

advance brighter futures
a helping hand for people's mental wellbeing



ANNUAL REPORT & FINANCIAL STATEMENTS 2020/2021

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ABF is a company limited by guarantee (no. 04052135) and a registered charity (no. 1089638)

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Chair's statement for the year ended 31st March 2021

The year has been dominated by Covid which has impacted upon us all. It forced us all to change from what was familiar to something completely different. In doing so, it generated concern, anxiety and, to some extent, fear. The need for Advance Brighter Futures ABF) and the services it provides was never greater. The speed at which ABF adjusted its provision and moved "online" was startling. The adaptability of staff, who changed from their normal methods of working to something completely different, was equally amazing. The willingness and commitment of the staff to ensure that support was there for whoever needed it was incredible. I am grateful to my fellow trustee, Rob Cox, Lorrissa and all the staff that made the transition to "online" services possible.

Over time, the "online" provision was perfected while, at the same time, new services were developed and introduced. These new services enhanced the support that we were able to offer to those in need. The entire team at ABF should be incredibly proud of what has been achieved during a very difficult and demanding time.

As a result of hard work and a determination to succeed, the "funding team" secured funding from a range of sources throughout the year. This included a significant grant which will allow us to extend and improve our premises. This will increase our capacity to assist our service users and provide them with first class facilities. I would like to thank the "funding team" for their energy and determination - obtaining funding in the current climate is not an easy task.

The operational plan reflects the need to consolidate and focus on our current provision, address waiting lists, extend and improve our facilities and prepare for a further increase in demand as we emerge from Covid. After a year of constant change and turmoil, I am sure a period of stability will be beneficial for us all.

The board will continue to guide ABF, taking strategic decisions to strengthen and develop the charity. The board will do so while bearing in mind our aim of promoting good mental and physical health, while assisting individuals to discover their own solutions, and supporting them while implementing those solutions.

I am grateful for your support over the past year - it has been much appreciated. We do however need to look to the future as there will be much to do. We are in a strong position and with committed supporters and an outstanding team, we are able to make a difference. I look forward to working with you all in order to make that difference.

Regards,



Rick Bedson
Cadeirydd y mddiriedolwyr
Chair of trustees

Report of the trustees for the year ended 31st March 2021

The trustees are pleased to present their report together with the financial statements of the charity for the year ending 31st March 2021.

Reference and administration information

Charity number: 1089638
 Company number: 04052135
 Principal office: 3 Belmont Road, Wrexham, LL13 7PW

Company Secretary: Lorrisa Roberts

Independent Examiner: Iona Edwards Chartered Accountant
 19 Denbigh Street, Llanrwst, Conwy LL26 0LL

Bankers: NatWest, Wrexham Branch, 33 Lord Street Wrexham LL13 1LS
 Lloyds, Wrexham Branch, 28 Regent St, Wrexham LL11 1SE
 Virgin Money Plc, Jubilee House, Gosforth, Newcastle-upon-Tyne NE3 4PL

Directors and Trustees

The directors of the charitable company (the charity) are its trustees for the purpose of charity law and throughout this report, are collectively referred to as the trustees.

The trustees serving during the year and since the financial year end were as follows:

Trustee	Position	Appointed (originally)	Resigned
Mrs Rosemarie Williams	Director/Trustee	2010	
Mr Philip Jones	Director /Trustee	2015	
Ms Catherine Taylor	Director /Trustee Chair	2015	2020
Mr Robert Cox	Director /Trustee	2016	
Mr Matt Wellings	Director /Trustee	2016	2020
Ms Justine Mason	Director /Trustee	2018	
Mrs Jane Francis	Director /Trustee	2018	
Ms Keli Evans	Director /Trustee	2018	2020
Mr Richard Bedson	Director /Trustee Chair	2020	
Mr Marc Jones	Director /Trustee	2020	
Mr Sam Marrs	Director /Trustee	2020	2021
Mr James Hayward	Director /Trustee (Co-opted)	2021	

Structure, Governance and Management

Governing Document:

The registered charity started in 1992 and was incorporated in the year 2000. The 'Memorandum and Articles of Association' was updated in 2014. The name of the company was changed in 2014 omitting the word 'Wrexham' to reflect provision for people from the wider area.

Appointment of Trustees:

Members nominate trustees prior to the AGM to fill vacancies. One third must retire at each AGM. The trustees appoint a Chair and Treasurer.

Trustee Induction and Training:

New trustees are briefed on their legal obligations, good governance, the committee and decision-making processes, and the financial performance of the charity. All trustees are provided with the essential trustee document provided by the Charity Commission. Trustees are encouraged to attend appropriate internal and external training events and update other trustees. Any trustee who fails to attend three meetings without apologies or good cause, will automatically be deselected and will cease to be a trustee.

Organisation:

At the date of signing this report, the board had 9 trustees. The board currently meets monthly and there are various sub-committees. Mrs Lorrissa Roberts has been the Chief Officer for 9 years and oversees the day-to-day operations of the charity with the support of 3 full-time, 10 part-time staff and 2 casual staff members at the year end. At the close of the year, there were 12 active volunteers supporting the activities of the charity.

Objectives and activities

The objectives of ABF are the promotion of good mental and physical health, primarily (but not exclusively) within the County Borough of Wrexham and the surrounding areas, by the provision of support to people experiencing poor physical, mental, or emotional wellbeing.

The charity has refined its services over the years to methods proven to work:

- In 2008, the charity started to provide group activities for persons with the most complex mental health problems. The objective has been to promote active healthy lifestyles and mental wellbeing using community facilities and green spaces. The varied and changing range of activities that are requested by, and that are of benefit to, the people we support include walks, relaxation, badminton, football, gardening, etc. Participation leads to social inclusion by supporting people back into the community. The group activities continued throughout the year and were incorporated into a new project launched during the year following the review.
- Since 2010, the charity has provided one-to-one mental health lifestyle coaching; supporting individuals with severe mental health problems to identify and achieve personal goals.
- The charity provides volunteering opportunities to anyone who has the commitment and ability to help with its objectives. The training received in helping others gives the volunteer themselves new perspectives, self-confidence, and self-worth.

2016

- The charity launched PAR (Promoting Awareness & Resilience) a new schools project focusing on workshops teaching emotional wellbeing and later expanded this by forming a new partnership with Plas Madoc Leisure Centre.
- The PRAMS project was expanded to offer one-to-one support through talking therapies. Students on placement need to offer person centred support to individuals to complete their counselling qualification. The project identified talking therapy as a need because many mums had experienced traumatic births and/or were struggling with the impact of having a new baby in their lives.
- The charity continued developing and delivering courses and joined a new partnership with Adult Community Learning (ACL). The charity continued to deliver workshops in Coleg Cambria and Mental Health Awareness was also delivered in Wrexham Glyndŵr University.

2017

- ABF launched a new engagement and transition project which enables the charity to work closely with inpatients at Heddfan. It is an exciting project with elements of best practice from our group activities project, lifestyle coaching and the pilot 'Viva in Heddfan' which ran in 2012. The project has been well received in its development and has been incorporated with lifestyle coaching and group activities under one overall project name - BYW which is the Welsh translation of "alive" or "to live". The initialism stands for "Believe You Will" in English.
- The roof of the building the charity owns was completely replaced during the summer months of the year which has eliminated damp patches and leaks that were causing issues. This was hugely funded by specific donors including The Screwfix Foundation and The Clothworkers' Foundation.
- Key funding was secured for PRAMS enabling us to continue the service as well as a new development targeting women during pregnancy with the 'You and Your Bump' course.

2018

- The charity was awarded the level one Trusted Charity (previously named PQASSO) accreditation mark for quality assurance in February 2018.
- Planning permission to extend the rear of the building was obtained and all architect drawings and structural reports are ready for when funding is secured.
- The 'You and Your Bump' course was launched to meet an early intervention agenda, while connections to build this element of the charity's work are continually being developed.
- The charity developed new courses including 'Five to Thrive' and 'Mental Health Awareness', both of which have grown in popularity during the year meaning more people have requested these sessions.
- Two members of staff became Dementia Champions and the whole staff team were invited to become Dementia Friends.

2019

- Two members of staff officially became Mental Health First Aid (MHFA) facilitators in both England and Wales.
- An Engagement Coordinator and Development Officer were recruited, marking a significant increase in resource for the charity.
- The BYW review was completed and paved the way to make lifestyle coaching more accessible via Primary Mental Health Team referrals.
- Funding secured for lifestyle coaching to continue and core funding towards administration was put in place.

- Key training was attended to develop the charity's ability to demonstrate social impact through the Social Value Cymru project.

2020

- Two members of staff officially became Youth Mental Health First Aid (MHFA) facilitators.
- An Operations Officer and Business Development Officer were recruited, marking a significant increase in resource for the charity.
- The quick response to the pandemic meant only one member of staff was furloughed and all others set up to work from home with more project staff being recruited.
- All services resumed in an adapted way, or new services developed to respond to need. Key examples include our telephone check-ins and the launch of our 'Help And Listening Online' (HALO) project.
- New family support services introduced such as pre-birth specialist therapy, relationship counselling, Young persons' wellbeing coaching, Family Group (Support) Meetings and our PRAMS project started delivering in Flintshire County.
- We offered more support and training to unemployed people in Wrexham through the Legacy fund.

2021

- The charity was awarded the community facilities grant from Welsh Government which will enable the planned building expansion and improvements to begin and be completed during the year.

Achievements and performance

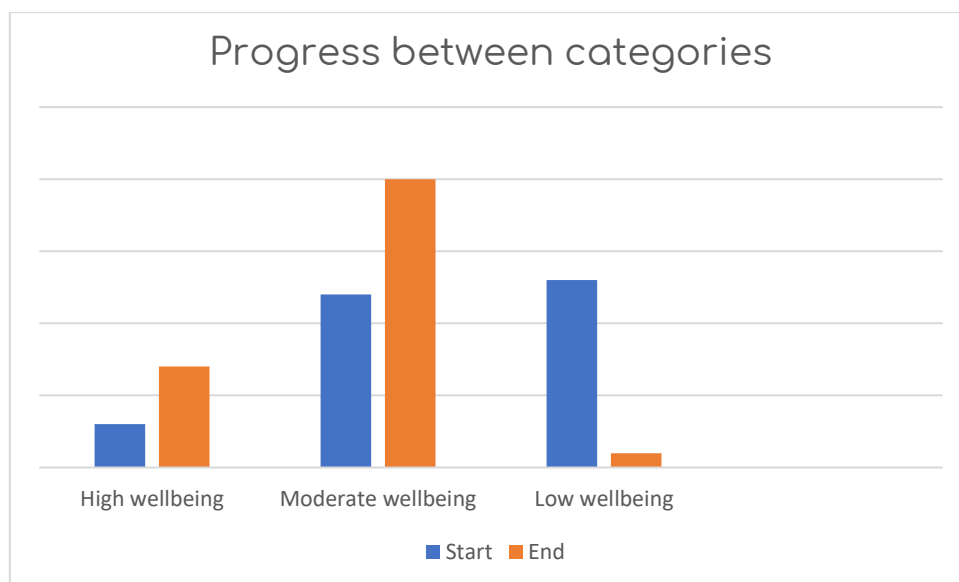
The principal achievement was that the charity received 350 new referrals, and continued to offer help, information, and support to many referrals from the previous year. The pandemic brought us new challenges, but also opportunities to develop the way we worked to continue to be an important and trusted organisation within our community. All staff were set up to work from home within a day of the announcement, recommending that if you could work from home, you should. We found a key role for us was to reassure and inform the people we support what was happening and what support was available.

During the year we were part of the Lloyds Bank Foundation report research study – the '[Value of Small](#)'. The study demonstrated that we reach people that mainstream services don't and that as a small mental health charity, we have a unique relationship with the people we support.

As you might expect, the impact of the coronavirus pandemic on our local community has been significant both for those with existing mental health problems as well as those who developed symptoms during the pandemic.

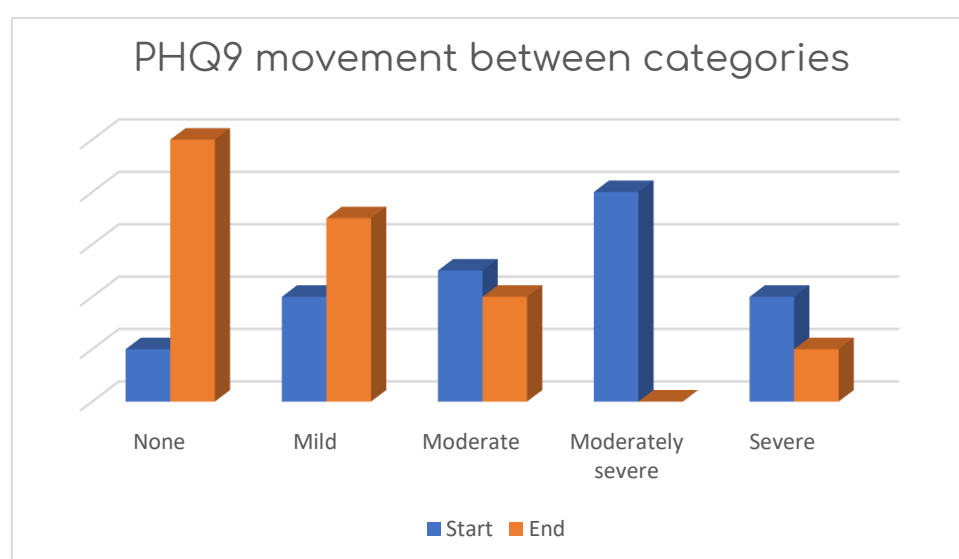
The prolonged lockdown severely impacted those that we have been supporting in a variety of ways including health, wellbeing, finances, family matters and socially. As an immediate response to the first lockdown, we started offering weekly check-in calls to those we support to ensure that they had a space where they felt comfortable to discuss any issues they were facing, as well as providing a vital source of social interaction each week. ABF staff delivered over 750 weekly check-ins. For many, this was the only social interaction they had on a regular basis. We also moved nearly all our services online. We also re-opened our building (in a Covid safe way) as soon as possible as a result of repeated feedback that face-to-face services were needed.

During the year, the charity predominantly used SWEMWBS as the most suitable outcome measure for groups and lifestyle coaching remotely (over the phone or via Zoom). Results were unsurprisingly mixed due to the complexity of working within a pandemic, however, there was an overall average improvement on the SWEMWBS measure of +5. This is a significant improvement and equates to a move up in the 'category' e.g., a move from moderate wellbeing to high wellbeing.

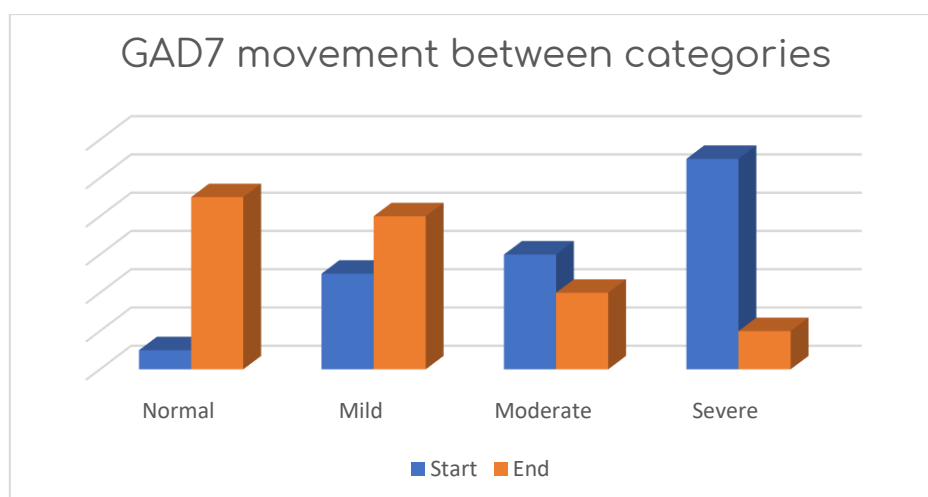


Although we saw a significant decrease in new referrals, the team worked hard during the year to support existing referrals from the period prior to the pandemic. We delivered over 750 'telephone check-in' sessions as many people did not feel able to benefit from our other services in such an uncertain period. Also, a new project was developed in response to the pandemic - 'Help And Listening Online' (HALO). Between November and March 2021, 19 individuals benefitted from the 66 sessions provided, giving a total of 147 attendances.

Our talking therapies services (including PRAMS) helped people to reach an average reduction in self-reported scores of depression by 50% (using the PHQ-9 measure).



Our talking therapies services (including PRAMS) helped people to reach an average reduction in self-reported scores of anxiety by 46% (using the GAD-7 measure). The charity is helping people to overcome mental health problems and build better lives.



Demand for ABF's services is expected to increase as they have become more recognised by local mental health professionals, and sought after by more people in need. The charity's Believe You Will (BYW) Engagement Project is currently working at overcapacity and has a waiting list of about 8 weeks. PRAMS is taking on more people year-on-year, rising by 63 referrals from the year 2019-2020 to 2020-2021, and the waiting time to access the talking therapies is about 12 weeks. During the year, the charity expanded provision to Flintshire which accounts for some of the rise, but there was also an increase of 37 referrals within Wrexham County only.

Annual 'Café and Chat' consultations run by ABF have enabled people we support to signal that expansion of BYW and provision of earlier intervention support should be key aims of the charity. In 2021, the annual 'Café and Chat' consultation was rebranded to 'Not Just Talk' and we are aiming to update the business plan with the results in August/September 2021.

Financial Review

The charity's total gross income was £341,517 (previous year £189,990), with net income being £258,409 (previous year £175,383). This represents an 80% increase on the preceding year's gross figure.

The principal funding sources for ABF in the year were:

- Adult Community Learning Partnership
- Betsi Cadwaladr University Health Board
- Lloyds Bank Foundation for England and Wales
- The Steve Morgan Foundation
- The Tudor Trust
- The Williams Family Foundation
- WCBC Families First Programme
- Wrexham County Borough Council

The charity again raised a substantial amount through fundraising endeavours in total £14,274 (previous year £14,708). Room hire income decreased to £1,096 (previous year £3,435).

Total charitable gross expenditure was £245,904 (previous year £158,339), with net expenditure being £220,911 (previous year £154,323). This represents a 55% increase on the preceding year's gross figure. The charity's continuous value for money review programme produced savings and kept expenditure within budget. During the year,

the training room ceiling and electric board was completely replaced and there were some plumbing repairs carried out.

The funds in the reserve will be invested in an interest-bearing account and will be expended on future large repair bills in excess of the annual budget for the operational needs of the charity.

The trustees' policy is to maintain a minimum reserve of 3 months expenditure and, ideally, 6 months to cover any funding gap. Reserves were not called upon during the year. At 31/03/2021, 4 months of operational reserves were held.

Comprehensive notes in the financial statements provide additional information and clarification of the figures.

Funds held as Custodian Trustees - None.

Future plans

The priorities for improvement and expansion of current activities and services in the year ended 31/03/2022 are:

- Complete the planned building extension and renovation (expand the building space to include two additional meeting rooms to cater for increased demand).
- Review and stabilise reporting / monitoring system to be fit for purpose
- Deliver successful HALO project extension (delivering 3 sessions per week) with full review and decision whether to source further funding to continue
- Establish and deliver PRAMS Flintshire extended project
- Research a financially robust social enterprise to support the sustainability of ABF
- Raise the profile of the charity through press, social media, website, building new and existing partnerships and networks

Recognition / thanks to staff, volunteers, funders and donors

The trustees would like to thank the staff and volunteers of the charity who put in much more than expected every single week. Our success truly would not be possible without their on-going commitment to helping every person individually on their recovery journey. We would also like to thank the funders and donors that have made the work of the charity possible and for being so supportive throughout the year. In particular, we thank the main funders aforementioned for their valued support. We also thank the many supporters that help with various tasks and funds for the charity;

- The Screwfix Foundation, B&Q Foundation, Best Companies Ltd, Marsh Christian Trust, DTCC, Hydro Aluminium, Disclosure Services, Comic Relief / AVOW Voluntary Sector Emergency Fund, Comic Relief / FLVC Voluntary Sector Emergency Fund, Cadwyn Clywd, AVIVA community fund donors, TK Maxx Foundation, Matalan, Coop, Groundwork / Tesco Bags of Help, Marford and Gresford Cycling Club, Inner Wheel Llangollen, Llangollen Wharf cake sale, Llangollen Carriage Tea Room, Coleg Cambria Estates Team, DSL Mobility Ltd, Whitton Morris School Of Dance, Malcolm Davies & Sons builders, MSC Technology and Wrexham Yale Rotary Club for their donations.
- The following Community Councils for their donations; Offa, Caia Park, and Acton

- All the local businesses that have displayed a collection box for us. Charisma Trophies for providing a mounting plaque for our wall and The House Name Plate company for providing a sign at our building,
- The charity is very grateful for donations received in Loving Memory of Marc Lee Evans, Dorothy "Dolly" Tomlinson, Matthew Collins, Bert Hughes and Emma Lloyd.
- Everyone who made private donations, everyone who completed and supported Facebook Birthday fundraisers, Ben Williams for his head shave fundraiser, Elaine Hughes for her fundraising through découpage, Wrexham Glyndŵr University staff for their Christmas Tree donation page fundraiser and Saith Seren who donated a bottle of Ryan Reynolds' Aviation Gin for us to raffle.

The trustees wish to thank Mrs Iona Edwards, the Independent Examiner and Mr. Annesley Wright, who has served as an advisor and treasurer to the board. We would also like to thank all the people we support for your welcome and ongoing feedback on services and future developments.

Public Benefit

The trustees have considered and complied with the Charity Commissioners' guidance on the requirements for public benefit. The aims, actions and achievements of the charity have been entirely for public benefit.

The trustees' plans for the foreseeable future continue to be entirely for public benefit, increasing both the amount and quality of wellbeing support offered. No remuneration has been paid to the trustees and no personal financial benefit has been derived by the trustees.

This report has been prepared in accordance with the statement of recommended practice for accounting and reporting by charities (issued March 2005). Approved by the board of trustees on 28th October 2021, and signed on its behalf by:



Rick Bedson
Cadeirydd y mddiriedolwyr
Chair of trustees

Income and Expenditure 2020-2021

	Note no.	Year Ended 31/03/2021	Year Ended 31/03/2020
Income from Charitable Activities		29500	27350
Group Activities		15872	23399
Courses		21746	25076
Core Funding		166467	80635
Fund Raising		14274	14708
Interest		355	749
Room Hire		1096	3435
Membership Subscription		3	31
Capital Income		9096	
NET INCOME	10	258409	175383
Payroll Costs	4	186521	138392
Operational & Governance Costs		17487	9929
Premises Costs		6879	6002
Capital Expenditure		9212	0
Depreciation		812	0
CHARITY EXPENDITURE	11	220911	154323
TOTAL Surplus / Deficit for the year	12	37499	21060

Balance Sheet

BALANCE SHEET	Note no.	31/03/2021	31/03/2020
FIXED ASSETS			
Property		155114	155114
Property Disposal		0	0
Total Property Cost		155114	155114
Less Grants		-155114	-155114
Net Cost of Property		0	0
Furniture/Equipment		2821	0
Total Fixed Assets	5	2821	0
CURRENT ASSETS			
Debtors	6	13821	7375
Bank Accounts and Cash	7	240115	141521
Total Current Assets		253936	148896
CURRENT LIABILITIES			
Accruals		-24215	-13000
Deferred Income		-71564	-12416
Total Current Liabilities	8	-95779	-25416
Net Current Assets		158157	123480
ASSETS LESS LIABILITIES		160978	123480
CHARITABLE FUNDS			
Designated Unrestricted Funds		39778	22280
Operational Reserves		120000	100000
Specific Restricted Funds		1200	1200
Total Funds	9	160978	123480

Cash Flow Statement

	Year Ended 31/03/2021	Year Ended 31/03/2020
Net Cash provided by operating activities	37143	20312
Interest	355	749
Fixed Assets Purchased	-3633	
Increase of current assets	-6446	-5075
Decrease in current liabilities	70363	-39834
Depreciation	812	0
 Movement in cash flow	 98595	 -23848
 Opening bank balance	 141521	 165369
 Closing bank balance	 240115	 141521

Advance Brighter Futures Ltd - Statement of Financial Activities

Income and Expenditure Notes Year Ended 31/03/2021

Note No

1 Accounting Policies

Charity Information

Advance Brighter Futures is a registered Charity and a private company limited by guarantee incorporated in England and Wales. The registered office is 3 Belmont Road, Wrexham, LL13 7PW.

1.1 Accounting convention

The accounts have been prepared in accordance with the Companies Act 2006 and the Charities Regulations 2008 as well as the Charities Act 2011. The charity is a small charity under Companies Act 2006, and therefore exempt from external audit in accordance with section 477 of the Companies Act 2006.

1.2 Going concern

At the time of approving the accounts the Trustees have reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future.

Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable Funds

Funds and Reserves held by the Charity are:

Operational Reserves - these are funds which can be used in accordance with the charitable objectives at the discretion of the Trustees

The charity's policy is to maintain a minimum of 3 months expenditure reserve and ideally 6 months. The unrestricted operational reserve £120000 is the monetary figure available that could cover unexpected expenditure or expected expenditure during a 6 month funding gap. This is an increase on last year in order to reflect increased actual and predicted expenditure.

Designated Funds - These are funds set aside by the Trustees out of unrestricted general funds for specific future purposes or projects

The designated funds carried forward are for specific expenditure in the next two years, which will predominately be for the renovation of the property.

Specific Restricted Funds - these are funds that can be used for specific restricted purposes within the objectives of the charity. Restrictions arise when specified by the donor.

1.4 Incoming Resources

All incoming resources are included in the Statement of Financial Activities when the charity has received the funds

1.5 Resources Expended

Expenditure reflects all amounts paid and accrued during the year. Expenditure includes VAT which is not recoverable

1.6 Fixed Assets

Fixed assets are initially measured at cost less any depreciation and any specific capital grants received to purchase the property

Depreciation rates	Furniture and Equipment	20% on a straight line basis
	Computer Equipment	33% on a straight line basis

1.7 Retirement Benefits

The charity operates a defined contribution pension scheme and the pension charge represents the employers contribution to that defined contribution pension scheme (NEST)

1.8 Taxation

The charity benefits from Employment Allowance in relation to PAYE. The charity is not registered for the recovery of Value Added Tax

2 Trustees

None of the Trustees (or any person connected with them) received any remuneration during the year

3 Independent Examiners remuneration

There are no fees payable or paid to the Independent Examiner for their examination

4 Employees

The average number of employees during the year

Part time	11
Full time	4

Employment Costs	31/03/2021
Wages and Salaries	163041
Employers NI	9786
Employers Pension Contribution	13695
	<hr/>
	186521

The number of employees whose annual remuneration was £60000 or more were none

5 Fixed Assets shown at historical cost

	Land and Buildings	Furniture & Equipment	Computer Equipment	TOTAL
Cost	155114	0	0	155114
Additions	0	2978	655	3633
Disposals	0	0	0	0
At 31/03/21	155114	2978	655	158747
Depreciation %		20%	33%	
At 31/03/20		0	0	0
Disposals		0	0	
Charge for the year		596	216	812
Accumulated at 31/03/21		596	216	812
Grants	155114			

Net book value

At 31/03/21	0	2382	439	2821
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The property at 3 Belmont Road was completely grant funded and therefore does not have any Net Book Value

6 Debtors

Amounts receivable within one year:

	2021	2020
Trade debtors	13821	7375

7 Bank Accounts

	31/03/2021	31/03/2020
Natwest	56517	15506
Lloyds	79913	62640
Virgin Money	103685	63374
Cash	0	0
	<hr/> 240115	<hr/> 141520

8 Current Liabilities

	2021	2020
Accruals	-24215	-13000
Deferred Income	-71564	-12416
Current Liabilities	<hr/> -95779	<hr/> -25416

Accruals

Liabilities paid in April 2021 relating to 2020/2021 expenditure

Creditors

Relating to deferred income

9 Charitable Funds

<u>Unrestricted Funds:</u>	2021	2020
Designated Funds	39778	22280
Operational Reserves	120000	100000
Specific Restricted Funds	1200	1200
 Total Funds	 160978	 123480

These funds and reserves are the accumulation of previous surpluses and designated to specific projects and events.

10 Income

	2021	2020
Net Income	258409	175383

11 Expenditure

	2021	2020
Payroll Costs	186521	138392
Operational Costs	17487	9929
Premises Costs	6879	6002
Capital Expenditure	9212	0
Depreciation	812	0
CHARITY EXPENDITURE	<u>220911</u>	<u>154323</u>

12 Difference between income and expenditure

	2021	2020
Net Income	258409	175383
Charity Expenditure	<u>220911</u>	<u>154323</u>
Surplus	37498	21060

13 Treasurers Report for year ended 31/03/21

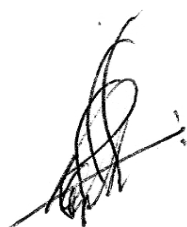
These accounts have been prepared by the Finance Officer at Advance Brighter Futures and reviewed by the Treasurer to ensure that they comply with the Companies Act and Charities Act regulations and recommendations. The notes 1-12 above reflect the accounting policies and procedures applied by ABF.

14 Directors' Report

The Directors' acknowledge their responsibility to comply with the requirements of the Companies Act 2006 and the Charities Act 2011.

The financial statements have been properly prepared in accordance with UK GAAP for smaller entities whilst recognising the need to comply with Charities Act 2011. The recommendations of SoRP and the 2014 FRSs have been applied and adhered to.

Approved by the board on 28/10/2021 and were signed on their behalf by:



Rick Bedson
Cadeirydd y mddiriedolwyr
Chair of trustees

Independent examiner's report to the trustees of ABF

Basis of Independent Examiner's report

Your attention is drawn to the fact that the charity has prepared the accounts (financial statements) in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities published on 16 July 2014, the Financial Reporting Standard for Smaller Entities (FRSSE) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has since been withdrawn. We understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

My examination was carried out in accordance with the directions given by the Charity Commissioners.

I confirm:

- (i) that an examination is required under section 145(1) of the Charities Act 2011, and that section 144(1) (audit) of the Charities Act 2011 does not apply to the charity; and
- (ii) the charity is a small company exempt from audit in accordance with section 477 of the Companies Act 2006

The independent examination comprised of a comparison of the accounting records kept by the charity to the financial statements on pages 1 to 9 for the period 01/04/20 to 31/03/21

Independent Examiner's statement

I confirm that no matter has come to my attention to indicate that in any material respect the requirements to keep accounting records as required by Section 386 of the Companies Act 2006 and to prepare financial statements which accord with the accounting records have not been met for the year ended 31/03/2021.

The accounts have been prepared on an accruals basis and comply with relevant accounting requirements under section 396 of the Companies Act 2006 and are consistent with the Statement of Recommended Practice - Accounting and Reporting by Charities, issued in March 2005.

In my opinion without a full audit the financial statements give a true and fair view of the income and expenditure and state of the charitable company's affairs at 31/03/2021.

Signature.....  Date..... 15/12/2021

Iona Edwards, Chartered Accountant Hen Dy, Plas Madog, Llansannan, Denbigh LL16 5LF