

Sahara for Life Trust

Charity No. 1088219

Trustees' Report and Unaudited Accounts

30 November 2021

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The trustees present their report with the unaudited financial statements of the charity for the year ended 30 November 2021.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity No. 1088219

Principal Office

193 Trafalgar Road

Greenwich

London

SE10 9EQ

Trustees

The following trustees served during the year:

C. Israr-UI-Haq

N. Javed

S. Mumtaz

A. UI-Haq

Accountants

Sabat Accountants Ltd t/a Seymour King

Suite G1

Hartsbourne House

Delta Gain

Watford

WD19 5EF

Bankers

Natwest Bank

7 North Street

Bishop's Stortford

Herts

CM23 2LE

OBJECTIVES AND ACTIVITIES

Sahara envisions providing education and healthcare facilities to the deprived people of Pakistan and ensuring healthy minds in healthy bodies. Sahara dreams of a country where the poor are not just merely reduced to past statistics but where there are no poor at all. Let there be a day when small children are taken to a poverty museum like a science museum, where they shiver at the plight of the way people used to live in the last millennium.

The Charity's objective and principal activity is the provision of relief to the sick and those in need of health care in Pakistan and in particular the provision of medical services and facilities to relieve sickness in the underdeveloped areas of Pakistan.

Mission

Reaching the unreached and serving the un-served, under-served or inappropriately served people of Pakistan.

Core Values

- Trust built on truth, integrity and reconciliation
- Open communication, transparency and consultation
- Committed to perform
- Courage to learn, change and innovate

The trustees believe that the objectives, aims and activities stated above are for the public benefit and that they have given due regard to guidance published by the Charity Commission.

ACHIEVEMENTS AND PERFORMANCE

Our hospital Sughra Shafi Medical Complex Narowal, Punjab, Pakistan is a 600 bed Hospital. More than 500 patients are treated daily in our Hospital for treatment. Community Out-reach program including weekly camps, Lectures and 24 hours ambulance services (serving catchment area of almost 6.9 million people).

Free plastic surgery camps of cleft lip & palate by Pakistani and British surgeons including reconstructive surgeries. Control & Management of Tuberculosis.

Training of Medical Graduates (PMDC recognition for house job training).

Sahara has established "The Sahara College Narowal" affiliated with University of Faisalabad and "Sahara Nursing College" registered with Pakistan Nursing Council during the financial year 2018-19. Aiming the income of both projects will be used in our hospital.

Our fourth new project is "Sahara Cancer Hospital" is under construction at Narowal. Very equipped C.T scan and MRI machine are providing free of cost treatment to poor and needy patients of the area's.

SAHARA Medical College at Narowal, which is functional since 2016, its proceeds are being used for the treatment of deserving patients at our hospital.

During the period up to 30th November 2021 Sahara for Life Trust helped and facilitate the following services.

- 8,211 Ambulance calls were attended
- 193,751 patients were provided outpatient services including consultations, Diagnostic tests and medicines
- 33,001 patients were treated as inpatient for various serious conditions
- 6,805 surgeries were performed

Departments of Sughra Shafi Medical Complex

Outpatient & Inpatient Departments

Medicine, Surgery, Obstetrics & Gynaecology, Paediatrics, Orthopaedics, ENT, Ophthalmology, Psychiatry, Physiotherapy, Dental department, Cardiology, Skin surgery, Stomach and Liver, Neurosurgery, Plastic Surgery.

Allied Services

CCU, Adult ICU, Paediatric ICU, Labor Room, Nursery, 4 State of the art operation theatres, Emergency and Trauma Centre, Isolation rooms, Dialysis Centre, CT Scan, Endoscopy, Central Oxygen System, Ventilators, Trauma Centre.

Diagnostic facilities

Radiology, Pathology, Blood bank.

Supporting services

24 hours free ambulance service, Laundry, Housekeeping, Incinerator, CSSD, Cafeteria, Permanent staff accommodation.

The hospital has so far treated more than 3.623 million patients, the majority of which have been treated free or at heavily subsidized rates

FINANCIAL REVIEW

During the year under review, the charity received unrestricted funds of £422,788 (2020: £460,114) and had an expenditure of £233,206 (2020: £429,477). At the balance sheet date the charity held unrestricted funds of £456,802 (2020: £267,220).

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six months running costs. The trustees consider that the reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. The trustees are aware of the current level of reserves held and are actively seeking additional sources of funding for the next financial year.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Sahara For Life Trust is a not for profit, registered charity, dedicated to providing quality healthcare, education and social services that are accessible and cost effective to the people residing in the remote areas of Pakistan. The primary goal of Sahara For Life Trust is to serve the community. It is run on the concept of equality and social responsibility, implemented through a cross subsidization model. The income generated by the donations is used to cover the cost of medical treatment for the less privileged members of the community.

The recruitment and appointment of a trustee is governed by clause D of the charity's trust deed. If for any reason a trustee cannot be appointed in accordance with clause D then the Charity Commission is entitled to appoint a trustee.

Statement of trustees' responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust deed. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the charity's trustees

C. Israr-UI-Haq
Trustee
01 September 2022

Independent Examiner's Report to the trustees of Sahara for Life Trust

I report to the trustees on my examination of the financial statements of Sahara for Life Trust for the year ended 30 November 2021 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and the related notes.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011('the Act'). The trustees consider that an audit is not required for this year under the Charities Act 2011, s.144(2) (the 2011 Act) and that an independent examination is needed.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

As the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination by being a qualified member of FCCA.

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in, any material respect:

- the accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of the financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Mr Sajjad Tejani

FCCA

Sabat Accountants Ltd t/a Seymour King

Suite G1

Hartsbourne House

Delta Gain

Watford

WD19 5EF

01 September 2022

Sahara for Life Trust
Statement of Financial Activities
for the year ended 30 November 2021

	Notes	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Income and endowments from:				
Donations and legacies	3	422,788	422,788	460,114
Total		422,788	422,788	460,114
Expenditure on:				
Raising funds	4	17,301	17,301	9,000
Charitable activities	5	177,721	177,721	375,000
Other	6	38,184	38,184	45,477
Total		233,206	233,206	429,477
Net gains on investments		-	-	-
Net income	7	189,582	189,582	30,637
Transfers between funds		-	-	-
Net income before other gains/(losses)		189,582	189,582	30,637
Other gains and losses				
Net movement in funds		189,582	189,582	30,637
Reconciliation of funds:				
Total funds brought forward		267,220	267,220	236,583
Total funds carried forward		456,802	456,802	267,220

Sahara for Life Trust
Balance Sheet
at 30 November 2021

Charity No. 1088219		2021 £	2020 £
Fixed assets			
Tangible assets	10	-	849
		-	849
Current assets			
Debtors	11	550	10,873
Cash at bank and in hand		459,300	260,281
		459,850	271,154
Creditors: Amount falling due within one year	12	(3,048)	(4,783)
Net current assets		456,802	266,371
Total assets less current liabilities		456,802	267,220
Net assets excluding pension asset or liability		456,802	267,220
Total net assets		456,802	267,220
The funds of the charity			
Restricted funds	13		
Unrestricted funds	13		
General funds		456,802	267,220
		456,802	267,220
Reserves	13		
Total funds		456,802	267,220

Approved by the trustees on 01 September 2022

And signed on their behalf by:

C. Israr-UI-Haq
Trustee
01 September 2022

for the year ended 30 November 2021

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
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Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
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Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
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Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
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Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
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Volunteer help	The value of any volunteer help received is not included in the accounts.
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Investment income	This is included in the accounts when receivable.
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Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
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Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.
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Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Plant and machinery	20% on cost
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Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Foreign currencies

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period.

Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.

All exchange differences are taken into account in arriving at net income/expenditure.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the charity pays fixed contributions into a separate entity. Once the contributions have been paid the charity has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the charity in independently administered funds.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

2 Statement of Financial Activities - prior year

	Unrestricted funds 2020 £	Total funds 2020 £
Income and endowments from:		
Donations and legacies	460,114	460,114
Total	<u>460,114</u>	<u>460,114</u>
Expenditure on:		
Raising funds	9,000	9,000
Charitable activities	375,000	375,000
Other	45,477	45,477
Total	<u>429,477</u>	<u>429,477</u>
Net income	<u>30,637</u>	<u>30,637</u>
Net income before other gains/(losses)	30,637	30,637
Other gains and losses:		
Net movement in funds	<u>30,637</u>	<u>30,637</u>
Reconciliation of funds:		
Total funds brought forward	236,583	236,583
Total funds carried forward	<u><u>267,220</u></u>	<u><u>267,220</u></u>

3 Income from donations and legacies

	Unrestricted £	Total 2021 £	Total 2020 £
General donation	422,788	422,788	460,114
	<u><u>422,788</u></u>	<u><u>422,788</u></u>	<u><u>460,114</u></u>

4 Expenditure on raising funds

	Unrestricted	Total 2021	Total 2020
	£	£	£
<i>Costs of generating voluntary income</i>			
	17,301	17,301	9,000
	<u>17,301</u>	<u>17,301</u>	<u>9,000</u>

5 Expenditure on charitable activities

	Unrestricted	Total 2021	Total 2020
	£	£	£
<i>Expenditure on charitable activities</i>			
Charitable donation	177,721	177,721	375,000
Governance costs			
	<u>177,721</u>	<u>177,721</u>	<u>375,000</u>

6 Other expenditure

	Unrestricted	Total 2021	Total 2020
	£	£	£
Other interest payable	-	-	8
Employee costs	10,484	10,484	12,637
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	849	849	972
General administrative costs	24,451	24,451	27,060
Legal and professional costs	2,400	2,400	4,800
	<u>38,184</u>	<u>38,184</u>	<u>45,477</u>

7 Net income before transfers

	2021	2020
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	849	972
Independent Examiner's fee	2,400	4,800

8 Trustee remuneration and expenses

One or more of the trustees has been paid remuneration in the current or prior periods.

Trustee	Remuneration	Pension	Other benefits
S. Mumtaz	10,406	78	-

9 Staff costs

	2021	2020
Salaries and wages	10,406	12,465
Pension costs	78	172
	<u>10,484</u>	<u>12,637</u>

No employee received emoluments in excess of £60,000.

The average monthly number of full time equivalent employees during the year was as follows:

	2021 Number	2020 Number
Administration	1	1
	<u>1</u>	<u>1</u>

10 Tangible fixed assets

	Plant and machinery £	Total £
Cost or revaluation		
At 1 December 2020	3,889	3,889
At 30 November 2021	<u>3,889</u>	<u>3,889</u>
Depreciation and impairment		
At 1 December 2020	3,040	3,040
Depreciation charge for the year	849	849
At 30 November 2021	<u>3,889</u>	<u>3,889</u>
Net book values		
At 30 November 2021	-	-
At 30 November 2020	<u>849</u>	<u>849</u>

11 Debtors

	2021 £	2020 £
Other debtors	550	10,873
	<u>550</u>	<u>10,873</u>

12 Creditors:

amounts falling due within one year

	2021 £	2020 £
Other taxes and social security	648	501
Other creditors	-	1,882
Accruals	2,400	2,400
	<u>3,048</u>	<u>4,783</u>

13 Movement in funds

	At 1 December 2020	Incoming resources (including other gains/losses) £	Resources expended £	At 30 November 2021 £
Restricted funds:				
Unrestricted funds:				
General funds	267,220	422,788	(233,206)	456,802
Total funds	<u>267,220</u>	<u>422,788</u>	<u>(233,206)</u>	<u>456,802</u>

14 Analysis of net assets between funds

	Unrestricted funds £	Total £
Net current assets	456,802	456,802
	<u>456,802</u>	<u>456,802</u>

15 Reconciliation of net debt

	At 1 December 2020 £	Cash flows £	At 30 November 2021 £
Cash and cash equivalents	260,281	199,019	459,300
	<u>260,281</u>	<u>199,019</u>	<u>459,300</u>
Net debt	<u>260,281</u>	<u>199,019</u>	<u>459,300</u>

16 Commitments

Operating lease commitments

Annual commitments under non-cancellable operating leases are as follows:

	2021 Land and buildings £	2021 Other £	2020 Land and buildings £	2020 Other £
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Operating leases with expiry date:

Pension commitments

	2021 £	2020 £
The pension cost charge to the charity amounted to:	<u>78</u>	<u>172</u>

17 Advances and credits to trustees

Included within Other debtors are the following loans to trustees:

Trustee	Description	At 1 December 2020	Advanced	Repaid	At 30 November 2021
		£	£	£	£
S. Mumtaz	Loan	10,323	-	(10,323)	-
		<u>10,323</u>	<u>-</u>	<u>(10,323)</u>	<u>-</u>

Sahara for Life Trust
Statement of Cash flows
for the year ended 30 November 2021

	2021 £	2020 £
Cash flows from operating activities		
Net income per Statement of Financial Activities	189,582	30,637
Adjustments for:		
Depreciation of property, plant and equipment	849	972
Decrease in trade and other receivables	10,323	29,570
(Decrease)/Increase in trade and other payables	(1,735)	1,190
Net cash provided by operating activities	<u>199,019</u>	<u>62,369</u>
Net cash from investing activities	<u>-</u>	<u>-</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net increase in cash and cash equivalents	199,019	62,369
Cash and cash equivalents at the beginning of the year	260,281	197,912
Cash and cash equivalents at the end of the year	<u>459,300</u>	<u>260,281</u>
Components of cash and cash equivalents		
Cash and bank balances	459,300	260,281
	<u>459,300</u>	<u>260,281</u>

Sahara for Life Trust
Detailed Statement of Financial Activities
for the year ended 30 November 2021

	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Income and endowments from:			
Donations and legacies			
General donation	422,788	422,788	460,114
	<u>422,788</u>	<u>422,788</u>	<u>460,114</u>
Total income and endowments	422,788	422,788	460,114
Expenditure on:			
Costs of generating donations and legacies			
	17,301	17,301	9,000
	<u>17,301</u>	<u>17,301</u>	<u>9,000</u>
Total of expenditure on raising funds	17,301	17,301	9,000
Charitable activities			
Charitable donation	177,721	177,721	375,000
	<u>177,721</u>	<u>177,721</u>	<u>375,000</u>
Total of expenditure on charitable activities	177,721	177,721	375,000
Other expenditure			
Other interest payable	-	-	8
	<u>-</u>	<u>-</u>	<u>8</u>
Employee costs			
Salaries/wages	10,406	10,406	12,465
Pension costs	78	78	172
	<u>10,484</u>	<u>10,484</u>	<u>12,637</u>
General administrative costs, including depreciation and amortisation			
Depreciation of Plant and machinery	849	849	972
Bank charges	2,443	2,443	2,659
Exchange rate (gain)/loss	-	-	6
Postage and couriers	1,888	1,888	2,843
Telephone, fax and broadband	20,120	20,120	21,552
	<u>25,300</u>	<u>25,300</u>	<u>28,032</u>
Legal and professional costs			
Accountancy and bookkeeping	2,400	2,400	4,800
	<u>2,400</u>	<u>2,400</u>	<u>4,800</u>
Total of expenditure of other costs	<u>38,184</u>	<u>38,184</u>	<u>45,477</u>
Total expenditure	233,206	233,206	429,477

Sahara for Life Trust
Detailed Statement of Financial Activities

Net gains on investments	-	-	-
Net income	189,582	189,582	30,637
Net income before other gains/(losses)	189,582	189,582	30,637
Other Gains	-	-	-
Net movement in funds	189,582	189,582	30,637
Reconciliation of funds:			
Total funds brought forward	267,220	267,220	236,583
Total funds carried forward	456,802	456,802	267,220