



Section A

Independent Examiner's Report

Report to the trustees/
members of

Milton Keynes Community Cardio-pulmonary Group

On accounts for the year
ended

31 July 2024

Charity no
(if any)

1089370

Set out on pages

3 - 8

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 07 / 2024**.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

07/05/2025

Name:

Victoria Jarvis

Relevant professional
qualification(s) or body
(if any):

ICAEW

Address:

3 Scott Close

Northampton

NN5 4DZ

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1	August	2023		31	July	2024

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ivan Pullen	Chair		
2	Nigel Robinson	Treasurer	01/08/2023-20/10/2023	
3	Ernest Taylor	Secretary		
4	Stanley Keeves			
5	Susan Free			
6	Linda Seaton		01/08/2023-24/07/2024	
7	Roger Cook			
8	Geoff Rayment			
9	Patricia Thurston			
10	Veronica Symmonds			
11	Jim Gorringe			
12	Mark Browning			
13	Stephen Halliday		01/08/2023-10/01/2024	
14	June Hobden		01/08/2023-20/10/2023	
15	Stuart Price	Treasurer	10/04/2024-31/07/2024	

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document	<input type="text" value="Constitution"/>
How the charity is constituted	<input type="text" value="Charitable Incorporated Organisation"/>
Trustee selection methods	<input type="text" value="Elected by Members, Appointed"/>

Summary of the objects of the charity set out in its governing document

To promote activities that have a proven beneficial effect on health for people living within the borough of Milton Keynes and the surrounding areas who have an established diagnosis of heart disease and/or cardiopulmonary disease, by providing facilities for condition-specific monitored exercise in a safe, friendly and supportive environment, so that members may continue to live independent lives.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

This year has been a year of consolidation and development.

The management team are now established and have been working hard to attract funding and to increase the number of members.

The annual review of staff remuneration took place in February. The Management Committee took into account the high standard of work carried out by the staff, the resources of the group and the rate of inflation in making the decision to award a 4% rise in salary. This change took effect from 1st April 2024.

Our two long-standing contracts with the local Integrated Care Board for transition courses continue. As a result of the funding that was secured last year an additional Heart Failure transition course started in September. Also, during the year a new entry pathway to membership, through self-referral, was approved and adopted. This addition of a transition course and the new pathway to membership, along with enhanced recruitment from the two longstanding transition courses, means that I can report that the numbers of members is increasing.

The staged membership fee increase that was introduced last year has now been implemented for all members. Given the rate of inflation over this period the £350 a year for fifty condition-specific, monitored exercise sessions delivered by appropriately qualified staff looks to be even better value.

In October we staged a Cyclothon. This was a major fund-raising success. The final amount raised was over £5500, which has been spent on gym equipment including a new treadmill.

Other fund-raising events have included a Coffee and Carols afternoon, a Coffee Morning, a Canal Boat Trip, a Quiz and Raffles. In addition, the Dickie Ticker Draw has been re-introduced and is proving popular.

We were delighted to receive a donation of £500 from GXO, who have a large logistics facility in Milton Keynes.

Last year I mentioned that the roof of our building was in a poor state. I'm now pleased to report that it has been completely renovated. Although this was a major expense, we have been able to cover it from our reserves.

We have increased our outreach work mainly by attending Wellbeing events. We plan to do even more of these, next year. This type of event helps with community networking and enables us to both disseminate information about our group, and to meet others.

This year has been a year of an award and an application for an award. Many congratulations go to our Deputy Service Lead, Mrs Jos Lygo-Baker, who was the winner of the Inspirational Community Champion award at the MK Inspiration Awards for 2024. In addition, the group has applied for the King's Award for Voluntary Service for its volunteers. The application was confirmed in August 2023 and in January 2024 we were visited by Mrs Julia Upton, a Deputy Lieutenant of the County. She met with a number of volunteers and gathered information. Her report on our volunteers was reviewed by her fellow members of the lieutenancy in February and submitted to the Palace in March. The outcome will be announced on the King's birthday in November.

In October of this year our longstanding treasurer, Mr Nigel Robinson, stood down. I would like to pay tribute to his 28 years of service as a member of the Management Committee and his 20 years of service as treasurer. Under his guidance the group has gone from strength to strength in many ways, not least, financially. We are very grateful to him for all the tireless work that he has done for the group.

We are very fortunate that Mr Stuart Price has agreed to be our treasurer. He brings great professional knowledge and experience, along with much energy, to the role.

As we look to next year our main challenge is to continue to make our very special group accessible to as many people as possible who can benefit from the service that we provide.

The undoubted success of MKCCG is down to the hard work of its staff and volunteers. In connection with the Trustees' Annual Report, I would like to single out for praise Mr Stuart Price. He brings a high level of both professionalism and application to his role as treasurer.

Section D	Achievements and performance
<p>Summary of the main achievements of the charity during the year</p>	<p>New, externally funded, Heart Failure transition course started in September.</p> <p>Introduction of a new entry pathway to membership, through self-referral.</p> <p>Over £5500 raised by a Cyclothon event.</p> <p>Roof completed renovated.</p> <p>Deputy Service Lead, Mrs Jos Lygo-Baker, won the Inspirational Community Champion award at the MK Inspiration Awards.</p> <p>Volunteers nominated for King's Voluntary Service Award.</p>

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity has two reserve accounts:

Contingency Deposit Fund: Any operating cash surplus will be transferred into this account: The fund will be used to cover the expected future cost of replacing the Hinton Hall heating system together with other unexpected needs.

Lease Replacement Fund: This fund is maintained to help with the potential renewal of the Hinton Hall lease when the current lease expires in 2052.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Ivan C. H. Pullen

Full name(s)

Ivan Christopher Hugh Pullen

Position (eg Secretary, Chair, etc)

Chair

Date

18/04/2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

Milton Keynes Community Cardio-pulmonary Group

1089370

Receipts and payments accounts

CC16a

For the period from

01/08/2023

To

31/07/2024

Section A Receipts and payments

		Unrestricted Funds		Total funds to the nearest £	Last year to the nearest £
		Operations to the nearest £	Contingency to the nearest £		
A1 Receipts					
Subscriptions		95,597	-	95,597	82,980
Gift Aid		16,471	-	16,471	14,591
Funding		54,106	-	54,106	33,604
Donations		4,189	-	4,189	7,174
Fundraising		9,990	-	9,990	5,967
Social Events		384	-	384	2,040
Shop		293	-	293	485
Refreshments		2,233	-	2,233	224
Interest		126	3,356	3,482	4,332
Sub total (Gross income for AR)		183,389	3,356	186,745	151,397
A2 Asset and investment sales, (see table).					
		-	-	-	-
Sub total		-	-	-	-
Total receipts		183,389	3,356	186,745	151,397
A3 Payments					
Staff Costs		130,487	-	130,487	100,304
Administration		15,512	-	15,512	13,896
Utilities		7,685	-	7,685	4,675
Equipment		2,179	-	2,179	2,502
Repairs		92,048	-	92,048	3,130
Sub total		247,912	-	247,912	124,507
A4 Asset and investment purchases, (see table)					
Asset Purchases		8,595	-	8,595	5,910
		-	-	-	-
Sub total		8,595	-	8,595	5,910
Total payments		256,507	-	256,507	130,417
Net of receipts/(payments)		- 73,118	3,356	- 69,762	20,980
A5 Transfers between funds		32,000	- 32,000	-	-
A6 Cash funds last year end		95,760	84,952	180,712	159,732
Cash funds this year end		54,642	56,308	110,950	180,712

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £		
B1 Cash funds				
	Current Accounts	54,642		
	Deposit Account	56,308		
	Total cash funds	110,950		
	(agree balances with receipts and payments account(s))			
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	Lease Replacement Fund	Unrestricted		
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Hinton Hall Lease and Separation Costs	Unrestricted		-
	Lift	Unrestricted		-
	Lighting	Unrestricted		-
	Heating System	Unrestricted		-
	Computer Equipment	Unrestricted		-
	Roof Safety Rails	Unrestricted		-
	Exercise Equipment	Unrestricted		-
			-	-
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Staff costs	Unrestricted		
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	Ivan C. H. Pullen	Ivan Christopher Hugh Pullen	18/04/2025	