

RESTORATION FOR ABUSED PEOPLE (R.A.P)

England & Wales · Charity number 1089058

Details

Status Registered

Legal form Other

Registered 2001-10-25

Register [View on the Charity Commission register](#)

Contact

Address Po Box 69966
London
E16 9DF

Phone 02034881847

Email info@rapcharity.co.uk

Website www.rapcharity.co.uk

Activities

Objects: THE TRUST IS ESTABLISHED FOR THE RELIEF OF NEED AND THE PROTECTION AND PRESERVATION OF PUBLIC HEALTH PARTICULARLY AMONGST PEOPLE LIVING IN GREATER LONDON WHO HAVE SUFFERED ABUSE BY THE PROVISION OF ADVICE AND COUNSELLING. TO PROMOTE HUMAN RIGHTS (AS SET OUT IN THE UNIVERSAL DECLARATION OF HUMAN RIGHTS AND SUBSEQUENT UNITED NATIONS CONVENTIONS AND DECLARATIONS) BY MONITORING, RAISING AWARENESS OF ABUSE, OBTAINING REDRESS AND RELIEVING NEED AMONG THE VICTIMS OF ABUSE, PROMOTING RESPECT FOR HUMAN RIGHTS AMONG INDIVIDUALS AND CORPORATIONS, ELIMINATING INFRINGEMENTS OF HUMAN RIGHTS REGIONALLY AND WITH INTERNATIONAL ADVOCACY TO ADDRESS ABUSE IN PARTICULAR - SPIRITUAL ABUSE. IN FURTHERANCE OF THAT OBJECT BUT NOT OTHERWISE, THE TRUSTEES SHALL HAVE POWER TO ENGAGE IN POLITICAL ACTIVITY PROVIDED THAT THE TRUSTEES ARE SATISFIED THAT THE PROPOSED ACTIVITIES WILL FURTHER THE PURPOSES OF THE CHARITY TO AN EXTENT JUSTIFIED BY THE RESOURCES COMMITTED AND THE ACTIVITY IS NOT THE DOMINANT MEANS BY WHICH THE CHARITY CARRIES OUT ITS OBJECTS.

Activities: CONTRIBUTION TO REGENERATION OF HEALTH, JOBS AND EDUCATION IMPROVEMENT BY RELIEFING OF STRESS AMONGST THE PEOPLE IN GREATER LONDON WHO ARE ABUSED TO REGAIN CONFIDENCE AND TRUST BY PROVIDING COUNSELING AND ADVICE TO IMPROVE THEIR CONDITIONS OF LIFE. AND To promote, redress and eliminate infringement of human rights among the

victims of abuse with advocacy - regional and international.

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Religious Activities, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity, Other Charitable Purposes
- **Who:** Children/young People, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** GREATER LONDON
- Nigeria
- Throughout London

Finances

| Period end | Income | Expenditure | Assets | Employees |
|------------|----------|-------------|--------|-----------|
| 2025-04-30 | £178,827 | £152,879 | - | - |
| 2024-04-30 | £131,561 | £136,993 | - | - |
| 2023-04-30 | £135,503 | £137,281 | - | - |
| 2022-04-30 | £147,769 | £141,590 | - | - |
| 2021-04-30 | £113,615 | £116,682 | - | - |

Trustees

| Name | Role | Appointed |
|------------------------|------|------------|
| CHRISTINE A O EZEDIUNO | | |
| DAISY OJUKWU | | |
| Rev SOPHY WAHAB | | 2000-10-30 |

RESTORATION FOR ABUSED PEOPLE (R.A.P)

England & Wales - Charity number 1089058

Accounts

Charity Registration no: 1089058

RESTORATION FOR ABUSED PEOPLE

(R.A.P)

ANNUAL REPORT

**FOR THE FINANCIAL YEAR
MAY 2024 to APRIL 2025.**

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ANNUAL REPORT

CHAIR'S REPORT

After another successful year, on behalf of trustees and Management committee, I thank the volunteers in helping to run this organisation and mostly the enormous work, total dedication of all and for helping me to see this vision and its aims through most afflicting times, to achieve a successful change in the lives of its beneficiaries and with a purpose of making a difference in their situation.

It has been another encouraging season in the effective feedback from our beneficiaries, in our provision of good and effective life changing service they have embraced and which has made a positive long-term change in their lives. Our beneficiaries are mainly from Newham and others within the Greater London area (mainly Waltham forest, Barking & Dagenham, Hackney).

This year 2024/25, I and the trustees give sincere appreciation to The Souter Charitable Trust for their continuous supporting grant donations; also acknowledgement to the management committee members & friends of RAP with sincere appreciation for their faithful support – morally, financially and otherwise in this difficult financial year as past years. How could we have survived another milestone of dedicated years without continuous support of members like you, which has strengthened RAP to meet our ever increase in demand service and beneficiaries needs, you are genuinely appreciated for your continuous partnership.

RAP vision and our Public Benefit

Our vision is centred on restoring and changing lives for good. The public benefit which we deliver is centred on this vision and is available to both Christians and none Christians in a deliberately accessible and user-friendly ways. We exist to see lives restored and changed for good in spiritual - Moral, ethical and practical ways which reflect and demonstrate the Christian faith. These are the benefits that arise out of our charitable objective and the quotes given in this report have been received from the public in response to these benefits. Other comments we received from the public have included the following descriptions:

Lives turned away from;

Hopelessness, insecurity, fear, depression, anxiety, loneliness, greed, selfishness, loneliness, anger, alcoholism, attempted suicide, broken marriages, bitterness, being at a dead end, pornography, self harm, suicidal attempts, institutional abuse

Live turned towards:

Restoration of relationships, finding purpose in Life, becoming self resourceful, motivated to physical, emotional, mental and spiritual healing, perseverance during adversity, peace, reconciliation, courage. Joy, life changed for good, wisdom, encouragement humour, hope, strength and inspiration during stressful experiences including terminal illness, daily insight.

Our Charitable activities have been as:

A regular source of inspiration & guidance, a lifeline as a means to an end, light at the end of the tunnel, uplifting ,educational, a saving grace.

We confirm that we have complied with our duty in section 4 of the Charities Act 2006 to have due regard to **public** benefit guidance published by the Charity Commission for England and Wales.

Our charitable objectives are:

- THE RELIEF OF NEED AND THE PROTECTION AND PRESERVATION OF PUBLIC HEALTH PARTICULARLY AMONGST PEOPLE LIVING IN GREATER LONDON WHO HAVE SUFFERED ABUSE BY THE PROVISION OF ADVICE AND COUNSELLING.
- TO PROMOTE HUMAN RIGHTS (AS SET OUT IN THE UNIVERSAL DECLARATION OF HUMAN RIGHTS AND SUBSEQUENT UNITED NATIONS CONVENTIONS AND DECLARATIONS) BY MONITORING, RAISING AWARENESS OF A BUS, OBTAINING REDRESS AND RELIEVING NEED AMONG THE VICTIMS OF ABUSE, PROMOTING RESPECT FOR HUMAN RIGHTS AMONG INDIVIDUALS AND CORPORATIONS, ELIMINATING INFRINGEMENTS OF HUMAN RIGHTS REGIONALLY AND INTERNATIONALLY THROUGH INTERNATIONAL ADVOCACY TO ADDRESS ABUSE IN PARTICULAR SPIRITUAL ABUSE,

Our objectives and activities reflect the great commissioning in the areas of discipleship and mission of counselling, supporting, mentoring, and human right advocacy to break the chain of abusive events in the life of an individual - Sexual, emotional, mental, physical and spiritual abuse, which is not complete without support of their welfare where essential for complete wellbeing. Whether providing services support on an individual or group basis or in partnership with other organisations, our objective is to reach ordinary people within Greater London and also act as advocate on redressing, eliminating infringements of human rights regionally and internationally.

This year 2024/25 has been yet extra demanding and challenging year of Cost of living crisis outbreak effect for RAP as so many organisations, as always we continue to have an encouraging recognition and growth across many of our activities as the Refugee & Asylum Seekers Personal Well being Project continues to be in demand with reflection on human rights advocacy. Despite challenges of how to respond to the downturn in the economic climate due to cost of living crisis outburst; however the great news is that we are experiencing record demand for our services and our website has enabled us to reach out to more of those who have been suffering silently and ignorant of what interventions to deploy to counter the negative impacts of current economic crisis and their effects to total wellbeing; and are now motivated in seeking self help by the knowledge acquired from website and our service provision. Community Fund[Awards for ALL] funding of our Resilience Wellbeing Impact Project which made a difference by breaking circle of mental health stereotype in the community through advise information and education by raising awareness with an understanding of how mental health illness impact communities' lives extended into this year. The Souter Charitable Trust this year continued to fund support RAP to enable sustain our organisation and its projects to the benefit of the community we serve with a difference in the lives of youth and help us achieve our mission and in which their support is even more crucial this

year to enable our efforts for sustainability necessary to continue to deliver great services in creating a safer community.

OUR WORK FOR 2024/25

This project received funds and service aid from grants, sales, management committee members and friends of RAP donors.

We are committed to make our usual monitored returns to those who assist us, while we continue to develop links with other organisations we expect to work with. We make every effort to provide effective and positive life changing counselling to our beneficiaries from 14yrs & above who gained self-confidence, motivation, and resourcefulness to make a positive change in their lives

Outcome and achievements this year was as follows:

- 1) Out of the total of 160 beneficiaries who went through the one to one sessions,
 - 145 Beneficiaries went through the sessions with positive change to their situations.
 - 5 beneficiaries pulled out and did not complete the sessions.
 - 10 still ongoing more sessions
- 2) Out of the total of 50 beneficiaries who went through the group sessions:-
 - 46 have left with positive change to their situation.
 - 4 is still undergoing more sessions.
- 3) Out of the total of 5350 beneficiaries we had this year for telephone counselling and advice, and leafleting
 - 85% were from Greater London area.
 - 15% were from other areas like Sussex, Kent, Surrey, Middlesex and Essex.
 - 25 of the beneficiaries referred to specialist agencies.
 - 15 of the beneficiaries were referred to other counselling agencies
- 4) Further 23 Refugee & asylum seekers beneficiaries living in greater London area benefited in human rights advocacy & Personal well being project by helping in the improvement of their quality of life and supporting them to share their experience of anger, anxiety, self harm and abuse for :
 - Behavioural management control
 - Sharing experiences and self awareness
 - Community focused approach
 - Providing Social and emotional skills and tools to help them understand self
 - Tackling or preventing stress, suicidal, criminal and antisocial behaviours.
 - Long term positive change as a means to an end prevention of mental health problems
- 5) We were once again honoured to witness the graduation on line of 27 % out of the 30% of the youth who came through our counselling service as a means to an end to their abusive situation and after the end of their counselling sessions we continued to mentor them through years of difficult and trialing times at university. The gratitude and testimonial of their family of our service was encouraging.

- 6) Despite the situation of cost of living crisis of the economy, we are encouraged that 14% of the youth who graduated this year have overwhelmed us with testimonials of achieving their heartfelt job opportunities with good pay including self employment. While 8% out of the remaining 13% have gone back to further their education and the other 5% encouraged to volunteer to enhance job opportunities.
- 7) All identified young people substance misuse problem during our counselling are recommended for youth awareness programme & Adolescent specialist addiction treatment service.
- 8) Seven volunteers were up skilled under our service - four has gone for further education and three still undergoing in-house training. Management committee members had another day's upskilling this year to raise quality service for RAP,
- 9) We have this year continued to actively been busy, most Saturdays, raising awareness on spiritual abuse through trainings and Seminars. The feedbacks we have received have continued to raise great concerns about issues of spiritual abuse within the Christian community which leads to constant infringement of human rights.
- 10) We christened 14 babies and we issued 14 christening certificates this year.
- 11) We have been active with our charitable purpose this year by helping with welfare needs and continued mentoring youth one day a week this year with motivation to appreciate the resource in them and potential in the society.
- 12) 13 asylum seekers and 9 with children, without any form of income, who are under our service are receiving RAP hopelessness and helpless charitable support for every welfare need while undergoing counselling
- 13) We have been having overwhelming, appreciating comments through our web comment page of how the website has approximately made remarkable increase in touching lives from people who are using the website to access information and genuinely engaging with what we do across the UK, and beyond. Giving us the opportunity to integrate the best of our service information out being greeted positively by users, who are enjoying the stronger mix of counselling with an understanding of their cultural background.
- 14) The focus of the website is to encourage people to engage with us and acquire knowledge to their situation, so it's a friendly and community-led website where the information alone will raise an awareness to the user to take a step to make a life changing decision to their life and the website has seen a steady increase in the number of unique visitors world wide, seeking for help through web, email comments and calls received.
- 15) RAP Ministry Page - weekly compass journal called PRECIOUS MOMENT to give hope, direction, counsel not only to assists Christians in their individual growth but it is also being used as User-friendly evangelical tool to give non-Christians service users encouragement and a hope to restoration and a positive

change to their situation. We will continue to refine the contents, ensuring this Journal remains relevant and up-to-date and make a positive life changing impact to a life that reads it

- 16) RAP face book –Has continued to raise human right, safety from domestic violence and Cost of living crisis awareness situations; and Ministry page to continue to give hope, direction, counsel not only to assists Christians in their individual growth but it is also being used as User-friendly evangelistic tool to give non-Christians service users with raising human rights awareness, encouragement and a hope to restoration and a positive change to their situation.
- 17) RAP has continued to promote human rights by monitoring, raising awareness of abuse, obtaining redress and relieving need among the victims of abuse, promoting respect for human rights among. Individuals and corporations eliminating infringements of human right regionally and with international advocacy to address abuse in particular-spiritual abuse in Christian Community
- 18) R.A.P Awareness Day annual conference did not unfortunately take place this year.

SOME SERVICE – USERS COMMENTS

Counselling service

- *The organisation name attracted me to the service, as many others who are looking for healing*
- *Counselling sessions had peace and clarity, regardless of my difference in faith*
- *Helped me physically, emotionally, and most of all spiritually*
- *Helped me tremendously to get my breakthrough in life*
- *Your help to people and the effect through your counsel & advice makes a difference*
- *RESTORATION in many areas of life and your counselling led me there.*
- *Helped me talk through and deal with issues from childhood abuse*
- *Made me become enthusiastic about the future, without mental limitation*
- *Sessions is simple and with openness to listen and helped me overcome fears*
- *Thank you for touching my life, I will never forget that.*
- *I am grateful to God for using RAP to restore my life from depression and suicidal attempts*
- *Your integrity & professionalism got me right where others couldn't in years*

Charitable Activity.

- *Grateful RAP has given me and my family a fresh drive and purpose for life*
- *We would like to encourage you that what you are doing is a very wonderful and a much needed work especially amongst the black led churches and the issue of*
- *Found me a place to stay, made calls to help and give me hope and direction*
- *We did not know organisations as yours exist to help the voiceless in society of silent-discrimination*
- *People like RAP who are willing to lay down their life to help people do not know that's unconditional love*

- *Spiritual abuse is a subject that needs to be highlighted and dealt with. We wish you the best in this excellent work which God has led you to start.*
- *I thank God for every way RAP has benefited me and my family.*
- *Thank you for your help, I found hope and peace in my situation.*

Website

- *I find this website very educative and informative*
- *Thank you everyone at RAP for your commitment, your sacrifice and for spreading the love of Jesus through your work and web site to the world across"*
- *Always a blessing to hear from you through your website weekly journal - precious moment*
- *When are you having the radio programme again on Spiritual abuse in the church, as we look forward to it?*
- *RAP-UK and RAP-Nigeria websites has opened my understanding to issues that a lot of people today will not believe how they have been deprived their rights .*
- *I have lost count of the number of times that I've gone on your web site and I hope I never stop. Today, I have just been overwhelmed with gratitude for all involved at RAP*

Face book – Ministry/Human Rights

- *What an "out of the box" ministry. A peculiar one for that matter. I bless God for your lives. Please keep up the good work. The Lord is your strength*
- *Thanks for posting this Rev Sophy! Just what I needed to read today! God bless you!*
- *So many testimonials of Rev Sophy Wahab inspirational teachings*
- *Members of Narrow Path love to hear from Rev Sophy Wahab as it increases audience access to be inspired*
- *Since you started partnering with Narrow Path Ministry on face book, we have been blessed*
- *The issues raised on human rights infringements take it further to ministry of the heart.*
- *I came across your Face book Ministry at a time when I needed wisdom for Spiritual Growth*
- *I am blessed to know your face book ministry and be a like friend to RAP*
- *God bless you and thanks for the words, one get's inspired for healing.*
- *All your dissection of the word is always so powerful and uplifting.*
- *Rev Sophy - Praise God for your wisdom! Thanks for sharing!*

R.A.P PARTNERS

The under mentioned groups are actively and dedicated partners and link organisations with our project over years in service.

- ACC
- FOWC
- CitizenGO
- HAVE

- FOREST HOUSE COUNSELLING & THIRTY COUNSELLING ORGS.
- NEWHAM MENTAL HEALTH SERVICE
- VfJUK – Voice for Justice UK
- FIVE GPS IN NEWHAM
- DESA's civil society [UN]
- NVCO
- CCPAS
- METROPOLITAN POLICE
- SOCIAL SERVICES
- SPARK – Newham Substance Misuse Education Information Training Service
- Christian Voice
- Christian Concern
- TOTAL HEALTHCARE – SANTUARY (HOLISTIC HEALING) – ENFIELD
- ARK OF HOPE FOUNDATION FOR ALL NATIONS

WHAT WE DO AT R.A.P

R.A.P project provides services to all people within the Greater London area, but mainly in Newham, Waltham forest, Hackney and Barking. We deliver our services to those who are aged 14yrs & above, who have been sexually, mentally, physically, emotionally & spiritually abused and are mostly from the Black and Ethnic minority group with an understanding of their cultural needs.

We contribute to the regeneration of health, jobs and education improvement with our service provision by: -

- Counselling and advice, in both pastoral and community settings, helping in total wellbeing with welfare were necessary, building their self confidence, motivating them and encouraging them to be self resourceful to bring a long-term positive change to their abusive situation, with an open acceptance of making a difference for a better and improved quality of life.
- Making referrals to specialist agencies.
- Advice and information referral to other counselling and advice organisations that deals with areas of counselling that is not within our scope.
- Liaising with other community based services within London to provide support for our beneficiaries.
- We also help in motivating, developing our volunteers by training them internally and externally, not only to help provide effective and efficient service provider for our organisation, but also to help them increase their chances to gain employment and further education opportunities.
- We have been active with our **charitable purpose** more this year, by gift aid to the deprived with gifts, our service, human resources and financial support.
- We help other voluntary/ charity organisations and general public/mankind with our charitable activities.

- Advocacy to Promote respect for human rights among individuals and corporations by monitoring, raising awareness of abuse, obtaining redress and relieving need among the victims of abuse, eliminating infringements of human rights and with advocacy to address abuse in particular - spiritual abuse within the Christian Community.

PREVIOUS MANAGEMENT COMMITTEE MEMBERS AS MAY 1ST 2024

| | |
|---------------------------|----------|
| REV. S. WAHAB | TRUSTEE. |
| MISS L ARTHUR | |
| MRS. C.EZEDIUNO | TRUSTEE |
| MR O DAIRO | |
| MRS D OJUKWU | TRUSTEE |
| EVANG. ABBA YAWSON | |
| MR P.I OHENHEN | |
| MS .B. AKINKUNLE – DAVIES | |
| MS L.IYEN | |

SERVICE & QUALIFICATIONS

Restoration for Abused People (RAP) though based in Newham provides counselling and advice service for those undergoing and have been abused residing in Greater London area, aged 14yrs & above and deprived.

R.A.P as a voluntary **Counselling service**, we are affiliated to Association of Christian Counsellors and the project employs counsellors with skills, experience and qualifications in counselling. Training & seminars in counselling, managerial, organisational, child protection and all forms of abuse related seminars and training are given as an on- going process.

R.A.P is a registered **charity** and we operate general / other charitable purposes, education/training, economic/community development, health, overseas aid/ famine relief, relief of poverty.

R.A.P is licensed to operate as a church and affiliated to FOWC - Fellowship of World Christians and charismatic member church of IMCGB, which is a member of Ecumenical instrument with churches together in Britain and Ireland (CTBI) and Churches together in England (CTE).

APPOINTMENT OF ACCOUNTANTS / AUDITORS

It was agreed by the Trustees that they will require the service of
David Ojegba **A.C.E.A**
18 Sullivan Ave, London E16 3LJ
as the independent examiner of this accounting year to April 30th 2025

RESTORATION FOR ABUSED PEOPLE
RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 30th APRIL 2025

| | Unrestricted Funds | Restricted Funds | Total Funds | Total 2023/24 Funds |
|-----------------------------|-----------------------|---------------------|----------------|------------------------|
| RECEIPTS | | | | |
| GIFT AID/DONORS | 108,176 | | 108176 | 107221 |
| Management Contribution | 9290 | | 9290 | 10420 |
| Sales | 2147 | | 2147 | 3920 |
| Gift aid reovered | 59,214 | | 59214 | - |
| Awards for All | - | 1574 | 1574 | 10000 |
| Balance b/f | | | | |
| | 177,253 | 1574 | 178827 | 131561 |
| | | | | |
| PaAYMENTS | | | | |
| Training costs | 20719 | | 20719 | 17213 |
| Volunteer costs | 28632 | 804 | 29436 | 27862 |
| Welfare/Beneficiary cost | 36720 | 770 | 37490 | 34385 |
| Professional Fees | 1325 | | 1325 | 1230 |
| Rent/Rates | 8390 | | 8390 | 7890 |
| Insurance | 997 | | 997 | 985 |
| Telephone/Fax | 9746 | | 9746 | 9350 |
| Stationary/Printing/Postage | 17961 | | 17961 | 13819 |
| Equipment | 1192 | | 1192 | 1175 |
| Repairs & Maintenance | 803 | | 803 | 894 |
| Advertising/PR | 21930 | | 21930 | 19750 |
| Sundries | 1090 | | 1090 | 890 |
| Bank Charges | - | | - | - |
| Accountant Fees | 100 | | 100 | 50 |
| legal | 1700 | | 1700 | 1500 |
| Balance c/f | - | | - | - |
| | 151305 | 1574 | 152879 | 136993 |
| | | | | |
| NET SURPLUS/DEFICIT | 25948 | | 25948 | -5432 |

Restoration For Abused People

BALANCE SHEET AS AT 30TH APRIL 2025

| ASSETS | £ | £ |
|----------------------------------|----------|----------|
| Cash at Bank | 30099 | 4151 |
| | £30,099 | £4,151 |
| RESERVES | | |
| Accumulated fund brought forward | 4151 | 9583 |
| Add Surplus/Less Deficit | 25948 | 5432 |
| Accumulated fund carried forward | £30,099 | £4,151 |

NOTES

| | | |
|--|---|--------|
| Awards for All b/fwd from 2024 | - | £1,574 |
| Expended as restricted funds on volunteers/ beneficiary costs in this year 2025 | - | £1,574 |
| Carried forward | - | £0 |



Section A

Independent Examiner's Report

Report to the trustees

RESTORATION FOR ABUSED PEOPLE

On accounts for the year ended

30TH APRIL 2025

Charity no (if any)

1089058

Set out on pages

1+2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

[Signature]

Date:

25.02.26

Name:

DAVID O'NEILL

Relevant professional qualification(s) or body

A.C.E.A

(if any):

| |
|--|
| |
|--|

Address:

| |
|-----------------|
| 18 SULLIVAN AVE |
| LONDON E16 3LJ |
| |

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

| |
|--|
| |
|--|

RAP TRUST RESERVE POLICY STATEMENT

RAP trustees and management committee members are very keen not to be holding onto money unnecessarily, but because we believe sustainability is paramount to our beneficiaries we feel this is necessary but RAP as many other small charities operate without HOLDING reserves, having worked over the years with little reserves, as we only generate enough income to keep our services going and are not able to put much aside, the key to our ability to continue has been endless drive to achieve aims by being able to keep a very close eye on future income sources, cash flow, budgets and resources. It has not been a nice position to be in, but does show that as an organisation we can survive on little reserves and deliver fantastic charitable objectives as we have done over years.

Many funders (government, local authority, trusts/foundations and corporate alike) often offer only restricted funding and very little contribution towards overheads which perpetuates this position. So reserves are not the focus of attention but our ability as an organisation to survive and keep going.

RAP has not been set up to limit to accumulate funds but to apply its fund resources to its service provisional charitable purposes, and therefore justify when we are able to hold any reserves at end of year it is balancing the need to spend on our beneficiaries (or charitable purpose) against beginning of next/following year, while sourcing funds for the year. After consideration and assessment of benefit of not spending reserves, RAP as a charity will only be depriving itself from being able to apply money resourced to efficiently and effectively deliver its charitable objectives – which is one of the duties of trustees.

FUTURE PLANS OF R.A.P

R.A.P was established in March 2001 and has gained considerable recognition amongst the abused and linked organisations and partners. We are always looking for ways to improve our service, which we offer to our beneficiaries within Greater London and beyond.

RAP identified through good quality recent consultation internally with beneficiaries, members of committee and externally with partners client feedback surveys, individual consultation, community questionnaires and user testing short case studies of existing or previous clients who have benefited from RAP project to continue to provide a basic one-to-one / peer support of culturally sensitive ; equally accessible problem Solving skills with a personal development programme to asylum seekers, making recommendations where applicable.

RAP still looking forward to raise funds to enable us own our own building to promote our aim and objects to reach more achievements and also enable us overcome all organisational barriers. RAP vision has always been to produce a life restoring and changing service and we will continue to create key platform in achieving this aim. During 2024/25 our service continued to cover Greater London (mainly Waltham forest, Barking & Dagenham, Hackney) and discretionary extra to other areas like Sussex, Kent,

Surrey, Middlesex and Essex. Giving the abused - living in these areas, the opportunity to make a positive change to a supposed hopeless situation. Our strategy is to establish a national Christian based counseling service and human rights advocacy support network region by region. Our ability to secure access to regions is limited only by funding constraints.

Our sister branch in African

R.A.P-Nigeria (Restoration for Abuse People) in Africa took effect publicly with gift aid in Nigeria in year 2007, though initiated in 2006 with paying hospital bills. We have continued to contribute to youth educational development with essential equipment goods for youth educational motivation & development further unto extended year 2027 due to the cost of living crisis outbreak. This has been received with unique appreciation and awareness of our vision to Africa. R.A.P - Nigeria has set off well and we hope for a better and fulfilling partnership with other humanitarian organisations to contribute in the regeneration of the community need in alignment with our objective by paying hospital bills for operations, and paying school fees for the under privileged, maintain orphans, widows & widowers.

There has been high demand for human rights advocacy due to human rights abuse & terrorism threat in Nigeria, and this pressured demand has led to RAP-Nigeria Awareness conference adjourned severally but had a safety measure conference this year in Lagos State on Every Child Matters – Stop Child Abuse and had collaborating recognition with Youth Ministries of Churches to help promote our objects in full measure to reach the community and promote mutual understanding amongst the deprived people, and helping them uphold themselves as one, to work and dwell together in unity and Love. RAP-Nigeria is in working partnership with Nigeria Police personals who believe in our contribution to the community and volunteering their skills - Superintendent of Police (Federal SAS), Assistant Commissioner of Police (Legal), Nigeria Interpol, Great faith orphanage founded in 1999, with some having physical challenge, some are pupils of various schools and Moduo Cole orphanage home with mental with physical challenge and disable children, donating Bags of Rice, Cartons of Noodles, Soap, Viju Milk. RAP-Nigeria would be raising funds to help meet the need of building of hostel for Moduo Cole orphanage home.

This year, the Cost of living crisis outbreak has increased RAP –Nigeria continuity in raising awareness on child neglect, domestic violence and bigamy as a criminal offence against Marriage Act 218 laws with Human rights advocacy and not without a counter reaction from one of our cases where the marriage was customary, and took RAP-Nigeria to Federal High Court for infringement of their fundamental rights, but the case ended up in favour of our beneficiary as the legal wife and the bigamous marriage had in the Registry infringing Marriage Act 218 was set-aside and nullified, while the criminality hearing part of the case continues. Career Counselling Development Project continues unto 2027 which is successfully facilitated by different Career professionals to enable them choose a career to give them a bright future aiming to help build the nation through these young ones..

RAP UK ensures that when we are working abroad, all our activities comply with our stated charitable objects, and fit within the legal definition of Public Benefit. Whenever we have to spend from RAP-UK, all money spent abroad complies with this requirement,

and have sufficient control of the way money sent abroad is spent, to guarantee it is spent with due diligence, monitoring, risk management, and financial management; which are vital to ensure compliance with charity law and maintains its charitable status, charity's reputation and support of donors. In view of transparency and good reporting to help promote the organisation's good reputation- changes in foreign exchange rates can be a risk when pursuing a charity's aims which can affect a charity's purchasing power so plan strategies is put in place to minimise this risk

COMMITMENT TO EQUAL OPPORTUNITY POLICY

The project is committed to E.O.P to ensure no one receive less favourable treatment as a beneficiary, client, member of committee, employee and volunteer.

CONCLUSION

In conclusion to this year's report, we the trustees, management committee, volunteers and beneficiaries once again wish to express our appreciation of the Founder of R.A.P for her unique vision and selfless interest in building a pillar upon which those who are abused in every manner of life can rest, and find a place for healing as a part of restoration from their abusive situation, and improve their quality of life. And by expressing a genuine understanding to the cultural needs of the black & ethnic minority beneficiaries through their counselling and healing process. We admire her strength and zeal never to give up through times of tribulations and especially when funding is difficult to obtain, but the project still moves on and produce its aims and positive outcomes and achievements over the years,

We believe that without quality and committed service provision in counselling and advice being given to an abused person, mostly the black & ethnic minority who find it difficult to express themselves, it will be impossible for them to take a step to improve or change their situation. But through our counselling and advice programme, we have an opportunity to create a safe environment, with child protection policy in place and a long term change to their vulnerable situations as a means to an end, by helping them regain self- confidence, resourcefulness and motivation for a better and improved quality of life.

We hope to continue to improve the quality of services we offer to our beneficiaries by on-going training programmes for our staff and volunteers, by involving our beneficiaries in developing, managing, monitoring and evaluating, with the effective use of systematic approach by user feed back and evaluation forms, also ensuring value for money to our funders. We intend to also increase our partnership and membership networks with other voluntary sectors organizations and statutory bodies.

We being a Christian charitable organisation, has continue to hinder our opportunity of obtaining funds from certain organisations, we are thankful to the grace upon us that we have come this far over the years with a positive change in the life of every individual that came in contact with our organisation, and their families. Despite barrier to funds, we are grateful to make a change to every individual that comes in contact with our

organisation for service; regardless of race or religion. Amazingly funds might be denied us because of our faith, not because we are not capable of producing or achieving our goals, but we are thankful that it has not stopped our vision to come **twenty-four years** down the line with genuine appreciation of organizations and friends of RAP who have funded us through the years.

We are pleased at R.A.P Nigeria progression with unique recognition despite cost of living crisis challenges moreover we will continue our vision and impact a positive change in the life of the youth in the community and human rights advocacy at large while we continue to build partnership with other organisations to help in regeneration and building of the communities.

A highly encouraging fact is that RAP is rapidly increasing recognition and quality service through the help of growing Friends of RAP and funders, who are not distorted by our faith but motivated by the positive change and impact we are making in the community and globally in the life of the abused person that comes in contact with us.

CURRENT LIST OF MANAGEMENT COMMITTEE MEMBERS AS 1ST MAY 2025

REV. S. WAHAB TRUSTEE.

MS L.IYEN

MRS. C.EZEDIUNO TRUSTEE

MS .B. AKINKUNLE – DAVIES

MRS D OJUKWU TRUSTEE

EVANG. ABBA YAWSON

MR P.I OHENHEN

MRS L ARTHUR-ADDO

MR O DAIRO

Signature of Chair



Date: 26th February 2026.

RESTORATION FOR ABUSED PEOPLE (R.A.P)

England & Wales - Charity number 1089058

Accounts

Charity Registration no: 1089058

RESTORATION FOR ABUSED PEOPLE

(R.A.P)

ANNUAL REPORT

**FOR THE FINANCIAL YEAR
MAY 2023 to APRIL 2024.**

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- 10) Independent Examiners Report to trustees of R.A.P**
- 11) Rap Trust Reserve Policy Statement**
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ANNUAL REPORT

CHAIR'S REPORT

After another successful year, on behalf of trustees and Management committee, I thank the volunteers in helping to run this organisation and mostly the enormous work, total dedication of all and for helping me to see this vision and its aims through most afflicting times, to achieve a successful change in the lives of its beneficiaries and with a purpose of making a difference in their situation.

It has been another encouraging season in the effective feedback from our beneficiaries, in our provision of good and effective life changing service they have embraced and which has made a positive long-term change in their lives. Our beneficiaries are mainly from Newham and others within the Greater London area (mainly Waltham forest, Barking & Dagenham, Hackney).

This year 2023/24, I and the trustees give sincere appreciation to The Souter Charitable Trust for their continuous supporting grant donations and Community Fund[Awards for ALL] for their grant; also acknowledgement to the management committee members & friends of RAP with sincere appreciation for their faithful support – morally, financially and otherwise in this difficult financial year as past years. How could we have survived another milestone of dedicated years without continuous support of members like you, which has strengthened RAP to meet our ever increase in demand service and beneficiaries needs, you are genuinely appreciated for your continuous partnership.

RAP vision and our Public Benefit

Our vision is centred on restoring and changing lives for good. The public benefit which we deliver is centred on this vision and is available to both Christians and none Christians in a deliberately accessible and user-friendly ways. We exist to see lives restored and changed for good in spiritual - Moral, ethical and practical ways which reflect and demonstrate the Christian faith. These are the benefits that arise out of our charitable objective and the quotes given in this report have been received from the public in response to these benefits. Other comments we received from the public have included the following descriptions:

Lives turned away from;

Hopelessness, insecurity, fear, depression, anxiety, loneliness, greed, selfishness, loneliness, anger, .alcoholism, attempted suicide, broken marriages, bitterness, being at a dead end, pornography, self harm, suicidal attempts, institutional abuse

Live turned towards:

Restoration of relationships, finding purpose in Life, becoming self resourceful, motivated to physical, emotional, mental and spiritual healing, perseverance during adversity, peace, reconciliation, courage. Joy, life changed for good, wisdom, encouragement humour, hope, strength and inspiration during stressful experiences including terminal illness, daily insight.

Our Charitable activities have been as:

A regular source of inspiration & guidance, a lifeline as a means to an end, light at the end of the tunnel, uplifting ,educational, a saving grace.

We confirm that we have complied with our duty in section 4 of the Charities Act 2006 to have due regard to **public** benefit guidance published by the Charity Commission for England and Wales.

Our charitable objectives are:

- THE RELIEF OF NEED AND THE PROTECTION AND PRESERVATION OF PUBLIC HEALTH PARTICULARLY AMONGST PEOPLE LIVING IN GREATER LONDON WHO HAVE SUFFERED ABUSE BY THE PROVISION OF ADVICE AND COUNSELLING.
- TO PROMOTE HUMAN RIGHTS (AS SET OUT IN THE UNIVERSAL DECLARATION OF HUMAN RIGHTS AND SUBSEQUENT UNITED NATIONS CONVENTIONS AND DECLARATIONS) BY MONITORING, RAISING AWARENESS OF ABUSE, OBTAINING REDRESS AND RELIEVING NEED AMONG THE VICTIMS OF ABUSE, PROMOTING RESPECT FOR HUMAN RIGHTS AMONG INDIVIDUALS AND CORPORATIONS, ELIMINATING INFRINGEMENTS OF HUMAN RIGHTS REGIONALLY AND INTERNATIONALLY THROUGH INTERNATIONAL ADVOCACY TO ADDRESS ABUSE IN PARTICULAR SPIRITUAL ABUSE,

Our objectives and activities reflect the great commissioning in the areas of discipleship and mission of counselling, supporting, mentoring, and human right advocacy to break the chain of abusive events in the life of an individual - Sexual, emotional, mental, physical and spiritual abuse, which is not complete without support of their welfare where essential for complete wellbeing. Whether providing services support on an individual or group basis or in partnership with other organisations, our objective is to reach ordinary people within Greater London and also act as advocate on redressing, eliminating infringements of human rights regionally and internationally.

This year 2023/24 has been yet extra demanding and challenging year of Cost of living crisis outbreak effect for RAP as so many organisations, as always we continue to have an encouraging recognition and growth across many of our activities as the Refugee & Asylum Seekers Personal Well being Project continues to be in demand with reflection on human right advocacy. Despite challenges of how to respond to the downturn in the economic climate due to cost of living crisis outburst; however the great news is that we are experiencing record demand for our services and our website has enabled us to reach out to more of those who have been suffering silently and ignorant of what interventions to deploy to counter the negative impacts of current economic crisis and their effects to total well being; and are now motivated in seeking self help by the knowledge acquired from website and our service provision. Community Fund[Awards for ALL] funding of our Resilience Wellbeing Impact Project which made a difference by breaking circle of mental health stereotype in the community through advise information and education by raising awareness with an understanding of how mental health illness impact communities' lives. The Souter Charitable Trust this year continued to fund support RAP to enable sustain our organisation and its projects to the benefit of the community we serve with a difference in the lives of youth and help us achieve our mission and in which their support is even more crucial this year to enable our efforts for

sustainability necessary to continue to deliver great services in creating a safer community.

OUR WORK FOR 2023/24

This project received funds and service aid from grants, sales, management committee members and friends of RAP donors.

We are committed to make our usual monitored returns to those who assist us, while we continue to develop links with other organisations we expect to work with. We make every effort to provide effective and positive life changing counselling to our beneficiaries from 14yrs & above who gained self-confidence, motivation, and resourcefulness to make a positive change in their lives

Outcome and achievements this year was as follows:

- 1) Out of the total of 155 beneficiaries who went through the one to one sessions,
 - Beneficiaries went through the sessions with positive change to their situations.
 - 5 beneficiaries pulled out and did not complete the sessions.
 - 10 still ongoing more sessions
- 2) Out of the total of 55 beneficiaries who went through the group sessions:-
 - 51 have left with positive change to their situation.
 - 4 is still undergoing more sessions.
- 3) Out of the total of 5325 beneficiaries we had this year for telephone counselling and advice, and leafleting
 - 85% were from Greater London area.
 - 15% were from other areas like Sussex, Kent, Surrey, Middlesex and Essex.
 - 25 of the beneficiaries referred to specialist agencies.
 - 15 of the beneficiaries were referred to other counselling agencies
- 4) Further 21 Refugee & asylum seekers beneficiaries living in greater London area benefited in human rights advocacy & Personal well being project by helping in the improvement of their quality of life and supporting them to share their experience of anger, anxiety, self harm and abuse for :
 - Behavioural management control
 - Sharing experiences and self awareness
 - Community focused approach
 - Providing Social and emotional skills and tools to help them understand self
 - Tackling or preventing stress, suicidal, criminal and antisocial behaviours.
 - Long term positive change as a means to an end prevention of mental health problems
- 5) We were once again honoured to witness the graduation on line of 26 % out of the 29% of the youth who came through our counselling service as a means to an end to their abusive situation and after the end of their counselling sessions we continued to mentor them through years of difficult and trialing times at university. The gratitude and testimonial of their family of our service was encouraging.

- 6) Despite the situation of cost of living crisis of the economy, we are encouraged that 13% of the youth who graduated this year have overwhelmed us with testimonials of achieving their heartfelt job opportunities with good pay including self employment. While 9% out of the remaining 13% have gone back to further their education and the other 4% encouraged to volunteer to enhance job opportunities.
- 7) All identified young people substance misuse problem during our counselling are recommended for youth awareness programme & Adolescent specialist addiction treatment service.
- 8) Five volunteers were up skilled under our service - two has gone for further education and three still undergoing in-house training. Management committee members had another day's upskilling this year to raise quality service for RAP,
- 9) We have this year continued to actively been busy, most Saturdays, raising awareness on spiritual abuse through trainings and Seminars. The feedbacks we have received have continued to raise great concerns about issues of spiritual abuse within the Christian community which leads to constant infringement of human rights.
- 10) We christened 12 babies and we issued 12 christening certificates this year.
- 11) We have been active with our charitable purpose this year by helping with welfare needs and continued mentoring youth one day a week this year with motivation to appreciate the resource in them and potential in the society.
- 12) 11 asylum seekers and 8 with children, without any form of income, who are under our service are receiving RAP hopelessness and helpless charitable support for every welfare need while undergoing counselling
- 13) We have been having overwhelming, appreciating comments through our web comment page of how the website has approximately made remarkable increase in touching lives from people who are using the website to access information and genuinely engaging with what we do across the UK, and beyond. Giving us the opportunity to integrate the best of our service information out being greeted positively by users, who are enjoying the stronger mix of counselling with an understanding of their cultural background.
- 14) The focus of the website is to encourage people to engage with us and acquire knowledge to their situation, so it's a friendly and community-led website where the information alone will raise an awareness to the user to take a step to make a life changing decision to their life and the website has seen a steady increase in the number of unique visitors world wide, seeking for help through web, email comments and calls received.
- 15) RAP Ministry Page - weekly compass journal called PRECIOUS MOMENT to give hope, direction, counsel not only to assists Christians in their individual growth but it is also being used as User-friendly evangelical tool to give non-Christians service users encouragement and a hope to restoration and a positive

change to their situation. We will continue to refine the contents, ensuring this Journal remains relevant and up-to-date and make a positive life changing impact to a life that reads it

- 16) RAP face book –Has continued to raise human right, safety from domestic violence and Cost of living crisis awareness situations; and Ministry page to continue to give hope, direction, counsel not only to assists Christians in their individual growth but it is also being used as User-friendly evangelistic tool to give non-Christians service users with raising human rights awareness, encouragement and a hope to restoration and a positive change to their situation.
- 17) RAP has continued to promote human rights by monitoring, raising awareness of abuse, obtaining redress and relieving need among the victims of abuse, promoting respect for human rights among. Individuals and corporations eliminating infringements of human right regionally and with international advocacy to address abuse in particular-spiritual abuse in Christian Community
- 18) R.A.P Awareness Day annual conference did not unfortunately take place this year.

SOME SERVICE – USERS COMMENTS

Counselling service

- *Helped me physically, emotionally, and most of all spiritually*
- *Helped me tremendously to get my breakthrough in life*
- *Your help to people and the effect through your counsel & advice makes a difference*
- *RESTORATION in many areas of life and your counselling led me there.*
- *Helped me talk through and deal with issues from childhood abuse*
- *Made me become enthusiastic about the future, without mental limitation*
- *Sessions is simple and with openness to listen and helped me overcome fears*
- *Thank you for touching my life, I will never forget that.*
- *I am grateful to God for using RAP to restore my life from depression and suicidal attempts*
- *Your integrity & professionalism got me right where others couldn't in years*
- *Name attracted me to the service, as many others who are looking for*
- *Counselling sessions had peace and clarity, regardless of my difference in faith*

Charitable Activity.

- *People like RAP who are willing to lay down their life to help people do not know that's unconditional love*
- *Spiritual abuse is a subject that needs to be highlighted and dealt with. We wish you the best in this excellent work which God has led you to start.*
- *We would like to encourage you that what you are doing is a very wonderful and a much needed work especially amongst the black led churches and the issue of*
- *Found me a place to stay, made calls to help and give me hope and direction*
- *We did not know organisations as yours exist to help the voiceless in society of silent-discrimination*

- *I thank God for every way RAP has benefited me and my family.*
- *Thank you for your help, I found hope and peace in my situation.*
- *Has given me and my family a fresh drive and purpose for life*

Website

- *I have lost count of the number of times that I've gone on your web site and I hope I never stop. Today, I have just been overwhelmed with gratitude for all involved at RAP*
- *I find this website very educative and informative*
- *Thank you everyone at RAP for your commitment, your sacrifice and for spreading the love of Jesus through your work and web site to the world across"*
- *Always a blessing to hear from you through your website weekly journal - precious moment*
- *When are you having the radio programme again on Spiritual abuse in the church, as we look forward to it?*
- *RAP-UK and RAP-Nigeria websites has opened my understanding to issues that a lot of people today will not believe how they have been deprived their rights .*

Face book – Ministry/Human Rights

- *I came across your Face book Ministry at a time when I needed wisdom for Spiritual Growth*
- *I am blessed to know your face book ministry and be a like friend to RAP*
- *God bless you and thanks for the words, one get's inspired for healing.*
- *All your dissection of the word is always so powerful and uplifting.*
- *Rev Sophy - Praise God for your wisdom! Thanks for sharing!*
- *What an "out of the box" ministry. A peculiar one for that matter. I bless God for your lives. Please keep up the good work. The Lord is your strength*
- *Thanks for posting this Rev Sophy! Just what I needed to read today! God bless you!*
- *So many testimonials of Rev Sophy Wahab inspirational teachings*
- *Members of Narrow Path love to hear from Rev Sophy Wahab as it increases audience access to be inspired*
- *Since you started partnering with Narrow Path Ministry on face book, we have been blessed*
- *The issues raised on human rights infringements take it further to ministry of the heart.*

R.A.P PARTNERS

The under mentioned groups are actively and dedicated partners and link organisations with our project over years in service.

- ACC
- FOWC
- CitizenGO
- HAVE
- FOREST HOUSE COUNSELLING & THIRTY COUNSELLING ORGS.

- NEWHAM MENTAL HEALTH SERVICE
- VfJUK – Voice for Justice UK
- FIVE GPS IN NEWHAM
- DESA's civil society [UN]
- NVCO
- CCPAS
- METROPOLITAN POLICE
- SOCIAL SERVICES
- SPARK – Newham Substance Misuse Education Information Training Service
- Christian Voice
- Christian Concern
- TOTAL HEALTHCARE – SANTUARY (HOLISTIC HEALING) – ENFIELD
- ARK OF HOPE FOUNDATION FOR ALL NATIONS

WHAT WE DO AT R.A.P

R.A.P project provides services to all people within the Greater London area, but mainly in Newham, Waltham forest, Hackney and Barking. We deliver our services to those who are aged 14yrs & above, who have been sexually, mentally, physically, emotionally & spiritually abused and are mostly from the Black and Ethnic minority group with an understanding of their cultural needs.

We contribute to the regeneration of health, jobs and education improvement with our service provision by: -

- Counselling and advice, in both pastoral and community settings, helping in total wellbeing with welfare were necessary, building their self confidence, motivating them and encouraging them to be self resourceful to bring a long-term positive change to their abusive situation, with an open acceptance of making a difference for a better and improved quality of life.
- Making referrals to specialist agencies.
- Advice and information referral to other counselling and advice organisations that deals with areas of counselling that is not within our scope.
- Liaising with other community based services within London to provide support for our beneficiaries.
- We also help in motivating, developing our volunteers by training them internally and externally, not only to help provide effective and efficient service provider for our organisation, but also to help them increase their chances to gain employment and further education opportunities.
- We have been active with our **charitable purpose** more this year, by gift aid to the deprived with gifts, our service, human resources and financial support.
- We help other voluntary/ charity organisations and general public/mankind with our charitable activities.

- Advocacy to Promote respect for human rights among individuals and corporations by monitoring, raising awareness of abuse, obtaining redress and relieving need among the victims of abuse, eliminating infringements of human rights and with advocacy to address abuse in particular - spiritual abuse within the Christian Community.

PREVIOUS MANAGEMENT COMMITTEE MEMBERS AS MAY 1ST 2023

REV. S. WAHAB TRUSTEE.

MISS L ARTER

MRS. C.EZEDIUNO TRUSTEE

MR O DAIRO

MRS D OJUKWU TRUSTEE

EVANG. ABBA YAWSON

MR P.I OHENHEN

MS .B. AKINKUNLE – DAVIES

MS L.IYEN

SERVICE & QUALIFICATIONS

Restoration for Abused People (RAP) though based in Newham provides counselling and advice service for those undergoing and have been abused residing in Greater London area, aged 14yrs & above and deprived.

R.A.P as a voluntary **Counselling service**, we are affiliated to Association of Christian Counsellors and the project employs counsellors with skills, experience and qualifications in counselling. Training & seminars in counselling, managerial, organisational, child protection and all forms of abuse related seminars and training are given as an on- going process.

R.A.P is a registered **charity** and we operate general / other charitable purposes, education/training, economic/community development, health, overseas aid/ famine relief, relief of poverty.

R.A.P is licensed to operate as a church and affiliated to FOWC - Fellowship of World Christians and charismatic member church of IMCGB, which is a member of Ecumenical instrument with churches together in Britain and Ireland (CTBI) and Churches together in England (CTE).

APPOINTMENT OF ACCOUNTANTS / AUDITORS

It was agreed by the Trustees that they will require the service of David Ojegba **A.C.E.A**

18 Sullivan Ave, London E16 3LJ

as the independent examiner of this accounting year to April 30th 2024

RESTORATION FOR ABUSED PEOPLE
RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 30th APRIL 2024

| | Unrestrictive Funds £ | Restrictive Funds £ | Total Funds £ | Total Funds 22/23 £ |
|--------------------------------|-----------------------------|---------------------------|---------------------|---------------------------|
| RECEIPTS | | | | |
| Gift Aid | 107,221 | | 107,221 | 99,201 |
| Management Contribution | 10,420 | | 10,420 | 8,470 |
| Sales | 3,920 | | 3,920 | 1,657 |
| Gift Aid Tax recovered | | | | 26,175 |
| Awards for All | - | 10,000 | 10,000 | |
| Balance b/f | | | | - |
| | 121,561 | 10,000 | 131,561 | 135,503 |
| PAYMENTS | | | | |
| Training costs | 17,213 | | 17,213 | 18,973 |
| Volunteer costs | 23,842 | 4,020 | 27,862 | 26,392 |
| Welfare/Beneficiary costs | 30,535 | 3,850 | 34,385 | 33,025 |
| Professional fees | 1,230 | | 1,230 | 990 |
| Rent & Rates | 7,890 | | 7,890 | 6,840 |
| Insurance | 985 | | 985 | 968 |
| Telephone & Fax | 9,350 | | 9,350 | 8,810 |
| Stationery: Printing & Postage | 13,263 | 556 | 13,819 | 15,313 |
| Equipment | 1,175 | | 1,175 | 1,100 |
| Repairs & maintenance | 894 | | 894 | 1,435 |
| Advertising & PR | 19,750 | | 19,750 | 20,859 |
| Sundries | 890 | | 890 | 825 |
| Bank Charges | - | | - | |
| Accounting fees | 50 | | 50 | 50 |
| Legal | 1,500 | | 1,500 | 1,700 |
| Balance c/f | (1,574) | 1,574 | | |
| | 126,993 | 10,000 | 136,993 | 137,280 |
| NET SURPLUS/DEFICIT | -£5,432 | | -£5,432 | -£1,777 |

Restoration for Abused People

BALANCE SHEET AS AT 30TH APRIL 2024

| | £ | £ |
|----------------------------------|------|-------|
| Assets | | |
| Cash at Bank | 4151 | 9583 |
| | 4151 | 9583 |
| Reserves | | |
| Accumalated fund brought forward | 9583 | 11360 |
| Less deficit/add surplus | 5432 | 1777 |
| Accumalated fund carried forward | 4151 | 9583 |

Notes



Section A

Independent Examiner's Report

Report to the trustees

RESTORATION FOR ABUSED PEOPLE

On accounts for the year ended

30th APRIL 2024 Charity no (if any) 1089058

Set out on pages

1 & 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
the accounts did not accord with the accounting records; or
the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: [Signature]

Date: 21.07.25

Name: DAVID OJEGBA

Relevant professional qualification(s) or body

A.C.E.A

(if any):

Address:

18 SULLIVAN AVE.

LONDON E16 3LJ

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

RAP TRUST RESERVE POLICY STATEMENT

RAP trustees and management committee members are very keen not to be holding onto money unnecessarily, but because we believe sustainability is paramount to our beneficiaries we feel this is necessary but RAP as many other small charities operate without HOLDING reserves, having worked over the years with little reserves, as we only generate enough income to keep our services going and are not able to put much aside, the key to our ability to continue has been endless drive to achieve aims by being able to keep a very close eye on future income sources, cash flow, budgets and resources. It has not been a nice position to be in, but does show that as an organisation we can survive on little reserves and deliver fantastic charitable objectives as we have done over years.

Many funders (government, local authority, trusts/foundations and corporate alike) often offer only restricted funding and very little contribution towards overheads which perpetuates this position. So reserves are not the focus of attention but our ability as an organisation to survive and keep going.

RAP has not been set up to limit to accumulate funds but to apply its fund resources to its service provisional charitable purposes, and therefore justify when we are able to hold any reserves at end of year it is balancing the need to spend on our beneficiaries (or charitable purpose) against beginning of next/following year, while sourcing funds for the year. After consideration and assessment of benefit of not spending reserves, RAP as a charity will only be depriving itself from being able to apply money resourced to efficiently and effectively deliver its charitable objectives – which is one of the duties of trustees.

FUTURE PLANS OF R.A.P

R.A.P was established in March 2001 and has gained considerable recognition amongst the abused and linked organisations and partners. We are always looking for ways to improve our service, which we offer to our beneficiaries within Greater London and beyond.

RAP identified through good quality recent consultation internally with beneficiaries, members of committee and externally with partners client feedback surveys, individual consultation, community questionnaires and user testing short case studies of existing or previous clients who have benefited from RAP project to continue to provide a basic one-to-one / peer support of culturally sensitive ; equally accessible problem Solving skills with a personal development programme to asylum seekers, making recommendations where applicable.

RAP still looking forward to raise funds to enable us own our own building to promote our aim and objects to reach more achievements and also enable us overcome all organisational barriers. RAP vision has always been to produce a life restoring and changing service and we will continue to create key platform in achieving this aim. During 2023/24 our service continued to cover Greater London (mainly Waltham forest, Barking & Dagenham, Hackney) and discretionary extra to other areas like Sussex, Kent,

Surrey, Middlesex and Essex. Giving the abused - living in these areas, the opportunity to make a positive change to a supposed hopeless situation. Our strategy is to establish a national Christian based counseling service and human rights advocacy support network region by region. Our ability to secure access to regions is limited only by funding constraints.

Our sister branch in African

R.A.P-Nigeria (Restoration for Abuse People) in Africa took effect publicly with gift aid in Nigeria in year 2007, though initiated in 2006 with paying hospital bills. We have continued to contribute to youth educational development with essential equipment goods for youth educational motivation & development further unto extended year 2027 due to the cost of living crisis outbreak. This has been received with unique appreciation and awareness of our vision to Africa. R.A.P - Nigeria has set off well and we hope for a better and fulfilling partnership with other humanitarian organisations to contribute in the regeneration of the community need in alignment with our objective by paying hospital bills for operations, and paying school fees for the under privileged, maintain orphans, widows & widowers.

There has been high demand for human rights advocacy due to human rights abuse & terrorism threat in Nigeria, and this pressured demand has led to RAP-Nigeria Awareness conference adjourned severally but had a safety measure conference this year in Lagos State on Every Child Matters – Stop Child Abuse and had collaborating recognition with Youth Ministries of Churches to help promote our objects in full measure to reach the community and promote mutual understanding amongst the deprived people, and helping them uphold themselves as one, to work and dwell together in unity and Love. RAP-Nigeria is in working partnership with Nigeria Police personals who believe in our contribution to the community and volunteering their skills - Superintendent of Police (Federal SAS), Assistant Commissioner of Police (Legal), Nigeria Interpol, Great faith orphanage founded in 1999. with some having physical challenge, some are pupils of various schools and Moduo Cole orphanage home with mental with physical challenge and disable children, donating Bags of Rice, Cartons of Noodles, Soap, Viju Milk. RAP-Nigeria would be raising funds to help meet the need of building of hostel for Moduo Cole orphanage home.

This year, the Cost of living crisis outbreak has increased RAP -Nigeria continuity in raising awareness on child neglect, domestic violence and bigamy as a criminal offence against Marriage Act 218 laws with Human rights advocacy and not without a counter reaction from one of our cases where the marriage was customary, and took RAP-Nigeria to Federal High Court for infringement of their fundamental rights, but the case ended up in favour of our beneficiary as the legal wife and the bigamous marriage had in the Registry infringing Marriage Act 218 was set-aside and nullified, while the criminality hearing part of the case continues. Career Counselling Development Project continues unto 2027 which is successfully facilitated by different Career professionals to enable them choose a career to give them a bright future aiming to help build the nation through these young ones..

RAP UK ensures that when we are working abroad, all our activities comply with our stated charitable objects, and fit within the legal definition of Public Benefit. Whenever we have to spend from RAP-UK, all money spent abroad complies with this requirement,

and have sufficient control of the way money sent abroad is spent, to guarantee it is spent with due diligence, monitoring, risk management, and financial management; which are vital to ensure compliance with charity law and maintains its charitable status, charity's reputation and support of donors. In view of transparency and good reporting to help promote the organisation's good reputation- changes in foreign exchange rates can be a risk when pursuing a charity's aims which can affect a charity's purchasing power so plan strategies is put in place to minimise this risk

COMMITMENT TO EQUAL OPPORTUNITY POLICY

The project is committed to E.O.P to ensure no one receive less favourable treatment as a beneficiary, client, member of committee, employee and volunteer.

CONCLUSION

In conclusion to this year's report, we the trustees, management committee, volunteers and beneficiaries once again wish to express our appreciation of the Founder of R.A.P for her unique vision and selfless interest in building a pillar upon which those who are abused in every manner of life can rest, and find a place for healing as a part of restoration from their abusive situation, and improve their quality of life. And by expressing a genuine understanding to the cultural needs of the black & ethnic minority beneficiaries through their counselling and healing process. We admire her strength and zeal never to give up through times of tribulations and especially when funding is difficult to obtain, but the project still moves on and produce its aims and positive outcomes and achievements over the years,

We believe that without quality and committed service provision in counselling and advice being given to an abused person, mostly the black & ethnic minority who find it difficult to express themselves, it is not possible for them to take a step to improve or change their situation. But through our counselling and advice programme, we have an opportunity to create a safe environment, with child protection policy in place and a long term change to their vulnerable situations as a means to an end, by helping them regain self- confidence, resourcefulness and motivation for a better and improved quality of life.

We hope to continue to improve the quality of services we offer to our beneficiaries by on-going training programmes for our staff and volunteers, by involving our beneficiaries in developing, managing, monitoring and evaluating, with the effective use of systematic approach by user feed back and evaluation forms, also ensuring value for money to our funders. We will also increase our partnership and membership networks with other voluntary sectors organisations and statutory bodies.

We being a Christian charitable organisation, has hindered our obtaining funds from certain organisations, we are thankful to the grace upon us that we have come this far twenty three years of a positive change in the life of every individual that came in contact with our organisation, and their families. Despite barrier to funds, we are grateful to make a change to every individual that comes in contact with our organisation for service;

regardless of race or religion. Amazingly funds might be denied us because of our faith, not because we are not capable of producing or achieving our goals, but we are thankful that it has not stopped our vision to come **twenty-three years** down the line with genuine appreciation of organizations and friends of RAP who have funded us through the years.

We are pleased at R.A.P Nigeria progression with unique recognition despite cost of living crisis challenges moreover we will continue our vision and impact a positive change in the life of the youth in the community and human rights advocacy at large while we continue to build partnership with other organisations to help in regeneration and building of the communities.

A highly encouraging fact is that RAP is rapidly increasing recognition and quality service through the help of growing Friends of RAP and funders, who are not distorted by our faith but motivated by the positive change and impact we are making in the community and globally in the life of the abused person that comes in contact with us.

CURRENT LIST OF MANAGEMENT COMMITTEE MEMBERS AS 1ST MAY 2024

| | |
|---------------------------|----------|
| REV. S. WAHAB | TRUSTEE. |
| MS L.IYEN | |
| MRS. C.EZEDIUNO | TRUSTEE |
| MS .B. AKINKUNLE – DAVIES | |
| MRS D OJUKWU | TRUSTEE |
| EVANG. ABBA YAWSON | |
| MR P.I OHENHEN | |
| MRS L ARTHUR-ADDO | |
| MR O DAIRO | |

Signature of Chair



Date: 25th February 2025.

RESTORATION FOR ABUSED PEOPLE (R.A.P)

England & Wales - Charity number 1089058

Accounts

Charity Registration no: 1089058

RESTORATION FOR ABUSED PEOPLE
(R.A.P)

ANNUAL REPORT

FOR THE FINANCIAL YEAR
MAY 2022 to APRIL 2023.

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- 1) Chair's Report**
- 2) Our work for 2022/23**
- 3) Some service users comments**
- 4) R.A.P Partners**
- 5) What we do in RAP**
- 6) Previous Management committee as at 1st May 2022.**
- 7) Service & Qualifications**
- 8) Appointment of Accountant/ Auditors**
- 9) Accounts for May 2022– April 2023**
- 10) Independent Examiners Report to trustees of R.A.P**
- 11) Rap Trust Reserve Policy Statement**
- 12) Future plans of RAP**
- 13) Our Sister branch in Africa**
- 14) Commitment to Equal Opportunity Policy**
- 15) Conclusion**
- 16) Current Management committee as at 1st May 2023.**

ANNUAL REPORT

CHAIR'S REPORT

After another successful year, on behalf of trustees and Management committee, I thank the volunteers in helping to run this organisation and mostly the enormous work, total dedication of all and for helping me to see this vision and its aims through most afflicting times, to achieve a successful change in the lives of its beneficiaries and with a purpose of making a difference in their situation.

It has been another encouraging season in the effective feedback from our beneficiaries, in our provision of good and effective life changing service they have embraced and which has made a positive long-term change in their lives. Our beneficiaries are mainly from Newham and others within the Greater London area (mainly Waltham forest, Barking & Dagenham, Hackney).

This year 2022/23, I and the trustees give sincere appreciation to The Souter Charitable Trust for their continuous supporting grant donations and also acknowledgement to the management committee members & friends of RAP with sincere appreciation for their faithful support – morally, financially and otherwise in this difficult financial year as past years. How could we have survived another milestone of dedicated years without continuous support of members like you, which has strengthened RAP to meet our ever increase in demand service and beneficiaries needs, you are genuinely appreciated for your continuous partnership.

RAP vision and our Public Benefit

Our vision is centred on restoring and changing lives for good. The public benefit which we deliver is centred on this vision and is available to both Christians and none Christians in a deliberately accessible and user-friendly ways. We exist to see lives restored and changed for good in spiritual - Moral, ethical and practical ways which reflect and demonstrate the Christian faith. These are the benefits that arise out of our charitable objective and the quotes given in this report have been received from the public in response to these benefits. Other comments we received from the public have included the following descriptions:

Lives turned away from;

Hopelessness, insecurity, fear, depression, anxiety, loneliness, greed, selfishness, loneliness, anger, alcoholism, attempted suicide, broken marriages, bitterness, being at a dead end, pornography, self harm, suicidal attempts, institutional abuse

Live turned towards:

Restoration of relationships, finding purpose in Life, becoming self resourceful, motivated to physical, emotional, mental and spiritual healing, perseverance during adversity, peace, reconciliation, courage. Joy, life changed for good, wisdom, encouragement humour, hope, strength and inspiration during stressful experiences including terminal illness, daily insight.

Our Charitable activities have been as:

A regular source of inspiration & guidance, a lifeline as a means to an end, light at the end of the tunnel, uplifting ,educational, a saving grace.

We confirm that we have complied with our duty in section 4 of the Charities Act 2006 to have due regard to **public** benefit guidance published by the Charity Commission for England and Wales.

Our charitable objectives are:

- THE RELIEF OF NEED AND THE PROTECTION AND PRESERVATION OF PUBLIC HEALTH PARTICULARLY AMONGST PEOPLE LIVING IN GREATER LONDON WHO HAVE SUFFERED ABUSE BY THE PROVISION OF ADVICE AND COUNSELLING.
- TO PROMOTE HUMAN RIGHTS (AS SET OUT IN THE UNIVERSAL DECLARATION OF HUMAN RIGHTS AND SUBSEQUENT UNITED NATIONS CONVENTIONS AND DECLARATIONS) BY MONITORING, RAISING AWARENESS OF A BUS. OBTAINING REDRESS AND RELIEVING NEED AMONG THE VICTIMS OF ABUSE, PROMOTING RESPECT FOR HUMAN RIGHTS AMONG INDIVIDUALS AND CORPORATIONS, ELIMINATING INFRINGEMENTS OF HUMAN RIGHTS REGIONALLY ANDW ITH INTERNATIONAL ADVOCACY TO ADDRESS ABUSE IN PARTICULAR SPIRITUAL ABUSE,

Our objectives and activities reflect the great commissioning in the areas of discipleship and mission of counselling, supporting, mentoring, and human right advocacy to break the chain of abusive events in the life of an individual - Sexual, ,emotional, ,mental, physical and spiritual abuse, which is not complete without support of their welfare where essential for complete wellbeing. Whether providing services support on an individual or group basis or in partnership with other organisations, our objective is to reach ordinary people within Greater London and also act as advocate on redressing, eliminating infringements of human right regionally and internationally.

The year 2022/23 has been yet extra demanding and testing year of Cost of living crisis outburst for RAP as so many organisations, as always we continue to have an encouraging recognition and growth across many of our activities as the Refugee & Asylum Seekers Personal Well being Project continues to be in demand with reflection on human right advocacy. Despite challenges of how to respond to the downturn in the economic climate due to cost of living crisis outburst; however the great news is that we are experiencing record demand for our services and our website has enabled us to reach out to more of those who have been suffering silently and ignorant of what interventions to deploy to counter the negative impacts of current economic crisis and their effects to total well being; and are now motivated in seeking self help by the knowledge acquired from website and our service provision. The Souter Charitable Trust this year continued to fund support RAP to enable sustain our organisation and its projects to the benefit of the community we serve with a difference in the lives of youth and help us achieve our mission and in which their support is even more crucial this year to enable our efforts for sustainability necessary to continue to deliver great services in creating a safer community.

OUR WORK FOR 2022/23

This project received funds and service aid from grants, sales, management committee members and friends of RAP donors.

We are committed to make our usual monitored returns to those who assist us, while we continue to develop links with other organisations we expect to work with. We make every effort to provide effective and positive life changing counselling to our beneficiaries from 14yrs & above who gained self-confidence, motivation, and resourcefulness to make a positive change in their lives

Outcome and achievements this year was as follows:

- 1) Out of the total of 135 beneficiaries who went through the one to one sessions,
 - Beneficiaries went through the sessions with positive change to their situations.
 - 5 beneficiaries pulled out and did not complete the sessions.
 - 5 still ongoing more sessions
- 2) Out of the total of 47 beneficiaries who went through the group sessions:-
 - 44 have left with positive change to their situation.
 - 3 is still undergoing more sessions.
- 3) Out of the total of 4825 beneficiaries we had this year for telephone counselling and advice, and leafleting
 - 85% were from Greater London area.
 - 15% were from other areas like Sussex, Kent, Surrey, Middlesex and Essex.
 - 15 of the beneficiaries referred to specialist agencies.
 - 15 of the beneficiaries were referred to other counselling agencies
- 4) Further 26 Refugee & asylum seekers beneficiaries living in greater London area benefited in human rights advocacy & Personal well being project by helping in the improvement of their quality of life and supporting them to share their experience of anger, anxiety, self harm and abuse for :
 - Behavioural management control
 - Sharing experiences and self awareness
 - Community focused approach
 - Providing Social and emotional skills and tools to help them understand self
 - Tackling or preventing stress, suicidal, criminal and antisocial behaviours.
 - Long term positive change as a means to an end prevention of mental health problems
- 5) We were once again honoured to witness the graduation on line of 25 % out of the 28% of the youth who came through our counselling service as a means to an end to their abusive situation and after the end of their counselling sessions we continued to mentor them through years of difficult and trialing times at university. The gratitude and testimonial of their family of our service was encouraging.
- 6) Despite the situation of the pandemic economy, we are encouraged that 11% of the youth who graduated this year have overwhelmed us with testimonials of achieving their heartfelt job opportunities with good pay. While 9% out of the

remaining 14% have gone back to further their education and the other 5% encouraged to volunteer to enhance job opportunities.

- 7) All identified young people substance misuse problem during our counselling are recommended for youth awareness programme & Adolescent specialist addiction treatment service.
- 8) Five volunteers were up skilled under our service - two has gone for further education and three still undergoing in-house training. Management committee members had another day's upskilling this year to raise quality service for RAP,
- 9) We have this year continued to actively been busy, most Saturdays, raising awareness on spiritual abuse through trainings and Seminars. The feedbacks we have received have continued to raise great concerns about issues of spiritual abuse within the Christian community which leads to constant infringement of human rights.
- 10) We christened 13 babies and we issued 13 christening certificates this year.
- 11) We have been active with our charitable purpose this year by helping with welfare needs and continued mentoring youth one day a week this year with motivation to appreciate the resource in them and potential in the society.
- 12) 13 asylum seekers and nine with children, without any form of income, who are under our service are receiving RAP hopelessness and helpless charitable support for every welfare need while undergoing counselling
- 13) We have been having overwhelming, appreciating comments through our web comment page of how the website has approximately made remarkable increase in touching lives from people who are using the website to access information and genuinely engaging with what we do across the UK, and beyond. Giving us the opportunity to integrate the best of our service information out being greeted positively by users, who are enjoying the stronger mix of counselling with an understanding of their cultural background.
- 14) The focus of the website is to encourage people to engage with us and acquire knowledge to their situation, so it's a friendly and community-led website where the information alone will raise an awareness to the user to take a step to make a life changing decision to their life and the website has seen a steady increase in the number of unique visitors world wide, seeking for help through web, email comments and calls received.
- 15) RAP Ministry Page - weekly compass journal called PRECIOUS MOMENT to give hope, direction, counsel not only to assists Christians in their individual growth but it is also being used as User-friendly evangelical tool to give non-Christians service users encouragement and a hope to restoration and a positive change to their situation. We will continue to refine the contents, ensuring this Journal remains relevant and up-to-date and make a positive life changing impact to a life that reads it

- 16) RAP face book –Has continued to raise human right, safety from domestic violence and Cost of living crisis awareness situations; and Ministry page to continue to give hope, direction, counsel not only to assists Christians in their individual growth but it is also being used as User-friendly evangelistic tool to give non-Christians service users with raising human rights awareness, encouragement and a hope to restoration and a positive change to their situation.
- 17) RAP has continued to promote human rights by monitoring, raising awareness of abuse, obtaining redress and relieving need among the victims of abuse, promoting respect for human rights among. Individuals and corporations eliminating infringements of human right regionally and with international advocacy to address abuse in particular-spiritual abuse in Christian Community
- 18) R.A.P Awareness Day annual conference did not unfortunately take place this year.

SOME SERVICE – USERS COMMENTS

Counselling service

- *I am grateful to God for using RAP to restore my life from depression and suicidal attempts*
- *Your integrity & professionalism got me right where others couldn't in years*
- *Name attracted me to the service, as many others who are looking for*
- *Counselling sessions had peace and clarity, regardless of my difference in faith*
- *Helped me physically, emotionally, and most of all spiritually*
- *Helped me tremendously to get my breakthrough in life*
- *Your help to people and the effect through your counsel & advice makes a difference*
- *Helped me talk through and deal with issues from childhood abuse*
- *Made me become enthusiastic about the future, without mental limitation*
- *Sessions is simple and with openness to listen and helped me overcome fears*
- *RESTORATION in many areas of life and your counselling led me there.*
- *Thank you for touching my life, I will never forget that.*

Charitable Activity.

- *We would like to encourage you that what you are doing is a very wonderful and a much needed work especially amongst the black led churches and the issue of*
- *Found me a place to stay, made calls to help and give me hope and direction*
- *We did not know organisations as yours exist to help the voiceless in society of silent-discrimination*
- *I thank God for every way RAP has benefited me and my family.*
- *People like RAP who are willing to lay down their life to help people do not know that's unconditional love*
- *Spiritual abuse is a subject that needs to be highlighted and dealt with. We wish you the best in this excellent work which God has led you to start.*
- *Thank you for your help, I found hope and peace in my situation.*
- *Has given me and my family a fresh drive and purpose for life*

Website

- *When are you having the radio programme again on Spiritual abuse in the church, as we look forward to it?*
- *RAP-UK and RAP-Nigeria websites has opened my understanding to issues that a lot of people today will not believe how they have been deprived their rights .*
- *I have lost count of the number of times that I've gone on your web site and I hope I never stop. Today, I have just been overwhelmed with gratitude for all involved at RAP*
- *I find this website very educative and informative*
- *Thank you everyone at RAP for your commitment, your sacrifice and for spreading the love of Jesus through your work and web site to the world across”*
- *Always a blessing to hear from you through your website weekly journal - precious moment*

Face book – Ministry/Human Rights

- *I am blessed to know your face book ministry and be a like friend to RAP*
- *God bless you and thanks for the words, one get's inspired for healing.*
- *All your dissection of the word is always so powerful and uplifting.*
- *Rev Sophy - Praise God for your wisdom! Thanks for sharing!*
- *What an "out of the box" ministry. A peculiar one for that matter. I bless God for your lives. Please keep up the good work. The Lord is your strength*
- *Thanks for posting this Rev Sophy! Just what I needed to read today! God bless you!*
- *The issues raised on human rights infringements take it further to ministry of the heart.*
- *I came across your Face book Ministry at a time when I needed wisdom for Spiritual Growth*
- *had so many testimonials of Rev Sophy Wahab inspirational teachings*
- *Members of Narrow Path love to hear from Rev Sophy Wahab as it increases audience access to inspired*
- *Since you started partnering with Narrow Path Ministry on face book, we have been blessed*

R.A.P PARTNERS

The under mentioned groups are actively and dedicated partners and link organisations with our project over years in service.

- ACC
- FOWC
- CitizenGO
- HAVE
- FOREST HOUSE COUNSELLING & THIRTY COUNSELLING ORGS.
- NEWHAM MENTAL HEALTH SERVICE
- VfJUK – Voice for Justice UK
- FIVE GPS IN NEWHAM
- DESA's civil society [UN]

- NVCO
- CCPAS
- METROPOLITAN POLICE
- SOCIAL SERVICES
- SPARK – Newham Substance Misuse Education Information Training Service
- Christian Voice
- Christian Concern
- TOTAL HEALTHCARE – SANTUARY (HOLISTIC HEALING) – ENFIELD
- ARK OF HOPE FOUNDATION FOR ALL NATIONS

WHAT WE DO AT R.A.P

R.A.P project provides services to all people within the Greater London area, but mainly in Newham, Waltham forest, Hackney and Barking. We deliver our services to those who are aged 14yrs & above, who have been sexually, mentally, physically, emotionally & spiritually abused and are mostly from the Black and Ethnic minority group with an understanding of their cultural needs.

We contribute to the regeneration of health, jobs and education improvement with our service provision by: -

- Counselling and advice, in both pastoral and community settings, helping in total wellbeing with welfare were necessary, building their self confidence, motivating them and encouraging them to be self resourceful to bring a long-term positive change to their abusive situation, with an open acceptance of making a difference for a better and improved quality of life.
- Making referrals to specialist agencies.
- Advice and information referral to other counselling and advice organisations that deals with areas of counselling that is not within our scope.
- Liaising with other community based services within London to provide support for our beneficiaries.
- We also help in motivating, developing our volunteers by training them internally and externally, not only to help provide effective and efficient service provider for our organisation, but also to help them increase their chances to gain employment and further education opportunities.
- We have been active with our **charitable purpose** more this year, by gift aid to the deprived with gifts, our service, human resources and financial support.
- We help other voluntary/ charity organisations and general public/mankind with our charitable activities.
- Advocacy to Promote respect for human rights among individuals and corporations by monitoring, raising awareness of abuse, obtaining redress and relieving need among the victims of abuse, eliminating infringements of human rights and with advocacy to address abuse in particular - spiritual abuse within the Christian Community.

PREVIOUS MANAGEMENT COMMITTEE MEMBERS AS MAY 1ST 2022

REV. S. WAHAB TRUSTEE.

MISS L ARTHUR

MRS. C.EZEDIUNO TRUSTEE

MR O DAIRO

MRS D OJUKWU TRUSTEE

EVANG. ABBA YAWSON

MR P.I OHENHEN

MS .B. AKINKUNLE – DAVIES

MS L.IYEN

SERVICE & QUALIFICATIONS

Restoration for Abused People (RAP) though based in Newham provides counselling and advice service for those undergoing and have been abused residing in Greater London area, aged 14yrs & above and deprived.

R.A.P as a voluntary **Counselling service**, we are affiliated to Association of Christian Counsellors and the project employs counsellors with skills, experience and qualifications in counselling. Training & seminars in counselling, managerial, organisational, child protection and all forms of abuse related seminars and training are given as an on- going process.

R.A.P is a registered **charity** and we operate general / other charitable purposes, education/training, economic/community development, health, overseas aid/ famine relief, relief of poverty.

R.A.P is licensed to operate as a church and affiliated to FOWC - Fellowship of World Christians and charismatic member church of IMCGB, which is a member of Ecumenical instrument with churches together in Britain and Ireland (CTBI) and Churches together in England (CTE).

APPOINTMENT OF ACCOUNTANTS / AUDITORS

Trustees had a challenge in replacing our retired independent examiner, it was overbearing for the trust at this cost of living crisis to forebear high marginal costing quotes in thousands, hence in delay in submission of account this year.

It was eventually agreed by the Trustees that they will require the service of

David Ojegba *A.C.E.A*

18 Sullivan Ave

London E16 3LJ

as the independent examiner of this accounting year to April 30th 2023

**RESTORATION FOR ABUSED PEOPLE
RECEIPTS AND PAYMENT ACCOUNT
FOR THE YEAR ENDED 30TH APRIL 2023**

| | Unrestricted Funds | Restricted Funds | Total Funds | Total Funds 2022 |
|-------------------------------|--------------------|------------------|-----------------|------------------|
| | £ | £ | £ | £ |
| RECEIPTS | | | | |
| Gifts Aid / Donors | 99,201 | | 99,201 | 91,039 |
| Management Contribution | 8,470 | | 8,470 | 10,377 |
| Sales | 1,657 | | 1,657 | 1,060 |
| Gift Aid tax recovered | 26,175 | | 26,175 | 45,293 |
| Awards for all | - | | - | - |
| Balance b/f | | | | 3,843 |
| | 135,503 | | 135,503 | 151,612 |
| PAYMENTS | | | | |
| Training costs | 18,973 | | 18,973 | 24,960 |
| Volunteer costs | 26,392 | | 26,392 | 26,519 |
| Welfare/Beneficiary costs | 33,025 | | 33,025 | 32,639 |
| Professional fees | 990 | | 990 | 940 |
| Rent & Rates | 6,840 | | 6,840 | 3,780 |
| Insurance | 968 | | 968 | 730 |
| Telephone & Fax | 8,810 | | 8,810 | 8,815 |
| Stationary:Printing & Postage | 15,313 | | 15,313 | 20,530 |
| Equipment | 1,100 | | 1,100 | 946 |
| Repair & Maintenance | 1,435 | | 1,435 | 1,670 |
| Advertising & PR | 20,859 | | 20,859 | 22,994 |
| Sundries | 825 | | 825 | 510 |
| Bank Charges | - | | - | - |
| Accountant fees | 50 | | 50 | 100 |
| Legal | 1,700 | | 1,700 | 300 |
| | £137,280 | | £137,280 | £145,433 |
| NET SURPLUS/ DEFECIT | (£1,777) | | (£1,777) | £6,179 |

RESTORATION FOR ABUSED PEOPLE
BALANCE SHEET AS AT 30TH APRIL 2023

| | £ | £ |
|----------------------------------|--------------|---------------|
| ASSETS | | |
| Cash at Bank | 9,583 | 11,360 |
| | 9,583 | 11,360 |
| RESERVES | | |
| Accumulated fund brought forward | 11360 | 5181 |
| Add Surplus/Less Deficit | 1777 | 6179 |
| Accumulated Fund carried forward | £9583 | £11360 |

NOTES



Section A

Independent Examiner's Report

Report to the trustees

RESTORATION FOR ABUSED PEOPLE

On accounts for the year ended

30th APRIL 2023

Charity no (if any)

1089058

Set out on pages

1 & 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

~~[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

DAVID OJESBA

Date:

07.10.24

Name:

DAVID OJESBA

Relevant professional qualification(s) or body

A.C.E.A

(if any):

[Empty box]

Address:

18 SULLIVAN AVE.

LONDON E16 3LJ

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

[Large empty box for disclosure details]

RAP TRUST RESERVE POLICY STATEMENT

RAP trustees and management committee members are very keen not to be holding onto money unnecessarily, but because we believe sustainability is paramount to our beneficiaries we feel this is necessary but RAP as many other small charities operate without HOLDING reserves , having worked over the years with little reserves, as we only generate enough income to keep our services going and are not able to put much aside, the key to our ability to continue has been endless drive to achieve aims by being able to keep a very close eye on future income sources, cash flow, budgets and resources. It has not been a nice position to be in, but does show that as an organisation we can survive on little reserves and deliver fantastic charitable objectives as we have done over years.

Many funders (government, local authority, trusts/foundations and corporate alike) often offer only restricted funding and very little contribution towards overheads which perpetuates this position. So reserves are not the focus of attention but our ability as an organisation to survive and keep going.

RAP has not been set up to limit to accumulate funds but to apply its fund resources to its service provisional charitable purposes, and therefore justify when we are able to hold any reserves at end of year it is balancing the need to spend on our beneficiaries (or charitable purpose) against beginning of next/following year, while sourcing funds for the year. After consideration and assessment of benefit of not spending reserves, RAP as a charity will only be depriving itself from being able to apply money resourced to efficiently and effectively deliver its charitable objectives – which is one of the duties of trustees.

FUTURE PLANS OF R.A.P

R.A.P was established in March 2001 and has gained considerable recognition amongst the abused and linked organisations and partners. We are always looking for ways to improve our service, which we offer to our beneficiaries within Greater London and beyond.

RAP identified through good quality recent consultation internally with beneficiaries, members of committee and externally with partners client feedback surveys, individual consultation, community questionnaires and user testing short case studies of existing or previous clients who have benefited from RAP project to continue to provide a basic one-to-one / peer support of culturally sensitive ; equally accessible problem Solving skills with a personal development programme to asylum seekers, making recommendations where applicable.

RAP still looking forward to raise funds to enable us own our own building to promote our aim and objects to reach more achievements and also enable us overcome all organisational barriers. RAP vision has always been to produce a life restoring and changing service and we will continue to create key platform in achieving this aim. During 2022/23 our service continued to cover Greater London (mainly Waltham forest,

Barking & Dagenham, Hackney) and discretionary extra to other areas like Sussex, Kent, Surrey, Middlesex and Essex. Giving the abused - living in these areas, the opportunity to make a positive change to a supposed hopeless situation. Our strategy is to establish a national Christian based counseling service and human rights advocacy support network region by region. Our ability to secure access to regions is limited only by funding constraints.

Our sister branch in African

R.A.P-Nigeria (Restoration for Abuse People) in Africa took effect publicly with gift aid in Nigeria in year 2007, though initiated in 2006 with paying hospital bills. We have continued to contribute to youth educational development with essential equipment goods for youth educational motivation & development further unto extended year 2025 due to the pandemic outbreak. This has been received with unique appreciation and awareness of our vision to Africa. R.A.P - Nigeria has set off well and we hope for a better and fulfilling partnership with other humanitarian organisations to contribute in the regeneration of the community need in alignment with our objective by paying hospital bills for operations, and paying school fees for the under privileged, maintain orphans, widows & widowers.

There has been high demand for human rights advocacy due to human rights abuse & terrorism threat in Nigeria, and this pressured demand has led to RAP-Nigeria Awareness conference adjourned severally but had a safety measure conference this year in Lagos State on Every Child Matters – Stop Child Abuse and had collaborating recognition with Youth Ministries of Churches to help promote our objects in full measure to reach the community and promote mutual understanding amongst the deprived people, and helping them uphold themselves as one, to work and dwell together in unity and Love. RAP-Nigeria is in working partnership with Nigeria Police personals who believe in our contribution to the community and volunteering their skills - Superintendent of Police (Federal SAS), Assistant Commissioner of Police (Legal), Nigeria Interpol, Great faith orphanage founded in 1999. with some having physical challenge, some are pupils of various schools and Moduo Cole orphanage home with mental with physical challenge and disable children, donating Bags of Rice, Cartons of Noodles, Soap, Viju Milk. RAP-Nigeria would be raising funds to help meet the need of building of hostel for Moduo Cole orphanage home.

This year, the Cost of living crisis outbreak has increased RAP –Nigeria continuity in raising awareness on child neglect, domestic violence and bigamy as a criminal offence against Marriage Act 218 laws with Human rights advocacy and not without a counter reaction from one of our cases where the marriage was customary, and took RAP-Nigeria to Federal High Court for infringement of their fundamental rights, but the case ended up in favour of our beneficiary as the legal wife and the bigamous marriage had in the Registry infringing Marriage Act 218 was set-aside and nullified, while the criminality hearing part of the case continues. Career Counselling Development Project continues unto 2025 which is successfully facilitated by different Career professionals to enable them choose a career to give them a bright future aiming to help build the nation through these young ones..

RAP UK ensures that when we are working abroad, all our activities comply with our stated charitable objects, and fit within the legal definition of Public Benefit. Whenever we have to spend from RAP-UK, all money spent abroad complies with this requirement, and have sufficient control of the way money sent abroad is spent, to guarantee it is spent with due diligence, monitoring, risk management, and financial management; which are vital to ensure compliance with charity law and maintains its charitable status, charity's reputation and support of donors. In view of transparency and good reporting to help promote the organisation's good reputation- changes in foreign exchange rates can be a risk when pursuing a charity's aims which can affect a charity's purchasing power so plan strategies is put in place to minimise this risk

COMMITMENT TO EQUAL OPPORTUNITY POLICY

The project is committed to E.O.P to ensure no one receive less favourable treatment as a beneficiary, client, member of committee, employee and volunteer.

CONCLUSION

In conclusion to this year's report, we the trustees, management committee, volunteers and beneficiaries once again wish to express our appreciation of the Founder of R.A.P for her unique vision and selfless interest in building a pillar upon which those who are abused in every manner of life can rest, and find a place for healing as a part of restoration from their abusive situation, and improve their quality of life. And by expressing a genuine understanding to the cultural needs of the black & ethnic minority beneficiaries through their counselling and healing process. We admire her strength and zeal never to give up through times of tribulations and especially when funding is difficult to obtain, but the project still moves on and produce its aims and positive outcomes and achievements over the years,

We believe that without quality and committed service provision in counselling and advice being given to an abused person, mostly the black & ethnic minority who find it difficult to express themselves, it is not possible for them to take a step to improve or change their situation. But through our counselling and advice programme, we have an opportunity to create a safe environment, with child protection policy in place and a long term change to their vulnerable situations as a means to an end, by helping them regain self- confidence, resourcefulness and motivation for a better and improved quality of life.

We hope to continue to improve the quality of services we offer to our beneficiaries by on-going training programmes for our staff and volunteers, by involving our beneficiaries in developing, managing, monitoring and evaluating, with the effective use of systematic approach by user feed back and evaluation forms, also ensuring value for money to our funders. We will also increase our partnership and membership networks with other voluntary sectors organisations and statutory bodies.

We being a Christian charitable organisation, has hindered our obtaining funds from certain organisations, we are thankful to the grace upon us that we have come this far twenty years of a positive change in the life of every individual that came in contact with our organisation, and their families. Despite barrier to funds, we are grateful to make a change to every individual that comes in contact with our organisation for service; regardless of race or religion. Amazingly funds might be denied us because of our faith, not because we are not capable of producing or achieving our goals, but we are thankful that it has not stopped our vision to come **twenty-two years** down the line with genuine appreciation of organizations and friends of RAP who have funded us through the years.

We are pleased at R.A.P Nigeria progression with unique recognition despite cost of living crisis challenges moreover we will continue our vision and impact a positive change in the life of the youth in the community and human rights advocacy at large while we continue to build partnership with other organisations to help in regeneration and building of the communities.

A highly encouraging fact is that RAP is rapidly increasing recognition and quality service through the help of growing Friends of RAP and funders, who are not distorted by our faith but motivated by the positive change and impact we are making in the community and globally in the life of the abused person that comes in contact with us.

CURRENT LIST OF MANAGEMENT COMMITTEE MEMBERS AS 1ST MAY 2023

REV. S. WAHAB TRUSTEE.

MS L.IYEN

MRS. C.EZEDIUNO TRUSTEE

MS .B. AKINKUNLE – DAVIES

MRS D OJUKWU TRUSTEE

EVANG. ABBA YAWSON

MR P.I OHENHEN

MRS L ARTHUR-ADDO

MR O DAIRO

Signature of Chair



Date: 9th October 2024.

RESTORATION FOR ABUSED PEOPLE (R.A.P)

England & Wales - Charity number 1089058

Accounts

Charity Registration no: 1089058

RESTORATION FOR ABUSED PEOPLE

(R.A.P)

ANNUAL REPORT

**FOR THE FINANCIAL YEAR
MAY 2021 to APRIL 2022.**

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ANNUAL REPORT

CHAIR'S REPORT

After another successful year, on behalf of trustees and Management committee, I thank the volunteers in helping to run this organisation and mostly the enormous work, total dedication of all and for helping me to see this vision and its aims through most afflicting times, to achieve a successful change in the lives of its beneficiaries and with a purpose of making a difference in their situation.

It has been another encouraging season in the effective feedback from our beneficiaries, in our provision of good and effective life changing service they have embraced and which has made a positive long-term change in their lives. Our beneficiaries are mainly from Newham and others within the Greater London area (mainly Waltham forest, Barking & Dagenham, Hackney).

This year 2021/22, I and the trustees give sincere appreciation to Awards for All, The Souter Charitable Trust for their supporting grant donations and also acknowledgement to the management committee members & friends of RAP with sincere appreciation for their faithful support – morally, financially and otherwise in this difficult financial year as past years. How could we have survived another milestone of dedicated years without continuous support of members like you, which has strengthened RAP to meet our ever increase in demand service and beneficiaries needs, you are genuinely appreciated for your continuous partnership.

RAP vision and our Public Benefit

Our vision is centred on restoring and changing lives for good. The public benefit which we deliver is centred on this vision and is available to both Christians and none Christians in a deliberately accessible and user-friendly ways. We exist to see lives restored and changed for good in spiritual - Moral, ethical and practical ways which reflect and demonstrate the Christian faith. These are the benefits that arise out of our charitable objective and the quotes given in this report have been received from the public in response to these benefits. Other comments we received from the public have included the following descriptions:

Lives turned away from;

Hopelessness, insecurity, fear, depression, anxiety, loneliness, greed, selfishness, loneliness, anger, alcoholism, attempted suicide, broken marriages, bitterness, being at a dead end, pornography, self harm, suicidal attempts, institutional abuse

Live turned towards:

Restoration of relationships, finding purpose in Life, becoming self resourceful, motivated to physical, emotional, mental and spiritual healing, perseverance during adversity, peace, reconciliation, courage. Joy, life changed for good, wisdom, encouragement humour, hope, strength and inspiration during stressful experiences including terminal illness, daily insight.

Our Charitable activities have been as:

A regular source of inspiration & guidance, a lifeline as a means to an end, light at the end of the tunnel, uplifting, educational, a saving grace.

We confirm that we have complied with our duty in section 4 of the Charities Act 2006 to have due regard to **public** benefit guidance published by the Charity Commission for England and Wales.

Our charitable objectives are:

- THE RELIEF OF NEED AND THE PROTECTION AND PRESERVATION OF PUBLIC HEALTH PARTICULARLY AMONGST PEOPLE LIVING IN GREATER LONDON WHO HAVE SUFFERED ABUSE BY THE PROVISION OF ADVICE AND COUNSELLING.
- TO PROMOTE HUMAN RIGHTS (AS SET OUT IN THE UNIVERSAL DECLARATION OF HUMAN RIGHTS AND SUBSEQUENT UNITED NATIONS CONVENTIONS AND DECLARATIONS) BY MONITORING, RAISING AWARENESS OF ABUSE, OBTAINING REDRESS AND RELIEVING NEED AMONG THE VICTIMS OF ABUSE, PROMOTING RESPECT FOR HUMAN RIGHTS AMONG INDIVIDUALS AND CORPORATIONS, ELIMINATING INFRINGEMENTS OF HUMAN RIGHTS REGIONALLY AND INTERNATIONALLY AND WHERE APPROPRIATE TO ADDRESS ABUSE IN PARTICULAR SPIRITUAL ABUSE,

Our objectives and activities reflect the great commissioning in the areas of discipleship and mission of counselling, supporting, mentoring, and human right advocacy to break the chain of abusive events in the life of an individual - Sexual, emotional, mental, physical and spiritual abuse, which is not complete without support of their welfare where essential for complete wellbeing. Whether providing services support on an individual or group basis or in partnership with other organisations, our objective is to reach ordinary people within Greater London and also act as advocate on redressing, eliminating infringements of human right regionally and internationally.

The year 2021/22 has been yet extra demanding and testing year of Covid-19 [Delta/Omicron] to Cost of living Crisis outburst for RAP as so many organisations, as always we continue to have an encouraging recognition and growth across many of our activities as the Refugee & Asylum Seekers Personal Well being Project continues to be in demand with reflection on human right advocacy. Despite challenges of how to respond to the downturn in the economic climate due to Covid-19 [Delta/Omicron] to Cost of living Crisis; however the great news is that we are experiencing record demand for our services and our website has enabled us to reach out to more of those who have been suffering silently and ignorant of what their diagnosis is and are now motivated in seeking self help by the knowledge acquired from website. This year continued with the help of donors with the overlap demand of the initiated unique project that was funded by Awards for All, The Souter Charitable Trust this year, and a project with a view to balance of issues in the society that have been ignored for so long continued - Victims more than Perpetrators and pandemic initiated project of Self-resistance Mechanism against Spike Emergency in RAP. It was well researched and implemented project in seminars, one to one sessions and also into booklets, which were distributed across Greater London; and widely accessed on our website.

OUR WORK FOR 2021/22

This project received funds and service aid from grants, sales, management committee members and friends of RAP donors.

We are committed to make our usual monitored returns to those who assist us, while we continue to develop links with other organisations we expect to work with. We make every effort to provide effective and positive life changing counselling to our beneficiaries from 14yrs & above who gained self-confidence, motivation, and resourcefulness to make a positive change in their lives

Outcome and achievements this year was as follows:

- 1) Out of the total of 129 beneficiaries who went through the one to one sessions,
 - Beneficiaries went through the sessions with positive change to their situations.
 - 5 beneficiaries pulled out and did not complete the sessions.
 - 7 still ongoing more sessions
- 2) Out of the total of 45 beneficiaries who went through the group sessions:-
 - 39 have left with positive change to their situation.
 - 6 is still undergoing more sessions.
- 3) Out of the total of 4790 beneficiaries we had this year for telephone/email/website counselling and advice, and leafleting
 - 85% were from Greater London area.
 - 15% were from other areas like Sussex, Kent, Surrey, Middlesex and Essex.
 - 15 of the beneficiaries referred to specialist agencies.
 - 15 of the beneficiaries were referred to other counselling agencies
- 4) Further 28 Refugee & asylum seekers beneficiaries living in greater London area benefited in human rights advocacy & Personal well being project by helping in the improvement of their quality of life and supporting them to share their experience of anger, anxiety, self harm and abuse for :
 - Behavioural management control
 - Sharing experiences and self awareness
 - Community focused approach
 - Providing Social and emotional skills and tools to help them understand self
 - Tackling or preventing stress, suicidal, criminal and antisocial behaviours.
 - Long term positive change as a means to an end prevention of mental health problems
- 5) We were once again honoured to witness the graduation on line of 24 % out of the 28% of the youth who came through our counselling service as a means to an end to their abusive situation and after the end of their counselling sessions we continued to mentor them through years of difficult and trialing times at university. The gratitude and testimonial of their family of our service was encouraging.
- 6) Despite the situation of the pandemic/cost of living crisis economy, we are encouraged that 10% of the youth who graduated this year have overwhelmed us with testimonials of achieving their heartfelt job opportunities with good pay.

While 7% out of the remaining 14% have gone back to further their education and the other 7% encouraged to volunteer to enhance job opportunities.

- 7) All identified young people substance misuse problem during our counselling are recommended for youth awareness programme & Adolescent specialist addiction treatment service.
- 8) Five volunteers were up skilled under our service - three has gone for further education and two still undergoing in-house training. Management committee members had another day's upskilling this year to raise quality service for RAP,
- 9) We have this year continued to actively been busy, most Saturdays, raising awareness on spiritual abuse through trainings and Seminars. The feedbacks we have received have continued to raise great concerns about issues of spiritual abuse within the Christian community which leads to constant infringement of human rights.
- 10) We christened 10 babies and we issued 10 christening certificates this year.
- 11) We have been active with our charitable purpose this year by helping with welfare needs and continued mentoring youth one day a week this year with motivation to appreciate the resource in them and potential in the society.
- 12) 12 asylum seekers and seven with children, without any form of income, who are under our service are receiving RAP hopelessness and helpless charitable support for every welfare need while undergoing counselling
- 13) We have been having overwhelming, appreciating comments through our web comment page of how the website has approximately made remarkable increase in touching lives from people who are using the website to access information and genuinely engaging with what we do across the UK, and beyond. Giving us the opportunity to integrate the best of our service information out being greeted positively by users, who are enjoying the stronger mix of counselling with an understanding of their cultural background.
- 14) The focus of the website is to encourage people to engage with us and acquire knowledge to their situation, so it's a friendly and community-led website where the information alone will raise an awareness to the user to take a step to make a life changing decision to their life and the website has seen a steady increase in the number of unique visitors world wide, seeking for help through web, email comments and calls received.
- 15) RAP Ministry Page - weekly compass journal called PRECIOUS MOMENT to give hope, direction, counsel not only to assists Christians in their individual growth but it is also being used as User-friendly evangelical tool to give non-Christians service users encouragement and a hope to restoration and a positive change to their situation. We will continue to refine the contents, ensuring this Journal remains relevant and up-to-date and make a positive life changing impact to a life that reads it

- 16) RAP face book –Has continued to raise human right, safety from domestic violence and Pandemic/Cost of living crisis awareness situations; and Ministry page to continue to give hope, direction, counsel not only to assists Christians in their individual growth but it is also being used as User-friendly evangelistic tool to give non-Christians service users with raising human rights awareness, encouragement and a hope to restoration and a positive change to their situation.
- 17) RAP has continued to promote human rights by monitoring, raising awareness of abuse, obtaining redress and relieving need among the victims of abuse, promoting respect for human rights among. Individuals and corporations eliminating infringements of human right regionally and with international advocacy to address abuse in particular-spiritual abuse in Christian Community
- 18) Due to corona virus pandemic [Covid-19] and cost of living crisis outbreak, the long awaited R.A.P Awareness Day annual conference did not unfortunately take place this year.

SOME SERVICE – USERS COMMENTS

Counselling service

- *RESTORATION in many areas of life and your counselling led me there.*
- *Thank you for touching my life, I will never forget that.*
- *I am grateful to God for using RAP to restore my life from depression and suicidal attempts*
- *Counselling sessions had peace and clarity, regardless of my difference in faith*
- *Helped me physically, emotionally, and most of all spiritually*
- *Helped me tremendously to get my breakthrough in life*
- *Your help to people and the effect through your counsel & advice makes a difference*
- *Helped me talk through and deal with issues from childhood abuse*
- *Made me become enthusiastic about the future, without mental limitation*
- *Sessions is simple and with openness to listen and helped me overcome fears*
- *Your integrity & professionalism got me right where others couldn't in years*
- *Name attracted me to the service, as many others who are looking for*
- *I and my family can only be grateful for the selfless service of RAP to community*

Charitable Activity.

- *Amazed that as a Christian organisation that fulfils its aims without promoting religion but only for the welfare of the abused in need of your service.*
- *We did not know organisations as yours exist to help the voiceless in society of silent-discrimination*
- *Thank you for your help, I found hope and peace in my situation.*
- *Has given me and my family a fresh drive and purpose for life*
- *We would like to encourage you that what you are doing is a very wonderful and a much needed work especially amongst the black led churches and the issue of*
- *I thank God for every way RAP has benefited me and my family.*
- *Spiritual abuse is a subject that needs to be highlighted and dealt with. We wish you the best in this excellent work which God has led you to start.*

- Found me a place to stay, made calls to help and give me hope and direction
- People like RAP who are willing to lay down their life to help people do not know that's unconditional love

Website

- .Thank you everyone at RAP for your commitment, your sacrifice and for spreading the love of Jesus through your work and web site to the world across”
- I have lost count of the number of times that I've gone on your web site and I hope I never stop. Today, I have just been overwhelmed with gratitude for all involved at RAP
- When are you having the radio programme again on Spiritual abuse in the church, as we look forward to it?
- RAP-UK and RAP-Nigeria websites has opened my understanding to issues that a lot of people today will not believe how they have been deprived their rights
- I find this website very educative and informative
- Always a blessing to hear from you through your website weekly journal - precious moment

Face book – Ministry/Human Rights

- The issues raised on human rights infringements take it further to ministry of the heart.
- I came across your Face book Ministry at a time when I needed wisdom for Spiritual Growth
- had so many testimonials of Rev Sophy Wahab inspirational teachings
- Members of Narrow Path love to hear from Rev Sophy Wahab as it increases audience access to inspired
- All your dissection of the word is always so powerful and uplifting.
- Rev Sophy - Praise God for your wisdom! Thanks for sharing!
- What an "out of the box" ministry. A peculiar one for that matter. I bless God for your lives. Please keep up the good work. The Lord is your strength
- God bless you and thanks for the words, one get's inspired for healing.
- Since you started partnering with Narrow Path Ministry on face book, we have
- Thanks for posting this Rev Sophy! Just what I needed to read today! God bless you!
- I am blessed to know your face book ministry and be a like friend to RAP

R.A.P PARTNERS

The under mentioned groups are actively and dedicated partners and link organisations with our project over years in service.

- ACC
- FOWC
- CitizenGO
- HAVE
- FOREST HOUSE COUNSELLING & THIRTY COUNSELLING ORGS.
- NEWHAM MENTAL HEALTH SERVICE
- VfJUK – Voice for Justice UK

- FIVE GPS IN NEWHAM
- DESA's civil society [UN]
- NVCO
- CCPAS
- METROPOLITAN POLICE
- SOCIAL SERVICES
- SPARK – Newham Substance Misuse Education Information Training Service
- Christian Voice
- Christian Concern
- TOTAL HEALTHCARE – SANTUARY (HOLISTIC HEALING) – ENFIELD
- ARK OF HOPE FOUNDATION FOR ALL NATIONS

WHAT WE DO AT R.A.P

R.A.P project provides services to all people within the Greater London area, but mainly in Newham, Waltham forest, Hackney and Barking. We deliver our services to those who are aged 14yrs & above, who have been sexually, mentally, physically, emotionally & spiritually abused and are mostly from the Black and Ethnic minority group with an understanding of their cultural needs.

We contribute to the regeneration of health, jobs and education improvement with our service provision by: -

- Counselling and advice, in both pastoral and community settings, helping in total wellbeing with welfare were necessary, building their self confidence, motivating them and encouraging them to be self resourceful to bring a long-term positive change to their abusive situation, with an open acceptance of making a difference for a better and improved quality of life.
- Making referrals to specialist agencies.
- Advice and information referral to other counselling and advice organisations that deals with areas of counselling that is not within our scope.
- Liaising with other community based services within London to provide support for our beneficiaries.
- We also help in motivating, developing our volunteers by training them internally and externally, not only to help provide effective and efficient service provider for our organisation, but also to help them increase their chances to gain employment and further education opportunities.
- We have been active with our **charitable purpose** more this year, by gift aid to the deprived with gifts, our service, human resources and financial support.
- We help other voluntary/ charity organisations and general public/mankind with our charitable activities.
- Advocacy to Promote respect for human rights among individuals and corporations by monitoring, raising awareness of abuse, obtaining redress and relieving need among the victims of abuse, eliminating infringements of human

rights and with advocacy to address abuse in particular - spiritual abuse within the Christian Community.

PREVIOUS MANAGEMENT COMMITTEE MEMBERS AS MAY 1ST 2021

REV. S. WAHAB TRUSTEE.

MISS L ARTHUR

MRS. C.EZEDIUNO TRUSTEE

MR O DAIRO

MRS D OJUKWU TRUSTEE

EVANG. ABBA YAWSON

MR P.I OHENHEN

MS .B. AKINKUNLE – DAVIES

MS L.IYEN

SERVICE & QUALIFICATIONS

Restoration for Abused People (RAP) though based in Newham provides counselling and advice service for those undergoing and have been abused residing in Greater London area, aged 14yrs & above and deprived.

R.A.P as a voluntary **Counselling service**, we are affiliated to Association of Christian Counsellors and the project employs counsellors with skills, experience and qualifications in counselling. Training & seminars in counselling, managerial, organisational, child protection and all forms of abuse related seminars and training are given as an on- going process.

R.A.P is a registered **charity** and we operate general / other charitable purposes, education/training, economic/community development, health, overseas aid/ famine relief, relief of poverty.

R.A.P is licensed to operate as a church and affiliated to FOWC - Fellowship of World Christians and charismatic member church of IMCGB, which is a member of Ecumenical instrument with churches together in Britain and Ireland (CTBI) and Churches together in England (CTE).

APPOINTMENT OF ACCOUNTANTS / AUDITORS

RAP Trustees appreciate the years of service of Mr Peter .E. Crane **F.C.A., F.C.I.S.** 88 Lake Rise, Romford, Essex RM1 4EE as the independent examiner, whose service ends with R.A.P with this year account due to age and health reasons - he would be missed. It was agreed by the Trustees that they will require a new accountant as from the accounting year of April 30th 2023

RESTORATION FOR ABUSED PEOPLE
RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 30th APRIL 2023

| | Unrestrictive Funds £ | Restrictive Funds £ | Total Funds £ | Total Funds 20/21 £ |
|-------------------------------|-----------------------------|---------------------------|---------------------|---------------------------|
| RECEIPTS | | | | |
| Gift Aid | 91,039 | | 91,039 | 74,604 |
| Management Contribution | 10,337 | | 10,337 | 9,083 |
| Sales | 1,060 | | 1,060 | 999 |
| Gift Aid Tax recovered | 45,293 | | 45,293 | 18,931 |
| Awards for All | - | | - | 9,998 |
| Balance b/f | | 3,843 | 3,843 | - |
| | 147,769 | | 151,612 | 113,615 |
| PAYMENTS | | | | |
| Training costs | 24,960 | | 24,960 | 19,908 |
| Volunteer costs | 23,945 | 2,574 | 26,519 | 18,549 |
| Welfare/Beneficiary costs | 32,639 | | 32,639 | 24,405 |
| Professional fees | 940 | | 940 | 647 |
| Rent&Rates | 3,780 | | 3,780 | 4,025 |
| Insurance | 730 | | 730 | 498 |
| Telephone & Fax | 8,815 | | 8,815 | 8,945 |
| Stationery:Printing & Postage | 19,261 | 1,296 | 20,530 | 22,329 |
| Equipment | 946 | | 946 | 594 |
| Repairs & maintenance | 1,670 | | 1,670 | 305 |
| Advertising & PR | 22,994 | | 22,994 | 15,789 |
| Sundries | 510 | | 510 | 363 |
| Bank Charges | - | | - | - |
| Accounting fees | 100 | | 100 | - |
| Legal | 300 | | 300 | 525 |
| | £141,590 | £3,843 | £145,433 | £116,682 |
| NET SURPLUS/DEFICIT | £6,179 | | £6,179 | £3,067 |

RESTORATION FOR ABUSED PEOPLE

BALANCE SHEET as at 30th APRIL 2022

| ASSETS | £ | £ |
|----------------------------------|----------------|---------------|
| Cash at Bank | 11,360 | 5,181 |
| | £11,360 | £5,181 |
| RESERVES | | |
| Accumulated Fund brought forward | 5,181 | 8,248 |
| Add Surplus/Less Deficit | 6,179 | 3,067 |
| Accumulated Fund carried forward | £11,360 | £5,181 |

NOTES

| | |
|---|---------|
| Awards for All balance b/f from 2021 | - £3843 |
| Expended as Restricted Funds on Volunteers / Stationery, Printing & Postage in this Year 2022 | - £3843 |
| Carried forward | - £0 |



Section 4

Independent Examiner's Report

Report to the trustees/ members of

RESTORATION FOR ABUSED PEOPLE

On accounts for the year ended

30th APRIL 2022

Charity no (if any)

1089058

Set out on pages

1 & 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

~~[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

P. E. Crane

Date:

14-2-2023

Name:

P. E. CRANE

Relevant professional qualification(s) or body

F.C.A.

(if any):

Address:

| |
|--------------|
| 88 LAKE RISE |
| ROMFORD |
| RMI 4EE |

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

RAP TRUST RESERVE POLICY STATEMENT

RAP trustees and management committee members are very keen not to be holding onto money unnecessarily, but because we believe sustainability is paramount to our beneficiaries we feel this is necessary but RAP as many other small charities operate without HOLDING reserves, having worked over the years with little reserves, as we only generate enough income to keep our services going and are not able to put much aside, the key to our ability to continue has been endless drive to achieve aims by being able to keep a very close eye on future income sources, cash flow, budgets and resources. It has not been a nice position to be in, but does show that as an organisation we can survive on little reserves and deliver fantastic charitable objectives as we have done over years.

Many funders (government, local authority, trusts/foundations and corporate alike) often offer only restricted funding and very little contribution towards overheads which perpetuates this position. So reserves are not the focus of attention but our ability as an organisation to survive and keep going.

RAP has not been set up to limit to accumulate funds but to apply its fund resources to its service provisional charitable purposes, and therefore justify when we are able to hold any reserves at end of year it is balancing the need to spend on our beneficiaries (or charitable purpose) against beginning of next/following year, while sourcing funds for the year. After consideration and assessment of benefit of not spending reserves, RAP as a charity will only be depriving itself from being able to apply money resourced to efficiently and effectively deliver its charitable objectives – which is one of the duties of trustees.

FUTURE PLANS OF R.A.P

R.A.P was established in March 2001 and has gained considerable recognition amongst the abused and linked organisations and partners. We are always looking for ways to improve our service, which we offer to our beneficiaries within Greater London and beyond.

RAP identified through good quality recent consultation internally with beneficiaries, members of committee and externally with partners client feedback surveys, individual consultation, community questionnaires and user testing short case studies of existing or previous clients who have benefited from RAP project to continue to provide a basic one-to-one / peer support of culturally sensitive ; equally accessible problem Solving skills with a personal development programme to asylum seekers, making recommendations where applicable.

RAP still looking forward to raise funds to enable us own our own building to promote our aim and objects to reach more achievements and also enable us overcome all organisational barriers. RAP vision has always been to produce a life restoring and changing service and we will continue to create key platform in achieving this aim. During 2020/21 our service continued to cover Greater London (mainly Waltham forest, Barking & Dagenham, Hackney) and discretionary extra to other areas like Sussex, Kent, Surrey, Middlesex and Essex. Giving the abused - living in these areas, the opportunity to make a positive change to a supposed hopeless situation. Our strategy is to establish a

national Christian based counseling service and human rights advocacy support network region by region. Our ability to secure access to regions is limited only by funding constraints.

Our sister branch in African

R.A.P-Nigeria (Restoration for Abuse People) in Africa took effect publicly with gift aid in Nigeria in year 2007, though initiated in 2006 with paying hospital bills. We have continued to contribute to youth educational development with essential equipment goods for youth educational motivation & development further unto extended year 2025 due to the pandemic outbreak. This has been received with unique appreciation and awareness of our vision to Africa. R.A.P - Nigeria has set off well and we hope for a better and fulfilling partnership with other humanitarian organisations to contribute in the regeneration of the community need in alignment with our objective by paying hospital bills for operations, and paying school fees for the under privileged, maintain orphans, widows & widowers.

There has been high demand for human rights advocacy due to human rights abuse & terrorism threat in Nigeria, and this pressured demand has led to RAP-Nigeria Awareness conference adjourned severally but had a safety measure conference this year in Lagos State on Every Child Matters – Stop Child Abuse and had collaborating recognition with Youth Ministries of Churches to help promote our objects in full measure to reach the community and promote mutual understanding amongst the deprived people, and helping them uphold themselves as one, to work and dwell together in unity and Love. RAP-Nigeria is in working partnership with Nigeria Police personals who believe in our contribution to the community and volunteering their skills - Superintendent of Police (Federal SAS), Assistant Commissioner of Police (Legal), Nigeria Interpol, Great faith orphanage founded in 1999. with some having physical challenge, some are pupils of various schools and Moduo Cole orphanage home with mental with physical challenge and disable children, donating Bags of Rice, Cartons of Noodles, Soap, Viju Milk. RAP-Nigeria would be raising funds to help meet the need of building of hostel for Moduo Cole orphanage home.

This year, the Covid-19 pandemic/ Cost of living crisis outbreak has increased RAP -Nigeria continuity in raising awareness on child neglect, domestic violence and bigamy as a criminal offence against Marriage Act 218 laws with Human rights advocacy and not without a counter reaction from one of our cases where the marriage was customary, and took RAP-Nigeria to Federal High Court for infringement of their fundamental rights, but the case ended up in favour of our beneficiary as the legal wife and the bigamous marriage had in the Registry infringing Marriage Act 218 was set-aside and nullified, while the criminality hearing part of the case continues. Career Counselling Development Project continues unto 2025 which is successfully facilitated by different Career professionals to enable them choose a career to give them a bright future aiming to help build the nation through these young ones..

RAP UK ensures that when we are working abroad, all our activities comply with our stated charitable objects, and fit within the legal definition of Public Benefit. Whenever we have to spend from RAP-UK, all money spent abroad complies with this requirement, and have sufficient control of the way money sent abroad is spent, to guarantee it is spent with due diligence, monitoring, risk management, and financial management; which are

vital to ensure compliance with charity law and maintains its charitable status, charity's reputation and support of donors. In view of transparency and good reporting to help promote the organisation's good reputation- changes in foreign exchange rates can be a risk when pursuing a charity's aims which can affect a charity's purchasing power so plan strategies is put in place to minimise this risk

COMMITMENT TO EQUAL OPPORTUNITY POLICY

The project is committed to E.O.P to ensure no one receive less favourable treatment as a beneficiary, client, member of committee, employee and volunteer.

CONCLUSION

In conclusion to this year's report, we the trustees, management committee, volunteers and beneficiaries once again wish to express our appreciation of the Founder of R.A.P for her unique vision and selfless interest in building a pillar upon which those who are abused in every manner of life can rest, and find a place for healing as a part of restoration from their abusive situation, and improve their quality of life. And by expressing a genuine understanding to the cultural needs of the black & ethnic minority beneficiaries through their counselling and healing process. We admire her strength and zeal never to give up through times of tribulations and especially when funding is difficult to obtain, but the project still moves on and produce its aims and positive outcomes and achievements over the years,

We believe that without quality and committed service provision in counselling and advice being given to an abused person, mostly the black & ethnic minority who find it difficult to express themselves, it is not possible for them to take a step to improve or change their situation. But through our counselling and advice programme, we have an opportunity to create a safe environment, with child protection policy in place and a long term change to their vulnerable situations as a means to an end, by helping them regain self- confidence, resourcefulness and motivation for a better and improved quality of life.

We hope to continue to improve the quality of services we offer to our beneficiaries by on-going training programmes for our staff and volunteers, by involving our beneficiaries in developing, managing, monitoring and evaluating, with the effective use of systematic approach by user feed back and evaluation forms, also ensuring value for money to our funders. We will also increase our partnership and membership networks with other voluntary sectors organisations and statutory bodies.

We being a Christian charitable organisation, has hindered our obtaining funds from certain organisations, we are thankful to the grace upon us that we have come this far twenty-one years of a positive change in the life of every individual that came in contact with our organisation, and their families. Despite barrier to funds, we are grateful to make a change to every individual that comes in contact with our organisation for service;

regardless of race or religion. Amazingly funds might be denied us because of our faith, not because we are not capable of producing or achieving our goals, but we are thankful that it has not stopped our vision to come twenty-one years down the line with genuine appreciation of organizations and friends of RAP who have funded us through the years.

We are pleased at R.A.P Nigeria progression with unique recognition and we will continue our vision and impact a positive change in the life of the youth in the community and human rights advocacy at large while we continue to build partnership with other organisations to help in regeneration and building of the communities.

A highly encouraging fact is that RAP is rapidly increasing recognition and quality service through the help of growing Friends of RAP and funders, who are not distorted by our faith but motivated by the positive change and impact we are making in the community and globally in the life of the abused person that comes in contact with us.

CURRENT LIST OF MANAGEMENT COMMITTEE MEMBERS AS 1ST MAY 2022

REV. S. WAHAB TRUSTEE.

MS L.IYEN

MRS. C.EZEDIUNO TRUSTEE

MS .B. AKINKUNLE – DAVIES

MRS D OJUKWU TRUSTEE

EVANG. ABBA YAWSON

MR P.I OHENHEN

MRS L ARTHUR-ADDO

MR O DAIRO

Signature of Chair



Date: 20th February 2023.

RESTORATION FOR ABUSED PEOPLE (R.A.P)

England & Wales - Charity number 1089058

Accounts

Charity Registration no: 1089058

RESTORATION FOR ABUSED PEOPLE

(R.A.P)

ANNUAL REPORT

**FOR THE FINANCIAL YEAR
MAY 2020 to APRIL 2021.**

CONTENTS

- 1) Chair's Report**
- 2) Our work for 2020/21**
- 3) Some service users comments**
- 4) R.A.P Partners**
- 5) What we do in RAP**
- 6) Previous Management committee as at 1st May 2020.**
- 7) Service & Qualifications**
- 8) Appointment of Accountant/ Auditors**
- 9) Accounts for May 2020– April 2021**
- 10) Independent Examiners Report to trustees of R.A.P**
- 11) Rap Trust Reserve Policy Statement**
- 12) Future plans of RAP**
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- 14) Commitment to Equal Opportunity Policy**
- 15) Conclusion**
- 16) Current Management committee as at 1st May 2021.**

ANNUAL REPORT

CHAIR'S REPORT

After another successful year, on behalf of trustees and Management committee, I thank the volunteers in helping to run this organisation and mostly the enormous work, total dedication of all and for helping me to see this vision and its aims through most afflicting times, to achieve a successful change in the lives of its beneficiaries and with a purpose of making a difference in their situation.

It has been another encouraging season in the effective feedback from our beneficiaries, in our provision of good and effective life changing service they have embraced and which has made a positive long-term change in their lives. Our beneficiaries are mainly from Newham and others within the Greater London area (mainly Waltham forest, Barking & Dagenham, Hackney).

This year 2020/21, I and the trustees give sincere appreciation to Awards for All, The Souter Charitable Trust and CO-OP Local Community fund for their supporting grant donations and also acknowledgement to the management committee members & friends of RAP with sincere appreciation for their faithful support – morally, financially and otherwise in this difficult financial year as past years. How could we have survived another milestone of dedicated years without continuous support of members like you, which has strengthened RAP to meet our ever increase in demand service and beneficiaries needs, you are genuinely appreciated for your continuous partnership.

RAP vision and our Public Benefit

Our vision is centred on restoring and changing lives for good. The public benefit which we deliver is centred on this vision and is available to both Christians and none Christians in a deliberately accessible and user-friendly ways. We exist to see lives restored and changed for, good in spiritual - Moral, ethical and practical ways which reflect and demonstrate the Christian faith. These are the benefits that arise out of our charitable objective and the quotes given in this report have been received from the public in response to these benefits. Other comments we received from the public have included the following descriptions:

Lives turned away from;

Hopelessness, insecurity, fear, depression, anxiety, loneliness, greed, selfishness, loneliness, anger, alcoholism, attempted suicide, broken marriages, bitterness, being at a dead end, pornography, self harm, suicidal attempts, institutional abuse

Live turned towards:

Restoration of relationships, finding purpose in Life, becoming self resourceful, motivated to physical, emotional, mental and spiritual healing, perseverance during adversity, peace, reconciliation, courage. Joy, life changed for good, wisdom, encouragement humour, hope, strength and inspiration during stressful experiences including terminal illness, daily insight.

Our Charitable activities have been as:

A regular source of inspiration & guidance, a lifeline as a means to an end, light at the end of the tunnel, uplifting, educational, a saving grace.

We confirm that we have complied with our duty in section 4 of the Charities Act 2006 to have due regard to **public** benefit guidance published by the Charity Commission for England and Wales.

Our charitable objectives are:

- THE RELIEF OF NEED AND THE PROTECTION AND PRESERVATION OF PUBLIC HEALTH PARTICULARLY AMONGST PEOPLE LIVING IN GREATER LONDON WHO HAVE SUFFERED ABUSE BY THE PROVISION OF ADVICE AND COUNSELLING.
- TO PROMOTE HUMAN RIGHTS (AS SET OUT IN THE UNIVERSAL DECLARATION OF HUMAN RIGHTS AND SUBSEQUENT UNITED NATIONS CONVENTIONS AND DECLARATIONS) BY MONITORING, RAISING AWARENESS OF A BUS, OBTAINING REDRESS AND RELIEVING NEED AMONG THE VICTIMS OF ABUSE, PROMOTING RESPECT FOR HUMAN RIGHTS AMONG INDIVIDUALS AND CORPORATIONS, ELIMINATING INFRINGEMENTS OF HUMAN RIGHTS REGIONALLY AND INTERNATIONALLY TO ADDRESS ABUSE IN PARTICULAR SPIRITUAL ABUSE,

Our objectives and activities reflect the great commissioning in the areas of discipleship and mission of counselling, supporting, mentoring, and human right advocacy to break the chain of abusive events in the life of an individual - Sexual, emotional, mental, physical and spiritual abuse, which is not complete without support of their welfare where essential for complete wellbeing. Whether providing services support on an individual or group basis or in partnership with other organisations, our objective is to reach ordinary people within Greater London and also act as advocate on redressing, eliminating infringements of human rights regionally and internationally.

The year 2020/21 has been yet extra demanding and testing year of Covid-19 pandemic outbreak for RAP as so many organisations, as always we continue to have an encouraging recognition and growth across many of our activities as the Refugee & Asylum Seekers Personal Well being Project continues to be in demand with reflection on human rights advocacy. Despite challenges of how to respond to the downturn in the economic climate due to covid-19 pandemic; however the great news is that we are experiencing record demand for our services and our website has enabled us to reach out to more of those who have been suffering silently and ignorant of what their diagnosis is and are now motivated in seeking self help by the knowledge acquired from website. This year continued with the help of donors with the overlap demand of the initiated unique project that was funded by Awards for All, The Souter Charitable Trust and CO-OP Local Community fund this year, and a project with a view to balance of issues in the society that have been ignored for so long continued - Victims more than Perpetrators and pandemic initiated project of Self-resistance Mechanism against Spike Emergency in RAP. It was well researched and implemented project in seminars, one to one sessions and also into booklets, which were distributed across Greater London; and widely accessed on our website.

OUR WORK FOR 2020/21

This project received funds and service aid from grants, sales, management committee members and friends of RAP donors.

We are committed to make our usual monitored returns to those who assist us, while we continue to develop links with other organisations we expect to work with. We make every effort to provide effective and positive life changing counselling to our beneficiaries from 14yrs & above who gained self-confidence, motivation, and resourcefulness to make a positive change in their lives

Outcome and achievements this year was as follows:

- 1) Out of the total of 90 beneficiaries who went through the one to one sessions,
 - 79 beneficiaries went through the sessions with positive change to their situations.
 - 6 beneficiaries pulled out and did not complete the sessions.
 - 5 still ongoing more sessions
- 2) Out of the total of 20 beneficiaries who went through the group sessions:-
 - 17 have left with positive change to their situation.
 - 3 is still undergoing more sessions.
- 3) Out of the total of 4525 beneficiaries we had this year for telephone counselling and advice, and leafleting
 - 85% were from Greater London area.
 - 15% were from other areas like Sussex, Kent, Surrey, Middlesex and Essex.
 - 15 of the beneficiaries referred to specialist agencies.
 - 15 of the beneficiaries were referred to other counselling agencies
- 4) Further 18 Refugee & asylum seekers beneficiaries living in greater London area benefited in human rights advocacy & Personal well being project by helping in the improvement of their quality of life and supporting them to share their experience of anger, anxiety, self harm and abuse for :
 - Behavioural management control
 - Sharing experiences and self awareness
 - Community focused approach
 - Providing Social and emotional skills and tools to help them understand self
 - Tackling or preventing stress, suicidal, criminal and antisocial behaviours.
 - Long term positive change as a means to an end prevention of mental health problems
- 5) We were once again honoured to witness the graduation on line of 13 % out of the 20% of the youth who came through our counselling service as a means to an end to their abusive situation and after the end of their counselling sessions we continued to mentor them through years of difficult and trialing times at university. The gratitude and testimonial of their family of our service was encouraging.
- 6) Despite the situation of the pandemic economy, we are encouraged that 6% of the youth who graduated this year have overwhelmed us with testimonials of achieving their heartfelt job opportunities with good pay. While 4% out of the

remaining 7% have gone back to further their education and the other 3% encouraged to volunteer to enhance job opportunities.

- 7) All identified young people substance misuse problem during our counselling are recommended for youth awareness programme & Adolescent specialist addiction treatment service.
- 8) Four volunteers were up skilled under our service - two has gone for further education and two still undergoing in-house training. Management committee members had another day's upskilling this year to raise quality service for RAP. Unfortunately, sadly we lost one of our active volunteers for years to Covid-19, May her Soul Rest in peace.
- 9) We have this year continued to actively been busy, most Saturdays, raising awareness on spiritual abuse through trainings and Seminars. The feedbacks we have received have continued to raise great concerns about issues of spiritual abuse within the Christian community which leads to constant infringement of human rights.
- 10) We christened 5 babies and we issued 5 christening certificates this year.
- 11) We have been active with our charitable purpose this year by helping with welfare needs and continued mentoring youth one day a week this year with motivation to appreciate the resource in them and potential in the society.
- 12) 8 asylum seekers and three with children, without any form of income, who are under our service are receiving RAP hopelessness and helpless charitable support for every welfare need while undergoing counselling
- 13) We have been having overwhelming, appreciating comments through our web comment page of how the website has approximately made remarkable increase in touching lives from people who are using the website to access information and genuinely engaging with what we do across the UK, and beyond. Giving us the opportunity to integrate the best of our service information out being greeted positively by users, who are enjoying the stronger mix of counselling with an understanding of their cultural background.
- 14) The focus of the website is to encourage people to engage with us and acquire knowledge to their situation, so it's a friendly and community-led website where the information alone will raise an awareness to the user to take a step to make a life changing decision to their life and the website has seen a steady increase in the number of unique visitors world wide, seeking for help through web, email comments and calls received.
- 15) RAP Ministry Page - weekly compass journal called PRECIOUS MOMENT to give hope, direction, counsel not only to assists Christians in their individual growth but it is also being used as User-friendly evangelical tool to give non-Christians service users encouragement and a hope to restoration and a positive change to their situation. We will continue to refine the contents, ensuring this

Journal remains relevant and up-to-date and make a positive life changing impact to a life that reads it

- 16) RAP face book –Has continued to raise human right and Covid-19 pandemic awareness situations; and Ministry page to continue to give hope, direction, counsel not only to assists Christians in their individual growth but it is also being used as User-friendly evangelistic tool to give non-Christians service users with raising human rights awareness, encouragement and a hope to restoration and a positive change to their situation.
- 17) RAP has continued to promote human rights by monitoring, raising awareness of abuse, obtaining redress and relieving need among the victims of abuse, promoting respect for human rights among. Individuals and corporations eliminating infringements of human right regionally and with international advocacy to address abuse in particular-spiritual abuse in Christian Community
- 18) Due to corona virus pandemic [Covid-19] outbreak, the long awaited R.A.P Awareness Day annual conference did not unfortunately take place this year.

SOME SERVICE – USERS COMMENTS

Counselling service

- *Helped me talk through and deal with issues from childhood abuse*
- *Made me become enthusiastic about the future, without mental limitation*
- *Sessions is simple and with openness to listen and helped me overcome fears*
- *RESTORATION in many areas of life and your counselling led me there.*
- *Thank you for touching my life, I will never forget that.*
- *I am grateful to God for using RAP to restore my life from depression and suicidal attempts*
- *Your integrity & professionalism got me right where others couldn't in years*
- *Name attracted me to the service, as many others who are looking for*
- *Counselling sessions had peace and clarity, regardless of my difference in faith*
- *Helped me physically, emotionally, and most of all spiritually*
- *Helped me tremendously to get my breakthrough in life*
- *Your help to people and the effect through your counsel & advice makes a difference*

Charitable Activity.

- *I thank God for every way RAP has benefited me and my family.*
- *People like RAP who are willing to lay down their life to help people do not know that's unconditional love*
- *Spiritual abuse is a subject that needs to be highlighted and dealt with. We wish you the best in this excellent work which God has led you to start.*
- *Found me a place to stay, made calls to help and give me hope and direction*
- *We did not know organisations as yours exist to help the voiceless in society of silent-discrimination*
- *Thank you for your help, I found hope and peace in my situation.*
- *Has given me and my family a fresh drive and purpose for life*

- *We would like to encourage you that what you are doing is a very wonderful and a much needed work especially amongst the black led churches and the issue of*

Website

- *When are you having the radio programme again on Spiritual abuse in the church, as we look forward to it?*
- *RAP-UK and RAP-Nigeria websites has opened my understanding to issues that a lot of people today will not believe how they have been deprived their rights .*
- *I have lost count of the number of times that I've gone on your web site and I hope I never stop. Today, I have just been overwhelmed with gratitude for all involved at RAP*
- *I find this website very educative and informative*
- *Thank you everyone at RAP for your commitment, your sacrifice and for spreading the love of Jesus through your work and web site to the world across "*
- *Always a blessing to hear from you through your website weekly journal - precious moment*

Face book – Ministry/Human Rights

- *All your dissection of the word is always so powerful and uplifting.*
- *Rev Sophy - Praise God for your wisdom! Thanks for sharing!*
- *What an "out of the box" ministry. A peculiar one for that matter. I bless God for your lives. Please keep up the good work. The Lord is your strength*
- *Thanks for posting this Rev Sophy! Just what I needed to read today! God bless you!*
- *The issues raised on human rights infringements take it further to ministry of the heart.*
- *I came across your Face book Ministry at a time when I needed wisdom for Spiritual Growth*
- *had so many testimonials of Rev Sophy Wahab inspirational teachings*
- *Members of Narrow Path love to hear from Rev Sophy Wahab as it increases audience access to inspired*
- *I am blessed to know your face book ministry and be a like friend to RAP*
- *God bless you and thanks for the words, one get's inspired for healing.*
- *Since you started partnering with Narrow Path Ministry on face book, we have*

R.A.P PARTNERS

The under mentioned groups are actively and dedicated partners and link organisations with our project over years in service.

- ACC
- FOWC
- CitizenGO
- HAVE
- FOREST HOUSE COUNSELLING & THIRTY COUNSELLING ORGS.
- NEWHAM MENTAL HEALTH SERVICE
- VFJUK – Voice for Justice UK

- FIVE GPS IN NEWHAM
- DESA's civil society [UN]
- NVCO
- CCPAS
- METROPOLITAN POLICE
- SOCIAL SERVICES
- SPARK – Newham Substance Misuse Education Information Training Service
- Christian Voice
- Christian Concern
- TOTAL HEALTHCARE – SANCTUARY (HOLISTIC HEALING) – ENFIELD
- ARK OF HOPE FOUNDATION FOR ALL NATIONS

WHAT WE DO AT R.A.P

R.A.P project provides services to all people within the Greater London area, but mainly in Newham, Waltham forest, Hackney and Barking. We deliver our services to those who are aged 14yrs & above, who have been sexually, mentally, physically, emotionally & spiritually abused and are mostly from the Black and Ethnic minority group with an understanding of their cultural needs.

We contribute to the regeneration of health, jobs and education improvement with our service provision by: -

- Counselling and advice, in both pastoral and community settings, helping in total wellbeing with welfare were necessary, building their self confidence, motivating them and encouraging them to be self resourceful to bring a long-term positive change to their abusive situation, with an open acceptance of making a difference for a better and improved quality of life.
- Making referrals to specialist agencies.
- Advice and information referral to other counselling and advice organisations that deals with areas of counselling that is not within our scope.
- Liaising with other community based services within London to provide support for our beneficiaries.
- We also help in motivating, developing our volunteers by training them internally and externally, not only to help provide effective and efficient service provider for our organisation, but also to help them increase their chances to gain employment and further education opportunities.
- We have been active with our **charitable purpose** more this year, by gift aid to the deprived with gifts, our service, human resources and financial support.
- We help other voluntary/ charity organisations and general public/mankind with our charitable activities.
- Advocacy to Promote respect for human rights among individuals and corporations by monitoring, raising awareness of abuse, obtaining redress and relieving need among the victims of abuse, eliminating infringements of human

rights and with advocacy to address abuse in particular - spiritual abuse within the Christian Community.

PREVIOUS MANAGEMENT COMMITTEE MEMBERS AS MAY 1ST 2020

REV. S. WAHAB TRUSTEE.

MISS L. ARTHUR

MRS. C. EZEDIUNO TRUSTEE

MR O DAIRO

MRS D OJUKWU TRUSTEE

EVANG. ABBA YAWSON

MR P.I OHENHEN

MS .B. AKINKUNLE - DAVIES

MS LIYEN

SERVICE & QUALIFICATIONS

Restoration for Abused People (RAP) though based in Newham provides counselling and advice service for those undergoing and have been abused residing in Greater London area, aged 14yrs & above and deprived.

R.A.P as a voluntary **Counselling service**, we are affiliated to Association of Christian Counsellors and the project employs counsellors with skills, experience and qualifications in counselling. Training & seminars in counselling, managerial, organisational, child protection and all forms of abuse related seminars and training are given as an on- going process.

R.A.P is a registered **charity** and we operate general / other charitable purposes, education/training, economic/community development, health, overseas aid/ famine relief, relief of poverty.

R.A.P is licensed to operate as a church and affiliated to FOWC - Fellowship of World Christians and charismatic member church of IMCGB, which is a member of Ecumenical instrument with churches together in Britain and Ireland (CTBI) and Churches together in England (CTE).

APPOINTMENT OF ACCOUNTANTS / AUDITORS

It was agreed by the Trustees that they will require the service of Peter .E. Crane *F.C.A., F.C.I.S.*

88 Lake Rise

Romford

Essex RM1 4EE

as the independent examiner of the accounting year to April 30th 2022

RESTORATION FOR ABUSED PEOPLE

RECEIPTS AND PAYMENTS ACCOUNT

FOR THE YEAR ENDED 30th APRIL 2021

| | Unrestricted Funds £ | Restricted Funds £ | Total Funds £ | Total Funds 19/20 £ |
|--------------------------------|----------------------------|--------------------------|---------------------|---------------------------|
| RECEIPTS | | | | |
| Gift Aid & Tax recovered | 74,604 | | 74,604 | 72,239 |
| Management Contribution | 9,083 | | 9,083 | 10,204 |
| Sales | 999 | | 999 | 1,015 |
| Gift Aid tax recovered | 18,931 | | 18,931 | 7,630 |
| Awards for All | | 9,998 | 9,998 | 9,999 |
| | £103,617 | £9,998 | £113,615 | £101,087 |
| PAYMENTS | | | | |
| Training costs | 19,908 | | 19,908 | 13,330 |
| Volunteer costs | 17,263 | 1,286 | 18,549 | 17,296 |
| Welfare/Beneficiary costs | 24,205 | | 24,205 | 24,917 |
| Professional fees | 647 | | 647 | 1,074 |
| Rent & Rates | 4,025 | | 4,025 | 4,320 |
| Insurance | 498 | | 498 | 493 |
| Telephone & Fax | 8,945 | | 8,945 | 9,435 |
| Stationery, Printing & Postage | 17,460 | 4,869 | 22,329 | 10,952 |
| Equipment | 594 | | 594 | 842 |
| Repairs & maintenance | 305 | | 305 | 225 |
| Advertising & P.R. | 15,789 | | 15,789 | 8,945 |
| Sundries | 363 | | 363 | 364 |
| Bank Charges | - | | - | - |
| Accountants fees | - | | - | 50 |
| Legal | 525 | | 525 | 700 |
| Balance c/fwd | (3,843) | 3,843 | | |
| | £106,684 | £9,998 | £116,682 | £92,943 |
| NET DEFICIT/SURPLUS | £3,067 | | £3,067 | £8,144 |

RESTORATION FOR ABUSED PEOPLE

BALANCE SHEET as at 30th APRIL 2021

| | £ | £ |
|----------------------------------|---------------|---------------|
| ASSETS | | |
| Cash at Bank | 5,181 | 8,248 |
| | £5,181 | £8,248 |
| RESERVES | | |
| Accumulated Fund brought forward | 8,248 | 104 |
| Less Deficit/Add Surplus | 3,067 | 8,144 |
| Accumulated Fund carried forward | £5,181 | £8,248 |



Section A

Independent Examiner's Report

Report to the trustees/ members of

RESTORATION FOR ABUSED PEOPLE

On accounts for the year ended

30th APRIL 2021

Charity no (if any)

1089058

Set out on pages

1 & 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

P. E. Crane

Date:

8-3-2022

Name:

P. E. CRANE

Relevant professional qualification(s) or body

F. C. A.

(if any):

Address:

88 LAKE RISE

ROMFORD

RMI HEE

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

RAP TRUST RESERVE POLICY STATEMENT

RAP trustees and management committee members are very keen not to be holding onto money unnecessarily, but because we believe sustainability is paramount to our beneficiaries we feel this is necessary but RAP as many other small charities operate without HOLDING reserves, having worked over the years with little reserves, as we only generate enough income to keep our services going and are not able to put much aside, the key to our ability to continue has been endless drive to achieve aims by being able to keep a very close eye on future income sources, cash flow, budgets and resources. It has not been a nice position to be in, but does show that as an organisation we can survive on little reserves and deliver fantastic charitable objectives as we have done over years.

Many funders (government, local authority, trusts/foundations and corporate alike) often offer only restricted funding and very little contribution towards overheads which perpetuates this position. So reserves are not the focus of attention but our ability as an organisation to survive and keep going.

RAP has not been set up to limit to accumulate funds but to apply its fund resources to its service provisional charitable purposes, and therefore justify when we are able to hold any reserves at end of year it is balancing the need to spend on our beneficiaries (or charitable purpose) against beginning of next/following year, while sourcing funds for the year. After consideration and assessment of benefit of not spending reserves, RAP as a charity will only be depriving itself from being able to apply money resourced to efficiently and effectively deliver its charitable objectives – which is one of the duties of trustees.

FUTURE PLANS OF R.A.P

R.A.P was established in March 2001 and has gained considerable recognition amongst the abused and linked organisations and partners. We are always looking for ways to improve our service, which we offer to our beneficiaries within Greater London and beyond.

RAP identified through good quality recent consultation internally with beneficiaries, members of committee and externally with partners client feedback surveys, individual consultation, community questionnaires and user testing short case studies of existing or previous clients who have benefited from RAP project to continue to provide a basic one-to-one / peer support of culturally sensitive ; equally accessible problem Solving skills with a personal development programme to asylum seekers, making recommendations where applicable.

RAP still looking forward to raise funds to enable us own our own building to promote our aim and objects to reach more achievements and also enable us overcome all organisational barriers. RAP vision has always been to produce a life restoring and changing service and we will continue to create key platform in achieving this aim. During 2020/21 our service continued to cover Greater London (mainly Waltham forest,

Barking & Dagenham, Hackney) and discretionary extra to other areas like Sussex, Kent, Surrey, Middlesex and Essex. Giving the abused - living in these areas, the opportunity to make a positive change to a supposed hopeless situation. Our strategy is to establish a national Christian based counseling service and human rights advocacy support network region by region. Our ability to secure access to regions is limited only by funding constraints.

Our sister branch in African

R.A.P-Nigeria (Restoration for Abuse People) in Africa took effect publicly with gift aid in Nigeria in year 2007, though initiated in 2006 with paying hospital bills. We have continued to contribute to youth educational development with essential equipment goods for youth educational motivation & development further unto extended year 2025 due to the pandemic outbreak. This has been received with unique appreciation and awareness of our vision to Africa. R.A.P - Nigeria has set off well and we hope for a better and fulfilling partnership with other humanitarian organisations to contribute in the regeneration of the community need in alignment with our objective by paying hospital bills for operations, and paying school fees for the under privileged, maintain orphans, widows & widowers.

There has been high demand for human rights advocacy due to human rights abuse & terrorism threat in Nigeria, and this pressured demand has led to RAP-Nigeria Awareness conference adjourned severally but had a safety measure conference this year in Lagos State on Every Child Matters - Stop Child Abuse and had collaborating recognition with Youth Ministries of Churches to help promote our objects in full measure to reach the community and promote mutual understanding amongst the deprived people, and helping them uphold themselves as one, to work and dwell together in unity and Love. RAP-Nigeria is in working partnership with Nigeria Police personals who believe in our contribution to the community and volunteering their skills - Superintendent of Police (Federal SAS), Assistant Commissioner of Police (Legal), Nigeria Interpol, Great faith orphanage founded in 1999, with some having physical challenge, some are pupils of various schools and Moduoe Cole orphanage home with mental with physical challenge and disable children, donating Bags of Rice, Cartons of Noodles, Soap, Viju Milk. RAP-Nigeria would be raising funds to help meet the need of building of hostel for Moduoe Cole orphanage home.

This year, the Covid-19 pandemic outbreak has increased RAP -Nigeria continuity in raising awareness on child neglect, domestic violence and bigamy as a criminal offence against Marriage Act 218 laws with Human rights advocacy and not without a counter reaction from one of our cases where the marriage was customary, and took RAP-Nigeria to Federal High Court for infringement of their fundamental rights, but the case ended up in favour of our beneficiary as the legal wife and the bigamous marriage had in the Registry infringing Marriage Act 218 was set-aside and nullified, while the criminality hearing part of the case continues. Career Counselling Development Project continues unto 2024 which is successfully facilitated by different Career professionals to enable

them choose a career to give them a bright future aiming to help build the nation through these young ones..

RAP UK ensures that when we are working abroad, all our activities comply with our stated charitable objects, and fit within the legal definition of Public Benefit. Whenever we have to spend from RAP-UK, all money spent abroad complies with this requirement, and have sufficient control of the way money sent abroad is spent, to guarantee it is spent with due diligence, monitoring, risk management, and financial management; which are vital to ensure compliance with charity law and maintains its charitable status, charity's reputation and support of donors. In view of transparency and good reporting to help promote the organisation's good reputation- changes in foreign exchange rates can be a risk when pursuing a charity's aims which can affect a charity's purchasing power so plan strategies is put in place to minimise this risk

COMMITMENT TO EQUAL OPPORTUNITY POLICY

The project is committed to E.O.P to ensure no one receive less favourable treatment as a beneficiary, client, member of committee, employee and volunteer.

CONCLUSION

In conclusion to this year's report, we the trustees, management committee, volunteers and beneficiaries once again wish to express our appreciation of the Founder of R.A.P for her unique vision and selfless interest in building a pillar upon which those who are abused in every manner of life can rest, and find a place for healing as a part of restoration from their abusive situation, and improve their quality of life. And by expressing a genuine understanding to the cultural needs of the black & ethnic minority beneficiaries through their counselling and healing process. We admire her strength and zeal never to give up through times of tribulations and especially when funding is difficult to obtain, but the project still moves on and produce its aims and positive outcomes and achievements over the years,

We believe that without quality and committed service provision in counselling and advice being given to an abused person, mostly the black & ethnic minority who find it difficult to express themselves, it is not possible for them to take a step to improve or change their situation. But through our counselling and advice programme, we have an opportunity to create a safe environment, with child protection policy in place and a long term change to their vulnerable situations as a means to an end, by helping them regain self- confidence, resourcefulness and motivation for a better and improved quality of life.

We hope to continue to improve the quality of services we offer to our beneficiaries by on-going training programmes for our staff and volunteers, by involving our beneficiaries in developing, managing, monitoring and evaluating, with the effective use of systematic

approach by user feed back and evaluation forms, also ensuring value for money to our funders. We will also increase our partnership and membership networks with other voluntary sectors organisations and statutory bodies.

We being a Christian charitable organisation, has hindered our obtaining funds from certain organisations, we are thankful to the grace upon us that we have come this far twenty years of a positive change in the life of every individual that came in contact with our organisation, and their families. Despite barrier to funds, we are grateful to make a change to every individual that comes in contact with our organisation for service; regardless of race or religion. Amazingly funds might be denied us because of our faith, not because we are not capable of producing or achieving our goals, but we are thankful that it has not stopped our vision to come twenty years down the line with genuine appreciation of organizations and friends of RAP who have funded us through the years.

We are pleased at R.A.P Nigeria progression with unique recognition and we will continue our vision and impact a positive change in the life of the youth in the community and human rights advocacy at large while we continue to build partnership with other organisations to help in regeneration and building of the communities.

A highly encouraging fact is that RAP is rapidly increasing recognition and quality service through the help of growing Friends of RAP and funders, who are not distorted by our faith but motivated by the positive change and impact we are making in the community and globally in the life of the abused person that comes in contact with us.

CURRENT LIST OF MANAGEMENT COMMITTEE MEMBERS AS 1ST MAY 2021

| | |
|--------------------------|----------|
| REV. S. WAHAB | TRUSTEE. |
| MS L.IYEN | |
| MRS. C.EZEDIUNO | TRUSTEE |
| MS B. AKINKUNLE - DAVIES | |
| MRS D OJUKWU | TRUSTEE |
| EVANG. ABBA YAWSON | |
| MR P.I OHENHEN | |
| MRS L ARTHUR-ADDO | |
| MR O DAIRO | |

Signature of Chair

W. K. Kafe

Date: 10/03/2022