



Section A

Independent Examiner's Report

Report to the trustees

Charity Name

Milton Keynes Community Cardio-pulmonary Group

**On accounts for the year
ended**

31 July 2025

**Charity no
(if any)**

1089370

Set out on pages

3 to 8

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/07/2025.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

26/1/26

Name:

Victoria Jarvis

**Relevant professional
qualification(s) or body
(if any):**

ICAEW

Address:

3 Scott Close

Northampton

NN5 4DZ

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1	August	2024		31	July	2025

Section A Reference and administration details

Charity name Milton Keynes Community Cardio-pulmonary Group

Other names charity is known by

Registered charity number (if any) 1089370

Charity's principal address
Hinton Hall
296a Whaddon Way
Bletchley
Postcode MK3 7GB

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ivan Pullen	Chair		
2	Michael McVeigh	Secretary	18/10/2024-31/07/2025	
3	Jim Gorringe	Vice Chair		
4	Susan Free			
5	Roger Cook			
6	James Conlan			
7	Patricia Thurston			
8	Veronica Symmonds			
9	Jon Porter			
10	Mark Browning			
11	Ken Hollis		18/10/2024-31/07/2025	
12	Ann Hojnor		18/10/2024-31/07/2025	
13	Geoff Rayment		01/08/2024-10/09/2025	
14	Stanley Keeves		01/08/2024-23/04/2025	
15	Stuart Price	Treasurer	01/08/2024-26/02/2025	
16	Ernest Taylor	Secretary	21/10/2023-18/10/2024	

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document	Constitution
How the charity is constituted	Charitable Incorporated Organisation
Trustee selection methods	Elected by Members, Appointed

Summary of the objects of the charity set out in its governing document

To promote activities that have a proven beneficial effect on health for people living within the borough of Milton Keynes and the surrounding areas who have an established diagnosis of heart disease and/or cardiopulmonary disease, by providing facilities for condition-specific monitored exercise in a safe, friendly and supportive environment, so that members may continue to live independent lives.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

This year has been a year of celebration and progression.

Our volunteers have been the recipients of the King's Award for Voluntary Service. This is the highest award that a group of volunteers can receive in the UK and is equivalent to an MBE.

The announcement of the award was made by the Palace on the King's birthday in November 2024. We held a celebratory event in June 2025. At this event we were delighted to receive the KAVS from the Countess Howe, the Lord-Lieutenant of Buckinghamshire. It was in the form of a piece of cut-glass crystal appropriately engraved. In addition, she presented the group with a certificate and each volunteer with a lapel badge. In her speech the Countess Howe was generous with her praise for the volunteers and she spoke warmly about the work of the trustees and staff.

The celebrations didn't end there. Two of our volunteers represented the group at a garden party at Buckingham Palace.

The number of members has increased during the year. The new self-referral pathway to membership and the rise in our profile, due to the KAVS, I would suggest, are two of a number of reasons for our success with recruitment.

Our Treasurer and Secretary are both flourishing in their relatively new roles and we now have a Vice Chair. This position had not been filled for a number of years so I'm grateful to Rev Jim Gorrington for stepping into this role.

Following a thorough review of our practices, our Treasurer has brought in a number of important changes. I must pay tribute to him not only for his review and proposals for change, but also for the patient and clear way that he has helped the trustees to understand the new procedures.

The annual review of staff remuneration took place in February. The Management Committee took into account the high standard of work carried out by the staff, the resources of the group and the rate of inflation in making the decision to award a 4.1% rise in salary. This change took effect from 1st April 2025. There have also been changes to the procedures for calculating holiday and sick pay.

Our two long-standing contracts with the local Integrated Care Board for transition courses continue. These are both a significant source of income and important as our traditional pathway to membership.

The membership fee has remained fixed during this period at £350 a year for fifty condition-specific, monitored exercise sessions delivered by appropriately qualified staff. This represents very good better value and makes membership accessible.

The group has continued its outreach work. Volunteers have attended a number of Wellbeing events including those organised by Bletchley Pathfinders, a nearby retirement village and a local church. This type of event helps with community networking and enables us to both disseminate information about our group, and to meet others.

As we look to next year our main challenge is to continue to make our very special group assessable to as many people as possible who can benefit from the service that we provide.

The undoubted success of MKCCG is down to the hard work of its staff and volunteers

Section D	Achievements and performance
Summary of the main achievements of the charity during the year	<p>Two longstanding volunteers attended a garden party at Buckingham Palace as part of the celebrations of the award of the KAVS.</p> <p>One young volunteer has taken up a place at medical school to study to be a doctor.</p> <p>Donations rose by 84% to over £7,700. One example, a young man came to MKCCG in need of confidence and after 6wks left feeling able to climb the three peaks to raise funds for our charity.</p> <p>Membership continues to rise and now stands at 322</p> <p>We received a grant to subsidise 20 x 6 month memberships for residents of Bletchley</p>

Section E	Financial review
Brief statement of the charity's policy on reserves	<p>The charity has two reserve accounts:</p> <p>Asset Replacement/Contingency Deposit Fund: Any operating cash surplus will be transferred into this account: The fund will be used to cover the expected future cost of replacing assets together with other unexpected needs.</p> <p>Lease Replacement Fund: This fund is maintained to help with the potential renewal of the Hinton Hall lease when the current lease expires in 2052.</p>

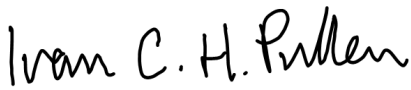
Section F**Other optional information**

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Section G**Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Ivan Christopher Hugh Pullen	
Position (eg Secretary, Chair, etc)	Chair	
Date	10/09/2025	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Milton Keynes Community Cardio-pulmonary Group

1089370

Receipts and payments accounts

CC16a

For the period
from

01/08/2024

To

31/07/2025

Section A Receipts and payments

Unrestricted Funds

Operations

to the nearest £

Contingency

to the nearest £

Total funds

to the nearest £

Last year

to the nearest £

A1 Receipts

Subscriptions	111,711	-	111,711	95,597
Gift Aid	20,226	-	20,226	16,471
Funding	69,489	-	69,489	54,106
Donations	7,714	-	7,714	4,189
Fundraising	5,845	-	5,845	9,990
Social Events	773	-	773	384
Shop	784	-	784	293
Refreshments	2,997	-	2,997	2,233
Interest	111	3,629	3,740	3,482
Sub total (Gross income for AR)	219,648	3,629	223,277	186,745

A2 Asset and investment sales, (see table).

	-	-	-	-
Sub total	-	-	-	-

Total receipts	219,648	3,629	223,277	186,745
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A3 Payments

Staff Costs	166,832	-	166,832	130,487
Administration	19,692	-	19,692	15,512
Utilities	6,707	-	6,707	7,685
Equipment	2,187	-	2,187	2,179
Repairs	-	-	-	92,048
Sub total	195,419	-	195,419	247,912

A4 Asset and investment purchases, (see table)

Asset Purchases		-	-	8,595
	-	-	-	
Sub total	-	-	-	8,595

Total payments	195,419	-	195,419	256,507
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Net of receipts/(payments)	24,230	3,629	27,859	- 69,762
A5 Transfers between funds	- 40,000	40,000	-	
A6 Cash funds last year end	54,642	56,308	110,950	180,712
Cash funds this year end	38,872	99,937	138,809	110,950

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £		
B1 Cash funds				
	Current Accounts	38,872		
	Deposit Account	99,937		
	Total cash funds	138,809		
	(agree balances with receipts and payments account(s))			
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	Lease Replacement Fund	Unrestricted		
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Hinton Hall Lease and Separation Costs	Unrestricted		-
	Lift	Unrestricted		-
	Lighting	Unrestricted		-
	Heating System	Unrestricted		-
	Computer Equipment	Unrestricted		-
	Roof Safety Rails	Unrestricted		-
	Exercise Equipment	Unrestricted		-
			-	-
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Staff costs	Unrestricted		
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
	Ivan C. H. Pullen	Ivan Christopher Hugh Pullen		10/09/2025