

**SAFE NEW FUTURES
(REGISTERED NUMBER : 4189876)**

**ANNUAL REPORTS AND UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025**

The Trustees present their report and accounts for the year ended 31 March 2025. The Trustees are also appointed as directors of the incorporated charity.

Charity number: 1088357

Company registration number: 4189876

Directors / trustees:	J Richards Chair	(appointed 23 March 2022)
	D Muir, Deputy Chair	(appointed 7 June 2022, resigned 5 March 2025)
	S Dafnias	(appointed 26 April 2022, resigned 1 August 2025)
	C Murg	(appointed 18 September 2023)
	A Stokes	(appointed 5 June 2025)

Company Secretary: Paul Silvester to 5th December 2024

Principal / registered address: Arena Business Centre,
Threefield House,
Threefield Lane,
Southampton,
SO14 3LP

Independent examiners: Knight Goodhead Limited
7 Bournemouth Road
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SO53 3DA

Bankers: Lloyds TSB
63 London Road
Southampton
SO15 2US

Objectives:

1. To relieve poverty for the public benefit, primarily through training and support of unemployed people facing multiple barriers to work including mental health conditions such as anxiety and depression.
2. To advance education for the public benefit by delivering group training and individual coaching to develop individual capabilities competences, skills and understanding.
3. To advance citizenship and community development for the public benefit by training volunteers and voluntary sector organisation to deliver training programmes to communities in areas of multiple deprivation.

Governing document

The organisation is a charitable company limited by guarantee and not having a share capital, incorporated on 29 March 2001 and registered as a charity on 10 September 2001.

The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up, members are required to contribute an amount not exceeding £1.

Recruitment and appointment of trustees

The Articles of Association has established a policy that trustees undertake the role of company directors to manage the business of the charity by means of regular trustee meetings.

The organisation seeks to attract a board of trustees, which collectively demonstrates a diversity of experience and skills and to this end individuals with requisite capabilities are approached to offer themselves for election to the board.

Existing trustees are subject to retirement by rotation but can be re-appointed if the position they have vacated has not been filled.

Trustee induction and training

Most trustees are already familiar with the practical work of the charity, having been encouraged to attend the community-based courses run for the benefit of participants.

New trustees are issued with an information pack including a Trustee Board Mandate, Trustee Board member role definition, a job description, Memorandum and Articles of Association, annual accounts, previous minutes and an introduction to Safe New Futures to understand their legal obligations and familiarise themselves with the organisation and the context in which it operates.

Risk management

Policies and procedures have been put in place to ensure compliance in the following:

- Organisational - including health & safety and equality & diversity.
- Client contact – including safeguarding, confidentiality and complaints.
- Staffing - including grievance, disciplinary, recruitment and appraisal.

A quality management approach has been implemented to ensure consistent quality of delivery for all operational aspects. Quality is achieved by design, in terms of the course manual and prescribed programme, plus the training of new facilitators. There is an audit and inspection system which includes monitoring the learning outcomes, observing the quality of the teaching, and evaluating the management of the learning.

Organisational structure

The Board of Trustees meet a minimum of four times per annum and are responsible for the strategic direction and policy of the charity. The Chief Executive Officer also attends the trustee meetings but has no voting rights.

A scheme of delegation is in place and day-to-day responsibility for the provision of services rests with the chief executive officer.

Needs analysis.

Society is facing epidemic levels of emotional and behavioural difficulties. Post pandemic, this need has spiralled with 16–29-year-olds are twice as likely to be chronically lonely than over 70s, and it affects their mental health and levels of anxiety in particular.

Southampton, Portsmouth City Council and Hampshire County Councils reported in October 2023, that 25% of school age children in Hampshire were not attending school which is very much a post-pandemic trend and clearly this plays out in children's ability to attend or engage with post school education or training.

Hampshire group of colleges at the same time said that 50% of students were on the Mental Health at risk register and are on reduced timetables or struggling to engage. This of course will have a knock-on effect on their financial independence and ability to contribute to the economic health of the country.

The solution

Underlying these issues are core beliefs including feelings of worthlessness, no hope of change, no sense of purpose, and lack of belonging. These beliefs must be addressed to overcome people's barriers. Change in thinking leads to change in behaviour. The New Futures course has been specially designed for this. It is a vocational Cognitive Behavioural Therapy (CBT) based course.

Vocational elements include identifying strengths, contribution, goal setting and intrinsic motivation. CBT elements include overcoming barriers, healthy thinking and being empowered. The course elements include relatedness, group work and being treated with dignity. The new Futures programmes result in a significant increase in self-efficacy, confidence and resilience which is the key to long term change of behaviour.

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Safe New Futures overview

Safe New Futures is a grassroots charity helping NEET (Not in Employment, Education or Training) individuals and long-term unemployed adults transform their lives through CBT-based programmes. We serve vulnerable populations, including those with mental health challenges, disabilities, and neurodivergence, offering tailored online and in-person support.

From 2022 to 2025, Safe New Futures has delivered transformational Cognitive Behavioural Therapy (CBT)-informed programmes to vulnerable young people and adults across Hampshire and Surrey. Through our New Futures courses, we supported individuals into education, employment, and training (EET), while improving mental health, confidence, and self-esteem.

We delivered 48 courses and supported over 1,600 referrals, achieving consistently strong psychological and EET outcomes. We also diversified funding streams, expanded our referral network, developed impactful partnerships, and invested in research to evolve our delivery.

Summary of outcomes and impact in the community

Participants outcomes:

The period from April 2022 to March 2025 has seen Safe New Futures deliver significant positive outcomes for individuals experiencing mental health challenges and long-term unemployment. Across this three-year period, we received 1,614 referrals and conducted over 1,000 pre-course calls to assess readiness and suitability for our programmes.

Of these, 893 participants enrolled, and 721 actively engaged in our courses. Most significantly, 570 participants successfully completed their course and a further 132 completed our follow-on Pathways workshops, which provide structured support as participants continue their journey towards employment, training, or further education. These numbers reflect our ability not only to reach vulnerable individuals but also to provide a programme that engages, supports, and empowers them to complete and progress.

We have worked with both young people (16–25) and adults (25–65), delivering a total of 48 courses across three years. Our split programming approach has allowed us to tailor content to the differing needs of each group, with younger participants benefiting from workshops that address confidence, peer pressure, and social identity, and adults receiving guidance on long-term barriers, reskilling, and managing health-related challenges.

Our recent expansion into specialist programming, including courses for victims of domestic violence and individuals who are neurodiverse, further illustrates our evolving commitment to inclusivity and personalised support. We are proud of the depth and breadth of our reach and will continue to adapt our offerings to meet the needs of marginalised communities.

Below are the outputs for this past financial year only.

Outputs for April 2024 – March 2025.

No. of courses	Pre-course interviews	Finished participants
16	406	208
Adults New Futures (NLCF/ Henry Smith)		
8	217	107
Youth New Futures (NHS, MoneyBarn, HS)		
8	189	101

April 2024 to March 2025 Safe New Futures conducted the following activities:

Description	Total (Apr 2024 – Mar 2025)
Referrals	524
Arranged Pre-course chat	406
Attended pre-course chat	361
Enrolled	304
Started	245
Non-Starter	59
Dropped Out	36
Completed Course	208
Finished Pathways	95

April 2022 to March 2025 Safe New Futures delivered the following activities:

Description	Total (Apr 2022 – Mar 2025)
Referrals	1614
Arranged Pre-course chat	1175
Attended Pre-course chat	1018
Enrolled	893
Started	721
Non-Starter	156
Dropped Out	126
Completed Course	570
Finished Pathways (from June '23)	132

Delivered across:

- 8 adult courses (Henry Smith & NLCF funded)
- 8 youth courses (NHS, Moneybarn, HS funded)

Impacts in terms of Psychological Improvement

Between April 2024 to March 2025, 81% of 208 participants improved in self-esteem, 71% in confidence, 81% in job search goals. 77% were less depressed and 75% less anxious.

	First day ave.	Last day ave.	Change ave.	% improvement	% people improved
More Self Esteem	11.10	15.98	4.87	43.9%	80.6%
More Confidence	12.08	14.79	2.71	22.5%	71.4%
Job search goals	12.49	15.93	3.44	27.5%	81.1%
Less depressed	14.79	10.94	-3.85	26.0%	76.6%
Less anxious	11.51	8.60	-2.91	25.3%	74.9%

Psychological Measures	April 24 – March 25	April 23 – March 24	April 22 – March 23	April 22 – March 25
Greater self-esteem	81%	79%	82%	81%
Improving in confidence	71%	80%	92%	81%
Job search goals	81%	79%	88%	83%
Less depressed	77%	70%	77%	75%
Less anxious	75%	73%	76%	75%

Outcomes into EET:

April 2024-March 2025 208 participants finished the programme, with 43% progressing into employment, education, or training (including volunteering), as outlined below:

Working	Volunteering	Training	Education	Signed off Sick	Unemployed	Not Known
29	21	24	9	12	26	45
15%	11%	12%	5%	6%	29%	23%

Between 2022 – 2025, 570 Participants finished the programme, with 47% progressing into Employment, Education or training as detailed:

Working	Volunteering	Training	Education	Signed off Sick	Unemployed	Not Known
107	67	62	25	24	124	149
19%	12%	11%	5%	5%	22%	26%

These outcomes tell a powerful story. Volunteering, in particular, has proven to be an essential stepping stone for many participants. It offers them a low-pressure way to re-engage with a structured routine, develop new skills, and rebuild their confidence before moving into paid work. For others, our programmes have reignited a desire to learn, leading to enrolment in training and education opportunities that open long-term career pathways.

Even for those not currently able to return to the workforce, our interventions have helped participants better understand their barriers, seek appropriate support, and reduce isolation and hopelessness. We see this in those recorded as "signed off sick"—many of whom have developed stronger coping mechanisms and clearer plans for future recovery and reintegration. We continue to work closely with job centres, local colleges, community referrers and employers to ensure that the support we provide is both holistic and outcome focused.

Volunteers

Volunteers, all of whom are former course participants continue to be a cornerstone of our organisation. Many of our current volunteers are former participants, offering a relatable and empathetic perspective that enriches our delivery.

Among them is a neurodiverse woman who carried out in-house training on neurodiversity for the team based on her lived experience. Another brings with her a vast knowledge of social work and the charity sector. A young man confined to a wheelchair aged 17 following an undiagnosed ear-infection helps with our admin and collating course packs. A young woman struggling with anxiety and finding it hard to leave the house is helping on the youth pathways. M, who is also managing their anxiety, has been using their creative skills to support the design of our new handbook and other course resources.

New office Space

We moved to the Arena Offices May 1st, 2024, as the previous landlord greatly increased the rent. We have settled in well and are very happy with the friendly and professional environment.

Organisational Aim 1: Ensure a broad and balance portfolio of funding sources to support the charity

The generous support from the National Lottery Community Fund Garfield Weston Foundation, has been instrumental in enabling Safe New Futures to maintain stability, adapt our delivery model, and invest in our team and infrastructure over the past three years. Core funding has allowed us to respond to increasing demand, secure match funding, and demonstrate credibility to other potential funders.

In 2024–25, we successfully diversified our income sources while maintaining a strong financial foundation. Our total income for the year was £323,329 reflecting a healthy mix of core funding, project grants and some local authority support. This has enabled us to maintain programme delivery across Hampshire and Surrey, while investing in organisational development, research, and new service areas.

In 2023 we implemented new financial management practices to optimise our resource allocation, ensuring that every pound is spent effectively. The transparency and accountability in our financial operations have strengthened the trust of our stakeholders and funders, setting a solid foundation for future growth.

NHS Youth Funding

We are thrilled to have secured funding for three youth courses via an NHS contract. The Integrated Care Board who commissioned us and have commented on the depth of our reporting and the excellence of our outcomes.

We complement mental health services such as NHS and other talking therapies as participants below explain:

"I've been in groups like this before and didn't think I'd get anything out of it. I came along very closed off and stayed muted. After the first week, there was a big change. Even if you think you've had this help, it's not the same. It has been a lot more positive on this course – we focused on what we can do rather than what we can't." MD (21)

"For me, it's the fact that it's not in person, you can be more comfortable and open. Being given coping mechanisms expects a quick fix but this group gets into the understanding of why you feel a certain way so you can come up with your own coping mechanisms. You can work on that instead of just being told what to do and expecting it to work." CJ (25)

Following a meeting with the Senior Delivery Manager (Mental Health, Learning Disabilities and Autism-Hampshire) it seems likely that funding permitting, Safe New Futures is in a good position to secure another NHS youth contract.

The Henry Smith Charity

We are deeply grateful to the Henry Smith charity who provided £60,000 per year for three years towards the running of our adult programmes in addition to £46,366 three years towards the running of our youth programmes, development of our Pathways programme and support for youth enrolment.

The Henry Smith Charity have been long term project funders since 2016, and their support has been invaluable.

Face-to-face programmes

Over the three-year funding period, Safe New Futures has continued to refine and expand our delivery model in response to participant needs, changes in funding, and lessons learned from evaluation. One of the most significant developments has been the successful reintroduction of **face-to-face delivery** after the COVID-19 pandemic.

While our online model has proven highly effective—particularly in reaching those who are geographically isolated or unable to travel—we recognised that some individuals struggled with digital access or lacked the confidence to engage in a virtual setting. To address this, we launched several **in-person programmes** in 2023 and 2024, which proved transformative for both participants and staff.

Havant Face-to-Face Programme (November 2024)

Delivered in partnership with Havant Borough Council, this course was designed for over-25s and those furthest from the labour market. Of the 12 participants enrolled:

- 11 progressed into Employment, Education or Training (EET)
- 7 continued their journey by joining our online Pathways workshops
- Many reported increased motivation and reduced anxiety following the structured, in-person sessions

This hybrid engagement (blending in-person and online) has demonstrated how we can provide continuity of care and build on the confidence and routine developed during the course.

2023 Edward Gostling Foundation deed

Last financial year, we were fortunate to be in receipt of legacy funding that is being held in trust until 2029 unless our reserves dip below 3 months. The deed received was £100,000, which is currently invested in the deposit account of Choices Training and Development, a subsidiary company of the charity. £1,055.25 interest has been received on this investment for the year to 31/03/25. None of these funds will have been used as of our year end, 31/03/25.

Garfield Weston Core Funding

We are also very grateful to the Garfield Weston Foundation for continuing to fund core costs of £30,000 per year until October 2026.

Miscellaneous grants

Smaller grants from Moneybarn via the Hampshire and Isle of Wight Community Foundation, Sir Jules Thorne, the Alex Ferry Foundation and Paul Lunn-Rockcliffe trusts also proved invaluable in enabling our service deliver to continue.



Laptop Donation

Identity Part of the Human Network Donated 20 Laptops for our participants who do not have access to technology.

Organisational Aim 2: Grow and manage the trading arm so that the charity is less reliant on Grant Making trusts for income:

Choices Corporate programme:

In addition to our charitable delivery model, Safe New Futures has continued to explore and develop income-generating opportunities through our trading arm, Choices Training & Development. This strand of work is designed to serve two purposes: generate unrestricted income to support our charitable objectives and extend the impact of our work by delivering mental wellbeing and behavioural change training to professionals in corporate environments.

The CEO has participated in a total of 84 external meetings this past year to represent Safe New Futures.

Of these 50 were developing Safe New Futures funding, profile and growth (24 online and 26 in person), 21 meetings were in pursuit of the corporate contacts and development (11 online and 10 in person) and 13 (6 online and 7 in person) were developing research projects around our existing provision and potential future markets. There were also 12 meeting with the Chamber of Commerce.

Key Initiatives and Outputs (2024–25)

- **In-Person Networking Events**
We ran two successful roundtable events, bringing together managers, wellbeing leads, and business owners to discuss mental health trends and share best practices.
- **July 2024 Seminar – “Connection Culture”**
This larger event included panel discussions, interactive workshops, and a networking lunch. The seminar explored how creating a culture of connection in the workplace can boost employee wellbeing and performance. While registration was lower than anticipated, feedback from attendees was highly encouraging.
- **Loneliness in the Workplace Campaign**
As part of our thought leadership efforts, we launched a themed campaign including:
 - A white paper on **loneliness in the modern workplace**
 - A companion video series, hosted on our website and YouTube
 - A new podcast series titled *Modern Day Issues We Love to Ignore*, exploring emotional disconnection, nostalgia, workplace pressures, and wellbeing.

These activities helped raise the profile of Choices Corporate and provided high-quality, shareable content and generated interest and conversations online. We are invoicing the NHS contract through our Choices Training bank account to ensure that Choices stays a trading entity amounting to £102,000 across three financial years.

Our new, more niche approach is detailed below

Choices Training Summary:

Choices Training & Development leverages the success and impact of Safe New Futures to offer transformative corporate training rooted in lived experience and CBT-informed methodology.

With mental health, staff engagement and redundancy support growing priorities for UK employers, now is the ideal time to promote Choices as a values-led partner that helps businesses support their people during times of change.

Target Audience

- **Primary audience:** Mid-sized to large organisations (100+ employees) in sectors with large customer service teams, such as telecoms, retail, utilities, insurance, and finance.
- **HR and People Leads** responsible for wellbeing, redundancy planning, change management, L&D, and staff retention.
- **Secondary audience:** Outplacement consultants, EAP providers, mental health and wellbeing providers, and diversity & inclusion specialists.

Market Position

- **Unique position:** Training grounded in lived experience and a charity background — most corporate training providers lack the depth and empathy of our lived-experience-led approach.
- **Our edge:** Blending therapeutic tools with employability skills and change readiness, delivered by relatable, credible facilitators.

Strengths

- Proven model from Safe New Futures
- Lived experience trainers
- Strong social impact message
- Outcomes-driven (80%+ increase in confidence, resilience)
-

Opportunities

- Corporates under pressure to support staff through transitions
- CSR and ESG priorities aligned with our values

Partly due to the success we had when working with 800 of their customer service employees, with Quilter plc, we are changing our approach back to the one that was so successful with them. Instead of being one that can solve presenteeism, absenteeism, loss of productivity and motivation to being a niche product that deals with successful offboarding of employees.

The main thrust of the message will be that our programme enables people to find the self-efficacy required to decide what is best for their own future which makes a huge impact on the redundancy process.

1. Retention of the employees that companies want to keep due to heightened levels of autonomy, motivation and sense of purpose through the process.
2. Moving on of employees whose skills would be better matched elsewhere due to understanding of their own passions, long-term goals and identification of the steps to get there.

Our Transforming Mindsets programme ensure that the engagement of both sets of people remain much higher than can be expected, leading to improved customer satisfaction and fewer internal costs in dealing with unhappy staff members.

Please see the new messaging on the website - [CT&D - Empowering SMEs through CBT Courses - Choices Training & Development](#)

Organisational Aim 3: Research and Development: To ensure robust and adequate research projects into all our areas of development and growth.

Over the past three years, we have invested in research, development, and innovation to ensure our programmes remain effective, evidence-based, and responsive to the changing needs of our participants and communities.

This work has been made possible thanks to core funding, which has given us the flexibility to experiment, evaluate, and partner with academic institutions and lived-experience advisors. It has also helped to shape our public voice through thought leadership, strategic content, and knowledge sharing.

Research projects 2024-2025

This year we have carried our three research projects with the University of Southampton.

White Papers

Students from the University of Southampton as part of their university Innovation project carried out the research for the third white paper on loneliness in and out of relationships and its impact on our wellbeing.

Loneliness and relationships white paper: <https://www.safe.org.uk/wp-content/uploads/2025/03/Loneliness-white-paper-part-3-1.pdf>

Videos

Please see this link for the loneliness videos:
<https://www.safe.org.uk/category/video/>

Programme research and development:

Advisory Board 2024-2025

Our Advisory Board, made up of former participants from diverse backgrounds provides feedback on everything from course content and delivery to onboarding language and safeguarding processes. It also played a central role in:

- Reviewing and simplifying our course handbook
- Advising on accessibility for neurodiverse learners
- Helping trial new exercises before launch

Their input ensures our programmes stay relevant, inclusive, and grounded in the real-world experiences of those we support.

Partnership and collaboration

Mental health focus

The mental health of our community, especially the youth, has been a priority area this year. In response to the growing challenges in this area, we've developed and implemented a range of initiatives aimed at providing support and resources.

In response to the increasing level of social and phone anxiety among young people, we have adapted our engagement methods to better meet their needs. This includes increased communication with course participants through text messaging and Zoom calls, recognising that many individuals find it challenging to engage via phone.

Additionally, we have enhanced our signposting to external services that offer further support. One such example is *Walk the Talk*, a peer-to-peer support group specifically for individuals experiencing social anxiety ([Walk the Talk – Home](#)).

We are also developing signposting resources for digital tools, including mobile apps that promote mindfulness and provide mental health support, helping participants access assistance in a format that feels safe and manageable for them.

By collaborating with partner organisations, we can provide an even more holistic, wrap-around service that ensures each individual receives the tailored support they need to move forward with confidence and purpose. **Please see video “[Deepening our collaborations](#)”**

Pathways Partners

We are creating sessions within our workshops for partners to present their programmes to our participants. Below are the partners that we are actively working with, with one partner speaking at our Pathways programme each week. We are also developing wider and deeper relationships over 2025.

Partnerships Area	Partners
Employment & Vocational Support: Tailored pathways into sustainable work, supported by employer partnerships.	SCC EST IPS Employment Support Team Individual Placement and support. (Plus 15 DWP Centre across Hampshire and Surrey, 4 FedCap centres Hants and Surrey, 4 Seetec centres)
Mental & Physical Health: Coordinated support with NHS and third-sector mental health services to reduce healthcare dependency.	Solent Mind (TBC) (CAMHS, Southern Health, HIOW Healthcare, East Community and Fareham MH Team, Social Prescribers across Hants, NHS Talking therapies)
Leisure & Purposeful Activity: Encouraging creative and recreational outlets to support well-being.	Saints Foundation, SoCo Music
Lifelong Learning & Skills Development: Supporting formal and informal learning pathways.	Itchen College Community, South Hampshire College group, Lighthouse learning trust, St Vincents College, Taunton’s College, Hampshire Futures, University of Winchester, Solent University, University of Southampton,
Social Connection & Relationships: Reducing isolation through group mentoring, peer support networks, and community engagement.	The Workshop, Hampshire Children’s Services, Yellow Door, Motiv8, Sion Says bereavement support,
Financial & Housing Stability: Helping participants navigate financial advice and housing support services.	StepChange, YMCA, Vivid housing, Portsmouth Life Skills, Methodist Housing Association, CAP debt counselling,

Personal & Emotional Resilience: Using CBT techniques to embed long-term positive mental health strategies.	Kings Trust, (No Limits, Youth Options, Steps to wellbeing, Red Cross, Simon Says, Andys man club)
Volunteering & Civic Engagement: Providing structured volunteering opportunities as a stepping stone to employment.	Community First, (SVS, Action Hampshire, Hampshire Library, SCC Employment support model team)

Community Collaboration Pathway speakers:

1. **Southampton City Council, Employment support Team Individual Placement and Support.**
2. **Solent Mind (TBC)**
3. **Saints Foundation (TBC)**
4. **Itchen College, post-18 provision and adult education.**
5. **The Workshop:** the Workshop provides holistic support to people aged 18 to 24 living in Surrey Heath
6. **Step change:** online debt counselling service charity
7. **Kings trust:** a charity that supports people 11-30 to develop their skills, confidence and employability. Offers courses, mentoring, work experience, business start-ups and social enterprises.
8. **Volunteering First:** Volunteering opportunities in New Forest, Winchester, Eastleigh, Fareham, Gosport, Havant or East Hants?

In addition, we have developed close relationships with councils as follows: Hampshire and Surrey County councils, Portsmouth and Southampton City councils, Havant and Waverley borough council, East Hampshire District council.

Future research and development:

Collaboration with Government:

We have put together a paper making the Economic case for the Labour Government investing in Safe New Futures to further their Get Britain Working Again Agenda.

This is in light of the worrying rise in young people aged 16–24 who are not in education, employment or training (NEET).

Between October and December 2024:

- 987,000 young people were NEET — 13.4% of the age group.
- An increase of 110,000 in just 12 months.

According to a Prince's Trust survey:

- 31% of NEET young people cite poor mental health as the biggest barrier to finding work.
- 50% feel hopeless about their future.
- 19% are applying for jobs daily without success.

This highlights the urgent need for innovative, early intervention programmes that tackle mental health, build confidence, and open clear pathways to employment or training.

We are pleased to have made contact with two local MPs, Darren Paffey, MP for Southampton Itchen and Satvir Kaur, MP for Southampton Test who have pledged their support.

To ensure that we are in a position to scale nationally, we have obtained the services of a highly skilled process administrator who is working with us to ensure that all facilitators have written best practice guidelines on boundaries, what we can and can't do so everyone is on the same page operating from a same baseline. Currently, our small team is able to do this through regular meetings as issues arise. In addition, we will be adopting the Hampshire and Isle of Wight NHS Trauma Informed Practice with all their terminology to ensure that we are on the same page as other national organisations within our area.

We trust that Government will realise our ability to provide solutions to the current twin needs of escalating mental health issues especially amongst young people with increasing unemployment and inability to fund public services.

Increasing our visibility and credibility:

Podcasts:

The first 12 podcasts centre around the theme of loneliness in the workplace and its effect on physical health. Another series of 10 podcasts have been recorded on ambiguous loss, nostalgia, and and mental health and men.

We have been fortunate to obtain funding from the University of Southampton to employ a student who has been recording and mixing the podcasts and filming the video marketing trailers. The first video trailer can be found here:

<https://www.linkedin.com/feed/update/urn:li:activity:7310694747331874816/>

We are increasing our visibility in order to improve our ability to successfully obtain increased funding through a series of Podcasts, "Modern-Day issues that we love to ignore". They can be found at this link: <https://www.safe.org.uk/category/podcast/>

The podcasts were launched one a week from the first week in April. Please see our Spotify podcast channel, <https://open.spotify.com/show/3BEbbyH2uIBJdHlHh24aI>

University of Southampton Intern

We have been successful in obtaining £2,500 to employ a student intern from the University of Southampton to work with us as podcast editor. Hannah is a 1st year Economics student.

We have 23 episodes recorded as detailed below.

- **Season one: Loneliness in the Workplace** - with guests Peter Taylor and Michael Holbrow. Five episodes launched on 26th March 2025.

Future episodes include:

- **Season Two: Navigating Ambiguous Loss** with Nina Kelly and Jennie Placidi two episodes launching 7th May.
- **Season Three: Adolescence** –with guest Oscar Thomas aged 18 and former course participant and others, five episodes launching on 14th May
- **Season Four: The role of Nostalgia** in overcoming loneliness with Professor Tim Wildschut on 18th June.
- **Season Five: Loneliness and its wider effects** with guests Mako Komberero (medical doctor) and James Southwood (psychologist) five episodes.
- **Season Six: Men's mental health** with Andy's men's shed and Abba Abbaszadi.

- **Season Seven: Loneliness and Wellbeing.** With guests Angela Whitmore (therapist) and James Southwood (psychologist) Five episodes.

Each episode also has 30-second trailers which we use to advertise the podcasts on Instagram, Facebook and LinkedIn.

Our Trustee, Claudia Murg has developed this video to give funders a quick overview of what we offer: **Please see video** <https://www.safe.org.uk/2025/02/03/our-video-meet-the-team-is-live-on-youtube/>

Organisational Aim 4:

Diversify the referral stream to ensure a balanced partner base

Consolidation, Referral Management	Y1 Actual	Y2 Actual	Y3 April 2024 to date
Visits to DWP and other referrers	55	35	28
Networking meetings with local organisations	38	36	26
Business networking meetings	62	14	17
Brand management, website development, marketing	Ongoing	Ongoing	Ongoing

Referrers:

A revamp of our communications and online presentations, has resulted in 65 new referrers.

We currently have **106 active referrers** from **35 different organisations**, who have sent us **523 referrals**.

Referrers Award:

We are incredibly proud that we have been awarded the Confidence & Wellbeing Support award from one referrer, Seetec Pluss which celebrates our partnership both at their Southampton office and through their outreaches.



As Emma Forder, Business Manager at Seetec explains:
"What Safe New futures give to our participants is huge. They have helped change lives and move them closer to work. We've never had anyone say that it wasn't useful. The confidence, the resilience building, and how they walk back into our office after they've been with Safe New Futures - it's huge. They're smiling, they're happy. Their stature has changed; their approach has changed. They're ready for work. And it really helps us."

Geographical Spread:

We continue to develop the geographical reach across Hampshire and Surrey:

Hampshire	629 Participants	Surrey	52 Participants
Basingstoke and Deane Borough	14	Surrey Heath Borough	23
East Hampshire District	18	Elmbridge Borough	1
Eastleigh Borough	53	Epsom and Ewell Borough	2
Fareham Borough	72	Guildford Borough	10
Gosport Borough	129	Runnymede Borough	5
Hart District	5	Waverley Borough	2

Havant Borough	90	Woking Borough	9
New Forest District	43		
Rushmoor Borough	2		
Test Vally Borough	20		
Winchester City	30		
Isle of Wight	1		
Portsmouth City	13		
Southampton City	139		

We also continue to build on our referral as detailed below.

As always, the Job Centre and Seetec Pluss continue to be our most active referrers, but we are pleased to see that Solent Mind, Itchen College, Social Prescribers, Southampton City Council, are becoming increasingly more active. Our continued engagement with other services has resulted in 65 new referrers.

New Surrey partnerships

Recognising the high number of young people not in education or employment, Safe New Futures has expanded its referral network in Surrey. Through ongoing engagement, we continue our partnership with the NEET (16-18) Transition Education Participation team at Surrey County Council, showcasing the positive impact of our programme on NEET young people.

Additionally, our continued collaboration with the Workshop Youth Careers Guidance Drop-in Centre in Surrey Heath reinforces the effectiveness of our programme in supporting young people aged 16-25 across Surrey. 55 referrals April 2024 - March 2025 from Surrey County Council, The Workshop, Guildford FedCap, Woking Job Centre, Camberley Job Centre and Surrey SEND Team.

We are actively participating in Job Centre events in Camberley and Woking and FedCap Guildford. Building strong relationships and staying engaged with events like these makes a difference in the success of partnerships.

For the year spanning April 2024 to March 2025, we have received 31 referrals through all the partnerships in Surrey.

Return on investment: The financial case for supporting Safe New Futures

Our programme dovetails perfect with the Government's strategy to Get Britain Working again and we know that investment in preventative mental health programmes like Safe New Futures yields significant savings for public services.

Research shows:

- For every £1 invested in mental health prevention, the public sector saves £5-10 in reduced health and social costs (Centre for Mental Health, 2022).
- Supporting a young person into employment instead of remaining NEET can save the public purse £69,000 per individual (Prince's Trust, 2022).
- Effective mental health interventions reduce workplace absenteeism, improving economic productivity.

Conclusion

Safe New Futures represents an innovative, cost-effective solution to some of the biggest challenges facing Hampshire, the Isle of Wight, Portsmouth, Southampton, and Surrey. By focusing on early intervention and prevention, we are not only changing lives but also saving millions in public spending.

To continue and expand this impact, we need sustained investment in preventative mental health support. Backing Safe New Futures means investing in a healthier, more resilient community, reducing long-term costs, and unlocking economic potential.

We believe that if we can increase our visibility, make contacts with the correct statutory and governmental bodies that Safe New Futures is poised to be an important and strategic solution to the issues facing our economy, young people and the country's mental health issues.

Finance

Financial overview

- Income for 2025 was £348,427, a decrease of £38,563 on 2024 income of £386,990 (2024: an increase of £63,017 on 2023 income of £323,973)
- Total expenditure for the year increased by £28,954 to £313,478 (2024: decrease of £31,103 to £284,524 compared to 2023 levels).
- The net surplus for the year was £34,949 (2024: £102,466 & 2023: £8,346). 2024 included £100,000 received from Edward Gostling Foundation which is to be held for 5 years, the interest earned thereon can be used for charitable purposes and capital only used in exceptional circumstances if the reserves fall below 3 months.
- Net assets were £214,078 (2024: £179,129 & 2023: £76,663) including the £100,000 received from Edward Gostling Foundation.

Principal funding sources

The principal funding sources are detailed in notes 2 and 10 to the accounts.

Grant income is from a variety of sources, the charity is not overly reliant on any one source.

Reserves policy

The trustee board continues to ensure that enough reserves are held to ensure that all delivery commitments can be honoured. The deposit account ensures that restricted reserves are kept separate from the main charity funds.

At the balance sheet date, the total reserves of the charity were £214,078 (2024: £179,129 & 2023: £76,663), of which £70,420 (2024: £70,046 & 2023: £67,721) represented unrestricted funds including £923 fixed assets (2024: £3,270). Restricted funds were £143,658 including the £100,000 from Edward Gostling Foundation (2024: £109,083 & 2023: £8,942).

Responsibilities of the trustees

The directors are responsible for preparing the Report of the Directors and Trustees and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice (UK GAAP).

Company law requires the directors to prepare the directors' report and accounts for each financial year that give a true and fair view of the state of affairs of the company and of the income and expenditure of the company for that period. In preparing those accounts the directors are required to:

- Select suitable accounting policies and then apply them consistently.
- Make judgements and estimates that are reasonable and prudent.
- Prepare the accounts on the going concern basis unless it is inappropriate to presume the company will continue in business.

The directors are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention of fraud and other irregularities.


So far as the directors are aware, there is no relevant audit information (information needed by the company's auditors in connection with preparing their report) of which the company's auditors are unaware. Each director had taken all the steps that he ought to have taken as a director in order to make himself aware of any relevant audit information and to establish that the company's auditors are aware of that information.

Members of the board of trustees, who are directors for the purpose of company law and trustees for the purpose of charity law, who serve during the year are set out on page 1.

Approved by the directors on 22 September 2025 (Board Meeting)

and signed on their behalf by:

Alistair Stokes, Director


.....

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES ON THE UNAUDITED ACCOUNTS OF SAFE NEW FUTURES

I report to the charitable company's trustees on my examination of the accounts of the charitable company for the year ended 31 March 2025, which are set out on pages 24 to 35.

Responsibilities and basis of report

As the trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charitable company's accounts as carried out under section 145 of the Charities Act 2011 (the '2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's report

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act; or
- the accounts do not accord with those accounting records; or
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



C J Goodhead FCA
Knight Goodhead Limited
Chartered Accountants

22 September 2025
7 Bournemouth Road
Chandler's Ford, Eastleigh
Hampshire SO53 3DA

SAFE NEW FUTURES

(Company limited by guarantee and not having a share capital)

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2025

(Including Income and Expenditure Account)

	Notes	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
<i>INCOME</i>					
Donations and legacies	3	9,782	-	9,782	5,272
Charitable activities	2	34,000	302,085	336,085	380,427
Interest received		2,560	-	2,560	1,291
TOTAL INCOME		46,342	302,085	348,427	386,990
<i>EXPENDITURE</i>					
Charitable activities	5	43,307	270,171	313,478	284,524
TOTAL EXPENDITURE		43,307	270,171	313,478	284,524
NET INCOME/(EXPENDITURE) FOR THE YEAR		3,035	31,914	34,949	102,466
TRANSFERS		(2,661)	2,661	-	-
NET INCOME/(EXPENDITURE) FOR THE YEAR AFTER TRANSFERS		374	34,575	34,949	102,466
FUNDS AT 1 APRIL 2024		70,046	109,083	179,129	76,663
FUNDS AT 31 MARCH 2025		70,420	143,658	214,078	179,129

All of the above results are derived from continuing operations. There were no other recognised gains or losses other than those stated above.

SAFE NEW FUTURES

(Company limited by guarantee and not having a share capital)

PRIOR YEAR STATEMENT OF FINANCIAL ACTIVITIES

(Including Income and Expenditure Account)

	Unrestricted funds £	Restricted funds £	Total 2024 £
<i>INCOME</i>			
Donations and legacies	5,272	-	5,272
Charitable activities	39,614	340,813	380,427
Interest received	1,291	-	1,291
TOTAL INCOME	46,177	340,813	386,990
<i>EXPENDITURE</i>			
Charitable activities	38,312	246,212	284,524
TOTAL EXPENDITURE	38,312	246,212	284,524
NET INCOME / (EXPENDITURE) FOR THE YEAR	7,865	94,601	102,466
TRANSFERS	(5,540)	5,540	-
NET INCOME / (EXPENDITURE) FOR THE YEAR AFTER TRANSFERS	2,325	100,141	102,466
FUNDS AT 1 APRIL 2023	67,721	8,942	76,663
FUNDS AT 31 MARCH 2024	70,046	109,083	179,129

All of the above results are derived from continuing operations. There were no other recognised gains or losses other than those stated above.

SAFE NEW FUTURES

Company number: 4189876

(Company limited by guarantee and not having a share capital)

BALANCE SHEET AT 31 MARCH 2025

	Notes	2025	2024
		£	£
FIXED ASSETS			
Investments	6	1	1
Tangible assets	7	922	3,269
		<u>923</u>	<u>3,270</u>
CURRENT ASSETS			
Debtors	8	120,738	119,113
Cash at bank and in hand		<u>106,771</u>	<u>128,227</u>
		227,509	247,340
CREDITORS: amounts falling due within one year:	9	<u>(14,354)</u>	<u>(71,481)</u>
NET CURRENT ASSETS		213,155	175,859
NET ASSETS		<u>214,078</u>	<u>179,129</u>
FUNDS			
Unrestricted funds	10	70,420	70,046
Restricted funds	10	143,658	109,083
TOTAL FUNDS		<u>214,078</u>	<u>179,129</u>

For the financial year ended 31 March 2025, the charitable company was entitled to exemption from audit under section 477 Companies Act 2006; and no notice has been deposited under section 476. The directors acknowledge their responsibilities for ensuring that the charitable company keeps accounting records, which comply with section 386, and preparing accounts, which give a true and fair view of the state of affairs of the charitable company as at the end of the year and of its net income or expenditure for the financial year, in accordance with the requirements of section 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the charitable company.

The accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime in Part 15 of the Companies Act 2006.

Approved by the directors and signed on their behalf by:



Director

A. STOKES

Dated: 22 September 2025

SAFE NEW FUTURES

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025

1 ACCOUNTING POLICIES

(a) Accounting convention

The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102 and the Companies Act 2006.

The charitable company meets the definition of the public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

The accounts have been prepared on the going concern basis. There are no material uncertainties about the charitable company's ability to continue.

(b) Income

All income is included in the Statement of Financial Activities when the charitable company is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Donations and legacies are received by way of grants, donations and gifts and are included in full in the Statement of Financial Activities when receivable. Grants, when entitlement is not conditional on the delivery of a specific performance by the charitable company, are recognised when the charitable company becomes unconditionally entitled to the grant.
- Income from charitable activities, including grants, when relating to performance and specific deliverables, and service contracts, are accounted for as the charitable company earns the right to consideration by its performance.
- Investment income is included when receivable.

(c) Expenditure

Expenditure is recognised in the period in which it is incurred. It includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

- Charitable expenditure comprises those costs incurred by the charitable company in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- All costs are allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned between activities in line with their respective paid hours.

SAFE NEW FUTURES

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025 (continued)

1 ACCOUNTING POLICIES (continued)

(d) Investments

Fixed asset investments relate to shares held in the charitable company's subsidiary company, and are stated at cost.

(e) Tangible fixed assets

Fixed assets are capitalised for ongoing use within the company.

Depreciation is provided so as to write off the cost of the fixed assets, less their residual value, in equal annual instalments over the estimated useful lives of the assets, at the following rates:

Computer and other equipment	33.3% straight line
Website	25% straight line

(f) Funds

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund together with a fair allocation of management costs and overheads.

Unrestricted funds are donations and other incoming resources receivable or generated and are available for use at the discretion of the trustees in furtherance of the general objectives of the charitable company.

(g) Group accounts

The charitable company is a parent company subject to the small companies regime. The charitable company and its subsidiary comprise a small group and is therefore not required to, and has not chosen to, prepare group accounts.

(h) Financial instruments

The charitable company only enters into basic financial instrument transactions that result in the recognition of financial assets and liabilities like trade and other debtors, cash at bank and creditors. These basic financial instruments are measured and transaction price. Financial assets and liabilities classified as due within one year are not amortised.

(i) Pensions

Pensions are provided for staff by means of a defined contribution pension scheme to which the charitable company makes a contribution. Contributions in respect of these schemes are charged to the Statement of Financial Activities for the year in which they are payable to the scheme. Differences between contributions payable and contributions actually paid in the year are shown as either accruals or prepayments at the year end.

SAFE NEW FUTURES

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025 (continued)

2	INCOME FROM CHARITABLE ACTIVITIES	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
	Funding contracts and grants:				
	Garfield Weston Foundation	30,000	-	30,000	30,000
	Quilter Foundation	-	-	-	24,475
	Edward Gostling Operations	-	-	-	22,916
	National Lottery Awards for All Community Fund	-	66,175	66,175	67,850
	Henry Smith Improving Lives Youth	-	59,700	59,700	32,300
	Henry Smith Improving Lives Adult	-	75,000	75,000	60,000
	HICWF Money Barn Social Impact	-	8,250	8,250	-
	Procure Plus	-	-	-	4,000
	Hants CC Havant Face to Face Course	-	-	-	12,000
	Winchester City Council Adult Courses	-	-	-	4,960
	Ford Britain IT equipment only	-	-	-	1,900
	HIWCF Ford Community Club (Towards youth)	-	-	-	5,912
	Portsmouth City Council	-	-	-	4,500
	The Edward Gostling Fund	-	-	-	100,000
	Management fee Choices courses	-	-	-	9,614
	Havant BC Adult Courses	-	14,427	14,427	-
	NHS Youth courses	-	38,550	38,550	-
	National Lottery Youth	-	19,790	19,790	-
	HCC Vouchers	-	17,693	17,693	-
	Alex Ferry Foundation	4,000	-	4,000	-
	University of Southampton	-	2,500	2,500	-
	TOTAL CHARITABLE ACTIVITIES	34,000	302,085	336,085	380,427

3 DONATION AND LEGACY INCOME

Donations and legacies includes the following donations from institutions in excess of £2,000:

	2025 £	2024 £
PLR Trust	3,000	-
Sir Jules Thorn Charitable Trust	3,500	2,500
Other donations	3,282	2,772
	9,782	5,272

4 STAFF COSTS

	2025 £	2024 £
Wages and salaries	141,713	145,761
Social security costs	7,213	7,088
Employers pension costs	16,493	10,540
	165,419	163,389

SAFE NEW FUTURES

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025 (continued)

4 STAFF COSTS (continued)

The average number of staff employed during the year was 6 (2024: 7). No employees received emoluments of more than £60,000 (2024: none).

No remuneration was paid to trustees/directors during this or the previous year. During the year the cost of to the charitable company of employing key management personnel, including pension contributions, totalled £71,570 (2024: £69,977).

Two trustees were reimbursed £302 for expenses during this year (2024: none).

5 EXPENDITURE	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
Costs directly allocated to activities				
Direct staff costs (see note 4)	-	112,578	112,578	137,403
Travel and subsistence	739	634	1,373	1,188
Subcontractors	2,007	57,040	59,047	47,624
Licences and subscriptions	1,150	180	1,330	1,189
Choices manual costs	990	2,455	3,445	2,756
Online courses	450	19,484	19,934	4,692
	<u>5,336</u>	<u>192,371</u>	<u>197,707</u>	<u>194,852</u>
Support costs allocated to activities				
Indirect staff costs (see note 4)	9,230	43,611	52,841	25,986
Subcontractors support	-	12,835	12,835	13,766
Room hire	8,842	5,428	14,270	12,674
Catering	-	286	286	279
Training costs	417	-	417	1,322
Depreciation	3,247	-	3,247	3,963
Loss on disposal of fixed assets	133	-	133	745
Telephone	3,436	937	4,373	3,622
Postage, printing and stationery	509	2,381	2,890	2,558
Computer running costs	4,632	2,657	7,289	8,329
Legal and professional fees	-	-	-	141
Bookkeeping	1,814	4,413	6,227	6,431
Accountancy	354	2,653	3,007	2,990
Insurance	1,002	1,163	2,165	1,521
Bank charges	133	-	133	144
Sundry costs	3,240	884	4,124	4,130
Licences and subscriptions	948	-	948	550
Promotion, marketing and publicity	34	552	586	521
TOTAL EXPENDITURE	<u>43,307</u>	<u>270,171</u>	<u>313,478</u>	<u>284,524</u>

Support costs are apportioned in line with the income received from that source during the year, in so far as restricted funds are available.

Included within accountancy above are amounts due to the independent examiners in respect of the independent examination work of £2,400 (2024: £2,400).

SAFE NEW FUTURES

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025 (continued)

6 INVESTMENTS

Unlisted
investments
£

Investment in subsidiary at beginning and end of year	<u>1</u>
---	----------

On 16 November 2015 a subsidiary company, Choices Training & Development Limited (company registration number 09873448) was established. Safe New Futures holds a £1 ordinary share in the subsidiary, representing 100% of the ordinary share capital.

7 TANGIBLE FIXED ASSETS

	Computer & other equipment	Website	Total
	£	£	£
COST			
At beginning of year	31,588	2,400	33,988
Additions	1,033	-	1,033
On disposal	(5,501)	-	(5,501)
At end of year	<u>27,120</u>	<u>2,400</u>	<u>29,520</u>
DEPRECIATION			
At beginning of year	28,319	2,400	30,719
Charge for the year	3,247	-	3,247
On disposal	(5,368)	-	(5,368)
At end of year	<u>26,198</u>	<u>2,400</u>	<u>28,598</u>
NET BOOK VALUE			
At end of year	<u>922</u>	<u>-</u>	<u>922</u>
At beginning of year	<u>3,269</u>	<u>-</u>	<u>3,269</u>

8 DEBTORS

2025	2024
£	£

Other debtors	7	542
Prepayments and accrued income	797	730
Amounts due from subsidiary undertaking	<u>119,934</u>	<u>117,841</u>
	<u>120,738</u>	<u>119,113</u>

9 CREDITORS: amounts falling due within one year

2025	2024
£	£

Other tax and social security	3,024	2,776
Accruals and deferred income	<u>11,330</u>	<u>68,705</u>
	<u>14,354</u>	<u>71,481</u>

SAFE NEW FUTURES

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025 (continued)

10 a MOVEMENT IN FUNDS	Balance at 1 April 2024 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2025 £
Restricted funds					
National Lottery Community Fund	-	66,175	(66,175)	-	-
Henry Smith Improving Lives Youth	-	59,700	(36,341)	-	23,359
Henry Smith Improving Lives Adult	2,995	75,000	(70,192)	3,644	11,447
HICWF Money Barn Social Impact	-	8,250	(8,250)	-	-
Procure Plus	4,000	-	(4,000)	-	-
Ford Britain IT equipment only	1,102	-	(119)	(983)	-
HIWCF Ford Community Club (Towards youth)	582	-	(582)	-	-
Portsmouth City Council	404	-	(404)	-	-
The Edward Gostling Fund	100,000	-	-	-	100,000
NHS Youth Courses	-	38,550	(34,514)	-	4,036
National Lottery Courses	-	19,790	(19,277)	-	513
HCC Vouchers	-	17,693	(17,693)	-	-
Havant BC Adult Courses	-	14,427	(11,837)	-	2,590
University of Southampton	-	2,500	(787)	-	1,713
Total restricted funds	109,083	302,085	(270,171)	2,661	143,658
Unrestricted funds	70,046	46,342	(43,307)	(2,661)	70,420
Total funds	179,129	348,427	(313,478)	-	214,078

10 b SOURCE OF FUNDS

Quilter Foundation

Funding for youth courses aged 16-25 in the Solent Region.

National Lottery Community Fund

Funds an aged 18+ programme for the Southampton area matchfunded by Henry Smith Foundation.

National Lottery Teens

This Awards for All grant provides a contribution to the costs of three teens courses.

Thomas Wall Foundation

Match funding of £5,000 for seven CBT-based programmes with vocational training for young people aged 18-25. The programme consists of a pre-motivational interview, an action packed five-week course (total of 50 hours), completion of a comprehensive personalised workbook, and post-course follow-up training.

Henry Smith Improving Lives- Youth

£117,200 towards three years' running costs of a project providing mental wellbeing and employment training programmes for unemployed people in Southampton post Covid.

Henry Smith Improving Lives- Adult

£180,000 towards three years' running costs of a project providing mental wellbeing and employment training programmes for unemployed people in Hampshire and Surrey. The Edward Gostling Foundation granted £25,000 of match funding towards this project (Edward Gostling Operations) in 2023.

SAFE NEW FUTURES

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025 (continued)

10 b SOURCE OF FUNDS (continued)

HIWCF Moneybarn Social Impact Strategic Fund

Part funding for one youth programme per year for three years for young people in deprived areas across Hampshire. This is a programme for alleviating the underlying problems that prevent social inclusion and the enjoyment of a full modern life.

Procure Plus

This grant was for the recruitment of two new employees.

Havant Face to Face Course

This is a grant to run face to face courses in the Havant area.

Winchester City Council

This is a grant for adult courses in the Winchester district.

Ford Britain

This is a grant for the purchase of new IT equipment. During the year a total of £798 was spent on IT equipment which was capitalised

HIWCF Ford Community

This Grant provides a contribution to the cost of teen courses.

Portsmouth City Council

This is a grant for adult courses in the Portsmouth area.

The Edward Gostling Fund

This is an Endowment of £100,000 which cannot be used for 5 years at which time the fund will be available for charitable activities. Any income derived from the endowment can be used for charitable activities. The charity in exceptional circumstances may make use of the capital if the reserves fall below 3 months operating costs provided that they have complied with the Charity Commission.

NHS Youth Courses

Targeted CBT care programme for 16-25 years excluded from education, employment, or training by Mental Health condition.

National Lottery

Funding towards running costs of two programmes.

HCC Vouchers

Grant for Eligible Support to fund vulnerable households participating in a five-week course followed by 12 Pathways workshops by providing £75 food vouchers to 133 households at key stages: the start of the course, the transition to weekly workshops, and completion. These vouchers will alleviate immediate financial pressures, allowing participants to focus on personal growth, overcoming barriers like anxiety and low self-esteem, and ultimately moving into education, training, or employment.

Havant BC Adult Courses

To run face to face courses in Havant for the over 25s.

University of Southampton

6 month internship.

SAFE NEW FUTURES

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025 (continued)

10 c COMPARATIVE MOVEMENT IN FUNDS	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers	Balance at 31 March 2024 £
Restricted funds					
Quilter Foundation	-	24,475	(24,475)	-	-
National Lottery Community Fund	-	67,850	(67,850)	-	-
National Lottery Teens	2,442	-	(4,584)	2,142	-
Thomas Wall Foundation	1,000	-	(1,000)	-	-
Henry Smith Improving Lives Youth	-	32,300	(35,249)	2,949	-
Henry Smith Improving Lives Adult	-	60,000	(57,005)	-	2,995
HICWF Money Barn Social Impact	5,500	-	(6,661)	1,161	-
Edward Gostling Operations	-	22,916	(23,002)	86	-
Procure Plus	-	4,000	-	-	4,000
Hants CC Havant Face to Face Course	-	12,000	(12,000)	-	-
Winchester City Council Adult Courses	-	4,960	(4,960)	-	-
Ford Britain IT equipment only	-	1,900	-	(798)	1,102
HIWCF Ford Community Club (Towards youth)	-	5,912	(5,330)	-	582
Portsmouth City Council	-	4,500	(4,096)	-	404
The Edward Gostling Fund	-	100,000	-	-	100,000
Total restricted funds	8,942	340,813	(246,212)	5,540	109,083
Unrestricted funds	67,721	46,177	(38,312)	(5,540)	70,046
Total funds	76,663	386,990	(284,524)	-	179,129

11 ANALYSIS OF NET ASSETS BETWEEN FUNDS	Unrestricted funds £	Restricted funds £	Total 2025 £
<i>As at 31 March 2025</i>			
Tangible fixed assets	923	-	923
Current assets	75,601	151,908	227,509
Current liabilities	(6,104)	(8,250)	(14,354)
NET ASSETS	70,420	143,658	214,078
	Unrestricted funds £	Restricted funds £	Total 2024 £
<i>As at 31 March 2024</i>			
Tangible fixed assets	3,270	-	3,270
Current assets	75,517	171,823	247,340
Current liabilities	(8,741)	(62,740)	(71,481)
NET ASSETS	70,046	109,083	179,129

SAFE NEW FUTURES

(Company limited by guarantee and not having a share capital)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025 (continued)

12 LEGAL STATUS

The charitable company is a company limited by guarantee and has no share capital. The charitable company was incorporated on 29 March 2001 in England and Wales and was registered on 10 September 2001 with the charitable company Commission in England and Wales.

The business address of the charitable company is Arena Business Centre, Threefield House, Threefield Lane, Southampton, SO14 3LP.

13 TAXATION

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

14 DONATED SERVICES AND ASSETS

There were no donated services or assets received during the year.

15 RELATED PARTY TRANSACTIONS

There have been no related party transactions other than those with the charitable company's trading subsidiary as disclosed in note 16 and with Trustees as disclosed in note 4.

16 SUBSIDIARY UNDERTAKING

The charity owns 100% of the issued ordinary share capital of Choices Training and Development Limited, a company incorporated in England and Wales. The company donates profits to the parent charity.

Choices Training and Development Limited prepares its accounts each year to 31 March for filing with the Registrar of Companies. Its company registration number is 09873448. The results for the year ended 31 March 2025 are summarised as follows:

	2025	2024
	£	£
Turnover	5,570	9,614
Administration expenses	(18,215)	(20,705)
Other operating income	11,266	9,732
Interest received	-	-
Net profit	<u>(1,379)</u>	<u>(1,359)</u>

At the balance sheet date, Choices Training and Development Limited had net liabilities of £5,736 (2024: net liabilities £4,357).

During the year Choices Training and Development Limited did not make any donations (2024: £Nil) to Safe New Futures.

At the balance sheet date Safe New Futures was owed £123,170 (2024: £117,841) from Choices Training and Development Limited, which is shown within debtors in note 8.