

# FAMILY MATTERS YORK

England & Wales · Charity number 1088274

## Details

---

**Other names** YORK COMMUNITY FAMILY TRUST, FMY

**Status** Registered

**Legal form** Other

**Registered** 2001-08-30

**Register** [View on the Charity Commission register](#)

## Contact

---

**Address** St Chad's Church  
36 Campleshon Road  
York  
YO23 1EY

**Phone** 00

**Email** [info@fmy.org.uk](mailto:info@fmy.org.uk)

**Website** [www.fmy.org.uk](http://www.fmy.org.uk)

## Activities

---

**Objects:** THE TRUSTEES SHALL HOLD THE TRUST FUND AND ITS INCOME UPON TRUST TO APPLY THEM FOR THE FOLLOWING OBJECTS IN YORK AND THE SURROUNDING AREA FOR THE BENEFIT OF PUBLIC EDUCATION IN MATTERS CONCERNING MARRIAGE, PARENTING, FAMILY LIFE AND RELATIONSHIPS WITH A VIEW TO STRENGTHENING AND ENRICHING FAMILY LIFE, AND THE DOING OF ALL SUCH THINGS, BEING CHARITABLE IN LAW, AS ARE INCIDENTAL OR CONDUCIVE TO THE ATTAINMENT OF THESE OBJECTS

**Activities:** Our aim is to equip adults and children in York with relationship skills to empower them to make better relationship decisions. We provide courses, training and materials.

## Classification

---

- **How:** Provides Human Resources, Provides Advocacy/advice/information
- **What:** Education/training
- **Who:** Children/young People, People With Disabilities, The General Public/mankind

## Geography

- **Area of benefit:** YORK AND SURROUNDING AREA
- City Of York

## Finances

| Period end | Income  | Expenditure | Assets | Employees |
|------------|---------|-------------|--------|-----------|
| 2025-03-31 | £54,504 | £51,246     | -      | -         |
| 2024-03-31 | £35,033 | £51,697     | -      | -         |
| 2023-03-31 | £64,678 | £52,211     | -      | -         |
| 2022-03-31 | £51,252 | £51,645     | -      | -         |
| 2021-03-31 | £47,784 | £49,307     | -      | -         |

## Trustees

| Name                       | Role | Appointed  |
|----------------------------|------|------------|
| Dr Linsay Cunningham       |      | 2022-05-03 |
| JILL ROSS RGN BA           |      |            |
| Joanna Bloss               |      |            |
| Luke Hale                  |      | 2021-06-07 |
| Ruth Margaret Dunlop FCIPD |      | 2024-07-30 |

**FAMILY MATTERS YORK**

England & Wales - Charity number 1088274

---

# Accounts

---



# Trustees' Annual Report for the period

|             |                   |       |      |           |                 |       |      |
|-------------|-------------------|-------|------|-----------|-----------------|-------|------|
| <b>From</b> | Period start date |       |      | <b>To</b> | Period end date |       |      |
|             | 01                | April | 2024 |           | 31              | March | 2025 |

## Section A Reference and administration details

**Charity name**

**Other names charity is known by**

**Registered charity number (if any)**

**Charity's principal address**

**Postcode**

### Names of the charity trustees who manage the charity

|    | Trustee name          | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|-----------------------|-----------------|-----------------------------------|---|
| 1  | Mrs Jill Ross         | Co-Chair        |                                   |   |
| 2  | Mrs Joanna Bloss      | Co-Chair        |                                   |   |
| 3  | Mr Luke Hale          |                 |                                   |   |
| 4  | Dr Lindsay Cunningham |                 |                                   |   |
| 5  | Mrs Ruth Dunlop       |                 | July 2024 onwards                 |   |
| 6  |                       |                 |                                   |   |
| 7  |                       |                 |                                   |   |
| 8  |                       |                 |                                   |   |
| 9  |                       |                 |                                   |   |
| 10 |                       |                 |                                   |   |
| 11 |                       |                 |                                   |   |
| 12 |                       |                 |                                   |   |
| 13 |                       |                 |                                   |   |
| 14 |                       |                 |                                   |   |
| 15 |                       |                 |                                   |   |
| 16 |                       |                 |                                   |   |
| 17 |                       |                 |                                   |   |
| 18 |                       |                 |                                   |   |
| 19 |                       |                 |                                   |   |
| 20 |                       |                 |                                   |   |

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
|      |                                   |

|  |  |
|--|--|
|  |  |
|  |  |

**Names and addresses of advisers (Optional information)**

| Type of adviser | Name         | Address                        |
|-----------------|--------------|--------------------------------|
| Accountant      | Peter Taylor | 36 Alwyne Grove, York YO30 5RT |
|                 |              |                                |
|                 |              |                                |
|                 |              |                                |

**Name of chief executive or names of senior staff members (Optional information)**

Mrs Kath Weston

**Section B Structure, governance and management**

**Description of the charity's trusts**

|   |   |
|---|---|
| Type of governing document<br>(eg. trust deed, constitution)        | Trust Deed  |
| How the charity is constituted<br>(eg. trust, association, company) | Trust   |
| Trustee selection methods<br>(eg. appointed by, elected by)         | Appointment by trustees meeting in accordance with Declaration of Trust |

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

**Section C Objectives and activities**

**Summary of the objects of the charity set out in its governing document**

The objectives of the organisation are the advancement of public education in matters concerning marriage, parenting, family life and relationships, with a view to strengthening and enriching family life. The charity continues to work actively towards its objectives.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

In setting the objectives and planning the activities for the year, the trustees have given careful consideration to the Charity Commission's general guidance on public benefit at the trustees' meetings.

The following activities for the public benefit in York and the surrounding area have been undertaken this year:

- Eight different parenting course topics exploring: parenting in the primary years; guiding children through the teenage years; parenting children with additional needs (including a separate course specifically focused on children with autistic spectrum conditions); handling anger in the family; supporting child emotional wellbeing; being a dad; and managing children's digital device use. All of these courses have taught parents how to reflect on their practice and connection with their children; to recognise problem areas; to use tools and strategies to improve communication, connection or the handling of difficult situations; and to enrich family life.
- Our mentoring service (called *Reconnect*) supporting couple relationships, through which client couples have met with a support couple over five or six sessions. Couples have learned from the experience of their mentors and been shown, through role play and examples, how they can strengthen their relationship. Topics discussed included love languages and the importance of showing affection; how to recognise the causes of conflict and ways to resolve conflict more effectively; and strategies for improving communication.
- Five events aimed at couples in committed relationships, which provided information and prompted private discussion between two partners on the following topics: commitment, connection, collaboration and cherishing each other.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D

## Achievements and performance

### Summary of the main achievements of the charity during the year

This year has been a year of stability, exploration and growth. Our staff team has remained unchanged and our board enhanced by the appointment of a fifth trustee, Ruth Dunlop.

In total this year we have served 236 individuals. This has been achieved through the following:

- 16 parenting courses (3 of which were delivered online), covering 8 different topic areas, which directly benefitted 179 parents. We estimate that for every parent who attends a further 3 family members were impacted, making a total of approximately 540 indirect beneficiaries.
- Six couples embarking on our *Reconnect* mentoring service.
- Five *Time Out for Couples* events attended by a total of 45 individuals.

We continued to work hard to raise our profile and to meet local needs for support. To understand needs better we surveyed service users and supporters and connected with many other service providers and practitioners. We contacted every church in York to raise awareness of our provision and encourage signposting. To enhance our promotional campaign, we made a 2-minute video explaining what we do, the impact we make, and how people can contact and support us.

In response to our learning about unmet needs, we expanded the number of courses offered to parents and carers from seven to nine, with our new courses focusing on children's use of digital devices and support for parents of children with autistic spectrum conditions. Our offer to couples remained unchanged, with our mentoring programme 'Reconnect' and our 'Time Out for Couples' one-off events.

When our three-year funding from the National Lottery Community Fund ended in January 2025, we took the opportunity to take stock and

appreciate the impact our services have made over the three-year funding period. Our evaluation, based on the feedback of 14 couples who completed Reconnect and 166 parents who attended courses (between January 2022 and January 2025) and completed surveys and/or in-depth interviews, showed that we have made an impact in the following areas:

- improving and strengthening relationships;
- increasing skills around effective communication, resolving conflict and recognising negative patterns of behaviour;
- improving confidence;
- reducing family breakdown and building resilience;
- reducing a sense of isolation;
- improving emotional wellbeing;
- empowering parents of children with additional needs.

Some of the headline statistics from the evaluation were:

- 74% of parents surveyed (across all our courses) reported a stronger relationship with their child by the end of the course;
- 89% of parents felt that attending a FMY course had helped boost their confidence as a parent;
- 100% of people who attended Reconnect couples mentoring identified an improvement in at least one aspect of their relationship by the end of the programme.

Some of the participants' own words about the difference made to their relationships and family life are presented below:

*'[The most useful thing about the Primary Years course was]...having a safe space to share with other parents and learn from them, and that I'm not alone in the challenges I'm facing and in my mum guilt. That's been so encouraging and has made me feel much more positive.'* (Parent)

*'[We are] more positive and understanding of [our] child with additional needs. [We have] increased confidence in pursuing their rights in education. More focus on boosting self-esteem.'* (Parent)

*'[The most useful thing about the Handling Anger course was] understanding that the focus should be on the child's emotions/feelings rather than always on their behaviour. Helping the child be happy, with high self-esteem and...understanding...their emotions will bring better results than punishing the behaviour and suppressing those emotions.'* (Parent)

*'We have better language to vocalise feelings/responses in/after conflict.'* (Couple)

*'We have started listening to each other better. Personally, I've started feeling more excited about time with my partner and hopeful that we're working 'on the same page' and together in the same direction.'* (Couple)

*'We have become more open and honest and listening to each other. The relationship has improved.'* (Couple)

In 2024-25, we sought to work more cohesively as one team, bringing together our two streams of work – with parents and with couples. This has involved promoting all our services at all our courses and events and volunteers or staff members attending each others' events or courses to

## Section D

## Achievements and performance

help 'break the ice' for people who might be interested in our other provision. Consequently, we have seen some crossover in take-up of both couple and parent support. Furthermore, in the Autumn of 2024, we delivered our *Handling Anger in the Family* course for parents with an extra session aimed at managing conflict in wider family relationships. This extra content was developed in response to needs expressed by a local headteacher about families struggling with multiple stressors and their detrimental impacts on relationships between parents and children, between partners, and with wider family members too. We feel that working together has helped to streamline our efforts, provide more comprehensive support to families, and to reach a wider audience.

We continued to be well supported by our dedicated team of volunteers who work directly with parents/carers or couples and without whom we could not provide support to so many families. Their skills and time have been significant in supporting people to make positive changes. There was an overwhelming response to our recruitment drive for new Parenting Facilitators in the Autumn of 2024 and six new recruits undertook initial co-facilitator training in March 2025. We have also benefitted enormously from volunteers who have supported us administratively or with IT skills.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

It is the current policy of the charity to maintain unrestricted funds at a level which equates to at least three months' unrestricted expenditure. This provides sufficient funds to cover management and administration and support costs. Unrestricted funds were maintained at least to this level throughout the year.

### Details of any funds materially in deficit

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

From April 2024-March 2025 our principal sources of funds were:

- Grants awarded and spent this year: from The National Lottery Community Fund, The Albert Hunt Trust, the Feoffees of St Michael's Spurriergate, York Foodbank, the Whitwham Family Charitable Foundation, Two Ridings Small Grants, Hillards Charitable Trust, The Anchor Foundation, York Community Fund and Yorkshire Housing.
- Gifts from regular donors.
- Gifts from donor churches.
- Donations from service users.
- Fundraising through Easyfundraising (online shopping).

## Section F

## Other optional information

|  |
|--|
|  |
|--|

**Section G Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

|                     |   |   |
|---------------------|---|---|
| <b>Signature(s)</b> |  |  |
|---------------------|---|---|

|                     |                |             |
|---------------------|----------------|-------------|
| <b>Full name(s)</b> | Joanna M Bloss | Jill R Ross |
|---------------------|----------------|-------------|

|  |          |          |
|--|----------|----------|
| <b>Position (eg Secretary, Chair, etc)</b> | Co Chair | Co chair |
|--|----------|----------|

|             |            |
|-------------|------------|
| <b>Date</b> | 12/11/2025 |
|-------------|------------|



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Family Matters York

No 1088274

## Receipts and payments accounts

CC16a

For the period  
from

4/1/2024

To

3/31/2025

### Section A Receipts and payments

|   | Unrestricted<br>funds | Restricted<br>funds | Endowment<br>funds | Total funds      | Last year        |
|---|-----------------------|---------------------|--------------------|------------------|------------------|
|   | to the nearest £      | to the nearest £    | to the nearest £   | to the nearest £ | to the nearest £ |
| <b>A1 Receipts</b>                                    |                       |                     |                    |                  |                  |
| General Income  | 10,839                | -                   | -                  | 10,839           | 12,033           |
| Grants  | 43,665                | -                   | -                  | 43,665           | 23,000           |
|   | -                     | -                   | -                  | -                | -                |
|   | -                     | -                   | -                  | -                | -                |
|   | -                     | -                   | -                  | -                | -                |
|   | -                     | -                   | -                  | -                | -                |
|   | -                     | -                   | -                  | -                | -                |
|   | -                     | -                   | -                  | -                | -                |
| <b>Sub total (Gross income for AR)</b>                | <b>54,504</b>         | <b>-</b>            | <b>-</b>           | <b>54,504</b>    | <b>35,033</b>    |
| <b>A2 Asset and investment sales, (see table).</b>    |                       |                     |                    |                  |                  |
|   | -                     | -                   | -                  | -                | -                |
|   | -                     | -                   | -                  | -                | -                |
| <b>Sub total</b>                                      | <b>-</b>              | <b>-</b>            | <b>-</b>           | <b>-</b>         | <b>-</b>         |
| <b>Total receipts</b>                                 | <b>54,504</b>         | <b>-</b>            | <b>-</b>           | <b>54,504</b>    | <b>35,033</b>    |
| <b>A3 Payments</b>                                    |                       |                     |                    |                  |                  |
| Staff Costs   | 45,703                | -                   | -                  | 45,703           | 44,080           |
| Office Rent   | 1,800                 | -                   | -                  | 1,800            | 2,100            |
| Parenting Facilitators                                | 1,811                 | -                   | -                  | 1,811            | 1,435            |
| Marketing   | 137                   | -                   | -                  | 137              | 700              |
| Professional fees                                     | 1,032                 | -                   | -                  | 1,032            | 839              |
| Office Costs  | 763                   | -                   | -                  | 763              | 2,543            |
|   | -                     | -                   | -                  | -                | -                |
|   | -                     | -                   | -                  | -                | -                |
|   | -                     | -                   | -                  | -                | -                |
| <b>Sub total</b>                                      | <b>51,246</b>         | <b>-</b>            | <b>-</b>           | <b>51,246</b>    | <b>51,697</b>    |
| <b>A4 Asset and investment purchases, (see table)</b> |                       |                     |                    |                  |                  |
|   | -                     | -                   | -                  | -                | -                |
|   | -                     | -                   | -                  | -                | -                |
| <b>Sub total</b>                                      | <b>-</b>              | <b>-</b>            | <b>-</b>           | <b>-</b>         | <b>-</b>         |
| <b>Total payments</b>                                 | <b>51,246</b>         | <b>-</b>            | <b>-</b>           | <b>51,246</b>    | <b>51,697</b>    |
| <b>Net of receipts/(payments)</b>                     | <b>3,258</b>          | <b>-</b>            | <b>-</b>           | <b>3,258</b>     | <b>- 16,664</b>  |
| <b>A5 Transfers between funds</b>                     | <b>-</b>              | <b>-</b>            | <b>-</b>           | <b>-</b>         | <b>-</b>         |
| <b>A6 Cash funds last year end</b>                    | <b>32,480</b>         | <b>-</b>            | <b>-</b>           | <b>32,480</b>    | <b>49,144</b>    |
| <b>Cash funds this year end</b>                       | <b>35,738</b>         | <b>-</b>            | <b>-</b>           | <b>35,738</b>    | <b>32,480</b>    |

## Section B Statement of assets and liabilities at the end of the period

| Categories           | Details  | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|----------------------|--|------------------------------------|----------------------------------|---------------------------------|
| <b>B1 Cash funds</b> | Bank Accounts  | 35,738                             | -                                | -                               |
|                      |  | -                                  | -                                | -                               |
|                      |  | -                                  | -                                | -                               |
|                      | <b>Total cash funds</b>                                | <b>35,738</b>                      | <b>-</b>                         | <b>-</b>                        |
|                      | (agree balances with receipts and payments account(s)) | OK                                 | OK                               | OK                              |

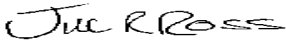

| Categories                      | Details | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|---------------------------------|---------|------------------------------------|----------------------------------|---------------------------------|
| <b>B2 Other monetary assets</b> |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |

| Categories                  | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|-----------------------------|---------|-----------------------------|-----------------|--------------------------|
| <b>B3 Investment assets</b> |         |                             | -               | -                        |
|                             |         |                             | -               | -                        |
|                             |         |                             | -               | -                        |
|                             |         |                             | -               | -                        |
|                             |         |                             | -               | -                        |

| Categories  | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|---------|-----------------------------|-----------------|--------------------------|
| <b>B4 Assets retained for the charity's own use</b> |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |

| Categories            | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|-----------------------|---------|---------------------------------|-----------------------|---------------------|
| <b>B5 Liabilities</b> |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |

Signed by one or two trustees on behalf of all the trustees

| Signature   | Print Name   | Date of approval |
|---|--------------|------------------|
|  | Jill Ross    | 11/12/2025       |
|  | Joanna Bloss | 11/12/2025       |



**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Charity Name  
Family Matters York

**On accounts for the year  
ended**

31 March 2025

**Charity no  
(if any)**

1088274

**Set out on pages**

7,8

*(remember to include the page numbers of additional sheets)*

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2025**.

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

**Date:**

09/09/25

**Name:**

Peter Taylor

**Address:**

36 Alwyne Grove

York

YO30 5RT

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

**FAMILY MATTERS YORK**

England & Wales - Charity number 1088274

---

# Accounts

---



# Trustees' Annual Report for the period

|             |                   |       |      |           |                 |       |      |
|-------------|-------------------|-------|------|-----------|-----------------|-------|------|
| <b>From</b> | Period start date |       |      | <b>To</b> | Period end date |       |      |
|             | 01                | April | 2023 |           | 31              | March | 2024 |

## Section A Reference and administration details

**Charity name**

Family Matters York

**Other names charity is known by**

**Registered charity number (if any)**

1088274

**Charity's principal address**

St Chad's Church, Campleshon Road, York

---



---

**Postcode** **YO23 1EY**

### Names of the charity trustees who manage the charity

|    | Trustee name         | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|----------------------|-----------------|-----------------------------------|---|
| 1  | Mrs Jill Ross        | Co-Chair        |                                   |   |
| 2  | Mrs Joanna Bloss     | Co-Chair        |                                   |   |
| 3  | Mr Howard Landon     |                 | 1 April 2023 – 14 August 2023     |   |
| 4  | Mr Luke Hale         |                 |                                   |   |
| 5  | Dr Linsay Cunningham |                 |                                   |   |
| 6  |                      |                 |                                   |   |
| 7  |                      |                 |                                   |   |
| 8  |                      |                 |                                   |   |
| 9  |                      |                 |                                   |   |
| 10 |                      |                 |                                   |   |
| 11 |                      |                 |                                   |   |
| 12 |                      |                 |                                   |   |
| 13 |                      |                 |                                   |   |
| 14 |                      |                 |                                   |   |
| 15 |                      |                 |                                   |   |
| 16 |                      |                 |                                   |   |
| 17 |                      |                 |                                   |   |
| 18 |                      |                 |                                   |   |
| 19 |                      |                 |                                   |   |
| 20 |                      |                 |                                   |   |

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
|      |                                   |
|      |                                   |
|      |                                   |

### Names and addresses of advisers (Optional information)

| Type of adviser | Name         | Address                        |
|-----------------|--------------|--------------------------------|
| Accountant      | Peter Taylor | 36 Alwyne Grove, York YO30 5RT |
|                 |              |                                |
|                 |              |                                |
|                 |              |                                |

### Name of chief executive or names of senior staff members (Optional information)

Mrs Kath Weston

## Section B Structure, governance and management

### Description of the charity's trusts

|   |   |
|---|---|
| Type of governing document<br>(eg. trust deed, constitution)        | Trust Deed  |
| How the charity is constituted<br>(eg. trust, association, company) | Trust   |
| Trustee selection methods<br>(eg. appointed by, elected by)         | Appointment by trustees meeting in accordance with Declaration of Trust |

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

The objectives of the organisation are the advancement of public education in matters concerning marriage, parenting, family life and relationships, with a view to strengthening and enriching family life. The charity continues to work actively towards its objectives.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

In setting the objectives and planning the activities for the year, the trustees have given careful consideration to the Charity Commission's general guidance on public benefit at the trustees' meetings.

The following activities for the public benefit in York and the surrounding area have been undertaken this year:

- Six different parenting courses exploring parenting in the early years, the primary years, and the teenage years; parenting children with additional needs; handling anger in the family; and supporting child emotional wellbeing. All of these courses have taught parents how to recognise problem areas, to reflect on their practice, and to use tools and strategies to improve communication or the handling of difficult situations and to enrich family life.
- The delivery of a mentoring service (called Reconnect) supporting couple relationships, through which client couples meet with a support couple over five sessions. Couples learn from the experience of their mentors and are shown, through role play and examples, how they can strengthen their relationship. Topics discussed include love languages and the importance of showing affection; how to recognise the causes of conflict and ways to manage it more effectively; and strategies for improving communication.
- A number of events aimed at couples in committed relationships which provide information and prompt private discussion between two partners on the following topics: commitment, connection, collaboration and cherishing each other.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

This financial year has seen some staffing changes with the departure of the General Manager in October 2023. We were grateful to have the services of an interim manager while we recruited for a new permanent Charity Manager, who started in March 2024. The team also moved office in September 2023 and we have been made to feel very welcome at St Chad's Church in York.

In total this year we have served 251 individuals. This has been achieved through the following:

- 17 parenting courses (3 of which were delivered online), covering 6 different topic areas, which directly benefitted 181 parents (we estimate that for every parent who attends a further 3 people were impacted, making a total of 543 indirect beneficiaries).
- Six couples embarking on our Reconnect mentoring service.
- Four *Time Out for Couples* events attended by a total of 58 individuals.

Our provision continues to be well received and to make impacts on local families. Eighty-three per cent of parents who attended our parenting courses over this financial year reported an improvement in their relationship with their children, and 92% felt more confident in their parenting since starting on one of our courses.

We invite all participants to provide feedback to inform the development of our provision and to understand our impact. Here is a selection of participants own words about the difference made by attending our courses and events:

*'Things are calmer – we're more consciously topping up our son's self-esteem and checking in on ourselves and our own anger in response to his anger outbursts.'* (Parent)

*'I am more aware of what is going on and better able to understand my children's behaviour.'* (Parent)

*'We communicate a lot better with the skills learnt on the course which has eased family life.'* (Parent)

*'My youngest teen is communicating more openly and says we "get her" now.'* (Parent)

*'I now see us very much as a team, making decisions that are best for us and not individuals. We are happier and more in love.'* (Couple)

*'We have become more open and honest and listening to each other. The relationship has improved.'* (Couple)

*'Less phone time. More couple time. More listening, less judgement.'* (Couple)

This year has been an important one for programme development, in our work with parents and couples. After launching the *A Mind of Their Own* parenting workshop on emotional wellbeing in March 2023, we have run it successfully a further two times. It has also been expanded to form a three-week course following service user and facilitator feedback about needing more time to cover topics in depth. Over the course of the year, we have partnered with a York school and a multi-academy trust (which runs six primary and secondary schools across the city) to offer taster

sessions of two of our parenting courses, immediately followed by the respective full course. The taster sessions were limited to school parents, but the full courses were open to anyone living in the York area. This enabled us to respond to schools' concerns about some of their families' support needs and to ensure our provision remained accessible to all. We continue to work collaboratively with a number of schools and churches to meet the needs of their communities.

Regarding our offer to couples, we have developed and launched a new resource for couples wanting to invest in their relationship. We wanted to make it easier for couples to engage with our support and were aware that our Reconnect mentoring programme of five sessions seemed, to some, like a big step. To help bridge this gap we now provide single session events called *Time Out for Couples*. These evening events provide an opportunity for couples to sit together at a private table and discuss the ideas presented from the front (a mixture of spoken and video content). We successfully ran our first event in June 2023 with three further sessions throughout Autumn 2023 and January 2024.

In August 2023 we launched our new branding and website. We worked hard with a graphic designer through Spring 2023 to develop a visual representation of our charity's identity, reflecting our aims of supporting people to feel more connected with one another and providing them with the tools to strengthen their relationships. We have also worked to increase our online presence and level of engagement on our social media channels.

We have had the valuable support of many volunteers throughout the year through their roles facilitating parenting courses, mentoring couples, and in administration. Some of our services would struggle to run without our dedicated volunteers. This year saw the development of the role of the 'Parenting Co-Facilitator', which is designed as an intermediate step towards becoming a lead Parenting Facilitator. The full facilitator training is costly and an investment worth making if our volunteer facilitators are committed to the role. However, we wanted to offer volunteers the option of trying the role first, through the co-facilitator role. Our Parenting Support Lead delivered the first co-facilitator training in February 2024.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

It is the current policy of the charity to maintain unrestricted funds at a level which equates to at least three months' unrestricted expenditure. This provides sufficient funds to cover management and administration and support costs. Unrestricted funds were maintained at least to this level throughout the year.

### Details of any funds materially in deficit

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

From April 2023-March 2024 our principal sources of funds were:

- Grants – awards from The National Lottery Community Fund, York Common Good Trust, The Albert Hunt Trust and the Feoffees of St Michael's Spurriergate.
- Gifts from regular donors.
- Gifts from donor churches.
- Donations from service users.

## Section F

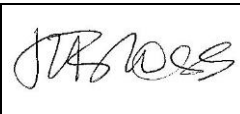

## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

|                                     |   |   |
|-------------------------------------|---|---|
| Signature(s)                        |  |  |
| Full name(s)                        | Joanna M Bloss  | Jill R Ross   |
| Position (eg Secretary, Chair, etc) | Co Chair  | Co chair  |
| Date                                | 14 11 24  |   |



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Family Matter York

No 1088274

## Receipts and payments accounts

CC16a

|                     |            |    |            |
|---------------------|------------|----|------------|
| For the period from | 01/02/2023 | To | 31/03/2024 |
|---------------------|------------|----|------------|

### Section A Receipts and payments

|   | Unrestricted funds | Restricted funds | Endowment funds  | Total funds      | Last year        |
|---|--------------------|------------------|------------------|------------------|------------------|
|   | to the nearest £   | to the nearest £ | to the nearest £ | to the nearest £ | to the nearest £ |
| <b>A1 Receipts</b>                                    |                    |                  |                  |                  |                  |
| General Income  | 12,033             | -                | -                | 12,033           | 11,679           |
| Grants  | 23,000             | -                | -                | 23,000           | 53,000           |
|   | -                  | -                | -                | -                | -                |
|   | -                  | -                | -                | -                | -                |
|   | -                  | -                | -                | -                | -                |
|   | -                  | -                | -                | -                | -                |
|   | -                  | -                | -                | -                | -                |
| <b>Sub total (Gross income for AR)</b>                | <b>35,033</b>      | <b>-</b>         | <b>-</b>         | <b>35,033</b>    | <b>64,679</b>    |
| <b>A2 Asset and investment sales, (see table).</b>    |                    |                  |                  |                  |                  |
|   | -                  | -                | -                | -                | -                |
|   | -                  | -                | -                | -                | -                |
| <b>Sub total</b>                                      | <b>-</b>           | <b>-</b>         | <b>-</b>         | <b>-</b>         | <b>-</b>         |
| <b>Total receipts</b>                                 | <b>35,033</b>      | <b>-</b>         | <b>-</b>         | <b>35,033</b>    | <b>64,679</b>    |
| <b>A3 Payments</b>                                    |                    |                  |                  |                  |                  |
| Staff Costs   | 44,080             | -                | -                | 44,080           | 43,794           |
| Office Rent   | 2,100              | -                | -                | 2,100            | 1,652            |
| Parenting Facilitators                                | 1,435              | -                | -                | 1,435            | 3,259            |
| Marketing   | 700                | -                | -                | 700              | 700              |
| Professional fees                                     | 839                | -                | -                | 839              | 1,186            |
| Office Costs  | 2,543              | -                | -                | 2,543            | 1,620            |
|   | -                  | -                | -                | -                | -                |
|   | -                  | -                | -                | -                | -                |
|   | -                  | -                | -                | -                | -                |
| <b>Sub total</b>                                      | <b>51,697</b>      | <b>-</b>         | <b>-</b>         | <b>51,697</b>    | <b>52,211</b>    |
| <b>A4 Asset and investment purchases, (see table)</b> |                    |                  |                  |                  |                  |
|   | -                  | -                | -                | -                | -                |
|   | -                  | -                | -                | -                | -                |
| <b>Sub total</b>                                      | <b>-</b>           | <b>-</b>         | <b>-</b>         | <b>-</b>         | <b>-</b>         |
| <b>Total payments</b>                                 | <b>51,697</b>      | <b>-</b>         | <b>-</b>         | <b>51,697</b>    | <b>52,211</b>    |
| <b>Net of receipts/(payments)</b>                     | <b>- 16,664</b>    | <b>-</b>         | <b>-</b>         | <b>- 16,664</b>  | <b>12,468</b>    |
| <b>A5 Transfers between funds</b>                     | <b>-</b>           | <b>-</b>         | <b>-</b>         | <b>-</b>         | <b>-</b>         |
| <b>A6 Cash funds last year end</b>                    | <b>-</b>           | <b>-</b>         | <b>-</b>         | <b>-</b>         | <b>-</b>         |
| <b>Cash funds this year end</b>                       | <b>- 16,664</b>    | <b>-</b>         | <b>-</b>         | <b>- 16,664</b>  | <b>12,468</b>    |

## Section B Statement of assets and liabilities at the end of the period

| Categories           | Details                 | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|----------------------|-------------------------|------------------------------------|----------------------------------|---------------------------------|
| <b>B1 Cash funds</b> | Bank Accounts           | 32,480                             | -                                | -                               |
|                      |                         | -                                  | -                                | -                               |
|                      |                         | -                                  | -                                | -                               |
|                      | <b>Total cash funds</b> | <b>32,480</b>                      | <b>-</b>                         | <b>-</b>                        |

(agree balances with receipts and payments account(s))

|                 |    |    |
|-----------------|----|----|
| Agreement Error | OK | OK |
|-----------------|----|----|



| Categories                      | Details | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|---------------------------------|---------|------------------------------------|----------------------------------|---------------------------------|
| <b>B2 Other monetary assets</b> |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |

| Categories                  | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|-----------------------------|---------|-----------------------------|-----------------|--------------------------|
| <b>B3 Investment assets</b> |         |                             | -               | -                        |
|                             |         |                             | -               | -                        |
|                             |         |                             | -               | -                        |
|                             |         |                             | -               | -                        |
|                             |         |                             | -               | -                        |

| Categories  | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|---------|-----------------------------|-----------------|--------------------------|
| <b>B4 Assets retained for the charity's own use</b> |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |

| Categories            | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|-----------------------|---------|---------------------------------|-----------------------|---------------------|
| <b>B5 Liabilities</b> |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |

Signed by one or two trustees on behalf of all the trustees

| Signature   | Print Name   | Date of approval |
|---|--------------|------------------|
|  | Jill Ross    | 14/11/2024       |
|  | Joanna Bloss | 14/11/2024       |



**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Charity Name  
Family Matters York

**On accounts for the year  
ended**

31 March 2024

**Charity no  
(if any)**

1088274

**Set out on pages**

7,8

*(remember to include the page numbers of additional sheets)*

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2024**.

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

**Date:**

14/11/24

**Name:**

Peter Taylor

**Address:**

36 Alwyne Grove

York

YO30 5RT

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

**FAMILY MATTERS YORK**

England & Wales - Charity number 1088274

---

# Accounts

---

**FAMILY MATTERS YORK**

**Financial Statements and  
Annual Report of the Trustees**

**for the year ended**

**31st March 2023**

**Charity No 1088274**

## **FAMILY MATTERS YORK**

### **Contents**

|             |                                      |
|-------------|--------------------------------------|
| Page 1      | Legal and Administrative Information |
| Pages 2 - 4 | Report of the Trustees               |
| Page 5      | Statement of Financial Activities    |
| Page 6      | Balance Sheet                        |
| Pages 7-11  | Notes to the Accounts                |
| Page 12     | Independent Examiner's Report        |

# **FAMILY MATTERS YORK**

## **LEGAL AND ADMINISTRATIVE INFORMATION**

### **TRUSTEES**

The Trustees who served during the year were:

|                       |            |
|-----------------------|------------|
| Mrs Jill Ross         | Co - Chair |
| Mrs Joanna Bloss      | Co - Chair |
| Mr Howard Landon      |            |
| Mr Luke Hale          |            |
| Dr Lindsay Cunningham |            |

### **ADMINISTRATOR**

Mrs Bethany Wheeler

### **CHARITY NUMBER**

Registered Charity Number 1088274

### **GOVERNING DOCUMENT**

Family Matters York was established by a Deed of Trust adopted on 21 March 2001.  
Family Matters York is the operating name of the York Community Family Trust.

### **PRINCIPAL OFFICE**

St Chad's Church, Campleshon Road, York. YO23 1PE.

### **BANKERS**

|                               |                      |
|-------------------------------|----------------------|
| National Westminster Bank plc | CAF Bank Ltd         |
| York City Centre              | 25 Kings Hill Avenue |
| 1 Market Street               | Kings Hill           |
| York City Centre              | West Malling         |
| YO1 9YH                       | Kent                 |
|                               | ME19 4JQ             |

### **INDEPENDENT EXAMINER**

Peter Taylor  
Taylor-Made Accountancy Ltd  
36 Alwyne Grove  
York  
YO30 5RT

**FAMILY MATTERS YORK**  
**REPORT OF THE TRUSTEES**  
**YEAR ENDED 31 MARCH 2023**

The trustees present their report for the year ended 31 March 2023. The financial statements have been prepared in accordance with accounting policies set out on page 8 and comply with the charity's trust deed and applicable law.

**Trustees**

The trustees in office as at 31st March 2023 are set out on page 1 of this report.

**Objectives and activities of the Organisation**

The objectives of the organisation are the advancement of public education in matters concerning marriage, parenting, family life and relationships, with a view to strengthening and enriching family life. The charity continues to work actively towards its objectives.

In setting the objectives and planning the activities for the year, the trustees have given careful consideration to the Charity Commission's general guidance on public benefit at the Trustees Meetings.

**Review of Activities**

During the year the trustees met 6 times. The charity continued to promote the objectives of the organisation within the community of the city of York and surrounding areas.

A detailed review which looks at some of the highlights of the year, as well as some of the future plans is included in page 3 .

**Finances**

The attached Statement of Financial Activities details the financial position for the year which the trustees consider to be satisfactory. The organisation maintains such funds that are necessary for its day to day activities.

The net incoming resources for the year of £12,467 (2022 – outgoing £393) have been deducted from funds giving a total fund balance of £49,144 (2022- £36,677).

**Risk Management**

The trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

**Reserves Policy**

It is the current policy of the charity to maintain unrestricted funds at a level which equates to at least 3 months unrestricted expenditure. This provides sufficient funds to cover management and administration and support costs. Unrestricted funds were maintained at least to this level throughout the year.

**FAMILY MATTERS YORK**  
**REPORT OF THE TRUSTEES**  
**YEAR ENDED 31 MARCH 2023**

This last financial year has been a time of change for the charity with our parenting work coordinator moving on after working with the charity for around 20 years! Our new parenting support lead started work with us in September and is making the role her own.

In June we provided some training to add more parenting course facilitators to our team. With 3 full days set aside to learn the ropes, our facilitators are really well equipped to support parents. This enlarged team of facilitators have helped us to run 24 parenting courses with 175 parents attending. We estimate that for every parent who attends a course there are a further 3 people impacted, so our indirect beneficiaries for the parenting courses is 700. Our courses aim to increase parents' confidence and give them the skills they need to better connect with their children and to support them as they grow through the stages of childhood. We have courses for each stage, from Early Years to Teenage Years, as well as those for specific issues, e.g., Handling Anger in the family, or for parents of children with additional needs.

75% of parents who came on our courses over this financial year reported an improvement in the relationship they have with their children, and over 90% felt more confident in their parenting.

Of course, numbers are only half the story. The feedback we get from parents gives us more information on how effective our courses are in reaching these aims. Here are a few of the statements received:

"I'm calmer, less cross, less frantic, more respectful of my children. Which all feels lovely"

"We are talking more, and arguing less"

"My son feels more confident in himself".

An exciting new venture for us is running single event sessions for particular parenting issues. In March we launched "A Mind of Their Own", which is an interactive event for parents wishing to invest in their child's wellbeing. With children's mental health being a hot topic at the moment, we are excited to support parents in this area. This first event was really successful, and we hope to run more throughout the next year.

Our Reconnect programme is the work we do in support of couples and their relationships. This year we continued to work alongside couples as they learn to better communicate and resolve conflict in their relationships. One couple in particular reported how they are more aware of what they can do to stay connected, and that the affirmation they received from their mentor couple made a big difference to how they perceive their relationship.

We are, as always, grateful to our funders and supporters for the financial gifts that allow us to do this important work. We received grants from the Two Ridings Step Change Fund, Postcode Neighbourhood Trust, York Foodbank & The Belfry Fund. We also received gifts from local churches and organisations, as well as individuals who kindly donate money each month in support of what we do.

Similar to previous years, most of our expenditure has been on the salaries & costs of our 3 part-time members of staff – The general manager, parenting support lead and relationship support lead. We are also supported by a volunteer administrator.

We are really proud of what we have achieved this year and look forward to doing more work next year to strengthen relationships across the city.

**FAMILY MATTERS YORK**  
**REPORT OF THE TRUSTEES**  
**YEAR ENDED 31 MARCH 2023**

**Organisational Structure**

The trustees are responsible for the strategic direction of the charity together with day to day responsibility for the administration of the charity's funds.

**Independent Examiner**

A resolution proposing Mr P A Taylor of Taylor-Made Accountancy Ltd be appointed as independent examiner of the charity will be put to the Annual General Meeting.

**Statement of Trustees' Responsibilities**

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing those financial statements, the trustees are required to:

- (a) select suitable accounting policies and apply them consistently;
- (b) make judgements and estimates that are reasonable and prudent;
- (c) state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements;
- (d) prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Approval**

This report was approved by the trustees on 23 January 2024 and signed on their behalf.

*Jill Ross*

**Mrs Jill Ross**  
**Trustee**  
**on behalf of Family Matters York**

**FAMILY MATTERS YORK**  
**BALANCE SHEET AS AT 31 MARCH 2023**

|  | Note | 2023<br>£ | 2022<br>£ |
|--|------|-----------|-----------|
| <b>Fixed assets</b>                              |      |           |           |
| Tangible assets                                  |      | 183       | 783       |
| <b>Current assets</b>                            |      |           |           |
| Cash at bank                                     |      | 49,949    | 37,063    |
| Debtors and prepayments                          |      | -         | 1,118     |
|  |      | 49,949    | 38,250    |
| Liabilities: amounts falling due within one year |      |           |           |
| Creditors  | 7    | 988       | 2,356     |
| Net current assets                               |      | 48,961    | 35,894    |
| Net assets                                       |      | 49,144    | 36,677    |

Represented by:

**Funds**

|                  |  |        |        |
|------------------|--|--------|--------|
| General Fund     |  | 49,144 | 36,677 |
| Designated funds |  | 0      | 0      |
|                  |  | 49,144 | 36,677 |

Mrs J Ross *Jill Ross*.....  
Trustee

Date *25/01/2024*.....

Mrs J Bloss *JTBloss*.....  
Trustee

For and on behalf of the Trustees of Family Matters York

## FAMILY MATTERS YORK

### STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

|                                      |      | 2023                | 2022                |
|--------------------------------------|------|---------------------|---------------------|
|                                      | Note | Total<br>Funds<br>£ | Total<br>Funds<br>£ |
| <b>Incoming Resources</b>            |      |                     |                     |
| Grants for the year                  | 2a   | 53,000              | 30,350              |
| Gifts and donations                  | 2b   | 10,457              | 18,458              |
| Course fees                          |      | 1,121               | 2,443               |
| Bank and other interest              |      | 100                 | 1                   |
| Total incoming resources             |      | 64,678              | 51,252              |
| <b>Resources Expended</b>            |      |                     |                     |
| Direct charitable expenditure        | 3    | 48,706              | 46,781              |
| Support costs                        | 4    | 2,319               | 3,207               |
| Professional Fees                    | 5    | 1,186               | 1,657               |
| Total resources expended             |      | 52,211              | 51,645              |
| Net (Deficit) / Surplus for the year |      | 12,467              | (393)               |
| Transfer between funds               |      | 0                   | 0                   |
|                                      |      | 12,467              | (393)               |
| Balance brought forward              |      | 36,677              | 37,070              |
| Balance carried forward              |      | 49,144              | 36,677              |

There are no recognised gains or losses other than those stated above.

The notes on pages 7 to 11 form part of these accounts.

# FAMILY MATTERS YORK

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

### 1 Accounting policies

#### 1.1 Basis of preparation of accounts and assessment of going concern

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the UK and the Republic of Ireland (FRS102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and the Charities Act 2011.

The Charity constitutes a public benefit entity as defined by FRS102.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

#### 1.2 Incoming resources and recognition

Voluntary income and donations are included as incoming resources when they are receivable, except when donors' conditions have not been fulfilled, then the income is deferred. Any income from fundraising ventures is shown gross, with the associated costs included in fundraising costs. Gift aid is shown when received.

#### 1.3 Expenditure recognition

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered.

Expenditure which is directly attributable to specific activities has been included in these cost categories. Where costs are attributable to more than one activity, they have been apportioned across the costs categories on a basis consistent with the use of these resources.

#### 1.4 Investment income

Investment income is included in the Statement of Financial Activities when receivable.

#### 1.5 Funds

The unrestricted funds of the charity have been analysed as follows:

##### General Fund:

General funds are those which are not subject to any special restriction and they can be used as the trustees decide.

##### Designated Funds:

Designated funds are amounts that the trustees have set aside to cover particular expenditure.

## FAMILY MATTERS YORK

### NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

#### 2 Incoming resources

|                               | 2023   | 2022   |
|-------------------------------|--------|--------|
|                               | £      | £      |
| <b>2a Grants receivable</b>   |        |        |
| Allocated as follows:         |        |        |
| General fund                  | 53,000 | 30,350 |
| Designated funds              | 0      | 0      |
|                               | 53,000 | 30,350 |
| <b>2b Gifts and donations</b> |        |        |
| Allocated as follows:         |        |        |
| General fund                  | 10,457 | 18,433 |
| Designated funds              | 0      | 25     |
|                               | 10,457 | 18,458 |

#### 3 Direct charitable expenditure

|                                 | 2023   | 2022   |
|---------------------------------|--------|--------|
|                                 | Total  | Total  |
|                                 | Funds  | Funds  |
|                                 | £      | £      |
| Salaries and national insurance | 40,299 | 38,830 |
| Staff pension costs             | 2,618  | 1,164  |
| Staff expenses                  | 95     | 978    |
| Staff & volunteer training      | 783    | 0      |
| Rent and rates                  | 1,652  | 2,772  |
| Volunteer costs                 | 2,807  | 2,375  |
| Course material                 | 452    | 662    |
| Room hire                       | 0      | 0      |
| Sundry expenses                 | 0      | 0      |
|                                 | 48,706 | 46,781 |

## FAMILY MATTERS YORK

### NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

#### 4 Support costs

|                                  | <b>2023</b>  | <b>2022</b>  |
|----------------------------------|--------------|--------------|
|                                  | <b>Total</b> | <b>Total</b> |
|                                  | <b>Funds</b> | <b>Funds</b> |
|                                  | <b>£</b>     | <b>£</b>     |
| Depreciation                     | 599          | 582          |
| Insurance                        | 28           | 922          |
| Telephone                        | 561          | 635          |
| Printing, postage and stationery | 359          | 294          |
| Website and computer costs       | 700          | 0            |
| Recruitment Costs                | 0            | 500          |
| Subscriptions                    | 0            | 273          |
| Bank Charges                     | 72           | 1            |
|                                  | <u>2,319</u> | <u>3,207</u> |

#### 5 Professional Fees

|                            | <b>2023</b>  | <b>2022</b>  |
|----------------------------|--------------|--------------|
|                            | <b>Total</b> | <b>Total</b> |
|                            | <b>Funds</b> | <b>Funds</b> |
|                            | <b>£</b>     | <b>£</b>     |
| Independent Examiner's fee | 500          | 1,105        |
| Payroll management costs   | 686          | 552          |
|                            | <u>1,186</u> | <u>1,657</u> |

## FAMILY MATTERS YORK

### NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

#### 6 Designated Funds

##### Parenting Fund

A fund set up by the trustees to train volunteers and deliver courses to equip parents and carers to improve their parenting skills and their relationships with their children.

##### Relationship Support Fund

A fund set up by the trustees to train volunteers and deliver courses to support people in relationships and couples who are facing relationship difficulties.

#### 7 Creditors

|                            | <b>2023</b> | <b>2022</b>  |
|----------------------------|-------------|--------------|
|                            | <b>£</b>    | <b>£</b>     |
| Pensions                   | 227         | 232          |
| PAYE                       | 261         | 477          |
| Independent examiner's fee | 500         | 954          |
| Other creditors            | 0           | 693          |
|                            | <u>988</u>  | <u>2,356</u> |

## FAMILY MATTERS YORK

### NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

#### 9 Staff costs

|                       | 2023<br>£     | 2022<br>£     |
|-----------------------|---------------|---------------|
| The staff costs were: |               |               |
| Wages and salaries    | 42,917        | 39,995        |
|                       | <u>42,917</u> | <u>39,995</u> |

During the year the number of staff employed on a part time basis was as follows:

|                              | 2023     | 2022     |
|------------------------------|----------|----------|
| Direct charitable activities | <u>3</u> | <u>3</u> |

No employee received remuneration of more than £60,000.

#### 10 Trustees

No trustee received any remuneration for services rendered during the year. However, trustees out of pocket expenses were reimbursed when requested.

#### 11 Independent Examiner's Fee and Professional costs

The Independent Examiner's fee for the year amounted to £500 (2022- £954) and is disclosed in professional fees. Payroll management costs of £686 payable to Fortus North Limited have been charged within these financial statements.

#### 12 Contingent liabilities

The Charity has no contingent liabilities at 31st March 2023 ( 2022- £Nil ).

## FAMILY MATTERS YORK

### INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

I report on the accounts of Family Matters York for the year ended 31 March 2023 which are set out on pages 5 to 11.

#### Respective responsibilities of the Trustees and of the Independent Examiner

As the charity's trustees you are responsible for the preparation of the accounts; you consider that the audit requirement of section 144(2) of the Charities Act 2011 does not apply, and that an independent examination is needed. The charity is preparing accrued accounts and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

It is my responsibility to:

- (a) examine the accounts under section 145 of the Charities Act 2011 (the 2011 Act);
- (b) to follow the procedure laid down in the General Directions given by the Charity Commissioner under section 145(5)(b) of the 2011 Act; and
- (c) to state whether particular matters have come to my attention.

#### Basis of Independent Examiner's Report

My examination was carried out in accordance with the general directions given by the Charities Commissioners. An independent examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the

#### Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that in any material respect the requirements:
  - (a) to keep accounting records in accordance with section 130 of the 2011 Act; and
  - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act.

have not been met; or

- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Peter Taylor  
Taylor-Made Accountancy Ltd



22 January 2024

**FAMILY MATTERS YORK**

England & Wales - Charity number 1088274

---

# Accounts

---

**FAMILY MATTERS YORK**

**Financial Statements and  
Annual Report of the Trustees**

**for the year ended**

**31st March 2022**

**Charity No 1088274**

## **FAMILY MATTERS YORK**

### **Contents**

|             |                                      |
|-------------|--------------------------------------|
| Page 1      | Legal and Administrative Information |
| Pages 2 - 4 | Report of the Trustees               |
| Page 5      | Statement of Financial Activities    |
| Page 6      | Balance Sheet                        |
| Pages 7-11  | Notes to the Accounts                |
| Page 12     | Independent Examiner's Report        |

## **FAMILY MATTERS YORK**

### **LEGAL AND ADMINISTRATIVE INFORMATION**

#### **TRUSTEES**

The Trustees who served during the year were:

|                  |                              |
|------------------|------------------------------|
| Mrs Jill Ross    | Co - Chair                   |
| Mrs Joanna Bloss | Co - Chair                   |
| Mr Martin Rowley | Resigned 13th September 2021 |
| Mr Howard Landon |                              |
| Mr Luke Hale     | Appointed 7 June 2021        |

#### **ADMINISTRATOR**

Mrs Bethany Wheeler

#### **TREASURER**

Mrs Bethany Wheeler

#### **CHARITY NUMBER**

Registered Charity Number 1088274

#### **GOVERNING DOCUMENT**

Family Matters York was established by a Deed of Trust adopted on 21 March 2001.  
Family Matters York is the operating name of the York Community Family Trust.

#### **PRINCIPAL OFFICE**

Dilston House, 65 Lawrence Street, York. YO10 3BU.

#### **BANKERS**

|                               |                      |
|-------------------------------|----------------------|
| National Westminster Bank plc | CAF Bank Ltd         |
| York City Centre              | 25 Kings Hill Avenue |
| 1 Market Street               | Kings Hill           |
| York City Centre              | West Malling         |
| YO1 9YH                       | Kent                 |
|                               | ME19 4JQ             |

#### **INDEPENDENT EXAMINER**

Paul Dixon ACA  
Fortus Audit LLP  
Chartered Accountants &  
Statutory Auditors  
5/6 Manor Court  
Eastfield  
Scarborough  
North Yorkshire  
YO11 3TU

**FAMILY MATTERS YORK**  
**REPORT OF THE TRUSTEES**  
**YEAR ENDED 31 MARCH 2022**

The trustees present their report for the year ended 31 March 2022. The financial statements have been prepared in accordance with accounting policies set out on page 8 and comply with the charity's trust deed and applicable law.

**Trustees**

The trustees in office as at 31st March 2022 are set out on page 1 of this report.

**Objectives and activities of the Organisation**

The objectives of the organisation are the advancement of public education in matters concerning marriage, parenting, family life and relationships, with a view to strengthening and enriching family life. The charity continues to work actively towards its objectives.

In setting the objectives and planning the activities for the year, the trustees have given careful consideration to the Charity Commission's general guidance on public benefit at the Trustees Meetings.

**Review of Activities**

During the year the trustees met 6 times. The charity continued to promote the objectives of the organisation within the community of the city of York and surrounding areas.

A detailed review which looks at some of the highlights of the year, as well as some of the future plans is included in page 3 .

**Finances**

The attached Statement of Financial Activities details the financial position for the year which the trustees consider to be satisfactory. The organisation maintains such funds that are necessary for its day to day activities.

The net outgoing resources for the year of £393 (2021 - £1,523) have been deducted from funds giving a total fund balance of £36,677 (2021- £37,070).

**Risk Management**

The trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

**Reserves Policy**

It is the current policy of the charity to maintain unrestricted funds at a level which equates to at least 3 months unrestricted expenditure. This provides sufficient funds to cover management and administration and support costs. Unrestricted funds were maintained at least to this level throughout the year.

**FAMILY MATTERS YORK**  
**REPORT OF THE TRUSTEES**  
**YEAR ENDED 31 MARCH 2022**

This financial year saw us move into post-pandemic times, and like much of the world we had to continue to adapt according to the everchanging climate. We were delighted to be recognised for our work in the community during the pandemic by the Lord Mayor and York CVS. They presented us with a certificate “in recognition of [our] kindness, generosity and practical help during the COVID-19 pandemic”. We are proud to have brought support & help to the family & couple relationships in our city at that most difficult time in history.

We were able to resume in-person parenting courses in September 2021 and have maintained a hybrid approach. The ability to continue providing some online courses each half term has opened up access to our courses to more people; for some, the idea of coming into an unfamiliar building with people they don't know was too much of a barrier, but they feel comfortable enough to login from the comfort of their own home and are able to gain much of the benefits from our courses in a way that they couldn't pre-pandemic. Our parenting coordinator continued to adapt the course material to best suit its context, while our team of 11 course facilitators delivered the courses in pairs.

Over the year we ran 34 courses attended by 223 parents. All our courses aim to increase parents' confidence and give them the skills they need to better connect with their children and to support them as they grow through the stages of childhood. We have courses for each stage, from Early Years to Teenage Years, as well as those for specific issues, e.g., Handling Anger in the family, or for parents of children with additional needs. The feedback we got for these courses over the financial year was overwhelmingly positive – some of it is shared here:

*“I feel like I'm much more in control as a parent”*

*“the change in my daughter has been a transformation, and it all started with me and my new found toolbox”*

*“the house is a lot calmer and we're all happier really”*

One of the courses we ran this year was commissioned and funded by Refugee Action York, specifically for parents who came to York as refugees and found themselves parenting in a totally different culture to that which they were used to & themselves grew up in. The course was a teenage years course that our parenting coordinator simplified to allow for working with a translator.

Our Reconnect programme is the work we do in support of couples and their relationships. This year we were able to fully restart our in person work and we have worked alongside couples as they learn to better communicate and resolve conflict in their relationships.

We believe that the work we have done with both parents and couples over this financial year has worked towards our aims of strengthening relationships and building confidence in families.

We are, as always, grateful to our funders and supporters for the financial gifts that allow us to do this important work. We received grants from the Albert Hunt, Two Ridings & George Moor Foundations, as well as York Foodbank & The National Lottery Community Fund. We also received gifts from local churches and organisations, as well as individuals who kindly donate money each month in support of what we do.

Much of our expenditure has been on salaries & pensions, allowing for 3 part-time members of staff. Our parenting coordinator is responsible for the planning, setting up and managing delivery of our parenting courses; the relationships coordinator is responsible for the development and delivery of our relationships support work; and the general manager is responsible for overall management of the charity, marketing, fundraising and finances. The team is supplemented by an administrator who supports the staff team with administrative tasks as well as supporting & promoting all aspects of the charity.

Looking to the future of the charity, we are hoping to train up some more parenting course facilitators to allow us to provide more courses, as well as work with a graphic designer to develop a new logo & website. We hope that both of these developments will allow us as a staff & volunteer team to continue to provide this valuable service to as many families as possible in York.

**FAMILY MATTERS YORK**  
**REPORT OF THE TRUSTEES**  
**YEAR ENDED 31 MARCH 2022**

**Organisational Structure**

The trustees are responsible for the strategic direction of the charity together with day to day responsibility for the administration of the charity's funds.

**Independent Examiner**

A resolution proposing Mr P Dixon ACA of Fortus Audit LLP to be reappointed as independent examiner of the charity will be put to the Annual General Meeting.

**Statement of Trustees' Responsibilities**

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing those financial statements, the trustees are required to:

- (a) select suitable accounting policies and apply them consistently;
- (b) make judgements and estimates that are reasonable and prudent;
- (c) state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements;
- (d) prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Approval**

This report was approved by the trustees on <sup>23/01/2023</sup> ..... and signed on their behalf.

*Jill Ross*

**Mrs Jill Ross**  
**Trustee**  
**on behalf of Family Matters York**

**FAMILY MATTERS YORK**  
**BALANCE SHEET AS AT 31 MARCH 2022**

|  | Note | 2022<br>£ | 2021<br>£ |
|--|------|-----------|-----------|
| <b>Fixed assets</b>                                  |      |           |           |
| Tangible assets                                      |      | 783       | 865       |
| <b>Current assets</b>                                |      |           |           |
| Cash at bank   |      | 37,063    | 36,244    |
| Debtors and prepayments                              |      | 1188      | 990       |
|  |      | 38,250    | 37,234    |
| <br>Liabilities: amounts falling due within one year |      |           |           |
| Creditors  | 7    | 2,356     | 1,029     |
|  |      | 35,894    | 36,205    |
| Net current assets                                   |      | 35,894    | 36,205    |
| Net assets   |      | 36,677    | 37,070    |
| <br>Represented by:                                  |      |           |           |
| <b>Funds</b>   |      |           |           |
|  | 8    |           |           |
| General Fund   |      | 36,677    | 37,070    |
| Designated funds                                     |      | 0         | 0         |
|  |      | 36,677    | 37,070    |

Mrs J Ross..... *Jill Ross* ..... Date 23/01/2023  
Trustee

Mrs J Bloss.....  
Trustee

For and on behalf of the Trustees of Family Matters York

## FAMILY MATTERS YORK

### STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2022

|                                      |      | Unrestricted Funds |               | 2022          | 2021          |
|--------------------------------------|------|--------------------|---------------|---------------|---------------|
|                                      |      | General            | Designated    | Total         | Total         |
|                                      | Note | Fund               | Funds         | Funds         | Funds         |
|                                      |      | £                  | £             | £             | £             |
| <b>Incoming Resources</b>            |      |                    |               |               |               |
| Grants for the year                  | 2a   | 30,350             | 0             | 30,350        | 26,853        |
| Gifts and donations                  | 2b   | 18,433             | 25            | 18,458        | 19,462        |
| Course fees                          |      | 0                  | 2,443         | 2,443         | 1,465         |
| Bank and other interest              |      | 1                  | 0             | 1             | 5             |
| Total incoming resources             |      | <u>48,784</u>      | <u>2,468</u>  | <u>51,252</u> | <u>47,784</u> |
| <b>Resources Expended</b>            |      |                    |               |               |               |
| Direct charitable expenditure        | 3    | 16,885             | 29,896        | 46,781        | 45,797        |
| Support costs                        | 4    | 2,886              | 322           | 3,207         | 2,221         |
| Professional Fees                    | 5    | 1,657              | 0             | 1,657         | 1,289         |
| Total resources expended             |      | <u>21,427</u>      | <u>30,218</u> | <u>51,645</u> | <u>49,307</u> |
| Net (Deficit) / Surplus for the year |      | 27,356             | (27,750)      | (393)         | (1,523)       |
| Transfer between funds               |      | (27,750)           | 27,750        | 0             | 0             |
|                                      |      | (393)              | 0             | (393)         | (1,523)       |
| Balance brought forward              |      | 37,070             | 0             | 37,070        | 38,593        |
| Balance carried forward              | 8    | <u>36,677</u>      | <u>0</u>      | <u>36,677</u> | <u>37,070</u> |

There are no recognised gains or losses other than those stated above.

The notes on pages 7 to 11 form part of these accounts.

# FAMILY MATTERS YORK

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

### 1 Accounting policies

#### 1.1 Basis of preparation of accounts and assessment of going concern

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the UK and the Republic of Ireland (FRS102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and the Charities Act 2011.

The Charity constitutes a public benefit entity as defined by FRS102.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

#### 1.2 Incoming resources and recognition

Voluntary income and donations are included as incoming resources when they are receivable, except when donors' conditions have not been fulfilled, then the income is deferred. Any income from fundraising ventures is shown gross, with the associated costs included in fundraising costs. Gift aid is shown when received.

#### 1.3 Expenditure recognition

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered.

Expenditure which is directly attributable to specific activities has been included in these cost categories. Where costs are attributable to more than one activity, they have been apportioned across the costs categories on a basis consistent with the use of these resources.

#### 1.4 Investment income

Investment income is included in the Statement of Financial Activities when receivable.

#### 1.5 Funds

The unrestricted funds of the charity have been analysed as follows:

##### General Fund:

General funds are those which are not subject to any special restriction and they can be used as the trustees decide.

##### Designated Funds:

Designated funds are amounts that the trustees have set aside to cover particular expenditure.

## FAMILY MATTERS YORK

### NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

#### 2 Incoming resources

|                               | 2022   | 2021   |
|-------------------------------|--------|--------|
|                               | £      | £      |
| <b>2a Grants receivable</b>   |        |        |
| Allocated as follows:         |        |        |
| General fund                  | 30,350 | 21,778 |
| Designated funds              | 0      | 5,075  |
|                               | 30,350 | 26,853 |
| <b>2b Gifts and donations</b> |        |        |
| Allocated as follows:         |        |        |
| General fund                  | 18,433 | 19,462 |
| Designated funds              | 25     | 0      |
|                               | 18,458 | 19,462 |

#### 3 Direct charitable expenditure

|                                 | General Fund | Designated Funds | 2022 Total Funds | 2021 Total Funds |
|---------------------------------|--------------|------------------|------------------|------------------|
|                                 | £            | £                | £                | £                |
| Salaries and national insurance | 13,092       | 25,738           | 38,830           | 38,342           |
| Staff pension costs             | 392          | 772              | 1,164            | 1,150            |
| Staff expenses                  | 329          | 649              | 978              | 405              |
| Staff & volunteer training      | 0            | 0                | 0                | 0                |
| Rent and rates                  | 2,772        | 0                | 2,772            | 2,597            |
| Volunteer costs                 | 0            | 2,375            | 2,375            | 2,250            |
| Course material                 | 300          | 362              | 662              | 1,053            |
| Room hire                       | 0            | 0                | 0                | 0                |
| Sundry expenses                 | 0            | 0                | 0                | 0                |
|                                 | 16,885       | 29,896           | 46,781           | 45,797           |

## FAMILY MATTERS YORK

### NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

#### 4 Support costs

|                                  | General<br>Fund<br>£ | Designated<br>Funds<br>£ | 2022<br>Total<br>Funds<br>£ | 2021<br>Total<br>Funds<br>£ |
|----------------------------------|----------------------|--------------------------|-----------------------------|-----------------------------|
| Depreciation                     | 582                  | 0                        | 582                         | 433                         |
| Insurance                        | 922                  | 0                        | 922                         | 909                         |
| Telephone                        | 511                  | 124                      | 635                         | 798                         |
| Printing, postage and stationery | 96                   | 198                      | 294                         | 81                          |
| Website and computer costs       | 0                    | 0                        | 0                           | 0                           |
| Recruitment Costs                | 500                  | 0                        | 500                         | 0                           |
| Subscriptions                    | 273                  | 0                        | 273                         | 0                           |
| Deposit account interest         | 1                    | 0                        | 1                           | 0                           |
|                                  | <u>2,886</u>         | <u>322</u>               | <u>3,207</u>                | <u>2,221</u>                |

#### 5 Professional Fees

|                            | General<br>Fund<br>£ | Designated<br>Funds<br>£ | 2022<br>Total<br>Funds<br>£ | 2021<br>Total<br>Funds<br>£ |
|----------------------------|----------------------|--------------------------|-----------------------------|-----------------------------|
| Independent Examiner's fee | 1105                 | 0                        | 1105                        | 755                         |
| Payroll management costs   | 552                  | 0                        | 552                         | 534                         |
|                            | <u>1,657</u>         | <u>0</u>                 | <u>1,657</u>                | <u>1,289</u>                |

## FAMILY MATTERS YORK

### NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

#### 6 Designated Funds

##### Parenting Fund

A fund set up by the trustees to train volunteers and deliver courses to equip parents and carers to improve their parenting skills and their relationships with their children.

##### Relationship Support Fund

A fund set up by the trustees to train volunteers and deliver courses to support people in relationships and couples who are facing relationship difficulties.

#### 7 Creditors

|                            | 2022  | 2021  |
|----------------------------|-------|-------|
|                            | £     | £     |
| Pensions                   | 232   | 232   |
| PAYE                       | 477   | 0     |
| Independent examiner's fee | 954   | 755   |
| Other creditors            | 693   | 42    |
|                            | 2,356 | 1,029 |

#### 8 Movement of funds

|                           | Opening Balances | Incoming Resources | Resources Expended | Transfers between funds | Closing Balances |
|---------------------------|------------------|--------------------|--------------------|-------------------------|------------------|
|                           | £                | £                  | £                  | £                       | £                |
| <b>Unrestricted Funds</b> |                  |                    |                    |                         |                  |
| <b>General Fund</b>       | 37,070           | 48,784             | 21,427             | (27,750)                | 36,677           |
| <b>Designated Funds</b>   |                  |                    |                    |                         |                  |
| Parenting Fund            | 0                | 1,693              | 15,595             | 13,902                  | 0                |
| Relationship Support Fund | 0                | 775                | 14,623             | 13,848                  | 0                |
|                           | 37,070           | 51,252             | 51,645             | 0                       | 36,677           |

## FAMILY MATTERS YORK

### NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

#### 9 Staff costs

|                       | 2022          | 2021          |
|-----------------------|---------------|---------------|
|                       | £             | £             |
| The staff costs were: |               |               |
| Wages and salaries    | 39,995        | 39,492        |
|                       | <u>39,995</u> | <u>39,492</u> |

During the year the number of staff employed on a part time basis was as follows:

|                              | 2022     | 2021     |
|------------------------------|----------|----------|
| Direct charitable activities | <u>3</u> | <u>3</u> |

No employee received remuneration of more than £60,000.

#### 10 Trustees

No trustee received any remuneration for services rendered during the year. However, trustees out of pocket expenses were reimbursed when requested.

Rent of £2,400 (2021- £2,400) was paid to Rowley & Sons, a business in which one of the trustees, Mr M Rowley is a partner.

#### 11 Independent Examiner's Fee and Professional costs

The Independent Examiner's fee for the year amounted to £954 (2021- £755) and is disclosed in professional fees. Payroll management costs of £552 payable to Fortus North Limited have been charged within these financial statements.

#### 12 Contingent liabilities

The Charity has no contingent liabilities at 31st March 2022 ( 2021- £Nil ).

## FAMILY MATTERS YORK

### INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

I report on the accounts of Family Matters York for the year ended 31 March 2022 which are set out on pages 5 to 11.

#### Respective responsibilities of the Trustees and of the Independent Examiner

As the charity's trustees you are responsible for the preparation of the accounts; you consider that the audit requirement of section 144(2) of the Charities Act 2011 does not apply, and that an independent examination is needed. The charity is preparing accrued accounts and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

It is my responsibility to:

- (a) examine the accounts under section 145 of the Charities Act 2011 (the 2011 Act);
- (b) to follow the procedure laid down in the General Directions given by the Charity Commissioner under section 145(5)(b) of the 2011 Act; and
- (c) to state whether particular matters have come to my attention.

#### Basis of Independent Examiner's Report

My examination was carried out in accordance with the general directions given by the Charities Commissioners. An independent examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the

#### Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

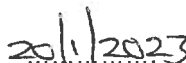
- 1) which gives me reasonable cause to believe that in any material respect the requirements:
  - (a) to keep accounting records in accordance with section 130 of the 2011 Act; and
  - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act.

have not been met; or

- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Paul Dixon ACA  
Fortus Audit LLP  
Chartered Accountants &  
Statutory Auditors



5/6 Manor Court  
Eastfield  
Scarborough  
North Yorkshire  
YO11 3TU

**FAMILY MATTERS YORK**

England & Wales - Charity number 1088274

---

# Accounts

---

**FAMILY MATTERS YORK**

**Financial Statements and  
Annual Report of the Trustees**

**for the year ended**

**31st March 2021**

**Charity No 1088274**

## **FAMILY MATTERS YORK**

### **Contents**

|             |                                      |
|-------------|--------------------------------------|
| Page 1      | Legal and Administrative Information |
| Pages 2 - 4 | Report of the Trustees               |
| Page 5      | Statement of Financial Activities    |
| Page 6      | Balance Sheet                        |
| Pages 7-11  | Notes to the Accounts                |
| Page 12     | Independent Examiner's Report        |

## **FAMILY MATTERS YORK**

### **LEGAL AND ADMINISTRATIVE INFORMATION**

#### **TRUSTEES**

The Trustees who served during the year were:

|                   |                     |
|-------------------|---------------------|
| Mrs Jill Ross     | Co - Chair          |
| Mrs Joanna Bloss  | Co - Chair          |
| Mr David Atkinson | (Resigned 13.09.20) |
| Mr Martin Rowley  |                     |
| Mr Howard Landon  |                     |

#### **ADMINISTRATOR**

Ms Laura Hambleton

#### **TREASURER**

Ms Laura Hambleton

#### **CHARITY NUMBER**

Registered Charity Number 1088274

#### **GOVERNING DOCUMENT**

Family Matters York was established by a Deed of Trust adopted on 21 March 2001.  
Family Matters York is the operating name of the York Community Family Trust.

#### **PRINCIPAL OFFICE**

Dilston House, 65 Lawrence Street, York. YO10 3BU.

#### **BANKERS**

|                               |                      |
|-------------------------------|----------------------|
| National Westminster Bank plc | CAF Bank Ltd         |
| York City Centre              | 25 Kings Hill Avenue |
| 1 Market Street               | Kings Hill           |
| York City Centre              | West Malling         |
| YO1 9YH                       | Kent                 |
|                               | ME19 4JQ             |

#### **INDEPENDENT EXAMINER**

Paul Dixon ACA FCCA  
Fortus Audit LLP  
Chartered Accountants &  
Statutory Auditors  
62/63 Westborough  
Scarborough  
North Yorkshire  
YO11 1TS

**FAMILY MATTERS YORK**  
**REPORT OF THE TRUSTEES**  
**YEAR ENDED 31 MARCH 2021**

The trustees present their report for the year ended 31 March 2021. The financial statements have been prepared in accordance with accounting policies set out on page 8 and comply with the charity's trust deed and applicable law.

**Trustees**

The trustees in office as at 31st March 2021 are set out on page 1 of this report.

**Objectives and activities of the Organisation**

The objectives of the organisation are the advancement of public education in matters concerning marriage, parenting, family life and relationships, with a view to strengthening and enriching family life. The charity continues to work actively towards its objectives.

In setting the objectives and planning the activities for the year, the trustees have given careful consideration to the Charity Commission's general guidance on public benefit at the Trustees Meetings.

**Review of Activities**

During the year the trustees met eight times. The charity continued to promote the objectives of the organisation within the community of the city of York and surrounding areas.

A detailed review which looks at some of the highlights of the year, as well as some of the future plans is included in page 3 .

**Finances**

The attached Statement of Financial Activities details the financial position for the year which the trustees consider to be satisfactory. The organisation maintains such funds that are necessary for its day to day activities.

The net outgoing resources for the year of £1,522 (2020 - £1,999) have been deducted from funds giving a total fund balance of £37,070 (2020- £38,592).

**Risk Management**

The trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

**Reserves Policy**

It is the current policy of the charity to maintain unrestricted funds at a level which equates to at least 3 months unrestricted expenditure. This provides sufficient funds to cover management and administration and support costs. Unrestricted funds were maintained at least to this level throughout the year. Page 2

**FAMILY MATTERS YORK**  
**REPORT OF THE TRUSTEES**  
**YEAR ENDED 31 MARCH 2021**

This year was certainly unlike any that we have had before. As we started the new financial year the country was just starting the second week in full national lockdown. We brought our late spring half term courses to an abrupt end in the middle of March as Covid-19 meant that we could no longer deliver them in person. The staff team at Family Matters York worked rapidly to adapt our courses and make them available online. This was a brand-new area for the charity as courses had never been delivered in any format other than group sessions in physical meetings.

Within 10 days of the national lockdown starting our Development Manager and Parenting Co-ordinator piloted our first online course. Handling Anger in the Family started as a trial of an interactive online course on the evening of Thursday 2nd April 2020 with 10 parents attending. This course paved the way for one of the largest changes to our parenting courses in recent years. This change of delivery rapidly enabled us to reach out to parents, via Zoom in their own homes at times across the day to suit their schedule.

We succeeded in running 5 courses in the first summer half term and 7 in the last half term of the summer term.

Family Matters York was very grateful to The National Lottery Awards for All Scheme who supported us in using their funding that was originally set for in person courses throughout the more deprived areas of York, to then be used to fund 6 online courses. We are also thankful to Joseph Rowntree Housing Trust who support us in running further courses to support families who were struggling due to the impacts of lockdown. In all we were able to support 52 families straight away during the first national lockdown from Easter 2020 to the Summer Holidays.

The Charles and Elsie Sykes Fund and The Two Ridings Step Change Funds were both instrumental in supporting us to continue to provide support for parents throughout the ever-changing covid situation. This funding enabled us to deliver a total of twenty-eight courses online throughout the autumn term and the January- March lockdown of 2021 enabling us to support a further 205 families. During this time, we heard a great deal from parents who were really struggling in their relationships. Our courses had been able to bring some support during a very uncertain time for the whole nation.

A combination of the confidential nature of our Relationship's work (Couples in Crisis) and the unknown nature of Zoom meant that we were unfortunately unable to support new couples during the lockdowns this year. We were concerned that internet security was not sufficient at that time to maintain confidentiality. However, our Relationship Coordinator did not waste the time that we had. We used funding that was given to us from The Hillard's Trust to train and recruit many new support couples for the service. All the couples and trainers met regularly on Zoom to learn how to support couples in learning skills that in time could strengthen and save their relationships and by Christmas 2020 we had 9 new mentor couples who were fully trained and ready to support new client couples.

As April 2021 started in lockdown it was agreed that the couples in crisis service could start up again online until the restrictions lift again to allow more face-to-face contact. We were now satisfied that confidentiality and internet safety could be established and maintained as the whole world learned to communicate differently using secure end to end encryption.

2020/21 has undoubtedly been a very challenging year for everyone. Family Matters York is, however, deeply grateful to all our supporters and funders who have enabled us to diversify and provide a service online for the first time. This feels like a change that is here to stay and will be a positive addition to our charity, even as restrictions lift and forward into the future.

**FAMILY MATTERS YORK**  
**REPORT OF THE TRUSTEES**  
**YEAR ENDED 31 MARCH 2021**

**Organisational Structure**

The trustees are responsible for the strategic direction of the charity together with day to day responsibility for the administration of the charity's funds.

**Independent Examiner**

A resolution proposing Mr P Dixon ACA FCCA of Fortus Audit LLP to be reappointed as independent examiner of the charity will be put to the Annual General Meeting.

**Statement of Trustees' Responsibilities**

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing those financial statements, the trustees are required to:

- (a) select suitable accounting policies and apply them consistently;
- (b) make judgements and estimates that are reasonable and prudent;
- (c) state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements;
- (d) prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Approval**

This report was approved by the trustees on 09/11/2021 and signed on their behalf.

*Jill Ross.*

**Mrs Jill Ross**  
**Trustee**  
**on behalf of Family Matters York**

## FAMILY MATTERS YORK

### STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 20

|                                      |      | Unrestricted Funds |                | 2021           | 2020           |
|--------------------------------------|------|--------------------|----------------|----------------|----------------|
|                                      |      | General            | Designated     | Total          | Total          |
|                                      | Note | Fund               | Funds          | Funds          | Funds          |
|                                      |      | £                  | £              | £              | £              |
| <b>Incoming Resources</b>            |      |                    |                |                |                |
| Grants for the year                  | 2a   | 21,778             | 5,075          | 26,853         | 12,450         |
| Gifts and donations                  | 2b   | 19,332             | 130            | 19,462         | 19,925         |
| Course fees                          |      | 0                  | 1,465          | 1,465          | 8,088          |
| Bank and other interest              |      | 5                  | 0              | 5              | 26             |
| Refund of telephone charges          |      | 0                  | 0              | 0              | 71             |
| Total incoming resources             |      | <u>41,114</u>      | <u>6,670</u>   | <u>47,784</u>  | <u>40,560</u>  |
| <b>Resources Expended</b>            |      |                    |                |                |                |
| Direct charitable expenditure        | 3    | 15,648             | 30,149         | 45,797         | 39,099         |
| Support costs                        | 4    | 2,071              | 150            | 2,221          | 2,632          |
| Professional Fees                    | 5    | 1,289              | 0              | 1,289          | 828            |
| Total resources expended             |      | <u>19,008</u>      | <u>30,299</u>  | <u>49,307</u>  | <u>42,559</u>  |
| Net (Deficit) / Surplus for the year |      | 22,107             | (23,629)       | (1,523)        | (1,999)        |
| Transfer between funds               |      | (20,249)           | 20,249         | 0              | 0              |
|                                      |      | <u>1,858</u>       | <u>(3,380)</u> | <u>(1,523)</u> | <u>(1,999)</u> |
| Balance brought forward              |      | 35,212             | 3,380          | 38,592         | 40,591         |
| Balance carried forward              | 8    | <u>37,070</u>      | <u>(0)</u>     | <u>37,070</u>  | <u>38,592</u>  |

There are no recognised gains or losses other than those stated above.

The notes on pages 7 to 11 form part of these accounts.

**FAMILY MATTERS YORK**  
**BALANCE SHEET AS AT 31 MARCH 2021**

|  | Note | 2021<br>£ | 2020<br>£ |
|--|------|-----------|-----------|
| <b>Fixed assets</b>                                  |      |           |           |
| Tangible assets                                      |      | 865       | 0         |
| <b>Current assets</b>                                |      |           |           |
| Cash at bank   |      | 36,244    | 35,177    |
| Debtors and prepayments                              |      | 990       | 4,665     |
|  |      | 37,234    | 39,841    |
| <br>Liabilities: amounts falling due within one year |      |           |           |
| Creditors  | 7    | 1,029     | 1,249     |
|  |      | 36,205    | 38,592    |
| Net current assets                                   |      | 36,205    | 38,592    |
| Net assets   |      | 37,070    | 38,592    |

Represented by:

|                  |   |        |        |
|------------------|---|--------|--------|
| <b>Funds</b>     |   |        |        |
|                  | 8 |        |        |
| General Fund     |   | 37,070 | 35,212 |
| Designated funds |   | 0      | 3,379  |
|                  |   | 37,070 | 38,592 |

Mrs J Ross..... *Jill Ross* ..... Date 09/11/2021  
Trustee

Mrs J Bloss..... *JMB* .....  
Trustee

For and on behalf of the Trustees of Family Matters York

# FAMILY MATTERS YORK

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021

### 1 Accounting policies

#### 1.1 Basis of preparation of accounts and assessment of going concern

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the UK and the Republic of Ireland (FRS102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and the Charities Act 2011.

The Charity constitutes a public benefit entity as defined by FRS102.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

#### 1.2 Incoming resources and recognition

Voluntary income and donations are included as incoming resources when they are receivable, except when donors' conditions have not been fulfilled, then the income is deferred. Any income from fundraising ventures is shown gross, with the associated costs included in fundraising costs. Gift aid is shown when received.

#### 1.3 Expenditure recognition

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered.

Expenditure which is directly attributable to specific activities has been included in these cost categories. Where costs are attributable to more than one activity, they have been apportioned across the costs categories on a basis consistent with the use of these resources.

#### 1.4 Investment income

Investment income is included in the Statement of Financial Activities when receivable.

#### 1.5 Funds

The unrestricted funds of the charity have been analysed as follows:

##### General Fund:

General funds are those which are not subject to any special restriction and they can be used as the trustees decide.

##### Designated Funds:

Designated funds are amounts that the trustees have set aside to cover particular expenditure.

## FAMILY MATTERS YORK

### NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021

#### 2 Incoming resources

|                               | 2021   | 2020   |
|-------------------------------|--------|--------|
|                               | £      | £      |
| <b>2a Grants receivable</b>   |        |        |
| Allocated as follows:         |        |        |
| General fund                  | 21,778 | 0      |
| Designated funds              | 5,075  | 12,450 |
|                               | 26,853 | 12,450 |
| <b>2b Gifts and donations</b> |        |        |
| Allocated as follows:         |        |        |
| General fund                  | 19,462 | 19,925 |
| Designated funds              | 0      | 0      |
|                               | 19,462 | 19,925 |

#### 3 Direct charitable expenditure

|                                 | General Fund | Designated Funds | 2021 Total Funds | 2020 Total Funds |
|---------------------------------|--------------|------------------|------------------|------------------|
|                                 | £            | £                | £                | £                |
| Salaries and national insurance | 12,417       | 25,925           | 38,342           | 33,379           |
| Staff pension costs             | 373          | 778              | 1,150            | 1,007            |
| Staff expenses                  | 201          | 205              | 405              | 102              |
| Staff & volunteer training      | 0            | 0                | 0                | 490              |
| Rent and rates                  | 2,597        | 0                | 2,597            | 2,579            |
| Volunteer costs                 | 0            | 2,250            | 2,250            | 913              |
| Course material                 | 61           | 992              | 1,053            | 362              |
| Room hire                       | 0            | 0                | 0                | 195              |
| Sundry expenses                 | 0            | 0                | 0                | 70               |
|                                 | 15,648       | 30,149           | 45,797           | 39,099           |

## FAMILY MATTERS YORK

### NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021

#### 4 Support costs

|                                  | General<br>Fund<br>£ | Designated<br>Funds<br>£ | 2021<br>Total<br>Funds<br>£ | 2020<br>Total<br>Funds<br>£ |
|----------------------------------|----------------------|--------------------------|-----------------------------|-----------------------------|
| Depreciation                     | 433                  | 0                        | 433                         | 0                           |
| Insurance                        | 909                  | 0                        | 909                         | 908                         |
| Telephone                        | 648                  | 150                      | 798                         | 632                         |
| Printing, postage and stationery | 81                   | 0                        | 81                          | 374                         |
| Website and computer costs       | 0                    | 0                        | 0                           | 582                         |
| Sundry expenses                  | 0                    | 0                        | 0                           | 136                         |
|                                  | <u>2,071</u>         | <u>150</u>               | <u>2,221</u>                | <u>2,632</u>                |

#### 5 Professional Fees

|                               | General<br>Fund<br>£ | Designated<br>Funds<br>£ | 2021<br>Total<br>Funds<br>£ | 2020<br>Total<br>Funds<br>£ |
|-------------------------------|----------------------|--------------------------|-----------------------------|-----------------------------|
| Independent Examiner's fee    | 755                  | 0                        | 755                         | 732                         |
| Payroll management costs 2019 | 0                    | 0                        | 0                           | -192                        |
| Payroll management costs 2020 | 0                    | 0                        | 0                           | 288                         |
| Payroll management costs 2021 | 534                  | 0                        | 534                         | 0                           |
|                               | <u>1,289</u>         | <u>0</u>                 | <u>1,289</u>                | <u>828</u>                  |

## FAMILY MATTERS YORK

### NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021

#### 6 Designated Funds

##### Parenting Fund

A fund set up by the trustees to train volunteers and deliver courses to equip parents and carers to improve their parenting skills and their relationships with their children.

##### Relationship Support Fund

A fund set up by the trustees to train volunteers and deliver courses to support people in relationships and couples who are facing relationship difficulties.

#### 7 Creditors

|                            | 2021  | 2020  |
|----------------------------|-------|-------|
|                            | £     | £     |
| Salaries                   | 232   | 229   |
| Volunteer costs            | 0     | 288   |
| Independent examiner's fee | 755   | 732   |
| Other creditors            | 42    | 0     |
|                            | 1,029 | 1,249 |

#### 8 Movement of funds

|                           | Opening Balances | Incoming Resources | Resources Expended | Transfers between funds | Closing Balances |
|---------------------------|------------------|--------------------|--------------------|-------------------------|------------------|
|                           | £                | £                  | £                  | £                       | £                |
| <b>Unrestricted Funds</b> |                  |                    |                    |                         |                  |
| <b>General Fund</b>       | 35,212           | 41,114             | 19,008             | (20,249)                | 37,070           |
| <b>Designated Funds</b>   |                  |                    |                    |                         |                  |
| Parenting Fund            | 3,380            | 6,645              | 15,879             | 5,854                   | 0                |
| Relationship Support Fund | 0                | 25                 | 14,420             | 14,395                  | 0                |
|                           | 38,592           | 47,784             | 49,307             | 0                       | 37,070           |

## FAMILY MATTERS YORK

### NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021

#### 9 Staff costs

|                       | 2021<br>£     | 2020<br>£     |
|-----------------------|---------------|---------------|
| The staff costs were: |               |               |
| Wages and salaries    | 39,492        | 34,386        |
|                       | <u>39,492</u> | <u>34,386</u> |

During the year the number of staff employed on a part time basis was as follows:

|                              | 2021     | 2020     |
|------------------------------|----------|----------|
| Direct charitable activities | <u>3</u> | <u>3</u> |

No employee received remuneration of more than £60,000.

#### 10 Trustees

No trustee received any remuneration for services rendered during the year. However, trustees out of pocket expenses were reimbursed when requested.

Rent of £2,400 (2020 -£2,400) was paid to Rowley & Sons, a business in which one of the trustees, Mr M Rowley is a partner.

During the year, Mrs H. Atkinson, wife of the Trustee, Mr D. Atkinson, was employed as the Parenting Co-ordinator, for which she received a salary of £12,081 (2020 - £13,991). No other trustee, or anyone connected to another trustee, had a material interest in any of the charity's transactions during the year.

#### 11 Independent Examiner's Fee and Professional costs

The Independent Examiner's fee for the year amounted to £755 (2020- £732) and is disclosed in professional fees. Payroll management costs of £534 payable to Fortus North Limited have been charged within these financial statements.

#### 12 Contingent liabilities

The Charity has no contingent liabilities at 31st March 2021 ( 2020- £Nil ).

## FAMILY MATTERS YORK

### INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

I report on the accounts of Family Matters York for the year ended 31 March 2021 which are set out on pages 5 to 11.

#### Respective responsibilities of the Trustees and of the Independent Examiner

As the charity's trustees you are responsible for the preparation of the accounts; you consider that the audit requirement of section 144(2) of the Charities Act 2011 does not apply, and that an independent examination is needed. The charity is preparing accrued accounts and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

It is my responsibility to:

- (a) examine the accounts under section 145 of the Charities Act 2011 (the 2011 Act);
- (b) to follow the procedure laid down in the General Directions given by the Charity Commissioner under section 145(5)(b) of the 2011 Act; and
- (c) to state whether particular matters have come to my attention.

#### Basis of Independent Examiner's Report

My examination was carried out in accordance with the general directions given by the Charities Commissioners. An independent examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the

#### Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that in any material respect the requirements:
  - (a) to keep accounting records in accordance with section 130 of the 2011 Act; and
  - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act.

have not been met; or

- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Paul Dixon ACA FCCA  
Fortus Audit LLP  
Chartered Accountants &  
Statutory Auditors



15.11.2021  
62/63 Westborough  
Scarborough  
North Yorkshire  
YO11 1TS