CARERS CENTRE LIMITED

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the Charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the Trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' report and from the requirement to prepare a strategic report.

Responsibilities of Trustees

As explained more fully in the statement of Trustees' responsibilities, the Trustees, who are also the directors of the Charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the Trustees are responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

Extent to which the audit was capable of detecting irregularities, including fraud

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- the engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- we identified the laws and regulations applicable to the company through discussions with directors and other management, and from our commercial knowledge and experience of the industry sector;
- we focused on specific laws and regulations which we considered may have a direct material effect on the financial statements or the operations of the company, including the Companies Act 2006, taxation legislation and data protection, anti-bribery, employment, environmental and health and safety legislation;
- we assessed the extent of compliance with the laws and regulations identified above through making enquiries of management and inspecting legal correspondence; and identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

ST HELENS CARERS CENTRE LIMITED

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE MEMBERS OF ST HELENS CARERS CENTRE LIMITED

We assessed the susceptibility of the company's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud; and
- considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

To address the risk of fraud through management bias and override of controls, we:

- performed analytical procedures to identify any unusual or unexpected relationships;
- tested journal entries to identify unusual transactions;
- assessed whether judgements and assumptions made in determining the accounting estimates were indicative of potential bias; and
- investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation;
- enquiring of management as to actual and potential litigation and claims; and
- reviewing correspondence with HMRC and relevant regulators.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the directors and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Helen Furlong FCCA (Senior Statutory Auditor)

For and on behalf of Xeinadin Audit Limited, Statutory Auditor
Chartered Accountants
46 Hamilton Square
Birkenhead
Wirral
Merseyside
CH41 5AR
Date: 16.12.25

ST HELENS CARERS CENTRE LIMITED

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Income and endowments from:							
Donations and legacies	3	20,073	40,983	61,056	22,515	37,152	59,667
Charitable activities	4	1,011,111	363,958	1,375,069	853,804	411,642	1,265,446
Other trading activities	5	10,041	-	10,041	8,842	-	8,842
Investments	6	6,229	-	6,229	1,031	-	1,031
Other income	7	926	-	926	-	-	-
Total income		<u>1,048,380</u>	<u>404,941</u>	<u>1,453,321</u>	<u>886,192</u>	<u>448,794</u>	<u>1,334,986</u>
Expenditure on:							
Raising funds	8	5,256	2,853	8,109	4,907	2,827	7,734
Charitable activities	9	1,005,948	401,890	1,407,838	883,741	466,241	1,349,982
Total expenditure		<u>1,011,204</u>	<u>404,743</u>	<u>1,415,947</u>	<u>888,648</u>	<u>469,068</u>	<u>1,357,716</u>
Net income/(expenditure)		37,176	198	37,374	(2,456)	(20,274)	(22,730)
Transfers between funds		-	-	-	(12,125)	12,125	-
Net movement in funds	11	37,176	198	37,374	(14,581)	(8,149)	(22,730)
Reconciliation of funds:							
Fund balances at 1 April 2024		<u>566,652</u>	<u>4,695</u>	<u>571,347</u>	<u>581,233</u>	<u>12,844</u>	<u>594,077</u>
Fund balances at 31 March 2025		<u>603,828</u>	<u>4,893</u>	<u>608,721</u>	<u>566,652</u>	<u>4,695</u>	<u>571,347</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

ST HELENS CARERS CENTRE LIMITED

BALANCE SHEET

AS AT 31 MARCH 2025

		2025		2024	
	Notes	£	£	£	£
Fixed assets					
Tangible assets	15		193,868		197,825
Current assets					
Debtors	16	124,709		39,370	
Cash at bank and in hand		467,297		419,741	
		592,006		459,111	
Creditors: amounts falling due within one year	17	(177,153)		(85,589)	
Net current assets			414,853		373,522
Total assets less current liabilities			608,721		571,347
The funds of the Charity					
Restricted income funds	20		4,893		4,695
Unrestricted funds	21		603,828		566,652
			608,721		571,347

The financial statements were approved by the Trustees on 11 December 2025



E J Dearden MBE DL - Founder Chair
Trustee

Company registration number 04203210 (England and Wales)

ST HELENS CARERS CENTRE LIMITED

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Cash flows from operating activities					
Cash generated from operations	24		41,327		29,273
Investing activities					
Purchase of tangible fixed assets		-		(197,825)	
Investment income received		6,229		1,031	
Net cash generated from/(used in) investing activities					
			6,229		(196,794)
Net cash generated from financing activities					
			-		-
Net increase/(decrease) in cash and cash equivalents					
			47,556		(167,521)
Cash and cash equivalents at beginning of year			419,741		587,262
Cash and cash equivalents at end of year			<u>467,297</u>		<u>419,741</u>

ST HELENS CARERS CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

St Helens Carers Centre Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is 31-35 Baldwin Street, St Helens, Merseyside, WA10 2RS.

1.1 Basis of preparation

The financial statements have been prepared in accordance with the Charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The Charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the Charity.

1.4 Income

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

ST HELENS CARERS CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

Support costs are those that assist the work of the charity but are not directly attributable to the charitable activities. Support costs include office costs, administrative payroll costs and governance costs which support the charity's activities. Where the support costs cannot be attributable to a direct activity they have been allocated to the costs of raising funds and charitable activities on a pro-rata basis.

Governance costs represent costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Freehold property	2% straight line
Plant and equipment	20% straight line
Computers	33% straight line

Freehold land is not depreciated.

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the Charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

ST HELENS CARERS CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.9 Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the Charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

ST HELENS CARERS CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

2 Critical accounting estimates and judgements

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Donations	19,848	14,881	34,729	19,381	21,375	40,756
Fundraising	225	26,102	26,327	3,134	15,777	18,911
	<u>20,073</u>	<u>40,983</u>	<u>61,056</u>	<u>22,515</u>	<u>37,152</u>	<u>59,667</u>

4 Income from charitable activities

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Adult Carers						
Performance related grants	991,111	-	991,111	853,804	8,750	862,554
Young Carers						
Performance related grants	20,000	245,190	265,190	-	276,007	276,007
Personal Budgets & Breaks						
Performance related grants	-	118,768	118,768	-	126,885	126,885
	<u>1,011,111</u>	<u>363,958</u>	<u>1,375,069</u>	<u>853,804</u>	<u>411,642</u>	<u>1,265,446</u>

ST HELENS CARERS CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

4 Income from charitable activities

(Continued)

Performance related grants analysis

	Adult Carers	Young Carers	Personal Budgets & Breaks	Total
	2025	2025	2025	2025
	£	£	£	£
The Big Lottery	-	92,278	-	92,278
St Helens Council	981,111	140,067	118,768	1,239,946
PH Holt	-	10,000	-	10,000
Triangle Trust	-	15,000	-	15,000
John Moores Foundation	-	7,845	-	7,845
Carers Trust	10,000	-	-	10,000
	<u>991,111</u>	<u>265,190</u>	<u>118,768</u>	<u>1,375,069</u>

For the year ended 31 March 2024

	Adult Carers	Young Carers	Personal Budgets & Breaks	Total
	2024	2024	2024	2024
	£	£	£	£
The Big Lottery	-	103,132	-	103,132
St Helens Council	820,804	125,603	126,885	1,073,292
PH Holt	-	10,000	-	10,000
Department of Education	8,750	-	-	8,750
Triangle Trust	-	29,500	-	29,500
John Moores Foundation	-	7,772	-	7,772
Carers Trust	33,000	-	-	33,000
	<u>862,554</u>	<u>276,007</u>	<u>126,885</u>	<u>1,265,446</u>

5 Income from other trading activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Lottery Income	<u>10,041</u>	<u>8,842</u>

ST HELENS CARERS CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

6 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Interest receivable	6,229	1,031

7 Other income

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Other income	926	-

8 Expenditure on raising funds

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Fundraising and publicity						
Lottery costs and prize money	4,980	-	4,980	4,750	-	4,750
Fundraising costs	276	2,853	3,129	157	2,827	2,984
	5,256	2,853	8,109	4,907	2,827	7,734

ST HELENS CARERS CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

9 Expenditure on charitable activities

	Adult Carers	Young Carers	Personal Budget & Breaks	Total
	2025	2025	2025	2025
	£	£	£	£
Direct costs				
Staff costs	723,956	199,640	-	923,596
Depreciation and impairment	3,957	-	-	3,957
Motor and travel costs	1,451	1,427	-	2,878
Premises costs	31,289	16,086	-	47,375
General and administrative costs	152,828	39,131	119,450	311,409
	<u>913,481</u>	<u>256,284</u>	<u>119,450</u>	<u>1,289,215</u>
Share of support and governance costs (see note 10)				
Support	85,837	24,286	-	110,123
Governance	6,630	1,870	-	8,500
	<u>1,005,948</u>	<u>282,440</u>	<u>119,450</u>	<u>1,407,838</u>
Analysis by fund				
Unrestricted funds	1,005,948	-	-	1,005,948
Restricted funds	-	282,440	119,450	401,890
	<u>1,005,948</u>	<u>282,440</u>	<u>119,450</u>	<u>1,407,838</u>

ST HELENS CARERS CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

9 Expenditure on charitable activities

(Continued)

For the year ended 31 March 2024

	Adult Carers	Young Carers	Personal Budget & Breaks	Total
	2024	2024	2024	2024
	£	£	£	£
Direct costs				
Staff costs	629,141	232,865	-	862,006
Depreciation and impairment	-	-	-	-
Motor and travel costs	1,280	1,439	-	2,719
Premises costs	51,988	23,345	-	75,333
General and administrative costs	117,565	46,274	125,205	289,044
	<u>799,974</u>	<u>303,923</u>	<u>125,205</u>	<u>1,229,102</u>
Share of support and governance costs (see note 10)				
Support	83,449	30,770	-	114,219
Governance	4,829	1,832	-	6,661
	<u>888,252</u>	<u>336,525</u>	<u>125,205</u>	<u>1,349,982</u>
Analysis by fund				
Unrestricted funds	883,741	-	-	883,741
Restricted funds	4,511	336,525	125,205	466,241
	<u>888,252</u>	<u>336,525</u>	<u>125,205</u>	<u>1,349,982</u>

ST HELENS CARERS CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

10 Support costs allocated to activities

	2025 £	2024 £
Staff costs	94,702	94,715
Staff training	221	600
Travel	295	299
Rent	2,204	5,800
Light	1,543	1,810
Premises cleaning	611	570
Premises insurance	58	197
Premises repairs	441	467
Equipment	549	555
General insurances	491	390
Postage	1,044	1,295
IT	1,945	2,052
Stationery	2,495	1,980
Subscriptions	823	853
Sundry	443	542
Telephone	2,258	2,095
Governance costs	8,500	6,660
	<u>118,623</u>	<u>120,880</u>
Analysed between:		
Unrestricted funds	92,467	88,278
Restricted funds	26,156	32,602
	<u>118,623</u>	<u>120,880</u>

	2025 £	2024 £
Governance costs comprise:		
Audit fees	6,500	4,680
Accountancy	2,000	1,980
	<u>8,500</u>	<u>6,660</u>

11 Net movement in funds

	2025 £	2024 £
The net movement in funds is stated after charging/(crediting):		
Fees payable to the charity's auditor:		
- for the audit of the charity's financial statements	6,500	4,680
- for other financial services	2,000	1,980
Depreciation of owned tangible fixed assets	3,957	-
	<u>12,457</u>	<u>6,660</u>

ST HELENS CARERS CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

12 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the Charity during the year.

There were no reimbursed travel expenses paid for the year ended 31 March 2025. (2024 - None)

13 Employees

The average monthly number of employees during the year was:

	2025 Number	2024 Number
Management	3	3
Office and administration	4	5
Support workers	25	25
Total	32	33

Employment costs

	2025 £	2024 £
Wages and salaries	917,438	865,665
Social security costs	80,859	72,400
Other pension costs	20,001	18,656
	1,018,298	956,721

The number of employees whose annual remuneration was more than £60,000 is as follows:

	2025 Number	2024 Number
£60,000 to £70,000	1	-
£70,000 to £80,000	-	1

Remuneration of key management personnel

The remuneration (including employers NI and employers pensions costs) of key management personnel was as follows:

	2025 £	2024 £
Aggregate compensation	166,468	166,492

The key management personnel of the charity comprise the Chief Executive, Finance Manager and Operations Manager.

ST HELENS CARERS CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

14 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

15 Tangible fixed assets

	Freehold property £	Plant and equipment £	Computers £	Total £
Cost				
At 1 April 2024	197,825	199	1,764	199,788
At 31 March 2025	197,825	199	1,764	199,788
Depreciation and impairment				
At 1 April 2024	-	199	1,764	1,963
Depreciation charged in the year	3,957	-	-	3,957
At 31 March 2025	3,957	199	1,764	5,920
Carrying amount				
At 31 March 2025	193,868	-	-	193,868
At 31 March 2024	197,825	-	-	197,825

16 Debtors

	2025 £	2024 £
Amounts falling due within one year:		
Prepayments and accrued income	124,709	39,370

17 Creditors: amounts falling due within one year

	Notes	2025 £	2024 £
Other taxation and social security		20,698	18,933
Deferred income	18	128,276	7,845
Trade creditors		7,790	39,319
Other creditors		11,099	12,177
Accruals		9,290	7,315
		177,153	85,589

18 Deferred income

	2025 £	2024 £
Other deferred income	128,276	7,845

ST HELENS CARERS CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

18 Deferred income

(Continued)

Deferred income is included in the financial statements as follows:

	2025 £	2024 £
Deferred income is included within:		
Current liabilities	128,276	7,845
Movements in the year:		
Deferred income at 1 April 2024	7,845	40,772
Released from previous periods	(7,845)	(40,772)
Resources deferred in the year	128,276	7,845
Deferred income at 31 March 2025	128,276	7,845

19 Retirement benefit schemes

	2025 £	2024 £
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	20,001	18,656

20 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2025 £
Young Carers Service	-	286,173	(285,293)	-	880
Carer Breaks	4,695	118,768	(119,450)	-	4,013
	4,695	404,941	(404,743)	-	4,893
Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2024 £
Young Carers Service	8,107	313,159	(339,352)	18,086	-
Carer Breaks	3,017	126,885	(125,207)	-	4,695
Parent Participation	1,720	8,750	(4,509)	(5,961)	-
	12,844	448,794	(469,068)	12,125	4,695

ST HELENS CARERS CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

20 Restricted funds

(Continued)

Purposes and restrictions in relation to the restricted funds:

Young Carers Service

Young Carers Service is a dedicated young carers centre which offers support, advice and leisure opportunities to young carers between the ages of 8 and 18 to support them in their caring role.

Carer Breaks

The Carer Breaks Fund allows for carers to take a personalised break through a direct payment. The break is usually in the range of £50 to £250 and is awarded based on the impact of the caring role on the carer. The Carer Breaks Fund also allows for group breaks organised by the centre for those carers not eligible for an individual break fund payment.

21 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2025 £
General funds	566,652	1,048,380	(1,011,204)	-	603,828
Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2024 £
Covid related expenditure	6,430	-	-	(6,430)	-
Carers events	10,136	-	-	(10,136)	-
Holistic therapies	35,000	-	-	(35,000)	-
General funds	529,667	886,192	(888,648)	39,441	566,652
	581,233	886,192	(888,648)	(12,125)	566,652

22 Analysis of net assets between funds

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
At 31 March 2025:			
Tangible assets	193,868	-	193,868
Current assets/(liabilities)	409,960	4,893	414,853
	603,828	4,893	608,721

ST HELENS CARERS CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

22 Analysis of net assets between funds

(Continued)

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 March 2024:			
Tangible assets	197,825	-	197,825
Current assets/(liabilities)	368,827	4,695	373,522
	<u>566,652</u>	<u>4,695</u>	<u>571,347</u>

23 Related party transactions

For the year ended 31st March 2025, a £200 carers grant was awarded to one of the trustees. The value of the grant was conducted at arms length. (2024 - £200)

24 Cash generated from operations

	2025 £	2024 £
Surplus/(deficit) for the year	37,374	(22,730)
Adjustments for:		
Investment income recognised in statement of financial activities	(6,229)	(1,031)
Depreciation and impairment of tangible fixed assets	3,957	-
Movements in working capital:		
(Increase)/decrease in debtors	(85,339)	72,579
(Decrease)/increase in creditors	(28,867)	13,382
Increase/(decrease) in deferred income	120,431	(32,927)
Cash generated from operations	<u>41,327</u>	<u>29,273</u>

25 Analysis of changes in net funds

The Charity had no material debt during the year.