

**REGISTERED COMPANY NUMBER: 04009541 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1089347**

**Report of the Trustees and**  
**Financial Statements for the Year Ended 31 March 2025**  
**for**  
**Changing Futures North East**

Inspire Compliance Limited  
Chartered Accountants  
Registered Auditors  
6 Queens Court  
Third Avenue  
Team Valley  
Gateshead  
Tyne and Wear  
NE11 0BU

## **Changing Futures North East**

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**Changing Futures North East  
Reference and Administrative Details  
for the Year Ended 31 March 2025**

**TRUSTEES**

D R Blackith  
A N Jackson (resigned 30.10.24)  
D M Jeffrey  
Ms G M Lamb - Chair  
Ms D M Robertson  
A Steel (resigned 18.12.24)  
Ms M McBain (appointed 13.4.25)  
Ms J Milne (appointed 13.4.25)  
R Copland (appointed 6.8.25)  
A Devine (appointed 6.8.25)  
Ms V J Orr (appointed 6.8.25)

**COMPANY SECRETARY**

**REGISTERED OFFICE**

3 Abbey Street  
Headland  
Hartlepool  
TS24 0JR

**REGISTERED COMPANY  
NUMBER**

04009541 (England and Wales)

**REGISTERED CHARITY  
NUMBER**

1089347

**INDEPENDENT AUDITORS**

Inspire Compliance Limited  
Chartered Accountants  
Registered Auditors  
6 Queens Court  
Third Avenue  
Team Valley  
Gateshead  
Tyne and Wear  
NE11 0BU

**BANKERS**

Co-Operative Bank plc  
Olympic House  
6 Olympic Court  
Off Montford Street  
Salford  
M5 2QP

## **Changing Futures North East**

### **Chairman's Report for the Year Ended 31 March 2025**

CFNE has been rooted in Early Help and Family Services; this has been a key strength of the organisation, with specialisms in reducing parental conflict, strengthening family relationships, and parenting with a trauma-informed focus. The Board intends to continue working and expanding in this area; however, it also acknowledges the uncertainty of funding in this area, which often occurs near deadline dates, making long-term planning difficult.

Over the last two years, there has been a rebalancing, investing in the success of fostering (through the subsidiary, Changing Futures Fostering), with the vision of continuing to support children and young people in care.

The Board is keen to provide safe, loving homes through a residential home; however, the difficulty of obtaining a suitable property had proved to be a bigger challenge than expected. Additionally, moving into residential requires significant investment and securing finance for the project was complex and required regular financial modelling, which the Board scrutinised. However we are pleased to report that a house has been purchased, finance secured, and we are now looking for a Responsible Individual (RI) to be registered with Ofsted as the legally responsible person, and give support and oversight to a new Registered Manager.

Some core goals and challenges for CFNE in 2025:

1. Ensuring that members of the Board represented the expertise and experience necessary to provide the required governance.
2. Merging Changing Futures and CFNE to be one organisation.
3. Growing Fostering in a very competitive market.
4. Maintaining and growing current work and securing finances to fulfil contracts.

A series of other delivery and business objectives were set for 24/25 specifically, and I am pleased to report that the teams hard work has resulted in achievement in all priority areas. These are detailed more fully in the Annual Report.

An application is being lodged with Ofsted to register CFNE as a fostering provider. This will continue to have the Deputy CEO as Responsible Individual and the same Registered Manager, with the RI reporting directly to a fostering committee. The Merger will require registration with OFSTED, and the fostering parents within CFF would need to transfer to the Charity and be reapproved. It was envisaged that this would be completed in 25/26, allowing time for discussions with all involved. The new structure should realise cost savings, making sure that as much money as possible is invested into children and young people.

The board has been particularly focused on governance this year, and developing the right structure to give appropriate challenge and support to the senior leadership team. The committees that have been put in place are:

- Audit Risk and Resilience (Inc governance)
- People and Culture
- Finance
- Residential
- Fostering (when the merger has been completed)

The Board and Senior Leadership Team have also been focused on quality assurance (QA) processes. Both Fostering and Residential care will be regulated and inspected by Ofsted. The QA policy and reports will be regularly reported to the committee and full board meetings. Action plans will be put in place to ensure learning is applied, and progress against actions will be scrutinised.

We expect the coming year being focused on completing the merger, getting residential up and running, maintaining our wider service offer, and planning for an expansion in early help services as we become increasingly capable of funding them through surplus income.

**Changing Futures North East**  
**Chairman's Report**  
**for the Year Ended 31 March 2025**

During the year, there were two Board resignations, and I would like to thank both Andrew and Tony for their service as Trustees for CFNE. The Board also welcomed a large number of new trustees who brought a wide range of experience, thereby broadening both the knowledge and expertise of the Board to meet the new challenges.

I would like to thank all board members, the staff team and our volunteers for their time and dedication. I look forward to 25/26 and the next step in achieving our vision.

Gillian Lamb

**Changing Futures North East**  
**Report of the Trustees**  
**for the Year Ended 31 March 2025**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The objects of the Charity (as amended on 10th July 2019) are:

specifically restricted for the public benefit to the promotion of the upbringing and care of children and young people in need from all backgrounds, cultures, and faiths or none, in particular by:

- 5.1 Promoting their better care and safeguarding them.
- 5.2 Providing assistance to them and their families and carers
- 5.3 Promoting their health
- 5.4 Promoting their education and establishment in life.

The charity promotes the benefit of children and young people in particular through recognition of the interconnectedness of human systems and the role of the family and the community in creating the environmental conditions to enable children and young people to thrive.

**Our vision, mission and beliefs**

The Charity is founded on the fundamental belief that relationships matter to people. They can catalyse joy. They can lead to profound misery. People with a variety of strong, healthy relationships are better able to thrive, and better deal with challenges presented by life. Through enhancing the relational resources available to children, family members, and community members and indeed those agencies and workers that make up the village around the family, the Charity seeks to bring about lasting social change. In particular:

**We will help create a society where every child and young person has opportunity to be supported by the full range of healthy relationships they need to thrive.**

This will help break intergenerational cycles of trauma, poverty and deprivation.

Our core missions to help children, families and communities to flourish, are:

- Enabling families to have the relational resources and resilience they need to thrive
- Promoting and supporting parental and other key relationships
- Enabling development of relationships that heal and create or nurture resilience to the impacts developmental and other life trauma, to benefit children

The help we deliver to achieve our vision and missions will be delivered in accordance with some key beliefs:

**Everyone has potential** - our role is to help people unlock this and achieve the things that matter to them

**Parents love their children** - and this love needs to be acknowledged, worked with, and respected

**Parental relationships matter** - we must be curious about them and support them where needed, particularly given the critical impact inter-parental relationships have on children

**Wider relationships matter** - people stand the best chance of thriving with a variety of positive family, peer, and other relationships

**Workplace relationships matter** - healthy and supportive workplace relationships are good for people at work, and they help them help people in the community better too

**Systems affect children, change and performance** - we need to understand and work across the range of relationships, agencies and actors that surround families to best enable positive change

**Changing Futures North East**  
**Report of the Trustees**  
**for the Year Ended 31 March 2025**

**Values and behaviours**

To deliver effective help, we will behave in accordance with key values:

- **Ambitious** - We're ambitious for children and families and set ambitious goals that help us to help them.
- **Integrity & Pride** - We provide and celebrate the type of help we believe in.
- **Innovation and Competence** - We seek to enter and maintain a focus in spaces where we know we can do things well, and will measure ourselves against our ambitions
- **Collaborative** - We recognise we are at our best when we collaborate inside and outside the organisation, and will do so.
- **Empowering** - We know that empowering others builds sustainable change; we enable and equip our staff, volunteers and families with the tools, support and confidence they need to enable changes, gives best result.
- **Safe** - Family members deserve to be safe in their relationships, in the community and the workplace and we will work hard to help them be safe.
- **Relational** - Humans need human connections; nurturing connections and empowering individuals and communities, focusing on trust, collaboration and respect, helps children, family members and workers to be seen supported and grow. We will endeavour to work relationally.

**Our history and current focus**

The modern 'Changing Futures' is a relationship focused agency, with a special focus on working with people who've experienced trauma, that works across North East England. We are more interested in what's happened to people than what's wrong with people. We try to avoid labelling and stigmatising language (and encourage some parts of wider systems to reframe how they see and think about the people they work with).

The relational focus that underpins our work dates back to the very founding of the organisation, when its sole focus was as an estate-based youth provider on the Headland of Hartlepool. Around 1997, a group of Headland residents and development workers banded together to consult young people as to their needs, and how they might better be met through youth provision in the area. The culmination of this work was the development of the Abbey Street Youth Project, led by a young person's steering group and supported by the wider community. At this point, the organisation formalised as Headland Future Limited. The emphasis of Headland Future's youth work was social and informal education. The nurturing of relationships, bringing together people of shared passions in "communities of interest" and an emphasis on enabling young people to enjoy and achieve were more of a focus than issue-based work.

The Charity still pursues its original mission to improve the lives of children and young people. Over time, the work of the organisation has shifted, based on learning that for many young people, direct work with them can only have so much impact. At times, but not always, change can be best enabled when the family context children live in is warm, nurturing, and free of poorly managed conflict. Healthy parental relationships have a particular impact on children's welfare and wellbeing.

Parenting children who've experienced trauma is particularly challenging, be it for birth parents, foster carers or staff taking care of children in residential settings. We have a particular emphasis on enabling parents, carers and workers to understand the impact of trauma and to parent or work in a trauma informed way. Ensuring that parents, carers and workers are well supported, and have their core needs attended to, is critical to enabling them to meet children's needs well.

We are acutely conscious that too many children are living often many miles away from their loved ones because of shortages in local foster homes and residential placements. We are also saddened that too many young people leave care with few or no loving or trusting relationships with adults. A substantial focus for our organisation is to help address these issues through direct provision of placements (for instance through Changing Futures Fostering, our subsidiary company) and through long term support.



**Changing Futures North East**  
**Report of the Trustees**  
**for the Year Ended 31 March 2025**

**The people we work with**

The Charity has the privilege to work with children, young people, families and organisations in the North East of England, particularly in the Tees Valley, Hartlepool and Darlington.

The parents and organisations we work with are passionate about meeting the needs of children, and have a range of superb assets at their disposal. The children we work with care about their parents, their siblings and their peers, and want to enjoy life and succeed. The individuals we work with care about the people in their lives and want to be happy.

It is an unfortunate truth that many of those that ask for our help have been through forms of hardship (for instance, poverty, the trauma of losing a loved one, bullying, conflict laden and sometimes violent relationships, abuse, neglect) and that difficulties in their lives have left them with challenges that they are struggling to overcome successfully. However, they have shown much resilience, determination, and loyalty to others in their lives; our job, when asked, is to help people to draw on these assets and build on their strengths, identifying their own goals and then catalysing their own change.

We target different help to different groups, for instance separated families, parents in relationships, children in care, other young people and families.

The majority of families who accessed separation support had low incomes, and most former couples were in long term conflict. Evidence shows poorly managed and enduring couple conflict is highly detrimental to children's outcomes (especially when combined with material deprivation). Conflict where there are financial difficulties, or children and families live in poverty, is far more likely to result in poorer outcomes for children. Following the DWP investing in supporting Councils to better support parental conflict, and our own local work, we have refocused our help towards those families with more complex situations where specialist help is likely to be needed. We have also focused on helping train, coach and support the wider children's workforce to better support parental relationships.

Much of the Charity's work is with people living in deprived communities (in Hartlepool the majority of the people we work with live in areas where children's outcomes are worse than in other areas, and there is material poverty). Some of the Charity's work is specifically targeted towards those that have suffered multiple disadvantages. Some work is focused on enabling people to develop the strengths and resources to avoid hardship through preventative programmes and collaboration with other agencies.

**The people who enable change for children and families**

Firstly, a huge thank you to the parents and children who have let us into their lives. We support you to draw on your innate talents and skills, and to make your own change. We are privileged to be invited in to help.

A huge thank you as well to the 26 staff and 87 volunteers who provide this help to children and families. The Charity would like in particular to thank these committed individuals who give up so much of their free time to support people in the community. Without this help we would be unable to provide anywhere near the current level and quality of service.

## Changing Futures North East

### Report of the Trustees for the Year Ended 31 March 2025

#### STRATEGIC REPORT Achievements and performance Charitable activities Objectives - Direct help

##### Delivery and system change objectives

Our key objectives for the next year include:

- Enable changes in systems supporting children and families, through influencing, training, consulting and partnering with other people and agencies
- Maintain and where possible grow our mediation offer and reducing parental conflict consultancy and training
- Expand services that help people build, strength or repair connections so that they can live happier, healthier lives - that benefit children as a result
- Retain specialist couple relationship work as a core part of the organisations portfolio
- Ensure delivery of a therapeutic fostering offer that has peer support at its core
- Sustainably expand our mentoring and befriending offer, and work to evaluate the new mentoring approach to support its take-up in other areas
- Maintain an emotional wellbeing offer that increases access for children and families to psychological services

The Charity helped an estimated 2576 people in 24/25 compared to 2269 in 23/24 and 2251 people in 22/23. This includes an estimated 753 children who benefitted from our training work and mediation work (assuming 1.7 children per adult worked with).

Excluding this assumption, we directly worked with 1823 people in 2024/25. Direct beneficiaries break down as follows:

Emotional Wellbeing (general)	Family work (inc some adult forces emotional wellbeing work)	Reducing Parental Conflict	Youth & Community
744	482	495	102

The table below shows numbers of people who benefited from our help, including assumptions for indirect beneficiaries, over the last five years.

	Practitioners	Direct beneficiaries (excluding practitioners)	Indirect beneficiaries (estimated)	Total
24/25	55	1768	753	2576
23/24	223	1508	761	2269
22/23	197	1463	591	2251
21/22	25	1158	627	1785
20/21	20	674	367	1061

The Charity is pleased to be helping increasing numbers of children each year, however is mindful that it is focused principally on ensuring social impact. It may reduce the numbers it helps in future years, to provide more targeted help to certain groups of people.

## **Changing Futures North East**

### **Report of the Trustees for the Year Ended 31 March 2025**

#### **Enable changes in systems supporting children and families, through influencing, training, consulting and partnering with other people and agencies**

Parents Pulling Together is a three year parent led universal peer support and parenting service in Hartlepool, delivered in partnership with Hartlepool Borough Council. It is funded through the National Lottery Communities Fund. It has been bolstered with extra support from the lottery "Know Your Neighbourhoods" grant scheme, enabling a sharper focus on engaging parents who would not otherwise have accessed help. This has now concluded, with over 404 parents benefitting and the vast majority reporting positive changes.

At the heart of Parents Pulling Together is the philosophy that parents are best places to help other parents. Consequently, all of the groups are delivered either through:

Parent Connectors, paid for by the National Lottery Communities Fund, who accessed the "being a parent" groupwork programme themselves, learned loads from it, and delivered it substantially as volunteers. They then took up paid positions so they could dedicate even more time to delivering the programme. We employ three people in this role.

Parent Group Leaders - parents who volunteer their time to deliver programmes. Over the past year we've trained new Parent Group Leaders.

Parent Connector staff and a number of parent volunteers have run groupwork programmes across schools in Hartlepool.

An initial evaluation showed most project targets were exceeded. Learning included:

- A peer led model has huge benefits from the parents who deliver help, and also in supporting access by parents who can be more willing to listen to people who look and sound like them, and who have been through similar challenges, living in the same or similar communities
- That signposting to extra resources would be helpful for some parents, and be built into future project design
- That more seamlessly delivering an extra module on parental conflict alongside the main "being a parent" programmes would have supported greater take up

A more comprehensive evaluation involving in depth interviews with parents is underway and we plan to publish findings on our website.

#### **Maintain and where possible grow our mediation offer and reducing parental conflict consultancy and training**

- **Retain specialist couple relationship work as a core part of the organisations portfolio**

Tees Valley Mediation is the trading name for our Mediation service and traditionally provided mediation in Tees Valley and East Durham. Mediation enables couples to resolve a legal dispute usually around children but also in connection with their finance arrangements following a separation or divorce. We provide both private and legally aided mediation. We are also able to provide funding via the Family Mediation Voucher Scheme which offer families £500 towards mediation and has been extended until March 26.

Our Legal Aid contract has been renewed however the contract has not benefited from a financial uplift. Fees have remained static for many years. Recent inflationary pressures have eroded into any profit made and we are seeing fewer number of mediation firms willing to continue. Latest figures shows that firms holding a legal aid contract have reduced from 178 in 2018-19 to just 86 in 2024-25.

**Changing Futures North East**  
**Report of the Trustees**  
**for the Year Ended 31 March 2025**

This reduction in firms offering mediation should provide an opportunity to increase the number of families we can help however, mediator capacity and recruitment remains a challenge for the service. The number of mediators working within legal aid mediation contracts declined from 450 in 2017-18 to 241 in 2024-25.

Demand for mediation from Changing Futures in 2024/2025 remained broadly in line with demand the year before, with 359 referrals received into mediation. From these referrals we supported 283 people with an initial piece of work. 79 couples then went on to engage in mediation which is a slight decrease on the year before. 36 couples were able to reach an agreement.

Additional to mediation, Changing Futures has continued to deliver training to practitioners in working with parental conflict and has supported the delivery of a series of Parenting When Separated courses for parents in Tees Valley.

**Expand services that help people build, strength or repair connections so that they can live happier, healthier lives - that benefit children as a result**

Changing Futures delivered a Family Group Conferencing pilot, with 242 people engaged in the conferences in some way.

FGC is a way of galvanising the family network to ensure children are safe and can continue to be cared for at home, with their parents or by other family members.

Case study and design work with parents is ongoing to understand impact, and how the service can better meet family needs.

**Ensure delivery of a therapeutic fostering offer that has peer support at its core**

Funding was given to Changing Futures Fostering Limited in previous years to deliver a fostering service to benefit children in North East England. The agency achieved a 'good' rating from Ofsted at its first inspection.

There are a small number of children placed with a growing number of foster families. The agency launched during the pandemic and was challenged by the impact of Covid on foster parent applications but has subsequently thrived and has a good number of children in placement, many of whom are long term matched.

The therapeutic model has been well received by foster parents. Feedback from foster parents about the quality of training and support they receive is excellent and children and young people are making good, solid, evidenced progress.

The agency has passed breakeven point and is now generating a surplus. Surplus is returned to the parent Charity annually, to be invested into supporting local children and families.

**Sustainably expand our mentoring and befriending offer, and work to evaluate the new mentoring approach to support its take-up in other areas**

Independent Visitors guide, advise, listen to and befriend young people in care, sharing their experiences as well as trying new activities and spending quality time together. The Charity now offers Independent Visitors to young people in Hardepool, Stockton, Middlesbrough, Darlington and Redcar.

## **Changing Futures North East**

### **Report of the Trustees for the Year Ended 31 March 2025**

There has been growth in the number of young people supported. At the end of 24/25 there were 76 children with a befriender in Tees Valley.

We operate under an evidence-based theory of change that shows that healthy independent visitor relationships with looked after children can mitigate harm, improve stability and help children achieve positive outcomes. Therefore, we measure success for this service based on the quality of the relationship. Once again, over 90% of children who accessed the service reported that they gained a trusted friend/adult and all, but a few children rated the quality of the relationship as 9/10 or 10/10 (10/10 being excellent).

The Independent Review of Children's Social Care highlights that many children in care leave home with no or few loving relationships, and one of the "obsessions" is that "No young person should leave care without at least two loving relationships". We secured funding to pilot a mentoring approach in Teesside that reached 26 young people in 24/25. We are continuing this work into 25/26.

#### **Maintain an emotional wellbeing offer that increases access for children and families to psychological services**

##### **• Living Well Project**

We secured finance to continue to run "Positive and Adverse Childhood Experiences" (PACES) groups to families whose children were experiencing challenges, and there was a view that trauma in the family's past might be a contributor or cause.

Rockpool (who are the owners of the programme we deliver) succinctly explain what PACES are and why helping people who have experienced PACES matters:

"Adverse Childhood Experiences (ACEs) are stressful or traumatic experiences, including abuse, neglect and a range of household dysfunctions such as witnessing domestic violence or growing up with substance abuse, mental illness, parental discord or incarceration. Living with ACEs results in individuals developing coping and lifestyle strategies that are based on poor parental attachment and the effects of trauma".

The P stands for positive experiences, and strengths, which have happened to and exist within all families. These are recognised and worked with to further strengthen the family.

##### **• Improving Access to Psychological Therapies (IAPT) for Children, Young People and Families**

We have been pleased to offer children and families emotional wellbeing support through a range of interventions including low intensity cognitive behavioural therapy (CBT), high intensity CBT, systemic family work and parenting support. We do this through partnerships in both North and South Teesside.

Our staff have offered low intensity CBT and children's counselling services.

##### **• Mental Health Support Teams**

Mental Health Support Teams seek to improve young people's emotional wellbeing through:

- Delivering evidence based interventions (largely low intensity CBT)
- Supporting a senior mental health lead in each education setting to introduce or develop their whole school/college approach to supporting young people's emotional wellbeing

## **Changing Futures North East**

### **Report of the Trustees for the Year Ended 31 March 2025**

- Giving timely advice to school and college staff, and liaising with external specialist services, to help children and young people to get the right support and stay in and do well in education

The Link has partnered with five other organisations in South Tees (Middlesbrough, Redcar) including Changing Futures to deliver Mental Health Support Teams there.

Alliance has partnered with Changing Futures in North Tees (Hartlepool, Stockton) to expand Mental Health Support Teams there.

#### **Objectives - Business objectives**

- Open a residential home for children
- Strengthen participation work across major strands of work
- Continue to build and refine quality systems
- Increase expertise in management of services for care experienced young people and adults on the Board, and add further financial experience

#### **Open a residential home for children**

A house has been purchased an initial planning permissions sought. Finance has been secured.

#### **Strengthen participation work across major strands of work**

The Charity engaged with colleagues to run a series of design workshops with children and young people, paired with an evaluation, to review and plan for the evolution of the mentoring and befriending offer. Several of the changes children and young people wanted are already in place.

Case study work engaging with parents from the Parents Pulling Together project and separately the Family Group Conferencing Project is being planned for 2024 and 2026. This will lead to further conversations with groups of parents about how learning can be applied to better service design.

#### **Continue to build and refine quality systems**

A committee has been established.

#### **Increase expertise in management of services for care experienced young people and adults on the Board, and add further financial experience**

The board is being advised by two senior leaders with experience of fostering, residential and Ofsted inspections.

The board is shortly to be joined by two managers who have experience of having been in care.

## **Changing Futures North East**

### **Report of the Trustees for the Year Ended 31 March 2025**

#### **STRATEGIC REPORT**

##### **Financial review**

##### **Reserves policy**

The Board determined in its 2015-2021 strategy that free reserves of £225,000 should be targeted, and that free reserves should grow on average by 4% of turnover per annum over the lifetime of the strategy. This target was achieved. The reserves policy stood for future years until 2025.

The board have amended the reserves policy in 2025, to require £314,649 is retained in reserves going forward.

At 31/03/24 £402,149 was held in free reserves and by 31/3/25 this had increased to £619,552.

The Board made the decision to invest in residential and consequently expect reserves to decline rather than grow in 25/26 and 26/27.

##### **Reserves policy rationale**

The Trustees consider that the performance of the Charity over the period is satisfactory. However, in their annual risk review the trustees commented again on current and future economic conditions and political considerations creating or adding to uncertainty in the funding environment:

- Inflation and its impact on reducing the effective value of reserves, and pressures on budgets
- Reliance on sales generally to draw in revenue
- Shortages of people coming forward to foster and to volunteer, which effect the Charities ability to support children and limit potential revenue sources
- Continued uncertainty about governments spending priorities in relation to children's services and social care
- Pressure on local government and central government finances, which is likely to continue for some years
- High competition for contracts and grant
- The costs of getting to a point where children are placed in our first residential home, including capital works and cash burn to registration

The Board have considered how best the organisations strategic aims and objectives can be achieved in the context of the current and predicted environment and the organisations strengths and weaknesses. Their view is that sufficient reserves should be held to:

- Safeguard a limited number of services to vulnerable beneficiaries in the short term, until either replacement funding can be secured, other services can be brought in to offer support, or needs can be met by the Charity
- Providing working capital to ensure restricted funding remains restricted, and ensure that adequate funds are held to account for late debtors
- To cover liabilities in the unlikely event that the Charity is wound up
- To enable investment in development of new services, subject to a strong business case and likelihood of sustainable income and good outcomes for children being generated by such services

Reserves should be managed in a way that, where it is necessary to hold them, they generate the best possible return for the Charity (including both financial and social return).

In respect of investment in development of new services, the Board are committed to investment in residential care because:

- The Board believe that this provision would meet an under-met need in an area with increasing demand
- It builds from the organisations core competencies in supporting children and young people through a therapeutic parenting offer, and of addressing neglect and trauma
- It helps meet the organisations charitable objects
- It links to one of the priority areas of spending for Local Authorities – there is and will remain a statutory obligation to safeguard vulnerable children

Investment in residential will be made from reserves grant funding and loans.

**Changing Futures North East**  
**Report of the Trustees**  
**for the Year Ended 31 March 2025**

**STRATEGIC REPORT**

**Quality Assurance & Complaints**

Changing Futures North East is committed to standardising processes to ensure quality in multiple areas of business operations. Consequently the Charity pursues securing and maintaining relevant quality marks.

No formal complaints were received in 2024/25, or in 2023/24.

2 informal complaints were received in relation to mediation services, which were dealt with informally by the service manager.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**EVENTS SINCE THE END OF THE YEAR**

Information relating to events since the end of the year is given in the notes to the financial statements.

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees (who are also the directors of Changing Futures North East for the purposes of company law) are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



**Changing Futures North East**

**Report of the Trustees  
for the Year Ended 31 March 2025**

**STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued**

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

**AUDITORS**

The auditors, Inspire Compliance Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 14/12/2024 and signed on the board's behalf by:

G M Lamb  
Ms G M Lamb - Chairperson

## **Report of the Independent Auditors to the Trustees of Changing Futures North East**

### **Opinion**

We have audited the financial statements of Changing Futures North East (the 'charitable company') for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### **Other information**

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

## **Report of the Independent Auditors to the Trustees of Changing Futures North East**

### **Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

### **Responsibilities of trustees**

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

### **Our responsibilities for the audit of the financial statements**

We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We gained an understanding of the legal and regulatory framework applicable to the charity and the area in which it operates, and considered the risk of acts by the charity that were contrary to applicable laws and regulations, including fraud. We designed audit procedures to respond to the risk, recognising that the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

We identified the greatest potential for fraud in the following areas: recognition and completeness of income and posting of unusual journals. We discussed these risks with management and designed audit procedures to test the recognition and completeness of revenue. We reviewed journals posted around the year end to look for potential "window dressing".

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Report of the Independent Auditors.

**Report of the Independent Auditors to the Trustees of  
Changing Futures North East**

**Use of our report**

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

*Inspire Compliance Limited*

Inspire Compliance Limited  
Chartered Accountants  
Registered Auditors  
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006  
6 Queens Court  
Third Avenue  
Team Valley  
Gateshead  
Tyne and Wear  
NE11 0BU

Date: 10/11/2026

**Changing Futures North East**  
**Consolidated Statement of Financial Activities**  
**for the Year Ended 31 March 2025**

	Notes	Unrestricted funds £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	7,792	-	7,792	5,261
<b>Charitable activities</b>	4				
Systems Change Work		-	38,139	38,139	88,904
Couple and family relationships		151,210	-	151,210	184,424
Working with children and young people		712,215	79,049	791,264	482,736
Core support		-	-	-	113,641
Fostering service		946,651	-	946,651	763,039
Investment income	3	8,806	-	8,806	10,031
<b>Total</b>		<u>1,826,674</u>	<u>117,188</u>	<u>1,943,862</u>	<u>1,648,036</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>	5				
Systems Change Work		-	55,075	55,075	75,645
Couple and family relationships		147,855	-	147,855	137,412
Working with children and young people		559,821	73,811	633,632	418,544
Core support		175,228	31,293	206,521	186,026
Fostering service		781,575	-	781,575	676,102
<b>Total</b>		<u>1,664,479</u>	<u>160,179</u>	<u>1,824,658</u>	<u>1,493,729</u>
<b>NET INCOME/(EXPENDITURE)</b>		162,195	(42,991)	119,204	154,307
Transfers between funds	18	<u>32,647</u>	<u>(32,647)</u>	<u>-</u>	<u>-</u>
<b>Net movement in funds</b>		194,842	(75,638)	119,204	154,307
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<u>486,167</u>	<u>409,914</u>	<u>896,081</u>	<u>741,774</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>681,009</u>	<u>334,276</u>	<u>1,015,285</u>	<u>896,081</u>

The notes form part of these financial statements

**Changing Futures North East**  
**Consolidated Statement of Financial Position**  
**31 March 2025**

	Notes	Unrestricted funds £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
<b>FIXED ASSETS</b>					
Intangible assets	11	-	-	-	190
Tangible assets	12	2,937	323,704	326,641	339,773
Investments		-	-	-	-
		<u>2,937</u>	<u>323,704</u>	<u>326,641</u>	<u>339,963</u>
<b>CURRENT ASSETS</b>					
Debtors	14	142,609	-	142,609	311,741
Investments	15	90,264	-	90,264	86,376
Cash at bank and in hand		<u>568,203</u>	<u>15,889</u>	<u>584,092</u>	<u>300,733</u>
		801,076	15,889	816,965	698,850
<b>CREDITORS</b>					
Amounts falling due within one year	16	(118,510)	(5,317)	(123,827)	(127,660)
<b>NET CURRENT ASSETS</b>		<u>682,566</u>	<u>10,572</u>	<u>693,138</u>	<u>571,190</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		685,503	334,276	1,019,779	911,153
<b>CREDITORS</b>					
Amounts falling due after more than one year	17	(4,494)	-	(4,494)	(15,072)
<b>NET ASSETS</b>		<u>681,009</u>	<u>334,276</u>	<u>1,015,285</u>	<u>896,081</u>
<b>FUNDS</b>	18				
Unrestricted funds				681,009	486,167
Restricted funds				<u>334,276</u>	<u>409,914</u>
<b>TOTAL FUNDS</b>				<u>1,015,285</u>	<u>896,081</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not deposited notice, pursuant to Section 476 of the Companies Act 2006 requiring an audit of these financial statements.

The notes form part of these financial statements

**Changing Futures North East**

**Consolidated Statement of Financial Position - continued**  
**31 March 2025**

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been audited under the requirements of Section 145 of the Charities Act 2011.

The financial statements were approved by the Board of Trustees and authorised for issue on 10/11/2025  
and were signed on its behalf by:

  
Mrs G Lamb - Chairperson

The notes form part of these financial statements

**Changing Futures North East**  
**Charity Statement of Financial Position**  
**31 March 2025**

	Notes	Unrestricted funds £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
<b>FIXED ASSETS</b>					
Intangible assets	11	-	-	-	190
Tangible assets	12	2,937	323,704	326,641	339,773
Investments	13	<u>10</u>	<u>-</u>	<u>10</u>	<u>10</u>
		2,947	323,704	326,651	339,973
<b>CURRENT ASSETS</b>					
Debtors	14	245,838	-	245,838	371,348
Investments	15	90,264	-	90,264	86,376
Cash at bank and in hand		<u>433,641</u>	<u>15,889</u>	<u>449,530</u>	<u>187,676</u>
		769,743	15,889	785,632	645,400
<b>CREDITORS</b>					
Amounts falling due within one year	16	<u>(87,187)</u>	<u>(5,317)</u>	<u>(92,504)</u>	<u>(74,320)</u>
<b>NET CURRENT ASSETS</b>		<u>682,556</u>	<u>10,572</u>	<u>693,128</u>	<u>571,080</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		685,503	334,276	1,019,779	911,153
<b>CREDITORS</b>					
Amounts falling due after more than one year	17	<u>(4,494)</u>	<u>-</u>	<u>(4,494)</u>	<u>(15,072)</u>
<b>NET ASSETS</b>		<u>681,009</u>	<u>334,276</u>	<u>1,015,285</u>	<u>896,081</u>
<b>FUNDS</b>	18				
Unrestricted funds				681,009	486,167
Restricted funds				<u>334,276</u>	<u>409,914</u>
<b>TOTAL FUNDS</b>				<u>1,015,285</u>	<u>896,081</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not deposited notice, pursuant to Section 476 of the Companies Act 2006 requiring an audit of these financial statements.

The notes form part of these financial statements



**Changing Futures North East**

**Statement of Financial Position - continued**  
**31 March 2025**

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been audited under the requirements of Section 145 of the Charities Act 2011.

The financial statements were approved by the Board of Trustees and authorised for issue on 10/11/2025  
and were signed on its behalf by:

  
Mrs G Lamb - Chairperson

The notes form part of these financial statements

**Changing Futures North East**

**Statement of Cash Flows  
for the Year Ended 31 March 2025**

	Notes	31.3.25 £	31.3.24 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	289,094	15,743
Interest paid		<u>(523)</u>	<u>(753)</u>
Net cash provided by operating activities		<u>288,571</u>	<u>14,990</u>
<b>Cash flows from investing activities</b>			
Interest received		<u>8,806</u>	<u>10,031</u>
Net cash provided by investing activities		<u>8,806</u>	<u>10,031</u>
<b>Cash flows from financing activities</b>			
Loan repayments in year		(10,130)	(9,831)
Increase in short term deposits		<u>(3,888)</u>	<u>(5,173)</u>
Net cash used in financing activities		<u>(14,018)</u>	<u>(15,004)</u>
<b>Change in cash and cash equivalents in the reporting period</b>		<u>283,359</u>	<u>10,017</u>
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<u>300,733</u>	<u>290,716</u>
<b>Cash and cash equivalents at the end of the reporting period</b>		<u>584,092</u>	<u>300,733</u>

The notes form part of these financial statements

**Changing Futures North East**

**Notes to the Statement of Cash Flows  
for the Year Ended 31 March 2025**

**1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	31.3.25	31.3.24
	£	£
<b>Net income for the reporting period (as per the Statement of Financial Activities)</b>	119,204	154,307
<b>Adjustments for:</b>		
Depreciation charges	13,322	13,563
Interest received	(8,806)	(10,031)
Interest paid	523	753
Decrease/(increase) in debtors	169,132	(221,522)
(Decrease)/increase in creditors	(4,281)	78,673
<b>Net cash provided by operations</b>	<u>289,094</u>	<u>15,743</u>

**2. ANALYSIS OF CHANGES IN NET FUNDS**

	At 1.4.24	Cash flow	At 31.3.25
	£	£	£
<b>Net cash</b>			
Cash at bank and in hand	<u>300,733</u>	<u>283,359</u>	<u>584,092</u>
	<u>300,733</u>	<u>283,359</u>	<u>584,092</u>
<b>Liquid resources</b>			
Deposits included in cash	-	-	-
Current asset investments	<u>86,376</u>	<u>3,888</u>	<u>90,264</u>
	<u>86,376</u>	<u>3,888</u>	<u>90,264</u>
<b>Debt</b>			
Debts falling due within 1 year	(9,899)	(448)	(10,347)
Debts falling due after 1 year	<u>(15,072)</u>	<u>10,578</u>	<u>(4,494)</u>
	<u>(24,971)</u>	<u>10,130</u>	<u>(14,841)</u>
<b>Total</b>	<u>362,138</u>	<u>297,377</u>	<u>659,515</u>

The notes form part of these financial statements

## **Changing Futures North East**

### **Notes to the Financial Statements for the Year Ended 31 March 2025**

#### **I. ACCOUNTING POLICIES**

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Grants are included in the statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors in deferred income. Where entitlement occurs before income is received, the income is accrued.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Fixtures and fittings	- 25% on cost
Computer equipment	- 25% on cost

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

# Changing Futures North East

## Notes to the Financial Statements - continued for the Year Ended 31 March 2025

### 1. ACCOUNTING POLICIES - continued

#### Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

### 2. DONATIONS AND LEGACIES

	31.3.25	31.3.24
	£	£
Donations	<u>7,792</u>	<u>5,261</u>

### 3. INVESTMENT INCOME

	31.3.25	31.3.24
	£	£
Deposit account interest	<u>8,806</u>	<u>10,031</u>

### 4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.3.25	31.3.24
		£	£
Grants	Systems Change Work	38,139	88,904
Grants	Couple and family relationships	151,210	184,424
Grants	Working with children and young people	791,264	482,736
Grants	Core support	-	113,641
Grants	Fostering service	<u>946,651</u>	<u>763,039</u>
		<u>1,927,264</u>	<u>1,632,744</u>

### 5. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 6)	Totals
	£	£	£
Systems Change Work	55,075	-	55,075
Couple and family relationships	147,855	-	147,855
Working with children and young people	633,632	-	633,632
Core support	90,948	115,573	206,521
Fostering service	<u>559,898</u>	<u>221,677</u>	<u>781,575</u>
	<u>1,487,408</u>	<u>337,250</u>	<u>1,824,658</u>

**Changing Futures North East**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2025**

**6. SUPPORT COSTS**

	Management	Finance	Governance costs	Totals
	£	£	£	£
Core support	86,933	16,940	11,700	115,573
Fostering service	<u>221,112</u>	<u>565</u>	<u>-</u>	<u>221,677</u>
	<u>308,045</u>	<u>17,505</u>	<u>11,700</u>	<u>337,250</u>

**7. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.3.25	31.3.24
	£	£
Auditors' remuneration	11,700	11,700
Other non-audit services	-	5,100
Depreciation - owned assets	13,132	12,993
Hire of plant and machinery	662	3,326
Computer software amortisation	<u>190</u>	<u>570</u>

**8. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

**9. STAFF COSTS**

	31.3.25	31.3.24
	£	£
Wages and salaries	798,866	702,546
Social security costs	69,324	61,042
Other pension costs	<u>29,706</u>	<u>16,620</u>
	<u>897,896</u>	<u>780,208</u>

**Changing Futures North East**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2025**

**9. STAFF COSTS - continued**

The average monthly number of employees during the year was as follows:

	31.3.25	31.3.24
Charitable services	21	20
Management and administration	6	6
Fostering	<u>4</u>	<u>3</u>
	<u>31</u>	<u>29</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	31.3.25	31.3.24
£60,001 - £70,000	<u>1</u>	<u>-</u>

**10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	5,261	-	5,261
<b>Charitable activities</b>			
Systems Change Work	-	88,904	88,904
Couple and family relationships	184,424	-	184,424
Working with children and young people	396,601	86,135	482,736
Core support	43,641	70,000	113,641
Fostering service	763,039	-	763,039
Investment income	<u>10,031</u>	<u>-</u>	<u>10,031</u>
<b>Total</b>	<u>1,402,997</u>	<u>245,039</u>	<u>1,648,036</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Systems Change Work	2	75,643	75,645
Couple and family relationships	137,412	-	137,412
Working with children and young people	357,054	61,490	418,544
Core support	110,869	75,157	186,026
Fostering service	<u>676,102</u>	<u>-</u>	<u>676,102</u>
<b>Total</b>	<u>1,281,439</u>	<u>212,290</u>	<u>1,493,729</u>

Changing Futures North East

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2025

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
<b>NET INCOME</b>	121,558	32,749	154,307
Transfers between funds	<u>39,055</u>	<u>(39,055)</u>	<u>-</u>
<b>Net movement in funds</b>	160,613	(6,306)	154,307
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	<u>325,554</u>	<u>416,220</u>	<u>741,774</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>486,167</u>	<u>409,914</u>	<u>896,081</u>

11. INTANGIBLE FIXED ASSETS  
Group and Charity

	Computer software £
<b>COST</b>	
At 1 April 2024 and 31 March 2025	<u>4,280</u>
<b>AMORTISATION</b>	
At 1 April 2024	4,090
Charge for year	<u>190</u>
At 31 March 2025	<u>4,280</u>
<b>NET BOOK VALUE</b>	
At 31 March 2025	<u>-</u>
At 31 March 2024	<u>190</u>



Changing Futures North East

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2025

12. TANGIBLE FIXED ASSETS  
Group and Charity

	Freehold property £	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>				
At 1 April 2024 and 31 March 2025	<u>571,080</u>	<u>9,615</u>	<u>117,082</u>	<u>697,777</u>
<b>DEPRECIATION</b>				
At 1 April 2024	235,954	9,615	112,435	358,004
Charge for year	<u>11,422</u>	<u>-</u>	<u>1,710</u>	<u>13,132</u>
At 31 March 2025	<u>247,376</u>	<u>9,615</u>	<u>114,145</u>	<u>371,136</u>
<b>NET BOOK VALUE</b>				
At 31 March 2025	<u>323,704</u>	<u>-</u>	<u>2,937</u>	<u>326,641</u>
At 31 March 2024	<u>335,126</u>	<u>-</u>	<u>4,647</u>	<u>339,773</u>

13. FIXED ASSET INVESTMENTS  
Charity

	Shares in Subsidiary Undertaking £
<b>COST</b>	
At 1 April 2024 and 31 March 2025	<u>10</u>
<b>NET BOOK VALUE</b>	
At 1 April 2024 and 31 March 2025	<u>10</u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Group 2025 £	Group 2024 £	Charity 2025 £	Charity 2024 £
Trade debtors	126,783	308,686	38,360	232,911
Amounts owed by group undertakings	-	-	207,478	138,437
Prepayments and accrued income	<u>15,826</u>	<u>3,055</u>	<u>-</u>	<u>-</u>
	<u>142,609</u>	<u>311,741</u>	<u>245,838</u>	<u>371,348</u>

15. CURRENT ASSET INVESTMENTS  
Group and Charity

	31.3.25 £	31.3.24 £
Listed Investments	<u>90,264</u>	<u>86,376</u>

**Changing Futures North East**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2025**

**16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	Group 2025	Group 2024	Charity 2025	Charity 2024
	£	£	£	£
Bank loans and overdrafts (see note 17)	10,347	9,899	10,347	9,899
Trade creditors	85,036	69,446	66,505	36,392
Social security and other taxes	7,236	18,957	3,952	16,239
Accruals and deferred income	<u>21,208</u>	<u>29,358</u>	<u>11,700</u>	<u>11,700</u>
	<u>123,827</u>	<u>127,660</u>	<u>92,504</u>	<u>74,320</u>

**17. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR**  
**Group and Charity**

	31.3.25	31.3.24
	£	£
Bank loans (see note 17)	<u>4,494</u>	<u>15,072</u>

**18. LOANS**

**Group and Charity**

An analysis of the maturity of loans is given below:

	31.3.25	31.3.24
	£	£
Amounts falling due within one year on demand:		
Bank loans	<u>10,347</u>	<u>9,899</u>
Amounts falling between one and two years:		
Bank loans - 1-2 years	<u>4,494</u>	<u>-</u>
Amounts falling due between two and five years:		
Bank loans - 2-5 years	<u>-</u>	<u>15,072</u>

# Changing Futures North East

## Notes to the Financial Statements - continued for the Year Ended 31 March 2025

### 19. MOVEMENT IN FUNDS

	At 1.4.24 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
<b>Unrestricted funds</b>				
General fund	402,149	(156,782)	366,096	611,463
Revaluation Reserve	5,142	-	-	5,142
Fixed Assets	4,837	(1,900)	-	2,937
Training	-	(1,997)	2,347	350
Mediation	-	9,393	(9,393)	-
<b>Designated funds</b>				
Independent Visitor	-	10,607	(10,607)	-
Independent Visitor Expenses	-	(11)	11	-
Independent Visitor Teesside	-	25,772	(25,772)	-
IAPT 2022	-	5,117	(5,117)	-
Funds in a non charitable subsidiary	10	165,128	(165,128)	10
Tudor Trust Unrestricted	44,000	-	(44,000)	-
South Tees EMPH	-	(7,491)	7,491	-
North Tees Mental Health Support	1,757	11,358	(7,380)	5,735
Dfe Mentoring and Befriending	9	42,253	(42,262)	-
Father's Strategy South Tyneside	15,000	(7,962)	(7,038)	-
ACES Darlington	9,879	8,225	(18,104)	-
Family Group Conferencing	3,384	3,921	(4,728)	2,577
Mental Health Support Team	-	56,564	(3,769)	52,795
	486,167	162,195	32,647	681,009
<b>Restricted funds</b>				
Abbey Project	329,809	(11,422)	-	318,387
Parent Connectors	28,303	(6,164)	(9,145)	12,994
Tudor Trust	2,508	(2,508)	-	-
Mental Health Support Team	10,063	-	(10,063)	-
Ballinger Charitable Trust	24,431	(17,363)	(6,201)	867
CCG Neuro	-	4,138	(4,138)	-
HBC PPT	2,603	(575)	-	2,028
IV Spot Purchase	-	1,100	(1,100)	-
Know Your Neighbourhood	12,197	(10,197)	(2,000)	-
	409,914	(42,991)	(32,647)	334,276
<b>TOTAL FUNDS</b>	<b>896,081</b>	<b>119,204</b>	<b>-</b>	<b>1,015,285</b>

Changing Futures North East

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2025

19. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	16,546	(173,328)	(156,782)
Fixed Assets-	-	(1,900)	(1,900)
Training	42,570	(44,567)	(1,997)
Mediation	58,326	(48,933)	9,393
<b>Designated funds</b>			
Independent Visitor	24,999	(14,392)	10,607
Independent Visitor Expenses	29,391	(29,402)	(11)
Independent Visitor Teesside	40,909	(15,137)	25,772
IAPT 2022	12,115	(6,998)	5,117
Funds in a non charitable subsidiary	946,703	(781,575)	165,128
South Tees EMPH	-	(7,491)	(7,491)
North Tees Mental Health Support	100,273	(88,915)	11,358
Dfe Mentoring and Befriending	297,944	(255,691)	42,253
Father's Strategy South Tyneside	-	(7,962)	(7,962)
ACES Darlington	48,000	(39,775)	8,225
Family Group Conferencing	50,314	(46,393)	3,921
Mental Health Support Team	158,584	(102,020)	56,564
	1,826,674	(1,664,479)	162,195
<b>Restricted funds</b>			
Abbey Project	-	(11,422)	(11,422)
Parent Connectors	26,939	(33,103)	(6,164)
Tudor Trust	-	(2,508)	(2,508)
Ballinger Charitable Trust	-	(17,363)	(17,363)
CCG Neuro	77,949	(73,811)	4,138
HBC PPT	-	(575)	(575)
IV Spot Purchase	1,100	-	1,100
Know Your Neighbourhood	11,200	(21,397)	(10,197)
	117,188	(160,179)	(42,991)
<b>TOTAL FUNDS</b>	<u>1,943,862</u>	<u>(1,824,658)</u>	<u>119,204</u>

Changing Futures North East

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2025

19. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
<b>Unrestricted funds</b>				
General fund	290,719	(77,773)	189,203	402,149
Revaluation Reserve	5,317	(175)	-	5,142
Fixed Assets	6,978	(2,141)	-	4,837
Training	21,801	7,090	(28,891)	-
Mediation	-	13,055	(13,055)	-
<b>Designated funds</b>				
Independent Visitor	-	1,587	(1,587)	-
Independent Visitor Expenses	-	287	(287)	-
Independent Visitor Teesside	-	5,472	(5,472)	-
Getting Help	333	3,366	(3,699)	-
IAPT 2022	396	(398)	2	-
Funds in a non charitable subsidiary	10	71,086	(71,086)	10
Tudor Trust Unrestricted	-	44,000	-	44,000
North Tees Mental Health Support	-	9,137	(7,380)	1,757
Dfe Mentoring and Befriending	-	4,169	(4,160)	9
Father's Strategy South Tyneside	-	19,650	(4,650)	15,000
ACES Darlington	-	15,929	(6,050)	9,879
Family Group Conferencing	-	7,217	(3,833)	3,384
	325,554	121,558	39,055	486,167
<b>Restricted funds</b>				
Abbey Project	341,231	(11,422)	-	329,809
Parent Connectors	26,121	10,695	(8,513)	28,303
Tudor Trust	-	2,508	-	2,508
Mental Health Support Team	6,402	23,455	(19,794)	10,063
Victoria Ward	6,277	(1,725)	(4,552)	-
Ballinger Charitable Trust	20,674	3,757	-	24,431
Comic Relief	6,267	(3,261)	(3,006)	-
HBC PPT	9,248	(6,645)	-	2,603
IV Spot Purchase	-	1,190	(1,190)	-
Know Your Neighbourhood	-	14,197	(2,000)	12,197
	416,220	32,749	(39,055)	409,914
<b>TOTAL FUNDS</b>	<b>741,774</b>	<b>154,307</b>	<b>-</b>	<b>896,081</b>

# Changing Futures North East

## Notes to the Financial Statements - continued for the Year Ended 31 March 2025

### 19. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	68,266	(146,039)	(77,773)
Revaluation Reserve	-	(175)	(175)
Fixed Assets	-	(2,141)	(2,141)
Training	84,881	(77,791)	7,090
Mediation	67,320	(54,265)	13,055
<b>Designated funds</b>			
Independent Visitor	23,127	(21,540)	1,587
Independent Visitor Expenses	28,921	(28,634)	287
Independent Visitor Teesside	26,827	(21,355)	5,472
Getting Help	79,667	(76,301)	3,366
IAPT 2022	-	(398)	(398)
Funds in a non charitable subsidiary	709,706	(638,620)	71,086
Tudor Trust Unrestricted	44,000	-	44,000
North Tees Mental Health Support	103,296	(94,159)	9,137
Dfe Mentoring and Befriending	86,763	(82,594)	4,169
Father's Strategy South Tyneside	20,000	(350)	19,650
ACES Darlington	48,000	(32,071)	15,929
Family Group Conferencing	12,223	(5,006)	7,217
	1,402,997	(1,281,439)	121,558
<b>Restricted funds</b>			
Abbey Project	-	(11,422)	(11,422)
Parent Connectors	52,454	(41,759)	10,695
Tudor Trust	50,000	(47,492)	2,508
Mental Health Support Team	84,945	(61,490)	23,455
Victoria Ward	-	(1,725)	(1,725)
Ballinger Charitable Trust	20,000	(16,243)	3,757
Comic Relief	3,250	(6,511)	(3,261)
HBC PPT	-	(6,645)	(6,645)
IV Spot Purchase	1,190	-	1,190
Know Your Neighbourhood	33,200	(19,003)	14,197
	245,039	(212,290)	32,749
<b>TOTAL FUNDS</b>	<u>1,648,036</u>	<u>(1,493,729)</u>	<u>154,307</u>

# Changing Futures North East

## Notes to the Financial Statements - continued for the Year Ended 31 March 2025

### 19. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
<b>Unrestricted funds</b>				
General fund	290,719	(234,555)	555,299	611,463
Revaluation Reserve	5,317	(175)	-	5,142
Fixed Assets	6,978	(4,041)	-	2,937
Training	21,801	5,093	(26,544)	350
Mediation	-	22,448	(22,448)	-
<b>Designated funds</b>				
Independent Visitor	-	12,194	(12,194)	-
Independent Visitor Expenses	-	276	(276)	-
Independent Visitor Teesside	-	31,244	(31,244)	-
Getting Help	333	3,366	(3,699)	-
IAPT 2022	396	4,719	(5,115)	-
Funds in a non charitable subsidiary	10	236,214	(236,214)	10
Tudor Trust unrestricted	-	44,000	(44,000)	-
South Tees EMPH	-	(7,491)	7,491	-
North Tees Mental Health Support	-	20,495	(14,760)	5,735
Dfe Mentoring and Befriending	-	46,422	(46,422)	-
Father's Strategy South Tyneside	-	11,688	(11,688)	-
ACES Darlington	-	24,154	(24,154)	-
Family Group Conferencing	-	11,138	(8,561)	2,577
Mental Health Support Team	-	56,564	(3,769)	52,795
	325,554	283,753	71,702	681,009
<b>Restricted funds</b>				
Abbey Project	341,231	(22,844)	-	318,387
Parent Connectors	26,121	4,531	(17,658)	12,994
Mental Health Support Team	6,402	23,455	(29,857)	-
Victoria Ward	6,277	(1,725)	(4,552)	-
Ballinger Charitable Trust	20,674	(13,606)	(6,201)	867
CCG Neuro	-	4,138	(4,138)	-
Comic Relief	6,267	(3,261)	(3,006)	-
HBC PPT	9,248	(7,220)	-	2,028
IV Spot Purchase	-	2,290	(2,290)	-
Know Your Neighbourhood	-	4,000	(4,000)	-
	416,220	(10,242)	(71,702)	334,276
<b>TOTAL FUNDS</b>	<b>741,774</b>	<b>273,511</b>	<b>-</b>	<b>1,015,285</b>

# Changing Futures North East

## Notes to the Financial Statements - continued for the Year Ended 31 March 2025

### 19. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	84,812	(319,367)	(234,555)
Revaluation Reserve	-	(175)	(175)
Fixed Assets	-	(4,041)	(4,041)
Training	127,451	(122,358)	5,093
Mediation	125,646	(103,198)	22,448
<b>Designated funds</b>			
Independent Visitor	48,126	(35,932)	12,194
Independent Visitor Expenses	58,312	(58,036)	276
Independent Visitor Teesside	67,736	(36,492)	31,244
Getting Help	79,667	(76,301)	3,366
IAPT 2022	12,115	(7,396)	4,719
Funds in a non charitable subsidiary	1,656,409	(1,420,195)	236,214
Tudor Trust Unrestricted	44,000	-	44,000
South Tees EMPH	-	(7,491)	(7,491)
North Tees Mental Health Support	203,569	(183,074)	20,495
Dfe Mentoring and Befriending	384,707	(338,285)	46,422
Father's Strategy South Tyneside	20,000	(8,312)	11,688
ACES Darlington	96,000	(71,846)	24,154
Family Group Conferencing	62,537	(51,399)	11,138
Mental Health Support Team	158,584	(102,020)	56,564
	3,229,671	(2,945,918)	283,753
<b>Restricted funds</b>			
Abbey Project	-	(22,844)	(22,844)
Parent Connectors	79,393	(74,862)	4,531
Tudor Trust	50,000	(50,000)	-
Mental Health Support Team	84,945	(61,490)	23,455
Victoria Ward	-	(1,725)	(1,725)
Ballinger Charitable Trust	20,000	(33,606)	(13,606)
CCG Neuro	77,949	(73,811)	4,138
Comic Relief	3,250	(6,511)	(3,261)
HBC PPT	-	(7,220)	(7,220)
IV Spot Purchase	2,290	-	2,290
Know Your Neighbourhood	44,400	(40,400)	4,000
	362,227	(372,469)	(10,242)
<b>TOTAL FUNDS</b>	<b>3,591,898</b>	<b>(3,318,387)</b>	<b>273,511</b>



**Changing Futures North East**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2025**

**20. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2025.

**21. POST BALANCE SHEET EVENTS**

The Charity, subsequent to the year end, has acquired a freehold property at a cost of £259,000 plus legal costs. The property is intended to be used as part of the Changing Futures Fostering Limited trade, once necessary regulatory approvals have been given.

In order to acquire the property, a loan of £260,000 was advanced by The Charity Bank.

**Changing Futures North East**  
**Detailed Statement of Financial Activities**  
**for the Year Ended 31 March 2025**

	31.3.25 £	31.3.24 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	7,792	5,261
<b>Investment income</b>		
Deposit account interest	8,806	10,031
<b>Charitable activities</b>		
Grants	<u>1,927,264</u>	<u>1,632,744</u>
<b>Total incoming resources</b>	1,943,862	1,648,036
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	648,543	629,971
Social security	53,253	54,891
Pensions	26,614	14,466
Hire of plant and machinery	-	1,511
Telephone	2,593	3,756
Postage and stationery	1,513	262
Sundries	-	20,199
Project activities and marketing	163,824	56,642
Training	12,122	10,993
Professional fees	-	16,626
Website costs	1,453	2,562
Travelling	21,045	41,049
Consultancy fees	25,308	17,587
Subscriptions	14,540	9,311
Foster parent fees	<u>516,600</u>	<u>423,148</u>
	1,487,408	1,302,974
<b>Support costs</b>		
<b>Management</b>		
Wages	150,323	72,575
Social security	16,071	6,151
Pensions	3,092	2,154
Carried forward	169,486	80,880

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**Changing Futures North East**

**Detailed Statement of Financial Activities  
for the Year Ended 31 March 2025**

	31.3.25 £	31.3.24 £
<b>Management</b>		
Brought forward		
Hire of plant and machinery	169,486	80,880
Premises expenses	662	1,815
Insurance	21,732	10,385
Light and heat	18,527	16,500
Telephone	11,400	12,923
Postage and stationery	3,201	4,115
Sundries	3,711	4,732
Travelling	34,335	102
Professional fees	8,492	3,590
Consultancy fees	17,242	5,356
Subscriptions	1,162	1,057
Training	6,218	9,930
Cleaning	2,334	883
	<u>9,543</u>	<u>6,662</u>
	308,045	158,930
<b>Finance</b>		
Bank charges		
Computer software	3,660	709
Freehold property	190	570
Computer equipment	11,422	11,422
Bank interest	1,710	1,571
	<u>523</u>	<u>753</u>
	17,505	15,025
<b>Governance costs</b>		
Auditors' remuneration	11,700	11,700
Auditors' remuneration for non audit work	<u>-</u>	<u>5,100</u>
	<u>11,700</u>	<u>16,800</u>
<b>Total resources expended</b>	<u>1,824,658</u>	<u>1,493,729</u>
<b>Net income</b>	<u>119,204</u>	<u>154,307</u>

This page does not form part of the statutory financial statements