

# **Trimsaran Family Centre**

**REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023  
FOR  
TRIMSARAN FAMILY CENTRE**

**TRIMSARAN FAMILY CENTRE**  
**CONTENTS OF THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**Contents**

	<b>Page</b>
Report of the Trustees	2 - 7
Report of the Independent Examiner	8
Statement of Financial Activities	9
Balance Sheet	10
Notes to the Financial Statements	11 – 13

**TRIMSARAN FAMILY CENTRE**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2023**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The financial statements have been prepared in accordance with the accounting policies set out in Note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities; Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). (effective 1 January 2021).

**REFERENCE AND ADMINISTRATIVE DETAILS**

<b>Registered Charity Number</b>	1088190
<b>Registered Office</b>	Plas Y Sarn Heol Llanelli Trimsaran Kidwelly SA17 4AA
<b>Trustees</b>	Pauline Bowers - Chairperson Naomi Jan Wilmot - Secretary Dr Kim Vanessa Broom - Treasurer
<b>Advisory</b>	Meryl Gravell - Honorary Member Mrs Nerys Burton – Hywel Dda Advisory
<b>Bankers</b>	Lloyds TSB Bank plc Stepney Street Llanelli Carmarthenshire
<b>Independent Examiners</b>	Harris Bassett Limited Chartered Accountants 19 Murray Street Llanelli Carmarthenshire SA15 1AQ

**TRIMSARAN FAMILY CENTRE**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2023 Cont'd**

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

Trimsaran Family Centre is a charity governed by a constitution as adopted 15<sup>th</sup> February 2001. It is registered as a charity with the Charity Commission.

The aims and objects of the charity are "to develop at a local level the skills and nurturing capacity of families, parents and carers so that the well-being and life chances of their children are enhanced."

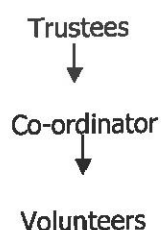
### **Appointment of Trustees**

Trustees are appointed as set out in the Memorandum and Articles of the company. Professionals and service users within the community, who have a personal interest in the charity, are invited to join the management committee. Nomination forms are completed and applicants are voted onto the committee as appropriate. Committee members can also be co-opted when appropriate.

### **Trustee Induction and Training**

As part of induction all trustees are DBS checked and shown the relevant documentation regarding the running of the Family Centre.

### **Organisation Structure**



Trustees are consulted on all aspects of accounting, policies and procedures and involved in the decision making regarding the day-to-day running of the Centre. The Co-ordinator is responsible for keeping order of files, office work and overseeing all other day-to-day activities at the Centre.

### **Risk Management**

Trimsaran Family Centre conducts risk assessments before undertaking any activities or events and ensures that appropriate DBS checks are undertaken for those working with children or vulnerable adults.

Financial risks have been reviewed and procedures put in place accordingly. A reserves policy has been established in line with the identified risks.

## TRIMSARAN FAMILY CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023 Cont'd

#### OBJECTIVES AND ACTIVITIES

The object of the charity is about prevention and early intervention.

The constitution states the two objects as

1. The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills.
2. The provision of facilities for recreation and other leisure time activities for and in the interests of social welfare with a view to improving conditions for life.

The charity works in partnership with parents and carers. It empowers them in order to better cope with family life and therefore gives their children a better start in life.

The Aims of the Family Centre is to ensure children:-

- Have a flying start to life.
- Have a range of education and learning opportunities.
- Enjoy the best possible health, free from abuse.
- Have access to play, leisure and cultural activities.
- Are listened to and respected and have their identity recognised.
- Have a safe home and community.
- Are not disadvantaged by poverty.

The objectives for the next year are to continue to:-

- Provide a safe, warm and welcoming environment.
- Provide access to various play equipment and activities.
- Offer training and support to families.
- Provide opportunities to go on trips and outings.
- Provide open-door policy where everyone is welcomed.
- Continue outreach work to identify isolated families.

Every year we continue to see children's social skills develop which better prepares them for school. The children who attend the Family Centre will often be attending school together so they already know each other. Numbers have declined recently possibly due to the change of location and venue and also the introduction of flying start which offers a two and a half hour session a day of crèche provision for every 2 year old living in a flying start area, however even though our numbers are affected it is an excellent provision that we welcome and are more than happy to work along side.

At the Family Centre staff provide a safe quality service. We provide an opportunity to access information and other services that they may require in order to meet their individual needs. We offer support to parents while caring for their children and try to relieve stress and anxiety within the family. Through questionnaires and evaluation forms parents have told us that through attending the Family Centre, their families have gained:-

- Improved social and support networks.
- Improved skills on positive parenting.
- Improved relationships.
- Improved resilience.
- Increased confidence and self-esteem.
- Increased access to community resources.

**TRIMASARAN FAMILY CENTRE****REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2023 Cont'd****Public Benefit**

Trimsaran Family Centre has become a community hub for all. We continue to be a free access service that provides sessions for families with children however during 2020 as we were all in the depths of the pandemic it became obvious that we needed and more importantly could extend our provision out into the wider community. As part of the community we were able to get really involved with meals on wheel, the food bank and groups with the older generations. The open door policy that we practice encourages equal opportunities and promotes inclusivity through a wide variety of sessions and activities. We have reached out deep into the community for experience and skills that we can all share. The Centre is very often a first point of contact for many and because we work closely with other like-minded organisations we can direct residents and families to the right service when needed.

**ACHIEVEMENT AND PERFORMANCE**

Trimsaran Family Centre provides an open access provision for the families of Trimsaran and the surrounding areas. Every year we continue to support existing families as well as welcoming new families. The staff work hard to create a welcoming caring setting that advocates a sense of belonging. The Family Centre and the staff help families feel more valued and get involved in the community building social networks, friendships as well as promoting community involvement.

For many we are the first point of contact especially for new families that move to the area. The supporting nature of the centre is down to the staff and the safe space we offer. We are privileged and proud to say that we feel valued within the community. We support families and individuals with issues and concerns surrounding their daily lives now especially as we move on from the COVID pandemic. Many families struggling with the cost-of-living crisis are dependent on us now more than ever. We are in a unique position to help families build the resilience they need every day. We are a provision that is open to everyone.

Families work with us to establish a timetable. All weekly sessions and activities are bilingual and include a weekly baby group, sensory play sessions, active play, role play, early explores for toddlers, Cooking Club and many more. Families are also involved when we organise holiday time activity and sessions. We always ensure that they are affordable and achievable providing experiences of outdoor events, activities and trips and outings creating lasting childhood memories.

We use a sensitive approach to relieve stresses and concerns by offering preventative interventions as rather than cure. We know we cannot cure all issues that families deal with but we are a safe space and a listening ear. We have built strong relationships within the community with our roots firmly embedded in the village. As we work collaboratively with outside agencies we will signpost and support families when and if they need. Many families continue to access the service even though their children are in full time education, adults will drop in and attend the adult activities or use our drop-in service to get support or advice. This year we engaged with 46 families.

## **TRIMSARAN FAMILY CENTRE**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023 Cont'd**

#### **Outcomes**

The outcomes we have worked towards during the past year are:

- Promote and improve family engagement.
- Increased self-esteem to raise aspirations and motivation.
- Advocate inclusion and grow self-worth and confidence.
- Create coping strategies and support networks.
- Encourage good nutrition and a better perception of good produce.
- Support budgets and plans for family goals.
- Advocate acceptance of difference and equality.
- Increased access to appropriate information and advice.
- Promote child development and education.
- Promote further education or employment which are needs based.
- Encourage age appropriate activities that support child development.
- Provide opportunities for basic learning.
- Help parents as they prepare their children for school.
- Provide experiences that create everlasting memories.

#### **FINANCIAL REVIEW**

##### **Reserves Policy**

Trimsaran Family Centre has reviewed the risks that might occur and feels that reserves are necessary to enable the service to continue in the event of the loss of a major grant. The trustees feel it would be important to ensure that the service could continue at the same level of provision for between 6 – 9 months following the loss or discontinuation of funding to enable time to secure alternative provision. At 31 March 2023 the unrestricted reserves available to the charity were £7,425.

## TRINISARAH FAMILY CENTRE

REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2023 Cont'd

## STATEMENT OF TRUSTEES RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS

The trustees are responsible for preparing a trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the Provisions of the Trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This Report was approved by the Trustees on 4-Dec-2023 and signed on its behalf by

Paulie Gove



**TRIMSARAN FAMILY CENTRE**

**REPORT OF THE INDEPENDENT EXAMINER  
FOR THE YEAR ENDED 31 MARCH 2023**

**Independent examiner's report to the Trustees of Trimsaran Family Centre**

I report on the accounts of the Charity for the year ended 31 March 2023, which are set out on pages 9 to 13.

**Responsibilities and Basis of Report**

The charity's trustees are responsible for the preparation of the accounts in accordance with the requirement of the Charities Act 2011. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charities Commission under Section 145(5)(b) of the Act.

**Independent Examiners' Statement**

I have completed my examination, I confirm that no material matters have come to my attention in connection with the examination:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
  - (a) to keep accounting records in accordance with section 130 of the 2011 Act; and
  - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*E. Truman*

E Truman FCA  
Harris Bassett Limited  
Chartered Accountants  
19 Murray Street  
Llanelli  
Carmarthenshire  
SA15 1AQ

Date: 18-01-24

## TRIMSARAN FAMILY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2023

	Note	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
<b><u>Incoming Resources</u></b>					
<b><u>Receipts</u></b>					
Voluntary income	2	-	29,894	29,894	23,465
Fundraising		1,502	-	1,502	655
Donations		<u>241</u>	<u>3,969</u>	<u>4,210</u>	-
<b>Total receipts</b>		<b>1,743</b>	<b>33,863</b>	<b><u>35,606</u></b>	<b><u>25,861</u></b>
<b><u>Resources Expended</u></b>					
<b><u>Charitable payments</u></b>					
Activity costs		1,126	498	1,624	7,742
DBS check		-	133	133	-
Sundries		-	-	-	-
Stationery		50	-	50	-
Maintenance		-	-	-	-
Raffle supplies		-	-	-	-
Office equipment		-	-	-	566
Computer costs		-	-	-	165
Salaries, tax and nic	3	83	20,252	20,335	17,266
Telephone		-	-	-	-
Training for staff and volunteers		-	26	26	-
Travel for staff and volunteers		-	-	-	583
Room hire		<u>330</u>	<u>2,195</u>	<u>2,525</u>	<u>2,745</u>
<b>Total charitable payments</b>		<b>1,589</b>	<b>23,104</b>	<b>24,693</b>	<b><u>29,067</u></b>
<b>Governance</b>	4	-	<u>1,980</u>	<u>1,980</u>	<u>2,064</u>
<b>Total payments</b>		<b><u>1,589</u></b>	<b><u>25,084</u></b>	<b><u>26,673</u></b>	<b><u>31,131</u></b>
<b>Net Receipts/(Payments)</b>		<b>154</b>	<b>8,779</b>	<b>8,933</b>	<b>(5,270)</b>
Total funds brought forward		7,351	10,828	18,179	23,449
Transfer between funds		<u>(80)</u>	<u>80</u>	<u>-</u>	<u>-</u>
<b>Total Funds carried forward</b>		<b><u>7,425</u></b>	<b><u>19,687</u></b>	<b><u>27,112</u></b>	<b><u>18,179</u></b>

The Notes form part of these financial statements

## TRINISARAN FAMILY CENTRE

Page 10

BALANCE SHEET  
AS AT 31 MARCH 2023

Note	£	2023	£	2022	£
<b>Current assets</b>					
Cash at bank and in hand					
Cash at bank		27,112		18,179	
Petty cash		—		—	
Total cash at bank and in hand		27,112		18,179	
<b>Total current assets</b>		27,112		18,179	
<b>Current liabilities</b>					
Accounts payable					
Accounts payable		—		—	
Total accounts payable		—		—	
<b>Net Assets</b>		27,112		18,179	
<b>Breakdown of Funds</b>					
Unrestricted reserves		7,425		7,351	
Restricted funds	2	19,687		10,828	
Total Funds		27,112		18,179	

The Financial Statements were approved by the Board of Trustees on  
2023 and were signed on its behalf by:

Signed on behalf of the Trustees



Print Name

Kim Bloom

Date

4/12/23

The Notes form part of these financial statements

**TRIMSARAN FAMILY CENTRE****NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023****1. ACCOUNTING POLICIES**

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

**Basis of Preparation**

The financial statements have been prepared on a receipts and payments basis and in accordance with Accounting and Reporting by Charities; Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – effective 1 January 2021 (Charities SORP) (FRS 102) and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – Section 1A

Trimsaran Family Centre meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

There are no material uncertainties regarding the charity's ability to continue as a going concern.

**INCOMING RESOURCES****Recognition of incoming resources**

These are included in the Statement of Financial Activities (SoFA) when the charity receives the resources.

**Incoming resources with related expenditure**

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

**Grants and donations**

Grants and donations are only included in the SoFA when the charity has received the resources.

**Tax reclaims on donations and gifts**

Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

**Contractual income and performance related grants**

This is only included in the SoFA once the related goods or services have been delivered.

**Gifts in kind**

Gifts in kind are accounted for as a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

**Donated services and facilities**

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

## TRIMSARAN FAMILY CENTRE

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023**

**Volunteer help**

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

**EXPENDITURE AND LIABILITIES****Liability recognition**

Liabilities are recognised as soon as paid by the charity.

**Governance costs**

This includes costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or charity matters.

**Support costs**

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

**2. INCOMING RESOURCES**

Restricted funds are received for a specific purpose within the objects of the charity and must be accounted for separately. All income has therefore been shown as restricted where the donor has stated that the income can only be used for a specified purpose or where it has been raised through an appeal for a specified purpose. Fund movements were as follows:

<b>Fund</b>	<b>B/F</b>	<b>Income</b>	<b>Expenditure</b>	<b>Transfer</b>	<b>C/F</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Early years	-	470	470	-	-
Comic Relief	-	10,000	5,455	-	4,545
Moondance	331	5,730	5,472	-	589
Garfield Weston	7,500	-	7,111	-	389
Lottery	-	9,164	-	-	9,164
Awards for all	2,997	-	3,341	344	-
P & J Harris Charitable Trust	-	3,000	2,736	(264)	-
Eui Toys	-	499	499	-	-
Hywel Dda	-	5,000	-	-	5,000
<b>Total Funds</b>	<b>10,828</b>	<b>33,863</b>	<b>25,084</b>	<b>80</b>	<b>19,687</b>
<b>Unrestricted Funds</b>	<b>7,351</b>	<b>1,743</b>	<b>1,589</b>	<b>(80)</b>	<b>7,425</b>

**3. FUNCTIONAL ANALYSIS OF EXPENDITURE**

Expenditure has been broken down according to the activity headings as recommended by the Accounting and Reporting by Charities Statements of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2021).

Total staff costs comprised:

Wages and salaries	19,933
Employers pension costs	296
Employers National Insurance costs	-
<b>Total staff costs</b>	<b>20,229</b>

## TRIMSARAN FAMILY CENTRE

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

Payroll and recruitment costs totalled £106.

The average monthly head count was 1 staff member, with all employee time involved in providing either support to the governance of the charity or support services to charitable activities.

No employees received emoluments of more than £60,000.

#### **PENSION SCHEMES**

The charity does operate a pension scheme.

#### **4. GOVERNANCE COSTS**

There was no trustee remuneration. Governance costs were as follows:

Professional fees	1,080
Membership fees	-
Independent Examination	522
Insurance	<u>378</u>
Total	<u>£1,980</u>

#### **5. RISK MANAGEMENT**

The trustees have carried out a review of the major risks to the organisation and believe that the level of reserves aimed for in the reserves policy below is sufficient to cover adverse conditions that the organisation may face. In addition the organisation has in place financial, personnel and Health & Safety controls to limit the likelihood and impact of risks. All activities and events are risk assessed prior to commencement. Appropriate DBS checks are done of all staff and volunteers. The trustees will actively monitor risk and review their policies at least annually.

#### **6. ULTIMATE CONTROLLING PARTY**

The charity is controlled by the board of trustees.